



# *Postair*

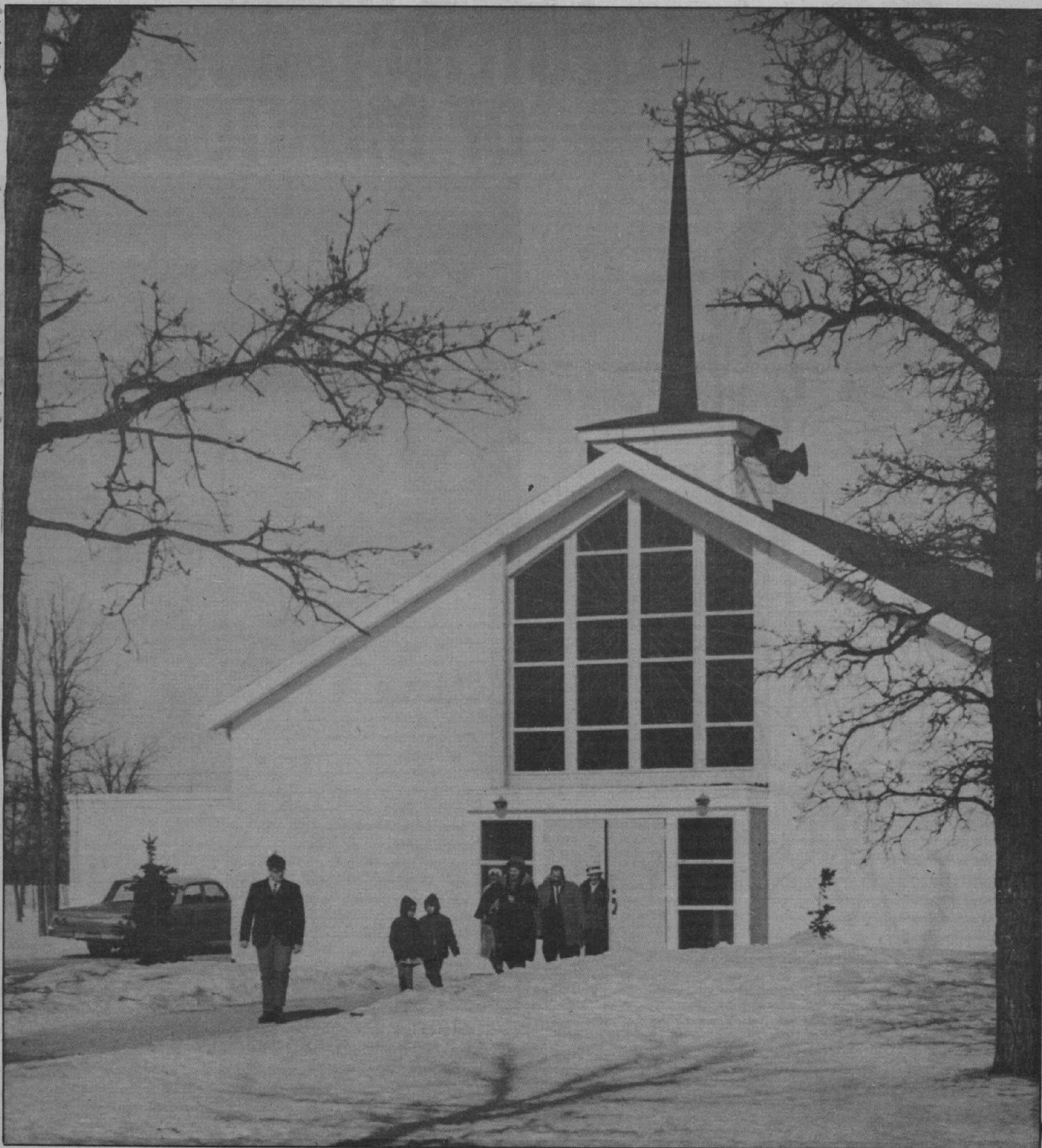


Canadian Forces Base Winnipeg — Home of Air Command

Base des Forces canadiennes — Foyer du Commandement aérien

December 16, 1981

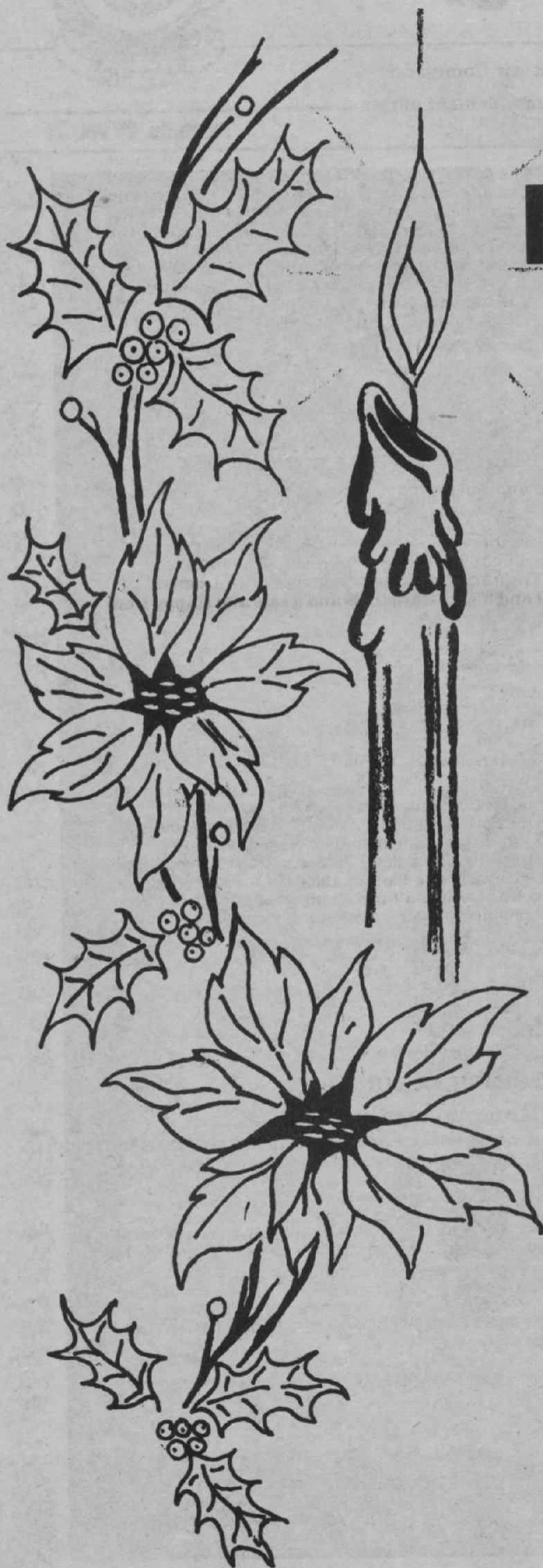
Issue No. 20 Vol. 31





*Merry*  
*Christmas* TO ALL!

**MESSAGE OF THE  
HONOURABLE  
PEARL MCGONIGAL  
LIEUTENANT-GOVERNOR  
OF MANITOBA**



Christmas is a time when families share a warm affection and the joy it brings. It is my wish that your Christmas is filled with happiness and goodwill.

Christmas is also a time for us to remember the special traditions of the festive season. "Peace on Earth, Goodwill Towards Men" has been sung over the ages, calling all of us to work together in the spirit of brotherly love throughout the world. It is my hope that this spirit will remain in our hearts and that we may look to the future with renewed encouragement for an everlasting peace.

In this spirit, I extend to all Manitobans my warmest greetings, for a Blessed Christmas.

PEARL MCGONIGAL

# Christmas Messages



**LGEN K. E. LEWIS, COMMANDER, AIR COMMAND**

A very merry Christmas and a happy New Year to all of you in our Air Command family. May this festive season be truly a joyous one for each of you and your loved ones. As we celebrate the miracle of Christmas, let us also remember those less fortunate than we and especially those of our own people whose duty requires them to be absent from home and family.

The New Year approaches and we should look forward to it with confidence and optimism, bolstered by the achievements of the year past and heartened by the dedication and professionalism of the men and women, military and civilian, with whom it is our privilege to serve. This is the certainty of spirit which you who serve throughout the command have imbued in me in the meetings we have had during my travels to our Groups, Bases and Stations and as I have observed the results of your achievements in the many tasks you have discharged so well this last year. You have made me deeply appreciative of the privilege of being your Commander.

Every good wish for 1982 to you all.



**BGEN R. P. PATTEE**

**COMMANDER 14 TRAINING GROUP**

As 1981 draws to a close and the festive season approaches, we all reflect upon the events of the past year. Of significance was the formation of 14 Training Group and as your Commander, I would like to express my thanks to all those whose efforts contributed to its establishment and the success we have enjoyed. I look forward to an even more successful year in 1982.

To all personnel of 14 Training Group and their families, I extend my heartfelt wishes for a joyful and Merry Christmas and a safe and Happy New Year.

**BGEN R. P. PATEE**

**COMMANDANT DU 14ieme GROUPE D'ENTRAINEMENT**

Comme s'achève 1981 et que la saison des festivités approche, nous réfléchissons sur les événements de l'année qui vient de s'écouler.

D'importance fut la formation du 14ième Groupe d'Entraînement, et comme votre Commandant, je désire exprimer mes remerciements à tous ceux qui par leurs efforts ont contribué à l'établissement et aux succès que nous avons obtenu. d'J'ai l'espérance que l'année 1982 soit aussi fructueuse.

À tout le personnel du 14ième Groupe d'Entraînement et à leurs familles, j'exprime mes vœux les plus sincère pour un joyeux Noel et une bonne et heureuse année.



**B. L. SMITH, COLONEL**

**BASE COMMANDER, CFB WINNIPEG**

It has become traditional during the Christmas Season to reflect upon personal accomplishments and to rededicate ourselves towards meeting the challenges of the New Year. It is also the time when we pause to count our blessings and thank those who have contributed towards the spiritual and temporal enrichment of our lives.

With this in mind I express sincere application to all those people, both military and civilian, who have contributed to the effectiveness of CFB Winnipeg. I have been impressed by the spirit of cooperation and dedication which pervades the Base, and the many compliments I have received on your behalf have served to reinforce those impressions. We can therefore look forward to the challenges of 1982 armed with the certain knowledge that we have the strength and determination to do well.

Finally, I join those extending to you and your families sincere best wishes for a joyous Christmas and a prosperous New Year. My thoughts are especially with those who, through service to Canada, are unable to share the joys of family during the festive season. May the spirit of Christmas pervade your lives and guide your actions in the year ahead.

*A very Merry Christmas*

# Christmas Messages



LIEUTENANT-COLONEL J. S. BREMNER

COMMANDING OFFICER 2 PPCLI

The Second Battalion has had a demanding and challenging year characterized by long absences from Winnipeg. I hope that the coming holiday period will provide the opportunity for all members of the unit to spend their time with family and friends, and to focus their thoughts on the peace, freedom and prosperity which we in Canada are so fortunate to have.

My thanks to all Patricias, and those who serve with us, for maintaining the very high standard of the Regiment during 1981, and my thanks to your families for the understanding and support which they have shown. I hope that all of you have a happy and memorable Christmas and that 1982 brings you good health, good luck and reward.



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EDITOR—REDACTEUR EN CHEF  
Maj Bob Knowles, 701

ASSISTANT EDITOR  
REDACTEUR ADJOINT  
Capt Terry Lawrence 689

MAKE—UP  
MISE EN PAGES  
Cindy McKenna 888-1784

SPORTS EDITOR  
REDACTEUR SPORTIF  
CPL Michaud, 509

ADVERTISING  
PUBLICITE  
Gerry Gavin 885-2727

DISTRIBUTION  
Stacey Pennell, 889-8027  
Joanne Coppes, 885-5314  
Michael Gook, 489-6494  
Doug Cameron, 888-8855  
Kevin Gallagher, 837-6729  
MCPL George Houdayer

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## EDITORIAL

(by Terry Lawrence)

The best laid plans of mice and men . . . Robbie Burns must have been messing with your assistant Editor's camera! I had big plans to feature a page of photographs of children helping Santa choose Christmas presents. The first part of the plan went well, the children were wonderful, the parents most patient. Unfortunately, the old Praktika gave up the ghost and we were out of luck. Maybe next year. Meantime, thank you Joe and James Riddell, Andy McMullen, Krista and Andrew McFarlane, Kerry and Brent Ostermann and Daniel and Marc Gaudet.

May All Your Christmas Wishes Come True.



MERRY XMAS FROM THE VOXAIR STAFF

## ABSENT ON DUTY

AS USUAL IN DISCHARGING OUR MILITARY COMMITMENTS A CONSIDERABLE NUMBER OF OUR PERSONNEL ARE AWAY FROM HOME AT THIS HOLIDAY SEASON. TO ALL OF YOU WHOSE DUTY NECESSITATES ABSENCE FROM LOVED ONES AT THIS SPECIAL TIME OF YEAR, BE ASSURED THAT OUR THOUGHTS ARE WITH YOU AND YOUR FAMILIES.

COL B.L. SMITH  
BASE COMMANDER

### HALL BEACH

MAJ	Newell	JC
CAPT	Morrell	BD
WO	Jobes	JL
SGT	Horechuk	A
SGT	Mamen	LK
SGT	Zwarich	AK

### CAPE PERRY

MAJ	Ryan	JG
CAPT	Forgues	PJ
WO	Fowler	
SGT	Ackles	RC
SGT	Stuart	GN

### CAMBRIDGE BAY

MAJ	Handley	GE
CAPT	Dewolfe	RL
WO	Morgan	JL
SGT	Dowel	GL
SGT	Lang	DG

### ALERT

WO	Smyth	PK
MCPL	Demers	JC
CPL	Kavangh	PJ
CPL	Langstaff	SR

### GOLAN

CAPT	Holland	D
CPL	Provost	J
CPL	Ridgley	R
CPL	Inkinen	BW

### CAPE DYER

MAJ	Nicholson	JJ
CAPT	Miller	GR
WO	Chartran	JL
SGT	Jeffers	NE
SGT	Carberry	WE

'TIS THE SEASON TO BE JOLLY



# NOT DEAD!

THINK BEFORE YOU DRIVE AND DRINK

# PADRES CHRISTMAS MESSAGES

This is not a message about materialism and secularism at Christmas, as sad as those are. This is not a message about the greed of people, greed that opens stores on Sundays, greed that cons people into buying more and more of less and less.

This is not even a message to try to convince people to return to their Creator of Christmas and visit his house and followers. The wax in the ears of the faithless is thick. Nor is this a message asking people to put Christ back in Christmas; some will celebrate Christ's birth, others will have their pagan festival and bells will jingle for both.

Rather, this is a message which simply echoes the big truth of the season. It is this: the Father of us all chose to visit his children and bring them gifts. He didn't ask if you'd been good little girls and boys. He simply came to you and offered you gifts.

He didn't even ask for gifts in return, though some brought their gold and frankincense. He just wanted your company. Simply that — the pleasure of your company.

He wanted to see the joy in the eyes of a revitalized life, the sparkle in the speech of the recently sad, the spring in the step of the one recovered from the bearing of a burden.

This Creator and Father came to visit his children, "with healing in His wings," with love as His motive, and with compassion glistening in His eye. "For God was in Christ, reconciling the world to himself."

So it is really more than a message after all, it's a promise from your Father who art in heaven, to you.

The Chaplains

C'est Noël — c'est la nouvelle Année qui frappe à la porte. Demain alors, ce sera 1982. Quelle sorte d'année, 1981, fut pour nous tous? Et si nous pensons que l'année qui se meurt eu future bonne eu général, quelle sorte fut-elle pour chacun d'entre nous eu taut qu'individu?

Le Christ va naître de nouveau. Le Christ va venir chez-nous avec la grâce de la crèche. Sommes-nous prêts pour sa venue? Nous sommes les seuls qui puissions répondre a cette question.

Vos aumôniers sont heureux d'être avec vous. Ils sont contents de fêter la venue du Christ avec vous. Nous prions pour vous tous, le soir de la Minuit. Nous demanderons a l'Enfant de la Crèche, qui vous regarde avec amour.

A vous tous, à chacun d'entre vous, nous vous souhaitons un Beau Noël, et une année 1982 inoubliable: Le Paradis à la fin de vos jours.

Vos Aumôniers



## R.C. CHAPEL CHRISTMAS SCHEDULE

It is this time of the year once more. Everybody seems to be running... running. We too, are trying to be ready for the Big Day. Here at the Chapel we'll have different services and activities, during the Christmas Season. We want to be there and ready, when our Lord comes again. Here is the list of the events that will take place.

MERRY CHRISTMAS TO YOU ALL!

Your Chaplains from the Command and Base

### Masses

- Dec 24 1900 Mass and Christmas Pageant by the Children
- 2330 Christmas Carols
- 2400 Midnight Mass
- Dec 25 1000 Christmas Mass
- Dec 27 Sunday Routine
- Dec 31 1700 New Year's Eve Mass
- 1900 New Year's Eve Mass
- Jan 1 1100 New Year's Day Mass

- Jan 3 Sunday Routine
- Confession
- Dec 20 1900 Public Penitential Service
- Dec 22 From 3 to 5
- Dec 23 From 3 to 5
- Dec 24 From 3 to 5
- Any time on request

Vous aussi, vous voulez être avec nous, nous serons heureux de célébrer avec vous. Nous vous souhaitons un Bon Noël — Une bonne année.

Vos Amôniers du commandement et de la base



### Chapel of the Good Shepherd — North Site

December 20 - 1100 Advent IV  
December 24 - 1900 Sunday

School Christmas Service - 2300  
Christmas Eve Service

### St. Andrew's Chapel — South Site

December 20 - Christmas Sunday Service  
December 24 - To be announced

### CHRISTMAS PAGEANT — ST. ANDREW'S PROTESTANT CHAPEL

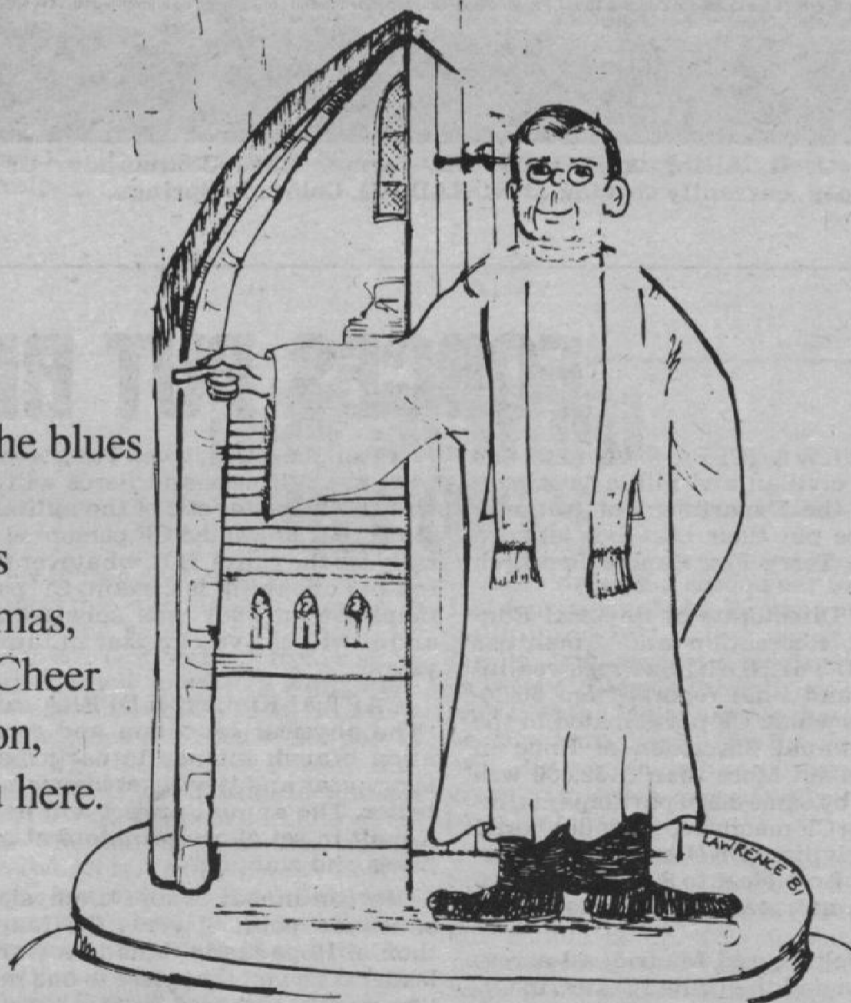
The Sunday School classes at St. Andrew's Protestant Chapel of CFB Winnipeg will be presenting a Christmas pageant at 1900 hours Friday, 18 Dec 81 in the Chapel. An invitation is cordially extended to all to come out to hear the children tell the Christmas message. St. Andrew's is located at the corner of Kenaston Blvd. (Route 90) and Grant Ave. (Route 105).

## THERE'S NO LIFE LIKE IT

(by Terry Lawrence)

### N° 5 The Padre

I'm happy I'm a Padre  
Though I sometimes get the blues  
And occasionally wonder  
Why so many empty pews  
It's getting close to Christmas,  
Time of Tidings of Good Cheer  
Please, accept our invitation,  
There's a welcome for you here.



# ORDER OF MERIT PRESENTATIONS

VOXAIR joins Air Command and CFB Winnipeg personnel in extending congratulations to six Winnipeg based Officers and CWO's and to the former Base Commander on their recent investiture in the Order of Military Merit.

The Right Honourable Edward Schreyer, Governor General of Canada and Commander-in-Chief of the armed forces made the presentations at Government House in Ottawa. The Order of Military Merit was established to provide a worthy means of recognizing conspicuous merit and exceptional service by Regular and Reserve members of the Canadian Forces.



COL W. C. Gelling OMM, CD, DCOS Maint Aircom Winnipeg.



COL J. R. Allingham, OMM, CD, former Base Commander CFB Winnipeg, currently serving at NORAD HQ, Colorado Springs.



LCOL Z. M. Zawislak OMM, CD, currently serving at HQ, Militia Area Prairie, Winnipeg.

## FORCES PUT BEST FOOT FORWARD

OTTAWA (CFP) — Around the world, civilian and military personnel of the Department of National Defence put their best foot forward for the Terry Fox Cancer Research Fund.

The Directorate of Physical Education, Recreation and Amenities (DPERA) at NDHQ has received interim and final reports from 56 locations where CF participated in the first annual Marathon of Hope in September. More than \$152,000 was raised by some 8,500 participants, including CF members, dependents and 1,700 civilian DND employees. Personnel from close to 80 CF establishments, nationally and abroad, took part.

In Peking and Madrid, all across Canada and the United States, in Cyprus and Tokyo they walked, ran and jogged in memory of the one-legged runner whose name has become synonymous with courage.

Before he lost his life to cancer, Terry Fox touched the hearts of millions with his dogged determination to beat the disease which had already claimed one of his legs. The relentless amputee from Coquitlam, B.C. raised almost \$24 million for cancer research when he attempted to run across Canada in 1980.

Perhaps it was Terry's indomitable spirit that sparked the enthusiasm and determination of Canadians, young, old and even handicapped, who participated in the first Terry

Fox Run. Perhaps it was Terry's concern about fitness and fierce will to win, so characteristic of the military ethic, that prompted CF personnel to rally for the cause. But, whatever the reason, one thing is certain: CF participation in 1981 was substantial, and it will be even greater in future years.

CAPT Al Kimick, of DPERA said: "The physical education and recreation branch intends to participate every year and it will get bigger and better. The annual project will have a built-in set of co-ordinators at our bases and stations".

He continued: "From a physical education point of view, the Marathon of Hope made Canada a world leader. The fact that close to one million people gathered in this type of physical endeavour is impressive".

CFB Summerside's participation in the marathon is a success story in itself. A whopping \$65,000 was pledged during the joint CFB town of Summerside event, chiefly organized by CPL Stuart Husk, a Physical Education and Recreation Instructor (PERI). Close to 1,000 people ran, walked — or were pushed — during the run.

The secret formula of the enthusiastic CPL Husk in soliciting support for the run was simple: challenge. "Asking two hours out of a whole year is not asking too much from anyone", CPL Husk said as he pitted

fire department against fire department, hospital against hospital, business against business and school against school. CPL Husk went to the newspapers and co-hosted a radio appeal program to encourage pledges and eventually Summerside issued a participation challenge to Charlottetown. The various challenges worked and Summerside boasted the largest turnout of any centre in Prince Edward Island for the run.

Highlights of CF participation in the Terry Fox run are many. At CFB Cornwallis, 1,100 military personnel and 300 dependents completed a modified one-mile run, raising an estimated \$4,770. The event was organized by PERI MCPL Ken Doucette and WO "Butch" Montreuil.

A DND teacher, Don Hyslop, was the main organizer for the successful run at CFB Greenwood, which involved 85 Forces personnel, 170 dependents and 145 civilians who collected pledges of \$6,677.

CFS Gander, with 58 military personnel and dependents and 179 civilians running, had the largest Marathon of Hope representation in Newfoundland.

The 51 CFS Alert runners completed the 10-km course in the blowing snow, rather than 120 laps in the gym, and at CFB Borden, there was an inter-school challenge. About 350 of the 600 participants marched the route in formation with a band. The CFSPER Commandant was excep-

tionally busy that day, as he won a cross country race in Bradford, prior to running with his family in the Terry Fox event at the base.

In Peking, 10-year-old Jeffrey Houghton jogged the 10 km from the Jian Guo Men Wai foreigners' residence residence to the Canadian Embassy and back in 65 minutes. He raised \$780 from Canadian and British sponsors. His father, COL John Houghton, CF attaché and a veteran jogger, ran alongside.

In Brunssum, Netherlands, CAPT George Clayburn involved representatives of five different nationalities in the fund-raising campaign and the Canadian Ambassador made donations on their behalf to the Dutch and German cancer funds.

NATO forces in Germany ran, as did UN forces in the Middle East and embassy staffs in Spain, Japan, Turkey, Israel and China.

In addition to participating and organizing military and some combined military-civilian events, the CF often assisted with first aid facilities, traffic control and even a field kitchen and barrack stores in Chilliwak.

There is little doubt that the first annual Marathon of Hope fostered co-operation and goodwill within the Canadian Forces and throughout the world and that those who ran were running for Terry Fox, an international symbol of the indomitable human spirit.

# ORDER OF MERIT PRESENTATIONS



MAJ B. G. Williams M.M.M. CD, currently serving at Air Command HQ.



CAPT R. A. Nichols M.M.M. CD, currently serving at CFB Winnipeg.



CWO B. Barton M.M.M., CD, currently serving at CFB Winnipeg.



CWO H. N. Figenshaw M.M.M., CD, currently serving at Air Command, Winnipeg.

## AEROSPACE REPORTS

### Seasons Greetings!

It is hard to believe that Christmas is around the corner considering the fine weather we have been having. The staff, students and wives all got into the spirit of things early in the month with a superb Christmas dinner and dance. Chuck Verge walked away with the grand prize of a Christmas hamper, while the Hammer received a pair of slippers so as not to disturb the train of thought in the supply room. The latter prize was obviously suggested by one who carries a lot of weight in the school.

The mild weather has been a boon to joggers Noel Funge and Don Sparks. Noel recently received his seventh aerobics seal, which represents 8,400 miles of running. We all congratulate him on this achievement. Congratulations also go out to Stu Morthole who received the USAF Meritorious Service Medal. The medal is awarded for distinguished service with the B-52 bomber squadron at Castle AFB in California. It is not, as believed, his purple heart for injuries sustained playing Canadian hockey.

Back from a SIT-IN down east, is Rick Savage who learned a lesson in time travel. Seems it takes less time to go from A to B than it takes to go from B to A; about four days. Once back, Rick wasted no time getting to work so he could play hockey. In his first game, down with a cold even, he

finessed a goal on Brian Handley. Brian immediately ran out, sharpened his skates and asked for a posting to Ottawa. Ottawa had difficulty understanding his request since it was in English. Joyeux Noel et bonne année was their reply.

On the Friday night sports scene; Don Pearsons did not need Bret Maverick to tell him that the poker hand he was holding was a winner. After quickly calculating the odds, he threw caution to the wind and bet his weight. Crushed but not out, Dave Myatt bet his height in centimeters. Talk about being caught between a pot and a tall point. When the DEW settled our arctic visitor considered himself lucky to be left with his snowshoes.

Athol Malcolm, the squadron's statistician, has recently gathered some interesting figures on economic indicators. From the evidence, he shrewdly deduced that the commodity that has best kept up with inflation are not gold bars but, Mars bars. This incredible news comes a bit late for the Hammer who has sunk all his money into copper bars. Nor was it good news for Ken MacLean and the courses members of ASC, who had just returned from the eastern tour, where they invested heavily in Toronto and Montreal bars.

Frohe Weihnachten und ein gutes Neues Jahr.

K.H.

## NAV SCHOOL REPORTS

Our typing pool staff, after several changes over the last few months, is back to the same familiar four we used to see. Gray is back from a short course on how to wield a whip, Pierrette is down from the third floor now that Judy has returned to her post of guarding the Commandant, and Marie is still crocheting. In the last report the typing pool had four questions. The answer to the last one is: Bev, (who's tan from a week in Arizona is beginning to fade). Jeannette has proven herself to be an efficient time, score and stats keeper for intersection hockey. She reports that big bird Handley from the third floor is the best goalie on base. See what fast hands can do for a naturally shifty person. Would you believe the Bird is so old that he plays with the St. James Old Timers hockey club. Clair doesn't believe it either and she is going to find out where he goes every Wednesday night. Taking your pads and stick along is not fooling everyone Brian! You are going to have to fess up to either your age or your sins'.

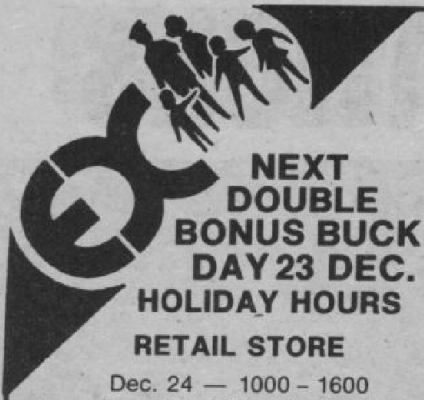
The whole building was buzzing the last week in November as the NAV Career Managers held court for all navs on the base. Many possibilities with up to 10 moves out of the Nav school. My prediction is six.

After driving a second car for the last four years, MAJ Puption has finally purchased a first car for the family. Don't expect to see it parked in front of Bldg 84 though; not interfering that the Major is never here, but because Irma doesn't like the old Valiant. But who could like a brown and green car which occasionally hides from its master?

Yes its still dark for an 8 a.m. take-off but by the time the Herc reaches cruising altitude (about 25,000 ft) the sun should be up. The students are not impressed with rolling out of the sack in the middle of the night for a 6 a.m. briefing for the early detail but they are not complaining as much as the staff. The city is very quiet at 5:30. No birds to be seen or heard and no lineups anywhere. Good practice for operational flying you say?

Yes we did have the course welcoming and farewell party for all those people who were on "hold". Welcome to courses 8109 and 10 and to Captains Pete Nordlund and Trevor McDougal fresh off the Herc OTU. Don Harold "attended" the #2 course at the Instructional Technique School in Borden and has anyone seen Tony Thomas since Halloween?

Best Wishes to all our supporters from the Nav Squadron.



**NEXT  
DOUBLE  
BONUS BUCK  
DAY 23 DEC.  
HOLIDAY HOURS**

**RETAIL STORE**

Dec. 24 — 1000 - 1600  
Dec. 25 - 27 — CLOSED  
Dec. 28 - 30 — 1000 - 1730  
Dec. 31 — 1000 - 1600  
Jan. 1 — CLOSED

**SERVICE STATION**

Dec. 24 — 0730 - 1600  
Dec. 25 - 28 — CLOSED  
Dec. 29 - 30 — 0730 - 1730  
Dec. 31 — 0730 - 1600  
Jan. 1 — CLOSED

**GAS BAR &  
MINIMART**

Dec. 24 — 0730 - 1600  
Dec. 25 — CLOSED  
Dec. 26 & 27 — 0900 - 1700  
Dec. 28 - 30 — 0730 - 2100  
Dec. 31 — 0730 - 1600  
Jan. 1 — CLOSED  
Jan. 2 & 3 — 0900 - 1700

**SNACK BARS**

**BLDG. 90**  
Dec. 24 — 0830 - 1300  
Dec. 25 — CLOSED  
Dec. 26 - Open for Movies  
Dec. 27 — 1100 - 2030  
Dec. 28 - 30 — 0830 - 2030  
Dec. 31 — 0830 - 1300  
Jan. 1 — CLOSED

**BLDG. 21**

Dec. 25 & 28 — CLOSED  
Jan. 1 — CLOSED

**HGR. 16**

Dec. 24 — 0800 - 1300  
Dec. 25 — CLOSED  
Dec. 28 - 31 — 0800 - 1730  
Jan. 1 — CLOSED

**BXO COLUMN**

**COMPETITIVE PRICES**

Several weeks ago I had the occasion to review a survey done last year on behalf of Canex headquarters. The survey had several purposes, one of which was to ask military personnel who had purchased items at store other than Canex why they had done so. The most common answer was PRICE.

Now, needless to say I was shocked. Would you believe a loss for words? This is bound to happen occasionally, particularly given today's economy and competition, with a host of retailers and wholesalers competing for fewer consumer dollars; as proof all you have to do is look at the number of sales, the number of bankruptcies, and the large losses being reported by many large and traditionally very profitable corporations. But most of the time?

It is the stated goal of Canex to provide the Canex customer with a 10% price advantage on average and believe me we do try, particularly in Winnipeg. We do this by making the best buys we can, we take a lower mark up, and we check other retailers' prices — we go through the newspapers, we check catalogues, and we go right to the stores — Art Chouinard has been thrown out of a few. But we have a small staff, and we can't check all of the competition all of the time — so you will find us out on occasion. When that happens and you have bought something from us we will refund the difference and adjust our prices accordingly.

It is our policy to have the lowest price anywhere; however, in saying that I must be perfectly honest — we cannot always beat sale prices and loss leaders. While we would like to and we do try with our own sales, we simply do not make enough profit to take the large markdowns required, nor could we keep track of all the loss leaders carried by all retailers. However, we do try, and with your help we will do a better job.

Remember, it is your Canex. We are here to serve you; with your help we can serve you even better.

On a lighter note, I would like to take this opportunity to thank you on behalf of the Canex personnel for your patronage in '81 and to wish you a Merry Christmas and a Happy New Year. We are looking forward to seeing you and serving you in '82.

From Your



"Serving the Military Community"

**Happy  
Holiday**

We have a sleighful of Yuletide wishes for all our friends and patrons who have been so kind and thoughtful throughout the year.

We wish the very merriest of Christmases to one and all and may your New Year be one of health, happiness and peace.



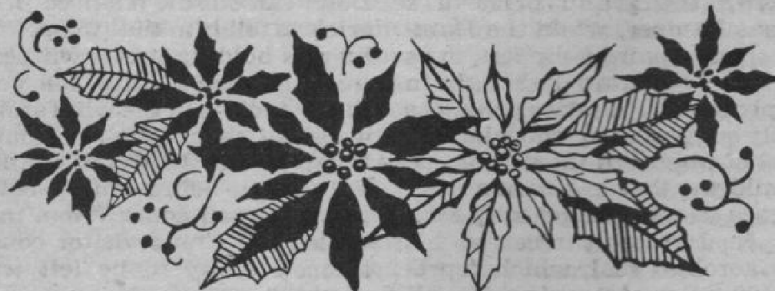
"REMEMBER CUTTING MY ALLOWANCE DAD?"

Warrant Officer Bob Hawkins casts a critical eye as son, Steve, calculates his father's claim for requirement of travel expenses. Father and son are serving at Canadian Forces Base Winnipeg where Bob works at the School of Meteorology and Steve works in the finance section. For the Hawkins family the military has been a way of life for more than 24 years. Bob's wife, Mildred, was also a MET observer in the Royal Canadian Air Force.



Mr. Jim Therrien, left, was recently presented with a Base Commanders Commendation by LCOL W. H. Taylor on the occasion of his retirement as Bar Manager, Officers Mess. Jim was employed at the officers mess for fifteen years. Mr. & Mrs. Therrien are sailing for Melbourne, Australia this month to take up retirement residence. All Jim's many friends at the mess wish the Therriens the very best for their retirement years.

For the 15th YEAR ...  
Saturday Afternoon Live!  
**JAZZ**  
DANCING  
Al Thumler & Guest Artists from 3-6:30 P.M.  
the Big A  
ASSINIBOINE GORDON INN ON THE PARK  
1975 Portage at Albany  
by popular demand



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## SKY PILOT CORNER

### CHAPELS

#### Our Lady of the Airways (N)

**Masses:** Sunday: 7:00 on Saturday  
11:00 on Sunday

Messes

Daily:

4:45 Tuesday & Thursday  
10:00 Wednesday & Friday

**Confession:** Before and after each mass on request.  
A vant et après chaque messe, et sur demande.

**C.W.L.:** Meetings every 2nd Monday of the Month.

**Sunday School:** Every Sunday from October to June, for Grades 1 - 9 inclusive at the Air Nav School from 9:45 to 10:30.

**Baptism:** On request. Give us a "One Month Notice."

**Choir:** Every Thursday evening at 7:00.

Tous les jeudi soirs — 7:00.

**Marriage:** It is absolutely necessary to give us a "Three Month Notice" and to follow a course of preparation.

Nous exigeons de connître vos intentions au moins 3 mois avant le mariage. Un cours de préparation est nécessaire aussi.

#### St. George's Chapel (S)

**Masses:** Sunday: 11:00

Daily: Tuesday at 7:00 p.m.  
Friday at 9:30 a.m.

**Baptism:** On request. Give us a "One Month Notice."

**Marriage:** It is absolutely necessary to give us a "Three Month Notice" and to follow a course of preparation.

To contact a Chaplain  
Just ask our Switchboard  
Operators

### Protestant Chapel Services

#### Chapel of the Good Shepherd (N)

**Church Service:** 11:00 on Sunday

**Sunday School:** 11:00 on Sunday

**Chapel Groups:** Baptisms and Weddings as arranged.

#### Chapel of St. Andrew (S)

**Church Services:** 10:30 on Sunday

**Sunday School:** 10:30 on Sunday

**Chapel Activities:** Weddings and Baptisms as arranged.

To contact a Chapel  
Just ask our Switchboard  
Operators

#### Chapel of the Good Shepherd — North Site

December 20 - 1100 Advent IV

December 24 - 1900 Sunday School Christmas Service  
- 2300 Christmas Eve Service

#### St. Andrew's Chapel — South Site

December 20 - Christmas Sunday Service

December 24 - To be announced

### November 1981 Promotions

SIN NO	RANK	NAME	INIT	DATE	SECTION
<b>To Captain</b>					
106 740 434	CAPT	OKE	H. D.	27 NOV 81	CFANS
<b>To Master Warrant Officer</b>					
422 158 691	MWO	FLETCHER	J. R.	30 NOV 81	73 COM SQN
<b>To WO/AL</b>					
613 530 237	WO/AL	NIGHTINGALE	J. C.	14B NOV 81	1CEU
<b>To Sergeant</b>					
610 399 859	SGT	GELINEAU	G. W.	26 NOV 81	BOPSO
<b>To Sergeant/AL</b>					
700 649 023	SGT/AL	BULL	R. T.	14 SEPT 81	BFOODSO
<b>To Master Corporal</b>					
616 441 770	MCPL	PYNE	R. W.	21 OCT 81	BAMEO
<b>To Master Corporal/AL</b>					
625 706 635	MCPL/AL	BUCKMAN	B. G.	19 OCT 81	BFOODS
232 866 269	MCPL/AL	VIEL	J. D.	22 OCT 81	401 CFTSD
<b>To Corporal</b>					
114 451 446	CPL	McINTYRE	G. B.	17 OCT 81	2PPCLI
717 357 552	CPL	TEGART	R. K.	18 SEPT 81	2PPCLI
461 786 238	CPL	FLANNERY	P. W.	17 NOV 81	BTRGO
464 966 647	CPL	PERI	D. W.	30 NOV 81	22PPCLI
116 579 947	CPL	WHITE	M. T.	12 NOV 81	BHOSP
114 547 995	CPL	JORDAN	D. J.	22 SEPT 81	BTNO



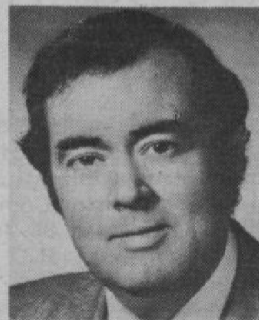
### Whatever happened to the Camera Club?

The Voxair Editor would like to know...

there could be a **VIXEN** in your future.



Season's  
Greetings



Frank Simpson  
837-6333



Jon Hansen  
667-6817

### Season's Greetings

from

Great-West Life  
Assurance Companies  
Your Representatives  
Frank Simpson & Jon Hansen  
710-167 Lombard Ave.  
Winnipeg, Man.  
Bus. Phone — 947-1585

# FOR THE LADIES

BY RUDOLPH

Last Minute Gift Suggestions - for the man in your life...

1. To put a little Life in Your Man — a weekend away with you. Several hotels now offer a weekend deal. Get away from the kids, the dog, the NHL on T.V. and your old flannelette nightie. About \$100.00.
2. A photograph of yourself. Very few men have a good photograph of their wife, taken by a professional, especially for them. (Sure, a lot of guys have an instamatic shot of the little woman squinting into the sun at Niagara Falls in 1963 but it's usually permanently stuck between his Legion card and his drivers license). \$30.00 and up.
3. If you can talk him into using it, a gift certificate for a hairstyling appointment. Some of you ladies must be getting tired of those 50's and 60's clipper jobs your men are still wearing. About \$20.00 and up.
4. Give yourself a treat, give him a bottle of Gucci cologne. He'll feel like Tom Sellick and Burt Reynolds rolled into one (and you'll believe he is). About \$25.00.
5. A pair of beautiful hand crafted gauntlet mitts from the Indian Craft and Art Centre Ltd. 210-275

Portage Avenue. Magnificent. About \$50.00.

6. A "Boot Jack". With the current popularity of Cowboy boots this handy gadget is a God-Send. Makes removing any boot really easy. A real innovation too, is the folding model spotted recently in Birks, Polo Park. About \$5.00-\$15.00.
7. For the Serviceman — several pairs of black socks, all the same. (Our washing machine eats one of each pair).
8. For the Stamp Collector, check out the pre-packaged collections at the Westwin Post Office on Whytwood Rd. The friendly staff there will be pleased to assist you. About \$2.00 — \$20.00.

### Things to Avoid

1. Inexpensive, easily broken tools.
2. Trashy chain-store after shave lotions.
3. Neck Chains — that fad is over.
4. Bright coloured socks. Tacky, tacky.
5. Tapered shirts for the non-tapered man.
6. White belts and white shoes (out of style items favoured by the Manitoba over 50 crowd — usually worn with polyesters).

# FIRE PREVENTION NEWS

Christmas is a time of joy and happiness but every year it becomes a time of sadness for many people in Canada because of fire. We all have a tendency to be a little less cautious during the festive season and when we add this to the fact that we have more things in our homes that could cause or contribute to a fire at this time of year, it is easy to understand why we have so many fires during the holiday season.

So we ask you to please be extra careful and make sure that all members of your family understand how quickly the festive season can become one of tragedy and heartbreak. Just one careless act, such as matches or lighters left within reach of little children can start a fire that can make Christmas a nightmare instead of a time of joy and happiness.

The following is a list of some precautions you should take to ensure that your Christmas is a time of joy:

1. Buy a fresh tree.
2. Before setting it up, saw off diagonally at least one inch of the trunk and place the base in a

holder containing water.

3. Keep the water reservoir filled. Be sure the tree is firm and secure.
4. Locate the tree away from all sources of heat, such as radiators, television sets, spot-lights, etc.
5. If the needles turn brown, take the tree down and dispose of it in a safe manner — Christmas trees burn with explosive violence.
6. Use only fire retardant or non-combustible decorations for trimming the tree.
7. Use only approved lighting sets and be sure all connectors are in good condition and connections tightly made.
8. Don't use combustible materials such as fabrics, paper and other fast-burning materials for display decoration (acoustic or scenic) for display purposes in places of public, or private assembly, unless materials have been made flame-retardant.

ALL MEMBERS OF THE BASE FIRE PREVENTION BUREAU WISH YOU AND YOURS A HAPPY AND FIRE FREE CHRISTMAS.

# BABYSITTERS

For a compassionate community there can be no sadder news than death by fire of children in the home.

The sorrow deepens when the headlines read: "WE ONLY LEFT THEM ALONE FOR A FEW MINUTES."

Parents who go out have a duty to their children, their community, and themselves to see that the children are properly looked after.

### Babysitters' Course

As a babysitter you have a great responsibility, the children you sit and your employer's home.

To help you do this job, the CFB Winnipeg Fire Prevention Bureau has organized a babysitters' course.

The course will be held on the South Site from 1830 hours to 2100 hrs on Jan 25 and 26th.

The course will cover Fire Prevention, Safety, Security, Child Care and Basic First-aid.

### Parents

We hope parents employing babysitters will realize the importance of this course and encourage their sitter to enrol.

### Babysitters

The Fire Prevention Bureau requests that babysitters wishing to attend complete this application and return it to the Babysitter Coordinator, Mrs. Ann Campeau, 35 Jameswood Dr., Winnipeg, R3J 1C3. Minimum age is 12 years.

NOTE: The students must attend all classes and pass the exams before they can expect graduation and a certificate.

### APPLICATION BABYSITTERS' COURSE

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

Phone Number: \_\_\_\_\_

NOTE: Return to Babysitter Coordinator:  
Mrs. Ann Campeau  
35 Jameswood Dr.  
Winnipeg  
R3J 1C3

By 20 Jan 82

# ENERGY AWARENESS WEEK

Concluding this year's Energy Awareness Week campaign, COL B.L. Smith, Base Commander, presented prizes to the following winners:

### Poster Contest

- 1st - Justin Poole
- 2nd - Tania Poole
- 3rd - Patrick Ouellette

### Word Jingle Contest

- 1st - Mrs. L. Lawrence
- 2nd - CAPT T. Lawrence
- 3rd - Wade Lawrence

The organizers extend their congratulations and thanks to the participants.

Remember — Energy conservation concerns ALL OF US, ALL OF THE TIME. Bearing that in mind, we leave you with the words of the winning jingle:

"Help George do it" is a motto we must borrow.

By turning off the lights today, there'll be a bright tomorrow.



Front Row (L-R) CPL S. Traynor, Wade Lawrence, Tania Poole, Justin Poole, Patrick Ouellette.

Back Row (L-R) CAPT T. Lawrence, CAPT J. C. Lawrence, Mrs. L. Lawrence, COL B. L. Smith, LCOL D. Poole, MWO A. Desjarlais.

## WESTWIN COMMUNITY CHRISTMAS ACTIVITIES

### CHILDREN'S CHRISTMAS PARTY

DATE: Saturday, Dec. 19th  
TIME: 9 a.m. to 11 a.m.  
PLACE: Building 21 (North)  
AGE: 12 Years and Younger  
GUEST: Santa Claus

### PMQ CHRISTMAS DECORATING CONTEST

JUDGING: Dec. 21 to 23rd  
1ST PRIZE: \$50.00  
2ND PRIZE: \$25.00  
3RD PRIZE: \$15.00

### DECEMBER BINGO SCHEDULE

Building 21 (North) 8:00 p.m.

Wednesday, Dec. 16  
Christmas Bingo  
Ham Bingo

Wednesday, Dec. 23  
No Bingo

Wednesday, Dec. 30  
Normal Schedule  
Resumes

MERRY CHRISTMAS TO ALL WESTWIN COMMUNITY RESIDENTS FROM MAYOR BRUCE BARTON AND THE COMMUNITY COUNCIL MEMBERS

## VOXAIR PUBLISHING DATES 1982

CLOSING DATE	PUBLISHING DATE
12 Jan 82	20 Jan 82
02 Feb 82	10 Feb 82
16 Feb 82	24 Feb 82
02 Mar 82	10 Mar 82
16 Mar 82	24 Mar 82
30 Mar 82	07 Apr 82
13 Apr 82	21 Apr 82
04 May 82	12 May 82
18 May 82	26 May 82
08 Jun 82	16 Jun 82
22 Jun 82	30 Jun 82
06 Jul 82	14 Jul 82
10 Aug 82	18 Aug 82
07 Sep 82	15 Sep 82
21 Sep 82	29 Sep 82
05 Oct 82	13 Oct 82
19 Oct 82	27 Oct 82
09 Nov 82	17 Nov 82
23 Nov 82	01 Dec 82
07 Dec 82	15 Dec 82

# A SEASONAL PUNCH TO WARM THE EYE AND PALATE

(by David Young)

Dickens would have loved it. Cranberries have made their way from the turkey plate to the punch bowl, providing a festive red, flavoursome drink that warms the eye and soothes the palate.

The modern host or hostess will love it because it is quick and easy to prepare and provides the cup that cheers without having to run to the bank for a loan.

Traditionally, red and green are the colors of Christmas, and a punch made with Ocean Spray Cranberry Cocktail can serve as the focal point of your sideboard or table setting.

Use a large glass or crystal fruit bowl or you can buy a punch bowl, complete with cups, for a few dollars, and it will be money well spent. Punches can be party savers at all seasons.

Use the bowl as a centre piece with some of your Christmas fruit, a bowl of nuts, candle sticks, a table decoration, and some of your home-baked cookies. And then, of course, make the punch. Its glowing red color will complete the picture.

There are innumerable possibilities, using Cranberry Cocktail or Cranapple® Cranberry-Apple Drink as a base, and you may like to experiment with your own mix.

The tart-sweet flavour of Cranberry cocktail also makes it ideal for non-alcoholic punches.

Overall Dickens, Mr. Pickwick and Scrooge would have relished the festive color, flavour and aroma of a Cranberry based punch and might have said of one who served it: "That he knew how to keep Christmas well,

If any man alive possessed the knowledge.

May that be truly said of us, and all of us."

(A Christmas Carol, December 1843)

Here are two of my favorite punches, one cold and one hot:—

### Christmas cranberry cobbler

- 1 14 oz. can black cherries, drained
- 2 tablespoons sugar
- 1 341 ml bottle cherry whiskey
- 1 bottle (40 fl. oz. 1.14L) Ocean Spray® Cranberry Cocktail, chilled
- 1 750 ml bottle soda water (or to taste), chilled

Place cherries in bowl, sprinkle with sugar. Add cherry whiskey and let stand 1 hour. Chill. Stir in Cranberry cocktail. Pour over ice, add soda water. Makes 18-4 oz. servings.

### Hot cranberry apple cider

- 1 bottle (40 fl. oz. 1.14L) Ocean Spray® Cranapple® Cranberry-Apple Drink
- ½ cup brown sugar
- 2½ strips orange and lemon peel
- 3 whole cloves
- 1 stick cinnamon
- 2 apples, cored, peeled and cut in rings
- 1 cup rye, rum or brandy (optional)

Place all ingredients except liquor in a large pot. Bring just to a boil. Lower heat, simmer 20 minutes. Add liquor. Makes 12 - 4 oz. servings.

If you would like some more year-round punch recipes, write to me at: "Recipes", Suite 510, 1300 Yonge Street, Toronto, Ontario, M4T 1X3

\*Ocean Spray and Cranapple are Registered Trademarks of Ocean Spray Cranberries Inc.



The festive warmth of a Cranberry Cocktail punch makes a colorful centre piece for sideboard or table.

## HEART TO HEART

Everyone is aware that diet, smoking, and stress have something to do with heart disease, although no one is quite sure just how much weight any one factor has. But now, according to *Science News*, researchers at Ohio State University have uncovered another contributing factor that was so unexpected that they repeated the experiment twice — each time with the same results.

It seems that the kind of tender loving care you get can be significant in how well your heart holds up. During the experiments, the researchers discovered that the 14 rabbits who were cuddled and played with showed only half as much evidence of atherosclerosis as rabbits who got routine, impersonal laboratory care.

Obviously, whoever dreamed up the heart as the symbol of love must have known something. Hug a bunny today, or better yet, a heart patient. (NSC)

## Man Of The Moment

Last New Years Eve I stood up at our local pub and said it was time to get ready. At the stroke of midnight, I wanted every husband to be standing next to one person he considered his life worth living. Well it was kind of embarrassing. The bartender was almost crushed to death.

## GOLDEYES SCUBA CLUB

Soon our club will be returning to our home waters at Westwin Pool Tuesday & Thursday evenings from 2000 to 23:30 hrs. Our Sunday morning swims from 1000 to 1200 will commence 6 Dec. The Goldeyes remain the best deal in town. For more info contact CAPT McLeod 504, SGT Bennett 509, PTE Maidment 307.

## DRIVE DEFENSIVELY

It's winter time so drive with care  
If you don't have a sleigh and an old grey mare,  
Your tires may slide and you'll lose control  
When you hit some ice or an old pot hole.  
Don't try to rush, and leave some space  
You won't get home if you try to race.  
Don't take this advice with a grain of salt  
You don't need a problem that could be your fault.  
So heed this advice and careful be  
So you don't hit someone, especially "Me"

K.R. Jones

## IMMIGRATION

The Holiday Season is drawing near, The time to be jolly and full of cheer. The time to be friendly to all mankind, You'll feel much better and have peace of mind. It's time to remember the people less wealthy And millions of humans who are far less healthy. In Winnipeg we have got all walks of life, Next time you meet one remember their strife. They've had lots of hardships and burdens to bear The last thing they need is to hear someone swear. So what if they're different in race, creed or hue Remember this reader, I'm different than you. We all need food to keep us from dying And each of us, morals, to keep us from lying, A friend to rely on in times of trouble And someone to need us, that goes double. So next time you see someone new to this land Think of some way you can lend them a hand. You may give them directions or simple advice, But most of all just try to be nice.

K.R. Jones

Base Food Services require a number of kitchen helpers, male and female, for employment in their various messes. Must be registered with manpower. Please contact MWO AJ Dejarlais A/BFOODSO loc 481 for further information.



## Florentino's

Barber & Hairstylists


OPEN FROM 8:00 A.M. TO 6:00 P.M.  
TUESDAY TO SATURDAY  
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1844 Ness St. James


Phone 832-1132 885-3666

## Birchwood Florists

city wide delivery  
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Winnipeg Manitoba



SALES (1980) LIMITED



**WADE KOLL**  
Sales Representative  
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Residence: 885-3889

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- 15% on Labour
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1981 Clearout of all Models of Cars and Trucks



## Florentino's COIFFURE SALON

Phone : 888-6538

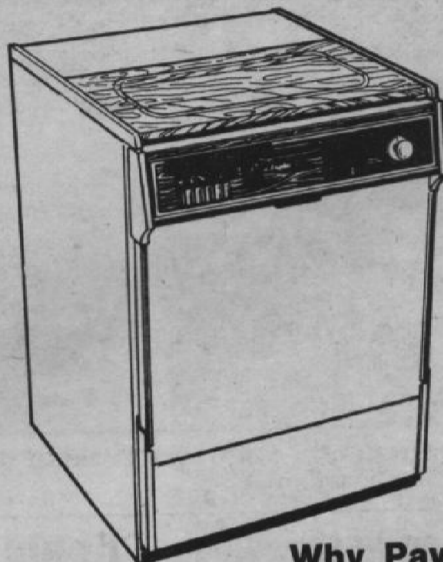
1840 Ness Avenue

Wash & Set \$6.00  
Cut \$6.00  
Colouring Complete \$14.00



## Santa's Midnite Sale Thur 17th Dec Only

**Cannex will be Open 10 a.m. - 12 p.m.  
with Hourly Specials starting at  
6 p.m. - Free Coffee & Doughnuts  
For All - Let's Celebrate**



**INGLIS EVERYTHING YOU'D  
EXPECT AND THEN SOME**

**ROYAL — Portable Dishwasher**

1. 2 Speed
2. 5 Push Buttons
3. 12 Cycles
4. Pots and Pans (Air or Heat Dry)
5. Super Wash (Air or Heat Dry)
6. Econo Wash (Air or Heat Dry)
7. Sani Wash (Air or Heat Dry)
8. China Crystal (Air or Heat Dry)
9. Rinse Hold
10. Plate Warmer
11. 2 Lights, Operating, Sanitizer
12. 2 Full Size Spray Arms
13. Rinse Agent Dispenser
14. Self Clean Filter with Pump Guard
15. Indoor Silverware Basket
16. Cutlery Basket
17. Adjustable Upper Rack
18. Fold Down Divider (lower rack)
19. High Side Racks
20. Automatic Cord Rewind
21. Cherrywood Cutting Board

**Why Pay 679.00**

**BX Reg. 589.99**

**Delivery Incl.**

**6 p.m. Special  
Why Pay 1.89**



**Kleenex Boutique  
Paper Towels**

**97¢**

**While Stock Lasts**

**7 p.m. Special  
Why Pay 2.99**



**88% Acrylic  
12% Nylon  
Men's & Boy's**

**97¢**

**While Stock Lasts**

**8 p.m. Special  
Why pay 3.99**



**Finest quality  
2 ply Tissue  
Packed 12/8's**

**1.77**

**While Stock Lasts**

**9 p.m. Special  
Why Pay 9.80**

**Cigarettes  
Reg. or King  
Size  
Asst'd Brands**

**9.40**

**While Stock Lasts**

**10 p.m. Special  
Why Pay 22.99**

**Super  
Value**

**Adidas 100%  
Nylon Training  
Suit At An  
Unbelievably  
Low Price**

**Jacket has  
Full Zipper  
And Front  
Pockets**

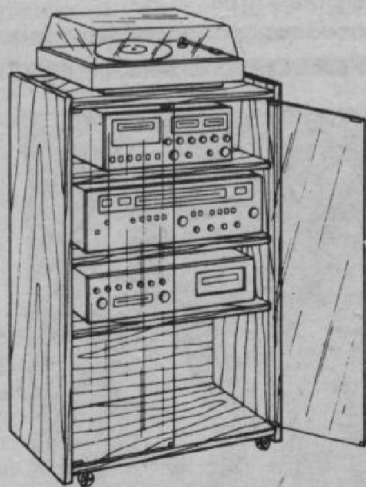
**Pants Feature  
Tapered legs  
Green/White Only  
(Slight Imperfection  
Should Not  
Affect Wear)**



**9.97**

**While Stock Lasts**

**11 p.m. Special  
Why Pay 89.99**



**44.97 Stand Only  
While Stock lasts**

**The Action Stopper!**



Ready in a flash! Kodak Ektralite 30 Camera outfit features built-in, electronic flash that lets you take indoor shots up to 20 ft away with ASA400 films. And automatic, two-zone exposure control gives 1/500 second shutter speed in bright sun for stop-action shots with aim-and-shoot ease. "Use-flash" and "flash-ready" signals in viewfinder.

Outfit complete with flash and batteries

**39.97**

**While Stock Lasts**

**30%  
OFF  
TOYS**

**Selected Items**

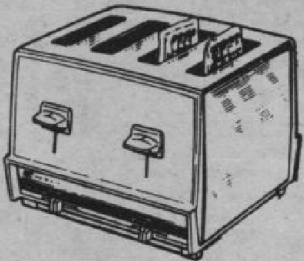
**Sat 19 Dec Only  
15% Off BX Reg  
Low Price On**

**Jewelry**

# Last Minute Gifting



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### 4-SLICE BREAD/PASTRY TOASTER

- by PROCTOR-SILEX
- Separate Control for each pair of toasting wells.
  - "Color Tuner" Adjuster shifts toast color range.
  - Snap-Open Crumb Tray for quick easy cleaning.
  - Removable cord for easy storage.
  - Brilliant chrome finish trimmed in white with colorful heat selection bar.

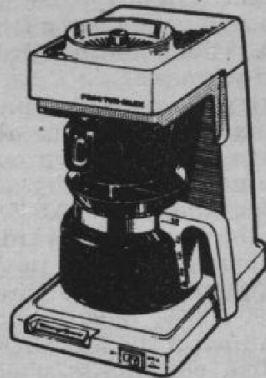
**Special 35.97**  
Reg. 38.89



### NEW! PROCTOR-SILEX® Model 1382AL

- SPRAY/STEAM/DRY IRON  
A new light weight way of ironing from Proctor-Silex.
- One finger controls
  - Light weight, cooler touch body
  - Reversible cord
  - Larger soleplate
  - Dual safety lights
  - Beautiful international styling

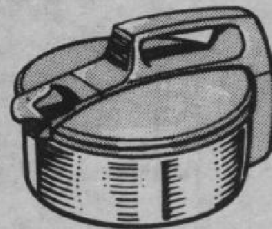
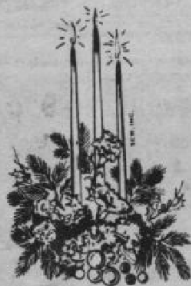
**Special 21.97**  
Reg. 25.99



### Special 34.97

Reg. 42.99  
Model A354W

The Proctor-Silex® Beverage Brewer offers convenience and performance plus money and time saving features like the Brew-For-Two® coffee saving basket and the automatic control that switches from brew to keep warm. Includes free disposable filters and a decorative, easily cleaned glass carafe. This attractive coffee-maker brews a whole range of beverages from coffee and tea to hot water for instant soups and cocoa.



Model K003AL  
Full 2-qt. capacity in stainless steel with white trim. 3 easy clean snap-together parts and automatic "boil-dry" shut off and reset feature.

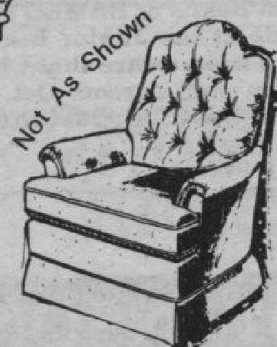
**Special 15.97**  
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BEAUTY AND COMFORT AT BIG SAVINGS



A. Wear-Ever Waterless Even-heating, heavy cast aluminum cookware cooks at low heat with little water so food retains both flavor and nutritional value. The ultimate in cast aluminum cookware with a 10-year warranty.  
7-pce. Set:  
0.9L and 1.3L covered Saucepans  
5.7L Dutch oven with cover that fits 28cm. open skillet.  
"Rockbottom" non-stick coating.

Model A354W  
**Special 99.97**  
Reg. 129.97



Swivel Rocker by Accent  
Sitting Is Believing  
100% Acrylic Plush

**Special 189.97**



The Western Connection  
Torsro Bruzer  
Quality Leather Boot  
With Fashion Stitching

Men's Reg. 74.99 **Special 59.97**  
Ladie's Reg. 45.99 **Special 36.77**

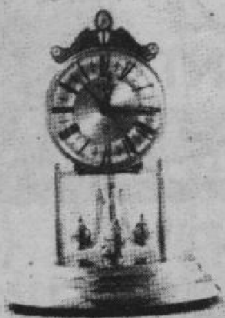


## SAVE ON 400 DAY CLOCK

KENZIE QUARTZ 400 DAY CLOCK

Runs for one year without battery replacement. Approximately 11" high. (Battery not included), finished in polished brass with elegant transparent case, with attractive dial and rotating pendulum movement.

**Specially Priced For Xmas 69.99**



# UNITED WAY CAMPAIGN '81

— CAPT H.G. PUERSTEN

As a preface to the final statistics of the 1981 campaign I would like to share with you the contents of a letter from Mr. Ed Ranft, United Way of Winnipeg Chairman, to COL Smith, BCOMD:

"Congratulations!!! The Armed Forces division was the first to reach and exceed it's goal in Winnipeg's 1981 United Way Campaign. It is very exciting indeed to experience the thrill of achieving an objective and it is doubly so when you are first! Please extend our sincere thanks and appreciation to all who participated and recognized our challenge ... To Keep a Good Thing Growing, The United Way. Many people who need help in the coming year will benefit due to contributions received from members of the Armed Forces and the civilian employees at CFB Winnipeg. Thank you for your support."

Final results show that a total of \$29,125.53 was donated by 1147 personnel. These figures represent an attainment of 104% of the goal and a participation rate of 38% respectively.

Based on the 1981 Award Standards, the following units/sections will be presented with awards as indicated:

Leadership Award - Air Command MSU

Gold Award - CFSMET, HMCS Chippawa, 73 Comm GP HQ

Silver Award - Air Command Civ Pers, CFTMPC

Bronze Award - Air Command DCOS PERS, BMLO, 2 PPCLI Maintenance Platoon.

These achievements are outstanding since the criteria for the awards are based on participation rates and a minimum gift for ever employee on strength of the particular unit/section as follows:

Leadership Award - 90% participation, \$50 per capita gift

Gold Award - 75% participation, \$25 per capita gift

Silver Award - 70% participation, \$20 per capita gift

Bronze Award - 65% participation, \$15 per capita gift

Salutations to the United Way Award winners!

During the campaign unit/section coordinators/canvassers also participated in an incentive award program, made possible by a generous donation from your CANEX. The basis for the incentive awards was the unit participation rate in this year's campaign within these three parameters: 90-100%, 70-89% and 50-69%. The winner of the \$25. CANEX merchandise certificate was WO JL Thomson, 73 Comm GP HQ. \$15. worth of CANEX merchandise was presented to SGT GT Fuller, RSS DET Winnipeg, Minto Armoury; and the \$10. CANEX merchandise certificate was presented to SGT WJM McIlroy of the Air Command Band. Well done, coordinators, and thank



Presentation of CANEX merchandise certificates to United Way Incentive Award Program Winners. L to R CAPT H. G. Puersten, SGT W. J. M. McIlroy, SGT G. T. Fuller, WO J. L. Thomson, Mr. A. Chouinard (Store Manager) and CAPT Dick Hanson BXO.

you CANEX!

To conclude this lengthy report it is only fitting that we thank the real winners of this year's United Way campaign: the personnel (military

and civilian) of CFB Winnipeg who supported the campaign and the users of United Way supported community services. Thanks to you it is working — the United Way.



### TWO TIME WINNER AT PENHOLD

When CPL Stan Bekus of BAMEO Section CFB Winnipeg "Fell In" for graduation parade at the Junior Leader course in Penhold recently he could hardly have been aware that Christmas was coming early.

LCOL K. M. Cameron, Aircom Det. Edmonton, the reviewing officer, had the pleasure of presenting the top student award and new rank badges to MCPL Bekus.

(You look sharp Stan...)



### NOW WE CAN AFFORD CHRISTMAS PRESENTS

Promotion to Corporal Rank — (L to R) CPL Gisela Kubert, CPL Melinda Babineau, and CPL Theresa White; seen here, checking the hospital emergency cart, were recently promoted to corporal.

(Photo by CPL E. A. Dean)

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# GAVIN'S COLUMN

Have you noticed that the Yuletide season seems to start earlier and earlier, each year? If the stores keep moving the date back poor old Santa will have to be outfitted in track shorts and a red tank top. And I don't know if I'll be able to take warm weather shopping either.

Actually there are two reasons for my fear of Christmas in September. The first one is economic. The longer that Gerry (that's the better half) has to pick out presents the more presents get picked. Since the payback period is now three times the length of the shopping-days-to-Christmas, we usually make the last payment in July.

Even you lucky people who didn't get a handy dandy pocket size calculator last year can figure out that if it all starts in September I'll never get out of debt. It just doesn't seem right to declare bankruptcy because of the season of Good Cheer.

If anyone else is in the same boat we may be able to petition the government for an eighteen month year. Or, even better, how about biennial Christmases? Sneer if you like, but something will have to be done. Maybe a new clause in the Charter of Rights.

The other reason for my discomfiture is diet. Back a few seasons, never mind how many, it was discovered that yours truly put on a few pounds over the festivities. The rest of the family attributed this to over-indulgence in food, drink and merrymaking. I don't know why.

It was decided by their democratic vote that I should go on a diet beforehand to allow for the gain. My argument that men get heavier as they get older because their brains widen and their bones become more dense was greeted by guffaws and snickers. Only Daughter muttered (and I heard her) that it was the other way around.

Anyway, it became necessary for me to sign an agreement that I would not gain any more weight than I lost during the diet period. If I hadn't concurred I'd still be locked in the trunk of the car.

What I was not aware of was the starting date of the program. It is flexible. Everything depends on Gerry getting the Christmas spirit and/or the first butterball turkey appearing in the grocery ads. Whether it is the butterball or the turkey that makes her think of me and a diet has not been established. (And never mind the smart comments from you cheap non-subscribers!)

Can you imagine being on a diet from mid September? All the way to Christmas? Over the mildly beer guzzling World Series, the Thanksgiving turkey tid-bits, through the Grey Cup parties?

One year I even tried inhaling Helium before getting on the scales. I didn't get any lighter but for a few moments I didn't care. Another ploy was Yoga. You have undoubtedly heard about the practitioners of that ancient art who can actually levitate themselves. There was a lot of guffaws and snickers over that, too, when I could only get as high as my tippy-toes.

So I am resigned this year. It's back to bran and skim milk for breakfast, lettuce and matzos for lunch, raw vegetables and a few salty tears for dinner. Any midnight snacks will be water or whatever I can snatch from the cats dish. Between a practising wife and a learning daughter, both with hearing sharp enough to record salivation, there isn't much chance to cheat.

The only way I'll last until the BIG MEAL is if they let me seal and stamp the Christmas cards. Maybe they'll take a little pity and buy long envelopes and one cent stamps.

# Voxair Variety

(by John Lauder)

Those Christmas specials on TV started in early November, and seemed to reach a crescendo in early December. Now that you have suffered through all this junk, why not go out and enjoy some real live entertainment in the next two weeks? Winnipeg groups are particularly good in planning and presenting "family" type shows, which kids will appreciate, and just about any kind of show you want is available.

The Contemporary Dancers lead off with their version of *A Christmas Carol* from the 16th to the 19th, while the Symphony Orchestra will offer *A Family Christmas Fantasy* on the 18th, 19th and 20th. This will include a cast of thousands, with such artists as the Tec Voc Bell Ringers, whistler Harvey Pollock, the Philharmonic Choir, and Ted Komar and his accordion. Even the Manitoba Planetarium is in the act, showing the computer produced story *The Christmas Star*. Then from December 26th to 30th, the Royal Winnipeg Ballet will offer the perennial favourite *The Nutcracker*, possibly the best of all the festive season shows. And although it is not related to the season, the children's play *Tom Sawyer* will be presented by Actors Showcase at the Art Gallery from December 26th to 31st, all at 1:00 p.m. matinees.

\*\*\*

George Bernard Shaw's *Candida* opened in New York in October with Joanne Woodward in the starring role. The critics there panned it unmercifully, stating "a pleasant comedy mangled almost beyond recognition". In November the Manitoba Theatre Centre opened the same play, with Canadian actress Goldie Semple in the title role, and with criticism not quite as strong, but in a similar vein. One viewer said "The production... makes contact only in moments of farce and in stretches of energetic bombast", while another stated "seems out of date... the effort of keeping such a play alive and lively for an audience is just too much".

As the new constitution allows us freedom of thought, my own opinion was that the play was better than these comments would indicate, and that the sets and costumes were first rate. (They were also panned by the New York critics, and ignored by ours.) Lorne Kennedy, who played the young aristocrat, is normally a very controlled actor. He was guilty of hamming up his role unnecessarily, presumably being so directed to do so. Thus director Scott Swan, supposedly an expert on Shaw plays, is due for a share of the blame.

Shakespeare's *The Tempest*, the other MTC production of recent weeks, was just about everything *Candida* was not. From the opening storm scene to the final epilogue where the audience is asked to "Indulge" (applaud), the play was nobly carried by actor John Innes. Voodoo, magic, mystery and lots of swordplay kept the action moving, with Innes taking time out to show us humility and insight so we might believe that "we are such stuff as dreams are made on". Help from Michelle Fisk as Ariel, an airy spirit, and others in the cast made the play effective, although there were one or two bits of wooden acting in minor roles.

*The Tempest*, in spite of its excellence, also came under fire from local radio and press critics as not being relevant to today's world. Plays written 400 years ago — or even 85 years ago as in the case of *Candida* — apparently cannot be understood by the modern generation unless the whole is updated to our standards. Nuts, sez me. Surely we are not going to put AWACS tops on Lancasters, or radar into Tiger Moths. Why should we have to tinker with a good thing just because, as the Bard said in *Hamlet*, "The time is out of joint".

Although I have not seen it, the movie *The Tempest* is an updated version which, according to the film critics, fails, mainly because of all the innovations it tries to bring in. Maybe tampering with the classics is a no-no.

All the best for the Holiday Season.



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**BASE SUPPLY SOGGY SNEAKERS**

Remember the old cliché "A healthy body constitutes a healthy mind", and the famous quote "If you can't take part in sports be a good one anyway". Well, we here at Base Supply section CFB Winnipeg have taken up the challenge to form what is now called the "SUPPLY SOGGY SNEAKERS".

"SUPPLY SOGGY SNEAKERS" is an exclusive jogging and fitness club open to Base Supply personnel and other 911's employed at CFB Winnipeg detachments. The only costs involved are the miles invested toward winning awards/prizes while keeping in tip-top shape.

Led by our Number 1 jogger, MAJ (Tom) White, BSUPO, we ran a total of 2200 miles from 1 April to 1 October. In addition to this, SUPPLY SOGGY SNEAKERS have been adequately represented in the Manitoba Run for Fun, Manitoba Marathon, and all CFB Winnipeg Roadrunner Fun Runs. Our next project is to jog an equivalent "Cross Canada" distance beginning next April. ANY CHALLENGERS????

**NEWS RELEASE**

WINNIPEG — Major General J.W.G. Barr, C.D., of Toronto, Colonel Commandant of Canadian Forces Medical Services, was in Winnipeg on Thursday, Dec. 3, to present the national Shillington Trophy for general service proficiency to 17 Medical Company, a Canadian Forces Militia Unit based at Minto Armoury, 969 St. Matthews Avenue.

The Shillington Trophy, representing second prize, was won by the Winnipeg medical unit during a national proficiency competition among all medical companies in the Canadian Forces Reserves last March.

For 17 Medical Company, this year's win represents a role reversal with 22 Medical Company of Sherbrooke, Quebec, which won the competition and has been presented with the Ryerson Trophy. One year ago, the Winnipeg unit had won the coveted Ryerson Trophy, while the Shillington cup went to Sherbrooke.

Both trophies were donated for the competition several years ago by the Canadian Defence Medical Association.

**BOPS TALKS**

by MCPL PE Gilmour

As 1981 comes to a close, Base Defence can look back on a tremendous amount of training that took place during the year. Two major training programmes were conducted, one for the Base Defence Force and the other for NAST culminating in the successful completion of Op Eval. As well various courses on First Aid, Emergency Defence and Nuclear Accident Support and BDF were carried out during the past year. In the new year, Base Defence Planning is undertaking a major First Aid Training Programme commencing in January. All in all, it has been a successful year and we are looking forward to 1982.

On behalf of Major TG Smith, the Base Operations Officer, we at the Base Defence Planning Section would like to extend Holiday Greetings to all personnel and their families. May you have a very Merry Christmas and a most prosperous and safe New Year.

**THERE'S NO LIFE LIKE IT!**

- MAJ (Tom) White 645 mi
- MWO (Rick) Mt Pleasant 310 mi
- SGT (Ray) Garnier 306.5 mi
- SGT (Linda) Marshall 236.5 mi
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- MCPL (Kathy) Pearson 200 mi
- CPL (Anne) Deschenes 155 mi
- CPL (RG) Hemlow 105 mi
- CPL (Dan) Salter 52 mi
- PTE (Mike) Thayer 200 mi
- PTE (Lori) Rook 30 mi
- LT (Sandy) Gummeson 20 mi
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- Barb Houssin 40 mi
- Audry Gilhen 40 mi
- LT (Roy) Switzer 15.8 mi

Like to run around with the opposite sex?

Like time off work with pay?

Want to loose weight easily?



**CANADIAN SPRINGBOKS**

The Royal Canadian Dragoons, Canada's senior armoured regiment, which was formed as a cavalry unit nearly 100 years ago and saw active service in the Anglo-Boer War (1899-1902), wear the spring-bok as their regimental badge.

According to regimental folklore, the springbok was adopted out of gratitude after an incident near Pretoria. The Dragoons were relaxing after a spell of rearguard duty when a sentry noticed a herd of springbok becoming increasingly restless.

Training his binoculars on the nervous animals, he noticed there were Boers in the grass and the timely warning allowed the Canadians to drive off the enemy.

There is another link with South Africa. At Leliefonein, in the Eastern Transvall, the Royal Canadian dragoons won three Victoria Crosses in a single engagement. This event is commemorated each November.

• Mr. Hugh Robertson is anxious to obtain information pertaining to the Canadians in South Africa and can be contacted at Ashbury College, Rockcliffe Park, Ottawa, Ontario, K1M 0T3, Canada.

**EQUIP YOUR CAR FOR OLD MAN WINTER**

**Brakes** — must be faultless and equalized so there is no pulling to one side with resulting skidding.

**Exhaust System** — the muffler and tail pipe system should be checked for leaks to prevent deadly carbon monoxide gas poisoning in especially dangerous cold-weather driving when the windows are closed.

**Tires** — snow tires increase traction in soft snow. Bus drivers should ensure that their regular tires have sufficient tread — to provide some grip on unexpected ice and hard-packed snow.

**Windshield Wipers** — should be checked for proper tension and anti-freeze added to the washers.

**Battery** — battery power declines in cold weather. Have your battery checked and replaced if necessary.

**Heaters and Defrosters** — should be checked to see they are operational

**Extra Equipment** — motorists should be equipped with a brush to wipe off snow, a windshield scraper to remove ice, tire chains for when the going gets heavy, a battery booster cable, rocksalt, sand or ashes, a couple of pieces of carpeting, some kind of shovel and a flashlight.



**HISTORICAL CHANGE OF COMMAND FOR THUNDER BAY**

BGEN D. Paine, commander of the Prairie Area Militia inspects members of the Thunder Bay Militia District (Nov. 19th) during the first triple change of command ever held in the 96 year history of the militia in Thunder Bay. During the historic event LCOL B. Wilson took command of the Lake Superior Scottish Regiment from LCOL J. Heald; LCOL D. L. Rudyke took command of the 18 Thunder Bay Service Battalion from LCOL J. Litt; and MAJ J. Remus took command of the 18 Thunder Bay Medical Company from MAJ P. J. Connop.

The Thunder Bay Militia District is one of five districts under the command of the Prairie Area Militia which is headquartered at CFB Winnipeg.

(Photo: MAJ Jim Symonik)

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## METRIC COMMISSION PRESSES ON

Starting January 4, 1982, local food stores in the Winnipeg area will convert their scales to weigh food in grams and kilograms and the conversion program is expected to be complete here by June 30, 1982.

A Metric Commission Canada spokesman says that this conversion is part of the national changeover from Imperial units like pounds, ounces, yards, miles, gallons and degrees Fahrenheit to metres, kilometres, litres and degrees Celsius that began in 1971.

Shoppers here have bought pre-packaged food in metric units for several years, often without recognizing the change. But now, in the last stage of conversion to world-standard metric measures of all kinds, items that are individually weighed in the store will also be purchased on a metric basis. Items affected include meat, poultry, fish, cheese, fruit, vegetables, nuts and candy. To make this possible, scales in all local stores will be changed to metric during the "conversion period" in this area as part of the Canada-wide program.

The changeover starts simultaneously in 21 areas across Canada in January 1982 and then covers the rest of the country progressively during a two-year period. The whole

process will be completed by the end of 1983.

From the start date of conversion in this area grocery advertising will show prices by both metric and Imperial units. For example, ground meat might be advertised at both \$3.30 per kilogram and \$1.50 per pound. Under the provisions of the Weights and Measures regulations advertising stating prices in both metric and Imperial units will be allowed to continue until the end of December 1983. After this date metric units will be used exclusively.

Metric Commission Canada has prepared an extensive public awareness program. As part of it, information pamphlets and posters will be available in the stores to help shoppers adapt to metric units.

It was also announced that a service to respond to consumer complaints during the changeover has been established by Consumer & Corporate Affairs Canada. As a first step, consumers are asked to discuss any difficulties — such as apparent price discrepancies — with the manager of the store involved. Then, if the matter cannot be resolved satisfactorily, consumers are invited to contact the nearest of the department's 27 district offices across Canada where the complaint will be followed up.

## BABY IT'S COLD OUTSIDE

### Wear Snowmobile Gear When Working Outdoors in Freezing Weather

Few people realize how important it is to dress properly while working outdoors in freezing weather. Inadequate protection wreaks havoc on the body. It invites illness and exposure injuries. Take a tip from snowmobilers. They know how to dress for cold weather activities with layers of clothing, head protection and insulated hand and foot wear. Whether you snowmobile or not, you can wear snowmobile clothing to keep warm and comfortable while clearing a drive or skimming down hillsides on a sled.

The following suggestions come from the folks at John Deere who design clothing for snowmobilers.

The key to staying warm is to wear layers of relatively loose-fitting clothing. This is the principle on which snowmobile clothing is designed. Layering garments (long underwear, jeans, snowmobile sweater, turtle-neck shirt, snowmobile suit) traps air between each layer creating a natural insulation that holds in body heat. As physical activity or the temperature increases, more heat is created and confined within those layers. Conversely, if there's too much heat, layers can be taken off to maintain comfort.

Snowmobile clothing is a good value, because of its quality features that make it wear like iron. Each piece is constructed to withstand the rigours of tough trail riding. The outer shell is a water-resistant 200- or 400-denier nylon. The higher the denier number, the heavier, more tear-resistant the nylon threads. Zippers are rustproof, with large pull tabs. There are hidden storm cuffs to keep out cold. The collar zips all the way up to keep the neck warm. Pockets

are bar-tacked for stress. And there are D-rings to hold handwear so it won't get lost.

Snowmobile clothing is versatile, too. Instead of a parka or car coat, wear a snowmobile jacket for leisure. They're very good looking, and most can be dry cleaned or hand washed.

Snowmobiler's handwear and footwear will keep you warm and dry all day long. Handwear is nylon or leather with a thick, quick-drying insulation. Mittens provide maximum warmth, but for operating snow removal equipment, one-finger mittens or gloves are preferable. Waterproof snowmobile boots have thick linings and a deep, cleated tread for traction on ice. Many boots, such as those from John Deere, have removable liners. If the liner should get damp from foot perspiration or snow, pull it out to dry.

Up to 80% of all body heat can escape out the head. Ears are prone to frostbite in bitter weather, especially when it's windy. Snowmobiler's caps pull down over the ears to protect the head and ears. Face masks offer even more protection. They completely cover the head and neck, leaving only the eyes exposed. Snowmobiler's caps and masks are generally a tightly woven knit acrylic that's machine washable. Most are designed to coordinate with snowmobile suits. John Deere has caps to coordinate with suits, and others that match its snowmobile sweaters.

If you have a snowmobile suit, wear it this winter. It's a waste to keep it dangling in the closet waiting for the next trail ride. If you don't have one, remember that they provide better protection from wind, bitter cold and snow than almost anything else you can wear. A snowmobile suit is a wise investment that will last for years.



It was bound to happen. Voxair has run out of Vixen photographs. Taking the cue from Voxair of the 1970's we are interested in publishing photos of local ladies. (OK girls - we will include male models too). If you are interested in appearing as **VOXAIR VIXEN** or **VOXAIR VIC** write a note to the Assistant Editor, Voxair, Bldg. 10, CFB Winnipeg or Phone 832-1311 local 689.

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# VOXAIR SPORTS & RECREATION NEWS

## SHAPE UP FOR SUMMER FUN LADIES FITNESS 1982

Ladies Fitness Classes will be offered at Lipsett Hall, Tuesdays and Thursdays at the following times and dates:

**FITNESS** — 0930-1030 hrs  
**SWIMMING** — 1030-1100 hrs  
 Jan 12, 14, 19, 21, 26, 28  
 Feb 2, 4, 9, 11, 16, 18, 23, 25  
 Mar 2, 4, 9, 11, 16, 18, 23, 25, 30  
 Apr 1, 6, 8

There will be 26 exposures. The cost is: Dependants \$20.00, Civilians \$30.00.

Registration will be held **12 JAN 82** 0900-0930 hrs. These classes will operate only on a minimum of 15 registrations.

## CHILDREN'S GYMNASTICS 1982

Children's Gymnastic Classes for winter and spring 1982 will be offered at the Lipsett Hall Recreation Centre. There will be a total of 15 exposures. All classes are one hour duration. There will be two age groups. Timings are 1300 to 1400 hours and 1400 to 1500 hours.

### DATES

Jan 9, 16, 23, 30  
 Feb 6, 13, 20, 27  
 Mar 6, 13, 20, 27  
 Apr 3, 10, 17

### COST

Dependants \$17.00  
 Civilians \$23.00

### REGISTRATION

1200-1300 hrs 9 JAN 82

## PRAIRIE REGION BADMINTON CHAMPIONSHIP

Canadian Forces Base Portage La Prairie will host this championship 25-26 February 1982.

Those military personnel interested in qualifying for the base team are to contact Corporal Michaud, local 511 prior to 15 January 1982.

## SWIMMING REGISTRATION

Registration will be taken any time during normal working hours, but only at the Recreation Centres where those swim classes are being held. At Lipsett Hall, swim registration will also be taken, during casual swim hours from the front office. Westwin pool will also take registration during casual swim hours from the lifeguard.

On Saturday, 9 January 1982 swim registration will take place at both Westwin and Lipsett Hall Recreation Centres from 11:00 to 1300 hours for all swim classes.

All swim classes are \$10.00 per student unless otherwise stated.

**NOTE:** All fees, hours and programmes are subject to change or cancellation without notice.

For any more information, please call Corporal Debbie Michaud 832-1311 local 511.

## CHRISTMAS SWIMMING POOL SCHEDULES FOR WESTWIN AND LIPSETT HALL

Following is the Christmas Swimming Pool Schedules for both Westwin and Lipsett Hall Pools:

Dec 20, 21, 22	1:00 — 3:00	pm
and 23	6:00 — 8:00	pm
Dec 24, 25 and 26	CLOSED	
Dec 27, 28, 29 and 30	1:00 — 3:00	pm
	6:00 — 8:00	pm
Dec 31	1:00 — 3:00	pm
Jan 1/82	CLOSED	

## SERVICEWOMEN'S BROOMBALL

Servicewomen's Broomball practices are being held in the Gymnasium, Building 90, Westwin on Monday and Thursday at 4:30 and Friday at the Vimy Arena from 1:00 to 2:00 p.m.

Servicewomen interested in playing for the Base team are welcome to try out for the team. For further information contact Corporal Strachan at the Rec Centre local 514.

## CFB WINNIPEG BROOMBALL TEAM (MEN)

All personnel interested in playing for the Base team come to the practises which will be conducted at the Vimy Arena every Friday afternoon at 1:00 pm. The team that is selected will represent the Base in the Zone Playdowns in Edmonton 1-5 February 1982.

## PRAIRIE REGION CROSS COUNTRY SKI CHAMPIONSHIP

Canadian Forces Station Sioux Lookout will be hosting this championship from 2 - 5 February 1982.

Those military individuals interested in competing are to contact Sargent A. J. Bennett or Corporal D. Michaud local 511 no later than 15 December 1982.

## PRAIRIE REGION SERVICEMEN AND SERVICEWOMEN CURLING CHAMPIONSHIPS

CFB Portage La Prairie will be hosting the men's championship 8-12 February 1982 and the women's championship 17-19 February 1982.

The Base Play-Offs will be held the latter part of January 1982. Interested rinks are to contact Corporal Michaud, local 511 no later than 8 January 1982.

## BASE COMMANDERS VOLLEYBALL

On the 4th December the Base Commander's Volleyball Tournament was held at Westwin Gymnasium and Building 21. A total of sixteen teams participated.

SSO PERS SVCS	429 SQN	
RSS PRAIRIE	2PPCLI	AD-
BAMEO	MIN CO	
BML	BSUP	
14 DENTAL UNIT	SSO PERS	
CE	BCOMPT	
BTNO	WDSIU	
BHOSP	SSO TN	
	CFANS	

Following are Division Winners:

"A"	BML
"B"	BHOSP
"C"	2 PPCLI AD-
"D"	MIN COY
	SSO TN

Runners Up — 2 PPCLI ADMIN CO — Silver Medals.

Champions — BASE HOSPITAL — Base Commander's Plaque and Gold Medals.

A special thanks to the officials: Ches Bennett, Sue Maxwell, A. J. Bennett, John Strachan, Rick Peck, Debbie Michaud, Sandy Gummeson, and Bucky Buck.

A very special thanks to the overall co-ordinator — Sergeant A. J. Bennett who did an outstanding job.



## CFB WINNIPEG HOCKEY LEAGUE STATISTICS '81

Now that we are one-third of the way through our hockey season, we have compiled the statistics. All four teams have played eight games each.

### STANDINGS

	GP	W	L	T	GF	GA	PTS
1. TEAM A (LT BLUE)	8	8	0	0	59	22	16
2. TEAM B (WHITE)	8	2	4	2	27	28	6
3. TEAM C (ORANGE)	8	2	5	1	28	44	5
4. TEAM D (DK BLUE)	8	2	5	1	28	42	5

### SCORING LEADERS

NAME	NO.	TEAM	G	A	PTS
1. STAPLES	5	A	14	9	23
2. DIXON	19	A	9	6	15
3. VERSCHOORE	22	D	10	4	14
4. GAGNE	11	A	5	7	12
5. MISENER	20	A	7	5	12
6. WHITBURN	6	A	5	5	10
7. MARLEY	16	A	5	5	10
8. HAYES	7	B	4	5	9
9. LOTTERS	10(B)16	A	1	7	8
10. JEPSON	5	C	2	5	7
11. CREWSON	17	D	4	3	7
12. RENNICKS	8	B	6	1	7
13. HEMLOW		C	6	1	7

### GOALTENDERS

NAME	TEAM	GA	GAMES	AVERAGE
1. HANDLEY	A	17	7	2.42
2. GADD	B	28	7	4.00
3. DADZE	C	33	7	5.14
4. DESJARDIN	D	26	5	5.20

There are still quite a few who signed up for playing hockey at the beginning of the season, and have not shown up. Why not come out and help your team now.

If you are starting with a team, please check with the timekeeper to get your number marked down.

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# WESTWIN & LIPSETT POOLS CALENDAR

**1st Session**  
11 Jan - 11 Feb 82  
Mondays and Wednesdays  
Tuesdays and Thursdays

Orange Level	4:30 - 5:00 pm
Blue Level	5:15 - 6:00 pm
Grey Level	4:15 - 5:00 pm
White Level	5:15 - 6:00 pm

**2nd Session**  
22 Feb - 25 Mar 82  
Mondays and Wednesdays  
Tuesdays and Thursdays

Yellow Level	4:30 - 5:00 pm
Maroon Level	5:15 - 6:00 pm
Red Level	4:30 - 5:00 pm
White Level	5:15 - 6:00 pm

**2nd Session**  
22 Feb - 25 Mar 82  
Mondays and Wednesdays  
Tuesdays and Thursdays

Yellow Level	4:30 - 5:30 pm
Maroon Level	5:15 - 6:00 pm
Red Level	4:30 - 5:00 pm
Green Level	5:15 - 6:00 pm

**3rd Session**  
5 Apr - 6 May 82  
Mondays and Wednesdays  
Tuesdays and Thursdays

Orange Level	4:30 - 5:00 pm
Blue Level	5:15 - 6:00 pm
Grey Level	4:30 - 5:00 pm
White Level	5:15 - 6:00 pm

**1st Session**  
**LIPSETT HALL POOL**  
16 Jan - 13 Feb 82

Saturday mornings	9:00 - 10:00 am
Moms, Dads & Tots	11:00 - 12:00 am

Cost \$5.00 per mother or dad

**WESTWIN POOL ONLY, MOM'S, DAD'S & TOTS**  
16 Jan - 13 Feb 82

Saturdays	12:00 - 1:00 pm
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Cost \$5.00 per mother or dad

**2nd Session**  
**LIPSETT HALL POOL ONLY**  
Mom's and Dad's & Tots  
20 Feb - 20 Mar 82

Saturday mornings	9:00 - 10:00
	or
	11:00 - 12:00

**WESTWIN POOL ONLY**  
Mom's, Dad's and Tots  
20 Feb - 20 Mar 82

Saturdays	12:00 - 1:00
-----------	--------------

**LIPSETT HALL POOL**  
Ladies Slim and Trim Classes  
16 Jan - 13 Feb 82  
\$5.00 per person  
Saturday — 10:00 - 11:00

**Also**  
19 Jan - 18 Feb 82  
\$10.00 per person  
Tuesday and Thursday evenings — 8:00-9:00 pm

**WESTWIN POOL**  
Basic Canoe Lessons  
16 Jan - 20 Feb 82 (6 weeks)  
Saturday mornings  
10:00 - 11:00 am  
Limited Space  
\$10.00 per person  
\$25.00 per family

**MOMS AND TOTS**  
Tots and pre-schoolers and not younger than six months. The limit is two children per mother.

**ADULT LEARN TO SWIM**  
Will be offered at both Westwin and Lipsett Hall Pools. Monday evenings 8:00 - 9:00 pm from 18 January to 22 March 82.

**BRONZE MEDALLION**  
Lipsett Hall pool only, Wednesday evenings 8:00 - 9:00 p.m. From 20 January to 24 March 82. Minimum age 16 years.

# BTSO VOLLEYBALL LEAGUE

Now that Christmas is just around the corner the clouds that surrounded the playoff scene should be starting to clear. I didn't say are, I said should. Right now there are only two clear cut conclusions:

- 1) BML has wrapped up first place, and
- 2) BCE leads the league in postponed games.

The Huskies have guaranteed themselves of a first place finish and redeemed their only defeat of the year by beating up on the Spikers.

The Marauders, lead primarily by Cathy Makins and Ken Theriault, are really pushing BTN for third place, and will probably prove to be something of a power in the playoffs.

The playoffs, which will take place in early January, will involve four teams probably with first and fourth, and second and third playing off. The details of the playoff scene will be published after Christmas.

**BLOCKSHOTS:** As expected, the BTSO organization did quite good in the B Comd's V-ball tourney. The Huskies performed up to and above everyones expectations by narrowly losing to 2 PPCLI ADM Coy in the semi-finals. After splitting the first two games, the Huskies dropped the final game 15 to 13. All the spectators agreed that this semi-final match was much more exciting to watch than the final, when ADM Coy was upset by Base Hospital for the championship.

## POSTPONED AND FUTURE GAMES

BAMEO vs BSUP  
BAMEO vs BCE  
BTN vs BCEW  
BML vs BCE

## RECENT RESULTS

23 Nov BML	15	15	15
BTN	1	1	3
30 Nov BAMEO	15	10	15
BSup	11	15	4

## LEAGUE STANDINGS

	G	W	L	P
BML Huskies	18	15	3	15
Supply	18	9	9	9
Spikers				
Meindl's				
Maurauder's	15	6	9	6
BTN	15	6	9	6
BCE	12	3	9	3



## DISCUSSION GROUP

Maximum number of persons will be 10.

Discussion topics may include self awareness, assertiveness, marriage, divorce, children, being sad, being happy. You may also find out who you are. You may learn how to change your present behaviour. You may become a winner instead of a loser.

First Meeting: Wednesday 6 January 1982 at 332 Rita Street. For more information call Ann Lloyd evenings 888-0591.

*Greetings*



May the spirit of Christmas be an ever-present joy to you.

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# THE LIBERATED MAN

The woman's movement has been a topic of discussion for several years now. A result, we all know that a woman's needs and desires in her personal career life are decidedly different than her grandmother's or even her mother's.

What about men? In as much as women have changed, men too have gone through a subtle metamorphosis.

## 80's Trends

Studies evaluating social trends and consumer attitudes indicate that growing self awareness for men. This will be a time when they will be more interested in their own personal fulfillment as opposed to fulfillment through pleasing others — a trait which has characterized earlier decades.

These narcissistic values of self and personal gratification are a central theme in North America today and will continue through the 80's, according to experts.

Daniel Yankelovich, a prominent evaluator of social trends and attitudes, claims that the goals of modern men in the 80's will be:

- Increased physical enhancement
- Improved fitness and well being
- More personal expression
- Greater pursuit of "Magic, Adventure and Sensation"

According to Yankelovich, the current generation of young men in the 18-34 year age group will seek to blend the traditional values of the 1940's and 1950's with the new found values of the 1960's and 1970's.

## Leisure Time A Priority

Men of the 80's will take pleasure in the small pleasures of life. Self-gratification will be derived through travel, food and fashion. They will look for avenues of expression for their strong creative needs and will enjoy such pleasures as an occasional elegant meal with wine and candlelight.

Generally speaking, these men are more receptive to products and services that make them feel natural, healthy, vigorous and vital as they

strive to improve and maintain their physical appearance.

These attitudes are clearly different from those that were popular during the 60's and 70's when self-gratification was pursued in a psychological vein through est, yoga and transcendental meditation.

## Money Not A Priority

The yearning for self-fulfillment will not necessarily be satisfied by financial rewards. The Playboy report on American Men found that most men ranked money near the bottom of a list as far as those individual factors that contribute most to a happy and satisfied life. Health, love and peace of mind ranked as the top preferences on the list. Only 36 per cent of the men polled admitted to being "very satisfied" with their jobs, but a majority claimed that they consider "job satisfaction" as being more important than economic rewards.

## Personal Appearance Important

The Man of the 80's will also achieve self-gratification through his own personal appearance.

Where grooming aids are concerned, the Playboy study found that fragrance is the one means of personal adornment overwhelmingly approved by men.

"Whereas their predecessors used cologne on special occasions, today's men have a 'wardrobe' of colognes and after shaves. Fragrance has become a fashion accessory", said Bob Sloane, President of Shulton Canada. The makers of the famous Old Spice line, Shulton has just introduced Blue Stratos, a fragrance specifically geared to the man of the 80's.

On the whole there is a greater receptiveness among men to use products and services that help them achieve a feeling of natural health and vigor — these include fragrance,

fashions, sports equipment and health clubs.

## Adventure Quiz

How 80's modern and adventurous are you? Shulton Inc., marketers of Old Spice, have recently introduced Blue Stratos, a new fragrance line designed specifically for the lifestyle of the Man of the 80's. How do you (or your man) rate in the Blue Stratos Adventure Quiz?

1. Your favourite fantasy sport would be;
  - a. hang-gliding from the top of the CN Tower
  - b. playing hockey with the Montreal Canadiens
  - c. playing polo with Prince Charles
  - d. watching football on T.V.
2. You wear cologne or after shave because;
  - a. you like the scent
  - b. it makes you feel good
  - c. your girlfriend loves it
  - d. all of the above
3. You would gladly turn in the car you're presently driving for a;
  - a. vintage automobile
  - b. second hand stationwagon
  - c. racy foreign sports car
4. Women turn you on if they
  - a. come on really strong
  - b. don't come on at all
  - c. sense your moods and react accordingly
5. Your dream girl can best be described as;
  - a. a sex kitten
  - b. the kind of girl you could bring home to your mother
  - c. a versatile creature who combines the best attributes of a. and b.
6. You are invited to a costume party. You arrive in the character of;
  - a. Tarzan
  - b. The Ape
  - c. Captain Kangaroo

7. You receive a dozen roses from your date of the previous evening. You feel;
  - a. flattered but a bit awkward
  - b. terribly embarrassed and vow never to see her again
  - c. sorry she beat you to the florist
8. You're invited to join an expedition to a never before explored area of the Arctic. You would;
  - a. accept excitedly and wholeheartedly
  - b. say you'd love to, but find an excuse not to
  - c. come down with a cold at the thought of it
9. Your ideal vacation is;
  - a. an African Safari (photographic)
  - b. just relaxing at home
  - c. a week on a desert island, alone
10. You enter a lottery to be among the first Canadians to go to the moon. You're one of the lucky winners.;
  - a. You're ecstatic and start packing
  - b. you're terrified and you tear up your ticket
  - c. call them and ask them if you can take a date
11. Of the following, the film hero you most admire is;
  - a. Burt Reynolds
  - b. John Belushi
  - c. Fred Astaire
12. You enjoy listening to music as long as it's;
  - a. sung by Linda Rondstadt
  - b. played on the best quadraphonic system
  - c. loud
13. If you were reincarnated, you would come back as;
  - a. the artist, Van Gogh
  - b. a dragon-slaying Sir Lancelot
  - c. Alexander Graham Bell
14. Your favorite Saturday Night attire is;
  - a. T-shirt with a cigarette pack tucked under the sleeve
  - b. silk shirt and designer jeans
  - c. an old terry cloth bathrobe
15. Your idea of the perfect first date is;
  - a. going to your family's annual reunion
  - b. romantic dinner and a box office hit
  - c. watching the baseball game on T.V.

For answers to quiz see page 21



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# BASE TRANSPORTATION SNOW REMOVAL OPERATORS

It's that time of year again and everyone is preparing for the winter months ahead. CFB Winnipeg is also planning its Snow and Ice Control (SNIC) operations.

Everyone on this Base, both military and civilian, living in and out, is affected by snow storms. Therefore, it is in the best interest of everyone that the SNIC team be as effective as possible.

Here are a few tips to achieve just that:

- Living out — When going on TD make arrangements for a ride and leave your car at home rather than leaving it parked on the Base during your absence;
- Living in — When going on TD move your car to the transient parking lot #24 until your return or make arrangements through your place of employment and the Base MP Section to have your car moved as required for parking lot snow removal operations;
- All parking lots that are not cleared prior to the first working day following a storm are systematically posted with signs indicating the hours in which snow removal operations will commence, usually 24 hrs in advance; and
- With your co-operation in parking your car your local heavy Equipment Section will be able to carry out a more efficient snow removal operation, providing safe and clear driving surfaces for you.

SNIC operational breakdown for PMQ, MDPR and BLHQ areas are as follows:

- PMQ's South and BLHQ's — all roadways in these areas are cleared by the City of Winnipeg;
- PMQ's North and MDPR's — all roadways and back lanes in these areas are carried out by CFB Winnipeg's Base Transport Heavy Equipment Section. Most streets are designated fire and emergency lanes and must be kept open at all time. We work around the clock if necessary to keep these access roads open.

Every year cars are left parked on PMQ and MDPR roads overnight. In these areas the streets are narrow enough without working around parked cars, especially during adverse weather conditions. Use your allotted parking spots and avoid delaying snow removal.

Safety is the most important aspect of our SNIC operations. You can count on our qualified personnel to minimize the risk to both property

and people. For this reason snow removal and clean-up operations are usually scheduled at other than peak traffic periods. Spotters are provided for equipment when available.

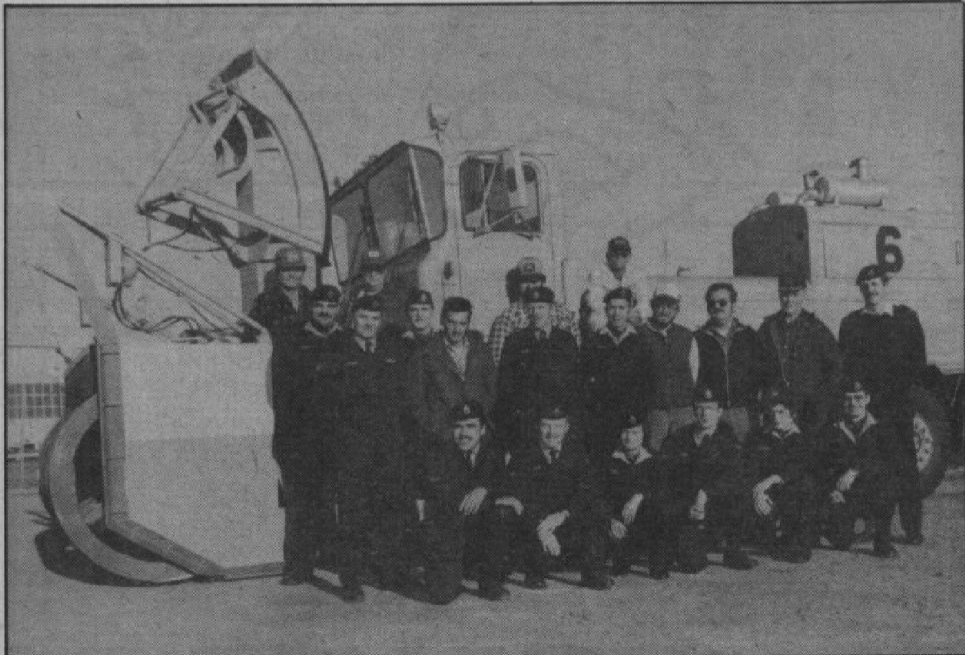
We still need your co-operation to ensure that your children are aware of the dangers of snow removal equipment.

Please keep your children indoors during snow removal operations, especially when the large snowblowers are in use.

Sanding of roads — It is CFB Winnipeg's policy that salt/sand mixtures will not be used on Base roads because of the highly corrosive properties of the salt. Although PMQ's and MDPR's are not on the operational side of the Base, facilities are not available to accommodate the storage and handling of both pure sand for Base roads and a salt/sand mixture for PMQ and MDPR streets. Therefore, sand only is used in SNIC operations which are carried out by Base Transport.

- Snow removal — All Base, PMQ and MDPR roads are graded from both sides to the centre, forming a windrow in the centre of the road. This permits the build-up of snow on front lawns, it helps eliminate the blocking of driveways and allotted parking spots, and at the same time reduces drifting by eliminating high banks of snow on the edges of the roads;
- The only locations that snow is usually not blown with the large snowblowers is in the back lanes of the PMQ's (Conway, Sharpe and Moorgate) where low wires, garages, poles and parked cars make it awkward to use snowblowers. Most snow removal in these areas must be done by a grader and a front-end loader. This means the pushing of snow back on to lawns and away from roadways is necessary to provide safe and smooth driving surfaces. It also means that driveways will be blocked for short periods from time to time.
- Your SNIC team is working for you and by following the few suggestions brought up in this article, you will allow us to do a better and more efficient job for everyone. After all who wants to get a phone call from the Guard House telling you to move your car, especially during a snowstorm.

If we don't get around to clearing the PMQ area quickly, it is likely that higher priority has been assigned to keeping our part of the Airport open. If you require further information, call your SNIC team (SPV Section) at Local 424.



These are the people that will be working for you on Snow Removal: (L to R) 1st Row: PTE Delorme, CPL Porter, PTE Hamilton, CPL Forbes, PTE Stockman, PTE MacDonald. 2nd Row: SGT Mathews, Mr. Cyr, MCPL Sherritt, MCPL Rrehberg, Mr. Ladders, Mr. Boehm, Mr. Desharnais and CAPT Armstrong. 3rd Row: CPL MacQuin, PTE Burton. On the Truck: Mr. Dresher, Mr. Rousseau, Mr. Molberg and Mr. Dell.

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## Answers

- The correct answers: 8. a  
1. a 9. a  
2. d 10. a  
3. c 11. a  
4. c 12. b  
5. c 13. b  
6. a 14. b  
7. c 15. b

Scoring:

- 12-15 A born adventurer, you could hang-glide, safari and swashbuckle with the best of them. The Blue Stratos Fragrance collection was created for confident, daring, adventure-some, spirited types like you.
- 9-11 The daredevil in you is desperately trying to break loose. Unleash the spirit with a splash of Blue Stratos aftershave or cologne. Now watch what happens.
- 6-9 There's a glimmer of hope, it's faint, but it's there. Try a course in self-assertiveness and body building before you consider wearing Blue Stratos.



# COLOURING PAGE FOR KIDS & PILOTS





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## WHAT CHRISTMAS MEANS TO ME

THE LAST WORD IN THIS EDITION OF VOXAIR GOES TO THE GRADES 5 & 6 CLASS AT JAMESWOOD PUBLIC SCHOOL. WE THANK PRINCIPAL GEORGE BROWN FOR HIS CO-OPERATION, AND THE STUDENTS FOR HEARTFELT CONTRIBUTIONS. AFTER ALL, ISN'T CHRISTMAS FOR KIDS...?

**Bonnie Cyr**  
Age 11

Christmas is a happy time of year when families laugh and rejoice together. It's celebrated because Jesus was born. Jesus the Saviour talked with great wisdom of God his father. He loved all; tall, short, thin or fat, smart or dumb. Good is what he taught, not to be cruel to your neighbor. So take Him by the hand, this Christmas, and show Him into your house. Be thankful for your food, clothes, and shelter. Show your love for others. Thank God for Christmas and rejoice.

**Kim Blatch**  
Age 12

Christmas is a time for fun. When I open my presents sometimes I'm stunned. When I'm outside I hear the church bells ring on time. When I'm at my aunt's, there I will dine. When I see the angel on a tree, I wish it was closer to me. That's what Christmas means to me.

**Julie Dahl**

Christmas is a time to rejoice. This is a time to be jolly. You can go to church and see the nativity scene. Then you go home and have friends and family over. You pass gifts back and forth. I always like Christmas.

**Jordan Pratt**  
Age 10

Christmas, Christmas means to me, A glowing and glorious Christmas tree, All decorated up so fresh and green, Sparkling with silver and very keen. Santa Claus is sure to come, Leaving presents for everyone. It also means something more, And this other thing is not a bore. It's the birthday of Christ the King, So that's the important thing!

**Sherry Lynn Chase**  
Age 10

Christmas means more than getting toys. It means spending time together. When we go carolling, that's having fun. My favorite time of Christmas is having to eat the turkey or ham and mashed potatoes. When we are done eating we talk about old St. Nick. When we finish that, we just go to bed and WAIT!

**Shannon Hlady**  
Age 11

Christmas means excitement and joy to me. It's fun when we decorate the tree and put on the candy canes, because it feels like a real birthday. After we decorate the tree we put our presents under it. When I look at the star on the tree that my grandfather gave us it reminds me of him, because he died. That's what I think about Christmas.

**David McEachern**  
Age 11

Christmas time is a time for food, It satisfies everyone and sets the mood. I can't resist that delicious dinner, There's turkey and pudding, I feel like a winner. I eat until I can't eat another bite, All the food dissolves my appetite. We have a feast on this day because, It's Jesus' birthday, our Saviour that was.

**Janet Barton**  
Age 10

Waiting, waiting impatiently, For Christmas, with my family. And hurrah, Christmas is here, Now it's time for lots of cheer, On that wonderful morning, There's no need for groaning, Looking at the beautiful tree, With the presents underneath, Knowing that Santa has been here, Doesn't let me shed a tear, For I know that Santa loves me, Me and my family!

**Heather Rempel**  
Age 10

Christmas, to me, means having friends and family over. You can have a beautiful Christmas dinner and go carolling afterwards. On Christmas Eve, my family and I go to the Christmas Service at 7:30 at our church. We always put up our Christmas tree at least a week before Christmas. We always have fun decorating the tree. It looks beautiful with all the ornaments on it. I always enjoy opening the presents on Christmas morning. This year, we're not doing what we usually do. Instead we're going to my Grandparent's in Moose Jaw to spend Christmas with them. This is Christmas to me.

**Paula Rehberg**  
Age 10

Christmas does not mean Evergreen and holly. To me it means more than just Snow and being jolly.

To me it means a manager scene, Some bells and mistletoe. And after the tree is decked, A-Carolling we might go!

At seven o'clock we'll got to church And see the Nativity Play. Sometimes we'll go to Midnight Mass, We'll come home and sleep the night away!

In the morning we'll awake I'll run down and wake my mother. And then I'll try and wake my dad, Now, I'll open my presents with my brother!

At night I'll go to bed again My brother, my parents and me. This is exactly What Christmas means to me!

**Brendan Massey**  
Age 11

What does Christmas mean to me? Christmas reminds me that on the 25th of December about 2,000 years ago the holy child Jesus Christ was born. It is also a time for the whole family to get together for two days. There are more reasons but I will only tell you a few. To me, Christmas also means all of the food like turkey, gravy, stuffing and having desert. As well, Christmas also means the presents, the laughter and smiles of pleasure. Christmas is the best time of the year!

**Yvonne Dreger**  
Age 11

Christmas just isn't a time for getting presents. It is also a time for love and togetherness, which through the year we seem to forget. It's got a sort of magic about it that makes people want to forget their worries and have fun. It is a time of family gathering and large festive feasts. Most of all what Christmas means, is the love, sharing, and togetherness that the joy of Christmas brings.

**Ricky Dyck**  
Age 9

- C — CHRISTMAS is fun!
- H — I like HOLLY leaves.
- R — I think REINDEER are neat.
- I — On Christmas Eve we have ICE CREAM.
- S — We always put a star on the tree.
- T — I get TOYS every year.
- M — It is the MANGER where Jesus lay.
- A — Those are the ANGELS that circled above.
- S — The STAR that led the shepherds.
- T — I get TOYS every year.
- O — I think that ORNAMENTS on a tree look nice.
- M — MARY is the mother of Jesus.
- E — EVERGREEN trees are pretty.

**Chris Aucoin**  
Age 11

Christmas is winter, which also means hockey, People get gifts and the family is jolly. Christmas is a time of joy and love, Kids hold their presents like they were a precious white dove. But let us not forget the real meaning of Christmas, Christ the Saviour was born to all of us.



**Melinda Johnston**  
Age 10

Christmas Day means that I would be getting lots of presents and toys. The night before Christmas we all have a big bon-fire and sing songs. On Christmas Day we get to find a big hill and toboggan down it and ski and maybe go skating on a rink. When Christmas is here it means we get lots of goodies and have a big feast. On Christmas Day we have a big turkey for Christmas dinner. To me Christmas reminds me of the Christ Child that was born on Christmas Day. Christmas is a time to get together and have lots of fun.

**Tim Woodward**  
Age 10

Christmas is a time for having fun and meeting the family. We go to my grandpa's cottage and build an ice rink on the lake. Then we go to church. When we come home Santa Claus comes and gives us one toy before we go to bed. At 6 o'clock we get up and play with our toys. We play for 2 hours until it is time to open the other presents. That same day we eat a big supper to celebrate Jesus' birthday. To me Christmas is a time to take a vacation and meet the family.

**Mike Hayes**  
Age 10

Christmas is my favorite time of year because of the presents. I like to open presents because you don't know what you'll get. I like to buy my mom and dad presents, so when they open them up they have a nice big smile. That really makes me happy. This year I am going to buy my brother something he really wants. When he smiles, that is what will make my heart really warm up with a bright glow. So you can see why Christmas is my favorite time of year.

**Tom Tarrant**  
Age 12

Christmas has two meanings for me. The first things Christmas reminds me of are presents, goodies, decorations and a tree. As well I think of the jolly old man called Santa Claus. Without him Christmas would mean hardly anything. The second thing Christmas means to me is the first Christmas with Jesus, Mary and Joseph. They make me think, with out them, there wouldn't be a Christmas! My summary of Christmas is that it is the best time of the year.

**Patrick Nolan**  
Age 10

To me Christmas is a time for happiness and joy. Christmas is a time when relatives come over for dinner. This is the day when people give gifts to other people like when people came to give the new born baby Jesus. Christmas is a holy day when people think back to when Jesus our Saviour was born.

**Mike Coppers**  
Age 10

Christmas is a day of happiness, love and a day to remember Jesus. Jesus was born on this day. Now every Christmas day we celebrate his birthday. Every year on the 25th Santa Claus comes and gives toys to all of the good little boys and girls all over the world. Christmas is not just for getting, it is also a time for giving. That is what Christmas is to me. Have a Merry Christmas for all of you.

**Janelle Brazeau**  
Age 10

Christmas means to me a time for rejoicing. It's a time to pray for baby Jesus. Christmas also means to go out carolling. In the morning when I wake up it's time for opening gifts. Christmas is a time to cut snowflakes and hang them on my window. That's what Christmas means to me.

**Paul Giles**  
Age 11

Christmas is a time to rejoice and to be jolly. Love your enemies and your neighbor. For this very night many years ago Jesus was born in a manger. So on this day be joyful and be merry.

**Catherine Murphy**  
Age 9

To me, Christmas means running down stairs and opening presents. About 8:00 we have breakfast of back bacon and eggs. After we're done we sit around the tree and think about what happened when Jesus was born. When Mom is finished cooking the turkey we all gather around the table and eat all we possibly can. By then it's quite late so we all go to bed and have dreams of the wonderful Christmas Day!

**Jailynn Pfander**  
Age 10

To me, Christmas means the long journey that Joseph and Mary took to get to Bethlehem where in the manger, cold and dark, the little baby Jesus was born. Christmas is a time for family, friends and good times together. It's a time for turkey, potatoes, dressing, gravy, cranberries and pudding. It means Santa comes on Christmas Eve and leaves us lots of toys, presents and candy. My Mom, Dad, relatives and lots of other people say, "Merry Christmas". Everyone sends us presents and we give them too. Christmas means joy and love.

**Wade Swyers**  
Age 11

Christmas is a holiday to give and receive and also a time for rejoicing. That certain day is a feasting on turkey, chicken, cranberry sauce, stuffing, and best of all desert! But Christmas is also a time to think of others. When you have done all this you feel good about yourself. You know, I wish Christmas came twice a year.