



Postair



Canadian Forces Base Winnipeg — Home of Air Command

Base des Forces canadiennes Winnipeg — Foyer du Commandement aérien

23 Sep 81

Issue No.15 Vol 30



1st Terry Fox Memorial Run

They're off! CFB Winnipeg supports Terry Fox Run. Under ideal running conditions, several dozen runners of all ages took to the road on Sunday, September 13th in support of the first Terry Fox Memorial Run. Runners at both North and South Sites participated, South Site runners being primarily members of the P.P.C.L.I.

At the time of printing, pledges had not been totalled but organizers were hoping for generous support.

(Base Photo)



MESSAGE FROM THE BASE COMMANDER

I am well aware of the multitude of appeals made for your donations by the many agencies which warrant support, but nevertheless ask you to do your fair share in meeting the Base goal of \$28,000 for the 1981 United Way Campaign. Why?

The United Way is different from all other campaigns in many significant ways. The 61 agencies of the United Way provide essential community services within the Winnipeg area. The monies raised are therefore utilized within our own greater community — often to our direct benefit. Since a Western Canada Lottery grant provides the funds necessary to defray all operating expenses, every dollar contributed to the United Way Campaign is channelled directly to the participating agencies. As good citizens, we owe it to our community to provide support to those less fortunate than ourselves.

After studying our performance during past United Way campaigns, I believe that \$28,000 is an attainable goal. I note that many people contribute significant amounts while others have failed to participate at all. I am sure that if a large percentage of personnel participated we would easily reach our objective. Therefore, I ask you to consider this: when you are asked to contribute and are about to say no — reconsider, and donate even a couple of dollars. You will have participated, and that, after all, is what it's all about.

The United Way is working for us, let us all work together to help the United Way!



City of Winnipeg United Way Campaign government sector Chairman Mr. Bill McGowan accepts the first donation of the 1981 CFB Winnipeg campaign from the Base Commander, COL B.L. Smith. (Base Photo)

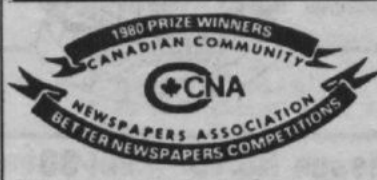
Thanks to you
it works...
FOR ALL OF US





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New Appointment At NORAD

OTTAWA—Defence Minister Gilles Lamontagne has announced the appointment of MGEN Donald Mackenzie, 50, as deputy chief plans to NORAD Headquarters, Colorado Springs, Colorado as of September 15, 1981.

At present, MGEN Mackenzie is chief, air doctrine and operations at National Defence Headquarters, Ottawa.

MGEN Mackenzie enrolled in the Royal Canadian Air Force's University Reserve Training Plan in January, 1950, while attending McGill University and transferred to the Regular Force the following September.

Trained as a pilot, he flew with 408 Photographic Squadron, Rockcliffe, Ont., and served as a flying instructor at Penhold, Alta. In 1957-

59, he attended the University of Alberta, graduating with a bachelor of commerce degree. He then served in a variety of flying and staff positions at Edmonton, Trenton, and Canadian Forces Headquarters, Ottawa. He also commanded 412 Transport Squadron, CFB Uplands, Ont.

MGEN Mackenzie attended the federal government bilingual and bicultural development program at Quebec City in 1969-70. He has also served as deputy commander, CFB Montreal, Canadian Forces attaché to Rome and Madrid, and director of air studies at Canadian Forces Command and Staff College, Toronto. He was commander, Air Transport Group, CFB Trenton, Ont. prior to assuming his current duties at National Defence Headquarters.

LETTERS TO THE EDITOR

Editor, Voxair
Canadian Forces Base Winnipeg
Westwin, Manitoba
R2R 0T0

2 ARW HEADQUARTERS
CFB TORONTO, DOWNSVIEW
ONTARIO
8 Sept. 81

Dear Sir:

The control of winter parking of trailers in the Base Supply compound has been passed to the South Site MQ council. The council will be charging military personnel a fee of \$20.00 (MQ residents) or \$25.00 (non-MQ residents) for the storage of trailers on DND property.

While I disagree with any charge being levied against trailer owners for winter parking, I take umbrage with the \$5.00 surcharge levied against members of the military community not residing in MQs. The explanation that MQ residents pay a one dollar monthly assessment and, therefore, non-residents must make up the difference by the surcharge is not valid. A surcharge could only be considered valid where the facilities or equipment used by non-MQ residents is supported out of council funds such as the hobby shop, photo club, etc. It is assumed that the council is not supporting the rental of DND property for trailer parking out of council funds. Therefore, if a fee must be levied for trailer storage, then the fee should be standard for all members of the military community.

CAPT. E.E. Scheidl
79 Gerrond Bay
Winnipeg, Man.
R2Y 1B3

News-Assignment Editor
Voxair
C.F.B. Winnipeg
Westwin, MA

Dear Sir:

A coast to coast commemorative flight by one of the last Canadian designed and built "Otter" aircraft in service with the Canadian Forces will include a stop in Winnipeg.

The approximate date for visiting Winnipeg is Sept. 21, 1981.

The flight plan will take the single engine De Havilland "Otter" to every provincial capital and also every military base and former RCAF station where the "Otter" once served.

The aircraft making the flight is piloted by Captain Don Eddy, an Air Reserve pilot of 411 "City of North York" Squadron based in Toronto.

The single engine "Otter" entered service with the Royal Canadian Air Force in 1953. This type of aircraft has been based in many parts of Canada including the Arctic and with Canadian Forces serving around the world for the past 28 years.

This will be the final flight of a military "Otter" in Western Canada prior to retirement from the Canadian Forces. The four Air Reserve squadrons flying the "Otters" are currently converting to "KIO!!A" helicopters.

As the Air Reserve pilots and ground crews in Montreal and Toronto complete their training the new helicopters are phased in and the "Otters" retired.

The last 20 "Otters" serving with the Air Reserve are rapidly being replaced by 16 "KIOWA" helicopters.

Canada's Air Reserve would be pleased to demonstrate the "Otter" aircraft for you upon arrival at Winnipeg. The exact time schedule can not be determined now, because of problems presented by weather on such a long cross country flight.

I will attempt to contact you by telephone prior to the aircraft arrival in Winnipeg to give you the exact time and location.

If you have any special request for additional information I will attempt to fill your request at that time.

Respectfully,
CAPT Ronald F
Gowing
Public Affairs
Officer
For Commander 2
ARW

CMU/ICEU Reunion 82

Forty years have passed since the first formations of Royal Canadian Air Force Works and Buildings personnel were organized as Construction Maintenance Units in 1942. Coincidentally 1982 will also be the twentieth anniversary of the evolution of 1 Construction Engineering Unit from the original units.

All former or serving members and civilian staff with any of these units are invited to attend a CMU/ICEU Reunion 1982, to salute the occasion.

Festivities will be held 4 to 6 June at CFB Winnipeg (South). Planned functions include a Meet and Greet, the Dinner and Dance on 5 June 82, a Golf Tournament and Local Tours. Registration Prices will be \$35.00/couple and \$20.00/single. Registration forms detailing the full scope of activities will be forwarded.

Former members wishing to reunite on this occasion should contact the committee at the following address:

Chairman CMU/ICEU Reunion 1982
P.O. Box 104
Westwin, Manitoba
R2R 0T0



SHARP FIND — Second Lieutenant Sean D. McMaster, 22, inspects ancient sword he found on the Sarcee Indian Range during range clearance operations near Canadian Forces Calgary.

The sword was uncovered during a search by about 850 Canadian Forces soldiers who are now sweeping the range southwest of the base to find any unexploded munitions prior to returning the 11,800 acre area to the Sarcee Indian Band when DND's lease expires September 30.

The sword, now somewhat rusted, is probably about 50 years old or so. In the early '30s, members of the Lord Strathcona's Horse Regiment used to hold mounted exercises on the range.

The finder, LT McMaster, coincidentally is a present day member of the LdSH Regiment. However, these days his soldiers drive armoured Grizzlies and Cougars rather than horses.

Among other finds on the range to date are 151 unexploded munitions, old barbed wire, small arms casings and Coca Cola bottle caps.

(Canadian Forces Photo by SGT Dennis Mah)

Flowers and Fruit Baskets



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LGEN K.E. Lewis receiving the Eagle One Plaque from Mr. J.C. Rafter, President, Wartime Pilots and Observers Association. (Base Photo)

Eagle One

On 24 July 1981, LGEN K.E. Lewis, Commander Air Command, was presented with a plaque from the Wartime Pilots and Observers Association. The wood carving, created by SGT Jim Woodward CFB Winnipeg, depicts the Commander's call sign used while he travels on board the 412 Squadron Detachment Cosmopolitan which is now stationed at CFB Winnipeg.

Mr. J.C. Rafter, President of the Wartime Pilots and Observers Association, made the presentation and was accompanied by Mr. J. Johnstone, Chairman of the Winnipeg Chapter. The plaque is to commemorate the long standing relationship between the Association and Air Command.

Witnessing the presentation were: LCOL R. Landry, Commanding Officer 412 Squadron Ottawa; MAJ G. Geekie, Cosmopolitan Flight Commander; MAJ J.J. Lafontaine, 412 Squadron Detachment Commander CFB Winnipeg and the crew of Eagle One.

X-mas and New Years Leave Travelling

Prepared by LT Lupien, Base Traffic Officer

1. It is this time of the year where we all start making plans for our Xmas and New Years leave. Visiting friends and relatives becomes a priority for this coming period of Joy and Happiness. Once again this year, the CAF is offering to its members the possibility of getting together with their family for this period of festivities by granting them the possibility of using Service Aircrafts to travel across Canada and to/from Europe.
2. The procedures to apply for travel under this program will be similar to the priority 4 Leave Travel Program, except that categories of travel instead of points will be the determining factor for boarding precedence. The categories of travel are:
 - a. **Category 01** — for married service members separated from their families due to service reasons and not entitled to duty travel; and
 - b. **Category 02** — for single service members travelling to visit their primary next of kin and not entitled to duty travel.

3. All other members wishing to travel may apply through the regular priority 5 Leave Travel Program.
4. In all cases seats will be allotted in order of category and date of registration in ASTRA with priority going to applicants travelling the longest distance.
5. Personnel in category 01 or 02 wishing to apply for the Xmas/New Years program may do so by submitting the regular non-duty travel application form to their traffic section. The only difference for this type of travel is that no points will be deducted as would be the case for Priority 4 Travel.
6. As for all other members not part of categories 01 or 02, they have the possibility of applying through the regular Priority 5 Leave Travel Program for flights during that period of the year.
7. One important condition for travelling during that period of time is that no application that overlaps the full holiday period, i.e. a person applying for out-bound travel prior to Xmas must return prior to New Years.

- One way travel is permitted. The only exception to this rule is when one is travelling to/from Europe. In such a case both holidays can be included in the leave period.
8. Certified applications will be accepted by the Pers Traffic sub-section at Hangar 16 from 14 Sep 81 to 02 Oct 81, except for priority 5 Travel which will not be accepted prior to 21 days before flight departure.
 9. Confirmation of the request will be no later than the 16th of October to permit everyone to make alternate arrangements. Applicants holding confirmed seats and unable to travel are to advise the Pers Traffic sub-section as soon as possible. Your cooperation in this matter is of primary importance.
 10. This program of travel was a success last year and should be one this year, so why not use it. It is your chance of getting together with your relatives.
 11. For information and schedules you can inquire at the Base Traffic subsection phone number 691.

August 1981 Promotions

SIN NO	RANK	NAME	INIT	DATE	SECTION
TO COLONEL					
106 769 268	COL	PHILLIPS	M.F.	03 AUG 81	AIRCOM
613 459 643	COL	HODGSON	C.	07 AUG 81	
TO MAJOR					
429 661 135	MAJ	KONOPETSKI	J.S.	01 AUG 81	AIR COM
707 327 227	MAJ	MACKAY	B.B.	01 JUL 81	AIR COM
TO CAPTAIN					
215 146 594	CAPT	ANDERSON	A.J.	15 JUN 81	PPCLI
TO 2 LT					
247 002 025	2LT	OUELLET	J.L.	09 JUN 81	CFANS
116 818 352	2LT	ALLEN	J.L.	10 JUN 81	CFANS
467 319 091	2LT	LONSDALE	A.J.	24 JAN 81	CFANS
TO CWO					
609 748 025	CWO	BOYLAN	R.A.	04 AUG 81	CFSTD
TO MWO					
431 165 190	MWO	SNELL	D.J.	06 AUG 81	BTRG
429 577 653	MWO	DIRKS	D.L.	01 AUG 81	BPERO
603 819 756	MWO	HICKS	R.S.	13 JUL 81	AIR COM
TO MWO/AL					
612 143 198	MWO/AL	RANKIN	L.	01 AUG 81	2 PPCLI
TO WO/AL					
109 136 556	WO/AL	GARRETT	D.P.	01 AUG 81	RSS PRAIRIE
106 817 646	WO/AL	GLASS	R.E.	29 JUN 81	401 CFTSD
431 081 025	WO/AL	MARSH	W.H.	22 AUG 81	429 SQN
429 500 358	WO/AL	BUTLER	A.R.	14 JUL 81	AIRCOM
426 644 860	WO/AL	WOODS	H.W.	19 JUN 81	BCEO
TO SERGEANT					
109 072 117	SGT	SINCLAIR	H.W.	15 JUL 81	2 PPCLI
107 088 510	SGT	MACKAY	W.B.	16 AUG 81	2 PPCLI
431 561 281	SGT	NEVILLE	G.F.	13 JUL 81	BTNO
420 196 628	SGT	LANDRY	L.W.	06 AUG 81	BAMEO
109 976 589	SGT	MALCOLM	T.P.	23 JUL 81	2 PPCLI
401 617 188	SGT	DREWLO	L.J.	13 JUL 81	BAMEO
TO SERGEANT/AL					
620 678 615	SGT/AL	MIHELL	D.E.	13 JUL 81	RSS PRAIRIE
620 787 085	SGT/AL	DUTCHIN	G.A.	13 JUL 81	BCOMPT
106 409 501	SGT/AL	COPPES	M.H.	04 AUG 81	BSEURO
TO MASTER CORPORAL					
431 854 348	MCPL	SHORT	E.T.	10 AUG 81	BSUPO
615 207 024	MCPL	MATTHEWS	T.R.	21 AUG 81	BTNO
431 158 765	MCPL	LEHEAU	J.E.	13 JUL 81	BCOMPT
TO CORPORAL					
628 692 816	CPL	LAPLANTE	M.J.	04 AUG 81	2 PPCLI
456 252 485	CPL	WILLIAMS	N.P.	01 JUN 81	2 PPCLI
622 070 928	CPL	KUBERT	G.	25 MAY 81	BASE HOSP
461 884 777	CPL	SANFORD	G.M.	12 AUG 81	BAMEO
461 591 612	CPL	MAKINS	K.A.	23 JUL 81	BAMEO
116 831 652	CPL	LEWIS	K.A.	04 AUG 81	2 PPCLI
469 662 423	CPL	GRAVELINE	D.J.	05 AUG 81	2 PPCLI
458 763 174	CPL	GAGNE	M.J.	15 JUL 81	2 PPCLI
457 547 297	CPL	WELNA	D.K.	10 JUN 81	BTNO
113 870 968	CPL	MACQUIN	M.L.	16 JUL 81	BTNO

Ground 'Em

Pilot is a Dirty Word.
All aircraft techs agree
That pilots are just one step up
From swinging in a tree.

The way they treat our antique
planes
Is an absolute disgrace
And more than qualifies the breed
As a blight on the human race.

Why can't they leave our planes
alone,
We love the poor old things.
Why do they feel they have to fly
Just because they've got pilot's
wings?

We'd love to keep our antique
birds
In the hangar's warmth all day;
But no, we drag them all outside
'Cause some pilot wants to play.

They've no respect for history
Those clowns with wings of gold.
Our planes reflect our heritage
Now that they're getting old.

We've had the Dak since '44
And the T-Bird's aging too.
The Tutor's pushing twenty years
But the pilots think they're new.

They don't drive cars when they
get that old,
If they do, we never see 'em.
A car that old would qualify
For a place in a museum.

I'd ground the *!#!?*, every
one,
If it was up to me.
I'd strip 'em of their shiny wings.
And send 'em all to sea.

Flight Lustre.

Gold Eyes Scuba Club

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ONLY DUMMIES USE DUM-DUMS!

The aim of any armed conflict is to defeat the enemy. Since one of the purposes of the law of war is to protect both combatants and non-combatants from unnecessary suffering, by international conventions and declarations and by the customary rules of warfare, it has restricted the means of waging war. For example, Art 22 of the 1899 Hague Regulations Respecting the Laws and Customs of War on Land provides: "The rights of belligerents to adopt means of injuring the enemy is not unlimited". Furthermore Art 23(e) of the same Regulations provides "In addition to the prohibitions provided by special Conventions, it is especially forbidden to employ arms, projectiles, or material calculated to cause unnecessary suffering". This leads us to rule number ten in this series: "Do not alter your weapons or ammunition to increase suffering".

While it is true that all weapons and ammunition that you will use during a war will cause suffering, they are not unlawful in the sense that they do not cause unnecessary suffering in the light of the practice of States and international conventions. Furthermore, you have a right to assume that weapons issued to you through normal military channels are not unlawful.

The Hague Declaration of 1899 Concerning Expanding Bullets recognized the customary rule forbidding the use of weapons causing unnecessary suffering. It provides in part:

"The Contracting Parties agree to abstain from the use of bullets which expand or flatten easily in the human body, such as bullets with a hard envelope which does not entirely cover the core, or is pierced with incisions".

This prohibited bullet is called the "dum-dum" bullet and is named after the British Arsenal in India where such bullets were made. These bullets flatten on impact with the body causing extensive wounding by inflicting lacerations.

The use of dum-dum bullets, which can easily be made by soldiers by nicking or scoring the surface of the nose of the bullet, is strictly prohibited and although it is viewed by certain persons as a "trick of the trade" such action would nevertheless constitute a war crime. The law of war forbids you to alter your weapons or ammunition in such a way as to cause unnecessary suffering. Moreover, changing or modifying your weapons or ammunition can render them dangerous or ineffective when you use them.

In addition, usage or international conventions or declaration have prohibited the following:

- notching bayonets;
- Using lances with barbed heads;
- thinning or filing the metal jacket of bullets (causing the bullet to fragment);
- smearing bullets with a substance likely to tend unnecessarily to inflame or aggravate a wound;
- employing projectiles filled with broken glass or with materials that would be difficult to trace medically;
- employing any projectile of a weight below 400 grammes (about 14.1 ounces), which is either explosive or charged with

fulminating or inflammable substance (this prohibition which was adopted in 1868 is concerned with projectiles i.e. exploding bullets directed against individual members of the armed forces. The restriction does not apply to projectiles dropped or discharged by aircraft, and practice during the two world wars shows that it does not forbid the use of explosive or incendiary bullets in air warfare);

- using poison or poisoned weapons;
- using asphyxiating, poisonous or other gases, and bacteriological methods of warfare; and
- employing mines or explosives as booby traps attached to objects or persons protected under international law e.g. dead bodies, medical establishments.

This non-exhaustive list of prohibitions is based on the three basic principles for the conduct of hostilities: military necessity, humanity and chivalry.

In summary we have seen that the law of war has prohibited the use of certain weapons and that the means of injuring the enemy are not unlimited. The use of an unlawful weapon would constitute a war crime. In our next article, we will consider war crimes.

CE N'EST PAS D'HIER QUE LES BALLE DUM-DUM SONT INTERDITES!

Tout conflit armé a pour but ultime la défaite de l'ennemi, c'est évident. L'un des objectifs du droit de la guerre étant d'épargner des souffrances inutiles aux combattants et aux non combattants, au moyen de conventions internationales, de déclarations de principes et des règles de guerre coutumières, les moyens mis en oeuvre pour faire la guerre sont donc restreints. Par exemple, l'article 22 du règlement de la Haye de 1899 concernant les lois et coutumes de la guerre sur terre stipule: "Les belligérants n'ont pas un droit illimité quant au choix des moyens de nuire à l'ennemi". En outre, l'article 23, du même Règlement précise: "Outre les prohibitions établies par des Conventions spéciales, il est notamment interdit . . . e) d'employer des armes, des projectiles ou des matières propres à causer des maux superflus". Ce qui nous amène notre règle numéro 10: "Ne pas modifier les armes ni les munitions de façon à accroître les souffrances".

Il est certain que les armes et les munitions que vous utiliserez au cours d'un conflit armé causeront des souffrances; par contre, elles ne sont pas défendues en ce sens qu'elles ne causent pas de souffrances inutiles, à la lumière des coutumes des Etats et des conventions internationales. De plus, vous avez le droit de présumer que les armes qui vous sont remises par les autorités militaires ne sont pas illégales.

La déclaration de la Haye de 1899 concernant l'interdiction de l'emploi de balles qui s'épanouissent facilement dans le corps humain a officialisé la règle coutumière interdisant l'utilisation d'armes qui causent des souffrances inutiles. Cette déclaration stipule, en partie: "Les puissances contractantes s'interdisent l'emploi de balles qui s'épanouissent ou s'aplatissent facilement dans le corps humain, telles que les balles à enveloppe dure dont l'enveloppe ne couvrirait pas entièrement le noyau

ou serait pourvue d'incisions".

Ce type de balle défendu est la balle dum-dum, du nom d'un arsenal britannique en Inde où ces balles étaient fabriquées. La principale caractéristique de cette balle est de s'aplatir lorsqu'elle frappe une partie du corps, causant ainsi des blessures très graves par lacérations.

L'utilisation des dum-dum, que l'on peut fabriquer très facilement en cochant ou entaillant le noyau de la balle, est strictement interdite; bien que certaines personnes n'y voient qu'un des trucs du métier, il n'en demeure pas moins que son emploi constitue un crime de guerre. Le droit de la guerre interdit de modifier les armes ou les munitions de façon à causer des souffrances inutiles. De plus, ces modifications peuvent les rendre dangereuses ou inefficaces pour leur utilisateur.

Selon les coutumes ou les conventions et déclarations internationales, il est interdit:

- de faire des encoches dans une bayonnette;
- d'utiliser des lances munies de pointes barbelées;
- d'amincir ou de limer l'enveloppe de maetal des balles (ce qui entraîne la fragmentation de la balle);
- d'enduire les balles d'une substance qui pourrait inutilement enflammer ou aggraver une blessure;
- d'utiliser des projectiles remplis de verre brisé ou de matériaux difficiles à déceler médicalement;

utiliser un projectile d'un poids inférieur à 400 grammes (environ 14,1 onces) qui serait ou explosif ou chargé d'une matière fulminante ou inflammable. (Cette restriction a été adoptée en 1868 et ne s'applique qu'aux projectiles, c'est-à-dire aux balles explosives dirigées contre des militaires. Elle ne s'applique pas aux projectiles largués ou lancés d'un aéronef. Les pratiques adoptées au cours des deux Guerres mondiales démontrent que l'utilisation de balles incendiaires ou explosives dans la guerre aérienne n'est pas interdite);

d'utiliser des mines ou des explosifs comme pièges, en les attachant à des personnes ou des objets protégés par les lois internationales, par exemple: les cadavres, les installations médicales, etc.

Il s'agit là d'une liste incomplète des restrictions, fondée sur trois principes élémentaires de la conduite des hostilités: les nécessités militaires, les considérations humanitaires et l'esprit chevaleresque.

Bref, le droit de la guerre interdit d'utiliser certains types d'armes et nous avons vu qu'on ne peut employer n'importe quel moyen pour blesser un ennemi. L'utilisation d'armes ou de munitions interdites constitue un crime de guerre. C'est ce dont nous allons parler dans notre prochain article.

WESTWIN COMMUNITY ACTIVITIES

(by John Tarrant)

As a follow-up to the previous issue which listed the activities sponsored by the Westwin Community Council, the following is the listing of Councilors and the activities they support:

Activity		Work Phone
Bingo and Garden Club	CWO Barton	888-5472
Thrift Shop	MCPL Priemski	317
Teens	MCPL Sherritt	888-1850
Assistant Teens	SGT Morin	491
Pre-Teens and Ceramics	MCPL Bertrand	396
Wood Hobby Club	WO Massicotte	304
Dog Obedience Club	MCPL Bertrand	363/615
Photo Club	WO COX	212
Minor Ball and Housing	WO Walker	678
Cubs and Scouts	To be announced	
Playgrounds	CPL McGinley	888-3119
Publicity	CAPT Tarrant	355
Bowling	CPL Gallagher	324

Interested Westwin residents are encouraged to contact any of the above if any information is required about any activity.

Your Westwin Community Council will again this year sponsor Children's Activity Days. The activity days are planned, supervised and scheduled for days when school is out, between Monday and Friday, as announced by the Principal of Jameswood School from time to time. The activities include swimming, bowling, volleyball, basketball, badminton, floor hockey and movies.

It must be emphasized that these activities are for school children only (not pre-school children) and your Council will need volunteer parents to assist in supervision. Should volunteers not be available this worthwhile program, which keeps your school age kiddies occupied during a day off, could be cancelled.

Give your Councilor a phone call when the next Activity Day is announced and support your children and the Westwin Community Council.

Hazards of Careless Smoking

In this issue we would once again like to draw your attention to the hazards of careless smoking. The picture shows the results of one such incident. Fortunately no injuries occurred as a result of this fire, but obviously very easily could have.

More articles have been written on careless smoking and the potential fires it may start than for any other fire hazard. Fire prevention programs constantly impress this issue upon us, but the casualties and losses keep rising. Financial losses are sustained, injuries suffered, and even deaths occur, but still we cannot seem to shake that carelessness. Could it be that most people think that safety precautions and fire prevention are only for the next guy?

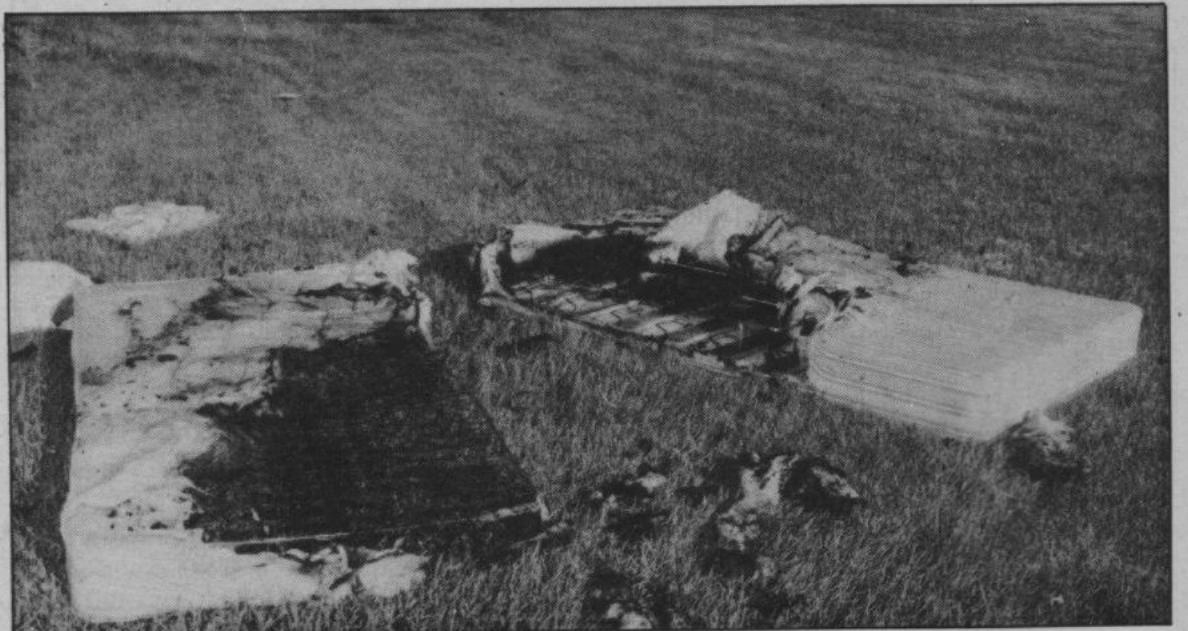
It is high time to awaken to reality and face the fact that fire prevention and safety are everyone's responsibility. Safe smoking can become a habit very easily. All that is required is thought and common sense. Enjoy your smoke, then make sure that your smoking material is safely and completely extinguished.

Some of the common causes of careless smoking fire are:

- a. Falling asleep while smoking,
- b. Careless disposal of smoking material,
- c. Matches and lighters left within the grasp of children,
- d. Disregard for "No Smoking" signs and areas,
- e. Smoking when and where suitable ashtrays or butt cans are not provided, and
- f. Leaving smoking material where it can be blown on to combustible material.

The careless smoker is a menace to himself. Everyone near and dear to him may easily become a fire casualty. Anyone who smokes should endeavour to improve his smoking habits, thereby assuring his own safety and that of innocent people in his surroundings.

We sincerely hope that these notes will help to educate every smoker, make him more fire conscientious and improve his smoking habits so that he does not endanger his own life and property and that of others.





Local inhabitants examining an Arctic tent group in Resolute Bay.

The Return of ... Ex Sovereign King

A Company, 2 PPCLI has just returned from a month-long tour on EX SOVEREIGN VIKING in Resolute Bay, Cornwallis Island, NWT. It was a month that few members of the company will soon forget. Promised a brief but moderate Arctic summer, the troops arrived in Resolute in early August well-equipped with fishing gear and temperate clothing. Reality differed considerably from the conception. Thick fog that masked an ocean full of ice floes and chilly temperatures delayed most of the deployment flights for a few hours. More significantly, it was a warning of the weather that was to follow.

The reason for A Company's presence hundreds of miles north of the Arctic Circle was to provide evidence of Canada's ability to assert her sovereignty over the northern islands. A Forward Arctic Base (FAB) was established on the Adm Company organization; its role was to support A Company's mobile activities. Working from the FAB, A Company was tasked with conducting a number of High Arctic Reconnaissance Patrols (HARPs) over the extent of Cornwallis Island. To accomplish this aim, some sixteen M113 APCs were flown up with the secondary goal of being used for a shortened APC drivers course.

Once the FAB was established and our modular tents set up, the company began its training programme. Along with the drivers course, a militia signals course was run for twenty of the twenty-five reserve soldiers augmenting the company. Classroom space was limited, as one hangar had to be shared between the two courses and two 408 Squadron helicopters, but this limitation was successfully overcome.

Around mid-August the classroom phase ended and the practical portion began. In order to give the student drivers adequate experience as well as accomplishing the primary aim of demonstration our sovereignty, the company deployed for several patrols of varying length. This was not as easy as it sounded; Cornwallis Island can be hard-going for even the most experienced drivers. It is best described as a large gravel pit with rocks varying from boulders to fine sand. Lichen and Arctic Willow (1" tall) constitute the vegetation; there are no bushes or trees. Deep, wide ravines mark the way of the numerous rivers and streams. Magnetic distortion and frequent fog ensured that compasses

were of minimal assistance; dead reckoning was the only reliable means of navigation. Nevertheless, four patrols were conducted and a good portion of the island was visited.

As part of the mission, a patrol based on 3 Platoon was flown to Bathurst Island for a planned thirty-six hour stay. However, thick fog caused this visit to be stretched to eighty-four hours, and food began to run out. As the platoon was on its last meal, help arrived in the form of a Twin Otter from which rations were kicked out the door at thirty feet above the ground. This emergency resupply was rendered less urgent though, as at the moment the rations arrived, SGT Terhart was pulling out the seventh Arctic Char he had caught in a two hour span. The remainder of the platoon caught two fish collectively over the four day period.

Apart from the HARPs, A Company escorted various scientific teams who were pursuing lemmings and studying the perma frost. Several ranges were conducted, including a live fire section assault course during which each private soldier led a section in the attack. There was also the firing of the conventional company weapons and demolition training.

All in all, Exercise SOVEREIGN VIKING was a unique and interesting experience for the company. A great deal was learned about the Arctic; it certainly was a change from the normal summer exercise.

The members of A Company wish our compatriots in C Company the best of luck as they spend the balmy month of September in Resolute Bay.



CPL Larry Bonneville explaining the set-up of an M113 APC ambulance to inhabitants of Resolute during an "open house" day.

2PPCLI Terry Fox Marathon of Hope

Even with the majority of the Battalion deployed to Resolute, NWT on Exercise SOVEREIGN VIKING or involved in Operation BILBO, the range clearance of the Sarcee training area at Calgary, Alberta, some 75 rear party personnel participated in the 2 PPCLI Terry Fox Marathon of Hope on Sunday, 13 September. The 10 kilometer route began at Lipsett Hall Kapyong Barracks and ran through Assiniboine Park to the halfway turn around point at the old Fort Osborne Barracks. MCPL Amaral, the first runner to complete the course, and all participants are congratulated on their efforts in representing the Unit in this nation-wide commemoration of Terry Fox and supporting the Canadian Cancer Society fund raising appeal.



The run began at 0800 hrs. Dependants and friends were also invited to participate.

Exercise Abatis

Six members of 2PPCLI Mortar Platoon departed for CFB Shilo on August 1, to support the trials of the new British Cervantes Radar. Nicknamed Bx Abatis, the trials are scheduled to run until early October. The trials team, commanded by MAJ Burke-Gaffney, also includes a detachment of British Army and civilian technicians as well as members from "U" Battery 3 RCHA.

The aim of Ex Abatis is to establish the capabilities of the Cervantes Radar. It is a proven counter-mortar system and the trials will determine whether it can detect and locate rocket launchers. At present NATO has a very limited detection capability in this area. The successful conclusion of these trials will significantly help to overcome this weakness.

The role of the mortar detachment is best described by WO Kozlik as that of a "training aid". Prior to firing a test rocket the Mortar detachment fires up to 20 bombs to provide the date to calibrate the radar. The rocket will then be fired from several ranges and angles to the radar and the data compared to that of the Mortar bombs. Fortunately, the entire process in any one day usually takes little more than a morning or afternoon enabling everyone to catch-up on their sun-tans.

If all goes well and the weather holds the trials should be completed on schedule. Then the real job of collecting, analyzing, and evaluating the data begins.



CAPT R. Raidt receives the rosette to his Canadian Decoration from LCOL J. S. Bremner, marking 22 years of service. CAPT Raidt is currently serving with 2 PPCLI as the second in command of Combat Support Company.

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Aerospace Reports

(By CAPT K. Hammerschmidt)

Another summer has come and gone. There are a lot of new faces at the school this year. LCOL Mike Ryan has taken over the reins from LCOL Rowlett. We all wish the new boss, his wife Vera and daughter Tania, an enjoyable stay in Winnipeg.

SQN LDR Stu Gallagher, his wife Linda and Daughter Sophie, are looking forward to an interesting couple of years in this temperate climate. Linda is already attempting to dispel certain myths about England. Apparently the rain from Spain does not lie mainly on the plain as often as we think.

MAJ Chris Mendricky, his wife Margaret and children, Tammy and Michael, join us from Greenwood, N.S. MAJ Mendricky will be tying up loose ends for a while at Greenwood but Margaret will be here full time.

ASC 22 is over and a new course ASC 34 is digging in. To the new arrivals, a hearty WELCOME. The Commander and staff of the Aerospace Squadron hope you and your families have an interesting ten-month stay in Winnipeg.

ASC 34 has 17 course members this year. The course members, as usual, come to us from all parts of the globe. MAJ Merle Preuss, his wife Annemarie and their two boys, Robert and Marc, arrived from Summerside, PEI. MAJ Preuss was a pilot on the crew that retired the venerable Argus at VP 415.

Dorothy and Brian Akitt, and daughter Melanie come from Halifax, N.S., where Brian was a navigator with VT 406. The Akitts are already enjoying Winnipeg and their new addition, a son, Erin.

Lyna and Derek Baker made the long trek from Baden Baden, Germany. With them they brought much spirit and even found room for daughter Carolyn. Derek whose background is navigating Voodoos was Wing Operation Officer at 1 CAG CFB Baden.

Barb and Norm Bonikowsky come from Chatham, N.B., with their son Michael. Norm was a scope wizard with 416 SO.N.

Cherie and Rick Cameron made their way down from Cold Lake, Alta, with their two daughters Cara

and Colleen. Rick piloted Twin Huey helicopters for base flight.

Al English navigated his way from RAF Finningley, England, where he was a staff nav course director.

Suzanne and Al Hamelin are familiar faces to all at CFANS. Having instructed for the last three years downstairs, Al longed to be a student once again.

Jon King, world traveller and CF-101 scope wizard, decided to leave the recruiting job in Ottawa to continue his education here in earnest. He will be winging his way back home several times, no doubt, to visit his lovely wife Georgina and his daughters Niki, Laura and Jean.

Sally and Dave Lewis leave behind the sunny climes and open spaces of Phoenix, Arizona. Dave was on exchange with the USAF as an air weapons controller.

Nadine and Danny Martella arrived from the beautiful Ottawa valley with son Darryl. Danny worked in NDHQ DAS Engineering.

Judy and Doug Martin leave behind the metropolis of Toronto and bring to Winnipeg their three children Terry, Peter and Andrea. Doug was the Technical Services Officer at 1 CFSD.

Sue and Dave Myatt join us from Ottawa. Dave worked at NDHQ in DAVSSE.

Sharon and Norm O'Leary also hail from Ottawa with their two children Angela and Marc. Norm was in charge of communications reserve training.

Bruce Robinson, who piloted Pinocchio at CFB Cold Lake, is glad to get his feet up and relax with some light reading.

Bruno Schenk, who was an instructor pilot at CFB Portage, has elected to do the TC 1 low level route on a regular weekly basis to keep his sanity and see his wife Monique.

Olive and Dave Thompson arrived from Summerside with their children Tania, Shawn, and Jimmy. Dave was an Argus navigator with VP 415.

Lynne and Jim Watts and their daughter Sandra are familiar faces around Winnipeg. Jim decided to forsake his communications portfolio at AIRCOM and join us when

opportunity knocked.

One of the more impressive aspects of the course is the amount of work involved. Since the 31st of August the course has worked its way through two BBQs, three beer calls, a cocktail party and dinner, and a tea for the wives. I bet it won't be long before we see the course going down the river. Work hard and play hard seems to be the unofficial motto of the course. Hard play however can be hazardous to one's health, witness a few sprained ankles already.

The Aerospace Squadron would also like to welcome the new Staff Navigator Course members. Enjoying a lovely Indian Summer in Winnipeg are Captains Lowell Summers (CFANS), Chris Little (HS 423), Wade Hoddinott (435 SQN), Colin Puttock (442 SQN), Ron Cooney (416 SQN), Claude Tardif (435 SQN), and Stu Lawrie (HS 443).

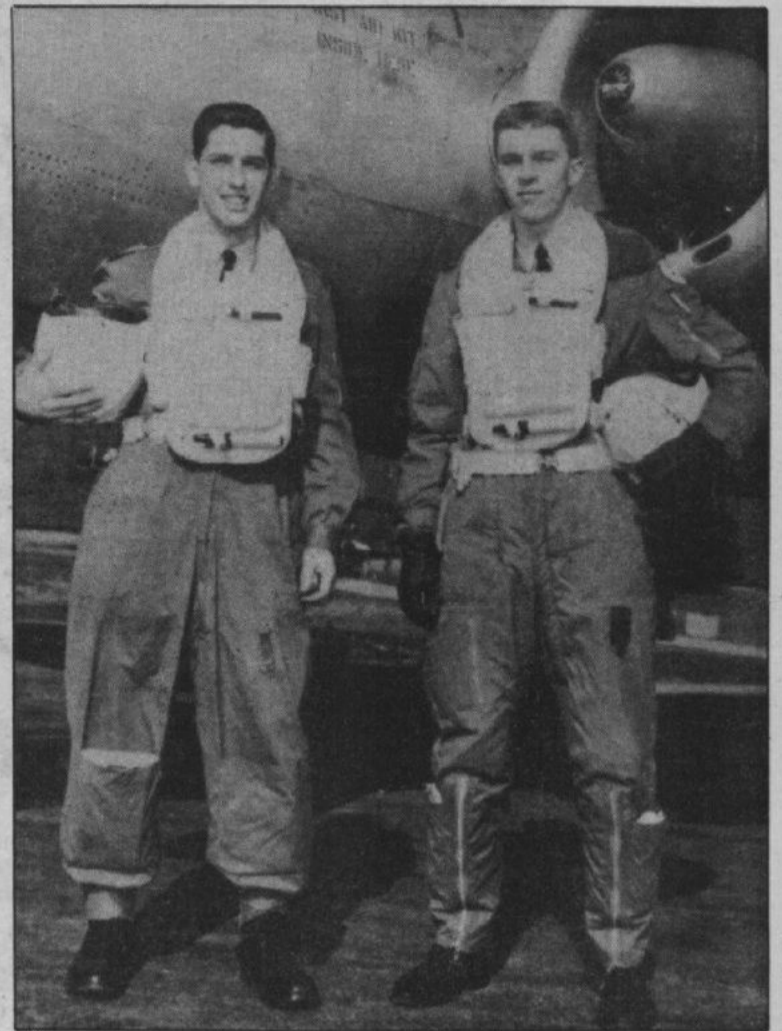
CF-100 (Canuck) Retires

A reunion marking the retirement of the CF-100 (Canuck) aircraft is expected to draw thousands to CFB North Bay, Ont., September 11 to 13.

Guests are expected from across Canada and the United States and from countries as far away as Australia. The reunion will be attended by both military members and civilians who have been associated with the CF-100 over the past 30 years. Former test pilots, assembly-line workers, ground and aircrew will be on hand to help mark this significant event in Canadian aviation history.

The CF-100 is the only Canadian-designed fighter which was mass produced. The prototype CF-100 made its maiden flight in 1950 and in total, 692 Canucks were manufactured.

Activities planned for the reunion include an airshow, a performance by the Canadian Forces aerial demonstration team, the Snowbirds, a parade, a dance, and the unveiling of a pedestal-mounted CF-100.



Flying Officers Jim Pocklington (left) and Don Peters at Uplands air Base in 1954.

Jim Pocklington and Don Peters had not seen each other socially from 1959 to 1981. Their reunion was not complete without a trip to the National Aeronautical Collection at CFB Ottawa (North) where a CF-100 is on display. (Canadian Forces Photo)



CAPT "Chev" Cheverie, SGT Herb Brown, CWO Slim Hodgson.

Honourary "Grease Paw"

The selection of the third "Grease Paw" was announced after the BAMEO Golf Tournament in July. This prestigious award was presented to SGT "Herbie" Brown, 16 Hangar Supply after an unanimous decision of the Selection Board.

Herbie has had the ticklish task of answering for all outstanding supply demands at the BAMEO's Daily Morning Meetings. The demands are great and through his endless determination, he was able to attain an answer for all.

To mark the event, WO Don Taylor took the liberty to pay tribute to Herbie. This event was honoured by the attendance of the two previous recipients of the award:

1979 - WO "Chev" Cheverie, Avionics, now Captain AIRCOM and 1980 - CWO "Slim" Hodgson, "BAMEO CHIEF".

This prestigious award is open to all personnel that show strong representation to the BAMEO Organization, but have no connection to the dirty, grimy end of the Aircraft Industry. Although many people qualify, the Decision of Merit has to be unanimous, otherwise the award remains vacant for that year.

SGT Brown has since decided to assume the life of leisure and retired to Morris, Manitoba.

"ALL THE BEST HERB" from BAMEO

friends for life 
The Canadian Red Cross Society



CFSAT MOVES TO EDMONTON — Canadian Forces School of Aeromedical Training officially opened at CFB Edmonton on 28th August. CAPT G.S. Ford, Commandant/CFSAT, describes the usage of the Electric Barany Chair as a spatial disorientation to COL D.E. Munro, Base Commander CFB Edmonton.

The purpose of the school is to teach the physical and psychological limitations in aviation; techniques and equipment available; and principle and medical aspects of emergency escape and survival.

(Canadian Forces Photo by SGT Dennis Mah)

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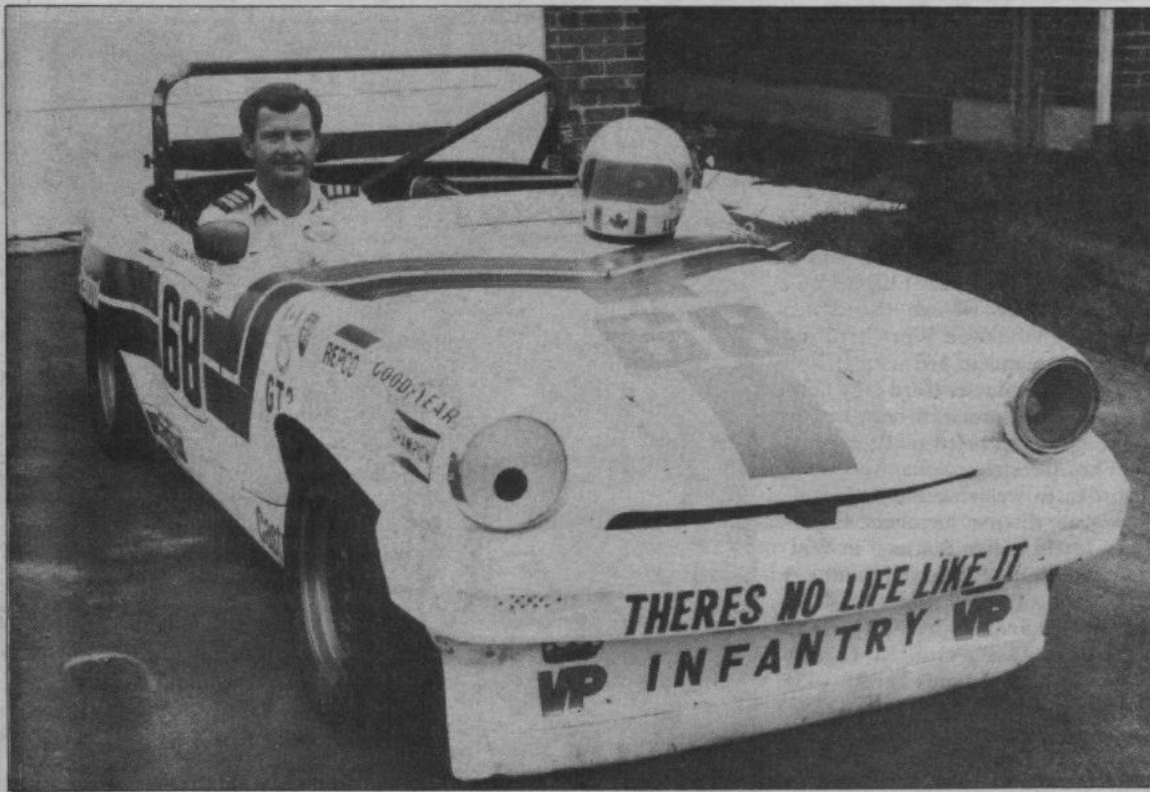
The Westwin Ceramics Club will hold a re-organizational meeting on: Tuesday, 29 Sep 81 7:00 P.M.

Building 81.

The primary purpose of this important meeting is to elect a new executive in order to get this club back on its feet.

All present members and anyone else interested in becoming an active member are invited to attend.

Note: Building 81 is located to your immediate right before entering the Sharpe Blvd gate.



Champion Races at Gimili

TORONTO (CFP) — LCOL Lew MacKenzie, PPCLI, currently on staff at the CF Command and Staff College in Toronto will compete for a major Canadian automobile racing title in September.

In silhouette, his small sleek convertible looks exactly like the MG Midget it once was. But looks can be deceiving — the only original pieces on LCOL MacKenzie's Midget are the hood and rear fenders. Everything else has been modified for one goal — speed.

Since mid-April, LCOL MacKenzie has been racing his 1404 lb. bomb at 135 miles per hour, every second weekend. Although the races he's involved in take just over a half-hour to complete, preparation time is overwhelming. For at least 4 hours, six nights a week, LCOL MacKenzie can be found tinkering with his car. In fact, the engine gets removed and rebuilt before every second race. He says his wife "tolerates" his interest in the sport but she too has become involved. Mrs. MacKenzie and her daughter, Kim, are LCOL MacKenzie's crew.

Since his first days in the military, LCOL MacKenzie has been interested in automobile racing. In 1957, while attending his basic officer training at CFB Borden, he caught the bug during a weekend outing to the Harwood track. He hasn't looked back. No matter what the posting (except a brief respite in Cyprus) LCOL MacKenzie has been active in the sport. In Europe, it was vintage cars like the Lotus Elite, in Calgary - ice racing and now in Toronto it's GT-3 series cars.

The sport is not only time consuming — it's expensive. Tires alone are \$800.00 per set and they only last 2 or 3 weekends of racing. As well, the modifications LCOL MacKenzie has made to the \$8,000 car make it a veritable gas guzzler - only 10 miles to the gallon of hi-test leaded gasoline. All in all "it's a \$12,000 thrill", says LCOL MacKenzie. Besides the thrill, champions like LCOL MacKenzie receive trophies and a certain amount of prestige. And, there's always the hope you can sell the car for more than its original cost.

This year LCOL MacKenzie has won a great deal of prestige. With a clean sweep of three races at the Shannonville Motorsport Park in August, he captured the Ontario crown in GT-3 racing. As a result, he will be competing with other regional winners for the Canadian title at the annual Road Race of Champions to be held in Gimli, Man. 18-20 September 1981. LCOL MacKenzie will be competing with Coopers, Fiats and Triumph Spitfires for the national championship which will be covered by CTV's Wide World of Sports. He is partially sponsored by Castrol Oil, the Repco brake and clutch company, and Champion spark plugs. (Ed Note: At time of going to press, result of above race was not known.)

CFB Winnipeg Curling Club

Once again the curlers renewed old friendships during the second Annual Golf Tournament at Tuxedo Golf Course in mid-August. And, once again, it was a resounding success. Al Gleadall and his committee are to be congratulated. This 2-ball-foursome or 3-ball-sixsome (depending on the size of your group) is now being sponsored by Labatt's Brewery.

When the sand, grass, twigs, and balls had settled, it was Leila and Brian Farrell, defending champions, who came out overall winners on the "Brabant, Kingyens, and Sitko" version of the modified Calloway system.

The following golfers won their respective flights:

- 1st flight — (low gross) — Gwen Miguez and Pete Gilmour
— (low net) — Al Brabant and daughter, Janet
- 2nd flight — (low gross) — Joy and Mel Marsh
— (low net) — Doris and Bob Nakamura
- 3rd flight — (low net) — Lottie and Mike Klapatiuk
— (2nd low net) — Joyce and Nils Ling
- 4th flight — (low net) — Marg Slaney and Jim Almdal
— (2nd low net) — Ann Paul and Archie Gill

Because there were more men than women participating, a men's flight was included. It was won by Hans Jorgenson and Keith Robertson (low gross) and Lorne Kingyens and Welland Williams (low net).

Following an excellent barbeque, the president, Mel Sitko, exercised his prerogative by treating all the participants to a toast to Keith Robertson, who scored a hole-in-one on the fifth hole. The golfers extended a hearty vote of thanks to the committee and Labatts for a great day.

GENERAL MEETING . . . WED. SEPT. 23rd.

On that happy note, the president called together his executive to plan the season's activities.

1981/82 Executive

- | | | |
|-------------------------|-------|-----------------------------------|
| President | | CAPT Mel Sitko |
| Past President | | CAPT Lorne Kingyens |
| 1st Vice-President | | WO Al Gleadall |
| 2nd Vice-President | | MAJ Dave Boyd |
| Secretary | | CAPT Wayne Mabce |
| Treasurer | | CAPT Al Brabant |
| Financial Advisor | | CAPT Mike Weber |
| Membership | | CCPT Harry Steingt |
| Bar | | MWO Phil Hebert |
| Housing | | CWO John Roy |
| Draw/Bonspiels | | Mr. Don Nutley/Mr. Ron Dillabough |
| Entertainment | | WO Al Gleadall |
| Trophies and Prizes | | MAJ Jake Jacobsen |
| Publicity | | Mrs. Leila Farrell |
| Inter-Club | | Mr. Wes Walker |
| Ladies' President | | Mrs. Mary Ling |
| Junior League | | Vacant |
| Monday League | | Mr. Frank Marsh |
| Tuesday League | | WO Don Meakin |
| Wednesday League | | Mr. Lorne Common |
| Thursday League | | Vacant |
| Mixed League | | Mr. Mel Marsh |
| FOB Ice/Bar Manager | | Mr. Bill Wells |
| Westwin Ice/Bar Manager | | Mr. Earl Lins |

The leagues have been adjusted to the needs of the curlers. The men have four leagues — Mon., Tues., Wed., Thur. night. The mixed league curls on Sunday, with draws starting at 1330 hrs. The ladies still have a good competitive league on Fri. nights. The afternoon leagues (Tues. and Thur.) may be altered to one day only because of lack of curlers.

A new Tues. night ladies' league is being formed, which will follow the same format as the Fri. night, but will be limited to 8 teams. So it's first come first served. The Junior members (girls and boys) curl on Tues. and Thur. after school. This year, a new Intermediate membership has been added so that juniors, aged 14-18 yrs., may spare in any of the leagues. Practice ice will be available from Oct. 5th to 12th. A general meeting for all curlers, men and ladies, is scheduled for Wed. Sept. 23rd at 2000 hrs. at Westwin. All present and prospective members are requested to attend. If for some very serious reason you can't be there and require further information, it can be obtained from CAPT Harry Steingart... 885-2837 or 885-2962 or any member of the executive, or either of the curling clubs... (FOB... 888-4353, or Westwin... 832-0027). Application forms are also available at the curling clubs. See you at the meeting.

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The Northern Life Assurance Company is pleased to announce the appointment of Gil Brecht as a representative in its Winnipeg Agency and he will join Bill Gillespie in serving the Military Community. Gil comes to Northern Life after serving 22 years in the Canadian Armed Forces. Gil will have an entire team of professionals at his disposal. He invites you to call with any inquiries you may have regarding your personal and business financial plans for the future.

GIL BRECHT — OFFICE — 944-8750
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Judas Priest have been on the music scene for a number of years. Paying their dues and getting just a bit bigger with each new release. Rocking out from the release of "Rocka Rolla", it wasn't until their 1976 release "Sad Wings of Destiny" that the Priest started attracting attention in large quantities.

1980 was unquestionably a vintage year for the group, as they proved beyond doubt that they rank as one of Britain's best hard rock outfits. It was the year of "British Steel". In March, a sell-out United Kingdom tour preceded the release of a brand new album that stormed into the top three as soon as it reached the record bins. "British Steel" was a classic metal package featuring such gems as "Rapid Fire" and "Steeler" as well as spawning three hit singles in "Living After Midnight", "Breaking The Law" and "United".

The summer saw JP rock through the US and a triumphant tour of England with their appearance as special guests at the Monsters of Rock extravaganza at Castle Donnington.

Their last album "Point of Entry" and the single "Don't Go" have set them up as the masters of metal. Now comes a set that should draw some heavy consumer demands as the group catches fire with "The Best of Judas Priest" (Attic LAT 1110).

This set is an eight song suite that dates back to their early recordings and, if nothing else, should help to introduce them to those that "Point Of Entry" might have missed.

Opening with the classic "Rocka Rolla", the Priest's music slides alternately between semi-litling guitar riffs and dramatic bass and drum works to darkly brooding guitar and an undercurrent of percussion. This tune is tied together with a bottomed out bass line and solid, up-front vocals.

The infectious melodies and hooks of the Joan Baez penned "Diamonds and Rust" is the only non-Priest written opus in the set. This one with it's somewhat profound lyric line is aided by some instrumental intricacies that prove the adeptness of the band.

The almost eight minute "Victim of Changes" and "Island of Domination" seem to be good choices for the set, but by and large "The Ripper" is the stand-out track in the set.

Rounding out the album are "Never Satisfied", "Dying to Meet You" and "Deceiver".

Attention Babysitters

For a compassionate community there can be no sadder news than the death by fire of children in the home.

The sorrow deepens when the headlines read:

"WE ONLY LEFT THEM ALONE FOR A FEW MINUTES."

Parents who go out have a duty to their children, their community, and themselves to see that the children are properly looked after.

BABYSITTERS' COURSE

As a babysitter you have a great responsibility, the children you sit and your employer's home.

To help you do this job, the CFB Winnipeg Fire Prevention Bureau has organized a babysitters' course.

The course will be held on the North Site in Building #81, from 1830 hrs to 2100 hrs on Sept 29th and 30th.

The course will cover Fire Prevention, Safety, Security, Child Care and Basic First-aid.

PARENTS

We hope parents employing babysitters will realize the importance of this course and encourage their sitter to enrol.

BABYSITTERS

The Fire Prevention Bureau requests that babysitters wishing to attend complete this application and return it to the Base Fire Chief, CFB Winnipeg, Building #100, no later than 25 Sept 81.

Minimum age is 12 years.

NOTE: The students must attend all classes and pass the exams before they can expect graduation and a certificate.

APPLICATION BABYSITTER'S COURSE

NAME: _____ AGE: _____

ADDRESS: _____

PARENT'S NUMBER: _____

PHONE NUMBER: _____

NOTE: Return to Base Fire Chief, Building #100 by 25 Sept 1981.

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WOULD ANYONE INTERESTED PLEASE CONTACT THE FOLLOWING:

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& BROWNIE LEADERS 832-0747

PATHFINDERS — MRS. EUNICE NEWFIELD

837-5709

ANY NEW LEADERS ARE REQUIRED FOR THE
JAMESWOOD AND BANNATYNE SCHOOLS

OLD TIMER HOCKEY
The Old Timer's Hockey League is looking for a coach and players. Interested? Contact MAJ Singleton, local 273 or MCPL Badour local 406.

SERVICEMEN'S BASE VOLLEYBALL TEAM
Wanted interested female volleyball players to form a Base team. Previous playing experience not required. Get fit and participate. For more information call Debbie Michaud, local 514.

SERVICEMEN'S VOLLEYBALL BASE TEAM
The Servicemen's Volleyball Base team requires a coach. For more information contact LT Owen at local 379.

Fire Prevention News

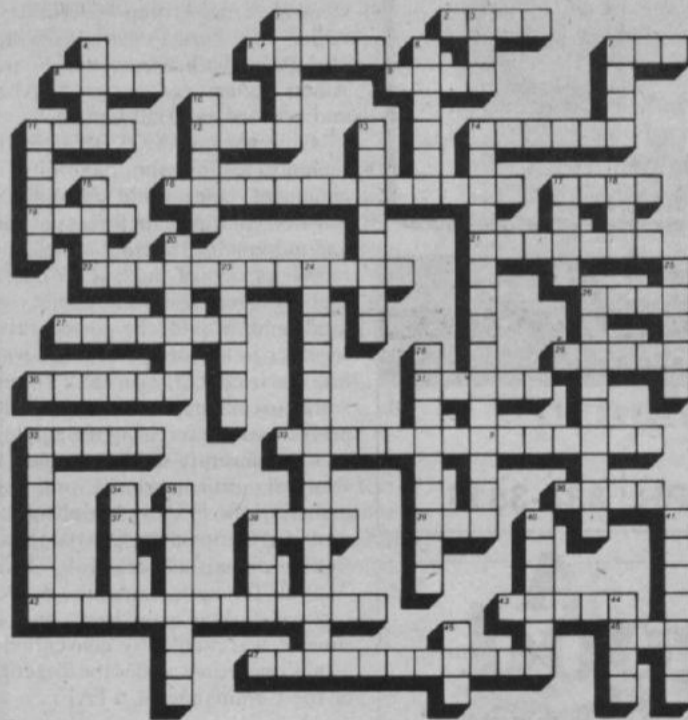
With the approach of Fire Prevention Week, Oct. 4th to 10th, the staff of CFB Winnipeg Fire Prevention Section is again preparing the yearly publicity to draw attention to the week which is used to remind everyone that fires are, for the most part, not unavoidable accidents but are the result of some thoughtless act or neglect. These fires exact heavy penalties.

Fire Prevention Week was first officially proclaimed in the U.S.A. and Canada in 1922 and has been held annually on the week which includes the 9th day of Oct., the anniversary of the Great Chicago Fire.

In this issue of the Voxair you will find a fire safety crossword puzzle. Complete the puzzle, add your name, address, and phone number and mail or drop it off the the Fire Prevention Section, Bldg. 100, CFB Winnipeg. A draw will be made from all the entries. Prizes to be awarded are a 5 pound dry chemical fire extinguisher donated by Safety Supply Co. of Canada, or a battery operated smoke detector donated by Kildonan Electric.

During Fire Prevention Week the staff of the Fire Prevention Section will provide courses which will pertain mainly to procedures to follow should a fire occur in your home and demonstrations in combating kitchen fires. These sessions are directed mainly towards the ladies in our various PMQ areas — they do not usually have the opportunity to attend such instruction classes. For further information contact Fire Prevention Section at Loc. 501.

Firesafety Crossword



Across

2. If clothes catch on fire, _____ to the floor and roll.
5. If trapped in smoke, _____ out of the room.
7. Used to break down locked doors.
8. Used to get the water from here to there.
9. Learn Not to _____.
11. Don't run one of these under a rug.
12. Stop, Drop, and _____.
14. NFPA's firesafety dog.
16. A huge fire that destroys many buildings.
17. _____ the fire department.
19. Way out of a public building.
21. Improperly stored gasoline can _____.
22. If you have a fire _____, do you know how to use it?
26. Used to support combustion.
27. Short _____ (electrical).
29. Invisible gas that can explode or catch fire _____ (rhymes with paper).
30. Sleep with bedroom doors _____.
31. Lightweight cotton burns fast. Polyester _____.
32. Most fatal fires occur in people's _____.
33. Look for this label in children's clothes.
37. If you smell smoke, don't open the door. Feel it to see if it's warm or _____.
36. Every home needs an evacuation _____.
38. Disconnects overloaded electrical circuits. "Isn't" _____.
42. Can alert you to a fire, before you might smell, hear, or see it.
43. In an emergency, whatever you do, don't _____.
46. Appliances can become hazardous when they are _____.
47. Will burn.

Down

1. A regularly scheduled fire _____ could save your life someday.
3. Walk, don't _____.
4. Feel, before opening it, if you suspect fire.
6. Electrical _____ covers protect youngsters.
7. Keep matches _____ from children.
10. Deliberately set fire.
11. Hydrant contents.
13. Flammable substance needing special container.
14. Overcome not by fire, but _____.
15. _____ escapes save lives.
17. _____ H₂O soothes scalds.
18. Put out a pan fire with the _____.
20. A flammable _____ should never be stored in a glass jar.
23. Your prime goal in a fire is to _____.
24. Most factories are required to have a _____ for fire protection.
25. A false one is pretty foolhardy.
26. Trucks must be labeled if they contain _____ liquid.
28. If you even think you smell smoke, act like it is an _____.
32. Many of these lurk in the basement.
34. Frayed or broken wires may _____ you.
35. Electrical appliances should comply to a safety _____.
38. Noxious gas, rhymes with room.
40. Houdini did. You better know how.
41. A mattress may _____ for hours before burning.
44. _____ a burn with water.
45. Memorize your fire department phone number so you'll know it if you need emergency _____.

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"Cold Fire 81"

OTTAWA (CFP) — Canadian Forces assigned to 1 Canadian Air Group (1 CAG), based at Baden-Soellingen, FRG, will participate in a combined land and air exercise called COLD FIRE 81 from 14 — 24 September, 1981. The exercise, which will take place throughout Allied Command Europe's (ACE) area of responsibility, is part of the annual AUTUMN FORGE series of NATO exercises.

The "AUTUMN FORGE" series of exercises was initiated in 1975 by the Supreme Allied Commander Europe (SACEUR) and ranges from Northern Norway to Eastern Turkey. The series has several purposes: to improve and demonstrate ACF solidarity and preparedness for mutual defence, to develop uniformity of doctrine, standardisation procedures and to improve management procedures of providing rapid response to military crises situations.

"COLD FIRE" exercises the tactical air forces of the Central European Command in close coordination with on-going Army Field Training exercises in both joint land/air and autonomous operations. Personnel and aircraft of the six nations contributing to the Allied Air Forces Central Europe (AAFCE) and Second and Fourth Allied Tactical Air Forces (ATAFS) will carry out extensive flying operations in concert with national land exercises conducted at the same time. Flying operations include day and night, high, medium, and low altitude operations, which will be kept to a minimum over densely populated areas.

Conducted by Headquarters Allied Forces Central Europe (HQ AFCE) "COLD FIRE" includes headquarters and units of the Northern Army Group (NORTHAG), Central Army Group (CENTAG), Allied Air Forces Central Europe (AAFCE), both Second and Fourth Allied Tactical Air Forces (ATAFS) and selected external forces.

Objectives of "COLD FIRE 81" include: testing the flexibility of command, control and communications of land and air forces in joint and autonomous operations, exercising all aspects of tactical air operations, improving the capability of land and air forces to operate together in a hostile electronic warfare environment, provide a framework to evaluate interoperability problems and exercising the employment of aircraft newly assigned to Central European Command, including the F-16 and Alpha Jet.

1 CAG operates CF-104 Starfighter aircraft as part of 4 ATAF. The Air Group is made up of three tactical fighter squadrons and in time of war would fly conventional attack operations under the direction of the Commander 4 ATAF.

Culture and Care Of Blisters

While blisters are a part of running, they don't have to be a big part. Races longer than normal, or other unusual conditions such as wet feet, will often cause blisters. But if you are constantly blistering it's time to check your shoes out (and probably time to chuck them out.)

Foot blisters are essentially burns produced by friction. Prevent the friction and you prevent blisters. These measures will help:

- Use high quality shoes that fit properly. Most running shoes come in one width only per size, so you may have to shop carefully for a good fit. Shoes with nylon uppers tend to be cooler. Some new models have a mesh upper for better circulation.

- Wear close-fitting, clean, snug socks. A good percentage of cotton or wool is desirable as all-

synthetic materials tend to retain heat.

- Dry shoes out between runs (do not place on radiators). Watch for rough spots inside. Replace insoles, if used, frequently. Break in new shoes gradually.

When blisters do occur treatment should be aimed at reducing pain and preventing infection.

- Painful blisters can be punctured (use a sterile needle) and drained. Blisters on the nails (usually blood blisters) can be punctured with only slight discomfort. If not treated, these blisters will usually result in the nail falling off. Do not remove the loose skin over blisters until the skin underneath has hardened.

- Open blisters should be bandaged
- If infection or complications occur, consult a doctor.

News Releases

OTTAWA — The appointment of MGEN (ret'd) G.H. Spencer, of Marriott's Cove, N.S., as colonel commandant of the Military Engineering Branch has been extended for a period of one year beginning Sept. 27. Chief of the Defence Staff, GEN Ramsey Withers has announced. He has held this appointment since 1978.

The position of colonel commandant of a branch is an honorary appointment granted to a retired senior officer of that branch. As colonel commandant, MGEN Spencer's duties will include advising National Defence headquarters staff on matters of significance to the branch and liaison between engineering units of the Regular and Reserve Force.

MGEN Spencer graduated from Royal Military College of Canada in 1938 and a year later obtained a bachelor of science in civil engineering from Queen's University. During the Second World War he served with the Royal Canadian Engineers and in Burma with the 11th East African Division.

Following the war he served in a variety of staff positions until his retirement in 1972. Senior appointments included commandant of the Royal Military College, commander and chief engineer of the Northwest Highways System and director general of training and recruiting at Canadian Forces Headquarters, Ottawa. He also attended the Imperial Defense College in the United Kingdom.

MGEN Spencer's last appointment in the Regular Force was deputy comptroller-general at Canadian Forces headquarters.

OTTAWA — The commander of Canadian Forces Europe, MGEN James Hanna, is retiring this summer after thirty-three years of service in the Canadian Forces.

A native of Toronto, MGEN Hanna enrolled in the Royal Canadian Artillery (Militia) in 1940 and subsequently served as a flight engineer in the Royal Canadian Air Force (RCAF). After the Second World War he enrolled at the University of Toronto and underwent pilot training in the RCAF Auxiliary. He graduated in aeronautical engineering in 1950 and transferred to the RCAF.

He subsequently held various positions as an instructor pilot and test pilot and also served at Otis Air Base in Falmouth, Mass., under an exchange program with the United States Air Force. He attended the Empire Test Pilots School in Farnborough, England, and the RCAF Staff College in Toronto, as well as taking part in the federal government bilingualism and biculturalism program at Laval University in Quebec City. He also served in the Middle East as an Air Force staff officer under the commander, United Nations Emergency Force, and was base commander at CFB Rivers in Manitoba.

In 1974 he attended the Royal College of Defence Studies in London, and from 1975 to 1977 he was Canadian Defence attaché in Paris.

MGen Hanna was promoted to his present rank on 1 August 1977 and was given command of the Air Defence Group in North Bay, Ontario. In 1979 he assumed command of Canadian Forces Europe at Lahr in the Federal Republic of Germany.

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Welcome to Base Winnipeg. The 5 Point Club hopes you had a nice summer, and that you enjoy your stay in our fair city. Our luncheons will start on 7 October 81, and will be held — 1st Wednesday of each month — 12:00 o'clock sharp — east end of Bldg #61. For further information, contact: —

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Our energy expenses are more or less a matter of personal preference, we are so used to the many comforts and conveniences derived from energy, that we are taking it for granted, but we are slowly running out and the days of the cheap energy is gone. It is not necessary at this point in time to take austerity measures, we simply need to be aware that when a dial is turned to "on" or a setting "raised" we are spending money, and using energy and a lot of this energy is simply wasted.

If we kept our cars tuned properly and our heating systems in top notch condition, we could easily save 5 gals of gas, and 5 gals of heating oil or its equivalent per year per person. This would amount to approximately 6 million barrels of oil at a saving of over 230 million dollars. So, let us all pitch in and help George do it.

Beautiful You Your First Gray Hair

(by Rene Vincent)

We have a tendency to believe that gray hair goes with aging. This is not always so.

It has been proven, for example, that winter weather has an effect on the acceleration of whitening. Lack of sun impoverishes the human organism in D vitamins which are the keepers of magnesium and calcium, two important components helping hair retain its natural color.

Other causes may be the hereditary transmission; worries, stress and sometimes physical shock may provoke the early coming of white hair. Scientists are still looking for the reasons why people's hair turns white.

Fortunately, there is a solution to this problem — hair coloring. It is easily done but it must be left to the professionals.

When the time comes that you must use color, it is advisable to select a shade lighter than your own color. A darker color could frame your face harshly and make you look older and this is not what you want to achieve.

Touch-ups, following the initial application of hair color, must be done very carefully and only on the regrown part of the hair, at the roots, avoiding application of the coloring product on hair already chemically processed. This would result in giving your hair a dull dry look.

If you have just a few gray hairs, a very carefully done "frosting" could be a nice camouflage as well as giving your coiffure the attractive look of health and youth.

If you have reached the time when your face is showing your age, keep your hair white. Nature has done things well. White hair will provide a very soft and gracious frame around your face.

Accepting the fact that you are no longer young is a way of showing that you are still young at heart.

Rene Vincent is executive Director of the Allied Beauty Association, a national, non-profit trade association formed by the professional beauty industry to improve the quality of haircare.

733 Com Sqn Upgrading

(SGT. W. Lylyk)

By now many of the residents of CFB Winnipeg are probably wondering what all the digging on the west side of Base Winnipeg is all about and why the streets and parking lots to the Barracks and Base Headquarters (to name a few) were blocked off. The answer is simple in that a major project to upgrade the Base Telephone Cable Plant is underway.

The existing telephone cable (which is DND-owned by the way) is being replaced. This long needed replacement has been driven by two requirements: firstly the useful life expectancy of the existing cable had been reached; and secondly, there was a requirement to provide more cable pairs to virtually all Base buildings served by this cable. Those of you "Living-in" members who have requested private telephone services in the Barrack Blocks will appreciate this second aspect of this project: now, hopefully, you will not have to be told "sorry you will have to go on a waiting list as we do not have any spare cable pairs to action your request." (To many this old "cliche" was not ample justification for not being able to acquire a private telephone for: "does not the Manitoba Telephone System provide me with telephone services?")

CFB Winnipeg is one of the few CF Bases which still has a DND-owned telephone cable plant. (Note: the PMQ areas are served by an MTS telephone cable distribution facility). The existing cable plant was installed more than a quarter of a century ago; it is, therefore, now easy to understand why a total upgrade replacement project is necessary. For those of you interested in statistics it has taken roughly four years of hard work and preparation to achieve this milestone which is being implemented under an NDHQ/DCEM project called "Cable 20 Replacement."

This project is being undertaken by 733 COMM SQN personnel with the assistance of 73 COMM GRP, 731 COMM SQN, linemen from CFB Shilo, 1 Line troop from CFB Kingston, DCL and DCEO; the anticipated completion date is the end of November 81.

Although the ultimate goal of this project is to be able to cater to all requests for telephone services for Base Winnipeg, it will be necessary to restrict applications for new telephone services to those of an emergency/operational nature until after completion of the project. We solicit your co-operation in abiding with this restriction.

What's Happening?

Clothing Stores(North)

For the past year or so, Base Supply has been examining the feasibility and desirability of establishing a "full-service" clothing store at CFB Winnipeg (North).

While there was very little difficulty in confirming the "desirability" of such a service, a number of problems cropped up to play havoc with our best-laid plans and raise serious questions about its "feasibility". First and foremost was the problem of finding sufficient floor space to accommodate such a facility.

Now - the Base Supply Officer is pleased to announce, on behalf of the Base Commander, that renovations to house a self-serve and counter-issue clothing section in 16 Hangar will commence in September. The official opening will be 15

Jan 82.

Services to be provided will include cash sales, initial issues, replacement issues, clearances, environmental clothing, and tailoring services!!

We are sure this news will be welcomed by all of you who have had to make that long-g-g-g trek to Bldg P2 for a pair of socks, a new shirt or whatever.

Keeping in mind that while it will create additional work for us, we have not had an increase in our manpower. And while initially things may be a bit hectic, as you all drop in to take advantage of our new service — remember — our goal remains *SERVITIUM NULLI SECUNDUS* (Service Second to None).

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Voxair Dates

Deadline Dates	Publishing Dates
29 Sep 81	7 Oct 81
13 Oct 81	21 Oct 81
3 Nov 81	12 Nov 81
17 Nov 81	25 Nov 81
8 Dec 81	16 Dec 81

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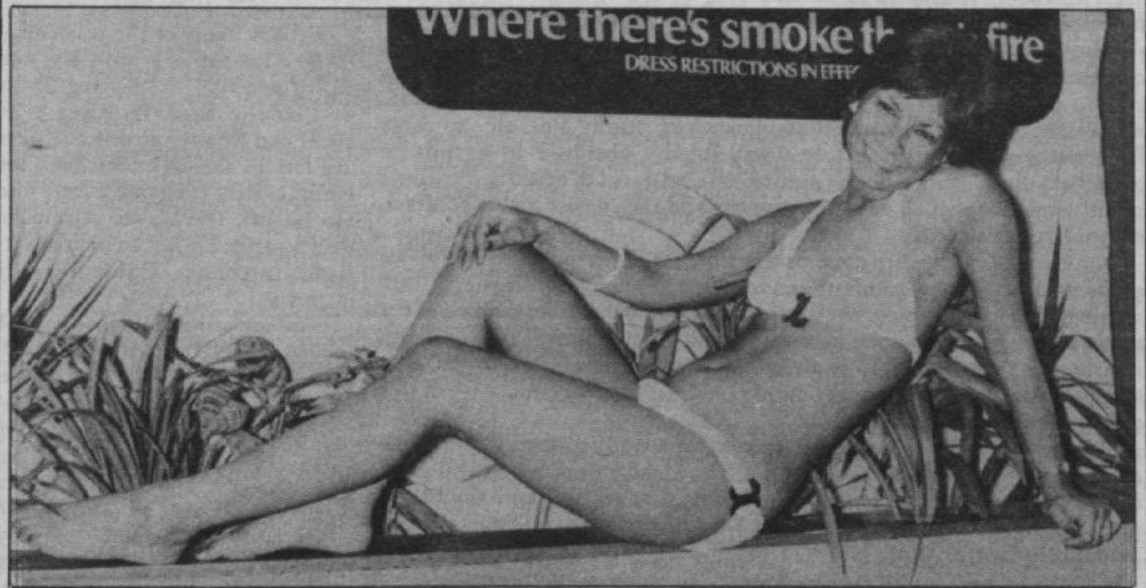
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PRETTY HOT STUFF



(Photo by Alex Kalnins)

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ART CLUB

Personnel interested in forming an Art Club are to contact WO Dale Dirks, local 509. Dale Dirks is a professional artist excelling in all concepts of the art field. He will be offering lessons to adult members of CFB Winnipeg, their dependants and DND employees.

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1976 17½ FOOT WILDERNESS Travel Trailer, single axle, fully S.C., shower, sleeps 6, 2-way fridge, stove, oven, water heater, furnace. Excellent condition. \$5,300. Call 269-3880.

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BEAVERS

(by LT R.P. Moskowec)

Beavering is a fun program designed in Canada for boys 5, 6, and 7 years of age.

It is a program intended to meet the needs of young boys and is designed on a positive group basis. When a boy is a Cub, his needs are met through competition and individual achievement awards within the Cub motto, "Do your best."

Beavers work towards the same ideals as the other Scouting programs, which seek to help boys develop into better citizens in our community. A Beaver promises "To love God and to help take care of the world." A Beaver carries out his promise through the law: "A Beaver has fun, works hard and helps his family and friends."

The motto for Beavers is "sharing". If a young boy learns to love and to share, then he will carry these beliefs through life. He will be on his way to making the world a better place.

BEAVERS MEETINGS

When a boy puts on his Beaver uniform, and comes to the meeting place, called the pond, he enters a special world for young boys.

Beavers are involved in activities at all times without the stress of competition. A boy learns to share through co-operation and team effort, through giving himself and what he has. He identifies with his leaders and follows their example.

Meetings are usually held once a week and last about an hour and a half; they usually take place in the afternoon, after school or in the early evening.

Some of the activities that boys enjoy in a Beaver meeting include: active and quiet games, stories, creative crafts, singing; opening and closing ceremonies. About once a month, special programs are held such as hikes, parties, visits, picnics, or special celebrations.

BEAVER LEADER

Beaver leaders are ordinary people, who are innovative and responsible, who know how to have fun. They are men or women, boys or girls, from 14 years and up; at least one is to be more than 18 years of age. Keeto, a Cub is also part of the leadership team.

Beaver leaders spend at least three hours a week in planning and in meeting with the boys. To maintain quality and personal interaction, there should be one leader working with every six boys. They are registered as Scouters with Boy Scouts of Canada.

When a boy joins Beavers, his parents can help him learn the Beaver promise, law and motto and what they mean. It is important that his parents attend his investiture ceremony. They play a part in it and are also welcomed among the friends of Beavering. After the investiture, the

parents continue to help the new Beaver to live up to his promise, law and motto. At times there will be take-home projects with which the parents can help, and occasional ceremonies to which they are invited.

A Beaver needs to feel that what he does is important to the people he loves. He will get great delight from having his parents drop in to see him at the colony meeting. Parents may also take part as members of the group committee, who look after the administration of the colony, or as leaders, who look after the programs.

We are looking for and need new people to become involved in Beavers. Most leaders are new to programming group activities and to the Scouting Movement but they have a love for young boys and desire to give them a positive group experience.

Introducing the Beaver program to new leaders is done slowly and clearly. At first, the aim of Scouting and the Beaver program are introduced and discussed between the interested person and Beaver service Scouters.

Experienced Beaver leaders help the new leaders at their first few meetings, until they feel ready to operate the colony themselves.

Beavering is fun.
For any further information, contact LT R. Moskowec 889-5384.