



# Postair



Canadian Forces Base Winnipeg — Home of Air Command

Base des Forces canadiennes Winnipeg — Foyer du Commandement aérien

6 May 81

Issue No 8 Vol 31

## AND THE MUSIC WAS SOMETHING GRAND!



When top-quality military bands get together under one roof, the result likely is top-quality entertainment, in boxcar-size letters. That's what happened at the Manitoba Centennial Concert Hall in Winnipeg, when the Air Command Band performed with other groups from Winnipeg and Portage la Prairie. Presented by the Manitoba Department of Cultural

Affairs and Historical Resources and the Canadian Armed Forces Air Command, the event was under the patronage of Lieutenant-Governor F.L. Jobin. Posing for the photographer before the lights were dimmed are, left to right, SGT (Pipe Major) John C.E. Briand, CFB Portage la Prairie Pipe Band; CPL W.J. Crocker, Drum Line of the 2nd Bat-

talion, PPCLI, Winnipeg; WO R.H. Cadieux, Air Command Band; Pipe Major Neil A. Barbour of the Pipes and Drums of Winnipeg's 402 Air Reserve Squadron; and leading the lot is CAPT Keith Swanwick, Director of Music of the 52-member Air Command Band.

(CANADIAN FORCES PHOTO by SGT Van Tunstead)



Col. J.R. Allingham

### Message From The Base Commander Canex Bonus Coupons

"For approximately two years we rewarded our service station customers for their support by periodically holding Discount Days. Discount Days as you may recall amounted to three cents off our every day low gas prices. Because of the government emphasis on conservation it was felt that to continue offering cash discounts on gasoline would not be in keeping with conservation measures, and therefore

our Discount Days program was discontinued.

We are pleased to announce a coupon program that will give our service station customers extra value. Extra value in addition to our every day low prices. All authorized customers who purchase gas for cash at our station will receive a penny a litre Bonus Buck which can be redeemed at the service station or Base Exchange on all merchandise other

than gas, cigarettes or lottery tickets.

I urge you to patronize our service station, collect your Bonus Bucks and redeem them on needed merchandise at the service station or Base Exchange. May I also take this opportunity to thank you for patronizing our CANEX stores and service station and may I remind you that any profits from CANEX operations go to Base Fund to be spent on community activities.

(SEE PAGE 8)



VOXAIR is the unofficial Service newspaper of CFB Winnipeg and is published under the authority of the Base Commander, Col. J.R. Allingham.

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#### EDITOR — RÉDACTEUR EN CHEF

Brian Garagan, 639

#### ASSISTANT EDITOR RÉDACTEUR ADJOINT

MAJ Bob Knowles, 701

#### MAKE-UP MISE EN PAGES

Cindy McKenna

#### ADVERTISING PUBLICITÉ

Gerry Gavin  
885-2727

#### ASSOCIATE EDITOR RÉDACTEUR ADJOINT

Jerry Radford, 502

#### SPORTS EDITOR RÉDACTEUR SPORTIF

Sue Maxwell 509

#### DISTRIBUTION

Fay Fowler 695  
Jacques Legare 889-3973  
Stacey Pennell 889-8027  
Joanne Coppes 885-5314  
Michael Arsenault 885-4387  
Michael Gook 489-6494

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In the event of a typographical error appearing in an advertisement, no goods may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charge for the advertisement in which error occurs.

VOXAIR offices are located in Building 52 at CFB Winnipeg. Correspondence and copy should be addressed to: VOXAIR, CFB Winnipeg, Westwin, Manitoba R2R 0T0.

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Les bureaux du Voxair sont situés dans l'édifice 52 de la BFC Winnipeg. Voxair, BFC Winnipeg, Westwin, Man. R2R 0T0.

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## George Jackson Retires

George Jackson, Foreman of Cleaners at CFB Winnipeg for the past 16 years is shown accepting the Base Commander's Commendation from COL J.R. Allingham. Mr. Jackson was presented with the award as an expression of appreciation on the occasion of his retirement from the Civil Service. George, who intends to become a "Gentleman Farmer" will retire to his home in Dominion City, Manitoba. He wishes to thank all those responsible for the support they provided him over the past years.

(BASE Photo)

## Army Fund Continues Education Assistance

OTTAWA (CFP) — The Canadian Army Welfare Fund plans to allocate some \$200,000 to its bursaries program for the fiscal year 1981-82. This amount matches the one shared in 1980 by over 400 successful applicants from across the nation.

Established in 1974, the program is specifically aimed at the children of former members of the Canadian Army who served between 1 October 1946 and 31 January 1968. It is intended to provide financial assistance to encourage these children to continue their education. The bursaries, which averaged \$625 in 1980, mainly defray part of the cost of tuition fees and text books.

To be eligible, applicants must have completed high school and be enrolled in a university, college or technical school program leading to a degree, diploma or certificate. Selection will be based on criteria set by the board of directors of the Welfare Fund, and will take into account the parent's number of years of service, income and number of dependants; however, financial need will be the determining factor.

Applications are available from Army Benevolent Fund Secretaries located in Department of Veterans Affairs Offices in Halifax, Saint John, N.B., Montreal, Ottawa, Toronto, Winnipeg, Calgary and Vancouver. In addition, CF Command and Base Education Officers have application forms. All applications must reach the Canadian Army Welfare Fund no later than 1 July 1981 at the following address:

Manager,  
Canadian Army Welfare Fund  
Veterans Affairs Building  
Lyon & Wellington Streets  
Ottawa, Ontario  
K1A 0P4

In addition to the Army Welfare Fund, both the Royal Canadian Naval and the Royal Canadian Air Force Benevolent Funds provide similar assistance. Information may be obtained from their respective national head offices in Ottawa.

## ELT Saves Crew

OTTAWA (CFP) — The carrying of an Emergency Locator Transmitter (ELT) and proper survival equipment are credited for the prompt rescue of a Bell 206 helicopter pilot and his two passengers recently in the Hudson Bay area.

In the early evening of February 2, 1981, RCC Trenton was advised by the manager of Ranger Helicopters of Fort Severn, Ont. that a helicopter, C-GRLH, carrying the pilot and two passengers was overdue and presumably out of fuel. Within two hours, CAPT Dave Lindsay and a crew from 436 Transport Squadron took off from Trenton and proceeded to the Fort Severn area where the CC-130 Hercules began a night visual and electronic search. In less than one hour, an ELT signal was received and flares were spotted. Shortly after, the overdue helicopter was located.

After dropping emergency supplies and making arrangements for the pick-up of survivors at first light by another helicopter, Captain Lindsay landed the Hercules at Churchill, Man. There he made contact with Pilot Jim Archibald of Apex Helicopters from Saskatoon, Sask., who was to complete the rescue. When a first attempt by Mr. Archibald failed due to deteriorating weather, a second was agreed upon where the helicopter would be guided to the site by the Hercules. On this attempt, Mr. Archibald was able to pick-up the survivors and fly them to Fort Severn.

OTTAWA (PFC) — Une autre mission de recherche et de sauvetage a connu un dénouement rapide et heureux grâce à un émetteur-localisateur d'urgence (ELT) et un équipement de survie adéquat.

Au début de la soirée du 2 février dernier, le Centre de coordination des opérations de sauvetage de Trenton (Ont.) était avisé par le directeur de Ranger Helicopters de Fort Severn (Ont.) qu'un hélicoptère Bell 206, immatriculé C-GRLH, transportant le pilote et deux passagers était en retard probablement à cause d'une panne d'essence. En moins de deux heures, un CC-130 Hercules du 436e Escadron de transport, sous le commandement du capitaine Dave Lindsay, décollait de Trenton et entreprenait des recherches dans la région de Fort Severn. Après à peine une heure de recherches visuelles et électroniques, l'équipage recevait un signal d'ELT et repérait des fusées. Quelques minutes plus tard, l'hélicoptère était lui-même localisé. L'atterrissage forcé de l'hélicoptère, causé par une bris mécanique, n'avait fait aucun blessé.

Après avoir parachuté du matériel d'urgence et avoir pris les arrangements pour que les rescapés soient ramassés dès l'aurore par un autre hélicoptère, le capitaine Lindsay atterrit à Churchill (Man.). Il communiqua ensuite avec le pilote Jim Archibald de la compagnie Apex Helicopters de Saskatoon (Sask.) qui devait compléter la mission. Le lendemain, le mauvais temps empêcha M. Archibald d'atteindre seul les lieux de l'accident. Escorté par le Hercules, il parvint à repérer les rescapés qu'il ramena à Fort Severn.



June 3 is  
Census Day  
Count yourself in

Le 3 juin:  
Recensement  
Soyez du nombre

# BEefs

by Barb Miller

The big Annual Flea Market is fast approaching; May 9 is the day to look forward to. We hope to see everyone out at Lipsett Hall for the event and its accompanying Bicycle Rodeo. Last minute information can still be had through Bob Moquin (489-3219).

We have a number of other projects in the works right now but exact dates and plans will not be finalized until April 28. (after this Voxair deadline). Here's a brief outline, however, on what you can look forward to in the near future.

**Garden Plots** — South side council will be sponsoring garden plots this season, located in the field directly south of Bldg. P12 (skate change shack). The size of plot and rental charge should be known by the time you read this. For more information please phone our garden plot committee (alias yours truly - committee of one) at 489-7077.

**Spring Clean-Up** — Again, we will be setting a date for our community clean up between the time this column is submitted and the Voxair is delivered. Please watch for flyers delivered to your door with all the pertinent details.

**Beefs and Bouquets** — Well, it seems we hit a responsive note with our first Beefs and Bouquets column. Keep those submissions coming in (just drop them in the mailbox at 316

Ubique) - we can't do anything about your problems necessarily but it sure feels good to let off steam in print. And don't forget the bouquets as well, we all need them.

*From a reader...*

**Beef #1** — "The unsightly mess in the park... (on Doncaster backing on the lane behind the 200 block of Ubique) caused by neighbours who let their garbage accumulate all week outdoors. The lightweight plastic bags blow away in the first wind, and the uncovered metal cans are an open invitation for dogs to empty the contents."

I see we have a whole street of potential recruits for our Spring Clean up; and no one will know if you are the author or suffering from a guilty conscience.

**Beef #2** — is from the same source but was attacked by the mad poet on the way to press.

**"Children, Children"**

*(With apologies to Blake)*

Children, children, burning bright  
In the day or in the night  
Of thy stereotypes you're proud,  
But must you turn them up so loud?

On a tender summer's day  
When outdoors we wish to play  
With thy volume thou art free.  
Did He who made the Ear make thee?

When temptation does thee in  
To create a fearful din  
Of thy neighbours have a thought  
Before thy neighbours call the cops.

And appropriately for Spring, our first BOUQUETS go out to all those people who have done their spring tidy up; yards raked, flower beds ready for planting and winter's garbage gone. You didn't think we did, but we noticed. Finally, anyone interested in joining a semi-regular afternoon bicycle jaunt through the park call me (Barb) at 489-7077. We must get those thighs tightened up before bathing suit weather.



A team that's hard to beat is 402 "City of Winnipeg" Air Reserve Squadron's "Bears" hockey team, which recently retained its championship status for the second consecutive year. The "Bears" won a total of 23 games of 25 played against other Winnipeg reserve and militia hockey teams during the 1980-81 season. In the final playoff for the best of three, the "Bears" had a two-game sweep over HMCS Chippawa, scoring 3-0 and 5-3.

Presenting the "City of Winnipeg Reserves" Hockey Association Trophy to team captain CPL Mike Keleher is Honorary LCOL S.J. Chapman of 402 ARS (centre), with credits to (left to right): SGT Bill Lanctot (assistant coach), MCPL Ben DesAutels (team manager) and SGT Dusty Miller (head coach).

(Photo by MCPL Warren J. Ryan)

## BOPS TALKS

by: WO D. Massicotte

Last winter, all of Canada had mean temperatures above normal.

Precipitation was quite variable with totals generally below normal over Western and Northern Canada and above normal across Ontario, Quebec and the Maritimes. It was exceptionally dry in the southern prairies with some localities reporting totals less than 10 per cent of normal. On the other hand, several stations in Eastern Canada had totals of more than 200 per cent of normal.

Here in Winnipeg, our daily maximum temperature was above normal for 49 consecutive days since the

13th February, with our maximum temperature recorded on the 16th April, when the mercury climbed up to 27.3°C.

This year, Winnipeg like most of the prairies, has experienced a very dry winter. Southern Manitoba has had less than 50 per cent of normal precipitation, this, resulting in a major concern for forest fires in Saskatchewan, Manitoba and Western Ontario.

A warm welcome to SGT Jean Belec and his wife Danielle who joins our staff after spending more than 6 years in Summerside (wherever that place is!). Jean will be among us a few days prior to going over to the School of Meteorology for his 6B course: Good Luck Jean!

Until Next Time —  
Happy Bar-B-Que!!

## JOURNALISM OPPORTUNITIES

Persons are urgently needed to volunteer for positions on Voxair in order to help upgrade and improve the quality of this Base Newspaper. Needed are:

—Assistant Editor  
—Make-up Person  
Experience an asset, but not essential. Training provided. Contact BADMO at Local 281, or Editor Voxair at 639

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MAY 10 1981

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**GAVIN'S COLUMN**

**You Pays Your Money**

Like most indulgent husbands I go along with Gerry (that's the better half) when she wants to shop. Of course, grocery shopping is interesting since it allows a preview of just what will be stuffed into my body in the ensuing two weeks.

It is the other kind of shopping that calls for all that indulgence stuff. You know the kind. It is full of specifics that are very vague and can be lost in a flood of red tickets denoting something else On Sale!

"I have to get a couple of yards (metres if you are into conversion) of material to cover those cushions," she'll say. "Blue with a little clam white stripe would be just right."

So off we go to the usual shops who have bolts and bolts of cloth that is clam white with a little blue stripe. Just not what was in mind. On to Fontleroy's Fabrics in the manufacturing district where you must wear a hard hat to weave your way down the treacherous aisles piled high with everything from corduroy to underwear flannel. It is difficult to imagine that they, too, do not have the required goods.

While we are in the area there are other warehouse type stores that just have to be looked into. A skirt is purchased for Only Daughter Jacqueline. Shoes are picked out for Only Wife Gerry. And a sharp elbow is delivered to yours truly for dozing off against a counter full of lingerie.

Then there is the great new North American phenomena, the Garage Sale. That is the enterprise that operates on the dictum that 'One man's junk is another man's junque' and the fact that haggling is allowed. Gerry can spot a garage/basement/moving/backyard sale half a block down the street no matter how dirty I keep her side of the windshield.

We started attending the above mentioned sales after the Annual Gavin Corn Roast and House Fire got out of hand and resulted in four



**LIVING HISTORY** — A 30th anniversary reunion and commemoration of the Korean war battle of Kap'young, held April 25-26 at Winnipeg's Kap'young Barracks, became a living history lesson for three service members of 2 PPCLI as two veterans of the battle, including the battalion's then commanding officer, LCOL J.R.

Stone, described the battle's course on a scale model. Left to right are SGT Bush Thornhill, a group commander in 2 PPCLI's mortar platoon; MCPL Robert Donk of the battalion's intelligence section; SGT Nick Oshanski, a platoon sergeant at Kap'young; COL Stone, and SGT Terry Dobson, a section commander

in 2 PPCLI's pioneer platoon. One of the highlights of the reunion, attended by more than 100 veterans, was a parade and roll-past by more than 300 serving Patricias. The first Canadian unit to see action in Korea, 2 PPCLI sustained casualties of 10 killed and 23 wounded in the battle, which halted a major Chinese and

North Korean spring offensive. For their actions, the battalion was awarded the U.S. Presidential Unit Citation and is the only Canadian unit entitled to wear the blue and gold decoration.

(CANADIAN FORCES PHOTO by SGT V. Tunstead)

charred walls surrounding three feet of gloopy soot. The firefighters had used extra water in an attempt to supersaturate the upper half of the house to make it collapse on the bottom half and put out the fire. That was the explanation given to me.

What really happened was no one remembered to bring the padlock key so they could use the ladders chained to the truck. The fire safety officer thought that all loose items should be firmly fastened.

We were left with a house being rebuilt and nothing to put in it except Gavins. The neighbours were preparing a petition about that very fact when word got out that furniture and appliances would be available from the insurance money. It is strange what will disturb some people.

With the major purchases

completed the family found all the big money had disappeared and there were still all those little goodies (I'm quoting Gerry) that make a house a home to be bought. The answer was to pick up certain items that had a homey, used look, but still remained reasonably attractive while costing the minimum possible and would still satisfy our esthetic needs without appearing pretentious and, most important, none of our possible visitors had or were likely to know just whom the previous owner was. Try shopping with a restriction like that!

There is always the chance of making a poor purchase. Like the black and white TV that I selected for one five dollar bill. It was in a lovely wooden cabinet, not a scratch, all the tubes and other strange things appeared to be inside when I peeked through the little

perforations in the back. The vendor assured me that it worked wonderfully well, but a demonstration was out of the question. He was so broke that his electricity had been cut off and he was going to return to nature's way of living. Tallow candles, wood stove, sacking over the windows were part of the verbal picture he painted.

It was a good thing that he was so descriptive. It gave me something to keep in my mind's eye while I stared at the black picture tube and listened to the static.

I didn't live that one down until Gerry picked up a set of dishes. It was a real bargain, she said. Nearly all the plates were there, and only half of them were chipped, and it was genuine Staffordshire Japan. My deliverance came with the cups. When they were washed the handles fell off.

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'LCOL E.M. Price, Senior Staff Officer Requirements at AIRCOM Headquarters is seen receiving his recently won Physical Fitness Award for Aerobic Excellence. Presenting LCOL Price with his award is COL D.G. McBride, Deputy Chief of Staff Intelligence, Plans and Requirements.'

(BASE Photo)

## CFB Winnipeg Jogging Club

### Why Set Goals?

For every hundred people who start a regular jogging program only a handful will still be at it after a year.

The need to pass the semi-annual fitness test brings out at least some of the under-thirties' forces personnel for a few weeks a year, but few of them keep up a regular training program.

The problem is that most people have no goal to work towards, or they set an unattainable goal and give up in despair when they don't reach it.

If you start to run to "lose some weight" or to "get in shape" the goal is too vague and it's very easy to give up.

If you go one step further and start a program like Cooper's Aerobics system of reaching various point levels there is a temptation to slacken off once you reach a given level.

For general health and fitness there is no better form of exercise

than running. But how do you motivate yourself to start something that should be continued for years?

One way is to set realistic short-term and long-term goals. For instance, if you have trouble running a mile non-stop, a good short-term goal would be to build up gradually until you can run two or three miles without stopping to rest. The time it takes you would be unimportant at this stage.

Your next short-term goal would be to reduce your time per mile down from, say, ten minutes to nine, then eight minutes.

Then, every month or two, you would try to beat your own record over these distances. While getting to this stage, you could now consider long-term goals.

These might be to run five miles, 10 miles, or even a marathon. Reaching these goals might take several months, or even a year or two,

but are quite realistic if you don't discourage yourself.

On the way to these goals your health will improve, you will lose weight and be in better shape for other activities.

Over the years, you can keep setting higher, but attainable, goals. It is this kind of program that leads to runners' attempting marathons at ages 40, 50, or more.

### Inter-Section Slow Pitch Meeting

This organizational meeting will be held 12 May 1981, at 1:30 p.m. at the Westwin Base Theatre. All personnel are welcome. For more information contact CPL Strachan at local 514.

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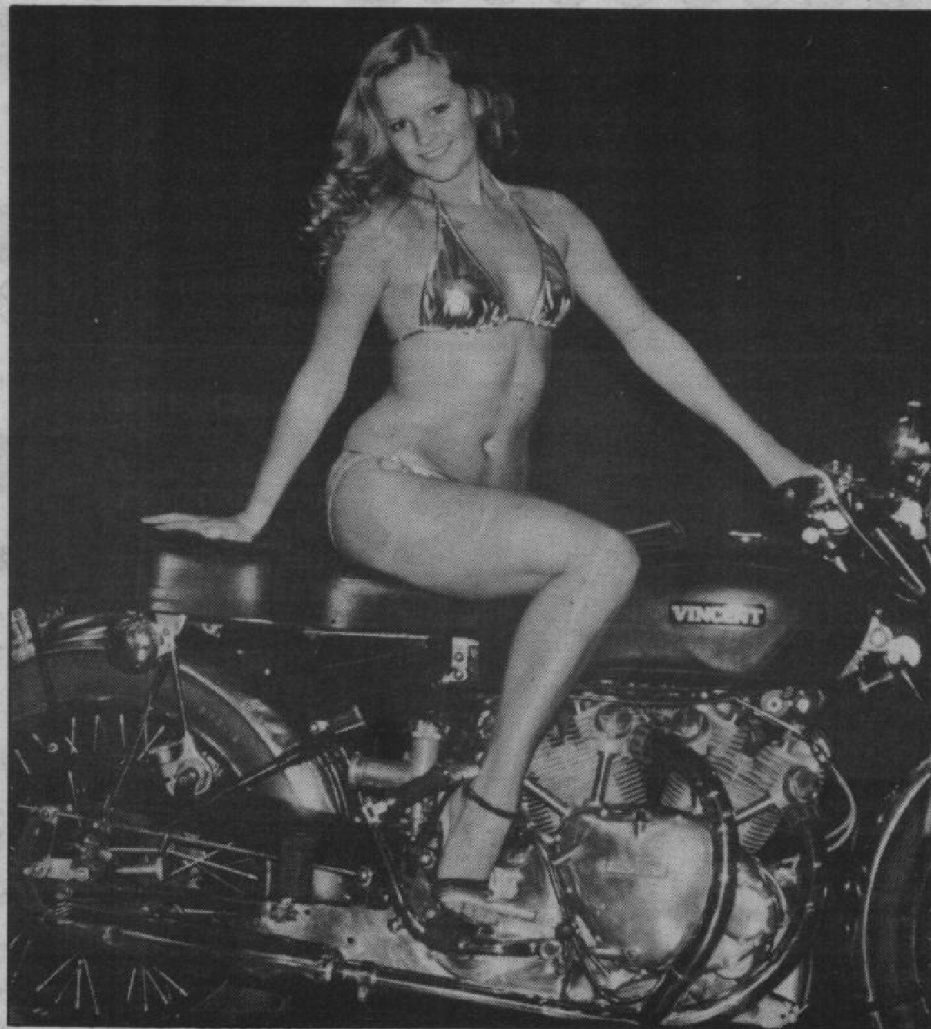
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(PHOTO COURTESY MISSISSAUGA NEWS)

**Ex Strong Contender**

Ex STRONG CONTENDER is the annual meeting of 1 CBG unit sports teams, and this year marked the third occasion of the tournament. The tournament is held each year in Calgary during the first week of April, and it is designed to promote physical fitness, unit morale, and a keen spirit of inter-unit competition.

2 PPCLI entered a representative team in each of the three sports featured; hockey, broomball and volleyball. Although the battalion and its members were away a great deal of time throughout the year, the unit teams stuck together and practised hard for the anticipated competition. In particular, the unit broomball team managed to "plug in" to the base inter-section league and finished second to BAMEO in the finals. The battalion hockey team played six exhibition games and won all six, and the volleyball team had to be content with practising on its own.

Final preparation for Ex STRONG CONTENDER culminated in a week long (30 Mar - 3 Apr) intensive training period where rough edges were polished and the various coaches tried frantically to formulate line-ups. With the DCO as escort, the forty-eight players of the unit teams boarded a C-130 and headed west for Calgary on 4 Apr.

Competition got underway quickly with all teams playing on Apr 5th, and by the end of the day the hockey and broomball teams had posted their first losses and the volleyball team had moved into second

place. During the 6th and 7th the hockey team moved into third place and the semi-finals; the broomball team moved into a position for a possible shot at the finals. The volleyball team was in first place.

Wednesday shone for the volleyball team as they wrapped up the competition and became the new brigade champions, however it was a dark and dreary day for the hockey and broomball teams, as they were knocked out of further competition. 3RCHA and CFB Wainwright went on to capture the hockey and broomball championships.

Thursday evening, as is the custom, all athletes gathered in the CFB Calgary Junior Ranks Club and after a first class meal, the awards and trophies were presented to the victorious teams.

Ex STRONG CONTENDER definitely achieved its aim this year. The competition, which highlighted sportsmanship and fierce play, has kindled the fires of rivalry in army camps across the west. Already teams are preparing and training for next year's tournament. With that in mind, it will not be lonely at the top in '82.

The unit congratulates SGT Skinner and the members of the battalion volleyball team on their outstanding achievement and extends its appreciation to the members of the ice hockey and broomball teams for their hard work and creditable showing they made in Calgary. Well done!

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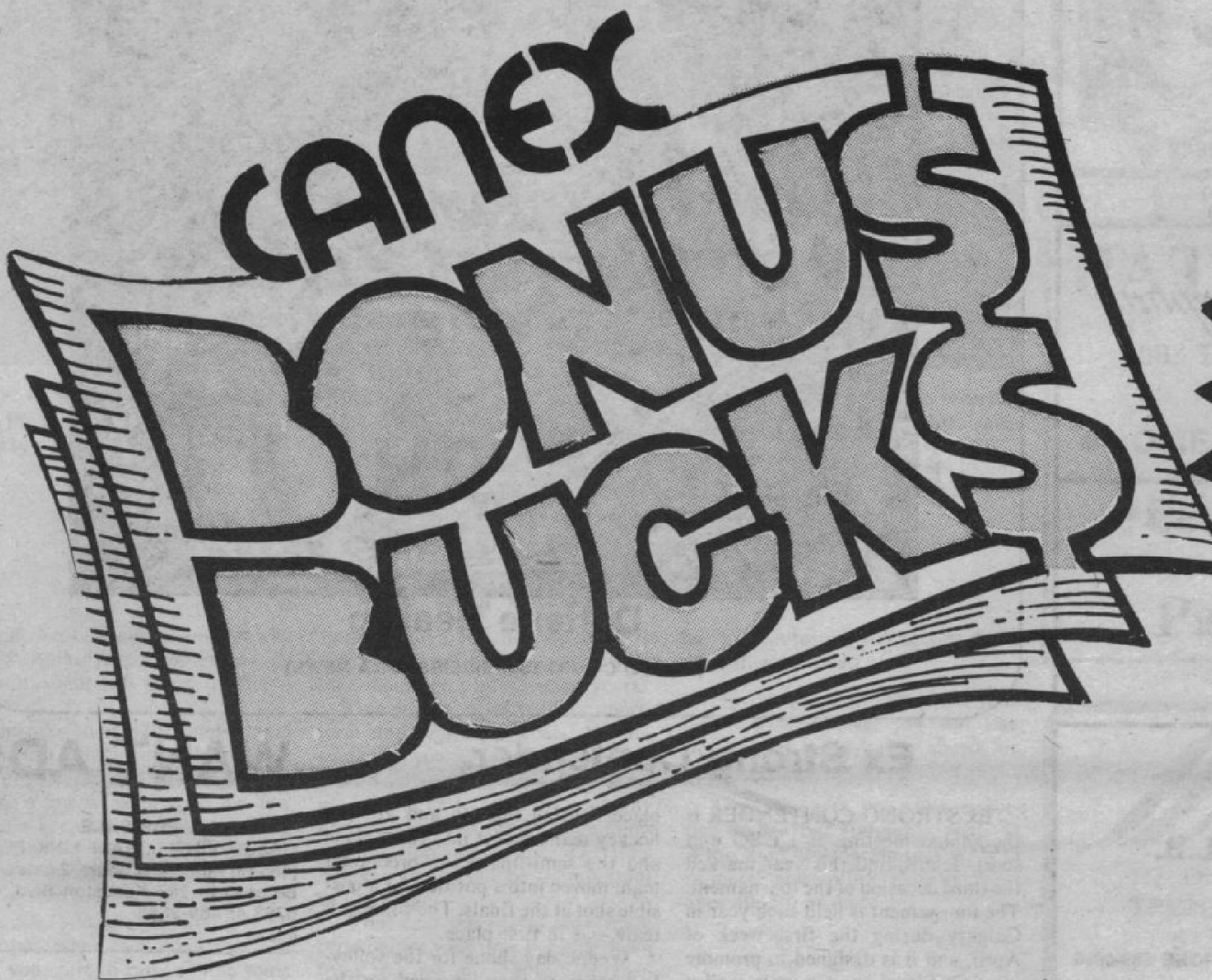
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