



# Postair



Canadian Forces Base Winnipeg — Home of Air Command

Base des Forces canadiennes Winnipeg — Foyer du Commandement aérien

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Vol. 29

## Defence Minister Visits CFB Winnipeg

Gilles Lamontagne, Canada's Minister of National Defence, briefly visited Air Command Headquarters and CFB Winnipeg on Friday, 4 July. IGen K.E. Lewis, Commander of Air Command and Col J.R. Allingham, Base Commander, are shown greeting Mr. Lamontagne as he arrived. The minister viewed an honour guard, held discussions with senior staff of Air Command, and addressed a gathering of officers at lunch.



## CDS Starts Western Tour

General R.M. Withers, Canada's Chief of Defence Staff, arrived in Winnipeg on July 9 for a two-day visit to Air Command Headquarters and CFB Winnipeg.

Accompanying General Withers on his first official western tour as CDS was his charming wife Alison, and the Canadian Forces Chief Warrant officer, CWO R.P.A. Osside.

Following briefings at Air Command Headquarters on the morning of July 10th, the CDS visited CFB Winnipeg during which time he toured the Air Navigation School, gave a brief address to officers of CFB Winnipeg after which he was a guest at the WO and Sgts Mess for luncheon.

During the afternoon of July 10, General Withers visited the BTSSO branch, BAMEO, 429 Squadron and the ICP School. In the evening an enjoyable reception was held in the Officers Mess.

In the morning of July 11, General Withers, General Lewis, the CF Chief Warrant Officer and CWO Blais, Air Command's Chief Warrant Officer departed for CFB Portage la Prairie.

Following a brief visit to CFB Portage la Prairie, General Withers and his party continued on to Calgary to complete this first official, but pleasant tour of bases in Western Canada.

General R.M. Withers, Canada's Chief of Defence Staff, sprightly leaves his aircraft on arrival at CFB Winnipeg for the start of his first official Western tour of Canadian Forces Bases and establishments.

(DND OI Photo by Sgt Van Tunstead)

## Leaders Of Men

An experienced line-up of talent like this is historical. Western friendliness began "on the ramp" for the Canadian Forces Chief Warrant Officer, CWO R.P.A. Asside when he was greeted by Air Command's Chief Warrant Officer and CFB Winnipeg's Base Warrant Officer. Our smiling trio stopped to pose for the camera. From left are CWO A. Poltaruk, CFB Winnipeg; CFCWO R.P.A. Asside; and CCWO J.A. Blais of Air Command. CFCWO Asside accompanied General R.M. Withers on his visit to CFB Winnipeg and Air Command last week.



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EDITOR RÉDACTEUR EN CHEF  
Capt B. Garagan, 639

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## Conference of Defence Associations Appointment

WINNIPEG — Lieutenant-Colonel J.A. Hubbard, the Deputy Commanding Officer at Manitoba Militia District Headquarters Winnipeg, has been appointed vice-chairman of the Conference of Defence Associations for the Prairie region.

LCol Hubbard, 41, is district sales manager for Culinaire Housewares Inc. of Baie d'Urfe, Quebec with responsibility for Thunder Bay, Manitoba and Saskatchewan.

The Conference of Defence Associations dates back to 1932 and aims to consider the problems of national defence, place these problems before the people of Canada



LCol J.A. Hubbard

and make recommendations to the federal government.

The group also promotes the efficiency and well-being of the Canadian Forces. The chairman of the CDA has direct access to the Minister of National Defence and the conference may make representations about defence to the Government of Canada in this way.

Thirteen organizations, including the Royal Canadian Armoured Corps Association, the Royal Canadian Artillery Association and the Maritime Defence Association, are affiliated with the CDA as full-fledged members.

## New Commander For Saskatchewan Militia District

WINNIPEG — Brigadier-General M. Desmond Paine, CD, the former commander of the Saskatchewan Militia District, officially assumed command of Militia Area Prairie at a form change-of-command parade held at Dundurn Friday afternoon, July 4.

The change of command parade took place at the conclusion of MILCON 80, the annual summer training exercise involving most of the 27 units and organizations from the area that stretches from Thunder Bay, Ont., in the east to the western Alberta border in the west.

Brig-Gen Paine succeeds Brig-Gen H. Ovas Wagg, of Calgary, who has commanded Militia Area Prairie since June, 1977.

The parade was scheduled at the end of the camp, primarily so that the official ceremonies would not interfere with the training program, which took place under actual field conditions in the area surrounding the buildings that form the Dundurn camp.

MILCON 80, the militia concentration that provides the opportunity for field training for the 2,000 citizen soldiers who make up the militia units in the area, got underway June 28, when most of those taking part moved into the camp. Some of the more distant units, such as those based in Thunder Bay and Winnipeg

were airlifted to Dundurn by transport aircraft operating under Air Command headquarters in Winnipeg. Other closer units moved to camp in their own vehicles.

Missing from the Dundurn concentration this year were the militia artillery units from the area. These units held their training at Camp Shilo, Man., the following week. The split camp was made necessary because many of the artillery units were required to fire Canada Day salutes in their home or nearby com-

munities, and the national holiday this year fell in the middle of the usual training period.

Last year close to 1,400 men and women from reserve units, in Ontario, Manitoba, Saskatchewan and Alberta, took part in MILCON 79, last year's summer training exercises.

As in other years, this year's training program was designed to advance the skills of reservists, and to provide practical field experience both at the unit level and for commanders working in higher formations.

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# From One Generation To Another

Twenty young Manitobans were enrolled in the Regular officer Training Plan on June 27, 1980 in a ceremony held at HMCS Chippawa in Winnipeg. Colonel J.A.R. Gardham of the National Defence Headquarters Personnel staff in Ottawa officiated at the stirring ceremony. He gave a very moving address to the enrollees, parents, and friends who had gathered to witness the ceremony, the culmination of months of testing and interviews conducted by the staff of Canadian Forces Recruiting Centre in Winnipeg under the command of Major Gilles Bonenfant.

The happy group shown here are enrollees whose fathers are serving members of the Canadian Forces. Front from left are, Kevin Stadnyck, John Campbell, Lisa May, Patrick Todd, and James Caldwell. Proud parents in the back row are Mrs. A.M. Stadnyck, MWO A.M. Stadnyck of HMCS Chippawa; SGT J. Campbell, now at Yellowknife; Maj R. May, CFB Shilo; Capt P.J. Todd, Air Command Headquarters; Capt D.H. Caldwell, Air Command Headquarters; Mrs. D.H. Caldwell, and Col J.A.R. Gardham.

(DND/CI Photo by Sgt Van Tunstead)



## New Program Managers For Equipment Projects

OTTAWA — The defence department's two major equipment programs — the New Fighter Aircraft (NFA) and Canadian Patrol Frigate (CPF) — have just recently had new program managers appointed.

Taking over the NFA program is Brigadier-General Ron Slaunwhite, 45, of Halifax. He replaces Brig.-Gen. Paul Manson, 45, of Deep River, Ont., who initiated the project in March, 1977. BGEN Manson moved to Lahr, West Germany in July to assume command of 1 Canadian Air Group.

Replacing Commodore Thomas Arnott, 54, of Merrickville, Ont., as the CPF program manager is Commodore Ed Healey, 45, of Owen Sound, Ont. Commodore Arnott, program manager since February, 1978, retires in July after 28 years of military service.

Brig.-Gen. Slaunwhite, who was promoted to that rank May 15, joined the Royal Canadian Air Force in 1953 while attending St. Mary's University, N.S. After graduating in 1958 with a bachelor of science degree, in engineering he served in a variety of appointments in Canada and on liaison duties with the United States Air Force at Langley AFB, Virginia.

Other appointments have included command of 4 Canadian Forces Technical Services Agency in Edmonton, deputy chief of staff for technical training with Training Command headquarters, Winnipeg,

and deputy chief of staff for trades training at Canadian Forces Training System (CFTS) headquarters at Trenton, Ont.

Brig.-Gen. Slaunwhite attended National Defence College, Kingston, Ont., in 1977-78 and in July, 1978 became director, aircraft engineering and maintenance at National Defence headquarters (NDHQ) in Ottawa.

Commodore Healey joined the Royal Canadian Navy in 1953 and attended Canadian Services College, Royal Roads, Victoria, B.C., and Royal Naval Engineering College, England. He served in a number of sea and shore appointments including the destroyer HMCS Cayuga, destroyer-escort HMCS Gatineau and at HMCS Stadacona, Halifax. In 1968-70 he was Canadian machinery trials officer on the tribal class helicopter-carrying destroyer (DDH-280) project at the Naval Ship Engineering Centre, Philadelphia, Pa.

He also served at NDHQ in Ottawa as section head, prime movers and boiler design and with Maritime Forces Pacific, Esquimalt, B.C., as deputy chief of staff for technical readiness. In 1974-75 he was deputy chief of staff, leadership and support training at Training Command, Winnipeg, and then served in Trenton as deputy chief of staff for career planning at CFTS HQ.

A 1978 graduate of National Defence College, Commodore Healey then returned to Ottawa as director



Peter Hogg, son of Mr. and Mrs. Bill Hogg, is shown being congratulated by COL J.A.R. Gardham of NDHQ after his enrolment into the Regular officer Training Plan. Peter, whose father is the Administration Officer at the Base Construction Engineering Section at CFB Winnipeg, will be attending Royal Military College.

(DND/CI Photo by SGT Van Tunstead)

maritime equipment engineering. Director of maritime engineering and maintenance since July, 1979 he

was promoted commodore June 16, 1980 and assumed his new duties on June 27.

## Fire Preventions News

Does your smoke detector work? Has it been removed and not replaced? Is the battery dead or have you disconnected it? Has anyone caused the audible alarm to be silenced or quieted in anyway?

A recent inspection on an Air Command Base showed 10% of the smoke detectors had the audible alarm tampered with. Initial Fire Prevention visits recently at CFB Winnipeg showed a number of battery operated detectors with dead batteries as well as some which the occupants had disconnected. This

complacency could foreseeably cost a life and must be brought to a stop.

All smoke detectors should be tested monthly and if any problems are encountered they should be reported immediately as laid out in Married Quarters Orders. For those of us lucky people living in BLHU's when the batteries run down replacements are available from CE Supply. For those living in PMQ's it is requested that anyone who does not have a smoke detector in their home or one which doesn't work call CE trouble calls at Loc. 207.

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## A Poem "Ten"

A boy left home, and his mother dear,  
In search of a promising career.  
"I'll join the Air Force, it sounds like fun,  
I'll be employed and do the job of ONE."

He was trained and posted out to a base;  
Reported in with a smile on his face.  
The C.O. said "Son, I'll welcome you,  
We're short of staff, you'll do the jobs of TWO."

He worked real hard at his basic trade,  
Liked the job, thought he had it made.  
Then someone discovered his evenings were free  
And he found himself with the jobs of THREE.

Then came summer, and would you believe  
No time to take any Annual Leave.  
He managed a weekend but not one day more  
One Monday they gave him the work of FOUR.

And while he was feeling a little bit tense,  
Some Captain put him on Base Defence.  
"Grab that gun and helmet and look alive  
There's no time to rest with the jobs of FIVE."

He dressed up for parades, in the evening of course  
Then changed to grunt clothes for the Base Defence Force.  
At the hangar next morning there were aircraft to fix  
Put the coveralls on, do the jobs of SIX.

Out obsolete aircraft with no some spare parts  
Are driven by pilots with cold, steely hearts.  
As long as they're flying, they think they're in heaven,  
Do they care that the tech does the fix work of SEVEN?

Fix the planes, fight the fires, report for N.A.S.T.,  
Take a course, work the weekend then go on T.D.  
Clean the hangar, move sandbags, extra duties are great,  
Our tech is now burdened with the workload of EIGHT.

The pay for his work can't keep up with the rent  
And his annual raise was a big four percent,  
Inflation's at ten, he's falling behind  
He's still paid for ONE, but working for NINE.

His last PER recommended promotion  
His loyalty clearly is total devotion.  
He is truly a standout, a man among men,  
To be counted as ONE, and still work like TEN.

Terry Lawrence



## BOPS TALKS

The Ops Shop has been rather busy of late, catering to various unusual occurrences in the area. It all started in the wee hours of the morning with a radio transmission from an Edmonton Herc and Operation Airstream was in full swing. That operation, and its sequel, Airstream Two are now history but during their short run an excellent opportunity was provided to assess our plans and ourselves under emergency conditions. From all reports the entire Base passed with flying colors. Every section provided superb support throughout both of these airlifts and every individual should be justly proud of a job well done.

Co-incident with the Red Lake airlift there was another operation conducted from the Command Post employing rotary wing aircraft. Drawn primarily from 10 TAG, this group operated from Winnipeg in support of civil and military fire fighters. They evacuated small areas, repositioned fire fighters, moved thousands of pounds of cargo, conducted water bombing and kept the various field kitchens supplied with rations. These activities were supported by Base Winnipeg, and like the Airstream series, the support was excellent from participating sections.

A little closer to home, and of a slightly less urgent nature, Ops has participated peripherally in the planning stages for a new roof on Hangar 16, and for the new apron out in front. Both of these projects are badly needed and although each will cause some disruption over the summer months, everything should be back to normal by mid September.

One of the disruptions associated with the ramp project is the elimination of stopping or parking on East Street between the Firehall and Hangar 10. That portion of East Street is now a designated crash route and the restriction is necessary to ensure continuous right-of-way for the crash vehicles.

On the manning side of the Ops Shop we have had some changes. Leading the exodus was Sgt Robert Moquin who left his position as Senior Radar Controller for new employment in the Saguenay Valley. Not to be outdone, MCpl Earle Taylor pulled up stakes and set course for that great northern, no-sales-tax-airpatch in Cold Lake. To both of these gentlemen, and their families, we thank them for their past dedication and wish them every success in the future.

Filling in behind those leaving are two gentlemen, Grant Anstey and John Campbell from Shearwater and Cold Lake respectively. They have both undergone indoctrination in the Muddle Factory and by press time, each should be a fully qualified confusion specialist. To John and Grant, don't let the warm weather fool you — Welcome to Winnipeg.

More from the Ops Shop next edition.

R.N.



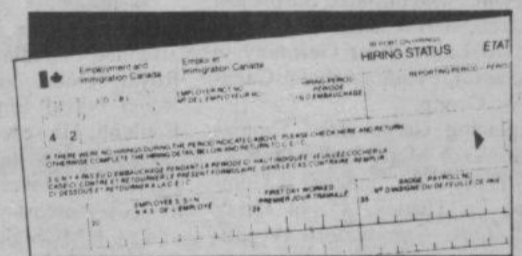
**HISTORICAL FIRST** — Laura Beare, 19, left, of Winnipeg, and Catherine Korzenowski, 18, right, of Ochre River, are the first Manitobans among 50 young Canadian women to be accepted for entrance to Canadian military colleges at Kingston, Ont., and St. Jean, Que., under a five-year experiment to employ women in military roles traditionally assigned to men. Left is Colonel John A.R. Gardham of National Defence Headquarters personnel staff, Ottawa, who performed the attestation ceremony. The two enter the Canadian Forces under the regular officers training plan, a scheme that covers all educational costs, pays a salary during studies and leads to a degree and a commission in the rank of lieutenant upon graduation. Officer Cadet Beare, who attended St. John's Ravenscourt School, is the daughter of Mr. and Mrs. B.A. Beare of 204 Wildwood Park, Winnipeg, and Officer Cadet Korzenowski is the daughter of Mr. and Mrs. M. Korzenowski of Ochre River.

(DND/CI Photo by SGT Van Tunstead)

# A new way to detect Unemployment Insurance abuse.

Most people getting unemployment insurance play by the rules. But some people don't seem to know that they can't take a job and collect benefits without telling us they're working. That's why employers are being asked to send us the starting date and Social Insurance Number or extracts from computer payroll tapes for each employee they hire or rehire. This information is cross-checked with the Social Insurance Numbers of people receiving unemployment insurance benefits. Only cases of potential abuse will ever surface. After investigation, anyone found receiving benefits to which they are not entitled will have to repay them.

It may be an honest mistake. Some people forget or don't understand they must tell Unemployment Insurance and report their total earnings when they start



Social Insurance Numbers of newly-hired employees are now being cross-checked with those of people receiving unemployment insurance benefits. Only cases of potential abuse will ever surface.

a new job. In that case, repayment is all that's required. But, a penalty or prosecution may follow when the new system detects people wrongly collecting benefits.

If you are collecting unemployment insurance benefits, and start a new job, please say so on your UI claimant report card.

Employment and Immigration Canada  
Lloyd Axworthy,  
Minister

Emploi et Immigration Canada  
Lloyd Axworthy,  
Ministre

# Canada



# Command Change

**WINNIPEG** — Command of the Winnipeg-based 2nd Battalion, Princess Patricia's Canadian Light Infantry changed here Wednesday morning June 25th.

Succeeding 41-year-old Lieutenant-Colonel William H. Minnis, 41, of Winnipeg and Flin Flon, is Lt-Col John S. Bremner, 37, of Victoria, B.C. and Sydney, N.S.

Col Minnis, who has led the battalion through Manitoba flood and fire-fighting operations since August, 1978, moves to a new appointment in Kingston, Ont., on the faculty of the Canadian Land Forces Command and Staff College.

The new CO, Col Bremner, takes command of the 66-year-old regiment's 2nd Battalion after serving at National Defence Headquarters in Ottawa since July, 1979.

He began his military career as a private in the same battalion in 1961, and spanned 11 ranks in 19 years to become its commanding officer.

Wednesday's change of command ceremony, open to the public, took place at the battalion's home, Kapyong Barracks, at the corner of Corydon and Grant. The ceremony involved a formal hand-over, an inspection and a march past.

In attendance were Manitoba's lieutenant-governor, Hon. F.L. (Bud) Jobin, and Brigadier-General P.J. Mitchell, commander of the Calgary-based 1 Canadian Brigade Group, of which the PPCLI forms a part.



**COMMAND CHANGE** — Manitoba Lieutenant-Governor, F.L. Jobin, right, meets the new commanding officer of the Winnipeg-based 2nd Battalion, Princess Patricia's Canadian Light Infantry (PPCLI) following ceremonies at Kapyong Barracks in Winnipeg Wednesday (June 25). Left to right are Lieutenant-Governor William H. Minnis, 41, of Flin Flon and Winnipeg; the new CO, LT-COL John S. Bremner, 37, of Victoria, B.C., and Sydney, N.S.; and Brigadier-General P.J. Mitchell, commander of the Calgary-based 1 Canadian Brigade Group, of which the PPCLI forms a part.

## Saluting Troop

**WINNIPEG** — A saluting troop from 26 Field Regiment, an RCA Militia unit based in Brandon, provided this year's formal 21 gun salute in honor of Dominion Day at Noon Jul 1.

The 21 gun salute was once again fired on the north side of the grounds of the Manitoba Legislative Building, with the Brandon unit arriving on the grounds about half an hour

before the salute, to go into position. The troop left Brandon late June 29th and stayed at Winnipeg Kapyong Barracks while being in the city on June 30.

Starting at the stroke of Noon, the 21 gun salute fired at 15 second intervals. The saluting unit returned to its Armoury in Brandon during the afternoon of July 1st.

## Prevention of Vehicle Accidents

### What Are You Doing?

1. The solution to our serious traffic accident problem is within our grasp. It only requires doing everything possible to prevent them from happening. Prevention is the key to success.

2. Your Base Transportation Safety section and its volunteer supporters are doing what they can by providing an effective safety programme. They have a Safety Patrol which looks for unsafe driving habits, they are responsible for distributing safety material and posters, they investigate all DND vehicle accidents, they take an active part in community activities such as POMV safety, bicycle rodeos etc., and they also conduct a variety of safety-oriented courses which help to prevent accidents.

3. The Defensive Driving Course is one such course. This course is designed to help improve your driving knowledge. It is a course in how to drive to stay alive. This course will be taught to over 500 military and civilian personnel and their dependents over the next year. DDC courses will start at the end of Sept. and maximum participation would be appreciated.

4. To help reduce the number one cause of acquaint accidents, they conduct Safe Backing courses. This course will acquaint drivers with the basic principles of safe backing. This

course will run from Sept. to the end of Oct. and is for holders of DND 404s only.

5. For the winter, which is the most hazardous time of year for vehicle accidents, they conduct Winter Driving courses. This course displays the hazards of driving on ice and snow and with the help of Base Fire hall, a skid lane was built to allow personnel an opportunity to learn how to control their vehicle on icy surfaces. These courses will run from Jan. to Mar. and are for holders of DND 404s.

6. Dec. 1-7 has become established throughout Canada as Safe Driving Week. Your MSE Safety Section will run an extensive campaign at this time as it has shown what can be accomplished when the majority of those who use our streets and highways make a conscious effort to drive defensively.

7. The effectiveness of the MSE Safety Section depends largely on the support it receives from all base personnel. They seek your co-operation. They need your help in preventing accidents by obeying speed limits and traffic laws, by driving defensively, and by engraving courtesy into your driving habits. Courtesy is caring.

Base Transportation Safety Section

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## The Results Are In!

I wish to thank the 75 people who responded to our survey. The survey was conducted in an honest attempt to provide the best service possible, within our means, to you, our customers. We cannot be all things to all people but if what we can do, we do well, then I think base fund deserves your support.

To get on with it, I have attempted to answer your requests and inform you as to what we can/can not do and the reasons behind it. All surveys were read carefully and your requests considered.

### Canex prices:

Sixty-eight percent of our responders thought our prices were competitive. Twenty-four percent, however thought our prices were too high. We'll now convert you.

In October 1979, a WARP (War Against Rising Prices) group conducted a survey of the Canex store and compared prices of 95 specific items to eight large retail outlets in Winnipeg. The results: "of the items checked 87% were lower in price in the Canex store." Exceptional savings were noted on small electrical appliances and the Sony 20" color television.

Contrary to popular belief, Canex operates like any other retail store and that includes incurring overhead expenses for such items as salaries, advertising, freight, pilferage, utilities, etc. For instance in the fiscal year 79/80 salaries alone amounted to approximately \$70,000, and other expenses amounted to \$50,000. (Note: most of our employees are DND dependents!) These figures do not include the expenses of the service station or other Canex activities such as the snack bars which are service-oriented not profit-oriented.

You may wonder why Canex is a profit-oriented organization. Seventy-five percent of all profits are transferred to base fund. We provide 81% of the money that supports the PMQ Council, and many other community activities. Base fund has other fixed expenses as well. To all you sports enthusiasts, approximately 18% of the base fund expenditure goes to providing equipment and organizing activities for you. The remainder of the profits go to purchasing new capital equipment and inventories for Canex.

Let me emphasize one of the five Canex pledges. We guarantee competitive prices: *If any authorized patron purchases an item from the exchange retail store and finds within a ten-day period, the identical term regularly prices lower in any local retail store, we will cheerfully refund the price difference on presentation of the exchange retail store slip. Unfortunately we do not have the manpower to frequently research prices in all local retail stores. Therefore it is appreciated whenever patrons point out price discrepancies so we can serve you better. Canex will also meet sale prices (other than exceptional loss leaders) on identical items advertised by all other major retailers.*

### Canex Promotions

Sixty-seven percent of the replies though our promotions were well advertised. 28% thought they weren't.

Our present advertising media is limited to Voxair, national ads and flyers. This is because our advertising can only be distributed to authorized patrons. Obviously then radio and TV can not be used. PMQ and section delivery is our standard distribution. For large national sales

we direct mail to patrons off the base. Any suggestions on how we could improve upon this system are welcome.

Sixty percent felt our promotions were frequent enough. 36% did not.

This year Canex will have seven national sales as well as approximately five regional sales. This record is on par with most local retail chains, and is also up from last year.

Fifty percent of our responders did not feel that Canex offered real bargains in their promotion.

past research has shown that Canex sale prices are as good or better than those advertised by our competitors. Our patrons therefore have double advantage. Our own Canex sales as well as competitors sale prices as indicated previously.

### Product Selection

Thirty-nine percent of our patrons though our product selection was narrow while 57% thought it was adequate.

It is obvious we cannot carry a line of goods to the extent that the larger retailers do because we don't have the space nor the money for the inventory. However, there are plans in process for a new larger, modernized Canex!! This is where Canex patrons can help. The more sales we have now the more justified we are in asking for a new store and the sooner it will happen. Your response to this survey will also help.

Moving on to more specific departments, we received an overwhelming request to expand our clothing departments for both men and women. Ironically this is our slowest moving merchandise. However, your request has been noted. Previous plans to reduce these departments will be reassessed. We could easily spend all our funds on clothing alone. If you think about it, for each type of clothing there are dozens of styles, colors, and sizes to choose from. Fashion clothing is a selective, competitive business. Since we don't have the ability to carry a wide range we carry only basic stock and try to do this as well as possible.

A few of you, (7%), requested the addition of children's clothing to our product selection. This has been tried with disastrous results. The clothing did not move well at all. You could say we are as hesitant of trying this again as a rider getting back on the horse that threw him!

As for the other departments, the results showed that 50% of our customers wanted expansion in all the departments. As we are limited in space we have set up a special order department for goods that we not regularly carry in store. Such items are non-stocked heavy appliances, china, silverware, cameras, stereos, furniture, golf equipment, and wedding, engagement and other rings. Brand names are determined by head office after consultation with regional staff. If you can't find what you're looking for on the floor, ask one of the sales staff. We service what we sell and our warranty is transferrable to your new base.

It was nice to hear that 93% of our responders believed our salespeople to be friendly and 83% found our service helpful. Thank you.

Seventy-six percent of you felt our store hours were suitable. For those of you who desired later hours here's what we going to do. Come fall, we will be staying open one night a week, (Thursday), and during the Christmas season we will be open every night, Mon.-Fri.

# MWO Market Cornered



After cornering the market on promotions to MWO, BAMEO MAJ Ray Jordan gives his own land signals to mark the event. MWO Ken Banfield (left), MWO 'Chev' Cheverie and MWO Bob McKay (right) show their reactions to promotion and the boss's visual comment.

(BASE PHOTOS by MCPL Jim Juryn)

The majority of people who answered our survey didn't want a bank, cafeteria or easier access. But they did ask for a grocery. An express mart may be planned in the new complex.

I hope this has cleared up some concerns about Canex as well as enlightened you on the "why's" behind our operation. Thank you again for the information you provided to us. We will continue to do everything in our power to meet your demands. Should you have any other questions regarding Canex operations please contact me, Captain Bill Brown, BXO, at 832-1311 Ext. 580 or 832-0787.

## Are You Moving This Summer

If you are leaving this province and if you happen to be the owner of a motor vehicle that is registered here and that is insured by Autopac, then you should keep in mind that your Autopac insurance coverage will remain in effect until:

1. You are legally required to obtain registration from the registrar of your new province; or
2. You register your car outside of Manitoba; or
3. Your existing Manitoba registration expires or is suspended.

### WHICHEVER OCCURS FIRST

Paragraph one above is the only one that is likely to cause problems. It is interesting to note that, for example, a person that moves to Ontario must obtain registration from the registrar within 30 days of his arrival, whereas in Québec such registration must be obtained within ten days. From a very practical point of view, what this means is that if you move to Québec, fail to obtain registration within the ten days immediately following your arrival in that province and are involved in an accident on the twelfth day, for example, they you are not covered by Autopac and they will deny liability if and when a claim is submitted.

So, if you are moving out of Manitoba, make sure that as soon as you arrive in your new province you en-

quire from the local Vehicles Registrar Office to determine the time limit within which you are required to obtain registration for your vehicle from your new province. Then you should obtain registration within that time limit, because failure to do so will mean that as soon as the time limit has expired, then you are no longer covered by Autopac.

Finally, you should not rely on

CFAO 19-30 "Motor Vehicles - Provincial Regulations" because it was published more than four years ago and has not been reviewed since. The law has changed in some provinces since then, so you should contact the local Vehicles Registration Office immediately on arrival in your new province.

Y. Côté, Captain  
Assistant Deputy Judge Advocate

## Let's talk about a better way to handle your money.

When you put money in the bank, it's for your own good reasons. Which means that you want a savings plan that's tailored to your own needs and wants. And that's why we offer different accounts and investment certificates, each with its own interests, and each with its own unique features.

True Chequing Accounts. Regular and True Savings Accounts. Savings Certificates and Monthly Income Deposit Receipts. Term Deposit Receipts. And Certificates of Deposit.

If you want to get the most for your money, let's discuss the individual features of each. Let's get together. And let's talk.



The First Canadian Bank

Bank of Montreal

Portage & Whytefold Branch  
(North Side)

Lyle Parnell, Mgr.  
837-8368

Tuxedo Park Shopping  
Centre Branch (South Side)

John McKinnon, Mgr.  
474-1331

Courts of St. James Branch  
2727 Portage Avenue

Gary Chase, Mgr.  
889-8850

Portage & Westwood Branch  
3330 Portage Avenue

Keith Nash, Mgr.  
888-6770

Let's  
talk.

## BAMEO Promotions

Base Aircraft Maintenance technicians take time out between primary and secondary duties to have photographs taken following their recently announced promotions.

Standing L to R - Front - WO Andy Anderson, MCPL John Pelechaty, SGT 'Woody' Woodward, MCPL Stan Baldwin, MCPL Dan Cuthbert, BAMEO Major R. Jordan. Rear Row - SGT Gil Girard, SGT Neil Martin, SGT Mike Mac-William, SGT Greg Ellis, MCPL Bill Spencer, SGT Doug Mann.



Base Photo - MCPL Juryn

## UNDE Locally Yours

### HP MEETINGS:

The first meeting in this round of negotiations was scheduled for 25 Jun 80 on behalf of the HP Group. The Collective Agreement expired 6 Jul 80 and notice to bargain was served on the Employer 9 May 80.

### IS HEARING:

The Arbitration Board on behalf of the IS Group is scheduled for 28 Jul 80.

### ST ARBITRAL AWARD:

Agreement has been reached regarding the ST Group, effective 16 Jun 80, for a one-year contract. Details of this agreement will be forthcoming in a separate newsletter to all STs of Local 705.

### CR DISPUTE:

The PSAC has not been invited to return to the bargaining table on behalf of the CR Group since Treasury Board failed to respond to the last position placed before it by the Alliance when mediation broke down on 30 May 80.

The PSSRB has not finalized the designations and has not yet invited the parties to begin the process of determining the composition of the Conciliation Board. TB has referred

two proposals to the Conciliation Board — one dealing with severance pay and shift premiums.

### DA HEARING:

The jurisdiction dispute hearing took place 3 Jul on behalf of the DA Group before J.M. Cantin, Vice-Chairman of the PSSRB.

The Employer is objecting to the jurisdiction of the Conciliation Board regarding these members and maintains that items such as the bilingualism differential and technological change are not within the Board's jurisdiction.

### INPUT CALLS:

The Input Call for bargaining proposals has gone out for the following groups: Engineering and Scientific Support (EG); General Technical (GT); Technical Inspection (TI); Communications (CM); General Services (GS); Hospital Services (HS); Auditing (AU); General Labour and Trades (GL&T).

The Input Call is usually sent out six months prior to the expiration date of the Collective Agreement. The bargaining proposals are forwarded from the members to the components.

(NB: This is as good a time as any to thoroughly study your contract and submit any questions or ideas, in writing, to CATHY PFEIFER, 2ND VICE-PRESIDENT, LOCAL 281, whose primary duty is to coordinate all bargaining and ratifications for the Local).

### CONGRATULATIONS:

To DORRIS SMITH, who works at the AMS, for winning the Attendance Draw of \$5.00 at the last General Meeting!

### SIGN A UNION CARD:

To return to more mundane matters - in this time of contract disputes and strike atmosphere - are you really sure that you are a card-carrying member of this Local? If your \$11.80 comes off your cheque automatically, do you carry a green and gold PSAC card that entitles you to vote on your contract or at elections or have any say in how we, the Executive, spend your money?

If not - phone EV OGREN, TREASURER, 889-9174, or MINNIE CHAIKOSKI, CORRESPONDING SCY, LOCAL 728, or CATHY PFEIFER, 2nd VICE-PRES, LOCAL 281 - and ask for a membership card. Remember, it's your money and your contract!

### PRESIDENT'S MESSAGE:

"Dear Members:

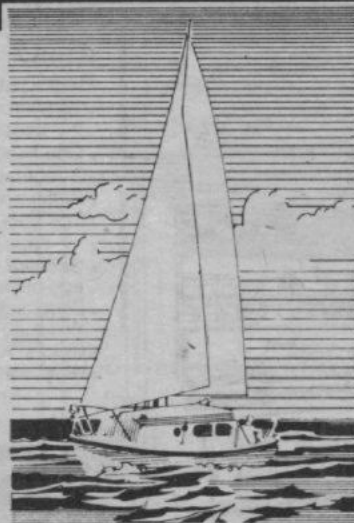
Well we did it! We managed to survive another Manitoba Winter. In our particular Local, this is mean feat. A few of us are a little frayed around the edges; however, the basic body is still intact. The resilience - or should I say the downright ruggedness - of Western Canadians never ceases to amaze me.

As vacation time quickly approaches, I would like to take this opportunity to thank you for your support over the past seven months and on behalf of the Executive Committee, wish you all a safe and happy Summer Vacation.

### PROMOTIONS:

The Executive Committee of Local 705 extends congratulations and a hearty well-done to CONNIE VON NIESSEN who recently won a competition that promotes her to ST SCY 2 at AIRCOM HQ. While BHQ will certainly suffer a loss in the distinction of having its own Noble Person among us, whose un-failing good humour and ever-present concern for others has seen us through many a long day, we wish her well and every success in her job at SSO TAC HEL. CONNIE's role as UNION COUNSELLOR for Local 705 will transfer with her and all EOW Seminars will be coordinated from her new office.

# WHEN YOU'RE READY FOR FLORIDA, WILL FLORIDA BE READY FOR YOU?



Let's face it, inflation is here to stay, and although no one can accurately predict real estate prices in the future, they aren't likely to go down.

That's why many forward thinking individuals are purchasing homesites now, even though moving to Florida may still be some time in the future.

General Development offers homesites in four delightfully planned communities on the Florida Atlantic Coast, Gulf Coast

and in South Central Florida. Each has a character and charm of its own plus facilities and amenities for the way you want to live.

If you'd like to own a place of your own under the Florida sun *someday*, you owe it to yourself and your family to learn more about what General Development can offer you *today*.

For more information and our complimentary color folder mail coupon today or call:

**Paul Guenette**  
**944-7333**

**General Development**

Florida Enterprises Ltd.  
JBL Realty

1006-259 Portage Ave., Winnipeg, Manitoba R3B 2A9

Please RUSH information about homesite opportunities at General Development communities. We understand there is no cost or obligation to purchase.

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Telephone Number \_\_\_\_\_

45-5-266

## HELP WANTED

Healthy men and women needed to work for a very large and worthwhile organization. Employment very temporary, not more than 30 minutes duration. Pay is poor but fringe benefits are excellent. You will definitely feel that you have made a meaningful contribution to our organization. Apply in person to CFB Winnipeg Here Lounge, between the hours of 0930-1130, 1300-1700, Tuesday, 5 Aug. Coffee, donuts and a Red Cross Blood Donor pin to all persons applying for this position.



Dorothy Paus



Joy Johnson

### COLONIAL REAL ESTATE LTD.

251 Dundas St. E., Trenton, Ont. K8V 1M1  
(613) 392-2511

### MOVING TO CFB TRENTON ?

Let us help you with all your real estate requirements. Being service wives, we understand moving regarding CFAO's and QR&O's. Brochures, maps and city information sent immediately, upon request. No obligation.

**Free Delivery**  
Wpg. Only



**Hotpoint**  
the beautiful appliances

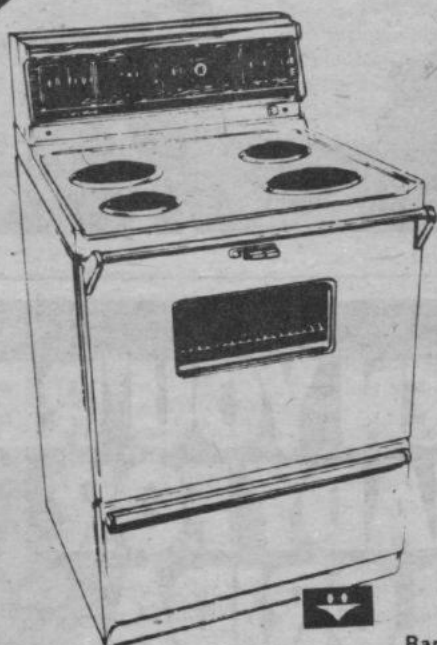


**VALUE DAYS**

- REFRIGERATORS
- RANGES
- WASHER
- DRYER
- FREEZER
- DISHWASHERS

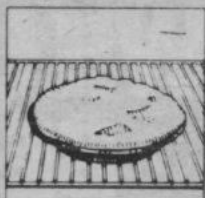


The Hotpoint  
beautiful price sale!



- KS632**  
**30" Self-Clean Range**
- Self-cleaning oven
  - Glass-covered control panel
  - Timed appliance outlet
  - 4 plug-out elements with infinite heat control
  - Oven selector switch
  - Variable broil and bake control
  - Golden Touch baking
  - Oven light and platform light
  - Towel bar handle
  - Dimensions: Height 47", Width 30", Depth 26"
  - Colors: Almond and Snow White

**Range features**

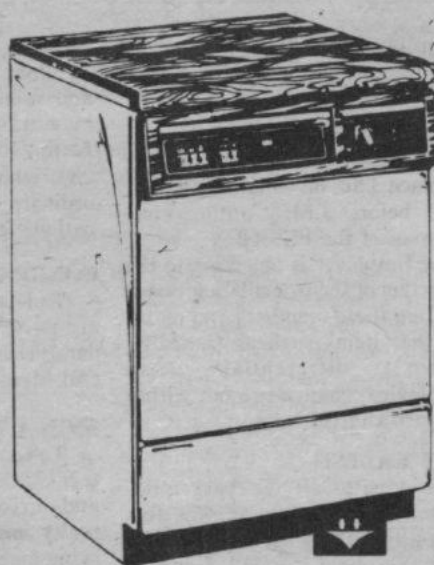


Broil element automatically cycles on and off to lightly brown cakes and pies. Puts a Golden Touch to all your baking.



The pyrolytic self-cleaning system cleans the entire oven automatically. Oven soils reduced to a light ash which can be wiped away with a sponge.

**\$599.99**  
Color Incl.



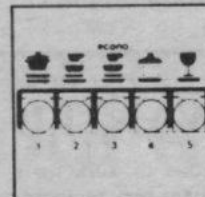
- SC512 Dishwasher**
- 5 pushbuttons
  - 9 cycles — 2 with sani-option
  - Normal
  - Normal — no heat
  - Dish and pot wash
  - Dish and pot wash — sani option
  - Dish and pot wash — no heat
  - Dish and pot wash — no heat — sani option
  - Rinse hold
  - Short wash
  - Short wash — no heat
  - Multi-level washing action
  - Soft food disposer
  - Rinse agent dispenser
  - Cutlery basket
  - Convertible model has Cherry Wood cutting board
  - Dimensions: SC512 — Height 36-1/4", Width 24-5/8", Depth 25"
  - Colors: Almond and Snow White

**\$459.99**  
Color Incl.

**Dishwasher features**



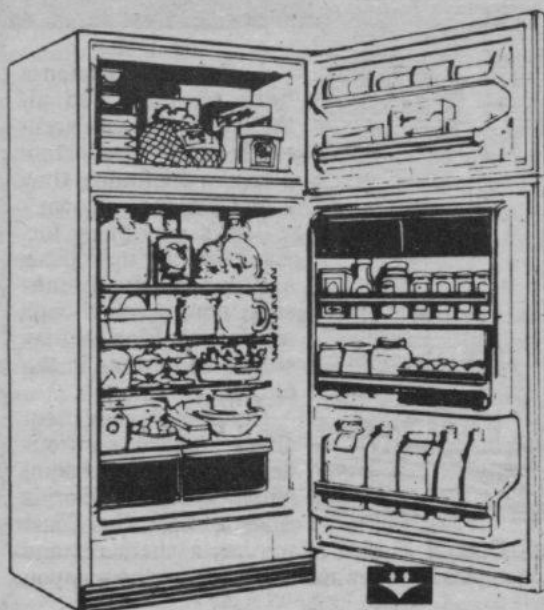
The extra long Dish and Pot Washer cycle removes heavy baked-on food soil from pots, pans, and casseroles.



Econo-wash button conserves electricity used by your dishwasher by eliminating the heated dry period after the wash cycle.



Multi-level wash action directs surging jets of hot water over dishes from above and below both racks to give the most thorough wash possible.



- RT152**  
**Refrigerator**
- 15 cu. ft. capacity
  - 2-10 position shelves
  - One fixed shelf
  - 2 vegetable crispers
  - Butter and cheese compartment
  - Egg bucket
  - Ice cube trays
  - Crispers, dairy compartments and egg bucket in Rich Brown color
  - Dimensions: Height 64-1/2", Width 30", Depth 26-1/2"
  - Colors: Almond and Snow White
  - Right hand door opening only

**\$579.99**  
Color Incl.

**LA422**  
**Washer**

- 3 programs: normal, permanent press and extra wash
- 2 pre-set water temperatures
- Pre-set maximum water level
- Self-cleaning filter
- Dimensions: Height 42", Width 27", Depth 25"
- Colors: Almond and Snow White

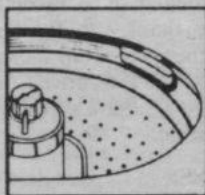
**\$429.99**

**DE322**  
**Dryer**

- 3 programs: timed normal, timed permanent press and timed fluff
- Pre-set heat selections
- Safety start
- Removable up-front lint filter
- 4-way venting option
- Dimensions: Height 42", Width 27", Depth 25"
- Colors: Almond and Snow White

**\$289.99**  
White Only

**Washer features**

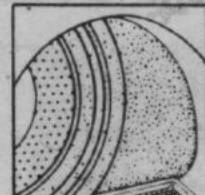


Self-cleaning filter ring provides over 4 feet of filtering surface that works in every cycle and cleans itself automatically.

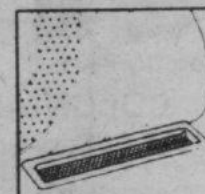


Collar and cuff board allows concentrated spot scrubbing before washing.

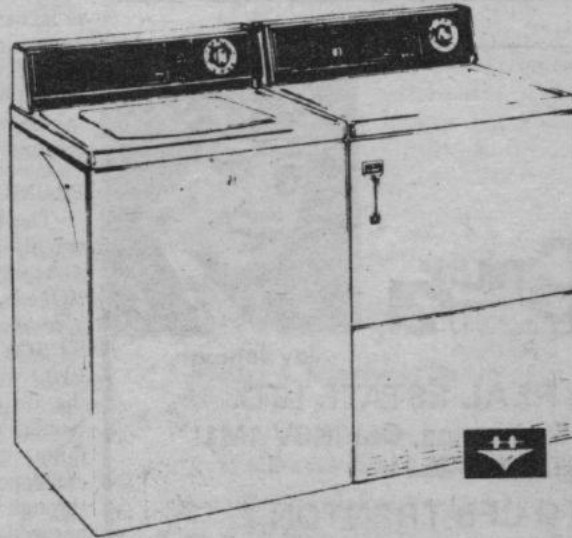
**Dryer features**



Smoothly finished porcelain enamel drum prevents snagging delicate fabrics.



Handy up-front lint filter is easy to remove for cleaning.



Service to Hotpoint appliances is the responsibility of Hotpoint Service. As the successors in business to Westinghouse Canada's appliance service, Hotpoint Service is the same organization that provided dependable parts and service for Westinghouse appliances for many years. The experience of this group will assure the same quality of service for Hotpoint and continuing service for Westinghouse appliances.

During and after the warranty period service is available across the country from Hotpoint technicians, plus authorized independent depts. Your Canex dealer can supply you with names and addresses of those nearest you.



**Get Turned On With Our Spectacular Audio Sale July 17th - 23rd Incl.**



**We're Crazy Than Kelly**

**IT'S A SONY**



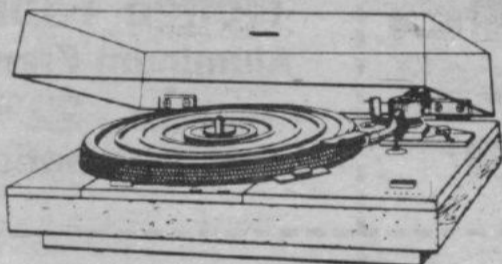
How about a KV-1543R? Express tuning, the new Express Commander remote control system and a brand new super reliable Alpha chassis in a 15 inch compact Trinitron.

**BX Reg. Price \$749<sup>99</sup>  
Special \$699<sup>99</sup>  
(3 ONLY)**



**KV1911 SONY 19" COLOR TV  
\$699<sup>99</sup> 1 ONLY**

**SAVE \$40**



**TP 1010 Sanyo**

DC PLL Servo Motor  
Frequency response 20-20,000#  
Wow & Flutter 0.5%  
Rumble 70dB Magnetic Cartridge - Anti Skating Device

**5 ONLY  
Special \$144<sup>99</sup>**

**SAVE \$40**



**TP 535 Sanyo**

4 Pole Synchronous Motor Wow & Flutter Less than 0.08% Static Balanced Tone Arm Magnetic Cartridge

**3 ONLY  
Special \$84<sup>99</sup>**

**SAVE \$40**



NOT AS ILLUSTRATED

**TP 1005 Sanyo**

DC PLL Servo Belt  
Wow & Flutter 0.5% Rumble - 60dB  
Magnetic Cartridge - Anti Skating Device  
Frequency 25-20 K H2

**Special \$104<sup>99</sup>**

**Sugg. List \$499<sup>99</sup>**

**Special \$399<sup>99</sup>**



STAND EXTRA 4 ONLY

**Receiver**

- 5 watts RMS per channel at 0.7% THD from 40 HZ — 20 kHz
- Detente volume, bass, treble controls
- Sensitive AM/FM stereo tuner
- Tuning Meter
- Facilities for 2 pair of speakers

**Belt-Drive Turntable**

- Counterweight "S" tone arm
- Reject and automatic shut-off
- Magnetic cartridge
- Viscous cue lever
- Smoked dust cover, integrated base

**Cassette Deck**

- Front-load system with push button controls
- Auto shut-off
- Three-digit tape counter
- Left and right recording volume level controls and VU meters
- Oil damped cassette eject
- Noise filter switch
- **Speakers**
- 3-way air suspension system
- 8" woofer, 3" tweeter - min range
- Removable front grille

**SAVE \$100  
TCK60 Stereo  
Cassette Deck**

with Unique liquid Crystal Peak program meter and automatic music sensor  
WOW & Flutterless 0.05%  
2 heads Ferritte & Ferritte

**Special \$449<sup>99</sup>  
4 ONLY**

**SAVE \$60  
GXC-570 DII AKAI  
Cassette Deck - 3 Head  
System \$779<sup>99</sup>**



# Save On Our Summer Round UP

**Prices In Effect While Stock Lasts All Sales Final Cash & Carry**



**Save \$10**

### 24" Bowl Barbeque

- folding tripod legs and wheels
- ratchet grill adjustment
- hood with electric motor and

BX Reg Price **\$33<sup>99</sup>**

Special **23<sup>97</sup>**

Limited Quantities

### 24" Bowl Barbeque

- folding tripped legs
- ratchet grill adjustment

**Save \$5**

**Special \$9<sup>97</sup>**

2 Only



**Save \$10**

### Wagon Barbeque

- 16" x 3 1/2"
- side handle
- tubular legs with wheels and bottom tray
- 3 position grill
- hood with spit and electric motor

BX Reg Price

**\$42<sup>49</sup>**

Special **\$32<sup>47</sup>**

### Save \$30 Hotpoint Dishwasher

4 Pushbutton  
7 Cycles

Sale Price **399<sup>99</sup>**  
1 Only (Gold)

### Save \$4 Budget Lounge Bright Polypropylene Webbing - Plastic Armrest and Metal Frame

BX Reg **13<sup>99</sup>**  
Special **9<sup>97</sup>**

### Save \$8 Loveseat Green & White Webbing - High Impact Moulded Armrest

Special **19<sup>97</sup>**  
Chair (Matching)  
Special **9<sup>97</sup>**

### Save \$10 32" Redwood Coffee Table Aluminum Frame

Special **22<sup>97</sup>**  
Limited Quantities

### Save \$10 Canadiana Lawn Mower Model C500

3 HP Briggs & Stratton  
Special **109<sup>89</sup>**  
Limited Quantities

### Save \$10 Canadiana Lawnmower Model GP 750

3.5 HP Briggs & Stratton  
Special **129<sup>89</sup>**  
Adjustable Wheels  
20" Cu 7

### 20% Off Coleman Foam Coolers

30% Off Mfg. Retail  
**BASE LH CASSETTE**  
60 - 90 MIN.

### 30% Off Samsonite Hardsite Luggage (discontinued) Gadgetter Bags by Oceanic

Special **9<sup>97</sup>**

### 50% Off Dresses by Kates

100% Cotton  
Special **9<sup>97</sup>**  
Limited Quantities

### 50% Off Skirts by Penny-Low

100% Cotton  
Special **6<sup>97</sup>**  
Limited Quantities

### 50% Off Jacket/Skirt Set by Mr. K.

Asst'd Colors - Sizes  
Priced **24<sup>99</sup> - 36<sup>99</sup>**  
Special **12<sup>47</sup> up**

### 50% Off Blouses Asst'd by Penny Lou-Elite

100% Polyester  
Priced **11<sup>99</sup> - 22<sup>99</sup>**  
Special **5<sup>97</sup> up**

### 50% Off Short & T-Shirts 100% Polyester Asst'd Colors & Stripes

Priced **3<sup>99</sup> - 9<sup>99</sup>**  
Special **1<sup>97</sup> up**

### 50% Off Slacks Ladies by Tribal, Pulse Plumtree

100% Polyester  
Priced **18<sup>99</sup> - 25<sup>99</sup>**  
Special **9<sup>47</sup> up**

### 50% Off Swimwear 2 pc. & One piece by Jantzen Cole of Canada

Asst'd Solid - Prints  
Priced **15<sup>99</sup> - 22<sup>99</sup>**  
Special **7<sup>97</sup> up**

### 30-50% Off Men's Slacks Dress Shirts T-Shirts

Look For Many More Unadvertised Specials Throughout The Store

## Down The Road

(by Bruce McKay)

Now that you have started your physical fitness program and are beginning to see what it can do for you it is time to set up a structured regimen to follow. Here is a program set at a twenty mile week and will progress in following columns to 30, 40, 50, 60, 70, 80 miles per week. When you train you should do exactly that, do not strain so only go to the next level when you are comfortably established in the program you are currently on which should be about four weeks.

### 20 MILE WEEK

MONDAY — 2 mile run with a few speed intervals of about 100 yds.  
TUESDAY — steady 4 mile run, each week try to go a bit faster.  
WEDNESDAY — easy 3 miles.  
THURSDAY — 2 mile run with a few 200 yd. intervals.  
FRIDAY — each 2 miles.  
SATURDAY — 5 mile run with one fast one slow etc.  
SUNDAY — comfortable 2 miles.

With summer arriving a few months early there were quite a few runners having problems with heat exhaustion and a few with heat strokes. I had a situation in MAY where I was training specifically for improvement in hot weather races but a series of small errors added up putting me in the hospital for surgery. When you start your runs be sure that you are properly relieved of waste so that any water that you drink during a run won't fill your bladder forcing you into a pit stop but if you must go do so as failure to do so can and has caused serious damage to various internal organs (I know from experience). You have to drink on a long run though as you need to replace vital body fluids which are lost in strenuous workouts. If you wait until you are thirsty it is too late as the damage is already done.

If the sun bothers you try wearing a hat to keep the sun off your head, a good type to try are the terry cloth hats which convert into excellent sponges to wipe over yourself. Try to wear light colored clothing on really hot days which will help reflect the sun a bit more. If the weather is too hot wait until it cools down at night but be extra cautious of cars and things that go BOO in the dark.

If any one is interested in joining a running club that may be starting on base for both north and south call SGT Maxwell at Ext. 511 and leave your name and telephone number. Included would be fun runs plus various speakers on related topics. COME PLAN TO HAVE SOME FUN!

### NOTICE

The new Babysitting Co-ordinator for CFB Winnipeg is Mrs. Shelley Wright. She can be contacted at 885-7488 and will be maintaining an up-to-date list of adults and teenagers interested in day-care and evening babysitting for both the North and South sites.



# SPORTS

## Military Trophy Winners

The Manitoba Marathon was held here in Winnipeg on Sunday, 15 June 1980.

Thirty-four service personnel were authorized to represent CFB Winnipeg in this annual event. Fourteen members of 2PPCLI and twenty members from Air Command and Base.

All the personnel were placed on teams and competed for the military trophy. The results are as follows:

STANDINGS		Points
1st	Air Command CFB Wpg. Team	460
2nd	2 PPCLI Team A	785
3rd	CFB Winnipeg Team #3	1472
4th	2 PPCLI Team B	2450
5th	2 PPCLI Team C	3362

Congratulations to all the above personnel for their excellent showing in the Marathon.



Air Command, CFB Winnipeg, Team 1  
L to R MAJ A.A. Bellchambers, CAPT L.M. Putland, MAJ R.V. Brown, MAJ E.W. Linden, and LCOL E.M. Price.

## Summer Hours Recreation Facilities

The following summer hours will be in effect from 1 July to 30 August 1980.

### WESTWIN GYM

0800 - 1100	Military Training
1100 - 1330	Military Noon Personal Fitness
* 1330-1550	Dependent Casual Usage
1500 - 1700	Military Training

### LIPSETT HALL GYM

0800 - 1100	2PPCLI Training and Sports
1100 - 1300	Military Noon Personal Fitness
* 1330 - 1500	Dependents Summer Programme
* 1500 - 1630	Dependents Casual Use

\* SUBJECT TO MILITARY REQUIREMENTS

### WESTWIN POOL

0900 - 1115	Red Cross Swim Programme
1130 - 1300	Military Swim
1330 - 1530	Casual Swim
1800 - 2000	Casual Swim - Tuesdays and Thursdays Adults Only 1900 - 2000

### LIPSETT HALL POOL

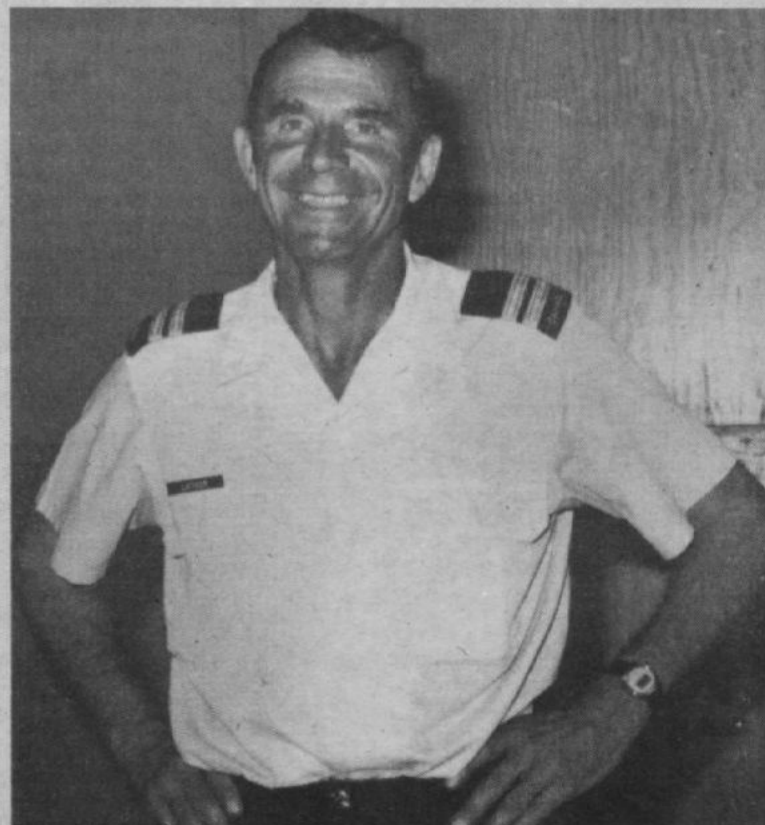
0800 - 0900	2PPCLI Training
0930 - 1145	Red Cross Swim Programme
1200 - 1300	Military Swim (Mondays and Wednesdays only)
1330 - 1500	Casual Swim
1500 - 1600	Summer Programme Swim
1800 - 2000	Casual Swim - Tuesdays and Thursdays

## North American Masters Trophy Winner

In 1970 at the age of 41 Captain Rene Latour out of shape and overweight, started jogging. Rene persevered over the first couple of years in his attempt to complete a marathon in under 3½ hours which would qualify him to enter the Boston Marathon.

On the 18th of September 1974 Rene participated in the Canadian Forces Invitational at St Jean, Quebec with a time of three hours 11 minutes.

In 1975 Rene ran the Boston Marathon on 21st April with a finishing time of three hours 4 seconds.



Rene Latour

Since that time Rene has run in many marathons. In 1978 he was presented with the "Outstanding Athlete Award" from the Nova Scotia Track and Field Association and in 1979 the "Outstanding Veteran 50-54 Award" by the Manitoba Runners Association.

Rene Latour ran in this year's Manitoba Marathon with a time of two hours, 45 minutes, 9 seconds. He was presented with the North American Masters Trophy for his age class and an all expenses paid trip to Chicago to participate in the "Chicago Marathon" 21st September 1980.

Congratulations Rene. You are an inspiration to all who know you.

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**Certificate of Appreciation**

Jim Jamieson, President of St. George's Chapel Parish Council presenting Rose and John Murphy with a Certificate of Appreciation and St. George's Medal, with assistance from Fr. R. McKenna and Fr. R MacFarlane.

**PMQ Council (South)**

(by Bob Moquin)

Once again a stand-in writer; Bob Moquin is on holidays in PEI.

Speaking of holidays, we hope you had a pleasant July 1st. Too bad it wasn't a long weekend - but take heart, in 1982 Dominion Day will fall on a Friday and in 1985 it will be on a Monday.

Some of you likely noticed that the strong winds on the evening of 20 June flattened portions of our rink boards (on Doncaster St). Unfortunately, the wind had some assistance in the form of persons who removed a large number of the board supports during the previous week - the wind simply finished the job. Fortunately, repairs were made within two working days, thanks to the co-operation of CWO Elliott and his staff at Base CE.

On to a more seasonal topic. The July portion of the kids' summer programme got underway last week. This is an excellent recreation activity. It is supervised by the Lipsett Hall staff and is run by young adults hired by the Council. It includes games, sports, swimming, handicrafts, etc., and goes five afternoons a week. If you didn't enroll your children in this one, there will be another next month with registration dates set for 7 and 11 August.

Recently, a number of Councilors and a couple of gents from Base CE (South), got together for a days exercise in our playgrounds. They fixed some of the old equipment, installed a couple of new slides, and also installed a park-type bench in

each playground. Judging from the kids' reaction, the effort was worthwhile. A special vote of thanks to Chief Scout Sean Lightle for the hours he contributed to this and other Community projects. The young muscles are a great help.

Speaking of thanks, some are due to a number of Councilors recently posted away from the Winnipeg area. These are Capt Ron Lesseter, Sgt Jim Tomlinson, CWO Dusty Rhodes, Capt Reg Mailloux, Capt Dave Daniels, Sgt Henry Doen and Sgt Gord Priest. A lot of shoes to fill, and yes, that's a hint, we do need some new members. You are eligible to join if you are 18 years or older and live in an MQ. Only top-notch people accepted (now doesn't that sound like you).

In closing, a word on behalf of CANEX. The BXO attended a recent Council meeting and advised that contrary to popular belief, CANEX does have a warranty system on such items as major appliances, and not only that, the warranty will follow the item from one CANEX location to another. So if you are posted to Cold Lake or Chatham or wherever this summer, and are thinking of buying a new washer or dryer before you set your, keep CANEX in mind.



SGT McGhee takes a young cyclist through the course during the Bicycle Rodeo, one of the community safety-oriented programmes at CFB Winnipeg. (Photo by Base Photo)

**St. George's Chapel RC (South Side)**

Thursday, 19 June, 1980, was a very joyous and sad occasion for the parishioners of St George's Chapel. We held our Pot Luck Supper, a time to get together before the summer holidays start; and also a chance to say "good-bye" to the families who are moving, due to postings or retirement.

The celebration of the Holy Eucharist started off the evening with a RESOUNDING Entrance Hymn.

Our chaplain, Fr. R. MacFarlane, greeted us with a warm welcome.

Afterward, we all enjoyed the gourmet dishes prepared by the ladies.

Our altar servers were acknowl-

edged for their efforts throughout the year.

The evening ended with the presentation of Certificates of Appreciation, and St George's Medals.

We were pleased to have Sister Norma Johnson, and our Base Chaplain, Fr. R. McKenna, join our festivities.

We wish all the best to the families who are leaving and we are looking forward to welcoming the new families into our Community.

It is strange, but it was hard to find a sad face amongst those who are leaving Sunny Manitoba!!

And to the families who are staying, at least, for another year, HAPPY HOLIDAYS.

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Holy Communion Last Sunday of the month  
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Ladies Guild Second Monday of the Month

**The Chapel of St. Andrew**  
Grant and Kenaston - South Site

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Sunday School 1030 Hrs.  
Holy Communion - 1030 Hrs. Last Sunday  
- 0930 Hrs. 1st & 3rd Sundays

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CAPT D.R. Saunders - 888-9036  
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HANDY TO CFB WINNIPEG  
NORTH SITE



"Is that the Union Jack"? Well, it is the Newfoundland flag, and that is the last time it will be flown at CFB Winnipeg, or anywhere else. Newfoundland has a new flag.

As part of Canada Week ceremonies, St. John's, Newfoundland and Winnipeg were twinned by the National Canada Week Committee. Mrs. Elizabeth Willcock, Co-person of Manitoba's committee attending a "twinning" ceremony of CFB Winnipeg and CFS St. John's. A similar ceremony was held in St. John's, Newfoundland a half-hour later. She is shown addressing CFB Winnipeg's sharply turned out personnel who took part in the brief ceremony held at the Base.

(Photo by Base Photo)

## Pathfinder Chief to Visit

A legendary figure in the aviation world is coming to join the host of wartime aircrew who will gather in Winnipeg this September at the third Commonwealth Aircrew Reunion.

Air Vice-Marshal D.C.T. Bennett, wartime Commander of R.A.F. Bomber Command's elite Pathfinder Force, has now advised that he will be arriving in Winnipeg September 18th to join the great throng of former aircrew already registered for the affair. A.V.M. Bennett is one of the best-known personalities of WW II aviation. He was a well-known figure in civil aviation before the war. A gifted navigator, the Australian-born Bennett was one of the veteran Imperial Airways pilots who flew the famous four-engined Mercury "pick-a-back" airliner, which took off from the back of an Empress Flying Boat and, as early as 1938, flew direct with a ton of cargo from the U.K. to Egypt.

In 1940 Bennett was sent to Canada from Britain to help organize the Atlantic Ferry Organization. It was soon flying large numbers of badly needed aircraft from Gander to the U.K. (A statue of Bennett at Gander still commemorates the accomplishments of the organization, one which numbered amongst its prominent members the well-known Canadian bush pilot, Punch Dickens.) As early as 1941, Bennett began promoting the concept of a special Pathfinder Force to identify and mark targets for Main Force of Bomber Command.

In 1942, shortly after having been shot down in a raid on the German battleship Tirpitz - and having led his crew home through Sweden - he was appointed Commander of the newly-formed Pathfinder Group, and within a few short months that force had enhanced tremendously the accuracy and striking potential of Bomber Command.

In Winnipeg this September A.V.M. Bennett will be joining several other renowned airmen: Group Captain Douglas Bader, probably the best-known fighter pilot of WW II, will be on hand, as will the official top scoring ace of the R.A.F., A.V.M. "Johnnie" Johnson. One of their former opponents - now their good friend - will be in attendance, General Adolf Galland; and Group Captain "Willie" Tait, the much decorated pilot of #617 Squadron who led the attack of the Bomber Command Lancasters that sank the Tirpitz in 1944, is expected to come to Winnipeg to join his hawk-eyed Canadian Bomber, "Danny" Daniel, now living in Melville, Saskatchewan.

As of the 1st of July some 2600 former aircrew and their wives, from all parts of the Commonwealth, have already registered, and scores of additional registrations are flowing in every week. One theme of this Reunion is the "40th Anniversary of the Battle of Britain". It is particularly appropriate, therefore, that amongst the many aircraft available for the airshow, which forms an important part of the four-day program, are a

## New Norad Deputy

**COLORADO SPRINGS** — Canadian defense minister Gilles Lamontagne announced in Ottawa that Maj Gen Thorneycroft, 52, of Swift Current, Saskatchewan, is appointed deputy commander in chief of North American Air Defense Command with headquarters in Colorado Spring, Colo.

He replaces Lt Gen Ken Lewis, who moves to Winnipeg, Manitoba as commander of Canada's Air Command. Maj Gen Thorneycroft had been deputy commander of Air

Command since 1978.

Maj Gen Thorneycroft joined the Royal Canadian Air Force as a radio technician in 1945 and received his commission as a pilot two years later. A jet-fighter pilot, he has flown Vampires, F-85 and CF-104 Strike-Attack aircraft with RCAF fighter squadrons in Canada, England, France and West Germany.

A graduate of the Joint Services Staff College, Latimer, England, he is a former commanding officer of Canadian Forces Station Yorkton,

Sask., and commander of Canadian Forces Base Chatham, New Brunswick. He commanded 10 Tactical Air Group, St. Hubert, Quebec, from August, 1974 to July, 1975 when he assumed command of Northern Region, with headquarters in Yellowknife, Northwest Territories.

On June 19, 1980 he was appointed to the Order of Military Merit in the grade of Commander, in recognition of conspicuous merit and exceptional military service.



MGEN K.J. Thorneycroft (left) and LGEN K.E. Lewis discuss a few points of interest concerning NORAD.

(NORAD Photo)

German bomber, (A Heinkel III,) and its 1940 nemesis, a Spitfire.

In two and a half months a lot of memories are going to be reawakened in Winnipeg, as veterans of all Commands of the Royal Air Forces meet again to renew the bonds of strongly forged friendships.



## Military Chaplains Meet



On two occasions recently, former and present military chaplains have gathered at CFB Winnipeg. On 18 June an association was formed for purposes of continued contact and fellowship. Pictured above is one such gathering which included padres from World War II, a Jewish rabbi of the United States Navy, a former chaplain of the Rhodesian armed forces and present chaplains of the Reserves and Regular Forces.

(Photo by Base Photo)

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## Promotions - June 1980

SIN NO.	RANK	NAME	INIT	DATE	SECTION
<b>MAJOR GENERAL</b>					
431 230 945	MGEN	STRUGESS	R.	16 JUN 80	AIRCOM HQ
<b>TO LT COL</b>					
106 768 914	LCOL	ARMSTRONG	H.C.	23 JUN 80	SCHOOL/CP
704 546 944	LCOL	BARLOW	W.L.	23 JUN 80	ACHQ
<b>TO MAJOR</b>					
707 345 005	MAJ	ROWE	K.W.	01 JUN 80	CFSAT
431 083 625	MAJ	MORRIS	E.H.C.	01 JUN 80	AIRCOM HQ
<b>TO LIEUTENANT</b>					
612 147 793	LT	MAUCH	G.B.	01 MAY 80	BTL
628 313 314	LT	THOMPSON	B.R.	01 MAY 80	U OF M
462 137 209	LT	LALONDE	G.B.	07 JUN 80	CFANS
231 802 653	LT	FOURCREAULT	J.R.M.Y.	11 JUN 80	CFANS
230 053 399	LT	ST ARNAULT	J.Y.M.	05 MAR 79	429 SGQN
245 038 617	LT	LAROCQUE	G.	01 MAY 80	CFANS
<b>TO MASTER WARRANT OFFICER</b>					
405 828 476	MWO	COUNSELL	R.G.	26 JUN 80	CFS CHURCHILL
431 383 348	MWO	BOKLAGE	M.L.	16 JUN 80	BASE SUPPLY
<b>TO ACTING WARRANT OFFICER</b>					
106 833 213	A/WO	ANDERSON	O.K.	26 MAY 80	BAMEO
612 158 147	A/WO	STACK	G.	13 JUN 80	BML
<b>TO WARRANT OFFICER</b>					
106 752 389	WO	PARENT	J.R.C.	21 MAY 80	BTNO
431 407 931	WO	JACKSON	G.A.	02 JUN 80	2PPCLI
612 066 795	WO	JORDAN	T.P.	01 MAY 80	429 COM SQN
<b>TO SERGEANT</b>					
441 884 863	SGT	SHAVALIER	D.N.	01 JUN 80	CFS CHURCHILL
105 121 024	SGT	BROWN	R.A.	15 MAY 80	BAMEO
431 741 800	SGT	MACWILLIAM	G.M.	20 MAY 80	BAMEO
607 588 613	SGT	WOODWARD	R.J.	28 MAY 80	BAMEO
431 152 677	SGT	CHISHOLM	R.M.	01 MAY 80	RSS PRAIRIE
707 836 474	SGT	MELANSON	R.D.	02 JUN 80	BFOODS
610 969 040	SGT	GIRARD	G.L.J.	01 MAY 80	BAMEO
432 852 490	SGT	THOMPSON	H.A.	30 JUN 80	BTNO
106 806 334	SGT	WILLS	L.E.	10 JUN 80	RSS PRAIRIE
221 583 909	SGT	GILES	J.W.	02 JUN 80	BASE SUPPLY
712 657 857	SGT	ST PIERRE	R.R.J.	23 JUN 80	2 PPCLI
<b>TO MASTER CORPORAL</b>					
105 233 746	MCPL	ADAMS	C.W.	20 MAY 80	BAMEO
431 311 919	MCPL	BALDWIN	S.N.	20 MAY 80	BAMEO
431 640 531	MCPL	SPENCER	W.J.	15 MAY 80	BAMEO
108 042 680	MCPL	MACCORMACK	R.A.	01 JUN 80	BPSVCS
236 677 415	MCPL	DEMERS	C.J.	02 JUN 80	BFOODS
710 246 125	MCPL	LONG	G.E.	05 JUN 80	2PPCLI
616 730 750	MCPL	VINCENT	P.J.	23 JUN 80	BASE TRANSPORT
<b>TO ACTING MASTER CORPORAL</b>					
623 726 700	MCPL	KOZAKOWSKI	E.A.	31 MAY 80	CFRC
<b>TO CORPORAL</b>					
112 706 239	CPL	HAWCO	M.B.	21 MAY 80	2PPCLI
246 732 143	CPL	WIGHT	P.K.	28 MAY 80	BSUP
713 958 882	CPL	PERRY	P.G.	22 APR 80	733 COM SQN
247 041 395	CPL	STACEY	J.W.	08 MAY 80	2PPCLI
115 178 014	CPL	GOUMANS	M.J.	08 MAY 80	BTNO
454 217 563	CPL	HAMEL	A.G.	15 MAY 80	BTNO
717 611 297	CPL	RAMSEY	W.D.	15 MAY 80	BTNO
454 830 050	CPL	GRANT	G.D.	10 JUN 80	2PPCLI
623 783 586	CPL	CARTY	M.R.	25 JUN 80	2PPCLI
622 939 825	CPL	HAROGHAW	G.A.	15 MAY 80	BTNO
714 499 803	CPL	ROBERTS	D.G.	04 JUN 80	2PPCLI
457 053 429	CPL	SUMMERFIELD	B.L.	30 JUN 80	AIRCOM BAND

# Voxair Variety

(by John Lauder)

Early in the first act of *Guys and Dolls* there is a song about the oldest, established, longest-running crap game in New York. This gives one a great feeling of *deja vu*, as in the current Rainbow Stage presentation of this fine show we are getting one of the longest running musical plays in one of the longest established outdoor theatres in Canada.

In case you only arrived in Winnipeg in the past six months, it should be mentioned that Rainbow Stage is an outdoor theatre with a roof, but with sides open to the elements. It is located in Kildonan Park, on the east side of Main Street some several kilometers north of Portage and Main. Two musicals are offered each summer, and the price is a nice low \$3.00 to \$5.85, with children under 14 only paying \$2.00 if accompanied by an adult. Tickets are available at the department store outlets. *Guys and Dolls* runs until July 19th, and if sold out may be held over for a day or two. But buy early as possible.

Much of our entertainment these days is cut down to the size of the 21 inch screen. Even live stage plays are often one-man or one-woman shows, with a cast of more than four being unusual. The Rainbow Stage production takes us back to the days when money was no object, and a cast of thousands was the rule. We get a brilliantly lit stage set which seems to be 50 yards wide, filled with brightly costumed people milling about in crown scenes. These are the street people of Damon Runyons stories, weird and wonderful characters all. The story is not too dated, although more than 30 years old, as human nature does not change. Some slang expressions do seem to belong in the past, such as "doll" for "chick" and "guy" for the present-day "man".

Although the chorus and dance numbers possibly drew the longest and loudest applause on opening night, the cast was consistently first-rate, and when there are some sixteen leading parts this is quite an accomplishment. Principals Christine Anton, Charlene Shipp, Scott Walker and Jeff Braunstein all demonstrated both singing and acting abilities in spades, while in lesser roles Jay Brazeau, Nicholas Rice, Harvey Harding and Jack Roberts seemed to be particularly well suited to their parts. Buy everyone was having fun, including the orchestra led by David Jandrisch, so it is unfair to pick out anyone for special praise. Costume designer Taras Korol and lighting designer Bill Williams, along with director Walter Burgess are also to be commended, as they made the whole production a delight.

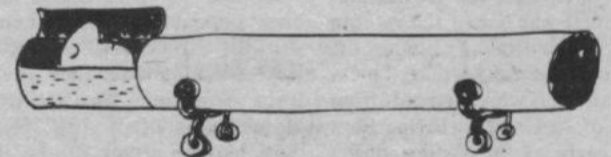
Next month we get *Show Boat*. Should be another worthwhile night.

\*\*\*\*\*

Meanwhile, back at the Royal Winnipeg Ballet, they are getting ready to tape a major television production for the CBC and ZDF (the West German TV Network). This will be the Agnes de Mille work, *Fall River Legend*, the Lizzie Borden story, which has long been a major part of the Company's repertoire. In order to have a live audience on hand for this taping, they are offering a free performance on July 24th. Tickets, if still available, can be obtained from either the Ballet Office at 298 Portage Ave., or from the CBC at 541 Portage Ave.

\*\*\*\*\*

Upcoming events in the Centennial Concert Hall in the next few weeks include the Maple Creek Old Tyme Fiddlers on July 20th, the Johnny Cash Show on the 28th, with shows at 6:30 p.m. and 9:30 p.m., while from July 30th until August 3rd the Concert Presentation of Beatlemania will be mounted.



## 707's Summer Home

OTTAWA — This summer, the Canadian Armed Forces base at Uplands will become the temporary home of the Forces' fleet of Boeing 707 aircraft.

With the runways at CFB Trenton, Ont., undergoing major repairs, the five Trenton-based 707s of 437 Transport Squadron will be forced to operate from Ottawa between June 23 and the end of September. The squadron is responsible for providing the department of national defence with regularly scheduled passenger flights within Canada, to Europe and other parts of the world.

The move of the 707s will entail the temporary assignment of approximately 200 military personnel from Trenton to Ottawa. These include the pilots, navigators, supporting aircrew, maintenance crews and members of the Air Movements Unit (AMU) Trenton who will assist the AMU at Ottawa. Trenton personnel will rotate every 10 to 14 days.

Approximately 25,000 passengers, mostly service personnel and their dependents on postings, will be processed by the AMU during the summer months. Thus extra baggage handlers will be hired. For families on overseas rotation, additional customs officials will be provided.

CFB Ottawa has made arrangements with Carleton University to provide temporary accommodation, including meals and nursery facilities for travelling families. Facilities at the university are available until Aug. 25 after which travellers will be accommodated in local hotels.

In addition to movement of passengers, the 707s also carry freight to and from overseas. Over the next three months it is estimated that the AMU will handle approximately 3,900,000 pounds.

The \$2.5 million runway resurfacing project should be completed around Sept. 30 to permit the return of the 707s to Trenton.

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## 2 PPCLI Wins 1 CBG Arms Meet

A Small arms competition held 16-21 June 80 by 1 CBG in Wainwright was won by the 2 PPCLI Small arms team.

This competition is held annually by 1 CBG to promote Small arms shooting and friendly competition among all army units of 1 CBG. The ultimate prize is the Western Command Ram's Head trophy and the right to represent 1 CBG at the Canadian Forces Small Arms Competition held at Connaught in Ottawa.

This year, operational commitments and aid to the Civil authorities greatly reduced the number of teams able to participate but in spite of that; all units were well represented and the competition was good.

Led by Team Captain LT Ray Moskowec and Team coach SGT Terry Dobson; the 2 PPCLI team was victorious in winning 18 major trophies out of a possible 21 trophies, including the Ram's Head.

At a reception held after the meet; BGEN P.J. Mitchell, Commander, 1 CBG, was on hand to present individual medals and trophies to the members of the 2 PPCLI Small arms team.

The team now proceeds to fire at



2 PPCLI SA TM (BACK ROW L. TO R.) MCPL Thompson DI, PTE Drover LD, PTE McKenzie DS, SGT Ayerst PA, PTE Gudmundsson DW. 2nd row L. to R.) MCPL Downing CE, MCPL Larocque JC, PTE Saunderson LI, PTE Oliphant, PTE Clark GG, PTE Gehrke RC, MCPL Trelnuk GF. (Front row L. to R.) SGT Dobson TN, PTE Nowak EM, PTE McGuffin JP, PTE Dineer BF, MCPL Lawler PW, PTE Burnett JP, MCPL Alexander GG, LT Moskowec RP.

Connaught in Ottawa at the CFSAC being held 20-26 Aug 80.

### HELP GEORGE DO IT

## Tips On How To Get The Most From a Gallon of Gas

Don't top the tank when you are purchasing gas. Some will be lost through the overflow pipe and when you drive around corners the gas is thrust to the sides of the tank and more is lost. You not only lose gas, the vapours add to the air pollution.

Anticipate stops. Let the car slow down by itself. When you use brakes, you are changing the energy of motion (kinetic) to waste heat. Try touching the brake drums after a hard stop.

Slow easy starts. This keeps the engine working at maximum efficiency. Opening the throttle wide reduces the vacuum in the throat of the carburetor. Maximum efficiency is obtained by keeping the vacuum high.

Avoid long warm ups. The engine can warm up while the car is being driven moderately. Idling with the choke on washes oil off the cylinder walls. The gas also seeps down into the oil pan and dilutes the oil. This reduced lubrication causes unnecessary engine wear, as well as wasting gas.

Avoid high speeds. Air resistance increases at three times the speed increase. The air resistance at 75 m.p.h. is twice the resistance at 60 m.p.h.

Regular tune-ups keep the engine running efficiently.

Check tire pressures regularly; under-inflated tires cause drag and then the engine uses more gas.

When you or your parents are ready to buy a new car, buy the smallest car possible that is adequate for your needs.

## Cadets Summer Plans Made

OTTAWA — Approximately 18,000 of Canada's sea, army and air cadets have their summer plans already made as they prepare for departure to cadet summer camps, or on international exchange programs.

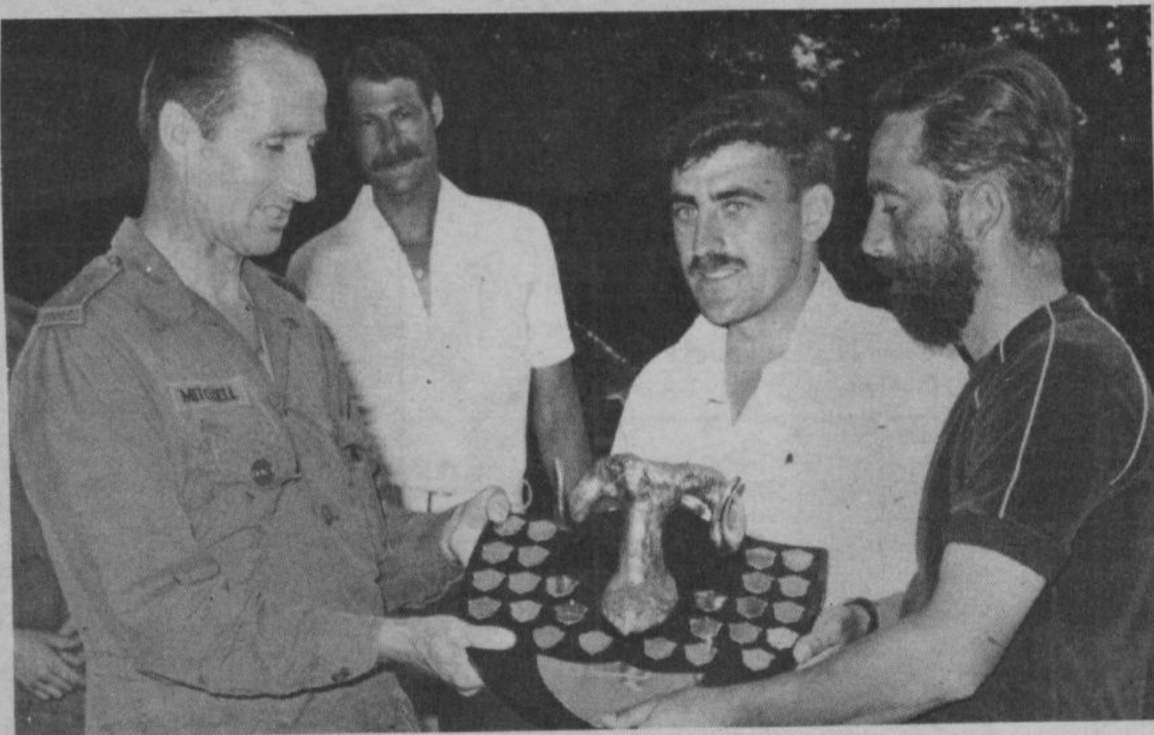
Drawn from 57,000 cadets who serve year-round in 1,017 squadrons and corps, the summer volunteers are made up of about 65 percent males and 35 percent females.

In Canada, a new course of sea cadets is a submariner course to be conducted at CFB Halifax while army cadets have had their adventurous training expanded. Still a big attraction is the course in mountaineering at the Banff National Army Cadet Camp. Another highly prized course for army cadets is the Basic Parachutist Course with preparatory training at CFB Petawawa, the home of the Canadian Airborne Regiment. This will be followed immediately by the main parachutist course at the Canadian Airborne Centre at Edmonton. For air cadets a rapid expansion in gliding training has taken

place recently with five glider camps now in operation year-round across the country.

Other incentives for all three cadet movements include a variety of training programs across Canada and exchange programs with NATO allies, all giving the opportunity to travel. This year approximately 80 sea cadets, 100 army cadets and 60 air cadets were selected by merit for exchange visits to either Great Britain or other West European countries, Israel, Egypt, the United States or Bermuda. Included is the "Outward Bound" army cadet training course whereby 12 cadets receive training in Petawawa, followed by the rigorous course at the Join Services Mountain Training Centre in Tywyn, Wales.

On many of the exchange trips cadets spend a few days in the homes of families of the host nations. A similar number of foreign nation cadets are received in Canada and provided with familiarization tours of Canadian military bases and given cultural tours of several representative communities.



Commander, 1 CBG presenting the Ram's Head trophy to TM Capt. and TM Coach of 2 PPCLI Small Arms Team. (L to R) BGEN P.J. Mitchell, CAPT C. Cory, LT R.P. Moskowec, SGT T.N. Dobson.

(PPCLI Photo)

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# Sunshine Beauty



(Courtesy Florida's Sunken Gardens)

## Every drop counts



**Be a + blood donor**

Every 6 seconds a Canadian citizen receives a blood transfusion. Think about it. In the time it takes you to read this article how many Canadians will receive blood donated by the Red Cross? But of course that Canadian who requires blood every 6 seconds is only a statistic, right? He could never be you or someone in your family, right? Well think about it. If you've now considered that maybe it could someday be you then do something about it. Be a Red Cross blood donor at the forthcoming base clinic. It will be held on Tuesday, 5 Aug. from 0930-1130, 1300-1700 hours inclusive in the Herc Lounge CFB Winnipeg.