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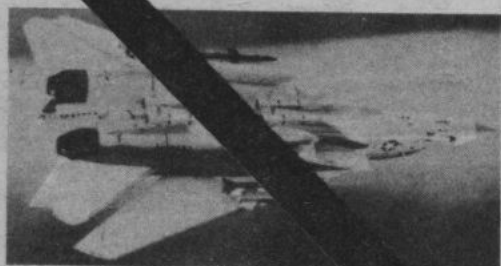
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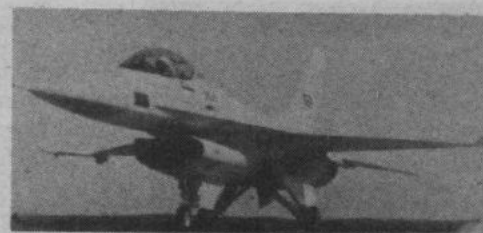
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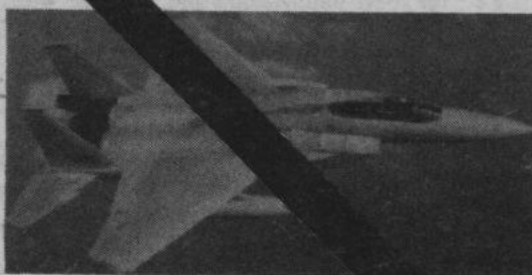
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FIRE PRECAUTIONS CHRISTMAS DECORATIONS

Christmas Safety Hints

Cheerful lights of Christmas bring a special warmth to the holiday season — but each year tragedy strikes somewhere in Canada, through electrical fires or other accidents.

The main reason is either worn or defective equipment or carelessness. Christmas lights and electrically-lit decorations are tested and certified by CSA (Canadian Standards Association) for safety. However, people often forget the most basic rules when handling electrical equipment.

Fire Safety precautions should head the list of every sensible family's precautions for

Christmas. There is no place like home for the holidays — there is also no place like the home for Christmas Fire Hazards.

The main thing is to exercise special care in all your Christmas preparations and activities which will help you ensure a Fire Free Holiday Season.

Christmas Lights
Special effects and contrasts in color can be achieved with the use of spotlights or floodlights. These bulbs are made to withstand snow, rain etc. They are supplied with bulb holders, ground or snow spike, swivel joint and outdoor cord and plug.

Always look for CSA

certification marker when purchasing or replacing lighted displays.

Know the difference between series and multiple burning lights, it determines the type of bulbs for replacement.

Be certain that outdoor and indoor lights are marked as such on box.

When string is provided with insulating washers or sockets, use them for greater safety. It keeps water from seeping in. On outdoor displays, sockets must be hung with the bulb pointing downward.

Use only insulated staples to hold strings in place, not nails, tacks or brads.

Check strings of electric light sets carefully for worn insulation, broken plugs or loose bulb sockets.

When replacing burned out bulbs, always unplug power supply first, make sure replacement lamp is the right kind and voltage.

Christmas Trees

Don't purchase a tree that has dried out. Test twigs and needles to see if they are not brittle.

Store trees outside until used. If stored indoors, re-cut butt and keep immersed in water.

When tree is to be erected, re-cut butt diagonally, stand tree in water and maintain water supply.

Never decorate a tree with candles.

Use of fire retardent chemical spray on your tree is no substitute for butt immersion, and is not recommended. Do not allow the tree to block access to doors or windows in case of fire.

Some plastic trees are flammable, other artificial trees are fireproof.

Set up the tree away from sources of heat such as radiators, fireplaces, and TV sets.

Use only certified CSA lighting sets and non flammable decorations on the tree.

Switch off the lights when leaving the home or at bedtime.

Do not allow discarded gift wrapping under the tree.

Metallic trees are conductors of electricity and should not be decorated with strings of lights, illuminate with floodlight.

Declare the area around the tree a no smoking area.

Remove the tree from the home as soon as possible after the Christmas celebrations.

A VERY MERRY CHRISTMAS FROM THE STAFF AT CE/FIRE PREVENTION BUREAU.



A HELPING HAND

Leading Seaman William M. Byzuk, of Winnipeg, Man., coaches Jermy Patterson, 15, of Sidney, B.C. on the art of steering the Canadian Forces sail training ketch, HMCS Oriole, during a recent familiarization visit aboard the ship by students of Parklands High School of Sidney, B.C.

HMCS Oriole, a unit of the Training Group Pacific based in Esquimalt, B.C. is used for junior naval officer training. Leading Seaman Byzuk, 23, a stoker with the Winnipeg Naval Reserve Unit HMCS Chippawa, is the son of Mrs. Anne Byzuk of 520 Wardlaw Ave. in Winnipeg, Man.

(CANADIAN FORCES PHOTO by MCPL M.D. Johnson)



VOXAIR is the unofficial Service newspaper of CFB Winnipeg and is published under the authority of the Base Commander, Col. J.R. Allingham

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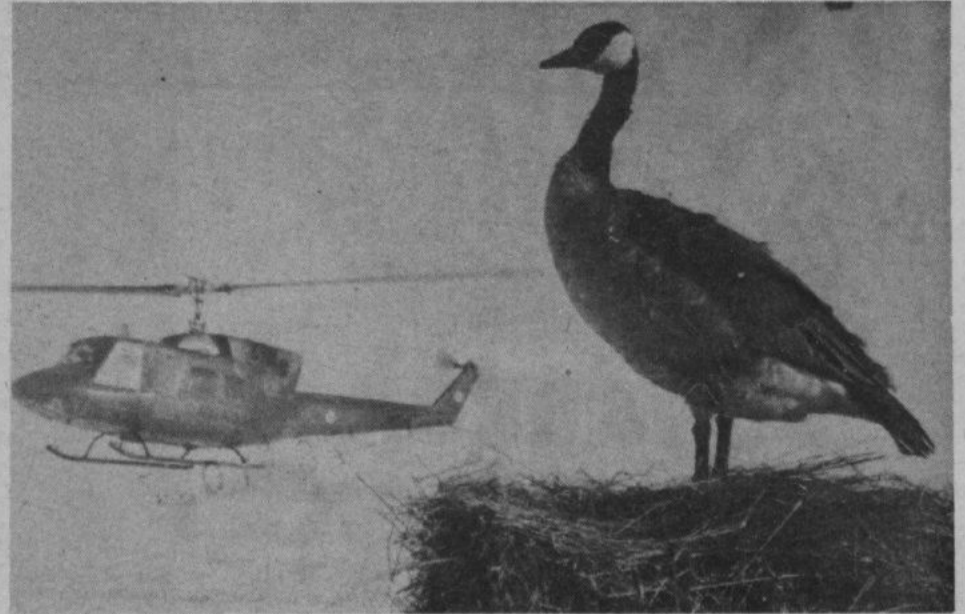
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IF BIRDS CAN FLY SO CAN I



An elegant whitetail doe jumps a fence while being chased from the woods on the southwest side of the airfield at CFB Winnipeg Nov. 17. Transport Canada and base personnel joined forces in an attempt to drive about 20 deer from the airfield area. Only four deer were successfully moved through a break in the confining fence. The deer pose a hazard to air movement and a similar "drive" may be attempted in the near future.



A Canadian Forces Huey helicopter prepares to pick up flax bales during a nesting operation for Canada Geese conducted recently near Hanna, Alta., in conjunction with Département of Environment Canadian Wildlife Services officials.

Two helicopters from 408 Squadron of Canadian Forces Base Edmonton, whose mascot and squadron crest is the Canada Goose, hoisted about twenty-five 800-lb. bales into slough areas this week.

Dept. of Environment officials place the bales on end in shallow water so the tops are roughly six feet above water and ruffle them in the hope that Canada geese when returning in the spring will use these bales for nesting in a safe place away from predators.

About 200 of these bales were placed throughout southern Alberta last year with about a 25 per cent success rate. This year an additional 200 bales will be placed in various Alberta locations where Canada geese normally make their nests.

Eventually, it is hoped, over a period of time that the Canada geese will take to these safe, nesting bales in larger numbers thus protecting them from their natural enemies.

(Canadian Forces Photo)



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AEROSPACE SQUADRON

The heavy academic workload has peaked and passed for both the Aerospace Systems Course and the Staff Air Navigator Course. In fact for the SANC the course has peaked and it is downhill from here to Christmas. I did not say that there were no more academic studies — but only that the peak workload has passed. Both courses have the basic building blocks now and are into the real meat of their courses — applying their academic skills to the understanding of increasingly complex aircraft systems.

The SANC course members are preparing to go back to their squadrons. Each member came on the course with an individual project assignment from his squadron commander, and these assignments are now weighing heavily on the course. All the research conducted over the last couple of months is now being busily organized into some logical format to prove the point, or solve the problem that the project presented. Because the projects are not just a vehicle of the SANC but are taskings from the squadrons, interest in the projects is high.

The ASC course members also are branching out from a pure academic workload. The course was split into four groups just to gather and collect information for their main project — A Study of Canadian Forces Requirements for VTOL Aircraft 1980 - 2000. They have been involved with that aspect long enough now to realize just how broad the topic is, and to rediscover the "Fun" of working with a committee. And now the individual project assignments have also been made. Granted that they all delve into specific aspects of the main project, but they go much deeper because the fields of study are so much narrower. Individuals are still learning, but now what they learn is no longer being provided for them in class — they must do their own research, and specific answers are getting to be harder and harder to find.

CAPT Brabant's long service was recently recognized. On 16 Nov 81 received the first clasp to the Canadian Forces Decoration from our Commandant LCOL R.L. Rowlett. Who wrote into the Personnel Newsletter that Captains don't get long service medals??

Socially the squadron has not been too active of late. Even on the two week long Ops tour the ASC only got together on one occasion. The SANC gathered at their course director's place for one rowdy evening in November. The staff has waited until December. On the first, our British exchange officer set the ball rolling. Christmas here we come! We will all appreciate the academic break — but do we need all the hangovers?

90th PROGRAM



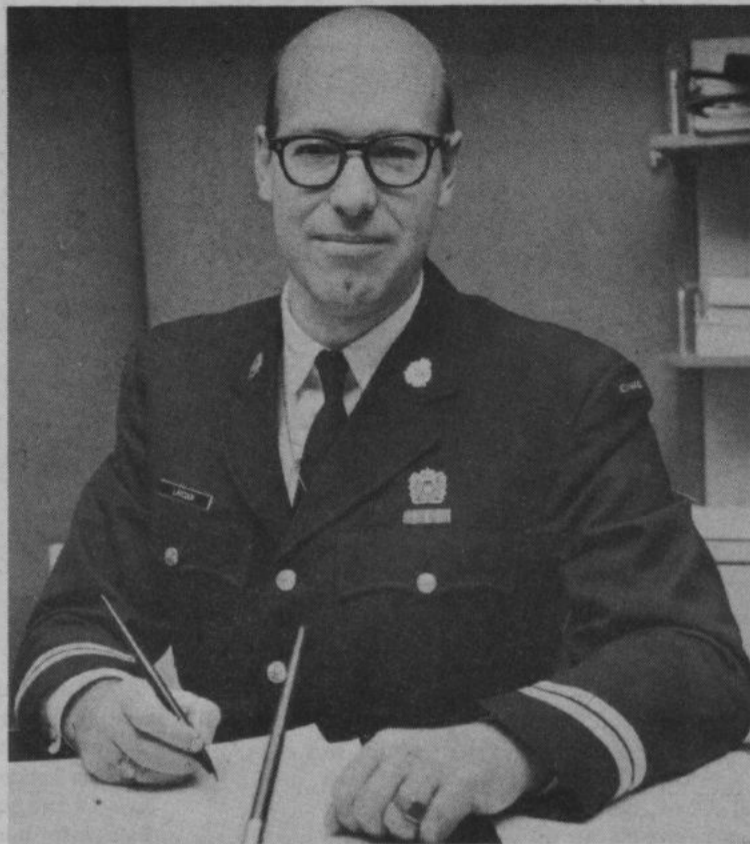
PTE WB Bennett is seen servicing his jeep while MCPL JP Decoste is scoring it for the 90th program.

This 90th program consists of the driver operator taking his vehicle through an inspection by the maintenance platoon where his vehicle is scored for mechanical serviceability.

To date four drivers have scored 100 per cent on the inspection: PTE WB Bennett; PTE BG MacDonald; PTE Filion and PTE Franks in ASA.

(PPLI Photo)

ANOTHER GOLD FOR CF MEMBER



CAPT. D. Laycock

OTTAWA (CFP) — Another member of the Canadian Forces has won a gold medal for academic achievement in 1978.

This time it's the gold medal in the master of business administration (MBA) program at the University of Western Ontario.

He is CAPT David Laycock, a logistics officer, stationed at NDHQ. And not only did he become the first Forces' member to capture the prize but he was also the first person to obtain a perfect grade average in his last year in the history of Western's MBA program.

The other gold medalist this year was CAPT Blake Hoffert who earlier was named top student in his fourth year of medicine at the University of Toronto.

Gold medals are not new to CAPT Laycock, however, for in 1976 he was top student in Alberta in the Registered Industrial Accounting program. In addition, he was third highest student in all of Canada in the same course.

CAPT Laycock joined the Forces in 1961 and attended the Collège Militaire Royal and Royal Military College graduating with an honors bachelor of arts degree in 1966. After attending a year-long ammunition course in the United Kingdom he served in various ammunition depots in Canada before becoming Base Technical Services Officer at CFB Suffield. From there he was accepted into the two-year MBA program at Western.

VANDOOS WIN

ST-HUBERT (CFP) — A squad of eight members of the famed "Vandoo" regiment obtained the highest score at the NATO Northern European Command 1978 infantry competition.

The competition, held some fifty kilometres west of Copenhagen at Camp Jaegerspris, pitted Danish, German, Norwegian, Dutch, British and Canadian soldiers in a five-phase event consisting of a day and a night reconnaissance patrol, a demonstration of infantry skills, a night combat firing exercise, a 15-kilometre obstacle course, and

a field firing exercise.

The eight soldiers were from the 3rd Battalion of the Royal 22e Régiment stationed at Canadian Forces Base Valcartier. The battalion is commanded by LCOL Michel Matte of Trois-Rivières.

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Heads must be scored by a member of the Manitoba Big Game Trophy Association before December 31, 1978, with awards being presented at the annual trophy night to be held in Building 21 on 3 February, 1978. For more info call Doug Jonston 832-3809 or local 225.

THE ADVENTURES OF SUPERTECK

By Ewing

(PART 2)

When we left our hero, he was sitting in the cockpit of a snagged aircraft, dreaming of the possibilities of the photo he had taken.

His revelry was rudely shattered by a large, horny hand pounding on the side of the aircraft. "Wake up in there you ...", and the voice of Sgt. McSnarley made some unkind comments about Superteck's background.

Superteck jumped. He got back at the job. Things were bade enough without antagonizing ol' McSnarley.

The day passed, and Superteck did manager to stretch the job of locating the pen and dropped screws. Then came quitting time. He remembered to take along his disguise and minicamera ... neatly concealed in a brown paper bag. He walked out of the hangar, hopped into his new Corvette Stingray and took off in a cloud of dust.

His first stop was at the Boatum Bi-Weekly Scandlerag where he dropped off the film. Then it was off to see his girlfriend, "Bumps" LaHanche.

"Bumps" was relaxing before hard night's toil as a Go-Go dancer at the Puce Pussy Cat Club. When Superteck open the door, she leapt to her feet. "Soo-pair, darling!" With that they went into a clinch that would put a pair of mating octupi to shame. It took a while, but at last they came up for air. The break sounded like a cow pulling her foot out of the mud.

Sometime later, Superteck dropped "Bumps" off at the Club and drove to the paper. He stopped enroute at his digs to swap identities and cars. Pulling on the trenchcoat and snap-brim hat, he drove on in a grubby, nondescript, gray 1949 Studebaker.

At the newspaper, he picked up his photo and headed for his desk. He had no sooner sat down at his typewriter when his editor, E. Bertrum Bignickel, stopped in front of him.

"Blotter! Do you work here or just use one of our desks once in a while. The postman spends more time here than you do! We go to press tomorrow, and you don't leave here tonight until I get something from you!"

"Ink" waved the photo with one hand while continuing to pound away at the typewriter with the other.

"What's this? Some mechanic working on an aircraft?? What's new about that?"

"Relax, Boss. That mechanic is really a pilot and I figure we can raise a few temperatures out at the base with this write-up."

"Oh good, good. Just don't exceed the bounds of decency or the libel laws ... whichever comes

first. He, he, he! Nothing like stirring things up out there!"

"Ink" toiled on. When he had finished, he threw the finished product into the basket and left. What with the hangar, "Bumps", and the newspaper, enough was enough. He would call the Puce Pussy Cat and leave word for "Bumps" to grab a cab home. He just had to get his head down ... alone!

He was at work the next day when the Scandlerag hit the streets. Once the paper reached the base and "Ink's" story read, the manure hit the spreader. The Base Commander called the B.Ad.O., who phoned the B.I.O., who contacted the B.Secur.O., who rang up the B.W.O., who made a helpless gesture towards the ceiling with the silent plea, "Why me?"

Within an hour, there was a meeting of the brass at the Base. The story had done what "Ink" had figured it might, and in the Conference Room, the air was blue. The Base Commander yelled at the B.Ad.O., who argued with the B.I.O., who became belligerent with the B.Secur.O., who turned on the B.W.O., who made a helpless gesture towards the ceiling with the silent plea, "Why me?"

After much discussion, the order was given to the B.Secur.O., Major Snoope, "Get him!"

Back at the hangar, rumour of the meeting had filtered down. It made for some interesting conversation during coffee-break. Finally a copy of the paper was located and everyone grinned as the article was read aloud.

Major Boldguy also had the paper and before he was half through the article, he was on his feet and yelling for Lt. Klumsie, "You DUNDERHEAD!! Where was this picture taken?? Who took it?? How in the dickens did you get yourself into a spot like that??"

"Picture?? Wha ...", and his eyes fell on the paper. "Oh." He remembered.

"Well, that must have been taken the day that you had me work with Cpl. Superteck. I was sure someone had taken a photo but there was no-one around."

"Cpl. Superteck!! Get me Superteck ... on the double!! SUPERTECK!!!"

The cry was heard clear across the hangar in the canteen. Superteck didn't even pause to finish his coffee, he recognized anger when he heard it. He took off at a dead-run.

He skidded to a halt in front of the Major's office. "You called, sir?"

"I did! What's this?", and he waved the paper in front of Superteck.

"What's what? Oh, that. Well,

the lieutenant did say something about a photograph at the time, but there was no one around, and I thought he was just imagining things."

"Well, where in the devil were you at the time?"

"I was in the washroom. But you did say that he could help me, sir."

"Never mind passing the buck back to me. There is screaming going on all over the place and I want some answers. You had better start asking questions down on the hangar floor, 'cause this mess is going to see some heads roll."

"Yes sir. I'll get right on it. By the way, Lt. Klumsie that's a pretty good shot of you. There's no mistaking who it is."

Claude Klumsie blanched. Everyone would know it was him. He could just imagine the comments at the Mess. He could see his career disappearing on broken wings.

Superteck smiled to himself as he turned away. He was the guilty culprit and now he was supposed to find himself.

He stopped at the canteen long enough to grab the paper then he ducked into the can for a quick cigarette and a quiet read.

"Special to the Scandlerag. This photograph was taken earlier this week at the local Air Force Base. The person in it is a pilot. It is this paper's understanding that in our military, a pilot flies the aircraft, and the technician works on it. How is it then that a pilot that it has taken many thousands of dollars to train must suddenly be expected to do the job of a technician as well as fly? Obviously, the tax-payers of this country must be handing over an increasing number of tax dollars to a defense establishment that cannot be effective. A man cannot do two jobs and be expected to either to the best of his ability or efficiency. Our question to those in charge; are you so short of personnel that an "Officer and Gentleman" must also do the job of an Airman?"

From the screams of anguish being sounded on all sides, Superteck knew he had struck a nerve. He also knew that the investigation would be thorough to get the guilty party. Could he duck all the flak and still keep his dual identity a secret. Well, he mused, it would be interesting to try.

Will Superteck be found out?? Will "Bumps" become suspicious when he leaves her to find her own way home alone again?? Will E. Bertrum Bignickel get sick and tired of the empty desk in the city-room?? Join us next time for:

The Adventures of SUPERTECK!!



music reviews and syndicated columnist

OPRY FANS BOO TUCKER'S ROCK STYLE

Tanya Tucker blasted out of her teens with dynamite grooves like "Delta Dawn", "Would You Lay With Me" and "Loving & Learning" among others. She was the hottest attraction to hit country circles in many years.

At a recent appearance at the Grand Ole Opry, Ms. Tucker stirred a bit of controversy by debuting a new band and a new image. The band is a flashy group of rockers and Tanya's new image, which may upset the hardcore country fans, is probably the best thing to happen to country since Waylon Jennings sang about Luckenbach, Texas.

SIMMERING & SEARING

Tucker's debut album in the rock genre is titled "TNT" (MCA 3066) and with this set, you can say goodbye to country singer Tanya Tucker, who was held in the restrictive mold of one type of song. This album gives the lark a chance to step out, let loose and do some high flying vocals that are punctuated with riveting rock chords and underscored by simmering sexuality. The front and back cover, which picture the youthful star against a backdrop of dynamite, describing the highly explosive quality of the inner product. The inner cover photo will definitely blow your mind.

Opening with a searing vocal on "Lover Goodbye", Tanya is joined by a bevy of background vocalists which include Phil Everly (Everly Brothers), Jerry Goldstein and sister LaCosta. This track out rocks many of the rockers that inhabit the pop charts and should become the vehicle to take Ms. Tucker into the cross-over route. Lead in guitar is quickly joined by solid percussive beat and Tanya spells it all out when she says "Lover Goodbye". Working from the songbook of golden memories, Tanya takes the past Buddy Holly "Not Fade Away" and dresses it in a style of the 70s complete with a pulsating beat and some of the finest instrumentation heard in the last few months. This song literally screams to leap from the set. "Angel From Montgomery" uses lyrics that once you hear, you know the singer has outgrown everything previously recorded. Vocal backing comes from John Prine with organ work supplied by Lonnie Jordan (WAR fame).

SEALS & CROFTS

A beautiful moving ballad, "River And The Wind", gives Tanya a chance to display an emotional outing with (Jim) Seals & (Dash) Crofts offering vocal backing. Outa-sight guitar intro lays the framework for Chuck Berry's classic "Brown Eyed Handsome Man". Set rounds out with the sensuality of "If You Feel It", "I'm The Singer, You're The Song" and "It's Nice To Be With You". Closing with "Texas (When I Die)" almost seems like a cop-out after a flawless half-hour at Tanya returns to country.

Album should give Ms. Tucker a gold record for a Xmas present. Keep in mind they also booed when Bob Dylan went electric. Beyond doubt the finest elpee that Tanya Tucker has ever been associated with.



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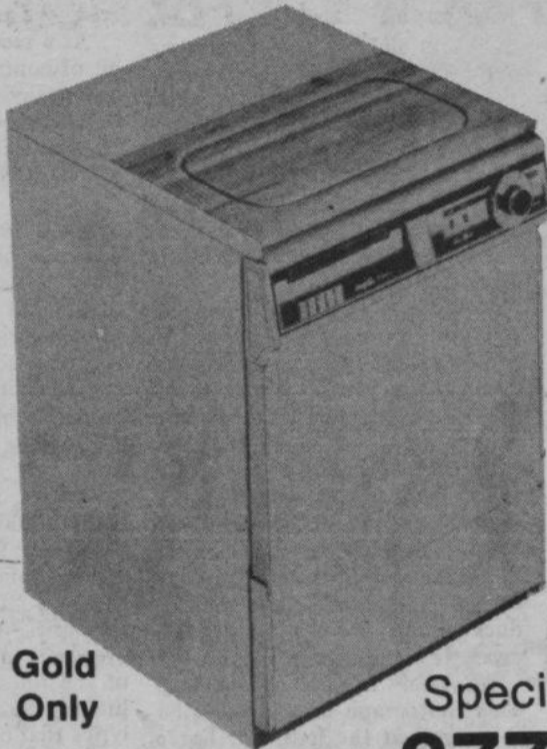
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- Fold-down carrying handle
- Telescopic FM antenna
- Operates on AC house current or 4 (optional) "C" cells
- 11 1/4" W. x 7 5/8" H. x 3 1/4" D.
- UL listed

Special Crest Toothpaste

150 ML.
Reg. \$1.60

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Save 20% Off BX Reg. Price

Mallory "AA" Duracell Batteries

Pack of 8

Special 4⁷⁷

Lloyd's Stereo 8-Track Tape Player

BX Reg. 63⁹⁹

Sale Price 55⁹⁹



- * 100% solid state stereo amplifier
- * Slide controls for volume, balance and tone
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- * Illuminated program indicators
- * Full range bass reflex speaker enclosures
- * Jacks for speakers and stereo headphones
- * Simulated walnut vinyl-on-wood cabinetry

DIMENSIONS

- * Main unit: 12 3/4" W. x 9" D. x 4 1/2" H.
- * Speakers: 12-1/8" H. x 8 1/4" W. x 4 1/2" D.
- * UL Listed



COOKING MADE EASY MICROWAVE DEMONSTRATION

Sat. Dec. 9th, 1978
10:30 - 4:30

An Ideal Xmas Gift For Mother!

LA CUISINE SANS INQUIETUDE! UNE DÉMONSTRATION MICRO-ONDES

Samedi le 9 Décembre, 1978
10:30 - 4:30

C'est Le Rêve De Maman Pour Noël!

With a Quasar Microwave great dishes come naturally.



That's right! And for a limited time, buy any one of our three outstanding Quasar Microwave ovens and get a set of three beautiful Corningware® dishes — at no extra cost!

It's a great offer. But more important, it's a great line of ovens. With features that deliver all the cooking convenience you demand...no matter which Quasar you buy.

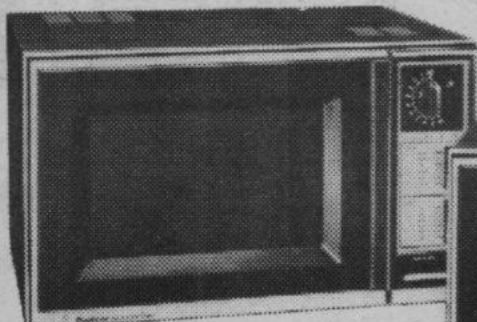
Check the features below and come in soon. We'll help you pick a great oven...and then we'll help you with the dishes.

- 6 Variable Power Settings
- 6 Temperature Settings with Probe
- Convenient Defrost Setting
- Thirty Minute Dual Speed Timer
- Special Microwave Cookbook
- 5 Year Magnetron Warranty

- Insta-Matic Cooking with Humidity Sensor
- 6 Variable Power-Settings
- Automatic Defrost Setting
- Memory Cook
- 3-Step Temperature Cooking with Probe
- 100 Minute Digital Timer / Clock
- Special Microwave Cookbook
- 5 Year Magnetron Warranty

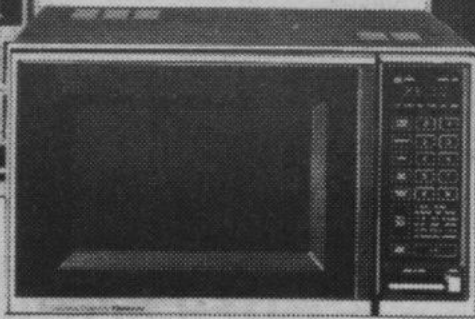
- 2-Step Oven Command
- 6 Variable Power Settings
- 5 Temperature Settings with Probe
- Automatic Defrost
- Special Microwave Cookbook
- 5 Year Magnetron Warranty

579⁹⁹



MQ 4400

679⁹⁹



MQ 6600

779⁹⁹



MQ 5500

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Plaisir De Vous Servir En Français



REGIONAL/NATIONAL SPORTS CHAMPIONSHIPS

The following is a list of the sports in which regional and national championships will be held during 78/79 under the auspices of NDHQ/DPERA and CFAO 50-1.

Base Bowling Playdowns	27 - 28 Nov	Lipsett Hall Alleys
Servicewomans Bowling	17 - 21 Jan	TBA
PR Mens Bowling	8 - 11 Jan	Edmonton
National Bowling	21 - 24 Feb	Borden
PR Broomball	29 Jan-04 Feb	Edmonton
National Broomball	28 Feb-04 Mar	Edmonton
PR Basketball	08 - 12 Feb	Winnipeg
National Basketball	07 - 11 Mar	Winnipeg
Cross-Country Skiing	13 - 17 Feb	Sioux Lookout
PR Hockey	16 - 22 Feb	TBA
National Hockey	24 - 29 Mar	Petawawa
S/W Area One Volleyball	22 - 24 Feb	Winnipeg
S/W National Volleyball	12 - 15 Apr	Penhold
Base Curling M/W Playdowns	11 - 15 Dec	FOB and Westwin
Area One S/W Curling	13 - 15 Feb	Calgary
National S/W Curling	12 - Apr	Edmonton
PR Men's Curling	26 - 30 Mar	Moose Jaw
Base Badminton Playdowns	14 - Feb	Westwin Gym
PR Men's Badminton	19 - 22 Mar	Yorkton
National Men's Badminton	19 - 22 Apr	Shilo
Area One SW Badminton	TBA	Yorkton
PR Men's Softball	TBA	TBA
National Men's Softball	06 - 09 Sep	Montreal
PR Men's Soccer	TBA	TBA
National Men's Soccer	26 Sep - 2 Oct	Trenton

In addition, the following clinics will be organized by the PERI staff of the various Prairie Region Bases. Interested personnel should contact the PERI staff for further information.

National Coaching Certification	13 - 14 Dec	Shilo
Badminton Officials	Mid Feb 79	Wainwright
Can Athletic Trainers Asc	Mid May 79	Shilo
Soccer Officials	Mid May 79	Winnipeg

CURLING CLUB NEWS

The CFB Winnipeg Curling Club consol playdowns were conducted during the week of 19 - 25 Nov, with rinks competing for city consol berths in the men's mixed, and senior competitions. At stake were 2½ men's berths, one seniors, and one mixed; the winners to proceed as competitors in the city zones, and hopefully, from there to the Provincial playdowns.

In the men's competition a perfect record enabled Stu Sharpe and his sharpshooters to claim the first consol entry. Stu's rink consists of third (vice for eastern readers) Ray Brown, second Ted Simmonson, and lead, Irv Goerten.

Playoffs determined the other 1½ consol berths, with Gerry Hallson's foursome winning the full spot. Gerry's rink consists of third Brian Treleaven, second Dan Blahitka, and lead John Kaczir. The half berth went to Roy Gislason, no stranger to competitive curling, and his rink of third Keith Nesbitt, second Bob Davis, and lead Don Bell. Roy and his rink must now compete for the full berth with other city half berth winners.

Representing CFB in the senior zones will be a longtime member, and past president, Lorne

Common. Lorne's foursome, includes Ed Hanney at third, second Elise Mitchell, and lead Ed Poirier.

Our final consol team is a mixed rink skipped by Ernie Mol. Ernie, in his quest for provincial honours, is ably assisted by his wife Merna at third, Wayne Shorten at second, and Wayne's wife Gwen at lead.

CFB congratulates our consol winners and wish them continued success. Fans may watch them in city zone action from 10 to 21 Jan 79.

CF PLAYDOWNS:

Canadian Force playdowns to determine the CFB Winnipeg Curling Champions commence 11 Dec. All serving members resident at CFB Winnipeg and eligible, therefore, contact the Base PERO offices for entry details.

COMING EVENTS:

26 Dec 78 - Holiday Mixed - \$40 per rink, entries may be made through Don Nutley Lcl 369 or, at either the FOB or Westwin Clubhouse.

11 Jan 79 - Ladies Spiel - The Bonnie Bonnet - watch this paper for further details.

OVERHEAD:

Scotty blaming career manager and Earl's hernia - but not necessarily in that order.

CFB WINNIPEG EFFORT DISAPPOINTING

CFB Winnipeg competed in the Air Command 100 Hour Military Swimathon held during 21 - 25 November 1978, and for the third successive year attendance was extremely poor.

1 CEU, inspired by SGT Ron Buck, led the way. Of the 29 participants 1 CEU supplied almost half of that number with a strong showing of 12 swimmers. Four of the twelve completed the maximum allowed distance of 12 miles. The combined total distance for 1 CEU was 57.71 miles.

CFB Winnipeg's total distance for the event was 104.92 miles.

Interest for this type of competition is obviously lacking on a Base of this size. Many reasons have been suggested for the poor turnout. They range from poor advertising, cold weather, no records, too many other interests in a city of such magnitude, and just plain not interested.

After talking to several people I've taken the liberty of drawing my own conclusions for our poor showing.

A competition of this type was initially designed to promote fitness and act as a recreational activity for military personnel. This swimathon is ideally suited for Radar Stations where you have somewhat of a captive audience. Anyone who has had the opportunity to work at such a site can no doubt remember the atmosphere that prevailed during the 100 hour swim. Not only were the serving members involved but so were dependant wives and children who acted as lap counters, moral boosters etc. In

many of these sites there existed a social type of setting where new acquaintances were formed. The station developed an "esprit de corp" that is difficult to find on larger units.

Here in Winnipeg interests are diversified and many. Once work is completed for the day people rush off in all directions. To the theatre, to the beverage room, to a part time job, to drive a family member somewhere or home to relax and watch one of the many TV channels.

Lack of advertising can hardly be responsible for the poor turnout. Information was published in Routine Orders more than one month prior to competition dates. Everyone reads Routine Orders right, so therefore anyone that was interested knew about the swim.

The fact that 29 people turned up for the swim is a clear indication of how much interest actually exists. Last year's total participation was 50 personnel.

The following people displayed more than just interest. Several of them are not strong swimmers but they displayed courage and determination as they completed the maximum distance of 12 miles.

Congratulations go out to CFB Winnipeg's 12 milers.

SGT Buck	1 CEU
CAPT Dart	1 CEU
CPL Koch	1 CEU
PTE Osborne	1 CEU
MWO Vowles	Air Command
SGT Carson	BTNO
PTE Deroy	Military Police

Thanks also go out to the other 22 participants that contributed to the total mileage.

INTER-SECTION BROOMBALL

Following are the standings on Inter-Section Broomball as of 22 November 1978.

	GAMES PLAYED	WIN	LOSS	TIE	GOALS	
					FOR	AGAINST
Bameo	4	4	0	0	15	2 8
CFANS	3	2	1	0	7	9 4
Alpines	4	2	2	0	14	10 4
Supply	5	0	5	0	4	19 0

TOP SCORERS

	G	A	Points
Herbert (BAMEO)	5	7	12
Desjardin (BAMEO)	7	4	11
Pitre (Alpine)	5	6	11
Bedard (Alpine)	3	7	10
Snow (BAMEO)	1	5	6
Hulagon (Alpine)	2	3	5

INTER-SECTION HOCKEY

Following are the standings on Inter-Section Hockey as of 22 November 1978.

TEAM	GAMES PLAYED	WON	LOST	TIE	PTS	GF	GA
Arrows	6	3		3	9	15	12
Braves	7	3	2	2	8	16	11
Dolphins	6	2	2	2	6	16	12
Canucks	7	1	5	1	3	9	19

BETTER NOT POUT. WE'RE TELLING YOU WHY. YOU CAN GET AN HFC HOLIDAY LOAN INSTEAD.

Better watch out

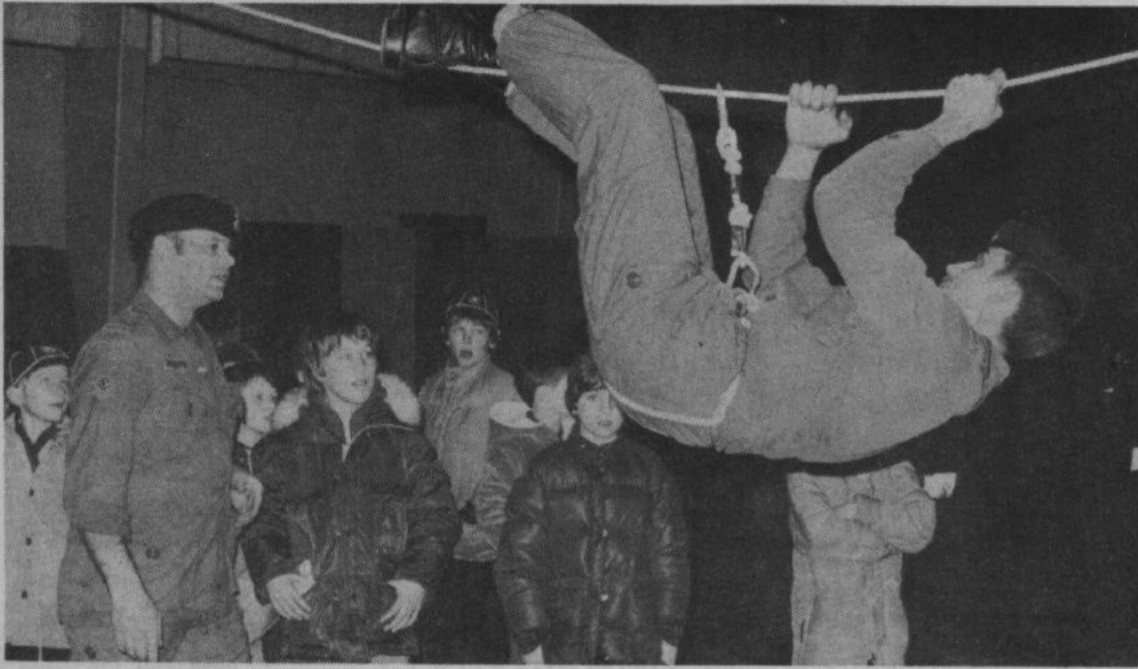


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CORPORATION OF CANADA

SEE PHONE BOOK FOR OFFICE NEAREST YOU

COMMUNITY NEWS



DEMONSTRATION FOR CUBS

On Thursday evening 23 Nov 78, members of Combat Support Company, 2PPCLI put on a demonstration of equipment for the boys of 169 Westdale, St. Vital 3rd and St. Vital 100th Cub Packs.

The demonstration included PTE TE Waterhouse on operation of the .50 cal Heavy Machine Gun and MCPL FV Booth explaining procedure for crossing on a rope while PTE PC Roberts does the actual crossing. Other demonstrations included Surveillance Equipment, Sniper rifle and Vehicles. (PPCLI Photo)



COUNCIL NEWS (NORTH)

WESTWIN TEEN CLUB

This club has been formed by Mr. Brian Ross and teenagers of the North Side Community. At present there is a membership of 67 and we are looking for prospective members, so all who are interested from the ages of 13 to 18, come on out!

The annual fee is \$2.00 for Regular Members and \$3.00 for Associate Members. You will receive a membership card upon receipt of remittance. This card must be carried with you when attending any function, whether it be meetings, dances or sport activities. A Teen Club Constitution has been formed, proposed and approved by the President of Westwin Community Council (N) SGT J.R. Pollock, and the Base Commander, COL J.R. Allingham. A copy of the Constitution may be picked up upon request.

At our first Teen meeting, held 29 Oct 1978, the Executive Board was elected:

President - Carl Martin
Vice President - Stewart Shaffer
Secretary Treasurer - Jan Mowatt
Entertainment - Dawn MacDiarmid
Publicity Co-Ordinators - Lyle

Henderson and Janice Whitehead Dance Co-Ordinators - Sharon MacDiarmid and Linda Kelly Sports Co-Ordinators - Garth and Cindy Weare

Activities to date have been three very successful dances in the Hercules Lounge with more dances planned. The big one of the year is rapidly approaching, our Christmas Dance.

The gym was available to us on Nov. 23 from 8 o'clock til 10 o'clock and was so successful that it has been offered to us again on Dec. 7 (same times). Our next sport activity will be swimming in the Westwin pool Dec. 2nd. Make sure you bring your Club card since we'd hate to have to turn you away!

Next Club meeting will be 17 Dec. All members are requested to attend. Potential members are welcome to sit in.

Special For Moms and Dads - we need you - volunteers for chaperones are in great demand - just one evening once in awhile - won't you help us to make our Club a success??? Call Brian at 885-4543 to volunteer!

BINGO

The Community Council Bingos, held each Wednesday in Bldg. 21, is still providing mid week entertainment with the chance of winning cash prizes. Currently the jackpot is approximately \$700 and it is expected that the jackpot will be won within the near future. The annual turkey Bingo will be held on the 13th of December.

COUNCIL VACANCIES

Four vacancies now exist on the Community Council as follows:

WARD 2 - one vacancy,

WARD 5 - two vacancies, With both positions vacant Ward 5 is not represented on the council.

WARD 9 - one vacancy,

The success of the council depends upon full representation from each ward. If you are interested in becoming a member of the Community Council, please contact the President - daytime phone 837-2719 or home phone 889-6213.

TEEN CLUB

Progress continues on the establishment of a Base Teen Club. To date, three dances have been held with approximately one hundred teenagers attending each dance. The club constitution has been approved by the Base Commander and Community Council. Club Membership has now reached 67. In order to ensure success of the club, adult supervisors for dances and other activities are required. If interested, contact either Brian Ross local 222 or home 885-4543 or any member of the Community Council.

CHRISTMAS DECORATING CONTEST

Again this year the Community Council is sponsoring a Christmas Decorating Contest. The contest is open to all Northside Quarters. Prizes of \$50, \$30 and \$20 will be awarded to the three best decorated residents. Judging will take place on the 20th of December.

SILVER HEIGHTS APTS.
2255 PORTAGE AVE.
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Attractive 3 and 4 room suites in modern block. Appliances and many more features. Please contact:

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211 Mount Royal Road
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HANDY TO CFB WINNIPEG NORTH SITE

NOTICE

WESTWIN TEEN CLUB CHRISTMAS DANCE

HELD AT HERCULES LOUNGE
27 DECEMBER 1978

1930 HRS TO 0030 HRS

DRESS WILL BE SEMI FORMAL
OR BETTER

MUSIC BY CENTURION SOUND
ADMISSION

\$1.50 PER COUPLE

\$1.00 PER SINGLE PERSON

CLUB CARDS MUST BE PRESENTED

Special Note: South Side Teen Club has been extended an invitation to attend this dance.

The Chapel Committee (P) & (RC) Presents

The Annual CFB Winnipeg

Carol Festival

SUNDAY, 17 DEC 78
BUILDING 21, SHARPE BLVD., GATE

featuring the
AIR COMMAND BAND

Musical Prelude 7:00 p.m.
Carols & Lessons 7:30 p.m.

"everyone welcome"



MOVIE

review by Ken Bernard

A PRISON BY ANY OTHER NAME

Prison movies are almost a film type in the USA and Britain. They are universally absorbing films, for they are based on real life experience. They are often disturbing and probing films, for they provoke the viewer into questioning the systems and relationships in human society. MIDNIGHT EXPRESS is just such a film.

US director Alan Parker has given us a superb film, demonstrating his own filmmaking craftsmanship. Whether you will be able to stomach the violence and put up with the constant atmosphere of fear, depends on your approach to films. A prison movie which is parallel in many ways is "Papillon" (and this makes for good comparison since it has just been on national TV within the last month or so). If you handled "Papillon" and liked it, you'll have no trouble with MIDNIGHT EXPRESS.

But it is a rough film to take. It is based on the book of the same name, by a young American, Billy Hayes, in which he recounts his four years in a Turkish prison. It is an unpleasant story. In "Papillon" there was some relief for the audience, for we knew that the terrible French penal colony was done away with some fifty years ago. In MIDNIGHT EXPRESS there is no such relief. The same prison exists today. Billy's experience took place less than five years ago. No pretend horror here; this is real life!

MIDNIGHT EXPRESS is not a fully biographical film; it is rather, highly symbolic, with all kinds of typical characters and typical scenes. Perhaps director Parker and screen writer Oliver Stone would have done better to use a fictional name for the main character rather than Billy Hayes. They would not have avoided the controversy, for disturbing films will always be controversial. They would have avoided some confusion in the mind of the audience, since there is a tendency to see MIDNIGHT EXPRESS as a documentary, which it is not.

Brad Davis plays naive Billy Hayes caught in the events of his own making as well as in events beyond his control. You saw Davis in "Sybil" and in "Roots" - it's his short haircut in MIDNIGHT EXPRESS that makes him somewhat unfamiliar. As a young up-and-coming actor he gives evidence in this film of a surprising competence. This role may have launched his career in a big way.

The supporting cast does a fine job, even though their characters tend to be more typical than real: the innocent girl friend, the weak and hollow diplomat, the angry "we Yanks can do anything" father, the overly aggressive police, the fat and brutal prison warden, the friendly prison buddies, one on drugs, one tough, one gentle. It is difficult to judge the supporting cast in the role of the Turks, because they speak Turkish throughout the film. Also, many of them just fill the scenes, giving atmosphere rather than doing much else. The choice of interesting, character-filled faces for many of the Turkish roles is good, and reminiscent of British cinema.

Director Parker weaves a fast-paced tight story, beginning with the, seemingly sane, technological reality of an airport, and developing gradually but inevitably to the surrealist world of cell block 13 for the insane. The fear for the English-speaking audience is exaggerated by having so much of the film in the Turkish language; with that, the sense of confusion and despair grows for both Billy and the audience. Through all this there are scenes of humanity, moments of gentleness, times of love. The overall effect is to overwhelm these, however.

The themes dealt with in MIDNIGHT EXPRESS are what will bother you after the film, rather than the film itself. That prisons are violent dog-eat-dog worlds, that punishment can be unjust and excessive, that our societal systems don't always work, that prisoners are by definition slaves without rights of any kind, that jailors are often abusers of their absolute power over other human beings - all these are realities, not fictions, which will trouble you long after the movie.

The exposing once again of these brutal realities does not make MIDNIGHT EXPRESS an anti-Turkish film. Our feelings toward the jailors in this film are same as toward the French jailors in "Papillon" (in which case it was French people persecuting French people), or toward the Japanese jailors in "King Rat", or toward the jailors in the US South in "Cool Hand Luke" (in which case it was American persecuting American).

From the relative quiet and isolation of North America we tend to be overwhelmed by discoveries that some brutal things still exist "out there" in the outside world. The fallacy in this audience reaction is to be ourselves so naive as to think that our prisons here in Canada are better. The same brutal realities exist in Milhaven, in Prince Albert, in St. Vincent de Paul.

The second major theme in MIDNIGHT EXPRESS and almost as important as the prison theme is that of cultural variations and differences. The narrowness and inflexibility of the Americans who believe that the whole world must be like them, is a devastating exposé. This film could be accused of being anti-American as well as anti-Turkish.

Cinema, as a mass medium, does more than entertain. It helps human beings look at themselves in a sometimes frightening light. If MIDNIGHT EXPRESS causes Turkey to examine its penal system, and North Americans to be less naive in relations with other peoples, and most of us to remember the inhumanity of our own penitentiaries, it will have done more than any one film should be expected to do.

MIDNIGHT EXPRESS is a good film. You really oughtn't to miss it. (MIDNIGHT EXPRESS is currently showing at Garrick Cinema Two in downtown Winnipeg.)



EX CO VISITS

BGEN ADGD De Chastelain, CD, Commandant RMC, the senior serving Patricia and Ex CO 2PPCLI (70-72), inspected an Honor Guard during his visit to 2PPCLI, 15 Nov 78. During the inspection the General stopped to talk to PTE RL Sheridan, A Company. (PPCLI Photo)

BK Says

WINTER NONSENSE
OR
DON'T BE GLUM WHEN YOU'RE NUMB

Winter is here,
How do I know?
Fences appear,
To catch the snow.

It seems so dumb,
To trap the stuff,
Where I come from,
We get enough.

B.K.

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MANITOBA JOURNAL

" Smoked Solomon and Grilled Lamp " — ADVENTURES IN GREEK DINING

We had been looking forward to our first real Greek dinner when we arrived in Iraklion on the island of Crete. It was a little late — by Canadian standards — but then, we knew from previous trips to Greece that dinner there doesn't start in earnest before 8 or 9, and many people eat at 10 or 11. So we were surprised to find ourselves almost alone in the large hotel dining room and to be told by a tired waiter that the only thing he had to offer at this time (about 9:30) was an omelette. "Mit pills," he added. We were not quite certain what that meant. (I speculated that he might be speaking a kind of German and possibly meant 'mit Pilz' — 'with mushrooms'), but the omelette came without anything, and we were somewhat dismayed when we beheld the tiny portion. We found, however, that this was only the first course, followed by 'mit pills,' which turned out to be 'meat balls!' Still, not a very authentic Greek dinner. We had done better with the ethnic cuisine in Winnipeg's Greek restaurants.

After that we decided to eat our lunches at the town's tavernas and restaurant; for breakfast and dinner we were obliged to stay at the hotel: these two meals were included in the price. While the hotel chef obviously aimed to please his tourist clientele by serving pork chops, string beans, roast veal, and ice cream, blah meals that could have originated almost anywhere in North America, we waited in vain for souvlaki, moussaka, and baklava.

Whom the cook tried to please with the breakfast selection, I'll never know. Is it possible that there are people who like half a slice of bread, two rusks, and a piece of cake for breakfast? That was the standard, every morning (with some butter and a mini-tin of jam). A request for eggs became a major battle. Some days the waiter would claim that there were no eggs. When we did get one, it looked like a pidgeon egg. We also tried ordering toast. The waiter brought rusks. We said that isn't toast. He said yes, toast. We said no, we mean toast from bread. He said oh, that machine was broken, kaputt. So then we said, bring us some plain bread. No rusks, no cake. Only bread. Sometimes he did. Sometimes he forgot (plainly his way of dealing with the strange requests of crazy tourists). We made a game of watching newly arrived guests going through the same debate, some of them fighting valiantly for two or three breakfasts, others giving up after only one.

For lunch we would go all out, looking for culinary adventures. The fun usually begins with the menu. Restaurant menus are printed in Greek, with English 'translations' alongside, such as 'Smoked Solomon, Lime Peans, Mate with Olive Oil, Grilled Lamp, and Drinqqs.' As a rule, we tried the local specialties. Some taverna owners invite the tourists into the kitchen — an old Greek custom — to see what's cooking: "first look, then order." Rows of sizzling souvlaki (shishkebob), appetizing stuffed tomatoes and green peppers, rich savory moussaka, and honey-glistening baklava temptingly assail the eyes and the nose.

Sometimes, these dishes were delicious. We had some memorable times in the open-air tavernas, enjoying well-cooked meals with a bottle of cool Retsina wine, listening to bouzouki music — or the latest in American rock.

Other times and at other places, the souvlaki were more gristle than meat, the moussaka was heavy as a stone in my stomach, and the famous Greek salad consisted of more coarsely shredded cabbage than cucumbers and tomatoes and was drowned in olive oil. But that's part of the adventure of exploring foreign cuisines.

The best souvlaki I have ever eaten was at the Acropolis Restaurant in Winnipeg (the second best, in a taverna in the Plaka of Athens). Here, they use only pork tenderloin, and so the quality is invariably good — there are no unpleasant surprises. In fact, all the dishes we have tried at the Acropolis were excellent: well prepared, appetizing, nicely balanced in flavor, and simply delectable. We had avgolemono (egg and lemon) soup, lamb and chicken roasted slowly on a spit, the incomparable souvlaki, the sinful fresh hot bread (talk about 'Grecian' bread!), Greek coffee in three grades of strength, and galactambourico, a heavenly pastry. With some dishes, they serve a savory sauce called 'dzadziki' (phonetic spelling), made from sour cream or yoghurt, garlic, and several spices. I tried, but couldn't get the recipe for this. The waiter told me that the chef guards it closely. (People are said to have offered money for it.)

The Greek background music, the large mural of the Parthenon, and the corrugated fiberglass Corinthian columns are designed to provide an Hellenic mood and atmosphere. Of course, these trappings and decorations, along with the aroma from the kitchen create some nostalgia, making me remember the time we sat in the outdoor dining room high up on Mount Lycabettos, the vast panorama of Athens at our feet and the majestic vista of the Acropolis in front of us, lurching on souvlaki, sweet melon, and Greek wine. The sun was shining, the scenery was exquisite, and the view was overwhelming.

As for the souvlaki, I'll settle for the ones served at the Winnipeg Acropolis.

CF STUDENT SUCCESSFULL AT UNIVERSITY

Statistics have borne out that among "mature" students who are registered at the University of Manitoba, Canadian Forces personnel receive higher grades than most, approximately 40% receiving B+ grades or better. Their success, not limited to achieving good grades, is evidenced by the number of personnel who receive university degrees yearly. At this fall's graduation ceremony the CF Program Co-Ordinator at the U of M recorded seven CF graduates. The following five were CFB Wpg personnel or dependants: LCOL E.J. Niles (BA), CAPT A.T. Malcolm (BA), SGT K.J. Garrity (BA), Mrs. M.G. Everest (BED), and Mrs. H.M. Simmons (BA). The other two U of M graduates were MAJ W.A. Prowse and CAPT R.S. Bell of Ottawa and Edmonton respectively.

Unfortunately, personnel who were granted degrees from other universities or who did not make themselves known to the CF Co-Ordinator are not included in this list, but our sincere congratulations are extended to all our graduates. The additional effort which went into completing a degree while part of a mobile organization such as ours is indeed recognized and applauded. Once again to the graduates, CONGRATULATIONS!

NOW HOW ABOUT YOU???

Personnel who are interested in winter session credit courses at the U of M are reminded that registration for second term correspondence courses must be received by the University no later than 11 Dec 78. Registrations for off-campus courses will be taken prior to or on the first night of class, 9 - 12 January. Final registration for on-campus course can be made from 2 - 5 January. New students to the U of M are reminded that application for admission must be made prior to registration and this should be done immediately for the winter session.

Sorry to say the financial restraint being exercised this coming year will suspend reimbursement for academic upgrading until further notice. Remember however, these courses are still deductible from your income tax. Further information can be obtained by calling the Base Training Office, local 531 or drop in at Building 21, Room 206.

BASE PHOTO CLUB

The Base Photo club consists of a group of photo enthusiasts with darkroom and studio facilities at their disposal.

These individuals meet regularly on the 1st and 3rd Sunday evenings of each month at 1900 hours in the Photo Club facilities (N.W. corner of Bldg 21).

Commencing in Jan 79, the club will be providing a basic course in photography and black and white darkroom processing techniques. The cost of this course is included in the club membership fees.

If interested, please attend one of the regular meetings or contact LT A.R. MacDonald, Local 248 or home 889-6955.

KEVIN M. McCULLOCH, B.A., LL.B.

BRIAN R. KRESS, B.Sc., LL.B.

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Local 323

Please refer to this advertisement.



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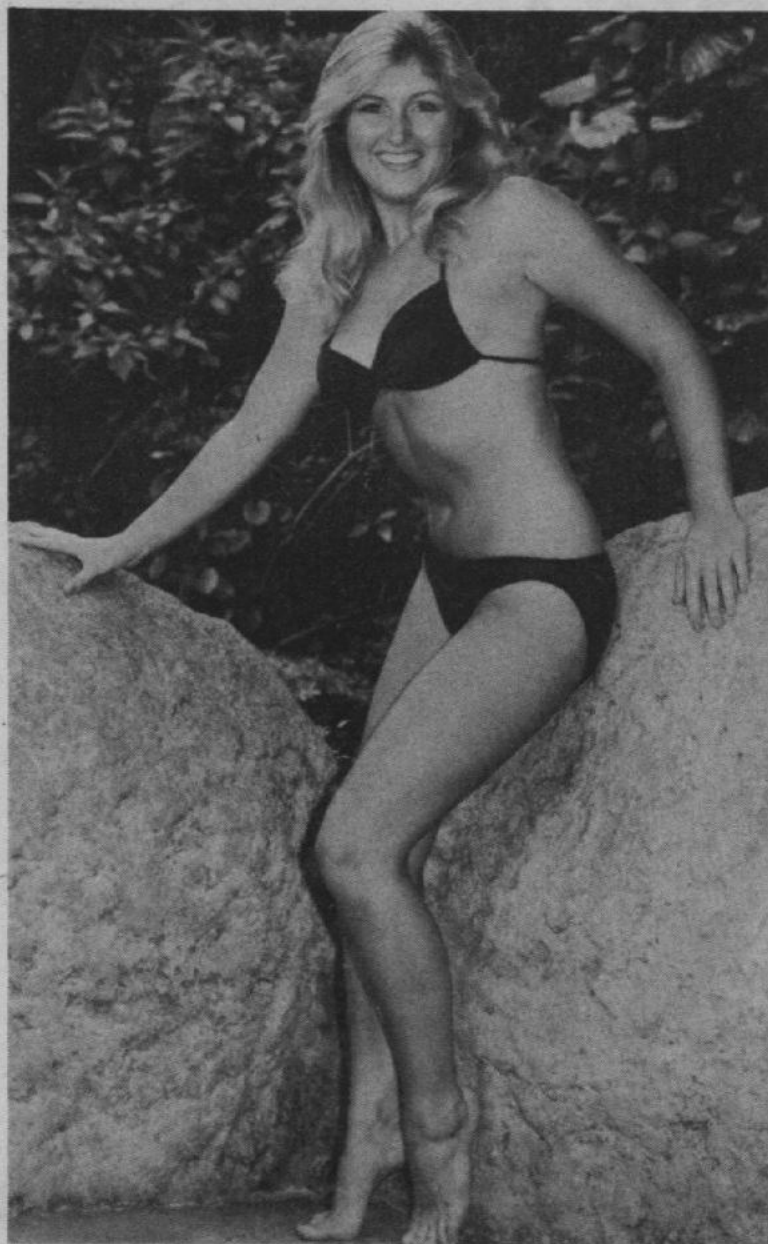
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LETTER TO THE EDITOR

Dear Sir,

I am writing to express my concern about the practice of publishing ever so frequently the "pin-up" model that bears the caption "Courtesy of Florida Orange".

What can be the positive aspect of this advertising? Maybe, Mister Editor, your goal is to encourage your readers to eat more citrus or to keep in good physical condition, but the use of a female body for such publicity is of questionable taste.

Day by day there is exploitation of women at the newstand, bookstores, box office and I feel that this is an offence to the dignity of women. Some will

argue that no one should dictate our value and intervene in our civil liberties. Should an individual's freedom to determine his choice of sexual "turn on" be achieved at the expense of woman's dignity?

What our paper needs is more pictures showing all the many people and groups involved in making our community a better place to live.

I wish, Sir, that you will take time to consider the human right and dignity of both male and female in respect to this matter.

Very proud to be a woman,
Suzanne Barrette

BALDWINSON AGENCIES

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SANTA CLAUS SUITS FOR RENT, by the Ladies Guild of the Chapel of the Good Shepherd, Whytewold Rd., St. James. Rental fee \$10 per suit. Phone: 889-3826. N/C

FOR SALE

TRAILER FOR SALE: MUST SELL 1975 Model 700 Series Bonaire hardtop. Well maintained. Propane stove, ice box, interior lights, convertor and awning. Many other extras. Call SGT Thomson, Local 522 or 489-4169. (8202)

ANNUAL JUNIOR RANKS CHRISTMAS DINNER

The annual Junior Ranks Christmas Dinner is a tradition that has been observed since the earliest history of our Canadian military forces. In our modern military organization many of the older traditions and customs have gone the way of the dinosaur - and rightly so. However, it is important that we make an effort to retain those traditions that link our force with the age old 'Profession of Arms'. The Junior Ranks Christmas Dinner is just such a tradition.

Modern transportation facilities and the CF leave policy now make it possible for the majority of unmarried servicemen and women to be with their families at Christmas. Accordingly, we are holding the Christmas dinner before leave commences, so as to give everyone an opportunity to attend.

This event provides an occasion for the supervisory military personnel to meet many of the men and women who provide the basic strength of the CF in a relaxed and informal atmosphere. It also gives them a chance to express their thanks in a tangible manner to the Junior ranks for the year's efforts.

All single junior ranks (living-in and living-out) are invited to attend as guests. The Junior Ranks dining room will be appropriately decorated, the tables will be heavily laden and your boss will be there to provide excellent table service - so plan to attend.

All guests are requested to assemble at 1130 hours on Wednesday 13 December in the Junior Ranks Lounge (Bldg 61). Dress for the event will be S3s or FS3s. Your section representative on the Junior Ranks Dining Committee has all the details if you have any questions. Once again, that's:

TIME: 1130 hours
DATE: 13 December
PLACE: Bldg 61 - Junior Ranks Lounge
DRESS: S3 or FS3

See you on the 13th.