



Postair



September 13, 1978

Canadian Forces Base Winnipeg — Home of Air Command

Issue No. 14

Vol. 27

DEFENCE MINISTER VISITS



Dr. Hans Apel, Federal Republic of Germany Defence Minister takes the salute from CFB Winnipeg's Honour Guard. At left, approvingly witnessing the salute is the Honourable Barney Danson, Minister of National Defence for Canada, while at right is COL J. R. Allingham, Base Commander of CFB Winnipeg. Dr. Apel visited Canada 4-8 September and arrived at CFB Winnipeg 4 September on his way to CFB Shilo, Manitoba. (BASE PHOTO)



Dr. Apel and Mr. Danson stroll on the tarmac at CFB Winnipeg shortly after arrival on 4 September. It is rumoured that Dr. Apel was asking Canada's Defence Minister if his first Leopard Tanks had arrived safely in Halifax. (BASE PHOTO)

\$1,800 FOR JERRY'S KIDS



(Photo's By PTE Ed Dean)

Sunday, September 3, 1100 hrs., it happened, Mild mannered PTE M. Hupel of Base Transport re-surfaced as the fearless hero "MIGHTY MIKE", ready to risk life and limb for the fight against muscular dystrophy.

It all started in July. The Junior Ranks Mess planned to hold it's first outdoor dance on Friday August 4. Feeling the time for "doing something crazy" had finally come, a strange, cunning plan was devised. A dangerous, death-defying obstacle jump, more risky than any of Evil Knievel's, Friday evening the stage was set. Twelve pop cans placed in a row, a ramp just beyond them. And then the star, seated precariously on a small tricycle, "Mighty Mike". As his highly trained pit crew pushed the vehicle with tremendous speed towards the ramp, a hush fell over the crowd. The take-off was perfect, but at the moment the wheels contacted the ramp, the rear wheel dislodged, and balance was lost. It was a hazardess crash landing, but thanks to amazingly quick reflexes, "Mighty Mike" escaped with his life.

Not too long afterwards, the Jerry Lewis Telethon began It's advertising and Mike had a brainwave. A jump-a-thon, with pledges per can successfully jumped, all proceeds to be donated to Jerry's kids. All the same equipment to be used, only this time he would attempt to jump 24 beer cans, fully charged.

Mike began to campaign. When the date for the jump came, 400 pledges, amounting to \$1,300 had been received. This time, only one pit crew member was needed. PTE Ron Backlund of 733 Comm Sqn. was the man for the job. The scene was similar to the previous jump, but held this time on the dance floor of the Mess. Tension was high as jump time grew closer. At last Mike cycled out to greet his awed fans. Then, with a powerful thrust of strength from Ron, "Mighty Mike" sped towards the ramp, made contact and sailed over, landing safely on the soft cushion Mother Nature had thoughtfully provided.

It was a success. Not including the \$1,300 in pledges, \$535.35 was collected in cash that evening and handed in Sunday morning to the CKND station. A total of \$1,800.

But wait, there's more. "Mighty Mike", with considerable risk to himself, personally disarmed the menacing 24 loaded beer cans. The hero of the Jr Ranks Mess had saved the day once more.

LETTER TO THE EDITOR

Commander,
Canadian Forces Air Command,
Canadian Forces Base Winnipeg
Westwin, Manitoba.
R2R 0T0

Dear Sir:

On behalf of President John Wallace, Parade Committee Chairman Jack Stott, the members and ladies of Ste Agathe Unit 304 of the Army, Navy and Air Force Veterans in Canada it is my pleasure Sir to thank you most sincerely for the very excellent contribution made by Canadian Forces Base Winnipeg to the success of our special Decoration Day parade held 18th June 1978 in Niverville, Manitoba, in conjunction with the Centennial Celebrations of that village.

Participation in planning and logistic support resulted in a parade that was watched, enjoyed and appreciated by hundreds of Manitobans as well as the Citizens of Niverville. Especially the Next of Kin and families of those deceased Veterans that it was the intent of the parade to honour.

Through your office Sir, we would like to extend a special thanks to all personnel who took part, and to mention in particular the following:

- Base Commander, COL McNaughton;
Base Padre, MAJ Lynch;
Base Warrant Officer, CWO Dodd;
BWOs Assistant, CWO McKay;
BWOs Assistant, SGT Antonuik;

The Pilots of 429 Squadron responsible for the Fly-past; and The members of the PPCLI who comprised the Honour Guard and Firing Party.

The performance and conduct of all personnel both on parade and at the post-parade activities was exemplary and we of the Ste Agathe Unit 304 are proud to have been associated with such a fine group of Canadian Service men and women.

The fact that the parade was an unqualified success is largely due to your decision to have CFB Winnipeg respond to our plea for assistance. We are most thankful for that decision and appreciative of the fact that components of the Canadian Forces Air Command could take the time to help our small Unit as they did, to assure Canadians everywhere that Veterans, who having served and since passed-on, will not be forgotten. Regardless of location, their final resting place will be sanctified.

"WE WILL REMEMBER THEM"

Thank you once again Sir, from the bottom of our hearts:

Yours truly
M. J. (Barney) Barnett, Member
Ste Agathe Unit 304.
Army, Navy and Air Force
Veterans In Canada



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FIRST TICKET



COL J. R. Allingham, BCOMD, is shown purchasing the first ticket for the MP Blind Fund Raffle from CAPT J. E. Macquarrie, BSECUR0. The prize, a 20" RCA Colour TV will be awarded to some lucky person participating in this worthwhile cause.

CFB Winnipeg has been well known for its past support. To help support their children, buy a ticket from your friendly MP.

The draw is scheduled to take place at the Annual MP Bingo, Wednesday, 18 Oct 78. (BASE PHOTO)



ROYAL CANADIAN AIR CADETS Air Cadet Week "Serving Canada"



the

United

Way

IS IT LETHAL?



A Canadian Forces explosive ordnance disposal (EOD) technician, behind a protective shield, examines a package left on a jetty where a Canadian naval vessel is alongside. With a stethoscope the EOD expert will examine the package externally to determine whether or not it is lethal, and then dispose of it. Military EOD teams handled 479 disposal operations during 1977. (CANADIAN FORCES PHOTO)

Voxair logo

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FORMER CAVALRYMAN CANTERS TO END OF MILITARY CAREER



Canadian Forces LGEN David R. Adamson leads the U.S. Army Cavalry display unit from Fort Carson, Colo., in a final salute to the men and women of the North American Air Defense Command. Adamson began his military career 37 years ago with the 16/22nd Saskatchewan Horse. He retired as NORAD's deputy commander in chief Aug. 18 in Colorado Springs, Colo. (NORAD PHOTO)

COLORADO SPRINGS, COLO.—A 37-year military career came full circle today when LGEN. David R. Adamson retired from the RCAF and Canadian Forces and stepped down as deputy commander in chief of the North American Air Defense Command (NORAD).

Enlisting in a Canadian militia cavalry unit as a 65-cents-per-day Boy Soldier in 1937, Adamson served four years with the 16/22nd Saskatchewan Horse before joining the RCAF to start his career as a pilot.

So it was fitting that during formal departure ceremonies here he finished up on horseback with a U.S. Army Cavalry display unit from nearby Fort Carson.

The six-man mounted unit, with Adamson in the lead, cantered by the reviewing stand with sabers raised in cavalry salute to U.S. Air Force GEN. James E. Hill, commander in chief of the two nation command. Earlier during the ceremony, GEN Hill awarded the U.S. Legion of Merit to LGEN Adamson, and U.S. Air Force and Canadian Forces airmen marched past in final salute to the departing Canadian deputy commander in chief.

Also participating in the ceremony were Canada's Air Command Pipes and Drums from Ottawa. The pipe band has traditionally performed at retirement and change of

command ceremonies for deputy commanders in chief of NORAD.

In recognition of the close association between NORAD and the Canadian pipers, LGEN Adamson presented his personal pennant to be paraded by Pipe-MAJ Archie Cairns on suitable occasions.

Adamson's career with the RCAF included wartime service as a pilot with the Royal Air Force's 180 Squadron which flew B-25s on daylight raids over Europe during the Second World War.

Postwar he served in Canada and briefly with United Nations Forces in the Middle East.

Adamson held senior command positions in Air Transport Command and Canada's National Defence Headquarters before being named NORAD deputy chief of staff for Operations in 1973. He was appointed deputy commander in chief of NORAD in 1976.

On retirement, LGEN Adamson will continue to reside in Colorado Springs.

Succeeding LGEN Adamson is LGEN Kenneth E. Lewis, 48, of Calgary and Ottawa.

In his new appointment, Lewis is deputy to General Hill, commander in chief of NORAD. They head some 53,000 people in North America and overseas dedicated to the task of providing warning of air, space, or missile attack.

LEGION OF MERIT



Canadian Forces LGEN David R. Adamson smiles as GEN James E. Hill, U.S. Air Force commander in chief of the North American Air Defense Command awards him the U.S. Legion of Merit. He served the past two years as NORAD's deputy commander in chief and will be succeeded by Canadian Forces LGEN Kenneth E. Lewis. (NORAD PHOTO)

GRADE 12 EQUIVALENCY GED

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For more information about eligibility, preparation courses or examination dates, call the Base Training Office at local 531 or drop in at Room 206, Bldg 21.

SAFETY "HEATING"

The Department of Energy, Mines and Resources has a free telephone "heatline" available for home or building owners anywhere in Canada.

Much of their interest is, of course, energy conservation, but some of their information will also have a safety interest as well.

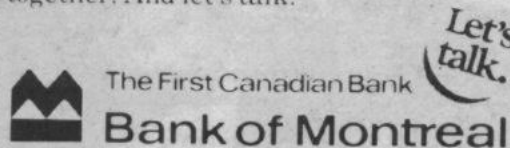
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ASC news news news news

CFANS has a new Commandant. I wonder if that is why the AEROSPACE SQUADRON had such a high staff turn-over this year?

The new Squadron Commander, MAJ Noel Funge, comes to the Aerospace Squadron from the Transport OTU-426(T) Squadron in Trenton. Although he organized the reunion 426 held this summer he was posted to Winnipeg before it came off - just to experience the frustrations of non-resident squadron members in making it back for the festivities.

Noel is not new to the Aerospace Squadron. He graduated from ASC 19 in 1967, instructed on the course after graduation and went through most of the jobs on staff. He was the Chief Instructor when he left to serve in a staff job at TCHQ (Remember That?) He is rounding out his experience now as the Squadron Commander.

The new Chief Instructor is MAJ Don Sparks. Don graduated in 1970 from ASC 22, and also stayed on staff to teach Physics, Calculus, and Weapons Systems until 1973. Don comes back to the Aerospace Squadron from the Maritime Proving and Evaluation Unit in Summerside.

There are five new instructors on the Aerospace Staff this year as well. Two of them are coming on staff right off ASC 30, and are trying to live down the rumor that they didn't learn it all the first time around. CAPT Denis Bouchard was an AI on 410 Sqn before ASC 30 and will be teaching Statistics. CAPT Don Timperon will be applying his previous experience as a 412 Sqn pilot to the Electronics and Communications courses.

Other new staff are returning from a variety of positions. CAPT AI Wetzel graduated from ASC 28 in 1976 and is coming back from the Flight Research Section of the National Research Council to teach Physics, Control Theory, Math and Astronautics. CAPT Doug Lee graduated from ASC 26 in 1974 and has been in Systems Flight Test at the Aerospace Engineering Test Establishment before returning to teach Advanced Calculus, Matrices, Differential Equations, Gyros and Compasses, Control Theory, Stable Platforms and Fournier Transforms. CAPT Doug Scott graduated from ASC 22 in 1970 and went to MP&EU as the Unit Telecom Officer. He is coming to the Aerospace Squadron from Summerside as the Argus Servicing Officer to teach Communication Systems, Logistics and Capital Acquisition.

Of last year's staff that decided to stay behind Claude Naud put up his Majority over the summer and, in addition to his instructional duties, will be the Course Director for the Staff Air Navigator Courses. And CAPT Don Anderson is just back from his son's graduation ceremonies at Chilliwack. Byron Anderson goes on to the Royal Roads Military College from there.

Aerospace Systems Course 31 has begun. Seventeen course members are now hard at work on the Academic portion of the course and all the staff are just as hard at work trying to keep ahead of them. More on ASC 31 next time. In fact, most of the Aerospace Squadron news centres on the courses and course members in residence. Can it really be any other way?

DOCTORS BOTH



MAJ T.V. Smallman, Base Surgeon, CFB Winnipeg is shown presiding over the enrolment of his wife Mary Stewart Smallman into the Canadian Forces. 2LT Smallman was enrolled in a brief ceremony on 2 Aug 78 under the auspices of the Medical Officer Training Plan and will commence studies in the Faculty of Medicine, University of Manitoba 5 September 78. (BASE PHOTO)

BML GOES "ON LINE"



On 21 August a team, comprised of CAPT A. Price, 3 PPLCI Esquimalt, SGT T. Fitzgerald, CFB Petawawa, and Mr. JP Spagnola, Acklands Limited Toronto, introduced the Vehicle Technicians of Base Maintenance Land to the Autosense Computerized Engine Analysis System. The team spent a week at Building P6 training and familiarizing technicians with the equipment. Now if your DND vehicle does not perform up to scratch we will "blame it on the computer".

(BASE PHOTO)



music reviews and syndicated columnist

Lights From The Valley Shine Brightly

When Chilliwack released their first Mushroom album "Dreams, Dreams, Dreams", it turned out to be a milestone in the eight year career of the West Coast based rockers. The album spawned numerous hits and helped Chilliwack to make inroads south of the border.

VALLEY LIGHTS

Now that the group have released their new album "Lights From The Valley" (Mushroom MRS-5011) all memories of "Dreams" will probably be eclipsed and there seems to be very little doubt about the ability of the combined forces of Chilliwack and Mushroom Records to light up, not just the valley, but also the charts.

The music of Chilliwack, for the uninitiated, is a smooth blend of pop, highlighted by the lead vocals of Bill Henderson (Bill MacLeod takes vocal lead on a couple of shining tracks) and wrapped in a cocoon of slickly styled backing vocals and delicate instrumentation.

ARMS OF MARY

At the time of this writing the group's latest single, "Arms Of Mary", was less than 2,000 copies away from being certified as a gold single. That means if I had waited one more day to review the album the single would have already been certified gold. One thing for sure, by the time you

read this "Arms Of Mary" will be gold and on the way to reaching platinum.

"Arms Of Mary" received mention in the Gavin Report for 'picks & plays' and was playlisted on somewhere in excess of 100 radio stations across Canada. Along with action on The Gavin and Steede Reports, "Arms Of Mary" stands to become the groups biggest single ever.

While the single is racking up solid sales and chart action, Chilliwack are not sitting idle. On July 7th they opened a cross country tour in Moncton, New Brunswick that stretches right through to Vancouver on September 1st, with dates in between including Ottawa, Toronto, Winnipeg, Regina, Edmonton and Calgary. As if the grinding schedule of one-nighters through Canada for the best part of two months isn't enough, Chilliwack is planning a U. S. tour in the fall.

Opening the set with a soft ballad that seques into a pulsating rocker, "Never Be The Same", Chilliwack sets the wax in motion and keeps the artistic level at a peak throughout. They offer the uptempo "I Wanna Have To Gssll In Love", the melodic "In Love With A Look" and "No Love At All". Top quality set from one of Canada's premier groups.

This word just in... "Lights From The Valley" certified gold.

BK SAYS

Aircorn's all a'twitter these days, (They've heard that Al MacKenzie stays);

Another bright star

Replaces Bill Carr,

I wonder how much was his raise?

B.K.

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FLYING AWARDS FOR 429 SQN

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B.R. (L to R) - SGT Jim Tomlinson 1000 hrs. C-130 - CAPT Ron Cheroe 2000 hrs. C-130 - CAPT Chub Hezely 1000 hrs. C-130.

(BASE PHOTO)

ENERGY CONSERVATION

REDUCE SPEED CONSERVE FUEL

OTTAWA (CFP)—Highway speeding can kill. And it can also waste a lot of energy.

That's why Canadian Forces vehicles now observe a maximum speed limit of 55 miles or 90 kilometers per hour.

The rationale is two-fold — the speed is considered a safe driving limit and gasoline consumption is considerably less than at high speeds.

The Canadian Forces' fuel-saving program is in full swing for its 11,000 cars and trucks. Big cars are also being replaced by compacts, sub-compacts and intermediate-size vehicles.

Authorities point out that driving at 90 km/h instead of 112 km/h can reduce gasoline consumption by 20 to 40 percent depending on the type and size of vehicle.

Reducing speed is not the only energy conserver, either. Smooth driving, with gentle starts and stops, contribute to reduced fuel consumption. Pressing the accelerator down only as far as necessary to reach normal driving speeds is another way.

Also avoid pumping the accelerator or racing the engine

when the car is not in motion.

Prolonged idling wastes gasoline. If the engine idles for more than a minute it uses more gas than it would take to restart it.

Mechanical problems can cause wastage. Maintenance, such as engine tuning, use of proper lubricant grades, correct tire pressure, a block heater in winter, can increase mileage and lower fuel consumption.

Committed to paring its energy consumption by at least 10 percent, since 1974 DND has saved three million gallons of aviation fuel, 10 million gallons of marine fuel and three billion cubic feet of natural gas.

A spokesman for the senior energy and environment management committee reports that considerable embarrassment can be caused by Canadian Forces drivers who disregard the speed limits. It is the duty of both civilian and military professional drivers and drivers of U-drive vehicles to observe both the CF and local speed limits under all circumstances. Passengers should not encourage drivers to disregard these limits.

NEW DEPUTY COMMANDER FOR 22nd NORAD REGION

OTTAWA — U. S. Air Force BGEN Robert E. Buhrow, 48, has been appointed deputy commander of 22nd NORAD Region at North Bay, Ont., succeeding U. S. A. F. BGEN George C. Cannon, 47, who is retiring.

BGEN Buhrow will be second in command to MGEN James E. Hanna, 51, of Toronto, commander of the only NORAD Region headquartered in Canada and commander of the Canadian Forces' Air Defence Group.

A command pilot with over 6,400 hours flying time, BGEN Buhrow flew F-4 Phantom jets in 126 combat missions over North Vietnam while serving at Ubon Royal Thai Air Force Base, Thailand in 1967.

His 28 years of military service includes flying assignments with tactical fighter wings in Korea, West Germany and Thailand service in Greece and two tours of duty in the Pentagon.

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**PARLEZ—
VOUS
FRANCAIS?**

Have you ever considered learning another language? Again this fall, military personnel and civilian DND employees at CFB Winnipeg have the opportunity to learn the French language. There is no charge — only interest and enthusiasm are required.

Would you like to join our group? Take the first step — call the Base Training Office at local 531 or drop in at Building 21, Room 206. Classes are beginning this week. It's still not too late to join.

Why not make learning French one of your winter projects!



JOIN OUR PARTY!



IT'S NOT TOO LATE TO LEARN FRENCH!

CALL the BTRGO, local 531

SAILBOAT TRAINING



Sea Cadet Laura Irvine, 17, helps to rig a sailboat during training at the Provincial Sailing Camp located at Gimli, Man.

Laura is one of 50 cadets attending the yearly course, which provides basic sailing instruction to 40 junior cadets, and advancing training to 10 senior sea cadets.

Laura, a member of 170 Squadron, is the daughter of Robert and Joan Irvine of Winnipeg.

(CANADIAN FORCES PHOTO)



HALIFAX—Canada's newest armoured fighting vehicle, the Leopard C1 is inspected by BGEN E. A. C. Amy, COL Commandant of the Royal Canadian Armoured Corps following its arrival in Halifax 27 Aug. The new Leopard will replace the borrowed Leopard A2s used by 4 Canadian Mechanized Brigade Group in Germany, and the remaining Centurions based at Gagetown, NB. From L to R above are Herr A. Feigl, field representative from Krauss-Maffei the manufacturer, BGEN E. A. C. Amy (kneeling), SGT Albert A. Barker of the Armoured School in Gagetown and WO Bob Fougere also of the Armoured School. (CANADIAN FORCES PHOTO)

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Television BY KEN BERNARD REVIEW

"WHEN IN ROME...."

The Italians really do a good job with TV! They must have had a dozen cameras in St. Peter's Square in Rome to cover the installation of Pope John Paul I. We got pictures of everything that was going on. Once again TV gave the whole world (an estimated two billion people were watching) the "best seats in the house."

The Italians clearly have a sense of what is going on at these solemn religious ceremonies. The result was that the pictures they chose to broadcast from their discreetly placed cameras (we were hard pressed to see any TV camera interrupting or intruding on anything) together gave a complete look at a very complex activity. Not only did the cameras absorb the happily photogenic John Paul, but they flowed intelligently with the religious ceremony as well. Not only did they focus on the important churchmen and civil leaders but they also scanned the immense throng, at times closing in on the faces of friendly people in the crowd. Not only did they record history in the making, but also took time to acknowledge the majesty of the sun setting behind Michelangelo's dome.

There is no doubt that the Italians have a real talent for television. We also saw them function around the events of the death of Pope Paul VI, as well as the election of a new Pope. They gave evidence of the same high skills. Clearly Italian TV has not bought into the American myth of the mass media which sees television only as a fast paced, abrupt, distracting entertainment tool. The Italians seem to know that television is a means of communication among people. TV doesn't have to make the events; it has but to record them for all to see.

It helps of course to have a man so sympathetic to the media as appears to be the new Pope. He seems to have had more media coverage in his first week than poor Pope Paul in the last six years. Paul VI did much to bring about change in the RC church, but somehow he didn't capture the media. There is no doubt that he suffered from a bad press during his time as Pope.

While churchmen may be very concerned whether a given Pope is theologically a "liberal" or a "conservative", obviously that kind of thing concerns the ordinary people very little. The image of a person who is human: he smiles! — he enjoys what he does! — he enjoys people! — he even smokes! that is the kind of person who captivates the people. That is the image that TV has already given the world of this John Paul I.

Any Pope who, within the first week of his election, can make the sports page of the daily papers has something going for him: "Pontiff Preempts NFL". And so he did. In the USA the three major networks (ABC, CBS and NBC) all tied into the international telecast for the full length of the installation ceremonies. NFL opening season games were set aside. Now just who is this John Paul I to bring that off?

In Canada, CBC, Radio Canada and CTV all carried the broadcast with both local and Rome-based commentary. Radio Canada by far did the more complete job.

As one coffee break comment put it: "That kind of coverage sure makes you happy we have TV... it puts you right there... just as the events take place half way around the world." That about sums it up. Every now and then in the great wasteland of North American television we come across an oasis — it keeps us hoping.

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CHANGE OF COMMAND FOR TRAINING SYSTEM



BGEN LV JOHNSON



BGEN BA OXHOLM

On 25 August 1978 at CFB Trenton, the command of the Canadian Forces Training System (CFTS) and Central Region changed from BGEN LV Johnson, CD, to BGEN BA Oxholm, CD. The presiding officer for the Change of Command parade was LGEN JC Smith, CMM, CD, ADM(Per) from NDHQ.

BGEN Johnson, who has been commandant of CFTS since its inception in 1975, will take up a senior position at NDHQ and will be promoted to MGEN.

BGEN Oxholm, who was promoted to his present rank on 10 Aug 78, comes to his new appointment after a tour as Chief of Staff at Maritime Pacific Headquarters in Esquimalt, B. C.

The parade, which was attended by many local dignitaries as well as members of CFTS, was primarily composed of three companies/squadrons from CFB Borden, CFB Kingston and CFB St. Jean. The parade was enhanced by a 15 gun salute by 2 RCHA from the SSF of CFB Petawawa, a fly past provided by ATGHQ with music by the CF Vimy Band from CFB Kingston.

Following the parade, a garden party was held at the sunken gardens adjacent to the Officers' Mess with music once again kindly provided by the CF Vimy Band.



SENIOR RESERVE COMMUNICATION ADVISOR

OTTAWA—Reserve Force LCOL Saul B. Lerner, 47, of Ottawa is promoted colonel and appointed senior Reserve advisor for communications, Chief of the Defence Staff Admiral Robert H. Falls has announced.

COL Lerner has been a Reservist since October, 1949 when he enrolled in 3 Divisional Signal Regiment (Ottawa) as an officer cadet. From 1951-53 he served with the Regular Force, instructing personnel preparing for duty in Korea and as signalmaster at the primary communication relay in Ottawa.

A cartographer in civilian life, COL Lerner is head of the systems

control unit of the surveys and mapping branch in the Department of Energy, Mines and Resources.

He has been an advisor on Reserve communication matters to senior members of the Department of National Defence since 1965 and during the formative years of the Communication Reserves.



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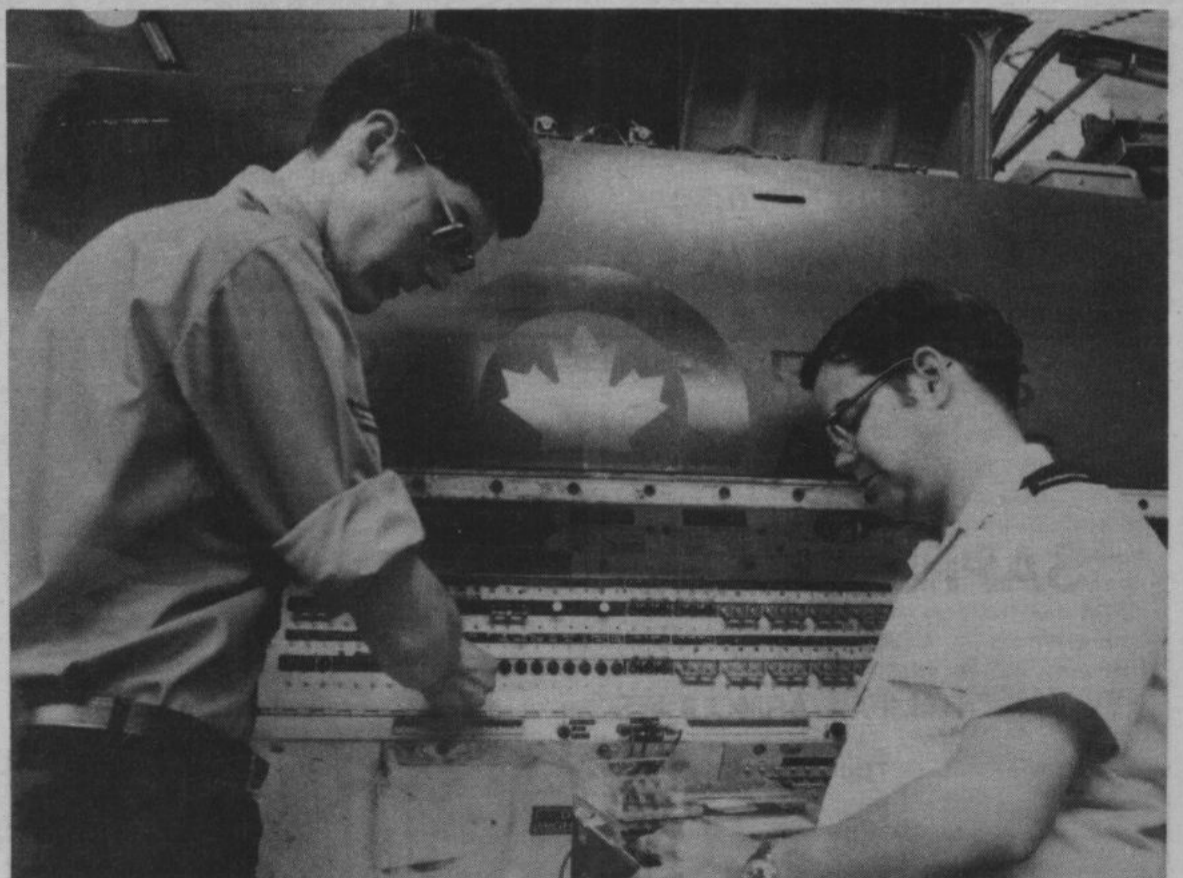
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CPL Warren Ryan, 21, (left) and M/CPL Chris Ball, 26, of 402 City of Winnipeg Squadron run through a voltage check on a CF-104 Starfighter aircraft at Baden-Soellingen, West Germany. They are part of a group of 31 air reservists from across Canada employed for a two-month period with 1 Canadian Air Group. During this period the reservists gain valuable experience and receive on-the-job training while working with the regular force in support of Canada's NATO commitment. CPL Ryan is the son of Mr. and Mrs. Gerrald Ryan, 45 Noble St., Winnipeg. MCPL Ball is the son of Mr. and Mrs. Claude Ball, 78 Renfrew St., Winnipeg.
(CANADIAN FORCES PHOTO by SGT J. Rodger)



CPL (Judy) Lauriks is shown with the old teletype equipment. (BASE PHOTO)

733 COMM SQN MODERNIZES

After 40 years of dedicated service the elderly teletype equipment is replaced at 733 COMM SQN. Gone forever, with nary a tear, the clatter of keys, miles of tape, and not being able to hear the phone. Instead the serene hum of speed and efficiency.

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MAJ (Gordon) Shufflebotham sends the first official message utilizing the new model 40 DATA terminal. PTE (Rose) Schlund youngest member of 733 Commsqn looks on. (BASE PHOTO)

TROPHY WON

733 Communication Squadron has again won the Canadian Forces Communication Command GEN Wylie Trophy for Excellence in Physical Fitness.

The idea for this Aerobics-based competition was born by 733 Comm Sqn two years

The program gives each member of the Sqn numerous goals; the obvious one is a level of fitness which can only benefit one's health. The second goal is the knowledge that each member has contributed in some way to the Sqn's overall total points.

earned. Some members even double or triple this amount which has contributed greatly to the Sqn's success. However, a few of these valuable people have been transferred so the Sqn will have to work extra hard for future success.



LCOL Yerxa Commanding Officer 73 Communication Group is seen presenting GEN Wylie Trophy for Excellence in Physical Fitness to Commanding Officer of 733 Communications Squadron Winnipeg MAJ (Gord) Shufflebotham. (BASE PHOTO)

ago; the Commander at that time, GEN Wylie (since retired), was so impressed with this idea he donated the trophy shown in photograph. Since the award's inauguration, 733 Communication Sqn has won the GEN Wylie award both times.

Another goal is the Sqn's incentive program — each Sqn in CFCC has a numerical title; the individual goal during a member's total time in a Sqn is to earn points to match this title. When reached, a trophy is awarded depicting 733 points have been

In the 1977-78 competitive year, 733 earned an average of 185.05 points per person. COMMGP Ottawa was a close second with 172.26 points per person.

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Please refer to this advertisement.



SOFTBALL TEAM COMPETES IN ZONE TOURNAMENT

The CFB Winnipeg representative softball team participated in the Prairie Region Eastern zone elimination tournament at CFB Portage La Prairie on the weekend of 29, 30 July. Our team had a disastrous first day losing 2 - 0 to Shilo and 5 - 0 to Portage. They came to life too late beating Shilo 8 - 0 and Portage 14 - 3 on the second day's play. Shilo who had a 3 - 1 record will be playing off against Edmonton and Penhold in Gypsumville the 17 - 19 August to determine the Prairie Region representative for the National softball to be held in Comox 18 - 22 September.



Front Row: (L to R) CPL S. Kirsopp, SGT G. Snider, CPL R. Smith, SGT D. Rochon, LT D. Michailuk.

Rear Row: (L to R) LT D. Dodd, CPL D. Purdy, SGT D. Hill (Coach), WO R. Bird, SGT R. Robbins, CAPT N. Wagner, CAPT E. Morris, CAPT K. Benoit, PTE D. McIntyre. (BASE PHOTO)

BADMINTON NEWS

WESTWIN

FIGURE SKATING REGISTRATION

Registration for the Westwin Community Club, St. James-Assiniboia Figure Skating Club, (badge 1-8) will be held Thursday 14th September, 1978 from 7:00 to 9:00 p. m. in the lobby of North Site Recreation Centre. All beginners must be 6 years of age or older to register. Please bring C. F. S. A. registration number.

Figure skaters (badge 8 through C. F. S. A. tests) who did not receive registration forms will register at the St. James Civic Centre. Dates and times will appear in Metro One.

For more information call your Westwin Convenor, Mrs. Dot Peck at 888-0388.

Playing Nights		
Sunday	Lipsett Hall	1900-2230 hrs
Wednesday	Westwin Gym	1900-2230 hrs

We sincerely hope to see you on our opening night Sunday, 10 Sep at Lipsett Hall. The first two playing evenings will be free for new members to allow them to decide whether they would like to join the Club. I'm sure you will.

The Westwin Badminton Club members are anxiously anticipating the beginning of a new season and looking forward to the new friendships that the new members will bring. New members are the life-blood of the club and we welcome all level players from the beginner to the competitive player. We particularly welcome all CF members, DND employees and their dependents, 16 years and over. Note dependents younger than 16 that show promise as competitors will also be welcome and coaching provided as well as financial assistance for advanced clinics. Membership cost \$5.00 per person for CF members and their dependents, \$10.00 per person for DND employees and their dependents and \$25.00 for civilians. This membership includes membership in the Manitoba Badminton Association, subscription to Racquets Canada magazine, bird fee and entry into Club tournaments.

The Club plays two evenings a week and alternates between the gyms at Lipsett Hall and Westwin. Playing nights will commence on 10 Sep 78.

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SPORTS MEETINGS SCHEDULED

CURLING

There will be a meeting on September 21, 1978, at 1030 hours, in the Base Theatre, Building 90, to form the Inter-Section Curling League.

All interested sections are required to have a representative at this meeting.

An Entry Fee of \$24.00 will be assessed per team.

Teams are required to submit nominal rolls and entry fees at the meeting.

BROOMBALL

There will be a meeting on September 21, 1978, at 1500 hours, in the Base Theatre, Building 90, to form the Inter-Section Broomball League.

All interested sections are required to have a representative at the meeting.

VOLLEYBALL

After a very successful Inter-Section Volleyball season in 77-78, a meeting will be held September 29, 1978, at 1030 hours, in the Base Theatre, to form a new league.

Interested sections are requested to have a representative at the meeting.

HOCKEY

As per the previous season, 1977-78, teams will be formed from the names submitted to the Recreation Centre.

Interested personnel may register at the Recreation Centre, Building 90, as of Monday 5 September 1978.

There will be a \$3.00 registration fee per person on team selection, payable to the Sports Storeman when equipment is issued.

Personnel who are interested in coaching or officiating are also requested to submit their names to the Recreation Centre, as soon as possible.

BASKETBALL

A Base representative Basketball team will not be formed at present, however, if sufficient interest is displayed, an Inter-Section league will be organized. The Base team will be selected prior to the Prairie Region Championship.

A meeting will be held for section representatives in the Base Theatre, Building 90, at 1500 hours, September 29, to discuss the formation of the league.

For further information on any of the Inter-Section sports, please contact the Westwin Recreation Centre, local 511 or 514.



GIRL GUIDE LEADERSHIP RECRUITMENT

Girl Guides of today have a modern, progressive programme in tune with the times. They can follow their own interests - camping, skiing, sewing or singing - and all the time they are learning about the world around and beyond them through indoor and outdoor fun and adventure.

However, Guiding is utterly dependent on volunteer leadership. Volunteers make Girl Guide programmes possible for thousands of Winnipeg girls. Volunteers provide stimulating activities for Brownies from seven to 10 years old, Guides (10 to 14), Rangers (14 to 18) and Cadets (leaders in training) who are from 15 to 21. In some districts a pilot project called Moonbeams has been initiated for

five to seven year olds. It will be augmented whenever and wherever possible, as leadership is available.

Guiding needs mature women interested in girls (preferably with a sense of humour) and younger girls (over 16) as assistants. Some leaders have been Guides, or mothers or sisters of Guides - but experience really isn't necessary. Leaders are trained in a companionable way which is one of the rewards of being a Guider. Another reward is the satisfaction of having helped young girls develop into responsible, self-reliant women.

If you would like to offer your services - please drop in at the Guide Office at 267 Edmonton St., or phone 942-2458.

NEW BCEO



A short ceremony was held in the office of the BCEO to hand over the reigns of the Base Construction Engineering Section from MAJ J. R. Orlando to MAJ W. G. Williams effective 1 Aug 78.

MAJ Orlando has held the appointment of BCEO since Oct 75. He is leaving to attend the Canadian Forces Staff College at Toronto, Ontario.

MAJ W. G. Williams assumes the appointment of BCEO having been posted from Air Command Headquarters, where he was a member of the DCOS MILE staff. (BASE PHOTO)

BROWNIE AND GUIDE NEWS (NORTH SITE)

The fall season and the beginning of school are upon us, and with it, also begins another season of Guiding. We are all looking forward to another very good year of fun, learning and growth - both individually and as a group.

Registration night for Brownies and Guides will be held on Wednesday, September 13th at 7:00 P. M. in the gymnasium of the Jameswood Public School on Braintree Cres.

The cost of registration is \$10.00 for each child and an additional \$2.00 per family. For example: 1 Guide and 1 Brownie equals \$20.00 plus \$2.00. In the past, we have asked parents to support us with baked goods, etc. The additional \$2.00 fee at registration is designed to eliminate the need for this. We extend a cordial invitation to all girls from seven years of age and up to join us.

We are also greatly in need of

adult volunteers to act as leaders. This is your opportunity to become involved in helping girls along the road to a life of self-reliance, self-satisfaction, and good citizenship, and have some fun at the same time. Your interest and experiences are our greatest assets. The Guiding Organization depends on YOU for its ultimate success. For further information, please contact Mrs. P. Grainger, 837-3468.

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