



Voxair



Following the Canadian Forces

March 30, 1978

CANADIAN FORCES BASE, WINNIPEG

Issue No. 6

Vol. 27

DEATH



SO CLOSE



RESULT

Does the above picture shock you? It should. It shows the result of a fire that was preventable. This particular fire occurred in a Bulk Lease Housing Unit.

The fire started in a saucepan partly filled with cooking oil that had been left on a "hot-stove" while the occupant decided to "lie down for a while". Of course, the next happening was natural — the oil in the saucepan overheated, caught fire and engulfed the kitchen in flames.

Luckily the occupant awoke in time to evacuate his family from the flame and smoke-filled house. A few more minutes of sleep and things might have been different. Deadly different.

Why is Voxair alarmed? Well — this was the fourth preventable fire in recent weeks. Two were "fat-fires", one electrical, and the other another form of carelessness.

FRYING WITHOUT BURNING

The national taste for "chips with everything" is obviously proving to be something of a fire hazard. Certainly the number of fires started by the ignition of cooking fat or oil is on the increase. The preparation of deep

fried foods should not normally present a hazard; however, all too often the fat or oil is allowed to overheat beyond the maximum recommended cooking temperature of 205 degrees C (400 degrees F). As soon as the temperature reaches 310 degrees C (590 degrees F), there is an immediate danger of fire. The result is clearly evident.

There is little difference in the fire properties of cooking oils. The flash-points of the more common oils lie within the range 225 - 300 degrees C (437 - 572 degrees F). The spontaneous ignition temperature; the temperature at which ignition will occur without any external heat source, is within the range 310 - 360 degrees C (590 - 600 degrees F). These change little with use. A recent report has stated that if cooking fats and oils are never heated above 230 degrees C (446 degrees F) they will never discolor and will have an indefinite life.

There have been reports that a faint haze will rise from cooking oils or fat when a temperature of 205 degrees C (400 degrees F) is reached; however, another study

shows that in tests conducted on samples, the first clearly discernable haze was not produced until the samples had reached at least 25 degrees C (77 degrees F) above the recommended cooking temperature.

How Fat Fires Start:

1. Over-heating:

In some kitchens, fires arising from over-heating and spontaneous ignition of cooking fats and oils occur because the thermostat control fails after a fryer has been left unattended. In others (the most common error), the person leaves the room after placing the cooking utensil on the hot burner of the stove.

2. Spillage on to a Hot Surface:

When moist foods are put into hot cooking fats or oils, the moisture quickly turns to steam, expanding rapidly in the process and causing immediate and violent frothing. When this happens, often the cooking fat or oil spills over and is ignited. The flames are unlikely to cause ignition of the contents of the pan, providing the contents of the pan are at ordinary cooking temperatures. Consequently, as long as no

combustible material is nearby, the fire should burn itself out without causing much, if any, damage. To avoid this risk, it is advisable to drain off any excess moisture before the food is put into the hot fat. If this is not possible, put small portions in at a time, to reduce the risk of fire.

Action In Event Of Fire

1. If the grease in a pot or pan catches fire:

- (a) Turn off the heat.
- (b) Smother the flame by covering the pan with a tight fitting lid (which should always be close at hand) being careful to keep yourself and your clothing away from the fire.

2. Should the fire involve nearby combustible materials:

- (a) Get everyone out of the building and give the alarm.
- (b) Close the kitchen doors.
- (c) Call the Fire Department.

REMEMBER:

— NEVER RISK CARRYING OUT A BURNING PAN

— NEVER USE WATER ON A GREASE FIRE

Recommendations for the safe use of cooking fats and oils:

(1) Never heat above the recommended cooking temperature. A thermostatically controlled deep fryer is the best means of controlling cooking temperatures. In the absence of this, a thermometer is the only accurate alternative.

(2) NEVER, no matter what type of utensil is used, leave it unattended.

Burning fat in a saucepan is not the only contributing factor to fire in our homes. Make-shift electrical wiring, unauthorized electrical alteration and incorrect fusing are dangerous contributors to fire also. A recent surprise inspection of the Bulk Lease Housing Unit area of CFB Winnipeg revealed many interesting, and dangerous things:

— over 50% of the houses visited (200) contained oversized fuses in fuse panels. For example in place of 15 AMP fuses, the occupants had inserted 20, 25 and 30 AMP fuses — that is a no-no! Your insurance policy

Cont'd page 15

FILL — ER — UP

CF HELP



HMCS Restigouche of the Esquimalt-based 2nd Canadian Destroyer Squadron receives a refueling in mid-Pacific from Maritime Forces Pacific support ship HMCS Provider. The fuel oil is carried in a hose suspended from a span wire from the top of Provider's "goal post" and served inboard in the destroyer. The two warships and a second squadron destroyer (background) HMCS Kootenay are currently on a lengthy operational deployment in the Southwest Pacific. They return home May 5th. (CANADIAN FORCES PHOTO)

Many Canadians are aware that the Canadian Forces help civilian communities on a routine, daily basis. For example, they help when a disaster strikes, rescue snowbound people and do mercy flights.

But few are aware that the Forces help private companies too, and the people who work for these companies.

Ask Champion Road Machinery of Goderich, Ont.

Champion was awarded a lucrative contract to supply 75 road graders to the State of South Carolina, a deal which represented some 25,000 man-days of work for over 1,000 people of Goderich.

But it was conditional — draw-bar tests had to be completed on very short notice, and the company needed test equipment right away.

Champion asked the allied Ottawa company of Hovey and Associates for help.

Hovey approached the Department of National Defence, namely the director-general, land engineering and maintenance (DGLEM). DGLEM tasked Land Engineering and Test Establishment at Orleans, Ont., to provide the necessary equipment and technicians without delay.

The tests were completed within 30 hours from the time the request was received, on a cost-recovery basis, and the contract was secured.

Mark A. Sully, the company's vice-president, marketing, in a letter of appreciation to DND said, "Without your help we would definitely have faced layoffs for many of our people. Fortunately now this won't happen."

United Way "people helping people"

AWARDS

Voxair

VOXAIR is the unofficial Service-newspaper of CFB Winnipeg and is published under the authority of the Base Commander, Colonel D. M. McNaughton, (CD)

EDITOR .. CAPT. B. GARAGAN 639

ASSOCIATE EDITOR	ASSOCIATE EDITOR
Business Manager	Ellen Pennell
G. B. Radford 639	889-8207
ADVERTISING	SPORTS & RECREATION
Mrs. Vi Hilton 889-9995	Gerry Vowles 509
or local 502	DISTRIBUTION
Proof Reader Miss D. Snowdon	Miss A. Ward 698
CARTOONIST	CLASSIFIED ADS
Capt. Rick St. Germain	Audrey Genaille 502

Opinions expressed by contributors do not necessarily reflect those of the Editor, the Canadian Armed Forces or the Department of National Defence. The Editor reserves the right to edit material in accordance with the regulations and guidelines governing a service newspaper as specified in CFAO 57-5. Copy may be submitted in either the English or French language and should be typewritten, double spaced, and bear the contributor's name and place of employment.

In the event of a typographical error appearing in an advertisement, no goods may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charge for the advertisement in which error occurs.

VOXAIR offices are located in Building 52 at CFB Winnipeg. Correspondence and copy should be addressed to: VOXAIR, CFB Winnipeg, Westwin, Manitoba R2R 0T0. Telephone 832-1311

ADVERTISING RATES ON REQUEST

SUBSCRIPTION RATES are \$3.50 for one year or \$9.50 for three years. Postage Paid

Second Class Mail Reg No. 1725
ISSN 0300-3213



Pictured above are representatives receiving awards on behalf of their units, for their generosity in giving to the 1977 United Way Campaign.

Back row-Left to right - MAJ O'Gorman (Management Study Unit - Gold), CWO Cottingham (School of Meteorology - Silver), CAPT Turenne (Air Navigation School - Silver), and Daisy Butler (D.C.O.S. Civilian Personnel - Gold). These Units have won similar awards in the past.

Front row - Left to right - winning awards for the first time are; CAPT Martyn (D.C.O.S. Operations - Silver), MAJ Coward (D.C.O.S. Reserves - Bronze), and CAPT Keates (D.C.O.S. Training - Silver).

(BASE PHOTO)

BORDEN'S AVIATION HISTORY TO BE PRESERVED

The Base Borden Military Museum is making a determined effort to carry out a task that has been neglected for far too long. For several years work has gone on to collect and display military artifacts concerning the Armoured Corps, Service Corps, Medical Corps, Electrical and Mechanical Engineers, and Military Police. However, until recently little has been done to reflect the intimate involvement of Borden with military aviation, an involvement that goes back over 60 years.

In 1916 the British and Canadian governments agreed to set up a flying training programme in Canada to provide the sorely needed aircrew for the Royal Flying Corps. The toll of qualified pilots and observers on the Western Front was extremely high, and Canada represented not only a safe haven in which to train replacements, but an excellent source of potential recruits for this new form of warfare.

LCOL C. G. Hoare of the Royal Flying Corps was sent to Canada to implement the programme. He arrived in Canada on 19 January 1917 and lost no time in setting things in motion. On 26 January he looked over an area at Camp Borden and selected it as the site of his first airfield. Although the Camp had been used by the Canadian Expeditionary Force and many facilities were available, there was still a tremendous amount of work to be done to set up an aerodrome. Construction started in early February 1917 and in four months some 57 buildings had been completed, an 850 acre area had been cleared and levelled, and 5 miles of asphalt roads had been built. Although the construction was done in a very short time, there was nothing shoddy about the building methods. In fact, several of the original hangars are still in use at CFB Borden today.

Because of the urgency for aircrew replacements, training began even before the construction was complete. By the middle of April, five Squadrons had been formed at Camp Borden. Training was carried out on Canadian built Curtiss JN-4 (Jenny) aircraft. This was a two seat bi-plane with a weight of 2100 pounds, a 90 horsepower engine and a top speed of about 75 miles per hour.

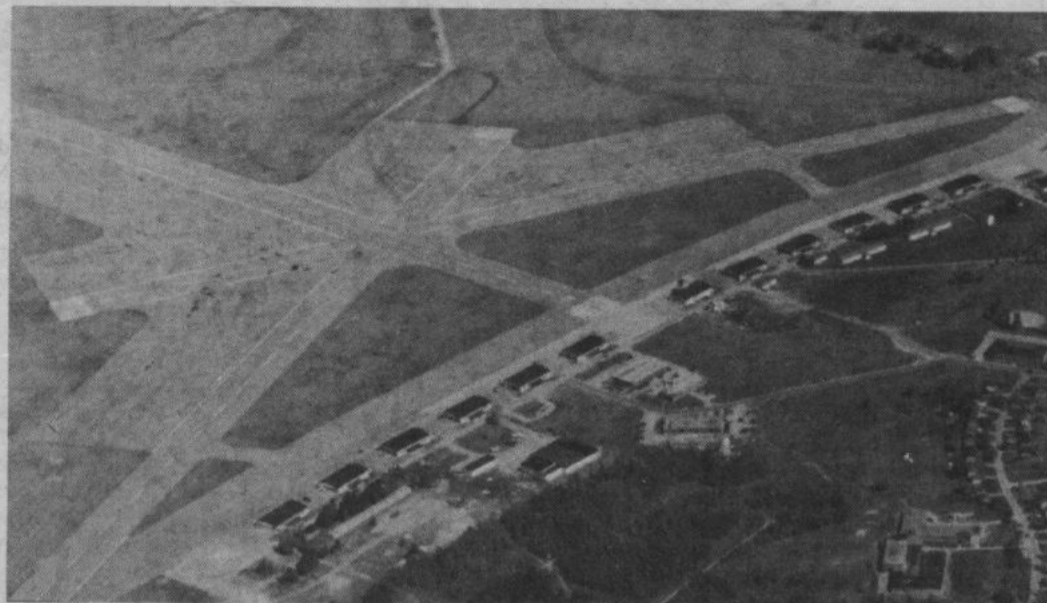
At first the training given to the fledgling aviators was quite rudimentary. However, by the summer of 1917 the course included aerial gunnery, formation flying, aerial photography and wireless telegraphy.

Although the level of activity at Borden was drastically reduced after the armistice of 1918, it became the first flying station of the Canadian Air Force which was formed in 1920. For years it served as a very important flying base and many of Canada's most famous airmen received their first flying experience here. Today, although Borden is no longer a regular flying base, its connection with military aviation is still strong because it serves as the main training base for aircraft technicians and Aerospace Engineering Officers of the Canadian Armed Forces.

Recently the Base Borden Military Museum Committee decided that some of the rich history of aviation at Borden should be put on display. A section of the museum has been set aside for this purpose and a start has been made at setting up displays. At the present time the display includes such things as photographs and medals of some gallantry award winners, photographs of Borden in its early years, early aircraft propellers, and uniforms worn by members of the Royal Flying Corps. Included in the latter category is an example of a knee length leather flying coat in excellent condition. Items that will be added in the near future are aircraft and engine log books and original blue prints for the JN-4 aircraft.

Because of the number of in-service courses given at CFB Borden, it is quite likely you will find yourself there at some time or other, if not on a posting. When you do, why not make a point of visiting the museum and examining these items out of Borden's rich aviation history.

In addition, if any readers are in possession of artifacts relating to Borden's flying history and would like to donate them to the museum, the chairman of the Base Borden Military Museum Committee, CFB Borden, Ontario would be pleased to hear from you.



Hangar line at CFB Borden showing hangars built in 1917 for the Royal Flying Corps in Canada. These hangars are still in use today. (CFB BORDEN PHOTO)

CFCF ASSISTANCE

In the fiscal year 1976/77 the Canadian Forces Central Fund (CFCF) developed and completed its most significant assistance package since its inception in 1968. Involving some 23 isolated and semi-isolated bases and stations, the CFCF forgave a total of \$2.25 million in loans for projects which were funded by NPF prior to 1973 but if done under to-day's regulation would be a public fund responsibility.

The Director General Personnel Services, manager of the CFCF, says that though the write-off reduced the Fund's annual income, the benefits realized by the bases and stations concerned far outweighed any resulting cash flow problem.

Assistance from the CFCF, which is basically a "pool" of non-public money, is available to bases and stations in the form of loans to improve messes, recreation facilities and resale outlets. The Fund also makes it possible for certain common costs to be formed centrally rather than such costs being passed back to the units. This "pool" is increased by levies on sales in NPF trading activities such as base exchange, mess and club bar sales, and by interest income.

New loans issued by the CFCF in 1976/77 totalled nearly three million dollars involving 40 projects, bringing the total value of loans issued since 1968 to approximately thirty million

dollars. Loans totalling over \$5 million dollars have been approved for the current year. Further, a consolidated insurance policy on all non-public property of the Canadian Forces (Regular) located anywhere in the world, is paid for by the CFCF from the central levy and now covers over one hundred million dollars of property at risk.

It is clear that your non-public fund dollars are at work through the CFCF in providing assistance for varied and meaningful personnel support programs.

NOTE: This article is from a paper by the DGPS who is the Chairman of the CFCF Advisory Committee.

CADETS AWARDED

OTTAWA—Winter holidays for most Canadian students mean just a break from school routine. For the luckier and more affluent perhaps it's a trip to the sunny south.

But for 12 selected army cadets from coast to coast, seven boys and five girls, it's a one-week cultural tour of sightseeing in London, England and its environs — all expenses paid.

The cadets won the trip as their reward for standing first in cadet leader instructor courses held last summer at CFBs Gagetown, N.B., Valcartier, Que., Ipperwash, Ont., Vernon, B.C. and Banff, Alta.

The cadets will fly March 19 in a Canadian Forces, Boeing 707 from Ottawa to London's

Gatwick airport, and will be met by their hosts, Britain's Army Cadet Force Association. They return to Ottawa March 27.

The cadets are Sylvian Beausejour, Roxton Pond, Que., Thor Boe, Vancouver, B.C., Michel Bourque, Montreal, Monica Brockman, London, Ont., D. L. Dagley, Lunenburg County, N.S., Sandra Entwistle, Ottawa, Ron Henry, Ottawa, M. J. Hilash, Sherwood Park, Alta., Sylvie Lafrenaye, St. Constant, Que., R. J. MacLeod, Moncton, N.B., Bruce Ottenbrite, Oshawa, Ont., and J. M. Waldie, Lacombe, Alta.

Conducting officer is CAPT E. J. Somers, commanding officer of 2758 Royal Canadian Army Cadet Corps, St. Quentin, N.B.

A tradition of fine banking service

For over a hundred years, the Commerce has been the sign of the finest in banking services. Either at home, or wherever you travel, let the Commerce take care of your financial problems. There are branches in every major centre in Canada to offer you the finest in convenient, courteous service.



CANADIAN IMPERIAL
BANK OF COMMERCE

PORTAGE AND MOORGATE

POLO PARK BR.

GRANT PARK PLAZA

PORTAGE AND BOOTH

PORTAGE AND CAVALIER

UNICITY FASHION SQ.



WESTWIN (NORTHSIDE) COMMUNITY COUNCIL NEWS

TEEN DANCE

The teen dance held during Winter Carnival proved such a success council is considering holding such a dance on a monthly basis. Details will be published in the VOXAIR when a final decision is reached.

COMMUNITY COUNCIL QUESTIONNAIRE

Question 7 of the community council Questionnaire distributed last fall dealt with playgrounds. Responses indicated that playgrounds in BLHUs are satisfactory although there were a few suggestions to have them fenced, more equipment for small children and clean up conducted more often (i.e. broken glass).

ACTION

- Councillor for playgrounds has been in contact with the city Recreation Department and discussions have taken place regarding the possibility of fencing and adding a few more pieces of equipment.
- Regarding clean up - parents too often expect others to be responsible for the safety and well being of their children. Take a few moments, go to the playground with your child and make sure it is safe. Co-ordinate with your neighbours to keep an eye on things and discuss what you expect regarding bully's who often show up at playground. Playgrounds at Conway and in MDPs were generally described as being only adequate with problems of broken glass and not enough equipment.
- Council has initiated a work order to have the Conway playground moved to the lawn area at the end of Sharpe Blvd. along the base fence area. This will provide a cleaner, safer area.
- Plans are in the works to add new equipment such as an obstacle course made of tires or a merry-go-round, or a slide. These things take time to purchase and install but the work has already started so expect some significant improvements by the summer of 1978.
- Finally, when your children are at the playground or anywhere outside of your residence teach them to beware of strangers. If you should notice anyone unusual near your playground be careful to note anything that will help describe him. Look for strange cars parked near the playground and write down the license number. Ensure you tell your children not to accept rides or gifts from strangers and tell them about the Block Parent Program.

PET CONTROL

Over the past few months, several articles have appeared in this column regarding pet control. This article is the last in the series and the statistics provided should convince all residents of the seriousness of the problem. Recently a member of the Community Council contacted the Supervisor of Pound Services in Winnipeg where the following

BOOK REVIEW

F4U CORSAIR AT WAR

by Richard Abrams

Published by Mcthuen
Publications Price \$19.50

Reviewed By LCOL N. Fillepsi's
Air Command Headquarters

Corsair At War is one of Englishmen Ian Allan's "At War" series and has been put together by Richard Abrams, Chief Flight Test Engineer at the Rockwell B1 test facility, Edwards AFB. It is a composite of engineering and historical information interspersed with personal recollections of some of those who flew the Corsair in war. The foreword is written by Colonel Gregory "Pappy" Boyington USMC (Ret), who also writes a chapter on his Black Sheep Squadron activities with the F4U in the south pacific.

A truly amazing aircraft, the Corsair almost fell into early obscurity. The USN, for whom the aircraft was designed found it unsuitable because of its vicious wing-drop, no-warning stall characteristics and the complete blanking of forward visibility over the long nose when approaching for landings. This was assessed to be particularly hazardous when approaching to land on a carrier and for this reason, the navy foisted the Corsair off on the marines who would operate it primarily off land bases, and moved to accept the F6F Hellcat instead. The Marines, long accustomed to being equipped with cast-offs and hand me downs were pleasantly surprised with the combat qualities of the Corsair. They eliminated the vicious wing-drop by the simple aerodynamic expedient of welding a lift destroying bar on the wing that was slower to stall so that, while the stall speed remained high, at least it was symmetrical, predictable, and manageable. To counter the visibility problem, they evolved a continuous final turn approach so that sight of the runway was lost only momentarily and the touchdown was managed by looking over the side. Carrier work was then acceptable with the Corsair and the navy changed horses or fighters, once again.

The book treats the reader to a proliferation of surprises - at least that's what they were to this reviewer. Who would have thought, for example, that over 2000 F4Us saw service with the Royal Navy? And not just in the south pacific, for British Corsairs took part in raids on the Tirpitz in Norway. Another surprise was discovering that the Corsair had a particularly impressive fighter performance. A chart in the book shows that in many comparisons with the Fokke Wolfe 190, which was probably the best fighter in Europe, the F4U was the better machine. The Corsair was also able to out fight the P51, the P47, and the P38. That some 12000 Corsairs were built is another surprise, although the reader must do his own arithmetic to arrive at this figure. So is the fact that they were still being built after the Korean war and were operated by the French in Indo China in 1954 and over Suez in 1956. The last operational machine was retired in 1964. Another surprise is presented when the reader finds that a Lieutenant R. Hampton Gray who flew Corsairs off the RN carrier Formidable was posthumously awarded the Victoria Cross as the result of a 1944 action in Corsairs against Japanese shipping. Hampton Gray was a Canadian Navy pilot serving with the RN.

Corsair at War purports to be of value to the historian and the modeller, but falls just a little short of the needs of both. For the historian, statistical data is either missing, not tied together or difficult to find. The modeller gets more for his money, but not full value, for while the book is chock a block with excellent photographs of most marks and models, it lacks those fine cutaway drawings that so enhance other English aviation publications. These would have added a lot for the modeller.

statistics were revealed about the St. James/Assiniboine area. 601 complaints were recorded between Jan and Dec 77. 441 dogs were impounded of which 207 were returned to their owner after payment of pound fees. 189 dogs were disposed of. A total of 283 summons were issued where offenders were allowed to pay a \$10 fine out of Court. Over \$4,600 was collected in pound fees based on the following format: 1st offence - \$15 plus \$3 per day; 2nd offence - \$25 plus \$3 per day; and 3rd offence - \$50 plus \$300 per day. There were no statistics given as to the total number of offenders dealt with in the Westwin Community; however, Council has asked the City Pound Service to monitor the situation in Westwin MQs closely. For those members of the community who have a complaint regarding dogs in their neighbourhood, please telephone the St. James Dog Pound at 832-2613 at any time. Give your

name, address, telephone number and identify the owner of the offending dog by name and address or at the very least by the address. Describe the dog, i.e. breed or type, colour, size and give the time of the offence. The first two complaints will result in warnings but the third complaint may result in Court action.

On the 12 Apr 73, on the advice of the Public Health Inspector, who based his recommendation primarily on the fact that the high density in, and limited yard space around MDPs constituted a health hazard to the occupants, particularly young children, dogs were not allowed in MDPs. When this policy was introduced the only exception made was that personnel who occupied MDPs on 12 Apr 73 and who had a dog were permitted to keep that dog only. Complaints will be actioned through your Council ward representative.

One of the best cliches to cover events of this nature is "All good things must come to an end." Yes, after a year of investigative reporting, I am finally giving up the mighty pen in order to concentrate my efforts in other areas (golf primarily).

The job is open to any "A" or "B" flight nav who feels worthy of assuming the "scribes" duties. The term Nav may not be with us for very long. Jerry Kingwell just got back from a trade conference in Ottawa. They come up with some new ideas for the NAV name but the best of the bunch was the all encompassing AEO (Airborne Electronics Operator and/Autopilot Engaging Officer).

Spring is upon us and the delights of lugging duffle bags out to a frozen aircraft will soon be only memories. Right Wayne?

MAJ Proulx is finally back from his extended flying escapades. He very nearly had to reintroduce himself to the flight members, not to mention Mrs. Proulx. The term "ATG" commitment is the short form of "Around the Globe" at ANS lately.

Overheard at the programming section: "Oh yes CAPT. Hiley is in but he isn't accepting any more complaints this year."

Keith has finally overcome the tangled web of ANS Programming. Both doors which lead to his section have signs on them "Please use other DOOR".

With Air Force Day being shouldered by the "A" Flight Commander, small wonder the flight is buzzing with activity lately. The events scheduled this year look very inspiring. The five contenders for the NFA project will only be overshadowed by the non stop TV games planned for the ANPT.

The NPH is now here and henceforth all complaints shall be accepted in written format only. Terry Bremner has left standards with a memento of his tour in Standards. It is a five foot high replica of a "Sympathetic Ear."
"Say Goodbye Rick" "Goodbye Rick!"



Spring is here and the snow is almost gone. ASC 30 is still here, but SANC 7801 has gone. However, by the time you read this ASC 30 will have embarked on another strenuous tour - East this time to Ontario, Quebec, Vermont, Connecticut, New York, Pennsylvania and Maryland. Since SANC 7801 left, the silence around the Aerospace Squadron was broken only by the scratching of pens - the ASC 30 Project Report was due in at 1700 hours on Thursday 23 March. Easter will be a blessed relief in more ways than one this year.

Give the ASC a technical problem and they'll find an answer, eventually - we're still

working on the Mess lighting problem, Ray. Prize for the energy saving idea of the month goes to Jimmie Boone for running his starter motor as generator. Nice try Jimmie, but we don't think the idea will catch on.

Jim Sharpe and Fraser Barnes are back from the NFA evaluation in Ottawa, but from what we can get out of them they might as well still be in Ottawa: one seat, two seat, one engine, two engine, the odds are still open. Perhaps Ed Cymbaluk will be more forthcoming when he gets back from UCLA; helicopters aren't half as interesting, though.

Watch this space for news of ASC 30's Eastern Tour in the next issue.

LOCALLY YOURS UNDE

The last regular meeting held in Bldg No. 24 on 20 Mar had an encouraging turn out of 47 members, a total of 16 resolutions were accepted for the Aug 78 convention to be held in Kingston, Ontario. Delegates elected to attend the convention on behalf of Local 705 were President B. Eisner, D. Johnston and E. Ogren, with A. Glass and S. Shuper being alternatives. Negotiation News - The PSAC has requested the services of a conciliation officer to assist in the C.R. group negotiations.

Meal and mileage allowances -

Increases in both meal and mileage allowances will be effective 1 Apr 78, see details on your local notice board or the 17 Mar issue of the PSAC Weekly Newsletter.

The following members should be congratulated on achieving a 30 and above pints of blood donated at a recent CFB blood donor clinic. B. Eisner, L. Coleman, A. R. Huggins, R. J. Parkin, M. Dielschneider, P. Bonin, J. Mazun - members in the 20 to 30 pint category were - J. K. Merchant, F. Tully, G. D. Brickley and Tiny Sutherland.

VOXAIR REAL ESTATE GUIDE

COMPLETE REAL ESTATE SERVICES
Coast-to-Coast
WE CAN HELP YOU




TOM BEAL
888-7276



MARY CLEMENTS
RES. 885-3013


3380 PORTAGE AVE. PHONE 889-3380

ARE YOU POSTED?

Need to sell your home? Let us tell you what to expect from the sale of your home and help you plan a fast, pleasant move.

PHONE 586-8391

If posted to Winnipeg, write for a free city map and information on homes in this area.



HARRY BAUER, CD
Res: 633-4047

A&H REALTY

350 JEFFERSON AVE., WINNIPEG, MAN. R2V 0N1
PHONE 586-8391

* CHANGING YOUR ADDRESS IS OUR BUSINESS *

Moving to Trenton?



EILEEN FORCHUK

BARRY-FORCHUK REAL ESTATE LIMITED

Trenton, Ont.
82 Division St.
392-9228

"Everything in Housing"


PATRICK REALTY LTD.

2003 Portage Ave. Ph. 837-1366
R3J 0K3 (204)

- HOMES • SUBURBAN PROPERTIES
- COMMERCIAL • FARMS
- FIRE INSURANCE • AUTOPAC

To Buy or Sell Call Your Local Realtor
patrick realty ltd.

POSTED TO CFB CHILLIWACK?




MAY I HELP YOU AND YOUR FAMILY GET SETTLED IN YOUR NEW HOME?

FOR ALL YOUR REAL ESTATE NEEDS AND INFORMATION

CALL COLLECT OR WRITE:

BILL NEILSON
c/o THE PERMANENT REAL ESTATE
172 Yale Rd. East Chwk., B.C.
Phone Off: 792-0011
Res: 795-5574



Bill Neilson CD

SILVER HEIGHTS APTS.
2255 PORTAGE AVE.

PARK TOWERS APTS.
2300 PORTAGE AVE.

Attractive 3 and 4 room suites in modern block. Appliances and many more features.
Please contact:

Apex Realty Properties Ltd.

211 Mount Royal Road
Silver Hts. Shopping centre
832-4888

HANDY TO CFB WINNIPEG NORTH SITE

TRANSFERRED TO COMOX
I CAN HELP YOU IN YOUR REAL ESTATE NEEDS



HOMES LOTS ACREAGE

CALL COLLECT OR DROP ME A LINE c/o DAN FREMONT
R.A. ARNETT REALTY LTD.,
208 PORT AUGUSTA STREET,
COMOX B.C., V9N 5H5.

Phone OFFICE 339-5501
HOME 339-2714

CRESTVIEW VILLAGE

A very special
Engineered Homes
Building in value, year after year.

"Welcome to our neighbourhood"



SHOW HOME HOURS
Daily: 10 a.m. to 9 p.m.
Sat: 10 a.m. to 6 p.m.

VOXAIR DEADLINE

4 Apr 78

EACH OFFICE INDEPENDENTLY OWNED & OPERATED



Ron Clayton
Sales Associate
832-2252
Pager 944-9333 - 891
C.A.F. Retired

Century 21

CAMBELL LANE REALTY
1887 Portage Ave.
Winnipeg, Manitoba
837-5864



Roy Moore
Sales Associate
885-3409
Pager 944-9333 - 896
C.A.F. Retired

POSTING IN - POSTING OUT - TIRED OF PAYING RENT OR RELOCATING
FOR ALL YOUR REAL ESTATE NEEDS

"HELP GEORGE DO IT"



CAUTION:

SOME ENERGY SAVING IDEAS MIGHT NOT BE SAFE:

MINI-FLUSHER TANK WATER SAVER

Reports indicate that the siphon action of the toilet dictates whether or not the mini-flusher performs the function it was intended for. (ie: some toilets require, when using the mini-flusher, two flushes instead of one). Where only one flush is sufficient, a saving of one to two quarts of water is gained per flush.

This unit is **not recommended** since it does not work on all units and since the accumulation of solid waste in the sewer lines may increase due to its' use.

SOME MIGHT BE DANGEROUS:
PEOPLE HAVE BEEN KILLED THIS WAY

FURNACE FLUE GAS DAMPERS

A flue gas damper is a device installed in a furnace flue to close automatically whenever the furnace is off, preventing the loss of heated air up the chimney.

The Federal Energy Administration and Consumer Product Safety Commission in the United States have issued bulletins cautioning home owners about this type of device.

The possibility exists that improper installation of a damper could result in carbon monoxide poisoning, fire, or explosion. These cautions do not apply to new high efficiency warm air furnaces, or heating boilers having factory-installed automatic flue-gas dampers. (ie: retrofitted units only).

ENERGY CONSERVATION

MA (ECONOMICS) AWARDED

At the February meeting of the University of Manitoba Senate CAPT W. R. Kingsbury was awarded the degree of Master of Arts in Economics.

CAPT Kingsbury obtained his MA by attending the U of M on a part-time basis from 1975 to 1978. His Bachelor's degree, in Economics and Political Science, was awarded at Queen's University in Kingston, Ontario in 1974.

CAPT Kingsbury has been in the Service for more than twenty years. During the first part of his career he was an aircrew officer and he logged over 4000 hours in the Argus during three tours in Maritime Command. In 1975 he

changed classifications and is now a Logistics Officer employed with the Senior Staff Officer



Accounting and Finance at Air Command Headquarters.

In addition to his everyday duties as a Staff Officer CAPT Kingsbury is a part-time member of the Economics faculty at the University of Manitoba. Since last September he has been teaching a first-year University Economics Course (ECONOMICS 18:120) at CFB Winnipeg during noon-hours. This experiment represents yet another example of the evolution of the Canadian Forces involvement with the U of M. Depending on demand the course may be offered at the Base again this fall.

PRODUCTION SAVER



MAJ W. P. Lockhart, BAMEO, watches as MCPL Van Tunstead, Photo Tech, receives the first print from the newly installed Kodak Royal Print Processor.

The new equipment processes, stabilizes, fixes and washes a print in 55 seconds, ready for customer use. The Base Construction Engineering section made a special effort on the installation of this equipment, enabling the Base Photo to cut two hours off of production in Black and White processing. Many thanks to the Plumbing and Electrical section of BCE. (BASE PHOTO)

BAMEO ON PARADE



December 15th 1977 saw the BAME Organization on parade for the presentation of Canadian Forces Decorations and a Commanding Officer's Achievement Award.

LCOL E. J. Niles presented CAPT Gerry Gainer Aircraft Servicing Officer and MCPL Kenneth Hicks received the Canadian Forces Decoration.

The Commanding Officer's Achievement Award was presented to CPL Richard Reynolds on behalf of the AMDU Trenton by LCOL Niles.

A brief inspection was held with WO Ken Banfield accompanying LCOL Niles. (BASE PHOTO)

BY LAND —
BY SEA —
BY AIR —



Welcome to the "BIG A" — Entertainment and Dancing 9 p.m. to 1 a.m.

Your Host: Norm Webb

ASSINIBOINE GORDON HOTEL

1975 Portage Avenue

Phone: 888-4806

COMMONWEALTH GAMES

Funding

EDMONTON—Whenever the question of Games — Olympic or Commonwealth, comes up people start wondering who is going to pay for these Games? If the Games are going to be a drag on the public purse, should we get ourselves involved?

These are some of the questions the XIth Commonwealth Games Canada (1978) Foundation had to come up with before convincing the Province of Alberta and the City of Edmonton that their sponsorship of the Games was a viable operation.

Apparently they were able to do so. In August 1972 the Games Foundation was incorporated in the Province of Alberta under part nine of the Companies Act. The decision was made to seek \$36 million from various governmental and civilian bodies.

CAPITAL PROGRAM

The sources of such funding are as follows:

Government of Canada	\$12	million
Province of Alberta	7.9	million
City of Edmonton	11.6	million
Kinsmen Club of Edmonton	3.5	million
Commonwealth Games Foundation	3.5	million
Total	36	million

With funding approved, the Foundation's next step was to let contracts for the various venues. The last construction contracts were awarded in May 1976.

Basically, the construction costs were broken down as follows:

Commonwealth Stadium	\$20,963,000
Kinsmen Aquatic Centre	8,675,000
Strathcona Range	901,000
Argyll Velodrome	680,000
Coronation Greens	505,000
Land Acquisition	450,000
Facilities Upgrading	500,000
Auxiliary (scoreboards, timing)	1,590,000
Athletic Equipment	500,000
Administration	800,000
Contingency	436,000
Total	\$36,000,000

OPERATING FUNDS

The second area of financial responsibility for the Foundation is that of operating funds. In effect, the Foundation hopes to generate revenue, and perhaps possibly produce some kind of a small profit, which will be paid to the Commonwealth Games Association of Canada on winding up the Foundation's affairs.

Basically, the Foundation feels it can generate approximately \$19.5 million from various sources. First off are investments that yield \$1.6 million. This will arise from the use of capital fund provided by senior levels of government.

The next source of revenue is fund raising. This total project should yield some \$3.5 million over the life of the project.

The Foundation's marketing program, which encompasses licensable rights, and a number of other programs, is expected to yield in the area of \$2.5 million.

And of course, there are the lotteries. The Foundation is a fifty percent partner in the Western Canada Lottery/Western Express. With a limit of \$2 million from the Western Express portion, and approximately \$700,000 already received from the old Western Canada Lottery, the total yield should be \$2.7 million.

Additionally, The Honourable Marc Lalonde indicated the Foundation will participate in the revenues of Lotto Canada. Mr. Lalonde guaranteed any reasonable deficit of the Foundation up to \$5.2 million.

And finally, the Foundation hopes to produce a gross revenue of some \$4 million from ticket sales arising out of the ten-day Games.

Update

Edmonton — Everyone who watched the Olympic Games on television is probably aware of all thy electronic gizmos, including the giant playback scoreboard, using to record track and field results.

Well, the Commonwealth Games, slated for Edmonton August 3-12 will boast a similar, but not as extensive array of electronic gadgets to keep all and sundry informed on Games winners.

In 1970 the Games in Edinburgh, Scotland was the first to record placings and times in track events by an electric photo finish system, much like is used at most race tracks.

The Edmonton Games will go one step further and will be the first to compile, record and distribute electronic timing results by computer simultaneously throughout the Commonwealth.

In addition, the Games' computer system, if asked, will supply within seconds the historical data of the athlete or participating nation to back up that result. Also, it will provide a comparison of the result with national, Commonwealth and world records outline the standing of an activity still in progress; and even lay out the following day's program.

DISTRIBUTION

So, if the London Times, for instance; wants an immediate blow-by-blow account of the boxing events, all it has to do is

make arrangements to tie into the Commonwealth computer.

As a matter of fact, scoreboards around the world, the host television broadcaster, all new agencies and even printing houses producing the daily Games' programs will have the capability of tying into the computer network.

What it all means, is that dramatic results of an activity (will there be another Bannister/Landy finish in the mile like Vancouver's 1954 Games?) can be, within seconds, flashed on scoreboards at other venues and on viewers' home television screens across the Commonwealth while cameras cover another event at yet another location.

The computer will be tied into all Games venues, including not only the playing fields but also ancillary locations such as the athlete's village, accreditation centres, print shops, the news media village, broadcast control rooms and Games administration offices by a network of terminals.

So, while the Commonwealth Games 1978 version will not have the capability of flashing the instant replay on its giant scoreboard in Commonwealth Stadium — that's about the only electronic thing they won't have going for them.

Everything else will feature up-to-date computerization. And this year's Games may well be referred to as the "Electronic Games".



AIR RESERVE AWARDS / PROMOTIONS



Pictured L to R, (BR) MCPL B. L. Oliphant, MWO G. Lawrence, PTE C. D. Stewart, PTE N. L. Stewart, CPL O. J. D. Banman, (FR) MAJ R. B. Ainley, WO T. G. Wilson, PTE K. Cline, COL R. G. James, PTE E. M. Austin.

PTES Austin, Cline, Stewart C., Stewart N., were recent graduates of GMT, while MAJ Ainley, MWO Lawrence, MCPL Oliphant, and CPL Banman were promoted from their previous respective ranks, and WO Wilson received his CD First Clasp. The presentations took place at a unit parade held February 28, 1978.

(BASE PHOTO)

WE MONITOR
XM32 5000 CHANNEL - - 9 - - Z
TEN
RO

**"COMMUNICATION is
our PLEASURE"**

Attention *~ C.B.'ers ~*
 Do you want to Join - A - Club?
 The M.G.R.S.L. requires New Members!
COME TO OUR COFFEE BREAK *~ Get Involved ~*
 Meeting Place: C.N.I.B. RESIDENCE DOWNSTAIRS
 AUDITORIUM, 1041 PORTAGE AVENUE, WINNIPEG
 Time: 7:30 P.M., the FOURTH (4th) SUNDAY OF of each
 Month. We Welcome "You" Come Out
 Parking: Available behind the Residence, also on the High-
 way Services Building Lot.
 OUR Mailing address:
P.O. BOX 534 Winnipeg, Man. R3C 2J3

**MACRAMÉ
HUT**

• BOOKS • SUPPLIES
• IDEAS

FOR ALL YOUR MACRAMÉ PROJECTS

"CLASSES"

2 LOCATIONS

2393 NESS

889-0055

120-40 LAKEWOOD

257-1849



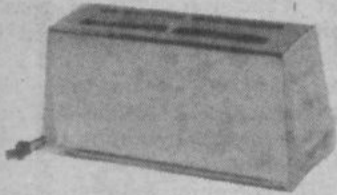
Canadian Forces Exchange System

Guaranteed Satisfaction or Money Refunded



SPRING SPECIAL SALE MARCH 30 - APRIL 3 INCL.

PROCTOR 4 SLICE TOASTER



BX Reg. 27²⁹

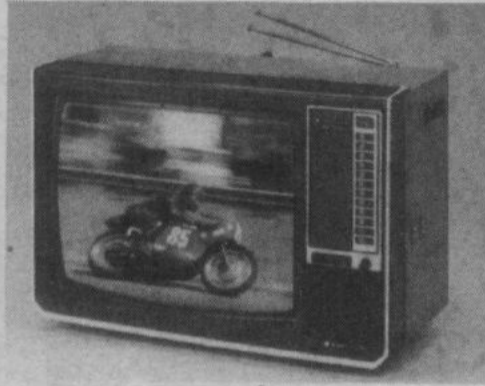
20791 — Thermostatic control with color control — chrome finished body and Gold end panels — 1500W.

7 Only

SPRING SPECIAL

19⁹⁷

SANYO 20" COLOR T.V.



91C74

20" Solid State Colour Television with Touch Tuning

In-line gun slotted mask black matrix picture tube for sharper contrast and detail as well as a brighter picture • Electronic touch tuning • Exclusive Trimatic colour tuning • Automatic tint control, noise cancellation circuitry and regulated power supply • Keyed automatic gain control • Earphone jack for private listening

BX Reg. Price 579⁹⁹

Spring Special

549⁹⁷

PLASTIC GARBAGE BAGS

Heavy Duty 1.5 mil. — Regular size 26 x 36 — 10 to a package — 20 packages to a case — our best quality.



BX Reg. Price 69¢

Spring Special 49¢

SANYO 20" COLOR T.V.

91C50

20" Solid State Colour Television In-line gun slotted mask black matrix picture tube for sharper contrast and detail as well as a brighter picture • VHF/UHF detent tuners, automatic fine tuning, keyed automatic gain control and noise cancellation circuitry • Regulated power supply and automatic degaussing • Dipole antenna for improved reception

BX Reg. Price 479⁹⁹



Spring Special

449⁹⁹

MAINO

... 10 SPEED BICYCLES



Men's 27" wheel with front and rear centre pull brakes, racing handle bar, racing saddle, spoke protector, rear derailleur, rat trap reflector pedals. Choice of 21" or 23" frame.

BX Reg. Price 97⁹⁹

10 Only Spring Special 85⁷⁷

LADY JULIA

Hooded Hair Dryer

BX Reg. Price 24⁹⁹

Spring Special 14⁹⁹

CREPE MAKER

BX Reg. Price 28⁹⁹

Spring Special 23⁹⁷

SAVE

On a selected group of LP's Reg. Ret. 7⁹⁸

Spring Special 4⁹⁹

BRAUN SLOW COOKER

BX Reg. Price 32⁹⁹

Spring Special 27⁹⁷

Shop, Save



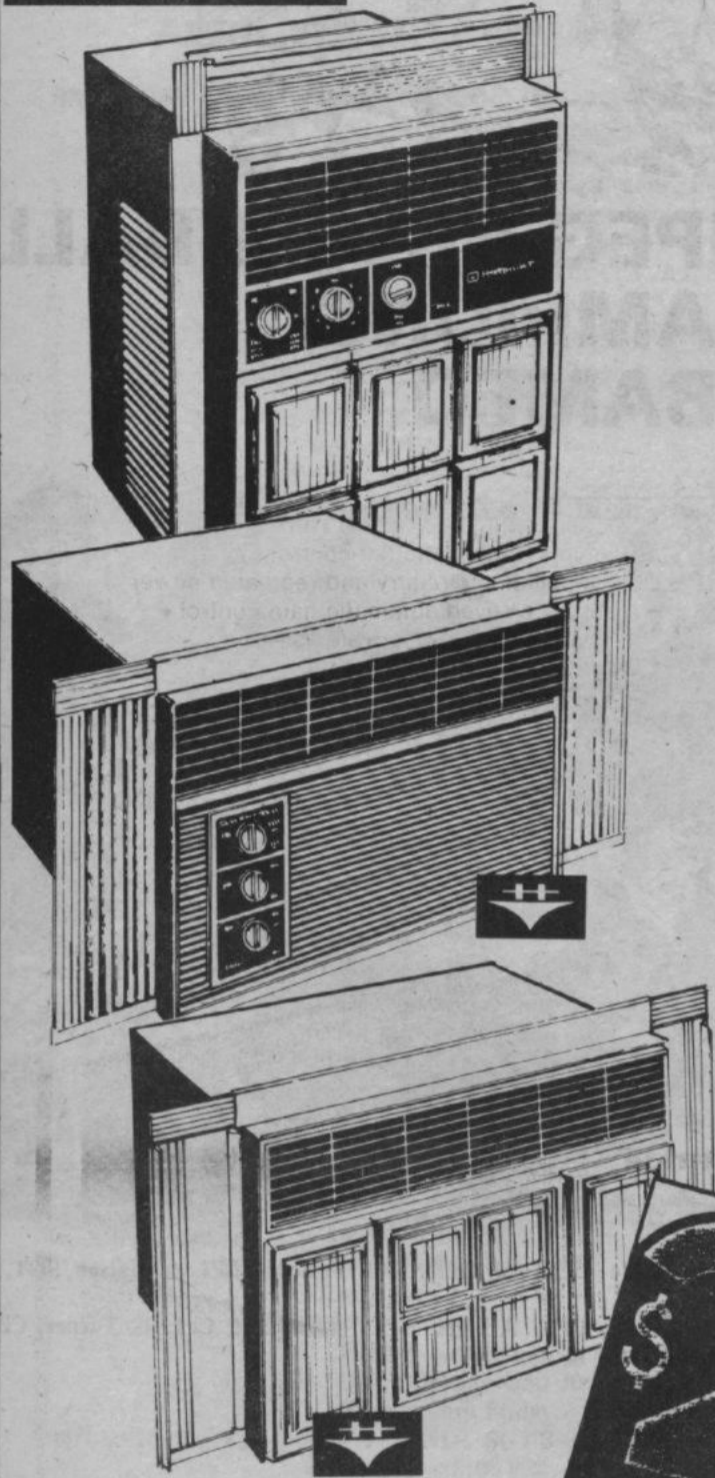
At Your





Hotpoint

the beautiful appliances



1978
will mark the appearance of a
great new line of
ROOM AIR CONDITIONERS
in the Canadian market
.....the Hotpoint line!

Here is your opportunity to capitalize on early purchases of room Air Conditioners during the February, March, April, and May period.

THE 1978 HOTPOINT PRE-SEASON BONUS BUY PROGRAM: Between February 15 and May 15, 1978, any customer purchasing a Hotpoint Room Air Conditioner from you will be entitled to a rebate of \$25.00 or \$35.00 (depending on model purchased.)

\$25.00 Rebate... Compact HCO55K; Custom Compacts HCO67K and HCO87K; Custom Slider HSO64K, HSO84K, and HS104K.

\$35.00 Rebate... HHO88K, HH110K, and HH120K.

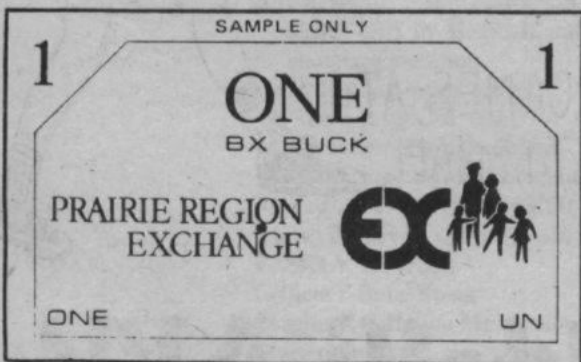
See your Canex Manager for details on rebate!

AGO87UK	8,000 BTU	BX Reg. Price	339⁹⁹
EK104UK	10,000BTU	BX Reg. Price	439⁹⁹
AH118U	10,000 BTU	BX Reg. Price	439⁹⁹



**BEAT THE HEAT
WITH
A HOT POINT
AIR CONDITIONER**

BX BUCK DAY (FRIDAY, 31 MARCH, 78) ONE DAY ONLY



Here's How It Works:

For every \$10.00 spent in the Retail Store we will give you one BX Buck, redeemable for one dollar worth of merchandise until 30 April 78. Only sales \$10.00 or more will be eligible for BX Bucks. No change is given on BX Bucks. Please note BX Bucks do not apply to Special Orders.

"BX BUCK DAY"



CURLING CORNER

TV DRAWS

Curlers having TV tickets are reminded to take them out of their hiding places and get on with the sales.

Tickets are to be returned to the respective League Chairmen as soon as the books have been sold - BUT NO LATER THAN 15 APRIL.

FAMILY BONSPIEL

A reminder that the Family Spiel will be held on Saturday, 15 April. Watch for entry form on board in the curling rinks.

BANQUET

Tickets for the Annual Curling Club Banquet are now on sale at both rinks. This year's Banquet will be held on Thursday, 4 May at the International Inn. Prices for this Banquet are \$4.50 per member and \$6.50 for guests.

Tickets are limited, so get yours early. Bar opens at 6:30, dinner is at 7:30, followed by presentation of prizes and dancing. Come out for a good time.

ANNUAL AIR RESERVE SRNCO'S AND OFFICERS BONSPIEL

The 13th annual SRNCO'S and Officers' Bonspiel was held at CFB Winnipeg on March 18th for the Gray Trophy. The officers hosted this year's event, but to no avail, as the SRNCOs took the lead and never looked back. This is the 12th year the SRNCOs have taken the Gray Trophy, by a lead

of 104 points. The NCO team of John Barbour, Paul Fidelak, Jim Krochenski, and Dennis Weber was the only team to come through the day's events without a defeat. The 'spiel was followed by a "debriefing" at the Air Reserve Officers' Mess.

FAMILY NIGHT WESTWIN GYM

Commencing 1 May 1978 the Recreation Centre at Westwin will be open for family recreation at the following times and days:
a. every Monday and Friday - 1900 - 2000 hrs - Gymnasium; and
b. every Monday and Friday - 2000 - 2100 hrs - Pool.

Cost to Military and DND Employees - 50 cents per family/person. Family night activities shall be supervised by the PERI Staff. No one under eighteen years of age will be allowed access to Family Night unless accompanied by their parents.

The Base Physical Education and Recreation Officer is now advertising for an adult to monitor this Family Night activity. The wage to be paid is \$3.16 per hour. Any one interested in this job, please apply in person to the Rec Centre, Bldg 90, Westwin.

NOW AVAILABLE

Queen Elizabeth silver jubilee miniature medal.

\$14.75 plus mounting if desired \$1.50

Please forward your miniature set and I will remount same at the low price of \$2.00 each medal, with this ad only.

Prompt and fast service. C.O.D. only

Starmount and Tailoring

11412 - 151 Avenue
Edmonton, Alberta T5X 1C4

GRANNY BONSPIEL

The 14th Annual Granny Spiel was held at Westwin Curling Club on Wednesday 15 Mar 78.

The winners : Skip - Mary Ling; Third - Doreen Kessler; Second - Lil Bestick; Lead - Jean Common.

Each received a beautiful trophy donated by Barney Thompson.

Other winners - for various unmentionable assets were - Dolly James, Mary-Jean Thompson, Mary Ayres, Norah Welles, Jan Cantlin, Muriel Loven, Betty Cook, Irene Lins, Shirley Hayes, Faye Miller, Helen Nordman, Isabel Ransome, and others.

Jackie Ridley was presented with a pin establishing her as an Honorary Grannie - to the relief of Sherry and Kurt), in recognition of the many hours she has spent in organizing the spiel over the past 4 years. Thanks, Jackie, from all us Grannies!

Also many thanks to Leila Farrell, who never runs short of ideas. You did a great job, Leila.

Lastly, a fond farewell to Barney who is leaving soon, we will surely miss you!

CFB WINNIPEG BROOMBALL CHAMPIONS BAMEO



Front Row: (left to right) CPL. L. Bonneville - CPL. M. Baker, CPL. E. Snow, CPL. A. Marsan, SGT. G. Sudletsky, CPL. D. Rochon.
Rear Row: (left to right) PTE. J. P. Boulet, CPL. B. Biggs, CPL. W. Herbert, CPL. G. Turner, CPL. L'Arrivee, CPL. R. Mercer, CPL. P. Vincent, CAPT. K. Benoit.

PRAIRIE REGION SKEET SHOOTING CHAMPIONSHIP

Military personnel who wish to compete in the Prairie Region Skeet Shooting Championship to be held at CFB Edmonton, 26 to 28 May 1978, contact CPL John Suffron at local 514 or 511 for registration and information.

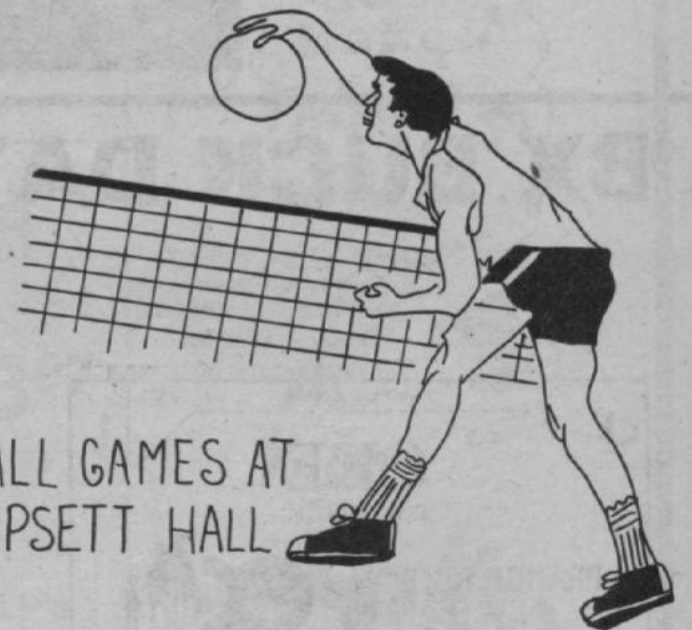
SATURDAY OPEN RECREATION WESTWIN RECREATION CENTRE

The Westwin Recreation Centre, Building 90, will be open every Saturday, commencing 18 March 1978. All Service personnel and DND dependants (over thirteen) shall be allowed the use of the gymnasium from 1300 to 1500 hours every Saturday.

Everyone is reminded that gym clothes, sweatsuits and running shoes are necessary and must be worn while using this facility.

Please note that this two hour period shall be supervised by the PERI Staff and volunteer supervisors.

CF NATIONAL VOLLEYBALL



ALL GAMES AT LIPSETT HALL

14-16 APR

WO'S AND SGT'S MESS

APRIL ENTERTAINMENT

- SATURDAY - 1 - BINGO/DANCE**
\$2.50 entry - \$250.00 Jackpot with \$25.00 consolation prize with \$50.00 added to jackpot if not gone in 52 numbers - Clothesline Bingo and Garbage Can Bingo (a can a card).
BINGO STARTS PROMPTLY AT 8:00 P.M.
Dance to musician following Bingo from 9:30 till 1:30
***DRESS - Semi-formal**
- SUNDAY - 2 - FAMILY DINNER**
Virginia Baked Ham
Beef Chop Suey
Macaroni and Cheese Casserole
Cost of Family Dinner is \$2.50 per ticket.
- FRIDAY - 7 - MIXED TGIF/DANCE**
Darts - Shuffleboard - Cards
Dancing from 9:30 till 1:30 to the versatile sounds of a musician.
***DRESS - Casual**
- SATURDAY - 8 - DANCE/MUSICMAN**
Dancing from 9:00 till 1:00 to the many professional bands and singers played by a musician.
***DRESS - Semi-Formal**
- SUNDAY - 9 - FAMILY DINNER**
French Meat Pie
Rib Eye Steak/Hot Chicken Sandwich
Wine is available at the bar.
- FRIDAY - 14 - T.G.I.F./Beer Call/Happy Hour/Weepers**
SATURDAY - 15 - SPRING FLING
This is the **BIG ONE** for the month.
Dancing from 9:00 till 1:00 to the exciting instrumental and vocal stylings of "ONE-OF-A-KIND"
COST - \$3.00 per couple
***DRESS - Semi-Formal**
- SUNDAY - 16 - FAMILY DINNER**
Roast Tom Turkey
Curried Beef
Western Omelet
Tickets available from Mess Managers Office from 0830 hrs to 1630 hrs Monday thru Friday.
- THURSDAY - 20 - WO'S AND SGT'S WIVES CLUB MEETING - 8:00 P.M.**
Come out for an enjoyable social evening designed with the ladies in mind.
- FRIDAY - 21 - T.G.I.F.**
Euchre and Dart Tournament
- SATURDAY - 22 - Bring your friends to the Mess for an enjoyable evening of dancing from 9:00 till 1:00 to the ever popular sounds of a musician.**
- SUNDAY - 23 - FAMILY DINNER**
Roast Leg of Pork
Hungarian Goulash
Grilled Lamb Chops
Cut-off day for Family Dinner tickets is Friday at 1600 hrs.
- FRIDAY - 28 - T.G.I.F.**
SATURDAY - 29 - MIXED MESS DINNER
Acquittance role for regular and associate members is available on the notice board. This occasion is in honor of retiring Mess Members.
Cocktails - 1900 hrs
Dinner - 1930 hrs
The dress for this occasion will be:
Men - S-5 or Mess Kit and tuxedo for associate members
Ladies - Formal wear
We have a special treat for this evening with the superb danceband "MARK 5". Members may attend the dance only if so desired at a charge of \$3.00 per couple. Above dress will apply for all.
- SUNDAY - 30 - FAMILY DINNER**
Grilled T-Bone Steak
Spaghetti & Italian Meat Sauce
Braised Spareribs
Why not treat the family to a delicious Sunday dinner.



APR 29 - MARK 5

NEWS

The past month in the WO's and Sgt's Mess saw a very active and interesting period of entertainment for all members.

The highlight for the month of February was the Winter Carnival. On Friday 17th of February Mrs. Betty Buck was chosen as the WO's and Sgt's Mess Princess and did an outstanding job of being present at all of the competitions as our Mess representative. Wednesday the 22nd was the official Carnival opening.

Days prior to Carnival saw many talented and hard working members out to build a float for the parade, the winning ice-sculpture, "The Countess of Dufferin" and also to turn our lower bar into a very authentic looking saloon, aptly named "Running Buffalo Saloon" - an excellent job of drawings and ideas were produced by MWO Gerry Vowles who was ably assisted by many hard working members. In our estimation the Saloon was the winner.

The games were fun for all and for all those who repeatedly participated or just turned out to cheer our teams on - a big pat on the back. None of the games were easy but they were all fun and everyone tried their best. We won some and we lost some and enjoyed it all and that's what Carnival is really all about - it's not whether you win or lose that counts but the enjoyment of

participating and being a part of Carnival whether as a spectator or participant.

Congratulations to the Officer's Mess, the winners of the CFB Winnipeg 1978 Winter Carnival.

With Carnival over, things slowed down somewhat in the Mess. The 11th of March was Bingo Nite and CWO Tommy Edwards, one of our hard working Mess members, was the big winner of the jackpot of \$550.00 - congratulations Tommy. A nice dinner of chicken cacciatore was served with dancing later in the upper lounge.

Monday the 13th of March a decorating party transformed our main lounge into a "Saint Paddy's" atmosphere in preparation for our Candlelight Dinner which we are all eagerly looked forward to on March 18th.

Future events to look forward to and plan to attend for the month of April will be the Bingo on the first with a jackpot of \$250.00 to go in 52 numbers. Friday the 7th will be a Mixed TGIF with dancing later to a musician. We've been having a great turnout for these so don't miss out on it. The 15th of April will be a "Spring Fling" with the excellent band of "One-of-a-Kind" with their own original version of Englebert Humperdinck. Thursday the 20th

the wives Meet and Greet at 8:00 p.m. On Saturday the 29th there will be a Mixed Mess Dinner - if you've never attended one of these be sure you don't miss it as it is an unique experience. A new group will entertain us later in the evening called the "Mark Five". As you can see, there is something planned for everyone, whether it be games or dancing so be sure to come out and attend.

The beginning of March saw a change in Mess Committee members as WO Bill Baxter retired as PMC passing the gavel to our new PMC MWO Dwayne McLean. Our new Vice-PMC is CWO Bill Melnechuk. The Vice Entertainment chairman WO Bruce Sherritt passed the entertainment reins to SGT Ron Buck. The retiring PMC wishes to express his gratitude to his hard working committee for a successful and eventful tour of office. The new PMC passed on his thanks to the retiring PMC and expressed confidence in his new members and those members remaining that new ideas will evolve and our Mess will continue to function as a Mess that is second to none.

LADIES MEET AND GREET CLUB

How sad for some of the Mess members wives that they can't take one night out of each month to join us for our meeting. The actual 'meeting' takes such a short time, and the rest of the evening is usually taken up with 'something' to do. Last night we played Bingo and what fun we had trying our best to win at least one of the lovely prizes up for grabs. There was perfume, place mats, napkin, holders, earrings, spoons, salt & pepper shakers, just to name a few. The door prize was won by Anne Tomlinson, and speaking of Anne we were very fortunate to have her 'volunteer' to act as proxy president until June as Elsie

Tanner felt that with George no longer a member of the mess, she should step down. We expect to see her still joining us and were very sad this was necessary as she did a tremendous job for us while in office. Marion Melnechuk will be acting as our Secretary-Treasurer until June as well. Many thanks to Bill Marchand and Jim Holland who very kindly shared the 'calling' duties for the Bingo. Out next meeting will be the 20th of April when we are holding a games night with cards, Rumoli and "maybe" shuffleboard.

We were asked at the meeting by Norma Roberts if we would like to attend a Wine & Cheese at

the Junior Ranks' Club. Their PMC, Bonnie Vass thought that our Ladies Meet & Greet Club could set up a White Elephant Stall as it's hoped to combine a Bazaar with the Wine & Cheese. It's from 2 p.m. to 4 p.m. on the 23rd of April, a Sunday, and it's for ladies only. Sounds like fun and all ladies from our mess are cordially invited. Anyone with a saleable hobby can bring their wares and see if they can sell them. I'm sure a large representation from our Club would be greatly appreciated. Hope to see you "all" there and at our next meeting as well.

CWL NEWS (SOUTH SITE)

We were all very happy to get together again for our monthly meeting on Sunday, March 5th. For awhile we had all been so busy in our private worlds of work, classes, trips and moving that we had not had the opportunity of getting together. We did not have our regular monthly meeting in February as we had very graciously been invited by Our Lady of the Airways to join them at their meeting. Several of our ladies attended the meeting, which began with Mass and ended with a lovely lunch served during the social hour. We participated in a very active discussion during the meeting, which we enjoyed very much. Once again we'd like to thank them and hope we can reciprocate in the near future.

This month's meeting began with a letter from Monsignor Boucher concerning the theme for this year's Convention: "Our Family, Church of the Home". He explained that the family is a "domestic church", a place from which the gospel is transmitted and from which it radiates. Our family should serve as an example in teaching others in the community.

Our donations for the year were brought up for consideration at the meeting. These included; Development and Peace, Northern Missions, Leprosy Relief Fund and Southdown House. These are the projects we have been raising money for through stamp collecting and our Flea Market.

Our correspondence for this month included a Thank You note to the North Site for their hospitality and a card expressing our sympathy to Padre MacLean and his family at the loss of their daughter. We were also reminded to bring our recipes to our next meeting for the cookbook being compiled by the ladies of the North Site.

Other matters brought up at the meeting were the elections for our executive, to be held in April. Also the Confirmation which will be held at our Chapel on the 24th of April at 7:30 p.m. There will be a luncheon following at Lipsett Hall and we will be responsible for decorating, serving etc. We have also made tentative plans to compose a banner for the Chapel using Confirmation as a theme.

Matters of current interest discussed at the meeting included a petition to the Traffic Board for

a reduction of the speed limit on Kenaston Boulevard. This petition was initiated by the Carpathia School, Parent Teacher Association and we gave it our wholehearted support. Also briefly discussed, was the abortion issue and the appointment of Monique Begin as Minister of Health and Welfare. We were generally opposed to this appointment in view of her stand on abortion. We were urged to write to our Members of Parliament and to the Prime Minister concerning this and the government support of Planned Parenthood, which is a pro-abortion organization.

We had a guest speaker at our meeting, Mrs. Ruth Shephard, who had spoken to us before about the Toastmistress Club, was invited back to speak about Children with Learning Disabilities. She gave us a very interesting and enlightening talk on the problems these children encounter in our school system if their disabilities are not identified and on what steps to take if you discover that your child has a learning disability. We all enjoyed her presentation immensely.

CHANGE OF COMMAND

On March 11th, the command of Manitoba Militia District, which is composed of Land Reserve units (Militia) in Flin Flon, Brandon, Dauphin, Portage la Prairie, Kenora, Ontario and Winnipeg changed hands. The event occurred at a special parade held at Minto Armoury, Winnipeg.

COL Douglas B. Scott took over the challenge of District Commander from COL John B. Peters who has held the post for over two years.

COL Scott, age 48, was born in Sheho, Saskatchewan but he has spent most of his life in Winnipeg

COL John B. Peters, age 54, relinquishes command of Manitoba Militia District on retirement. COL Peters is a native of New Brunswick where he received his formal education in Saint John and the University of New Brunswick. He made Winnipeg his home in 1950.

His military experience includes the war years of 1943 - 1945 and later in the Reserves with the Royal Canadian Army Service Corps from 1950 - 1970. He has held posts as a Staff Officer and commanded the Winnipeg Militia Service Battalion



The future of Manitoba Militia District will be in the hands of COL Douglas B. Scott (left), pictured here with COL John B. Peters who relinquishes his command of the District at Minto Armoury on March 11th. (BASE PHOTO)

AWAY FROM HOME



... CPL Dave Foster of Woodstock, Ont., is framed by the rolls of concertina wire he is counting at the United Nations Emergency Force (UNEF) forward logistic base in the Sinai Desert. More than one thousand members of the Canadian Forces, men and women from the regular and reserve forces, are serving with the United Nations in Egypt, Syria, Israel and Lebanon. CPL Foster, who came to the Middle East from the 2nd Battalion, Princess Patricia's Canadian Light Infantry, Canadian Forces Base Winnipeg, is the son of Mr. and Mrs. William Foster, 908 Alice Street, Woodstock, Ont.

(CANADIAN FORCES PHOTO)

NEW COMPUTER INSTALLED

The Defence Research Establishment Atlantic in Dartmouth, N.S., placed their new DEC-2040 computer in service early in February.

The million dollar facility, enclosed in an electronically secure room, is capable in its present mode of running 32 programs simultaneously. It will be used primarily in conjunction with DREA's underwater acoustics and hydronautics research.

The new computer replaced the 14 year-old Ferranti Packard 6000, which will be placed on display in the Museum of Science and Technology, Ottawa.

completing his formal education at St. John's Technical High School in 1946. His military experience includes service in the Winnipeg Light Infantry and the Royal Winnipeg Rifles (Little Black Devils) which he commanded for three years 1972 - 75. For the last year he has been the Deputy Commander of Manitoba Militia District.

COL Scott has been employed with the Manitoba Telephone System since 1947. From his seven year apprenticeship, he has worked in the engineering branch and presently holds the appointment of Manager, Personnel Administration (Engineering). He married his wife Eileen, in Aug, 1950. They have three children and reside at 540 Victoria Avenue, W, in Transcona, Winnipeg.

from 1973 until Jan 1975. He held the appointment of Deputy Commander of Militia Area Prairie, responsible for the Prairie Provinces and NW Ontario from Jan 75 until Jun 76 when he assumed the direct command of the Militia in Manitoba and Kenora, Ontario.

COL Peters in his civilian capacity has served as District Sales Manager for Paulenc Bros, Pharmaceuticals and presently as President of H & M Vending Services. He resides at 616 Strathcona Street, Winnipeg.



Pinkerton's of Canada Ltd.

Founded 1850

The Professional Security Service Coast To Coast



North American Representatives On International Bureau

- Guard Service ● Special Events
- Private Investigation
- Mobile Patrol ● Store Security
- Dog Patrol

Full Time And Part Time Vacancies

2055 McPhillips **Ph. 339-5428**

AIR RESERVE RECRUITING

Interested in joining the Air Reserve? - 402 Air Reserve Squadron, Winnipeg is now looking for ex-Regular or Reserve Force personnel who are qualified as pilots or in one of the aviation technical trades.

For further information, contact the recruiting officer at 402 Air Reserve Squadron, CAPT Neil Keating at 832-1311 local 478 or visit No. 10 HANGAR, CFB Winnipeg Monday to Friday 9:00 A.M. to 5:00 P.M. or Tuesday evening 8:00 P.M. to 10:00 P.M. or Sundays 9:00 A.M. to 4:00 P.M.

WESTWIN PHOTO CLUB



The Westwin Photo Club is offering a Basic Photography Course on Sunday Evenings commencing 9 April 1978.

Learn to take better photos; learn Basic Darkroom techniques — Be prepared for this summer's picture taking season.

The cost of instruction is included in the \$10.00 (\$15.00 family) Annual Membership in the Photo Club. All interested persons are invited to attend the first session - 1930 hours 9 April at the Photo Club in the North-West corner of Building 21.

Direct all queries at LT A. R. MacDonald, local 248 or home phone 889-6955.

(CLUB PHOTO)



TAKE THE BIG BROTHER TEST

We're looking for men willing to spend a couple of hours a week with a fatherless boy. Try this test. Circle your answer.

- Are you a man 18 or over? Yes No
- Are you a member of the Canadian Forces? Yes No
- Are you black or white or red or yellow or green? Yes No
- Do you think Winnipeg's 6000 fatherless boys need a man's help to grow into men themselves? Yes No
- Do you think they need companionship as much as they need material things? Yes No
- Do you have a couple of hours a week to share with a fatherless boy? Yes No
- Would you like to do something that will give you a lot of personal satisfaction as well as help somebody who needs you? Yes No

Seven "Yesses" and you're the man we're looking for.

Be a Big Brother — before another boy goes by.

Call 667-0094 for more information.

AGENCIES READY TO HELP

by DAN HODGERT

Director Of Social Development Services

In my last article I outlined some of the steps taken by military financial counsellors to solve debt problems. In this one I want to examine the services of certain agencies that are available to help the counsellor straighten the tangled affairs of over-extended debtors.

In British Columbia, Alberta, Saskatchewan, Manitoba and Nova Scotia the counsellor can refer a debtor to a provincial government agency operating under a federal plan called the Orderly Payments of Debts Provisions, Part X of the Bankruptcy Act. These agencies provide a valuable service which consolidates unmanageable debts under the protection of the court. It is designed primarily for the wage earner and is not intended to cover Corporations.

There is no limit with respect to the amount of debt to which this act applies, although attempts are made to arrange a debt reduction program which will reduce itself in approximately 36 months or less.

The clerk of the court will set the debtor on an adequate monthly budget to manage his household and the residue of his income is applied against his indebtedness. Unfortunately, the only weakness in this provision is the fact that the debtor must have the necessary discipline to remain on the debt reduction program. If he doesn't, he loses the protection of the court and must once again deal directly with his creditors.

In Ontario, where the Orderly Payment of Debts Provisions are not available, there are twenty-seven agencies situated throughout the province. These are called Credit Counselling Services and are partly financed by the federal and provincial governments and from donations from credit granters.

In Quebec, the Voluntary Deposits Division of the court system provides the same service as the Orderly Payment of Debts Provision for the provinces mentioned above.

When it is found that some

clients are in a chronic debt situation with no financial means of relieving the problem there is no alternative but to refer the case to the Bankruptcy Court.

In simple terms, bankruptcy is a method of bringing relief to a person deeply in debt by staying legal actions against him, and with certain exceptions and under court control, releasing him from the crushing burden of debts he cannot pay. At the same time it provides for the orderly disposal of proceeds from his estate amongst his creditors.

So if you have noticed some of the danger signals of impending financial troubles, do not hesitate. Arrange immediately for an interview with the base, station or unit financial counsellor. The earlier the counsellor can look at the problem the easier it is to find a solution.

A CAREER MANAGER ON PROMOTION

As a Career Manager I am frequently asked by individuals "why they haven't been promoted". As part of our briefings to Air Bases, we now show the following in slide form to answer this question.

Assuming that only the top 5 to 10% in any trade are promoted in a given year, it is logical to assume that only "superior" performers will be promoted; therefore you get promoted by consistently getting superior PERs. If you develop yourself to a superior level, you have supplied your supervisor with the ammunition he needs to raise and substantiate a "superior PER".

I then present the following questions for self-assessment:

- when someone asks for your help or advice do you give it grudgingly, counting it as a favour?
- do you work harder when someone is watching?
- when you make mistakes, do you alibi?
- are you oversensitive to criticism?
- do you argue?
- do you feel others get all the breaks?
- do you enjoy getting even with people?
- do you waste other peoples time with long conversation?
- do you make good on every promise?
- do you laugh at other peoples ambitions?
- are you sarcastic?
- do you complain?
- do you feel angry if not given credit for everything you do?
- do you withhold credit or praise when another deserves it?
- are you a clock watcher, are you upset if you have to work extra time, do you measure this time?
- do you make mountains out of mole hills?
- do you give the impression that the world owes you a living?
- do you make fun of people?

To be successful you must perform with people and have people perform willingly for you. If you can't get along with people, knowledge of your trade alone is not going to get you promoted. Work with your boss, not against him.

You now have two choices;

- attempt to raise your standard of performance to the superior level; or
- continue to blame the system, personality conflicts, your supervisor but never yourself.

How do you get promoted, now you know.

TELEPHONE DIRECTORIES RECYCLED

OTTAWA—About 11,500 kilos (12.6 tons) of National Defence headquarters telephone directories are going into insulation — not waste paper baskets. It's part of a pilot project to re-cycle government paper.

In January when three new directories were issued, one from Bell Canada, one listing the Federal government numbers and one for DND, the old ones were collected and sent for re-cycling into insulation material.

In the pilot project only directories from the main HQ building at 101 Colonel By Drive were collected. In future the phone books for all DND telephones in the National Capital area will be picked up, saving a total of about 70,000 kilos (77 tons) a year.



This, combined with the harvest from other government departments that will be brought into the program, will produce a formidable quantity of paper for conversion.

The old books will sell for about \$20.00 per ton, so the government will get back some money.

And it all helps to conserve energy and protect the environment, too.

(Ed note: 12.6 tons @ \$20.00 = \$252.00 = Conservation?)

(BASE PHOTO)

MANITOBA JOURNAL

"THEY" ARE ALIVE AND WELL AND GROW PLANTS IN OTTAWA

If you have almost given up on *National Heritage Day*, take heart: the Honourable Member from Windsor-Walkerville reintroduced this bill in the House of Commons on 17 March, and he was strongly supported by the Honourable Member from Hillsboro, the Honourable Member from Winnipeg North Centre, and others whose origin I couldn't catch.

That day I sat in the spectators' gallery and watched Democracy In Action. I listened to the nation's representatives representing. I witnessed the grand spectacle of the House In Session.

Unfortunately, none of the luminaries were present, and I did not have an opportunity to see Pierre and Joe and Ed engaged in battle. The only MP I recognized was Stanley Knowles. Since this was a Friday afternoon, most Honourable Members were probably travelling back to their constituencies, and so I had to make do with about seventeen Honourable Members. Some of them appeared to be rather bored, or they talked to each other, paying no attention to the Honourable Member who had the floor. The Honourable Member from Hillsboro at one point addressed the Speaker pleadingly: "Mister speaker, I am not afraid that Canada will fall apart. Why can we not afford a holiday every month?..." But Mister Speaker was busy speaking - whispering - to someone else. The Honourable Member from Hillsboro didn't seem to mind, however, he just went on and on with his plea for Heritage Day. I stayed until four Honourable Members had had their say. All of them started out to assure us that they would be brief ("I never make long speeches..."), but only one kept his promise, because he was obviously in a hurry to catch a plane home. He didn't even wait to acknowledge the applauding desk thumping.

Nevertheless, they made a strong case for Heritage Day, and Liberal, Tory, and NDP all seemed to agree that we should have this annual holiday. They would honor a prominent Canadian every year, such as Dr. Bethune, Nellie McClung, Robert Stanfield et al, and one Honourable Member was sure that you could live for a hundred years and never use the same one twice.

From my lofty seat in the gallery I looked down at the polished carved wood of the desks, each with a fresh green blotter (the Senate desks all have red blotters), the green-leather-backed chairs, the Speaker on his large, velvet-covered throne (at least, it looked like velvet), in the cross-legged pose now familiar to all from TV. The sun shone through the tall, stained-glass windows, tourists like me came and stared and went, and the black-clad page boys sat on the steps beside the Speaker; occasionally, one would get up and bring a fresh glass of water to one of the Honourable Members or carry a file or document from one to another. One of the TV cameras once made a slow sweep of the almost empty House, then went lazily over the spectators in the galleries, and settled back to rest between the dark curtains.

Everywhere I went in Ottawa there were plants, especially in offices. I don't think I have ever seen so many plants in working places. (The odd office that didn't have greenery seemed strangely bare). Plants hang in Macrame holders, in fancy pots, and in margarine tubs; they sit on book cases, shelves, and window sills; they dangle, climb, sprout and creep on poles - wherever they can find room - and they are lovingly rooted, air-layered, or otherwise propagated. I was truly amazed to see this profusion of tenderly cared-for plant life in the offices of people we often think of as "They," those mysterious persons in Ottawa who set the standards, who Make Decisions, and who dream up specifications.

I had secretly wondered whether I would meet not only *Them*, but also *Him*. ("He" is a thin little old man about whom I have fantasized for years. Mostly I picture him in an ill-lit, bare room without windows. He is the one who has written all those specs, and now he just sits there at his desk and scrutinizes all my work. I don't know what I would have done without him. Whenever my enthusiasm flagged, I remembered he was out there, ready to pounce, so I continued to work with great diligence.) Alas, I did not meet him, and only vague references were made to a Mr. X, who may or may not be *He*. But I did meet many of *Them* and found them to be open, friendly, and helpful. The famous "Western Hospitality certainly stretches as far east as Ottawa. One young man, whom we met in the course of our business, offered to drive us around, and he showed us the capital's sights: Parliament Hill and its green-roofed gothic buildings, the six-mile-long Rideau Canal where everybody skates in the winter, the famous Arts Centre with its entrance at the back, facing the Canal, 24 Sussex Drive (we didn't see anybody), the Governor General's Place, some of the embassies, the huge Place de Portage in Hull where several federal agencies and departments are relocated, the National Gallery, the Farmer's Market, the Spark Street Mall, the old and new NDHQ buildings. Later I toured the Arts Centre and the National Gallery by myself and found both impressive.

Ottawa is a great place to visit. With so many people who are so inordinately fond of plants, it cannot help being very human.

Voxair Variety

BY JOHN LAUDER

Shakespeare, we are taught in High School, is meant to be significant. It is also supposed to be good English, although with horrible puns and lots of low-life language, it does not always seem to be that educational. What they do not tell us in school is that it is also supposed to be good fun. And *Measure for Measure*, currently running at the MANITOBA THEATRE CENTRE, is exactly that, pure comedy entertainment.

Some of my colleagues in the media apparently attended the play looking for the hidden meanings they had learned about in High School. Was it a morality play, or worse still, an immorality play? Were there delicate checks and balances that should be flowing down off the stage? Did Shakespeare know in advance about Richard Nixon, and so write a play about his bad acts? In looking for the hidden meanings, these people missed a good evening of comedy.

While the plot is straight out of grand opera, with Dukes disguised as friars, villains trying to seduce virgins, and crowd scenes calling for drill-sergeant direction, the fine sets and costumes make you all a part of the show, Vienna in the 17th century was apparently as bad as Ottawa in the 1970's, with its own set of Tom Cossitts and Frances Foxes. But its all in fun, and of course ends well.

As always when there is a large cast, it seems unfair to pick out any set of individuals as outstanding. But Brenda Curtis as Isabella, the almost wronged lady, was very convincing, as was Niel Vipond, as a baddie. Booth Savage is Lucio, a smart young blade, and Alan Gifford were others who stood out, while Tom McBeath and Arnie Hardt had fun as low life characters. But the citizens, bawds, nuns and prisoners all provided a fine background.

The play runs to April 8th. Go see what the Bard can do, with a little help from his friends.

U OF M COURSE

A first-year university "Principles of Economics" course (Economics 18:120) may be offered at CFB Winnipeg or in the St. James area of the city during academic year 1978/79 (i.e. Sep 78 - Apr 79). The course would be taught under the auspices of the University of Manitoba and successful completion of the course would give students six "credit hours" (i.e. one full course).

Personnel and dependants who would like to take this course are requested to provide the following information:

NAME/PHONE NUMBER

I would prefer to take the course:

- Two classes per week from 1200 - 1330 hrs at CFB Winnipeg; or
- One three hour class per week in the evening at a school in the St. James area.

The information requested should be sent to CAPT W. R. Kingsbury, Bldg 13, AIRCOM HQ.

It is emphasized that no obligation will be placed on prospective students indicating their interest in the course at this time. The purpose of gathering the information is to provide an estimate of demand for the course.

JUNIOR RANKS MESS APRIL ENTERTAINMENT

FRIDAY, APRIL 07

- Dancing to Music Man "Rick Enns" from 9 - 1.

SATURDAY, APRIL 08

- Another evening of dancing to a Music Man from 9 - 1.

FRIDAY, APRIL 14

- TGIF - food served at 1730 hours
- Games to start at 1830 hours, and
- Dancing to the four piece variety group "Flyer" from 9 - 1.

SATURDAY, APRIL 15

- Another evening of dancing to "Flyer" from 9 - 1.

FRIDAY & SATURDAY, APRIL 21 & 22

- Dancing to Music Man "Rick Enns" from 9 - 1.

SUNDAY, APRIL 23 - ATTENTION ALL LADIES!

- Ladies 'Wine & Cheese
- Featuring a White Elephant Sale, and a display of arts and crafts, From 2 to 4 p.m.
- At the Junior Ranks Mess Red River Lounge, and
- Admission is free
- Ladies wishing to display arts and crafts, please contact the Mess Secretary at 837-8477 or 832-1311 Local 566.
- Please watch for further bulletins.
- Your support will make this day a success!

FRIDAY, APRIL 28

- TGIF - food served at 1730 hours,
- Games to start at 1830 hours, and
- For your dancing and listening pleasure we present the group "Shades of Tyme" from 9 - 1. group.

SATURDAY, APRIL 29

- Another evening of dancing to "Shades of Tyme" from 9 - 1.

TRIVIA CONTESTANTS

This year CBC Winnipeg is introducing a new game show to its television programming, called TRIVIA. We're looking for contestants.

Recently trivia has become very popular due to the current nostalgia rage. Although everyone plays their own version of trivia, our game is basically the history of popular entertainment including categories such as movies, TV, sports, radio and music.

TRIVIA is being produced simultaneously in Toronto, Montreal, Winnipeg, Edmonton and Vancouver. The competition is knock-out elimination (as in REACH FOR THE TOP). There will be 16 teams in each location. The winners from each of the locations mentioned above will be invited (expenses paid) to the national playoffs in Vancouver later this spring. Prizes will be awarded at all stages of the competition.

We hope that you or your organization will be interested in taking part in this game. Please let us know by dropping us a line or call at 775-8351 extension 316.

We will be holding auditions in the near future and therefore would appreciate an early reply.

Yours sincerely,
Jack Farr
Administrative Assistant



MAKE A GREAT DEAL ON A 1978 RABBIT

GAS & DIESEL
AUDI FOX
AUDI 5000

OR A VW CAMPER NOW WE NEED YOUR TRADE

ST. JAMES VOLKSWAGEN
AUDI FOX - AUDI 5000

305 MADISON AT NESS
1 BLOCK WEST OF POLO PARK

888-0260

"WE CARE"

"RETIRING? Adult-oriented, factory-built housing developments on Vancouver Island - Lower Mainland - and Okanagan Valley. Info. Box 4002, Stn. A, Victoria, B.C.; or Box 822, Summerland, B.C."

CAUSE



on fire protection is also jeopardized.

But - before you get all upset, it is understandable that you will get annoyed when a fuse blows, it happens all the time. Don't get on your high horse and blame the house, the administration, the CE Section, etc., remember - the houses are not modern 1978 houses, the wiring is limited, and a blown fuse represents a warning to you that your circuits are overloaded.

The remedy is to cut down in the appliances used on that circuit - DO NOT USE HEAVIER FUSES.

- garbage bags stored around furnaces, and often the utility rooms packed with junk, and garbage bags.
- too many heaters plugged into car heater outlets.
- Christmas tree sets plugged into outlets, within reach of

- small children, with no bulbs or bulbs missing from the sockets. An easy way to produce hot-fried human.
 - electrical cords plugged into external outlets with the live end buried in snow (soon to be water).
 - rear entrances completely blocked with snow. When fire occurs, you don't want to use the rear door anyway, or do you? What if, the front door is blocked by fire and smoke?
 - storm windows lying in the snow. These are good for walking on and cutting legs.
- Death is a final act, once it has taken place human life as you know it disappears. If this article sounds harsh, frightening, panicky, scary - good! Perhaps everyone will willingly co-operate by becoming safety conscious in the home - protect yourselves and the lives of your dear ones.

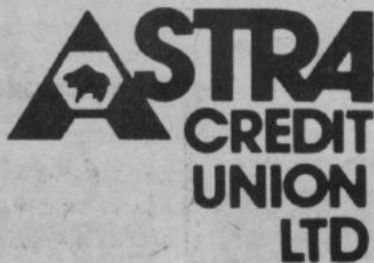
ANNOUNCING THE 20TH ANNUAL MEETING & DINNER OF THE ASTRA CREDIT UNION LTD



1st APRIL 1978

TICKETS - \$7.00 PER PERSON
AVAILABLE AT ALL ASTRA OFFICES

- MEETING - 2:00 p.m.
- COCKTAILS - 6:00 p.m.
- DINNER - 7:00 p.m.
- DANCING - 9:00 p.m.



What can Astra do for you?
Ask the people they did something for.

Branches:
1907 Portage • 888-8690 / 3143 Portage • 885-5518
Westwin C.F.B. • 889-4437 / 1080 Wall • 786-6689

 **International Inn**
Wellington at Berry

* 1977 FINANCIAL STATEMENTS NOW AVAILABLE AT ALL BRANCHES

**BUSINESS
AND PROFESSIONAL DIRECTORY
LEGAL SERVICES**

**CHAPMAN, CHAPMAN, CHAPMAN
Barristers and Solicitors**

George Thomas Chapman, Q.C.
George E. Chapman, B.Sc., LL.B.
Cecil A. Chapman, LL.B. (also of the B.C. Bar)
Alan R. Goddard, B.A., LL.B.
1864 Portage Avenue. Phone 888-7973

**SINCLAIR, McCULLOCH,
KRESS & JACHETTA**

Barristers and Solicitors
221 Grant Park Plaza - 1120 Grant Avenue
WINNIPEG, Manitoba
452-5314
Gimli Office: 77 - 4th Avenue GIMLI, Manitoba
642-5485

Baker, Zivot & Company

BARRISTERS AND SOLICITORS
306 Childs Building
957-1700

Nemy, Brown & Roy

Barristers & Solicitors
200 - 2727 Portage Avenue
Winnipeg, Manitoba
R3J 0R2

GLENN R. EISBRENNER

Barrister, Solicitor,
Notary Public
206B-2281 Portage Avenue
Winnipeg, Manitoba
Phone 885-4421

**K. A. TURNBULL
B.A. LL.B.**

Barrister & Solicitor
& Notary Public
3717 ROBLIN BLVD
(Charleswood)
PHONE: 889-0836

**SILVER HEIGHTS
DRY CLEANING CENTRE**

837-7209

Professional Cleaning & Pressing
Special Rates on Uniforms

2110 Ness Ave. at Mount Royal

Al-Ben Engraving

Plastics Metals
Name Plates - Trophies
Plaques
AL BENNETT
263 AINSLIE ST 837-1517

MACRAME HUT

HANDICRAFT SUPPLY
Jewellery beads, Jute, Pots,
Books and Basketry Supplies.
Call 2393 NESS PH. 889-0055
Open daily 9 - 5:30
Thurs. eve. 'till 9:00

**WATCH &
JEWELRY REPAIRS
CORMIER JEWELLERS**

(In Metro Drugs)
2541 PORTAGE AVE.
832-4997

THIS SPACE IS RESERVED
FOR YOU!!!

Robert J. Crump

BARRISTER & SOLICITOR
NOTARY PUBLIC
1893 Portage Avenue
St. James 889-9007

**ROBERT F.
RUTLEDGE**

Barrister & Solicitor
& Notary Public
214 - 2281 Portage Ave.
Winnipeg, Man.
Phone: 888-3204

ST. JAMES VACUUM SHOP

202 Aldine St.
SERVICE TO ALL MAKES
HOOVER and ROYAL AGENT
and Other Appliances
Guaranteed Reconditioned Vacuums
Domestic - Commercial - Industrial
832-1097 For Pick up

FabriCare

DRY CLEANING CENTRE
2543 Portage
Between Rita & Ainslie
889-2380

Swiss Upholsterers Ltd.

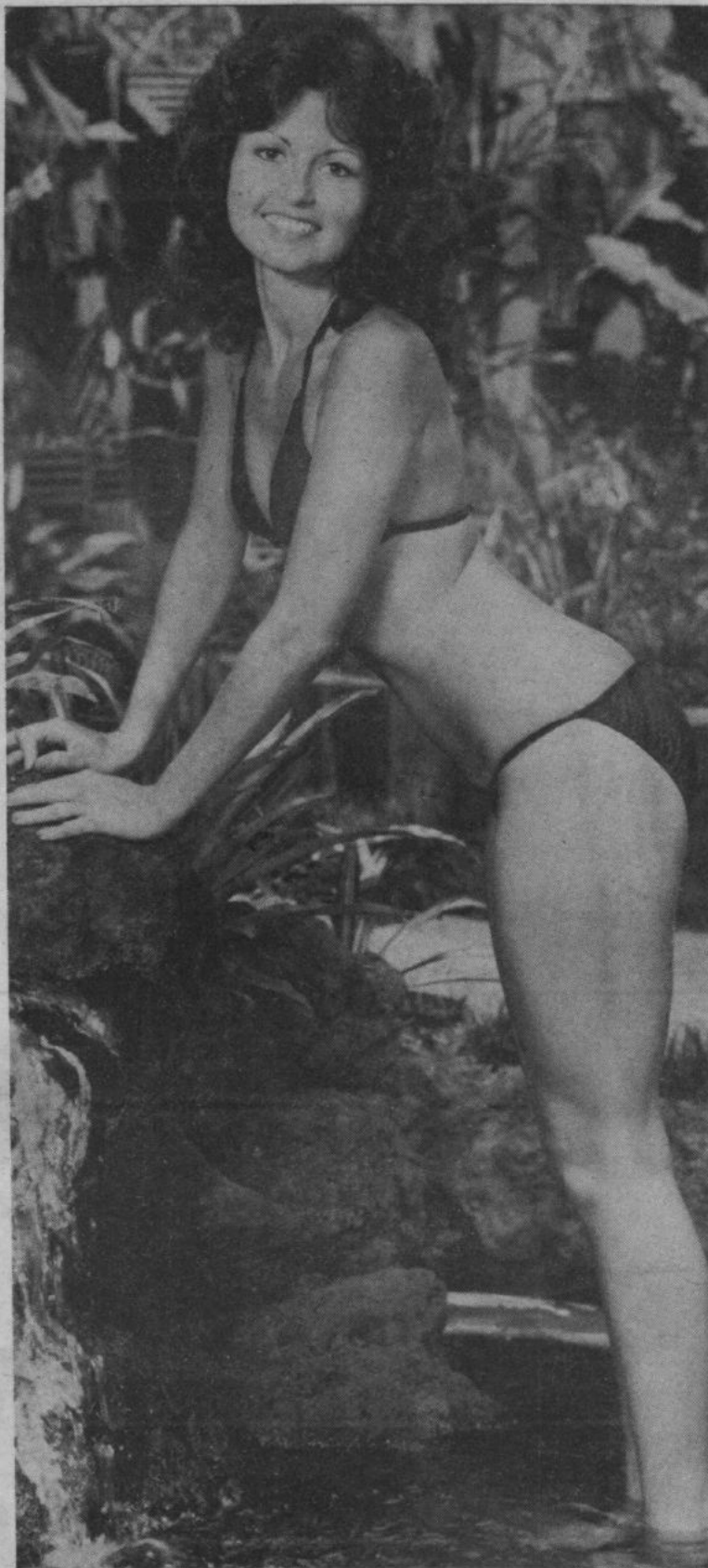
* Recovering & Redesigning of
Upholstered Furniture
* Workmanship by European
Craftsmen
Free Estimates in your home
(Day or Evening)
233-7217 233-7209
583 ST. MARY'S RD.

VARIETY MUSIC SERVICES LTD.

Recorded Dance Music
for all occasions.
Wpg. 253-0055
Portage la Prairie 428-3312
Brandon 728-2414

THIS SPACE IS RESERVED
FOR YOU!!!

LOV-E-LY



(COURTESY FLORIDA'S SUNKEN GARDENS)

**CITY OF WINNIPEG
402
SQUADRON REUNION**

AUGUST 18, 19 & 20 1978

BULLEN AGENCIES LTD.
3034 Portage Ave.
at Sturgeon Rd.

- REAL ESTATE
 - INSURANCE
 - AUTOPAC
- PH. 837-3816

**WANT
ADS**

FOR SALE

THREE BICYCLES: BOYS
FOUR speed \$25; ladies CCM five
speed \$40; ladies no speed \$20.
Two pr. skies with bindings -
Downhill, 160 cm, one pr. is
fibreglass. Excellent condition.
Phone 489-8430.
8063

1976 BLUE JAY HARDTOP tent
trailer, fibre glass top, sleeps 6.
Has 2 burner propane stove with
20 lb. tank, ice box, sink and
water holding tank, table and
privacy curtains, spare tire.
Excellent condition. Contact
MCPL Gadd, local 514, or
1-757-2412 (Lockport)
8062

TAX RETURNS

EXP. FOR FAST ACCURATE
preparation of your tax return
phone 889-5047, Pick-up service
available.
8061

**CAF
LENDS
ASSISTANCE**

When the Canadian Forces
destroyer HMCS Restigouche
sailed out of Apia, Samoa after a
3-day visit, she carried a very
valuable life-saving cargo, relief
supplies destined for the 7000
drought-stricken inhabitants of
Niue, a small South Pacific island
located approximately 400 miles
south east of Apia.

The inhabitants of the small
island are in the midst of a severe
southern summer drought.

In keeping with the established
South Pacific humanitarian
custom of inter-island cooperation
and assistance, the Western
Samoan government has initiated
a drought relief programme.
However, they found themselves
lacking an immediate means of
transporting these supplies. The
presence of the Canadian warship
in Apia, provided an immediate
and reliable means of transporting
relief supplies, such as foodstuffs
and 420 crates of bananas to the
stricken islanders.

Restigouche delivered her
cargo and then continued on with
her scheduled operational
deployment in the area.

Restigouche and two other
Esquimalt-based Maritime Forces
Pacific ships, all under the
command of CAPT (N) S.W.
Riddell, Commander of the 2nd
Canadian Destroyer Squadron, are
scheduled to return home May 5.

**Flowers and
Fruit Baskets**



**Capri
FLOWERS**

MORAY VILLAGE MALL
2369 NESS AVE.
WINNIPEG, MAN.
R3J 1A5
Phone 837-8017