



ARMED FORCES REVIEW - 1976

OTTAWA — Olympics, improved search and rescue capabilities, more effective distribution of army elements in Canada, orders for new tanks and long-range patrol aircraft, and a new defence minister were some of the things that happened to Canada's Armed Forces in the past 12 months.

On balance, defence planners conclude, some significant milestones were passed in 1976. An aura of stability began to emerge as a result of the Department's personnel, operations and maintenance budgets and to arrest erosion in Armed Forces' capital budgeting, permitting planning for vital re-equipment programs to go ahead.

That decision dictated that the capital part of the budget would be increased, "in real terms," at the rate of 12 per cent per year for five years commencing with fiscal year 1977-78.

What is meant by "real terms" is that the prevailing annual inflation factor will be added to the 12 per cent increase. The new formula begins from the 1976-77 fiscal year base of \$470 million.

However, officials emphasize that there still are some short-term problems, and that they're not out of the woods yet. They explain that there will be very little flexibility in the next two or three years.



The Forces' air surveillance capability will be updated when delivery of the 18 CP-140 Aurora long-range patrol aircraft begins in May, 1980. (CANADIAN FORCES PHOTO)

The cornerstone of Canada's defence policy continues to be that only through a balance of collective military strength can peace be safeguarded, and that no other aims of our society are achievable unless the security of Western territory and resources are assured.

PAY NOW OR LATER

Canada's chief of the defence staff, General J. A. Dextraze, says, "the costs of maintaining peace are much less than the costs and suffering caused by war."

The West "must have sufficient forces to leave potential aggressors in doubt as to the success of any military actions they may contemplate," he says, adding that "this is deterrence in its simplest form."

His interpretation of the intentions of the Soviet Union and their Warsaw Pact partners, he says, and the reason they have been steadily amassing military and naval forces far in excess of those needed for defensive purposes, is drawn from a statement by Soviet foreign minister Andrei Gromyko:

"The forces of peace and progress (meaning the Warsaw Pact) now have a visibly increased preponderance, and may be in a position to lay down the direction of international politics."

"That," said GEN. Dextraze, "is their interpretation of détente and the spirit of the Helsinki agreements!"

"The West wants peace," he said, "but not peace at any price," and to achieve it "requires expenditures on items which, if bought in time and in adequate numbers, will never have to be used in war."

Meanwhile on the high seas, in the air and on assignments abroad, sailors, soldiers and airmen continued in their assigned tasks.

Incursions of Soviet aircraft in the Canadian control sector off Canada's coasts are monitored routinely, and photographs often are taken for intelligence and analysis purposes.

In March, April and September, photographic reconnaissance continued of floating ice islands manned by Soviet scientists in high Arctic waters.

RE-EQUIPMENT

Surveillance in the north and along our coasts, and more modern equipment for troop formations assigned to NATO in Europe, are the first priorities for increased funds for equipment expenditures.

As a result, orders have been placed for 18 long-range patrol aircraft — the Aurora, rated as among the best in the world — and 128 German Leopard tanks for the army's mechanized formation in Germany.

Looking down the line, initial planning is in motion to replace ships and fighter aircraft that will become obsolete and liabilities sometime in the 1980s.

DANSON TO DEFENCE

A late year cabinet shuffle resulted in Barney Danson, M.P. for York North (Toronto), taking over the defence portfolio from James Richardson.

Since then, the new defence minister, an infantry officer wounded in Normandy in 1944, has sized up troops on visits to Germany and Cyprus, as well as sat down with NATO colleagues at Alliance meetings in London and Brussels.

AIR-SEA RESCUE REVAMPED

Search and rescue capabilities were singled out for attention late in the year, with the government's decision to reinforce men and equipment to cope with marine disasters.

The Armed Forces now are committed to all aspects of search and rescue operations in the

Canadian areas of responsibility, relating to both sea and air incidents, with access to all federal government ships and aircraft earmarked for these roles.

The government will spend \$8 million immediately to provide more resources for the mission, and as much as \$40 million more may be required for additional improvements in the next two or three years.

TROOP MOVE

Troop relocations and amalgamations of army formations in Canada were announced in early December to provide a better balance across the country to meet military requirements.

"It will provide more punch for the sharp end," says GEN. Dextraze, "and permit a better use of total force capabilities."

The changes, to take place in mid-1977, will result in one combat brigade group in the west, based in Calgary; one near Quebec City in the east; and a quick-reaction regimental combat group in central Canada, at Petawawa, Ont.

Petawawa's current small combat group will be augmented by moving the Canadian Airborne Regiment from Edmonton, to

**See review
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More than 16,000 Armed Forces personnel provided security and other support for the Montreal Olympics last summer. (CANADIAN FORCES PHOTO)



The Canadian destroyer HMCS Iroquois fires a Sea Sparrow missile during a high-speed turn. (CANADIAN FORCES PHOTO)



Captain Lloyd Burham, of Rosthern, Sask., an aircraft repair officer at 1 Canadian Air Group Maintenance Squadron at Baden-Soellingen, West Germany, Shows Defence Minister Barney Danson the tail section of a CF-104 Starfighter jet during the minister's recent visit to Canadian Forces units in that country. (CANADIAN FORCES PHOTO)



Soldiers of the Royal Canadian Regiment wait for the order to advance during exercises at CFB Gagetown, N.B. (CANADIAN FORCES PHOTO)

"Help George Do It"



Pass along your energy-saving ideas. They could be worth hundreds of dollars to you.

Employees in every department are encouraged to come up with *new* ways to save energy. Do you have an idea that might cut heating costs? Do you see waste that could be eliminated? Pass along your ideas to the Energy Conservation Co-ordinator in your department, and remember that all ideas are now eligible for the Suggestion Award Program. You could be awarded hundreds of dollars for an idea that brings about a substantial saving.

Remember, conserving energy is now a basic operating policy in each department. Do your part, and encourage those around you to do the same.

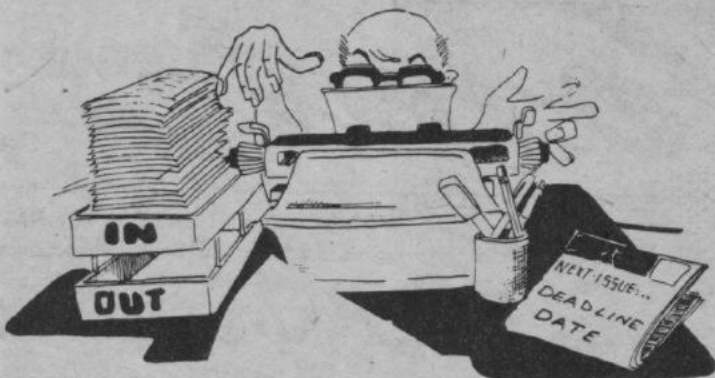
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NEXT VOXAIR DEADLINE



Tuesday 2 P.M. 18 JAN 77
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Winnipeg - The former commander 22 NORAD Region and Air Defence Group, MAJ.-GEN. W. H. Vincent, inspects members of 402 (City of Winnipeg) Squadron's pipe band during a parade in North Bay. MAJ.-GEN. R. F. Herbert became the new commander during the handover ceremony. (CANADIAN FORCES PHOTO)

Suggestion Award Program



Send your constructive ideas to:
The Suggestion Award Administrator
in your department

The Suggestion Award Program of the Public Service of Canada has been operating for 24 years during which time \$1,376,468 in cash awards has been paid out to employees. This program has been actively encouraged in National Defence with satisfying results.

Employees who have suggestions to make are able to present their ideas to the Suggestion Award Administrator of their base or station and receive a considered response on the suitability of their proposal. If the idea is adopted, and about 25% are, the suggester will receive a cash award paid by the Incentive Award Board.

Suggestions which reduce costs and result in savings that can be calculated, earn the suggester an award based on savings for the first and second year of implementation. This past year, National Defence completed investigation of 501 suggestions and were able to adopt 160 or 32%. \$28,960 was paid out to service men and civilian employees on savings of \$545,103 and other intangible benefits.

Many suggestions do not result in savings but do result in increased efficiency, improved safety or better working conditions. Suggestions in this category earn awards based on an Intangible Scale related to the degree of benefit.

Here is a program for you. If you have ever said "there must be a better way to do this job", you are ready to cash in on the Suggestion Award Program. Put your ideas in writing and send them to your Suggestion Award Administrator.

A cocktail party is where a man goes to have the good time his wife tells him about the next day.

Voxair

VOXAIR is the unofficial Service newspaper of CFB Winnipeg and is published under the authority of the Base Commander, Colonel M. D. Gates, (CD)

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In the event of a typographical error appearing in an advertisement, no goods may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charge for the advertisement in which error occurs.

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CAPT. Glen Martel, in his last year of post graduate studies in Mathematics at the University of Manitoba, is presented with the first clasp to the CD. (BASE PHOTO)

University Students On Parade

The first parade of the academic year was held in Bldg. 21, CFB Winnipeg for all university and language students.

COL. M. D. Gates, the Base Commander, inspected the parade and presented CDs, clasps and awards to the members.



CAPT. Dunc Boan, completing his year of studies in law at the University of Manitoba, receives his CD from COL. M. D. Gates, Base Commander.

(BASE PHOTO)



CAPT. Ian McCreath, graduating in '77 with a Masters degree in City Planning, accepts his CD from COL. M. D. Gates.

(BASE PHOTO)



CAPT. Amerigo Sparanese, completing his medical training with a one year internship, receives his CD.

(BASE PHOTO)



Lieutenant Yves Poirier receives his commissioning scroll from COL. M. D. Gates. Lieutenant Poirier's commission is the culmination of three years of study at St. Boniface College.

(BASE PHOTO)



Officer Cadet Mike Newell accepts congratulations from COL. M. D. Gates on his fine showing on Basic Officer Training.

(BASE PHOTO)



Officer Cadet Scott Van Wynsberghe, a new enrollee in the Regular Officer Training Plan, comes under the scrutiny of the BComd during the inspection.

(BASE PHOTO)

WANTED

The South Site Community Rink urgently requires volunteer supervisors. No amount of time is too small: Contact MCPL (Vaughan) Carson Local 742 or 893-3755

SOUTH SIDE COMMUNITY CLUB

The South Site Community rink is presently unsupervised as a result the heated change room will remain closed until adequate supervision is obtained. Parents are advised that before sending the little ones off to the rink they should first check to ensure that the rink is supervised. Hazards exist with the children using an unsupervised rink such as flying pucks and carefree skating etc. It is hoped that a sufficient number of community residents will volunteer their services as supervisors to ensure safe operation of the rink. Proposed schedule is as follows:

Monday to Friday
Skating (No Hockey Sticks) 1800 - 1930 hours
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Hockey 1930 - 2030 hours

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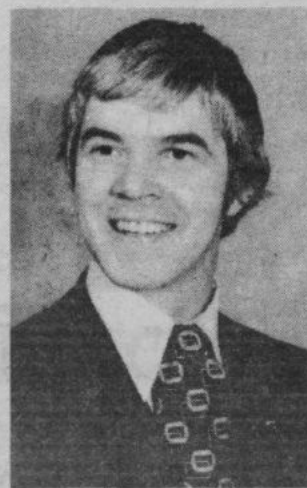


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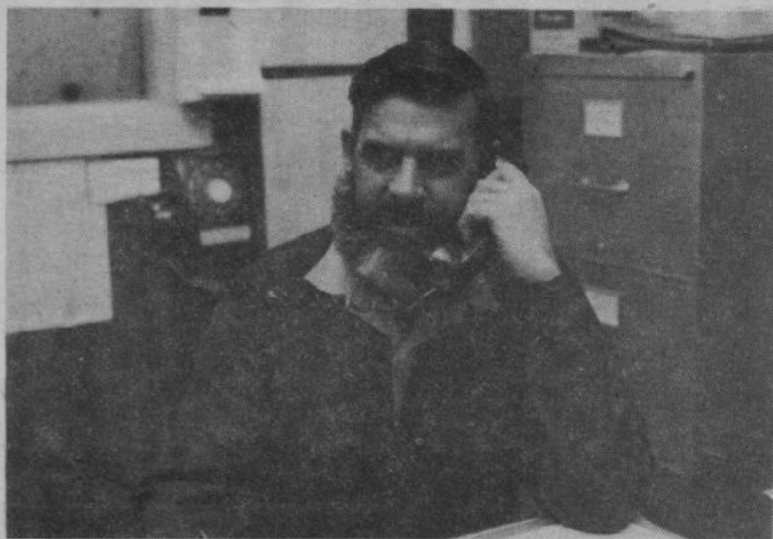
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Arctic Veteran



ALERT, N.W.T. — When Master Warrant Officer Al Blackett, 46 of Ottawa, checked out of Canadian Forces Station Alert, on Dec. 2, he left behind 20 years of memories.

In 1957, as an aircraftman, second class, he helped put up the first buildings, some of which are still in use.

It is considered a remote posting nowadays, but it was a good deal more remote, and 10 times as primitive, when he arrived.

There was one small hut, he recalled, but it was unheated.

AC2 Blackett was a member of 2 CMU (Construction Maintenance Unit). They flew from Calgary to Thule in easy stages, and flew from Thule to Alert April 11, 1957, in a USAF Globemaster. Included in the big plane's body was a snowblower, a 2½-ton truck, 29 men, and their supplies and baggage.

"There wasn't much room to roam around in," he said.

"We ate at the Department of Transport weather station, and stayed in the hut. We slept in Arctic sleeping bags, because there was no stove, and temperatures reached -38°F at night.

"If we wanted to watch movies, we had to use three Herman-Nelson heaters to make the building warm enough to sit in," he said.

"We built a 50,000 gallon oil-storage tank and hand-pumped 980 barrels of fuel, transported in 10 Globemasters."

After they were here for a while, they received a message to remove the bodies of nine men killed in a 1950 plane crash. The graves were next to the runway, and they were taken to a location nearby, where a rock cairn now commemorates the event.

The next year the runway was widened, covering the spot of the initial graves.

Life wasn't all cold weather, work and morbid grave digging. There were some light moments as well.

AC2 Blackett is renowned in the history of Alert as the only man to miss the outgoing aircraft.

Most people posted to Alert are standing on the runway counting the minutes till the plane's departure.

"On July 2, 1957, the outgoing aircraft's pilot said he was leaving at 9 p.m., and he wasn't kidding.

"I was running around trying

UNDE

EXECUTIVE OFFICERS of Local 705 took retiring President Frank Martens & Mrs. Martens out for cocktails and a sumptuous dinner at the International Inn on the 29 Dec 1976. Ink Spots were featured in the Gourmet Room and the Can Can Floor show in the Hollow Mug was very entertaining. A good time was had by all and a repeat performance is being planned for Tuesday the 18 Jan 77. For details contact the Social Committee Chairman: Jules Vandal at 334-1472(res) and 888-1291(bus).

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U N D E

to get my travel claim signed by the warrant officer, and the plane took off. I had to wait three days for another plane out.

He said he has enjoyed his posting, the first time he's been back since 1957, but he was anxious to get home.

"I was glad to come back this time to see the area and how it had developed."

Locally Yours-

NOTICE OF MEETING
UNDE

LOCAL 705 WINNIPEG

Monday, 10 January 1977.

AT THE PUBLIC SERVICE ALLIANCE REGIONAL OFFICE

902 St. James Street

Across from Winnipeg Stadium

7:30 p.m. SHARP

TENTATIVE AGENDA:

- 1) Amendments to Constitution
- 2) Input for LMRC Meeting 1 Feb. 77.
- 3) Retirement Seminar Jan. 12 & 13 to be held at CFANS, Bldg 84, in room 19 downstairs.
- 4) Manitoba Federation of Labour - Status of Women's Conference at the North Star Inn.

— ALL MEMBERS ARE URGED TO ATTEND —

Human kindness has never weakened the stamina or softened the fiber of a free people. A nation does not have to be cruel in order to be tough.

Marriage is like a violin. After the beautiful music is over, the strings are still attached.

RETIRING SOON?

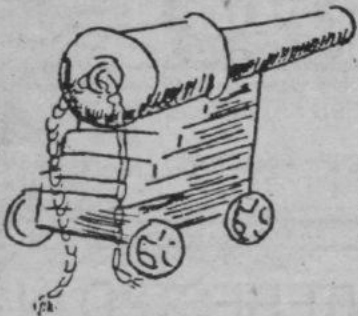
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PATRICIA REPORT

The Festive Season; as you may have noticed, is over and judging from the puffing and panting at the gym, it was a good one.

Prior to Christmas the 16th of December was the time of the Winter Mini-Olympics. This set of games included a ski-doo-resupply race, a tent erection competition, a gourmet cooking competition, a ski biathlon, a snow-shoe biathlon and, as a climax, a race to evacuate injured Company Commander through the obstacle course. All events were interesting and the casualty evacuation race more so than others, because two of the team members wore skis and two wore snowshoes.

The winners of the events were very evenly spread throughout the battalion and presentation of the prizes was made by MGEN. CB Ware, DSO CD, the Colonel of the Regiment, on a battalion parade the next day. In addition, on this parade, several Canadian Forces Decorations were presented. The award of these CDs means that there are a few more members of the unit who can no longer lie about their ages; no names, no packdrill.

Following the parade was the

annual Christmas Dinner for all ranks. After the turkey was carved by the guest of honour, the Lieutenant Governor of Manitoba, he and MGEN. Ware served turkey and the accompanying goodies to the youngest soldier in each company while the officers', warrant officers and Senior NCOs served, and ate with, their companies. Announcements made at the dinner included the Christmas Message from our Colonel in Chief, Lady Patricia Braburn, and notification of the promotions of WO Larsen GA and SGT. Reuter LK. Very nice Christmas presents, indeed.

After the dinner most of the members of the battalion began leave while the officers hosted the Warrant Officers and Senior NCOs in the traditional "At Home".

The next big event over the holiday season was the New Year celebration. All the Messes held very successful balls and, on New Years Day, the traditional Levee was held.

So passed the holidays; a generally quiet period marked by some large and enjoyable social events. Now, with the arrival of 1977 we can get on with the job of doing some serious soldiering.



Winnipeg — LT.-GOV. F. L. Jobin carves a turkey for the junior ranks Christmas dinner at the 2nd Battalion Princess Patricia's Canadian Light Infantry. Standing by with plates to serve are (L to R) LT.-COL. J.E.L. Gollner; Chief Warrant Officer W.R.E. Bruce and MAJ.-GEN. (ret'd) C. B. Ware. (CANADIAN FORCES PHOTO)

What The Heck Are Those Yellow Lights About?

As you drive or walk through the Married Quarters area in the winter, you will likely notice big yellow lights in the windows of some of the houses. These are thermostatically controlled so that they will start flashing when

the temperature in the house drops below +8°C.

The Housing Office puts these lights in empty married quarters so that, should the heat in the house fail, we will know about it before any freeze-up damage occurs.

So, if you see one of these lights flashing; note the address, head for the nearest telephone and let the CE section know right away at Local 207 during working hours or Local 510 after hours.

After all its your money we will be saving!



Mexican Visitor is shown wearing new arctic clothing undergoing user-trials at CFB Winnipeg.

Order of Military Merit For Prairie Militia Commander

The Department of National Defence has just announced that Brigadier-General Hugh Comack of Winnipeg has been awarded the Honour of the Order Of Military Merit, Commander rank. BGEN. Comack joined the Cameron Highlanders in 1939 and saw action with the unit at Dieppe and in North-West Europe during the 2nd World War, joined the Militia Battalion after the war and has served continuously since. BGEN.

Comack was appointed Commander, Militia Area Prairie on June 1/73.

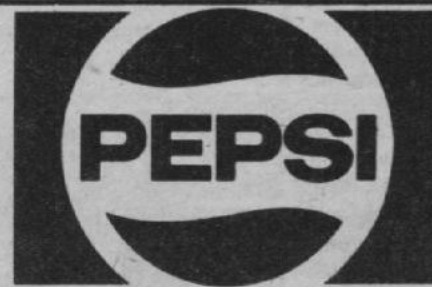
The announcement reads, "The Governor General, the Right Honourable Jules Leger, Chancellor and Commander of the Order Of Military Merit, with the approval of Her Majesty, Queen of Canada, Sovereign of the Order, and in accordance with the provisions of the constitution of the Order, has appointed Brigadier-General Hugh Comack to be Commander of the Order of Military Merit".

BGEN. Comack is Director and General Manager of Greater Winnipeg Cablevision Ltd., and lives with his family at 32 Valleyview Drive in St. James-Assiniboia.

The Official investiture will be held in Ottawa in the near future.



BGen. H. Comack



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ASC news news news

By CAPT. MEL WALKER

I hope everyone had as Merry a Christmas and as happy a New Year as I had. And, after having completed a four thousand mile round trip all over Canada to show off our latest addition to all Aunts, Uncles, Cousins, Grandparents and Great Grandparents; the first thing I got as I crawled into the office this morning was a call from the jolly old associate editor asking if I had a column for him.

I didn't. And, since we don't get SANC 'til tomorrow and no one on ASC did anything too bad over the hols, I decided to write an editorial.

I have been troubled over the past few years by certain trends of thought in the Western world, particularly in the manner that these trends have been applied to policy within the Canadian Forces. Some of the actions of the United States Secretary of State, Henry Kissinger, are illustrative of this process as are some of the actions of our own personnel policy people deriving as they do from the concept that perceptions of reality are more important than reality.

We have become so accustomed in the West to technological miracles, that we have come to accept them not only as expected, but conjurable on demand. This in turn, has led to a downgrading of those responsible for these miracles in favour of those who would "direct" or "lead" or "manage" the magicians. Technology then, must serve as the handmaiden of policy. While this ought to be true, the reality of the physical world says that there are indeed limits to growth. As Canute demonstrated a thousand years ago, even a King cannot order the tides back. We can only do so much.

What has this got to do with the Canadian Forces? Despite our shrinking force levels, we have persisted in a personnel policy that rewards the generalist, and in effect, punishes the specialist. We are told to ah "broaden our viewpoint" to ah emphasise the ah other qualities. I myself have been admonished many times not to be "such a specialist" but never once have I ever been given an objective definition of the ah "other qualities". This type of thinking has led to the rise of a rather notable caste of little green managers, and no one is left minding the store.

I thought for many years that perhaps I was alone in my worries, but the latest issue of Flight Comment assures me that I am not. A flight safety magazine is the last place one would expect thoughtful philosophy, but an article by an obviously deeply concerned supervisor puts perspective on the problem. The article is applicable to all elements and I heartily recommend it as required reading for all supervisors. It asks "Who is Responsible?"

The sad part about the generalist vs. specialist argument is the large amount of truth in the statement that a proficient specialist may not be a good generalist. But I should like to offer the opinion that an officer or man who is only a generalist is even less likely to be a good one; at any level.

To illustrate the argument, I should like to quote one of my favourite poets "Rudyard Kipling" who is, not unnaturally, out of favour in these times.

THE CONUNDRUM OF THE WORKSHOPS 1890

When the flush of a new-born sun fell first on Eden's green and gold,

Our father Adam sat under the Tree and scratched with a stick in the mould;

And the first rude sketch that the world had seen was joy to his mighty heart,

Till the Devil whispered behind the leaves, "It's pretty, but is it Art?"

Wherefore he called to his wife, and fled to fashion his work anew—

The first of his race who cared a fig for the first, most dread review;

And he left his lore to the use of his sons - and that was a glorious gain

When the Devil chuckled "Is it Art?" in the ear of the branded Cain.

They builded a tower to shiver the sky and wrench the stars apart, Till the Devil grunted behind the bricks: "It's striking, but is it Art?"

The stone was dropped at the quarry-side and the idle derrick swung,

While each man talked of the aims of Art, and each in an alien tongue.

They fought and they talked in the North and the South; they talked and the fought in the West,

Till the waters rose on the pitiful land, and the poor Red Clay had rest—

Had rest till that dank blank-canvas dawn when the dove was preened to start,

And the Devil bubbled below the keel: "It's human, but is it Art?"

The tale is as old as the Eden Tree - and new as the new-cut tooth—

For each man knows ere his lip-thatch grows he is master of Art and Truth;

And each man hears as the twilight nears, to the beat of his dying heart,

The Devil drum on the darkened pane: "You did it, but was it Art?"

We have learned to whittle the Eden Tree to the shape of a surplice-peg,

We have learned to bottle our parents twain in the yolk of an addled egg,

We know that the tail must wag the dog, for the horse is drawn by the cart;

But the Devil whoops, as he whooped of old: "It's clever, but is it Art?"

When the flicker of London sun falls faint on the Club-room's green and gold,

The sons of Adam sit them down and scratch with their pens in the mould—

They scratch with their pens in the mould of their graves, and the ink and the anguish start,

For the Devil mutters behind the leaves: "It's pretty, but is it Art?"

Now, if we could win to the Eden Tree where the Four Great Rivers flow,

And the Wreath of Eve is red on the turf as she left it long ago,

And if we could come when the sentry slept and softly scurry through,

By the favour of God we might know as much - as our father Adam knew!

AWARD FOR 170 AIR CADET SQUADRON



CPL. C. Huff and SGT. M. Hadder of 170 St. James Kiwanis Squadron Royal Canadian Air Cadets are shown with the Ed Vopni Trophy awarded annually to the most proficient air Squadron in Manitoba. This is the fifth consecutive year 170 Squadron has won the trophy, and the fourteenth out of seventeen years 170 has been awarded first place.

The second Kipling poem, I should like to quote with a minimum preamble. With Soviet Carriers cruising the Atlantic (Mare Nostrum?) and a separatist government in Quebec City, I think it speaks for itself.

DANEGELD (A.D. 980-1016)

It is always a temptation to an armed and agile nation, To call upon a neighbour and to say:— "We invaded you last night - we are quite prepared to fight, Unless you pay us cash to go away."

And that is called asking for Dane-geld, And the people who ask it explain That you've only to pay 'em the Dane-geld And then you'll get rid of the Dane!

It is always a temptation to a rich and lazy nation, To puff and look important and to say:—

"Though we know we should defeat you, we have not the time to meet you. We will therefore pay you cash to go away."

And that is called paying the Dane-geld; But we've proved it again and again,

That if once you have paid him the Dane-geld You never get rid of the Dane.

Overheard in the Auto Club: "My advice is to keep the oil and change the car."

It is wrong to put temptation in the path of any nation, For fear they should succumb and go astray, So when you are requested to pay up or be molested, You will find it better policy to say:—

"We never pay any one Dane-geld, No matter how trifling the cost, For the end of that game is oppression and shame, And the nation that plays it is lost!" Think about it.

Mel

TOP CADET



WO2 Don Irvine, son of MAJ. R. Irvine CFB Winnipeg, is the proud recipient of the Fred E. Pink Memorial Trophy as the 1976 Manitoba Flying Scholarship graduate receiving the highest marks of all candidates this past summer while attending a private pilot's course. Don is a member of 170 St. James Kiwanis Squadron Royal Canadian Cadets.

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NAV By T. G. BREMNER SQN

Happy New Year!! How are the heads and eyeballs doing these days? Hope that everyone has successfully shaken all the after effects of the extended crew rest over the holiday period and that you're all ready to pitch into the training program again. After all, the summer trainees will be here in less than six months and we have to get rid of the bulk of the student body between now and then. (I really don't care how you do it, just get them out of here!! We need the classrooms!) In Case you haven't already heard, we'll be getting a larger bunch than the last couple of years — FOUR courses of TWELVE students each during the June to August period!!! Brace yourself!

At long last, work on the OLD trainer room (which will soon be the NEW trainer room) finally got underway in December. Once started, the obvious changes come thick and fast: the ceilings were ripped out; the lighting was torn down; windows and exhaust fan ports were blanked off; old power supply wiring was uprooted; and great, gaping holes were bored all over the place. With all of that out of the way, new things began to appear: new, heavy duty power supply conduits began to grow out of the holes in the floor; a writhing plethora of air conditioning ducting was suspended in the ceiling (noise damped piping, no loss); prefabricated, aluminum wall supports sprouted like bamboo stalks; and great, fluffy whacks of insulation bulged from every nook and cranny. There are even some new wall panels in place already. There will undoubtedly be a lot of competition for the privilege of operating the new trainer during the summer months — the trainer room will be the only fit place to live in the building once the environmental control equipment (air conditioners) is installed and operating. (P.S. There is adequate redundancy in the cooling capabilities that a partial failure will NOT necessitate a shutdown of the ANPT. How about that for the noon hour bridge game?) I have also heard, through the grapevine, that a number of people will likely be doing a bit of TD in YZ for some OJT and trials on the hardware before installation begins in the WG ANPT trainer facility room — any volunteers?

The "Good News/Bad News Travelling Minstrel Show" (ANAV careers in three parts) has made its annual visit singing the praises of

our undaunted breed and left in its wake a surprising number of contented smiles and outright grins of glee. If their tentative posting forecasts all come to pass there will be an unusually large number of pleased pilot pesterers leaving CFANS during the coming year. I won't delve into the possibilities yet — wouldn't want to try to outguess the green sheets before they come out of the teleprinters. Regardless of the eventual disposition of those who aren't sure of their next postings, all the Navs on the ranch appreciated the remarks (straight from the shoulder) and classification status reports that LCOL. McKay, Major Sommer (see, there are some Navs that make it past Captain!) and Captain Fairbairn brought along. Next time they come to Winnipeg (or any operational base for that matter) the pilots should be invited to the briefing to see how many jobs are being filled by Navs so that pilots can be released for flying duties. It's truly amazing how valuable we "allied trades" types can be despite the "Big Shaft" a few years back when it was decided that pilots were worth more money than ANAVs or the even more recent debacle when our younger cohorts were unceremoniously relegated to the ranks of the GSO! (Not to disparage the GSO at all, but the flying business is still a team effort, so how come did certain parts of the team suddenly become poor relatives? After all, this isn't the NHL and I haven't seen any potential challengers for Bobby Orr lately.)

There is one posting possibility that I feel safe in discussing — mine. It would appear that I am going nowhere for quite some time yet, so, unless you can continue to bear this column for an absolutely indefinite period of time, somebody better volunteer to replace me. Despite an urgent plea in a recent SNIB (Nav Squadron Information Bulletin — and don't ask me how they got SNIB out of that) for any aspiring Longfellow, Metalious or Williams (Tennessee, that is) to step forward and be identified, there has been an earth-shattering silence from all hands. Aren't there any literary closet queens out there in fantasy land? Even a poor man's poet or a political caricaturist would suffice in a pinch. Comic strip cartoonist? We'll even consider someone reasonably experienced in writing consumer advocate articles.



MAJOR F. J. Storey, detachment commander of 401 technical services detachment, presents the 1st clasp to the Canadian Forces Decoration to SGT. E. N. Atkinson. SGT. Atkinson is presently serving as a quality assurance inspector on DND contracts at Bristol Aerospace Ltd. in Winnipeg. (BASE PHOTO)

WINTER DRIVING SURVIVAL KIT

Now is the time to get your winter driving kit in order before you get caught in the first snowstorm of the season, suggests Consumers' Association of Canada. For country driving, the motorist should carry in the car a shovel, an axe or hatchet, sand, a scraper and a brush to remove ice. A tow chain, booster cable, flashlight, warning light or road flares, can be extremely useful in case of motor breakdown on a barren stretch of highway. Other handy items are road maps and a

compass, extra clothing and footwear, first aid kit, matches and fire extinguisher. Rolls of hard candy are the most valuable sources of quick energy. Keep both back and front car seat covered with blankets which can be used in emergencies.

Hot line: When he got home from work one evening, the husband noticed a red burn mark on his wife's cheek. "What in heaven's name happened to you," he exclaimed.

"Well," she said, "while I was ironing, I had my mind on a TV show I was watching. Suddenly the phone rang — and I answered the iron."

commercial ad men or career resume specialists. If you're too shy to speak up in public, drop a note (in a plain, brown envelope) in the mail addressed to YFFC and he'll be glad to see you for a confidential interview.

The Transport Augmentation gang is slowly getting its act together now that some of the rules and requirements have been ironed out. Robbie Robertson has survived a Transport Check Ride and is now the official, designated Chief Check Nav In Charge Of Transport Augmentation Crew Categorization And After Dinner Etiquette. (Call-of-Nature absences from the table are not permitted.) Immediately following his own "ride", Robbie inflicted the same on Al Steele who was equally successful in fulfilling the requirements for a renewal of his Transport "Operational" category. The remaining ear-marked augmentees will be following suit in the very near future and writing the Transport Group Category Exam as soon as the necessary materials are received from that august body. (Take that, ATOC.) We shouldn't be out of the first quarter of '77 before it's all tied up until next year when the annual renewals will be due. (I'll wait 'til next issue before I tell you where my check ride is going — dream a little.)

TATTLE-TALES

Bev wears those long green socks so she won't get lost in the snow.

The ASTRA computer is programmed to ensure that CFANS personnel will not fly S/A.

Dick Wannamaker snuck off early 'cause the climate didn't agree with him.

Snow removal from city streets is a luxury, not a necessity.

Wayne is going to log all of his People's Airline flying time to get over the 200 hour limit.

Hold your breath, I'll probably be back in a couple of weeks barring any unforeseen miracles or warrants for my arrest. Cheers!!



Call the bouncer to throw me out — I got a plane to catch!

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in vino veritas

by R. KOHLBERG

RED WINE WITH FISH?

Much has been said and written about wine snobs, sometimes by people with a case of sour grapes (if you permit the figure of speech). A story in the Winnipeg Free Press recently told how "Europe's top chefs and wine connoisseurs have launched an attack on wine snobbery...". Raymond Oliver, a celebrated TV personality (in France) and author of books on haute cuisine, says that nobody has the right to dictate what wine to drink with what food: if someone likes a Bordeaux with salmon, he should be able to order it in a restaurant without embarrassment or without having to put up with the sneer of a wine waiter. You see, in France — and some other European countries — it is the 'sommeliers' who are considered to be the worst wine snobs, "those wine waiters who tyrannize diners into drinking what they do not really want by the weight of their superior knowledge."

Before we nod our heartfelt approval of M. Oliver's views, we should remember that he is talking about Europe and centuries of wine-drinking culture. People in North America, on the other hand, are just beginning to appreciate the niceties of wine with meals and to learn about the various kinds of wine. When you are learning, you need some basic rules, whether it is photography, driving a car, or choosing the appropriate wines for certain dishes. Once you have mastered a skill, you may want to explore variations on the fundamentals. Every novice with a new camera learns as one important rule, for example, never to take pictures against the sun — with good reason. But most of us have seen pictures in which an accomplished photographer has done exactly the opposite and produced a work of art. He could not have done that without first learning to use his camera, following the rules of ordinary picture-taking. Then, after a long time of practice and experience, he is able to manipulate and experiment and create a masterpiece.

Applied to wine drinking, every novice in the field would do well to follow the basic rule of "white wine with fish, chicken, etc., and red wine with 'red' meat, such as beef, lamb, etc." The Europeans have lived by these rules for many, many years, and most have lived well with this system. A wine should complement the food, not compete with it or dominate it. Nor should the wine be overpowered and rendered insignificant by the food. A nice balance is the aim.

Every taste is acquired. We find that out when we travel and encounter the national dishes of other countries. Some we like, some we don't, and some we learn to like. So it is with wines. After you have learned the rules of what wine goes best with what food and have acquired a taste for the 'proper' combinations, you may want to experiment. You may hit on a personal choice that may be odd to others, but a great delight to you. When that happens, let no snob of a wine waiter intimidate you and tell you what's good for you. Look him straight in the eye when you order Chicken Kiev with a bottle of Beaujolais, and see if he flinches.

Speaking of Beaujolais: I received a bottle of 'Bichot' as a Christmas gift. It was a new Beaujolais for me, and a pleasant experience to sample it. This is a gentle wine, undemanding, yet quite distinctive in bouquet and flavour. My dinner companion with whom I shared it, almost found it sweet, but not in the sense of sugar — rather of delicacy. It is one of the wines that profit from 'breathing'. I started out taking tiny sips, but found when I took a larger, more hearty swallow, that the Beaujolais' spiciness asserted itself and unfolded its exquisite flavor to full advantage.



music reviews and syndicated columnist

The Sylvers

After their debut album on Capitol Records, "Showcase", and the success of their "Boogie Fever", The Sylvers have come up with a winner from start to finish in their brand new album, "Something Special" (Capitol ST 11580).

This time around, the five brothers and three sisters open the set with their already exploding single, "Hot Line", which has just broken top twenty and is one of the hottest disco dance tunes. From their red hot opening, The Sylvers slow the pace with "Got To Have You (For My Very Own)" and "Now I Want You". They display excellent vocal harmony on "Ain't No Doubt About It" and get back into the boogie beat with "Shake 'um Up", which has enough of the necessary ingredients to pick up to pull down lots of airplay and be considered for singles release. The repetitive beat, coupled with the tight harmony and production work of Freddie Perren, bringing the tune in under three minutes, would seem to make "Shake 'um Up" a natural for airplay.

LITTLE ANGELS

The Sylvers have come a long way from their beginnings as the "Little Angels" in the early sixties. Starting out as a four member group consisting of Leon, James, Olympia and Charmaine, they performed on numerous TV shows, at the Apollo Theatre in New York, and toured with Ray Charles. As more children were added to the group, their parents decided that the "Little Angels" should have a regular life again, instead of the show business routine, with its constant grind.

A few years later, while attending high school in Watts, California, Leon entered a talent contest. When he suggested the idea to his brothers and sisters, they set to work writing songs, tightening up vocal harmonies and perfecting some dance steps. The hard work and determination paid



off with the Sylvers winning the contest.

Leon wrote more songs, kept the group rehearsing and began to make the rounds of the record companies. The Sylvers were finally signed to a recording contract and were on their way. They released two albums, "Sylvers" and "Sylvers II" and Foster released a solo album, featuring his two sisters Pat and Angie. Foster's singles, "Misdemeanor" and "Hey Little Girl" became national chart hits.

SHOWCASE

When Al Ross became the groups manager, he took an idea for an album to Capitol, who signed the group and released "Showcase" which went over the million sales mark, as did their dynamite single, "Boogie Fever". Producer Freddie Perren, well known for his work with such top names, as: Jackson Five, Bobby

Darin, Franki Valli and The Four Seasons, was chosen to the production slot for the family. Along with producing their hits, Perren has been responsible for writing many of the songs they sing.

When it was time to prepare for a new concert tour, the group hired Cholly Atkins to choreograph their new show. Atkins had previously worked with such groups as, Gladys Knight and The Pips, The O'Jays, Spinners and Miracles.

SOMETHING SPECIAL

With "Hot Line" crowding towards the top ten, "Something Special" already breaking for the top and being one of the most in-demand acts, The Sylvers are here to stay. Top tracks in the set: "Disco Showdown", "Mista Guitar Man", "High School Dance", "Shake 'um Up" and "Hot Line".

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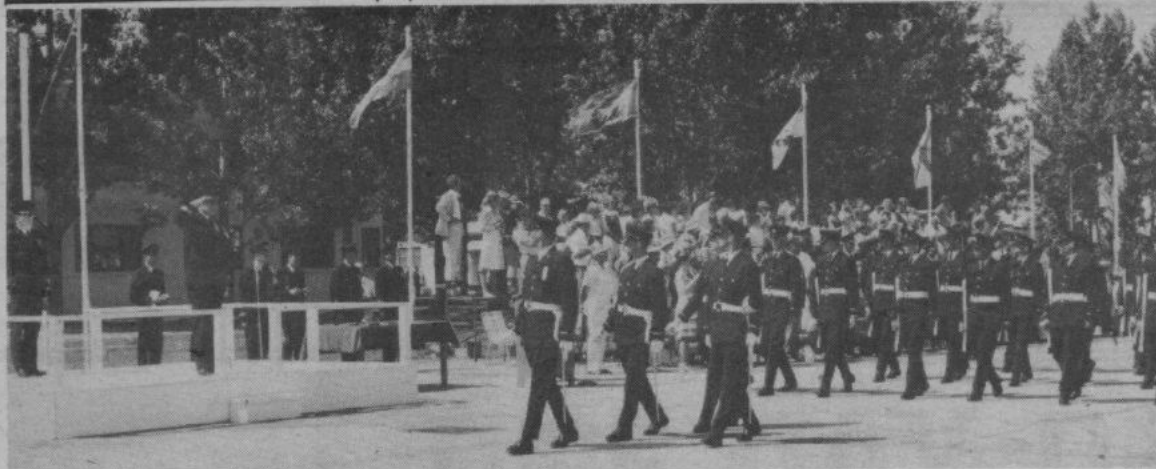
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GREETINGS for the New Year			STAY HUNGRY	NO SHOW	JOHN WAYNE LAUREN BACALL "THE SHOOTIST"	Salty	JOHN WAYNE LAUREN BACALL "THE SHOOTIST"
Sun. 16 Mon. 17	Tue. 18	Wed. 19	Thu. 20	Fri. 21	Sat. 22	Sat. 22	
DRUM WARREN OATES, ISABELA VEGA, KEN MONTGOMERY PAM GRIER, TAPSCOTT KUTNER, JOHN COLICCHIO POMI LEROY, PAULA KELLY, MICHAEL STROCK	THE TENANT	The Joys of a Woman nothing is wrong, it is life good	NO SHOW	LEADBELLY	LEADBELLY	LEADBELLY	LEADBELLY
Sun. 23 Mon. 24 Tue. 25	Wed. 26	Thu. 27	Fri. 28	Sat. 29	Sat. 29		
Winner of 5 ACADEMY AWARDS JACK NICHOLSON ONE FLEW OVER THE CUCKOO'S NEST	BEST PICTURE INGMAR BERGMAN'S "FACE TO FACE" LIV ULLMANN	NO SHOW	FRANCO ZEFFIRELLI ROMEO & JULIET	DIGBY	ROMEO & JULIET	ROMEO & JULIET	ROMEO & JULIET
Sun. 30 Mon. 31	COMING						
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Officer Cadet M. Newell, who commanded the graduation parade, leads the march past. LT. GEN. J. W. Quinn is the reviewing officer. (BASE PHOTO)



Officer Cadet Mike Newell is presented with the "Top Candidate" award by Lieutenant-General J.W. Quinn, ADM (Pers) during graduation ceremonies. (BASE PHOTO)

MOVIE REVIEW

by Ken Bernard

"THE DECLINE AND FALL"

Go when the theatre is crowded, if you are planning to see NICKELODEON (now playing at the Odeon Theatre in downtown Winnipeg), for it needs all the help it can get from a happy audience. This film by Peter Bogdanovich is a fun film in the Walt Disney style, though he doesn't handle that style as well as the Walt Disney people, and he allows some coarse language which Walt Disney would never, never allow.

NICKELODEON is a little slow getting started, but once it gets going it will carry you with only a few glances at your watch. The people making the film are clearly having fun, so maybe you should as well. This is yet another film by Hollywood about Hollywood, the difference being that it is really pre-Hollywood in the era depicted. The time is early twentieth century (i.e. pre-20's), the place is U.S.A. (of course), the style is nostalgia well mixed with caricature, the subject matter is the making of moving pictures which the public could see all over the U.S.A. for only a nickel. All this would eventually lead to the establishing of a motion picture industry in a little, unknown place called Hollywood in California... and with tears in the eye and faces full of hope the picture ends.

Well, the "nickel" odeon is a far cry from our present three-dollars-and-twenty-five-cents-and-rising-odeon, and

the film NICKELODEON is not going to do much to help the movie house crisis. As a second feature on a double bill this film could be fun; or at some small movie house that charges only a "buck" it could be worthwhile. NICKELODEON is about beginnings; the experience for the movie patron is one of decline and ending.

The condition of the movie theatre re-inforces this sense of decline: to walk into a movie theatre when the house lights are on, means that you can see all the garbage on the floor as well as feel its clutter under foot. To pay \$6.50 for two tickets on doubtful entertainment and then have to sit amid such garbage is a combination of circumstance that is guaranteed to strangle any enterprise. Movie theatres must be the very last places in our society which still permit litter anywhere, uncontrolled. They seem not to have heard of the green plastic bag. In this sense movie houses are still run like the old "nickel" odeon. As the ads says, it may be time for them to clean up their act.

There was, however, a small, unacknowledged jewel hidden amid all this high priced cinema rubble, and it was the short film which accompanied the full length feature. This film, titled "The Street" is an animated film from the Canadian National Film Board, running about ten minutes. It is a superb piece of cinema: entertaining, clever, artistic, touching. While it may not have

Top Candidate Award Presented To Wpg OCDT

For the second consecutive year, a university student from CFB Winnipeg has earned the "TOP CANDIDATE" award at Basic Officer Training in CFB Borden. Officer Cadet Mike Newell, who is studying Business Administration at the University of Manitoba, achieved the distinction of the top cadet and led his fellow cadets during the graduation parade. Well done Mike.

Defence Construction Contracts Awarded

Ottawa — Forty-eight contracts totalling \$4,395,869 were awarded by Defence Construction (1951) Limited in October, Defence Minister Barney Danson has announced.

The list was topped by a \$512,000 contract to Boyd and Garland Construction Services, Ltd., Dartmouth, N.S., for construction of new quarters at Camp Debert, N.S.

Nova Scotia firms received 12 others at \$1,067,056; British Columbia, eight at \$335,524; Ontario, six at \$521,838; Quebec, eight at \$602,079; New Brunswick, two at \$84,000; Newfoundland, two at \$310,116 and Alberta, nine at \$963,256.

The next largest contract, \$361,515, went to Noralta Construction Limited of Grand Centre, Alta., for equipment and brush clearing at the bombing and rocket range at Canadian Forces Base Cold Lake.

been worth the price of the ticket, it largely contributed to the saving of the evening from being a complete flop. The movie ads in the newspaper don't list the short film, of course, but then the N.F.B. continues to go on largely unacknowledged.

The N.F.B. has been making excellent films for years, but generally in the shorter category. One would think that these could make great double bills to match some of the mish-mash that movie houses carry. There was a little parable in watching "The Street" along with "Nickelodeon", for the latter dealt with the struggle of the small moviemakers against the large companies; and here in real life, in a Winnipeg theatre, the same drama is being acted out. The N.F.B. (perhaps the only authentic cinema industry we've ever had in Canada) continues to fight it out with the giants.

LAUGHING AT OURSELVES



by John Semeniuk

FOUL, SIR, FOUL — At Easter time, a farmer snuck into the hen house, pulled out all the regular eggs from under a sleeping hen, and substituted brightly coloured Easter Eggs. The old hen woke, looked under her, and went into the barnyard and beat the heck out of the peacock.

A TURN FOR THE VERSE —

He who drinks gets drunk
He who gets drunk goes to sleep
He who sleeps does not sin
He who does not sin goes to Heaven
If you want to go to Heaven, drink!

NOTHING BUT THE BREAST —

One of our Federal Members of Parliament attended a ceremony in his honour where a bust of him was to be unveiled. A bosomy TV actress approached the MP and said, "I've travelled 100 miles to see your bust unveiled." The gallant MP replied, "Miss, I'd gladly return the compliment."

THING-KING — College professor to his class: "If there are any dumbbells in this class, please stand up." After a short pause, a strapping youth in the back of the room arose. "So you consider yourself a dumbbell, do you?" remarked the professor. "No Sir," replied the youth, "I just hated to see you standing there all by yourself."

DID-JA-HEAR — About the parrot who ate a lot of beans — he wanted to be a thunderbird.

BLANKET INSECURITY (?) —

Mother of a mischievous young boy to a child psychiatrist: "Well, I don't know whether or not he feels insecure, but everybody else in the neighbourhood does."

SIGN LANGUAGE

Notice in a Zoo: "VISITORS WHO THROW LITTER IN THE CROCODILE PIT WILL BE ASKED TO RETRIEVE IT."

Slogan in a Women's Dress Shop: "THE WEARHOUSE."

Sign in a Pet Shop: "FISH AND CHIRPS."

Sign in the buttermilk and yogurt section of a supermarket: "CURDLE SANDERS."

YOU CAN SAY THAT AGAIN —

Life's golden age is when the children are too old to need a baby sitter and too young to borrow the family car.

SEX THEME — Reporter: "If you were shipwrecked on a desert island, what would you like to take along as reading material?" Chorus girl: "A tattooed sailor."

DE-FUN-ITIONS:

Pick Up: "Winked victory"

Wig: "Falsehood"

Water Pollution: "Dirty Pool"

Eve's Mini: "Fig Rig"

CREATURE FEATURE —

Poppa rabbit, nibbling thoughtfully at his evening carrot, noticed that his son was in a particularly jovial mood. "Why is Junior so happy?" asked Poppa. Mamma Rabbit explained, "He had a wonderful time in school today. He learned how to multiply".

MIND OVER MATTRESS (?)

— A Canadian Forces Corporal who spent two months alone on a desert island before being rescued, was checked over by a Medical Officer. The man of medicine diagnosed the Corporal's condition thusly, "Long time no she".



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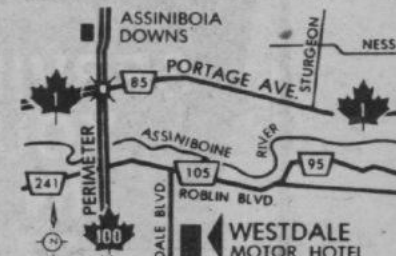
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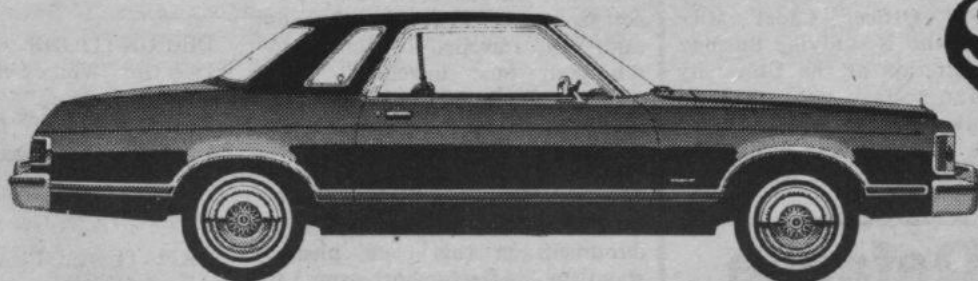


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West-End Winnipeg's Newest And Friendliest Meeting Place

CANADIAN FORCES

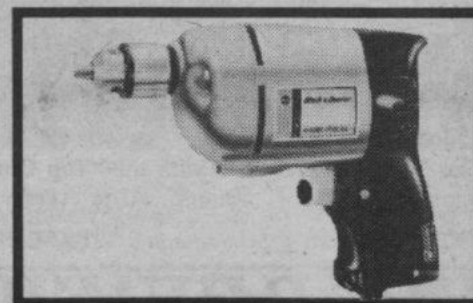
**YOU COULD WIN
THIS 1977 FORD GRANADA SIMPLY BY
PATRONIZING YOUR EX
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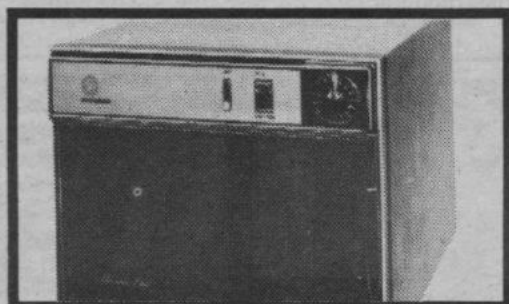
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GO FIRST CLASS ALL THE WAY WITH
HIS 'N' HERS MATCHED SETS.



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BELT DRIVE TURNTABLE
2 WAY AIR SUSPENSION SPEAKERS.



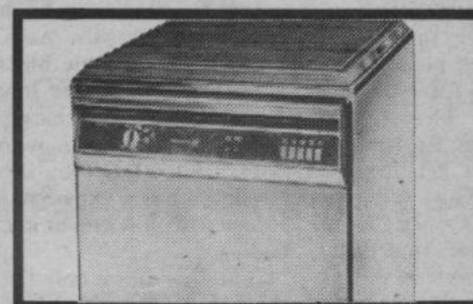
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WESTINGHOUSE MICROWAVE OVEN
REVOLUTIONARY WAY OF COOKING IN A
QUARTER OF THE TIME NORMALLY
REQUIRED.



SHARP 20" COLOUR TV
FEATURING THE NEW LYNITRON TUBE FOR
THE SHARPEST VIEWING ON THE MARKET.



WESTINGHOUSE DISHWASHER
THE MOST EFFICIENT WASH & RINSE
CYCLE OF ALL.



**the most dramatic customer
rewarding programme ever
undertaken by Canex
here's all you do**

1. For each \$5 gasoline purchase
at your Canex Service Station you
will receive a chance to win.

2. Simply fill out your ballots and
drop them in the ballot box at any
Canex Service Station.

For further information just ask
your BXO or service station Man-
ager.

WINNERS MUST ANSWER A SKILL TESTING QUES-
TION. AUTHORIZED PATRONS ONLY.

Every 8 weeks someone on YOUR base
will win one of these SENSATIONAL Prizes.

COLOUR TV 28 FEBRUARY
BLACK & DECKER 30 APRIL
LUGGAGE 30 JUNE

DISHWASHER 31 AUGUST
MICROWAVE 31 OCTOBER
SOUND SYSTEM 23 DECEMBER

PLUS You could represent your base
in the June 15 and December 15 draws for
the grand national prize...

A 1977 FORD GRANADA!

BECAUSE OF SMALL POPULATIONS, CERTAIN SMALL BASES AND STATIONS ARE
GROUPED TOGETHER.
DUE TO A TYPOGRAPHICAL ERROR JUNE 33 DRAW IN OUR BROCHURE SHOULD HAVE
READ JUNE 30.

S EXCHANGE



ONE DAY ONLY



THURS. JAN 13th

10:00 - 21:00 HRS.

AT YOUR *BASE EXCHANGE*



10%

DAY

This means that each and every item* in our stock is offered at an extra 10% discount for **THIS DAY ONLY**. Simply complete your purchases in the normal manner and 10% of your purchase price will be returned to you immediately.

*SPECIAL ORDERS, TOBACCO AND CIGARETTES ETC., EXEMPT

Make *THINGS HAPPEN*... support your





Curling Corner

CFB WINNIPEG CONSOL REPRESENTATIVES



"The Lutomsky rink" (L to R) Bruce Zachow, Wes Walker, Al Lutomsky and Gerry Hackenschmidt.

Picture by Polaroid



"The McKenzie rink" (L to R) Brad Reeves, Brian McKenzie, Lloyd Robinson and Don cook.

Picture by Polaroid

LIPSETT HALL

SATURDAY 15 JANUARY
IS REGISTRATION DAY
AT
LIPSETT HALL
FOR

SWIMMING CLASSES

- Moms and Tots
- RLSS Bronze Medallion
- Adult Learn to Swim
- Red Cross - Pre-Beginner to Senior
- Monday and Wednesday Class
- Tuesday and Thursday Class
- Saturday Class

Registration Times:

Military personnel and dependants -
1200 to 1300 hrs.

Civilians - 1300 to 1400 hrs.

LADIES KEEP FIT CLASSES

Registration Times - 1100 - 1200 hrs.

CHILDREN'S GYMNASTICS

Registration Times - 1100 - 1200 hrs.



INDOOR SOCCER

Monday Eves.
1800 - 2000 HRS.
Now In
BLDG 21

All interested personnel who wish to participate are to show up at 1800 hrs prepared to play.

For more information please contact CPL D THOMPSON at Loc 524.

CROSS-COUNTRY SKIING



THE CLUB HAS BEEN FORMED!

WE OFFER YOU:

16 JAN, INSTRUCTION
BOTH DAY AND
EVENING CLASSES

29 JAN, 12 FEB, 12 MAR
SKI TOURS OUTSIDE WPG

GROUP SKIING -
MOST SUNDAYS

GENERAL MEETING

HERCULES LOUNGE
13 JAN - 1930 HRS

COACHES CLINIC
FRI 14 JAN and
SAT 15 JAN

BASE CURLING RESULTS

THE CONSUL

Canadian Forces Base Winnipeg Curling Club (CFB C.C.) Consol playdowns were completed last week with Club rinks contesting one of the two and a half berths allotted this season.

Al Lutomsky and his rink went through the playdowns undefeated, taking the first berth. Curling for Al is Wes Walker, Bruce Zachow and Gerry Hackenschmidt. This rink represented Manitoba in the 1974 and 1975 Canadian Legion Championships winning the National in 1974.

The second berth was won by Brian McKenzie and his rink of Lloyd Robinson, Don Cook, and Brad Reeves.

The half berth which will be involved in a play-off with another of the Winnipeg Clubs was taken by Dick Roden and his foursome of Gary Hanson, Bob Nichol, and John Hyrich. The play-off for this berth will take place in early Jan.

In the Seniors' the CFB club will be represented by Don Nutley with Bob Lewarton, Lorne Common and Ben Brownstone making up Don's rink.

Gary Hanson once again shipped his Mixed foursome consisting of wife Shirley, Brad Reeves and Myrtle Baxter to the club mixed crown and will be in the playdowns for the second year in a row.

MORRIS RINK GOING TO PRAIRIE REGIONS

Club Representatives were also decided for the Forces Prairie Region. The Earl Morris rink with Otto Krepps at third, Brian McKenzie second, and Don Scott throwing lead rocks captured the right to represent CFB Winnipeg in the up coming playdowns.

AREA ONE

SERVICEMEN'S REPS

The Ladies' Forces representative will be skipped by Betty Jenkins and consists of Sammy Lung at third, Lil Belevau throwing second and Bonnie Bachinsky setting the ends.

LEAGUE STANDINGS AS OF MID DEC.

LADIES' LEAGUES

Friday Night - (A) McClelland, (B) Farrell (C) Henschell

Afternoon - (First round not completed) no standings

MIXED LEAGUE

Sunday - (A) Patton, (B) Ridley, (C) Hood (D) Lutomsky (E) Thompson (F) Carlson

MEN'S LEAGUES

Monday - (A) Fraser (B) Ackert

Tuesday/Thursday - (A) Lutomsky (B) Johnson (C) Hayden-Luck

Wednesday - (A) Therens (B) Kreger

ALL THE BEST IN '77

CFB Winnipeg wishes all club rinks the best of curling and continued fine sportspersonship in 1977...

CALL LES PUTLAND 344
or 885-2654
FOR MORE INFO.

TABLE TENNIS TOURNAMENT & CLINIC

AT CFB WINNIPEG - WESTWIN GYM

UMPIRES CLINIC

FRI 14 JAN and

SAT 15 JAN

TOURNAMENT

SUN 16 JAN

0990 - 1630

INFORMATION

WESTWIN GYM

511/573/509



PRESIDENT'S COMMENTS

We are now well into another season and while the rest of Manitoba and Canada are enjoying an upsurge in badminton membership, our club cannot boast the same. Yet nearly daily I receive telephone calls from civilians wishing to join the club, and, while one of our main objectives is to encourage and promote the playing of badminton in all its aspects, our first responsibility is to provide fun and recreation to the military community.

Our club presently consists of 35 members, a mix of civilians and service persons or their dependents. We would like to expand to between 75 and 100 persons. We are launching a new membership campaign with three FREE evenings' play for service persons and dependents 16 years and over...

These FREE evenings are the 9, 16, and 23 Jan 77 at Lipsett Hall between 1900 and 2230 hours. Badminton rackets and birds will be available.

Come on out and participate for only then will you know the enthusiasm and vigor being experienced by the tens of thousands who hit badminton birds for exercise and relaxation, or for the keenest and most demanding competitive

experience that any sport can provide. Ours is a "LIFETIME SPORT" support it and it will support you always.

We will cap our membership campaign with a CLUB MEMBERS' TOURNAMENT on the 30 of January 77. One hundred dollars, yes folks \$100.00 dollars worth of prizes will be given out. This will be a handicap event that provides everyone with a chance of winning. Last members' tournament, Deloris Linniback won the "Most Congenial Player Award", so you know we are not all serious.

Membership dues presently cost \$15 for service persons, dependents or DND employees and \$30 for civilians. Guest fees are \$1 per evening and birds are supplied by the club. The dues will be reduced on the 30 January by one-third, to \$10 and \$20 respectively.

Our normal playing nights are Wednesdays at Westwin Gym and Sundays at Lipsett Hall between 1900 and 2230 hours.

For more information you may phone WO Gary Wolfe at Loc 473 during the day or at home at 489-2873 between 1730 and 1830 evenings.

Hope you join us for evenings of the FUN and ENJOYMENT of BADMINTON.

CFB Winnipeg Winter Carnival 16-19 FEB 77

Featuring the
Wonderful world of Cartoons

FLOAT and ICE SCULPTURE COMPETITIONS
For Sections or Individuals

Get Involved

THIS BOWLING TEAM COULD GO ALL THE WAY!



Front Row L - R, Doug Powers, John Bonnell, Back Row L - R, Guy Thibault (Roll-off Co-ordinator), CAPT. Benoit (Recreation Officer), Harry Sentner, Bob Sypulski.



CPL. John Bonnell, BAMEO Section, shows the style that qualified him as the top bowler in the rollofs for the CFB Winnipeg Prairie Region Team. Always a contender, John should be in the running for high average in the upcoming Regional Championship at CFB Shilo.



SGT. Bob Sypulski, of the Air Command Band, demonstrates the smooth style that keeps him in contention as one of the top bowlers at the upcoming Prairie Region Championship.



Concentration is the key to success as evidenced by the intent look on the face of SGT. Harry Sentner, Base Hospital, as he prepares for the Prairie Region Bowling Championships.

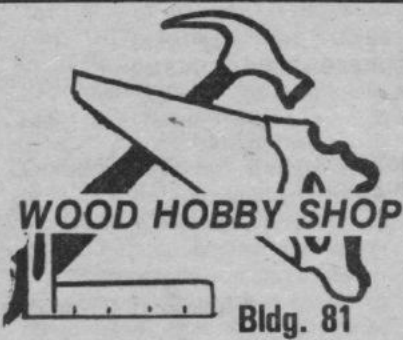


CPL. Doug Powers, Base Security Section, delivering a practice ball at Westwin Lanes in preparation for the upcoming Prairie Region Championships, being held at CFB Shilo, 9 - 14 Jan 76.

PRAIRIE REGION BOWLING TEAM SELECTED

Much activity has been taking place at the Base Bowling Alleys of late. Practices have been going on at various times of the week, noon hours included, in preparation for competition at the Prairie Region Bowling Championship. The Men's competition will be held at CFB Shilo during the period 9 - 14 January, 1977.

This year's men's team appears to have a good deal of balance and depth by virtue of previous experience in Regional, National, and World competitions. For instance: John Bonnell has attended three competitions at the National level; Bob Sypulski has two Nationals and one World championship attendances to his credit; Harry Sentner has competed in four Nationals and one World championship; Ken Andrew has one National and two World championships under his belt to date; Ken McLellan has bowled his way to two National championships in the past; Doug Powers has made Base teams five times and is hoping for his first National this year; "Red" Friesen is the Coach of this year's CFB Winnipeg entry. Red has been on



NOW OPEN!

To draw the key just show your current membership card to the MPs at the guard room.

Call CAPT Gibson -685 or WO Grist -753 for membership and information.

five base teams in the past and should ably provide the leadership required to keep our team in contention.

Based on experience alone there is no doubt that the CFB Winnipeg team will be a serious contender in the Prairie Region Bowling Championship, and, should place a couple of bowlers on the Prairie Regional National Team. Good luck!!

Aim at the stars... If you don't hit them You will land Pretty high anyway.

PRAIRIE REGION SPORTS CHAMPIONSHIPS 1977

MENS COMPETITIONS

SMALL BASE	
HOST	
Basketball	*
Bowling	*
Curling	*
Broomball	*
Hockey	*
Cross Cntry Ski	*
Volleyball	*
Badminton	*
Softball	*
Golf	*
Tennis	*
Marathon Race	*
Soccer	
PR Meeting	
Nat Photo Con	

REGIONAL		NATIONAL	
HOST	DATE	HOST	DATE
Cold Lake	6-10 Dec	Gagetown	27 Feb-4 Mar
Shilo	2nd wk Jan	Winnipeg	27 Feb-4 Mar
Shilo	2nd wk Jan	Shearwater	6-11 Mar
Cold Lake	1st wk Feb	Shilo	20-25 Mar
Shilo	3rd wk Feb		
Sioux Lookout	24-26 Feb		
Cold Lake	28 Feb - 3 Mar	Europe	18-22 Apr
Portage	3rd wk Mar	Esquimalt	25-29 Apr
	TBA	Winnipeg	18-23 Sep
	TBA	Greenwood	4-9 Sep
	TBA		
	TBA	Montreal	9-14 Oct
Winnipeg	2nd wk Apr	Summerside	8-13 May

* COMBINED WITH LARGE BASES (PRAIRIE & PACIFIC REGIONS COMBINED)

AREA 1 SERVICE WOMENS CHAMPIONSHIPS

AREA		NATIONAL	
HOST	DATE	HOST	DATE
Golf	TBA		
Softball	TBA		
Bowling			
Curling	18-21 Jan	Borden	13-18 Feb.
Badminton			

RECREATION AND SPORTS CALENDAR

ACTIVITY/CLUB	LOCATION	DAYS	TIMES	CONTACT	PHONE (EXT)	REMARKS
ARCHERY	LIPSETT HALL	MON	2000-2100	CPL MIKE LAMB	(240)	
BADMINTON	WESTWIN LIPSETT HALL	WED SUN	1700-2230 1700-2230	WO GARRY WOLFE WO GARRY WOLFE	(631) (473) (631) 489-2873	
BEAVERS (SOUTH) (NORTH)	LIPSETT HALL BUILDING 81	THU MON	1900-2200 1830-1930	LT YOUNG PATRICIA HALSTAD	(679) 832-1125	Still Openings Still Openings
BINGO	BUILDING 21	WED	2000-2300	SGT HANNA	772-0461 (219)	
BOWLING						
YOUTH BOWLING COUNCIL	WESTWIN	MON	1900-2230	CPL GUY THIBAUT	889-0249 (243)	Seniors and Majors
LADIE'S LEAGUE	WESTWIN	TUES	1800-2315	BEV BROWN	489-2262	NOTE:
INTER-SECTION	WESTWIN	WED	1830-2110	CPL GUY THIBAUT	(243)	BOWLING ALLEY:
MEN'S LEAGUE	WESTWIN	THU	1830-2110	CPL GUY THIBAUT	(243)	PHONE - 889-2059
CASUAL BOWLING	WESTWIN	FRI	1900-2100	CPL GUY THIBAUT	(243)	.50¢ Adults, 35¢ under 18
YOUTH BOWLING COUNCIL	WESTWIN	SAT	1100-1630	CPL GUY THIBAUT	(243)	SHOES
CASUAL BOWLING	WESTWIN	SUN	1300-1700	CPL GUY THIBAUT	(243)	.20¢ Adults, 10¢ under 18
MIXED LEAGUE	WESTWIN	SUN	1830-2330	WO GORD INGLEHART	889-5141	
FAMILY NIGHT	LIPSETT HALL	MON	1900-2100	SGT PYKE	888-5021	
CASUAL BOWLING	LIPSETT HALL	TUE	1900-2100	CPL KEN WARDELL	832-1161	Manager
2 PPCLI - SR NCO	LIPSETT HALL	WED	1900-2100			
BASE MAINT LAND	LIPSETT HALL	THU	1900-2100			
YOUTH BOWLING COUNCIL	LIPSETT HALL	SAT	1000-1600	ANN PARENT	489-6560	
CASUAL BOWLING	LIPSETT HALL	SUN	1330-1600	CPL KEN WARDELL	832-1161	Manager
BROWNIES (NORTH)	JAMESWOOD SCHOOL	MON	1830-2000	MRS MARY CROSS	885-2760	Still Openings
(SOUTH)	LIPSETT HALL	MON	1800-1930	MRS MARGARET PLANT PAT WALSH	889-3669 489-9667	Still Openings Still Openings
BROOMBALL						
INTER-SECTION LEAGUE	ST JAMES ARENA	TUE & FRI	NOON	MWO LES WHITE	(509)	(BAMEO, CFANS)
INTER-SECTION LEAGUE	VIMY ARENA	WED	NOON	MWO LES WHITE	(509)	(ALPINES, 1 CEU)
INTRA-SECTION/CASUAL	ST JAMES ARENA		1300-1530	REC STAFF	(511)	Book well in advance
CERAMICS	BUILDING 81	SEE ARTICLE IN VOXAIR JAN THOMPSON			888-8653	Classes available
COSOM HOCKEY						
DEPENDANTS	WESTWIN GYM	SAT	1330-1530	DEPENDENTS CASUAL RECREATION PERIOD SERVICE PERSONNEL PICK-UP LEAGUE		
SERVICE PERS.		MON - THU	1630-1730			
CUBS (NORTH)	BUILDING 81	MON	1830-1930	SGT LORNE SHROPSHIRE	885-2694 (766)	
(SOUTH)	LIPSETT HALL	THU	1900-2230	LT YOUNG	(679)	Still Openings
CURLING CLUB	WESTWIN	-	-	CAPT JIM VAN DUSEN	489-8011 or	WESTWIN Ph. 832-0027
ONE CLUB (2 RINKS)	FOB	-	-	(MEMBERSHIP CHAIRMAN)	888-0113	FOB Ph. 888-4354
JUNIOR CURLING	WESTWIN & FOB	-	-	CPL BOB NICHOL	837-6221	
DOG OBEDIENCE	BUILDING 21	MON	1930-2100	LORNA TRUE	774-8196 (Between 5 & 7)	We teach you to train your dog
DRAMA	STUDIO 22	TBA	-	MCPL MYMKO	985-3680	Requires members
FAMILY FUN	WESTWIN	SUN	1330-1530	MWO LES WHITE	(509)	Parents must be accompanied by their children.
FAMILY REC	LIPSETT HALL	MON & FRI	1800-2200	SGT ARCHIE PYKE	888-5021	
FIGURE SKATING	ST JAMES ARENA	FRI	1715-1800	MRS McSWEEN	889-0248	Badges one to eight
GOLF	BEL ACRES	-	-			
GUIDES (SOUTH)	LIPSETT HALL	MON	1900-2100	MRS IRENE WOLFE	489-2873	Still Openings
(NORTH)	JAMESWOOD SCHOOL	WED	1830-2000	MRS EUNICE NEUFELD MRS KAECHLER	837-5709 889-3792	Still Openings
HOCKEY						
BASE REP. TEAM	ST JAMES ARENA	TBA	TBA	CAPT ART SCHOENROTH	(335)	
INTER-SECTION	ST JAMES ARENA	MON. WED. THU	NOON	CAPT ART SCHOENROTH	(335)	
MINOR	WESTWIN (Community Club)	TBA		MAJ IRVINE	(606)	
LADIES FITNESS	WESTWIN LIPSETT HALL	MON & THU MON	2000-2200 1330-1500	MCPL BONNAR SGT PYKE	(511) 888-5021	
		WED THU	0930-1100	SGT PYKE		
PHOTO CLUB	BUILDING 21	-	-	LT READE	888-8960	
RIFLE ASSOCIATION						
HAND GUN CLUB	BUILDING 90	MON	1900-2230	CWO DODD	(656)	
SENIOR CLUB	BUILDING 90	WED	1900-2230	CWO DODD	(656)	
SCOUTS (NORTH)	BUILDING 81	WED	1900-2100	CPL BOB VASS	888-1821	
(SOUTH)	LIPSETT HALL	MON	1930-2100	CHICK YOUNG	489-2687	Still Openings.
SKIING						
ALPINE	MT AGASSIZ	WEEKENDS	-	WO GORD INGLEHART	889-5141	Bus transportation provided.
CROSS COUNTRY	WESTWIN SKI TRAILS	-	-	CAPT LES PUTLAND	(344)	
SWIMMING						
RECREATIONAL	BOTH POOLS	MON. WED. FRI SUN	1800-2000 1330-1530	PERI STAFF	888-5021 or 511	
NOONS	BOTH POOLS	MON to FRI	1200-1300	PERI STAFF	888-5021 or 511	Service personnel and DND employees.
SYNCHRONIZED	LIPSETT HALL	TUE	1800-2000	DAWN WHITTEN	475-9546	Still Openings
VOLLEY BALL						
INTER-SECTION	WESTWIN	TUE	1800-2200	MCPL BONNAR	(511)	
BASE DEP. TEAM	LIPSETT HALL	WED	1800-2200	MCPL BONNAR	(511)	
WEIGHT TRAINING	BOTH GYMS	WHEN EVER GYM IS OPEN		PERI STAFF	888-5021 or 511	Centurian apparatus
WOOD WORKING	BUILDING 81			CAPT GIBSON	(685)	Members may sign for the key at the guard house
HOBBY SHOP				WO GRIST	(753)	

Home Away From Home at CFB Ottawa

OTTAWA(CFP)—You'll hear comments such as a "home away from home," "service people helping service people," and "sharing a common crisis."

What they're talking about is a humble and unpretentious, one-storey building at CFB Ottawa in Rockcliffe, almost indistinguishable from the scores of others on the base.

But what makes the difference is the humanitarian service that goes with it, thanks to the base's chaplains and an energetic group of wives.

It's called Halifax Lodge. Created and operated by the chaplains and associated women's auxiliaries, it is a temporary home for wives and mothers of military personnel undergoing treatment at the National Defence Medical Centre (NDMC) here.

Uprooted from domestic duties in a matter of hours, they arrive in Ottawa as strangers, with very little in the way of financial or emotional reserves, and having no choice but to seek expensive and impersonal public accommodation for up to several weeks. It resulted in more stress for those hospitalized.

To Captain D.H.T. Fuller, the NDMC chaplain, this was an unacceptable situation, so in 1971 he proposed that one of the base buildings be converted for use as accommodation for visiting wives and mothers. The base commander, then Colonel C.S. Olsen, added his weight to the project. A former base commander's residence was selected, and the base provided a scrubbing-out and a fresh coat of paint.

EMERGENCY FORCES ISSUE

There matters rested until May, 1972, when an emergency forced the issue. At NDMC a serviceman was dying. His wife and three small children were to be flown to Ottawa from Europe to join him. Halifax Lodge, still unfurnished, had to be ready for the family in four days.

Mrs. Patricia Couvrette, a volunteer assistant to the lodge recalls what happened.

"The call went out by phone, parish bulletin and word of mouth, and the response was overwhelming.

"Many items had to be purchased, and fortunately we were given a loan. Husbands rallied as usual, and spent many hours after work assembling beds and furniture, hanging curtain rods and drapes, pictures, and doing general carpentry and plumbing work. The task was completed in record time."

Chaplain Fuller later reflected on the beginnings of his project:

"Each arriving person brought something for the lodge — dish-cloths, pictures, and a host of knick-knacks to complete the home.

"Above the fireplace in the livingroom is a photo of the Second World War Halifax bomber. The lodge is named to honor the Halifax squadrons and the aircrews who flew them out of Bomber Command in England.

"Just as the 'Hallies' helped ensure our freedom from worry and concern, so Halifax Lodge will help relieve the housing worries of its users," said the chaplain.

SIZE DECEIVING

The neat green-and-white frame house does not, at first glance, look large enough for its function. Such doubts are immediately dispelled when you step into the spacious living-room.

HALIFAX LODGE



Halifax Lodge, at CFB Ottawa (N) in Rockcliffe, is a home away from home for wives and mothers of military personnel undergoing treatment at the National Defence Medical Centre here.

(CANADIAN FORCES PHOTO)

Clean and well kept, the lodge nonetheless has a distinctly lived-in look, provided by the completeness of its furnishings. Television, automatic washer and dryer, and a kitchen fully equipped, except for food, provide all the comfort and convenience of home.

"Basically, what we provide is a low-cost housekeeping facility," explained Captain Rod Ives, a chaplain at the base. "It eliminates the requirement for people to pay \$20 to \$40 a day for hotel or motel accommodation."

A fee of \$2.50 a night is charged. Occupants are expected to supply their own food and transportation. The Ottawa bus to NDMC stops just outside the lodge, and the military police provide transportation in emergencies. The base groceteria is nearby. On departure, visitors are expected to tidy the lodge, empty garbage, and launder the linen.

Bringing children to Halifax Lodge is not encouraged, but they can be accommodated in emergencies. Babysitting is not available, but often it has been possible to have children staying in Halifax Lodge attend the base school while there.

74 GUESTS

"The lodge housed 74 people last year. Summer and Christmas are the slow periods," said Padre Ives. "NDMC tries to keep patient loads down at those times of year, particularly with heart surgery that can wait a few weeks."

A recent amendment to Canadian Forces administrative orders allows dependents of a hospitalized service member to claim reimbursement for travel and accommodation expenses, if the doctor involved is prepared to recommend that their presence would be beneficial to the patient.

"Even with that, I don't think our operation has slowed down any," said Padre Ives. "Very often the attending physician doesn't make this kind of recommendation, because he doesn't consider it necessary. Also, many of the people who come would rather stay in a place like Halifax Lodge than go to a hotel or motel. At least when they're here, there are often two or three other ladies with them, sharing a common concern."

Day-to-day operation of Halifax Lodge is the responsibility of the bases' Catholic Women's League and the Protestant Ladies Guild. They provide two duty people who are on call at all times to help and advise guests at the lodge.

Margaret Sinclair, Alice Colwill, and Edith Mockler are three of the approximately 40 women who make themselves available. They've been involved in the project for some time, and

their comments give a picture of life at Halifax Lodge.

"They use the lodge mostly to sleep and eat breakfast," said Mrs. Sinclair. "Most of them spend from about 10 in the morning to 9 o'clock at night at the hospital."

"The lodge holds about seven people... well, we had nine at one time last month, but that was stretching it a bit," added Mrs. Colwill. "They seemed to enjoy themselves. They had a real good time."

"I guess the average length of stay is about five or six days," reflected Mrs. Mockler. "Most of the guests are wives of heart patients, but we have had a sprinkling of others."

"There was a family who were burnt out of their home and had to stay here. A man and wife can stay here, too, if no one else is here. That happens, for instance, if the parents of a young serviceman come to be near their son in hospital. We've had RCMP wives stay here, and once even a customs officer."

FEW COMPLAINTS

Mrs. Sinclair, looking back, commented, "we've really had very few complaints or problems. There is no bathtub, and there have been a couple of people who couldn't use a shower, but that's all we have. One lady had her arm in a cast and couldn't get it wet, so she had to find someplace with a tub."

"A few came with the mistaken impression that we provided some sort of maid service and cooking for them," added Mrs. Colwill, "but we don't. They have to do their own cooking and housekeeping."

The base chaplaincy records contain a thick collection of letters attesting, in simple, touching language, to the value of the service Halifax Lodge provides.

"It would have been impossible for me to stay in Ottawa those two weeks if I hadn't had Halifax Lodge to go to. Everyone was so helpful to me while my husband was having cardiac surgery. I will always remember and feel grateful to two fine ladies, the two duty persons for January..."

"The people responsible for the cottage never really know what it means to folks such as ourselves, coming to Ottawa from a small town. My husband has a heart ailment, so, being in the lodge, I was able to cook his food according to the doctor's orders."

Although the lodge has been publicized, knowledge of it is still not too widespread. The most effective method appears to be word of mouth, as in the case of one woman who, having hastily boarded a service flight to Ottawa, confided her worries about accommodation to a fellow passenger.

"Go to the base," she was told. "They will take care of you."

C.F.B. Dog Obedience Club

We will be starting classes again in January.

Our classes are for all dogs; training for the show ring or for your personal satisfaction.

We will be starting classes again in January. Registration night January 17th at 1930 hours. (No dogs that night)

Limited registration. Register early. Fees \$12.00 for 12 weeks, conformation fee only \$6.00.

Interested in our winter session. Contact.

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THE TOP TRAINING CLUB IN MANITOBA IS OUR OWN CFB DOG OBEDIENCE CLUB

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DID YOU KNOW? That from a start of 8 dogs and 1 instructor 5 years ago, we have grown to a thriving club of over 100 dogs and 10 instructors.

DID YOU KNOW? That our principle aim is to help service wives, who are often alone, to have a well trained dog that is both a mannerly companion and a protector. Our secondary aim is to educate the public to the responsibilities of owning a dog in view of the current city wide dog problem.

DID YOU KNOW? That we promote interest in dogs as a sport and hobby, to accommodate those who enter the numerous dog shows and obedience trials held in Winnipeg and throughout Canada.

DID YOU KNOW? That Monica Torrance, who has been our training director for the past 5 years, is a CKC licenced trial judge. In the past month she has judged in Belleville, Ontario and Regina, Sask.

DID YOU KNOW? That upon request we have willingly helped other clubs, most recently the Parkland Kennel Club in Dauphin, to set up their basic training schedules.

DID YOU KNOW? We have given freely of our time to put on displays at Senior Citizens' Homes, Institutes for the Handicapped, Beavers, Cubs and Guides. Presently we are requested to put on our display at Lipsett Hall for a city-wide rally of Cubs in January.

DID YOU KNOW? That we have accepted challenges from other clubs in the city. Due to the quality of training we have attained High Score in Trial (not less than 10), High Score in Class (not less than 20). In conformation, our dogs have been group winners and placers. Puppies from our classes have not only won their groups but have gone as far as Best Puppy in Show.

DID YOU KNOW? We offer training for purebred and mixed breeds from 3 months to 6 months in a basic puppy obedience class? In addition to this class, we also offer classes for beginner dogs over 6 months of age at the beginner level. Once a dog has completed the beginner level he may go on to Graduate novice, working for his CD (companion dog), then on to Open class for his CDX, and so on to the Utility class for his UD, the most advanced level.

DID YOU KNOW? We also offer Conformation classes for those purebreds wishing to compete in championship shows. One of our conformation instructors, Mr. Bill Nixon, is a licenced CKC all-breed judge and travels to shows right across Canada.

DID YOU KNOW? That under the guidance of our obedience director, Mrs. Monica Torrance, the instructors themselves go to classes to offer consistency and the most up-to-date methods of training.

DID YOU KNOW? All the time of our Training Director and instructors is donated. They also take an active part in the many dog shows throughout the year.

DID YOU KNOW? In addition to training, our instructors offer counselling on individual problems. Based on their knowledge and experience.

DID YOU KNOW? All fees collected through the classes are channelled back into the club for better equipment and/or to assist base facilities in need such as the Base Library; donations to the Humane Society and other charitable organizations.

As a matter of interest our fees are kept at a minimum level. Basically, we feel our classes offer a public service, both to the forces personnel and to the surrounding residential area.

"A TRAINED DOG IS A GOOD CITIZEN"

Lorna True

President

Monica Torrance

Director

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NATO Land Forces

Canada's initial contribution to NATO land forces in Europe was the 27th Canadian infantry brigade group which arrived in Germany Dec. 31, 1951.

Did you hear about the publisher who told the author, "Your novel is excellent, but right now I am looking for trash."

Usually the first thing the new stenographer types is the boss.

Promotions/Retirements in AIR COM Maintenance Support Section



COL. J. A. Torck, DCOS Maintenance on behalf of the Commander, officers and other ranks of Air Command Headquarters presents CWO Lesnick with the Air Command plaque. (BASE PHOTO)



The "Chief" accepts a photograph album that records his near 35 years of service in the RCAF and CF from LCOL. E. J. Niles SSO Maintenance Support. (BASE PHOTO)



Well known at CFB Winnipeg MWO Bing Shearer is presented with his new rank insignia by LCOL. E. J. Niles SSO Maintenance Support. CAPT. K. A. Skundberg of the Maintenance Support Section and CAPT. L. E. Weiss Base Training Officer are obviously as pleased as the recipient. (BASE PHOTO)



(BASE PHOTO)



Miss Vera Boyd of the Maintenance Division, Air Command Headquarters was honoured on her retirement after more than eighteen years in the Public Service by the staff members in Building 16. CAPT. K. A. Skundberg presented Vera with a Certificate of Appreciation signed by the Prime Minister. LCOL E. J. Niles SSO Maintenance Support stood by ready to assist in cutting the cake which was suitably decorated with the Air Command Crest. (BASE PHOTO)



CWO. Jim Craig is presented with his new rank insignia by DCOS Maintenance COL. J.A. Torck. (BASE PHOTO)

NEVER SAY DIET — An overweight grandmother, despite many warnings, insisted upon cheating on her very strict diet. One time she went too far and had to be rushed to the hospital. The only bed that the hospital had available was in the maternity ward; hence grandma was assigned

to it. Her wee granddaughter was waiting outside the maternity ward the next day, when a visitor inquired, "What are you doing here, little girl?" "It's my grandmother," explained the little girl brightly, "She's been cheating again!"

It is impossible for women to become as great as men - they have no wives to advise them.

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IF YOU FIND
MISTEAKS



MISTEAKS

— please consider that, in this publication, they are there for a purpose. We publish something for everyone, and some people are always looking for mistakes.

only results in increased tire wear, not better traction. If you need extra traction use snow tires or chains.

- Adjust your driving habits to suit winter conditions. Avoid a sliding crash into the car ahead by increasing your stopping distance. Make turns, speed changes and lane changes slowly to avoid bad skids on ice and snow.

- Never jam on your brakes when the surface is slippery. You'll only lock your wheels and go into a skid. If this happens, take your foot off the gas and steer in the direction the rear of the car is skidding. As soon as the car begins to straighten out, straighten out your front wheels.

- Stopping your car on winter roads is much more difficult than on dry pavement. Anticipate stops and slow gradually. Pumping the brakes with rapid jabs allows you to keep the wheels rolling while retaining steering control.

- To get your car rolling, start gently, letting the tires bite into the snow. Spinning only make things slicker and your wheels dig in deeper.

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HANDY TO CFB WINNIPEG
NORTH SITE

Promotions



SGT. Mike O'Leary is congratulated on his recent promotion by Major I. J. Wilkinson BAMEO. (BASE PHOTO)



Receiving congratulations on his promotion to Corporal is Phillip Reimer, Safety Systems Tech with the BAME organization. Doing the congratulating is Major I. J. Wilkinson, BAMEO. (BASE PHOTO)

Prot. Chapel South

THE LOVING MESSAGE
IN A TOUCH

COMFORT, ENCOURAGEMENT
SYMPATHY, SUPPORT —
ALL THESE AND MORE
CAN BE EXPRESSED
WITH A TOUCH

Not long ago a couple went to a marriage counsellor with an unusual problem. The wife violently objected to being touched. Although she freely enjoyed her sexual relationship with her husband, she could not, to his bewilderment and hurt, bear the casually affectionate caresses he liked to give her hand or arm, or hair.

Another family, concerned about a teenage son's rebelliousness, consulted a psychiatrist who spent weeks trying to restore communication between the emotionally estranged boy and his father. Suddenly, one day, the father got up and embraced his son. The boy hugged back, and both began to cry. "It's the first time you've held me since I was a child," the boy said. "I always wanted to," his father replied, "believe me I wanted to, but I was afraid you wouldn't grow up to be a real man."

These incidents are not as unusual as they may seem. Whether we can admit it or not, many of us are painfully inhibited about touching and being touched by other people —

even those we love. Often, we fail to realize how this separates us from any real emotional contact with those who share our lives.

Reasons are not hard to find. The average American tends to think of bodily contact in terms of sex or combat — both of which are prickly with cultural and psychological taboos. Our puritan heritage leads many of us to disapprove of any touching as "sensual". And from our frontier days, when pioneers sought the wide-open spaces, and homesteads were miles apart, we often retain an aversion to physical closeness.

Those who've created this invisible barrier have lost something important: the part touch plays in giving encouragement, expressing tenderness, showing emotional support. Touch is a crucial aspect of all human relationships. According to family life expert Vidal Clay, "It's biologically essential to an infant: it restores the mind and body under stress; and it's the main avenue by which our need for intimacy is satisfied."

Yet, except in moments of extreme crisis, we often forget how to ask for — or to offer — this boon of a loving touch. We forget, for instance, how it can heal the wounds of a quarrel. I was told about a mother who tried reasoning with two daughters, eleven and twelve, to stop them from fighting bitterly over what to wear to a school party. When that failed, their annoyed father ordered them to be quiet, but they kept it up. It wasn't until the extremely upset mother impulsively flung her arms about both girls and held them tightly to her that the bickering stopped.

We are also inclined to forget how rewarding it can be to give and to accept the comfort of physical contact when we are

under stress. When my own wife was seriously ill and I visited her in the hospital, we spent hours simply holding hands — a gesture that was most sustaining for us both. Yet, in the ordinary run of life, it seems that even the most loving couple seldom link hands — either in times of sorrow and anxiety or in moments of peace and pleasure.

The real answer for families is the kind of touching that honestly expresses and fulfills the need we all have — from infant to grandparent — for a sense of closeness and acceptance. How do you overcome the obstacles that may have kept you from it in the past? Here are several suggestions — and cautions — gathered from some of the wisest people working on the problem: *If you believe touching is important and natural for a family, but are hesitant to do it, discuss the idea with your family first.

*Begin by performing simple acts of physical contact that are customary in some — but far from all — families: kissing goodnight or good morning, hugging when greeting or saying farewell, clasping hands when church services are over (a Quaker ritual).

*Develop a stronger awareness of one another's physical presence.

*Remember that a gesture, a glance, a tone of voice can all be part of touching-at-a-distance.

*Touch yourself — to get a sense of body awareness, or how you might feel to another, or simply to overcome inhibitions about physical contact.

*Learn to discern when others are in a mood to be touched.

*Be emotionally honest when you do touch.

*Try to make the act of touch a source of comfort and reassurance.

*Realize that touching does not always have a sexual connotation.

"Touch," said Dr. Otto, "is always an exchange, if not a sharing. We grow through touch, and we enable others to grow."

Not long ago I came across a bit of doggerel in, of all places, the Official Guide to the London Zoo. It seemed, in an oddly apt way, to make the whole point:

"The rhino's skin is thick and tough,

And yet this skin is soft enough

That even rhinos always sense A love enormous and intense!"

Quotation by

NORMAN M. LOBSENCE

"One thing that is impossible to give away is kindness. It always comes back doubled."

You can never tell, maybe a fish goes home and tells lies about the size of the bait he stole.



LT. J. J. Guerard, recently posted to CFB Winnipeg from CFB Bagotville, is congratulated on his promotion to Captain by the BTSO LCOL. J. E. McNeil. Looking on with approval is the BTNO CAPT. S. F. Crooks. (BASE PHOTO)

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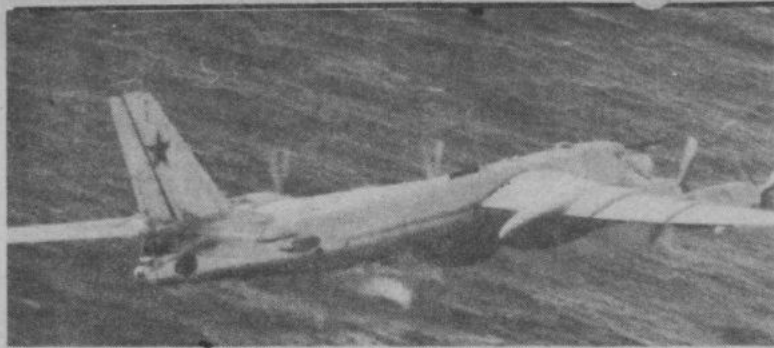
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Soviet Tupolev TU-95 "Bear D" is used mainly for maritime reconnaissance, but has the capability of providing targeting data to missile launch control and guidance stations for both air-to-surface and surface-to-air anti-shipping missiles. Soviet aircraft operating into Canadian control sectors off the North American coasts are monitored and intercepted by CF-101 Voodoo fighters of Air Defence Group.

(CANADIAN FORCES PHOTO)

Continued

form both an airborne and air-portable formation. Forces in Calgary and Quebec remain intact, as they are.

OLYMPICS

As the attention of Canadians, and most of the world, zeroed in on the thrills of the mid-summer Olympic Games, the spectacle, by then, was the culmination of months of planning and work by thousands of members of the Armed Forces.

It was the biggest military undertaking by Canadians since the Korean operations in the early 1950s.

About 16,000 uniformed men and women were directly involved in a variety of roles vital to the

NORTH OF 60

Meanwhile, far removed from hectic Olympic activities, it was business as usual for other thinly-spread sailors, soldiers and airmen assigned responsibilities in Canada's far North.

The Arctic, to some a land of sturdy flowers and smiling Eskimo children, is something else to Canadian servicemen who fly there, work and live there, for months at a stretch.

Apart from being a busy jumping-off place for military training exercises, the North is where military engineers, map-makers, defence scientists and radio and radar technicians, and others through the years, have helped carve inroads for other Canadians to follow.

A fearsome prospect for the Forces is the possibility of a major airline disaster in the North's inhospitable stretches of tundra,

airstrips. The cairns contain tents, stoves, food and equipment for emergency use.

Sited to be conspicuous from all directions, each displays a sign in English and French, and in Indian and Eskimo dialects.

LOST, FOUND AND CONFUSED

Search and rescue statistics for the first nine months of the year show that the Forces' four Rescue Coordinating Centres across the country reported a total of 5,814 incidents.

Of these, 1,919 were classified as air, 3,244 as marine, 584 as humanitarian and 67 of a civil-aid nature.

During the same period, Forces search and rescue aircraft flew 6,838 hours looking for lost people, planes and boats. Other government-owned and private aircraft flew another 1,368 hours.

Of 931 alerts triggered by electronic locator transmitters in aircraft during the first three-quarters of the year, only 18 were real emergencies, and military aircraft flew more than 500 hours tracing false alarms.

200-MILE FISHERIES ZONE

On Jan. 1, 1977, the Canadian Forces will have taken on an added role, with the extension of Canada's fisheries zone to 200 nautical miles.

Ships and aircraft will be tasked for surveillance and enforcement in the new zone, along with other federal departments. Officials say that, although the commitment will further stretch military resources, they are ready and confident they can meet the requirement, as so far determined.

Specific activities, in terms of hours and days required for aircraft and ship patrols, have been determined, but they point out that some adjustment to the Forces' contributions may be necessary in the future, when such factors as fishing patterns and international acceptance of the new zone are known.

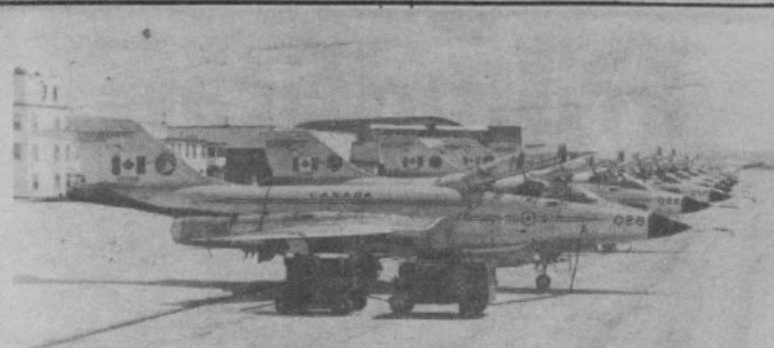
They caution that there is a limit to the number of hours and days that Canadian Forces' ships and aircraft can be assigned tasks unrelated to their North American defence and NATO roles, before combat readiness of both men and equipment is downgraded.

The tasks to be undertaken Jan. 1 aren't exactly new to the Armed Forces. They have been performing increasingly in this role since last April, in support of surveillance requirements for the Department of Fisheries and the Environment for the International Commission for Northwest Atlantic Fisheries (ICNAF).

SCIENTIFIC ADVANCE

Defence research scientists continued to gain international recognition in various research and development fields. Included were laser developments at Valcartier, Que.; contributions in the field of man and his environment at the Defence and Civil Institute of Environmental Medicine in Toronto; shock and blast work at Suffield, Alta.; and radiation surveillance instrumentation and underwater detection work.

They were also at work on military operations in the Arctic, including the design of lightweight Arctic gear, specialized vehicles, armament and communication equipment, shelters, food, medical support, energy sources, and surveillance and detection equipment, among others.



CF-101 Voodoo fighter aircraft are positioned on the ramp at CFB Bagotville, Que.

(CANADIAN FORCES PHOTO)

SPY-PROOF PHONES

Evolution in the field of communications came to National Defence headquarters in Ottawa during the year with fibre optics. The system provides certain key elements with internally secure, virtually untappable telephone and closed-circuit television communications.

The fibre optics concept has light speeding along a glass wire, replacing an electrical pulse. For security purposes, fibres have big advantages over copper wires, because they don't leak light, as wires leak electricity, the source of modern-day tapping.

PEOPLE IN UNIFORM

The Armed Forces proved to be particularly attractive to women during the past year. About 2,000 are now on a waiting list to join, with a surplus of applicants for classifications and trades offering professional

About 62,000 cadets belong to 966 cadet corps across the country, from Newfoundland to Vancouver Island, and as far north as Cambridge Bay in the Northwest Territories. Training is oriented towards leadership, citizenship and physical fitness.

During the year, cadets attended summer camps, cruised the oceans, and took part in exchange visits to the U.S. and Europe.

The spirit of International Women's Year still flourished in the Armed Forces in 1976. Two qualified as firefighters and now are serving in Comox, B.C., and Edmonton. Although several work in air traffic control, Lieutenant Sue David of London, Ont., was the first to become an instrument flight rules controller.

Both married and single women serve on U.N. peacekeeping duties in the Middle East, and 140 have completed six-month tours of duty there since March, 1975.



MND visits Cyprus. Defence Minister Barney Danson tours the confrontation line in the old city of Nicosia, Cyprus, during his recent visit to CANCONCYP. Mr. Danson is accompanied by Lieutenant-Colonel Dave Ellis, commanding officer of 2 Battalion RCR from CFB Petawawa, now on United Nations duty in Cyprus. Mr. Danson was on a three day visit to the Canadian contingent prior to attending NATO ministerial conferences in Brussels.

(CANADIAN FORCES PHOTO)

success of the Games — both at centre stage and behind the scenes — in Montreal, Kingston and other sites.

Air and road transport, logistics, medical support, security and spectator control were some of the more visible missions. Hundreds of others, including defence civilian employees, labored months in advance behind the scenes.

When it was all over, a general message to the Forces said that they had reached another plateau in the concept of service to the country, and that it was not by chance that the spectacle was carried off with the absence of violence.

With the extinguishing of the Olympic flame, they were told, "another had been lit, quietly and unceremoniously, in the minds of Canadians," and that their "dedication and professionalism" were indicative of their potential in their prime role.

snow and ice.

Training in emergency rescue procedures continued in 1976 in exercises such as "Northern Rescue," where servicemen camped out in frigid temperatures to test their para-rescue teams. Assessment and evaluation of rescue procedures in the north is an ongoing project.

Meanwhile, down in semi-tropical Florida, Canadian Forces search and rescue specialists were busy demonstrating how serious they regard the mission. In a four-day competition involving specialists from both the U.S. and Canada, they walked off with top honors.

Back in the north, Canadian soldiers resumed training in Exercise Northern Viking, designed to sharpen skills for living, working and fighting in the Arctic.

SURVIVAL CAIRNS

A new twist was added this year by building and equipping survival cairns near northern



Members of the Cameron Highlanders of Ottawa militia regiment storm ashore during assault-boat training at CFB Petawawa, Ont.

(CANADIAN FORCES PHOTO)

training and experience, such as engineering.

And while quality and numbers of men applicants remained high, there were shortfalls for the strenuous and demanding combat arms trades in the army, and seagoing trades in the navy. Also, despite increased emphasis, not enough Francophone applicants were attracted to all trades and officer classifications.

Another problem, despite the offer of considerable benefits, was recruiting doctors and dentists.

Steady progress is reported in the Forces' bilingualism and bicultural program, now five years old. Francophone representation now stands at 23.3 per cent, and it is expected to reach 27 per cent in the next 15 years, by 1992.

In a mixed class of 191 students at a junior leadership school at CFB Borden, Ont., Corporal Jeannie Boon of Lethbridge, Alta., won the top student award.

Women represented 4.9 per cent of the Regular Force, and 19.1 per cent of the Reserves.

They also took part in all of the Forces' university training plans, and now are employed in 16 officer classifications and 52 trades for other ranks.

The Forces played a role in the lives of about 9,500 students across Canada last summer, through the government's Student Summer Employment and Activity Program (SSEAP).

Continued Next Page



Water landings are routine for Voyager helicopters of the Forces' search and rescue squadrons.

(CANADIAN FORCES PHOTO)



Members of the Combat Medical Support Unit from Lahr, West Germany, give an anti-typhoid vaccination to an Italian child during earthquake relief operations in northern Italy.

(CANADIAN FORCES PHOTO)

Continued from page 18

They took part in either the community assistance program, the Reserves, or Cadet organizations. The Forces' share of the government's total program was \$7.5 million, more than 30 per cent of the total.

During 1976 the Forces numbered about 80,000, including 13,000 officers, 2,300 officer cadets, and 64,700 non-commissioned ranks. Included in this number are approximately 700 women officers and 3,300 other ranks.

The Reserve Force has about 33,000 men and women, approximately 21,000 of which are in the Primary Reserve. About 400 members of the Primary Reserve currently are on full-time duty with the Regular Force in Canada, Cyprus and the Middle East.

In Europe, Canadian soldiers and airmen were among 42,000 troops from 15 countries taking part in Autumn Forge, a series of fall exercises to test NATO's flexibility and quick-reaction capabilities.

In September, Maritime Command ships and aircraft were committed to Team work 76, one of NATO's largest exercises in its 27-year history.

A fleet of 275 allied warships and 200 aircraft provided support when 7,000 U.S., Dutch and British marines landed in northern Norway in a mock landing "opposed" by other NATO forces. More than 80,000 men were involved in the show of solidarity and cooperation on NATO's isolated northern flank.

Earlier in the year, Canadian soldiers and airmen were in Norway for Exercise Atlas Express, a major eight-nation manoeuvre 200 miles inside the Arctic Circle.



Sea Cadets begin with the basics - knot-tying. (CANADIAN FORCES PHOTO)

The Defence Department employs about 33,000 full-time civilians, about 120 part-time, and about 5,000 on an irregular basis.

PEACEKEEPING

Canada's peacekeeping operations continued at a relatively quiet pace in 1976 in Cyprus, the Middle East and elsewhere.

There are about 500 Canadians in Cyprus, about 1,000 on various assignments in Middle East countries, nine in Pakistan, and one officer and one NCO with the U.N.'s command in Korea.

COMBAT READINESS

A series of rugged training exercises throughout the year, geared to maintain a state of combat readiness for navy, army and air force elements, took place at home and abroad.

EARTHQUAKES

In February, when an earthquake claimed more than 22,000 lives and caused widespread devastation in Guatemala, Canadian Forces' aircraft flew supplies to the stricken area. Tons of powdered milk, medical supplies and blankets were moved during a week-long, round the clock venture by Boeing and Hercules transport aircraft.

In early May, earthquakes struck again, this time in northern Italy. A total of 300 Canadian troops from their base in Lahr, West Germany, were rushed by air and road to the scene.

For a month they assisted Italian authorities in keeping order, clearing debris and providing food and water.

One Canadian lost his life in the operation when his helicopter crashed.

CIVIL AID

The Forces also responded to calls for assistance at home, too, when inmates rioted at federal penitentiaries. In late September, 150 troops from Chilliwack, B.C., and Calgary were rushed to New Westminster, B.C., following a wrecking spree by prisoners.

Three days later, prisoners at the Laval Institute in Montreal rioted and set fire to a cell block, and 300 soldiers were rushed to the prison from Valcartier, P.Q., by trucks and helicopters.

In both cases, the troops provided security at prison entrances, on the perimeters, and on and around the walls.

ENERGY SAVINGS

Energy conservation paid off in large savings for the Defence Department during the year.

An interior lighting-reduction program implemented at National Defence headquarters in Ottawa will mean an annual saving of about \$200,000.

Comprehensive energy conservation plans are being designed and implemented by all Armed Forces elements across the country, with assistance from the Department of Energy, Mines and Resources.

THE FIRST 100 YEARS

Marking 100 years of operation last June was Canada's Royal Military College at Kingston, Ont.

The institution began in 1876 with an enrolment of 18 cadets, the "old eighteen," and next year more than 200, the largest class ever, will graduate.

There are 5,652 graduates at RMC, including several distinguished Canadians such as the late Air Marshal Billy Bishop, V.C., and the late General H.D.G. Crerar, commander of the First Canadian Army during the Second World War.

To mark the centennial, 300 cadets paraded on Ottawa's Parliament Hill to receive a new Queen's color from Canada's governor general. Kingston also honored RMC by granting the "freedom of the city," which included a parade through the streets by cadets.

SNOWBIRDS AND SKY HAWKS

The Snowbirds, a nine-plane formation of Tutor jet-training aircraft, looped and rolled before millions of spectators in U.S. and Canadian skies during the year.

They performed in 75 shows, including salutes to the Olympic Games in Montreal, and July 4 U.S. Bicentennial observances in Philadelphia. They perform their manoeuvres at speeds from 90 to 350 knots, and as low as 300 feet off the ground.

Also soaring and swooping in 26 performances through eight provinces and two territories during the summer was the 12-man Sky Hawk parachute team.

Their demonstrations include free falling for up to 45 seconds, and dropping at speeds from 12 to 200 m.p.h., from as high as 10,000 feet.

WHEELS

On the ground an army may travel on its stomach, but a fleet of sturdy, modern transport trucks helps, too, and that's what the Forces got in 1976.

In the light, mobile 1½-ton variety, they accepted delivery of



Members of 440 Transport and Rescue Squadron at Edmonton give first aid to a simulated aircraft-crash victim during the medical phase of a search and rescue training exercise. (CANADIAN FORCES PHOTO)

part of an order of 2,848 trucks. The vehicles are earmarked for all field forces and supporting units in Canada, and also for NATO and U.N. peacekeeping operations abroad.

Another acquisition involved 489 five-ton heavy transport and cargo trucks, including spares, tools and manuals, at a cost of \$27.3 million.

REWARDS

Conspicuous merit and exceptional service earned the Order of Military Merit for 109 officers and men during the year, who were invested at Government House in Ottawa by Governor General Jules Léger.

In addition, for performances of deeds and actions beyond the call of normal duties, Chief of the Defence Staff Commendations were awarded to 47 members of the Forces.

during a traffic accident, at the cost of his own.

FOREIGN TROOPS

Foreign military uniforms also were part of the Canadian scene during the year. British infantry, artillery and engineer units, German tank units and Dutch pilots trained at bases in Canada, and an agreement was signed with Portugal to train small numbers of Portuguese troops with Canada's mechanized brigade group on NATO service in West Germany.

For the second year in a row, Canada and Australia took part in training exchanges. For a six-week period, 150 soldiers from CFB Valcartier, P.Q., underwent jungle and coastal warfare training in Australia, while a similar number of Australians came to Canada to undergo training in peacekeeping operations.



Canadian soldiers prepare a camouflaged position in northern Norway during exercise Atlas Express. (CANADIAN FORCES PHOTO)

Italy's most prized civil decoration for valor was awarded posthumously to Captain Ronald McBride, 42, of Toronto, the Canadian helicopter pilot who lost his life in a crash during earthquake-relief operations in northern Italy May 16.

Two members of his crew injured in the mishap were awarded the Italian Silver Medal of Valor.

The Cadet Award for Bravery was awarded posthumously to 13-year old Leading Air Cadet Gordon Lapointe of Sudbury, Ont. While on duty as a member of a school safety patrol, he saved the life of a four-year old boy

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In
'77

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drive with care!**

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The quickest way to wipe out a
friendship is to sponge on it.

The problem with weather
forecasting is that it's right too
often for us to ignore and wrong
too often to rely on.

A good woman inspires a man;
a brilliant woman interests him;
a beautiful woman fascinates him
and a sympathetic woman gets
him.



Lovely Sunken Gardens' lumberjill, Karen Harp, may log a lot of
hours among the stately Florida Oaks, but frankly she'd be stumped if
we axed her to start barking up the right tree.

Courtesy: Florida's Sunken Gardens
Publicity Dept.
1825 - 4th St., No.
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EX Base Exchange

Starting 1 Jan 77 and every 8 weeks thereafter,
customers purchasing gasoline in Canex outlets become
eligible to win attractive prizes, such as the following:

COLOUR TV
SOUND SYSTEM
DISHWASHER
MICROWAVE OVEN
BLACK & DECKER POWER TOOL SET
SAMSONITE HIS & HERS LUGGAGE
TWO '77 FORD GRANADAS

For every \$5 purchase of gasoline the customer will receive an entry
ballot (\$10 purchase — 2 ballots etc.) The customer fills in the ballot
and drops it in the ballot container located at each gasoline outlet.
At the end of 8 weeks a draw will be made for one of the major
prizes. All ballots will then be retained for the national car draws in
June and December.



JR Ranks Club

ENTERTAINMENT SCHEDULE

JR. RANKS MESS

Jan. 14th & 15th — Dancing from 9-1 featuring "Raintree". Guests
\$4.00 per couple.

Jan. 21st — TGIF with food. Dancing to "Grand Daddy" from 9-1.
Guests \$4.00 per couple.

Jan. 22nd — Another great night of dancing to "Shuxs" from 9-1.
Guest \$4.00 per couple.

Jan 28 & 29 — Music man. T.B.A.

Be watching your Voxair and entertainment calendar for upcoming
news on the CFB Winnipeg Winter Carnival.

NFPA Refutes Nader Charge on Ionization Smoke Detectors

"By recommending that
ionization smoke detectors
protecting some four million
homes be recalled, the Public
Citizen Health Research Group
has created a potential danger to
human life," according to Charles
Morgan, President of the National
Fire Protection Association.

"If people abandon the
protection these detectors afford,
they could expose their families
to death from the fire and smoke
that claim several thousand
victims each year," Morgan said
recently in a national news
release. "Others could suffer
painful burn injury that could be
avoided if they had the benefit of
an early fire warning," he added.

Morgan said the Nader group
"preferred not to examine a
substantial amount of conclusive
scientific evidence that blows
their case out of the water. If they
did use a combination of common
sense and a legitimate scientific
approach, then I suppose there
would be no opportunity for their
press release.

"NFPA has studied the
evidence and agrees with the
Nuclear Regulatory Commission's
conclusion that there is much less
radiation danger from an
ionization smoke detector in the
home than an individual
experiences in his normal daily
environment, such as exposure to
the sun and watching television,"
Morgan said.

He cited a letter to the Group
from Kenneth E. Chapman,
Director of the Office of Nuclear
Material Safety and Safeguards of
the U.S. Nuclear Regulatory
Commission. Commission reports
show that the annual normal
radiation exposure from daily life
activities is 200 times the amount
a person would get from an
ionization detector in his home.
The comparison was based on the
unlikely event that a person
would remain within 10 inches of
the detector for eight hours a day
for a year.

The NRC report also pointed
out that it would take 10 years of
eight-hour-a-day detector
exposure to equal the radiation a
person receives from a single
round trip flight across the United
States.

Tests show that under
abnormal or accident conditions,
such as a fire, radiation near the
scene of the fire would be
negligible, the Chapman letter
said.

Chapman, in a letter to the
Nader group, criticized their report.
"It contains no new information.
It is incomplete and reaches
conclusions not justified by
specific data and analyses." Chapman said the Commission is
concerned that the Public Citizen
report, which also calls for a ban
on manufacture of the ionization
devices, will cause "unjustified
apprehension and confusion in the
mind of the public" and will
result in "risk to life and property
through precipitous removal of
the detectors."

The NRC established
regulatory requirements for the
detectors in 1969 and has
required extensive testing of the
devices. In its reply to the Public
Citizen group, the NRC pointed
out several major omissions of
evidence and fact by the group.

Morgan said "I would urge
anyone who has an ionization
detector to leave it exactly where
it is. Smoke detectors save lives.
NFPA has ample evidence of this
in its fire records. The Public
Citizen stab for publicity is at
least irresponsible; I hope it
doesn't cause an increase in the
toll of 33 deaths and 820 serious
burn cases that occur in America
every day."