

Voxair

September 25, 1976 CANADIAN FORCES BASE, WINNIPEG Vol. 25, No. 16

Forces Receive New Heavy Duty Trucks



OTTAWA—Defence Minister James Richardson says the Canadian Forces have received the bulk of 489 new five-ton trucks ordered 16 months ago, and all should be in service by next spring.

They will strengthen the military's heavy-duty truck fleet and replace 128 well-worn veterans that are being retired from service, some more than 20 years old.

The American-built trucks were purchased last year from the U.S. army for \$27.3 million, including spares, tools and manuals. First deliveries began last month.

The truck is the heart of the Forces' surface cargo-moving system and is ideally suited to Canada's rugged terrain.

The trucks will soon be distributed to bases and stations across Canada, including Reserve units. More than 100 are destined for units on NATO duty in Europe.

The trucks are equipped with an economical but powerful Cummins diesel engine, power steering and five-speed manual transmission. Cross-country payload of the six-axled vehicles is five tons, but they can easily handle 10 tons on the highway.

Ninety-two of the trucks are being modified in Canada for special purposes: 46 will be fitted with rear-mounted cranes, 16 are being tailored for bridging work, and 30 have already been converted into low-bed trailers for hauling.

Late Bulletin

Forces 1976 Pay Package Delayed

The following message has been received from the Chief of the Defence Staff. . . .

Ottawa - "In past years the annual pay raise for most members of the Regular and Reserve Forces was announced in late September in advance of the 1 October effective date.

This year for the first time it is necessary that the proposed pay increase be approved by Anti-inflation board as well as the Treasury Board. Because of the new constraints guidelines and

regulations imposed by the Anti-Inflation Board we must know the movement of Consumer Price Index (CPI) from October, 1975 to the end of September, 1976 (12 months) as this index is one of the factors considered by the Anti-Inflation Board as part of the pay adjustment methodology. The 1976 consumer price index will not be available prior to 7 October, 1976.

Therefore, the submission to the Treasury Board and to the Anti-Inflation Board cannot be

Canada Trains Portuguese Troops At Lahr

OTTAWA—Defence Minister James Richardson announced that a memorandum of understanding has been signed in Brussels, by the Canadian and Portuguese Ambassadors to NATO, which makes provision for the training of small groups of Portuguese Military personnel with Canada's NATO Brigade Group in Lahr, West Germany.

This agreement follows negotiation between representatives of Portugal, Canada and the Federal Republic of Germany. Canada thereby joins other NATO Nations in helping Portugal to assume a more active military role in the alliance.

The first group joined 4 Canadian Mechanized Brigade Group in Lahr, Germany, on September 26 to observe and start training.

Mr. Richardson, in expressing Canada's willingness to provide this training to one of our NATO Allies, emphasizing that the program envisaged is not large, but, will include training of similar groups from time to time as opportunities present themselves.

approved until after 7 October, 1976, and it will be approximately October 15, before the results will be known and announced.

Every two years the environmental allowances are reviewed and adjustment approval sought from the Treasury Board where required. A separate announcement should be forthcoming within the next two weeks when Treasury Board approval has been obtained.

May I assure all of you that the results of the proposed pay adjustments will be announced with effect from October 1, 1976, that the current submission has retained the principle of comparability with adjustments are fair and equitable."

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United Way

FOR ALL OF US

United Way Campaign

1-31 Oct. 76.

City Of Winnipeg Outstanding Achievement Award



Lieutenant-Colonel A. C. Brown (R) presents Major Gerry Kennedy with the City of Winnipeg Outstanding Achievement Award on behalf of Mayor Stephen Juba. This most prestigious award was bestowed upon Major Kennedy by Winnipeg City Council. He received it for, "his courage and splendid work in piloting his disabled CF-5 aircraft to a vacant field and by doing so averting a disaster should his craft have crashed in a populated area."

See Special Fall
Recreation Calendar On
Page 9 Of This Voxair Issue

"Cookie" Retires



Mr. Steve Peristy is presented with a certificate of long term service, on the occasion of his retirement from Base Commander, Colonel M. D. Gates. Steve worked as a cook in the Officers' Mess for almost 24 years. We wish Steve a long and happy retirement.

Base Photo

FIRE PREVENTION WEEK OCTOBER 3 - 9



LEARN NOT TO BURN

In Praise Of The Ex-Servicemen

By Dick Ginter (M/CPL ret'd)

So! You're going to retire? No, bad opening - try again. Civvy Street, here I come! Yes, much better.

Why does a man retiring from military service present a picture in his own mind of a beggar with hat in hand saying, "Please, Mister, have you got a place for me, a spot where you can fit me in? Bull - the serviceman retiring today has so much to offer that he is completely misinformed if he believes people are going out of their way when they hire him.

NO ONE, least of all the skinflint owner of a business, or his representative, is going to hire anyone unless he expects to make a dollar out of him; and, boy, can they make money out of a man who is skilled in his field, trained to accept discipline, and oriented to self supervision - as any good military man is!

I'm not knocking the philosophy of life in Canada's society - I haven't the training nor the background knowledge to judge in an unprejudiced manner. All I can do is give my opinion and here it is.

A man TRAINED by the Armed Forces in the 50s is not the same type of person who is nowadays, "educated to achieve", or, "brought to self-awareness".

I retired from the Armed Forces in 1974 and was LOST! "What can I prove in civvy Street," I asked myself? "What do I know that they don't know better than I do?" was another question. Christ, I couldn't even make mini-warrant. Hell, I didn't even make sergeant. To make myself believe I was worthwhile, I earned a federal government ticket in my trade. I can now go into the world and say I am qualified in my trade. WOWEE!

But, you know what? That was simply an opener. My military experience is what has made me Plant Superintendent of Aero Tech Corporation.

No, my ticket doesn't hurt, but it wasn't what got me promoted to my present level. I was promoted because of my experience, then a willingness to take the responsibility to make a decision, and above all, a willingness to work without supervision.

As a result of my good military training, my boss trusts me because I am used to putting my name and signature to any work I do.

I have a thorough knowledge of my job. That's something I picked up while going on a various courses in the Armed Forces and by being placed in such a great variety of jobs while "doing my time" in the military service. As a matter of fact, it is because I had so very many versions of my job already behind me that I can now supervise with more ability than the poor civvy who worked his way into a similar position through tact, hard work, and a nice personality!

The serviceman is well trained at great expense to the taxpayer - okay, stop jeering. I don't have the figures to prove it, but I do know from two years experience as Plant Superintendent when I hire an untrained man off the street, as compared to a kid with even only one year of technical school, I'm being foolish. I am now in a position where I do the hiring and firing, and I have to be able to justify my decisions to the boss - and the Labour Board.

I have to closely supervise every man who is not previously trained. This costs money since close supervision keeps me away from other work that needs to be done. Then by the time I have taught him to do a reasonably passable job I find that the others have not been as diligent as they might have been, and I must go over their work to ensure it will be passed by Quality control. Wouldn't it be easier and cheaper for me to hire a man TRAINED in the military to accept responsibility, and who has more knowledge the employment services?

Definitely! That's why half my staff has previous military experience, and if I could have sufficient control of who remains in my employ, all my personnel would have at least 10 years of a military background.

Why then should a ex-military man with many months of formal courses and many years of practical experience behind him believe that

tell voxair
Next VOXAIR Deadline
2 P.M. Tues 28 Sept



the person who is doing the hiring will say NO to all that training?
 That's my opinion and I'm willing to show you the proof of my point whenever you come to Aero Tech Corporation in Winnipeg where we service and sell aircraft ground support equipment. Just ask for:
 Dick Ginter
 Plant Superintendent

Royal Canadian Legion Conducts 'Operation Service'

If you are a Canadian veteran or veteran's dependent, you may be eligible for a war service pension or allowance you didn't know about.

The Royal Canadian Legion says that, although it is 31 years since the end of World War II, there are thousands of veterans and their dependents who are not receiving a benefit or service they are entitled to - either because they did not know about it or because the eligibility rules have been changed.

During October and early November the Legion's 464,000 members are conducting "Operation Service" - a massive, house-to-house canvass across Canada to alert 1,245,000 ex-service people and their dependents to their rights and privileges under the Veterans Charter. Ex-service people who are not reached in this way are invited to get in touch with their nearest Legion branch for information about Operation Service.

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In the event of a typographical error appearing in an advertisement, no goods may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charge for the advertisement in which error occurs.

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The United Way is people helping people

A Message From The Base Commander



Thanks to you
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FOR ALL OF US



United Way

October 1, marks the opening of the 1976 United Way Campaign. This organization supports over 60 separate services used by Winnipeggers like you and I, the year round.

CFB Winnipeg in the past I am proud to say, has certainly given its "fair share" to this most worthy cause.

In order for Winnipeg's

United Way to meet its goal which is in excess of four million dollars each and every person must make an effort to participate.

I am quite confident that CFB Winnipeg will surpass the support that has been given in the past years and consequently make our 1976 United Way Campaign a total success.

Colonel M. D. Gates
Base Commander

Ten Straight Answers To Ten Common Questions

WHAT IS THE UNITED WAY?

First of all, what the United Way is not: it is not just a fund raising body; it is not just a service agency. The United Way is not an end, but a means.

Directed by a volunteer board representing all sectors of the community and staffed by a small core of administrative personnel, the United Way raises funds through one large, low-cost campaign, and then ensures the efficient use of donated funds through volunteer citizen review of allocations.

The United Way is, most simply, citizens working to ensure that community needs are met.

WHY DOESN'T THE GOVERNMENT PROVIDE THE NECESSARY SUPPORT FOR THESE AGENCIES?

Most of the United Way agencies do receive partial support from one or more levels of government. However, no government has sufficient resources to meet completely and quickly all community needs. Also important is the sense of direct individual responsibility for other members of the community that comes through United Way involvement.

HOW DO AGENCIES QUALIFY FOR PARTICIPATION IN THE UNITED WAY?

It should be a non-profit organization offering services that meet a genuine social need in the community. Management must be vested in a board of volunteers which effectively assumes responsibility and accountability to the public for administration of the agency's program. Of course, other qualifications are necessary.

WHO DECIDES WHERE THE MONEY GOES?

The Agency Relations Committee of the United Way, a committee made up of 80 concerned volunteer citizens, each spring studies the budgets and programs submitted by participating agencies, and makes

CFB Winnipeg United Way Co-ordinator Comment

Between now and the end of October, canvassers will be inviting all Base personnel to donate to the United Way. This year's chairman for CFB Winnipeg is LT. Graham Keene who will be assisted by a co-ordinator representing each section on the base. These people and many others will be devoting much of their own time to make this campaign a success. They are well informed people who are only too happy to answer any questions that you may have.

In order to keep you the donors informed of where and how funds are utilized, the United Way has published two very informative pamphlets that will be distributed to you by your section representative. "Facts about the United Way" gives a brief outline of the organization and how funds are allocated and "Everything you wanted to know about us, but were afraid to ask" is a series of often asked questions with answers.

The United Way is NOT beyond criticism. It is run by humans and is subject to shortcomings just as any other organization. If you have any questions or statements concerning the United Way that you wish to have publicly answered or clarified, please address them to LT. Keene ARTU in writing, one week prior to publishing date of the VOXAIR.

The United Way goal set for Winnipeg is 4,109,645 dollars which is 6% more than was raised last year, which of course simply takes into account the increase in the cost of living over the last fiscal year.

The goal for CFB Winnipeg this year is 14,500 dollars. It is hoped that a great deal more will be collected and that participation will be at least as good as that of our civilian counterparts in Winnipeg.

recommendations to the Board of Trustees of the United Way, also composed of representative volunteers. Allocations are made on the basis of committee judgements - as to program and financial priorities.

WHAT IF I DON'T LIKE A PARTICULAR AGENCY?

With 60 agencies involved, it's natural that people know more about some than others. Remember that every United Way service fills a specific need or it wouldn't be included in the United Way. The Agency Relations Committee makes certain that every agency is doing an essential job capably.

WHY ARE THERE CAMPAIGNS OUTSIDE THE UNITED WAY?

Some agencies do not qualify for membership in the United Way. Others, who consider their services to be particularly important to the city, or who are affiliated with national research-oriented organizations, may wish to raise as much money as possible without the program and financial scrutiny that United Way agencies agree to.

WHY DO YOU ASK FOR A PLEDGE RATHER THAN A CASH DONATION?

Pledges make it possible for you to easily manage your financial contribution. For example, someone who does not feel able to give a \$24.00 cash donation when approached, may be glad to help by pledging \$2.00 of his/her monthly pay cheque.

WHY SHOULD WORKING WIVES CONTRIBUTE SEPARATELY FROM THEIR HUSBANDS?

The traditional United Way approach is based on giving what you feel you can afford according to your personal income and responsibilities. Usually, a family that has two incomes will feel able to make two donations.

WHAT DOES IT COST TO RAISE THE FUNDS?

United Way total costs (administration and campaign) are 8.7% of receipts, the second lowest in Canada. Campaign costs of smaller, one-cause fund drives range from 15 to 50%.

DOES LABOUR SUPPORT THE UNITED WAY?

Labour, like other sectors of the community, is active in support of the United Way, through donations and volunteer work. The Winnipeg Labour Council was, in fact, instrumental in the formation of the United Way in 1965. The Winnipeg Labour Council officially endorses the United Way. It encourages voluntary giving payroll deduction and recommends that all affiliated unions encourage their membership to support the United Way.

United Way Message From The Chief Of Defence Staff

1. Every year at this time most communities across Canada are preparing for their Annual United Appeal and Community Chest Fund-raising Campaign. 1976 is no different as once again the many member agencies will depend on the goodwill and generosity of people of all walks of life to provide funds with which they may continue their benevolent and charitable activities.

2. The military communities throughout Canada have, we are proud to say, played a very active role in United Way Campaigns. Members of DND, both military and civilian, have volunteered their time and efforts as organizers and helpers in many towns and cities and, as usual, have done a first class job.

3. Once again, I would encourage you to continue your support of these very worthwhile campaigns. Your contribution whether it be financial or otherwise will help ensure the success of the 1976 Campaigns.

Signed General J. A. Dextraze



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B I N G O

9th annual Military Police
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Time: 2000 hrs
Date: 13 Oct. 76
Place: Bldg 21, CFB Winnipeg (N)
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and Extra Games
Jack Pots: Small: \$150.00
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NAV By T. G. BREMNER SQN

Greetings Group! Salutations Squadron! Bienvenue buddies! (if the quivering quill at 429 can get away that "howdy herd" stuff, I guess this should sell.) Contrary to an allusion made in the last issue (by a presumptuous pilot, no less) I do not, repeat NOT, have any investments in poultry. On the contrary, the very sight of a plucked clucker gives me the dry heaves - if I eat 'em, I break out in hives and become driven by an insane urge to napalm the nearest hatchery. I was saved from an eternity of this terror by being staged through Namao on my last trip - we had veal and roast beef! Absolutely delicious!

The Military Police have been having a little "parking lot plugging" practise again of late. If you missed the latest, it was a beaut - Monday morning: Parade Square parking lot barricaded; and parking lot full of roofing material, two tanker trucks full of tar and an influx of new students. Tuesday morning: Parade Square still barricaded; and parking lot still full of junk; people parking all over the place; enter "terrible topolnick" (The Cop) armed to the teeth with parking tickets! With parking as bad as it is, the last thing we need is "guest parking" in OUR parking lots. ANS has given up all sorts of space for the Met staff and the money managers down in the basement. Another parking lot east of the building would be a good idea - cut down on some of the lawn mowing too.

Another double-header arrival occurred between the writing and publication of the last column - 7604 and 7605 have both joined us and are at it hammer and tongs! I haven't been able to meet the guys on '05 yet but I'll get to it sooner or later. My new job as one of "The Meanies" almost

guarantees we'll collide eventually. 7604 is the rerun of that bunch of hell-raisers that plagued us last summer. Most of them made the return trip to have a go at our new NT Syllabus. A few of the more daring are escorting new brides as well. Welcome to ANS, one and all!

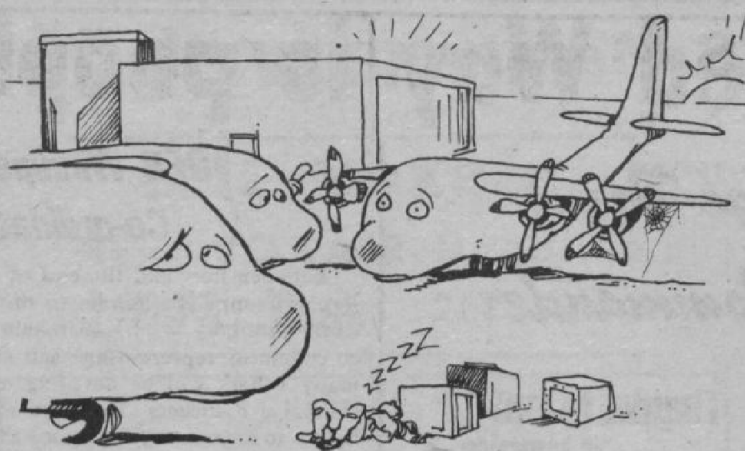
With the arrival of '04 and '05 the pace has picked up considerably. Added to that are the semi-annual fitness tests, annual weapons qualification, high altitude indoctrination refresher courses, transport trips, swine flu inoculations, etc., etc., etc. In no time at all we'll be going bug house again with too many jobs and not enough warm bodies to do them all - situation normal.

"The Boss" is right in the groove already and has flown a detail or two to have a look at the way the new systems are working out and to keep an eye (I suppose) on the quality of the instruction proffered by the staff.

The hardware in the aircraft is working much better these days, thanks to the "menders" in 16 Hangar and to our own Major Toole of the Aerospace Squadron who undertook to DESNAG the computer systems for us. It shouldn't be too much longer before the last of the "Bugs" is tracked down and wired out of existence.

Early warning - the CFANS Christmas party has been scheduled for December 11th. Get your baby-sitters lined up and dust off your dancing shoes and evening gowns (not you, Mel, your wife) for another of our unsurpassable fetes! For the new arrivals - the Christmas bash is always a wing-ding so plan to be there and enjoy!

Off to the ranges bright and early tomorrow - See Ya!



MAMS people will refuse to accept it and rightly so. I don't want an air incident raised against me or my crew. It's a lot of bloody paper-work to go through."

"I assume that MOV TRENTON has issued instructions and guidance to all concerned. That's their job, not mine."

"While we're on the subject of dangerous cargo, sir, I trust that the paratroops have been clearly briefed that their weapons are to be unloaded and their magazines secured in their little pockets and pouches?"

"Indeed they have. Questions Alpha Two?"

"I'm afraid I have one for you that will require some pretty clear direction, sir. It's almost unbelievable, but it's been reported to me that some of the Brown Jobs have actually been attempting to load explosives which have not been properly packaged and marked. This, of course, is totally unacceptable."

"True. That will have to be rectified. Are there any other questions concerning the operation Alpha Two?"

"Yes sir. There's the problem of redeployment. There seems to be a great deal of unseemly haste and an unreasonable concern on the part of the troops to depart Lobo before all the proper procedures have been carried out. It is my duty to emphasize that no aircraft will be taking off until the passenger manifests for the redeployment phase have been completed, baggage weighed, tagged and customs cleared. I use the term "unseemly haste" advisedly as I wonder if the Brown Jobs imagine that we're going to leave the aircraft engines running while at Lobo? The instructions are more than clear: when loading dangerous cargo, the plane will be grounded with a 10,000 ohm conductor and all switches will be in the 'off' position. Also a crew member must remain on board to enforce the no smoking regulation."

"Yes, that may slow things down a bit. Alpha Three?"

"Well sir, while we're on the subject of the redeployment phase, one problem appears insurmountable. Perhaps I should explain: I just don't see how we are going to be able to evacuate all 104 hostages. No one seems to have taken into consideration the fact that there will not be a second crew aboard each aircraft; after all this briefing has lasted nearly three hours; we don't leave for another four; the flight itself is in excess of seven. Obviously, there is a requirement for crew rest. Then there are the qualified specialists to accompany the dangerous cargo..."

"We're right onto that Captain, we'll have it firmed up by departure as to where your crew will rest on the way back if that's the way it works out. Lastly, Alpha Four, any questions?"

"Most of my questions have been answered in your crystal clear briefing, sir, however Alpha Three's concern with crew rest might tie in with your plan to re-fuel in Nairobi on the homeward leg. If we could make reservations at the Nairobi Hilton for the air crew the hostages could possibly bivouac at the airfield for this period. Also Air Africa catering is considerably superior to our flight kitchen. We can radio ahead for filet mignon or some such. You know, I've had chicken TV dinners for the past nine days! We might look at pre-positioning Canex facilities too. I'm eligible to make a customs declaration on return and would like to pick up a jug and carton, so would some of the other guys."

"Good thinking, Lieutenant, I'll get right on to NDHQ PERS SVCS. It'll be a good "perk" for the troops."

"OK chaps, that about wraps it up from this end. See you back on the ground. Any final comments? Yes, Alpha Three."

"It seems only fair to warn you sir, that my loadmaster, at last report, wasn't feeling too chipper; without him naturally, we won't be partaking in the mission at all..."

Operation 'Thunderstruck' Canadian Forces Style

"... That concludes the briefing then, gentlemen. To recap, your mission is to land at Lobo with a 4-plane formation of C130 aircraft; free 104 hostages; destroy the aircraft on the ground and pull out. There will be 280 paratroopers on this mission. Between yourselves and the hi-jackers will be 21,000 Fantaisan troops deployed between Lobo and Sautang. I will now entertain questions from the formation leader and aircraft commanders. Alpha one, any questions?"

"Yes sir. I trust that the movement of dangerous cargo has been declared as an operational necessity by NDHQ, there being two commands involved?"

"Yes, there has."

"Is there another such declaration for the return flight?"

"I'm not in the big picture on the re-deployment phase, Captain. I'll check and get back to you. Anything else?"

"Yes sir. We're having a tremendous problem with the security people here at the departure airfield: they just don't seem to understand the requirement to have suitable placards placed around the aircraft that are carrying the dangerous cargo. When I remonstrated with the officer in charge, it was quite apparent to me that the fellow was interested only in secrecy and security. I'd be greatly obliged if you could sort that one out sir."

"I'll look into it. Nothing more, I hope?"

"Just one more small item, sir. I understand that it is proposed to carry the Mercedes automobile in my aircraft. That's a commercial pattern vehicle. I'd like to make it perfectly clear to those concerned that if the gas tank is filled to more than 50%, as per CFP 117, the

General Lett Takes Up NORAD Appointment



OTTAWA - Defence minister James Richardson announced the promotion of Brigadier-General K. C. Lett, 53, of Carp, Ont., to the rank of major-general.

Now serving as deputy chief of staff for operations at the 4th Allied Tactical Air Force Headquarters in Ramstein, Germany, he will take up a new appointment in October as deputy chief of staff for operations at the Headquarters of the North American Air Defence (NORAD) Command in Colorado Springs, Colo.

General Lett joined the RCAF in 1941, and flew Spitfires on fighter operations in England with 402 (City of Winnipeg) Squadron. He was released in September, 1945, and returned to civilian life.

He re-joined the RCAF in 1948, and, after various flying duties in Canada, served with Canada's NATO air division in Germany and France.

He attended RCAF Staff College in Toronto in 1959, and a year later was named Officer Commanding No. 6 Strike Reconnaissance training unit at Cold Lake, Alta.

In 1964 he returned to Germany as Chief Operations Officer at 3 Fighter Wing, Zweibrucken, and then was moved to 1 Air Division Headquarters in Metz, France.

He was promoted to Group Captain in September, 1966, and appointed Commander of CFB Comox. In 1969 he attended the National Defence College, Kingston, Ont., and then was posted to 24 NORAD Region, Great Falls, Mont., as Director of Exercise and Evaluation.

He was promoted to Brigadier-General in July, 1972, and appointed Chief of Staff, Training, at Training Command Headquarters Winnipeg. He returned to Germany in 1974 to assume his present position.

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BY AIR —

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OCTOBER ENTERTAINMENT CALENDAR

Friday, October 1, 8, 15, 22, 29
TGIF - Games - prizes - food
 Saturday, October 2
Make your own party
 Saturday, October 9
No function (private wedding)
 Saturday, October 16
Mixed TGIF - Monte Carlo night 8 p.m. - 1 a.m.
 Games food fun prizes
 Games registration at 7 p.m. - 8 p.m.
 Euchre - crib - darts - pool
 ETC. plus Monte Carlo games of chance for those who wish to try luck at the wheels of Fortune - Cost \$2.00 per couple - Dress - casual.
 Saturday, October 23 - Annual October Fest
 Bar opens at 7 p.m. Dancing starts at 9 p.m. Music provided by Ernie Fink and his Bavarian Band. Beer and German food available.
 Free Beer Mugs at Entrance. Door Prize - Prizes for best costume.
 If you went last year you know this will be a sell-out again. Don't be late, only so many can be let in the lounge. \$5.00 per couple - Dress informal or costume.
 Saturday, October 30 - Bingo
 Jackpot tonight is \$300.00 in 53 numbers or less. Don't forget the Garbage Can Bingo (a can a card). Added Bonus again this year is the clothes line full of money. Share the wealth game. Food and dancing follows the Bingo. Entrance cost \$2.00 per person which covers the price of your 1st card and your food and dancing. Dress - informal.
Future Events
 Friday, November 5
 Mess dinner - to honour all retiring members up to Jan. 77.
 Thursday, November 11 - Remembrance Day celebrations - Festivities start following parade and are expected to last all afternoon and all evening. If you couldn't get a seat in the mess last year you will want to be early today. All guests must be signed in.
 Saturday, November 13
Grand Opening of the New Lounge. Air conditioner renovations and installation will have been completed, the new furniture and drapes will be in position so we are planning a big evening for your enjoyment. Watch for more details in the November calendar.

MOVIE REVIEW

BY KEN BERNARD

"THE SEA WINS"

There are three stories in THE SAILOR WHO FELL FROM GRACE WITH THE SEA, the British-made film by director Lewis John Carlino: there is the story of the Widow, the story of the Widow's Son, and the story of the Sailor. These are not, of course, three independent stories only loosely connected; rather they are personal stories that are very much interwoven because the lives of the people are very much mutually involved.

Out of this comes the complexity, the fascination, the mystery, the suspense which characterizes this very fine cinema entertainment. For us whose regular diet is film-fare from the U.S. of A., this film awakens our taste for a kind of cinema which only the British can make. The fact that we now seldom have British films to savour, makes this film all the more delightful.

Who can handle the sea in film like the British! it has mystery and beauty; it is at once a lover and a threat. Who can handle children in film like the British! more than precocious, the children have a life and dimension all their own, independent of adults. Who can make even a simple story complex and gripping, like the British! not everything is said clearly and openly within the first ten minutes of the film; rather the story is mysteriously revealed to us only slowly and with great restraint.

Director Carlino has made a film exquisitely beautiful in its visuals and sound. Restraint marks the precise camera work, the soft lighting, the unobtrusive editing and the subtle sound. Yet, in all of this, he has introduced enough of a climate of "something" impending, that we cannot completely settle in comfortably. Nor does he give away clues too flippantly throughout the film. We are kept enjoying, yet wondering; happy, yet fearful.

THE SAILOR WHO FELL FROM GRACE WITH THE SEA could be called a love story, for it deals with the relationship of a young and beautiful love-starved Widow and the handsome and rugged Sailor she meets accidentally. His first love has been the Sea, but the newly found love will interrupt this; hence, some of the meaning in the title. But there is more.

The relationship of the Widow and the Sailor, and that of the Sailor and the Sea are made more complex by the relationship of the Widow's Son with each of them, namely the Widow, the Sailor and the Sea. The film turns from love story to thriller as it draws to its abrupt ending. This ending will disturb the audience, no doubt. (A very vocal audience will even exclaim and protest loudly at the ending.)

Sarah Miles, an excellent actress, portrays with passion, the beautiful even voluptuous Widow caught in the small and rugged sea-coast village. Kris Kristofferson plays the American Sailor, by chance come into this little private world. Unfortunately his acting is not very good, and beside the other talented performers he limps in the role. Yet he looks the part, and so his physical attributes gloss over the other inadequacies.

There is an interestingly universal dimension to this film in that it is not clearly locked into time and geography; though it is obviously England and today, it could be anywhere and anytime. This very technique helps add dimension to this story of three people, some place, some time, and the Sea. (The film is currently showing at Garrick One in downtown Winnipeg.)

Jr. Ranks Mess

Friday, October 1
 Golf - Tee off at 0800 hrs.
 Bel Acres
 Dancing to "Group V" from 9 - 1.
 Price: Guests \$2.00 per couple.
 Saturday, October 2
 "Group V" - 8-12 mid.
 Dancing to "Group V" from 9 - 1.
 Price: Members - \$2.00 per couple. Guests - \$4.00 per couple.
 Sunday, October 3
 "Fashion on the Move"
 Fashion show starting at 2:00 p.m. Don't miss it!
 Friday, October 8
 Music Man
 Saturday, October 9
 Riverboat cruise aboard "The Paddlewheel Queen"
 Music by "Claire's talking Organ"
 Get your tickets from Committee members or the Club Office.
 Price: \$3.00 per person.
 Wednesday, October 13 - Sunday, October 17
 "Octoberfest Week"
 13, 14, 15 & 17 October - dancing to "Melting Pot" from 8 - midnight on Wednesday, Thursday, and Sunday, and from 9 - 1 on Friday.
 Price for 15 October: Guests \$2.00 per couple.
 Saturday, 16 October - Octoberfest Dance
 Featuring "Resi Dux" from 9 - 1.
 German food will be served.
 Price: members - \$2.00 per couple - Guests - \$4.00 per couple.
 Friday, October 22
 Music Man
 Saturday, October 23
 Music Man
 Thursday, October 28 to Sunday, October 31
 Dancing to the "Al Weldon Trio" Dancing from 9 - 1 except Sunday from 8:30 - midnight.
 Price 29 & 30 October:
 Members - \$2.00 per couple on Oct. - Guests - \$2.00 per couple on 29 Oct. and \$4.00 per couple on 30 October.
 "Octoberfest Week"
 Mugs will be available at the door every night. Price: \$1.50 per mug.
 Dart League
 Any members of the Mess interested in playing darts - male or female - are asked to contact Al Stephens, Local 243 or Gloria Gordon, Local 331. Teams will be formed to play in a Legion League downtown, sponsored by the Mess.

Jumping to conclusions is not half as good exercise as digging for facts.

"FASHION ON THE MOVE"

On Sunday, 3 October 76 the Jr. Ranks Mess is hosting a Fashion Show at 2:00 p.m. in the Main Lounge. This is open to all service women, wives, and female employees on the Base. There will be a professional commentator, refreshments, and door prizes. Admission is \$2.00 per person.
 Tickets are available from the Mess Office, Building 61, Canex, and Club Committee members. Also, Ms. Joan Brown will be selling tickets at Lipsett Hall during Fall Registration Time. If you want tickets and can't find any, contact MCPL. Gordon, Local 331, or the Mess Secretary, Local 566, or CPL. Vass, Local 226.
 Proceeds will be going to the "Big Brothers" organization so come out and see the Fall Fashions.

Middle-aged couple to travel agent: "We'd like a pleasure cruise. Book us on different ships."

Moving to Trenton?



Write for free map and information on:

- homes
- rentals
- mortgages

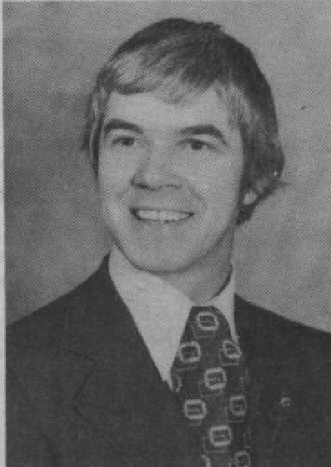
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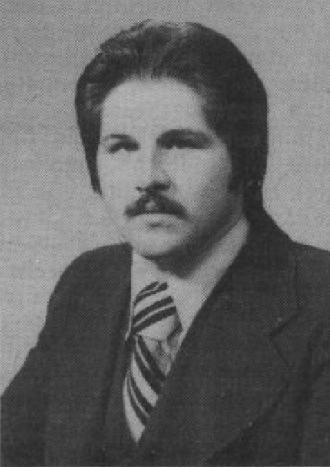


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Bob has specialized with the Armed Forces personnel since joining Monarch Life.

Bob is fully qualified to serve in this position retiring from the Armed Forces after completing 21 years.

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Ron has specialized with the Armed Forces personnel since Nov. 75.

Prior to joining Monarch Life Ass. Co., Ron spent 13 years studying & instructing karate. He holds a 2nd degree black belt & is currently working towards his 3rd degree.

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• by R. Kohlberg •

REHRUCKEN AND SAUERBRATEN

If travel 'broadens', travel to West Germany not only tends to expand one's global outlook, but also one's waistline. It's done with style, however, and the memories certainly make up for the unpleasant prospect of contemplating a diet again.

The West Germans don't believe in just three meals a day — they have at least four: breakfast, dinner, afternoon coffee (with cakes and torten and biscuits and whipping cream etc) and supper (often a cold meal, served with a nice cool beer, of course).

The mid-day dinner is the main meal of the day, after which it is customary to sleep for an hour or two. This, of course, aids the putting-on-weight process, not to mention the wines that go with any good dinner.

German restaurants take great trouble with their meals — preparation, service and atmosphere alike. No crowding of tables, no dingy, stingy lighting, no paper napkins or disposable dishes, no frozen butter or stale bread (as mentioned in a recent list of complaints about Winnipeg restaurants in a Free Press column).

We had a leisurely dinner in a village restaurant with friends on one occasion. We had phoned ahead of time to make sure they had venison (Rehrücken), for which this place is well-known, and this turned out to be one of the memorable meals we had on this holiday. The proprietress herself served us — a hefty woman whose presence and appearance helped to create just the right atmosphere. After a delicious soup, we were treated to fresh, delicately cooked vegetables, most likely grown in the restaurant's own garden, and around the roast, baked bananas, stewed pears with cranberries — lusciously arranged like a glossy picture in a Women's magazine cooking section. The platters and bowls laden with this hot, appetizing food were brought in and placed on a side table, and from there the cheerful, apple-cheeked, white-aproned lady served each of us. None of those impersonal pre-measured portions, but individual servings to each person's liking and capacity. After a while, she would come back to fill our plates again and to replenish our wine glasses.

What surprised us was that dining out is not as expensive as we had expected. After all, Europeans groan about inflation just as much as we do in Canada. Yet we once paid 38 dollars for a dinner for five, including wine, beer, etc (German dining restaurants don't offer cocktails before dinner, as a rule). Some of us had Irish Coffee afterwards. The portions are all too generous — no wonder people gain weight on those European holidays. You hate to leave anything on your plate, which is not considered polite to do, and they apparently haven't heard of doggie bags.

When we went out for our big reunion dinner — again in a small-town restaurant — the young owner went all out to give us a regal reception. Candles and the best table linens were laid out on a huge table. The menu read like an encyclopedia of gourmet dishes, and in addition, the proprietor informed us that he happened to have some nice pieces of game, in case anyone were interested. I asked him suspiciously if it was frozen and would be chased through the micro-wave oven. He looked quite offended and assured me that everything was fresh and would be cooked properly. It would take time, but it would be good. And so it was. Of the eleven people in our group, almost everyone ordered something different: Snails, Wiener Schnitzel, Trout Blue, Sauerbraten, Ragoût Fin, Filet of Venison, Leg of Hare in Sour Cream, and so on. It did take a good while, but everything was cooked and timed to perfection. When the waiter brought the wine, he announced that its temperature was fifteen degrees and asked if that was all right before he proceeded to let us taste it. Later they soaked the wine labels off the bottles and presented them to us as souvenirs of the occasion.

Admittedly, this was a special occasion, and you probably won't get such red-carpet treatment as a stranger in a big-city restaurant, but in most places — city, town or village — you do get excellent service and delicious food and drink. They don't need the gimmicks and frills that some North American restaurants seem to find necessary to attract customers: the Europeans have the advantage of a built-in authenticity. They simply attend to their job of cooking and serving good food.

The eleven pounds I gained were worth it.



music reviews and syndicated columnist

THE SUN COLLECTION BY BARRY SWEENEY
 RCA Records recently released an album titled "The Sun Collection" (KPM 1-0153) a collection of material cut by Elvis Presley for the Sun record label in the mid-fifties.

Presley, on the strength of the material and early releases on Sun, went over to RCA when they purchased his contract for the unheard of price of \$35,000. That figure, of course, is a few million dollars away from the astronomical contracts signed by today's rock artists, but in the mid-fifties a contract of that size, for a virtually unknown artist, was to say the very least, an unheard of amount to pay.

THE SUN SESSIONS

Legend has it that Elvis went into the Sun studios, paid for his own session and cut a song for his mother's birthday, "That's All Right, Mama". In actual fact, the first songs put on wax by Presley were "My Happiness" and "That's When Your Heartaches Begin" which were the songs given to his mother for a birthday present.

The first songs were cut in 1953 and in January '54, Elvis returned to cut a couple of tunes, this time "Casual Love" and "I'll Never Stand In Your Way" with both tunes being cut in less than half an hour. About eight months later Phillips called Presley and a disastrous session proved that "Without You" and "Rag Mop" were not the songs that would propel the soon-to-be-star to stardom.

The next step was to arrange a meeting between Elvis and a guitar picker, Scotty Moore. After a couple hours of trying to get a couple of songs to sound right, Scotty's neighbor, Bill Black, dropped into the house, figured the kid (Elvis) did not impress him and left. The following day, Presley was back in the Sun studios to cut more songs. It actually took quite a while to get the sound right, the delivery correct and match the song with the singer, but they were on the right track.

THAT'S ALL RIGHT, MAMA

During a break in the sessions, Presley jumped up, grabbed the mike and started to sing, Bill Black started to play bass and Scotty Moore laid down some guitar licks and before you knew it, "That's All Right, Mama" was on tape. Looking for something to back the song with, they decided on Bill Moore's "Blue Moon Of Kentucky". After airplay, the phones lit up and the record went on to sell somewhere around 20,000 copies, a far cry from what was to come.

The unfortunate part of the record is that it would take a book to tell the whole story. The early songs, like: "Good Rockin' Tonight", "Milkcow Blues Boogie" and "Mystery Train" were recorded and when performed in public, the teen-agers became hysterical, it was the beginning of the music form that would be known as rock'n'roll, and it was the beginning of music's regal legend Elvis Presley.

The "Sun Collection" is an uncluttered, true sound of what it was all about. RCA kept the album mono and it's better that way, it is not electronically reprocessed for stereo, which would only kill the true sounds. The set should become a collector's item and it's well worth the bucks. Other songs in the set, include: "Just Because", "Trying To Get To You", "Baby, Let's Play House" and "Just Because".

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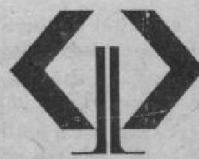
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PATRICIA REPORT



Cyprus Report

Mr. A. B. McKinnon MC, CD, MP from Victoria, B.C. and presently Defence Critic in the House of Commons and a member of the Standing Committee on External Affairs and National Defence visited the Canadian Contingent of the UN Force in Cyprus this week.

Mr. McKinnon observed soldiers of the Winnipeg based Second Battalion Princess Patricia's Canadian Light Infantry carry out peacekeeping duties.

Mr. McKinnon, himself a "Patricia" soldier from 1944-46, also had informal visits with the Special Representative of the UN Secretary General, Dr. Perez de Cuellar and the Commander of the UN Force in Cyprus, Lieutenant General D. Prem Chand, PVSM. He also visited soldiers of the British and Finnish Contingents.

Mr. McKinnon was in Cyprus from 24 August to 29 August.



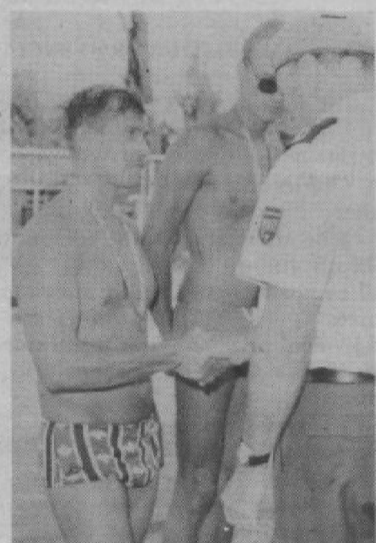
Mr. A. B. McKinnon MP is shown the United Nations Demilitarized Zone in Cyprus by PTE. C. S. Leavitt, a member of The Second Battalion Princess Patricia's Canadian Light Infantry. With Mr. McKinnon are Captain F. M. Fisher and Lieutenant M. J. Goodspeed.



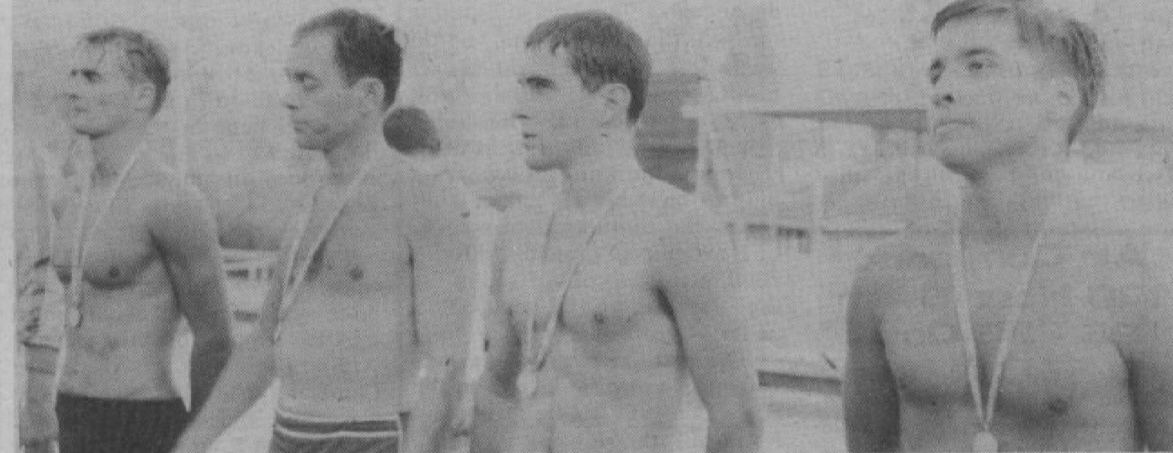
Sergeant David McConnell is presented his sergeant stripes upon his promotion to that rank by Lieutenant-Colonel R. I. Stewart, former Commanding Officer of the Second Battalion Princess Patricia's Canadian Light Infantry.



PTE. Glenn Lacasse is congratulated on his third place finish at the UNFICYP swim meet by Superintendent F. S. Luther of the Australian Civilian Police.

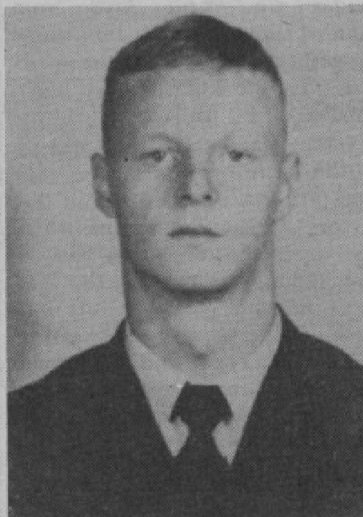


CPL. Jeff Collens receives his medal for his third place finish in the 200 meter-freestyle at the UNFICYP swim meet. Presenting CPL. Collens his medal is Superintendent F. S. Luther of the Australian Civilian Police.



(L to R): Private G. J. Lacasse, Captain R. G. Johnson, Private R. A. Billington, and Private F. C. Vance receive their medals for their second place finish in the 4x50 meter medley relay in the annual UNFICYP swim meet. All are currently serving with 2PPCLI in Cyprus.

In Memoriam



Memorial services were held on 21 August 1976 for Private Donald R. Kreiger. PTE. Kreiger, a soldier with the Second Battalion Princess Patricia's Canadian Light Infantry, was killed while on United Nations peacekeeping duties in Cyprus.

PTE. Kreiger, 21, is survived by his wife Shirley Ann Kreiger and 2 children and by Mr. and Mrs. Howard Kreiger of Thorold, Ont.

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Are you planning on retiring from the Armed Services in the near future? If so perhaps we may have the answer to your next career opportunity. Lightmaster Ltd. is now employing several retired military personnel as Commissioned Sales Agents throughout the various territories in Canada. We offer a selection of top quality lighting products for Commercial, Industrial and Municipal use. These specialized guaranteed products are sold directly to the end user and are now being used by dozens of Canada's foremost companies. Our repeat business factor is over 75 percent. Your full commissions are paid to you each week with no investment necessary. Our most successful sales staff are in the 40 to 55 age bracket. A local Manager would be available to assist a self-starter who is seeking a career opportunity in the area where you would be taking up permanent residence. If this is the type of position you are seeking please write: Lightmaster Ltd., 2384 Industrial St., Burlington, Ontario. Attention: Mr. Bob Guest.

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Third - Cold Lake (1771)
Fourth - CFB Moose Jaw (1718)
Fifth - CFB Shilo (1829)
Sixth - CFB Portage la Prairie (1891)
Seventh - CFB Calgary (1989)

Small Base Standings:

First - CFB Penhold No. 1 (763)
Second - NRHQ Yellowknife (807)
Third - CFB Penhold No. 2 (811)
Fourth - CFS Beausejour (824)
Fifth - CFS Alsask No. 1 (826)
Sixth - CFS Yorkton (830)
Seventh - CFS Dana No. 1 (850)
Eighth - CFB Det Wainwright (896)
Ninth - CFS Alsask No. 2 (909)
Tenth - CFS Gypsumville (941)
Eleventh - CFS Dana No. 2 (946)
Twelfth - CFS Inuvik (985)

Air Command 100 Hour Swim 26 - 30 Oct.

Last year CFB Winnipeg captured the Trophy awarded to the greatest number of 12 mile swimmers. It's a real challenge for us to compete with other Bases on a strength ratio basis but we can be proud of and hope to keep the trophy we won last year. However, we would like to give a much better showing in the competition in 1976 by getting more swimmers out.

Remember, you don't have to be a long distance swimmer. Every "single" lap counts. Leave the 12 mile swims to the pros. The majority of us are "waders" but we can win the competition for CFB Winnipeg by contributing on a one-lap-at-a-time basis.

The competition begins at 6 o'clock 26 October and ends, 100 hours later, at 10 o'clock Saturday 30 October.

Westwin Pool Swimming Registration 27 Sep - 1 Oct

Bronze Medalion

**Beginner
To Senior**

**Adult Learn
To Swim**

**Contact
Cpl Jim Wallace**



CFB Winnipeg Ski Club

With the cooler weather setting in, it is time to start thinking of getting the planks out and checking them over so they will be ready for the first ski trip.

An organizational meeting will be held at 1500 hrs, 20 Oct 76. Check the next VOXAIR for further details.

The Ski Club is open to all Military and DND employees and dependants. The cost of joining the Ski Club is minimal, \$3.00 single/\$5.00 family. Eight (8) ski trips are planned for the season every other Saturday beginning around the middle of December.

Transportation leaves from Bldg 87 on the North Site at 0730 hrs in the morning, returning to CFB Winnipeg around 1930 - 2000 hrs. The cost of skiing for the day is \$4.50 adult/\$3.75 under 14 years of age.

The best ski run in the area is 160 miles away at Agassiz on the East side of Riding Mountain National Park.

Heard the other day that another ski run is open about the same distance away, but to the east of Winnipeg, we are going to check this out and if it proves a better ski hill, we may switch to it instead.

For further information on the Ski Club, contact WO Gord Inglehart Local 297 or at home 889-5141.

CASUAL RECREATION

Westwin Gymnasium
Sundays
1:30 to 3:30

Parents must be accompanied
by their children

Meet The...



**Coming In
Future Issues
Of Voxair
Rec. & Sports**

CFANS - Fastball Champs



LCOL. E. J. Kirby, BAdmO presents the Inter-Section Fastball Trophy to Aimé Boulé, captain of the ANS team.

REPORT FROM THE DIAMONDS..

-A. WARD

THEY DID IT AGAIN!.. the winners and still champs.. ANS

On Wednesday, Sep 1st, the two top teams of the inter-section fastball league met in the final game of the season. But before I give you the scores - let me take you back a couple of weeks to the semi-finals. At the close of the regular schedule, the top four teams were: ANS, AIRCOM, CCE and the SGT'S Mess. Paired off were AIRCOM and CCE (AIRCOM winning in two straight by scores of 12-2 and 10-9) and the SGT'S Mess and ANS (for a second year running). The boys from the Mess put up a good fight but could not quite make it. Game two of this set could have gone either way. With a score of 12-11 (for ANS) it was 'anybody's game' right down to the last out. But ANS hung in there and kept the score at 12-11.

Monday, Aug 30th.. and the first of a best of three. The match-up of AIRCOM and ANS was pretty even. Both teams have some heavy hitters and the pitching chores were ably handled by Otto Krepps for AIRCOM and Aimé Boulé for ANS. Air Command had the edge of this game and ended with a decided score of 13-2. Home runs, always nice to see, were driven in by D. McKenzie and H. Armstrong.

Game 2, on Tuesday night was not a comfortable one to watch from the stands.. it was COLD!! But it seems ANS were not ready to roll over and play dead. They came up with a super game holding AIRCOM to 2 runs. One fielder who kept ANS from running away with the game altogether was 'Hayden Henwood' (the Expos could sure use him). Final score 4-2 for ANS.

Game 3 and the big one had to be the fastest game played this year. It was scoreless until the bottom of the 3rd inning when ANS opened the scoring with 4 runs adding one more in the 5th. Air Command had the hits but those fielders were not giving anything away... and the infield played a sharp game all the way. However, never one to quit, AIRCOM came up with 2 runs in the 7th but it was a little too late and in this case, the clock just ran out.. So behind some fine pitching of Aimé, ANS for the second year in a row came out the Champs.

On Thursday, Sep 9th, the Curling Club Lounge was the scene of a get-together for all the players, coaches and officials who participated in the Inter-Section Fastball League. LCOL E. J. Kirby, BAdmO was on hand to

congratulate the winners, and all those who made this a most successful event.

In order to guarantee the continuity of the league, CAPT Benoît, BPERO, called for nominations for next year's executive.. the following were the 'lucky' ones:
President - CPL Guy Thibault
Vice-President - CAPT Aimé Boulé
Secretary - CWO Jim Holland
Umpire-in-Chief -

CAPT Jerry Kingwell

That's it sports fans for another year - will look for you come next spring when the teams will be out to do their 'thing' - and the man behind the plate calls "play ball"!

CFB WINNIPEG RIFLE ASSOCIATION AND MANITOBA PROVINCIAL RIFLE ASSOCIATION

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Place:

St. Charles rifle ranges

Aim:

To generate interest in the competitive use of service weapons

Classifications:

All competitors will fire in the same class.

Prizes:

Individual prizes for top three scores in each weapon and one prize for the combined aggregate winner

Program:

Detailed program on Page 2

Weapons:

Pistol - 9 mm

SMG - 9 mm

FNCI - 7.62 mm

Note: No personal weapons may be used, only weapons as issued.

Refreshments:

Sandwiches and hot and cold refreshments available at club house.

Entry Fee:

Individual weapons - \$2.50 ea.

or

All three weapons - \$6.00

Open to:

Members of Canadian Armed Forces and Militia units

Members of R.C.M. Police

Members of the M.P.R.A.

Program:

9 Oct. 1976

0800 - 0900 hrs - Registration

0900 - 1000 hrs - Pistol familiarization and zeroing

1000 - 1200 hrs - Pistol match (details at range)

1200 - 1300 hrs - Lunch

1300 - 1600 hrs - Pistol match

10 Oct 1976

0800 - 0900 hrs - SMG familiarization and zeroing

0900 - 1200 hrs - SMG match (details at range)

1200 - 1300 hrs - Lunch

1300 - 1400 hrs - Rifle zeroing

1400 - 1600 hrs - Rifle match (details at range)

1600 - 1630 hrs - Finalize scores

1630 - 1700 hrs - Presentation of prizes

Contact: E.A. Kingston,

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Adult Swim Classes Westwin Pool

Bronze medalion

Adult Learn To Swim

Register at the Recreation Centre, Bldg. 90, by September 30.

For further information contact CPL. Jim Wallace local 511.

Competitive Swimming Wanted:

- Competitors
- Coaches
- Volunteers

Contact Cpl.
Jim Wallace

Rec. Centre, local 511



Ladies Keep Fit

Ladies Keep Fit Classes
Westwin Gym
Mondays & Wednesdays
8:00 to 1:00 p.m.

Registration will take place
at the Rec. Centre on Monday 4 Oct
from 8:00 to 10:00 p.m.

RECREATION AND SPORTS CALENDAR FALL & WINTER 1976-77

ACTIVITY/CLUB	LOCATION	DAYS	TIMES	CONTACT	PHONE (EXT)	REMARKS
BADMINTON	WESTWIN LIPSETT HALL	WED SUN	1700-2230 1700-2230	WO Garry WOLFE WO Garry WOLFE	(631) (631)	
BEAVERS (SOUTH) (NORTH)	LIPSETT HALL BUILDING 81	THU TBA	1900-2230 TBA	<i>New Executive - TBA</i> MAJ SELWYN	(221)	Still Openings
BINGO	BUILDING 21	WED	2000-2300	SGT HANNA	772-0461 (219)	
BOWLING YOUTH BOWLING COUNCIL LADIE'S LEAGUE INTER-SECTION MEN'S LEAGUE CASUAL BOWLING YOUTH BOWLING COUNCIL CASUAL BOWLING MIXED LEAGUE	WESTWIN " " " " " " "	MON TUES WED THU FRI SAT SUN SUN	1900-2230 1800-2315 1830-2110 1830-2110 1900-2100 1100-1630 1300-1700 1830-2330	CPL Guy THIBAUT BEV. BROWN CPL GUY THIBAUT CPL GUY THIBAUT CPL GUY THIBAUT CPL GUY THIBAUT CPL GUY THIBAUT WO Gord INGLEHART	889-0249(243) 489-2262 (243) (243) (243) (243) (243) 889-5141	Seniors and Majors NOTE: BOWLING ALLEY: PHONE - 889-2059 .50¢ Adults, 35¢ under 18 .20¢ Adults, 10¢ under 18
FAMILY NIGHT CASUAL BOWLING 2 PPCLI - SR NCO BASE MAINT LAND YOUTH BOWLING COUNCIL CASUAL BOWLING	LIPSETT HALL " " " " "	MON TUE WED THU SAT SUN	1900-2100 1900-2100 1900-2100 1900-2100 1000-1600 1330-1600	SGT PYKE CPL Ken WARDELL Ann PARENT CPL Ken WARDELL	888-5021 832-1161 489-6560 832-1161	Manager Manager
BROWNIES (NORTH) (SOUTH)	WESTWIN LIPSETT HALL	INFORMATION NOT AVAILABLE MON 1800-1930		Pat WALSH	489-9667	Still Openings
BROOMBALL INTER-SECTION LEAGUE INTER-SECTION LEAGUE INTRA-SECTION/CASUAL	ST JAMES ARENA VIMY ARENA ST JAMES ARENA	TUE & FRI WED FRI	NOON NOON 1300-1530	MWO Les WHITE MWO Les WHITE REC. STAFF	(509) (509) (511)	(BAMEO, CFANS) (ALPINES, 1 CEU) Book well in advance
CERAMICS	BUILDING 81	SEE ARTICLE IN VOXAIR		JAN THOMPSON	888-8653	Classes available
COSOM HOCKEY DEPENDANTS SERVICE PERS.	WESTWIN GYM	SAT MON - THU	1330-1530 1630-1730	DEPENDANTS CASUAL RECREATION PERIOD SERVICE PERSONNEL PICK-UP LEAGUE		
CUBS (SOUTH) (NORTH)	LIPSETT HALL BUILDING 81	THU TUE	1900-2230 1830-2000	<i>New Executive - TBA</i> MAJ SELWYN	(221)	Still Openings
CURLING CLUB ONE CLUB (2 RINKS) JUNIOR CURLING	WESTWIN FOB WESTWIN & FOB	- - -	- - -	CAPT Jim VAN DUSEN (MEMBERSHIP CHAIRMAN) CPL Bob NICHOL	489-8011 or (888-0113) 837-6221	WESTWIN Ph. 832-0027 FOB Ph. 888-4354
DOG OBEDIENCE	BUILDING 21	MON	1930-2100	Lorna TRUE	774-8196 (Between 5 & 7)	We teach you to train your dog
DRAMA	STUDIO 22	TBA	-	MCPL MYMKO	985-3680	Requires members to get underway
FAMILY FUN	WESTWIN	SUN	1330-1530	MWO Les WHITE	(509)	Parents must be accompanied by their children.
FAMILY REC	LIPSETT HALL	MON & FRI	1800-2200	SGT Archie PYKE	888-5021	
FIGURE SKATING	ST JAMES ARENA	FRI	1715-1800	Mrs McSWEEN	889-0248	Badges one to eight
GOLF	BEL ACRES	-	-	ASTRA CREDIT UNION	BLDG 90	Need Clubs.- rent them at the Rec. Centre
GUIDES (SOUTH)	LIPSETT HALL	MON	1900-2100	Mrs Irene WOLFE	489-2873	Still openings
HOCKEY BASE REP. TEAM INTER-SECTION MINOR	ST JAMES ARENA ST JAMES ARENA WESTWIN (COMMUNITY CLUB)	TBA MON. WED. THU TBA	TBA NOON	CAPT Art SCHOENROTH CAPT Art SCHOENROTH MAJ IRVINE	(335) (335) (606)	Also call the Rec. Centre for Registration.
JOGGING CLUB	WESTWIN	-	-	MCPL BONNAR	(511)	Being formed soon.
LADIES FITNESS	WESTWIN LIPSETT HALL	MON & THU MON WED THU	2000-2200 1330-1500 0930-1100	MCPL BONNAR SGT PYKE " "	(511) 888-5021	
PHOTO CLUB	BUILDING 21	-	-	SGT RETI	(511)	Club dormant - looking for volunteer leaders.
RIFLE CLUB	WESTWIN	TBA	TBA	CWO DODD	(656)	Meeting early in Oct.
SKIING ALPINE CROSS COUNTRY	MT AGASSIZ WESTWIN SKI TRAILS	WEEKENDS - -	- -	WO Gord INGLEHART CAPT Les PUTLAND	889-5141 (344)	Bus transportation provided. Club to be formed
SWIMMING RECREATIONAL NOONS SYNCHRONIZED	BOTH POOLS BOTH POOLS LIPSETT HALL	MON. WED. FRI SUN MON to FRI TUE	1800-2000 1330-1530 1200-1300 1800-2000	PERI STAFF PERI STAFF Dawn WHITTEN	888-5021 or 511 888-5021 or 511 475-9546	Service personnel and DND employees Still openings.
SCOUTS (NORTH) (SOUTH)	BUILDING 81 LIPSETT HALL	WED MON	1900-2100 1930-2100	MAJ SELWYN Chick YOUNG	(221) 489-2687	Still openings.
TENNIS	COURTS AT BOTH GYMS			PERI STAFF	888-5021 or 511	
VOLLEY BALL INTER-SECTION BASE DEP. TEAM	WESTWIN LIPSETT HALL	TUE WED	1800-2200 1800-2200	MCPL BONNAR MCPL BONNAR	(511) (511)	
WEIGHT TRAINING	BOTH GYMS	WHEN EVER GYM IS OPEN		PERI STAFF	888-5021 or 511	Centurian apparatus
WOOD WORKING HOBBY SHOP	BUILDING 81	TO BE ANNOUNCED		SGT MARCHANT	(266)	Opening soon



By CAPT. Win Koch

The Goldeyes Scuba Club began its Skin Diver training program on Thursday, 16 September with a pool test for the eight novices present. Four more novices were tested on the following Tuesday. All twelve eager swimmers passed the test.

The Skin Diver program is 12 weeks in length and includes water safety training, first aid, rescues, the physics of diving, equipment, breath control and lots of physical conditioning. At the completion of the course the graduates will be awarded the Association of Canadian Underwater Councils (ACUC) Snorkel Diver certification. The course is excellent preparation for the Goldeyes Scuba Diver training program which will commence on Thursday, 6 Jan 77 and run for 18 weeks until May 77. Further information regarding Scuba classes will be published in December.

The Goldeyes Annual Meeting was held on Thursday, 9 September in the Westwin Pool. Although there was a hockey game on the tube, we still had 19 members present who were interested in seeing a new executive elected. Barry Abram was voted in as President. Wes Quinn became Vice President and Win Koch became Secretary-Treasurer.

The Goldeyes are still looking for experienced divers who are interested in joining the club. Any Canadian Armed Forces Personnel and their dependents can become club members. The Goldeyes offer regular memberships at \$20 per year. This fee includes low rental rates on equipment, air fills up to 3000 psi for only \$1.00; automatic membership in the Manitoba Underwater Council, open recreational swimming and use of the pool for checking out equipment.

The club is looking for the experienced divers to assist in various club projects - the mini-sub, a two-man submersible which is near completion; building an artificial reef at Westhawk Lake; organizing and hosting the annual Goldeyes "Scuba Doo" and looking forward to next summer organizing and losing the Goldeyes "Monster Hunt."

There's lots of activities that a diver can become involved in. If you're a diver in the Winnipeg area and want to join a group of divers right here at CFB Winnipeg com'on out any Tuesday or Thursday between 8 to 11 p.m. at the Westwin pool. Bring a towel, come for a swim and a sauna. For further information phone CAPT. Win Koch at local 454 or SGT. Barry Abram at local 307. Safe Diving!

CFB Winnipeg Ceramic Club

Well another season is underway with the opening on September 20 of the Ceramic Club. Quite a few members made their way out to get back into the swim of things and it seemed after a while that we had never been away from it.

A course in slip casting, glazing and general basics of Ceramics has just been completed but it seems however that another one is in demand. So be it. A course will be held on September 30, October 5 and October 7, three evenings from 7 pm until approximately 10:00 - 10:30 pm. The cost of the course is \$10.00 for the three mentioned nights plus your utensils that are required. After completing the classes, persons still interested may obtain a membership at a cost of \$15.00 per year. The membership entitles you to use the facilities of the club whenever it is open. Our open hours are: Monday and Wednesday evening from 7 pm - 10:30 pm and Tuesday afternoons from 1 pm to 4 pm and we run from September until June. Persons interested or wanting information should contact Jan at 888-8653 or Marlene at 889-0754.

Come on out and join the mess, make new friends and enjoy making and giving your own very personal gifts.

BADMINTON CLUB

Registration and play is Sunday and Wednesday evenings 1900 - 2230 hrs.

At present both Sunday and Wednesday play is at Westwin gymnasium, however effective Sunday 3 October normal Sunday play will be at Lipsett Hall gymnasium while Wednesday play will continue at Westwin gymnasium.

The cost is \$15.00/Service person, dependant or DND employee for membership and play. This cost also includes your membership in Manitoba Badminton Association which allows you to participate in Manitoba Badminton Tournaments, training sessions and other benefits derived from the MBA and Manitoba Sports Federation.

The club offers the opportunity to participate in badminton at both recreational and competitive levels with instruction available within a relaxed social atmosphere.

For further info phone Gary Wolfe at Local 631.



The Skylarks Synchronized Swimming Club Wants You!

Tues. Evenings
6-8 p.m.
At Lipsett Hall
Or -
Phone Dawn
475-9546

CURLING

ATTENTION CURLERS

CFB Winnipeg Curling Club will commence another season commencing with Open Curling (Practice Ice) on a first come basis effective 6 October until 12 October incl (weatherman co-operating).

Other opening dates for commencement of leagues etc., are scheduled as follows:

- Oct 12 - Ladies Daytime League
- Oct 13-16 Harvest Bonspiel
- Oct 17 - Mixed League
- Oct 18 - Men's (Monday) League
- Oct 19 - Men's (Tuesday/Thursday) League
- Oct 20 - Men's Wednesday League
- Oct 22 - Ladies Night League

Membership applications are now available at both rinks and all Unit Orderly Rooms. Previous members have priority of league play until 1 October.

For further information contact: Membership Chairman Captain J. Vandusen at 888-0113 or 489-8011.

JUNIOR CURLING

Registration will be held 4 Oct 76 and 5 Oct 76 between 4:30 p.m. and 5:30 p.m. at both Westwin and F.O.B. curling rinks. Fee \$5.00 per person. For further info regarding Junior Curling. Phone Bob Nichol (Westwin) 837-6221 Loc 240 - Keith Carlson (F.O.B.) 489-9279.



MANITOBA BLACK BELT ASSOCIATION

Learn an intriguing Olympic Sport
Become physically fit and improve your self-confidence.

Join for Competition or Recreation
FOR FURTHER INFORMATION AS TO REGISTRATION:

Central YMCA Judo Club
c/o Ray Draper
301 Vaughan Street
WINNIPEG, Manitoba R3B 2N7

University of Wpg. Judo Club
c/o Roy Plumtre
University of Winnipeg
WINNIPEG, Manitoba

Manitoba Judo Club
374 Donald Street
WINNIPEG, Manitoba R3B 2J2

St. James YMCA Judo Club
c/o Joseph McGrath
150 Ferry Road
WINNIPEG, Manitoba R3J 1V7

Winnipeg Judo Club
c/o Richard Wilson
499 Main Street
WINNIPEG, Manitoba

University of Manitoba Judo Club
c/o M. Oye
71 St. Edmund's Bay
WINNIPEG, Manitoba R3T 3M5

"MANITOBA (JUDO) BLACK BELT ASSOCIATION" OFFICE:
379 Cumberland Ave., Winnipeg, Phone: 942-7424

Boy Scouts Of Canada - 51st Group



The North Site Group for Venturers, Scouts, Cubs and Beavers will commence their activities as follows:

October 5th: Cub Pack - Tuesday evenings 6:30 to 8:00 PM

October 6th: Scout Troup - Wednesday evenings 7:00 to 9:00 PM

Meetings are held in Building 81 (turn right before reaching the Base Gate on Sharpe Blvd)

Venturers (Boys 14 to 17) are asked to meet with the Scout Troop for the present on Wednesdays.

Beavers are asked to register with the Cubs on Tuesdays until a Beaver leader is found. Beavers will not meet until notified by the Committee.

Additional registration will be accepted on the 5th and 6th of October. Boys are asked to bring their registration fee of \$8.80 for the Scouting Year 76/77 at the first meeting.

For additional information on Scouting activities on the North Site please contact:

Maj E. Selwyn Loc 221
Chairman Home 832-1247

CWO J.E. Jamieson Loc 401
Secretary Home 888-8063

MCPL Karl Mercer Loc 455
Scoutmaster Home 889-8032

Westwin Minor Hockey



Coaches Needed We Know You're There....

Call Capt. Glen Nelson At Local 474 or 888-4529

Westwin and Lipsett Hall Rec. Swimming

Mon., Wed., Fri. 6-8 p.m.
Sun. 1:30 - 3:30 p.m.

Hobby Shop Bldg. 81

The constitution has been drawn up, we have volunteer monitors and the shop is being made ready for re-opening in the very near future. Call the Rec. Centre for further info.

Inter-Section Broomball

A Noon Hour League
Tue at St. James
Wed at Vimy
Fri at St. James

Teams:
BAMEO*CFANS*-ICEU and Alpines (the FRENCH connection)
If you wish to play contact MWO. White at the Rec. Centre, local 509

Follow These Signs Toward Fitness & Health



WESTWIN & LIPSETT HALL GYMS

Cosom Hockey

At the Westwin Gym
Dependants: Saturdays - 1:30 to 3:30
Servicewomen and men:
Mon to Thu - 1630 to 1730 hrs.

Run around with your wife again.

WSIS Wanted
Call Cpl. Jim Wallace
Rec. Centre local 511

Lipsett Hall Childrens' Summer Recreation Program



The second session of the program was as exciting and full of fun as the first. There were 112 children ranging in age from 4 - 14 years. Activities for the younger set included Ceramics, Bowling, Movies, Swimming, Gymnastics and a variety of indoor and outdoor games. For the older group, twelve years and up, the highlight of the summer had to be the archery. The Manitoba Archery Association provided six, two hour periods of instruction to 24 students. They were also

blessed with a canoe trip at La Riviere Park on the La Salle River, for those who had attended the canoe course.

THE WRAP-UP

For the final evening there was an archery shoot-off for the 12 - 14 year olds; a ceramics contest for the 7 - 11 age group, and an art course for the 4 - 6 year olds. Awards in the form of trophies, badges, trinkets etc were presented and the best part - the hot dogs and pop were served.

10th Annual Art Competition

ST. JAMES CIVIC CENTRE
2055 NESS AVE.,
OCTOBER 21, 22, 23, 24, 1976
Entry forms will be available by
-August 31st at-
ST. JAMES Y.M.C.A.
ST. JAMES LIBRARY
ST. JAMES CIVIC CENTRE
WESTWOOD LIBRARY
Entries close October 13, 1976

This show will feature a special presentation of the work of Honorary Life Member, Mr. Ernie Chivers.

South Site PMQ Council News

The fall session is upon us and as noted elsewhere in VOXAIR, registrations are underway for the full range of activities that will be carried out at Lipsett Hall. In addition the scouts and guides are becoming active, and the teen club should be in operation at an early date. Work is underway on preparing the outdoor rink for the winter season and it is hoped that ice will be available as soon as weather conditions permit - lets not rush it however!

The council is studying different ways of beautifying the area and it is hoped that some tree planting can be undertaken before snow fall. The long term plan is a gradual build up of wooded areas and the provision of a few artifacts such as barbecues, tables and even wading pools at a later date. It is all part of program to beautify our area, largely through self help, and whatever assistance that can be achieved from other city, provincial and federal resources.

The new BPERO is keenly interested in all our activities and in conjunction with the new Lipsett Hall supervisor, SGT Pyke, we should have a well organized program of activities.

We are still in need of PMQ members to assist on the council and other activities such as the rink, teen club, etc. Give it a thought and if you have some free time volunteer your services. We have a lot going for us on the South Side, it is one of the best PMQ locations I have ever occupied and with a little mutual effort we can truly make CFB Winnipeg an enviable place to live. Give us a hand and enjoy the benefits - a better and happier community.

Teen Club South Site

The teen club on the South Side has had a very successful operation for the past three years. They have had an active membership and participated in many successful activities. The teen organization has guided its own affairs largely through their own executive of teenagers and the supervision of one conscientious service member and his wife. The supervisor has been transferred, leaving a void in the overall operation. What is required is the assistance of some dedicated adults to help them in their planning and organization to ensure the continuing success of this very worthwhile activity. In addition to one individual who would act as the liaison between the teen club and the council, there is also a need for other adults to volunteer their services as chaperones for teen activities, such as dances and other events. The South Side Council urgently solicits the help of interested parents to participate in this community service. It would be a real pity to have these interested young people deprived of the opportunity to participate in social functions, simply because there is not enough interest in their welfare by the adults of the community. The season is just commencing and it is important to proceed as soon as possible with a resumption of scheduled teen club activities. Interested adults are requested to contact either LCOL E. J. Grant at 489-5644 or Local 626 or CAPT J. Magee 489-6797 or Local 661.

Lipsett Hall Schedule Of Activities

Aquatics

Program "A"

To be conducted on Mon and Wed and will offer the following classes: (two exposures per week)

1630 - 1710 hrs. Pre-beginners - junior
1715 - 1800 hrs. beginners - survival

This program is to commence Mon 27 Sep 76.

Program "B"

To be conducted on Tue and Thu and will offer the following classes: (two exposures per week)

1630 - 1710 hrs. Pre-beginners - intermediate
1715 - 1800 hrs. beginner - senior

This programme is to commence Tue 28 Sep.

Registration fee - \$6.00 military - \$8.00 civilian

Program "C"

Moms and Tots

This program will be conducted on Wed of each week from 1400 hrs to 1500 hrs starting on 29 Sep 76.

Registration fee - \$6.00 military - \$8.00 civilian.

Program "D"

Adult Learn to Swim

This program is to commence Thu 30 Sep from 1800-1900 hrs:

Registration fee - \$6.00 military - \$8.00 civilian.

Program "E"

Bronze Medallion

This program is to commence Sat 2 Oct from 0900 - 1200 hrs.

Registration fee - \$25.00.

Program "F"

Sat afternoon Learn to Swim

This program is to commence Sat 2 Oct. from 1300-1700 hrs.

(one exposure per week), and shall offer the following classes:

1300 - 1340 hrs Beginner
1300 - 1340 hrs Pre-beginner
1300 - 1340 hrs Junior
1400 - 1440 hrs Pre-beginner
1400 - 1440 hrs Beginner
1400 - 1440 hrs Intermediate
1500 - 1540 hrs Pre-beginner
1500 - 1540 hrs Beginner
1500 - 1540 hrs Senior

Program "G"

Skin and Snorkel, Sat afternoon

This program is to commence Sat 2 Oct 76.

1600 - 1700 hrs

One exposure per week.

Gymnasium

Program "A"

Ladies Keep Fit Classes

This program is to commence on 27 Sep 76.

Mon 1330 - 1530

Wed 0930 - 1130

Thu 0930 - 1130

Registration 25 Sep 76

Place of registration - Lipsett Hall

Fee \$7.00 and \$10.00 - Military - \$10.00 and \$15.00 for Civilians.

Program "B"

Family Night

This program is to commence 27 Sep 76 from 1800 - 2100 hrs.

Mon and Fri.

This consists of gym, pool, sauna, weight room, bowling.

Registration Fee - 50c per family for Military per night, \$1.50 per family for Civilians per night.

Program "C"

Gym - Gymnastics

This program is to commence on 2 Oct 76 from 1330 - 1530 hrs.

Sat.

Registration Fee - \$5.00 DND \$7.00 Civilian.

Registration date - 25 Sep 76.

Program "D"

Lounge - Dancing Classes

Tap Dancing - age 3 years and up

Highland Dancing - age 5 years and up

Registration 0900 - 1100 hrs 25 Sep 76.

Registration Fee - \$5.00 DND \$7.00 Civilian

Time - Wed 1500 - 1900 hrs

Registration for Pool and Gym classes will be held on 25 Sep 76.

Registration Times

DND 0900 - 1100 hrs

Civilian 1100 - 1400 hrs

Registration fees for all swimming classes (CRC) DND \$6.00 - Civilians \$8.00.

Team Handball

The Manitoba Team Handball Association is sponsoring a League at Lipsett Hall on Saturdays from 0900 - 1300 hrs commencing 16 Oct 76.

This is open to both males 16 years and older and females 15 year and older.

Registration - \$20.00.

This is being conducted at Lipsett Hall by Sgt. Pyke 888-5021.

Give it a try. You might find it a very rewarding activity to assist our young people in some enjoyable activities. Your help is

needed or we will be forced to disband the club which is not in the best interests of the South Side community.

Astra Credit Union Hosts - 17th Military Conference



Major R. Jackson, President, Board of Directors, Astra Credit Union Limited, Prepares agenda for conference.



R. Statham, General Manager, Astra Credit Union Limited, Winnipeg, and Major R. Jackson, President Board of Directors, Astra Credit Union Limited, check delegate list for conference.



The 17th Annual Military and Affiliated Credit Union Conference was held 9, 10 and 11 September, 1976 at the International Inn. The Conference under the Chairmanship of Major R. (Bob) Jackson, President of Board of Directors Astra Credit Union Ltd., hosted delegates from Military and Affiliated Credit Unions from coast-to-coast in Canada and CFB Europe.

CREDIT UNION DAY - CDS PROCLAMATION

For many years I have been aware of the philosophy of mutual sharing advocated by credit unions and it has been with interest that I have watched the continual growth in the role of Military Credit Unions within our military community.

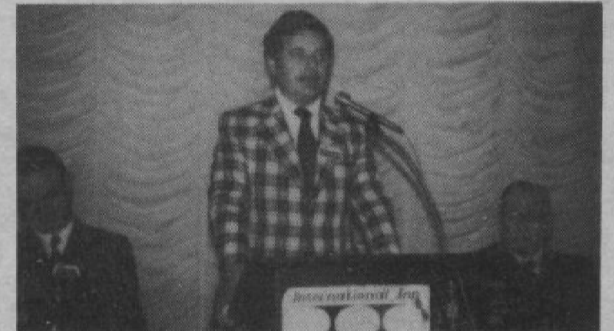
This growth has been possible because of the dedication of many who have donated their time and efforts towards the fostering of credit union ideals.

On the occasion of International Credit Union Day, October 21st, I wish to acknowledge the efforts and dedication of those who have contributed to the growth of Military Credit Unions and assure them of my continued support.

— General J. A. Dextraze
Chief of the Defence Staff



COL. M. D. Gates, Base Commander, C.F.B. Winnipeg (Westwin) giving welcoming address to delegates: On his left is LCOL. R. Bussey, Air Command Chaplain (R.C.).



Councillor Robert Steen, City of Winnipeg giving welcoming address from City of Winnipeg delegates: On his right COL. M.D. Gates, Base Commander, C.F.B. Winnipeg (Westwin) on his left LCOL. R. Bussey, Air Command Chaplain (R.C.).

LCOL. K. Jacobs (Left), NDHQ Ottawa, COL. M. D. Gates, Base Commander C.F.B. Winnipeg (Westwin), Henry Wiebe, President CCSM, CAPT. Wm. Cairns, Chairman Executive Committee, Military and Affiliated Credit Unions, Ottawa (on the Right).



Henry Wiebe, President CCSM, Winnipeg addressing delegates. On his left LCOL. R. Bussey, Air Command Chaplain, (R.C.).

MY TRANSFER IS IN!



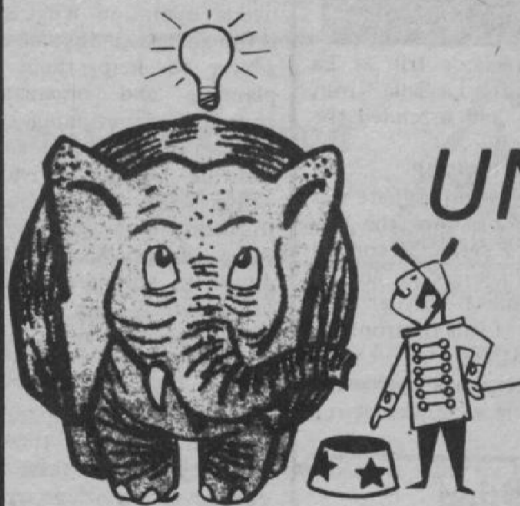
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CFB Beausejour - 1080 Wall St. at Sargent Ave. - CFB Gypsumville Ph. 786-6689

Air Command New Chiefs of Staff Appointed

Chief of Staff Operations Brigadier-General R. R. Barber, CD

Brigadier-General R. Russel Barber was born in Brandon, Manitoba, in 1926 and completed schooling in Maryfield, Saskatchewan.

General Barber enrolled in the Royal Canadian Air Force in 1943, and was trained as an air gunner. He returned from overseas and was released from the RCAF in September 1945. He re-enrolled in May 1946 to train as a Radar Technician at Clinton, Ontario and in October of the same year he transferred to the Regular Force. The following year he graduated as a Radio Navigator.

Following tours of duty as Radio Navigator with 414 and 435 Squadrons at RCAF Stations Rockcliffe and Edmonton, in June 1952 he was appointed Navigation Leader at No. 4 Transport Operational Training Unit at RCAF Station Lachine, Quebec; two years later he was named Deputy Staff Officer, Navigation and Radio Officer Training at Headquarters RCAF Training Command, Trenton, Ontario.

In September 1956 he was appointed Department Head, Electronics Department, Central Navigation School, RCAF Station Winnipeg, Man. In 1959 he was appointed Navigation and Electronics Instructor with the United States Air Force Academy in Colorado. Returning to Canada he became Staff Officer Radio and Navigation Officer Training at Headquarters Air Transport Command, Trenton, Ont.

In 1963 he attended the RCAF Staff College in Toronto after which he became a member of the directing staff at the RCAF Staff School in Toronto. This tour was followed by three years as Commanding Officer of Canadian Forces Station, Alsask, Sask., after which he became Senior Staff Officer Plans and Requirements at Headquarters Air Defence Command, North Bay, Ontario.

On promotion to Colonel he was posted to National Defence Headquarters as Director of Air Plans and remained at this post prior to being named Base Commander, Canadian Forces Base Toronto in February 1975.

Colonel Barber was promoted to the rank of Brigadier-General 15 July 1976 and appointed Chief of Staff Operations at Air Command Headquarters in Winnipeg, 26 July 1976.

Brigadier-General Barber is the son of Mrs. W. C. Barber of Maryfield, Sask. and is married to the former Shirley Bearance of Welwyn, Sask.

Chief of Staff Support Brigadier-General P. Maxwell, CD

OTTAWA — Defence minister James Richardson announced today that Colonel Patrick Maxwell, 48, of Viscount, Sask., will be promoted to the rank of Brigadier-General and appointed Chief of Staff, Support, for Air Command Headquarters, Winnipeg, in September.

He succeeds BGEN. James West, 52, of Vancouver, who becomes Director-General of Materiel, Administration and Programs at National Defence Headquarters, Ottawa.

In his last post General Maxwell was Director of the Canadian Forces Exchange System (CANEX), which retail outlets and other services for military personnel at bases and stations in Canada and overseas.

He joined the Royal Canadian Air Force in 1949, after graduating from Royal Roads Military College, Victoria, B.C. For the next three years he held various positions as a supply officer and instructor.

In 1953 he was posted as senior supply officer to 2 Fighter Wing, Grostenquin, France, and 18 months later became Command Staff and Supply Officer at 1 Air Division Headquarters, Metz, France.

In June, 1956, he returned to Ottawa as section head, Jet Aircraft and Support Procurement Section, at Air Force Headquarters. In August, 1959, he began a year's study at RCAF staff college in Toronto. He was promoted to the rank of Lieutenant-Colonel in 1963.

In August, 1965, after holding a series of appointments in Ottawa, he was appointed Commanding Officer of 1 RCAF Requirements Units, Wright-Patterson Air Force Base, Dayton, Ohio.

He was promoted to the rank of Colonel in August, 1967, and in September began a year's study

at National Defence College, in Kingston. A year later he was seconded to the Treasury Board in Ottawa as a materiel management advisor.

In June, 1970, he was appointed Commanding Officer of the Canadian Forces Supply Depot in Montreal.

In June, 1975, following a series of staff appointments in Ottawa, he became director of CANEX.

General Maxwell is married to the former Barbara Meagher of Ottawa.

Grunts Change Pigeon's Tune

OTTAWA(CFP)—Take a hard, super-keen physical and recreation instructor and send him on an infantry training exercise in sub-zero weather.

The jockstrapper will "ace" it, and outdo the infanteers, right?

Well, not quite. PERI SGT. Kerry Boucher of CFB London, Ont., was talking when he should have been listening in the mess one day last winter, and his RCR buddies took him up on the challenge.

What SGT. Boucher figured would be a "three-day winter stroll" turned out differently. With his "pigeon" background he suffered far more than cultural shock when he tried to keep up with his pongo chums.

So today he's a bit quieter in the mess, and a lot wiser.

And he passes on his humorous, but agonizing, experiences of Exercise Perfect Season in Sentinel 1976/4.

For the sailors, Sentinel's cover story looks at MARCOM's "Exercise Springboard '76".

Other features include 437 "Husky" squadron's women with wings, the Flight Attendants, and an interview with recently retired BGEN. Don Holmes.

Watch for Sentinel 1976/4.

Happiness is a peculiar sensation you get when you are too busy to be miserable.

Right Or Wrong Give

Let's face it — when children are enjoying a game of tag, hide-and-seek etc., traffic safety doesn't enter their mind. Their thoughts are concentrated on the game at hand. You and your vehicle don't exist in their world. It therefore becomes your responsibility to exercise extra caution when driving in areas where children might be playing.

In apartment residential areas, the number of cars far exceeds the number of garages. Consequently, many residential streets are solidly lined on both sides with parked cars. Be especially alert and drive

The Kids A Brake

slowly on such steets, particularly during the day time, because playing children are constantly moving in and around parked cars. Children can dart from the concealment of parked cars in a flash.

The nagging memory of an accident resulting in injury to a child stays with the driver for many years. Even though he was not to blame he often thinks "What could I have done to avoid hitting that child". The question to you is "What can you do to prevent involvement in such a tragedy".

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Nothing is impossible for the man who doesn't have to do it himself.

Fire Prevention Week: October 3-9

Home Sweet Home? Not Always

More than 700 Canadians will die from fire in 1976 and 9 out of 10 of these will be the result of fires in the home. So says Major Bill MacDonald, President of the Canadian Association of Fire Chiefs and a senior executive in the fire fighting services at the Department of National Defence, Ottawa.

His estimate may be conservative. The latest available figures point up a 5 year average of 770 fire deaths, with 1974 reaching an all time high when the death toll was 920.

Major MacDonald goes on to say, "There will be more than 70,000 fires in 1976 and about 68% of these will occur in somebody's home. The chances are your family will experience one serious fire in this generation. It is high time we woke up to reality. The residential inferno is the most terrifying."

The figures are alarming but the public goes on its merry way.

The kitchen is by far the most dangerous area, but the incidence of fire in bedrooms and basements or lockers is very high. Most are caused by carelessness or lack of knowledge as to proper fire prevention procedures.

Dwelling occupants can increase their chances of fire safety by learning good, common sense fire prevention habits and of life expectancy by knowing in advance the procedures to follow in case of fire. Fire departments are anxious to advise their citizens on both points and in many, many communities home inspections are available for the asking, without any obligation. Just a telephone call will start the ball rolling and you'll get professional advice free.

A very forward step in home safety is a complete sprinkler system in all areas, plus a smoke detector for early warning, in the hallway outside sleeping areas. The installation charges are comparatively nominal, estimated on a square footage basis at about one third the cost of wall to wall carpeting. The rewards in family safety can be great.

Fire strikes fast and the first few minutes, even seconds are so very important. That is when the action starts and is another reason for stressing the in home use of Smoke Detectors, to give you and your family that early warning, to save you those first few precious minutes that may save your lives.

Imagine you have just discovered a fire in your house quickly, do you know what to do ?

Home Sweet Home... FIRE PREVENTION IS OUR BUSINESS

The saving of lives is the first concern of fire fighters, hence the heavy emphasis placed on escape plans, fire warning devices, etc. But fire prevention programs are essentially set up to do what the name implies, minimize fire hazards by teaching good fire safety practices and building a much broader awareness as to the perils of fire. The aim is to help people help themselves but there is a real public responsibility involved. The fire services can help make your home a safer place but only you can keep it safe.



FIRE PREVENTION INSPECTIONS - PMQ'S

A fire prevention team will be visiting the PMQ's in the South Side area during the period 28 Sept to 14 Oct 76.

A Few Safety Hints

1. Know how to escape "Blind" from every room. Black smoke can mask exits and toxic gasses confuse your thinking. Have regular escape drills. PLAN TO LIVE.
2. Make a map of your house or dwelling, showing emergency escape plans. Make sure your family, baby sitter and even overnight guests are familiar with it. Note... Put emphasis on BABY SITTERS. Remember, they're not as familiar with the surroundings as you are.
3. Never underestimate fire or allow it to come between you and escape. Fight only the smallest fires, after everyone is evacuated and the Fire Department has been notified.
4. "Products of combustion" (Smoke) Detectors should be considered in your Home safety plans. They are designed to give early warning. At the first signal of smoke or fire shout a warning to all the others.
5. In planning your escape, remember heat and gases push up, superheating stairways and halls. Never open a door without testing it first. If the top of the door or knob feels hot, the hall outside may be impassable.
6. Plan your escape possibilities well. Determine the best and quickest way to reach the ground and safety.
7. Make your escape plans now and practice them until they become second nature.

Fire can happen to you

HQ Militia Area Prairie Promotion - Appointment



COL. J. A. VADEBONCOEUR

The Commander of Militia Area Prairie, BGEN. Hugh Comack has announced the promotion of COL. J. A. Vadeboncoeur CD, and his appointment as Deputy Commander.

COL. Vadeboncoeur first served with the engineers in the Canadian Army active force in 1943. In 1950 he joined the Fort Garry Horse as an Officer Cadet, served as a Regimental Officer until 1970 when he was posted as a Major to Winnipeg Militia District Headquarters as Senior Staff Officer, Operations and Training. He was promoted

Lieutenant-Colonel in 1972 and appointed Senior Staff Officer (Militia) at the same headquarters. In 1974 he moved to headquarters, Militia Area Prairie, as Senior Staff Officer Operations and Training, serving in that office until his present appointment.

As Deputy Commander, COL. Vadeboncoeur will assist the Commander in administering Canada's largest Militia Area,

Can FIRE find a home in your home?

geographically, supervising the training of all units in Alberta, Saskatchewan and North-Western Ontario as well as Manitoba.

COL. Vadeboncoeur lives in Winnipeg and is an executive with Canada Manpower.

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Promotion And Awards Presentation

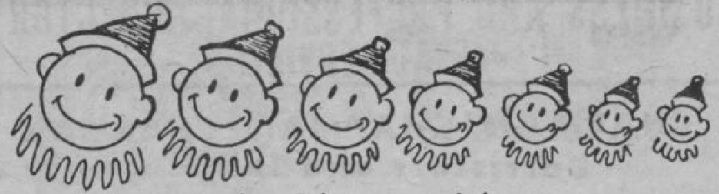


Congratulations and best wishes are extended by COL. Gates and LCOL. McNeil to MWO. C. P. Nielsen on his recent promotion to Chief Warrant Officer. Good luck in Portage "Red." Base Photo



Colonel M. D. Gates, CFB Winnipeg Base Commander presents Corporal H. K. Scott with the 1st clasp to the Canadian Forces Decoration. Lieutenant-Colonel J. E. McNeil (left) extends his congratulations. Base Photo

LAUGHING AT OURSELVES



by John Semeniuk

SPORTIN LIFE: Immediately prior to a race, the Race Track Presiding Judge noticed one of the handlers feeding something to his horse. Suspecting the possibility of the horse being doped to produce more speed, the Judge said, "Here! Here! What are you feeding that horse?" Sheepishly, the handler replied, "I was only giving it a sugar cube." The handler produced two sugar cubes from his pocket, handed one to the Judge and stated, "See, it's only sugar." The two men ate the cubes and the Judge apparently was satisfied that all was well and departed. A few minutes later the handler briefed his jockey, "Don't let him go until you've reached the far turn, then give him his head and he'll win easily. If any one passes you, it will be the Judge and myself!"

PITTER PATTER: Father to tax consultant, "I know children are deductible, but they can also be taxing."
* * *

CZECH MATE - A Russian officer, a Czechoslovakian, a little old lady, and an attractive young lady were sharing the same compartment on a train travelling in Czechoslovakia. Shortly after the train entered a dark tunnel, the passengers heard a noise which sounded like someone was being kissed - this was immediately followed by a thunderous slap. The attractive young lady thought: "Isn't it odd that the Russian tried to kiss the little old lady and not me." The little old lady thought: "That young lady has high morals and knows how to take care of herself." The Russian thought: "That Czeck steals a kiss and I get slapped for it!" The Czech thought: "I am really a very smart fellow. I kiss the back of my hand, clout a Russian officer, and get away with it!"
* * *

THE MARRY GO ROUND: A Winnipeg man was sitting outside on his front porch in freezing cold weather. An anxious neighbour inquired about this strange behaviour. "My wife is about to start her singing lessons," explained the man, "And I don't want any of you to think that I'm beating her!"

C.F.B. Dog Obedience Club



Registration was held on September 13th in Bldg. 21. However if you show up next Monday you will still be welcome.

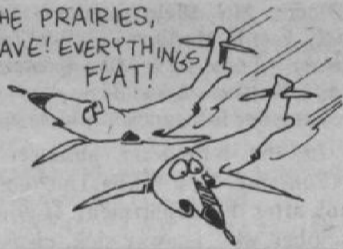
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NOTICE



BASE RECREATIONAL LIBRARY

The Base Recreational Library, located in the Rec Centre building 90 has a good selection of books available. If we do not have it we will try and get it. In addition to the lending library we operate a pocket book and comic book exchange.

The library is open from 1800 to 2030 hours Monday to Thursday evening.

If you do not already have a card open for yourself and your family drop in and open one up. Be sure to bring your PLC Certificate with you.

Some recent acquisitions which are recommended for your reading are:

- Jaws - Peter Benchley
- Shogun - J. Claver
- Exoneration - R. Rohmer
- Trinity - L. Uris
- The Greatest - Mahammad Ali
- The Art of Walt Disney - C. Finch
- Clay and Glazes for the potter - D. Rhodes
- Macrame - M. W. Phillips

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Edith Watson - Local 385.

For further information please contact any one of the above members. .

In the temporary absence of our Sick and Welfare gal Mrs.
LaFontaine, Mrs. Nadia Thickens (Local 546) has kindly consented to
look after this department. If you have a fellow worker or you hear of a
member who is away sick, please let Nadia know so that she can pass
along those get well wishes from us all.

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