



Private Marcel Nadeau, 4 Combat Medical Support Unit, pours a cup of precious water for a citizen of the earthquake-stricken town of Piovorno in Northern Italy. PTE Nadeau, son of Mr. and Mrs. J. I. Nadeau, 1421 Boulevard Sacre-Coeur, St. Felician, P. Q., is a member of the 300-man Canadian task force which moved from the NATO base at Lahr, Germany to assist citizens in the disaster area around the town of Udine in Northern Italy.

## Sun Never Out Of Sight For Peacekeepers



OTTAWA—The sun never sets on Canadian Forces peacekeepers who continue to serve under six United Nations mandates around the world.

In the Middle East, more than 1,000 Canadians, including 50 servicewomen, now are employed with the United Nations Emergency Force (UNEF) in the Sinai Desert buffer zone, and on the Golan Heights between Israel and Syria, with the U.N. Disengagement Observer Force (UNDOF).

Their roles are to provide communications, air transport and logistics support to both forces.

Canadian peacekeepers have been involved in the United Nations Force in Cyprus (UNFICYP) since its inception in October, 1964. About 450 men from the 2nd Battalion, Princess Patricia's Canadian Light Infantry, currently are on duty in Nicosia.

They have been manning the "Green Line," separating Greek and Turkish factions, since relieving the 3rd Battalion, PPCLI, last April.

In addition to the Canadian contingent on Cyprus, there are Canadian servicemen in the international headquarters at Nicosia, including Brig.-Gen. Clay Beattie of Ottawa, chief of staff of the UN force.

The United Nations Truce Supervisory Organization (UNTSO) employs 20 Canadian officers as military observers in Egypt, Jordan, Syria and Israel. The mission has been in existence since 1948.

Nine Canadian Forces' officers also serve with the UN Military Observer Group - India/Pakistan (UNMOGIP). Their mission is to supervise implementation of the terms of the 1949 ceasefire agreement between India and

See SUN Page 4 Col. 5

## CDN Servicemen Aid In Italian Relief Operation

The emphasis on Canadian humanitarian relief operations in northern Italy is now concentrated on engineering projects, preparing meals and providing water.

The engineers have been requested to assist in leveling 97 per cent of the badly damaged town of Portis and up-grade conditions at the tent city of Carnia in the Udine district.

Food preparation in the towns of Venzone and Piovorno is continuing and the Canadian water purification unit is distributing 5000 gallons of water daily.

Individual soldiers continue to assist families to retrieve valuables from the rubble of their homes.

Italian civilian authorities are working on plans to create a bulk food distribution point and issue meal cards to refugees. The demand for Canadian food services may be lower when these Italian-instituted measures are in effect.

A few Canadians have already returned to Lahr and a road convoy of 30-plus vehicles brought back to Lahr more than eighty personnel who are now considered non-essential to the operation.

The gratitude of the Italians for the prompt and unselfish assistance provided by the Canadians has been expressed in many ways. Graffiti scribbled on walls has praised and thanked the members of the task force. An Italian baby born in the Canadian medical facility was named after the Captain Daniel Bastien who commanded the Royal 22e Regiment unit in the town of San Daniele. Lapel pins showing the Canadian flag are worn with pride by the refugees.

The Italian ambassador to Canada, in a letter to the Prime Minister, expressed the gratitude of his government and the people of Italy "for the prompt, generous and efficient aid Canada has provided especially through the armed forces in the first hours following the earthquake."

"The Italian people" said Ambassador Smoquina, "have been deeply touched by this further proof of solidarity given them by Canada at another difficult juncture in their lives."

## C.W.L. Hosts 9th Annual Military Vicariate Convention



### OFFICIAL OPENING OF THE CONVENTION

Executive of the Military Vicariate C.W.L. and Spiritual Director - F. H. Boucher, BRIG.-GEN.

Missing from picture - Girl Guides who raised the flag - 44th Company.

In our Military Vicariate Catholic Women's League, we have thirty-three active councils across Canada and in C.F.B. Europe. Each year, we meet for discussions to help promote and share new ideas of our council activities.

This year, our four Manitoba councils (Winnipeg South, Winnipeg North, Shilo and Portage la Prairie) had the honour of hosting our 9th Annual Convention, held at the University of Manitoba, May 20 - 23.

The theme, "Christianity in the Family" was most fitting for it brought out the real gift of love and sharing, by the teamwork shown by all members. With this cooperation, our project had no choice but to be a complete success.

A big bouquet to our husbands and children, for their help, support and understanding, while we spent so many hours away from them, on the preparations necessary for such an event.

An added attraction was our Protestant Chapels' (St. Andrew's and the Good Shepherd) Family Group Choir. They sang "Joseph's Multi-Coloured Coat". Their presentation was most exciting, for it showed real love and unity. It was enjoyed by all 115 delegates, sitting in on the performance.

We thank Padre and Mrs. Mills and all members of their choir for

### All Photos By Base Photo More Pics Page 3

such a beautiful evening. We wish them every success in their future endeavours. They will always be remembered in our prayers.

The setting of our Saturday evening banquet was a beautiful sight, with red, white and gold accessories. The meal was thoroughly enjoyed by all. Special guests were Brig. Gen. Theriault; Lt. Col. Whitten; Maj. LaChapelle; LCol. Bussey, Air Command Chaplain (RC); Maj. and Mrs. Mills of St. Andrew's, and many other honorary guests.

Guest speaker for the evening was Fr. Eric Jensen, of St. Paul's, Boys' High School. His talk was inspiring, and mentioned Christianity and love throughout the evening.

A special thank you to our Base Commander, Col. Gates for his words of inspiration in our program and his full support with our Convention project.

To conclude, I must say it has been a most rewarding experience to convene this 9th Annual Convention. It has been a pleasure working and sharing with all the ladies involved.

Our Lady of Good Council,  
Pray for us,  
Phil Rogers,  
Convention Convenor

**Inter-Mess Picnic Sat Jun 26**  
**Rides! Games! Fun For The Whole Family**  
**Location - Behind Westwin Rec Centre**  
**12 - 6 P.M.**

# Promotions



CAPT. G. D. Walker of Base Maintenance (Land) is being congratulated on his promotion to that rank by the Base Technical Services Officer, LCOL. J. E. McNeil. The Base Maintenance (Land) Officer, CAPT. J. D. Dunsmore, looks on in obvious approval. CAPT. Walker has been posted to CFB North Bay to assume the duties of the Base Maintenance (Land) Officer. "Good luck Garth".

(BASE PHOTO)



CPL. R. J. Ulmer is congratulated by CAPT. G. D. Walker on his appointment to Master Corporal effective 1 May 76. MCPL. Ulmer is employed in Base Maintenance Land Servicing Section in Bldg 87 (N).

(BASE PHOTO)

## Cadet Awarded Posthumous Medal For Bravery

OTTAWA—Disregard for his own life while saving another's has earned a posthumous Canadian Forces bravery award for a young Sudbury, Ont., air cadet.

The Cadet Award for Bravery, a medal and citation signed by General J. A. Dextraze, chief of the defence staff, have been awarded to the late Gordon R. E. Lapointe of 200 Squadron, Royal Canadian Air Cadets, for throwing four-year old Thomas Fraboni from the path of a runaway truck in March, 1975.

Leading Air Cadet Lapointe, 13 at the time, and a city school safety patroller, was escorting a group of pre-kindergarten children when one ran ahead of the others, into the path of the truck.

Major Winslow A. Case, 200 Squadron's commanding officer, reporting on the incident, said "... without thought for his own safety, (he) immediately went to the rescue.

"Shouting a warning, he ran into the path of the vehicle and grabbed (the boy), throwing him to safety." The youngster received only minor injuries.

The bravery medal and citation will be presented May 30 to Mr. and Mrs. F. R. Lapointe of Sudbury, Gordon's parents, by Brigadier-General R. G. Therriault, director-general, reserves and cadets, National Defence Headquarters.

The presentation will be made during the cadet squadron's annual inspection at Bell Grove Arena, (Paris Street and Ramsey Lake Road) Sudbury.

The cadet Award for Bravery is awarded to cadets who perform outstanding deeds of valor, involving the risk of his or her own life, in saving lives or property of others.

## Base Operator's Dilemma

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Get me an MP and be real quick.

Please give me the number for Rec Spec White

Ring 622 I must catch the Flight

How do we dial the Autovon and Sage?

Is the LD number at the top of the page?

Could you get the call through right away?

Ring 331 they've got our pay. Operator we need a ride on the bus

Ring 208 without any fuss. Transfer this call to the Base

CO

No we haven't the number, you should know.

It's a Crash Alarm or maybe a Fire

Get with it operator no time to tire.

A BOMB, a UFO you say! Ring 205, Oh what a long day.

Could I speak to Harry with curly black hair,

Does he live in Barracks? I don't know where.

Give me the BDO or OWO will do

We know he always leaves his number with you.

Is there a Padre on duty now? We want counselling, he will know how.

Snags, Met or CF-SAT

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South Site numbers we cannot connect

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(P.S. Operators not responsible for breaches of grammar - we claim "poetic justice".)



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**C.W.L. Photos** Cont'd From Page 1



This beautiful banner is the fine art of Mrs. Peggy Shade, member of St. George's C.W.L., a part of the decorations at St. Paul's Chapel on Sunday, day of installation of officers.



Presenting Presidents pin to Agnes LaBlanc, our new Mil. Vic. C.W.L. President, is our former Past President, Mrs. Penny Peterson.



Banquet Head Table - Members and special guests. Missing from picture - Mrs. Antoinette Daniels, President of St. George's, - Fr. Bussey - Mrs. Penny Peterson, Past President of Mil. Vic.



Mass was celebrated at St. Paul's College Chapel by Msgr. Boucher; assisting chaplains - Fr. Bussey, Fr. LaBree, Fr. Gloccheski, Fr. McKenna, Fr. Borge. Other chaplains assisted with the choir.



We present the new executive - Mrs. Agnes LaBlanc, President; Mrs. Lucie Neveu, 1st Vice; Mrs. Doreen Keizer, 2nd Vice (missing from picture); Mrs. Edith Mockler, 3rd Vice; Mrs. Pat Bradley, Secretary; Mrs. Joan Lownie, Treasurer; Mrs. Pat Couvrette, Past. Pres. (missing from picture).

**C.W.L. News South Site**

Sunday, June 6th, St. George's Parish Luncheon was held. It was hosted by our ladies of the CWL. We took this opportunity to publicly acknowledge the efforts of several of our members. Four of our members were presented with Certificates of Merit. Peggy Shade was given one in thanks for the many hours she spent making the beautiful banner which was displayed at the Military Vicariate Convention and which we will now display in St. George's Chapel as well as at several of our functions. Mary Marchesseault was given one for her many services for the church such as taking care of the altar cloths and Mass vestments as well as services to our counsel. Our two social conveners; Erica MacDonnell and Yvonne Muir, who have diligently taken care of coffee and refreshments at our meetings and various other functions, were also presented with certificates. A Maple Leaf Service Pin was presented to Phil Rogers for her many years of service to the CWL, for organizing counsels where there were none and for the many hours of work she put in as convener of this year's Military Vicariate Convention.

The evening of June 6th, our last meeting before the summer break was held. Much old business was discussed and finalized, letters and reports were read. Our president gave us some points to ponder over the holidays. One, which came out at the Theme Day

Of the recent Convention, was: "the sounds of love don't just happen, you have to make them". She also told us a very amusing human interest story about the origin of the broom. One of our members read and commented upon an article of sociological interest. It was about an experimental Utopia set up for mice by an American psychologist, Dr. Calhoun. The results of the experiment were surprising as well as being

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**6 July**

revealing and could be applied to our society which is constantly striving towards an idealistic or utopic Future.

**C.F.B. Dog Obedience Club**

We will be starting classes again in September.

Our classes are for all dogs; training for the show ring or for your personal satisfaction. No dates are available at this time.

However, anyone interested in our fall session may contact:  
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between 5 & 7  
for further information.

Definite dates will be advertised as soon as they are available.

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# ASC news news news

By CAPT. ROD PEDERSON

## A LOVE STORY?

What can you say about a course that's over? When no longer will you have the sweet sound of an instructor's voice filling your ears? When gone forever will be the gently worded notes found tucked in a folder containing your labours of many days? What can you say? That it's over? No more whimsical probings of your store of knowledge. No more glorious touring of exotic places. No more...

So, what can you say? Hurray! That's what you say! Sign my leave pass! Where's the door? Bring on the dancing girls! There's

## The Truth About Mel Walker By ASC 28

Over the past year, you the reader have been subjected to tales of the trials and tribulations of ASC 28 through "Mel the Mouthpiece". That handle is not meant in a derogatory way; Mel is a frustrated closet lawyer trying to get out.

Well we, the prime objects of his ramblings, have decided that it is time to have our say. ASC 28 debated how to approach this difficult task of setting the record straight. The traumatic experience of exposing you, the reader, naive to the ways of ASC, to the full unadulterated truth was debated by the course over much refreshment.

In the end, old man time won out and you are going to have to grin, and bear it. Are you seated?

First ASC 28 does not exist. It's all a figment of Mel Walker and the rest's imagination. Mel works for a guru who lives under the hill behind the rec centre. We can't tell you the guru's name, but his initials are E. J. Now, you ask, what does this guru do?

Well, Mel and the rest, all eighteen of them, are disciples of this guru. For two months every summer, they have seances in which they dream up a task for an imaginary group of candidates. They go through all the motions of "staffing" this task (much similar to the staff Boy Scouts use), and they send off papers all over the country describing the intricacies of this task. These papers precipitate a great mass of paper in reply which all arrives back to the Guru's Grotto under the hill. All this paper is mixed into a secret formula known only

gonna be a party tonight! And tomorrow night! And probably the next night too!

What's that? Sell my house? Buy another? There aren't any? Leave my family? Live in a tent? They won't pay for it? To hell with it! Hurray anyway... I think.

Yes, it's all over. ASC28 have finished their year. They presented their main project - a study of satellite applications to CF roles - on 14 June 76 to a sizeable group from Ottawa, Colorado Springs and Air Command. LTGEN. Carr, MGEN. Wylie, BGEN. MacKenzie and BGEN. Husch were in attendance.

to the guru and his deputy, C. C. This mixture is then placed in special machines in the meditation room and dispensed to all of the disciples. Outsiders might mistake this brew for coffee, however, it has many strange effects on the disciples. Through the powers of the magic paper potion, Mel, C. C. and the rest imagine themselves participating in all sorts of fantasy voyages to exotic places. They dream experiences in foreign lands, meeting new and strange people.

After tripping on paper potion for ten months, they go through a deep religious ritual of great significance (again all imaginary). In this vision, they see a meeting of gurus and super gurus from all across the nation. In the dream, the imaginary group of candidates are placed forward on show with much pomp and ceremony. It is not unlike the emperor's new clothes. After this ceremony all the candidates depart and a chosen few remain to become disciples.

You may ask how, after a few years with imaginary candidates becoming disciples with other disciples leaving, how can this result in anything but the disciples disappearing, growing fewer and fewer each year?

That is exactly what has happened. Mel, the guru and C. C. are all that is left. Next year, three more imaginary candidates will be selected and the whole thing will evaporate in a cloud of paper potion.

Second; Mel Walker is a myth. -Suitably, and with all the required reverence... ASC 28.

LTGEN. Carr's presence was especially appreciated since the symposium was conducted on his first day back at work after two weeks' leave.

The symposium went very well. In the opinion of all who attended the presentations, ASC28's efforts were outstanding.

So, what can you say about a course that's over? Nothing that seems quite enough. The best thing, perhaps, is to let them have the last word.

the "enemy" with. Despite last year's practise runs there were still a few snags: no transportation out to St. Charles; no coffee and cookies; no live targets; and no hazardous duty allowance. There were a few greedy guys who tried to hog all the ammunition for themselves. I know one chap who burned up over three hundred rounds before he finally got a score that he liked. (Some people are so nit-picky - they just aren't happy until the first and last digits are the same.) We are pleased to report, however, that there were no casualties during the exercise, much to the surprise of the RSO.

As promised, activity in the posting department (for staff members) has remained at a very low level with only one recent outbound being announced: Neil Sherman and family are just about ready to start the long trek back to Trenton again. This time Neil will be sitting behind a desk in ATG's big white palace, apparently in the Air Transport Operations Centre (ATOC). Al Watt's previously announced posting to 437 Sqn is also about ready to hatch much to his relief.

From a workload point of view, we didn't really need them, but here they are anyway - summer courses 7621 and 7622 - two dozen of the "select" from RRMC and CMR (plus two or three from civilian universities) to make our summer happy and fruitful. Glad to have you with us, fellows! (Keep the hair cut and for crying out loud, stop all the jumping to attention first thing in the morning before I've had my coffee.)

At about this point, I usually like to make some encouraging remarks regarding the progress of the Hercules NT program;

June the 6th will not be the favourite date to remember for a number of residents of the city following the wild and woolly "thunderstorms" that roared through various suburbs during the afternoon. A number of CFANS people suffered considerable property damage ranging from the loss of a few shingles to the near-total destruction of out-buildings and recreational vehicles. I have also heard that at least one family literally lost the roof over their heads. Fortunately, personal injuries were few and not too serious. Our sympathies to those who did sustain heavy losses and our hopes for a satisfactory settlement from the insurance companies.

The "big" doubleheader graduation went off without a hitch on the evening of May 20th. Courses 7502 and 7503 were presented with their Wings, wine, dine, danced and whisked away with the morning breezes to make their various OTU dates in the East. Next off the blocks will be 7504 XT sometime in the next three weeks or so. Their postings are just starting to trickle in on the famous green sheets so I'll have to hold off on the actual postings for next issue when they

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At long last the blinds that were removed from our offices last year have been restored. We had hoped for some white venetian blinds to help the tinted glass cut down on the heat radiation problem but, alas, all we got were those same, old green flappers that seldom, if ever, stay where they're supposed to. I was going to try a swap (Putting the crummy blinds in the classrooms where there are venetian blinds and rotten wooden window frames) but the students beat me off in the attempt. I suppose, in the long run, they do sweat a little more than we do. (That is not to say that I won't try again!)

The Boss has found me at last so my reprieve is ended - back to the grind for another couple of weeks.

Wake up Mel, I'm back again! Get busy up there.

## SUN Cont'd From Page 1

Pakistan, in Kashmir. And several thousand miles away in the Far East, one officer and a sergeant make up Canada's representation on the U.N. Command Component of the Mixed Armistice Command (UNCMAC) in Korea.

All tours of duty are of six months duration, except UNCMAC and UNMOGIP, which are one year. Rotation of manpower is on a man-for-man basis, except in Cyprus, where formed units fill the commitment.

Each of the eight Canadian-based infantry battalions and both airborne commando units have had at least one tour of duty in Cyprus, and most have had more.

The 3rd Battalion, The Royal Canadian Regiment, based at CFB Petawawa, Ont., is scheduled to take over the Cyprus duty next October.

# cfans

# news corner

## NAV By T. G. BREMNER SQN

After many long, hot, harried days a few moments of "free" time have finally presented themselves. If all goes well I may be able to impart to you a little news before the whipmaster catches me and finds another job to be done. (I can't find him or his assistant right now so it just might work.)

From the field of sports, a very, very belated announcement:

The CFANS volleyball team has won the Intersection Base Championship by defeating Base Met in the best of three semi-finals and then soundly thrashing ASC three games to one! Well done, men.

The bang-shooting co-ordinator got us all out early this year to beat the frost of October, and showed us once again which end of the Browning 9MM pistol to hit

# 429 SQN BISON BREW



Howdy herd-d-bucks! New guy, new name, especially with p. j. s. c. We thank Chub for being away - so does the BFOODSO. The Squadron still has three hercs in its changing inventory and the BAMEO section is working hard to keep them going strong. Through their effort the nav courses are roughly on schedule with Fast Eddy not yelling too much. The nav consoles for 306 and 307 are not doing as well.

Word is in that LCol Allingham will be leaving 429 Sqn on 6 Aug to take up new duties over in Air Command as a full Colonel. The new CO will be LCol KJ Tettelaar who hails from NDHQ in Ottawa. Recently, he dropped in for a short visit to meet some of the members of the squadron.

Hal Steffler has been searching out B. K. Moore over at the nav school to subpoena the nav school for a challenge to the "HIC CUP" which they very deviously won last fall. This 429 - Nav challenge golf trophy has remained over there nine months too long. This time Rick will make sure Fast Eddy doesn't programme one by us and thereby, removing our swingers from the links.

We'll catch the navs before Capt Jasper Johnston retires on 26 July 76 after 26½ long illustrious years with the Air Force. Jasper will have lots to say at his mugging out since he has served in Winnipeg from 1966 until now. TCHQ had his talents until 1972 and then he took 429 Comp Sqn under his wing flying the Gooney Bird until now. Gone will be his war stories, tears from his housemaid, sighs from the Flight Surgeon... The Forces' loss is Bel Acres gain; and maybe the Reserves.

A newcomer, Capt Bob Hawes, reported to the Squadron from 404 Maritime Training Squadron in Greenwood on 9 June prior to attending the Herc OTU in Trenton beginning 28 June. After reviewing the BLHU's available, he's house hunting in the west end.

On 10 May WO Cal Breum joined the illustrious 5000 hr Herc club on a nite nav detail. He accomplished this in less than 8 years on the Herc and three days after he received his official promotion to Warrant Officer. Not connected.

Welcome back Wally Prokuda from Borden on the SIT 4 course in Standards and EO writing along with Leo Quinlan from SIT 1 also in Borden. They are itching to change things around with their new found knowledge when Roy Wood departs the fix in August(?).

The available Flight Engineers back-packed it out to the range on 10 June for Small Arms Training and squirrel shooting. Lou wanted to join them to improve his 82 score but he was volunteered for a detail.

The trip of the month goes to Ray McAnally's crew who wandered down to San Antonio via Salt Lake City to pick up some American ICP's for a conference in WG. Booby prize goes to Ernie for his usual ED trip. The usual "no-trip award" goes to Jim

Humphrey - more time to get his new truck in shape.  
SEEN AROUND:

1. Fred Pratt selling new golf balls at used prices.
2. Pappy playing with 50-cents golf balls - REBEL - unknown value.
3. Ray Moore playing with 25-cents golf balls - not bad.
4. Ben Corbeil muttering and bailing out his BLHU basement.
5. Hart Kelley finally playing some golf.
6. Rick Legault kicking and screaming going thru the OPS door.
7. Bill Jack planning his QK, TH, QD Air-Cadet trip.
8. Brian Fritsch muttering about the new IRQ exams, smiling after the ride and wishing ICP Pete Davis chokes on his breakfast.
9. Bill Stenberg looking important as temporary Pilot Leader and experimenting with his new Wilson XZ7 sticks - customs paid.
10. Ray Moore with blisters on his hands from fence building.
11. ICPS fishing.
12. Jim Anderson.

**RUMOURS HEARD:**

1. Vic Charlebois and Chub Hezely want to return to Bermuda for unfinished business.
2. Brian Fritsch has a 436 Sqn posting to Trenton to accompany Wayne Hess.
3. 429 Sqn is moving to ED by May 1979.
4. No quotes from Linda.
5. Chief Jamieson is going to win the WO-SGTS Mess golf tournament.
6. Dave Cuninghame is scheduled to go on Herc FE course in Aug.
7. FE's were canvassed for Dak crewman duties.
8. Major Ray Brown shot 78 at Clear Lake in a tournament.
9. Rick Pockett is being groomed for super chauffeur status in Montreal.
10. 429 Sqn is planning a sport's day.
11. Mutiny is bubbling over Doc Spindler's humbling reduction in most aircrew's category - reason - no olympic athletes.

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*A Canadian Red Cross Summer Safety Tip: When making sharp turns, and when passing rowboats and canoes, slow down your motor boat.*

## Commander Presents First Clasp



CAPT D. S. Robinson, Provincial Warning Officer, Regina receives the first clasp to his CD from LGEN. W. K. Carr, Commander Air Command. CAPT Robinson enlisted 15 Jan 54 and served in the RCAF in Winnipeg, Greenwood, Regina, Kingston and Comox prior to his present appointment. CAPT Robinson is married and resides in Regina with his wife and three children.



### "Recreation for all"

Summer "Play Leaders" will operate programs during July and August at the following sites: Sir John Franklin C.C., Ubique Playground, Maurepas Crescent Playground, and T. R. Hodgson Playground. These sites are open to all children 12 years and under and includes arts and crafts, games, sports, and special excursions. There is no charge for this program.

Adult volleyball players are still needed to fill our recreation league for the summer months. If you would like to play some pick-up volleyball this summer contact the centre evenings between 5 and 9 pm.

Any girls aged 12 to 16 who wish to go on another Summer Horse-Ride in the month of June should contact the Centre and

leave their name and phone number. Last summer about 20 girls had a great time despite their sore bottoms. If you are interested phone in before June 15.

**FOOTBALL - FOOTBALL - FOOTBALL REGISTRATION** - Boys between the ages of 10 and 14 interested in playing six-man football this fall should register on Saturday, June 26. The fee is \$7 and register early or we may not have a spot for you.

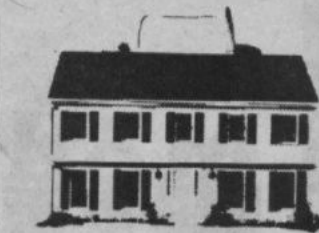
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# mod housewife

by Rosmarie Kohlberg

A SMALL QUEEN SIZE

They don't make clothes the way they used to! Everything is thrown together in a hurry, and nothing fits properly. I used to be able to walk into any Eaton's, Bay, or Simpsons-Sears and buy a dress or a blouse right off the rack without having to try it on, and it would fit. Even when my former slim youthful shape had expanded ever so slightly into a more mature figure, I could still confidently get one of the (larger) sizes in the so-called 'Misses' category. And as long as I could buy clothes off the rack like that, I had nothing to worry about (I told myself). I might be a bit lumpy here and there, but within normal proportions. (I admit to an occasional doubt of what, precisely, constitutes 'normal'.) . . . .

But things changed, and the manufacturers of ladies' wear began to skimp. I realized this one day when I went to exchange a blouse that was too tight, only to find that I had already bought the largest Large they had.

From then on, I began to be cautious and tried things on in the store, a procedure I loathe. After being told, "Only two garments per customer," and virtually frisked by a beady-eyed saleslady, there I was in a room about three feet square, flanked closely by two or three mirrors that did nothing for my semi-undressed ego, while the saleslady outside inquired sweetly, "How are we doing, Dear?" We were not doing too well. The red blouse with white polka dots (meant to complement a different outfit) clashed horribly with the plaid green-and-yellow flared skirt, so I couldn't really visualize its effect as part of the ensemble it was meant for. Also, it must be a 'small make' (again), because the buttoned front gaped a little and a bulge was clearly visible in the back. The other one taken in to try was not much better, and they had sewn it so closely that I could just forget about letting out a seam or two. Discouraged and frustrated I got dressed again and morosely and vaguely pondered the merits of various diets and /or exercise programs, although it wasn't that I was too fat, really, it was just that coutouriers had lowered their standards and now made skimpy blouses and dresses . . . .

After this traumatic experience I realized that I needed professional help. So I consulted a dressmaker, and after several sessions with her, I regained my confidence somewhat. Under her skilful and discreet treatment, my dresses fit properly again, and her stories about some of her other clients, notably Mrs. X., a lady with twice my measurements, reassured me greatly. Nothing wrong with my figure, was there? It was all a matter of good workmanship. For a long time I scorned the ladies' wear departments.

One day, however, I noticed some attractive clothes in a store window and went in to check. I saw some skirts and tops I really liked, but they had unfamiliar sizes. A helpful saleslady enlightened and assisted me. I could apparently take as many garments as I wanted into the fitting room, and nobody waited to check me out suspiciously at the door. Another surprise: large fitting rooms one could turn around in without bumping into a mirror. I had been careful and generous in my estimate of a fitting size (the saleslady didn't contradict), and had taken two sizes of the same skirt, also two tops, to try on. Only if you have ever been a wearer of Large sizes can you appreciate my delight in finding the first skirt I tried on much too big. Well, maybe not much, but decidedly too big. Never mind that this was Pennington's, the store that caters to the ample, the statuesque, the mature figure, the store that I wouldn't have wanted to be seen in before. And now, I found that the smallest size was just right for me. I also had the heady experience of realizing that all the slacks on sale on one of those grab tables were actually too big for me! The salesladies must have taken a course in Tact and Sympathy - I have seldom had such friendly, understanding service from a ladies' wear clerk anywhere. In my elation I bought two skirts, two blouses, and a pair of shorts - all totally unplanned. (Maybe this was a dream, and tomorrow all the sizes in the store would be changed back to *small* Large again.)

As I said before - as long as you can buy clothes off the rack, you're okay. And a Small 'Queen' size sounds better than a Large 'Misses', doesn't it?

### Classified Ad Rates

Voxair classified ad service is available to everyone. Charges for this service are 20c per line, with a minimum charge of \$1.00 per issue.

Service employees, DND employees, and their dependents will receive a special rate for non-commercial ads in the "For Sale", "For Rent", "Wanted", "Swap", and "Lost" classifications. The minimum rate will be 50c per insertion of 25 words or less, with an additional charge of 10c for each additional five words or less.

Payments must be made at the time the ad is submitted for publication. "Found" notices will be printed free of charge.

Ads may be submitted in person to the Editor Voxair, Bldg. 52, or by mail with payment enclosed. Ads must be received by 4 p.m. on the Tuesday prior to publication.

## Canadians In Bisley Shoot

OTTAWA—Canadian Forces' marksmen from five units will compete in the 107th British National Rifle Shoot, Bisley, England, July 12 - 24.

The Canadian team, led by Major Jim Senecal, 31, of Clive, Alberta, is made up of seven marksmen from the 2nd Battalion, The Royal Canadian Regiment and two from the Combat Arms School, Canadian Forces Base Gagetown, N.B. The others come from the 3rd Battalion, The Royal Canadian Regiment, CFB Petawawa, Ont.; the 1st Battalion, Princess Patricia's Canadian Light Infantry, Calgary, and the 3rd Battalion, Royal 22e Regiment, CFB Valcartier, Que.

The Bisley competition is open only to Commonwealth countries. The service rifle portion of the meet includes a total of 13 individual events and five team matches.



Oh, the average Canadian Military Man is O.K., I Guess - - a little bitter perhaps - - -

Courtesy "The Argus"

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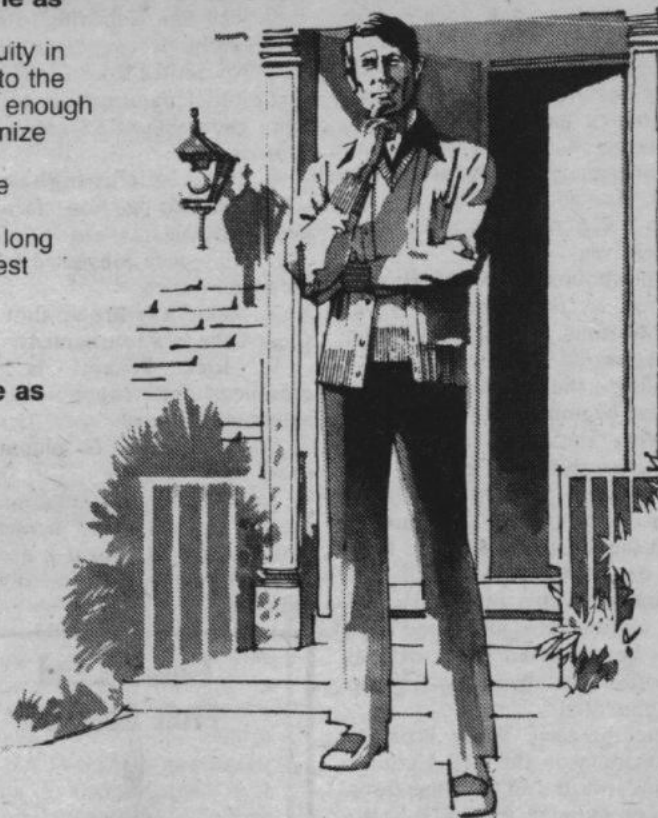
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# BARRY SWEENEY

music reviews and syndicated columnist

## THE LONGHAIRED REDNECK By BARRY SWEENEY

Don't be fooled by the shoulder length hair, the earring, or the eight inch wide motorcycle belt that David Allan Coe wears. He's a country singer, and rapidly becoming one of the best known of the new wave of "outlaw" singers to hit Music City, USA.

Coe spent somewhere around twenty years in prison, some of that time was spent on death row, until his sentence was commuted. He was released in 1967. He had paid his debt to society, but, was society ready to accept him? At first, it would seem that they were not, but today with albums like "The Mysterious Rhinestone Cowboy" and "Once Upon A Rhyme", Coe has not only been accepted by society, but also as a singer and writer.

In the few years since his release, Coe has worked hard at becoming a hitmaker, and in Nashville it's not easy to break into the business unless you're an extremely talented person. Well, it just so happens that's exactly what David Coe is. Extremely talented.

### FIELD OF STONE

Although DAC had some songs released, they never caught national attention. His rendition of "How High's The Watergate Martha?", was a timely tune, but never broke for him. It was, in actual fact, a young teen-ager that brought Coe to national fame. The young teen was not you're average teen-ager. It was Tanya Tucker who recorded Coe's "Would You Lie With Me In A Field Of Stone" and the song topped both pop and country charts and suddenly a world that had turned a deaf ear on Coe, was now paying attention.

He was signed to Columbia records and his first album started to make record buyers aware of him. The "Rhinestone Cowboy" didn't become an overnight sensation, but his second album, "Once Upon A Rhyme" was able to catch top twenty action and now, his third Columbia album release "Longhaired Redneck" (KC 33916) is getting it all together.

### TWO SINGLES

The album contains two singles hit, the title track, which has Coe



David Coe

telling about some of the dives he sings in and running through his impersonations of Haggard, Anderson, et al. The second single winner in the set has just been released and is already catching national sales in a big way. This time around it's, "When She's Got Me" and this one has all the sounds of a top ten hit written into every groove. "Rock and Roll Holiday" is an infectious up-tempo opus, while "Spotlight" is a laid-back tune with a good message as is "Living On The Run". Set sounds out with "Dakota The Dancing Bear Part II", "Free Born Rambling Man" and "Texas Lullaby". In "Revenge", Coe tells what it's like when the gates of hell open after twenty years and you know that Nashville's newest "Outlaw", is telling it like it is.

The music world has discovered other "outlaws", like Waylon and Willie and Tompall and now music world, get ready for the onslaught of progressive country from the talented and "Mysterious Rhinestone Cowboy", David Allan Coe.

Yes, Voxair does welcome letters to the editor

earned advancement.

We are due to be the participating band in the changing of the guard ceremony in front of the Parliament Buildings in Ottawa for four weeks this summer and this has become a major part of our lives these days. Much new drill, music and exactness must be accomplished prior to our departure for "The Hill" and one can most often find us rehearsing music and drilling as we prepare ourselves for one of the most watched daily ceremonies in the world. New Canadian Forces band drill has been thrown in just to make the effort a little more challenging. It features many solos by our astute bass drummer, Sgt. George Johnson and much concentration from the rest of us.

Our normal engagements still have to be dealt with, of course, and this is our busy time of year for travel, parades and the like. The 5 members of the "Commandairs" dance band have just returned from a mess dinner and dance at CFS Yorkton after being very well received. WO Guy LeBlanc, our esteemed leader and driver of the station wagon commented to this writer about the road through Duck Riding Park but unfortunately little of it was printable. However, it was a good trip in spite of mud and a disintegrating tire on the panel truck.

The rifle range out in St. Charles was the follow up to the Yorkton adventure, only this time the whole band was involved. We all became friends with the good ol' FN again although there was little hope that any of us will make the Bisely team this year. High scorer for the day was Sgt. Bob "Deerslayer" Sypulski who brought in a score of 57... Bob said that had he worn his old coon skin cap he would have shot even better - still not bad for a 'Wedgie', though.

In the meantime we have been deluged by not only wet weather but a veritable torrent of engagements during this past week which have had us tearing back and forth betwixt CFB Shilo and Winnipeg. At least one member of the dance band put in a 25-hour day during the midst of all this with a nice long drive in the not-so-wee hours in a torrential downpour the whole way back from Shilo. Rest was short as the full band began its work with the Royal Canadian Legion Annual Convention here in Winnipeg a few hours after their return. The Spring Ball at the Sr. NCO's Mess followed that evening (until 3:00 a.m. for the "Commandairs") and another afternoon with the Legion folks the following day, kind of rounded our weekend out nicely.

The Air Command Annual Golf Tournament was held at Bell Acres Golf Course last week (following our day on the range where a number of the guys got their aim and eyes up to fever pitch) and the winner this year was again our esteemed leader, Capt. Terry Barnes. Congratulations, sir, and to those



CF-5 aircraft refuels in the air from a Boeing 707 tanker.

of the rest of the golfers who won prizes. Apparently WO Ray Edmand made quite a hit when he wore his prize into a local restaurant on his way home from the presentations. Nice work, Ray! Capt. Barnes, by the way, won (it is RUMORED) an all expenses trip to Colorado Springs, Colo. Now all he has to do is win a tournament down there so he can get back...!

As Major Bloodnoc (Ret.) once

told this writer after a particularly heavy day of artillery firing at the well known Royal Artillery School of Fine Shooting and Reforestation located near picturesque Twit-on-Thames, Herts; "I've never met a band I didn't like." He concluded this by tapping an unexploded shell smartly with his swagger stick which he immediately followed with a magnificent impersonation of an explosion.

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# Cadenza

"No gnus is good gnus," a native farmer once told me in an agricultural area in South Africa meaning of course that the beast was prone to eating his crops. I myself witnessed them eating but had always seen them only in the standing position. However this has little to do with a column about the Air Command Band so I shall take it no further.

Just a month ago now the band played a series of three concerts in the excellent high school auditorium at Thompson, Man. We also enjoyed abundant and enthusiastic audiences who, I'm sure enjoyed the fine acoustics that so seldom accompany band

concerts. CWO Jan Roberti has a unique ability to pick just the right type of program and he did so on all three occasions, directing the band through a great variety of music from Baroque to Basie including some much appreciated current hits. The bus story to and from that northern community was another story, however. At the end of which many of us had found a new place to apply our Dr. Scholl's Foot Pads...!

Upon our return we were delighted to see a promotion to Warrant Officer come in for Fritz Garbe. Our clarinetist/drum Major. A hearty congratulations from all of us, Fritz. A well

**??**

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# voxair sports

By Sports Editor — MWO. Les White

## Wanted WSI's & Lifeguards — Urgent —

Water safety instructors and lifeguards are required to conduct summer programs in the Westwin and Lipsett Hall pools.

Interested persons contact MCPL, Reg Bonnar Westwin 832-1311 Loc 511, SGT Doug Brown 888-5021 Lipsett Hall.

Program basically consists of:  
Instruction: 0800 - 1100  
Monday - Thursday inclusive  
Lifeguard: 1330 - 1530  
Monday - Friday inclusive and Sunday  
1800 - 2000 Monday, Wednesday and Friday.

CFB Winnipeg, if the interest is great enough, will conduct a five 2-hour session canoe course during the month of July.

The course will consist of instruction in:

1. Canoe Designs
2. Equipment (canoe and camping)
3. Basic strokes
4. Safety Techniques
5. Artificial respiration
6. Rescue procedures
7. Lifting, carrying and portaging
8. Loading and launching
9. Tandem and single paddling
10. White water skills

Contact the Rec Centre local 511 if you wish to submit your name for the course.

## Westwin Ladies Bowling League

As President of the Westwin Ladies Bowling League I would like to take this opportunity to thank all of my executive for a job well done this past season. A very special thanks to Carol Wannacott who helped a great deal in organizing events such as our: Turkey Bowl, Fun Bowl, Roll-A-Thon, Invitational and of course the Roll-Offs.

We are also saying good-bye to some of our girls and to name a few of the "Old Timers" a fond farewell to; Gayle Smith, Pat Gould, Fay McKend, Carol Wannacott, Marlyne Peterson and

Jerry Dupuis.

Not to forget a big thank you to a fellow who has a smile for everyone - Pat Grandmason who ran the lanes for us most of the year. Job well done Pat.

Thanks and farewell to Ron Dupuis for your co-operation this past season and have a good time in Edmonton.

We will be welcoming Bev Brown as our President for the '76-'77 season.

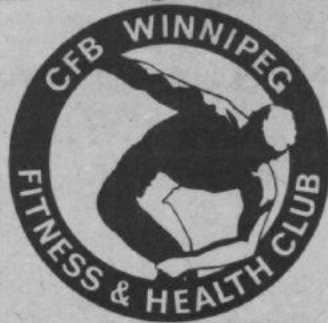
Once again thank you everyone and have a good season next year.

Ruby Thibault



LADIES' SEASONS CHAMPS

Left to Right - Thelma Ketch, Anne Beaudoin, Gayle Smith, Lois Johnson, Vern Winter.



### Follow These Signs Toward Fitness & Health



"LADIES' LEAGUE"

Beryl Hinds - High Singles, Triple, Average.

## Lipsett Hall Pool

Again with the arrival of the hot season the Lipsett Hall pool will run a full range of Canadian Red Cross swim classes and extend the casual hours so that members can benefit by a cooling swim in the afternoons as well as our regular year round evening hours.

Outlined below are the hours of operation for casual swimming, and dates for registration in classes. Parents and users are reminded that they must obtain swim membership badges to use the pool during casual swim periods. Family memberships and individual badges are on sale at Lipsett Hall during normal working hours, Monday to Friday.

We at Lipsett Hall welcome suggestions and questions on ways to better our program. If you have any inquiries phone 888-5021.

### CASUAL SCHEDULE (JULY & AUGUST)

|           |              |  |
|-----------|--------------|--|
| MONDAY    | 11:30 - 1:00 | Service personnel and DND employees only |
|           | 1:30 - 3:30  |  |
|           | 6:00 - 8:00  |  |
| TUESDAY   | 11:30 - 1:00 | Service personnel and DND employees only |
| WEDNESDAY | 11:30 - 1:00 | Service personnel and DND employees only |
|           | 1:30 - 3:30  |  |
|           | 6:00 - 8:00  |  |
| THURSDAY  | 11:30 - 1:00 | Service personnel and DND employees only |
| FRIDAY    | 11:30 - 1:00 | Service personnel and DND employees only |
|           | 1:30 - 3:30  |  |
|           | 6:00 - 8:00  |  |
| SUNDAY    | 1:30 - 3:30  |  |

### INSTRUCTIONAL SCHEDULE

Registration for July classes - 3 July 8:00-12:00 a.m.  
Registration for August classes - 31 July 8:00-12:00 a.m.  
Duration of classes will be 12 lessons plus examination.  
Cost per student is \$6.00.

# Fitness Is Fun! Participate.

### How to take your leave when you have nothing left



You know how it goes. By the time the days dwindle down to your leave, so have your savings. Well, HFC knows how it goes, too. That's why we have the HFC Traveloan. With a Traveloan, you may get the money you need to get you where you're going, and to enjoy when you get there. When you get back, all you do is pay us back in simple monthly installments. So see HFC about a Traveloan soon. Then when your next leave comes up, not only will you be able to leave, you'll be able to go somewhere.

\* HFC makes loans up to \$10,000.



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- 513 Selkirk Avenue ..... 586-8394  
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- 137 Goulet Street ..... 233-4911  
(Goulet Shopping Centre)
- 3010 Portage Avenue ..... 880-0942
- 1120 Grant Avenue ..... 453-7637  
(Grant Park Plaza)
- TRANSCONA: 107 Regent Avenue West ..... 222-4283  
(next to Snowdon's Hardware)
- SELKIRK: 218A Manitoba Avenue ..... 482-6211  
(next to "Janis Lynn Ladies Wear")



"A" DIVISION WINNER "LADIES"

Left to Right - Aline Wilson, Maryann Therens, Marg Popejoy, Vi Bowman, Shirley Sweetapple, Marie Choinard, Dora Armstrong.

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Mrs. Pat Stadnyk

IT'S HERE ONCE AGAIN!.....



# LIPSETT HALL'S 76 SUMMER RECREATION PROGRAM

MONDAYS TO THURSDAYS 6-9 PM  
COST \$3.50 PER CHILD  
AGES 5 TO 15 YEARS

|              |               |
|--------------|---------------|
| 1ST SESSION  | 5-23 JULY     |
| REGISTRATION | 5 JULY 6-8 PM |
| 2ND SESSION  | 2-20 AUGUST   |
| REGISTRATION | 2 AUG 6-8 PM  |

**SWIM SUITS & RUNNERS A MUST!**  
FOR FURTHER INFORMATION PHONE 888-5021

## Learn To Swim Classes Westwin Pool July - August 76

A summer Learn To Swim Program will be conducted in the Westwin pool during July and August offering the following classes:  
 Beginners 8 candidates per class  
 Junior 10 candidates per class  
 Intermediate 12 candidates per class  
 Candidates will be accepted on a first-come first-serve basis.  
 Registration fees are \$6.00 per candidate.

### July Program 12 - 29 July

Twelve sessions - 45 minutes each day - Monday to Thursday inclusive for three weeks:

|             |              |
|-------------|--------------|
| 0800 - 0845 | Beginner     |
|             | Junior       |
| 0900 - 0945 | Beginner     |
|             | Junior       |
| 1000 - 1045 | Beginner     |
|             | Intermediate |

### August Program 9 - 26 August

Program will be conducted identical to the one in July.  
 Registration Date: Sat 3 July 76 - 1000 - 1400 hrs.

NOTE: Remember - after Saturday 3rd July there is absolutely no point inquiring why the recreation department doesn't have a swimming program for your children. Come out and register.

## Westwin Minor Softball

The ball season started with a few jerks and stops, but now everything has settled down and we were sailing along with games played, until the monsoon hit. The dampness forced a postponement of our Bantam girls tournament, but hopefully it will be over as you are perusing this. Results of the tournament will fill the next column, as I know and you knew, our girls will win (won). Parents, why not make a date with your ballplayer and join him or her out on the field. These same children of yours play some excellent ball and the games are highly entertaining.

The teams are at present, known only by a number, but hopefully names will come up shortly. The standings and coaches are:

| Team           | Coach         | Won | Lost | Tied | Points |
|----------------|---------------|-----|------|------|--------|
| 3              | Pete Kerluke  | 4   | 1    |      |        |
| 4              | Andy Therens  | 3   | 2    |      | 6      |
| 5              | John Downey   | 3   | 3    |      | 6      |
| 2              | Ted Hegge     | 2   | 1    | 1    | 5      |
| 1              | Pat Dember    | 1   | 5    | 1    | 3      |
| <b>Squirts</b> |               |     |      |      |        |
| 6              | Dave Thompson | 4   | 3    |      | 8      |
| 7              | Wint Herbert  | 3   | 4    |      | 6      |

## LIPSETT HALL SUMMER RECREATION PROGRAM 1976

Dear Parents

With the summer months upon us once again it's time to relax after a hot and hard day's work. We here at Lipsett Hall would like to add to your relaxation by offering you and your children summer evening recreation. The program will consist of popular fun activities such as bowling, swimming, arts and crafts and a variety of games for all ages.

Although this program is geared primarily for children aged 5 to 15, older youth are more than welcome to attend.

The program will be conducted at Lipsett Hall Mondays to Thursdays from 6:00 to 9:00 in the evening. The first session will take place from 5 to 23 July and the second from 2 to 20 August.

The cost will be \$3.50 per child for each session.

There will be free swimming each evening from 8 to 9 p.m. and you parents are welcome to join in and cool off.

### REGISTRATION AND OPEN HOUSE

|        |          |             |
|--------|----------|-------------|
| MONDAY | 5 JULY   | 1ST SESSION |
| MONDAY | 2 AUGUST | 2ND SESSION |

6:00 - 8:30 P.M. - AT THE LIPSETT HALL LOUNGE

ALL PARENTS ARE URGED TO ATTEND!!!!!!

### PRAIRIE REGION SPORTS EVENTS SUMMER/FALL 1976

1. Softball - CFS Yorkton 9 - 13 August
2. Tennis - CFB Winnipeg 14 - 15 September
3. Soccer - CFB Portage La Prairie last week in September
4. Three Mile Road Race - CFB Edmonton October
5. Golf (not confirmed)

All interested personnel are urged to contact the Rec Centre at local 511 and to start preparing NOW!

## CFB Winnipeg Inter-section Fastball

REPORT FROM THE 'DIAMONDS' By A. WARD

Hello out there all you fastball fans - it's that time of year again and as promised, at the close of last year's schedule, I am back to keep you informed on the activities of the CFB Winnipeg Inter-Section Fastball League. As you may, or may not, recall (depending on whose side you were on) last year a beautiful trophy, donated by the Rec Centre, was won by the team from CFANS. But now it's another year and as the saying goes "a brand new ball game."

Just in case you are not aware of the teams involved, times etc., the following information is recorded below.

### TEAMS:

- |                |                 |
|----------------|-----------------|
| 1 - Base Ops   | 4 - 733 Com Sqn |
| 2 - Sgts' Mess | 5 - ANS         |
| 3 - CCE        | 6 - Air Command |

| DATE   | DIA NO. 1 | DIA NO. 2 | DIA NO. 3 |
|--------|-----------|-----------|-----------|
| 21 Jun | 1 vs 6    | 2 vs 5    | 3 vs 4    |
| 23 Jun | 2 vs 3    | 6 vs 4    | 5 vs 1    |
| 28 Jun | 3 vs 5    | 4 vs 1    | 6 vs 2    |
| 30 Jun | 2 vs 4    | 5 vs 6    | 1 vs 3    |
| 5 Jul  | 1 vs 2    | 6 vs 3    | 4 vs 5    |
| 7 Jul  | 2 vs 5    | 4 vs 3    | 6 vs 1    |
| 12 Jul | 6 vs 4    | 1 vs 5    | 3 vs 2    |
| 14 Jul | 4 vs 1    | 2 vs 6    | 5 vs 3    |
| 19 Jul | 5 vs 6    | 3 vs 1    | 4 vs 2    |
| 21 Jul | 6 vs 3    | 5 vs 4    | 2 vs 1    |
| 26 Jul | 3 vs 4    | 1 vs 6    | 5 vs 2    |
| 28 Jul | 5 vs 1    | 2 vs 3    | 4 vs 6    |
| 4 Aug  | 6 vs 2    | 3 vs 5    | 1 vs 4    |
| 16 Aug | 1 vs 3    | 2 vs 4    | 6 vs 5    |
| 18 Aug | 4 vs 5    | 1 vs 2    | 3 vs 6    |

### SEMI-FINALS: Best of Three (3) Games

| DATE   | DIA NO. 1  | DIA NO. 2             |
|--------|------------|-----------------------|
| 23 Aug | 1st vs 4th | 2nd vs 3rd            |
| 24 Aug | 3 vs 2     | 4 vs 1                |
| 25 Aug | 1 vs 4     | 2 vs 3 (if necessary) |

### FINALS: Best of Three (3) Games

|        |  |                |
|--------|--|----------------|
| 26 Aug |  |                |
| 30 Aug |  |                |
| 31 Aug |  | (if necessary) |

### League Information:

1. All games commence at 1900 hours.
2. Officials:
  - a. Game officials provided
  - b. First team indicated on schedule will be the home team.

Now the whole idea behind the game is one of relaxation and friendly? competition, however, this does not prevent the 'fellas' from putting forth every effort to win. The officials (or umpires to give them their correct titles) are all volunteers (sometimes I think they should receive risk pay) and they do a good job.

To briefly recap: we have the teams, the game schedule and the ump's!, but there is one important ingredient to come to make this whole thing complete - FANS, and that is where YOU come in. I am sure there are many of you who would love a couple of hours away from the routine of house and garden or whatever, and what better way to spend an evening than out there in the bleachers (bring your own peanuts) cheering for your favourite team. I think you will be pleasantly surprised - the games are well played and entertaining, everyone has a lot of fun and it doesn't cost you one red cent - now you can't make that claim too often these days. So come on guys and gals - select a team to support (your own section perhaps, or the gang down the hall) check the nite and the diamond they are on and come out and lend your moral and vocal support.

Almost forgot - the most important point - all games are played in the Sports Field directly behind the Rec Centre (Bldg 90). The diamonds are clearly marked No. 1 diamond being nearest the road leading from the Centre . . . "Take me out to the ball game, take me out with the crowd . . ."

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CPL. M. R. Kelley AF TECH



MCPL. H. Hiebert AE TECH



MCPL. M. L. Robinson IE TECH



MCPL. E. R. Grant SS TECH



CAPT. W. L. Webster



SGT. D. Hale

## Retirement Scroll

## CD



WO. H. Small.  
Good luck on Civvy Street!



CPL. M. J. Bartlett AE TECH

If a disease was responsible for over 50% of the annual deaths in a country, the people would clamour for preventative measures or information on how to treat the disease.

Why isn't this the case with Canada's epidemic: Cardiovascular disease? - which kills one out of

every two Canadians!

Many people may not be aware that there are preventative measures you can take to reduce your chances of developing cardiovascular disease.

What are the measures? - Control body weight, reduce cholesterol and saturated fat

intake, exercise regularly, stop smoking, control high blood pressure, and reduce susceptibility to stress.

Those who do know the preventative measures are often not too willing to adopt these guidelines because they require a change in daily living habits.



When people were travelling by horse and wagon, the need of nicely built roads was minimal, but since the introduction of the machine called "car" appeared on the scene, the amount of travellers increased as did the need for bigger and better highways. However, all the mechanical devices and the perfection of the machine does not seem to be sufficient in the prevention of accidents. Our alternative is, therefore, to look at a better approach to the traffic situation. The military too has input in vehicular traffic, and it is for this reason that we have a POMV (Privately Owned Motor Vehicle) Safety Committee. This committee has an educational purpose and will offer you many suggestions to attempt to improve the overall traffic situation and training of personnel.

The committee composition is as follows:

- POMV Safety Officer - Lt Gagne, BGSO
- Aircom HG rep - Maj Legget
- North site Community Council - Sgt Hall
- South site Community Council - Capt Magee
- BADMO rep - MWO White
- BAMEO rep - Lt Rinfret

This summer's activity will be oriented mainly in two areas, one being a formation of a record of those military, DND civilians and their dependants interested in taking a DDC (Defensive Driving Course) or a DDC Instructor's Course. People interested can submit their names to BGSO office, Loc 609/742. Course will be held in September or October. The same course downtown would cost you \$15.00.

The second activity will be a bicycle rodeo arranged by your Community Council. Advertisement will be published in a future Voxair edition.

## My Car! It's On Fire



The burning of cars in Canada has reached an epidemic proportion. Without notice and little concern, motorists today are allowed to travel the highways with no knowledge of the problem of car fires.

Motorists must be aware of the dangers, and be ready to act and not to panic should they be faced with a fire involving a motor vehicle.

With many thousands of dollars at stake, and possibly lives, personnel planning a trip by motor vehicle pay little attention to the possibility of a fire in their car. Very few would endeavour to embark on a trip without ensuring their spare tire was in order. Again, very few would invest in a small fire extinguisher, after spending \$5,000 on their car.

Many of the areas travelled in Canada are isolated; there are no fire depts every few miles, but we all take the calculated risk that could ruin our vacation and cause injury and possibly death.

For those who are concerned, and every driver should be, the following tips, if heeded, could save a lot of sorrow and grief.

- (1) Engine Fire  
Have a fire extinguisher as part of your car's emergency equipment (an approved 2 1/2 lb dry chemical can provide

protection). Turn off ignition, lift hood cautiously in case of flare-up. Protect hands, and direct extinguisher at base of flame. When out, stand by in case fire restarts.

- (2) Electrical Fire  
Disconnect, or pry loose, wiring involved, protect hands and extinguish with dry chemical.
- (3) Upholstery Fire

In this case, water is the best extinguisher, but dry chemical will suffice to knock the fire down, but it will not penetrate deep seated fires. Remove involved seat if possible. In the absence of an extinguisher, dirt, sand and in winter months, snow, will check the spread of the fire.

- (4) Accident  
Usually, if someone is hurt, do not attempt to move them until medical aid arrives. HOWEVER, if gasoline is leaking, get everyone away from the car FAST. Gasoline vapours spread and can flash into a dangerous fire. NO SMOKING! DON'T attempt to fight a fire around the gasoline tank; it's just too dangerous.

- (5) If you smell gasoline or suspect electrical trouble while travelling, check it immediately, don't wait, and you may prevent yourself from saying, "MY CAR IS ON FIRE!"



# North Site Community Council News

## North Site C.C. Needs New Councillors

On the 1st of July the North Site Community Council will need new councillors to fill approximately half of its positions. Vacancies result from either of the following: termination of period of service or posting.

The Council consists of two councillors from each of the ten Wards of North Site Married Quarters. Any North Site resident over 18 years of age may serve on the Council regardless of whether he is a service woman, man or a dependent. Councillors are either elected or appointed by the Base Commander, but regardless of how they get there, each shares equal status and voting privileges. Each councillor serves for a period of one year. Council meets regularly on the second Wednesday of every month.

The Council was formed to

fulfill several functions for the community, namely:

- to identify and study community need, co-ordinate and plan programs and projects to meet these needs;

- to sponsor and promote new committees, clubs and interest groups as the need arises;

- to recruit volunteer leaders and workers as required for the various community activities and services;

- to develop plans and co-operative projects for the beautification and enhancement of the community;

- to provide a channel of communication and liaison between the community and the Base Commander, CFB Winnipeg.

The following is a breakdown of the wards in which there are vacancies with the number of positions to be filled.

| WARD | ADDRESSES   | VACANCIES |
|------|---|-----------|
| 1    | MQ's 58 - 155 Bourkewood Place<br>MQ's 34, 36, 38, 43, 45, 49, 53, 57, 61, 65 and 93 to 109 Leicester Sq.<br>MQ's 58 to 75 Jameswood Dr.                                | 2         |
| 2    | MQ's - 57 Bourkewood Place<br>MQ's 2 to 32 and 40, 44, 48, 52, 56, 60, 64 and 68 - 89 Leicester Sq.   | 1         |
| 3    | MQ's 509 - 565 east side Whytewold<br>All MQ's Paisley Place<br>MQ's 2 - 55 Jameswood Dr.   | 1         |
| 4    | MQ's 510 - 596 west side Whytewold<br>All MQ's Cornwall Blvd.   | 1         |
| 5    | MQ's 2271 - 2323 Ness<br>MQ's 2 - 55 and 59, 63, 67, 71 Braintree<br>MQ's 2, 6, 10, 14, 18, 22, 51, 55 Listowel Bay<br>All MQ's Silverwood Bay<br>All MQ's Ladywood Dr. | 1         |
| 6    | MQ's 2331 to 2355 Ness Avenue<br>MQ's 62, 66, 70, 72, 74 to 191 Braintree Cres.<br>MQ's 24, 28, 32, 36, 40, 44, 48, 52, 56 Listowel Bay                                 | 1         |
| 8    | MQ's 101, 104 Sabre Cres; 102, 103 Comet, 105, 106 Canso<br>MQ's 450 - 512 west side Moorgate; all MQ's Conway<br>MQ's 421 - 511 east side Moorgate; all MQ's Sharp     | 1         |

The prerequisites of a good Councillor include genuine interest in the community, willingness to work "for the cause", and desire to communicate in the best way possible. The job itself is challenging (even demanding at times), but the rewards from just solutions are gratifying. And our voice is being heard louder and clearer than ever before.

It is a fact that the Councillor's role is important to each and every member of this Community. If you feel that you would like to do your part to make a better living place out of our Community, please contact either of the following persons:

CAPT WAYNE CROWELL LOC 474 or 889-3359  
CAPT RICK LEGAULT LOC 363 or 837-5253

## Those Old Posting Blues

Smile through your tears and sorrow

When hubby says "We move tomorrow".

The kids have the flu, -  
And the baby is due.

The movers say, "Don't worry,  
We'll move you in a hurry,  
Your things won't suffer on the truck."

But - Good Luck!

And smile when you heart is breaking

AS HUBBY TELL YOU "We're not taking

That box of stuff,  
Honey, we've packed enough."

Just smile when you get a posting,  
You may not want to go there, -

You're told they'll make it worth your while

- By the mile.

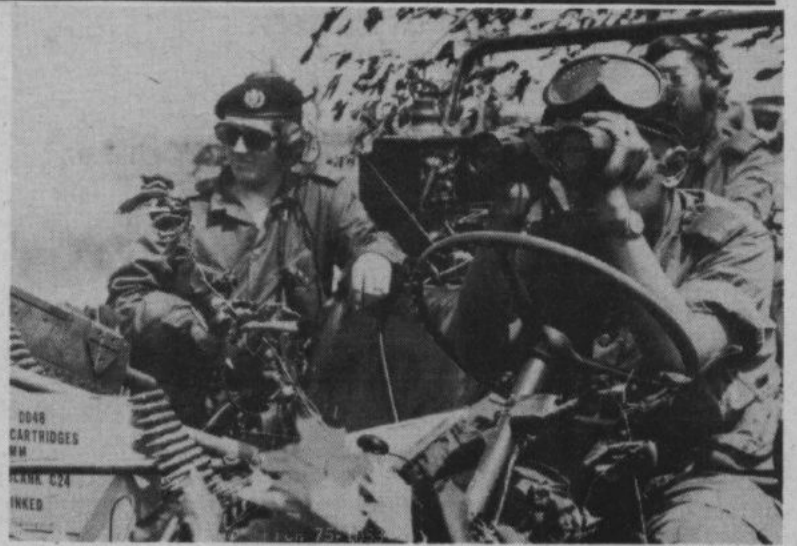
Smile; what's the use of screaming,

Your next P. M. Q. needs cleaning,

You'd like to guess

Who would leave such a mess?

Your children, bright and cheery,  
Have suddenly grown weary;



Army reserves on field exercises.

The teachers say "They're far behind,"

But don't mind.

Ban every fear and sorrow,

Who knows, maybe tomorrow

He'll get a wire

Saying - "Time to retire".

Smile, there's no need for tension,

We'll all receive a pension

And we will live it up in style

So - Smile, smile, smile!

- Author Unknown

**Happy Birthday!**  
**Have you had your dental check?**

## North Site C.C. Report CFB Winnipeg Clubs

How many times have we heard, "I didn't know CFB Winnipeg had a rifle club; I didn't know we had a library, a ceramics club, etc., etc.?" Quite a few times, you bet.

But we're going to stop all that once and for all. Your North Site Community Council thought it was about time to put most of it in a nutshell for you, and let you know what clubs and hobbies are available at the Base.

That's why we've enclosed the special insert in this issue of Voxair. Keep it, think about it, and if you're interested and if you join one of the clubs, be assured that we're taking steps to make sure your membership will be enjoyable.

That's why we're streamlining

many of the Base clubs by first investigating the problem areas, then finding the answers to smooth out the bumps, so it's not a bind to belong.

There's no way that we're trying to "stog" the clubs down your throat. You North Site Community Council wants to inform you that there's a good variety of clubs to choose from; we want to tell you the what, who, how, where, and when of each, simply to make it easier for you to join if you're interested.

If you're interested in a club or activity, and it doesn't appear on the list, tell your Councillor what you want. How about a sewing club? Learn macrame, crochet, knitting, crewel embroidery. How about activating an adult

community club? What about pre-natal classes? How about a "pet" baby sitting scheme so you can leave your furry little friends content in their home environment while you're away on vacation, so you don't have to stuff them away in a kennel and pay an arm and a leg in the process? How about a dance school - adult/children, tap, jazz, baton?

Remember, we're your Community Council, and we're going to talk to you. We can help best if you talk to us too!

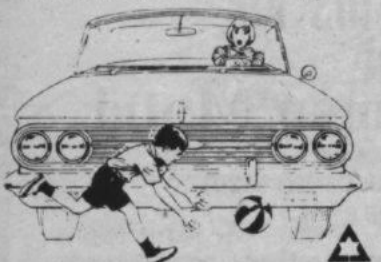
NOTE: We'll round out the list for you in the Fall as details finalize and the majority of the clubs re-activate.

### CFB WINNIPEG CLUBS

PROMOTED BY THE NORTH SITE COMMUNITY COUNCIL

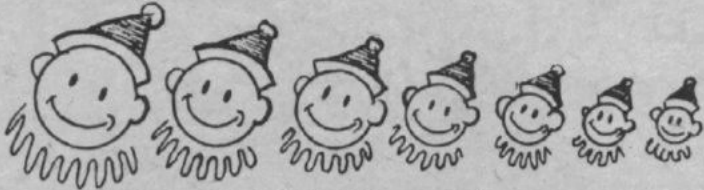
| CLUB NAME               | RANGE OF ACTIVITIES                                       | CONTACT                     | HOW TO JOIN                             | COST                            | WHERE                    | WHEN      |
|-------------------------|---|-----------------------------|---|---------------------------------|--------------------------|-----------|
| TEEN                    | POOL, DANCES, DARTS                                       | MCPL THOMPSON<br>888 8653   | CONTACT<br>←                            | \$2.00                          | REC CENTRE<br>BLDG 90    | ALL YEAR  |
| FIGURE SKATING          | BADGE 1 TO 8  | MRS MCSWEEN                 | REC CENTRE<br>18 SEP '76<br>1000 - 1400 | \$15.00                         | ST JAMES<br>CIVIC CENTRE | OCT - MAR |
| CERAMICS                | EVERYTHING<br>FOUR OWN<br>MOULDS                          | MRS THOMPSON<br>888 8653    | CONTACT<br>←                            | \$10.00                         | BLDG 81                  | SEP - JUN |
| PHOTO                   | PHOTOGRAPHY   | MR. DOUG FULLEN<br>888 3549 | CONTACT<br>←                            |                                 |                          |           |
| WOOD HOBBY SHOP         | WOOD WORKING  | SGT MARCHAND                | CONTACT<br>←                            |                                 |                          |           |
| WINE MAKING             |   |                             |   |                                 |                          |           |
| STUDIO 22               | PLAYS   | MCPL MYMKO<br>985 3680      | CONTACT<br>←                            | NIL                             | BLDG 22                  | OCT - APR |
| GARDEN CLUB             | GARDENING   | CAPT WEISS<br>531           | SEE DRO'S                               | \$7.50                          | GARDEN PLOTS             | APR - OCT |
| MINOR HOCKEY            | TEAMS FOR AGES<br>6 TO 17                                 | CAPT NELSON<br>888 4529     | SEE JULY<br>VOXAIR                      | AGE PLUS<br>\$1.00              | WESTWIN<br>HOCKEY RINK   | NOV - MAR |
| MINOR BASEBALL          | TEAMS FOR AGES<br>8 TO 14                                 | CPL GILLICH<br>888 9508     | REGISTRATIONS<br>CLOSED FOR '76         | \$5.00/PERSON<br>\$10.00/FAMILY | WESTWIN<br>FIELDS        | MAY - AUG |
| CFB WINNIPEG RIFLE CLUB | FIRE ARM SAFETY<br>HUNTER SAFETY<br>FIRE ARM OPERATION    | CWO DODD<br>656             | CONTACT<br>←                            | \$2.00                          | REC CENTRE<br>BLDG 90,   | SEP - JUN |
| LIBRARY                 | NORMAL ACTIVITY<br>POCKET BOOK AND<br>COMIC BOOK EXCHANGE | CAPT WEISS<br>531           | PLCC CARD<br>LIBRARY                    | NIL                             | REC CENTRE<br>BLDG 90    | ALL YEAR  |

FIRST, TEACH THE KIDS. THEN,



LOOK OUT FOR THEM!

LAUGHING AT OURSELVES



by John Semeniuk

**UNITED NATIONS (?)** - Six Canadian Forces Corporals watched an attractive, shapely gal in uniform approach them. So intent was their appraisal, that they were startled when she said, "Don't you Corporals salute an Officer? Can't you see the bars on my shoulders?" "Mam", replied a brave, but honest Corporal, "Our gaze hadn't reached that high!"

**SHAKE WELL BEFORE USING** - A man went to see a Doctor and was given a great many prescriptions. Obediently, the man took the "bundle" of prescription to his pharmacist who glanced at them and inquired, "How do you wish to arrange financing?"

**NOTHING, BUT THE BREAST** - During an examination, a medical student encountered the following question: "Name five reasons why mother's milk is better than cow's milk." The student answered the question thusly: "First, it is fresher; Second, it is cleaner; Third, it is easier to transport; Fourth, it does not have to be refrigerated; Fifth, (after considerable thought on, the student's part) it comes in such attractive containers." Needless to say, he received full marks for this question.

**DE-FUN-ITIONS**  
 1. **GOURMET** - "A man invited for a evening of wine, woman, and song, who asks what kind of wine is being served"  
 2. **DIETING** - "Missing the boat"

3. **AFTER DINNER SPEAKER:** "Gust of Honour"  
 4. **PILOT'S LICENCE:** "Fly Paper"  
 5. **COOKOUT** - "Garden of Eaten"

**STICKING TO THE POINT** - In a large London, England, Department Store, a customer told the sales girl that he wanted to buy a stick. "Certainly, Sir," was the reply, "Shooting, shaving, walking, candle, or lip?"

**IT'S A GOOD SIGN**  
 1. Sign on a fire prevention poster: "HELP STAMP OUT HOUSEWARMINGS"

2. The posters say "MAKE LOVE NOT WAR" - one of our Privates stated that he is doing both... HE'S MARRIED.

3. Sign on a garbage truck: "EXCESS EXPRESS"

4. Rummage Sale Sign: "COME ONE, COME HAUL"

5. Sign in the Men's Ward of a military hospital: "YOU'RE WELL, WHEN YOU TAKE A TURN FOR THE NURSE."

**OVERHEARD ON THE NINTH TEE**

1. Golfer: "How would you have played that last shot?" Caddy: "Under an assumed name!"

2. "Don't play with that guy or you will be looking for his ball after every shot. The last time I played with him, he lost his ball in the ballwasher on the first hole!"

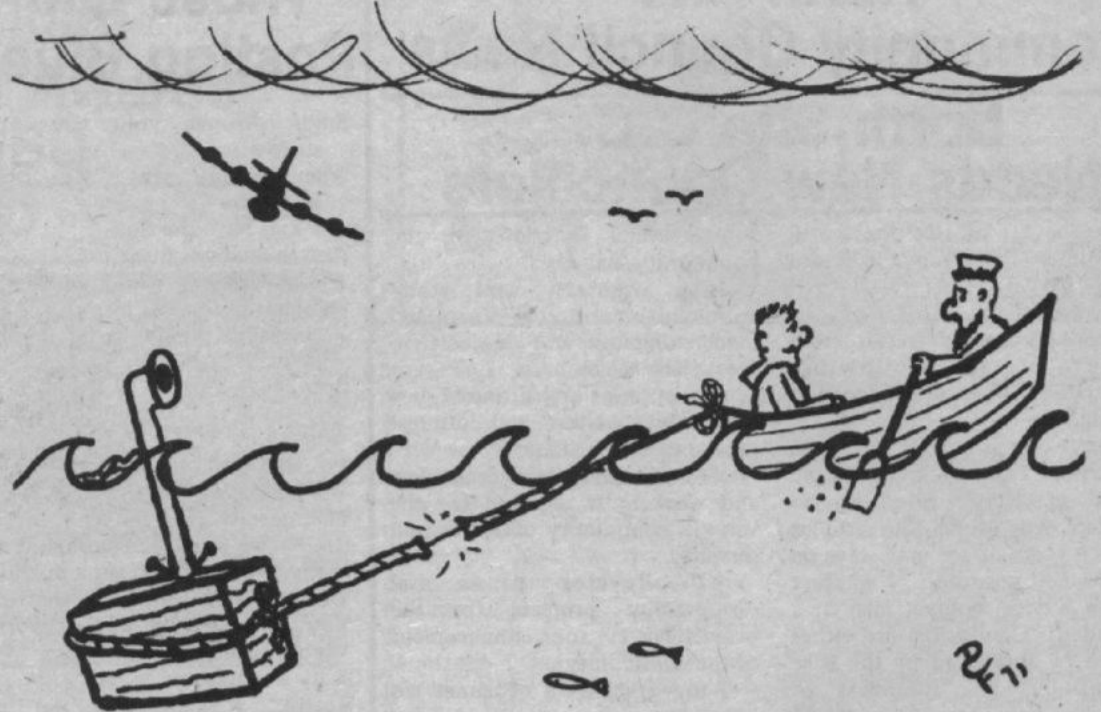
3. "How did you shoot?" "Frequently!"

**Ottawa Military Police Involved in Shoot-out**

OTTAWA-In the early morning hours of June 7, Military policewoman Private Janet Kirkey, 22, of Sioux Lookout, Ont., was on armed foot patrol around National Defence Headquarters, Ottawa, when she heard her husbands' voice crackle over her belt radio. There had been a shootout involving his patrol, he rasped, and requested help. That's all she knew until she returned to Base and found her husband, Pte. Stephen Trent Kirkey, 23, of Cornwall, Ont. safe and sound. "I was relieved," she said later. "When I heard his voice on radio I just tried to stay cool and kept on walking". While she was briskly finishing her rounds, Trent and his patrol team-mate, Pte. Giles J.R. Girard, 25, of Ottawa-Hull, were driving back to headquarters after saving the lives of two Ottawa policemen and helping to capture an armed escaped criminal. The Kirkeys, married less than one year, love their work - being MP's together at national defence headquarters security section - but June 7 is a date that will stick in their minds for a long time. "I could have been killed", Pte. Kirkey said later. "I know" replied his wife. Ptes. Kirkey and Girard were

on a routine mobile patrol of defence department buildings when they came upon two Ottawa police constables lying face down in the middle of a street. Their headlights showed a man standing over them, pressing the barrel of an automatic pistol to the head of one of the men. When the gunman saw the MPs he shouted for them to stop advancing or he would kill the constables. They stopped dead. The gunman then jumped into his car and sped off, carrying the policemen's revolvers with him.

Later, one of the officers thanked the MPs for saving his life. He said the suspect had stuck a pistol into his chest after being pulled over for erratic driving, saying: "Give me your guns or I'll blow your brains out." The MPs followed the fleeing gunman as he sped through downtown Ottawa at speeds up to 60 MPH followed closely by the unarmed constables. "It was pretty hairy", said Pte. Kirkey. "We stayed on his tail, running down Bank St., one of Ottawas main arteries. The gunman swung his speeding car into a cross street to shake off his pursuers, lost control and skidded to a halt. Both police cars stopped close by and their occupants took



... ACTUALLY, ITS JUST TO KEEP UP APPEARANCES.

**"Snowbirds" Fly Again**

OTTAWA-The "Snowbirds", aerial display team of the Canadian Armed Forces, takes to the air this summer to salute the opening of the 21st Summer Olympic Games in Montreal, July 17, as part of a cross-continent show lineup.

The nine-plane formation of Tutor jet training aircraft present

cover. Seconds later the gunman opened fire from inside his car. Pte. Kirkey, crouching behind a fire hydrant, returned the gunmans fire while Pte. Girard, hidden behind the thin shield of his passenger door, pumped copper-tipped bullets from his Browning 9MM service pistol at the gunman. The gunman fired five shots, one missing Pte. Kirkey by inches. The MPs fired 16 shots, more than 10 ripping into the gunmans car and shattering windows. Ottawa police who arrived late on the scene also pumped a few shots at the gunman. Suddenly, the car sped off, with both military and city police in hot pursuit.

In order to avoid capture the gunman flung his door open, rolled from the moving vehicle and disappeared into the darkness. The car rumbled down Laurier Ave. and smashed into a restaurant. Police arrested the man in a parking lot moments later. The gunman, identified as Robert Barry, 32, an escaped convict from Collins Bay Institution where he was serving an 18 year sentence for armed robbery and other offences, was treated in hospital for a minor bullet wound to his back. It has not been established whether the wound was caused by a military or Ottawa policeman.

Pte. Janet Kirkey said she doesn't mind the thought of being shot at, or of being in a tight situation with her husband should it ever arise. "I always wanted to be an MP", she said, but she never dreamed she would marry one. The Kirkeys met on the job at headquarters in 1974 and were married a year later. Pte. Janet Kirkey is the daughter of William and Eve Brunton, Sioux Lookout. Pte. Kirkey is the son of Theo and Lorna Kirkey, Cornwall, Ont.

a 27-minute performance featuring loops, rolls and formation changes at speeds between 90 - 350 knots, and as low as 300 feet above the ground.

The Armed Forces' display team is also on-stage for the United States' Fourth of July Bicentennial celebrations in Philadelphia, Pa.

First airshow of more than 50 to be held in Canada and the U.S. was scheduled for Fort Smith, N.W.T., May 7, with the last one in Rimouski, Que., Oct. 11. The performance schedule covers all 10 Canadian provinces, the Northwest Territories, Yukon and several American states.

The team is led by Maj. Denis Gauthier, 35, of Sherbrooke, Quebec, and operates out of CFB Moose Jaw, Sask. The 22 pilots and technicians have been in training since January.

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## Children's Summer Rec. Program South Site

The South Site community council in conjunction with Sir John Franklin Community Centre is sponsoring day and evening recreational activities during July and August for the members of the CFB Winnipeg, military community.

### SUMMER RECREATIONAL ACTIVITIES (Evenings)

Lipsett Hall South Site Gym

A programme of activities will be held at Lipsett Hall supervised by military personnel during July and August for your children.

#### Activities

A variety of supervised games and activities will be conducted as follows:

|                |                    |
|----------------|--------------------|
| soccer         | painting           |
| softball       | arts and crafts    |
| bowling        | daily refreshments |
| swimming       | floor hockey       |
| special events | push balls         |

#### Duration

Four nights a week Monday to Thursday from 6:00 pm to 9:00 pm a total of twelve evenings.

First programme (5 - 23 July)  
Second programme (2 - 29 Aug.)

#### Cost

\$3.50 per child for twelve evenings. The admission fee will be used to purchase refreshments, prizes and repair damaged equipment.

#### Parents Participation

Parents are very welcome and encouraged to participate in this programme.

#### Registration Night

6:00 pm 5 July 76 Lipsett Hall  
6:00 pm 2 Aug 76 Lipsett Hall

#### Information

Drop in or telephone Lipsett Hall, SGT. Brown at 888-5021 during working hours.

### SWIMMING LIPSETT HALL

Lipsett Hall is also offering a summer swimming programme during July and August for pre-beginners, beginners and juniors.

#### Cost

Six dollars per child for 14 lessons.

#### Duration

Three hours every morning Monday to Friday during July and August.

#### Information

Telephone SGT. Brown, Lipsett Hall at 888-5021 or drop in.

### SUMMER ACTIVITIES (Day time)

South site community council has organized two supervised playgrounds during July - August for your children.

#### Locations

Ubique Playground  
Maurepas Cres. Playground

#### Cost

None.

#### Time

9 pm to 5 pm Monday to Friday during July and Aug.

#### Programme

Arts and crafts, sports, games, day visits, swimming.

#### Age

All children 12 years and under.

#### Information

Telephone Mr. Folks - 489-9537.



Actually our new Performance Evaluation Reports are quite simple! One mistake and you're through.

Don Moore, Voodoo Drums

## L Gen. W.K. Carr & Maj. J. C Eggenberger Win Awards

OTTAWA—Developing a blind navigation aid for military and civilian aircraft has earned a top scientific award for Canadian Forces Major John C. Eggenberger, 42, of Calgary, now serving at the Personnel Applied Research Unit at CFB Toronto.

He won the Canadian Aeronautics and Space Institute's Romeo Vachon Award, named after the famous Canadian bush pilot of the 1920 - 30s, for work in the conception, trial and development of the radar prediction process at an RCAF station in Germany during the mid-1960s.

The award is presented annually for recent or outstanding display of initiative, ingenuity and practical skills in solving a particular problem associated with aerospace technology.

The institute's citation says Maj. Eggenberger's "... application, determination and hard work in establishing and pursuing this ... aid, has undoubtedly resulted in an increase in the operational capability and effectiveness, not only of the Canadian Forces, but the whole of the NATO forces."

Maj. Eggenberger joined the air force in 1955 and saw service across Canada, in the Arctic, France and Germany. It was while he was commanding the radar prediction unit at the RCAF's 4 Fighter Wing, Baden-Soellingen, in southern West Germany that he developed the process.

Another institute award went to Lieutenant-General William K. Carr, 53, of Grand Banks, Nfld., commander of Air Command. He received the C. D. Howe Award, named after Canada's wartime minister of munitions and supply, who headed war production in the Canadian aviation industry.

It was presented for achievement in the fields of planning, policy-making and overall leadership in Canadian aeronautics and space activities.

Lt.-Gen. Carr joined the Royal Canadian Air Force in 1941 as a pilot and was promoted to his present rank in July, 1974. He became the first commander of the Winnipeg-based Air Command last September.

Maj. Eggenberger is the second Albertan serving in the Forces to win the Vachon award since it was begun in 1969.

Maj. Ernest J. McLaren (Retired), 54, of Penoka, Alta., now employed by the federal government in Ottawa, won the award in May, 1972, for his contribution over 15 years to the technical advancement of Canadian aerospace technology.

The awards were presented to Lt.-Gen. Carr and Maj. Eggenberger at the Royal York Hotel in Toronto, May 12.

Whistler's  
Mother was  
framed.



A Sea King helicopter hovers over ships on anti-submarine patrol.



Keep air-inflated toys out of the water. Play with them on the beach where they belong.

### EXCUSES, EXCUSES

Here is a rather interesting collection of explanations received in connection with accident claims to insurance companies.

'I knocked over a man. He admitted it was his fault as he had been knocked over before.'

'To avoid a collision I ran into the other car.'

'A pedestrian hit me and went under the car.'

'My car had to turn sharper than was necessary owing to an invisible truck.'

'A bull was standing nearby, and a fly must have tickled him because he gored my car.'

'Coming home, I drove into the wrong house and collided with a tree I haven't got.'

'The other car ran into mine without giving me any warning of its intention to do so.'

'The other man altered his mind so I had to run over him.'

Now they sound ridiculous, and they are. But, let's consider some accident explanations that don't sound quite so ridiculous. Like ...

'The guy who was passing me cut me off, and there was no way I could keep from hitting his rear.'

'I assumed the guy on the cross street would stop - he had a red light.'

These explanations might not sound ridiculous to some drivers, but to a professional driver the one thing they signal loud and clear is the word PREVENTABLE. And a pretty good case can be made that a preventable accident is ridiculous.

Courtesy "Greenwood Argus"

## CHAPEL SERVICES

### PROTESTANT CHAPELS

St. Andrews Chapel (P)  
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10:30 a.m. - each Sunday,  
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4th Sunday - COMMUNION.

9:15 a.m. - 2nd and 5th Sundays -  
Holy Communion (Anglican).

Chapel of The Good Shepherd  
(P)  
Corner Whyteford & Silver  
Tel: 832-1311 Loc. 417.

11:00 a.m. - each Sunday,  
DIVINE WORSHIP  
4th Sunday - COMMUNION.

9:15 a.m. - 1st & 3rd Sundays  
HOLY COMMUNION  
Anglican)

Occasional services are to be arranged by contacting one of your chaplains and making the proper arrangements.

Maj. J.P. MacLean  
Base Chaplain (P)  
Tel: 832-1311 Loc. 417

Maj. J. I. Mills  
Chaplain (P)  
Tel: 889-9173

Capt. J.J.A. Tyrrell  
Chaplain (P)  
Tel: 832-1311 Loc. 417

### RC CHAPELS SERVICES SCHEDULE

St. George's Chapel (RC)  
Kenaston Ave.  
Tel: 888-1331 or 889-9173  
(home)

MASSSES:  
Saturday - 5:00 p.m.  
Sunday - 11:00 a.m.  
Weekday (Wed. and Fri.) -  
4:45 p.m.

SUNDAY SCHOOL  
Saturday from 4:00 p.m. to  
5:00 p.m.

CAPT. (Rev.) H. E.  
Nowakowski Chaplain (RC)  
Our Lady of The Airways (RC)  
Whyteford and Silver Street  
Tel: 832-1311 Loc. 272 or  
885-2715 (home)

MASSSES:  
Saturday - 7:00 p.m.  
Sunday - 11:00 a.m.  
Weekdays (Tue. and Thur.) -  
4:45 p.m.

SUNDAY SCHOOL  
Sunday from 9:30 a.m. to  
10:30 a.m. at CFANS Bldg. 86  
MAJ. (Rev.) E. Cremona Base  
Chaplain (RC)

Occasional services and sacraments are arranged by contacting one of your chaplains.

BAPTISMS and MARRIAGES by appointment (Marriage courses are taken whenever possible, contact your pastor four months ahead of time.)

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