



Armed Forces Day June 19, 1976

Messages

Prime Minister

On the occasion of Armed Forces Day, I am pleased to take the opportunity to pay tribute to the men and women of the Canadian Armed Forces, regular and reserve, wherever they serve, at home or abroad, in the interests of Canada and its allies.

They deserve the commendation of all citizens for the ever-increasing roles they are playing in the national interests of this country, and others with whom we share common goals.

Armed Forces Day presents an opportunity for our uniformed men and women to better acquaint fellow citizens with their activities and achievements over the past years, and to display, demonstrate and explain operations, training and equipment.

As I have said in the past, Canada is not a nation haughty in arms. But as long as there are interests in the world intent on enforcing their will on others, there will be a need for measures to protect the ideals, culture and style of freedom in which we believe.

Canada has chosen to ally itself with others who espouse similar ideologies, hence our membership in the North Atlantic Treaty Organization.

But protecting our common interests is not Canada's only contribution to the quest for world stability. Canada also places its servicemen and women, and its resources, at the disposal of organizations such as the United Nations. The record of our sailors, soldiers and airmen in peacekeeping and peace observing missions around the world in the past quarter-century are achievements in which we are entitled to take great satisfaction and pride.

Additionally, the benefits we derive from our military organization extend beyond collaboration with international interests for mutual security. The Canadian Forces constantly stand ready to contribute their capabilities and expertise in times of natural disasters. Flooding, forest fires, air and marine search and rescue, and other valuable aid and assistance are examples.

In a few weeks they will further demonstrate their versatility in providing assistance in the form of security and other support to the 1976 Olympic Summer Games in Montreal, Kingston and elsewhere.

Minister of National Defence

The central objective of the Canadian Armed Forces is to work with our allies and friends in the preservation of international stability. In the world in which we live, international stability can only be achieved with a balance of military force.

We and our allies, must be strong enough to prevent the start of war. In the NATO alliance, this is called "deterrence." It is important for all Canadians to know that Canada's military capability is not designed or intended for aggressive purposes, but a Canadian fighting capability is required in order to deter aggression and therefore to preserve peace in the world.

On Armed Forces Day, 1976, as minister of national defence, I wish to thank and to commend all Canadian sailors, soldiers and airmen, for the dedication and commitment with which they carry out their duties in the achievement of our goal of peace in the world.

James Richardson

Our men and women in the Canadian Armed Forces, and their civilian colleagues in the Department of National Defence, have earned and deserve our confidence, respect and support, and I urge Canadians to demonstrate their appreciation by taking cognizance of the occasion we set aside as national Armed Forces Day.

Pierre Elliott Trudeau

NATO Still Best Bet For Peace

OTTAWA—One of Canada's prime contributions to collective security in the western world is its long-standing commitment to the North Atlantic Organization (NATO), a defence pact that has covered both sides of the Atlantic for more than a quarter-century.

With all NATO members

See NATO Page 7 Col. 3

Governor General

Once again it will be Armed Forces Day and I welcome the opportunity to address myself as Commander-in-Chief to all the men and women serving in regular and reserve units.

Armed Forces Day, 1976, is an occasion when all Canadians can pay tribute to the men and women who serve their country in uniform. It is a recognition of the special and valuable role which the Canadian Armed Forces play in protecting and advancing Canada's interests and the goal of world peace. All of you have chosen a life which is based on the notion of service to your country. Your idealism and your sense of duty are an example to all Canadians.

On this very special day which is set aside to recognize your contribution to our country, let me wish you all well and offer you heartfelt thanks on behalf of all Canadians.

Jules Léger

Reserves Important Component Of CF

OTTAWA—Reserve elements of the Canadian Armed Forces now are counted on more than ever to provide trained individuals to support regular force activities, drawing closer to a goal of a "single force" concept.

National Defence Headquarters says more than 3,000 navy, army and air force reservists — about one in seven of the 22,000-strong Reserve force — will be called on to fill essential positions in Olympic activities at Montreal, Kingston, Ont., and elsewhere next month.

But in addition, part-time sailors, soldiers and airmen — and women — will carry out their normal training at regular and reserve force camps and units across Canada and overseas.

Emphasis during the summer of 1976, including the involvement in support of the Olympics, will provide a real opportunity for the reserves, in large numbers, to "do their thing" in this regard, a spokesman added.

Several major happenings took place in the reserve forces during the last 12 months. Reopened were two naval reserve units, HMCS Queen in Regina, and

See RESERVES Page 4 Col. 1



This photo is a miniature bronze model of the final monument photographed in front of the Manitoba Legislative Buildings.

(CANADIAN FORCES PHOTO)

Statue To Be Dedicated To Women Of Commonwealth Armed Forces

A statue dedicated to the contribution of women in the Commonwealth armed forces of World Wars I and II will be unveiled in Memorial Park, west of the Cenotaph, July 4 at 2 p.m. The statue is the work of Winnipeg sculptress Helen Granger Young and is now being bronzed at a foundry in Cochrane, Alberta. It will be flown here by a Canadian Forces Hercules transport aircraft in early June. The monument depicts three servicewomen, back to back in the army, navy and air force dress.

The campaign to raise funds for the statue was started in 1972 by the Women's Tri-Service Veterans Association which was formed for this purpose. To date the group is approximately \$4,000 short of its goal. A "Dedication Ball" will be held on July 3 at the Marlborough Hotel. A "Cheese and Wine" reception follows the dedication on July 4. Tickets for the Dedication week can be obtained from A.T.O. Eatons or Mrs. Hugh McDonald, 214 Bancroft Bay, St. James. Contributions can be made to the "Monument Fund", Imperial Bank of Commerce, 3371 Portage Ave., Winnipeg, Man. R3K 0W9.

Notice

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July 14 (Deadline Date July 6)

Aug 18 (Deadline Date Aug 10)

EDITORIAL
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So you wanna buy a house or mobile home?

Now I must say that ol' Dapper Dan writes a pretty good column about money and things, but his latest opus (printed further on in these hallowed pages) about houses and mobile homes needs further elaboration. Dan first raises questions about housing; to wit - Why do houses cost so much in a Canada that is one of the world's foremost industrial societies? Well, according to Dan, some 'housing experts' say that inflation is the villain, or perhaps it's because the house industry is still using out-moded expensive assembly methods. Both reasons are probably true to some extent. One expert even suggested (prompted by a flash of divine inspiration no doubt) that houses are so expensive because the cost of land has increased astronomically during the past few years. Yes, but any damn fool KNOWS that. But wait a minute! Do you really know why land prices have jumped so high? You guessed it! The answer is (hang on to your hat badges boys) due to that plain and simple, good old capitalistic virtue called 'Greed'. According to James Lorimer, in an article written for 'Weekend' magazine, large land development corporations grabbed up during the sixties choice land areas around most major cities. The corporations are now selling that land at enormous profits. For example, Mr. Lorimer states the average price of a lot in Calgary in 1972 was \$6,320. In early 1976 the price of that same lot was \$20,400. After payment of costs concerning the buying, holding and servicing the land, the developer's profit turned out to be \$12,642. Or putting it another way, if the final purchase price of a house on that lot was \$54,000, 23% of that sum would be due to pure speculative profit. How does that grab you? If you potential house buyers get the feeling you're going to be ripped off, you will be. For more eye-opening details, have a look at James Lorimer's two-part series concerning house prices in 'Weekend' magazine of the Winnipeg Free Press dated May 22 and 29.

Now about mobile homes. Buying one is a gamble. It's like playing Russian Roulette with all chambers of the gun loaded, and you're hoping like mad for a misfire. True, what Dapper Dan says in his article about mobile homes is important and accurate enough. Before buying a mobile home, you should shop smart, take proper care of the mobile home, make a thorough inspection before buying and check provincial width restrictions on trailers. However, there are tent caterpillars in the soup. Moving a trailer a few hundred miles shouldn't present any problems. But how about 1,000, 1,500, 2,000 miles? These are distances many service families travel from one posting to another. It's unlikely a mobile home will stand up to the stresses of such a trip, particularly when the drugstore cowboy driving the semi that's pulling the trailer doesn't give two hoots and a half about what he's doing except to get to his destination in the quickest possible time. Just suppose you're heading to B.C. and you're depending on your Warranty to bail you out if a breakdown occurs to your mobile home in the middle of Saskatchewan. How, pray tell, are you to get the warranty enforced if the mobile home was purchased from a dealer in Nova Scotia? "Easy", you say. "I'll just sue the dealer if he doesn't co-operate." Well try it, brother, try it, and in the meantime don't hold your breath. Oh! by the way, did you know trailer warranties don't extend to the trailer undercarriage which is the most likely part to break down? Oh yes! one more thing. To quote in part CFAO 209-20 para 15 ... 'Interim Lodging and Meal Expenses are not payable for any period during which delivery of a mobile home is delayed due to a breakdown, beyond the control of the carrier, while in transit'.

Happy mobile home moving!

Canadians. God's frozen people.

Government spending gives you an idea why laws are called bills.

Next
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Deadline
Tues 4 p.m. 15 Jun

Women earn more equality in Military.

OTTAWA—More than ever, the Canadian Armed Forces can claim a reputation of being a real "equal opportunity" employer.

This follows increased opportunity during the last two years for servicewomen, who now face more challenge, greater employment opportunity and advancement.

Also, a recent amendment to the National Defence Act permitted nearly 2,600 teenage girls to attend last year's summer cadet camps for the first time, participating fully alongside their male peers.

They met the challenge of a rigorous leadership course at the national army cadet camp in Banff, Alta., including the strenuous demands of mountaineering, glacier-climbing and other adventure training.

The world of military music also witnessed a few feminine "firsts." Among them, Cpl. Lynn Hong, 35, of Ottawa, an accomplished pianist, became a piano soloist in the Forces' Central Band. She's the first woman to be admitted to the Ottawa-based band, and made her debut last fall.

Cpl. Kathleen Beattie, 21, of North Bay, Ont., a bassoon player, became the first woman to join the Royal Canadian Artillery Band of Montreal, and was the only woman who participated daily in the "changing the guard" ceremony on Parliament Hill last summer.

Further advances for women included amendments to the Canadian Forces Superannuation Act, which legislated for equal status for men and women regarding survivor pension benefits, and uniform rates of pension contributions.

These amendments are the result of a recommendation by the 1967 Royal Commission on the Status of Women. Previously, servicewomen contributed less and received fewer benefits.



Captain S. F. Crooks, Base Transportation Officer, presents Mr. W. Craik with a Retirement Certificate, having served 18 years with the Public Service. He also served five years in the Military during World War II, four of which were overseas. Mr. Craik was employed with Base Transportation MSE(N) prior to his retirement.

More than 3,500 women are enrolled in 18 officer classifications and 63 trades, and serve at most Canadian Forces units, with NATO forces in Europe, and one of the UN peacekeeping forces in the Middle East.

At the end of March, there were 660 women officers and 2,873 non-commissioned ranks enrolled in the armed forces.

A Canadian Red Cross Summer Safety Tip: For poor swimmers and hesitant boaters, help is at the other end of a phone call to the Red Cross Water Safety Service. Be prepared. Yell to us!

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Kiddies' Corner



Kari Lamoureux - four-year-old daughter of CWO. Dick Lamoureux 1 CEU, lives at 22 Braintree Crescent. Kari has just passed her primary dance examinations in Tap and Acrobatics with flying colours. Kari takes dancing from the Jansen School of Dancing.

New Commander Appointed for Canadian Forces Europe

OTTAWA—A new commander has been named for the land component of Canadian Forces assigned to NATO duties in Europe. He is Brigadier-General John Vance, 41, of Tweed, Ont.

He will take up his new appointment July 19, succeeding Brig.-Gen. Charles Belzile, 44, of Trois Pistoles, P.Q., for whom a new appointment will be announced later. Since April 1, 1975, Gen. Vance has been director-general of recruiting, education, and training at National Defence Headquarters, Ottawa.

Gen. Vance entered the Royal Military College, Kingston, Ont., in 1952, and on graduation in 1956 was commissioned as a lieutenant and assigned to the 2nd Battalion, The Royal Canadian Regiment, London, Ont.

Since that time his career has included a wide range of appointments at home and abroad, including a tour as commanding officer of 3 Mechanized-Commando, Baden-Soellingen, Germany.

Following his return to Canada in July, 1972, he was promoted colonel and named deputy chief of staff for training at Mobile Command Headquarters, St. Hubert, Que. In November, 1973, he became director of individual training at National Defence Headquarters, Ottawa.

A graduate of the Canadian Army Staff College, Kingston, Ont., Gen. Vance holds a Bachelor of Arts degree from the University of Toronto.

Gen. Vance and his wife Sheila now reside at 119 Broadway Avenue in Ottawa. They have five children.

Investigate the whole ball of wax from the construction of the unit, to the safety standards and the complete financial package.

Remember, in the long run, when it comes to getting your money's worth, and choosing a home that's safe to live in, the ultimate responsibility rests with you.

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Now I realize that the mobile home isn't everyone's cup of tea, and there are little things that can go wrong with the best of new mobile homes, just as they can with a fine new automobile. So one must shop smart; materials and workmanship are the points of focus on when looking at mobile homes.

Over the past 10 years I have had the opportunity to talk to many service members who have bought mobile homes, and they tell me there are two basic points to remember about getting your money's worth from a mobile home. First, with proper care, it can last 20 years or longer. Second, a well maintained mobile home is likely to have greater resale value than one that has been neglected.

However, they have also mentioned that before you buy a mobile home you should make a thorough inspection of the unit. If you are not capable of doing this, then take someone with you who can check the unit completely.

This inspection is most important, as indicated by the number of complaints I have received pertaining to poor workmanship. One of the complaints concerned structural defects that resulted in a moving company refusing to move the mobile home. As a consequence, the service member had to seek other accommodation at his new base, and try to rent his mobile home in order to make the mortgage payments.

Another serviceman complained that he bought a mobile home 14 feet wide and was then posted to British Columbia. On contacting the authorities he learned that certain B.C. highways would not permit movement of vehicles or loads over 12 feet wide.

So, use the old Better Business Bureau slogan, and before you invest, INVESTIGATE.

DAN HODGERT NDHQ
dapperdan
 says
 directorate of social development services

INVESTIGATE BEFORE HOME INVESTING

OTTAWA(CFP)—You can say one thing for the average house being built today, the average man can't afford it.

It doesn't seem to matter where you live in our fair land, the average conventionally-financed new house appears to be too expensive for the majority of Canadians.

Why on earth do houses cost so much?

Why can't one of the world's foremost industrial societies build homes that cost less?

According to some housing experts there are conventional answers to both questions. These experts claim that houses cost so much because home-building is a small-time, backward, tradition-ridden industry that persists in using cut-and-fit methods in a mechanized age. These experts maintain that we could produce cheaper houses just as soon as we give up those antiquated habits and begin mass-producing houses on an assembly line basis.

Home builders reply to this criticism by stating that pre-fabricated homes are not the answer, that house prices are so high because inflation has played havoc with the cost of materials, and the cost of land has soared out of sight in the past few years.

As an example of assembly line building that does work, today's prime proof is the mobile home,

Bike Safety



SAFETY HINTS


Did you know that many accidents involving bikes are the result of youngsters riding bikes that are too big and too heavy for them?

When shopping for a bike be sure and check the following measurements so your child will ride a bike just the right size.

To ensure the proper length have the child half-close the hand — the forearm should then fit between the front of the saddle and centre point of the handlebars with a tolerance of one-half inch.

To ensure the proper height a boy should be able to place both feet on the ground while straddling the horizontal bar. Girls can use a boys' bike to obtain the proper measurement and buy a bike of the same size, or when using a girls' bike ensure the saddle is at hip level.

Grasping the handlebars and sitting on the saddle with the ball of the foot on the low pedal, the leg should be bent slightly at the knee, the upper body inclined slightly forward, and the handlebar grips easy to reach when they are at right angles to the handlebar stem and slightly higher than the seat. It is best to measure for the bike with handlebars and saddle at their lowest positions.




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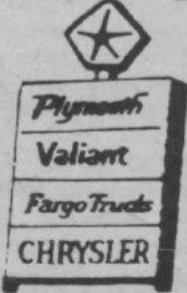
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RESERVES Cont'd From Page 1.

HMCS Nonsuch in Edmonton, to provide weekly naval training for about 170 naval reservists; Communications Command units were established at St. John's, Nfld., Borden and Thunder Bay, Ont.; a new air reserve squadron was formed at Canadian Forces Base Shearwater, N.S., and an augmentation flight at CFB Moose Jaw, Sask.

An Air Reserve Group headquarters was formed in Winnipeg, to administer all air reserve wings, squadrons and flights across the country; a company of the Royal Newfoundland Regiment, a militia infantry unit, was formed at Stephenville, on the west coast of Newfoundland; and the number of openings in militia service battalions and military police platoons across Canada were increased.

The year 1975 also was a fruitful one for the Reserves as far as equipment is concerned.

The 18 naval units from coast to coast now have large diesel engines for training marine engineers, and several small craft were assigned to some of the units. Recently refitted HMCS Port Dauphine, a 125-ft. Porte-class gate vessel, has been tasked to train naval reservists on the Great Lakes, and five former RCMP patrol craft, acquired by the naval reserve, now are being allocated to reserve units with access to deep water.

Militia units received 119 new Jeeps, 475 standard commercial vehicles and a variety of second-hand vehicles to augment their mobility, and militiamen also received a large variety of winter clothing and equipment, as well.

Air Reserve wings at Toronto and Montreal received VHF radios and airborne transponders (radar identification devices) for their fleet of 20 single-engine Otter aircraft.

In other areas, more than 100

Do you recognize any old enemies (or friends) in this Rogues Gallery of personnel who attended the first annual Air Command BWO and SWO Conference held in H.Q. Bldg. on 5 and 6 May. If you are a little hazy on recognition, we supply a list for your edification.

reservists continued to serve with the Canadian contingent of the United Nations Emergency Force in the Middle East. Male and female reservists (for the first time this year) are able to apply for six-month "call-outs" with UN forces there.

In addition, reservists continue to be posted temporarily to Canadian Forces units in Germany, to provide 4 Canadian Mechanized Brigade Group with added manpower for major concentrations and exercises.

And this year, a detailed review of the Reserve pay structure is

REAR ROW: L-R

MWO. Jackson, CFS Barrington; CWO. Stevens, CFB Toronto; CWO. Meisner, CFS Gypsumville; MWO. Camsell, CFS Beausejour; CWO. Drew, CFS Sioux Lookout; CWO. Arscott, CFS Baldy Hughes; CWO. Lapeer, CFB Ottawa; CWO. Hoehn, CFB Trenton; CWO. Mathew, CFB Cold Lake; MWO. Vercammen, CFS Dana; MWO. MacIntosh, CFS Holberg; MWO. Baker, CFS Alsask; CWO. Carroll, CFB Chatham (BWO. Designate).

CENTRE ROW: L-R

MWO. Doyle, PMC WO and Sgt. Mess, CFB Winnipeg; CWO. Figenshaw, CFB Edmonton; CWO. Chauvin, CFB North Bay; MWO. Rostek, CFS Lac St Denis; WO. Doucet, CFS Chibougamau; CWO. Gavriloff, CFS Kamloops; CWO. Denis, CFB Summerside; CWO. Latraverse, CFB Bagotville; CWO. Blythe, CFB Trenton (BWO. Designate, CFB Comox); CWO. Howard, CFB Comox; CWO. Cecil, 10 TAG (Observer); CWO. O'Doherty, CFS Moisie; CWO. Freeman, CFB Greenwood; CWO. Lawther, CFB Shearwater; CWO. Ariano, CFS Lowther.

FRONT ROW: L-R

MWO. Hamilton, CFS Goose Bay; WO. Carignan, CFS Senneterre; WO. Pullen, CFS Sydney; MWO. Lemieux, CFS Mont Apica; CWO. Morran, CCWO; MGEN. Lewis, D/COMD; COL. Gates, Base Commander CFB Winnipeg; CWO. Thompson, CFB Moose Jaw; MWO. Sadler, CFS Beaverlodge; CWO. Van Blaricom, CFB Portage; CWO. Dodd, CFB Winnipeg.

planned. The results should give reservists closer pay compatibility with regular force counterparts.

Currently serving across Canada are about 3,000 naval reservists; 17,300 militia personnel; 700 air reservists, and 1,550 men and women in the reserve component of the Canadian Forces Communications Command.

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Lahr, Baden, Munich, Ramstein, Frankfurt, London, Cranwell, Farnborough, Boscombe Down, Derby, Blackpool, Edinburgh, Paris (as aforementioned), Marseille and back to Lahr, Trenton and home. That's my excuse Bremner; what's yours?

ASCEUR 76 (that's ASC visits to establishments in Europe for those of you who don't have an Aerospace Argot dictionary) went like whirlwind. I have enough stories to write a novel let alone a column but I'll leave the novelling to Rod. Don't believe me eh! Then why was Rod scribbling nasties in his notebook in the Hofbrannhaus?

Lest anyone get the wrong impression, visits to "establishments" means visits to bases, factories design bureaux and other ship windows where we find out what's really going on in the outside world. Well, we do visit the other type of establishments too but that's on our time.

Beginning by bus to Baden, 439 and 421 Squadron demonstrated the efficiency of their Starfighters by doing multi-aircraft multi-pass bombing attacks (simulated of course) on our awed troops. Their hospitality at T.G.I.F. however, was not simulated. 441 joined the attack and the Weisswein got everyone bombed. The other thing that was successfully demonstrated was the efficiency of the new tone-down paint schemes. The barracks were so well camouflaged that several people could not find them. Then of course they escaped Rodney's demonstration of the theory at BL 755's.

Since the next day was Saturday, the whole sick crew undertook to tour Schwarzwald in typical Baden weather: 33-ft. overcast in heavy stratus, visibility 100 yards in light rain and fog. It didn't affect the first of the Galloping - Goinfre's tour at European eating establishments. "Rose," rated a one star for this trip (can't start off too high and besides I never have agreed with Michelin). Steak Nelson, Jaeger - Schnitzel, and Kalbfleish "Madelaide" rated good reviews. Since I couldn't speak German and the waitress couldn't speak English, we conversed in French, one up for BLTP. And of course more weisswein. A six hour bus ride to Munich took care of the morning after.

And there we were, Sunday evening in the Gemütlichkeit Garden of Germany. While everyone else went to the Hofbrannhaus, Wetzell, Swift and Ellis found the best show in München right at home base. Seems the hotel ran a co-ed sauna (civilized people these Münchkins) Ah well, Penta Penta, it's a barrel of fun.

And so to M.B.B. Messerschmitt Bölkow Blohm make just about everything that moves. If you don't like their airbus, travel by train, or helicopter. They can even put you into space. We had to stop Barnes from smuggling back the MRCA back cockpit. Said he needed a training aid.

Eight hours to Ramstein; was your ceiling peeling as bad as mine?

The whole day at Ramstein was fascinating, and I'm not allowed to tell you a word. Actually they let us know what we, the good guys, would do to them, the bad guys, if them ever tried to stomp on we. They would too.

Another Gasthaus; this time Gordon Bleu all round. Still a one star, but the neirsteiner was an excellent year. Did I ever tell you the story of Noah? -----

Rantz decided that he needed practice in the mile and a half and conned Wall and me into running back to the base. An hour and a half later.... For a navigator Rick, you sure can't estimate distance.

Four hours to Frankfurt. You will all enjoy flyink on Lufthansa. As long as everybody obeys orders.

Cranwell is our sister course. So naturally in an old family get together, we learned about air warfare, particularly the last Arab Israeli get together. Want to buy some slightly used SA 6's and 7's. For you, special price.

"When a man is tired of London, he is tired of life" (Samuel Johnson).

The Bush Hotel at Farnham is an ancient inn. Where swiftly sang some ancient songs. No stars for cuisine, but an atmosphere superb.

Quote of the tour: "Yes, well we did a task analysis for the M.R.C.A. to see if we could get away with a single seat fighter. Actually the easiest man to replace is the pilot" (D.E. Humphries at Farnborough).

At Boscombe Down they test airplanes. I tried, I really tried to get them to give me their Comet in return for an L.R.P.A. (I think they knew something I didn't). At the Silver Plough, they test Aerospace Systems Courses every year. The name of the game is skittles not bowling, skittles. "Life is skittles and life is beer" or Cider or any of the 23 different types like; dandelion, elderberry, nettle, ginger.... 2 stars for fun and this time John Bennet walked four miles home.

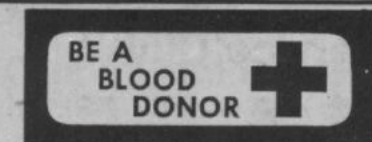
ASC 28 who had been sitting peacefully in the back of the bus elected Major Eichel "Hanger-on of the week".

What can you say about Rolls Royce. The name says it all. Except for a very slight cash flow problem a few years back which nobody bothers about anymore, they still make the finest engines in the world, by hand.

And they gave us a hand to the yew tree inn. Dinner and stuff courtesy Rolls, songs and stuff, courtesy Bennett and Pederson, with an able chorus of Daly, Bridgen, Reid and Rantz.

The party, naturally continued on to the bus where a great ball was coming off. Score: Lions -1 Christian nothing: not even a sock.

British Aircraft Corporation have a secret. The tail of their M.R.C.A. is made out of wood. Everything ahead at the wooden part is very impressive. Ever more impressive was "—a seaside resort name of Blackpool. That's noted for fresh air and fun." A true



three star for the finest roast beef and service in England at the Savoy Hotel.

You tak' the low road and we'll tak' the high road. A Herc may be uncomfortable but at least it gets you to Edinburgh where Ferranti demonstrated their lasers amongst other things. Zap! your genes are irreparably altered.

We had intended to sample Scotlands finest, but an earthquake interrupted. Our gallant Herc crew were rounded up, diverted to Italy and they dropped us off at Le Bourget a wee bit early.

Paris in the spring when a true Frenchmans heart lightly turns to....

Food, what else? While several of the troops became "avaleurs de pierres" et peut-être "avaleurs des spectacles". Those of us with an interest in true French culture explored la rive gauche instead of the Champs d'Elysee and Pigalle. It's really true a Frenchman thinks first of his stomach and even the humblest eatery is great.

I finally found out what the definition of level three is: You can rap with the waiter and your buddy across the table, but don't try to understand what's going on around you. Garçon! encore un pichet du vin de maison s.v.p.

At 84, Marcel Dassault has earned the title maestro. His airplanes truly are works of art. They should be he, note the emphasis on "he" not "his engineers" designs them that way. Avions Marcel Dassault are also famous for lunches. Thank God for a factory tour afterwards.

From A.M.D. and Thompson C.S.F., Canadian industry could learn some lessons. Find your niche; perfect it; then you can compete and beat the world. The Mirage was very real in the Sinai desert when it came to shooting down Migs. Thompson make the neatest airborne colour take ever developed. If you think its easy try carrying your Sony in an airplane.

And so to Istres, France's answer to Cold Lake. With a stop at Marseille to sample Bouillabaisse naturellement. Wouldn't AETE just love to have that big warm lake, the Mediterranean in their backyard. The rest was anticlimax, particularly when we had all the reports to mark. I wonder if Doc Spindler gives liver transplants.

Doc Spindler has also been folding and mutilating the ego of a few of our troops. Rick Young is setting up an ASC weight watchers club: all ASCEUR troopers are charter members.

We have at least one staffer who doesn't need weight watchers. While we were running around Europe, Doug Cantley was running around Ottawa. No, not the usual Ottawa run around, though he's been getting some of that lately.

Doug won the Military Open category in the National Marathon. All in a days work for Doug. He already has a silver seal award for Aerobic excellence and we've been calculating for years that if Doug's Marathon times were evenly divided amongst the staff here, we could all be credited with two minutes under excellent in the annual "contribute your body to the heart fund, mile and a half". Even though the details were published in the May 19 Voxair, our Friendly rec' staff

429 SQN. Promotion



429 Squadron Promotion — LCOL. J.R. Allingham, CO 429 (Composite) Squadron, and CAPT. Roy Wood, FE Leader, congratulate MCPL. C. A. Mikkelson on his recent promotion to that rank. MCPL. Mikkelson is a flight engineer on the C-130 Hercules at 429 Squadron.



Howdy herd! Welcome to the last Bison Brew before Brian Fritsch takes over and starts throwing innocent remarks at CFANS. Speaking of which, it sure is quiet when Ed is on holidays which brings us to Linda (not from 429 Squadron) who has been back for over two weeks from her vacation in the Middle East and has yet to make a quotable quote.

The Squadron has been maintaining three serviceable C-130s in Winnipeg through constant negotiation with Base Ops Edmonton and ATOC Trenton. I'm sure that if you spoke to the BAMEO crews, they would say that we exchange Hercs every fourth day - long enough to modify and demodify them for nav training and then return them. Ernie "Lottery" Canivet claims that when he leaves the Squadron - next year, from what I hear - he should be given a 435 Squadron plaque as well as he spends more time in Edmonton ferrying aircraft to and from Namao than he does here in Winnipeg. Ernie and Warren Everett are in the sports car business and should soon be driving about in MGs.

The nav console in 306 has yet to test properly as we go to print and apparently suffers from the same problems that were evident in the prototype, 307. We saw our first H Model (the latest production series) Herc in Winnipeg for a week recently while 307 was in Edmonton for longeron repairs. Ray Moore briefed the Squadron pilots and engineers on the various differences between the E Model (ours) and the H Model (Edmonton's) and then Uncle Lou

were not impressed. Doug still had to run his mile and a half when he got back. Congrats Doug.

That's it for this column. I still have lots to say but Doug Brazeau won't let me use the whole Voxair. Besides which I've just run out of paper; besides which I've just run over the deadline, besides which how could I hold you all in suspense 'til the next column.

proceeded to demonstrate that a max effort landing can be flown just as easily in an H as in an E Model Herc - but then, only when Ray McAnally is on board.

Short ones: ICP School will be on their way to Patuxent River for their course visit next week.

Bill Jack and Dave Cunningham would rather fly Air Canada to Saskatoon than bounce around in the back of a Dakota.

Rick Pockett is leaving the OR shortly for a quick tour at the Olympics.

Major Brown, Csaba Hezsely, and John Lumley have left for the C-130 Advanced Course in Trenton and points West.

Don MacDonald is recovering from having his tonsils out.

Rick Legault is scheduled to go into Squadron Ops with Jim Anderson and will soon have to contend with Smilin' Tex.

Csaba Hezsely did so stop at the restaurant outside Greenwood where the sign read "All you can eat for free".

Willy Williamson decided to save Chief Jamieson a lot of paperwork and submitted a leave pass.

Don MacDonald and Vic Charlebois may be going into the cottage business and will soon be competing with Block Brothers.

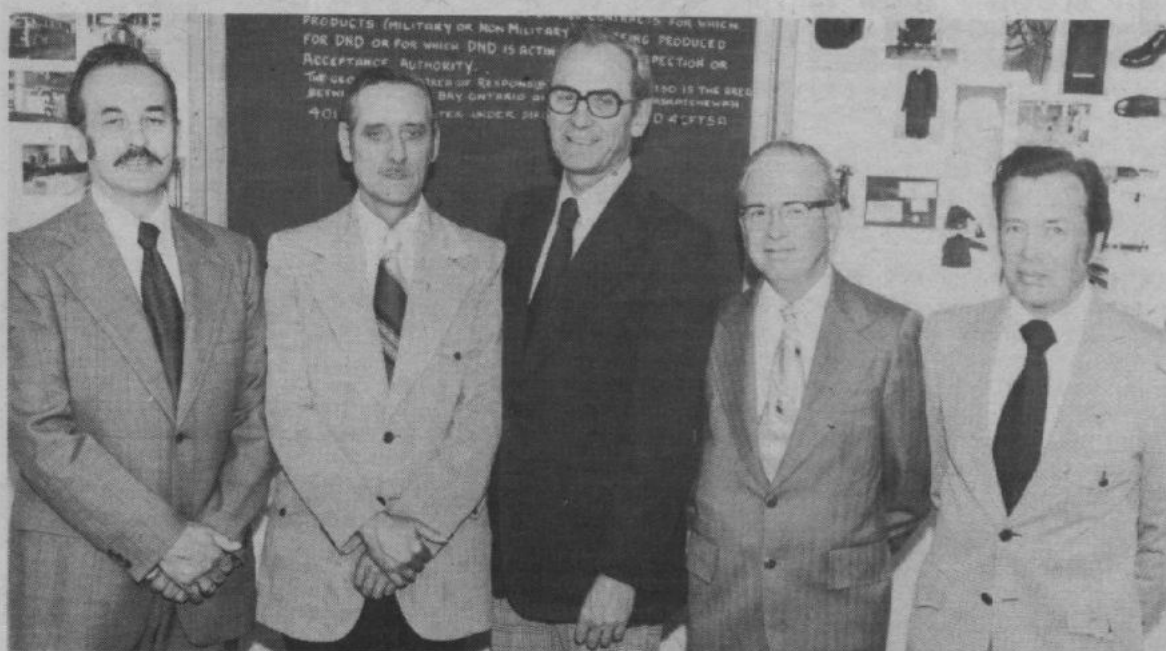
Majors MacIntyre and Brown, along with Roy Wood and Glen Morgan recently suffered through an evening in Chicoutimi preceded by one in Bermuda.

Just in case this turns out to be my last column, I would like to express my thanks to Shirley Page, who deciphered my writing every two weeks and typed the column into readable form for the typesetters; to Marg Desjardins, for her words of wisdom concerning comments about the NWI nav console contract before the column went to print; to Doug Brazeau and the Voxair staff for their excellent co-operation; and the Base Photo section for the times we wanted to generate Squadron pictures before the next Voxair deadline.

SEEN ABOUT: Linda (not from 429 Squadron) in a black velvet dress unable to sit down. So long!

'73
Mel

Meet The Members Of The "Long Service Club"



A first for 401 Technical Services Detachment was the recent formation of a "Long Service Club".

Presented with certificates, signed by the Prime Minister in recognition of 25 years of faithful service to the Government of Canada, together with a 25-year pin, are:—

L-R: Mike Worobey, Dave Peters, Hugh Landry, Lloyd Hoskins and Doug Brown.

All five are currently employed as Quality Assurance Representatives at 401 CFTSD in Winnipeg.

Interesting to note is the fact that all are ex-service personnel and all served as Quality Assurance Representatives in a military capacity before switching to their present civil service position.



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in vino veritas

by R. KOHLBERG

A MOSELLE TO REMEMBER

Our memorable trip to Europe three years ago included a visit to Ürzig on the Moselle. We went to visit friends in this idyllic little town, which is famous for its fine wines. As we drove through the Moselle valley, we passed many deep-green vineyards heavy with ripening grapes. In some of them large signs stand high on the hill announcing the name of a notable wine grown there. When we saw a sign with "Ürziger Würzgarten" we knew we were close to our destination.

That night we drank the best local wine in the company of our friends, whom we hadn't seen for more than twenty years, and we were convinced this was the most magnificent wine we had ever had. Mind you, Ürziger Würzgarten (German for Ürzig's Spice Garden) is not just an agreeable local wine, it is known as one of the better Moselles throughout the country. Too bad, we thought, that they don't produce enough of this supreme wine to export some of it to Canada . . .

One day, two years later, when I was studying the new arrivals in my favorite wine outlet on Portage and Ainslie, I became curious about those rare and expensive bottles kept behind glass in special cases. Suddenly I noted a familiar name: Ürziger Würzgarten. What a delightful surprise! But the sight of the price tag dampened my elation: \$16.35. (It is now up to \$17.15.) I had never paid that much for a bottle of wine. Who does, anyway? Somebody must buy these glass-case showpieces, or else the Liquor Commission wouldn't import them. A clerk told me that some people buy these very expensive wines as collectors' items or to show off to their guests. I wonder if they ever drink and enjoy them. And how good can they really be? I mean, how many times better than a two-dollar wine — eight times better? How does one measure that sort of thing?

I was anxious to find out, but one doesn't buy a sixteen-dollar bottle of wine just like that: one needs a justification, an occasion, an excuse. I found an anniversary and bought the treasure.

But the anniversary came and went, and we didn't open it. A birthday passed similarly, and then Christmas. The longer the bottle lay in the wine rack, the more reluctant we were to open it. What if it wasn't as good as we remembered it? We had been in a holiday mood then, together with dear friends and in high spirits — anything would probably have tasted like ambrosia. And what if this wine didn't "travel well"?

On New Year's Eve we almost opened it . . .

Months passed, and then one day — not even a special occasion — we were ready. Lovingly and carefully we uncorked our Ürziger Würzgarten with great expectations. It was every bit as good as we remembered it — a magnificent wine! When you taste a great wine like this, the common attributes and criteria such as color, vinosity, degree of dryness, etc., seem inappropriate. Does it make a difference if a Queen is short or tall, has blue eyes or brown? Royalty transcends such mundane and banal means of recognition.

Now we are planning another trip overseas and hope that Ürzig has had another good year.

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Courts of St. James Branch 2727 Portage Avenue	Henry Mayer, Mgr. 889-8850
Portage & Westwood Branch 3330 Portage Avenue	Blair Caithness, Mgr. 888-6770

Promotions



MWO. R. W. Bell is congratulated by CAPT. D. Olexa A/Detachment Commander, Western Detachment, Special Investigation Unit, Winnipeg, on his promotion to that rank, effective 1 Apr 76.



WO. S. R. Guptell is congratulated by CAPT. D. Olexa A/Detachment Commander, Western Detachment, Special Investigation Unit, Winnipeg, on his promotion to that rank, effective 1 Apr 76.



Major J. R. Orlando BCEO congratulates MCPL. Ed Kingston STR TECH on his recent promotion to that rank. MCPL. Kingston is a recent remuster to the CE trades from the Infantry and is to be congratulated on his early promotion in his new trade.

**NATO
Cont'd From Page 1.**

standing together to demonstrate solidarity, an attack on one would be interpreted as an attack on all. The arrangement is akin to all the kids on the block standing up to the neighborhood bully.

The alliance unites large collective sea, land and air forces in a common defence of the North Atlantic community.

A Canadian combat-ready force of 5,000 is permanently stationed in Germany, comprising 1 Canadian Air Group at Baden-Soellingen and 4 Canadian Mechanized Brigade Group, in the Black Forest region near Lahr.

These Canadian forces stand together with American and European allies as a deterrent against hostile actions by aggressors.

The Canadian navy's contribution to the alliance includes the permanent commitment of one Halifax-based warship of Maritime Command to NATO's Standing Naval Force, Atlantic (STANAVFORLANT).

Additionally, destroyers and supply ships often are deployed for 3-6 months on joint exercises with ships of other navies.

"Safe Pass," a NATO anti-submarine exercise, was held last spring off the Atlantic coast from Nova Scotia to Florida, and included participation by ships from Canada, The Netherlands, England and the United States.

Canada also regularly hones its state of readiness in multi-national operations like the Allied Command Europe (ACE) exercise "Atlantic Express," held in Northern Norway last March. About 750 troops, mainly from the Calgary-based 1st Battalion, Princess Patricia's Canadian Light Infantry, participated in nearly three weeks of manoeuvres, designed to test ACE's rapid deployment of troops, equipment and aircraft to NATO's northern flank, 200 miles inside the Arctic Circle.

But exercises aren't the only Canadian contribution to NATO.

Forces from NATO countries also train in Canada, where climate and topography often are dissimilar to their own. Australian soldiers have roamed the Rockies; German tank crews have roared over the Manitoba prairie at Shilo, and Dutch pilots have soared through the prairie skies.

Collective adherence to measures of this kind is designed to make any bully think twice before starting a scrap.

Got a kid who's getting pesky?



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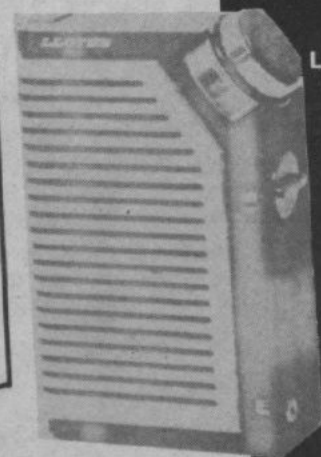
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Winners from the cash your baby bonus checks were: Western Tickets went to Mrs. M. Larsen D.J. Coward Mrs. M. Glover Winner of the Olympic ticket Mrs. Jeanne Emery Congratulations to the winners from the staff at The Base Exchange. The next draw will be June 30th.

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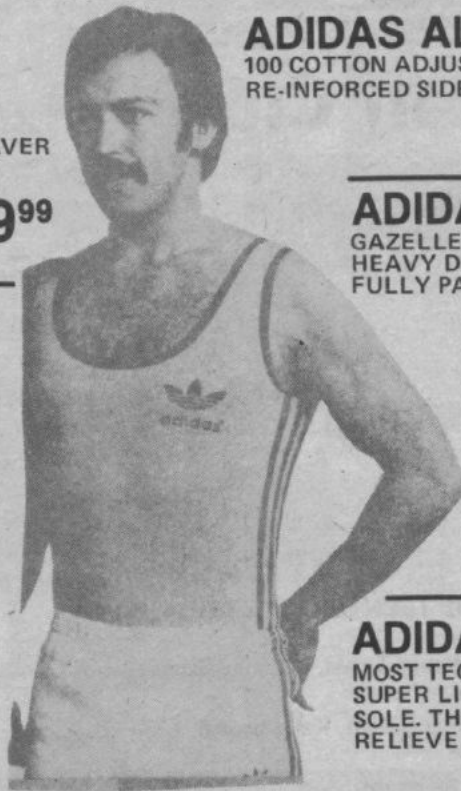
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SUGG. RETAIL PRICE \$7.95

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RED SEAL SPECIAL

Alliance Jogging Suit

50% NYLON 50% COTTON
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The Greatest All Round
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voxair sports

By Sports Editor - MWO. Les White

Lipsett Teen Club

The Lipsett Hall Teens wound up their third successful season on the 28 May with a dance, in the Lipsett Hall Lounge.

Present at the wind up function were LT-COL. Grant and his wife Bea who presented gifts to the 1975 - 76 teen executive committee for a job well done throughout the year. The Teen Club also presented a gift to SGT. and Mrs. Doug Brown on their retirement after three years of dedicated work with the teens on the south site.

Have a great summer kids and we'll see you all in the fall.



THE TEEN ORGANIZATION

FRONT ROW L-R: Nancy Lewis, Lorraine Saulnier, Bea Grant, Nola Campbell, Joan Brown.
BACK ROW L-R: Doug Brown, Kelly Brown, LT.-COL. Grant.



LT.-COL. Grant presents Miss Nola Campbell with the president's plaque.



Mrs. Grant presents Joan Brown with a gift of thanks on retirement after three years of volunteer service to the Lipsett Hall Teen Club.



LT.-COL. Grant presents Mr. Kelly Brown with the Vice President's plaque.



Disc Jockey for 1975-76 season SGT. Ted Barton and son Rick in the background.

Miss Lorraine Saulnier receives a plaque from LT.-COL. Grant for a job well done in looking after not only the club's administration but also the club's finances.

A STORYISM: If you itch for success, try scratching for it.

The man who can smile when things go wrong has thought of someone to blame it on!!

Live within your income and you'll live without worry - and a lot of other things.

How are you going to chase girls if you're not in shape?



Lipsett Hall Children's Summer Rec. Program

The South Site community council in conjunction with Sir John Franklin Community Centre is sponsoring day and evening recreational activities during July and August for the members of the CFB Winnipeg, military community.

SUMMER RECREATIONAL ACTIVITIES (Evenings)

Lipsett Hall South Site Gym

A programme of activities will be held at Lipsett Hall supervised by military personnel during July and August for your children.

Activities

A variety of supervised games and activities will be conducted as follows:

- | | |
|----------------|--------------------|
| soccer | painting |
| softball | arts and crafts |
| bowling | daily refreshments |
| swimming | floor hockey |
| special events | push balls |

Duration

Four nights a week Monday to Thursday from 6:00 pm to 9:00 pm a total of twelve evenings.

First programme (5 - 23 July)

Second programme (2 - 29 Aug.)

Cost

\$3.50 per child for twelve evenings. The admission fee will be used to purchase refreshments, prizes and repair damaged equipment.

Parents Participation

Parents are very welcome and encouraged to participate in this programme.

Registration Night

6:00 pm 5 July 76 Lipsett Hall

6:00 pm 2 Aug 76 Lipsett Hall

Information

Drop in or telephone Lipsett Hall, SGT. Brown at 888-5021 during working hours.

SWIMMING LIPSETT HALL

Lipsett Hall is also offering a summer swimming programme during July and August for pre-beginners, beginners and juniors.

Cost

Six dollars per child for 14 lessons.

Duration

Three hours every morning Monday to Friday during July and August.

Information

Telephone SGT. Brown, Lipsett Hall at 888-5021 or drop in.

SUMMER ACTIVITIES (Day time)

South site community council has organized two supervised playgrounds during July - August for your children.

Locations

- Ubique Playground
- Maurepas Cres. Playground

Cost

None.

Time

9 pm to 5 pm Monday to Friday during July and Aug.

Programme

Arts and crafts, sports, games, day visits, swimming.

Age

All children 12 years and under.

Information

Telephone Mr. Folks - 489-9537.

World 5 Pin Bowling Champs

During Easter week April 15 - 17 the Canadian Forces was represented at the Worlds Five Pin Bowling Championship in Regina, Saskatchewan by:

MCPL Costanza	M	CFB Shilo
MCPL ANDREW	K	CFB WINNIPEG
MCPL Lagace	E	CFB Valcartier
SGT Messer	P	CFB Kingston
SGT Gallo	J	CFB Vancouver
MCPL Harrison	D	CFB Cold Lake

The men's single representative was SGT. Bud Knight - CFB Shilo. The ladies single representative was SGT. Betty Alston NDHQ - Ottawa.

The men's team finished regular play with a record of 6 - 6. This was a 3 way tie for the third place. A play-off was held. The CF team had a bye in the first round and they lost to Ontario. They finished fourth overall.

SGT. Bud Knight finished his series with an 8 - 6 record. This was in a three way tie for spot.

SGT. Betty Alston finished her fourteenth game series with a 5 1/2 - 8 1/2 record. This was 7th place but not indicative of her bowling. For a first time appearance in a tournament of this calibre it was a fine showing.

CFB Winnipeg Curling Club Completes Another Season

On Friday 7 May 76 approximately 360 members and guests gathered at the International Inn for the Annual Curling Club Banquet, prize presentations and dance.

Major George Baker, President of the curling club, introduced the head table guests:

Base Commander, Col. and Mrs. M. D. Gates; President of the MCA for 76/77, Mr. and Mrs. Jim Adamson; Secretary of the MCA, Mr. and Mrs. A. Williamson; and President of the MLCA, Mrs. Agnes MacDougall and her husband, Angus.

Following the dinner, President George Baker presented the President's award, a new annual presentation, to Mrs. Leila Farrell for dedicated service to the club in previous years and to Mrs. Joan McClelland for 75/76.

Then Don Nutley as "emcee" proceeded with the presentation of trophies to the men's and mixed leagues and Bev Gleadall, President of the ladies' league, presented the trophies to their winning rinks.

The most improved curler of the year awards were won by Eileen Blackmore and Bill Burgess, respectively.

Col. Gates presented Capt. P. J. Graves with a lifetime membership for the outstanding service and support he has given during his years on the committee.

Winners of the colour television raffle were Doug Edmondson and Sonny Perteet.



PRESIDENT'S AWARD WINNERS
L-R: COL. M. D. Gates - Base Commander, Joan McClelland, Leila Farrell, George Baker - President.



MEN'S VICE PRESIDENT'S TROPHY
L-R: Charlie Mason, Karl Larson, Vice President Frank Ruthven, Brian Kentziger. Missing: Al Palmer.



MEN'S TUE/THURS GRAND AGGREGATE & PRESIDENT'S TROPHY
L-R: Ron Manns, Gerry Hallson, George Baker - President, Dennis Hallson, Doug Edmondson.



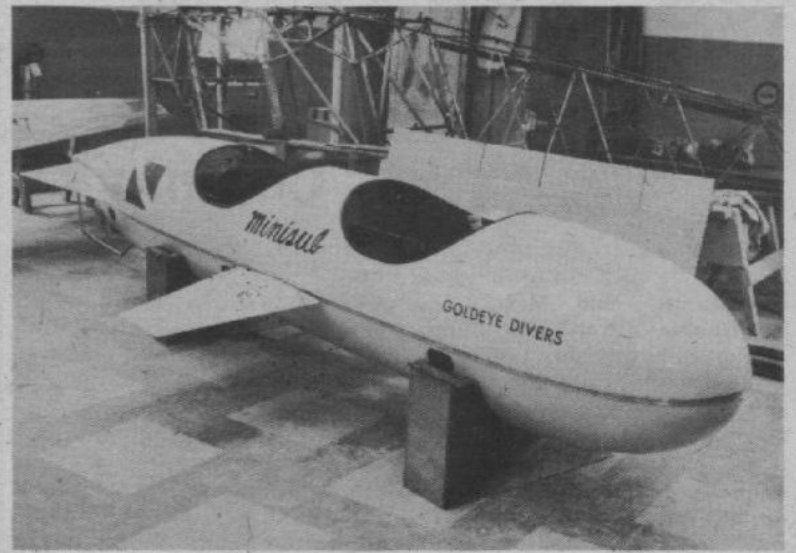
MANITOBA LASSIE ZONE WINNER, MANITOBA SEMI-FINALISTS AND LADIES' EVENING LEAGUE 'A' GROUP WINNERS
L-R: Jan Adkins, Elaine Krepps, Joan McClelland, Gwen Miguez.

Skylarks Synchro Club

The members of the CFB Winnipeg Skylarks Synchronized Swimming Club would like to extend an invitation for all to attend their "Parents' Night" on Tuesday June 15 at 7:00 at Westwin pool. Included in the program will be a Star 1 and 2 team routine, a Star 3 trio presentation and a solo by one of our Star 4 swimmers. We hope that

any girls thinking of joining the Skylarks in September will take this opportunity to meet the coaches and learn more about this recreational activity. The Skylarks would like to thank, in advance, the Goldeyes Scuba Club for allowing us to use their pool time at Westwin. Remember, the 15th of June, 7:00, at Westwin; see you there!

Minisub



It took three years and 1200 man-hours of labour but CFB Goldeyes SCUBA club finally got their submarine launched on May 11th. The Minisub is probably the first underwater vessel built on the prairies.

The project had been worked on by many people since it was started, but the prime mover was Adam Niessener, the most senior member of the Goldeyes, and Barry Abrams, Past President of the club.

Minisub is made of fibreglass, is 16 feet long, and weights about 200 pounds. It will be powered by two 12 volt batteries that will give it about three hours of underwater cruising at three miles per hour.

The control system consists of a stick and rudders that are reminiscent of the Harvard.

Elevons on the side of the Minisub give control in both the rolling and pitching planes, and the rudders provide directional control.

Minisub is subatic, but two hundred hours on Harvards does not help with this machine. The sub is the open cockpit type and requires the occupants to wear SCUBA-gear and be fully qualified SCUBA divers. Club members have been trying it out in the Westwin pool but they will have to wait until the submarine is moved to West Hawk Lake to try their subatic.

Minisub was built in the Base Hobby Shop from plans drawn up by a Goldeyes member. The materials cost about \$700 but the real investment was the 1200 man-hours put into it by the Goldeyes members.



Rub-a-Dub-Dub, 2 Men In A Sub.

Westwin Fitness & Health Room Now Open

If you have not been over to the Westwin gym recently to see our new fitness training apparatus, you should. It's an eye opener!

CFB Winnipeg has acquired two Universal Centurian machines. One has been installed at Westwin and one in the Lipsett Hall gymnasium.

The Westwin Fitness and Health Club is now open for full operation while the one at Lipsett Hall is still being developed but is available for workouts.

Attractive spa style surroundings, personal fitness programs with instructions and the best of facilities go hand in hand to give you the utmost in conditioning programs.

A sample workout might include a warm-up jog, some loosening, stretching exercises and into the Fitness Health Room. Afterward you may go for a shower, a sauna and a swim. After a week or so of light-weight workouts and experimentation you settle down to a regular

routine.

By the time you get back to the office after this noon hour work out you'll feel like a billion dollars. Well spent, but what a wonderful feeling!

It's there for the taking. It costs nothing but a bit of effort on your part, and the best part, you'll be paid back in spades.

Come down to the Rec Centre, talk to the PERIS. They're enthusiastic about it and so will you be.

See you at the Fitness Health Club!

Are you still letting them kick sand in your face?



Sir John Franklin Community Centre

The following is a preliminary outline for summer activities which will be operating throughout the SJF area:

TENNIS LESSONS - Registration will be held June 21, 22, 23, 24 from 5 p.m. to 9 p.m. for children and adults. Fee is \$7 which includes a four week session of eight lessons and a final tournament.

GOLF LESSONS - Registration will be held on June 1, 2, 3 from 5 - 9 p.m.

SUMMER PLAYGROUNDS - Qualified "Play leaders" will operate programs during July and August at the following sites:

- SJF CC
- Ubique plgd
- T.R. Hodgson

These sites are open to all children 12 years old and under, and includes arts, crafts, games, sports and special excursions. There is no fee.

GYMNASTICS - Movements education and modern dance. Week long workshops for children ages 4-12 will be held during the week of July 19 and August 23 at J. B. Mitchell Jr. High School.

ADULT VOLLEYBALL - A recreational league will be set up for the summer months if interest is sufficient. Those interested should contact the centre.

C.C. HOURS - The centre will be open Mon - Thurs. 5-9 p.m. during May and June and closed for evenings for July and first two weeks in August. For any special needs contact one of the executive members.

FOOTBALL REGISTRATION - June 26, Saturday 10 a.m. to 3 p.m. \$7 registration fee.

Further information concerning the above programs will be circulated through all area schools in June. Information can also be obtained by phoning 489-9537.



44th Guide Company

The Parent-Daughter banquet for Lipsett Hall Brownies and Guides was held May 26th. Special guests were Mrs. Ennis, district commissioner, LCOL. G. Whitten, acting base commander and Father Nowakowski, St. Georges Chapel. We would like to thank the fathers who served the meal. Some of the guide activities for the year were: Box supper in Oct. for mothers, daughters and leaders to get acquainted, bowling party, we marched in the Santa Claus parade, donated a hamper to the Sister Leslie project at Christmas time, helped serve refreshments at the Carol Service in Bldg. 21, we all learned to knit, crochet or embroider, 2 guides and a guider went on an overnight winter camp, 18 guides and 3 guiders went to Bird's Hill camping.

We are proud to announce that 2 girls received the Canada Cord; Lorraine Saulnier and Teri Anne Whitten. Congratulations to both! Other girls receiving badges at the banquet were; Challenge Emblem, Sarah Mackenzie, Challenge Badge, Leanne Beaton, Margaret Bridges, Heather Coffen, Sandra Jones, Laurie Lidgren, Shelley Strauss, Brenda Tomlinson, Andrea Walsh

and Kathy Walsh. Other badges earned were for; baker, first aid, swimming, Synchronized swimming, Pet Keeper, Knitter Native Lore, Dancer, Hostess, child care, outdoor cook, campfire leader, Jr. Camper. We thank all of you for helping with our program. To those who did their share of driving and those who did more than their share. To those who supported fund raising activities. To those who helped with specific courses such as handiwork, citizenship, first aid. We thank Mrs. Wolf, Bellemare and Armstrong and wish Mrs. Bellemare good luck in Greenwood. We also thank the staff at Lipsett for their co-operation. I hope the mothers will carry on with the knitting project we started this year. We had a lot of fun working together. The profit from the sale of stuffed toys is about \$35. This will buy a used Braun mixer, which we were fortunate to accumulate, including dough hook, blender and meat grinder for Caddy Lake camp.

We collected \$3 through our Birthday pennies. This money has been sent to the World Friendship Fund at National Office.



51ST Group Boy Scouts Of Canada

51st Scout Troop participated in a canoeing week-end from Friday 21st May to Monday 24 May at Stevensfield Provincial Park. Stevensfield Camp was attended by Scoutmaster Karl Mercer, Assistant Scoutmaster Don Smith, Scouts Tom Hemlinger, Carl Martin, Stephen McSween, David Smythe, and David Dupuis. The Scouts were given every opportunity to learn canoeing and spent the majority of the week-end canoeing or fishing. A beautiful camp site was provided by the Rangers and Parks Staff at Stevensfield to the Scout Troop and the staff were most co-operative throughout the camp.

The scouts learned many canoeing skills and other camp related activities that they will certainly be able to pass on to other scouts in the Group and District. The Scout Troop wish to publicly thank the Stevensfield Rangers and Park Staff for their excellent co-operation during the camp and also a special thanks to PTE. Rick Saigeon of 2 PPCLI who volunteered his own time to drive the scouts, their equipment and supplies to and from Stevensfield. In the future, a camp is planned for Minaki Ontario where the scouts will receive instruction again in canoeing and have an opportunity to fish and camp. It is the hope of the scout troop to make this activity a one or two week camp. The Group and Scout Leaders are most grateful to all who made this Canoe Camp such a success. The time given up by the leaders for the scouts is most commendable and as the time volunteered by the driver alone was so important to the success of the camp much more so was the time given by Scout Leaders Mercer and Smith.



District Scoutmaster Bannatyne District congratulates Chief Scout Chris Selwyn on the 51st Group Scout Troop winning the Bannatyne District Klondyke Derby held in February last. Shown below are Scout Leaders and the Scouts of the group.



LOCALLY YOURS

IMPORTANT MESSAGE TO ALL UNDE MEMBERS

A General Meeting will be held on Monday, June 21st, 1976, at the War Amps Building (downstairs Board Room— 272 Sherbrook St. All members URGED to attend as the main item on the agenda will be **THE HIRING OF A PAID BUSINESS MANAGER**. As this prospective change in the Executive structure will affect your Union Dues, it is in YOUR interest to attend this meeting to voice your opinion on this very important decision. Notices are on all Notice Boards in your building. If by chance your building is missed, please contact Miss Stephanie Shuper (Local 371) or Mr. Mike Koster (Local 344) for further information. **SUPPORT YOUR EXECUTIVE THEY LOOK AFTER YOUR INTERESTS**

CFB WINNIPEG GOLF CLUB

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Single \$7.50 Family \$10.00
DAILY GREEN FEES \$3.00

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WESTWIN BRANCH - BUILDING 90



A Canadian Red Cross Summer Safety Tip' A poorly built or leaky boat is a dangerous as a car with faulty brakes. Check your boat thoroughly before launching it and make any necessary repairs.



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PUBLIC NOTICE

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If you are looking for a new or used car . . . but can't seem to get around to shop . . . No problem . . . Come on in . . . we have something for everyone's needs and wants. And by chance we don't . . . No Problem, we'll get it, if at all possible.

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FIRE PREVENTION IS OUR BUSINESS



Smoke Anyone?

Numerous lives are lost every day in fires caused by careless smoking. The sad part is, however, that the careless smoker, besides risking his own life, endangers the lives of other people who are in the unfortunate position of being in the same building at the time.

Smoking in bed combined with misuse of alcohol is the biggest killer. It's so easy to fall asleep while relaxing in bed enjoying a cigarette, but it's much easier when alcohol is involved.

Next time you feel like a cigarette while at rest, get out of bed lighting up. Think of other people lives, it may be your own loved ones. Use common sense when smoking to try and eliminate this dreaded killer.

MATCHES + CHILDREN = PROBLEMS

As a result of a small child playing with matches, a serious fire occurred in the Married Quarters section of the base.

In this instance there were no injuries, but extensive damage to the dwelling and contents resulted.

Parents are reminded that they can be held responsible for the actions of their children, and extra vigilance is required at all times.

Matches are a delight, and often a disaster to little children and you can protect them in two ways:

- a. Teach them that fire is "hot" and that matches and lighters are NOT toys. Set a good example by putting out and disposing of matches very carefully.
- b. Keep matches and lighters out of sight. A child's curiosity is natural and healthy, but YOU must help them learn SAFETY.

Fire Hazard Warning

A recent fire at an AIRCOM unit was caused by "Safety Matches" being moved over a roller conveyor in an unopened shipping carton.

Ignition occurred when individual match heads were rubbed against each other. The matches in question were manufactured by:

D. D. BEANS & SONS (CANADA) LIMITED, ST. CESAIRE, P.Q.

The risk involved in the sale and use of these matches is high, especially when carried in personal clothing while vacationing, camping, etc. Accordingly it is recommended that stocks of "Safety" matches be searched and if unsafe matches are found, action be taken to have them removed and destroyed. In such cases, sections are asked to advise CE/FP, Bldg 100 (Loc 501) of pertinent details.

Can FIRE find a home in your home?

News Item: Minister Of National Defence Searches For Alternative To Orion



Uncle Vox Rushes To Minister's Aid

"Dang-nab it Jimmy. Don't you do nothin' till I gets thar. Best listen to me now. Look what I brung ya."

ADVANTAGES:

It's bi-lingual (hand-signals). Low pollution factor (unless the pilot smokes). Not difficult to finance (see your local credit union). Inexpensive to purchase (cash or Chargex).

Barbecue Booby Traps

G.F. Bates

Most summer Sundays we husbands sally forth to the backyard to relieve our wives of the mundane job of meal preparation as we demonstrate an unsurpassed culinary excellence in the preparation of a sumptuous and savoury offering for Sunday dinner. (Hot dogs, hamburgs or an occasional steak). This expertise we demonstrate is performed on the outdoor barbecue. During the many years spent in mastering this art, the only thing we careful husbands have burned, fortunately, was the item on the grill. Naturally, we advise our fawned family that this slightly blackened object on their plate is known in culinary circles as "bien cuit".

As the barbecue is started, you can almost depend on it, the neighbour's kids will appear on the scene demanding to know if you're going to burn more meat again today. The trick is to silently ignore them secure in the knowledge that not only does your neighbour not have your cooking skill, he obviously doesn't know how to bring up kids either.

Now that BBQ time has arrived, here are some tips for beginners in the safest methods of starting up, and using your grill.

- 1. If possible, use an approved electric fire starter. (They're not expensive to buy and do the job just as fast as BBQ fluid with a far greater degree of safety, if you don't break the third prong off the plug).
- 2. If you use the special BBQ fluid, let it soak into the charcoal or briquets for a few minutes before lighting, then light using a long wick or taper.

NEVER USE GASOLINE!



- 3. Always start your preparations well in advance so that you don't have to try and "rush" your fire. Once the charcoal or briquets have started NEVER add more fluid to try and speed things up. The result may be a speedy trip to the hospital.
- 4. Always keep your starter fluid in a closed metal can, away from the eventual heat of the grill, and store it away from direct sunlight.



- 5. Keep the kids and dog away from the lit grill. They could accidentally upset the grill, burn themselves, you, and the house. In the ensuing confusion, the dog will depart with the steak.

- 6. Use a pair of heavy, glove-type potholders, a long handled spatula or fork, long tongs and keep a small water sprinkler handy to keep the flames down. (A used plastic soap or bleach bottle with a hole in the cap works well).
- 7. Watch your clothing. Dangling your tie or shirt tail into the fire won't enhance the aroma that wafts into the air from your grill, but you'll certainly amaze the neighbours with your fleetness of foot as you head for the nearest water supply.



- 8. When your culinary delight has finally been devoured by your admiring family and you have modestly accepted their accolades, now comes the time to dispose of the coals. Make sure they are completely out before doing so. This will ensure you don't start a fire in the trash can or storage area. If you really want to economize, use long handled tongs to lift each briquet into a metal can (a 1 gallon antifreeze can with the top cut out is ideal), then cover with a metal lid or one of your wife's old plates. The lack of oxygen in the can will put out the coals in a few minutes and you can re-use them next Sunday.

- 9. Finally, remember another hazard of burning charcoal which is quite apart from the fire hazard. Carbon-monoxide - the silent killer. Outdoors this poses no problem because the deadly gas diffuses harmlessly into the air, but in garages, basements (perish the thought), enclosed porches, etc., it can accumulate in deadly amounts and overcome you without warning.

Backyard cook-outs can be fun (even with your neighbour's kids making uncalculated remarks over the fence), and you can make it stay fun if you observe safe use of your charcoal and charcoal grills.



Water Safety

Watch your children on the beach! Be prepared for water accidents!

Most of us read the warnings that the Canadian Red Cross publicizes each summer, but how few heed them? One mother didn't, as she writes in to us:

"While wading in the ocean one summer, a swirl of wave caught my sturdy three-year old off balance, toppled her face forward into the shallow water.

Children are always falling; then they grope to their feet and let out a loud bellow. I had raised enough; I should know.

But she didn't get up, just lay there for an endless moment. Guess the wind was knocked out of her temporarily. It was my sister who flashed by, heaved out the choking, coughing child, and shouted at me, "You're her mother. Why do you just stand there!"

I didn't know. I hadn't realized death could be so quick, children so helpless in such a little current! What if I had stood and waited...!

Today, she's an excellent swimmer with two Red Cross swimming badges on her suit. But what if help had not been near then...?"

Exactly. What if...? The

Canadian Red Cross can't urge you enough to keep an eye on children, all children, near the water.

- Make sure they wear their PFD's at all times.
- Discourage them from using inflatable toys in the water or pursuing such balls or toys from the beach into the water.
- Make sure someone is close by to help - the drowning swimmer could be yourself.
- Swim only during daylight when a lifeguard is there.
- Investigate any unfamiliar water area before entering it.
- Be alert - especially with children - they always do the unexpected.

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Harry Sweeney

music reviews and syndicated columnist



Anne Murray, the leader of Canada's musical "Maritime Mafia" is currently clicking on the charts with a red hot single "Golden Oldie" and her album "Together" (Capitol ST 11433) is close to picking up more golden honours for the lark.

FRESHETTES TO STARDOM

From a Springhill High School trio, called the Freshettes, Anne went on to become a regular on CBC Halifax's "Singalong Jubilee". She worked her way through the nightclubs and on to regular TV stints in both Canada and the United States. Her tours have taken her around the globe, her record sales are astronomical, duets with Glen Campbell brought her gold records on both sides of the border, and the native of Nova Scotia is currently wrapping up another tour that has featured sell out performances throughout.

Although, Anne had a couple releases before "Snowbird", it was the success of "Snowbird" that launched her into international stardom. The song sold well into the millions and become one of the most programmed records of the year.

Initially, some of the radio stations in the States, wouldn't play "Snowbird", because of the street connotation attached to the term snowbird, but when they realized the song had nothing to do with the street talk (snowbird is a heroin user), they too jumped on the Anne Murray/Snowbird bandwagon.

It would take too many columns to list all the awards and honours that have been bestowed upon Anne or to even list all the specials that she has been featured in, but a partial list, would have to include: Canadian Gold Maple Leaf Award for about a dozen of her records; RIAA certification of million selling records; spotlighted on "Chicago" and "Engelbert Humperdink in Bermuda" TV specials; featured on the Glen Campbell "Goodtime" TV and the list just goes on and on, with more in the planning stages.

TOGETHER

In Anne's latest Capitol album "Together" the songstress has recorded another winning combination of top notch tunes under the production genius of Tom Catalano. She highlights the album with two singles winners "Sunday Sunrise" and her current MacLellan penned opus "The Call".

To these songs, she adds the lilting "Everything Old Is New Again", "Lady Bug", the David Gates composition "Part Time Love" and wraps up the set with: "Player In The Band", "Blue Finger Lou", "Together" and "Out On The Road". Another top album from the lady that brought you such winning Capitol albums, as: "Love Song", "Danny's Song", "Highly Prized Possession", "Annie" and "Talk It Over In The Morning".

LAUGHING AT OURSELVES



by John Semeniuk

FOOT-IN-MOUTH-DISEASE - A man who stuttered, stopped a lady on the street and asked, "P-P-P-Pardon m-m-me, m-m-mam, but could I have a fu-fu-fu-few matches?" The lady with a relieved look on her face said, "Certainly, my good man, I thought for a moment that you were going to say something else." "I'll bet I know," said the stutterer, "You th-th-th-thought that I was going t-t-t-to ask for a fu-fu-fu-fu-full box!"

DRUNK-O-METER (?) - A drunk staggered up to a parking meter, put a dime in it, and watched in awe as the needle quickly rose to 60 minutes. "Good Heavens!" exclaimed the blotto, "I've lost a hundred pounds!"

TALK PROVOKING - There are only two things to worry about. Either you are well or you are sick. If you are well, then there is nothing to worry about. If you are sick, then there are two things to worry about. Either you will get well, or you will die. If you get well, there is nothing to worry about. If you die there are only two things to worry about. Either you will go to Heaven or to Hell. If you go to Heaven, there is nothing to worry about, but if you go to Hell, you'll be so damn busy shaking hands with your friends that you won't have time to worry.

EGO-TWISTS - A beautiful girl was seated in the lobby of a large Winnipeg Hotel when one of the city's leading wolves tried to

Pliant Of A Service Wife

Friend husband has some news tonight; our posting just came through

We've been here almost one full year. I guess it's really due

It seems the service needs him at some station far remote

From all big city things I like - to a place you reach by boat!

Now I realize in the service you go where you are sent

And really shouldn't gripe and whine though you end up in a tent.

A family's excess baggage to the service, don't you see,

And when travelling in their aircraft, we've the lowest priority.

But it seems at social functions we go to in the Mess,

We are finally taken note of as to drinks, decorum, and dress.

We're given our instructions by our mates before we go.

As to why we musn't just walk up and say "Let's jive, CO".

So now it's time to move again and our car to the roof is piled

With snakes, cooks, bags and blankets. (Where did we leave that child?)

Thus on our merry way we go, refereeing the children's spats

Because, for some strange reasons, in the car they don't take naps.

We have some sudden stops it's true, when noises from the back

Indicate an urgent need for the handy paper sack.

Now if at our new station there's an empty house for us,

strike up a conversation with her. When he persisted after several rebuffs, the girls finally told him to stop bothering her. "Oh, I beg you pardon," replied wolfy, "But I thought that you were my mother!" The girl smiled her prettiest and said, "I couldn't be. You see, I'm married!"

FROM THE MOUTHS OF BABES - A six year old girl was having her first swim in the ocean and was obviously enjoying it. She squealed with joy and rejoined her mother on the beach. "Mommy, I just love the ocean," she exclaimed, "Except when it flushes."

THE MARRY GO ROUND - Mother had been away on a much-needed vacation and when she returned home, she asked her little son, Johnny, about what had taken place in her absence. "Well", said John, "There was one heck of a thunderstorm. It got so bad that Daddy and me slept together." "John", corrected the boy's beautiful French nursemaid, "You mean daddy and I." "No, I don't!" responded John with obvious anger, "I mean daddy and me. I'm talking about Monday night, and you're talking about Sunday night!"

ALL IN PUN - Comedian Jerry Lester claims that he has a friend who sent his wife on a vacation to the Thousand Islands and told her to spend a week at each.

CLASSROOM CLASSICS - One of Winnipeg's secondary school teachers had an exceptionally bright lad in her language arts class; however he had one failing; namely, he monopolized class discussions. The teacher decided to make this fact known to his parents; hence on the boy's next report card, she wrote: "Earl is an exceptionally good student, but he talks too much!" The boy's father

The Leopard Tank



- The Leopard tank - being considered as a replacement for the Army's aging Centurion.

At a different time than the others; How they manage I'll never know

Even though it means new curtains, we're much too glad to fuss.

When our new home we finally reach - grateful we've all survived,

We're greeted with the cheerful news "Your furniture hasn't arrived!"

So to a motel the family goes (The movers were inwardly cussing)

And, cramped once more in one small room, the children begin their fussing,

But eventually our goods appear with a few dishes left intact,

We move right in to our nice big house and a month later we're unpacked!

When we finally get the last curtain up and our letters to

friends are boasting

Of how normal a life the service is, that's when we get a POSTING!

Oh please, dear friends in postings, don't move us again for a while.

Let us complete a three year tour and keep your paws off our file!!

Courtesy "Cold Lake Courier"

SEE THE AMAZING RABBIT



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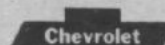
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CFE Medical Types Practice Skills



Sergeant Cameron McKay (right), a member of 4 Combat Medical Support Unit, discusses his unit's operation with members of a United States Army dispensary team during a multi-national medical services exercise in Germany during the last week of April.

(CANADIAN FORCES PHOTO)

"This exercise - 'Gruner Laubfrosch 76' - gives us the opportunity to practice all of those skills we will need to use in an emergency," said Lieutenant-Colonel J. J. Laliberté, commanding officer of 4 Combat Medical Support Unit (4 CMSU).

Lt-Col Laliberté and the 73 other officers and men of 4 CMSU participated in "Grüner Laubfrosch 76", a multi-national medical services exercise, in the province of Bavaria, West Germany, during the last week of April.

The Canadians joined more

than 3,500 other medical personnel from Germany, the United States and France for the four day field training exercise conducted by Medical Command 2 of II German Corps. The last exercise of this nature and magnitude was held in 1974.

In addition to 4 CMSU, a unit of 4 Canadian Mechanized Brigade Group, part of Canada's contribution to the NATO forces in Central Europe, 100 soldiers from other units of the brigade group participated as "casualties". The medical personnel from the Royal Canadian Dragoons, 1st

Regiment Royal Canadian Horse Artillery, 1er Bataillon, Royal 22e Régiment and 3 Canadian Mechanized Commando also participated and worked out of their unit medical stations. Each station consists of one medical officer, three or four medical assistants and drivers for the vehicles.

The "casualties" were introduced into the exercise at pre-determined times and in varying numbers to simulate battle action. When a "casualty" arrived at one of the unit medical stations, he carried a card which described his injuries. At the medical station he received whatever added field dressings and medication he required. From this station he was transported by ambulance to the brigade treatment and holding station. For the Canadians, this service was provided by 4 CMSU.

As the "casualties" arrived at 4 CMSU from the four Canadian unit medical stations, they were once again given a medical examination, given whatever further treatment was required and prepared for the journey to the division clearing station. For the purpose of this exercise, this clearing station was provided by 1 Mountain Division of II German Corps since the Canadian brigade group was serving in their sector. From the division clearing station, the Canadian "casualties" were moved to a German field hospital where major surgery and further treatment was simulated.

The aim of the unit, brigade

CWL News

The ninth Annual Military Convention of the Catholic Women's League held at the University of Manitoba this week was just a great success. This is due to the hard and combined work of the two councils in CFB Winnipeg the council from CFB Shilo also deserve credit for the great, moral and financial support. The delegates and members that attended the convention gave us a surprise as the number was much greater than expected.

The theme discussed during the Convention was "Christianity in the Family". The panel gave us quite an amount of thoughts that would help us develop ourselves as christians and messengers of Christ.

We would like to thank CFB Winnipeg for the support given during the convention. CF buses were used to transport the group to and from the University of Manitoba. Many good parishioners and friends gave transport to some delegates that had to travel commercial. It's amazing how many good people we have around us!

Colonel M. Gates, the Base Commander showed great interest to make this Convention a success. LCOL G. Whitten, BADMO represented him at the Banquet. Next Convention will be held next year at CFB Kingston.

Ladies please get interested and join the group, you will learn quite a lot, you will increase in knowledge and holiness and you will be able to help better your fellowman and achieve a better peace in the world.

The following are the names of the new CWL Executive for the Military Vicariate:

President, Mrs. Agnes LeBlanc; 1st Vice-President, Mrs. Lucie Noveu; 2nd Vice-President, Mrs. Doreen Keizer; 3rd Vice-President, Mrs. Edith Mocker; Secretary, Mrs. Patricia Bradley; Treasurer, Mrs. Joan Lownie.

The Royal Canadian Sea Cadet Corps QU'APPELLE has openings for both male and female C.I.L. (Cadet Instructor List) officers and Civilian Instructors. An understanding of, and dedication to youth, are the basic prerequisites, and successful candidates MUST be available for activities onboard HMCS Chippawa on Monday evenings and Saturday afternoons as well as for occasional weekend exercises. Perhaps you could help with instruction in Range, Swimming, First-Aid, Survival, Provincial Hunter Safety, Sailing or some other subject such as photography, etc. If you have recently retired from the Regular Force, here is a good opportunity for you to put your military skills to good use in an excellent youth program. Preference will be given to qualified applicants with previous cadet or military service. If you think you would fit in, why not visit us at HMCS Chippawa, 51 Smith St., Winnipeg, any Monday evening between now and the end of June, or, telephone either CAPT. J. P. Mann C.D. at 667-0262 or CAPT. D. R. McLaughlin at 256-3557 any evening and discuss the opportunities.

and division medical stations is to preserve life and to move the "casualty" away from the battle as quickly as possible so that major surgery and treatment can be performed in the relatively adequate and stable conditions of the field hospitals.

"It takes a lot of co-operation and co-ordination between the various nations to save lives on the battlefield and that's why we need exercises like this one," said Lt-Col Laliberté

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- Driving at exceptionally slow speed, following the centre line or curb as a guide.
- Driving on an unpaved shoulder.
- Disregarding traffic signs or signals.
- Stopping with uneven motions or applying brakes at the last moment.
- Driving in low gear for no apparent reason (manual shift cars).
- Driving at night without lights.

R.C. Chapel News

Our senior choir was invited to sing the "REJOICE MASS" at the Anglican Eucharistic Service, 30 May at the Chapel of the Good Shepherd. This was a unique experience for our choir and this "coming together" was especially felt as both choirs joined together in their singing of the hymn "Faith of our fathers".

Thanks to the Chaplains for the invitation and thanks also to the choir of the Chapel of the Good Shepherd for sharing their liturgy with us.



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9:15 a.m. - 2nd and 5th Sundays -
Holy Communion (Anglican).

Chapel of The Good Shepherd (P)
Corner Whytewold & Silver
Tel: 832-1311 Loc. 417.

11:00 a.m. - each Sunday,
DIVINE WORSHIP
4th Sunday - COMMUNION.

9:15 a.m. - 1st & 3rd Sundays
HOLY COMMUNION
Anglican)

Occasional services are to be arranged by contacting one of your chaplains and making the proper arrangements.

Maj. J.P. MacLean
Base Chaplain (P)
Tel: 832-1311 Loc. 417

Maj. J. I. Mills
Chaplain (P)
Tel: 889-9173

Capt. J.J.A. Tyrrell
Chaplain (P)
Tel: 832-1311 Loc. 417

RC CHAPELS SERVICES SCHEDULE

St. George's Chapel (RC)
Kenaston Ave.
Tel: 888-1331 or 889-9173

(home)
MASSES:
Saturday - 5:00 p.m.
Sunday - 11:00 a.m.
Weekday (Wed. and Fri.) -
4:45 p.m.

SUNDAY SCHOOL
Saturday from 4:00 p.m. to
5:00 p.m.

CAPT. (Rev.) H. E. Nowakowski Chaplain (RC)
Our Lady of The Airways (RC)
Whytewold and Silver Street
Tel: 832-1311 Loc. 272 or
885-2715 (home)

MASSES:
Saturday - 7:00 p.m.
Sunday - 11:00 a.m.
Weekdays (Tue. and Thur.) -
4:45 p.m.

SUNDAY SCHOOL
Sunday from 9:30 a.m. to
10:30 a.m. at CFANS Bldg. 86

MAJ. (Rev.) E. Cremona Base Chaplain (RC)

Occasional services and sacraments are arranged by contacting one of your chaplains.

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Ah! The Joys Of Summer



Lovely Sunken Gardens' model Pamela Thomasson takes her sprinkling can in hand to remind folks that summer is almost officially here. Think the winsome St. Pete, Florida coed's message will soak in???

Courtesy: Florida's Sunken Gardens
St. Petersburg, Fla.

Forces Get More Updated Equipment

OTTAWA—More than 2,800 new, 1½-ton multi-purpose cargo trucks are among a large variety of equipment and modifications being added to the Canadian Armed Forces' inventory this year.

The trucks, costing nearly \$20.8 million, are specially-designed by General Motors of Canada, and replace the aging three-quarter-ton truck fleet.

And nearly 500 five-ton cargo carriers and five dozen fire trucks and 20-ton low-bed trailers also will update the Forces' rolling stock.

Elsewhere on the equipment scene, Omega systems, latest in long-range radio navigation aids, are being installed in Argus, Boeing-707 and Hercules aircraft. Work began late last year and will be completed in July.

The Omega system allows aircrews to determine latitude and longitude within two nautical miles, or less, anywhere in the world. It relies on radio signals broadcast from transmitters sited in eight locations around the globe. The system is to be installed in Forces' search and rescue aircraft, as well as the Tracker aircraft, used in coastal surveillance.

Maritime Command is to get three new harbor-coastal tugboats, two fireboats and a special barge for cleaning ships' tanks and oil-sullage removal.

Army units will receive new weapons packages to modify the

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A CF-104 Starfighter warms up for take-off at the Canadian base in Baden, West Germany.

M-109 155-mm self-propelled howitzer to make it more consistent with artillery used by other NATO nations in Europe.

TOW, a tube-launched, optically-tracked, wire-guided weapon, will provide an effective anti-armor capability for day or night operations, and the "Blowpipe," a man-portable, all-weather, anti-aircraft missile system, will come into use by Canadian combat units in Europe. Improvements to Maritime

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Command's Sea King helicopters also will be finished this year.

In a program started in 1975, the helicopters are getting a new fuel system, improved navigation equipment, airborne radar, a rotor de-icing system and a radar altimeter warning system, designed to improve operational capability and flight safety.

Improved weapons delivery systems and updated submarine detection equipment also are being fitted in the aircraft.