

Prison Custodial Staff off the Job

2 PPCLI Stands Guard Stoney Mountain Pen.

Over the holiday period, 30 June to 2 July, while most Canadians were celebrating Canada's birthday, troops from across Canada were making their way to look after federal prisons in their area.

Members of the Canadian Forces and RCMP were requested to assist the government, by the Solicitor-General's office, after regular guards walked off their jobs in protest to the government's non implementation of the capital punishment legislation.

On the Prairies, TCHQ Chief of Staff Operations Col. A. Brown and his staff were busy with the myriad details of getting close to 400 soldiers at four penitentiaries in the three prairie provinces.

Dispatched to look after federal jails in Alberta at Bawden and Drumheller were members of 1 Princess Patricia's Canadian Light Infantry, Calgary. At the medium prison near Bawden Major V. McKeen and about 25 troops manned guard towers and conducted perimeter security patrols. At Drumheller 75 soldiers from 1 PPCLI and Major J.M. Hoffman did likewise.

Hercules aircraft from 435 Squadron, Namao were called

On guard at the highway entrance of Stoney Mountain prison, outside of Winnipeg is Private Lawrence Fahey, 23, 2 Battalion Princess Patricia's Canadian Light Infantry. He is the son of Mr. and Mrs. John Fahey, Fox Harbour Placentia Bay, Newfoundland.

(CANADIAN FORCES PHOTO)



upon to airlift about 115 soldiers and their supplies from Calgary to Prince Albert when the Lord Strathcona Horse were assigned guard duties at the Sask. prison. Lt. Col. K. C. Kavanagh, TCHQ Det. Regina looked after the regional direction centre.

Supporting vehicles were supplied by reserve units in the area.

And at Stoney Mountain Penitentiary outside of Winnipeg, about 120 soldiers from 2 PPCLI, South Site, CFB Winnipeg, packed their bags, grabbed their rifles and zeroed in by convoy to take over guard duties. Lt. Col. G. Taylor, operations staff at TCHQ liaised with prison officials, RCMP and the operations centre at TCHQ.

The exercise, dubbed Operation Cadence was not without its difficulties. However, despite logistic and other problems, the entire exercise rolled along smoothly. At about 11:30 p.m. July 2, federal guards began returning to their posts. At that time, the soldiers fell back to their bivouac area and stood by until 8:00 a.m. the following morning.

When no incidents occurred, the order was given for the troops, to return to their home base - they did so. All told, the exercise demonstrated once again to the Canadian public, that Canadian Forces members can respond in emergency situations with professionalism.

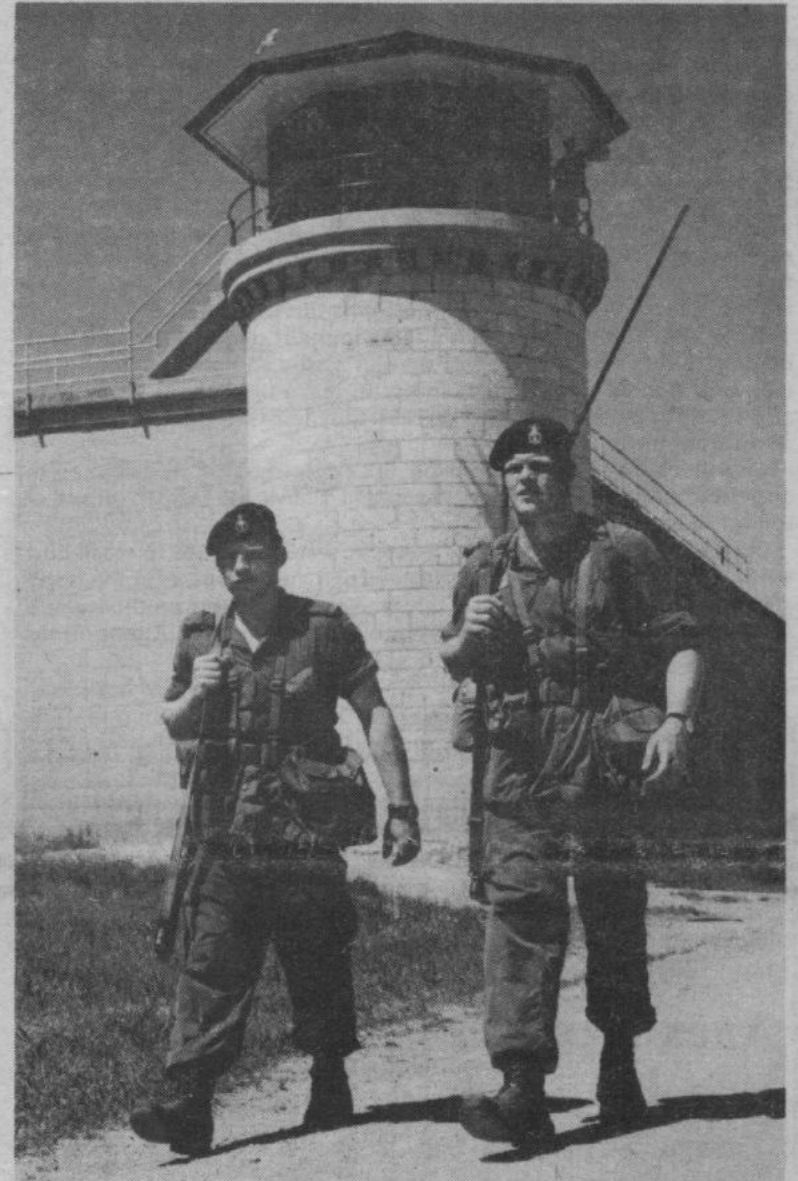
More 2 PPCLI Stories and Pics Pages 8 and 9

Summer '75 Air Cadet Training

OTTAWA - Summer camps for 7,000 Air Cadets will be held during July and August at four locations across the country. They are CFB's Penhold, Alta., Trenton, Ont., Bagotville, Que., and Greenwood, N. S.

The cadets, 13-18 years of age, will be involved in a largescale sports program, first aid, water safety, survival training, flying training courses and primary glider training, plus familiarization flights in Canadian Forces' aircraft and Air Cadet League gliders.

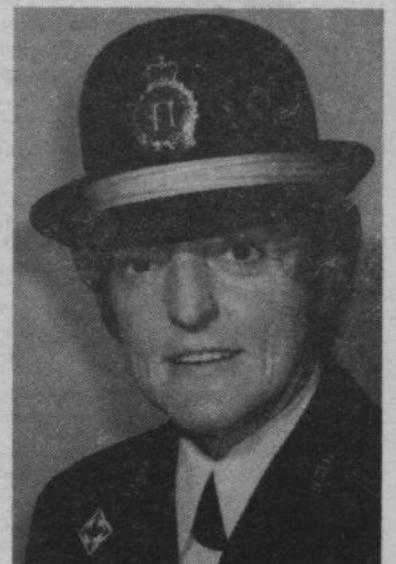
Other special activities, involving another 1,200 Air Cadets, will include courses for senior leaders, technical training, ground search and survival training, athletic leadership, exchange visits, scholarship flying training and glider pilot training. For 250 senior leaders it's a



Canadian soldiers and members of the RCMP were called in to take over guard duties on July 1 at the request of the Solicitor-General's office.

Two soldiers of 2 PPCLI on Mobile Foot Patrol walking below tower on guard at Stoney Mountain Penitentiary near Winnipeg are Private Kevin G. Tomlin, son of Mr. and Mrs. George Tomlin, Harriston, Ont. (near Owen Sound, Ont.) and Private Rick Peck, Deseronto, Ont.

(CANADIAN FORCES PHOTO)



WINNIPEG—One of the first women to attend the Militia Officers Staff College has been promoted to become the first female Militia Lieutenant-Colonel.

See PROMOTION
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What MPs Ask

EXTERNAL AFFAIRS

Suggestion Equipment of NATO unit be Modernized - Government Position.

Hon. George Hees (Prince Edward-Hastings): Mr. Speaker, I have a question for the Prime Minister.

Some Hon. Members: Oh, oh! Mr. Turner (Ottawa-Carleton): Keep it clean, George.

Let's not have any dirty questions.

Mr. Hees: Mr. Speaker, my question is for the Prime Minister. Between his search for consensus and a contractual link and when he goes to Europe to attend the NATO conference next week, does the Prime Minister intend to visit our forces at Lahr and inspect first-hand the obsolete equipment with which our greatly reduced force is compelled to try to carry out its contractual obligations under the NATO Alliance?

Right Hon. P.E. Trudeau (Prime Minister): Mr. Speaker, may I inform the hon. member that I have visited Lahr several times, which is probably more than he can say.

Mr. Hees: Mr. Speaker, I have been to Lahr four times.

Mr. Baldwin: And he does not

have available the Jetstar, either.

Mr. Hees: And I went there on government business to inspect the forces as the opposition critic.

Some hon. Members: Oh oh! Mr. Hees: Quiet, you rabble

My supplementary question is this, Mr. Speaker. As Canada is openly and strongly criticized by our NATO allies for trying to "do NATO on the cheap" and sending a man into battle

Mr. Trudeau: What battle?

Mr. Hees: - in one of our obsolete tanks against the vastly superior equipment which the other side possesses, and as this comes pretty close to a sentence of death, I ask the Prime Minister if he intends, when he meets with his colleagues at the NATO conference, to advise them that at long last Canada intends to bring our equipment up to NATO standard?

Mr. Trudeau: Mr. Speaker, I do take note of the very serious question and I take it as a representation that the government should increase considerably its defence expenditures. I will bring that to

See MPs
Page 9 Col. 5

See CADETS
Page 9 Col. 1

The Crusader

We swept into the wine villa for our customary flagon having borne the weight of the legion's problems on our ample shoulders for another five long days.

As usual the noisy hubbub abated momentarily before it picked up again - there were the usual few asides - "The master centurion himself", "Where would we be without him".

The throng parted like the Red Sea and we were soon esconced in our usual place of honour with the customary circle of admirers vying with each other to fill our glass.

"Antonius" cried one "Have you heard that our Voodoo chargers are grounded?" Even when they are working there are only ten for each million miles of land we must defend". "And look at our aged chariots that served so well at Regillus" cried another "Surely we would not be asked to go to war with those".

"I can never be promoted" burst out a young cohort commander unless I learn the language of the Franks". "Is it true the pay raise will only be for payfield VI queried one. "I even hear a tribune was court martialed last week" and on and on went the wearisome cries punctuated only by wringing of hands and swigging of flagons.

"Surely Antonius" said a more level headed thinker, the wings of Icarus bright on his chest "We should make our thoughts and fears known more firmly to Caesar and the people. It is our duty to speak out in public places that the warning of possible disaster be made clearly known".

"We live, to be sure, in difficult times" we began and as it went to happen a hush fell upon the company who sensed one of our profundities "But no danger lowers by land or sea, our pay is adequate, legions are always hard up for equipment in eras of peace and we can rejoice in the recruiting of MMM more girls this year".

"But it is in ourselves that we must look for our salvation and hope in silence that the people will see our needs and provide for them. However, it is up to our commanders to make these things known and as we have seen they must do this carefully lest their words be bent by a scurrilous press".

A pall of gloom had settled on the company that we hastened to disperse "Let us be of good cheer and fellowship my friends. Let tomorrow bring what it may".

And with further offerings of mead we were persuaded to recall how we had hurled ourself alone at that sea of Lavinian spears in the really great days of old while above us the candlelight flickered on the legion's shield and motto which translated into the tongue of the Angles means "Suck back and reload".

- Courtesy "The Lookout"

Promotions



The old adage that "good things come to those who wait" came true for seven highly deserving members of the Base Aircraft Maintenance Organization recently.

Standing, left to right, Cpl Roy Clynick, Photo Tech, appointed MCpl effective 1 Sep; Cpl Bob Constable, WTech (A), appointed MCpl effective 1 Oct; Cpl John Choptain, IE Tech, appointed MCpl effective 1 Jul; Sgt Dave Kentziger, AE Tech, promoted WO, effective 1 Sep.

Seated, Sgt Charlie Grant, CS Tech, promoted WO effective 1 Aug; Maj R. A. Irvine, BAMEO, MWO Bart Bartley, AVS Tech, promoted CWO effective 1 Aug. Missing, Cpl Wayne Kubala, CS Tech, appointed MCpl effective 1 Aug.

(BASE PHOTO)



The "Devil Boss", Major P. L. Denny BSupo (extreme right) was pleased to congratulate members of his staff on their recent promotions.

Left to right - MWO G. G. McKay (CWO), Lt L. M. Lashkevich (Capt), Sgt I. G. Orbell (WO), Mcpl S. F. Baxter (Sgt), Cpl R. L. Campbell (Mcpl), Mcpl S. P. Wadlin (Sgt).

Missing from photo: Sgt F. Smith (WO), Cpl J. A. Gaulin (Mcpl).

Please note all the smiles!!!

(BASE PHOTO)

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Forces Praised

Third report of Standing Committee on External Affairs and National Defence - Mr.

Dupras.

Mr. McKinnon: Mr. Speaker, I do not think the House should let today pass without this comment being made concerning yesterday's events. I hope that I will have the indulgence of the House to express the admiration of the House for the manner in which the RCMP and the Canadian armed forces carried out yesterday's difficult operation in

taking over, at short notice, the security of our prisons. For many years Canadian troops have been rated as second to none wherever they have served. Yesterday, Canadians had an opportunity to note the cool competence and professional efficiency that makes them our pride and the envy of other nations.

Some hon. Members: Hear, hear!

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New DM is Ex-Navy

OTTAWA(CFP)—The new Deputy Minister of National Defence is 47-year old Charles R. (Buzz) Nixon, a Royal Roads graduate with 17 years' service in the RCN, including service in the Korean theatre aboard the destroyer, HMCS Cayuga.

He succeeded Sylvain Cloutier May 15. Mr. Cloutier has been appointed DM of the Ministry of Transport.

The deputy minister is the senior public servant in the department and the principal civilian adviser to the minister on all departmental affairs. He is responsible for the formulation of policy controlling fiscal, manpower and material resources available to the department.

He advises the minister on departmental affairs of concern or interest to the government and agencies of government, principally the Privy Council Office, Treasury Board and Public Service Commission. Also, he is responsible to ensure that all policy direction emanating from the government is reflected in the administration of the department and in military plans and operations.

Mr. Nixon was born in Shoal Lake, Man., Feb. 1, 1928, and graduated from Royal Roads in 1946 at the age of 18, when he entered RCN service. He then attended the University of Toronto and the University of Manitoba, graduating in 1949 with a Bachelor of Science degree in electrical engineering.

He served in naval establishments in Halifax and Esquimalt until April, 1951, when he joined HMCS Cayuga. He moved to Naval Headquarters Ottawa, in July 1952, and served in a variety of appointments.

From 1956-58 he attended the Massachusetts Institute of Technology, graduating with the degree of Master of Science in Electrical Engineering, and the higher degree of Electrical Engineer.

Mr. Nixon joined the Public Service of Canada in 1963 with the Department of Industry, where he was involved in industrial development. In 1966 he moved to the Privy Council Office, serving in various capacities in the Cabinet Secretariat until March, 1973, when he was appointed Deputy Secretary to the Cabinet (Plans).

He is married to the former Mildred Thomson of Toronto, and has one daughter, Mrs. John Blondé of Hamilton.

Taking the Sting out of Summer

To ease the pain of sunburns, first apply a cool, wet dressing to the burned area, then follow with a lotion, advises Consumers' Association of Canada. Baking soda and vinegar are two common household products which can provide temporary relief. A cloth soaked in a solution of one tablespoon baking soda in two cups water can soothe hot tender skin. Undiluted vinegar is another effective solution. Apply an oily lotion or cream or calamine lotion after the wet dressing. If you have a severe sunburn, characterized by pain and blistering plus fever, chills and nausea, consult a doctor.

Letters to the Editor

2 PPCLI Thanked

Dear Editor:

I would like to take this opportunity to publicly thank the Princess Patricia's Canadian Light Infantry, Corps of Drums for the performance they did on our behalf at Assiniboine Park on June 13.

I would also like to thank the Armed Services Division of the Maritime Life Assurance Company for donating coffee and doughnuts for spectators at the performance.

It is indeed gratifying to know that our Armed Forces are willing to donate their valuable time and talents to helping charities such as ours.

Sincerely yours,
Mrs. Diana M. LaRue
President
Manitoba Branch
Canadian Schizophrenia
Foundation

NEXT VOXAIR

DEADLINE

2 P.M.

Wed 6 Aug.

Girl Cadets a First for Cadet Rifle Course

Winnipeg is the site of the Western Canada Cadet Rifle Course this summer. Forty-nine young men and four young women from Western Canada have assembled at CFB Winnipeg to participate in this advanced marksmanship course under the command of Major D. B. Wilson of Calgary. The instructional staff headed by Chief Instructor Major D. McDonald are for the most



CPL. HUTTON KW RAD OP 211 is presented with his C.D. by Capt. R. E. Robinson Commanding Officer 733 Communication Squadron. Cpl. Hutton was posted to 733 Comm Sqn. from 2 PPCLI on 24 Feb 75. (BASE PHOTO)

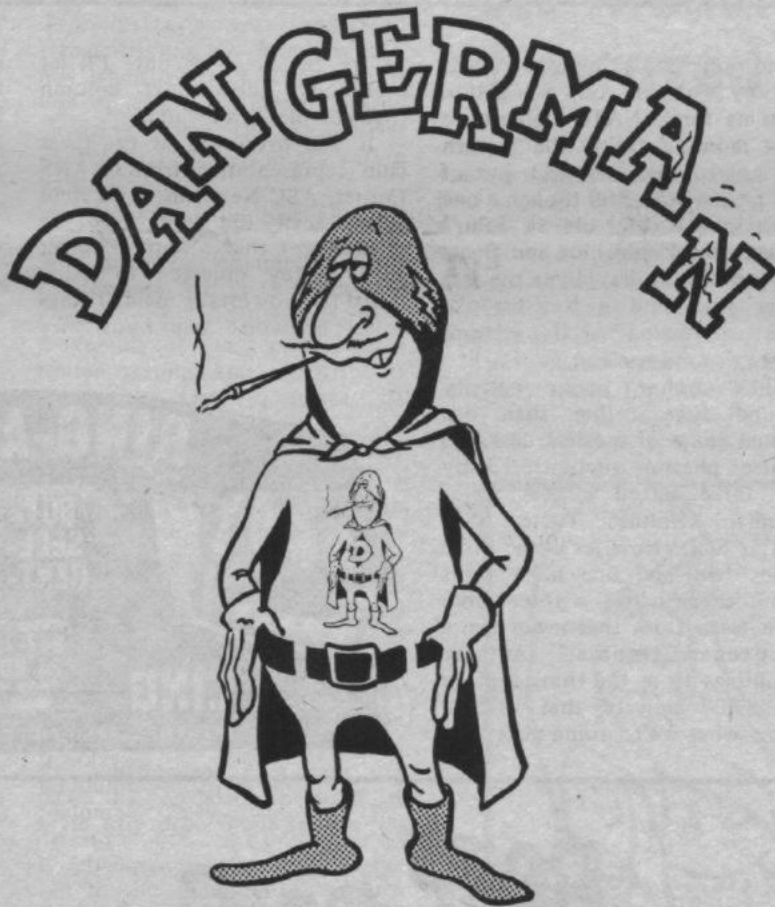
part products of the course from years past, and have already begun the task of instructing the cadets in the many intricate phases of competitive shooting.

The objective of the course is to produce shooters capable of

assisting their home corps in shooting instruction and to hopefully qualify a number of cadets on the National Cadet team that competes at Bisley, England

See GIRLS
Page 5 Col. 4

Dangerman Poster Contest



Be the first on your block to own a "Dangerman T Shirt". Training Command is sponsoring a flight safety poster contest. Design a poster with an air safety theme and you could win a T-shirt, or flight safety tie pin. The winning poster will most likely be published forces wide.

The contest is open to all base personnel and dependents. Send your entry to Maj. R. Clayton, Base Flight Safety Officer, CFB Winnipeg, Room 200D 16 Hangar. Contest closes 30 July 1975.

P.S. If you don't like the T-shirt you can always use it to wash the Manitoba Gumbo off of your Sopwith Camel.

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CFANS news corner

NAV



SQN

Thanks and a tip of the Wedgie to all those who participated in making the CFANS Sports Day a success. Special thanks to Jim McBride, our tireless Sports Officer, who organized the day and even managed to provide sunshine and cool breezes. Thanks to the Westwin Rec staff who acted as referees and judges for the various sporting events.

Jerry Kingwell and Terry Bremner were at their athletic best, slaving over hot bar-be-ques and serving lumps of hamburger-flavored charcoal and crispy wieners. I'm not trying to make it sound like the two gentlemen aren't the greatest outdoor chefs but any cooks who complain because I'm coming around for seconds are going to get cut off from the free refreshments next time!!

Has anyone seen PFC Wintergreen lately?

The day's action began on the outdoor volleyball courts, complete with 40 knot cross winds. Little Bonni Ratushniak and Sandy Deziel managed to keep from being blown away by clinging to the tall grass with their toes. Now you know why they missed some of those critical shots - eh Bonni?

'F' troop showed up with red Fs prominently displayed on their ringknocker U and Captain Canada T-shirts, led by the Fantastic French Flash (or is that Flop?) - Guy Parent. They threatened to walk away with the day's events however, it was age and experience that won out. Al Brabant and the crew from the Aerospace Kingdom squeaked by A-team to win the Sports Day trophy. The rafter rodent who writes another article for this paper will doubtless gloat over that fact!

Along with the trophy; AL, LCol Brittain and most of the staff got an all-expense paid trip to the bottom of the Westwin swimming pool. - And there was Jerry Kingwell roaring down Ness

Avenue on his Honda, leaving a trail of water from his pretty blue track suit - that's one way to stay cool!

Question: What method is employed in the selection of individuals for promotion?

Answer: A nonjudgemental on-going reassessment to ego differentiation facilitates role adjustment to the interrelation of consensus work and social integration combining self-determination with an authoritative structured environment.

Question: Oh yeah?
On Thursday, 10 July CFANS had a mug party for several of our departing members: Al Jopling, Rick Rantz, Iain Grieve, Jerry Urquhart and the only reason the Manitoba Dairy industry is still solvent - John Beaulne. To all you fine gentlemen: - get the heck out of here before we give you back all this work you left behind!

Announcing - direct from Mather AFB in sunny California, a new Yew-all on our staff, Major Schenk! To you, your wife Pat and to the kids - welcome to Canada!

The other day it was reported on the front page of a local newspaper that Otto Jelinek (PC - High Park - Humber Valley) failed the PC Association leadership test. The questions closely resembled those which appeared in our pilot's aptitude test printed in this article several months ago. Perhaps it is true that Voxair is even read in Ottawa. It makes me wonder if the cabinet ministers ever read the Totem Times???

Now, to end with another sports story: Al Watt has been out golfing again. Not only has he been charged double green fees for taking so long to get around (over 150) but the other day he had to pay a lady in a PMQ an extra dollar so he could get back to the fairway from her front lawn!

"If we only talked about what we understand, the silence would be unbearable."



A B-25 Mitchell and C-47 Dakota stand in front of the Canadian Forces Air Navigation School, Mawdesley Hall C.F.B. Winnipeg. (BASE PHOTO)

mind preparing an hour and a half survey paper on navigation systems for a NATO conference next month." Gulp! That'll learn me not to stick my neck out of the mouse hole. Still though a one week jolly is jolly old St. John's (what's black and blue and floats in Conception Bay bye: the last feller who told a Newfie joke here) discussing Arctic systems doesn't sound too bad.

The other major activity around here (other than our annual game of musical desks) is course phasing orchestrated by our three hatted wonder Major Stannard Holmes Toole ASC, ASCI, SCD. Now let's see; three times two and one half makes about seven which is three more than four. Does that make him a Lieutenant-General? Anyway rumblings from the think tank in room 207 indicates that we'll all know what we're doing next year

before the week is out. I'll let everybody know next column (bet you just can't wait).

It was overheard at the press club (representatives from CFANS Corner, ASC News, and a fat Herc driver seen but not herd; in attendance) that a certain lower deck lackey objected to being called the downstairs maid. Things could be worse you know. We

could banish you to the maps room and call you the basement butler. Such ingratitude. I teach him everything he knows, on SANC, and still he knows nothing. Anyway it's time to study the Arctic and get a paper writ. From which you can refer to me as.

Arctic Mouse otherwise known as Lucky Lemming

ASC News

Silence is golden; then upstairs must be the mint. The only sound up here is Rod Pederson's pencil swishing out a stable platform precis. With the amount of time and paper he's expended I think it's going to be the great Canadian novel: "Gravity's Gradient" or "Everything you wanted to know about gyros but were afraid to ask" or "How I learned to stop worrying and love the Argus".

Everyone's gone, or on leave

or, as in the case of our two winners this year on T.D. in Sunny California. Don Weiss is taking "Avionics Systems" and John Plaxton, "Radar Detection and Tracking" at the University of California in Los Angeles. For the rest of us "Summertime and the living is easy" except of course for precis to write, lesson plans to update, lecture notes and slides to prepare and new instructors to bully brainwash, batter and browbeat (No Claude you can't have my office). Oh yes, I almost forgot to tell you, "would you

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429 Sqn Bison Brew



Howdy Herd! If you look closely at the picture of the Hercules, that's Ray McAnally in the left seat. Ernie Canivet was in the aircraft that the picture was taken from so unfortunately we are unable to print his picture in this issue.

429 has just gone through a reorganizational shuffle or three. Major Bill MacIntyre is now our Squadron Operations Officer and Major Ray Brown remains our pilot leader but in a newer, more modern office. In the transfer of offices, Standards locked on to a soundproof debriefing room so that the barber down the hall will never again know if your airspeed control as you approached decision height, with a prop low oil light No. 3, nacelle overheat No. 1, engine fire No. 4, the navigator in a frenzy because he spilled his milk on his approach plate, and then a generator bearing fail light No. 2 - all simulated of course 1-1 was within \pm one knot. This soundproof empire is now the home of Jim Anderson and Ray "Just Married and Back Off Leave Having Just Finished the ICP Course" Moore. Ray, by the way, may be suffering from Cherochitis (for anyone who saw the '75 Moose Jaw Air Show) on August 2 when he will be flying the 429 Squadron Hercules contribution - we'll also have two T-33 aircraft - at the flypast at the Icelandic Festival in Gimli. To give credit where credit is due, Jim Humphrey did the organizing. Navigators are invited to watch if they can find their way to Gimli and then to the waterfront. The date again is Saturday, August 2 - the time: 1400 hours (2 p.m. for navigators' wives).

To get back to the organizational changes, Ray McAnally, having relinquished his Ops 1 position to Bill Stenberg, is now in the Training shop along with Lou "Three Back For An Overhead Break" Paproski. Bob McCreddie is now Ops 2, having replaced Willy, and is "touching up" the Squadron as in organizing the rearranging of our belongings. Our Squadron sign finally arrived from 11 (now Transair's) Hangar so now anyone who looks up at the top of 16 Hangar when they get off the Boeing will know

where we live. We now also have a much-needed secondary duties office which doubles as a pub - yes, John Lumley is back from Quebec - flight planning and USA wall map watching room. Our Ops board has even taken on an eye-pleasing but back-breaking (every second month anyway) appearance.

A few feet away in the Orderly Room, the only apparent change was in the tidiness of the office. Shirley has spring cleaned the whole place - locker included - with a little help from Gary. Unfortunately, Rene happened to be on leave at the time so there was no one to cheer Shirley on. Marg's medical badminton partners have been posted out so she's looking for some good badminton competition. Speaking of doctors, rumour has it that the Base Hospital is down to one flight surgeon as of the middle of July - Major Wendy Clay.

Our flight engineers have had enough of this barrack block existence it seems - they finally got some MQs - and are bringing their families to Winnipeg.

The Squadron had another first in its limited SAR experience. An ELT (Emergency Locator Transmitter) was reported transmitting in the Winnipeg area, and when we tracked it down, it was on board a tugboat merrily chugging down the Red River enroute to Lake Winnipeg with a barge in tow.

In the long range trip department (what trips?), Willy Williamson just completed a four day Dakota trip in the Arctic on which the Northern Airfield Development Inspection team toured various Arctic airstrips to monitor the progress of construction.

To continue with the "Saga of Dan Jones", we last left him stranded on a Saskatchewan "Love Those Parks" picnic table about two issues ago. Undaunted by his predicament (no fuel), he found a guy who was willing to take Dan's empty family size pop bottle and ride his bicycle to the nearest service station and return with the bottle full of non-purple gas for the biplane. Will the kid stop outside the park gate and pawn the pop bottle for gold? Or accidentally drop the bottle on the

way back - or light a match - anything to leave poor Dan stranded in Saskatchewan.

That's all the news that's fit to print. This time I'm expecting a call from the 16 Hangar barber - might as well try for three in a row. (Haircuts are a wonderful thing).

Seen About 1. Ed Hoffman, back at 429 Squadron for the six week ICP Course.

Seen About 2. Wally Pennell and Gary Wellstead in town, taking a break from the Chicago - Toronto - Montreal - New York runs and enjoying themselves.

Seen About 3. Glen Morgan driving a car.

Overheard: Robyn slamming her door at 7 a.m.

So long.

New UN Medal Approved

OTTAWA - The Governor-in-Council has approved the wearing of a new medal by Canadian servicemen for service with the United Nations Disengagement Observer Force (UNDOF) in the Golan region of Israel and Syria.

The medal is identical to one currently issued for other service with the United Nations. It portrays the U.N. symbol on the

front and the words "In Service of Peace" on the reverse.

The ribbon for the UNDOF medal, however, is UN blue with a narrow red stripe in the centre, flanked on either side by a narrow black stripe, which in turn is flanked on either side by a wider white stripe. On either side of the white is a broad burgundy stripe.

The colors of the ribbon were selected to symbolize the following: the shade of burgundy is symbolic of the purple haze at sunset and the native thistles at the Golan. The white indicates the snow at Mt. Hermon range, and the black the volcanic rocks of the Golan area. The United Nations zone is represented by the blue band with the red line.

Qualifying service for the new medal is 90 days' service with UNDOF.

GIRLS Continued from page 3

the following summer.

The course is being conducted

on the St. Charles Ranges and consists of lessons and many hours of shooting at all ranges from 200 to 900 yards.

The cadets will compete in the Saskatchewan Provincial Rifle Association Annual Matches at Dundurn July 18-21. The following weekend they will be back to St. Charles Ranges for the Annual Manitoba Prize Meet. Last year the cadets distinguished themselves by winning three matches from seniors in Saskatchewan and every marksman trophy in both Saskatchewan and Manitoba Meets.

Those twenty cadets achieving the highest scores in the Manitoba shoot and the following week in training, will compete against sixty cadets from Eastern Canada at the Dominion of Canada Rifle Association Meets at Connaught Ranges in Ottawa August 11 to 16. The eighteen cadets with the highest scores for the week will be eligible for the 1976 National Cadet Bisley Team.

The cadets from the course last year earned seven of the eighteen positions with a fine effort considering that there were eleven cadets from previous Cadet Bisley Teams competing for positions on the team. Major McDonalds' staff has its work cut out and judging from the excellent support the course is receiving from CFB Winnipeg, the cadets should make another fine showing this summer.

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COMMODORE JAMES A. MACLEAN (left), 57, of Bay St. Lawrence, N.S., receives his Certificate of Service from Major General James Davies, chief of personnel careers and senior appointments, in a small ceremony at National Defence Headquarters in Ottawa, on June 27. Cdre. MacLean retires as Chaplain-General (R.C.) after 24 years in the Canadian Forces. He will take up pastoral activities at St. Margaret's Parish at Grand Mira, near Sydney, N.S.

(CANADIAN FORCES PHOTO)

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NATO

By Mr. Arthur Menzies,

CANADA'S AMBASSADOR TO NATO

A series of articles on NATO, submitted by Mr. Menzies Canada's Ambassador to NATO, are intended to provide background information on Canadian interests in NATO. Voxair will publish the entire series.

The senior military authority within NATO is the Military Committee, which provides military advice to the Council and the DPC. It is composed of the Chiefs-of-Staff of the thirteen member countries participating in NATO's integrated military structure. (France withdrew in 1966. Iceland has no armed forces). Two or three times a year the Military Committee meets at Chiefs-of-Staff level; it meets each week in Permanent Session with national Military Representatives appointed by their Chiefs-of-Staff. The Military Committee is served by an International Military Staff which acts as its executive agency and functions like the civilian Secretariat. The Chairman of the Military Committee is elected by the Chiefs-of-Staff for a period of two to three years and is present at all Council Meetings. The NATO defence area is divided into three major Allied Commands (Atlantic, Europe and Channel) and the Canada-United States Regional Planning Group. Under the general guidance of the Military Committee the major NATO Commanders are responsible for planning the defence of the areas concerned and for conducting NATO's land, sea and air exercises.

Canadian Military Representative to Military Committee in Permanent Session

The Canadian Military Representative (CAN-MILREP) holds the rank of Lieutenant General (or equivalent) and is the representative of the Chief of Defence Staff to the Military Committee in Permanent Session. The current incumbent is Vice Admiral D. A. Collins from Edmonton, Alberta, who took up this appointment on 1 September 1973. As the Chief of Defence Staff's personal representative and the senior Canadian military person in Europe, his principal duties are:

- a) to present the Canadian military point of view on those items which are discussed in or come under the purview of the Military Committee at the weekly sessions
- b) advise the Chief of Defence Staff on all aspects of NATO policy and strategy, and;
- c) to maintain a close liaison with the Canadian Ambassador to the North Atlantic Council and confer with him as necessary on those NATO items which are of mutual concern.

To assist him in his duties he has a small staff consisting of a Deputy (Colonel), four other officers plus the necessary clerical support.

Currently there are a considerable number of NATO subjects of direct interest to the Canadian Military Representative. The following are some of the more note-worthy ones:

- a) The military aspects of Mutual Balanced Force Regulations and Conference on Security and Co-operation Europe.
- b) Re-organization of Allied Air Forces Central Europe.
- c) Study on Warsaw Pact and NATO Conventional Force Capabilities.
- d) Implementation of the NATO Integrated Communications System.
- e) Rationalization/Specialization Study.

Next: Canada's Military contribution to NATO

Vacation Hints from the CFB Winnipeg Military Police

Vacation time is here, and the Base Security Section advance these few hints that will help make possible a happier holiday.

If you are going away on vacation or leave, it is suggested that you take consideration of the following hints and precautions:

- Leave a set of keys with a neighbour or friend and have them check your home;
- Ensure that all the windows and doors are secured - locked;
- Leave one or two lights on for security purposes;
- Stop delivery of newspapers, milk, bread and any other regularly delivered items;
- Ensure that provisions have

been made for the upkeep of the lawn;

-Secure all toys, tools in your house or shed.

Note: all residents of PMQs or government administered residences are urged to advise the Base Military Police at telephone: 832-1311 extension 204 of your leave period so that they can spot check your residence during your absence; and please, if you return home early advise the MPs so that they can delete the task.

Particularly during the summer months, bicycles left unattended for any period of time will be used and possibly stolen, therefore it is recommended that parents teach and encourage the regular use of a bicycle lock. The loss and theft of bicycles is generally the fault of the owner because they were negligent by doing some of the following things:

- a. Bicycles were left unlocked and unattended for a period of time;
- b. Children, involved in playing forgot where bicycles had been left;
- c. Families going away forgot to lock up or secure bicycles in the house;

CHILDREN - TAKE CARE

To avoid some mishaps, parents are reminded of a few steps toward the safety of their children:

-If your child has a bicycle, make certain that he or she is aware of and knows the basic rules of the road before allowing them to go out on their own;

-Make sure that the bicycle fits the child and that they can safely ride it;

-Encourage the child to utilize a bicycle lock when it is left unattended;

-Encourage children to play in playgrounds, play areas and NOT on the road

In the case of missing or lost children, the Base Security Section offers the following information:

-With the small fry, try to teach them their name and address in the event that they should wander or stray;

-The use of a name tag is advisable and may save many frustrations or anxious moments

-Parents - try to remember what he/she was wearing in the event that they do get lost (all

NOTICE

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MOBILE COMMANDERS'S VISIT - LIEUTENANT-GENERAL JACQUES CHOUINARD, newly appointed Commander of Mobile Command, St. Hubert, Que., near Montreal, arrives at CFB Winnipeg for his first official visit to Western Militia units now undergoing summer training at CFB Shilo. On hand to greet Gen. Chouinard are Lieutenant-Colonel A. J. K. Rasmussen, centre, Regular Support Staff Officer Prairie Militia and Brigadier-General H. Comack, Commander Prairie Area Militia. (CANADIAN FORCES PHOTO)

Police Departments will ask for this information) on the report of a lost child;

-Try and control your child's whereabouts - check frequently;

-When your child is leaving home - know to what play area he/she is intending to go;

-If they decide to change play areas, teach them to call home and advise of the new location;

-If a young unfamiliar child appears in your neighborhood, find out who they are, where they are from and call its parents, letting them know the whereabouts of their child.



In Memorium



REV. FATHER JOSEPH MAURICE SABOURIN

After a lengthy illness on Saturday, July 5, 1975 at the Deer Lodge Hospital, Father Sabourin aged 53 years. He attended schools in the Winnipeg area and at St. Boniface College. Father Sabourin was ordained for the priesthood, May 31, 1947. He served 28 years as a priest. The first five years were spent between St. Boniface Cathedral and as Pastor at St. Joseph's parish, Morris, Man. Father Sabourin was nearly 23 years in the Chaplains' service. He joined the RCAF Aug. 25, 1952, and served at Rivers, Winnipeg, Marville, Cold Lake, Greenwood, returned to Winnipeg and was stationed at Portage la Prairie when his death occurred.

Father Sabourin was known very well in Winnipeg and St. Boniface. His three brothers, two sisters and 84 year-old mother are all residing in the St. Boniface area. On Tuesday, July 8, 1975 Father Sabourin was buried with military honors in the St. Boniface Cathedral Churchyard. Along with other mourners, over 70 priests were present for the funeral. On Thursday, July 10, 1975 a parishoner's memorial mass for Father Sabourin was held at St. Boniface Cathedral.



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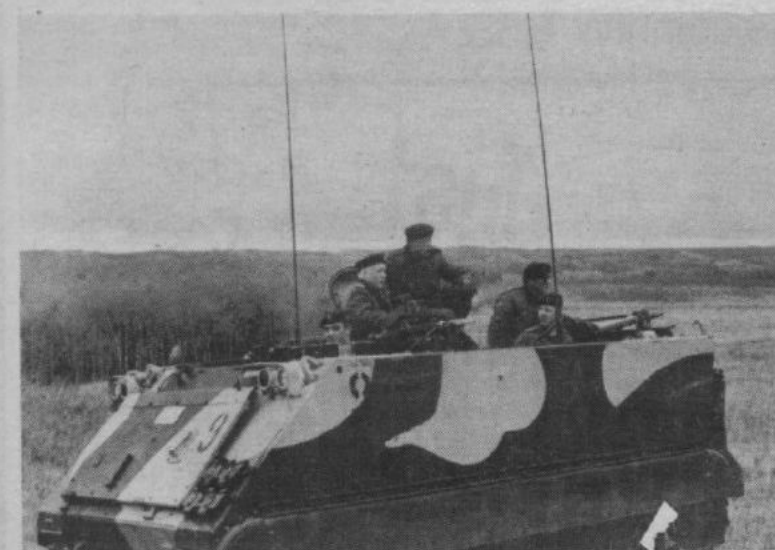
MGen. C.B. Ware D.S.O., C.D., Col. of the Regiment, being briefed by Sgt. M.J.D. Harron on the preparations required prior to swimming APCs.



B Coy 2 PPCLI loading a Voyager helicopter from 408 Tactical helicopter squadron for a lift back to the bivouac area



Prior to the swimming of the APC, a float test is done. The tow cable is attached to a recovery vehicle to counteract the submarine effect.



MGen. C.B. Ware being briefed by MWO F.A. Mueller CSM of Coy 2 PPCLI on section dismantled attacks.

As promised in our last contribution, we are including a number of photos of Waincon 75. The pictures of B Coy were taken after the battalion had successfully completed an assault river crossing and the subsequent first light attack that followed. These photos and the ones of A Coy's APC swimming should dispel the old Air Force notion that infantrymen "don't go near the water". One of the highlights of Waincon 75 was the visit to the unit of our Colonel of the Regiment, Major General C.B. Ware D.S.O. C.D. General Ware commanded the PPCLI during the major portion of the Italian campaign of World War II and was in command during the Canadian assault on the Hitler Line. He takes an avid interest in the regiment, devoting a large portion of his time and interest in talking to junior officers and young soldiers. Photos show the General visiting the sub-units of the battalion engaged in company training.

"2 PPCLI GOES TO JAIL"

"Oh well exclaimed M/Cpl Bloggins, a Base administrative clerk newly promoted since the last article, what's new about that!"

Only this time we fooled them, we're on the outside. Photos taken by WO Cole (DNDOI) show the various guard duties assumed by members of 2 PPCLI during the recent leave-taking by guards of the Federal Penitentiary service. The unit assisted in providing perimeter security by manning guard towers, installing mobile foot and vehicle patrols, and establishing vehicle check points on the roadways leading into the prison. The co-operation between the unit and the prison authorities was excellent and there were no reported incidents during the 24 hour period. As well, we wish to thank all the members of the base staff who provided administrative support to us for this operation. Although rarely said, we do appreciate your efforts on our behalf.

"2 PPCLI CANADA'S ACTION NAVY"

"A" Company of 2 PPCLI is equipped with M113A1 Armoured Personnel Carriers (APCs). During Waincon 75 the Company rigorously exercised in all phases of mechanized warfare. The APC is capable of swimming inland lakes, streams and rivers. In many instances on the battlefield this capability may well be exploited to achieve water crossings rapidly in order to surprise and finally close with and destroy enemy forces.

In order to maintain expertise in the swimming of APCs, annual training is conducted at Camp Wainwright, Alberta.

During flood control operations at St Norbert in the spring of 1974, APCs were used in their swimming role to perform many tasks in assisting the local population with the evacuation of their furniture and effects.



The Colonel of the Regiment talking to Section Commanders of Coy 2 PPCLI.



Sgt. M.J.D. Harron crew commander and M/Cpl. P.A. Ayerst driver of A Coy 2 PPCLI demonstrating the swimming capabilities of the APC.



B Coy withdraws from its final objective on the conclusion of Coy Exercise Prairie Fire during Waincon 75. FOO party from 3 RCHA in center of picture.

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Guarding the entrance to Stoney Mountain Penitentiary, are Private Brian Comeau, Middleton - Annapolis Valley, N.S., son of Mr. Eugene Comeau, Middleton, and Master Corporal Frank McArdle, Moncton, N.B., son of Mrs. Juliette McArdle, Moncton, N.B. (CANADIAN FORCES PHOTO)



On guard at the tower steps of Stoney Mountain Penitentiary is Private S. Clyde Riles, 21, (Pioneer Platoon HQ), son of Mr. and Mrs. Roy Riles, 81 Brook St. North Sydney, N.S. (CANADIAN FORCES PHOTO)



Below the tower at Stoney Mountain Penitentiary Sergeant Charles L. Newman-Jones (Platoon Commander Armoured Defence) of Port Hope, Ont. and Cpl Ron M. Cadeau, (Section Commander Assault Pioneer Platoon), of Victoria Harbour (near Midland, Ont.). (CANADIAN FORCES PHOTO)

CADETS

Continued from page 1

Another 250 cadets will be given the opportunity to take six weeks of flying training - a scholarship worth approximately \$1,000 leading to a private pilot license and the coveted air cadet flying badge.

The Air Cadet League, in cooperation with the Canadian Forces, has greatly increased this year's glider pilot training program. Two years' ago, 20-30 glider pilots graduated from summer training courses. This year's six-week glider pilot's course, held at various DND summer camps across the country, involves 253 cadets.

Since the Air Cadet League of Canada was founded in 1941 more than 350,000 Air Cadets have passed through the ranks. Of these, 5,200 earned flying wings.

Although officials emphasize that the League's role is not intended as a stepping stone into the Canadian Forces, some 28 per cent of Canadian Forces' ground crew and 66 per cent of its air crew are former Air Cadets.

Air Cadets attend parades once a week during the school year, and meet an extra evening a week for sports and other training activities.

The aim of Air Cadet training focuses on good citizenship, gaining the attributes of leadership, and developing sound physical fitness while stimulating interest in aviation.

There are close to 25,000 Air Cadets attached to the League's 381 squadrons from Newfoundland to the Yukon and North West Territories.

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OTTAWA(CFP)—In my last article a few basic suggestions were made to set up a standard budget and get you onto the road to financial security.

Well, as anticipated, a number of reactions were predictable. It seems that some people cannot follow the 1 - 2 - 3 steps of traditional budgeting, so a ready made budget will not work for them.

Some other reactions truly amaze me. What pessimism abounds in this fair land of ours. At times I had to look up to make sure the sky was not falling as I listened to some of the diatribes. It seems to me that doom-and-gloom scenarios have become quite fashionable, and according to some pundits the entire Western world is heading for an economic collapse, followed by a total social breakdown. What utter nonsense, and you can take it from the Old Dapper, it simply isn't going to happen.

So I say get on with the job, and if traditional budgeting isn't your thing, here are a couple of twists for your contemplation.

The Backwards Budget

Why not consider the approach adopted by some families who are turned off by ordinary budgeting. It always seemed to them that they could never afford the things they really wanted, like a new car or a summer cottage. So they decided to throw away the book on budgeting and set down their desires as necessities.

Here's how their plan works. If their goal is a new car, they write down the price tag, in round figures, \$5,000.00, this becomes the focal point of their financial planning. Next, they figure out how much they will have to save each month to reach that figure in a specified time.

Then they list their "fixed" expenses, such as house payment or rent, insurance premium, heating, light, water, telephone. These are the expenses that remain constant. The next step requires a good hard look at the flexible expenses. Because they are not committed to a set amount, the majority of them can be changed to adjust a spending plan.

At this stage they get out the old paring knife and go to work. No more lunches at the greasy spoon for Old Dad. He has to get used to "brown bagging" it every

By DAN HODGERT
Directorate of Social Development Services, NDHQ

day. Maybe the weekly bowling or weekend golf has to be dropped. They might take up gardening to trim their food costs.

Finally, after skimping and struggling they have reached their objective and the whole family can be proud of their new car. Where they will get the money to operate this vehicle is another story.

The Play-It-By-Ear Budget

After 30 odd years in this business, I am convinced that most Canadians have no formal budget, and take the calculated gamble that they can program all information into their conscience; that's OK as long as you can keep your ear finely tuned and your decisions are evaluated and analysed by your conscience.

Being of the old school, I don't like this system, but if you do play it by ear, then the following suggestions are offered for your contemplation.

Use a checking system at your favourite credit union or bank as one method of keeping track of your disbursements. More than likely you are using credit cards, and this is another check of your payments and can tell you if restraint should be exercised. One warning is never ignore the danger signals that appear in the brain, because debts have a habit of snowballing, and you begin to extend your credit for longer and longer periods.

So much for budgets. But whatever system you adopt, it takes a lot of drive, determination, and perseverance to achieve success. My next article will deal with consumer credit, its good and bad points, and some suggestions on how to avoid wasting hundreds of dollars each year when buying on credit.

PROMOTION

Continued from page 1

Appointed Senior Staff Officer, Logistics and Administration, Headquarters Militia Area Prairie is LCol. N. J. (Nancy) Gollmer.

Joining the Militia in 1954, LCol. Gollmer served with 108 Manning Depot, the Fort Garry Horse, and more recently as CWAC Advisor, and Staff Officer Personnel, Prairie Area. LCol. Gollmer has not missed a Militia Summer Concentration since 1955.

Born in Winnipeg, LCol. Gollmer attended Kelvin High

School, and graduated with a BA from United College (University of Winnipeg). Married, the Gollmers have three children, all are or have been members of the Militia or a Cadet Corps. The Gollmer family resides at 9 Presidents' Court in Transcona.

Is 1975 truly International Women's Year? Nancy Gollmer, who devotes time to the Girl Guides, Cubs, the Fort Garry Cadets, is a housewife, Mother, and now a Militia Lieutenant-Colonel, says YES.

MPs

Continued from page 1

the cabinet's attention, as a recommendation from the opposition side.

Mr. Hees: Mr. Speaker, I am asking the government to carry out its responsibilities, responsibilities on which it started cutting back seven years ago when the Prime Minister took over.

Mr. Trudeau: Mr. Speaker, that is my point. We did try to show some restraint in the size —

Mr. Hees: What about your office? What about the tremendous expansion of expenditures in every other line of government business? The government's motto is: to hell with the armed forces, spend on everything else.

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Water Experience Classes Completed

The "Minnows" and "Tadpoles" have completed another successful season. The registration of past classes was exceptionally good, and we hope that the attendance keeps on improving as time goes along. The classes have been programmed so that children might learn to have fun in the water with their parents.

There are different levels for morning and afternoon classes.

"Minnows" are the morning classes for babies up to the ages of three and the "Tadpoles" for children up to the ages of five.

We as members of the PERI staff would like to thank Sandra Ligget for her time and effort in making the programmes such a success.

Sandra has also attended Red Cross Water Safety classes to upgrade her experience and knowledge to pass on to the mothers and tots.



Ramie started lessons at the age of 4½ months. Ramie has learned not to be frightened of the water when splashed by others - as you can see by his expression. He is enjoying the water with "Mom" Mrs. Nadeau. (BASE PHOTO)

Gas Economy

Using lead-free gas can save motorists money as well as cutting down on air pollution, suggests Consumers' Association of Canada. Although it may cost slightly more at the pump, lead-free gas keeps engines tuned longer and therefore consuming fewer gallons. Ignition parts do not have to be replaced as often which decreases regular checkup costs for spark plugs, points and labour. The life of the muffler and exhaust system is extended because the corrosive effects of lead additives is eliminated. Oil does not have to be changed as frequently and maintenance for emission control systems is reduced.

Refreezing Foods

Consumers' Association of Canada advises consumers that occasionally frozen foods are partially or completely thawed before it is discovered that a freezer is not operating. You may safely refreeze frozen foods that have thawed if they still contain ice crystals or if they are still cold - about 40 degrees F. - and have been held no longer than one or two days at refrigerator temperature after thawing. In general, if a food is safe to eat, it is safe to refreeze. Use refrozen foods as soon as possible to save as much of their eating quality as possible.



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TADPOLES CLASSES 2:00 - 2:30 AND 2:30 - 3:00 TOGETHER (BASE PHOTO)

Front row left to right: Mrs. Ramsay, Shannon Brown, Cathy Ramsay, Danny Butler, Stephen Denny, Raquel Baxter, Linda Butler, Andrea Revoy.

Second row left to right: Mrs. Ligget, Craig Ligget, Susan Dinn, Dawne Gallagher, Matthew Gordon.

Third row left to right: Mrs. Gallagher, Mrs. Brown, Mrs. Butler, Mrs. Revoy.

Standing left to right: Mrs. Dinn, Mrs. Butler, Mrs. Gordon, Mrs. Denny.

Missing: Laura and Peter Spencer, Bobby and Stephen Baker, Andrea Walton, Jeffery Leppard.



MINNOW CLASS 9:30 - 10:00 (BASE PHOTO)

Front row left to right: Ronda Stewart, Susan Carr, Andrew Hoepfner, Craig Ligget, Shawn and April Cummings, Jeffery and Jimmy Bartlett.

Second row: Mrs. Stewart, Mrs. Carr, Mrs. Ligget, Mrs. Cummings, Mrs. Bartlett.

Missing: Derek and Grant Gallant, Nicole Bailey, Susan, Stephen Jason Bujold, Daniel Kestirke, Darlene Ralf, Keith Walton.



MINNOW CLASS 10:00 - 10:30 (BASE PHOTO)

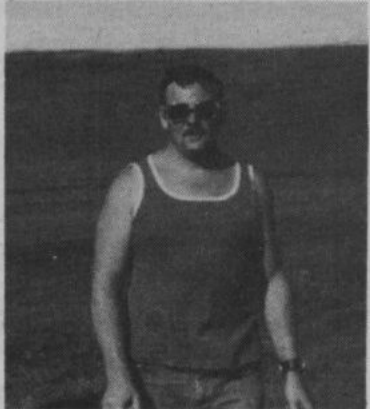
Front row left to right: Andrew Hoepfner, Craig Ligget, Ramie Nadeau, Andrea Hamilton, Shawna and Rhonda Scott, Derek Huston, Richard Morissette, Lisa Peterson, Raymond Carr.

Second row: Mrs. Nadeau, Mrs. Hamilton, Mrs. Scott, Mrs. Huston, Mrs. Morissette, Mrs. Peterson, Mrs. Carr.

Back row: Mrs. Ligget, Kristopher Kyritz, Mrs. Kyritz
Missing: Jennifer and Mrs. Fatti.



'When I say OUT... I mean OUT...'
(BASE PHOTO)



OK Larry, off with the glasses and let's go!
(BASE PHOTO)



I missed him by that much... (we believe you Ben... but I don't think Jim does)
(BASE PHOTO)

Air Navigation School Captures Intersection Fastball Trophy



ANS FASTBALL TEAM

Left to right: LCol F. C. Brittain, JP Desroches, Otto Krepps, Ed Lindberg, Col. M.D. Gates, Glen Nelson, John Plaxton, Glen Handley (Coach) Dennis Dann, Al Watt, Dave Collings and Brian McKenzie (missing are John Jensen, Rick Young and Bertrand Tremblay).
(BASE PHOTO)

"Liniment League" Intersection Fastball

By AGNES WARD

Over the past few weeks, on Tuesday and Thursday evenings, the baseball diamonds at the back of the Rec Center have been the centre of attraction for all fastball enthusiasts. Teams from BCompt, BML, BTNO, ANS, BAMEO and the Sgts Mess met in what turned out to be good summer entertainment. Fan support could have been better (must do something about that next year) but the faithful few who did show up for each game, rain or shine, were behind their team one hundred per cent and their vocal support came through loud and clear.

On completion of the semi-finals, the two top teams proved to be ANS and the Sgts Mess with an impressive record of 7 wins and 1 loss each. Tuesday, June 24 saw the opening game in a best of 3 out of 5 series. Starting pitchers were Otto Krepps for ANS and Larry Rankin for the Sgts Mess. When ANS hammered home 5 runs in the first inning it spelled trouble. Although the Sgts Mess came back with 4 runs it was not enough and the game ended with an 8 to 4 score.

After a few rained-out nights, plus a holiday thrown in, the second game got underway on July 3. Taking the mound for the first time for the Sgts Mess was 'Gentle Ben' Vandersteen, and for ANS - Otto Krepps (we tried to arrange TD to Alaska for Otto but he wouldn't go). Four home runs were scored in this game, 3 going to ANS. Again ANS came up the winner - final score 13-6. With the Sgts Mess down 2 games, the third meeting was a do-or-die effort. By this time we were well aware that Otto would be on the mound for ANS, with Vandersteen the opposing pitcher. The

weatherman did not co-operate and this game was played in blustering winds and semi-darkness. A grand slam home run in the first inning by Al Watt put ANS in front and there they stayed. Ray Gagnon came up with a home run in the second inning but it was not enough to bridge the gap. After 7 innings of play ANS emerged the winner with a 9 to 4 victory.

At the completion of the game, a trophy was presented to ANS by Col. M. D. Gates, Base Commander, on behalf of CFB Winnipeg Sports and Recreation.

It was a short season but a most enjoyable one. To all the teams who participated thank you for a good effort all around. A special word of appreciation for the umpires in general and K. Larson and D.C. McLeod in particular. Theirs was not an easy task - but they managed to come through the series unscathed - a bit of an accomplishment on any ball diamond.

So to ANS congratulations on their win and to the Sgts Mess - well fellas - it just wasn't our turn!



SGTS MESS FASTBALL TEAM

Front row: Jim Holland, Gerry Snider, John Benson and Guy Tremblay
Back row: Bob Bruce, Waldo Anderson, Ben Vandersteen, Bill Guderyan, Charlie Mason, Ray Gagnon (Coach), Tom Binns (missing are Bob McKay, George Gardiner and Larry Rankin).
(BASE PHOTO)



NOTICE

Lipsett Hall and Westwin Swimming Pool Schedules

Lipsett Hall and the Westwin swimming pools will be open during the summer months for casual swimming from 02 Jul through to 30 Aug 75:

Dates and times are as follows:
Mon to Fri afternoons 1330 - 1530 hrs
Mon, Wed, Fri evenings 1800 - 2000 hrs
Sat afternoons 1330 - 1530 hrs
Sun afternoons 1330 - 1530 hrs
Sun evenings 1800 - 2000 hrs

Prairie Region Sports Calendar

DATES	SPORTS	HOST
11 - 15 Aug 75	Softball	CFS Yorkton
18 - 20 Aug 75	Golf	CFB Shilo
8 - 12 Sep 75	Soccer	CFB Portage la Prairie
Mid Dec 75	Skiing (Nordic)	CFS Sioux Lookout
Mid Dec 76	Bowling	CFB Cold Lake
Mid Jan 76	Curling	CFB Shilo
Mid Jan 76	Skiing Alpine	CFB Calgary
1st week Feb 76	Broomball	CFB Moose Jaw
16 - 20 Feb 76	Hockey	CFB Edmonton
1st week Mar 76	Badminton	CFB Moose Jaw



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Presentation
Photos
Page 13**
(ALL PHOTOS BY BASE PHOTO)



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Legal Ramblings

By LCOL ARTHUR K. SWAINSON
Assistant Judge Advocate General
Headquarters - Air Defence Command

(NOTE: Generally, these articles are valid throughout Canada, although some are based on Ontario law. If acting on the contents of an article outside Ontario, ensure that the applicable provincial law is the same.)

JUNK MAIL

"Junk Mail" seems to be one of the crosses that all of us must bear in this age where sale of goods by mail is apparently extremely profitable and successful.

Additionally, it appears that this business is also very profitable to the Post Office, which collects millions of dollars each year on postal charges.

Many people are puzzled as to how their names got on the

mailing list of some of these companies. The most common way is that mailing lists are sold by a company that has prepared one to other organizations in the same business. Sometimes the lists are prepared over many years from customer accounts.

In other cases, they are prepared from sales in certain stores. If you purchase an article for cash and are asked to complete a purchase form which includes a space, usually in block letters, for your name, address and telephone number, you can be reasonably sure that the store is preparing mailing lists.

Now, I want to mention a few points on specific types of mail. First, the vast majority of this unsolicited mail is quite legal and proper. Second, if you receive unsolicited magazines, there is no

requirement to pay for them. The company may try to collect from you, but unless you have specifically ordered the magazines, you should refuse to pay for them.

If by some chance you get sued, hire a civilian lawyer immediately and defend the action. Third, credit cards are some times sent in the mail. It is illegal to send unsolicited credit cards in the mails in Manitoba, Quebec, New Brunswick and Prince Edward Island. However, here in Ontario, it is still a legal practice. If you use a credit card received in this fashion, you are bound to pay for the goods you purchased. However, if you do not intend to use the credit card, you should burn it or cut it up and throw it in the garbage.

Fourth, articles received in the mail are a real problem. Probably you can keep them and not pay for them, but you would save yourself a lot of grief if you simply returned the article to the company, or if you know what is in it, mark the article "refused", sign your name, and send it back to the Post Office. Do not accept unsolicited C.O.D. goods unless you know what they are.

There is a temptation to tell the postman not to give you the "junk mail." However, the company has paid the postage and, as the postman will no doubt tell you, he is legally bound to deliver it if he can. On the other hand, if you receive mail which appears to be a scheme to defraud the public or contains information on betting or wagering, or is indecent or immoral, you should report it to the Post Office.

In summary, the most important point to remember is that you are not required to pay for merchandise you did not order. The next most important thing to remember is that if you accept the company's offer and

ICCS Medals



CAPT RAZZELL EO

BPADMO



SGT LAPIERRE GM

BAMEO

buy the article, understand the conditions under which you buy it. Ownership in the article usually remains in the company until it is paid for. Finally, read the small print in the contract.

Beat The Bugs

You can keep your cupboard clean of pesky insects that sometimes appear in summer, advises the Consumers' Association of Canada. The tiny brown merchant grain beetle is a pest commonly found in processed cereal products such as flour, meal, macaroni, rice, dried fruit and meat, chocolate spices

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and dry pet food. These foods can become infested in transit by truck or rail, in warehouses or even on the store itself. All of these foods should be stored in a cool, dry cupboard in clean glass, plastic or metal jars or canisters with tight caps. Buy only small amounts of foods which are not used regularly, especially in summer. Keep containers thoroughly cleaned and never add new food to old. Destroy any foods containing adult insects or larvae, and check for further infestation in storage areas and cupboards. Clean cupboards and spray with a household insecticide, while taking the necessary precautions. Pay particular attention to cracks, crevices and baseboards. Line cupboards with shelving paper and keep them free of crumbs. For more information, contact pest control specialists or the entomology division of the provincial Department of Agriculture.

RETIRING SOON?

Are you planning on retiring from the Armed Services in the near future? If so perhaps we may have the answer to your next career opportunity. Lightmaster Ltd. is now employing several retired military personnel as Commissioned Sales Agents throughout the various territories in Canada. We offer a selection of top quality lighting products for Commercial, Industrial and Municipal use. These specialized guaranteed products are sold directly to the end user and are now being used by dozens of Canada's foremost companies. Our repeat business factor is over 75 percent. Your full commissions are paid to you each week with no investment necessary. Our most successful sales staff are in the 40 to 55 age bracket. A local Manager would be available to assist a self-starter who is seeking a career opportunity in the area where you would be taking up permanent residence. If this is the type of position you are seeking please telephone collect (416) 632-9020, Don Crossley, or write Lightmaster Ltd., 2384 Industrial Street, Burlington, Ontario.

mod housewife

by Rosmarie Kohlberg

COOL RECIPES FOR HOT COOKS

Here are some throw-together-at-the-last-minute meal suggestions for those days you had planned a hot-cooked menu, but the temperature has unexpectedly zoomed up to the thirties and you decide to rethink your plans, because you don't want to heat up the kitchen - and the house - with a lot of hot-stove slaving. Also yourself. Better to go to the butcher or the supermarket and pick up some cold cuts, which you subsequently arrange artistically on a platter, together with any cold roast or chicken that you may have around, some sliced, pickled (or just hard-boiled) eggs, tomatoes, radishes or whatever fits the colour scheme or your inventive mood, or you happen to find in the refrigerator.

For a start, serve a chilled soup (always keep a few cans in the refrigerator to be prepared). The main course will be your Cold Plate, accompanied by a potato salad or a macaroni salad and/or a vegetable salad. For an easy dessert, scoop out some halved cantaloupes and scoop in some ice cream. Or open a can of fruit salad, or serve cold fresh pears with cheese. For something a little different, I have included (at the end) a delicious rhubarb dessert, which is not, however, a last-minute thing: the rhubarb does have to be cooked and cooled.

Consommé Jell

1 can of consommé soup, chilled and jelled (about 4 hours)
1/2 cup sour cream
1/2 cup parsley or chives

Spoon cold consommé into chilled glass bowls or large wine glasses and top each with a tablespoon of sour cream. Sprinkle chives or parsley on top. Or you can make this as a 'parfait' by putting the jelled cold consommé in parfait glasses, alternating with layers of sour cream. Top layer is sour cream and chopped chives/parsley.

Cold Cucumber Soup

1/2 can condensed cream of celery, asparagus or mushroom soup

1/2 cup milk
1/2 small cucumber, seeded and diced (about 1 cup)
Salt, pepper
Dash tabasco sauce or
1/2 pinch of ground cumin
1/2 cup sour cream or buttermilk
Chives, dill weed, fresh young mint leaves

Combine soup, milk, cucumber, seasonings in blender and blend for 2 minutes. Stir in sour cream, sprinkle herbs on top and place in refrigerator for at least 4 hours. Serve in chilled bowls.

Mixed Vegetable Salad

1/2 can mixed vegetables or peas and carrots
1/2 small cucumber
1/2 celery
1/2 radishes
1/2 hard-boiled egg
1/2 small green pepper
2 ounces hard, crumbly cheese, such as Greek Feta (optional)
1/2 parsley, chives, mint leaves
1/2 oil-and-vinegar dressing or other favourite dressing

Drain canned vegetables thoroughly, then mix with raw vegetables, egg, etc. Sprinkle cheese on top and pour dressing over. Let stand in refrigerator until cool. The ingredients and proportions in this recipe can be greatly varied.

Carrot Salad

1 lb carrots
1/2 tablespoons vinegar
1/2 tablespoons condensed milk
1/2 tablespoons cooking oil
1/2 small onion, grated
Salt, pepper
1/2 parsley

Shred carrots fairly coarsely. Combine vinegar, milk, oil, onion, salt and pepper (shake vigorously in tightly closed jar) and pour over carrots. Garnish with parsley. Serve cold.

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WO & SGTS MESS NEWS NORTH

The FUN BINGO (12 Jul) turned out to be a "FUN NIGHT" for the overflow crowd in attendance. Everyone enjoyed themselves. The barbecue that followed the bingo was a stomach pleasing event and even the local vampires (MANITOBA "SKEETERS") could not dampen the spirit of the barbecuers.

Your Entertainment Committee was thoroughly disappointed that the "Country Tigers" were unable to play at our COUNTRY NIGHT (19 Jul), but I think you will agree that Montana's Dusty Lee Rivers (who was recently featured on TV) was an excellent substitute. Country Night proved to be a "toe tapping", "hee hawing" hoedown "country style"...who was fun.

Horse racing (indoor game) has proven to be very popular and plans are presently in the offing to have at least one TGIF a month devoted to this activity.

If all goes as planned, there will be a GAMES NIGHT for the TGIF on 8 Aug (i.e. pool, crib, darts, shuffleboard, etc.)

Family fun is planned for 10 Aug with afternoon games and an evening bingo for the youngsters. Hot dogs and hamburgers will be served from our barbecue. Commences at 2 p.m. Admission is one dollar per person. How about it father, treat mother to a drink (and a well deserved rest) in our air conditioned lower lounge while the Mess entertains your youngsters.

The Portage Open Golf Tournament is scheduled for 22 Aug...if you are interested add your name to the list in the Mess.

The Entertainment Calendar mentioned a "BIG DO" for 31 Aug and 1 Sep - plans are now changed and the BIG EVENT will take place at a later date...about this in future issues of Voxair and the Entertainment Calendar.

Our congratulations to our Ball Team. You lost out in the finals, fellows, but in our eyes you're winners all the way.

The PMC and members of the WOs and Sgts' Mess extend a cordial welcome to the following new members: MWO J.D. Downets; WO G.E. Vowles; WO L.A. Broome; Sgt. L.E. Maschke; Sgt. S.E. Wegner; Sgt. D.M. Newell; Sgt. J.B. Bell; Sgt. A.E. Reynolds; Sgt. R.D. Buck; Sgt. M. Berthelette; Sgt. G.C. Cherlet; Sgt. A.C. Henderson; Sgt. W.A. Kautz.

We sincerely hope that your stay in Winnipeg will be memorable and rewarding.

Lima Bean Salad

1 can lima or tender broad beans
1 small finely chopped onion
basic oil-and-vinegar dressing
summer savoury and parsley

Drain beans, sprinkle savoury and parsley on top (summer savoury really brings out the flavour in this salad), and add dressing. An hour or two standing improves this salad by permeating the flavours. Serve well chilled.

Rhubarb Cream

2 egg yolks
1/2 cup sugar
1 lb rhubarb, cooked and cooled
1 pint whipping cream
dash red wine (optional)

Beat egg yolk with sugar until creamy. Combine with cooled rhubarb. Fold in whipped cream and add a dash or two of red wine to taste. Serve cold.

Winnipeg Junior Winter Games



Sir John Franklin's co-ordinator Harold Falk, presents the Junior Winter Games Host Award to Cpl. Brandon. Looking on is Capt. Harrison, the BPERO of CFB Winnipeg. Cpl. Brandon organized and conducted the 1975 Junior Winter Games gymnastic competition at Lipsett Hall. The competition this year was a success due to the hard working efforts of the Recreation Staff at CFB Winnipeg, but what else is new. To all the Rec. Staff, "Thanks for a job well done."

(BASE PHOTO)

Credit Savings

Buying on credit? Make the largest down payment possible so that the balance requiring financing is kept to a minimum, advises Consumers' Association of

Canada. By paying off early you can save considerably in interest charges. In most provinces if you repay your loan earlier than the contract requires, you may be entitled to a refund or a "rebate". Check with your provincial consumer department.

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NOTICE

Lipsett Hall Snack Bar (South Site) has been re-activated on a trial basis

Currently hours of Operation are:

10:00 - 13:00 Hrs.

18:00 - 21:00 Hrs.

MONDAY THRU FRIDAY ONLY

Your patronage will determine the requirement to operate this facility.

Voxair Variety

by John Lander

My Fair Lady is stupendous. This I hesitate to state, because in this cynical age, anyone who uses superlatives is immediately suspected by the public of being: (1) in the pay of the organization being praised, or (2) not perceptive enough to find fault, or (3) does not know enough about showbiz to be a hard-nosed critic.

To defend myself, I was asked to the RAINBOW STAGE cast party but did not go. I am always willing to find fault with subordinates, plus wife and children, and I think I see enough shows to know a good one from a bad one. And in this instance it is a very good show. There are only a few days left, so if you have not yet caught it, get down to the Concert Hall pronto.

The two leads, Len Cariou as Professor Henry Higgins, and Catherine McKinnon as Liza Doolittle, were outstanding in their roles. Wisely they did it their way, rather than try to emulate the performances of such people as the late Rex Harrison and Julie Andrews. It is easy to see why Len Cariou was nominated twice for Tony awards during his tour on Broadway, and we can look forward to seeing him on stage this winter with the MTC.

In the major supporting roles, Cliff Gardner, Edward Greenhalgh, Evelyne Anderson and Scott Walker gave show-stopping efforts, and along with some very lively dancers and singers helped to make the show. Sets designed by Jack King, enhanced by lighting by John Stammers, were beautifully evocative of London in 1912.

And most of all, do not believe what you read in the papers. As H. L. Mencken said "All successful newspapers are ceaselessly querulous and bellicose". In this instance the Press talked in its review about the New York run of My Fair Lady, while the Trib was hypercritical of the way the audience dressed, smoked and drank gin-and-tonic. Too bad their critics did not go to watch the show, as they might have enjoyed it as much as I did.

Actors' Showcase is now receiving enquiries for their 1975/76 workshop which is in its ninth season. They would also like to hear from people who would be interested in working backstage on costumes, sets, sound, lights, public relations, etc. Right now they are planning for the fall season and hope to include four major productions: "MacBeth", "Ecstasy of Rita Joe", "Kabuki" and a play by Larca "The House of Bernarda Alba"; the last two plays will be directed by classical director Anna Friedmann. This year's Actors' Showcase season will introduce puppets, mime and masks with instructor and director Hugh Manning of Montreal.

Over the seasons, Actors' Showcase's children's shows have gained a great following; with Actors' Showcase this season presenting "Theatre For Children" as the primary presentations. We will have a production every month, plus three special shows at Christmas and the annual mid-term break. Actors' Showcase has a busy season planned and hope that through its efforts that Winnipeg and surrounding areas will come and enjoy live theatre. All their talent is from the Winnipeg area.

Anyone interested in becoming involved with Actors' Showcase may phone 943-2689 or write: Actors' Showcase, 322 Smith Street, Winnipeg, Manitoba, R3B 2H1.

LAUGHING AT OURSELVES



by John Semeniuk

A CRUMBY REMARK - The marriage counsellor was trying desperately to bring Mr. and Mrs. Smith back together again, but each steadfastly maintained that a divorce was in order. Turning to the husband, the counsellor said, "Your wife is young and beautiful, what is the main complaint that you have against her?" "She is lazy", replied Mr. Smith, "A sloppy housekeeper and every night when I come home tired, I find crumbs in our bed!" "I can see where that can be annoying", soothed the counsellor, "But that's hardly a reason for divorce. Now Mrs. Smith, what is your main complaint?" "He is so uncouth", responded the lady, "I hate it when he keeps referring to my male friends as crumbs!"

A MOUTHFUL(?) - The veterinarian of a small town was also the chief constable. One night the telephone rang and the vet's wife answered. "Is Mr. Owens

there?" asked an agitated voice. "Do you want my husband as a veterinarian or chief constable?" asked the wife. "Both", came the reply, "We can't get our bulldog to open his mouth because there's a burglar in it!"

THE WHOLE TWOOTH - Lipping Linda, a bosomy teenager, went to the doctor to have herself examined for a chest cold. The doctor put the stethoscope to Linda's chest and said, "Big breaths". "Yeth", said Linda proudly, "And I'm only th-thirteen!"

BLAST OFF - A young man who had just been entertained by royalty - a Duke and Duchess no less - was describing how very well mannered they were in comparison to common people. "I'm afraid that I don't understand", stated one of his friends, "How exactly are they

From the Grooves

by Mark Cyluck

Raw, seedy, gutsy and raunchy and a crossfire of Canned Heat at Grand Funk level with a slash of the Allman Brothers tossed in for spice. These are some of the facts that won the "Entertainers of the Year Award" for the former Sidewalks. Never heard of them you say - Jimi Hendrix had - in fact he mentioned them on the "Tonight Show" (that the group's guitarist Billy Gibbons and the group itself were among the top new guitarists and bands respectively).

If you guessed by now from the name Billy Gibbons who I am talking about, then I'll toss in the names Dusty Hall and Frank Beard. A no-prize to the winner and too-bad to the rest of you. Where have you been? These three guys make up the group ZZ Top. Yeah, you've heard of them, they were in town here just a short while ago. Back in their homeland, the underbelly of Texas, Houston and round a-bout country side, Dallas, they are known as the "Little ol' Band from Texas".

ZZ Top the group who placed between Sly and the Family Stone and the Jefferson Airplane. Not bad for a group unknown outside of Texas. ZZ Top, the group billed second, but who stole the show, embarrassing the big names. ZZ Top, the group who received encores each of the three nights they played in Hawaii second to the Rolling Stones.

Dressed in cowboy drag, the group is no slouch as a listen to "Fandango" (London Records PS656) will tell. Magnificent leads, wild riffs, pure gut rhythms and blues are what emanate from the first side which

better mannered than we are?" "Well", replied the young man, "The Duchess let a bomber go (expelling gas from the lower extremities) and the Duke got up and said, 'Pardon me'. She did it again and again the Duke got up and said, 'Pardon me'. When she did it a third time, I jumped up ahead of the Duke and said, 'This one is on me!'"

ALL IN PUN - While gently massaging the trick knee of his sexy looking patient, the doctor asked, "What's a joint like this doing in a nice girl like you?"

THE THRILL OF A WIFETIME - "I don't trust my husband", stated a young wife to her best friend, "He acts very strange in bed during a thunderstorm - especially when there are flashes of lightning." "A lot of people fear thunder and lightning", replied her friend. "But they don't shout what he shouts!" exclaimed the wife. "Oh?", stated her friend whose curious nature was thoroughly aroused, "What does he shout?" "I'll buy the negatives!" responded the wife coldly.

NEVER SAY DIET - One of our service girls is on a new diet - nothing but TV dinners. She says it helps her with her horizontal hold.



HARDTIMES

Riding the rails - a familiar sight in Canada during the Great Depression of the 1930s, the era in focus in a four-part CBC-TV prime time series, Hard Times, which begins on the network on Monday, August 4, at 10:30 p.m. The half-hour series is an edited version of the series seen on CBC-TV's Take 30 during the past season. It combines newsreel footage from the thirties, archival stills and the on-camera reminiscences of some Canadians who lived through the Depression - and to whom that decade of "hard times" is living history.

(PHOTO COURTESY OF GLENBOW-ALBERTA INSTITUTE, CALGARY)

is recorded live in front of some 80,000 fans in Austin, Texas. I admit my first listen to the "Tres Hombres" LP (their third) was not really to my liking - but this - oh wow - I can't take it off the

turntable, ask the people in my apartment complex.

"Thunder Bird" - after applause and introduction the

See GROOVES Page 16 Col. 3



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Payments must be made at the time the ad is submitted for publication. "Found" notices will be printed free of charge.

Ads may be submitted in person to the Editor Voxair, Bldg. 52, or by mail with payment enclosed. Ads must be received by 3 p.m. on the Wednesday prior to publication.



Courtesy Florida Sunken Gardens

Be Water Wise

Canada has more fresh water than any other country in the world, giving Canadians ample opportunity to enjoy water sports. Lakes and rivers, suitable for swimming and boating, abound, many of them in parks protected by the federal and provincial governments. Beaches are manned by lifeguards, safe swimming areas are carefully marked, and regulations concerning the proper handling of crafts are posted. In spite of these and other precautions, many Canadians lose their lives by drowning every year.

GROOVES

Continued from page 15

group bursts into action with a slight reminder of "At the Hop" which Danny and the Juniors would never keep up with in this style, and then flowing into an old Elvis tune, "Jailhouse Rock" which even Elvis would have a hard time with. This isn't just rock, but pure energy, a whole powerhouse being released to the world via three top musicians, who fused together, form a tightness that is hard to find in a larger group.

Then "hot as a pistol" the group goes into a medley of tunes called "Backdoor Medley" which includes "Backdoor Love Affair", "Mellow Down, (by Willy Dixon), "Backdoor Affair No. 2" and "Long Distance Boogie" for a total of 9.23 minutes. I have heard many "live" performances both on record and in person and few have generated the excitement or stirred me up as much as this dynamic blues trio does.

Side two is back into the recording studio to do more of the blues by way of "Blue Jean Blues". I really didn't get into the piece much, but it is good blues. "Hasty Dogs and Funky Kings" is one of those tight solid pieces that grows on you. "Balinese" is heavy yet at the same time is gentle, and persuasive in an easy manner.

The LP is topped off with "Mexican Blackbird" (on the blues side with a lazy beat and vocal, about a certain seniorita who specializes in several types of pleasure). I heard it on the "X" and "Tush".

To say the least I am going to look up their first three LPs and

get them if I can.

The authorities can do little to protect the lives of you and your family unless you do your share. The Canadian Red Cross suggests that you learn and follow these water safety rules:

-When your children are in or near the water, watch them constantly. It takes only a few seconds for a child to wander out of sight and into trouble.

-Children and poor swimmers should wear their personal flotation devices (PFD's) at all times.

-Inflatable toys are for use on the beach. In the water, they constitute a major safety hazard to children.

-Always swim with a "buddy", someone close by to help you when you need help. This is particularly important when you are swimming at private beaches, cottages, etc.

-At public beaches, always swim within the area indicated by the buoys. Swim only during daylight hours when a lifeguard is on duty.

-Investigate any unfamiliar water area before swimming or diving into it. Rocks, debris, and weeds are hazards which are not always obvious.

Classified

FOR SALE

SWING SET \$35. CRIB \$25. Tricycles \$8. and \$5. Phone: 889-7886. 5143

ALUMINUM CAR TOP CARRIER and one new rim and tire size 570 x 500 x 8. Call after five 837-8760 or 888-2150. 5147

POINTERS, GERMAN SHORT haired pups. Championship bloodlines. Phone 832-0297. 5145.

19-FOOT TAGALONG TRAVEL trailer - tandem axle, electric brakes, twin propane tanks, pressurized water system, toilet, shower, holding tank, 6 cu. ft. gas/electric fridge, air conditioned, sleeps six. Like new. Plus: 1972 International Travelall 1/2-ton stationwagon. 392, V.8, automatic transmission, power steering, power disc brakes, heavy duty suspension, trailer towing package, deluxe exterior and interior trim, air conditioned. Excellent tow vehicle. Will sell separately or as a unit. Contact Capt Fenton, Local 711. Home Phone: 888-7501. 5146

HOMES

TRANSFERRED? BUYING OR selling a home. Contact Ben Lombardi - Royal Trust - 339-9251 or 222-1292. 5142

WANTED

WANTED MATURE BABYSITTER for three year old girl, in south site. To begin September 1st. Phone after 5:30 p.m. Phone 489-5486. 5141

MEN! ENJOY NORTH AMERICA'S growing sport! Square Dancing. More than five million people in North America are enjoying modern square dancing. Why not bring your wife out and be part of the statistics! Beginner classes starting in September. Tel. 888-0602 or 453-3405. 5144

If you want to get the most from your hours near the water, learn to swim well. Any activity is more enjoyable when you approach it with the confidence that comes from proper training and knowledge.



During ceremonies at Baden-Soellingen, West Germany, today, Brigadier-General C. E. Theriault handed over command of 1 Canadian Air Group, part of Canada's commitment to NATO, to Brigadier-General John P. A. Cadieux. Assisted by BGen Cadieux (left) and Major-General James W. Quinn (right), commander Canadian Forces Europe, BGen Theriault signs the certificate of change of command. BGen Theriault leaves Europe to assume new duties at Air Command in Winnipeg.