

April Preview

April is the first full month of the year when the sun is on our side of the equator. This month the sun moves gradually Northward. Consequently the length of the day increases from about 12.9 hours at the beginning of the month to 14.6 hours at the end of the month. In April, Winnipeg usually receives 209 hours of bright sunshine, an increase of 40 hours from the average for March. In recent years the least sunshine for the month of April was 140.5 hours in 1970; the maximum amount of sunshine for the month was 272.6 hours (averaging 9.9 hours per day) recorded in 1969.

The long term normal daily maximum temperature is 36° Fahrenheit (2C) on the 1 of April but increases to 58°F (14C) by the 30th of the month. This is the sharpest upward trend of the daily maximum temperature of all the months of the year.

In the same period the average daily minimum temperature increases from 17°F (-8C) to 34°F (1C). The highest temperature ever recorded in April at Winnipeg was 93° (34C) in 1952, the monthly mean temperatures was almost 3 F degrees below normal - normal 38°F (3C).

The growing season, assumed to begin when the normal mean daily temperature crosses the 42°F (5.5C) threshold begins the 24th of April, but, the probability of frost on any particular night is greater than 50% till well into May.

Precipitation normally occurs 11 days of the month: snow 10 days, freezing rain 2 days. The normal snowfall for the month is 4.7 inches (12 centimeters), the normal rainfall 1.0 inch (25.4 millimeters). The probability of a thunderstorm in the month of April is 0.7. Precipitation usually occurs with a Southeast, East or a Northerly wind.

The prevailing wind direction is from the North. However, a South wind blows about 12% of the time. Strong winds, with speeds greater than 30 mph, are from the Northwest 44% of the time, North 24% of the time, and from the south 17% of the total time.

So its about time to wax our skis and tobaggans and put them into summer storage.

Opening Of Legislature



Capt Joplin (far left), the Guard Commander, accompanies the Lieutenant Governor, the Honourable W. John McKeag, during the inspection of the Guard of Honour at the opening ceremonies of the Manitoba Legislature on 4 Mar 75. Base Photo

Postair

March 26, 1975

CANADIAN FORCES BASE, WINNIPEG

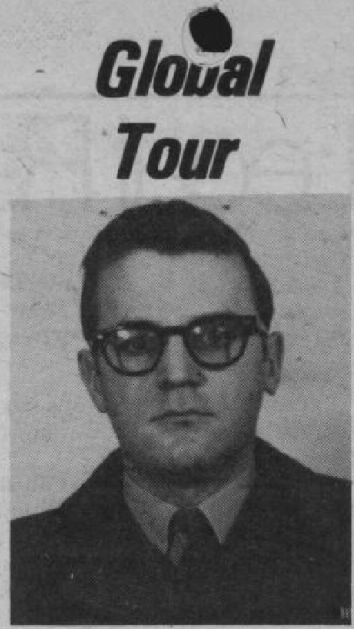
Vol. 24, No. 6

CD & Clasp Presentations

On 21 Feb 75, during a Base Commander's Parade, the Canadian Forces Decoration (CD) and Clasps were presented to eleven members of CFB Winnipeg by Col. M. D. Gates, the Base Commander. The CD is awarded for twelve years of meritorious service and the Clasp is awarded for ten additional years.



From left to right, the recipients of the CD's and Clasps awarded 21 Feb 75 are: Sgt F. E. Gledhill, Clasp; Sgt B. B. Breedon, CD; Sgt M. E. Thompson, Clasp; M/Cpl D. J. Patterson, Clasp; Capt L. M. Goethals, CD; Capt J. A. LeRoss, CD; Col M. D. Gates; M/Cpl R. A. Sutherland, CD; Capt J. W. Caya, CD; M/Cpl R. J. Garrison, CD; Capt J. L. Gagne CD; Capt G. M. Kruger, CD. Base Photo



Sgt P. R. Macala of 1 Construction Engineering Unit was awarded the Deserving Serviceman's global tour for NDHQ ADM(MAT) Field Unit.

The Tour awarded to Sgt Macala was for 28 days leaving Trenton on 23 Jan and before returning on 22 Feb, had visited Elmendorf, Tokyo, Hong Kong, Nagoya, Singapore, Bali, Djakarta, Kuala Lumpur, Bangkok, Tehran, Nairobi, Abidjan and Port of Spain.

Sgt Macala is an electrician with 1CEU who had just returned from five months in the Golan Heights to accept this tour, but will not stay in Winnipeg long, as before he leaves on his next 1CEU project he will attend the WOQC at CFB Esquimalt.

CFCC

The Canadian Forces Central Fund was established on March 1, 1968. Its formation was to replace the old single service Non Public Fund Entities and its purpose was to provide financial assistance to bases, stations, ships and units in establishing and improving messes, merchandising recreational and social facilities.

The Central Fund gains income from a small levy on resale activities at bases and stations including retail stores, gasoline stations and messes. It also gains income from the repayment of loans made to bases and stations for the creation of recreational facilities, improvement to messes and the creation of resale outlets such as Exchanges, grocery stores and gasoline stations.

The original capital for the CFCC was provided by acquisition of the assets of the former single service funds. These assets totalled almost \$3 million. From the establishment of the CFCC on March 1, 1968 to February 28, 1974 these assets grew to over \$17 million.

Following is the CFCC Statement of Revenue and Expenses for the year ending February 28, 1974:

Revenue	\$1,174,671
Expenses	\$ 632,946
Excess Rev. over Exp. \$	541,725

Following is the CFCC Balance Sheet figures as of February 28, 1974:

ASSETS	
current	\$ 3,806,336
deferred	\$13,808,697
total assets	\$17,615,033
LIABILITIES & CAPITAL	
current	\$ 5,539,101
deferred	\$ 1,320,491
capital balance	\$10,755,441
total	\$17,615,033
CONTINGENT LIABILITIES	
total	\$ 730,603

Serviceman's RRSP

OTTAWA (CFP) - Following a survey of 144 financial institutions in Canada, The Canada Trust Company has been selected as trustee for the Servicemen's Registered Retirement Savings Plan (SRRSP).

Boiled down, it means saving for the day when you no longer have a steady salary, when there are no more periodic raises. It also means a welcome chance to

lighten the tax burden on your present salary or other earned income.

Unfortunately, plan finalization and authorization came too late to provide prepared briefings and adequate literature for all personnel sufficiently in advance of the March 1 deadline for the 1974 taxation year. However, the plan is now available and the highlights are as follows:

Eligibility - The plan is available to members of the regular force and former regular force members in receipt of a pension/annuity. Any regular force member may start to participate while serving, and continue as a participant when he or she retires, with or without an annuity.

Investment and Options - Participants may invest in one or any combination of the four options: guaranteed, income, mortgage, or equity.

Guaranteed - Consists of guaranteed investments. Rate of return is net 9½% for 1975. Thereafter guaranteed rate will be established semi-annually.

Income - Consists basically of bonds, debentures and mortgages.

Mortgage - Consists of prime mortgages in Canada or guaranteed securities from the government of Canada or any province.

Equity - Consists mainly of common and preferred shares but includes some bonds, debentures, etc.

There are no separate charges to begin participation in any of

these options, to withdraw from any option, or to transfer funds between options.

Administrative Charges - The cost of the guaranteed option is 0.5%, but the 9½% quoted above is the net amount guaranteed to an individual and represents what his/her investment will yield. The other three options have costs of 0.55% on the first \$5 million of total funds in each option, 0.35% on the next \$20 million and 0.30% on all amounts in excess of \$25 million.

If mortgages are held in an option, an additional fee of 0.30% will be charged on the net asset value of the mortgages.

In summary, the guaranteed option equals or betters most individual plans, and the costs of the other options are approximately 50% lower than most other registered retirement savings plans offered on the open market today.

How to Participate - Application forms are being forwarded to all bases, stations, etc, and should be available to members by mid-February. Completed forms must be forwarded to The Canada Trust Company, 170 Laurier Ave., West, Ottawa, Ont., K1P 5R4. In addition, local offices of Canada Trust will have the necessary documentation available approximately February 17, and will be able to answer enquiries concerning the SRRSP, and accept applications to the plan.

See RRSP

Page 2 Column 5

Legal Ramblings

By LCOL ARTHUR K. SWAINSON
Assistant Judge Advocate General
Headquarters - Air Defence Command

LOTTERY TICKETS

There are two large and very successful lotteries operating in Canada.

The first is the Western Canada Lottery Foundation, which sells tickets at \$2.50 each. There is little in the way of "group purchase" of these tickets because of their relatively low price.

Olympic Lottery Canada, on the other hand, sells its tickets for \$10.00 and the group purchase idea is much more prevalent among people who buy these tickets.

People across Canada have prepared all kinds of "group purchase agreements" from the most simple to the most complex. The aim of such agreements is to avoid gift tax, and ensure that everyone shares proportionately in the purchase price and the

winnings.

The whole idea behind group purchases of tickets is that your odds of winning something are much better if you own a portion of a number of tickets, rather than the whole of one.

In fact, group purchases copy a system used by most insurance companies, whereby one policy may insure a building for many millions of dollars. Rather than keep the very large premium to itself and hope for the best, a fire insurance company will share the premium with a number of firms, and simultaneously share the risk proportionately if there is a fire.

It is difficult to suggest a group purchase form which would serve everyone's purpose, but the form used by the employees of Olympic Lottery Canada is as follows:

GROUP NAME

Ticket numbers:

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This form is very simple and serves most purposes. It makes everyone an equal partner, it covers the case of a person dying after buying his share but before the draw, and there need not be the same number of tickets as there are partners.

BEWARE THOSE RADAR SPEED TRAPS ON NESS



VOXAIR is the unofficial Service newspaper of CFB Winnipeg and is published under the authority of the Base Commander, Colonel M. D. Gates, C.D.

BUSINESS MANAGER & EDITOR

Capt G.E. Robertson (639)

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DISTRIBUTION Sgt D.M. Taylor (496)

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In the event of a typographical error appearing in an advertisement, no goods may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charge for the advertisement in which error occurs.

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On The Move

DOLLARS & NON-CENTS ENTITLEMENTS ON A TRANSFER

The lucky ones are transferred again! Some people just didn't know how well off they were. However, whether you are transferred in or out, the BCompt Branch, CFB Winnipeg, wants your transition period to be as painless and as soothing as possible. We would like to think that you are in "good hands."

The rates of yesterday are different from the rates of today and the rates of tomorrow will be different again - but that is just to keep us on our toes and to keep you in the dark. The rates quoted are the rates that are in effect as of today's date. (Hopefully they won't change before this article gets published.)

It is the sole intention of this article to help those of you who are confused and to confuse those of you who are not.

Seriously, there are expenses involved with a posting and this is what you are entitled to.

First of all an important aspect of your move which many claimants do not understand is the preparation of your appliances for movement (CFAO 209-28 para 13). Any expenses incurred for disconnecting or connecting appliances can not be reimbursed from public funds as these charges are payable from the movement grant that each and everyone of us receives. However, you may claim for any expenses necessarily incurred in servicing washers, dryers, refrigerators, ranges, stereos and other similar items to protect the appliances during transit and to reinstate them at your new place of duty. The claimant should arrange for such servicing through the carriers authorized to move his F&E. It does not entitle you to have your electrical appliances mechanically certified at public expense. It simply means any special packing required to protect potentially breakable appliances during transit.

Other important and useful information is what you are entitled to for "real estate and legal fees" (CFAO 209-27) "and reimbursement for rent or lease liability" (CFAO 209-27). Any claims submitted for reimbursement of real estate and legal fees are to be supported by an itemized receipt from a licensed accredited real estate agent or lawyer or notary as applicable. The amounts payable for legal fees are the actual fees charged up to a maximum of:

- (1) in selling a residence; 3/8 of 1% of the selling price or
- (2) in purchasing a residence; 1-1/8% of the purchase price.

Now for the majority of us who are the eternal renters. We can claim an amount not exceeding the equivalent of two months rent calculated from the date on which the member and/or his dependants vacate the rented or leased accommodation.

Under normal circumstances you may not have read this far, but since you realize that a penny saved is a penny earned then you want to know more. So here it is.

Most people travel by PMC at a rate of \$.07 per mile, but make sure you know how much travelling time you have. The following table explains:

See MOVE Page 8 Column 4

A Controversial Topic

By G.S.

Everyone likes controversy. Something to discuss. However one of the things that has stuck in the back of my brain for the past few years is this pearl of information I received during basic training. Members of the forces are not to discuss religion, women or politics.

Let's think about that for a minute. It seems to me that this is pretty good advice based on some solid thinking. We are in a rather unusual position in Canadian society. Or rather we were a few years ago. Today the army of civil servants has far out stretched us. (But then we are small and highly trained. I guess they are not elite).

Let's take religion as a conversational subject. Rather dangerous. Everyone has opinions on this aspect of our society, even servicepersons. But we want to remain a tightly knit organization so we don't want to voice strong opinions for or against a particular following. With our members coming from all parts of society chances are we would upset a fellow worker who overhears our tirade.

OK, so forget religion and try women (or men for those of you other people in uniform). That's pretty shaky ground. As sure as I'm sitting here the first thing you say will be a disaster. The wise crack overheard by the person who just walked into the room will be said to someone who just happens to be an intimate friend. Some one will be embarrassed (you), someone will be mad (him), and someone will wind up with a swollen lip (you).

Only one thing left - politics. All Canadians like to talk about politics and politicians. Here is a subject that is a very rapidly changing part of our society. In fact at times it seems to change so fast that right becomes left and vice versa before you even put on the labels.

But we service persons cannot join in on the fun. After all, let's be honest. We don't want to bite the hand that feeds us. Try taking sides and surely we will find the other side of the fence is now signing our pay checks. That's getting a little too dangerous for comfort.

So where are we. We too want to discuss something with a little meat just like other Canadians. Religion is out. Women is gone too. Nothing left but politics, but that's too hot to handle.

Here is the solution. This will get the whole base up and shouting opinions from the roff tops.

Do you think it will snow?

Courtesy The Greenwood Argus

NEXT DEADLINE VOXAIR 2 P.M. WED 2 APR 75

RRSP

continued from page 1

How Much To Invest -

Although there is no minimum amount, you can deposit up to 20% of your earned income each year, up to a maximum of \$2,500, less your superannuation contributions. Pay allotments to SRRSP may be included in your monthly income tax exemptions if you so desire. Particulars of pay allotments and tax procedures will be published by NDHQ/Director of Pay Services shortly.

Lump Sum Deposits. - All or part of any severance pay, cash termination allowance, deferred pay, etc., may be deposited in the SRRSP and there will not be a requirement to pay current tax.

Taxation Year 1974 - For the 1974 taxation year the Canada Trust Company must physically receive cheques, cash, money orders, etc., no later than March 1. In other words a deposit placed in the mail or in transit prior to March 1 is not sufficient to cover the requirement to apply such monies to your 1974 tax year.

You can withdraw all or part of your money in your plan. Details of withdrawing money will be available in brochures that will be issued and in briefings in March and April 1975.

Briefings - Full scale briefings for command headquarters and larger bases, and detailed literature to all establishments, will be available later in March or early April when all printing, translation, etc., is completed.

There will be no attempt to "sell" the SRRSP. The plan is not for everyone and each individual must make his own decision. Briefings and literature will highlight the advantages and disadvantages of RRSP's in general and the SRRSP in particular.



51st Group Notices

Bottle Drive

SAT 5 APR 11 AM - 1 PM

North Site MQ'S

Please leave bottles on porch for pick up.

Ladies Auxiliary of the

51st Cub and Scout Group will be holding a bake sale on Mar 28, 1975 at the base bingo in building 21. At that time the draw will be held on the raffle tickets now on sale. If you have not purchased any tickets as yet, please ask any cub or scout member.

Support the young men of our community.

CFANS news corner

ASC NEWS

"East is least and West is best and never the twain shall meet." At least until ASC 27 got back from the American tour. It appears that the Western tour got all the jam and the Eastern tour got all the information. As the Western boys climbed aboard their special Cosmo (borrowed Smoky Two) and even persuaded Boeing to lend them the LRPA test aircraft for a short trip; the Eastern tour made do with service flights bases, commercial air, rent-a-cars, in fact just about everything except a train. There was even talk of getting a D.R.E.E. grant as equalization payment to make up the difference between the Marriot Hotel in Los Angeles and the Visiting Officers Quarters at Willow Grove.

On the Western tour some budding Hearst (that's William Randolph as in Citizen Kane; not grand-daughter Patty as in S.L.A.) decided to manufacture his own headlines proclaiming Major Sparling as the fastest streaker in the West. AH! the things that San Francisco can do to people. However, since its 255 time the name of the headline fakir has just been classified Hyper Secret, Captains eyes only.

On the home front, Francie Palmer politely waited for hubby Randy (fooled you Jan, I bet you thought I was going to reverse that one) to get home, before presenting him with a 9-lb. 1-oz. bouncing daughter on March 10. Rumour has it that the birthday was deliberately delayed by Rose Bayne's sherry party for the wives. (See what happens when the guys go away.) Anyway, the aforementioned sherry party was a roaring success, including one Volkswagen that wouldn't stop roaring and had to be driven home powered by a rubber band.

However, to return to the introductory part of this paragraph (not the elliptical style John, you won't find that in CFP121(3) both mother Francie and daughter Kimberly Dale are doing fine and my office is filled with impenetrable fog provided by poppa Randy's cigars.

Lucky Eddie got back from England this week after paving the way for ASC 27's European tour. He must have planned a good tour because the coterie of senior officers accompanying ASC 27 on the tour reads like the Debretts of Nav/Pilot branch.

Art Armstrong has been a little busy this week with graphs and conferences and the occasional threat of Hara Kiri. As Sanc 7501 depart, Art is thinking of changing his name. Armstrong is so inappropriate after writing all those 377s. 7501 will be returning to their respective squadrons with projects tucked under their arms and happy (?) memories of the Aerospace Squadron. Jens Schoenrank in particular is broken-hearted at leaving but he has promised to write to the Hewlett Packard so that the computer won't forget him.

On the subject of computers our ordinateur sorcierce (computer wiz for those of you who don't take BLTP) has just taken delivery of a brand new I.B.M. key punch. Major Toole who also doubles as chief instructor is offering special rates on Fortran to the next SANC course.

Which is a sneaky way of introducing SANC 7502 who will arrive just in time to give Art a happy April Fools Day and me lots of stuff for the next deadline. Ah well, no rest for the wicked. So, I'll take my rest now.

F. der Mouse

429 Sqn. Bison Brew



"Veni, Vidi, Vixi" dixit Julius Caesar explaining to the Roman senators how he defeated the hordes of Gaulle and Brittany twenty centuries ago. For the navigators who might venture from their corner to these lines, the above means: "I came, I saw, and I conquered." These words pretty well sum up 429 Sqn. March 7 epics when our outnumbered but disciplined and co-ordinated phalanges faced the ANS tribes in the mess games room. Their three exchange mercenaries must have expected such a crushing setback for their owns because they did not even line up for battle. One of the pride-deprived survivors even suggested to his chief that a new chapter be added to the Navs Flying Instructor Handbook so that all future ANS staff and students know at least the rudiments of crud, dart, shuffleboard and table tennis. However, they would be wise to start this new chapter with the following warnings:

- a. Beware of selling bison skin before getting it.
- b. Do not tangle with pilots.

As previously wished for in this column, some way was found to keep out beautiful birds alive; at a recent farewell reunion, our Big Bison announced that four of our beloved Gooneys would keep nesting here with ICP and 402 Air Reserve Sqn. Three experienced Dak captains, Bill Jack, Bill Webster and Gord Johnston are now deciding the unique way a Dak should be flown before

imparting their knowledge to their reserve pilot students. At the same occasion, a full room of happy wishers turned out to say good-bye to Bruno Schenk, Pote Potyok and Bob Kozak posted to Buffalo's in Summerside, Trenton and Comox respectively, John Tanchak to Hercules in Namao and George Hamilton To T-33's in beautiful Bagotville. Back from the Herc OTU to celebrate spring with us are Maj. Ray Brown, Al Steffler and Chub Hezely.

Ray McAnally is now the "Operator." ATC trained as he is, he has made sure that no outside

eyes could decipher our operation board. To further insure that no UFF (unidentified friend or foe) reach us, we have now set up a screen of Transair security agents in 11 Hgr with orders to let only unoffensive people reach us, wherever we are. (Yes navs, they will tell you where to go; and also where Ernie Canivet, our Ops man in charge of Daks, cogitates.)

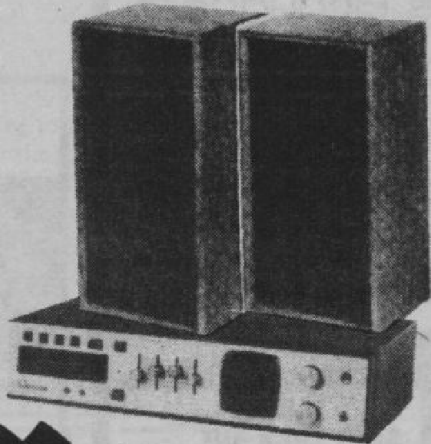
At our March 14 Sqn party, some of the wives, surprised by how much the squadron strength had been cut, suggested that the next one be held in . . . the back of hanged Herc!



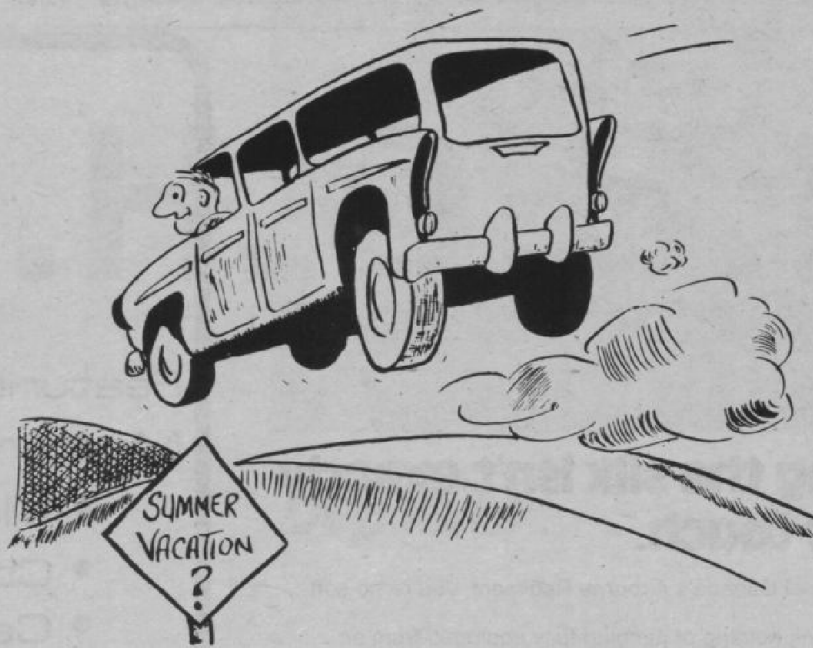
Mission Impossible . . . Three vehicles destined for airport construction at Eskimo Point, N.W.T. idle while the drivers discuss the difficulties of the 16-day journey that lies ahead. Sergeant Bob Gaundrous, Corporal Dave Savory and Warrant Officer Al Dunning of 1 Construction Engineering Unit, Winnipeg, will take the three vehicles via road to Thompson, rail to Churchill, and then across 200 miles of Hudson Bay ice to Eskimo Point. The trucks belong to the Ministry of Transport and are required for airfield construction to bring the northern community out of isolation. **Canadian Forces Photo**

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Patricia report



As it does each year, 2PPCLI celebrated Regimental Day on March 17th. The significance of this date is that it is the birthday of the late Colonel-in-Chief, Lady Patricia Ramsay CI, CD. Until her death last year, Lady Patricia Ramsay was the Colonel-in-Chief of the PPCLI since the Regiment was formed in 1914.

All ranks of the Second Battalion participated in Regimental Day celebrations at Kapyong Barracks with spirit and pride that has remained unchanged over the years.

Regimental Day began with a Float Parade and Beauty Contest. Headquarters Company won the Best Float Prize with the entry that depicted the trials and tribulations of ski school. The troops feverishly displayed their discontent with the Air Command Float the Officers' Mess entered — their accuracy in throwing snowballs upset Snoopy considerably. Headquarters Company also managed to win the Beauty Contest with its beautiful young contestant. Her name will not be mentioned here as she will be used as a secret weapon in contests outside the Battalion later this year.

In other competitions on Regimental Day Headquarters Company carried on its winning streak to clean up in broom-a-loo and the toboggan race. The

combined forces of Support and Delta Companies walked off with the snowshoe race trophy. As Alfa Company has often exercised the chain of command, it was a shoe-in as the winner of the command race.

The Senior NCOs and Officers played a grueling game of broom-a-loo to decide who would get the front or tail-end of the horse. The nose was dragged through the snow, but the Officers are beginning to believe that they may as well nail the tail to the wall of their mess.

BGen W. A. Hamilton MBE, CD, (retired) was on hand to present the trophies. He also made a presentation to Support and Delta Companies for winning the Inter-Company Hockey Championship for this past season. MCpl Marion, Support Company, won the award for the Best Individual Hockey Player of the Battalion League.

Photos covering Regimental Day will appear in the next issue of Voxair.

On 28 Feb 75 the WOs and Sgts Annual Curling Bonspiel was held. The winners of the A event were: MWO Ramsbottom, skip; WO Love, mate; Sgt Arndt, 2nd; and Sgt Sobin, lead. The winners of the B event were: MWO Crosby, skip; WO Stinson, mate; Sgt Tompkins, 2nd; and RSM Bruce, lead.



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Presentations



On the 14th of March 1975, 120 years of military service were formally recognized at 401 Technical Service Detachment by the presentation of clasps to the Canadian Forces Decoration. Receiving a Second Clasp to his CD is MWO Frank Ott who has completed 32 years of service. Sergeant

Ray Johnston and WO Bob McKay, recipients of First Clasps, look on. Missing from the photograph are Sergeants G. R. Gagnon and C. R. Mason, who have been awarded First Clasps. The presentations are made by Major S. Beaudoin, Detachment Commander 401 CFTSD. **Base Photo**

Why The Canadian Forces?

By LCol W. N. Russell

Editor's Note: Beginning with this issue and continuing for three installments we are reproducing an article written by LCol. W. Neil Russell, CO of 436 (Tusker) Squadron, which we feel will be of interest to all readers. It is pointed out that the article represents the author's personal viewpoint and does not

necessarily reflect official DND policy.

Ottawa (CFP)— It has always been difficult for the professional serviceman to keep himself completely motivated during periods of prolonged peace. Certainly he enjoys his day-to-day work, the satisfaction of a job well done and the comradeship of service

life. But he is hurt when his civilian friends ask, "Yes, but what do you do?". He can't help doubting his value when the size and effectiveness of his organization keeps decreasing. He becomes discouraged when the news media stresses the importance of cutting government spending and questions the policies he works so hard to support. In short, he is bothered by the question: "Am I really doing something worthwhile?"

During 21 years of service I found myself asking the question so many times that eventually, for my own peace of mind, I began reading and analysing. If you also doubt your worth, or if you wish some arguments to use on doubters, perhaps the results of my analysis will help you.

NOT "NATIONAL DEFENCE"
If it were wartime, the topic See **WHY?** page 9 col. 4

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"Everything in Housing"

Jogging Award



Capt Doug Cantley of CFANS is presented the linen scroll and red and white seals by Col M. D. Gates. The linen scroll with the red seal is for the first 1,200 miles, and the white seal is for the second 1,200 miles of jogging.

Capt Cantley, son of Mr. and Mrs. D. H. Cantley of Gleichen, Alberta, began jogging in the fall of 1973. He ran 300 miles over the winter months. In the spring of '74 he took jogging seriously and by mid December of the same year had attained mileage enough not only for one, but two seals — a total of 2,400 points, within the two-year limit for one seal.

Capt Cantley has tallied about 550 miles to date toward his third seal.

Base Photo

The Award Program

(CFAO 50-1)

The program commenced on 8 Jan 73. To qualify for the Canadian Forces Physical Fitness Award for Aerobic Excellence an individual must:

- over a period of two years or less obtain 1200 "units" from participation in aerobically oriented activities; and
- obtain the fitness category of "excellent" in each of the semi-annual physical fitness evaluations required by para 42 of the order during the period of accumulation of qualifying units.

Qualifying Units

Qualifying units may be earned as follows:

Activity	Performance	
	Standard	Value
a. Swimming	750 yards	1 unit
b. Jogging	1 mile	1 unit
c. Cross-country skiing	1½ miles	1 unit
d. Snowshoeing	1½ miles	1 unit
e. Skating	2½ miles	1 unit
f. Walking	3 miles	1 unit
g. Bicycling	6 miles	1 unit

A minimum of one unit per exercise session must be obtained before the performance can be recorded in support of the program. No part units per exercise session shall be recognized or accumulated.

Units may be accumulated by participation in one or any combination of the activities listed in para 2. Personnel may accumulate units through participation in one or any combination of individually selected activities, formal fitness training and compulsory fitness-programmed activity.

Awards

Awards will take the following form:

- Linen-scroll with red seal for the first 1200 units attained.
- White seal for the second 1200 units attained.
- Blue seal for the third 1200 units attained.
- Bronze seal for the fourth 1200 units attained.
- Silver seal for the fifth 1200 units attained.
- Gold seal for the sixth 1200 units attained.

Met

The first Basic Met Tech Trade Course (TL3 7402) to be conducted at CFB Winnipeg has graduated. Col M. D. Gates, Base Commander, presented certificates to the 17 graduates during a parade held in Building 21 on the 14th of March. While all aspects of the training have yet to be evaluated, it appears that our facilities here were much superior to those we had at our former location (a condemned Second World War H - hut at CFB Trenton). In addition to our own building, the other base facilities appear to be superior and more conducive to looking after the well-being of trainees. The students were well motivated and the staff agrees that the 17 graduates were, as a whole, one of the better classes to pass through the School in years. The instructors, graduates, and base support personnel who contributed in any way are to be congratulated.

News travels fast, with the graduation of TL3 7402 came a brief respite from training at the School, and sure enough someone at CFB Moose Jaw heard about it and cried for help to ease their present staff shortage. So MCpl Bryan Silverthorne was off on TD for a few weeks to see them through their crisis. Have a good time back at your old stomping grounds, Silver.

Also away on TD were CWO Moe Blais and Sgt Jacques Gravel on a SIT-6 course at CFB Borden, and Mr. Pat Dillistone has been checking out our next bunch of Meteorologist students at the Atmospheric Environment Services (AES) Training Division in Toronto.

Our Acting Commandant, Mr. Paul Kowal, has been away twice on AES job interviews. Once to Toronto fighting to keep his present position, and the second time to Ottawa trying for a better? one at NDHQ. We don't



know whether to wish him luck on his first interview or his second.

Our curling rink in the Intersection League captured the "C" Event trophy and are now taking part in the playoffs for the league title. Well done fellas. To prove that we had a democratic curling team, we decided last fall,

that we would rotate our curlers each game so that everyone would have an opportunity to play each position — lead thru skip. It worked fine, except that one oddity developed over the season. It seems that there was one staff member who could only tear himself away from duty on the week that it was his turn to skip. Quite a coincidence.

WO Gord Inglehart's timing was perfect on our sleigh-ride. We just managed to get it in before the big thaw set in. It was quite a success and we recommend it to any section planning a party — next winter that is. Many thanks also to the BMetO, Norm Taylor and his lovely wife Gill for hosting the very enjoyable post-ride party. The prairie winter finally

Memos

started taking its toll on our aged eastern cars, as I notice MCpl Pat Walton's resting comfortably up on blocks in his backyard, WO "Mac" McLean's sporting a rebuilt transmission and a few others labouring VALIANT-ly along.

At one point last week we had, out of a total strength of 14 bodies, two personnel away on SIT courses, three on TD, one on parade, and three on a First Aid course. Of those remaining, four of us had to do our thing in the inter-section curling playoffs. Luckily we had not course in residence, and Maddy our Secretary isn't the lonely type(ist).

When our prodigal sons return, we will be only too happy to take up the CFANS challenge of a wee curling competition as put forth by their resident tourist Maj Bob Sheppard.

It's the time of year to pull out the old golf clubs and clean off last year's mud. Ideal golfing conditions are temperatures +10°C to +25°C, winds under 30 kilometers per hour, no millimeters of rain falling, the greens should have one centimeter of grass, the fairways 3 cms and please no more than a meter in the rough. Don't be discouraged by the fact that your normal 250-yard drives will not be only 228 metres, they're still travelling just as far from the tee.

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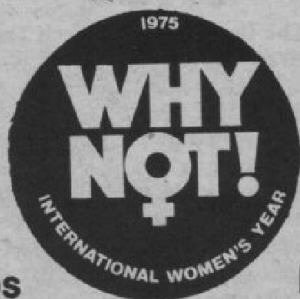
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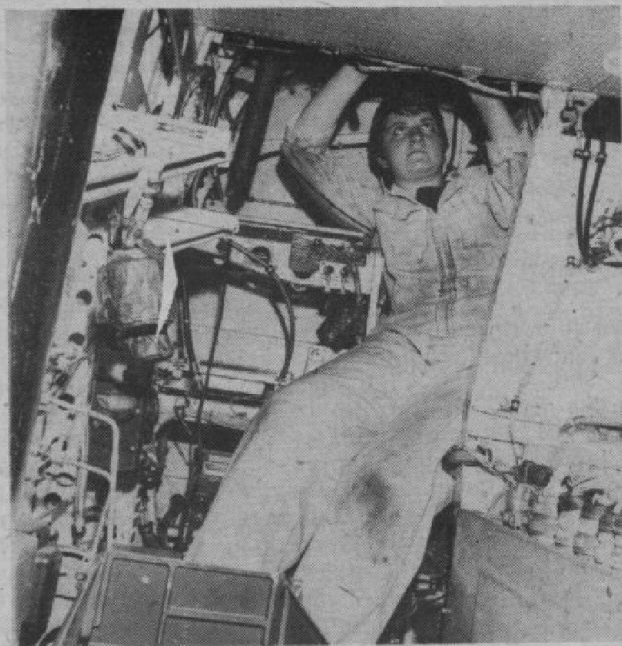
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CF Women



photos

by DND



BORDEN, Ont — Private Joan Steffler, R.R. 2 Carstairs, finds it is a tight squeeze working in a Tracker aircraft during training at the School of Aerospace and Ordnance Engineering, Canadian Forces Base Borden, Ont.



BORDEN, Ont — Private Joanne Riel, 1 Ashwood Ave., Crystal Beach, gets her first look through a stereoviewer during training as a photographic technician at the School of Aerospace and Ordnance Engineering, Canadian Forces Base Borden.



BORDEN, Ont — Master Corporal Peter Guindon of Ottawa helps Private Bev. Beale of 56 Barbara St., Trenton, with the hydraulic system of a Tracker aircraft landing gear at the School of Aerospace and Ordnance Engineering, Canadian Forces Base Borden, Ont.



BORDEN, Ont — Private Nora Sage, 97 Kent St., Campbellford, packs a pilot's parachute during training at the School of Aerospace and Ordnance Engineering, Canadian Forces Base Borden, Ont.



BORDEN, Ont — (Left) Officer Cadet Christine Tedley, 1 Melrose Ave., Brantford and Lieutenant Elaine Hann of Freshwater, Nfld., work in a radar target generating room during training as air traffic controllers at Canadian Forces Base Borden.



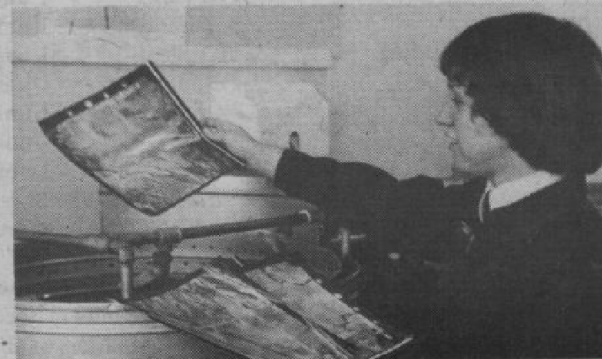
BORDEN, Ont — Private Vicki Wheeldon, 3601 Cedar Drive, Prince George, checks inspection card after packing parachute during training as a safety systems technician at the School of Aerospace and Ordnance Engineering, Canadian Forces Base Borden.



BORDEN, Ont — (Left to right) Instructor Sergeant Armand Gilbert gives Privates Valarie Batte, 206 Huron Street, Walkerton, and Judy Hallett of Mississauga, Ont., first lesson on aircraft oxygen systems at the School of Aerospace and Ordnance Engineering, Canadian Forces Base Borden.



BORDEN, Ont — Lieutenant Denise Proulx, 1875 Prefontaine, Montreal, works in a radar target generating room during training as an air traffic controller at the School of Aerospace and Ordnance Engineering, Canadian Forces Base Borden, Ont.



BORDEN, Ont — Private Wanda Beaudoin, RR Coldwater, washes photo prints during training at the School of Aerospace and Ordnance Engineering, Canadian Forces Base Borden.

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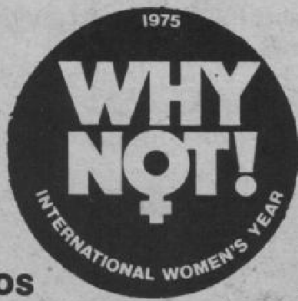
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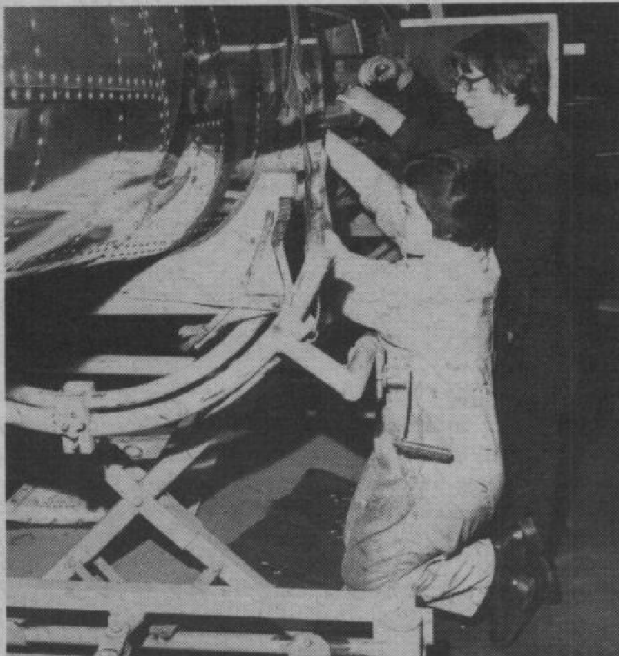
by DND



BORDEN, Ont — Lieutenant M.P. Larouche, 299 Kerovack, Arvida, is checked out on air traffic control procedures in an airport control tower mockup at the School of Aerospace and Ordnance Engineering, Canadian Forces Base Borden, Ont.



TORONTO — Captain Gene Irwin instructs Private Sandy Fair, 21 Frank Street, in flight procedures at the aircraft control tower, Canadian Forces Base Toronto.



BORDEN, Ont — (Left) Privates Jean Williams of Foxwarren, Man., and Sarah Francis of Petites, Nfld., work on a Tutor aircraft at the School of Aerospace and Ordnance Engineering, Canadian Forces Base Borden, Ont.



BORDEN, Ont — Private Roch White of 20 Hillview Ave. watches as Private Karen Labrosse of North Bay, Ont., is fitted with a pilot's helmet by Sergeant Armand Gilbert during oxygen systems training at the School of Aerospace and Ordnance Engineering, Canadian Forces Base Borden, Ont.



BORDEN, Ont — Corporal Ken Hicks (right) of 2422 Albert Ave., Saskatoon, an airframe instructor at the School of Aerospace and Ordnance Engineering at the Canadian Forces Base Borden, teaches two young servicewomen the hydraulic system of an aircraft landing gear.



BORDEN, Ont — Master Corporal Ola Godin of Val Comeau, an instructor at the School of Aerospace and Ordnance Engineering, watches as Private Patsy Blenus of Canning, N.S., packs a parachute during training as a safety systems technician at Canadian Forces Base Borden, Ont.



BORDEN, Ont — (Left) Privates Heather McCoy, 26 Summer St., and Judy Sullivan, 1 Sproule Rd., load aerial camera magazine during a training assignment at Canadian Forces Base Borden, Ont.



BORDEN, Ont — Privates Lorrie Brooks (left) of Freelon, Ont., and Diane Krukewich of Edmonton, Alta., get their first lesson on aircraft oxygen systems from Sergeant Armand Gilbert, instructor at the School of Aerospace and Ordnance Engineering, Canadian Forces Base Borden, Ont.



BORDEN, Ont — Private Lynda Nye of Rosthern loads aerial camera magazine during training as a photographic technician at the School of Aerospace and Ordnance Engineering, Canadian Forces Base Borden.

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'ALL COMFORTS'

Westwin Olympics

The Westwin 10 year old Olympics have finished their regular season and playoffs, and are now looking forward to the upcoming tournaments. Although they did not fair too well in the playoff, they did finish fourth in a nine team league for the season. They played a total of 35 games (regular season, and playoffs) and won 19, lost 12, and tied 4. Dale Woodhouse, the goalie, had a 2.83 average for 31 games. The Weswin team has greatly improved and should be a tough opponent during the upcoming tournaments.



The Westwin 10-year-old Olympics are, left to right: Front Row (sitting) - Ronny Porter, Bobby Thevenot, Dale Woodhouse, David St. Denis, David Easton, Paul Burges; (standing) - Kevin Skilliter, Peter Habel, Kevin Larson, Michael Way, Bryan Lawless, Kenneth MacWilliam, David Picken, Bradely Paproski, James Irvine, Craig MacDonald. Coaches: Al Skilliter, Don St. Denis. Missing from the picture: Michael Tanner.

MOVE

continued from page 2

Distance	Days	Meals	Lodgings
1-450 miles	1	3	Nil
451-800 miles	2	6	1 night
801-1150 miles	3	9	2 nights
1151-1500 miles	4	12	3 nights
1501-1850 miles	5	15	4 nights
1851-2200 miles	6	18	5 nights
2201-2550 miles	7	21	6 nights
2251-2800 miles	8	24	7 nights

One thing you can't claim are speeding tickets so watch your heavy right foot and drive carefully.

What about lodgings? You asked for it - another table -

Member & Dependents OR	Unaccompanied Dependents	Amount
1 - 1		\$14.00 + tax
1 1 - 2		19.00 + tax
1 2 (one under 12)	3 (one under 12)	22.00 + tax
1		
1	1	\$14.00 + tax
1	2	19.00 + tax
1	2 (one under 12)	22.00 + tax
1	2 (over 12)	33.00 + tax
1	3	38.00 + tax
1	4	41.00 + tax
1	5	44.00 + tax
1	6	48.00 + tax
1	7	58.00 + tax
1	8	63.00 + tax
1	9	66.00 + tax

Note: Receipts are required.

If your family is not covered by this chart then we will see that you get counselling on family planning... as late as it may be!

For any length of time beyond 21 days we all know that you need NDHQ approval. However, do we all know that you must attempt to find suitable accommodation that has cooking facilities. If such accommodation is not available, then your claim must state that an attempt was made to find such accommodation and be signed by your CO. After you do all this then you will get half the rate for meals that you had received for the first 21 days. If you think that this is poor then just see what happens if you do not attempt to find such accommodation. You get nothing for your meals and that does not buy too much. The choice is yours not ours.

Motels/hotels that do have such facilities in our fair city are the Village Inn Motor Hotel (Portage & Westwood), the Amazon Motel (3125 Portage Avenue), and the Mather Motel (2672 Portage Avenue).

So you have relatives to sponge off all across the country - well, that presents no problem. For noncommercial accommodation you get \$6.00 for yourself and your first dependent and \$1.00 for each additional dependent to a maximum of \$10.00.

How do you eat? The member and each dependent over 12 gets \$10.25 per day and your tiny tots who are under 12 years of age (even though they eat more than you do) get \$5.25 per day. These rates are due to increase at any time so keep on smiling.

Of course you also get your incidentals. While you are in interim lodgings you get a flat rate of \$3.00 per day, and while you are in travel status you get \$3.00 and \$1.00 for each dependent.

This pretty well covers your entitlements for a move except of course for the piece de resistance - the Movement Grant. This deserves another table:

LCol and above	\$500.00
Maj, Capt, Lt (CFR), CWO MWO, WO	400.00
Lt, 2Lt, O/C, Sgt, MCpl, Cpl, Pte	300.00

Now that is easy to take. Of course all you swinging singles out there do not qualify. You may be reimbursed for your actual and reasonable expenses incurred as a result of the move not exceeding \$150. if supported by receipts. We know that it is not fair, but we do not make the rules we just enforce them. Sorry!

You say that moves still confuse you. Well don't feel bad, we don't.

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TC Band - Carpathia Concert

Cadenza

By Sergeant L. Crawford



An enthusiastic audience responds to the question "who knows from what TV show that last song comes from?" as asked by MWO Roberti during the TC band concert at Carpathia School on 27 Feb 75.

Base Photo



Ouch - that hurts! It appears that an enthusiastic guest conductor gets to the "eye" of the problem as he receives a helping hand from MWO Roberti during the Carpathia School Band Concert.

Base Photo

On 27 Feb 75, as part of the school concert performances, the TC Band played at Carpathia School which provides the elementary schooling to many of the South Site PMQ children. The concert here, as elsewhere was extremely well received.

In appreciation for the concerts, many letters have been received by the band from numerous schools. One such letter follows:
Room 14 Carpathia School 300
Carpathia Road Winnipeg, Manitoba
February 27, 1975

Dear Mr. Roberti,
I really enjoyed your performance and hope you can come again. You were really unbelievable. I am sorry some of the band had the flu? Here is a poem I wrote just for you.

THE BAND
The band can play loud,
Or as soft as a cloud,
Your music is great,
I'll open the gate,
And let your band in,

Then turn the lights dim,
Then you'll play your song,
And we'll all sing along.

Thank you for coming.

Your friend,
Margaret Bridges

Our season of school concerts has at last come to an end. Thousands of kids during our 2½ month tour of local schools saw the T.C. Band perform for them. From the letters received from students and faculty alike, it would seem we were a success again this year.

The band is beginning its gearing up for a busy summer as changes in program indicate a

performance for a church service sometime in the near future.

Leave is coming up for most of our members as this goes to press so little sound will emit from the building at the end of Sharpe Blvd. for a couple of weeks.

The mention in last VOXAIR concerning a possible Band Nite was apparently somewhat premature. More about this, if it materializes, at a later date.

WHY?

Continued from page 4

question would be superfluous. As in the past, if Canada were threatened by a foreign power every citizen would quickly join the effort. Today, however, no nation seems about to attack...and if one did, there is little doubt that our powerful neighbours to the south would quickly help us repel it, for the United States could never allow a hostile power to occupy Canada. Strange as it may seem therefore, "National Defence" in the normal sense of the term, is not a prime aim of the Canadian Department of National Defence. This, therefore, makes the title question all the more intriguing... "Why does Canada maintain Armed Forces?"

SELF RESPECT

The first reason in my view is "self respect". Since the second world war we have been living in a period of tension. It is a sobering thought that as you read this article the USSR on one side and the United States on the other, have, on instant readiness, powerful nuclear weapons which, if unleashed, would obliterate everything which you have worked so hard to build up. There have been many wars since 1945 but thankfully those nuclear weapons have not been unleashed. The main reason has been the balance of power.

Canada contributes to the balance of power through participation in North American Air Defence (NORAD) and the North Atlantic Treaty Organization (NATO). Our participation is not mandatory. It is doubtful if the scales would suddenly tip if we were

to remove our weight. But we have benefitted greatly by the period of peace. Because of our geographical position between the two major nuclear powers, at all costs we must avoid a direct confrontation between them. Canada has the available manpower and other resources; therefore, we should contribute to maintaining the balance of power... for our own self respect.

NATIONAL SOVEREIGNTY

This subject is closely connected to self respect. No nation can truly call itself independent unless it has the capability to control its own territory. Now, as previously stated, the objective is not to "defend" Canada in the normal sense of the word. No nation seems about to attack and by ourselves it is doubtful that we could do much about it anyway. At the same time we should have the capability to patrol over our vast territory and, if required, to land a military force on the remotest Arctic islands. We must be able to deter foreign aircraft from freely overflying and we must be able to say to foreign vessels "You shall not freely fish, nor pollute, our territorial waters".

Consider too Canada's geographical and economic relations with the United States. Many citizens are just now beginning to realize what our planners and statesmen have known for years, that Canada must keep reasonably strong air and maritime defence forces or else the United States would move in to supply them for us. Where would our self respect and sovereignty be then?

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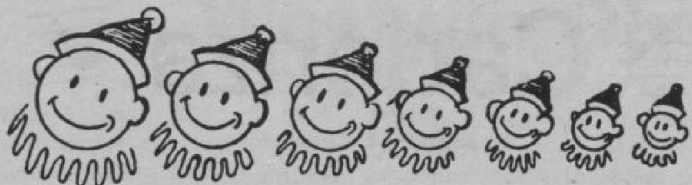


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Laughing at Ourselves by John Semeniuk

PASSION PASS: A Canadian Forces Private requested two days Annual Leave which was to commence immediately. When asked why the sudden need for leave, he replied that his wife (who was also in the Canadian Forces) had just been promoted to Sergeant. "I'm happy that your wife has been promoted, but that is not sufficient enough reason to grant you leave and thus leave your section shorthanded," stated his superior. "But Sir," pleaded the Private, "I want to do something all Privates have dreamed about ever since they've joined this outfit!"

WISH I'D SAID THAT: Herman Wouk (American Scholar and Novelist) - "Income tax returns are the most imaginative fiction being written today."

EGO-TWISTS: Upon receiving his pink dismissal slip, the irate employee rushed into his boss' office and said, "What do you mean I'm fired? I thought slaves were sold!"

TEEN THEME: In a museum, two teenagers were viewing an Egyptian mummy that had a placard on the case which read, "2500 B.C." "What does the sign mean?" asked one of the youths. "That's probably the license number of the car that hit him," replied the other.

ARTFUL DODGER: "Mom, you'd better come quick. I've just knocked over the ladder at the side of the house!" shouted a 10-year-old. "I'm busy," hedged mother, "Tell your father." "He already knows," replied the youngster, "He's hanging from the edge of the roof!"

FROM SEX TO SIXTY: Mrs. Wolfe found her husband packing and asked him where he thought he was going. "To Ottawa," replied Mr. Wolfe defiantly, "I read in the papers that men are so scarce, women are paying five dollars for each loving!" "Be sensible," said Mrs. Wolfe, "How in the world are you going to live on ten dollars a month?"

THE LONG & THE SHORT OF IT: The Vatican Library in Rome has a bible that is two feet thick, and another that is one inch square. A wag (visiting the library) explained to his wife that the large bible contained everything that Eve said to Adam and the small bible contained everything that Adam said to Eve.

A TURN FOR THE VERSE: Betty Battle bought some butter "Baw," said Betty, "This butter is bitter" So, Betty bought some better butter She mixed the better butter with the bitter butter Thus Betty made the bitter butter better. (ANY QUESTIONS?)

The rhythmic tones of an auctioneer's voice echoing in the hallowed halls of Ye Old WOs and Sgts' Mess? ... seems incredible, but it happened. No we aren't bankrupt and had to sell bed and board to keep our heads above the sea of red ink, it was only the second annual Associate Members' Gigantic Auction which was held Sunday 16 Mar. This event was well organized, smoothly conducted, and immensely enjoyed by the huge crowd in attendance ... the Associate Members are to be commended for their efforts. Mr. Jim Duff, the auctioneer, was in exceptionally good voice and his spirited, humorous selling pitches did much to make the event the success that it was. Retail price of each item to be auctioned was announced before bidding began, and the auctioneer would not let anyone bid over the retail price. Some of the items auctioned were: a hundred and twenty-five dollar annual passes to the race track (Assiniboia Downs) which sold for some thirty odd dollars, a seventy-five dollar voucher toward the purchase of a new rug (which was attained by a low bid), a number of wrench, and socket wrench sets, an interior car warmer and other car accessories (including two first-line whitewall tires), an electric drill, a radio, a toaster, two fire extinguishers, food products, clothing, books and many other items. The proceeds go to the "Timmy Fund" for Crippled Children - a most worthwhile cause. Our thanks to the Associate Members for a job well done.

The Shamrock had to be a little bit greener, Leprechauns more gleeful as Irish Eyes smiled and Irish hearts were very happy indeed at our Annual St. Patrick's Dance (15 mar). A "grand time" was had by each and every member of the huge crowd that attended. Thank you mother for prevailing upon father to attend ... I knew that you'd enjoy yourselves.

A "Family Day" is scheduled for 6 Apr commencing at 3 p.m.

There will be games for the children and a puppet show. Dinner will be served commencing at 4 p.m., followed by a Bingo at 6 p.m. Cost is \$1.50 per person. Should be a "Fun Time" for the whole family.

On 12 Apr, there will be a "Games Night" (darts, crib, euchre, etc.) followed by a dance. Starting time is 8 p.m. Admission is \$1.00 per person.

A Mess Dinner will be held on Friday 18 Apr. Further data on this will be issued through the usual channels.

The jackpot was not won at our 8 Mar Bingo; hence the 19 Apr Bingo will have a jackpot of \$250 in 56 numbers. Admission is \$1.50 per person with extra bingo cards selling for 25 cents. Food, as usual, will be served following the bingo.

On the 26 Apr, a Dining-In Night (honouring a few retiring members) will be held. Cocktails at 7:30 p.m., dinner commencing at 8 p.m. with hips of beef as the main course. Dinner will be followed by dancing to a live band. Plan to make an evening out of it and give the "better half" a break from the kitchen. Admission is \$10 per couple.

The following is a resume of the forthcoming entertainment events:

- 27 Mar - "TGIF" (Thank God it's Thursday)
- 4 Apr - "TGIF" (Mess Dinner rescheduled to 18 Apr)
- 6 Apr - "Family Day" - Children's games, puppet show, dinner, bingo, commences at 3 p.m. Admission is \$1.50 per person.
- 11 Apr - "TGIF"
- 12 Apr - "Games Night" - Darts, crib, euchre, etc., dancing after the games, \$1.00 per person. Commences 8 p.m.
- 18 Apr - "Mess Dinner."
- 19 Apr - "April Bingo" - jackpot \$250 in 56 numbers, food, \$1.50 admission, 25 cents extra cards.
- 25 Apr - "TGIF"
- 26 Apr - "Dining-In Night" - Cocktails 7:30 p.m. Dinner (Hip of Beef) 8 p.m., dancing to a "live band," \$10 per couple.

From the Grooves by Mark Cyluck

Ask a musician what he knows about Les Paul! To the younger generation it means a great guitarist, probably surpassed by none. To the older crowd, Les Paul was a man who was told he would never learn music - by his piano teacher, he was a background musician for Bing Crosby, Rudy Vallee and the Andrew Sisters. The man who invented the electric guitar, a man who ran an illegal radio station from his basement until he put a thousand volts through his body. Yes, he is a lot of different things to many people and much more also.

"Les Paul and Mary Ford" are together once again while "the World is (Still) Waiting For the Sunshine" on Capitol Records (ST-11308) reviving their original tunes of the thirties to the fifties. Here-in are several tunes which even I remember hearing at one time when I was much younger, songs like, "Whispering" (March 1951), "How High the Moon" (probably was a song Les wrote to show just how high his ambitions were). The thing is that HE MADE IT! "The Best Things In Life Are Free," absolute truth taught in simply lyrics, now if only everyone could just realize the fact.

Here are numbers that modern guitarists should listen to, just to prove that one who plays electric guitar does not have to be loud or noisy. "Bye Bye Blues" is one of those pieces that one should remember and one that makes you just want to get up and move around the floor. Definitely no blues here.

The inventor of the harmonica holder (made from a coat hanger) shows his impressive ability here to be very apt at playing some great blues numbers like: "Deep In The Blues," I am sure most everyone will recall the words of "Vaya Con Dios" (Go with God).

Other memorables are, "How Deep Is The Ocean?" "I Really Don't Want To Know," and "I'm Forever Blowing Bubbles." There are several more besides.

Who says I don't have an appreciation for music of the thirties?

Lipsett Pool Schedule

The following evening program will be in effect commencing Monday 17 March 75 until further notice:

Mon.	1800-2000	Open Swim
	2000 - 2030	Family Only
	2030 - 2200	Bronze Medallion
Tues.	1900 - 2000	Adult Swim Class
	2000 - 2200	Scuba Club
Wed.	1800 - 2000	Adult Swim Class
	2000 - 2200	Deaf Programme
Fri.	1800 - 2000	Open Swim
Sat.	0800 - 1000	Snorkel
	1000 - 1600	CRCS Classes
Sun.	1300 - 1600	Open Swim



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Challenge Hockey



Team members playing in the Challenge Cup hockey match were:

FRONT ROW (L to R): Garth Walker, Bob Trainor, Team Captain Kerry Stevens, Pete Delorme, Mike Parent, Don Purdy.

BACK ROW (L to R): Reg Landry, Tom Binns, Art Schoenroth, Ron Thompson, Bob Landry, Bugs McDonald, John Swanson, Tom Taylor, Jim Alkins, Don McLean, Wayne Dobson, Tim Badour, Coach - Harry Moe.

Base Photo

SPORTS

VOXAIR

Granny Spiel

On Mar 12, 1975, the first Granny 'Spiel was held at the Westwin Curling Club.

There were 16 grandmothers on the ice curling, all members of the CFB Ladies League.

The youngest grandmother, Lynn Thompson, and the oldest grandmother, Isabel Holt, received magnetic refrigerator decorators - mice and cats.

The winning team was skipped by one of CFB Ladies longest members, Mary Ling. Mary was headed up by, lead Donna Simpson, second Beryl Young, and third Norma Taylor. The winners received beautiful curling pins with a jade stone inset.

Wine and cheese was served.

Congratulations to Jackie Ridley, Mary Ayres and Leila Farrell for a well organized afternoon.

Badminton

Badminton Buffs: Here is your opportunity to narrow the generation gap as you test your badminton skill. Westwin Badminton Club will host the annual Junior-Senior Badminton tournament on April 4, 5, 6 at Lipsett Hall, Kenaston and Grant Ave.

Entries are open to all badminton players, but each team

must consist of a Junior player and a Senior player. Events will include Ladies' and Men's Doubles and Mixed Doubles; each event will have a Consolation draw.

Entry deadline is Thursday, March 27. Please forward entries to: Mike Semeniuk, 277 Ubique Crescent, Winnipeg R3N 1W3, or telephone 489-6973.

Intersection Hockey

The 1974-75 Inter Base League has drawn to a close after a most successful season of excellent recreational hockey.

Each of the four teams played a total of 22 games in a round robin series with the Canucks taking first place with a total of 31 points.

In the Semi Final playdowns we found the Canucks taking on the Braves and defeating them two games straight in the best of a three game series 8-2 and 3-2. In the other half of the Semi Finals we saw the Arrows and the Dolphins going the limit with the Arrows taking game one and Dolphins the last two 6-5, 5-4 and 7-6.

This found the Canucks and the Dolphins in a best of three game finals.

The Dolphins took Game 1 by defeating their opponents 2-1, but

the Canucks came on strong and took the remaining two games 3-2 and 7-0 to emerge the League Champions.

Congratulations to all players, coaches and managers who assisted in making the 1974-75 season a most successful and enjoyable year.

A vote of thanks should be in order for the thankless duty of refereeing all league games which fell largely on the shoulders of Sgt Ted Barton and Sgt Stew Hamilton who were ably assisted on occasion by LCol Whitten (League President) and Capt Vic Bartlett from the Recruitment Centre.

To the victors a most hardy congratulations and the losers, there is always next year. Hope to see you all at the awards presentation at 1830 hrs on the 18 Mar 75 at Bldg. 21.



Maj Pinsonneault BPSVCO presents Challenge Cup Trophy to CFB WINNIPEG Allstars Captain Kerry Stevens.

Base Photo

All star hockey looks like an annual affair at CFB Winnipeg.

On Fri 7 Mar 75 at 1215 hrs the 2PPCLI were on hand at the St. James Civic Arena to fulfill their challenge to the Base Inter-Section hockey league in an all-star match.

All-star representatives from the 2PPCLI Inter-Company League and the Base Inter-Section League did battle over 60 minutes with the Base All-Stars coming away the victors with a 4 - 2 score.

On hand to participate in the official ceremonies and take the initial face-off with guidance from their respective team captains were LCol R. I. Stewart, Commanding Officer of 2PPCLI and Maj L. M. Pinsonneault BPSVCO representing the Base Commander CFB Winnipeg.

The contest itself was some of, if not the finest hockey this author has seen at this Base during the past few years. There was definitely 36 players participating

in the game and each and everyone could be chosen a star. We can surely be proud of all participants not only in their playing ability but the way they showed their enthusiasm, team spirit and most definitely good sportsmanship. I'm sure this only goes to prove that hockey at CFB Winnipeg is not a dying sport.

Area One Bowling & Curling

The Area One Servicewomen's Bowling and Curling Championships were held at CFB Winnipeg 14-17 Mar 75. There were 38 competitors from CFB Esquimalt, Cold Lake, Penhold and Winnipeg.

The Bowling, which was a double round robin tournament was won by the team from CFB Cold Lake with 28 points, second went to CFB Esquimalt with 22 points; CFB Winnipeg was third with 20 points and CFB Penhold ended up in fourth place with 2 points.

Individual awards were won by Pte Diane Laidman of CFB Winnipeg. Diane rolled a 311 single, 737 triple and held a 202 average for the competition.

The Curling, a single round robin tournament was won by a CFB Winnipeg rink, shipped by Cpl Betty Jenkins. Other members of the team were: Diane Wright, Monique Levesque and Lucille Dion. The Jenkins rink went through the tournament winning all games. CFB Cold Lake was second with two wins and one loss. A second rink from Winnipeg was third with one win and two losses and CFB Esquimalt was fourth with 0 wins.

Following the Banquet at the Bonanza Sirloin Pit, Lt Col G. Whitten presented the Bowling Awards and Maj W Clay presented the curling awards.

Congratulations are extended to all winners and a special "thanks" to all score keepers, rink managers and alley attendants for all their assistance in the tournament.

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Service employees, DND employees, and their dependents will receive a special rate for non-commercial ads in the "For Sale", "For Rent", "Wanted", "Swap", and "Lost" classifications. The minimum rate will be 50c per insertion of 25 words or less, with an additional charge of 10c for each additional five words or less.

Payments must be made at the time the ad is submitted for publication. "Found" notices will be printed free of charge.

Ads may be submitted in person to the Editor Voxair, Bldg. 52, or by mail with payment enclosed. Ads must be received by 3 p.m. on the Wednesday prior to publication.

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FOR SALE

"G-E-M" ST. JAMES, WHYTEWOLD Rd. - stucco home 214-ft. lot x 50. Just 24-yr., 3 BR up. Clean, well kept. Gar \$4,000 more down \$38,700 asked. 837-6450 MacKenzies.

HOUSE IN WESTWOOD - 4 bdrm., 2-storey, close to school. Private, no agents. Phone 889-1697.

1973 DODGE DUSTER Sport 14,000 miles, 340, 4-speed, silver grey, stereo cassette, \$3,500. Call George at 575, after 6 P.M. 489-6372 or Al at 256-1535.

WANTED

ONE LAWN MOWER, electric or gas; one outboard motor, 2 1/2-5 H.P., neutral and reverse, short shaft. Phone 233-2116.

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PART TIME HELP WANTED for Snack Bars. Contact MCPL McDonald 832-6081.

FOR SALE

1973 MAZDA RX3 rotary engine - radio AM/FM, tach and mag wheels, only 17,000 miles. Asking price \$2,750. 1 pair boys North/Line skates, size 5. Worn only 1/2 dozen times. Phone 837-7079 after 6 P.M.

1 COMPLETE MEN'S CF greens size N20 \$10; 1 jacket CF greens (men's) size N20 \$5; 1 men's greatcoat size N12 \$15; 1 man's suit fits 42-46 \$20. Phone 832-2154 after 5 p.m.

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DO YOU NEED A babysitter? Just call the Service Family Information Centre's babysitting co-ordinator, Mrs. Janice Armstrong at 837-3359.

INCOME TAX PREPARATION by qualified consultant. Sgt D. Best PPCLI QM 1200-1300 hrs. daily or call 888-8509 evenings and weekends.

Protestant Chapel News

By Jim Kirby

The Lay Peoples Service of 16 March 75 of the combined Lay People of the North and South Sites was in my estimation a great success. For many of us who took part in the conducting of the

worship service, the experience was not only new, but exhilarating. As chairman of the planning committee I would like to take this opportunity to thank those Lay People who helped to make the service the success that it was. I would also like to thank the Padre's Office for the help I received in co-ordinating and background resource and actual leg work that had to be done.

COMING EVENTS

The Ladies' Guild is hosting a Movie Day at the Base Cinema during the Easter Break, on Wednesday, April 2. There will be two showings, 1300 hrs and 1500 hrs. This will be an excellent opportunity for Mom to take the kids out and see a show. The show for this year is Walt Disney's "That Darn Cat."

CLEAN, USED CLOTHING FOR ISMAILIA

Regarding the appeal in Voxair issue of 12 Feb 75, it would be very much appreciated if donations of clothing for this worthy project could be completed before the end of March. Parcels of clothing may be dropped off at Base Chapel (P) South Site, Base Chapel (RC) North Site, or call local 417 for pickup.

THOUGHTS FOR THIS ISSUE

A PRAYER FOR CONCERNED CHRISTIANS

DEAR GOD: We pray that you may accept us as your children. Please forgive us our mortal impudences, in thought and in deed, for which we are truly sorry. Open our minds, so that we may fully understand what you are telling us. Help us to tell our brothers and sisters Your truths which you have shown us. Teach us to love one another as your children, that we may all grow in Your Holy Word, and rejoice in Your Great Salvation, that we may offer You the worship of our hearts, and the obedience of our lives. We beseech You, to cleanse our society of its shortcomings, and that other nations, far beyond our borders, will hear Your Truthful Words. We humbly ask this through the same Jesus Christ our Lord. AMEN.

Chapel Services
PROTESTANT
SUNDAY SERVICES
South Site 10:00 a.m.
North Site 11:30 a.m.
CHOIR PRACTICE
North Site: Thursday Jr. (ages 7-14) 4:30 p.m.
Sr. 8:00 p.m.
South Site: Thursday Jr. 6:15 p.m.
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Arrange by calling the chapel office.
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Residence: 837-4986
Padre J.I. Mills
Office: 889-9173
Residence: 489-3231
ROMAN CATHOLIC
MASSES
North Site
Saturday 7:00 p.m.
Sunday 11:00 a.m.
Mon. - Thurs. 4:45 p.m.
South Site
Saturday Folk Mass 5:00 p.m.
Sunday 11:00 a.m.
Tues. - Fri. 4:45 p.m.
SUNDAY SCHOOL
North Site
Sunday 9:30 - 10:30 a.m.
South Site
Saturday 4:00 - 5:00 p.m.
BAPTISMS
By appointment.
MARRIAGES
By appointment
CHAPLAINS
Father E. Cremona
Office: 889-9173
Office: 832-1311 lcl 272
Residence: 888-1331

Ceramics Club

Well with all the enthusiasm that's floating around our club lately, how can we lose? Seems the Kiln worked overtime as we were a little back logged with all this ambition, it must be spring fever. Anyway, we are off and running again, I know patience is hard to come by sometimes, but a little goes a long way and I thank you all for hanging in there.

I want to put in a thank you note here. To Capt Weiss who has put in many hours of his time and hard work to obtain that NEW LOOK we are now sporting. Many, many, thanks Len for everything. Also, to Marlene, his wife, our treasurer (who I'm sure made Len scream silently this past few weeks when the word Ceramic was mentioned) for all the backing and terrific taxi service. A sincere thank you. So if any of you noticed the lights on at non-open times, we weren't pulling a swifty, just working.

The general meeting that was to be held on 23rd Feb, 1975 has been rescheduled to the 1st April 1975 in building 81 at 1930 hrs. We hope to see as many members as possible, please try and attend.

Welcome back to Ted and Ann Sallows; we missed having you around; glad to see you back. On behalf of the committee and members may I extend condolences to you both.

Our Teen class turned out to be a bunch of eager beavers; just can't keep them down. They're always on the move; keep up the good work kids, but please supply me with some roller skates and vitamins.

I sincerely hope that the enthusiasm I mentioned continues and that we can advance upward and onward, everybody keep up the good work, see you in the Clay Pit.

Just a reminder of our hours, Monday and Wednesday, 7 pm. - 10 pm.; Tuesday and Thursday, 1 pm. - 4 pm.; Sunday, Teens only, 1 pm. - 4 pm.

Citizen Honoured



Mr. Jack Newman of the Ness Kiwanis Courts was honoured on his 80th birthday at Our Lady of The Airways Chapel (RC) on Sunday, March 9th. Jack who is a World War I Veteran and a regular attendant at the Military Chapel in Westwin was honoured by the Congregation last Sunday when a special Mass was said in honour of Jack's birthday as well as towards his personal intentions and that of his good wife who is unable to get out of doors. Jack, a popular member of the community, was asked to cut a decorated birthday cake after the 11:00 a.m. Mass in the Chapel annex. Adults and children alike joined in to welcome Jack many more birthdays and good health.