

## Dec. 1 - 7 Safe Driving

The only thing one can say about traffic accidents in Canada, is that statistically, we do not have the worst record in the world. Unfortunately this is cold comfort because statistics cannot measure the pain of injury, the depression of economic losses, and the anguish of bereavement.

Safe Driving Week is sponsored annually by the Canada Safety Council from December 1st to 7th, and during the week we ask thousands of Canadians to help impress the safe driving week message on about ten million drivers. In 1973 there were 76 traffic fatalities during safe driving week which is a little more than half that of an average week — and about half of those 76 lives were lost in Ontario.

For Safe Driving Week, 1974, we are asking you to support our aim of reducing traffic fatalities. You can contribute by driving defensively and by using safety belts. Moreover, you can influence your colleagues, family and friends to follow your good example by adopting the precautions suggested in the messages of Safe Driving Week.

Your past support has been invaluable and we ask you to help make our streets and highways safer and more enjoyable for all Canadians.

Sincerely,  
Bruce Legge

## Rothmans Xmas Overseas

OTTAWA (CFP) — Rothman's Overseas Christmas Show will entertain Canadian servicemen again this year in Germany, Egypt, Cyprus and the Golan Heights. Headed by Art Director Alan Hanlon, the show will depart Trenton Dec. 19 and return Jan. 6.

Headliners for this year's show include comedian Dave Broadfoot, television's Allen Sisters, Quebec chanteuse Marie André, the Hollywood Blondes, a six-girl dance troupe and the seven-piece Garry Gross orchestra. Trumpeter Guido Basso, an orchestra-leader in his own right, also may be a featured performer with the orchestra.

Captain Cecil Brown of NDHQ and two sound technicians from the Ottawa-based 704 Communications Squadron will accompany the show.

The tour begins with two shows in the Lahr Centennial Club Dec. 21 and 22 and then moves to Ismailia, Egypt and the Golan Heights for shows Dec. 24, 26, 27 and 28. While in Ismailia, the shows will be presented in the 116 A.T.U. Hangar. Performances in the Golan, and those in Cyprus on Dec. 31 and Jan. 1, will be at sites yet to be determined. The last show will be given in the Baden-Baden Kurhaus Jan. 3, after which the entertainers return home.

This is the fourth successive year Canadian entertainers, under the sponsorship of Rothman's, have given up their own Christmas to bring their talents to servicemen overseas.

# Postair

December 4, 1974

CANADIAN FORCES BASE, WINNIPEG

Vol. 23, No. 24

## Message From The Base Commander On The Occasion Of His Transfer

Colonel  
C. A. LaFrance



*As I relinquish command of CFB Winnipeg, it is appropriate that I should reflect a few moments upon the events of the last few years.*

*On assuming command, I was particularly struck by the fact that the Base was manned by a fully dedicated group of professionals; time and again, I had occasion to see them perform particularly well in unusual or difficult circumstances. At the moment of my departure, I am happy to note that CFB Winnipeg is manned and led at all levels by men and women who can take in their stride every task which comes their way.*

*Although we face some uncertainties in the Canadian Forces today, I don't think we are very much different in this regard from many civilians. Be that as it may, we at CFB Winnipeg already know a great deal about the future posture of the Base: we have begun the phase-out of the faithful Dakota in its navigation training role, our plans for the acquisition of the C130 Hercules are already well advanced and the decision has been announced that instrument check pilot training will continue to be carried out at CFB Winnipeg. As a result of these decisions, the personnel establishment of the Base is changing. In their monitoring of personnel moves to meet the requirements of the Service, the COs, Branch Heads and Section Heads concerned have shared a common concern: to obtain the best possible appointments for the personnel involved, keeping in mind their career prospects and their own wishes. I can assure all ranks that the senior officers concerned take this responsibility extremely seriously.*

*It is a major commitment of CFB Winnipeg to provide support covering almost the entire spectrum of military activities, including every aspect of technical, administrative and accounting services. In these days of*

*scarce resources, it is difficult to provide a high quality of support while making economies; moreover, it has become increasingly difficult to assign meaningful priorities. Nonetheless, I continue to be impressed by the quality of the support provided by Base personnel and by the care everyone takes to husband resources. This has been demonstrated, not only by our excellent safety record in the air, on the road and in the workshops, but also in less obvious ways such as careful purchasing by Base Supply staffs, resourcefulness on the part of Base Construction and Base Maintenance Land personnel and in many other activities. As a result of this careful attention to detail, we have been able to continue providing a very high quality of support to all who depend on CFB Winnipeg in one way or another.*

*The Centennial Year of the City of Winnipeg has given us an ideal opportunity show how much we appreciate being part of this wonderful community. Our Centennial Armed Forces Days in the Winnipeg Arena, our participation in the Centennial Air Show, the many concerts of the Training Command band and our Stevenson Park project gave us opportunities to explain our raison d'être and to show that we are proud to serve Canada. Relations between civilians and service personnel in Winnipeg have always been cordial, but Centennial activities have opened new areas of cooperation between the knowledge that this close cooperation is in the best interests of our country.*

*My wife and I have been privileged to make many friends in Winnipeg and we regret very much having to leave them. In our next appointment at the Royal College of Defence Studies in London, we will bring with us fond memories of a delightful tour in Winnipeg.*

## Damascus Flights Go

OTTAWA (CFP) — Defence Minister James Richardson, fresh back from an 11-day trip to Cyprus and the Middle East, told the House of Commons Nov. 13 that UNEF flights in Canadian Buffalo aircraft between Beirut and Damascus will be resuming within the next few days.

A UN Buffalo was shot down over Syrian territory Aug. 9 by missiles. Nine members of the Canadian Forces were killed in the incident.

Mr. Richardson said that, "From conversations with the Defence Minister of Syria (Gen. Tlass) and his senior officers, I am satisfied that the tragic loss of the UN Buffalo aircraft on this route last August was an accident regretted by all, and was not an aggressive act directed against the United Nations."

He added that the resumption of the flights "... will greatly assist in the supply of the Canadian Peacekeeping Forces now living in the buffer zone on the Golan Heights."

Mr. Richardson said that his aircraft travelled over the same route to Damascus during his visit, and that he had "been assured that all future flights of Canadian or UN aircraft will travel in safety as far as the Syrians are concerned."

## Air Force 'Soldiers'

ISMAILIA (CFP) — Many believe that the air element of the Canadian Forces has always maintained an air of elegance which seemed to preclude such uncivilized trappings as sleeping bags, slit trenches or living under canvas.

116 Air Transport Unit, serving with the United Nations in the Middle East, has demonstrated to disdainful or envious land and sea element personnel, who share the same patch of sand here, that they can "soldier" with the best.

In fact, according to LCol Jack Tupper, who commands 116 ATU, this is the most unified example of an integrated force he has ever experienced.

"In Ismailia we are all working to the same end — logistic support, and no one goes home after the day is done." Everyone here shares the same frustrations of no hot water, living under canvas in the middle of the desert and we all swat the same hordes of flies.

After a while the lines begin to blur and what comes through are the people. Most people with the United Nations Emergency Force agree with LCol Tupper's conclusion. "It is the people you work with that make an experience I will always remember with pleasure," he says.

Sometimes the memories are not always pleasant, particularly for the veterans of 116 ATU. There used to be three Buffalo aircraft flying people, mail and supplies across the Middle East. One of them now lies scattered over a rocky plateau in Syria. Five members of 116 ATU and four other members of the Canadian

see AIR FORCE  
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## DILEMMAS OF MODERN MAN

respect and research should not be abused by politicians, as it was with the splitting of the atom.

Two significant developments which lend weight to Watson's words are "in vitro fertilization" (fertilization of the egg outside the womb... the much-feared test-tube babies) and "cloning" (the asexual reproduction of the living organism which could present us with the prospect of Einsteins or Hitlers to order).

In the past 18 months, three babies whose gestation began in test tubes have been born in Europe. The youngsters are reported as being healthy with no abnormalities. Sir John Peel, the Queen's former gynaecologist, has described this development as a "tremendous step forward in the treatment of selected cases of infertility."

So it is, but can it be abused? Could a mad dictator create armies of slaves in test tubes?

In his book *Brave New World*, Aldous Huxley described a situation where the genetic structure of the population was controlled to produce individuals specifically suited for their role in society.

Through cloning any number of humans could be produced identical to each other by removing the nucleus of the new cell and replacing it with an adult nucleus of the desired model. In this way, all the new cells would reproduce so that they looked exactly like the prototype.

Neither of these two developments has reached full maturity - yet. No artificial womb has been invented and cloning is still only possible in amphibians. But the day may not be too far off when these developments will take place.

Alvin Toffler, author of *Future Shock*, says new genetic knowledge "will permit us to tinker with human heredity and manipulate the genes to create altogether new versions of Man." Should we try to breed a super-race? Should all people have the same color of skin to eliminate racial strife? Should we control the sex of our offspring? Or should we strive for a world in which there is greater variety of people?

Says Toffler: "The emotional and moral choices that will confront us in the coming decades are mind-staggering." And later:

"The nature of what can and will be done exceeds anything that Man is yet psychologically and morally prepared to live with."

Genetics can be used for some very positive purposes. Women who find pregnancies difficult may never have to carry their children in their wombs.

Some genes are faulty and the misinformation carried in them can create and recreate diseases such as haemophilia and cystic fibrosis. In fact, up to 1,600 diseases have been traced to genetic causes and more discoveries continue.

In December of 1973 it was estimated that approximately 5-6% of all babies born have a genetic disease. These diseases can affect any system of the body and erupt at any time in life.

Phenylketonuria or PKU is an example of a genetic disease that may be eliminated by the use of genetics. When a child is born with PKU his body cannot absorb phenylalanine, an amino acid which makes up the proteins in milk and many common foods. It causes a progressive form of mental retardation.

By pricking the baby's heel at birth and testing its blood, it is now possible to detect the presence of PKU and prescribe a special diet low in phenylalanine. This therapy has already allowed many children to lead a fairly normal life. But further progress is possible.

By genetic screening many diseases can be detected even before a child is born. Parents can be told if a child will have an incurable disease. If he has, should the fetus be aborted or should the pregnancy continue? Again, a myriad of moral questions arise. Who decides whether the child will live... society, which may have to spend hundreds of thousands of dollars to support the sick child? Or the parents who are torn between love of the child and the real problems of coping with life?

Genetics is a possible means for ridding the earth of many tragic diseases. It may also be used to recreate a certain life, to breed a superior race, to subdue a minority group or to alter the genetic structure of Man altogether.

Knowledge and intelligent discussions are essential if Man is to benefit from these tremendous discoveries and not be destroyed by his own curiosity.

## Thank You!

We at the Indian and Metis Nursery School wish to extend our sincere appreciation to all who so generously donated to us during the last years' Christmas seasons.

During this festive season we are again attempting to bring some joy into the lives of the children, and would greatly appreciate any kind of donation (toys, clothing, etc.) towards our cause.

Donations may be made by calling Millie Ried, 489-7676, or Yvonne Monkman, 943-1501.

The parents, children, and staff of the school extend best wishes for the holiday season.

The Indian and Metis Nursery School, 590 Main St.

**NEXT DEADLINE**  
2 P.M. Wed.  
11 Dec. '74

# Legal Ramblings

By LCOL ARTHUR K. SWAINSON  
Assistant Judge Advocate General  
Headquarters - Air Defence Command

(NOTE: Generally, these articles are valid throughout Canada, although some are based on Ontario law. If acting on the contents of an article outside Ontario, ensure that the applicable provincial law is the same.)

### CREDIT CARDS - PART III

It seems that in every Province and Territory, except Manitoba and Alberta, you are responsible for charges made on your credit card between the time the card is lost and the time you notify the company, unless the company itself limits your liability.

In Manitoba, the card holder is limited to a \$50.00 liability, and in Alberta, oddly enough, the limit is \$50.00 if the holder notifies the company of the loss within a reasonable time. But, if notice of the loss is not given within a reasonable time, the holder is liable for the amount stated by the company in its contract.

One of the strangest aspects of lost credit cards applies to those

cards stolen from the mails. At an Annual Postal Users Conference in Winnipeg, Post Office authorities stated that there was considerable theft of credit cards and cheques from the postal system. The cards are taken from mail boxes in apartment buildings, at houses, and even from within post office facilities.

These cards are relatively easy to identify because of the distinct design or colour of the envelopes. If one of these cards is used immediately, it is difficult for the holder to prove that he did not receive it and, thus, could not give notice of its loss.

Under the Post Office Act, mailable matter becomes the property of the person to whom it is addressed when it is deposited in a post office. Therefore, according to law, you own the card when it is mailed, but most credit card companies state that property in the credit card remains in the company. This law is very vague.

see LEGAL  
page 6 column 1

## Parity Realized?

By G. E. ROBERTSON

It is no secret to any member of the Canadian Forces that there is a drastic difference in the Regional Costs of Living; or in other words, the varying costs of the same items in various locations throughout Canada, and the world.

As members of a highly mobile life style, we are subject to these varying costs perhaps more than any other member of any other organization. We, therefore, suffer more because of the differences in the Regional Costs of Living.

It does not require any vast insight to realize that housing in the Ottawa or Toronto area is much more expensive than that in the Moose Jaw or Winnipeg area. Nor does the difference in all other necessary commodities escape this insight.

But by just how much to these costs differ?

The major items of expenditure of the Family Budget, in descending order, are: housing, food, clothing, transportation, health and personal care, and recreation.

As one experiences the Regional Costs of Living

differences, it is found that each of these budget items varies across Canada by:


- a. housing - 51%
- b. food - 13%
- c. clothing - 8%
- d. health and personal care - 20%
- e. recreation - 9%
- and...
- f. income tax (provincial) - 12.5%

(these figures are based on the April 1974 release of Statistics Canada)

As one studies the Consumer Price Index for the compared centers, it is found that the centers with the higher costs of obtaining the budget items are the same cities in which these items' costs are rising most quickly. Therefore it can be concluded that the differences in the costs of obtaining the budget items will become even more diversified as one moves from center to center - (i.e.), the differences in the Regional Costs of Living will become greater.

The Canadian Forces recognizes the fact of these

see PARITY  
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In the event of a typographical error appearing in an advertisement, no goods may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charge for the advertisement in which error occurs.

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The Council of the City of Winnipeg at its meeting adopted the following resolution:

"WHEREAS on October 17th, 1974, Colonel C. A. LaFrance, Commanding Officer, and all Ranks of the Canadian Forces Base Westwin, made a presentation to the City of Winnipeg, in honour of Winnipeg's 100th Anniversary;

AND WHERE AS this presentation took the form of a framed picture of the W. W. II ship H.M.C.S. Winnipeg;

NOW THEREFORE BE IT RESOLVED that this Council accept with thanks this unique gift and extend to Colonel LaFrance and all personnel of C.F.B. Westwin the sincere appreciation of all Winnipeg citizens;

AND BE IT FURTHER RESOLVED that the picture be placed in the care and custody of the City Clerk for display in the City's Archives to be located in the new Centennial Library Building."



# 429 Sqn. Bison Brew

Howdy herd! Just to set the record straight — as the ANS Corner has always been noted for inaccurate reporting and false advertising — Supernav, sometimes disguised as Major Shepard, and his boys were humiliated (that's being kind) at the Officers' Mess Bonspiel by a score of 17-3 at the hands of the still crud champions and now curling experts of 429. Using their ingenuity and who knows what else, the Navs have retaliated by scheduling weekend details.

The Career Managers' briefing certainly reflected the uncertainty of the future in the Forces but they did let almost everyone know where they would be posted. The four pilots starting the January Hercules OTU and returning to 429 are Major Brown, Warren Everett, Csaba Hezely, and Hal Steffler. On the same course will be Art Jordan and Pete VanHaastreht, both destined for 436 Squadron in Trenton.

LCol Allingham, with a little help from Gord Johnston, bid

farewell to Dave Wood, Dave McCracken, and Leo Salminen (all posted) at our latest and most entertaining mug party. Jasper somehow managed to let everyone know between gulps that Leo stole his posting.

The squadron was involved in a SAR operation near Thunder Bay in November. It seems that Aime Boule finds travelling with Fred Woodhouse and Bob Landry a little trying on the system. Nevertheless, the search for the light aircraft continues.

Our new Ops man for the winter months is Dave Towns. The regular hours might fit in with the curling schedule but past experience has shown otherwise.

The Squadron Christmas Party is coming up on December 11. According to Gary Carter, the world's tallest, skinniest Santa Claus will be there to hand out the presents but then he hasn't seen what pillows can do. See you there.

So long!



## Patricia report



### PRIVATE OAKIE WINS TYRO TROPHY

Private D. D. Oakie, a member of the ASSAULT PIONEER PLATOON 2 PPCLI, has greatly distinguished himself in the field of rifle shooting during this past year. His recent efforts culminated in his winning the TYRO TROPHY for military shooting at CONNAUGHT RANGES, OTTAWA.

The Tyro Trophy is awarded to the highest scoring shooter who has not previously competed in the matches at Connaught.

Private Oakie began competition shooting only this last spring under the guidance of Sergeant Ed Kingston, coach of 2 PPCLI Rifle Team. He placed third overall in the 1 Combat Group (Calgary) competition and second in the Tyro category.

In Ottawa he topped the Tyro category with 489 points and was third in the grand aggregate with 669 points; only six points short of the Queen's Medal. Private

Oakie has consequently won an individual place on the Canadian Military Bisley Team for 1975 and should have an opportunity to demonstrate his shooting prowess overseas.

Also during his stay in Ottawa he competed in the Dominion of Canada Rifle Association Match. This is a competition open to both civilians and servicemen using high powered target rifles. Both Private Oakie and his mentor Sgt. Kingston were members of the Manitoba Provincial Team as well as representatives of 2 PPCLI.

Private Oakie is quick to credit good coaching towards his many successes, and rightly so; but it's the individual shooter who is under the final pressure and under those circumstances Private Oakie certainly produced. He has brought credit to himself, to his team, and to the battalion and deserves congratulations and best wishes for a promising future.



Pvt D. D. Oakie receives the Tyro Marksmanship Trophy from LCol R. I. Stewart, CO 2 PPCLI. Pvt Oakie, a member of the Battalion Assault Pioneer Platoon, is wearing the traditional Pioneer apron.

Base Photo



## CFANS news corner



Maj George Waite, CBO Project Supervisor, is presented the clasp to the CD by LCol F. C. Brittain, Commandant CFANS.

Base Photo



Capt Barry Morris, 7406XT, is presented the Canadian Forces Decoration by LCol F. C. Brittain.

Base Photo



The gentlemen pictured above have the distinction of being the last course to commence navigator training on the C-47 aircraft. They are: Back row, L to R: Capt Bujold, Capt deBellefeuille, Capt Biason, Capt Spencer; Center row, L to R:

Capt Nimmo, Capt Jones, Capt Szawara, Capt Kruger, Capt Page; Front row, L to R: Capt Pilon, Capt Mawhinney, Capt Deverelle, Capt Carragher, Capt Austin.

Base Photo

Tension mounts at ANS as 7404 and 7451 race to meet their Dec 20 graduation deadline. Will they fly DN31 in time? Will Chuck Langtry make his OTU? Will we fly Saturdays? See next issue for the answers to these cliff-hangers.

07 has settled into the Phase I routine. As you can see in the accompanying photo, 85% of this course have received CD's. All instructors are therefore advised

not to attempt to embellish the truth with these boys, they have been around.

Congratulations to Maj Wait and Capt Morris. LCol Brittain presented decorations to both of these officers last week. Hang in there, guys.

Results of the Nov 22 ANS

sports day were predictable. The students cleaned up again. Highlight of the day was George Sykes' All-Girl Volleyball Team. They did their best, i.e., cheated, but lost anyway. What this school needs is more spastic students; these defeats are becoming embarrassing.

### McKague Sigmar



Mrs. Pat Stadnyk

Mr. S. M. Sigmar, President of McKague Sigmar & Co. Ltd. is pleased to announce that Mrs. Pat Stadnyk has joined the McKague Sigmar organization.

Pat was born and raised in St. James and is a welcome addition to our staff. Pat Stadnyk invites her many friends, neighbours, military personnel, business associates and clients to call on her for their real estate needs at

McKague Sigmar, St. James/Assiniboia Branch Office. Call 889-3316 or residence 889-4178.

*Christmas  
Carol Festival*  
CFB Winnipeg 15 Dec. 74  
1400 Hrs.

*Featuring the Training Command Band and sponsored by the four Base Chapels, (RC) and (P).*

*The Annual Ecumenical Carol Service will be held in Bldg 21 (Sharpe St. entrance) at 2 p.m. on 15 Dec 74.*

*The program will begin at 1 p.m. with selections by the TC Band. At 2 p.m. the reading of traditional lessons and Carol singing will begin. An offering for the World Famine Relief Fund will be received, and refreshments served.*

*The public is invited to attend. Sharpe St. gate will be open at 1 p.m.*

The sight and sounds of Camp Charbonneau are changing as our first big influx of new Pinkies have arrived on the scene. Their new figures can be seen wandering around in a daze trying to figure out the abrupt change in their lives.

Included in our new arrivals is our new CO, LCol Lyle Coulter of Edmonton. On the 20th of Oct we held a change of Command parade when LCol Jack Tupper handed over the unit of Command to LCol Coulter. The parade was followed by a social affair and cocktail party where social graces were exchanged. The next morning our new CO could be seen walking around muttering "Why Me?" We said goodbye a few days later to LCol Jack as with a tear in his eye he left for Canada. All of us here wish Jack Tupper the Best of Luck and our thanks for his job here.

Thanks go to Mrs. Gloria Spencer, for her thoughtfulness in sending over the recent "Care" package.

With a number of people drawing near the ends of their tour, they have been taking advantage of the UN leave policy. Recently returned from Lahr and other areas are Pete Francis and



## Canal Capers in Ismailia

"Swampy" Marsh. Both looking refreshed, they found out that much of their hard-earned suntans seem to disappear down the shower drain.

A recent special ceremony was held here when one of our few Land element personnel was given a Certificate that deemed him an honorary "Pigeon" for the rest of the tour.

At another function held in October was the 20th anniversary of Capt "PJ" Graves entry into the Armed Forces, which was celebrated with birthday cake and a few pints of beer. Congratulations PJ, but tell us how someone with so many years could look so young!

116 received an invitation from our counterparts, the U.S. Navy, who are here on the Suez Canal clearing operation to join them in celebrating the anniversary of the U.S. Navy. Many of our members went down to be treated to a Bar-B-Q of good old fashioned Hamburgs and Hot Dogs brought in from State Side. Most came back with stomachs swollen and happy smiles on their faces.

New uniforms can be seen around the unit now as an Egyptian tailor down town has been turning out Jungle suits for some of our fellows. Most prominent in displaying the new suits have been Pat Colburn and Al Kelley.

With each month that passed, new pets and pests take their place within our unit. At Shams we had ants, at Ismailia we have had dragon flies and bugs resembling A.P.C.'s and now with an invasion of crickets each tent has a few pets of their own. Each night the 116'ers can be seen staking the pesky little varmints with brooms, hammers and fly spray in an attempt to get a quiet night's sleep.

Stay tuned for the next edition of exciting events direct from our Egyptian home



John Charbonneau presented with the clasp to his CD and congratulated on a job well done by Gen. D. E. Holmes.

## AIR FORCE

Cont'd from page 1

contingent lost their lives in the crash, a reality never forgotten by the men who still fly these skies.

But the task remains. Tel Aviv, Jerusalem, Cairo, Beirut, Akrotiri and Damascus are cities where needed supplies are stockpiled.

To pick up men, mail and material, the "Buffs" must negotiate complicated air corridors between hostile countries, knowing they are traced by missile control centres on both sides. Timings must be precise, along with exact low altitudes in areas like the Suez Canal, where they fly at 2,000 feet.

They have provided the United Nations Emergency Force in the Middle East with a needed flexibility in transport and the ability to react to priority needs with speed.

The results are impressive. In the last three months, the 54 men of 116 ATU flew 23 missions, hauling 421,982 pounds of supplies, 694 passengers and 15,284 pounds of that most precious commodity - mail. The pace has not slackened with the loss of one of three Buffalo's. 116 ATU just work longer hours.

In spite of difficulties, or perhaps because of them, 116 has won a host of fans. "This is the first time most of my men have had an opportunity to see up close how the air element work their side of the street," said LCol Harry Tudor, Commanding Officer of 73 Service Battalion.

"We have both learned a lot from each other, but what is more important, he says, we now understand each others problems."



116 ATU's canvas/compound at Ismailia Airfield is a far cry from the concrete accommodation usually associated with air operations.

Canadian Forces Photo

## Beware The Return!

ISMAILIA (CFP) - Unknown authorities in Canada's U.N. contingent in the Middle East have issued a warning to relatives, friends and acquaintances of servicemen on their impending return to Canada, described as "the land of walls and flowers."

The warning suggests that he be treated kindly and that he be remembered as he once was, "for there arrrrrrrrre strange things done 'neath the Sinai sun."

Although subtle changes have taken place in the peacekeeper's character, they add, you are advised to "take no alarm," because all who have served here will be subject to the same nervous twitching, blinking of eyes, and an uncontrollable urge to dive for cover at unexpected noises.

Apart from these general symptoms, they list other

idiocyncrasies which may prevail for a while:

1. When the wind picks up, he may begin driving tent pegs around his house, apartment or PMO;
2. To turn off a light, he may reach up and unscrew the bulb;
3. When starting out to work in the morning, he may stuff a role of toilet paper in his pocket;
4. He may go to see the same movie four times;
5. When invited to dinner, he may take along his own knife, fork and spoon;
6. If he has to get up at night, he may put on combat boots and take along a flashlight;
7. He may cover the floor of his car with sandbags and violently refuse to pull off a paved surface, even to repair a flat;
8. He may shun the bathroom, preferring instead to dig a hole in the yard, put some rocks in the bottom and install a cylindrical tube;
9. Waking up at night and hearing nothing, he will begin to curse all generators, and then go back to sleep.
10. Every morning, he may strip

the sheets off the bed and hang them outside;

11. He may want to keep a steel helmet on his bedside table;
12. He will violently hammer to death, with anything available any creature with more than four legs;
13. For the first two weeks at home, the water bill will be astronomical;
14. He will be subjected to an uncontrollable rage if you mention UNTSO, UN pay, re-hab leave or camping trips in his presence;
15. Never mention that all your neighbors - who didn't serve in UNEF - seem to have gone to all the postings he has been requesting for the past six years;
16. He may brush his teeth with Canadian Club, preferring not to trust the water;
17. He will dissolve into a sobbing mass if you ask how much money he managed to save while serving with the UN.

They recommend patience and understanding, and suggest that in a couple of months, with proper rest and care, he likely will revert to the character you knew before he donned a blue beret.

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# AU REVOIR....



Many Portraits Of A Base Commander

## Gamesmanship For Servicemen

It was one Stephen Potter who immortalized gamesmanship and one-upmanship with his perceptive sense of observation of our petty but human ways of illustrating our own self importance.

Let us say you are a Master Corporal Horridman and are telephoned by a female voice who informs you that Master Corporal McSplush wishes to converse with you. Aha! He has scored three points already by the unmistakable inference firstly that he has a secretary and secondly is far too busy and important to dial numbers himself.

You listen patiently to his request that you run your mile and a half PT test at 1400 on Tuesday and murmur "let me consult my calendar." You have now scored two points, whether you keep a calendar or not and after a few minutes humming, hawing and "let me see now" you announce that you have a conference with Commander Tiggywinkle that afternoon. Four more points since you obviously are important enough to go to conferences and with those on high at that. (Be sure you do not mention that you have been summoned by the Commander for having kicked that furry mutt he called a dog).

Keep going - you are scoring well. Tell McSplush you'd like to make it Thursday but you are lecturing (you were told to show Private Zooey where the brooms are kept) and Friday you are doing an inspection, (do not say of the fire extinguishers) but you will try to fit in your test and will let him know when you can be spared. The score is now 12-3 in your favour.

At this point if you are an experienced player you will allow McSplush to bat but if he starts to score more points be ready to activate emergency drill number 6. This consists of pressing a button on your desk which activates a battery-powered bell and represents your being called on the "other" phone. Two points are allowed for having two phones (whether you do or not). Two bells representing three phones is overdoing it, which means automatic disqualification.

ED7 incidently is a friend who announces loudly that the Captain wants you at once, not for any misdemeanour of course, but with the clear implication that a problem of some magnitude has arisen that only you can resolve (you may even cry out comfortingly "Don't worry Sir - I'LL BE THERE AT ONCE"). Muttering "Sorry must go - a crises" hang up quickly.

You are now ready for the killer stroke. Butter up a typist and inform McSplush by letter that Master Corporal Horridman's schedule has been adjusted (imply a slight risk to Canada's security of course) to allow him to take the test from 0930-0939 on Wednesday. (This illustrates in passing that you are tremendously fit and is worth eight points alone).

As a life-master player I shouldn't really tell you this, but final, total and irrevocable victory is guaranteed if instead of actually signing the memo it concludes in bright violet ink with the imprint ORIGINAL SIGNED BY MASTER CORPORAL HORRIDMAN.

Courtesy The Lookout

## IT DO GET COLD

Wind Speed MPH	Actual Thermometer Reading (°F)									
	40	30	20	10	0	-10	-20	-30	-40	-50
	Equivalent Temperature (°F)									
calm	40	30	20	10	0	-10	-20	-30	-40	-50
5	37	27	16	6	-5	-15	-26	-36	-47	-57
10	28	16	4	-9	-24	-33	-46	-58	-70	-83
15	22	9	-5	-18	-32	-45	-58	-72	-85	-99
20	18	4	-10	-25	-39	-53	-67	-82	-96	-110
25	16	0	-15	-29	-44	-59	-74	-88	-104	-118
30	13	-2	-18	-33	-48	-63	-79	-94	-109	-125
35	11	-4	-20	-35	-51	-67	-82	-98	-113	-129
40	10	-6	-21	-37	-53	-69	-85	-100	-116	-132
wind effect	LITTLE DANGER, if over properly clothed - 40 MPH max danger of false sense of security			INCREASING DANGER danger of freezing exposed flesh			GREAT DANGER			



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**LEGAL**

Cont'd from page 2

If a card you have requested is stolen in the mails and the company claims against you, you should defend the action as energetically as possible, relying both on the consumer law of your province and on the fact that you never received the card. Also, if you apply for a card and it does not arrive within a reasonable time, you should check with the company. A worse problem occurs with a renewal because people normally are not aware that a renewal is coming and, consequently, might not even know it is stolen.

Regardless of the jurisdiction (except Manitoba and Alberta), you should always defend a claim by a company if it is over \$50.00, because there are a number of cases where judges have refused to grant judgement to the company for any more than a small amount such as \$50.00.

A service wife lost her credit card a while back and was not aware of the loss until her husband received a bill for \$187.00. The company had specified no limit on the customer's liability and the card was issued in Ontario.

In this case, the customer's signature was on the front of the card. When the debt was discussed with a company official, he stated that the holder was always responsible for the full amount. When it was suggested that the company's cashiers were negligent in not making any signature comparison (in this case the signature on the card and the charge draft were entirely different), the official stated that company employees were far too busy to carry out that sort of thing. That company is really going to have fun if it tries to sue the corporal involved.

Finally, credit card insurance is probably a good idea. It costs approximately \$6.00 for \$1,000.00 coverage and usually forms part of the homeowner's policy, or a fire and theft policy

**PARITY**

Cont'd from page 2

differences, as evidenced by the variance in the charges for rental of PMQ's across Canada, and the existence of a "Post Rating Level" in calculating the Foreign Service Allowance (this PRL is, in reality, the Regional Cost of Living Index).

**SERVICEMAN AFFECTED**

What really does all this mean to the serviceman, and the service?

There is no doubt that the productivity of an organization is directly linked to the morale and well-being of the organization's members. When a serviceman is forced to either maintain a second form of employment, or have his spouse employed, just "to make ends meet," he naturally becomes less than ideally productive and his morale lowers.

Just how much the serviceman is affected by the Regional Costs of Living can be visualized by comparing the existence of one living in Winnipeg, and one living in Ottawa. Both receive the identical number of dollars (pay) per month. A breakdown of comparative costs are: housing - 22% higher in Ottawa; (39% higher than Moose Jaw); food - 8% higher in Ottawa; clothing - 3% higher in Ottawa; transportation - 16% higher in Ottawa; personal care items - 16% higher in Ottawa; recreation - 2% higher in Winnipeg.

Where would you rather live, financially? And remember, these figures are close to one year old and are not the extremes in the comparison scale.

**PURCHASING POWER PARITY**

What can be done to relieve this hardship of forced financial burdens?

for tenants. There is now a trend among insurance companies to throw in credit card insurance free. The reader would be well advised to see if he is covered and, if not, to spend the extra \$6.00 a year and save himself a lot of possible grief.

The Canadian Forces should establish a Purchasing Power Parity within the organization; that is, no matter the location, a serviceman would be able to obtain the identical commodities for his "pay".

To obtain Purchasing Power Parity it is necessary to establish an index for each base or station as compared to all other bases and stations. This factor, the Purchasing Power Index (PPI) for that location would then be applied to the pay level of the serviceman to establish his "pay".

To illustrate the application of the PPI, the following examples are presented. (The figures are fictitious, and are not based on any calculations or comparisons.)

- CFB Moose Jaw - PPI 100
- CFB Winnipeg - PPI 102
- CFS Alert - PPI 110
- CFB Ottawa - PPI 120

Using the above PPI's, (as calculated every two years), and applying the rate of pay as per CFAO's (\$1000.00 per month for example purposes), a serviceman stationed at these locations would receive:

- CFB Moose Jaw - \$1000.00
- CFB Winnipeg - \$1020.00
- CFS Alert - \$1100.00
- CFB Ottawa - \$1200.00

The application of the outlined program would eliminate the agony and hardships experienced by some personnel, as compared to their peers, solely due to the location in which they are forced to reside. Morale would increase, productivity would increase, and our smaller force would move one step closer to the "eliteness" required; all due to PURCHASING POWER PARITY.



**No More Exorcise**

As everyone must be aware by now, from one source or another, the devil has found refuge in the Canadian Forces. He started by taking over the Logistics body in Ottawa, and from there has started to spread throughout the East and now is only a few months from arriving in CFB Winnipeg.

In preparation for the inevitable, the Base Supply Officer, Major Denny, sent an envoy of five renown supply people to the bowels of CFB Borden to seek out the devil's disciples. Capt Rollwage, Sgts Chandler and Jerome, and MCpls Mick and Lysohirka were indoctrinated into the ways of the devil. Their arguments based on the good and true ways of the old system were soon brushed aside as the devil swayed them to his ideals. Enlightened and with a mysterious glow in their eyes, our missionaries returned, not to sooth the troubled brows of those wary and uneasy to change, but to teach the remarkable abilities we will inherit with the adoption of the devil's doctrines here in Supply at CFB Winnipeg. Their task is not an easy one, but they took on the titanic struggle, taking on all non-believers, and there are many who believe only in the pudding that has been proved. They cast about and coaxed members of the Comptroller's branch and TCHQ to attend the lectures of the devil's dictums.

First the devil's disciples hacked away at the overgrowth of myth about the devil, then methodically they chipped away at the foundations of the newcomers' knowledge and quickly poured a new foundation of new ideas. The initiation complete, the newcomers left the devil's disciples with belief in the devil and were spreading his word further among the rest of CFB Winnipeg, voicing the devil's promises to us, if we follow his rules to the letter. He promises us a faster and an exacting supply service to all, where everyone will be satisfied as never before, and all we have to do is follow the devil's dictums to the letter. Do not call for the exorcist - it's too late - just open your arms and welcome the devil to CFB Winnipeg.

**WARNING:** A warning for the wise, those among you who in the future wish to raise a little hell at Supply, will be dealing directly with the devil. Heh! Heh! Heh! Heh! Eh! Eh!

Sgt B. D. Jerome,  
Devil's Advocate

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# December Review

Short days and cloudy skies combine to allow for little sunshine in the month of December, and hazardous weather occasionally produces headlines according to past weather records.

The length—the time from sunrise to sunset—of the first day of December is 8.4 hours and the last day 8.15 hours. The shortest eight days of the year occur December, eighteenth to the twenty-fifth; the length of these days is eight hours four minutes. December is the month with the least number of daylight hours. Usually December is also a cloudy month. Averages of past Decembers show that the low sun is concealed 69.3 percent of the time while it is above the horizon. Reduced hours of daylight combined with a high frequency of cloudiness reduce the time of recorded sunshine to 80.6 hours—the least of all the months.

Normally southerly winds have the greatest frequency in the month but wind speeds greater than 30 miles per hour are from the north-west 52 percent of the time. Winds tend to be from the easterly directions in periods of precipitation and heavy cloud conditions. And blowing snow is frequently associated with a northwest wind or a southerly. December is the worst month for blowing snow; on the average it is reported 24 hours in the month.

The daily maximum temperature drops from 21 degrees Fahrenheit at the beginning of the month to 11 degrees F. at the end of the month. The daily minimum

temperature in the 31 days drops from 8 degrees above zero to 6 degrees below zero on the Fahrenheit scale. The average daily variation in temperature is less in December than in the warmer months. However, history shows that day to day variations in temperature are quite extreme. In December 73, for example, the temperature ranged from +33 degrees F. to -36 degrees F. Most Decembers have a warm spell or two lasting a few days in which the temperature is around the 32 degree mark. On the other hand cold spells lasting a number of days with daily maximum temperatures remaining well below zero are common.

The highest temperature ever recorded in December at Winnipeg is 53 degrees above zero in 1929; the lowest temperature on record is 54 degrees below zero on the Fahrenheit scale in 1879.

Major winter weather hazards for motorists, aircraft operations and other outdoor activity includes reduced visibilities, freezing precipitation and high wind chill. Freezing precipitation normally occurs 10 hours during the month ranking in this regard with November the highest of the 12 months of the year. Blowing snow and fog are the phenomena that reduce visibility. Low temperatures, and strong winds occasionally combine to produce a high "wind chill" — a rapid rate of heat loss from an inadequately protected human body. The wind chill increases with decreasing temperatures and increasing wind speed.

**CANADA SAFETY COUNCIL — CONSEIL CANADIEN DE LA SÉCURITÉ**  
30 DRIVEWAY, OTTAWA, CANADA, K2P 1C9

With "Safe Driving Week" (December 1st - 7th) now firmly established in the public mind — and it is Canada's longest running and best known safety campaign — there will be someone asking if these safety campaigns are really effective.

They are; and the Canada Safety Council has some figures that prove it!

Seventeen years ago Safe Driving Week was just a dream. The first week in December was selected partly because of its significance at the start of the winter and holiday season, but also because seventeen years ago, December had the worst record for traffic accidents and fatalities in Canada.

As the mass media gave their willing support to the campaign, numerous community agencies became involved in safe driving week projects, and greater interest was taken at all levels of government, the driving public became gradually more aware of the hazards, with the annual barrage of reminders. The number of fatalities in the month of

December began to drop. By 1972, seven months of the year had worse records for traffic fatalities, and six months have worse injury records.

On the other hand, December still leads the number of total property damage accidents by a wide margin, suggesting that more accidents happen at slower speeds and probably closer to home as drivers once again try to accustom themselves to wintry conditions. Each property damage accident is a potential for a personal injury or death.

For this reason the Canada Safety Council asks everyone to drive the way he'd like others to drive, and to place special emphasis on keeping one's living room in front of the vehicle.

Safety campaigns DO work; unfortunately, they don't work for very long, and by the time the next "Safe Driving Week" comes along, many drivers will have forgotten the messages of this one. The Canada Safety Council is consequently grateful to the many thousands of Canadians who help to renew the message annually.

# CFB Winnipeg Remembering



Cpl. M. P. Jones (L) of the BOR and MCpl M. J. LaFrance form part of the Guard of Honour at the downtown Winnipeg cenotaph during the Remembrance Day Ceremony, Nov. 11, 1974. **Base Photo**



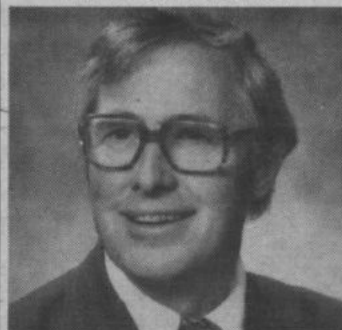
Col. C. A. LaFrance and Capt Kaya pay their respects on behalf of CFB Winnipeg during the Remembrance Day Ceremonies held in Winnipeg. **Base Photo**



BGen L. V. Johnson and Maj H. F. Leggett pay their respects on behalf of TCHQ during the Remembrance Day Ceremonies held in Winnipeg. **Base Photo**

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### Recreation Hours Of Operation - Xmas - New Years

	GYM	POOL
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TUE 24 DEC 74	0800 - 1200	CLOSED
WED 25 DEC 74	CLOSED	CLOSED
THU 26 DEC 74	CLOSED	CLOSED
FRI 27 DEC 74	0800 - 1630	1800 - 2000
SAT 28 DEC 74	1300 - 1600	1300 - 1600
SUN 29 DEC 74	1300 - 1600	1300 - 1600
SUN 29 DEC 74	CLOSED	1800 - 2000
MON 30 DEC 74	0800 - 1630	1800 - 2000
TUE 31 DEC 74	0800 - 1200	CLOSED
WED 1 JAN 75	CLOSED	CLOSED
THU 2 JAN 75	CLOSED	CLOSED
FRI 3 JAN 75	0800 - 1630	1800 - 2000
SAT 4 JAN 75	1300 - 1600	1300 - 1600
SUN 5 JAN 75	1300 - 1600	1300 - 1600
SUN 5 JAN 75	CLOSED	1800 - 2000
MON 6 JAN 75	NORMAL	ROUTINE

**NOTE:** The Gymnasium is available other than the hours indicated for Servicemen by producing their Identification Cards to the Duty Commissionaire. No Duty Commissionaire is available at Lipsett Hall but a Duty Peri is available for hours indicated.

### Bowling Servicewomen Qualification

#### Ladies Tournament

The Ladies' Invitational Bowling Tournament, which included teams from Shilo, Portage and Winnipeg, was held Nov. 9 and was won by CFB Shilo.

The Ladies' High Single and High Triple were won by Ev Heinrich of CFB Portage.

Gayle Smith from CFB Winnipeg won the "Dud Trophy" for the lowest score of the day.

Our thanks to all the people who made this tournament such a success.

A 30-game roll-off will be held during the period of 10 Nov 74 to 12 Dec 74 to select a team to represent CFB Winnipeg at the Area One Championships (host base to be announced).

All female personnel stationed or attached to CFB Winnipeg and Lodger Units of CFB Winnipeg North or South Site are eligible to enter.

All female personnel interested in this Roll-Off are to contact MCpl Ron Dupuis at local 675, or Sgt Harv Reti at local 511, or pick up an application form at the Westwin Bowling Lanes.

### Badminton

Players from Westwin and the Canoe Club dominated the winners' circle Sunday at the annual "B" and "C" badminton tournament at Lipsett Hall.

Sadie Bury became the first of three major event winners from the Canoe Club when she defeated Winter Club's Goldine Cupit 11-9, 8-11, 12-11 in the ladies' singles final. Debbie Schlamp of Westwin took the consolation event.

In the ladies' doubles, Cupit teamed with Carrie Grahame of the Canoe Club to defeat Gladys Lyzun and Gaylene Pron of Westwin 15-10, 15-5 in the final. Schlamp and Westwin's Shirley Cipryk topped Peggy Butler of Wildewood and Marcia Linneback of Westwin 15-3, 15-1 to win the consolation event.

Canoe Club's Phil Bury had an

easy time in winning the men's singles event by default, while Mike Semeniuk from Westwin took the consolation crown.

Westwin's Brian Wong and Bob Mitchell teamed up to beat clubmates Brian Cox and Ray Miller 12-15, 15-10, 15-9 in the men's doubles final. In the consolation event, Bob Hamilton and Tom Wishart of University of Manitoba topped the Canoe Club's Elgin Zelinski and Trent Westwood 15-9, 15-11.

Cox and Schlamp took the mixed doubles title when they defeated Miller and Lyzun 15-12, 15-12. Randy and Carol Robinson from Red River Community College beat Joe Athayde and Marion Watt from the Canoe Club 15-0, 9-15, 15-10 in the consolation final.

# SPORTS

## CURLING



### Inter-Section 74 - 75

A good turnout was present to witness a near perfect button shot by Lt Col Whitten, Acting Base Commander as he put the official touch on a 40-pounder and got the 74-75 inter-Section Curling season into high gear.

The league this year although smaller by number of teams, will be stronger in the calibre department.

Game time and days for curling have not changed from last year, so if you have some time on your hands any Tuesday or Thursday morning, drop around to either rink (Westwin or FOB). You may pick up a pointer or two from the pros.

Base Photo

### Base Hockey League

#### STATISTICS

TEAMS	WON	LOST	TIED	POINTS
Arrows	2	2	2	6
Braves	1	2	2	4
Canucks	4	0	2	10
Dolphins	1	4	0	2

4 Dec	Arrows	VS	Braves
6 Dec	Canucks	VS	Dolphins
9 Dec	Dolphins	VS	Arrows
11 Dec	Canucks	VS	Braves
16 Dec	Canucks	VS	Arrows
18 Dec	Braves	VS	Dolphins
20 Dec	Braves	VS	Arrows

### Base Broomball League

#### TEAM STANDINGS

TEAM	WINS	LOSSES	TIES	POINTS
BAMEO	6	0	0	12
ANS	4	2	1	9
ALPINES	1	4	1	3
TCHQ	1	6	0	2

SCORING	TOALS	ASSISTS	POINTS
NADEAU (BAMEO)	6	3	9
WATT (ANS)	4	5	9
HACHE (BAMEO)	4	4	8
DIAGLE (BAMEO)	5	3	8
HANLE (ANS)	4	3	7
PARADIS (ALPINES)	4	2	6

Another Broomball season has started. All four teams are enjoying the good sportsmanship and high spirits (Brooms!). Last Year's champions the "Untouchables" BAMEO have, as in previous years, taken a big lead in league standings with a six-game winning streak. There must be some frustrated players on the opposing teams when they cannot score against the invincible BAMEO team. What has happened to the French Alpines, the Flying ANS and Transit TCHQ teams? Come on all Broomballers - let's sport the ball and broom games.

Games are played Tuesday and Thursday at 1200-1300 hrs at the St. James Civic Centre.

### Snorkel Diving Course

All persons interested in attending a Snorkel Diver Course, registration will be held at Lipsett Hall 0800 hrs each Saturday with pool sessions 0830-1000 hours.

The registration fee is \$1.50 (non-refundable).

Pre-requisites: CRCS Intermediate Level or equivalent will be determined during the first (screening) pool session. Must be at least 8 years of age and have a mask, fins and snorkel.

For further information phone MCpl Reg Bonnar 888-3484.

### Manitoba Winter Games

The gym floors at the Westwin Rec Centre, Building No. 90 and Lipsett Hall A-2 will be closed for the period 20 December to 23 December 74 inclusive for the Manitoba Winter Games.

Activities normally scheduled during this time are cancelled.

Normal gym routine will commence 6 January 75.

### How About You, Coach?

This is a series of questions which every coach should ask himself, not once a year, but several times. The answers may seem obvious, but how about you, coach? Are your answers reflective of a coach who can take pride in what he has accomplished?

Firstly, has your main objective been the sound development of the physical, mental and social character of EVERY member of your team, or are you more concerned with winning?

What about the poorest player on the team... have you contributed favourably to his all-round development?

Secondly, is it fun to play on your team? Are the players enjoying it, or are they just going through the motions? You may judge your answer according to turnouts at practice, enthusiasm in games, willingness to do that little bit extra, co-operation, team spirit, and so on.

Thirdly, if you were a parent, would you want your impressionable son or daughter (and they are impressionable at this age) to play on your team?

Consider your personal habits and appearance. Do you smoke on the bench or in the dressing room? Do you swear? Even the odd "hell" or "damn" leaves a very deep impression on younger athletes. Do you dress as a coach should? Working pants and sweat shirts are not often considered appropriate.

Fourthly, are you making better men/women of the boys/girls by improving their skills? What have you done to bring the skill level of the poorest player up to the level of the best? Coaches tend to work more with the better athletes because they seem to be accomplishing much more than the less developed ones who have trouble with the fundamentals.

see COACH

page 9 column 1

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**COACH**

Cont'd from page 8

Fifthly, do you play the best players all the time, even when the team is winning by a lop-sided score, knowing it would be a good chance for the younger and less developed players to gain valuable experience?

Sixthly, have you made any effort to become more knowledgeable in your sport? Have you read any books or pamphlets lately? Attended any clinics? There are always other ways to do things, and we never stop learning.

Seventhly, have you made any effort to improve your practices or are they getting to be the same old thing? Why not have at least one new drill or technique each practice? Practice is when you improve your team; it is too late to coach during the game.

Eighthly, do you criticize officials in front of the players? A statement like "What a terrible call" leaves the impression that officials are against your team, and anything said against them is O.K. as long as they don't hear you. Snide little comments at the age of 12 or 15 can snowball into outright hatred of all officials at the age of 17 or 18. Is this desirable?

Ninthly, have you ever embarrassed a player by criticizing him in front of the other players? Even a harsh "Come on Smith, get in the game!" can hurt DEEPLY, especially when young Johnnie (the players do have first names you know) is trying as hard as he can. Maybe a little coaching and some private constructive criticism is the best plan.

Tenthly, do you allow criticism of the younger and usually less developed players by the bigger and better performers? It is your job to coach, let's hope you're doing it. Internal personality conflicts, often stemming from a terse player to player comment, can ruin many a championship drive.

Eleventhly, do you encourage the players never to give up even though the score and timeclock are against them? With plenty of team spirit, a few words of encouragement from the coach, and a break or two in your favour, many games can be won in the dying moments.

Twelfthly, are you, personally, satisfied with your job as coach? You shouldn't be. There is always something which could have been done better.

REMEMBER ... winning IS important, that is why we keep score, but it ISN'T everything. An important point to remember is that we should be concerned, not with what Johnnie does with the ball, but what the ball does for Johnnie.

**BAMEO Run-A-Thon**



The BAMEO Run-A-Thon committee presents a cheque to the Cystic Fibrosis Foundation of Winnipeg. From left to right are; Pte Dane Gallant, Cpl Dane Shultz, MCpl Tim Badour, Cpl Hilary Briand, Major S. E. Beaudoin, MCpl Al Taylor, Mrs. Norah Marr, president Winnipeg Cystic Fibrosis Foundation, Chantel Beaudette, Cystic Fibrosis patient, and WO Jack Johnson. Missing from the picture are Cpl J. Rathwell and Cpl O. Dobrastonski.

Base Photo

Last May a Run-A-Thon was organized by personnel from the Base Aircraft Maintenance Engineering Organization of CFB Winnipeg. Some of the aims of the Run-A-Thon included the celebration of Winnipeg's Centennial, promotion of physical fitness, and the raising of funds to be used for the purchasing of equipment to be presented to a needy organization. Sore muscles, blisters, and an occasional complaint led to the raising of \$850.00. On Tuesday 19 Nov 74, the BAMEO Run-A-Thon Committee presented to Mrs. Norah Marr, president of the Cystic Fibrosis Foundation of Winnipeg, a cheque to pay for five

therapeutic tables. Mrs. Marr was accompanied by Miss Chantel Beaudette, who has Cystic Fibrosis. Miss Beaudette demonstrated the use of this particular table. The BAMEO Run-A-Thon Committee thanks everyone who assisted in the Run-A-Thon which was a tremendous success. It is expected that this type of activity will be continued as an annual event. So don't be alarmed if next spring you see hordes of people in funny looking attire running about, it will only be your friendly Run-A-Thon runners, wearing themselves out for a worthwhile cause.

**Flight Safety Visit**



Colonel C. A. LaFrance, Base Commander is seen welcoming Colonel R. D. Shultz, Director of Flight Safety NDHQ. Colonel Shultz, a veteran of some 34 years in the service and over eight years in the Flight Safety Business, recently spoke to a near capacity crowd in the Base Theatre. He outlined the aims and accomplishments of the Forces Flight Safety Program and thanked all those attending for their efforts.

Base Photo

**BOY SCOUTS OF CANADA**



Cpl Gordon Sutherland 2 PPCLI has accepted the position of Cubmaster for the 51st Group Cubs (NORTH SITE) with Major W. M. Osborne acting as his assistant. Regular cub pack meetings for the group will commence on Tuesday, November 19th at 6:30 p.m. The pack can accept any new boys for registration at that time. Registration for the year is \$7.00. Meeting place is building 81, turn right towards Transair at the Base Sharpe Blvd. gate and park around the rear of the building. A sign is on the building at the entrance near the parking lot.

Coffee and donuts will be served to the parents on the first night Nov 19th and cocoa will be provided to the boys. Parents are asked to come out to meet the new leaders and the Group Committee and to see the facilities that are available to the cubs.

The Cubmaster and his assistant will interview the boys and complete their cub records.

Only two registrations have been received for Beavers (boys 5 to 7½) at present. If leaders become available for a BEAVER COLONY and sufficient boys are interested the Group will consider starting up this activity in the Community.

The Scout Troop have started their active program with 15

Scouts registered to date.

Scoutmaster Ken Warner and his capable assistants ASM Donald Smith, Michael MacDougall and Daniel McLaren as Scout Junior Counsellor have already completed plans for the Senior Scouts to visit George Lake, 150 miles North of Winnipeg, for Basic Winter Camping. The Junior Scouts will also visit Lido Plage Kiwanis Camp, for a Saturday and Sunday. Senior Scouts and leaders only will stay overnight on this first Winter outing. This activity will be the first in a Winter program planned for scouts by the Scout Troop.

Please feel free to contact your community Scout Leaders for any information about scouting or cubbing for your son.

SCOUTMASTER - Ken Warner - 493 Mooregate St., Ph. 837-6380.

ASSISTANT SCOUTMASTER - Michael John MacDougall, 493 Mooregate St., Ph. 837-6380.

ASSISTANT SCOUTMASTER - Donald Albert Smith - 59 Cornwall Blvd., Ph. 837-7809.

SCOUT JUNIOR COUNSELLOR - Daniel Frank McLaren - 501 Conway St., Ph. 889-9659.

CUBMASTER - Gordon Sutherland - 116 Bourkewood Pl., Ph. 888-4678.

Assistant Group Committee Member - William M. Osborne - 478 Sharpe Blvd., Ph. 837-7775.

Group Committee Chairman - Maurice Roadley - 51 Cornwall St., Ph. 888-6400.

Group Committee Secretary - Jim Jamieson - 78 Braintree Cresc., Ph. 888-8063.

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Laughing at Ourselves by John Semeniuk

**INNOCENTS ABROAD:** A young and very proper bachelor clergyman (whose first assignment was abroad) hired an older widow woman to be his housekeeper and do his cooking. He noticed that his housekeeper had a habit of referring to things in the rectory as if they were her personal property. It was always "my stove" and "my refrigerator" and "What shall I cook for my dinner tonight?" The clergyman lectured her about the use of the first person singular. "You should say 'our' rather than 'my' when you are talking about things that belong to the rectory and the church," he admonished her. Two days later the minister was serving tea in the rectory to three of the most dignified and straight-laced ladies in the parish, when his housekeeper rushed into the room in a statement of excitement. "Oh Reverend, you've got to come and help me," she implored, "The cat has got a mouse under my - I mean our bed!"

**ALL IN PUN:** A mother hen, experiencing some difficulty in keeping her chicks in line, declared, "If father could see you now, he'd turn over in his gravy."

**A TISSUE ISSUE:** Three pigeons were flying around when they spotted some manure in a farmer's yard. Being hungry, they decided to land to have something to eat. After eating their fill of the manure, they decided to rest on the handle of an old discarded pitchfork that was lying on the ground. After a few minutes, the first pigeon flew off. He'd only started his ascent when suddenly he plummeted to the ground - it was obvious that he'd dropped dead. The second pigeon tried to fly away also, but the same thing

happened to him. The third pigeon, however, was a wise old bird and he stayed on the handle because he knew that one of the prime rules of life is "Don't fly off the handle when you're full of that flushable stuff."

**THE CHILDREN'S HOUR:** There are many unanswerable questions in this world and most of them come from five year olds.

**WHEATHER OR NOT:** A local weatherman appeared before the Judge and pleaded guilty to a speeding offense. "This is the third time this month that you have appeared before me for the same offense. If it happens again, no matter what length of time from this date, you will be sentenced to spend time in jail," admonished the Judge. "I get it, Judge," responded the weatherman, "Fine today, cooler tomorrow."

**ENJOYING THE SIGNERY:** Sign on the door of a Private Investigator's office: "WE PRY HARDER"

Slogan of a picture frame manufacturing shop: "LET US TAKE CARE OF YOUR HANG-UPS"

Name on the side of a cartage truck: "CARNEGIE HAUL"

Sign in a reducing salon: "WE LEAVE NO STERN UNTONED"

**IT PAYS TO ADVERTISE:** The following appeal to parishoners appeared in the parish magazine of St. Chad's Church of Chadwell Heath, Essex in jolly old England: "When you were born your mother brought you here. When you were married your wife brought you here. When you die your friends bring you here. Why not try coming on your own sometime?"

Calendrier Francais

Le "Christmas Cheer Board" de Winnipeg a commence ses operations dans le but de s'assurer que personne ne sera oublie le jour de Noel. Les gens voulant aider, ou donner des boites de nourriture, sont priés de signaler

786-6737.

6-7 Dec

Au "Cents Nons" - Spectacle de Roger Rhez au Centre de Spectacle au C.C.F.M. 340, Boulevard Provencer. A 8h30.

Stamp News & Views

Due to production difficulties, only two of the U.S. Christmas stamps were released on 23 October. The precancel was delayed until November.

On 22 November the United Nations released 10 and 26 cent values from New York and a F.S. 1.30 from Geneva. This was the Law of the Sea issue and the last release for 1974. On the same date the UN also released the 1974 Souvenir folder. These annual folders contain a mint stamp for each denomination released during the year. There are spaces in the folder to mount the stamps and alongside each space is information about the stamp. There are two folders, one for New York issues and the other for Geneva issues. Full information may be obtained from the United Nations Postal Administration, P.O. Box 1190, United Nations, New York, N.Y. 10017.

Canada released its last issue for 1974 on 29 November. This was the 8 cent value for William Hamilton Merritt. Now to start saving for next year's issues. According to all reports it will be an expensive year for collectors of 'mint' Canadian issues. There are two Olympic issues with surcharges, medium and high value Olympic commemoratives, (that's from 25 cents to two dollars), plus talk of postal rates going up.

One item I have not seen advertised is the fact that Canada now has a Postal Museum, it is located in Ottawa and the doors opened on 27 September 1974. To commemorate this event two sets of Museum Postcards were printed and they are available from major post offices or from Canada Post, Ottawa. The cost is one dollar per set of 5 cards. One set 'Classical Stamps' contains reproductions of five early Canadian stamps and the second set 'Transportation' pictures various methods used to move the mails. Each card is pre-stamped with a miniature of the picture on the face of the card.

Just received an information sheet which indicates that Canada Post is getting into the Christmas business in a big way. This information sheet advertises four gift items and includes a 'Free Bonus' for every gift ordered. These gift ideas are a Stamp Hobby Kit, specially created Souvenir Package, a Stamp Collector's Gift Certificate and a Decorative Stationery Assortment. Full information may be obtained from Philatelic Service, Canada Post, Ottawa.

Voxair Variety

by John Lauder

When is a comedy not a comedy? When it is a classic, sez the Winnipeg Free Press. So if you want to get into a debate on the subject, go and see *The Cherry Orchard*, now running at the MANITOBA THEATRE CENTRE. Even if you don't want to get into any debates, go and see it anyway, for it is a very fine evening of entertainment.

This Chekov play is billed by MTC as a comedy in four acts. While it is highly amusing at times, and has a few semi-farical characters, it is certainly not a collection of one-line gags, nor a set of pratfalls or pies-in-the-face in the true North American tradition. Losing the old family farm can work out to be a funny situation to those of us who lived through the Dirty Thirties, as was evident with the previous offering at MTC, *Ten Lost Years*. But it would be unfair to say that such a situation is what this play is all about.

Instead it is more of a comment on the scene in Russia in the early 20th century, complete with marvelous costumes and actors who bring to life a group of real people, living out everyday problems.

As Canadians, and possibly more particularly as Manitobans, we are able to sympathize with the Russians. Our climates are similar, deep down we are rooted in the soil, and we depend on an agricultural economy. So there is an harmonic chord with Russian problems, even if they be 70 years old.

With a cast of 17, one gets the feeling of a "cast of thousands." There is a whole gang of Russians, plus their friends, neighbours, servants and passing strangers milling about the stage. A great deal of credit is due to directors Edward Gilbert in that he keeps all these bodies under control, and that they can perform everything from near robbery to conjuring tricks, and still hold our interest. He is helped by excellent performances by Pat Galloway, William Needles and George Morfogen in the leading roles, and the support of the entire cast is outstanding. Edward Atienza, who occasionally steals the show in the part of an ancient man-servant, and James Hurdle as a perennial student (apparently just as common an occurrence in 1904 as it is today) were excellent in supporting parts, but it may be unfair to single them out.

Actually, MTC did not spare the pocketbook in that they hired people capable of playing leads as supporters, so the entire cast comes on as a coherent whole. If we were to rate 3 stars as good, and 4 stars as excellent, then this cast would come out as the Milky Way.

The play runs until December 14th; don't miss it.

Christmas is coming up full of all kinds of entertainment. Just like the department stores, the entertainment groups seem to have gone overboard. Singing, dancing, symphony, acting, pantomime, everyone is in the act. On December 4th and 5th there is a *Song of Snow*, made up of a great number of performing groups which include Chinese, Ukrainian, German, Polish and a few hundred other ethnic singers who offer Christmas music at the Concert Hall. On the 12th to 14th the Winnipeg Symphony presents a *Christmas Festival Fantasy*, including such groups as the Children's Choir, the Tec-Voc Bell Ringers, dancers from the Royal Winnipeg Ballet, Pat Rose and Chatherine McKinnon. Talent coming out of, and into, our ears!

In addition, the MTC is offering a puppet comedy *Apple Butter* each weekend at the Workshop, 160 Princess Street; plus *Androcles and the Lion* for elementary school children at the Warehouse until December 13th. And if you miss all of these, then Daniel McIntyre is offering a 300-member High School Choir singing Christmas and modern songs on the 18th at the Centennial Concert Hall.

Last but not least, Actor's Showcase will be presenting Studio Theatre once again, with shows each Saturday and Sunday evening during the month of November. These productions will be performed at the Actor's Showcase studio, 322 Smith Street.

The two productions featured each evening will be "Little Brother, Little Sister" written by David Campton and directed by Gene Zegalski, and "The Goon Show," two episodes adapted from an hilarious British radio program and directed by Stan A. Coutts.

The contrast between the two styles of theatre presented should provide an entertaining evening for everyone. Showtime is 8:30 p.m. and admission is only \$1.00. Tickets will be available at the door.



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# Wos & Sgts' Mess News

## A Ball - Centennial Style

...from the diary of  
a mod housewife

### Shopping At Your Convenience . . . Store

by R. Kay

First it was that pathetic little man who walked the streets at night, looking for bananas. We were informed that his usual banana store was closed at that time of night, and he was desolate. But then, like a flash, it came to him: "MAX!" Not only is MAX open at that impossible hour, but he has bananas and all kinds of other goodies.

Fine. That commercial was amusing, in its way - or, at least, non-irritating: I could listen to it in the early morning while making breakfast without being jarred fully awake.

Then they had one about some strange female. When she was "out of something" a name sprang immediately to her mind: "MAX," of course! And so on. That one, although low in appeal, I could dismiss or ignore.

But the latest one really gives me a pain. Here is this woman, who "works in broadcasting," according to her own testimony. (This is to imply to the listener that she is an intelligent, modern, sophisticated, well-informed person.) She is also very busy, what with her job and, possibly, a family to look after. And where does this up-to-date career woman do her mid-week shopping? At "MAX," of course. Where else?

Now that commercial really provokes me every time I hear it. Everybody knows that "MAX is not just a milk store," but everybody also knows that nobody who has any brain at all would shop there, except in an extreme emergency. Why? Because convenience store prices are outrageous and exorbitant. If you think you are paying inflation prices at your economy supermarket, you should try your neighbourhood convenience store.

I did this, one day in my lunch hour, on a day when that commercial had grated on my nerves more than usual. To be sure, it was to be only an unofficial small-scale survey, and rather random, at that. Since I was not sure if you can do this sort of thing without being asked by a store manager what you think you are doing, I took a companion along. We felt like conspirators, I furtively checking and writing down prices, M. pretending to be a casual shopper to divert attention from my spy activities. (She was also good at remembering the prices I had to ask because they were not marked on the merchandise, which is another thing: who knows what they will ask for a loaf of bread on Sunday when a desperate enough shopper comes in?)

We had made up a list of eleven items that you might want to buy on a night when you have impetuously invited some people in for an after-theatre snack and you have just about run out of all the ingredients for a modest feast for six\*, also catfood and milk for your pussycat, and breakfast stuff for next morning.

Here is the shopping list we took to three stores in one lunch

hour - one small supermarket and two convenience stores:

- 2 lb. sugar
- 1 lb. (tub) margarine
- 1 quart whole milk
- ½ pint whipping cream
- 1 dozen eggs (A large)
- 1 loaf white bread
- 1 tin (7¼ oz.) salmon
- 1 tin catfood
- 1 6-oz. jar instant coffee
- 1 lb. bananas
- 1 tin Campbell tomato soup

The total price for the eleven items in the supermarket was \$7.92, the total in the more expensive convenience store, \$10.13. The one constant price was milk - 45 cents - in all three of them. (There is a law to that effect.)

One of the convenience stores didn't even have bananas, and this was during the day! What would happen to that poor little man who runs out of bananas at night?

In one store, just to buy something, I took an unmarked carton of tomatoes to the cash register. "This will break your heart," the man said. "Eight-five cents!" I was too chicken to tell him what he could do with them and actually bought them. Eighty-five cents for a pound of tomatoes!

The "MAX" commercial goes against my grain for another reason: why must a woman assume the role of the dumb shopper who doesn't know better than to shop at a convenience store? The man (in the first commercial) was presented as desperate, pitiable, but not ignorant. His motive was understandable, because his need occurred at night when all the other stores were closed.

But this woman, we are asked to believe, shops there because she obviously likes the place. And because she is a busy career woman. What an absurd idea!

When I conducted my own mini-survey for the purpose of this article, I found, after questioning several very busy career women I know, that none of them would think of shopping at a convenience store, unless in case of a late-night or Sunday emergency. Most of them had not visited one for months. And all of them had, at one morning or other, been greatly annoyed, irked and irritated by this commercial.

I shudder to think what would happen to prices if there were such a thing as a "convenience" liquor store, called, say, "Mickey's", that would cater to the after-hours tippler. Goodness gracious, some people would call that bootlegging - and that's illegal!

\*\*\*

\*In case you wonder about the "Modest Feast for Six", here is a mini-menu:

- Cream of tomato soup
- Salmon salad (you have some onions or celery on hand, I hope)
- Scrambled eggs on toast
- Sliced bananas and whipped cream
- Coffee with cream and sugar



There was a good turnout for the Centennial Ball, although still plenty of room for more people. Anyone that went looking for the second band couldn't find it, it was cancelled due to insufficient ticket sales. If you missed the 'Event of the Year', you missed an enjoyable evening.

The Grey Cup functions were not too well attended, but then, you cannot win them all. I did hear that a certain slim grey-haired fellow was up to his antics over said weekend; in fact, he tried to hide under a table during the big game. There is more to this story but full details have not been gleaned as yet.

During the past three months, there has been a free movie show on a Tuesday evening, towards the end of the month. The last one took place on November 26. Two people came out.

The annual Turkey and Ham Bingo will take place on Saturday 14 December. During the evening the drawing for the PMC Draw will take place. Action gets underway at 8 p.m. sharp. 12

games for turkeys, etc., one garbage game and a jackpot game. This is not a regular bingo so the progressive jackpot is not at stake. The jackpot for this event will consist of monies from sale of extra cards. After the bingo there will be dancing to recorded music, and food. Admission for all this is only \$1.50 per person, which will include one card. Extra cards 25 cents or five for a dollar.

The following day will be the Members Children's Christmas Party, starting at 2 p.m. (Sunday 15 December). There will be games, prizes, pop and food for those 12 and younger. The entertainment chairman is trying to arrange for a visit from Santa Claus. (If only he would get out from under that table he might find it easier.) To assist in the planning of this event, please advise the Mess Manager at local 245 if you intend to attend this event.

December 19 will be the 'At Home' with the Officers. 1500 to 1700 Hrs. The Mess will be closed at 6 p.m. Christmas Eve.

remaining closed Christmas Day and Boxing Day. Opening again on the 27th December. TGIFs for December are on the 6th and 13th only.

Tickets for the New Years Ball go on sale on 2 December and will be limited to Members only until the 11th. From the 12th on it will be for Members and Guests. Tickets will be available in the mess during the noon hour on weekdays only.

At the time of writing there are still a few tickets left for the Candlelight dinner this Saturday (7 December). If you plan to attend, contact the Mess Manager now, Saturday will be too late to purchase a ticket.

In closing, the Chairman for the Entertainment Committee has asked me to say 'Thank You' to the members and wives who have volunteered their services at recent functions. These people have helped keep expenses down and also shown that there is still an interest in the mess. Thank you Ladies and Gentlemen.

### From the Grooves

by Mark Cyluck

Take three little budgie birds, give them guitars and drums, and you have a group called the Budgies on an album called "In On The Kill" (MCA429), which is very unlike any Budgie I have known, but in this LP, this mild little bird comes on more like a hawk. "In For The Kill" is also the first cut which doesn't really impress me much, especially the very synthetic vocals of bass guitarist Burke Shelly. To say the least they sound very forced.

The LP was produced in part by (get this) Hummingbird Productions in Rockfield Studios and Lee Studios in Dixieland, Birmingham, Ala.

"Crash Course In Brain Surgery" has more "gut" to it but it still seems to maintain muffled guitar work dominated by bass. "Wondering What Everybody Knows" is more of a ballad and

more to my liking, probably the best cut on the LP. "Zoom Club" gives way more to Tony Bourge's lead guitar to show what he can do. I think the group would do better to give him more room and not try to be so bass orientated. "Hammer and Tongs" - starts off similar to, and retains, a Black Sabbath influence, yet holds a distinctive blues theme. Good chords emanate from "Runnin' From My Soul," but once again, muffled. With more exposure they may get good, but they will never be compared with their other southern buddies, Lynard Skynyrd.

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# Retires



WO Hall instructs Indian students from Portage la Prairie on the survival equipment carried in the aircraft of CFB, Winnipeg. WO Hall recently retired after more than 30 years service with the Canadian Forces. Base Photo

# Junior Ranks Mess

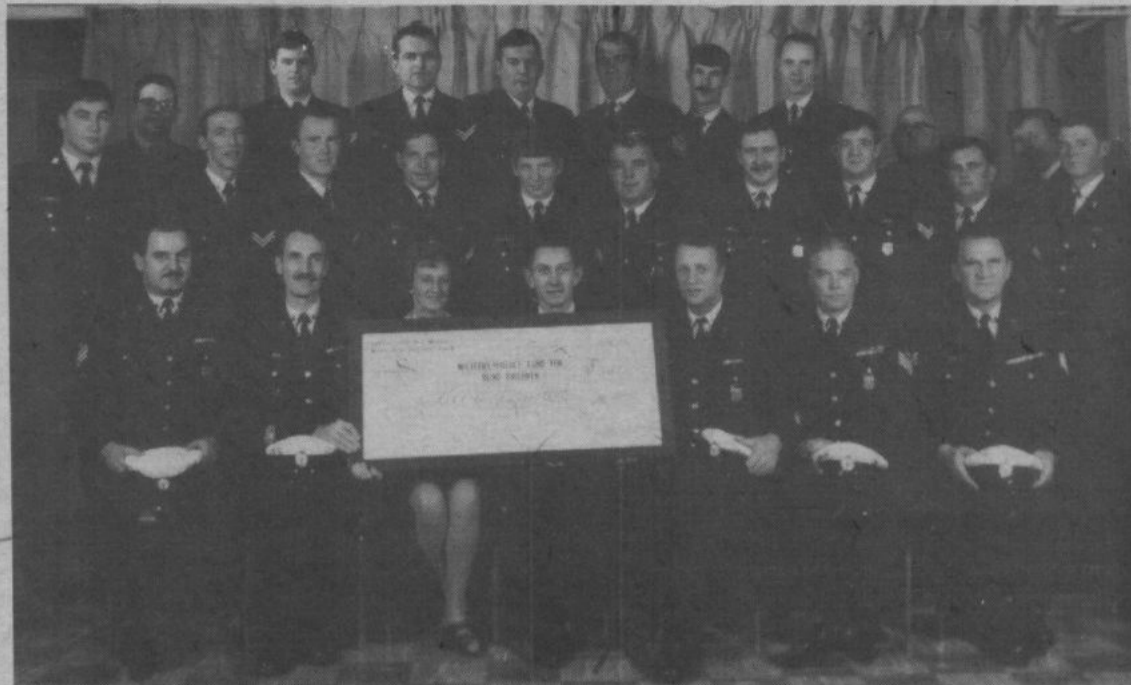
A "Merry Christmas" and "Happy New Year" to all from the members of the Jr Ranks Mess. Our entertainment boss would like to extend his appreciation and thanks to "Robbie" and "Bruno" for the support given him during the "Midnight Madness Bonspiel" which was held on the 15th and 16th of Nov. The turnout was excellent and everyone had a great time.

The following is the entertainment schedule for Dec. TGIF nights will be the 6, 13, 20 and 27th. Tickets go on sale at 1700 hrs, so be there a little early to avoid the rush. The "Music Man" will be providing the music on TGIF nights, dancing will be from 9 to 1, there will be music for everyone so come out and relax. On Dec 7th, the music will be provided by "Mind Power," dancing will be from 9 to 1. The "Children's Christmas Party" will be from 1300 to 1500 hrs on the 15th, there will be nice gifts for the kids, bags of candies, cartoons and a visit from Santa, so bring the family and have an enjoyable afternoon. On Saturday, Dec 21st, the music will be by "The Group," dancing will be from 9 to

1, so come out and enjoy yourselves. On the 27th Sunday routine will be in effect. "New Year's Eve," Dec. 31, Candle-Lite Dinner will be served from 9 to 11 upstairs in the dining room. Menu will be "hip of beef," wine will be served with the meal. Corsages for the ladies, noise-makers, horns, streamers, balloons for the men, dancing to "Pat Blyth" from 10 until 2. Tickets will go on sale Dec 2nd until 20th, cost \$5.00 per couple for members, and guests will be \$15.00 per couple. Drop in, sign the acquittance roll, and you have your tickets for this great occasion. Guest tickets will be sold from the 16th to 20th if any tickets left.

On Jan. 1st refreshments will start at 1100 hrs with "moose milk" being served, there will be "clam chowder" and "snacks" during the day and we will feature three great bands for your enjoyment. The "Chinook" will play from 1 till 5, "Country Tigers" will follow from 5 till 9 and finally "Mosaic" will provide the entertainment from 9 till 1 a.m. Admission will be \$2.00 per couple for members, and \$4.00 per couple for guests. Hope to see you all during the month of Dec. Adios.

# MP Blind Children Presentation



Members of the Base Military Police Section proudly displaying the cheque for sixteen hundred dollars as this year's contribution from Base Winnipeg toward the Military Police Fund for Blind children. Organized and supervised by WO N. Penney, the boys and gals of the local 95th Precinct collected the money in the 1974 campaign by various means including an annual raffle, a bingo

held with kind permission of the Base Commander, Col C. A. LaFrance, a run-a-thon, donations and the barrel collection at the MP Station. The object of the fund-raising campaign is to provide financial assistance to Canadian Schools for Blind Children and in many instances purchase items that the children would not otherwise receive. Base Photo

# Raffle Winner



Base Commander Col C. A. LaFrance makes the presentation of the colour TV to Mr. Frank O. Hernandez of 650 Mountain Ave., Winnipeg, winner of the annual Base Military Police raffle for the Blind Children. Base Photo

# Ceramics Club

The C.F.B. Ceramics Club is now starting its third week. How about coming out and joining us? Classes are Tues. and Thur. afternoons and Mon. and Wed. evenings in back of the Base Library building. As we build up the club we are hoping to expand these hours.

Cost of the first four lessons is \$10. You will learn to pour molds, clean articles, and paint or glaze your articles. However, as you continue to work with ceramics, there are many things you will learn to improve your skills and vary the glazing techniques.

After you have completed your lessons, you may buy a membership for \$10 which will entitle you to use of the facilities during the schedule hours for one year. Supplies are available through the club. This is not a profit-making organization and all costs and fees go toward support and building of the club.

For further information and registration contact Marjorie VanDusen at 489-8011.



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# MND Mid-East Visit



The Hon. James Richardson, Minister of National Defence gets a first-hand view of Turkish-Greek ceasefire positions effective last August, from a Canadian OP on top of Nicosia International Airport. BGen Clay Beattie, Canadian Contingent Commander and LGen Prem-Chand, UN Force Commander, accompany the minister. Mr. Richardson visited Canadian troops in Cyprus, Egypt, Syria and Israel.

**Canadian Forces Photo**

OTTAWA (CFP) — Defence Minister James Richardson had some glowing praise for Canadians serving in Cyprus and the Middle East in reporting to the House of Commons Nov. 13, following an 11-day trip to Cyprus, Egypt, Syria and Israel.

Following is the text of part of his report to the Commons: "In numerous conversations with members of the Canadian Armed Forces in these four countries, I found that, generally speaking, morale is high, and it is clearly evident that our personnel are convinced that they are engaged in useful and worthwhile work.

"They are willing to undergo some of the difficult living conditions and the sacrifice of being separated from their families in order to perform the important task of peacekeeping.

"In the United Nations Bolivar Camp on the Golan Heights, where living and working conditions are the most difficult, I was encouraged to find that substantial progress is being made in the construction of new buildings and in the improvement of sanitation and living conditions.

"Throughout the trip I found that, without exception, the political and military leaders in all four countries praised the work being done by the Canadian contingents of the United Nations Forces.

"I do not want to overstate the matter, but I believe that all members of the House would have been pleased, and as proud, as I was to have heard some of the ways in which our Canadian Personnel were described. The adjectives most frequently used were, that in carrying out their

duties, the Canadians are known to be impartial, competent and resourceful.

"In conversations with President Claerides and Vice-President Kenktash in Cyprus, with the Deputy Premier and Minister of Egypt, Field Marshal Ismail, as well as with the Defence Minister of Syria, Gen. Tlass, and the Defence Minister of Israel, Shimon Peres, I was left with no doubt whatsoever that the contribution Canada is making to peacekeeping is welcomed and is well received in each of these countries.

"There is no doubt at all in my mind that the presence of our Forces is helping provide the stability, and the relatively peaceful conditions, in which meaningful negotiations can take place.

"I would also like to report to the House that in our peacekeeping operations we have been particularly fortunate in the quality of leadership that we have had in the Canadian contingents of the United Nations Forces.

"Brigadier-Gen. Clay Beattie in Cyprus, and Brig-Gen. Don Holmes in Egypt, each in his own way, have brought credit to themselves and to Canada by the resourceful and competent leadership that they are providing.

"As is the case with almost every Canadian who travels overseas, I found that there is a great reservoir of goodwill for Canada and for Canadians, and I have come home convinced that this measure of goodwill is being enlarged by the members of the Canadian Armed Forces who are serving Canada, and the world community, on peacekeeping duty."

## Chapel Services

### PROTESTANT SUNDAY SERVICES

South Site 10:00 a.m.  
North Site 11:30 a.m.

### CHOIR PRACTICE

North Site: Thursday  
Jr. (ages 7-14) 7:30 p.m.  
Sr. 8:00 p.m.

South Site: Thursday  
Jr. 6:15 p.m.

### BAPTISMS

Arrange by calling the chapel office.

### MARRIAGES

Call the Chaplain well in advance.

### CHAPLAINS

Padre J.P. MacLean  
Office: 832-1311 lcl 417  
Residence: 837-4986

Padre J.I. Mills  
Office: 889-9173  
Residence: 489-3231

Padre J.J.A. Tyrrell  
Office: 832-1311 lcl 417  
Residence: 888-7441

### ROMAN CATHOLIC

### MASSES

North Site  
Saturday 7:00 p.m.  
Sunday 11:00 a.m.  
Mon. - Thurs. 4:45 p.m.

South Site  
Saturday Folk Mass 5:00 p.m.  
Sunday 11:00 a.m.  
Tues. - Fri. 4:45 p.m.

### SUNDAY SCHOOL

North Site  
Sunday 9:30-10:30 a.m.

South Site  
Saturday 4:00-5:00 p.m.

### BAPTISMS

By appointment.

### MARRIAGES

By appointment

### CHAPLAINS

Father R.A. Glofcheski  
Office: 832-1311 lcl 272  
Residence: 832-2970

Father E. Cremona  
Office: 889-9173  
Residence: 888-1331

### PROTESTANT CHAPEL SERVICES FOR CHRISTMAS

- 8 Dec 2nd Sunday in Advent — Bible Sunday — 1000 hrs South  
1130 hrs North
- 15 Dec 3rd Sunday in Advent — 1000 hrs South  
1130 hrs North  
Ecumenical Carol Festival at Bldg 21,  
Program begins 1:45 p.m.
- 22 Dec 4th Sunday in Advent — 1000 hrs South  
1130 hrs North
- 24 Dec Christmas Eve.  
8:00 p.m. Family Service at South Site Chapel  
11:30 p.m. Holy Communion at North Site Chapel
- 25 Dec Christmas Day.  
1000 a.m. Holy Communion at South Site Chapel

## CWL (South) News

### Hello again,

Our October and November meetings took place at the usual time at Lipsett Hall Lounge.

The agendas were well planned. Paul Heron from the Children's Aid Society, as guest speaker at our October meeting gave a very interesting talk, and touched the hearts of us mothers. It helped us to realize just how fortunate some of us really are.

October devotions to Our Blessed Lady were carried out as agreed. We thank Col. H. Graham for leading the services, which were very well planned.

Our ladies were invited to St. Ignatius CWL to hear their guest speaker, Mrs. Gabris. All who attended thoroughly enjoyed her talk. Her topic was on her meetings with other leagues in foreign countries.

November our president June Bourrie resigned, as her husband has been transferred to Comox, B.C. We hope that the family will join Mike real soon. She did a marvelous job in her short time of office. Thank you June!

The new president is Yvonne Muir. We are sure she will enjoy her new position, with our support.

Projects as planned, are being carried out. The ladies are making their visit with the Senior Citizens at the Tuxedo Villa, and working hard on a forthcoming bazaar, to raise funds for their projects.

A combined Christmas party with other ladies' church groups will take place on December 15, sponsored by our League. It will be headed as "Sister Leslie Project." Each lady will be asked to bring a gift for a needy child. It will be held at Lipsett Hall Lounge on Sunday, December 15, at 8:00 p.m. All ladies of our Bases are more than welcome to attend. The more the merrier.

The rummage sale was a great success. A \$50 donation was made to the October mission fund, from our proceeds. Many thanks to all who helped make this a success. Especially the Girl Guides. They worked very hard, and it helped them to earn towards their Service Badge. God Bless Them.

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# Chapel News

## RC Marriage Directive

### Protestant

By JIM KIRBY

This issue we bring you news of the workshop held on Nov 22 and 23. Some of our readers may not fully understand exactly what a workshop is. We would like to clarify what is done so maybe the next time one is announced on the slate of up-coming events, more may attend.

Some of you may think one of these sessions is a bible thumping, Praise the Lord, Hallelujah! prayer meeting. NOT SO! There are, however, a few prayers said at the proper times to ask the blessing of the meal and for guidance in our Christian concepts and decisions. People do tend to think of things as being beyond them, or what's in it for me attitude these days. There seems to be too little of what can I do for my community, city, province, country, yes and even for my fellowman in another country. We've all grown to value success on the scale of material things which we can either see or feel, and have forgotten to consider the spiritual aspect of life. As a result, we have become a self-indulgent society, built on an egotistical self-gratificational pedestal, assisted by the plastic money lenders, who could knock us off of that pedestal if we don't pay the piper at any time. If we could all get off this man-made idol kick and get back to some good basic living again, in a Christian atmosphere the world just might be able to come to a better state of affairs, not only monetarily, but as neighbours at peace as well.

The main theme of this last workshop was "the Planning Process" which most of us have heard about, but don't really understand, although we like to think we do. For those of us who think we do, I would like to take this opportunity to highlight the points of planning.

One of the main problems, we agreed, was the world wide food shortage. There are many others, but we decided we would work out a project regarding food shortage and try to alleviate this problem in our own small way. Each of us, as a result, decided to make a pledge of money to be fulfilled by Christmas Eve and to be used for world famine. We also decided that Christmas being a time of giving, that the collection from the Christmas Eve service would also be dedicated to the alleviation of world famine. This project will be known as OPERATION FAMINE. I'm sure if you would like to join us in our endeavours and set a goal for yourself to be fulfilled Christmas Eve. This base of CFB Winnipeg, could lay a milestone for others to follow. I know for a fact your participation will be very gladly received.

The ladies of our Guild are planning a sale of work, December 8th, after church, in the back of the Chapel. Anyone desiring to donate baking or handicrafts may do so by bringing their donations to the Chapel that morning.

The ladies of our Guild have Santa Claus suits for rent. For more information would you please call 888-7441.

#### THOUGHTS FOR THIS ISSUE.

"All that is necessary for the triumph of evil, is that good men do nothing." (Edmund Burke).

31 October 1974

In accordance with his pastoral responsibilities as Bishop of the Canadian Forces, His Eminence Cardinal Roy has issued certain instructions and directives applying to the marriages of younger people in military parishes. They are intended to promote the spiritual well-being and the temporal happiness of those younger members of the military community who propose to enter marriage and family life. They take into account the distressing statistics that have come to light concerning the failure of youthful marriages where sufficient preparation and maturity have frequently been absent.

Cardinal Roy has therefore set forth the following requirements for the faithful of the Military Community:

1. Candidates for marriage who are 19 or younger must consult with the chaplain at least three months before the proposed date

of their marriage.

2. The chaplain may not accept to marry the couple nor set a date for their marriage until both bride and groom have been interviewed (and where possible their parents) and unless he is satisfied of their readiness to enter marriage.

3. These younger candidates for marriage must follow a marriage preparation course.

4. The chaplain may not officiate at the marriage of persons under 21 without the knowledge of their parents or against their reasonable wishes.

5. These requirements may be dispensed from only in special circumstances and for weighty reasons.

These directives are not meant to create difficulties or to suggest that the young are not capable of true married love, but rather to do what is humanly possible to ensure that their union will be a lasting one, respectful of the indissolubility of the Holy Sacrament of Matrimony.

## CWL (North) News

On Monday, Nov. 18th, the C.W.L. - North Site held our monthly meeting in the Protestant Chapel Annex with a good number of members present. Father E. Cremona, our new Spiritual Director was present and discussed with us future projects and upcoming events. During coffee the members worked on making Advent Candles and covering hangers for the Bake and Handi-Craft Sale held on Nov. 20th at the Station Bldg. This sale was very successful and we would like to say "Thank You" to everyone who donated baking, handi-crafts of all types, gifts for our raffle, time and energy. We will continue to sell Advent Candles and Christmas Cards at the back of the Church at Mass time. We will also serve coffee after 11 a.m. Mass each Sunday. We hope this will help us to meet and know one another better.

Donation from the Mission Calendar project in October was \$93.44 so a cheque for \$100. was sent to Fr. Darveau and his mission at Brochet, Man. to help him start his Catechism program. Another fourteen boxes of toys, clothes and candy was also sent out to Fr. Darveau this week. Thank you for your generosity. We also say "Thank You" to the Air Reserves and Air Transport

for their co-operation in taking our donation to Fr. Darveau.

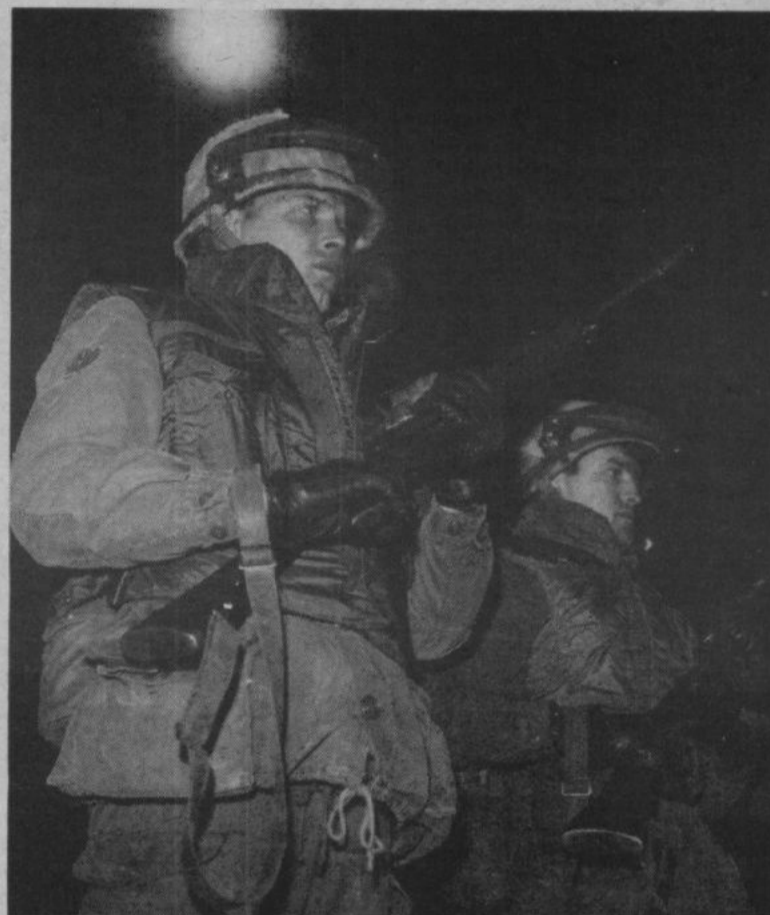
Another project we will sponsor is a Christmas Hamper for the needy. A decorated carton box is at the entrance of the Church and we hope you'll help fill it up with canned goods, etc. Christmas is a time of giving and thinking of the less fortunate.

The Ecumenical Christmas Carol Concert will take place on Sunday, Dec. 15th in Bldg. 21 and our members will help serve coffee. That evening at 8 p.m., the C.W.L. - South Site have invited us along with our husbands and all parishioners to a Wine and Cheese Party at Lipsett Hall. All that is asked is a wrapped gift for a child marked "for boy or girl and age" to place under the tree. These will later be distributed to less fortunate children.

On Dec. 16th, Father Cremona will hold a Penitential Celebration at 7 p.m. in our Chapel. This is a good time to bring the family and make your Christmas confession together. Therefore, we will not hold our December meeting on this date. Instead it will take place on Dec. 9th at 8 p.m. in the Protestant Chapel Annex. More about this meeting in the Church Bulletin and we hope you'll plan to attend.



MCPL Wayne Derksen is presented the UNEFME Medal by Captain W. L. Maier, Detachment Commander 1AMU Detachment Winnipeg. Base Photo



"PROUD PONGO" - A three-day civil defence exercise code-named "Proud Pongo" tests reaction time of civilian police and the military to a make-believe emergency at Canadian Forces Base Winnipeg. Members of the Winnipeg City Police and the 2nd Battalion, Princess Patricia's Canadian Light Infantry face a "dissident mob" who were also fellow soldiers from the 2nd Battalion. A spotlight from a hovering Forces' helicopter floodlit the demonstrating "rioters". Canadian Forces Photo

## An Old Corporal Observes

It is possible to say that at today's inflated cost it takes about eight to ten thousand dollars to keep a prisoner in relative comfort in Canadian prison. An old age pensioner receives at best, approximately two thousand-four hundred dollars per year; a Corporal retiring from the service approximately fifty-two hundred dollars per year after twenty-five years. Now where is the sense in all this? Well the solution may be quite simple.

I am prepared to give the Canadian Government a written guarantee that I will keep my family of four and myself out of jail provided they pay me half of what it would take to keep us in one... now get this: I will thereby derive an annual income of about twenty five thousand dollars per year, I wonder if the Minister of Justice would be prepared to take me up on this most generous offer? Courtesy the CHATAIR



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# WDSIU Presentations



Sgt Gerry Snider (R) is presented the CD by Major P. P. Smith, Detachment Commander, WDSIU.



MCpl Len Tschetter (R) is presented the CD by Major P. P. Smith, Detachment Commander, Western Base Photo.

## Shilo Visited



LCol G. J. Whitten, Base Administration Officer, CFB Winnipeg learns how to operate the breech of a 105mm Howitzer during a visit to the guns of J Battery, Third Regiment Royal Canadian Horse Artillery, Shilo, Manitoba. During the day, LCol Whitten, accompanied by LCol A. J. Shade, Base Technical Services Officer, CFB Winnipeg, visited the gun position and the observation posts in the battery. CFB Shilo Photo



LCol A. J. Shade, Base Technical Services Officer, CFB Winnipeg, fires a 105mm Howitzer during a visit to J Battery Third Regiment Royal Canadian Horse Artillery, Shilo, Manitoba. During the visit LCol Shade, accompanied by LCol G. J. Whitten, Base Administration Officer, CFB Winnipeg, saw the battery gun position and fired a target at the observation post. CFB Shilo Photo

## THE JUMP ON WINTER

### BREAKING DISTANCE

— from 20 mph — after you get your foot on the pedal. Add 22 feet to the figures for distance travelled during the average reaction time of 3/4 second.

#### ON GLARE ICE AT +25°F

TYPE	%	FT. TRAVELLED
Regular tires		149
Snow tires (rear)	- 1%	151
Studded Snow (rear, used)	+13%	129
Studded Snow (rear, new)	+19%	120
Studded (front & rear, used)	+17%	123
Studded (front & rear, new)	+31%	103
Reinforced tire chains	+50%	75

#### ON LOOSELY PACKED SNOW

Regular tires	-	60
Snow tires (rear)	+13%	52
Reinforced tire chains	+37%	38



### Steering - Stopping - Starting

Winter road conditions change as fast as winter weather...so be on guard.

Anticipate stops and slow down gradually, especially approaching intersections. They can be unexpectedly slippery because of the polishing effect stopping and starting traffic has on snow and ice.

Never jam on the brakes on a slippery surface...you'll only lock your wheels and go into a skid. Pump the brake with hard rapid jabs to keep the wheels rolling and better steering control.

If you do go into a skid, act quickly...but don't overreact. Take your foot off the gas and steer in the direction the rear of the car is skidding. You'll feel the car regaining a grip on the road...then straighten your wheels.

You need a lot more room to stop on wintry roads, so keep a safe following distance in traffic.

Anticipate turns. Slow down well ahead and make them smoothly.

Use extra caution in warming temperatures — or when the sun is out. Ice can be wet at 30 degrees and twice as slippery as "dry" ice at zero.

Some sections of roadway can be icy when other surfaces are dry — underpasses and deep cuts because of shading, overpasses and bridges because of cold air beneath. If you hit an unexpected

ice patch, ease up on the gas, hold the wheel steady and roll through.

If you get stuck in snow, you may be able to get out with a rocking motion of the car. Get the snow away from the tires first by turning the wheels back and forth. Use a slight pressure on the gas and move the gear selector rhythmically between "Drive" and "Reverse." Check your owner's manual for warnings on rocking. By all means avoid racing the engine or spinning the wheels. You'll only dig in deeper and it could cause overheating and transmission failure.

If your wheels are spinning, sprinkle sand or rock salt under the drive wheels, or carry pieces of carpeting to slip under the tires. You can also get temporary traction on ice with a liquid spray-on available in auto stores.

Have an automatic speed control? Don't use it when driving conditions will not permit a constant speed, such as in heavy traffic, on winding roads or when roads are snow-covered or slippery.

### See And Be Seen

To see and be seen is a vital necessity in winter motoring. Remember, danger can come from any direction, anytime.

Before you start out, clean the glass of all ice and snow...not just peepholes. That mean side and rear windows, too.

Keep headlights clean. Dirty lenses can cut illumination 25 per cent.

Operate heater a few minutes before you get under way. You could be blinded by sudden fogging of the glass until the car warms up.

Keep speed down when driving in poor visibility, such as sleet, fog or swirling snow. Keep headlights on low beam. In severe conditions, pull off the road to a safe spot.

Use the washer to keep windshield clear of road spatter. Check fluid reservoir, at regular intervals.

Operating wipers on dirt-gritty or ice-encrusted glass damages the blades. Replace them when they cause streaking.

Shut off wipers before turning off the engine. If wiper switch is on, blades may freeze to the windshield and cause wiper motor damage when the engine is started again.

For concealed wiper cars, if the blades need to be freed of ice or snow in the parking recess, opening the hood will provide greater access. Fresh air intake at the base of windshield can be cleared in this way, too.

**NEXT DEADLINE:**  
**2 P.M. WED.**  
**11 DEC. 1974**

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**NOTICE**

**CARD OF THANKS**

I WOULD LIKE TO thank the many friends and associates of Base Winnipeg for the many cards, messages of sympathy and lovely flowers sent to my daughter and myself on the recent death of my husband MWO Jim Hicks. Special thanks to the active and honorary pallbearers, Capt. E. Razzell, and Dr. Guthrie. Your kindness will never be forgotten.  
Mrs. R. S. Hicks

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**Welcome Aboard!**



The Warrior's final layout is checked before being sent to the printer by (from left to right) editor Colin Boxall, Base Commander Col. Bendt

Oxholm, sports writer MWO John MacLeod and editorial member Capt. Gordon Gray.  
Canadian Forces Photo

CFB SHEARWATER, N.S. — The newest Forces newspaper rolled off the presses November 21 and promises to be "relevant but irreverent," according to Colonel Bendt Oxholm, Base Commander of CFB Shearwater. Shearwater's "The Warrior," with a ready-made circulation of 3,000, serves the base as well as service married quarters in Dartmouth. Col. Oxholm, who plans to be

a regular columnist, has laid down two criteria for The Warrior; first, that it be entertaining and secondly, informative. The base has not had its own paper since the early sixties when Naval Air was absorbed into Maritime Command's Trident. "Resurrecting the paper now," in Col. Oxholm's opinion, "will provide a much needed communications link up and down the line within the

framework of our base community." Editor Colin Boxall, a civilian on the administration staff of CFB Shearwater, says that The Warrior will also take a "tongue in cheek" look at things, promoting "esprit de corps and squadron rivalry in a good spirited fashion." The Warrior is presently a monthly publication but editor Boxall eventually hopes to produce an issue bi-monthly.