

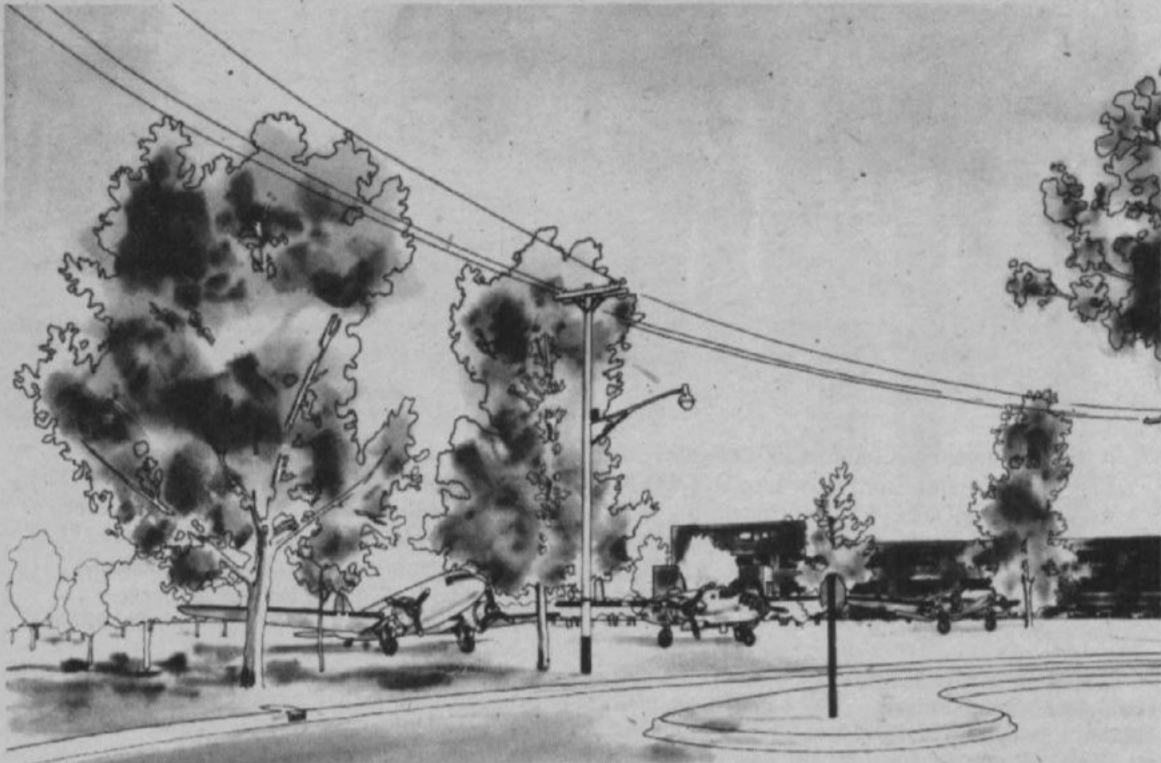
Voxair

Working Copy

February 27, 1974

CANADIAN FORCES BASE, WINNIPEG

Vol. 23, No. 4



Base Winnipeg's Centennial Project Dakota, Mitchell, Expeditor.

CFB Winnipeg is heavily committed to assist the City of Winnipeg celebrate an important civic occasion — its Centennial. In addition to the many major events that the Base Centennial Coordinating Committee has monitored, the Base has a Centennial project of its own which will preserve a permanent record of navigation history in Winnipeg on our Base.

Canadian Forces Air Navigation School has been a focal point of Base Winnipeg since its move here from Summerside in 1951. Since that time the School has flown three types of aircraft while performing its task of training observers, navigators and airborne-interceptors for the RCAF, Canadian Forces and some NATO countries.

The Base Centennial project received approval in principle last May and since then many personnel from BAMEO, BTNO, CFANS and 429 Squadron have been involved with searching and acquiring for mounting an expeditor (C-45), a Mitchell (B-25), and a Dakota (C-47). Of the three aircraft, the Dakota is the only one still used for navigator and observer training. The Dakota and Expeditor both flew for ANS in 1951 but the Expeditor fell by the wayside in 1965. The Mitchell arrived in 1954 and finished service with ANS in 1961. The old "Gooney-Bird" however flies on despite 1974 rumours of her retirement. She has outlived these threats before.

During December and January the Mitchell was stored on the ramp south of 16 Hangar. The airframe was donated by Mr. R. P. Schlaefli of Port Orchard Washington in the fall of 1973 and a salvage crew disassembled and returned the aircraft to Winnipeg from Kamloops. Engines, cowlings and propellers were donated by Mr. Bill Witmer of Fairbanks Alaska. Re-assembly and restoration are still in progress. Soon, an Expeditor will arrive by Canadian National Railway flat-bed from AMDU in Trenton. Later this spring a Dakota will be flown in from storage in Saskatoon.

Following renovations the three aircraft will be mounted on cement pads around the parade square to the west of Mawdesley Hall. The accompanying photograph shows the artist's concept of the Base project prior to the construction of the parade square.

A special dedication ceremony with dignitaries in attendance including the Hon

James Richardson has been planned for 9 August 1974. This will coincide with the commencement of a proposed Aerospace Trades Fair running the week prior to the Centennial Airshow scheduled for 17 and 18 August.

Voxair will carry individual articles on each aircraft as they are restored. Keep reading and become involved with our Base Centennial project.

TCHQ Presentations



The above TCHQ personnel were presented with CD's and clasps on 1 Feb 74. Making the presentations was RADM R. ST. G. Stephens, (centre) Commander Training Command. They are (left to right); Cpl JR Wilson, CD; Capt JE

Solomon, CD; Cpl VM Lalonde, CD; Maj CO Langen, 1st Clasp; M/Cpl Phillimore, CD; RADM Stephens; Sgt McAuley, 1st Clasp; Capt DJ Briggs, CD and CWO WT Bull, 2nd Clasp.

Base Photo

MILITARY SALUTE WINNIPEG 100

One hundred years of military involvement with the city of Winnipeg and surrounding area will be depicted on the 8th and 9th of June in the Winnipeg Arena. This Armed Forces Exhibition, involving all units and sections of the local military community, will be one of the largest, most encompassing Centennial projects undertaken by CFB Winnipeg. The two day pageant will illustrate in chronological

order, the historical and modern day aspects of the military, with emphasis on the contribution made by the people of Winnipeg.

On first entering the arena, one will be transferred back, nearly 100 years, to the time of Louis Riel, fondly referred to by some as the "Founder of Manitoba". People dressed in replica uniforms will add to the scene. You will be able to examine actual items in use during that time, including the

M.S.E. Driver of the Month

Effective January 1974, the "MSE DRIVER OF THE MONTH" award was initiated in the Base Transportation Section. This award identifies and suitably awards the efforts of the outstanding MSE driver who displays the necessary driving ability, courtesy, defensive driving habits, and all around professionalism. With the large number of MSE drivers who adequately fulfill all requirements, the task of choosing one person is most difficult. A most worthy recipient of the first "MSE Driver of the Month" award is Mr. A. H. Huff.

Mr. Huff has been employed in Base Transportation for the last 20 years, and has a 17 year accident free record. For the past 10 years Mr. Huff has been employed as a MD06 Refuelling Tender operator in the Refuelling sub-section. Mr. Huff is indeed a professional. He is a



Mr. A. H. Huff the recipient of the first MSE Driver of the Month award. Base Photo

conscientious and co-operative individual and in addition to

See DRIVER
Column 4 page 16

PRIORITY FIVE SYSTEM REVISED

A substantially revised Priority 5 system for service air travel has been under development for the past year and will be introduced officially on 04 Mar 74. This is the first major change to the Priority 5 system since 1966. The revised system is designed to accomplish the following:

a. Reduce administrative workload at air terminals (AMUs) and Canadian Forces Communication Centres by implementing centralized booking procedures. The revised system will make use of the Base Traffic Officers and the reservation centres at both Trenton and Lahr.

b. Control the number of Priority 5 applications to prevent abuses. Only one Priority 5 request giving a primary and one alternative flight for both the outbound and return flight, will be permitted at one time for each applicant.

c. Provide some recognition to the length of service. Junior personnel will however be afforded protection in the application process.

d. Provide equitable opportunity to all personnel, regardless of location.

As this revised Priority 5 system affects all service personnel and their dependants, it is essential that all become familiar with these new procedures soonest. More detailed information will be published in CFSO 42/74 the week of 18th February, 1974 and in the March edition of the Personnel Newsletter.

TRAVEL PRECEDENCE

The system for establishing precedence for Priority 5 travel will be based on a member's date of application and also his Retirement Base Election Date (RBE-DT), which is the date on which continuous full-time paid service is deemed to have commenced.

a. Dependants will hold the same RBE-DT as the member;

b. Applications will be accumulated by the Traffic Officer (TFCO), Base Transportation Section (B Tn Sec), up to and including the 14th day before each flight departure and the applications will be given precedence according to RBE-DT;

c. Applications received on each subsequent day, ie, the 13th to the 10th day, before the flight will be given precedence within the day of application according to the applicant's RBE-DT and will be listed after applicants of the previous day.

Because of administrative delays in updating members' RBE-DT, the enrolment date (ENR-DT), as shown on form CF 490, Record of Service, shall be used until each member is advised of his RBE-DT.

PROVISIONS

Only one Priority 5 request, giving a primary and one alternate flight for both the outbound and return flight, will be permitted at one time. A new request may be accepted when the flight dates of the previous

See PRIORITY
Column 4 page 16

See SALUTE
Column 4 page 16

LETTER TO THE EDITOR

Editor - Voxair

The article on 16 January and the letter and tables on Registered Retirement Savings Plans are most interesting and timely. We will all be bombarded with RRSP advertising until the end of this tax year. This is an important area for the serviceman because most will be eventually getting Severance Pay in a lump sum and Severance Pay is taxable at the highest rate in the year in which it is received. If you don't want to pay income tax on the whole sum in that tax year you either have to defer (and spread) the tax payments or "roll-over" your Severance Pay directly into an RRSP. That is to say, the cheque must be made payable to the RRSP - if it passes through your hands at all it's taxable. This can be an expensive omission on the retiring serviceman's part.

When considering an RRSP the important thing for a serviceman to do is to make comparisons using his own figures (not the ones supplied by the salesman). If he does that he will find that two principal guidelines quickly appear:

First: Never sign a contract with an assignment of pay attached to it.

Second: Don't buy just one RRSP - buy several in different companies on different plans.

The reasons for these two rules are as follows: If you sign a contract you have signed up with an investment or mutual or insurance company or mixed insurance and savings or the like and they are all "front-end loaded." They have to be for the salesman to make his living. He takes (and this varies) up to 100 percent of an annual investment over 10 years. Thus an investment of \$1,000 in one year is not that at all - it's an investment of \$900. The purchaser is thus denied the interest on this \$100 for the life of the investment (25 years) and, using the "Rule of 72" at 8 percent compound interest his loss could be about \$400 on each \$100 taken off the "front-end."

Trust companies, credit unions and banks usually charge a management fee of about one

percent and, over the long haul, this costs the buyer half as much or less. There are no free RRSPs. The cheapest are the trust companies who sell an RRSP composed of 5 year Deposit Certificates (Guaranteed) with a maximum once-only charge of \$100, usually charged when the annuity is purchased, the plan is de-registered or death occurs. But they don't employ salesmen and you have to go and see them - they don't come to you. You deposit as much as you like when you like and you are not locked in.

The reason for buying a number of plans is simply that, when you de-register the RRSP you have to either buy an annuity or withdraw the whole thing and pay tax on all of it for that year. If you buy an annuity you are dealing with a virtual monopoly for only insurance companies and the federal government can sell annuities in Canada at present. If you have a number of different RRSPs in smaller amounts you can de-register them as and when you wish, either to purchase annuities (using RRSPs separately or together) or to add to income in varying amounts in various years. Hopefully, in the future, trust companies, banks and credit unions will be authorized to sell annuities also.

Your anonymous correspondent in the January 30th issue makes an interesting case in his table on page 14. I wonder how the tables and the theme that the serviceman will pay more tax with compounded interest rebates than without would work out if the Captain and the Corporal had bought a number of different plans at different times so that they could control their RRSP income in 1998?

N. A. Robinson
Lieutenant Colonel

The following is meant as a helpful guide to some of the main activities being conducted in Winnipeg during the month of March, 1974.

1 Mar - Manitoba Theatre Centre - Godspell 2030; Hockey - Winnipeg Jets vs

Regional Base Surgeons Conference TCHQ Winnipeg



Base Surgeons Conference Delegates held 12-13 Feb 74 are: Front Row L to R: CWO E. J. Ashford - TCHQ, LCol W. M. Crawford - TCHQ, Col E. R. Keirstead - Command Surgeon TCHQ, Maj B.R. Maber - Moose Jaw, Maj R. A. Meakes - Shilo, Dr. W. K. Taylor - Suffield, Maj D. A. Harwood - TCHQ.

Second Row L to R: Capt D. G. Lascelle - TCHQ, Capt V. H. Martens - Gypsumville, Maj P. J. Ringwald - Edmonton, Capt L. T. Green - Armstrong, Maj G. F. Kindle - Winnipeg, LCol T. S. Anderson - Cold Lake, LCol Belanger - 1 CGMU, Maj R. C. Rud - Portage la Prairie.

Base Photo

During 12 and 13 February the Command Surgeon TC hosted a gathering of the Clans at TCHQ Winnipeg for formal presentations and informal discussions on Medical and Administrative matters in the Region. Known as the "Region Base Surgeons Conference" and attended by the Base Surgeons of Bases of all Commands in the Region together with the CO of CFH Cold Lake, CO of 1 CGMU Calgary and the Medical Officers of CFS Gypsumville and CFS Armstrong. Not to be forgotten was our civilian doctor from CFB Suffield who lent his presence and knowledge of defence research matters to the

general discussion.

From PERs to Vacectomies - the subjects covered were many and varied. The outstanding factors obvious from the conference were that we need more Doctors, Nurses and paramedical personnel; also that

everyone has problems and that they cannot all be solved today tomorrow and especially yesterday.

The Command Surgeon is now considering holding his next conference in either Spain, Fiji, Florida or Churchill, Manitoba.

Confligere

military personnel each in turn revealing their respective plights in trying to make ends meet.

One of the items mentioned was costs of military clothing and a comparison with costs of similar clothing for a serviceman in the USA. A survey was recently conducted on similar items in both the Cdn Forces and the USAF. The following items are listed in random order, and by easy terminology so that the majority should be able to comprehend. USAF prices valid till 30 June 1974 are shown in brackets:

Cap, Service, Dress	\$6.30
(\$6.25)	
Tunic, Service, Dress	\$26.00
(\$28.50)	
Trousers, Service, Dress	\$8.70
(\$6.26)	
Shirt, Uniform, Dress	\$4.65
(\$3.15)	
Necktie, .50 (.69)	
Shoes, Leather, Service Black	\$11.30
(\$12.20)	
Raincoat	\$22.90
\$12.30)	
Overcoat	\$29.40
(\$37.00)	

The greatest variance noted is in the prices of raincoats and overcoats, however, if you are in a position to compare the two items, then I am sure you would note why we pay so much more for our raincoat and why they pay so much more for their overcoat. (Appearance alone can be deceptive).

Generally speaking, utility and/or working clothing seldom differs by more than \$1. between CF and USAF prices. Insignia and buttons are almost at par.

The USAF carries readily available two weights of service dress uniform, 9 and 13 oz wool/polyester serge tunics and trousers. In the CF, if you are desirous of a heavier weight uniform, the material must be purchased and tailored to your measurements.

All in all, there is not much room for arguments or debate re the major items listed as there is only about \$3.40 difference between total costs of items.

CENTENNIAL ACTIVITIES MARCH 1974

Minnesota Fighting Saints - Winnipeg Arena 2000

2 Mar - Manitoba Theatre Centre - Godspell 1630 and 2100; Winnipeg Symphony Orchestra - Concert Hall 2030.

3 Mar - Hockey - Winnipeg Jets vs Quebec Nordiques - Winnipeg Arena 1930; Winnipeg Symphony Orchestra - Concert Hall 1430.

4-9 Mar - Manitoba Theatre Centre - Godspell 2030 (except 6 and 9 Mar 1630 and 2100).

5 Mar - World Adventure Tours - Greece - Concert Hall - 1810 and 2045.

6 Mar - World Adventure Tours - Greece - Concert Hall - 1730 and 2000.

8 Mar - Hockey - Winnipeg Jets vs Cleveland Crusaders - Winnipeg Arena 2000.

14 Mar - Pro Wrestling - Winnipeg Arena 2030

15 Mar - Hockey - Winnipeg Jets vs Vancouver Blazers - Winnipeg Arena 2000.

16 Mar - Winnipeg Symphony Orchestra - Fanfare Pop Concert - Doc Severson - Concert Hall 2030.

17 Mar - PPLCI Regimental Birthday - Memorial Service Lady Patricia - Kapyong Barracks; Winnipeg Symphony Orchestra - Fanfare Pop Concert - Doc Severson - Concert Hall 1430.

22 Mar - Hockey - Winnipeg Jets vs Houston Aeros - Winnipeg Arena 2000; Manitoba Theatre Centre - The Plough and The Stars 2030.

23 Mar - Manitoba Theatre Centre - The Plough and The Stars 1630 and 2100.

25-30 Mar - Manitoba Theatre Centre - The Plough and The Stars 2030 (except 27 and 30 Mar 1630-2100).

29 Mar - Hockey - Winnipeg Jets vs Houston Aeros - Winnipeg Arena 2000.

31 Mar - Winnipeg Symphony Orchestra - War Requiem 1430 and 2030; Hockey - Winnipeg Jets vs Vancouver Blazers - Winnipeg Arena 1930.

MID EAST MOVE

Cairo-Canada's 1,100-man contingent with the United Nations Emergency Force in the Middle East will be pulling up stakes at their tent-city racetrack home in late March or early April, and moving to an abandoned, former British base at Ismailia, about 86 miles northeast of here.


In announcing the move, the Canadian commander, Brig.-Gen. Donald E. Holmes, 53, of

London and Hamilton, told his men that "we will be moving lock, stock and barrel." The move also includes about 800 Poles, who make up the rest of the U.N. logistics force.

Ismailia then will become the hub of the UNEF logistics operations in the Middle East. It is situated along the Suez Canal.

See MOVE

Column 3 page 10



VOXAIR is the unofficial Service newspaper of CFB Winnipeg and is published bi-monthly under the authority of the Base Commander, Colonel C.A. LaFrance, C.D.

MANAGING EDITOR		
C.V. Schmidt (303)		
ASSOCIATE EDITOR	BUSINESS MANAGER	
G.E. Robertson (639)	F.N. Holliday (496)	
DISTRIBUTION MANAGER	ADVERTISING MANAGER	CLASSIFIED MANAGER
D.M. Taylor (496)	R. Jackson (888-3552)	M.J. Ste Marie (358)

Opinions expressed by contributors do not necessarily reflect those of the Editor, the Canadian Armed Forces or the Department of National Defence. The Editor reserves the right to edit material in accordance with the regulations and guidelines governing a service newspaper as specified in CFAO 57-5. Copy may be submitted in either the English or French language and should be typewritten, double spaced, and bear the contributor's name and place of employment.

In the event of a typographical error appearing in an advertisement, no goods may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charge for the advertisement in which error occurs.

VOXAIR offices are located in Building 17 at CFB Winnipeg. Correspondence and copy should be addressed to: VOXAIR, CFB Winnipeg, Westwin, Manitoba R2R 0T0.

ADVERTISING RATES ON REQUEST
SUBSCRIPTION RATES are \$3.50 for one year or \$9.50 for three years.
Postage Paid.
Second Class Mail Reg No. 1725

6 MAR

NEWEST NPF OUTLET OPENED



By buying the first tank of gasoline from the Whytewold Road Canex gasoline bar, the Base Commander, Col. C. A. LaFrance, officially opened CFB Winnipeg's newest NPF outlet. With him is Mr. Bill Stephen, Marketing Representative for Shell Canada Ltd., and Capt G. E. Bell, Base Exchange Officer. Doing the honours on the nozzle, the epitome of sartorial elegance in his "Texaco Uniform", is chief pump attendant G. J. Whitten. (They forgot to tell him

that it's Shell we sell). The gaseteria will be open Mondays to Saturdays 1000 - 1730 hours. The East Side Auto Club gas sales will continue to operate Monday to Friday 0900 to 2030 hours, Saturday 1000 to 1730 hours and Sunday 1200 to 1730 hours. The South Site Auto gaseteria is open Monday to Friday 1145 to 1300 hours and 1600 to 1800 hours. Saturday 1000 hours to 1800 hours.

Certificate of Award presented



Sergeant G. Karaki, an X-ray technician at the CFB Winnipeg base hospital, was presented with a Certificate of Award by the base commander in December.

The award was made in recognition of an improved radiographic chair designed by Sgt. Karaki for use at the CFB Cold Lake X-ray department. Sgt. Karaki was recently posted from Cold Lake to Winnipeg.

The previous chair used had been found to be unsafe and restrictive in its scope, particularly for

children between the ages of one week and four years. The new chair was designed by Sgt. Karaki during the winter of 1971. It was built locally by the CFB Cold Lake Construction Engineering section and has been in use since 1972.

Although the chair was constructed for a fraction of the price of a comparable commercial unit, the award was not made on the basis of monetary savings realized but rather the intangible contribution to health and safety realized by the use of the chair.

429 Sqn. Bison Brew

Howdy Herd. The short cold spell three weeks ago took my pen completely by surprise, leaving it little chance to thaw out before the deadline for submitting the Brew to the editor. Since then I've decided not to write it while flying, it's just too cold, and the writing is hard to read after "Grandma Gooney" throws a few of her wiggles at it. Most of the time it's hard to see just what she has written herself on her instruments, mostly because they jiggle, but also because the Roman numerals and old English script are kinda difficult, too. One cure that's been proven is to chuck a little hot air and isopropyl into the carbs. She smooths right out after a nice warm drink; even though the cause of her shaking has not been isolated there are several good theories. One concerns her nerves, another her lack of warmth, and one airframe type we know says there's nothing wrong with her that a few tight nuts couldn't fix.

Several of the old birds have been modified for search operations and sport new spotters' blister windows at the back, and 905 is being fitted with skis. These changes have greatly enhanced 429's capabilities for SAR work, and since many of our crews have participated in searches over the last couple of years, we are starting to feel that we have a real contribution to make when we get called out.

Capt Ed Hoffman has received word that someone up there likes him in the form of a posting to Comox, where he will take up duties flying Buffalo aircraft with 442 SAR squadrons. Ed has been on 429 for about three years, during which he flew in the now extinct

D flight, and as Flight Commander of Conversion Flight.

Capt Dave Wood and Lt Gary Wellstead, who both arrived here in April, 1970, have been posted to CFB Portage where they will become instructors on the Musketeer aircraft. Dave has been Training Officer in A flight for many moons, and is well known for his feats of derring-do during air displays. Gary is noted for his tour in ops, where everyone got to meet him inbetween his trips to Ottawa.

Good luck to all of you in your new jobs, and many thanks for all the laughs we've shared here in the Bison herd.

Lt Nick Rapagna is now Capt Nick Rapagna effective May, 1973. By the time this gets into print he should have blown the back pay on a shiny new Charger to flash around in the parking lot. Don't spend it all Nick, you owe a few drinks to the herd.

Welcome to Wayne Chamberlain who has just joined B flight. Wayne hails from that foldy wing gang down east, and is quite happy to give up the Atlantic for the ocean plain.

SHORTIES Wayne Gray is helping us out on details until sometime in March when he expects a HERC posting. Georges Hamilton and Trattner were still lost in the ski lodges of sunny Alberta as this was written. Tex and Myrna Deagnon dropped us all a card from Brazil where they are spending their leave. Don't forget - 8 March.

SEEN AROUND: Bud Milne, reminiscing about the good-old days.

OVERHEARD: Vic Charlebois has been selected as a defensive driving instructor.

RUMORS: There ain't enough room to print 'em all.

Need a loan?

Start the Action Yourself with



We could say a lot about loans. We could tell you how neatly we tailor them to suit your needs... how easy they are to pay back. We could go on and on.

But, at the Bank of Montreal, we have something that speaks louder than words: ACTION MONEY. Money for a car, or for furniture or for a vacation.

Call now at one of our four conveniently located branches.



Bank of Montreal

The First Canadian Bank

- | | |
|---|-------------------------------|
| Portage & Whytewold Br. (North Site) | Brian McKenzie, Mgr. 837-8368 |
| Tuxedo Br. (South Site) | G. G. Franzman, Mgr. 474-1331 |
| Courts of St. James Br. 2727 Portage Ave. | R. J. Statham, Mgr. 889-8850 |
| Kirkfield Park Br. 3330 Portage Ave. | Dennis Coates, Mgr. 888-6770 |

P

PATILL AGENCIES
383 Harcourt St. Ph. 832-4462
St. James Assiniboia 837-3759

AUTHORIZED
AUTOPAC
INSURING WHAT'S INSIDE THE BODY
AGENT

"PERSONALIZED" SERVICES FOR ALL YOUR INSURANCE NEEDS!
DEADLINE MIDNIGHT FEB 28 - OPEN 9 A.M. - 10 P.M.
SEE OR CALL PAT AND BILL COLEMAN TODAY!



PATRICIA REPORT



As has been mentioned in past editions, Battalion activity has been hectic and varied throughout the winter. While winter training could hardly be described as a novel experience for the "old sweats" of the unit, such has not been the case for a group of young infantrymen soon to join the Battalion. In past Voxair articles, mention has been made of the Pay Level 3 Infantry Training, being conducted by 2 PPCLI personnel at CFB Shilo. Pay Level 3 trainees joined the Battalion for

the duration of Exercise Rapier Thrust III; the -45°F and 35 mph winds of Churchill providing them with a rude awakening to winter operations. In fact, this was their first experience to any sort of operational exercise, and that they coped as well as they did was due in no small part to the high calibre of their pre-exercise training in Shilo.

The day after re-deployment to Winnipeg, the Pay Level 3 trainees found themselves back in Shilo, to commence the final

three weeks of their course. This training took them into the field on conventional warfare training, to practice and polish the infantry skills acquired over the past three months. The final exercise was of five days duration, and while snow conditions were more demanding than Churchill, temperatures were much more agreeable. Nevertheless, the code word for "cease fire" was a welcome respite, and the trainees looked forward to graduation parade with

considerable enthusiasm. On Feb 21, three months of rigorous training culminated in posting to the Battalion, and equally important, the right to wear the cap badge and accoutrements of the PPCLI.

KUNG-FU COMPANY

During the week of 11 to 15 Feb, C Company conducted an intensive course in unarmed combat at Lipsett Hall. Under the able direction of Sgt Mike Mercredi, personnel learned the

fundamentals of an "art" which combines the best features of judo, karate, kung-fu and tai kwando, not to mention plain, old ordinary street fighting. Unarmed combat will continue to feature as part of C Company's training program, and future Voxair articles will include some candid shots of Kung-Fu Company in action. In closing, congratulations to Pte MacDonald, smallest man in the Company, but top man in the end-week unarmed combat competition.

CFANS News Corner

At 1300 hrs Friday 1 Feb, the welcoming committee from CFANS comprising LCol I. Webb, Maj R. Shepard and Capt W. Reaume accompanied by the Base Commander Col C. A. LaFrance met the arriving visitors from the United States Air Force Academy of Colorado Springs, Colorado on the flight line. The 53 members of the staff and student body of the Academy were paying an exchange visit to CFANS in what has become an annual exchange between the two schools. The members of the Academy had a very full weekend. After a reception on the flight line, they were escorted to quarters for a quick change of clothes and brought back to CFANS for a briefing and tour of the navigation school. This complete, the party was escorted to the Officers' Mess for a reception followed by TGIF. At 1900 hrs, they were taken to the arena to enjoy (??) the spectacle of a Winnipeg Jets hockey game.

Saturday started off with a full morning of curling, complete with coaches for those unfamiliar with the game. The afternoon was left free for shopping and visiting the city. The group was taken to Monty's Warehouse for dinner, after dinner drinks at HMCS Chippawa, and back to the Mess for the Saturday Evening dance. The group left after breakfast on Sunday morning and, judging from the blood shot eyes, the smiles, and the many weak, but sincere thanks, from the visitors, it appears that the visit was a tremendous success.

To ensure that our bodies were not shocked by too quick a return to our normal hum drum lives, the following Friday, 8 Feb, brought the graduation ceremony for ROTP course 7305. The graduates were presented their wings by the honourable W. J. McKeag, the Lieutenant Governor of Manitoba. Two graduates received their wings from their fathers who are serving members of the Canadian Armed Forces.

The graduation parade was followed by a reception at the Officers' Mess consisting of cocktails and dinner followed by an evening of dancing and celebrating the culmination of many months of hard work. I voice the thoughts of all my associates on the staff at ANS in wishing each graduate an enjoyable and successful career in his new trade.



Graduates of course 7305, their home town, and posting are; Front Row L to R; Lt. K. A. Thomas, Brandon, Manitoba, 407 Sqn; Lt. J. M. Thibodeau, St. Gedion, P.Q., HS 50; Lt. J. A. A. Diening, Toronto, Ont., 404 Sqn; Lt. D. L. C. McLaughlin, Montreal, P.Q., 415 Sqn; Lt. L. S. Alexander, Haney, B. C. 407 Sqn. Rear Row L to R; Lt. J. P. D. Nicholson, Ste. Anne de Beaupré P.Q. 425 Sqn; Lt. C. C. Ouimet, Ottawa, Ont. 416 Sqn; Lt. J. F. P. J. Turcotte, Arvida, P.Q. HS

50; Lt. W. A. Weatherston, London, Ont. 435 Sqn; Colonel C. A. LaFrance, Base Commander; Lt. Governor W. J. McKeag; Lt. R. E. Davidson, Tilsbury, Ont. 405 Sqn; Lt. K. M. Whitehead, Dartmouth, N.S. 405 Sqn; Lt. J. S. Lucas, Ottawa, Ont. 435 Sqn; Lt. A. D. Hunter, Niagara-on-the-Lake, 425 Sqn; Lt. Colonel I. Webb, COMMANDANT, CFANS.

Base Photo

Wiley Mercury Sales Ltd.

555 Empress St. at Polo Park
Winnipeg 10, Manitoba

- * I would like to personally invite all armed Forces personnel and their families to come down and test drive the car of their choice. 1974 Lincoln - Mercury - Meteor - Cougar - Montego - Coment - Capri - Cortina - Ford Trucks - all used cars.
- * Top \$\$\$ for your trade. * Bank financing available.
- * Prices competitive with armed forces automobile club.
- * Warranty - Wiley Mercury Sales guarantee covering your "Class A" used vehicle for a period of 30 days or 1,000 miles (whichever occurs first).
- * Bonded Experienced Sales Representative.
- * Prices and literature sent free of charge to servicemen anywhere in the world.



E. A. "Bud" Septon (C.D.)
772-2411
Division Manager

50 This certificate worth \$50.00 towards the purchase of a new or used car when presented to "Bud" Septon. One per customer only. 50

THE CAR BROKERS
Division of Wiley Mercury Sales

ARMED FORCES PERSONNEL WILL RECEIVE
20% OFF ON PARTS ON SHOWING IDENTIFICATION



Greetings are exchanged on the flight line beginning a weekend exchange visit between the USAF Academy and ANS. Getting acquainted are, from L to R, Col. C. A. LaFrance; Col. Levy, Chief of Operations to the Superintendent of

USAF; Maj. R. Shepard, USAF exchange officer to CFANS; Lt. Col. I. Webb, Commandant CFANS; and Lt. Col. Welling, Chief of Navigation Division, USAFA.

Base Photo



Norm Hurst
Telephone
Office 837-5864 Res. 837-8440

When buying or selling your home

Contact
NORM HURST
Salesman for
CAMPBELL, LANE
AND HALIBURTON
Realtors - Insurance
1887 Portage Ave.

1/2 PRICE
CONTINENTAL STYLING
COLD WAVES
SALE ONE MONTH ONLY
889-9421
Ness Ave. at Whytefold
— Uniperm Specialists —

INTRODUCING



C.F.B. WINNIPEG'S CLUB 400 LOTTERY

\$10,800.00 IN CASH PRIZES

TO BE AWARDED ANNUALLY

- ★ To be a winner you must be a member of Club 400.
- ★ Membership is open to Military and DND Civilian employees at CFB Winnipeg only.
- ★ Monthly membership subscriptions payable by pay allotment, mess bill or if you prefer---cash in advance on a monthly basis.
- ★ Club 400 constitution is available at your Orderly Room or Base Accounts .
- ★ A winner every Thursday
48 -\$100 prizes
\$1000 prize in March, June and Sept.
\$3000 prize in December
- ★ Prize money is TAX FREE – which means that it could be worth up to double the value of a dollar you earn !
- ★ Proceeds to Base Fund and Community activities
- ★ Membership is limited to 400, and enrolment will be on first come first served basis , so don't delay – submit your application today.



Uncle Vox was heard to mutter

Where were things
like this when I REALLY
needed them ??

Lottery License Number 483

BASE COMPTROLLER

SIN	Rank	Surname & Int.	Unit/Section
hereby apply for membership in the CFB Winnipeg Club 400, and authorize the payment of membership fees as indicated below.			
<input type="checkbox"/> Automatic monthly deduction from my pay account at the rate of \$1.00 per week.			
<input type="checkbox"/> Monthly pay allotment (CF77 at the rate of \$4.34 in favour of the CFB Winnipeg Base Fund.			
<input type="checkbox"/> Cash payment.			
Date		Signature	

Chapel Services

PROTESTANT

Sunday Services

1000 hrs South Site Chapel,
Kenaston & Grant

1130 hrs North Site Chapel,
Whytewold & Silver

Baptisms: May be arranged by
calling Chapel office.

Marriages: Call the Chaplain
well in advance of plans for
wedding.

North Site: Junior Choir (ages
7-14) Thursday 6:30 p.m.

North Site: Senior Choir —
Thursday 7:30 p.m.

Sunday School: South Site ALL
AGES at 11:00 a.m.

Sunday School: North Site
Grades 4, 5, & 6 at 10:30 a.m.

CHAPLAINS

Padre J. P. MacLean,
Office 832-1311 loc 417
Residence 837-4986

Padre J. I. Mills,
Office 889-9173
Residence 489-3231

ROMAN CATHOLIC

North Site: Masses

Saturday 7:00 p.m.

Sunday 8:30 and 11:00 a.m.

Mon to Thurs 4:45 p.m.

Baptisms: by appointment
Marriages: by appointment
(one month in advance)

Sunday School: 9:30 to 10:30
a.m.

South Site: Masses

Sunday 9:00 and 11:00 a.m.

Weekdays 7:30 a.m.

Sunday School

9:45 to 10:45 a.m.

CHAPLAINS

Father R. A. Gkofcheski,
Office 832-1311 loc 272
Residence 832-2970

Father E. Cremona,
Office 889-9173
Residence 888-1331

Chapel News

From The Protestant Chaplain

"WE NEED HELP"

In our article of January 30, 1974 we attempted to let you, the Public, gain a little insight into what the people of the Protestant Chapel are doing for the community. This is only one of the many projects undertaken by the people of our chapels. This is where you can play an important role with your energy, vitality, and willingness to lend a helping hand. It is very easy for any one of us to sit back and criticize another's efforts or ambitions. "You", as a responsible human being are the type of person we need to help us with your energy and ideas. Who can give an honest critique if they don't know all the facts, both on the inside as well as the outside? This is why we need YOUR help. What can you do to help us in our work? Just sit in your armchairs at home and ask these two questions. What am I doing for my fellow man and how can I help?

Here may be a few ideas that you might consider as you continue to read this article.

Our Junior and Senior Choirs have a pretty good number of people coming out to practices and at church on Sundays. We can always and gladly accept your voice, male or female into our choir. It is nice to have new blood in our choirs.

The annual meeting for both the North and South Site Chapels will be held on February 21 in the South Site Chapel.

There will be a Pot Luck Supper starting at 6:00 P.M. Everyone attending is asked to bring a food donation for the supper. This is a good chance to find out more information and help with your churches functioning for the following year. An increase in enthusiasm is greatly needed in all phases of the church's functioning. Dishes and cutlery will be provided.

Lent is almost upon us once again. This year the season will commence on Ash Wednesday, February 27. Anyone wishing to attend the Church Services is certainly welcome and we look forward to seeing you.

World Day of Prayer will be held in the Protestant Chapel (North Site) on Friday, March 1 at 2:00 P.M. Everyone is welcome. There will be coffee and dainties served afterwards. The nursery will be open in the annex for those of you who wish this service. This will be an ecumenical service for all denominations.

On the 3rd of March the Protestant Chapel (North Site), will be having a Family Breakfast at the Snack Bar at 9:30 A.M. It will consist of Bacon and Eggs, Toast and coffee. Cost will run approximately \$1.00 per serving.

Don't forget to mark March 27 on your calendars. The ladies Guild will be hosting a childrens movie at the Base Theatre. "Cinderella" will be the attraction for the youngsters. There will be two (2) shows — 1 P.M. and 3 P.M. All tickets available at the Cinema Box Office will be 35 cents for both children and adults.

In closing, we hope and look forward to having the privilege of meeting you. Only YOU can grant us the privilege of your friendship, your energy and your ideas.

FLOWERS
Dress up any occasion
Visit your friendly florist



Capri
FLOWERS

JAMESWOOD SHOPPING
CENTRE
2249 NESS AVENUE
ST. JAMES-ASSINIBOIA, MAN.
PHONE 837-8017

MOVING TO TRENTON?



write for free
map and
information on
— homes
— rentals
— mortgages

**BARRY &
FORCHUK**
REAL ESTATE LTD.

392-9228
82 Division St.
"EVERYTHING IN HOUSING"
G. E. Forchuk

Cadenza

It seems likely that the MANITOBA THEATRE CENTRE does not need another favorable review of *Godspell*, which runs to March 9th. While I very much enjoyed the musical play, I thought that the standing ovation given by the first night audience was really meant for the previous offering, the *Dybbuk*, which was possibly more deserving. The reviews in the two-to-one paper talked of "tumultuous thunder of applause", "waves of energy that surge over the footlights" and "songs that literally (sic) bounce you in your seat." All this was there, but not to the degree stated. Possibly the reviewer was writing ads for the use of MTC; and if so, he was no doubt very successful. By all means go and see it. But maybe you do not need an invisible shield to hold off the energy waves, or a cushion to land on when you bounce.

The set is simple and effective, and the cast uniformly good. Music provided by the group Sunny Lemmatina is also fine.

The Winnipeg Symphony almost became the Silly Symphony early in the month when Byron Janis, Pianist, made a guest appearance. The program billed that Mr. Janis would play

the Rachmaninov Concerto No. 1, while apparently no one had told him, and he was prepared to play the Rachmaninov No. 3. What happened was a mathematical compromise, and both the Orchestra and Mr. Janis came through with the R. Concerto No. 2, and considering the lack of rehearsal, both did quite well.

I have often compared the Symphony to a well-drilled military formation, with first class leadership. In this instance they managed to outdo any military foul-ups. However, they will no doubt live to fight another day.

Also showing early in the month was the Warehouse Theatre Production of *Eske Mike and His Wife Agiluk*, scenes from life in the Mackenzie River Delta. This Canadian play about the northern peoples and their white antagonists was true to life in many ways; but like most "Canadian" drama went a bit too far. E.g. the native Mother kills off two of her young, presumably to show that double trouble is better than single tragedy. The next play at the Warehouse is also by and for Canadians, being *Jamie Boy* by David Freeman. It will run March 13-23.

BINGO NEWS

It is hoped that this column will be of some interest to the bingo fans and will keep you all informed of the major prizes being offered every week at your Station Bingo. The names of the special prize winners will also be published throughout the year in this column. Due to the Voxair press deadline and it's bi-weekly issue, the publishing of the names of some winners might be delayed, but every effort will be made to minimize these. Also, it is expected to carry an ad in each issue of Voxair containing more information and to jog your memory that its Wednesday night again — time to get out and enjoy a relaxing yet suspense filled evening of bingo with your friends and neighbors at the old Rec Hall.

In addition to the regular door prize, the Base Exchange will carry on for an indefinite time, sponsoring a supplementary door prize for the following gifts: Wednesday 27 February — a beautiful instant load Super 8 movie camera S-500, 6 March — a gorgeous portable Sony Solid State radio 1CR-1826, 13 March — a marvelous silver Sheaffer ball point pen and pencil set

GB-10, 20 March — a lovely sterling silver charm bracelet (Forstner), and 27 March — a brilliant purple Ronson lighter, Varafame Comet 88.

Mr. G. Hallson of 7 Carnarvan Road, was the lucky winner of the \$95.00 top line in only 12 numbers at the Station Bingo on Wednesday 6 February. Also, the same night, Mrs. Dorothy Athey of 27 Rowand Avenue, won the \$5.00 door prize and Mrs. Donna Cadger of 1139 Buchanan Blvd was the proud winner of the gold setting cameo necklace. Wednesday 13 February, Mr. Melsted of 777 Parkhill won the \$5.00 door prize and Mrs. Jean Watchman of 434 Tinniswood Street was the happy winner of the X700 Magicube Camera with case. Wednesday 20 February, Mr. W. A. Perry of 410 Moorgate, won the \$5.00 door prize and Mrs. Norma Skakum of 211 Belvidere St., was the proud winner of the Base Exchange prize, a beautiful gold Sheaffer ball point pen. The jackpot for tonight (27 February) will be \$375.00 in 53 numbers and the top line already at \$45.00 in 12 numbers, so come on out and try your luck.



**You've got
a lot to live
Pepsi's got
a lot to give**

DOMINION WHOLESALE DISTRIBUTORS

WHOLESALE SUPPLIERS OF FINE QUALITY
FURNITURE, APPLIANCES, STEREO SETS,
COLOR TELEVISION, AND CARPETING

FEATURING FAMOUS NAME BRANDS

KROEHLER, SKLAR, ZENITH, PEPLER,
HOUSE OF BRAEMORE, TEAK, SEALY, G.E.,
KAUFMAN, SIMMONS and many more.

Dominion also carries a fine selection of paintings and
accessories to complement your decorating ideas.

PLEASE ENQUIRE AT YOUR BASE EXCHANGE
AND VISIT OUR
3-FLOOR DISPLAY OF FINE FURNITURE

92 PRINCESS STREET — PHONE 943-7471



"Chris" Welcomes You To
DEER LODGE

AUTOMOTIVE CENTRE

2001 Portage Ave. Phone 888-7909

Diagnostic Service, Tune-Up, Brake Service.
Wheel Alignment & Balance, Towing
All Parts and Work Guaranteed For 3 Months Or
4000 Miles

Open 24 hours daily 7 days a week

...from the diary of a mod housewife

by R. Kay

LET THEM EAT RUTABAGA!

Imagine, if you will, that those rebellious truckers in the U.S. had really put on a prolonged strike. Or imagine that one day there won't be enough gasoline to feed all those thirsty trucks on their routine runs to deliver the goodies from our friendly American neighbors to Canada. Don't even think of the rest of the economic implications for the moment (the mind boggles when contemplating all the aspects) — just consider vegetables and fruit, humble ingredients of our daily diets: the breakfast grapefruit or fresh-squeezed orange juice, the in-between banana snack, the ever-present lettuce, a bed for the dieter's cottage cheese and main ingredient in tossed salads, which also probably include radishes, tomatoes, celery, green peppers, green onions, and, for dinner vegetables, fresh cauliflower, eggplant, artichokes, broccoli, avocados...

ASK GRANDMA. It hasn't always been like this, of course. If you can't remember, ask your mother or grandmother (there must be somebody who remembers these things!) Summer and autumn always provided an abundance of delicious and nourishing vegetables, but in the long, cold winter, people had to make do

with what could be preserved in jars and crocks, packed in root cellars or dried.

SURVIVAL FOOD. Today, we don't have to do the preserving ourselves (have you been in any root cellars lately?), although quite a number of people still prefer to do their own. But even without the out-of-season luxuries, we can survive very well — as our grandparents did — on such vegetables as carrots, potatoes, parsnips, turnips, cabbage of several kinds, beets and, for a while, squash. Cheaper too. If we stretch the boundaries a bit, we could include hothouse cucumbers or perhaps brussels sprouts from B. C.

SATURDAY NIGHT SOUP Then there are dried legumes: peas, lentils and a variety of beans: from large white to small, speckled, multi-colored ones — all of them great sources of proteins, according to the nutritionists, and the basis of good, stick-to-the ribs, Saturday night soups.

TRIAL RUN. I thought it might be a good idea to forgo all the imported produce for a week or two, just to find out how it would be if we really had to make do with what is produced

See **HOUSEWIFE**
Column 1 page 9

FROM THE GROOVES

by Mark Cyluck

Many people felt that the parting of ways of Bonnie and Delaney was really going to be a loss to the rock world of music, but it appears to have only added two more seasoned greats to the rock scene. Delaney Bramlett's solo endeavor (with the help of a few new friends) shows the stuff he is made of, with a mixture of rock and blues. The main focus is on the rock, as a listen to "Are You A Beatle Or A Rolling Stone?", will prove. This song (as many songs of today) is dedicated to the famous groupies, who don't care who they spend the night with, so long as they are a rock star. This initial release pieces itself together in a melting pot, or on the "Möbius Strip" (KC 32420) to mix its blues and rock very pleasantly to fashion itself to my liking. "A Young Girl (In the Garden)" bears the same message that Crosby, Stills, Nash, and Young had in "Love the One You're With". "Circles" has that mixture of tunes that you have heard somewhere, yet can't figure out just what. If Blues is your bag (which it isn't mine), grab a listen to "Big Ol' Piece of Blues" or "When A Man Is In Need Of A Woman", "B.B.'s Blues", (dedicated to B.B. King), and "California Rain". "A Little

Bit of You In Me" is a beautiful piece lyrically and musically in a light country style. From the words I would almost say it was Delaney's reflections of his past with Bonnie Bramlett.

"Fully exposed" (Motown M784v1) is exactly what Willie Hutch is going to be, as he tries his singing abilities which blend him into a Sam Cooke sounding, Marvin Gaye style, funky guitarist-composer. The LP has no basic theme to it, but does furnish some good piano accomplishments through the efforts of Joë Sample from the Crusaders. The LP basically consists of many of Willie's thoughts and personal feelings, but none of real emphasis for radio play. The album does hold several notable selections for the man who composed the score for the movie "The Mack". The album consists of nine cuts, six of which Willie himself penned, consisting of catchy love songs like "I Just Can't Wait To Make Her Happy", and "Sunshine Lady". Side two holds more punch to it, as a listen to "Tell Me Why Our Love Turned Cold" and "If You Aint Got No Money (You Can't Get No Honey)" will tell you.

Are you acquainted with dwarfs, wizards, hobbits, and

magical rings? If you are, then you are probably one of the many fans of Professor Tolkien, the originator of "The Lord of the Rings", and its following books. Now to accompany the many books, maps, games, etc. is an album called (Music Inspired by) "The Lord of the Rings", by a Scandinavian, Bo Hansson. He and a fellow Swede made three albums (now collectors items) between '67 - '69. Jimi Hendrix was known to jam regularly with them and even invited them to tour with the Experience. Bo Hansson was fascinated by the works of Tolkien and thus came the inspiration for the album. Bo, himself, plays organ, guitar, Moog Synthesizer, and bass. He is joined by three others to perfect his endeavors, this awe inspiring album of fantasy. The LP in its entirety is instrumental, great for reading the books and listening at the same time, to visualize what is really happening. Go with him and be with the "Black Riders Flight to the Ford", take "A Journey in the Dark" to "The Grey Havens," or the "Old Forest", and see the "Scouring of the Shire". Beautiful, tasteful, dramatic, and picturesque, this LP of fiction and reality with the imagination.

THANK YOU

A hearty thank you to the intrepid parents and leaders who braved the cold Saturday February 2nd to hold a bottle drive. A special thank you to the people who made it a success by donating their bottles. And a warm thank you to the ladies auxiliary whose hot chocolate helped thaw us out.

Yours in Scouting,
104th Group Committee.

UNIPERM

Regular
2250

Now only
(Complete)

1750

Fashion '74
Barbara Cannell

Now, there is a unique and totally professional permanent waving system that actually eliminates ALL chance of perm failure. It's foolproof and is called The Helene Curtis Uniperm Precision Perming System. It gives firm curls that are soft and lustrous, and the solution used is extremely mild. It's an automatic system and can't over-perm as the controlled perming action stops in exactly six minutes.

It's ideal for women of all ages who want natural but controlled hair without tight, frizzy curl or the just-permed look of yesterday. Uniperm is the most dramatic innovation in permanent waving since the cold wave.

It's perfect for teenagers since it works on hair which doesn't respond to a cold wave treatment. The Uniperm lasts longer. As a body wave it's fantastic.

Reprinted from The Winnipeg Tribune

COLD WAVES - ON SALE

One Month Only

Reg. 20⁰⁰

Now 10⁰⁰

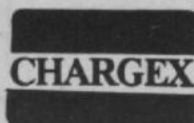
Reg. 15⁰⁰

Now 7⁵⁰

— including styling and regular cut —

Continental Styling

Whytewold Road
and
Ness Ave.



Phone 889-9421
or 837-6045

Open Thurs. & Fri. Evenings till 9 P.M.



WILKOMMEN

to WINNIPEG'S NEWEST FUN ROOM

"ZUM BRAUHAUS"

- Enjoy a large stein of your favorite beverage in a festive Bavarian atmosphere.
- Dance to the omm-pah-pah musik of the Adria and Resi Dux.
- Bratwurst — Weiswurst and Brauhaus Platte will challenge your appetite.

ENJOY EUROPE

at the

Zum Bräuhaus



Ein Prosit

NIAKWA MOTOR HOTEL

St. Anne's Road and Trans Canada Hwy. (E)
Winnipeg 8 — Ph. 253-1301

BITS AND PIECES

In the last day and a half I have received Memorandums (from on base units) typed in seven different ways. It is unfortunate that all correspondence on the base is not standardized. CFP 121(3) shows the correct format and like it or not all should follow it. Not only the typists are to blame, but the people that sign the correspondence. If it's not set up correctly, or it's not neat, don't sign it.

About "Big-Heads"

How utterly ridiculous are those who suppose themselves clever! Truly learned people are the first to admit they know precious little. It was Isaac Newton, one of the greatest of inquiring minds in mankind's history, who said: "I don't know what I may appear to the world, but to myself I seem to have been only a boy playing on the seashore and diverting myself in now and then finding a smoother pebble or a prettier shell than ordinary, while the ocean of truth lay all undiscovered before me."

One thing to be noticed and admired about the true scholar is his utter humility. He realizes how little any one of us knows about anything. And yet, how pathetic is that intellectual snobbery by which one person snubs or belittles another! So for goodness don't be a "big-head."

Quicker Dishwashing

Are you doing your best to shorten the chore of dishwashing. Here are a few little ways to make it quicker and pleasanter.

Dissolve one teaspoon of soda in a cup of hot water and set

near the sink while you wash the breakfast dishes. When you come to spoons or forks discoloured by eggs, drop them into the hot soda water. By the time you have finished washing the dishes your silver will be bright and shining.

If a pan to be washed is very greasy, heat it slightly and wipe with paper towel before putting it into the dishwasher. This will loosen the grease and enable you to wash it more readily.

Rinse milk out of glasses and utensils with cold water before putting them in soapsuds. Utensils used for eggs, milk, dough or cheese mixtures should be soaked in cold water for a short time. Those used for frostings, syrups or candy should be soaked in hot water.

When you are out of silver polish, pour either buttermilk or sour milk into a pan and place your tarnished silverware into it. Allow to stand for several hours, then wash in hot sudsy water, rinse and dry thoroughly with a soft, clean cloth.

One tablespoonful of salt and two of brown vinegar combined is excellent for cleaning copper.

What's on special?

If you regularly pick up advertised "specials" when you do your weekly supermarket shopping, check to see if the lower prices offered in the newspaper ads and store displays are actually marked on those items.

If any advertised "special" is marked at a higher price, make sure the cashier gives you the special price and bring the matter to the attention of the store manager.

Supermarket employees, like

Warrant Nelson Talking About ... "Downers"



Warrant Nelson Talking About - "Downers"?

The Encounter Group which meets regularly at the Protestant Chapel (North Site) under the direction of Mrs. Ev Graham, had as their guest speaker on Monday February 11th, Warrant Officer Ron Nelson. Warrant Nelson has been

active with the Base Drug Education Committee since its inception in '71. He led a lively discussion with the Encounter Group on the physical, mental, and legal aspects of nicotine, booze, uppers, downers, grass etc. **Base Photo**

all of us, are human.

And sometimes, for a variety of reasons, not every package or can of every item on special will be marked down to the lower price.

If it's not and the cashier isn't on her toes, you'll be paying that higher price unless you speak up.

Helpful Hint

If you are fond of pork sausage, but find the grease that remains after frying doesn't agree with you, boil them first to help remove the excess grease. One suggestion is to buy them in quantities when they are on

special at the supermarket. Bring them home and immediately put in pan of water. Cover, then boil for 15 to 20 minutes.

Drain, then rinse off under hot water from the tap to remove all the excess grease possible. Package them in plastic bags and keep in freezer. When required for eating, take out as many as needed and pop into hot frying pan where they will thaw and brown in a few minutes. There will be little grease left in the frying pan.

Looking for a foolproof diet? Try this: Eat only when the news is good!

OFFICERS' WIVES CLUB TO MEET

The OWC will meet on Tuesday, March 5, at 8:00 PM in the Officers' Mess. A representative from Weight Watchers will be present to give us some facts on proper diet and health care. Information, not only for the overweight, but for those who are lucky enough not to be, will be discussed and dispelled. Come out and bring a friend for what should be an interesting evening. It will also give you a chance to see the "new" mess.



WINE — DINE — DANCE
AT THE

International Inn

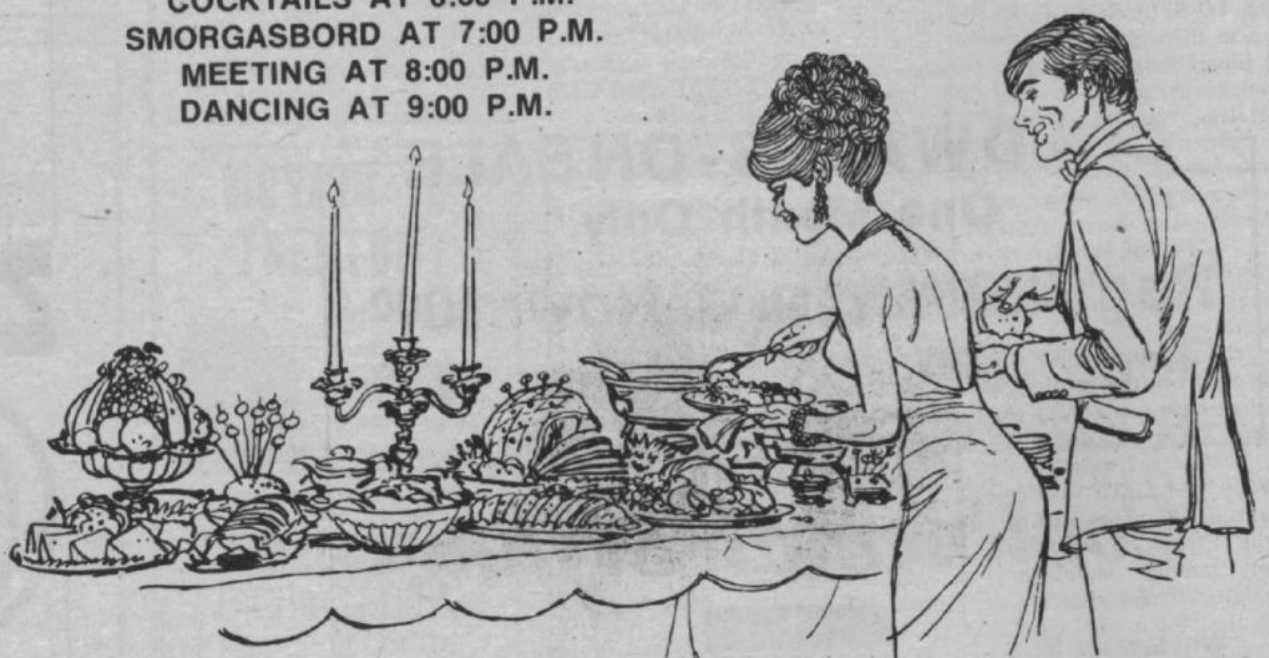
— BRING A FRIEND —

TICKETS \$ 3.00 PER PERSON

ANNOUNCING 16th ANNUAL MEETING ASTRA CREDIT UNION

Saturday 16th March

COCKTAILS AT 6:30 P.M.
SMORGASBORD AT 7:00 P.M.
MEETING AT 8:00 P.M.
DANCING AT 9:00 P.M.



Tickets Available at all Astra Credit Union Offices
1907 Portage Ave., 888-8690 — CFB Winnipeg, 889-4437
1080 Wall St. — 786-6689

LAUGHING AT OURSELVES

by John Semeniuk

HOW'S THAT AGAIN(?): The patient opened her eyes and asked, "Well, Doctor, was the operation a success?" "Sorry, Miss", was the quiet reply, "But I'm St. Peter."

EGO TRIPPING: Mother's tranquility was brought to an abrupt halt by the ear-shattering shouting of her young daughter. Hollering upstairs to her daughter, the mother asked, "Debbie, why can't you be quiet like your brother Chris? He isn't making a sound." "He isn't supposed to make a sound", replied Debbie, "We're playing our family. He's daddy getting home late for dinner and I'm you!"

N-OO-SE(?): Recently in Northern Ireland, the British Army was forced to evacuate the residents of an entire street as they had learned that a time bomb had been planted somewhere in the neighbourhood. One gentleman, however, refused to leave — insisting that he must remain to hear the six o'clock news. After

a hectic argument, the soldiers agreed to let him remain at his home temporarily until they could get further orders from their superiors. Unfortunately, (as sometimes happens in cases like these) the man was completely forgotten about. Finally after it was all over and the bomb had exploded, one soldier said to the other, "I wonder if that bloke ever heard his six o'clock news?" "Eard it?", replied his mate, "E was it!"

A TURN FOR THE VERSE: Betty Battle bought some butter

"Baw," said Betty, "This butter's bitter"

Hence, Betty bought some better butter

She mixed the better butter with the bitter butter

Thus Betty made the bitter butter better

(ANY QUESTIONS)

THE MARRY GO ROUND: A Winnipeg man was sitting

outside on his front porch in freezing cold weather. An anxious neighbour inquired about this strange behaviour. "My wife is about to start her singing lessons," explained the man, "And I don't want any of you to think that I'm beating her!"

LIS-UN TO DE BOIDY SING: Canvas-back McDuff (a professional boxer) was knocked down at the one-second mark of the first round. As the referee began to count, Canvas-back's manager shouted, "Stay down until eight!" "What's de time now?", inquired the dazed pug.

DIARRHOEA OF THE MOUTH(?): First Critic: "I don't think the Premier put enough fire in his speech." Second Critic: "In my opinion, he didn't put enough of his speech in the fire!"

HOUSEWIFE

Continued from page 7

in our own area and would be available in a time of real crisis. Let me tell you, you wouldn't go hungry. You can also save money. You may have to change your habits and menus a little and adapt to slightly different routine. I found several new ideas and discovered some interesting recipes, all making use of our home-grown vegetables and fruits.

REDISCOVER PARSNIPS. How about, for example, a Swiss-inspired breakfast of raw, rolled oats with fresh grated apple (maybe some raisins) and brown (Manitoba) sugar and milk? Children love this, but grown-ups too. To replace lettuce, look for new ways to make cole slaw and other fresh salads, from grated carrots, red cabbage; or cooked ones, from beets, green or yellow beans (preserves or tins). And before looking for the easy way out — the convenient, but also expensive, frozen foods, try a variety of ways to cook and serve red, white and green cabbages. And there is always Sauerkraut, of course. Rediscover parsnips and turnips. Vary your recipes to give them interest and glamour. Call them rutabaga and see what happens.

URGE TO SPLURGE? Fresh tomatoes in the supermarkets — forget them! Besides being shockingly expensive, they are also tasteless and of inferior quality right now — definitely not worth buying. If you want to dine extravagantly, splurge on fresh mushrooms, grown right here in Manitoba. Every cookbook offers several recipes. It is no real hardship to survive on homegrown food — on the contrary: the possible danger of being cut off from the southern supplies may have just served to make us more aware of our own wealth.

FRENCH ALTERNATIVE. Marie Antoinette made history during the French Revolution with her famous statement regarding the bread shortage. She said: "Let them eat cake!" We have come a long way since then in the choice of our alternatives. When it comes to vegetables, let us eat rutabagas any time.

RUTABAGA
1 medium-sized rutabaga

(turnip), peeled and coarsley grated
2 tablespoons margarine
salt and pepper
1 cup bouillon
½ cup chopped green onions
1 tablespoon sour cream Sauté the rutabaga in the margarine about five minutes, stirring constantly. Add bouillon and bring to boil. Simmer, covered, for five minutes, add onions and cook a few more minutes. Add sour cream and season to taste. You could put them into a hot oven for a few minutes to brown the top.

PARSNIPS
This sweet, inexpensive vegetable can be prepared in a number of ways. You can peel and cut it into slices, boil it in slightly salted water, drain and serve with a cream sauce or buttered crumbs.

Or you can cut the parsnips into long slivers, boil them until almost tender, then stir them around in some melted butter and put them into the oven until browned.

1 cup buttermilk
1 tablespoon mayonnaise
1 tablespoon sour cream
1½ teaspoons lemon juice
1 small onion, grated

pepper and salt
about 4 cups shredded cabbage
Whisk buttermilk, mayonnaise, sour cream and lemon juice. Add onion, pepper and salt, blend well and pour over cabbage. Chill — at least a few hours. (Six servings — 55 calories each.)

BEETS CARAWAY
1 teaspoon sour cream
¼ cup buttermilk
1 teaspoon butter
1 tablespoon lemon juice
pepper and salt
½ pound beets, cooked, sliced and drained
½ teaspoon caraway seeds
Combine sour cream and buttermilk and set aside. Melt butter and add all remaining ingredients. Toss and warm thoroughly, then add buttermilk-cream mixture. Continue warming, but do not boil. (6 portions at 56 calories each.)

TAKE CARE WITH SLEEPING PILLS

Sleeping pills should be used with care, reminds Consumers' Association of Canada. The body develops partial tolerance after ten nights. After three months of regular use tolerance is complete. The bad sleeper then increases the dose and tolerance again develops. As the nightly dose approaches a lethal quantity, accidents and even deaths result and after a long period of use, the body requires weeks and often months to return to a normal sleep pattern.

TAX HELP
THIS YEAR PREPARE YOUR
INCOME TAX RETURN
WITH CONFIDENCE... Let
NORMAN
do it.
Contact
W.O. FRED NORMAN
today and have your 1973
Tax Return prepared by a
competent Tax Accountant.
Confidential Service.
Reasonable Rates \$5 up
PHONE
888-7139
All Returns Guaranteed

SILVER HEIGHTS APTS.
2255 PORTAGE AVE.
PARK TOWERS APTS.
2300 PORTAGE AVE.
Beautiful furnished or unfurnished 3 and 4-room suites in new blocks. Modern appliances and many more features. Please contact.
Apex Agencies Ltd.
208 SILVER HEIGHTS
Shopping Centre
832-4888
HANDY TO CAF STN.

Calendrier Francais

28 Fév 1 et 2 mars — 20 h. 30 La classe universitaire du Collège St Boniface présente "LE BAL DES VOLEURS" au Centre Culturel
8 - 9 et 10 mars — Le "100 NONS" présente "LA CLE DE SOL"

"WEST" FEATURES WINNIPEGGERS

West, the startling NFB series profiling a cross-section of the people of life-styles of the Canadian west today, turns its focus close to home on February 27 and March 13 at 10:00 p.m.

Wednesday, February 27 at 10:00 p.m., West looks at "The New Boys" — film view of the new boys during their first two weeks at St. John's Cathedral Boys' School here in Winnipeg. The boys are shown getting haircuts, being issued rain gear, and told to go on a challenging 320 mile, 10 day canoe trip down the English River, across Lake Winnipeg, and up the Red River.

The program focuses on highlights of this trip, from carrying the eightman canoes

through portages and eating hardtack to struggling through heavy currents and slogging through muddy swamps. Following the trip Headmaster Frank Wiems explains the purpose of the assignment to the boys, likening the experience to the battleground of the adult life they will face after completing their education. The Director of "The New Boys" is John N. Smith, who is also Executive Producer of West.

Wednesday, March 13 at 10:00 p.m. the West cameras focus on "The Jews of Winnipeg", in a film directed by Bill Davies for the NFB. It's a film about the first Jewish settlers who came to Winnipeg and the community they founded in 1882.

BINGO \$375.00 BINGO
Jackpot
in 53 Numbers
TOP LINE \$45.00 IN 12 NUMBERS
Every Wednesday Nite 8 P.M. Bldg 21
27 February
Admission \$1.00 Extra cards available

BY LAND —
BY SEA —
BY AIR —

GORDON HOTELS LTD.

Welcome To The Big "A"
Entertainment Nightly 9:00 p.m. - 1:00 a.m.
Your Host: Norm Webb

ASSINIBOINE GORDON HOTEL
1975 Portage Avenue Phone: 888-4806

Jack Bessey (CAF Retired)
at your Newest Import Dealership

Westview For Mazda
3341 Portage Ave.
Phone: 889-4413

Best car of the year THE MAZDA RX-Z (Wankel) complete line of quality built Mazda cars. We have for all your automobile needs, parts, service and mechanics operating our Service Dept.

YOUR AUTOMOTIVE NEEDS SEE 'JACK'

Winnipeg Centennial Model Contest

The City of Winnipeg is celebrating its Centennial in 1974, being 100 years old. One of the most interesting and challenging competitions will be the Scale Model Building Contest which the City of Winnipeg Centennial Committee is actively sponsoring.

General

- (1) Contest is open to all ages regardless of sex;
- (2) No models may be entered after midnight (local time, Winnipeg) 15 May 1974;
- (3) The judging will be done by the Winnipeg Chapter, International Plastic Modellers Society;
- (4) Models must be delivered to and picked up at Building 81, Canadian Forces Base, Winnipeg (map of location follows article);
- (5) The models become the committee's property to display as they see fit until 31 Aug 74.

Age Groups

Age will be determined by proof (birth certificate, baptismal certificate, etc.) as of midnight 15 May 74 (i.e., 8 yrs if birthday 15 May or 9 yrs if 16 May 74). Both sexes in same age groupings.

- (1) 0 to 8 year old;
- (2) 9 to 12 years old;
- (3) 13 to 17 year old;
- (4) 18 years and older.

Model Categories

- (1) Land - includes armour vehicles, cars, trucks
- (2) Sea - includes ships and hovercrafts
- (3) Air - includes aircraft and spacecraft
- (4) Other - includes dioramas, buildings, figures, etc.

Construction

Models may be built from kits or any material desired and will be judged on workmanship, finish, accuracy and originality.

Prizes

Each age group will be presented in each model category a first, second and third prize.

- (a) All first prizes will consist of a trophy or plaque and a \$20.00 cash voucher;
- (b) All second prizes will be a ribbon and a \$10.00 cash voucher;
- (c) All third prizes will be a ribbon and a \$5.00 cash voucher.

In addition to the above mentioned 48 prizes, there will be two grand prizes. These two grand prizes will be divided strictly by age and not by classification.

- (a) The Junior Grand Prize - 12 years of age and under - a trophy and a \$25.00 cash voucher.
- (b) The Senior Grand Prize - 13 years of age and older - a trophy and a \$50.00 cash voucher.

Registration

All models must be delivered to building No. 81 Canadian Forces Base, Winnipeg between 1200 noon, 1 May and midnight, local time Winnipeg, 15 May 74. Registration forms must accompany each model or may be completed at time of registration. The builder must sign the registration form.

Judging

The judging will take place from 16 May to 24 May 1974 and the prize winners will be announced by newspaper and radio, as well as telephone on Friday 24 May.

A registration form follows this article.

Displays

All prize winning and honorable mention models plus certain other models (as required by the committee) will be retained and displayed by the

committee as they see fit and deem so required. The trophies, plaques, ribbons and cash vouchers will also be retained for appropriate display.

Model Return

All models not required by the committee must be picked up by 5 p.m., 31 May 1974 at Building No. 81, CFB Winnipeg. Those models retained by the

committee will be available for pickup by the owners or his representative approximately 10 a.m. 31 Aug. 74.

Further information, if required, may be obtained by writing to, or telephoning, the Canadian Forces Recruiting and Selection Unit, 2 M - 266 Graham Ave., Winnipeg, Manitoba.

WINNIPEG CENTENNIAL MODEL CONTEST

REGISTRATION FORM

NAMESEX AGE

ADDRESS

TELEPHONE BIRTH DATE

CATEGORY

(state Air, Land, Sea or Diorama)

MODEL

(give name and type and a brief description, stating colours and markings)

I understand and agree to the following conditions:

- (a) The judges' decision is final and binding.
- (b) No models may be entered after midnight 15 May 74.
- (c) The models become the Committee's property to display as they see fit.
- (d) The Committee accepts no responsibility for damaged or destroyed models (all due precautions will be taken).
- (e) The owner/builders will be advised when to pick up their models after judging and no later than 31 Aug 74.

Signature of Builder/Owner



1974 Winnipeg Centennial Scale Model Contest

Registrations accepted up to 15 May 1974

ENJOY WINTER AT SUNNY HARBOUR . ONLY MINUTES FROM WINNIPEG



- Tobogganing
- Snowshoing
- Skating
- Cross Country Skiing
- Snack Bar

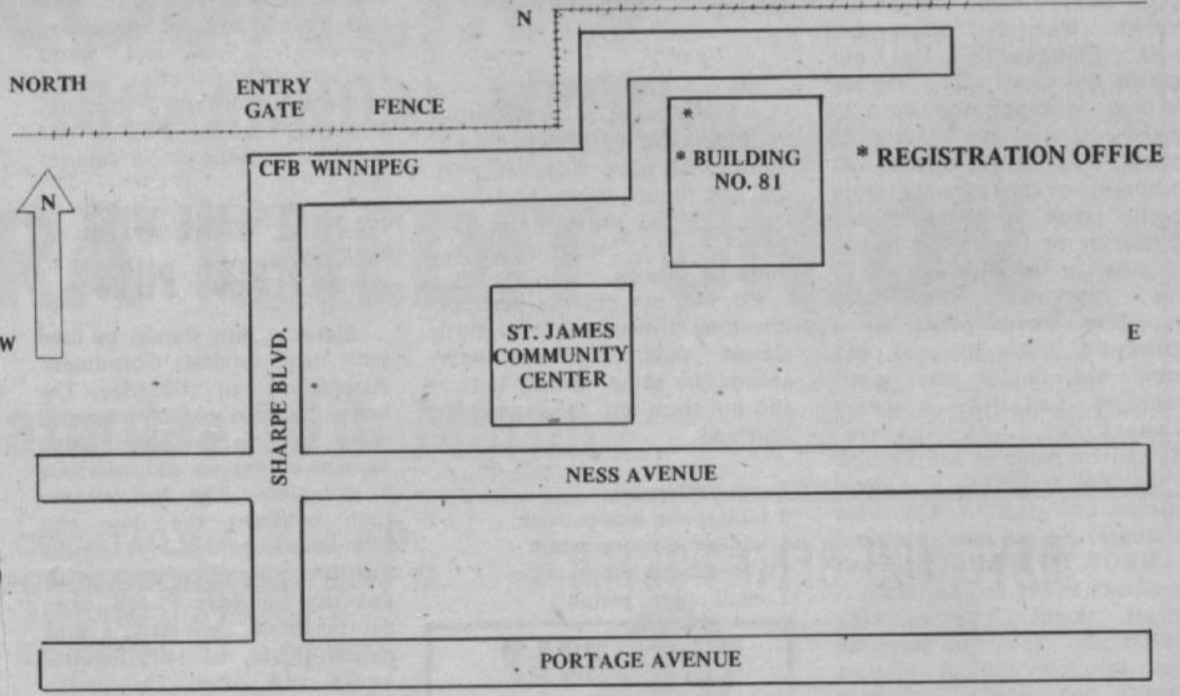
• Plan a Skating or Toboggan Party

• Only 7½ miles west of the Perimeter Hwy. On No. 1 Highway

• Snowmobile from the perimeter only a half hour up the Assiniboine River to Sunny Harbour snack bar.

• Open 7 days a week.


• Use your trailer as a winterized cottage.



MOVE

Continued from page 2

adjacent to the buffer zone



OR INN

Portage Avenue

P

E DOWNS

Black Stallion

Different.

currently being established by UNEF. Nearby are two UN brigades which the Canadians are tasked to support.

Returning from a reconnaissance tour of Ismailia, Gen. Holmes said that "it has all the facilities we require, including a 4,000-foot runway for our aircraft." However, he says the base definitely has the scars of war. It has been bombed and shelled, some buildings have no roofs, and there's a shortage of glass in windows, he added. Those undamaged are suffering from neglect, not having seen a brush, broom or paint for more than 18 years.

He also explained that remaining electrical and plumbing facilities are in workable condition, but that there were "more water outlets without taps than with."

"Providing the UN has the money, manpower and time to put it in shape," Gen. Holmes estimated that "perhaps within a year we could have it upgraded to a reasonable standard."

He also said that before moving to the base, which is about the same size as many medium-sized bases in Canada, "the Polish engineers and ourselves will whip it into some kind of shape." His aim is to establish a reasonable standard of living and working conditions, he said.

As the race starts, to clean up the place for the UN logistics force, Canadians will leave behind the grandstand, betting windows and stalls of Cairo's Camp Chams racetrack, which they have come to know so well since arriving in Cairo last November.

WINE — DINE — DANCE

AT THE

International Inn

— BRING A FRIEND —

TICKETS \$ 3.00 PER PERSON

Base Transportation News and Views

Wagon-Express

Chief of Defence Staff Plaque

CFB Winnipeg has the distinction of winning the Chief of Defence Plaque for the lowest accident rate in the Special Purpose vehicle category in Training Command in 1973.

The Chief of the Defence Staff MSE Safety Plaque is presented annually to the base in each of Maritime Command, Mobile Command, Air Defence Command, Air Transport Command, and Training Command attaining the lowest accident rate in the special purpose vehicle category for the previous year. The vehicle

accident rate is determined by multiplying the number of CF vehicles involved in accidents by a constant of 100,000 and dividing by the amount of miles operated for the period.

During 1973 CFB Winnipeg special purpose vehicles, including heavy equipment, refuelling tenders, aircraft towing tractors, compiled a total mileage of 184,415 and were not involved in any accidents. This is indeed a most enviable record and certainly is a credit to the professional skills and defensive driving habits of all drivers concerned.

DEFENSIVE DRIVING AWARDS



Cpl R.E. Peita (R) MSE OP receives the Bronze Instructor Achievement Award for 160 hours of Defensive Driving Course instruction from Capt B.P. Uglov, MSE Safety Officer TCHQ. Members of the Instructor Development Course, presented by MSE Safety on 13-14 Feb 74, look on. **Base Photo**



Cpl C.J. Tremblay, (L) Safety Supervisor, is presented with the Gold Instructor achievement award by Maj M.W. Drapeau, Base Transportation Officer. Cpl Tremblay has instructed over 750 hours of Defensive Driving Courses in the promotion of safe and courteous driving practices. **Base Photo**



SAFETY SAM SEZ

As Chinooks waft over the large expanses, licking up the snow and making young men's fancy turn to... we notice the speed of automobiles increase concurrent with drivers state of mind in springtime.

This being the age of candid confessions, wherein everyone from wife beaters to child molesters are purging themselves in print, I suppose a confession by a senior officer in our midst is not extraordinary. "I am an unrepentant fast driver," he said. "I like nimble, well-engineered, high-speed automobiles and I tend to drive mine on open roads at velocities often beyond the posted limits."

This of course is contrary to Canadian Automotive ethos which brands cars as tools of the devil with elitist citizenry aiming their Corvettes and T-birds down country roads bulldozing the common people's Model T's into ditches. Unfortunately it is not that simple a proposition. People who crash cars may speed, but people who speed don't necessarily crash.

Harsh law enforcement directed against speeders has often been counter productive. One case involves Connecticut, where the Governor's war on speeders increased the per-mile accident probability by 8 percent and boosted the state's accident and injury rates. The war campaign was shelved. Some traffic experts say that evidence in favour of speed limits is doubtful and that they do not reduce accidents. Speed limits are even pointed at as causing an increase in fatalities. In any case, they do embitter the relationship between the police and the public, as anyone collared in a radar trap, and then subjected to the production line,

cash-register traffic justice, will agree to.

The Commander of the Los Angeles Police Traffic Bureau

stated, "We simply have no concrete proof that speed enforcement has any impact on incidence of traffic accidents." The relationship between high speeds and accidents simply does not exist unless factors such as alcohol, drugs, weather, suicide, etc., are introduced.

The arguments in behalf of See SAFETY SAM Column 2 page 14

RESIDENTIAL - SALES - LISTINGS

For Better Results Call

Geo. J. Lis Realty Ltd.
7639 PORTAGE AVE., WINNIPEG, R3J 0P7
889 5533

EVALUATIONS • MORTGAGES • INSURANCE

George Lis - Office
phone number 889-5533
WE HAVE CASH BUYERS



GEORGE LIS 837-1133

W. C. COLLINS TRUCKING

Snow Removal
Top Soil - Sand & Gravel
Digging Driveways
Landscaping - Leveling
HD4 Tractor - Front-End Loader
2 Tandems and 1 Single Axle 3-Ton

35 Gibraltar Bay Phone 888-4383



PETER PAN CLEANERS

"YOUR NEIGHBOURHOOD DRY CLEANER AND UNIFORM SPECIALIST"

Phone 837-1333

For **Free Pickup and Delivery**

SAME DAY SERVICE
"Try Us And Compare"

Hours: Mon.-Fri. 0730-2100
Saturday 0730-1800
2165 PORTAGE AVE. AT SHARPE

QUALITY WORK
FAST SERVICE

HAVE YOU BEEN POSTED?

If so... let Canada Permanent Trust help you to take the worry out of selling your home.

You provide:

- * Your home, and
- * agree to let us list your property for sale.

We provide:

- * an experienced sales representative who will be pleased to call on you at your convenience to assist you in evaluating your home.
- * the necessary experience to place your home on the market at a time that it will bring you top market dollars.
- * maximum possible exposure on the market.
- * a Guaranteed Sales Plan.
- * if you have to move in a hurry, you can take advantage of our national referral programme with over 50 offices from coast to coast to serve you.

PLEASE CALL HARRY BAUER
Office: 774-2483 Home: 489-2857

CANADA PERMANENT TRUST REAL ESTATE
232 Sherbrook Street



Jack Bessey

Jack Bessey (CAF Retired)

at your Newest Import Dealership

Westview For Mazda

3341 Portage Ave.
Phone: 889-4413

Introduces the import car of the year THE MAZDA RX-Z (Wankel Powered) and its complete line of quality built Mazda cars. We have complete facilities for all your automobile needs, parts, service and journeyman mechanics operating our Service Dept.

FOR ALL YOUR AUTOMOTIVE NEEDS SEE 'JACK'

BAMEO CARLSBERG BONSPIEL

It was Carlsberg Day for the 24 rinks at the annual Spring BAMEO Bonspiel held Feb. 2.

The major trophy for this day was the Maskell Memorial

Trophy which has been hotly contested for since 1962. This

year it was Sgt Stu Adkins foursome edging out Frank

Marsh's rink for the coveted trophy.



Maj S. E. Beaudoin presenting the Maskell Trophy to L to R, Sgt S. Adkins, M/Cpl R. Reid, Mr. J. Johnston, and Mr. R. Green.



I will shake your hand Frank, but give me that case of beer. Our Maj congratulates the runners-up for the Maskell Trophy; L to R Cpl F. Marsh, Mr. I. Parkaseugh, Cpl R. Thevenot and M/Cpl J. Glennie.

Base Photo

Base Photo

Standard Aero Engine Limited

No. 6 HANGAR

INTERNATIONAL AIRPORT, WINNIPEG, MAN.

PHONE Spruce 2-0461

Specializing in Overhaul and Supply of Aircraft Engines and Accessories

Contractors to the C.A.F.

PATRICK REALTY LTD.

Real Estate and General Insurance

DO YOU

- WISH TO BUY A HOME?
- HAVE A HOUSE TO SELL?
- REQUIRE HOUSEHOLD INSURANCE?
- REQUIRE CAR INSURANCE?

LET PATRICK'S HELP YOU

- GUARANTEED SALES PLAN

Call DON MacMURCHY, S/L Retired, 837-4250
RUSS DRABIK (Sgt. Retired), 832-0473
2003 Portage (Opp. St. James City Hall)
837-1366

RETIRING SOON?

Are you planning on retiring from the Armed Services in the near future? If so perhaps we may have the answer to your next career opportunity. Lightmaster Ltd. is now employing several retired military personnel as Commissioned Sales Agents throughout the various territories in Canada. We offer a selection of top quality lighting products for Commercial, Industrial and Municipal use. These specialized guaranteed products are sold directly to the end user and are now being used by dozens of Canada's foremost companies. Our repeat business factor is over 75 percent. Your full commissions are paid to you each week with no investment necessary. Our most successful sales staff are in the 40 to 55 age bracket. A local Manager would be available to assist a self-starter who is seeking a career opportunity in the area where you would be taking up permanent residence. If this is the type of position you are seeking please telephone collect (416) 632-9020, Don Crossley, or write Lightmaster Ltd., 2384 Industrial Street, Burlington, Ontario.

Whoops Said The General

Cairo (CFP)—And what, General, do you miss during your tour here in the Middle East? asked a reporter of Brig Gen Donald E Holmes, at a news conference for 40 international journalists.

I miss, fired back the Commander of the Canadian Contingent to the United Nations emergency force, my color television set, my wife and my own car.

I notice, piped up another reporter, that you give Mrs. Holmes second billing... whereupon the General hurriedly followed up, I miss all of these things, but not particularly in that order.

Other, less entertaining, questions and answers followed as Gen Holmes explained the role of the Canadians in the logistics task shared with the Polish contingent.

He was speaking to representatives from Pravda, Tass, Reuters, The Polish Press Agency, The Austrian News Agency, Dutch Radio and Television, Al Ahram, Al Ahkbar, Associated Press, New York Times, Newsweek, Time and others. Gen Holmes said the logistics task was being conducted successfully because

of teamwork by the two nations. He also briefed the news representatives on other matters ranging from the welfare of the Canadians to more technically and politically oriented topics. Asked by a Russian reporter if political differences between the Canadians and the Poles interfered with their work, he

said, Both forces are military, both are professional, and because of this, any political differences there might be have no meaning here.

Gen Holmes took command of the Canadian contingent in mid-January, succeeding Brig Gen DS Nicholson in the post.

JAMAICA WORKSHOP

Ottawa—Three airmen from the Canadian Forces will spend two months in Jamaica assisting the Jamaica Defence Force (JDF) in flying training and setting up an aircraft workshop.

The three are Capt. L. J. Harbord of 403 Squadron, CFB Galetown, a pilot, and Sgts L. F. O'Brien, 408 Squadron, Namao, Alta. and William Reading, 2 Aircraft Field Maintenance Squadron, Ottawa, both technicians.

Capt. Harbord will advise the JDF in flying training of pilots and assist in non-operational flying of JDF helicopters.

Sgts O'Brien and Reading, in addition to helping set up an aircraft workshop, will assist in servicing and repairing of aircraft.

The project is authorized

under the Military Training Assistance Program, by which Canada assists developing nations in the Far East, Africa and the Caribbean. Twelve nations are recipients of Canadian help under this program.

RICHARDSON ANNOUNCES PROMOTION

Ottawa—Defence Minister James Richardson has announced the promotion of Colonel Louis H. Wylie, 52, to the rank of brigadier-general. He serves in Ottawa as commander of Communication Command.

Born at Oxbow, Sask., in 1922, Gen. Wylie graduated from the University of Toronto in 1948 with a master of science degree.

His military service began with the University of Saskatchewan contingent, Canadian Officers Training Corps in 1941. In 1944 he transferred to the Canadian Army as a second lieutenant.

Serving in various staff positions, he was selected in June, 1954, to attend the Royal Military College of Science (RMCS) in Shrivenham, England. He returned to RMCS in 1957 when he was selected to attend the 8th Guided Weapons Course there.

Following this, Gen. Wylie served in various staff and senior staff positions until his appointment in January, 1970, as commander of the Canadian Forces Communication Command.

WHY LIST OR PURCHASE THROUGH US?

1. The staff consists of professional realtors, fully qualified to assist you with financial, marketing or related problems.
2. Our Western Canadian branches bring many purchasers to your door through our referral system.
3. Our Guaranteed Sales Plan releases you from your home immediately, and with ease.
4. We're open 6 days a week, 'till 9 p.m. weekdays and 5 p.m. Saturday to serve you.
5. Fifty Years experience assisting Western Canadians with their real estate problems.



Real Estate Ltd.

2628 Portage Avenue

R3J 0P8

889-0914



Bill Simpson from Carlings, presents the Carling's Award for "B" Event to L to R M/Cpl M. Paine, Cpl M. McPherson, Cpl E. Pawchuk and first time winner of anything Cpl J. Deby. **Base Photo**



Bill Simpson, Carling Representative with the runners-up of the Carling's Award. They are, L to R, Mr. D. Pelequin, M/Cpl Gentle Ben Rice, Cpl R. Foster, and Cpl K. Horack. **Base Photo**



Capt E. W. Fletcher ARO congratulates the winners of "C" Event. They are, L to R, Cpl S. Baxter, Cpl R. Henschell, Cpl Smiling Bill Lanctot and Cpl "Dougie Digit" Reich. **Base Photo**



Capt R. W. Fletcher congratulates the runners-up of "C" Event. Team members are, L to R Capt G. Redekopp, and fresh M/Cpl J. Hooper, Cpl G. Jackabowski, and Mr. W. Johanasson. **Base Photo**

SWIMMING COURSES REVISED SCHEDULE

WESTWIN POOL	DATES	TIME & DAY	REGISTRATION	DURATION	COST
Water Safety & Learn to Swim	4 Mar to 10 May	Mon & Wed 1730-2030	18 Feb - 1 Mar 18 Feb. - 1 Mar	10 weeks 20 lessons	\$5.00
Bronze Medallion	4 Mar to 10 May	Mon & Wed 1630-1730	18 Feb - 1 Mar 18 Feb - 1 Mar	10 weeks 20 lessons	\$5.00 plus Books & Exam Fee
Adult Swim	4 Mar to 10 May	Mon & Wed 2030-2130	18 Feb - 1 Mar 18 Feb - 1 Mar	10 weeks 20 lessons	\$5.00
Minnows - 0-3 yrs.	5 Mar to 11 Apr	Tue & Thur 0930-1000 1000-1030	18 Feb - 1 Mar 18 Feb - 1 Mar	6 weeks 12 lessons	\$3.00
Tadpoles - 4-5 yrs	5 Mar to 11 Apr	Tue & Thur 1400-1430 1430-1500	18 Feb - 1 Mar 18 Feb - 1 Mar	6 weeks 12 lessons	\$3.00

FOR MORE INFORMATION CONTACT BOB PATTISON
BUSINESS PHONE 888-5021 HOME PHONE 888-6576

AVCO

IF THERE IS ANYTHING
ADVERTISED YOU WOULD
LIKE TO OWN - REMEMBER
WE CAN HELP YOU BUY IT

AVCO FINANCIAL SERVICES

CHARLIE CARROLL
MANAGER

PHONE: 888-8354 3380 PORTAGE AVENUE



AL BENDER, R.C.M.P. (Ret.)
786-7531, 837-7144



BOB JACKSON, C.A.F. (Ret.)
786-7531, 888-3552

**For Prompt and Courteous Service
in Selling or Buying Property...**

CALL ON THE NATIONAL TRUST
SALES TEAM FOR ANY
ASSISTANCE IN THE
FIELD OF REAL ESTATE

**National
Trust**

SINCE 1898

**REAL ESTATE
DIVISION**

155S POLO PARK SHOPPING CENTRE

Other offices to serve you: Toronto - Montreal - Hamilton
Edmonton - Calgary - Vancouver - Victoria.

Jackson for Action

in all Real Estate
Transactions

Real Estate Division
NATIONAL TRUST

Bus: 786-7531

Res: 888-3552

AMAZON MOTEL

TWO LOCATIONS

3125 Portage Avenue
Winnipeg, Manitoba
832-1377

and

1135 West Miracle Mile
Tucson, Arizona 85705

Modern, Electric Heat, Air-conditioned, Colour T.V.,
Baths, Cooking Units (Winnipeg), Swimming Pool
(Tucson)

INSTRUCTOR DEVELOPMENT COURSE



The MSE Safety Sub-section of Base Transportation presented an Instructor Development Course 13-14 Feb 74 to qualify Defensive Driving Course instructors. Pictured are instructors, staff and candidates from left to right. Front, Sgt W. Melville (instructor), Capt B. P. Uglow (instructor), Major M. W. Drapeau

(BTNO), Cpl C. J. Tremblay (instructor), Major C. C. Lindsey (candidate). Center, Cpl G. J. Rondeau, Cpl W. A. Whiston, WO R. W. Briggs, Sgt C. J. Howard, Cpl B. H. Burgess. Back, M/Cpl H. A. B. Walsh, M/Cpl T. G. Tennant, Sgt T. S. McRae, WO E. G. Guillet and Capt R. Martel.

Base Photo

WESTWIN ABC HOCKEY THE BEST

Westwin ABC's, after a tie game with St Francis on Sun. 20 Jan, travelled to the St Charles CC Tues 22 Jan. Westwin were victorious, defeating St Charles 6 to 2. Four goals by Joey Rice, with singles by Doug Swanson and Wes Waddell sparked the club.

On Sun 27 Jan, Westwin played host to the Airway's CC for the second time. Westwin came up with another victory, this time 7 to 0. Joey Rice again scored four goals, Glenn Brauen had two, and Wes Waddell potted a single. Hard work by the other forwards, defence, and our two goalies, continue to keep Westwin on the winning side.

Sun Feb 3 Westwin were host's to the Crestview Canucks. Westwin came on strong in the first period, 4 goals, to Crestview's one. They added 3 more in the second, Crestview rallied with 2 goals. The third period was blank, the game ending Westwin 7, Crestview 3. The scoring on this occasion reflected a good effort by all. Goals were by Tim Harrison, Jeff Woaster, Blaine Bonnell, Glenn Brauen, Wes Waddell, and a double by Joey Rice.

Sun Feb 10 Westwin met Kirkfield West, who they had previously tied. During this game, Westwin developed a good lead of 4 to 0 at the end of the second period, which was to

carry them through to the end of the game resulting in a 5 to 3 win. Goals were by Bonnell (Hat Trick), Brauen (1), Waddell (1).

Westwin travelled to Heritage Tues Feb 12 with 5 team members on the sick list. Westwin still managed a 6 to 4 win.

Sun Feb 17 Westwin travelled to Kirkfield East to play the last game of the regular schedule. It was a close game. Kirkfield took the lead in the first period. Westwin tied it up in the second. Kirkfield took the lead again in the third period, but were unable to hold it as Westwin came back to win the game 3 to 2. Goals were by Maidment, Woaster, and Rice.

This has truly been a fabulous year for this team of 11 and 12 year old boys. The Westwin Community Club is a small one compared to those surrounding us. This in itself is primarily the cause of having such a powerful combined team because there were not enough boys to form two individual teams which could compete with Greater Winnipeg in their age groups. Some of these boys are certainly of double A calibre but openings on these few teams are limited. Competition is the life-blood in the development of a good hockey player. It is hoped that each of these players will stick with the game and find this vital ingredient next year.

INCOME TAX RETURN

— completed by qualified personnel at reasonable rates. Individual tax returns, small businesses, property and rental returns.

Contact:

Sgt Ken Murphy at 837-4705
MWO Adrien Desbiens at 837-7444
or local 654-705-706

SAFETY SAM

Continued from page 11

less speed enforcement are long and logical, but the trend to more bureaucratically-motivated controls increases. What can be done?

1. First, police must not be envisaged as enemies of the motorist. They must be considered an aide.
2. Secondly, manufacturers must produce safer vehicles.
3. Most important — Driving must be recognized as a skill whereby the driver can operate his vehicle without interfering with other's rights or safety. A motivation that must be instilled in drivers — it is not provided by a radar trap hidden behind a billboard.

I intend to obey posted speed limits even after reading the article the above extraction was made from. What are the readers' views?

NINE MYTHS ABOUT YOUR HEALTH

1. Middle Age Begins at Age 40
It doesn't. It begins at about the age of 26. Performance begins to fall off after this age. (Physical performance)
2. Hardening of the Arteries is a Natural Part of Getting Old
It isn't. It can occur at any age. It is often a result of an inactive way of life. The heart is a muscle that improves with use, and its ability to pump blood depends on what chance you give it to work. The best way to keep the blood vessels fit is through regular, rhythmic exercise.
3. As You Grow Older, You Should Exercise Less
Just the reverse is true. A soft, flabby heart will tire more easily than a strong one; it is less

efficient and more susceptible to disease, just as an unfit person is likely to be. A conditioning program, in which you exercise just beyond the first onset of fatigue, is best.

4. Rest or Sleep is Always the Best Remedy for Fatigue

It isn't. Your physical condition affects emotions too. If you exercise properly your endocrine glands are affected by the stimulated blood circulation and the glands in turn affect your emotions.

5. Diet Alone is the Best Way to Lose Weight

It isn't. You lose weight by dieting, but you also lose fitness. To keep your energy and your sense of well-being you will do best with a regular exercise program plus a moderate restriction of fattening food.

6. Alcohol in Moderate Quantity is a Good Food

It isn't. It has a high caloric or fattening content, but it has none of such vital nutritive elements as vitamins, amino acids, minerals or traces of the elements of various substances of value.

7. It's Best to Take it Very Easy When You Have a Cold

It usually isn't. Moderate exercise will improve your circulation and that is one of the important keys to general fitness and elimination of Colds.

8. Youngsters Aren't Equipped for Sustained Endurance

Yes, they are. Their hearts don't have to pump through as many miles of pipes as does the adult heart. Their hearts are like powerful motors in small cars. When they keep fit their physical endurance is tremendous.

9. I Know a Short Cut to Fitness

No, you don't. There is no short cut for anyone. The secret lies in faithfulness to a continuing program of exercise and activity, sound nutritional habits, a proper combination of rest, sleep, and relaxation and adequate health care.

? TAX SAVING PLANS ? REGISTERED RETIREMENT SAVINGS PLANS

INCOME AVERAGING ANNUITIES PENSION PLAN ROLLOVERS

Our Unit has behind us, 25 years of serving Military Personnel. Experience Counts.

If you are having any thoughts about tax savings plans, or if you would like to just know more about them — give us a call — no obligation.



A. (GUS) LALIBERTE



IKE CHAMISH, C.L.U.

at the Westwin Recreational Centre Thursday afternoon or evening.

Be sure to see us for your "Benefit Summary and Personal Security Program" — available to all, no obligation. Here's why: —

The Summary of Military Service Benefits explains and clarifies your benefits and your family's rights. The Personal Security Program correlates your benefits with your personal assets to give you a clear picture — helps you see where you stand today, starts you on planning your financial future.



NORTH AMERICAN LIFE ASSURANCE COMPANY

A CANADIAN MUTUAL COMPANY ESTABLISHED 1881
Suite 1507 — 330 Portage Avenue, Winnipeg 1, (204) 943-1526



Buying, Selling or Trading ask about our guaranteed Sales Plan

Call

Ralph Fleming CD Sgt (Ret)
Mortgage Financing
Commissioner of Oaths

Fargo Realty Ltd.

Insurance
Office 774-4521 Res: 888-4856

SEARS

Simpson Sears Ltd. requires part time gas engine technicians and part time TV technicians.

Work will be for days, only and Saturdays. Apply in person to the personnel office.

SIMPSON SEARS
POLO PARK

BEST BUY IN TOWN

**3-pce Colonial Suite
at Base Exchange**



*Nothing but nothing on the market today
can match the quality, features and value
of this 3-piece Colonial Suite.*

*Before you buy Colonial come in and see
this incredible value.*



Base Exchange price

\$559

Sofa and chair feature spring edge construction; reversible cushions; pillow arm bolster; fully covered backs and beautiful show wood.

Ottoman is as large as the chair seat . . . move it up, sit back, and relax — a mini-lounger! Ottoman features sheppard castors for easy mobility.

All three pieces are covered in a beautiful imported, centred-pattern floral fabric, in your choice of three color combinations. All pieces feature kiln dried hardwood frames and full pleated skirts. AND — sofa, chair and ottoman are SCOTCHGUARD TREATED for convenience.

**See this beautiful suite on display at Base Exchange
and Dominion Wholesale Furniture 92 Princess St., 943-7471
Immediate delivery assured**

BUSINESS AND PROFESSIONAL DIRECTORY
LEGAL SERVICES

MORTON H. NEMY
Barrister, Solicitor,
Notary Public
200 Courts, St. James
Shopping Centre
2727 Portage Ave.
Winnipeg 12, Man.
Phone 832-1381 - 2
Res. 837-2297

K. A. TURNBULL
BA LL.B.
Barrister & Solicitor
& Notary Public
3401 ROBLIN BLVD
(Charleswood)
ROOM 203
PHONE: 889-0836

Fletcher, Baker, Zivot,
Wolchock and Company
Barristers and Solicitors
306 Childs Building
957-1700

McARTHUR, FITCH, McARTHUR & SINCLAIR
Barristers and Solicitors
200-203 Portage Avenue
WINNIPEG, Manitoba
Steinback Office: 943-0791
305 Main Street
STEINBACH, Manitoba
326-6619
Gimli Office:
77 - 4th Avenue
GIMLI, Manitoba
642-5485

Chapman, Chapman and Chapman
BARRISTERS & SOLICITORS
George Thomas Chapman, Q.C., Goerge E. Chapman, B.Sc., LL.B.,
Cecil A. Chapman, LL.B. (also of the B.C. Bar), Prabodh C. Patel of
Lincoln's Inn, Alan R. Goddard, B.A., LL.B.
1864 Portage Avenue, Phone 888-7973

J.C. BROWN, LL.B.
Barrister and Solicitor
1849 Portage Avenue
Winnipeg, Manitoba
Telephone 888-8890

ROBERT F. RUTLEDGE
Barrister & Solicitor
205-2281 Portage
Avenue,
Winnipeg 12, Man.
Phone 888-3204

DENTAL SERVICES

DENTURE CLINIC
ORAL DENTAL
ARTS
2621 Portage Ave.
Room 200
Phone
888-0334

STANLEY HYMAN
DENTIST
2151 Portage Avenue
Monday to Saturday
9 a.m. - 6 p.m.
Ph. 832-6766 for Appointments
Res. Phone 489-5973

SERVICES

INCOME TAX RETURNS
— completed by qualified personnel at reasonable rates. Individual tax returns, small businesses, property and rental returns. Contact Sgt Ken Murphy at 837-4705, MWO Adrien Desbiens 837-7444 or local 654-705-706.

TIRED OF RIDICULOUS PRICES in recovering furniture? Try me. Basement shop means lowest prices in town.
Day 233-7217;
Eve. 253-9365

VICTORIA BOUND? For information on residential or investment properties write Bob Hughes, National Trust Co. 3108 Shelbourne St. Victoria, B.C.

SERVICE
• Television • Radio • Stereo (any make)
ANTENNAS
Installed or repaired
A Name You Can Trust!
LINDQUIST
888-2391
1819 Portage Ave.

Al-Ben Engraving
Plastics Metals
Name Plates - Trophies
Plaques
AL BENNETT
263 AINSLIE ST. 837-1512

INCOME TAX RETURNS — qualified tax consultant and guaranteed returns by WO L.P. Bruce and M/Cpl W. DeBow. Five years experience with H&R Block. For personalized and confidential service, phone 269-9731, 888-7293 or Local 706 or 331.

MQ Residents
If a Voxair newspaper is not being delivered to your home advise our Distribution Manager at 496

Classified ads

WANTED

USED PIANO — ANY CONDITION, will pay a good price. Phone 453-7514 anytime.

WANTED DEPENDABLE BABYSITTER SOUTH Site weekdays from 3:30 on. Phone 489-9594 before 3:00.

WANTED GOOD HOME for two five month old kittens. Both housetrained. Call 889-2185.

FOR SALE

1969 2 DR. CORTINA DELUXE model 160CC standard shift. Ziebart undercoating. All highway miles, one owner, excellent condition. Radio, block heater, new heavy duty battery and equipped with winter and summer tires. Asking \$1000.00. Phone 888-3218.

1968 FORD S/W, GOOD CONDITION, \$1200.00. Contract Sgt. Reti local 511.

DOWNS VILLAGE: 2 BR, 60 x 12 mobile home, excel condition. Available immediately. Owner transferred. Phone 889-6486 or local 220.

HIGH CHAIR \$8.00; PLAY PEN \$5.00; one pair boy's skates size 4, \$2.00; one pair boy's soccer shoes size 3, \$2.00. Telephone 888-6657.

SONY PORTABLE 9" BLACK AND WHITE television, Nordmende Globetraveller 7000 multi-band portable radio, ski/luggage rack for car trunk. Phone 489-4666 after 5 P.M.

WASHING MACHINE INGLIS ROYAL, twin washer, spin dryer. Very good condition, 4 years old. \$100.00. Call 837-6781.

9" BEAVER BENCH SAW Phone 489-8107 after six.

1973 FORD CAPRI 2600 cc 160 cu. in. V-6 engine, 18,000 miles, radio, deluxe interior, bronze metallic, mint condition, \$3,200. Firm. Phone Bus. 474-3484 Dave, Res. 257-2740.

POOL TABLE 66 x 36 IN. WITH folding legs. Includes balls, wooden cues, triangle and badge adapter. Phone 889-6792.

PUREBRED POODLE, 6 WEEKS OLD, male, silver. \$65.00. Tail and dewclaws have been clipped. Contact M/Cpl Brown loc 511 or 489-6397.

MOVING — 3-POSITION, VIBRATOR, heater chair, chestnut brown, \$120.00; VW car chains, 15.00; child's car seat - gold, 12.00; coffee and end table, 12.00; blue deluxe twin stroller with canopy, 20.00; large bird cage, 10.00; child's two wheel bike 3-6 yr old, 15.00. Phone 489-8889.

AKAI AA-8500 receiver, Z SW-180 speakers, and H/K 1000 cassette deck. Super stereo. Less than one year old. Retail \$1830 plus tax. Excellent shape. Open to dickering. Phone 889-6240.

11-FT. CABOVER CAMPER, CW 3 cu. ft. 3 way fridge, 10 gal water tank, 2 burner propane counter top stove. Propane lamp, 110 volt & 12 volt lighting, jacks for loading and unloading. Phone 772-4484 or Local 648.

1968 FORD S/W GOOD CONDITION. \$1200.00. Contact Sgt Teti Loc 511.

DOWNS VILLAGE: 2 BR, 60x12 Mobile Home, excel cond. Avail immediately. Owner transferred. Phone 889-6486 or loc 220.

1973 FORD CAPRI 2600 CC, 160 cu. in. V-6 engine, 18,000 miles, radio, deluxe interior, bronze metallic, mint condition, \$3,200 firm. Phone 474-3484 Dave, Res: 257-2740.

PRIORITY

Continued from page 1

request have elapsed or when all previous bookings are cancelled. Personnel holding a confirmed Priority 4 booking shall not apply for Priority 5 space on the same flight.

A request for Priority 5 space on ATC scheduled and special flights must be initiated personally by the Service member or RCMP member whether the request be for himself or his dependants. The request, which must include the member's ENR-DT, shall be submitted to the TFC O, B Tn Sec by telephone or by using the application form at Appendix 2 to Annex B of CFAO 20-20.

a. The request may be submitted no earlier than 21 days and no later than 10 days before departure of the primary outbound flight.

b. The member may request that his position or that of his dependants, on a return flight be confirmed to a base convenient to the leave location, and the TFC O will task the reservation centre accordingly.

c. Unaccompanied dependants in transit may submit their request to the nearest BTNO/TFCO for the return journey to their home base only.

d. A position on the Priority 5 list does not guarantee passage.

e. Passengers who are allocated space through enroute stops will not be bumped by other Priority 5 passengers. They may however be displaced at enroute stops by higher priority passengers.

f. Applicants who submit false information to obtain space may be subject to disciplinary action or denied the privilege of leave travel on Service aircraft.

Application. Requests for Priority 5 service air travel shall be submitted in four copies to the TFC O, B Tn Sec, CFB Winnipeg, Bldg 86, Rm 106, or by phoning 832-1311 Loc 480

during the hours of 1000 to 1200 and, 1300 to 1500 on normal working days. As flight schedule information and application forms are readily available at the Traffic Office, it is recommended that members personally complete applications at the Traffic Office rather than making applications by phone.

Confirmation. Daily, the reservation centre will inform the TFC O of each applicant's position on the Priority 5 space available list for the flight requested. TFC O will in turn inform applicants of their position on the list. A passenger may obtain his position from the BTNO/TFC O at his leave location if so requested in his application.

Cancellation of Bookings. It is the responsibility of the applicant to cancel his booking through the applicable BTNO/TFC O or air movements unit (AMU) when he decides not to travel on a specific flight for which a Priority 5 booking has been requested or when he travels on his primary flight and will not require space on his alternate flight. Normally, an AMU will only accept cancellations for passengers shown on its own Priority 5 lists. **OPPORTUNITY TRAVEL**

"OPPORTUNITY" travel is a means of obtaining available space on service aircraft if a member has not already applied for Priority 4 or 5 travel. Requests in person, by telephone or by message, will be accepted by the AMU commencing five days prior to flight departure and the "OPPORTUNITY" list will be added to the end of the official Priority 5 list.

LEAVE TRAVEL TO CYPRUS
The procedures to be followed for leave travel to Cyprus are prescribed in paras 24 to 29 of Annex B to CFAO 20-20, except that the Commander, Canadian Contingent Cyprus will maintain wait-lists in order of ENR-DT.

DRIVER

Continued from page 1

performing his primary task (refuelling aircraft) in a exemplary fashion, Mr. Huff can be relied on to perform any task assigned him. He has volunteered to conduct required monthly fuel sampling, and was the first person to volunteer his services to work overtime during

Exercise Rapiet Thrust III.

In recognition of his efforts, Mr. Huff has been awarded the following as part of the MSE DRIVER OF THE MONTH award.

- framed Alphonse Award
- 1 year Manitoba Motor League Membership
- Centennial Licence plate
- free coffee for one week in any MSE garage.

SALUTE

Continued from page 1

Winnipeg Rifles", "402 Squadron RCAF" etc. You will remember the contribution made by the military in sustaining the Winnipeg floods.

All these displays and many many more, including the actual Silver Dart and Avro 504K aircraft, plus the modern day aspects of the military, will complete a very appropriate:

"Military Salute - Winnipeg 100"

In addition to the Exhibition, there will be a total of three live

performances in the form of a military tatoon. This tatoon will utilize units of the military in this area, making up an exciting two hour show. Highlights of the performance will include a very spellbinding rappelling exercise by the 2nd Battalion PPCLI. A sunset ceremony by the TC band, culminating in the playing of the newly written "Winnipeg March", will complete the performance.

The entire exhibition is free to the public. The dates, 8 and 9 June 1974, will be one of our prime opportunities to contribute to the celebration of Winnipegs Centennial.

Classified ad rates

Voxair classified ad service is available to everyone. Charges for this service are 20c per agate line with a minimum charge of \$1.00 per issue. Service personnel or DND employees and their dependants will be charged a flat rate of 50c for non commercial ads which may be reprinted upon request in up to three consecutive issues free of charge. Notices or lost and found ads are free. To receive this reduced rate, payment must be in advance and accompanied by the name, local and place of employment of the service or DND member. Ads must be received by the deadline date listed on page two in clear hand-written or typewritten form. Voxair mailing address: VOXAIR CFB Winnipeg Westwin, Manitoba R2R 0T0