

Corair

July 4, 1973

CANADIAN FORCES BASE, WINNIPEG

Vol. 22, No. 13

Military Mappers' largest operation

Ottawa (CFP) — Military engineers have been mapping Canada for 50 years. Summer '73 will see them tackle their biggest operation ever, in terms of manpower.

Between June 16 and August 18, 13 surveyors from the Canadian Forces Mapping and Charting Establishment, Ottawa, will chart the Shepherd Bay and Resolute Bay areas, located north of the Arctic Circle, on a scale of 1:50,000, or approximately one mile to the inch. Previous mapping was on the scale of 1:250,000.

The operation involves two, four-man tellurometer traversing teams each supported by a helicopter. A tellurometer is an instrument for measuring distances electronically. A third helicopter will be used for fuel caching, photography and reconnaissance.

Surveying will start from the main camp at Shepherd Bay, 2,100 miles northwest of Ottawa, with a secondary camp at Gladman Point. Once the Gladman Point area is completed the secondary camp will move to Pelly Bay.

The Shepherd Bay phase should be completed about mid-July at which time the party will move another 400 miles farther north to Resolute Bay, on Cornwallis Island, where the main camp will be re-established. Following survey operations on Bathurst and Byam Martin Islands, the crew will work eastward until the operation is completed August 18.

Planning for this operation began in 1971 so that aviation

turbine fuel could be delivered to the Arctic on the sea lift during the summer of 1972.

Chief obstacle is the possibility of bad weather but with two months to do the job, survey officials feel 30 working days will be sufficient to complete all tasks.

Aiding the surveyors will be pilots and crews of two Twin Huey helicopters from Mobile Command's 430e Escadrille Tactique D'Helicopteres, CFB Valcartier, Que., and one Huey from 408 Tactical Helicopter Squadron, CFB Edmonton, Alta.

Transport to and from the Arctic will be by Air Transport Command Hercules aircraft from 435 Transport Squadron, CFB Edmonton and 436 Squad-

ron, CFB Trenton, Ont. There will be 18 Hercules flights to and from the Arctic during the operation.

The men will live in tents and eat fresh rations flown to the work sites every two weeks.

Heading the surveyors during the first month is Australian exchange officer Captain D. H. Hebblethwaite. Captain Georges Focsaneanu, Ottawa, will succeed him.

Other members of the party are Master Warrant Officer B. A. Crowder, Warrant Officer K. B. Munro, Sergeants A. R. Olson, A. J. Dowker, A. P. MacLeod, Corporals R. L. Mongeon, F. J. Cameron, F. F. Howard-Smith, E. P. Landry, W. E. McKibbin, and E. C. Board, all of Ottawa.

New Satellite for NORAD

OTTAWA (CFP) — An eye-in-the-sky satellite system has been added to NORAD giving almost immediate warning of an enemy ballistic missile attack, NORAD headquarters at Colorado Springs, Colo., announced recently.

Up to now, ground-based radars, such as those of the Ballistic Missile Early Warning System (BMEWS) could provide NORAD's Combat Operations Centre, inside Cheyenne Mountain at Colorado Springs, with 15 to 25 minutes advance warning.

The new satellite system, designed to augment ground-based BMEWS detection sensors as well as a network of over-the-

horizon radars and the Sea-Launched Ballistic Missile Detection and Warning System, can provide "virtually immediate warning" or ballistic missile launches.

The satellites are deployed in synchronous equatorial orbits which means they are circling at a speed to keep them fixed over a certain point on the earth. Additional satellites will be launched as required to keep this new warning system fully operational.

NORAD is a two-nation (Canada-USA) command responsible for the air defence of the North American continent and space surveillance and warning assessment of hostile attack from space.

Land Forces Keep Centurion Tank

OTTAWA — Defence Minister James Richardson announced the Government has decided to maintain until 1976, the present configuration of the Canadian land force in Europe, and to retain the Forces' Centurion medium tank until that time.

Mr. Richardson said this decision is based primarily on the vital need, reflected in the communique issued by the NATO Council following its December meeting, for all NATO countries to maintain the strength of their forces at a time when exploratory talks on Mutual and Balanced Force Reductions are being undertaken.

The White Paper on Defence of August 1971 stated the Government's intention to retire the Centurion medium tank and to change the Mechanized Battle Group in Germany into a lighter, more mobile force.

Because of the decision to retain the Centurion until 1976, negotiations which have been underway for the purchase of the Scorpion light armoured vehicle from a British firm have been discontinued.



SERGEANT ELECTRO, a radio-controlled electrical robot, is one of this year's attractions at the Canadian Armed Forces exhibit at Manisphere in Winnipeg. Five year old Theresa Shade needed some reassurance approaching "Electro", which Rear Admiral R St. G. Stephens, commander Training Command, provided. The robot, created by technical personnel of Canadian Forces Base Trenton answers questions, moves about, and does a shuffling sort of march-past complete with salute. Here he demonstrates his dexterity in dropping a coin into Theresa's hand.

(CANADIAN FORCES PHOTO)

Snow Time in July

WINNIPEG — Air defence forces of the 24th and 25th regions of the North American Air Defence Command (NORAD) will participate with U.S. Air Force aircraft of the Strategic Air Command (SAC) in a 24-hour joint training exercise overflying parts of western and central Canada and the north western and north central United States during the period of July 10-11 1973. The exercise, nicknamed Snow Time, is part of a continuing program to give NORAD and SAC units additional realistic training in air defence and strategic operations.

Participating aircraft will overfly cities and towns in parts of British Columbia, Saskatchewan, Manitoba, Alberta, Washington, Oregon, Idaho,

Montana, Wyoming, North Dakota, South Dakota and Nebraska.

The aircraft simulating attack will be tracked by air defence radars and will be met by fighter interceptors scrambled on interception missions.

Nike Hercules surface-to-air missile units will take part in the exercise by simulating firings of their defensive weapons.

Exercise flights will take place during the late evening and early morning hours to minimize possible interference with normal civil air traffic. Air traffic control officials in Canada and the United States have been involved in the planning for this exercise to insure minimum impact on normal civil air traffic flow.

ADC Gets new Commander

OTTAWA — Maj.-Gen. W. M. Garton, 52, St. Boniface, Man., was promoted to that rank and named Commander of Air Defence Command, with headquarters at CFB North Bay, Ont., on June 15.

Gen. Garton succeeds Maj.-Gen. N. L. Magnusson, 55, Winnipeg, Man., who is retiring after 32 years service.

Enlisting in the RCAF in September, 1940, Gen. Garton trained as a wireless operator and served in Canada and Europe during the Second World War.

After the war, he served in various operational and staff appointments. Gen. Garton attended the RCAF Staff College, Toronto, in 1955 and became Commanding Officer of RCAF Station Falconbridge, Ont., in 1959.

Prior to his current appointment, Gen. Garton was Deputy Commander, 24 NORAD Region, Great Falls, Montana.

Gen. Magnusson joined the RCAF in 1941 and served in England during the Second



World War. He has held several operational and staff positions in Canada and the USA. Gen. Magnusson was appointed Commander of Air Defence Command in 1971.



THE HONOURABLE JAMES A. RICHARDSON, Minister of National Defence, Colonel A. K. Casselman, base commander, and Portage la Prairie town officials study a floor plan of CFB Portage. During the minister's visit to the base June 22nd, he announced a \$1.6 million upgrading of base facilities.

(CANADIAN FORCES PHOTO)

SAFE BOATING WEEK JULY 1-7

Pro utilitate homium

For the Service of Mankind — by W.O.A. Golding

Fractures (or broken bones). These may be caused by direct or indirect violence, e.g. a blow on the bone itself, or at some distance away from the bone which breaks, e.g. falling on the hand, and breaking a bone at the elbow or shoulder.

It may be: (a) Complete, e.g. broken right across. (b) Incomplete, e.g. partially broken like the breaking of a green stick of a young tree. This accounts for fractures in which the only symptom is pain.

Fractures are in fact, in turn, reclassified into various types, however, the two listed are suffice for the basic first aider:

(1) Simple or closed, i.e. the skin is not broken. (2) Compound or open, i.e. there is a wound over the fracture. NOTE: The broken bone does not necessarily stick through the skin. Major fractures, e.g. pelvis, thigh or lower leg may cause severe shock due to bleeding into the soft tissues.

Signs and Symptoms of a Fracture: (1) History of an accident. (2) Pain. (3) Loss of function of the part. (4) Deformity. (5) Irregularity or shortening of the limb.

Normally, "A bone must be assumed to be broken if it is painful following an accident." It is not essential for all above signs to be present before a fracture is diagnosed. Elaborate examination should not be performed. The limb should be handled gently and carefully. No more clothing than is necessary should be removed to see the site of the fracture, and to determine whether there is a wound.

General Treatment of a Simple Fracture. Methods of treatment vary with the bones but, in general, this treatment consists of making the patient comfortable and warm (as for shock), splinting the broken bone as well as possible with the materials at hand, applying a sling to the arm, or placing the patient on a stretcher in the case of a broken leg and evacuation to hospital soonest.

General Treatment of a Compound Fracture. The compound fracture is a much more dangerous injury than a simple fracture, because although the wound may be quite small, there is ample room for entry of bacteria, which causes sepsis (infection).

Therefore it is important to apply a sterile dressing or clean pad over the wound at once. This seals the wound, which is then treated as above.

The other types of fracture, which are of theoretical importance only are mentioned here for satisfaction of curiosity and the sake of completeness.

(1) Comminuted fracture. The bone is broken in several pieces.

(2) Complicated fracture. Injury to surrounding tissues, e.g. arteries or nerves, or internal organs, e.g. the lungs or brain.

(3) Impacted fracture. The bone ends are telescoped together.

(4) Greenstick fracture. An incomplete fracture (as previously mentioned).

These fractures are treated along the same lines as simple or compound fractures, except that complicated fractures,

where surrounding tissues or internal organs may be damaged, should not be bandaged tightly. "All fractures need medical attention immediately."

"Fractures to Specific Parts of the Human Anatomy," will be covered in a following article.

LAUGHING AT OURSELVES



by John Semeniuk

Matter Of Tact: During an exercise at a Canadian Forces Base, a young Private was given his first taste of sentry duty. His orders were not to admit any car on the base unless the occupants produced "I" Cards. The first car that the Private encountered was that of the Base Commander who simply signalled his driver to drive on. The young sentry, however, was vigilant. He stopped the car, saluted the Base Commander and inquired, "I'm new at this, Sir. Whom do I shoot first, yourself or the driver?"

All In Pun: "You love football more than you love me!", complained the young wife. "Maybe so", conceded her spouse, "But I love you more than I love basketball!"

Creature Feature: In order to avoid midair collisions with each other, members of a sky-diving club wore red and white flashing lights during night jumps. One jumper steered his parachute toward a well-lighted area that he mistook for his predetermined target site. Upon landing, he realized his error and walked over to a young woman who had watched his descent. His lights still flashing, he asked, "Can you tell me where I am?" In a shaky voice, the sweet young thing replied, "Earth!"

Wakey, Wakey, Wakey: The man who invented the alarm clock probably did more than any other person to arouse the working classes.

The Marry Go Round: Hubby (exploringly): "I suppose you're still angry about the fact that I not only came in late last night but also I, somehow, managed to pick up a black eye." Wifey: "Maybe you've forgotten, but when you came home last night, you didn't have the black eye!"

Magoo In Government: An Ottawa friend of mine swears that one of our Federal Members of Parliament is so near sighted that he shakes hands with door knobs (I GUESS YOU MIGHT SAY THAT HE IS ONE OF THOSE PICK UP A SNAKE TO BEAT A STICK TYPE OF POLITICIANS).

Wistful Thinking(?): "Have any of your childhood dreams come true?", asked the psychiatrist. "Only one of them has", replied the patient, "When my mother use to comb my hair, I wished that I didn't have any!"

A Turn For The Verse: God's Plan made a hopeful beginning
But man spoiled his chances by sinning
We trust that the story
Will end in God's glory
But, at present, the other side's winning

Doctor, examining middle-aged man: "Most of my younger patients have 32-inch waists. You have a generation gap of about 13 inches."

Safety

by M. H. Patriquin

The accident statistics reflect their toll. The causes many, the main one lack of control Control of the body or mechanical tool The psychological fact — man is a fool. Attitude the killer — when man fails to conform Reflecting his ancestry — back to the day he was born. Ability and knowledge will help to a degree Bound to his environment, he'll never be free.

An accident happened, we do know why The faults of the person — he did not try. We say that his background contributed to the cause Whatever the reason its an industrial loss. Then comes the enquiry — to collect all the facts Was it the mechanical condition or the unsafe acts? The accident type — was it a slip or fall? Or was the agency the cause of it all?

Where was the foreman? The man in the know. His personnel duties are to control, teach and show. It could have been management, they just didn't think That without directing and engineering, safety would sink. Motivation and interest were put on the shelf. Education and supervision were left to one's self. Human relations forgotten — they have never been worse And the economy of the country has gone in reverse.

Since accident prevention is a science and art Why not employ it right from the start? Production and safety must go hand in hand It's to our advantage to keep safe if we can. Accidents can be prevented, now that we know Unsafe acts and conditions both have to go Plan out your program. Think what you will do Keep your body healthy, so you can follow it through.

Don't leave them alone

In 1972, throughout the Canadian Armed Forces, PMQ fires, mostly caused by children led the way in fatalities. That's terrible! we say as we read the statistics. Who could be so thoughtless as to leave children alone or with an unqualified babysitter while they are out having a good time. Most of us are at fault in this regard at one time or another. We tend to think that because our children act mature for their age, they would know exactly what to do in an emergency. Let me assure you, this is not the case. Most adults don't know what to do during a fire or other emergency so how can we remotely expect a child to do the right things.

Did you know that a fire caused by an abandoned or exposed child under the age of 10 years, may constitute an offence under the Criminal Code of Canada? How would you feel being branded a "Criminal"?

Worse than that, how would you feel if you lost a child because of your negligence? I'm sure the answer need not be written.

Let's make a concerted effort to stamp out this evil by following a few simple safety rules before going out.

1. Always get a qualified babysitter; 2. Ensure the babysitter knows where to reach you; 3. Tell the babysitter what time you expect to be home; 4. Give the babysitter emergency phone numbers; Fire, Police, Ambulance. 5. Ensure babysitters know these fire safety rules: — Know the quickest way to get the children out of the house; — If you smell smoke or gas, get the children out immediately. Don't take time to dress them; — Call the fire department by alarm box or neighbors phone; — Stay with the children as much as possible; — Never go back into a burning house.

Confligere by Bob Purvis

CURTAIN CALL — WINTEX AND WATERGATE

During our NATO-wide exercise "WINTEX" of a few months ago, we at our little humbe unit (CFB Winnipeg) waited in a state of curious awe wondering what to expect. Not even a good rumor, that is until some of the local radio stations commenced early in the morning giving hints as to when the exercise was to officially commence and expressing their own (or perhaps somebody else's) theories on what it was all about.

For a change, we couldn't even pry a good rumor out of one of the base cleaners or even a base barber. This is most unusual in that either of these sources can generally predict with some degree of accuracy what is coming forth.

Then, "POW!" Before we knew what it is all about at our own unit and perhaps in the whole of the country, we learned via radio and such magazines as "Time" that a certain foreign power was thoughtful enough to return a complete set of secret files containing the original top-secret files on NATO-wide exercises known as "Wintex '73."

We trust that we never have to experience a security breach such as "Watergate" in Canada, but still can't help but wonder how we managed to keep so

much of our share of Wintex under wraps until each actual event took place. We must state that our "Entrusted Agents" were all well-hand picked and really security conscious.

But then, as frequently stated by a very powerful foreign power, "No one worries about Canada!" This statement kind of bothers me to some extent for I keep wondering in what context they interpret this meaning. Are we to understand that we are a pushover country? or, Are we just so lax, friendly and neighbourly that everyone is welcome with open arms?

In Western Germany there are an estimated 16,000 highly paid foreign agents. Many of them reside or just plain lurk in and around the shadows of Bonn.

In Canada of course, we are spread wide and far, however, what with all the new sub-miniature solid state monitoring receivers, transmitters and wire-tapping devices we must continue to strive to remember that it still takes the "U" and "I" of SEC"U"R"IT"Y to keep our eyes and ears open for subversive talk, eerie occurrences, so that we may report even the slightest suspicion of such a device or detrement to the appropriate security authorities.

Let's have no "Watergate" in Canada.

Letters to the editor

The Editor, Voxair, CFB Winnipeg

Several months ago a slightly distorted news item appeared in the Winnipeg papers. The item related to several questions I had posed to the Minister of National Defence. Unlike the Winnipeg dailies implied, my sole purpose in querying the Minister was to find out why his Department had refrained from implementing the recommendations of the Air Transport Association of Canada with regard to transporting military and civilian personnel.

It has been suggested that much money could be saved if Canadian commercial airlines were also allowed to provide this service, where possible. Like the A.T.A., the Glasgow Commission recommended that a partnership arrangement be set up between the Department of National Defence and the private airlines. I fully realize the necessity of having available the five Boeings so as to transport personnel at any time

to any place. Similarly, at no time did A.T.A. say that they could or would replace the Boeings. But as a Member of Parliament and one concerned with saving the taxpayers' money, I was interested in knowing whether Canada's commercial airlines could be included in such a transport arrangement, as recommended by the A.T.A., and as practiced in other countries. And, so as to ascertain with fair certainty whether such a recommendation was feasible, I queried the Minister as to the purchase price and costs of his Department's personnel transport service. From his answers it appears that the Defence Department might have been wiser to pay greater heed to the A.T.A.'s recommendations. This was my observation, and this is how the news clippings of that day, February 27, should have read.

Yours sincerely,
Dan McKenzie, M.P.
Winnipeg South Centre.



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VOXAIR is distributed to C.A.F. messes, lounges, reading rooms, and libraries throughout the world.

ADVERTISING RATES may be obtained by contacting the Voxair Advertising Manager, R. Jackson, Telephone 832-1311 local 554. In the case of typographical error, no goods may be sold and difference charged to this newspaper, whose liability is limited to a refund of the space charge for the erroneous item. Advertising is an offer to sell and may be withdrawn at any time.

SUBSCRIPTION rates are: \$3.50 for 1 year or \$9.50 for 3 years; postpaid anywhere. VOXAIR is printed by D. W. Friesen & Sons Ltd., Altona, Man. VOXAIR offices are located in Bldg. 17 CFB Winnipeg. Correspondence should be addressed to: VOXAIR, CFB Winnipeg, Westwin, Manitoba, R2R 0T0

Second class mail registration number 1725.

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Next issue deadline 18 July 73

Characteristics of a Community Council

by Sgt. M. Mercredi

A Community Council is a voluntary representative body which works for the general betterment of life in the area it serves. It brings together all segments of community interest and provides a medium for co-operative study, planning and action to enhance the life of the community.

A good council endeavours through research, planning and promotion to utilize existing human and physical resources to the maximum. It is always ready to listen to the residents and foster activities and services to meet felt needs. Its objective is to make the community conscious of itself and through co-operative effort a better place in which to live.

A council is not something that can be "laid on" or legislated into existence, but rather it is something that starts in a small way and grows slowly as it gains experience and prestige in meeting the needs of its people. It requires skilled guidance in the initial stages and from time to time as it grows. Service communities are without the usual voluntary service organizations and this void can be filled by a community council which exhibits the following characteristics:

a. The Council is voluntary in character, created and operated on a democratic basis.

b. It identifies community needs and functions as a body for research study, joint planning and promotion of activities and services to meet these needs.

c. It does not usurp functions and services of the Forces and existing organizations, but provides a medium for co-opera-

tive action. It sponsors the organization of new committees, clubs, interest groups, etc., to meet felt needs.

d. The council is a representative body. It should represent the main segments of interests, social, physical areas making up the community. It should provide a place for the points of view of men, women and youth.

e. The council utilizes existing facilities and services to the maximum and fosters improvement or extension of these facilities when necessary.

f. It is not just another organization, but a body to bring all groups together in interest of the overall needs of the community.

g. It keeps the community informed at all times of its activities. The public must know the "whats", "where", "whens" and "hows" of the program.

h. The council needs to have its functions and its mode of operation clearly thought out and embodied in a constitution appropriate to its needs.

i. Canada is a democracy, and every serviceman and woman is a citizen and has a right to and a need for opportunities for growth as a democratic citizen and the same for their families. Of necessity, the service itself cannot be run on a democratic basis. A MQ council can provide some opportunities for this kind of experience and outlet.

A council built up and run by the residents of MQ provides a way for servicemen and their families to get together and acquire what they want in the way of social, cultural and physical activities. It transforms a collection of family units into

a community conscious of itself as an entity.

It changes isolated loneliness into fellowship groupings around common interests and fosters among the people a sense of "belonging". A council provides a means for effective integration of married quarters with the life of the base and is a channel through which the base commander can relate in a positive and creative way with persons living in these quarters.

A well conceived council can help substantially to raise the morale of the whole base and obviate many of the complicated problems that emerge in a community that lacks qualities, pride and self-respect.

A good council will help the residents to attain through co-operative planning and action the type of community living they want — good place in which to live and raise their families.

The chief problem to be overcome is that of establishing a "little democracy" within the structure of the service.

The question is, what authority does MQ Council have and how can it relate to the base authority. This obviously must be clearly understood both by residents of MQ and the base administration.

It will help to obviate misunderstandings if the following points are noted:

a. MQ Council is a voluntary democratic body elected by the community itself, that conceives and operates programs within the MQ community.

b. The base has a relationship to a MQ Council that is comparable to the relationship found in a company town between company management and its community council. In these situations the council evolves its program and the company co-operates in every way possible to facilitate these programmes so long as they do not work to the detriment of the company's interests. Likewise, the community co-operates with the company by undertaking and doing what it can for the general betterment of the community.

c. The principles involved in relationship between base authority and an individual family is similar to the relationship that should prevail between the base and MQ Council. In case of the relationship to the family, the base is not concerned with personal recreation interests and social activity within a family circle so long as it does not adversely affect the

service. In a real sense, the MQ Council represents the community family and the same kind of relation could exist.

d. The MQ Council develops its programs as far as it can go on its own and seeks to relate the base programmes and services where practical.

The base authority encourages and fosters the Council in its work and seeks to assist the MQ Council in every way that it can.

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PATRICIA REPORT



During the past few weeks 2 PPCLI has been away on exercise in Wainwright, Alberta. Since the end of the competitions we related in our last report the emphasis has been on sub-unit training. All the companies have been doing work-up exercises, concentrating on covering all the activities required for the men to receive pay level 4 and 5A certification. Towards the end of the concentration the unit carried out a battalion-sized exercise several days long. This was the first time the unit has trained together since last summer, as the Cyprus tour prevented any major training during the winter. As a result this month in the boondocks has been invaluable as a means of getting the unit "back in the groove".

Since the end of the 1 Combat Group training at Wainwright last week, the unit has split up to carry out a myriad of summer commitments. The fortunate ones returned to Winnipeg late last week and went off on several weeks leave. However, C Company and a large number of support personnel remained in Wainwright to train Militiamen from units all across the prairies. This training will continue until approximately 7 July, when most of the Patricias will return to Winnipeg. In addition, our pioneer platoon is still in Vernon clearing ranges and will probably be there until mid-July. We also have men training cadets in Banff and Winnipeg. Sgt Don Barger was even for-

tunate enough to get a summer job training cadets at Whitehorse, Yukon Territories!

The battalion also has a large number of people instructing officer cadets in Camp Shilo. These officers and NCOs, combined with the instructors and candidates on the Pay Level 3' Infantry courses we will be taking to Shilo very soon,

means that a large part of CFB Shilo will be "Patricia" this summer.

Last but not least, we have some good news on promotions. Jim Clarke has just been promoted to Warrant Officer, and Chuck Newman-Jones, Bert Struthers, and Mike Timko have been promoted to Sergeant. Congratulations to all of you.

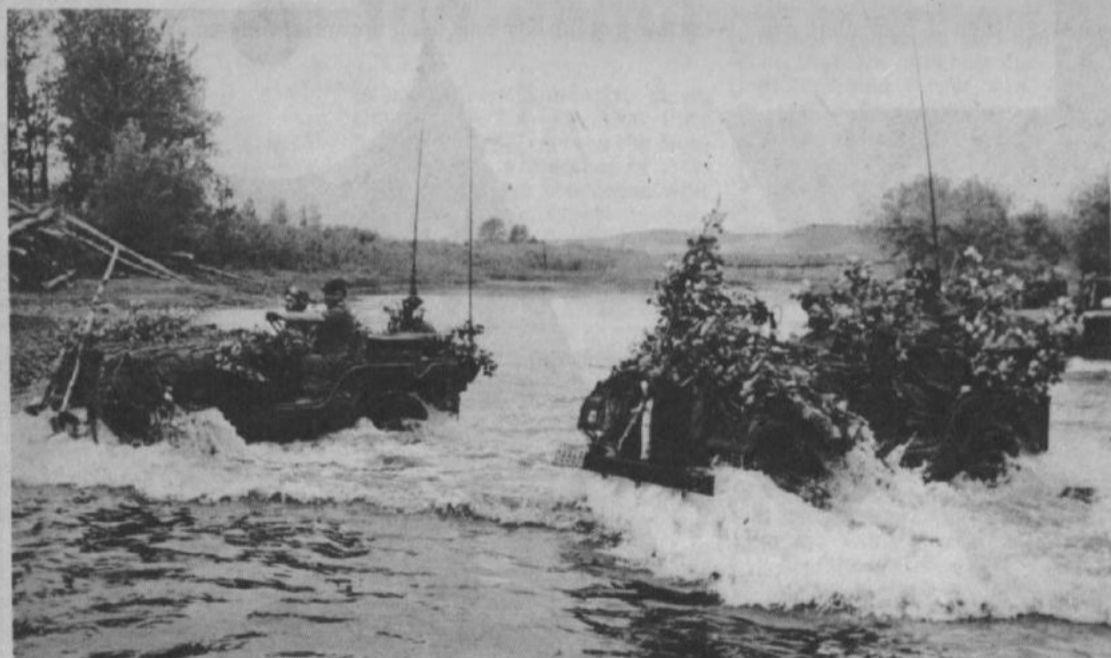
SIGHTING is a sophisticated business for Private George R. Gougen, a member of the 2nd Battalion, Princess Patricia's. Private Gougen is the son of Mr. and Mrs. Oliver Gougen, 19 Pokiok Rd., St. John, N.B.

(Canadian Forces Photo)



MORTAR TRAINING at Camp Wainwright, Alta., for Private Robert R. Cyncora, a member of the 2nd Battalion, Princess Patricia's Canadian Light Infantry. Private Cyncora is a native son of Winnipeg.

(Canadian Forces Photo)



RIVER CROSSINGS no problem for the RECCE platoon of the 2nd Battalion, Princess Patricia's Canadian Light Infantry.

(Canadian Forces Photo)

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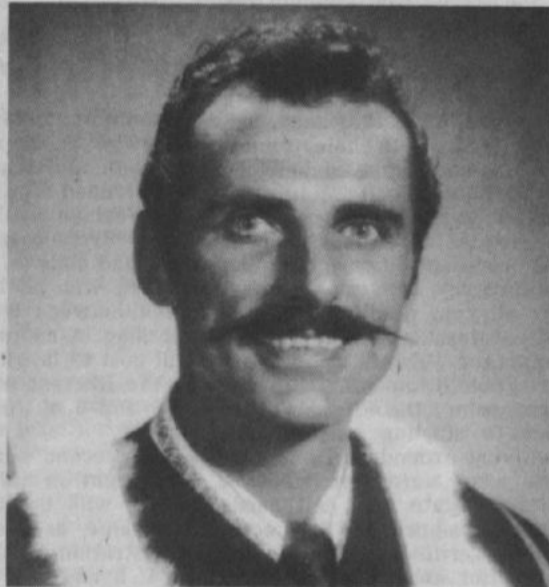


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Pilot-Professor



CAPTAIN COLIN A. MORRISON a pilot from the University of Manitoba and moves in the Canadian Armed Forces graduated to C.M.R. —

In our March 28th issue we carried an article on a University Program for members of the Canadian Armed Forces as proposed by the University of Manitoba.

In proposing this new program the U of M considering the mobility of CAF Personnel and the difficulty encountered in transferring credits, programs, inflexible residence requirements, the technical and professional training to which members of a modern military forces are exposed, and maturity and experience acquired through travel. All of these considerations could equally apply to many civilians employed in industry where mobility is a requirement and further education an advantage, if not a necessity.

A proposal of this nature is not very "far out" when many are advocating "open" University. U of M has already introduced a Mature Student Program. In this program, students who have not completed university entrance standing have to "prove themselves" by taking a few courses. If they do well they are allowed to continue as regular students; if they do not, they must withdraw from further studies until such times as they have completed Matriculation

requirements. Many who would like to take advantage of the Mature Students Program cannot for many and varied reasons. Others who can do. One student's reason was "I've always wanted to go to University since I was eight years old". And that was thirty years ago. Captain Colin A. Morrison, a Pilot in the Canadian Armed Forces, began taking evening session classes in 1969-70. Captain Morrison "DICK" did not meet University entrance requirements so had to register as a Mature Student and "prove himself". Dick had little trouble. He continued evening and summer sessions through the fall of 1972 when the Armed Forces sponsored his final year at the University under the University Training Plan for Officers. Dick said, although he disliked giving up his summer vacations to attend summer sessions, he didn't find the evening and summer sessions as difficult as his final year when he attended full time. We wonder why!

Captain Morrison majored in French and English literature. He graduated with a record of nine A pluses and six A's in his total 15 courses. In the words of D. J. Lawless, Associate Dean Faculty of Arts "a most remarkable achievement". For his record achievement, in a class of 600, Dick was given a Gold Medal which

is granted annually to the student with the highest standing in the graduating class and it is considered to be the most envied distinction a student can achieve. D. J. Lawless said, "I speak for the entire Faculty of Arts when I say that we are proud to have had Colin Morrison studying with us these past few years". It would seem his childhood dream became reality. Many mature students will not be able to equal Dick's record but all can try.

Dick was born in the Canary Islands but went to Scotland and England where he received his elementary and secondary education. He then studied as a Civil Telecommunications Technician and ventured to such places as Spain, Zanzibar and Eden where he became fluent in French. In 1959 Dick came to Canada and joined the Royal Canadian Air Force. Upon completion of Navigator (Radio Officer) training here in Winnipeg he was posted to Greenwood, Nova Scotia where he flew Anti-Submarine Patrol in the Argus aircraft until 1966. Pilot training followed at Gimli and Portage la Prairie. He was posted here in the fall of '68 to fly Dakota's. Upon completing university this spring Captain Morrison was posted to College Military Royal, St. Jean, P.Q. as Assistant Dean of Arts.

Voxair Variety

by John Lander

RAINBOW STAGE at Kildonan Park will open its 19th season on July 4th with the musical farce *Where's Charley?* The show runs until July 21st, with performances every night, except Mondays, at 8.30 p.m.

The humorous situations which arise when a young man is forced to dress up as an elderly lady were exploited for many years in the stage play *Charley's Aunt*. The role was considered a plum for every virile male actor in the days before the Gay Liberation Front was formed. Dancer Ray Bolger created the musical version of the part, and he and the musical became mutually famous with it.

Rainbow Stage prides itself on using 95% local talent, importing one or two leading performers. Heading the all Canadian cast will be Dean Regan as Charley, Marlyn Boyle as Donna Lucia, his Aunt, Joanne Williams as Amy, and Edward Greenhalgh as Sir Francis Chesney. Also in leading parts are Winnipeggers Cliff Gardner and Harvey Harding, both veterans of many Rainbow Stage productions.

A chorus of twenty-nine singers and dancers back up the principals. Selected through auditions, these actors are reported to be of top calibre.

If you like lively singing and dancing with lots of colour, dazzling costumes, and a fully air-conditioned theatre, then Rainbow Stage is the place to be. Tickets are at the usual outlets, priced \$1.00 to \$3.00, and can be bought at the Park on show nights.

Contemporary Dancers' Official School, the Winnipeg School of Contemporary Dance, will hold its second annual Summer School from August 6 to 19 at the Company's Smith Street Studios.

The intensive two-week course will provide a comprehensive program of instruction, including modern and ballet technique, jazz, repertoire, special coaching and practice sessions, film showings and informal discussion seminars.

The purpose of the modern dance Summer School is to promote a greater awareness and knowledge of modern dance while at the same time providing dance students an opportunity to further their training. Students at the beginner level will acquire an understanding of modern dance as a form of artistic expression as well as receiving a grounding in basic technique. Intermediate and advanced students will find the opportunity to upgrade their training and receive added stimulus for their dance study during the remainder of the year.

To avoid overcrowding of classes, enrollment is limited. Applications will be processed on a first-come, first-served basis, with tuition for the course \$70.00. Further information can be obtained directly from the Registrar, Winnipeg School of Contemporary Dance, Box 1764, Winnipeg, or from 947-1827.

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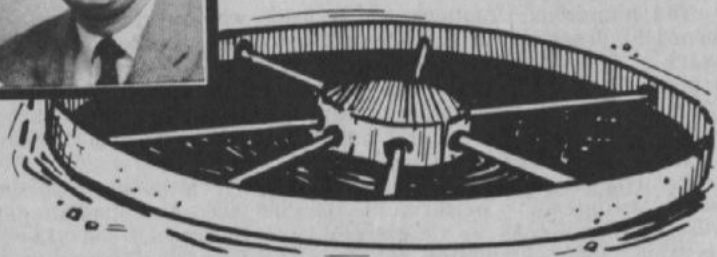
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VOXAIR SPORTS

Spinning the Sports Wheel

with John MacLEOD



Early last fall an article appeared in the CFB Calgary paper "The Roundup" on their editorial page. This column entitled "How will you rate, Dad" described the "Hockey Parent" and put them into four categories. Although we are just entering the football season and hockey should be the least of our worries for the next three months or so, I am reprinting the article here so that it will give all parents a chance to digest it and to decide under what category you come and maybe just maybe, early in September many more volunteers will turn out for minor hockey in Winnipeg be it the Base or your local Community Centre...

"PARENT VERSUS PARTICIPATION" — Most parents fall into this large category, "send the boy to the rink, don't take him". He's the guy who only vaguely knows that his son plays hockey, or any sport for that matter; and that's just because he reluctantly signed the "Waiver Document" or "some form" that the kid has brought home. He doesn't go to the games as he's too busy, he's working, he's watching TV, or more, true than not he's afraid to go as he might be asked to participate. He's lazy and finds just being a parent difficult, let alone being a "Hockey Parent".

"PARENT VERSUS SYSTEM" — The next category only comes on small doses, thank heaven! One "Hockey Parent" like this guy is all a league can handle. He's the fellow who knows it all, the expert and the sharpshooting trouble maker. He attends all the games and criticizes the officials, the coaches, the rink attendants, and anyone else who opposes him. His boy must have equal ice time, the league is responsible for ice clearing, the officials aren't properly trained, and it was much better in Yuk-Duck city on his last posting. Funny though, this guy can never be found when there is work to be done. I can remember playing minor hockey with a parent like this around! He used to time his kid's shift with a stop watch along with every other shift. Then he'd complain if his son didn't get equal ice time. Unfortunately, his son was just an average player and was soon hated by all other team members. I don't think any parent would knowingly put himself into a position that would cause his son discomfort and heartache. Unfortunately, you can't tell a guy like this anything, he has to realize it for himself.

"PARENT VERSUS SON" — This is the father who thoroughly loves the sport and participates to the maximum. Often he's the coach or league official. He's the parent who literally and actually drives his son to all the games; to play, to improve, to win and then to start all over again. His son has the best of everything and "by jove" he'll play, score and win, or else! In many cases, he's reliving his boyhood through his son. Unfortunately, not all boys have the ability or the want to be Bobby Orr. A parent such as this is good for the team and the league as enthusiastic parents are hard to come by. Unfortunately, he may be putting extreme pressure on his son which may eventually turn the boy against all sport. We can sympathize with this parent as he is most likely just trying to give the kid all the chances he never had.

"PARENT CUM LAUDE" — This is the perfect hockey parent, one who possesses a little of all the above categories. He takes his son to the games and participates as and when required to the best of his ability. He complains and criticizes only when he feels there is a strong reason. He encourages his son when necessary, but does not over-power the boy to the extent that he can't stand on his own two feet. He thoroughly enjoys the game and watching his son play but lets the boy reach his own level in ability and desires. He is a "Hockey Parent" who is hard to find.

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Prairie Golf Championship

The Prairie Region Golf Championships will be held at CFB Moose Jaw from 13 - 17 Aug 73. The Nationals are scheduled at CFB Borden 11 - 14 Sep 73.

CFB Winnipeg will conduct a playoff from 25 Jun until 27 Jul 73 to determine the 8 representatives who will attend the Prairie Region Championship at CFB Moose Jaw.

The qualifying rounds shall be medal play over 36 holes at Bel Acres Golf Club to determine the low eight competitors.

Handicaps shall not apply i.e., all competitors shall play from "Scratch." Play may consist of three 18 hole rounds which must be played between the 25 Jun 73 and 27 July 73. Only the best two scores shall be used to determine your 36 hole score. Conditions governing qualifications are: (a) You must play all your qualifying rounds with at least one other fellow competitor (b) All competitors must obtain an official score card from the Rec Centre prior to starting each of the qualifying rounds. These official score cards are valid on the issue date only. All cards must be signed by the competitor, verified by your fellow competitor and returned to the Rec Centre. Only three official score cards will be issued to each competitor, i.e., once you start your qualifying round you are committed to that particular game's score — no matter what the final results are (c) Play shall be in accordance with the current rules of golf as approved by the Royal Canadian Golf Association, however where Local Rules are stated by the Bel Acres Golf Club, these shall apply (d) All qualifying rounds must be played at Bel Acres Golf Course.

In case of a tie for the eighth place an 18 hole playoff will be held, if a tie still exists players will then enter into a sudden playoff.

CFB Winnipeg team will be comprised from the lowest eight qualifiers, should any of the low eight qualifiers not be able to attend the next lowest player will be selected.

For the Base playoff all competitors will be responsible for their own green fees.

Green Fees for the Region Finals will be paid by the Base. Any practice rounds involved will be the individual's responsibility.

Rec Hall Schedules

Summer Hours effective the first of June 1973 the Westwin and Lipsett Hall Gymnasiums will not be open from 1800-2100 hrs during the summer months for "Casual Recreation."

Service personnel however, upon presentation of their service ID cards, to the Duty Commissionaire at Westwin or the Attendant at Lipsett Hall, may use the facilities during normal evening hours.

Tennis Courts

The tennis facilities on the base have been seeing maximum use, both by service members and their dependants. It is to be understood however that service members do have priority during working hours, and any dependants on the courts during these hours, must relinquish the courts upon request. During the evening, (after duty hours) the courts are on a first come first serve basis. Players are reminded that the courts are in demand, and that others may be waiting to play. Therefore, players will ensure that if someone is waiting for a court, they will complete their MATCH (6 games) or be on the court for a ONE HOUR DURATION, from the time they commenced play. The hour does not start from the time the new arrivals request the court.

It is hoped that all participants will co-operate in the sharing of the courts, so that as many as possible will be able to participate. Any infringement on these rules, and playing privileges for those involved will be revoked.

Keys for the courts are available at the Control Office up to 7:30 pm at that time the courts will be opened and left open. Racquets and balls are available in the Sport Stores for service personnel on a 24 hour loan.

Swim Courses

Summer Swim Courses at Westwin. There are two series of Swim and Water Safety lessons planned for this summer at the Westwin Pool.

The first course begins on 9 July and ends on 27 July. These classes will be held 5 days a week between 9 and 12 in the morning. A course of 15 lessons will cost \$3.75 with registrations at the Recreation Office on the 4, 5 and 6 of July during duty hours.

The second series in August will begin on the 6 and end on the 24 with the times and cost the same as the first course. Registration for this course will be 1, 2 and 3 of August at the Recreation Office.

It is expected to get an overflow on all courses with only 12 candidates for each class. So register early to avoid disappointment.



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Award For Excellence In Aerobic Performance

The program commenced on 8 June 73 and activity undertaken prior to this date shall not apply. To qualify for the Canadian Forces Physical Fitness Award for Aerobic Excellence an individual must: (a) over a period of two years or less obtain 1200 units from participation in aerobically oriented activities; and (b) obtain the fitness category of "excellent" in each of the semi-annual physical fitness evaluations required by para 42 of the order during the period of accumulation of qualifying units.

Qualifying units may be earned as follows:

- A. Swimming, 750; 1 unit.
- B. Jogging, 1 mile; 1 unit.
- C. Cross-country skiing, 1 1/2 miles; 1 unit.
- D. Snowshoeing, 1 1/2 miles, 1 unit.
- E. Skating, 2 1/2 miles; 1 unit.
- F. Walking, 3 miles; 1 unit.
- G. Bicycling, 6 miles; 1 unit.

A minimum of one unit per exercise session must be obtained before the performance can be recorded in support of the program. No part units per exercise session shall be recognized or accumulated.

Units may be accumulated by participation in one or any combination of the activities listed in para. 2. Personnel may accumulate units through participation in one or any combination of individually selected activities, formal fitness training and compul-

sory fitness-programmed activity.

Awards will take the following form: (a) Linen-scroll with red seal for the first 1200 units attained; (b) White seal for the second 1200 units attained; (c) Blue seal for the third 1200 units attained; (d) Bronze seal for the fourth 1200 units attained; (e) Silver seal for the fifth 1200 units attained; (f) Gold seal for the sixth 1200 units attained. Prior to commencement of activities to accumulate qualifying units, a member must register with the physical education and recreation officer (PERO) or instructor (PERI) or, where such staff is not established, with an officer delegated by the commanding officer.

Because of the types of activity involved, it is not realistic to expect staff supervision and accurate measurements of all performances. The honour system is quite acceptable, and subject to unit preference the performer may enter his own scores.

The semi-annual physical fitness evaluation of a member registered in this program shall be administered by the PERO, a PERI or the delegated officer.

May it be noted that members of Century 73 Club wishing to participate in this Awards Program are asked to contact the Physed Rec. Section to have their distances as of 8 June 73 validated for the purposes of Awards.

Hypercurus Jogitis

Person involved often feels the need for a run even before breakfast, or devotes the entire lunch hour to running. He substitutes knee-bending for the elbow-bending of the problem drinker.

There is a much greater frequency of resorting to running than in the case of a social runner. While formerly jogging a short distance every few days, weather permitting, now he cannot get through the day without at least one or two stiff runs.

The addict is unable to admit himself or to others that he to has a serious running problem. He still thinks he is capable of deciding whether to make another run or not. But even exercising the dog is enough to set him off on a five-mile binge.

While a social runner generally has his favorite types of running — and usually limits himself to less than a mile — the problem runner insists on long distances. He prefers runs of over three miles, but will run anything when hard-pressed—two-mile runs, cross-country and on up to marathons. Some victims of FESENDEN'S DI-

SEASE have even competed at distances less than a mile. It is easy to distinguish running addicts from alcoholics, however. The runner always prefers quarters to fifths.

In physical appearance, a person suffering from HYPERCURUS JOGITIS often returns from his lunch hour with a flushed face and wet plastered-down hair. There is some weight loss. And on Mondays the runner tends to walk somewhat stiffly, following a weekend running binge.

Financial problems occur, but generally only on a limited scale. The runner sometimes uses grocery money to subscribe to running magazines, and to buy the various new models of running shoes.

The man or woman with a serious addiction to running is very likely to read Runner's World. Although not all problem runners read the magazine, it is true that all subscribers must be regarded as addicts. To avoid being known as a runner, some subscribers have requested that their copy of Runner's World be delivered in a plain brown wrapper marked "SEX BOOKS".

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Olympics-76

An Armed Forces Invitational Marathon is in the planning to be held at CFB Montreal 3 October 1973.

A Marathon (26 miles — 385 yards) is a recognized Olympic event and it is hoped that over the next few years, an Armed Forces contribution to Olympics '76 will develop.

So we're calling on runners, joggers, bowlers, curlers, golfers — anybody and everybody to set your sights on Olympics 76 and here's your chance to take part.

To be a Marathoner you require a high degree of mental and physical condition, in that order. A seven minute miler will complete 26 miles in just over 3 hours, and eight minute miler will finish in three hours and 28 minutes. These times are well within the reach of anyone who wishes to take the time to train. There are no special physical requirements for Marathoners, big, little, short, tall, male, female — it makes no difference. Age is no barrier, for example:

A Mrs. Trent, 53 years of age covered a hilly 26 mile — 385 yard course in 4 hours 45 minutes and 28 seconds in Alaska's annual Equinox Marathon. Her training, — 1000 miles of work-outs.

In 1972 Tom Jones (no, not the singer) a 52 year old advertising executive, did the Boston Marathon in 3 hours and 50 minutes. After 6000 miles of training over approximately three years he was able to race 15 miles at a 7 minute per mile pace — which is necessary to qualify for the Boston Marathon. When Tom started training he had trouble with a mere 10 minute jog.

There are two examples of what is possible with training and determination. To carry out any type of program fitness or otherwise, we must be motivated and we must set goals. So the long range goal is the World Olympics in 1976 at Montreal, and an immediate goal — The Armed Forces Marathon at CFB Montreal, October 3, 1973. As an added incentive, even if you don't compete, your training will give you a well conditioned body, increased good health and a longer, happier life.



Clasp To CD — Master Warrant Officer Harry McDonald CD, the Base Physical Education and Recreation Section Supervisor recently received his first clasp to the Canadian Forces Decoration from Col C A La France, C D, Base Commander.

MWO McDonald enlisted with the 25th Canadian Field Ambulance in Aug 1950 and served in Korea from April 1951 to June 1952.

Since his return to Canada Harry has travelled the posting route to Valcartier, Borden, Europe, Kingston, Egypt, Ottawa, Winnipeg and now once again he's on the move, this time to CFB Europe, Baden Soellingen Detachment and we wish Harry and his family the best of luck on his new posting.

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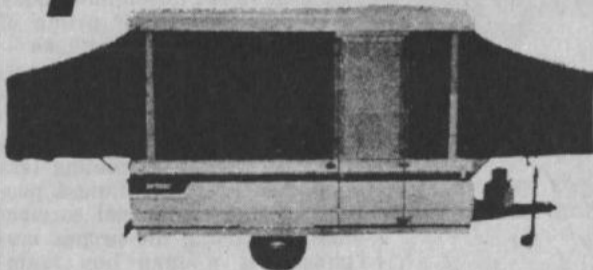
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We would also like to extend a special vote of thanks to Mr. George Corbett of Carling Breweries for their generous support in the hospitality room and the Saturday evening social.

Run for your life by Capt WM Keener

The semi-annual Aerobics physical fitness test is upon us again. The customary complaints and objections can still be heard — however, a new dimension has been added.

The fact is that more servicemen than ever are utilizing the excellent base physical education and recreation facilities to properly prepare for the mile and half test.

The favourite question concerning the test is "What does it prove?" Well, the proper perspective is finally coming into view. The test itself is the best single parameter that can be utilized to measure a man's aerobic capacity, or in other words the ability of his heart and lungs to work together in supplying oxygen to the cells of the body. On a broader scope, the responsibility of each and every serviceman, to his family and the CF is made clear. The serviceman, no matter what his trade is, is above all a member of the Canadian Forces who may be called on at any time to perform a special duty which is more physically and mentally demanding than his day to day duties. Aid to the civil power through flood control is one example. The serviceman must be able to react with stamina to these callouts — he must therefore be physically conditioned. The Aerobic test indicates each individual's potential to react — anyone who fails should have a long hard look at themselves and assess their appearance, how they feel physically, their mental temperament and their general outlook on life.

Each serviceman has another more obvious and more important commitment fulfill — to his family. The incidence of heart disease in our western society has reached epidemic proportions. Studies have shown that regular physical workouts of moderate strenuous activity over a long period of time can in fact delay the onset of heart disease. The heart, like every other in the body needs to be stressed in order to maintain efficiency. A jogging session may cause the expenditure of 2 or 3,000 extra heartbeats, but by conditioning the heart to a slower more efficient heart rate, may save a total of 10,000 beats in a given day. The lungs become more efficient at exchanging oxygen and carbon dioxide wastes, and the body muscles gain strength and endurance. It is not uncommon today to lose men in their prime of life because of heart attacks — the message of family commitment on a personal basis is clear.

The truth of the matter is that the test itself is becoming less important and the fitness program of the individual serviceman is gaining the proper emphasis. If a man has maintained his fitness level to the proper level, the test then becomes an instrument of evaluation only — an indicator of the worth of his fitness program. If a man is not physically active, the test becomes a feared event yearly.

A physical fitness program encompasses many activities, including jogging, walking, golfing, hockey, badminton, swimming and on and on ad infinitum. Do not restrict yourself to one activity, but enjoy as many as possible. The aim of the excellent sports program offered at most Canadian Forces Bases is to allow fitness activity for the serviceman while he is having fun! The possibilities for a fitness program are endless — the facilities at this Base are there for your use and enjoyment while you are preparing for the fitness test.

The incidence of coronary in-

farcts and major circulatory-respiratory problems is greatly increased in sedentary persons over the age of thirty years. A moderate physical fitness program based on a slow progression of activity levels and commenced after a full medical consultation is one method to delay and prevent the problems of heart disease.

The message is clear — the noon hour joggers are participating in something more than just a change to get outside and enjoy nature — they are in the process of conditioning their minds and bodies to withstand stress and strain — they are in fact, in a process of "Running for their Lives."

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Aircraft Maintenance is Big Business

The aeroplanes and the men that fly them are one of the main reasons for the existence of this base . . . they are why we are here. But the aircraft used in today's training programs don't just fortuitously materialize all fired up and ready to go. They have to be prepared for the job, modified to carry training equipment, inspected, ground tested, air tested and maintained to make them safe to fly. And let's face it, those old but sleek, powerful machines might just as well be in the junkyard without technical skills needed to get them airborne and the facilities for maintaining them. The Base Aircraft Maintenance Section has to be on the job.

The Base Aircraft Maintenance Section is one of the largest at CFB Winnipeg with over 25% of base strength, and we believe that the tasks carried out by this section provide the highest possible level of interest. Technical officers, civilians with specialized skills and service technicians of 15 separate trades make up the Base Aircraft Maintenance Section. They are assigned responsibility for a very diverse scope of activities such as aircraft maintenance, installation and maintenance of training equipment, calibration of test and measurement devices, ground and air photography and munitions and weapons.

There are two types of aircraft on this base, T-33 and Dakota. It is Base Aircraft Maintenance that is responsible for providing enough of these aeroplanes in a serviceable condition to meet the requirements of the training program — a complex operation and one that sometimes taxes to the utmost the skills and resourcefulness of the men that staff the section. This task is accomplished by men and their equipment supported by air workshops and other facilities distributed throughout hangars 10, 11 and 16.

No. 16 Hangar is the nerve centre of the maintenance operation. Here, the Base Aircraft Maintenance Engineering Officer (BAMEO) and his staff control the movement of aircraft into the various maintenance facilities and compile the reports and statistics relating to the flying and maintenance programs. To handle the administrative aspects is the Aircraft Maintenance Administrative Officer (AMAdO) and the orderly room staff. The administration section performs many of the duties normally handled by base orderly rooms. It's staff provides a friendly, helpful service to all servicemen and civilians attached to Base Aircraft Maintenance. Inspection, repair and modification of the Dakota and T-33 fleet are undertaken in this hangar by the Aircraft Repair Officer (ARO) and a staff of highly skilled technicians including two crews of civilians under contract from CAE Aircraft Ltd., backed up by the facilities of the Engine Bay and Ground Support Equipment Section, to carry out second line

maintenance. The Mechanical Support Officer (MSO) and staff support activities of a widely diverse nature. Technicians from this section man the air workshops, Safety Systems, photo laboratories, aircraft refinishing and the base armament shop. Another organization is that headed by the Aircraft Maintenance Control and Records Officer (AMCRO), whose staff perform support roles including aircraft accident and incident investigations, defect reporting, Log Control, special projects, Technical Library, updating technical publications, and improving procedures and standards.

Technicians of the Radar Systems, Communication Systems, Integral Systems and Instrument-Electrical trades are employed in the Avionics Section under the direction of the Aircraft Avionics Support Officer (AVSO). A tradesman in this section besides carrying out normal maintenance and servicing of aircraft can be called upon to test and develop new techniques on new equipment applicable to his trade area. The Calibration Centre in the AVSO Section calibrates test and measuring devices for all DND installations in the central Canada Region from Thunder Bay to Alberta border, and as far north as Resolute Bay.

The Aircraft Servicing Organization, under the Aircraft Servicing Officer (ASO) is responsible for four separate functions on the hangar line. The Line Servicing personnel of 10 Hangar prepare the base aircraft Dakota's and T33's for flight, assist the Pilot's during engine starting and pre-flight preparations, and perform the turn-around operations such as refuelling and minor repairs after they return from their missions. The transient Servicing section receives, services, and dispatches visiting and in-transit aircraft, rectifying minor faults during their stay. The Snag section rectifies all un-serviceabilities from engine changes to simple oil leaks which occur on Base aircraft between the scheduled periodic inspections. The Dakota Crew-

men section consisting of aircraft technicians qualified for flight crewman duties, support the 429 Comp Sqn long range flights, carrying out aircraft servicing and minor repair duties during their assigned trips.

To ensure that the aeroplanes are maintained to a high standard or whenever airworthiness needs to be confirmed whether it be after a periodic inspection or following defect rectification, they are air-tested by the Maintenance Test Pilots to rigid guidelines.

Rain or shine, snow or blow the servicing crews put the aircraft on the flight line and "ride herd" on them whenever there is a requirement to fly. So the next time you see a military aircraft leave the ground from Winnipeg International Airport and hear of its safe arrival at its destination whether it be a Dak, T-bird or Boeing 707, that's the sign that "Big Business" was on the job.



All good things come to he who waits — so goes the saying. In the case of Sgt Frank Theaker, Royal Canadian Artillery and presently an Instructor with the Militia at Portage la Prairie, Manitoba, it has been sixteen years between promotions. Above receiving congratulations and his Warrant's badge from LCol A. J. K. Rasmussen, Acting Commanding Officer Regular Support Staff, is the beaming and happy new Warrant Officer Theaker. Canadian Armed Forces Photo

\$\$\$ CURRENT CURRENCY \$\$\$

Hello Readers! Here we are again with another column of "Current Currency", detailing the latest news and events of our branch.

We were remiss in not mentioning our Annual BCOMPT Golf Tournament held on the 8th of June, in our last column. The aim was "maximum participation" with "fun for everyone", and, that was achieved beyond a doubt, as the "duffers" were paired off with the "pros" in a "two-ball foursome" match.

The action all took place at the Tuxedo Golf Course with the first foursome teeing off at 1200 hours. After the tournament, a full evenings program, at the North Site Curling Club, with our wives and girlfriends, included dancing to the music of Garry Hayes and food and drinks galore. As with any tournament there were both winners and losers with appropriate prizes.

The distribution of the prizes was as follows:

Low Gross — Sgt George Jones and MCpl Denis Larose.

Low Net — MCpl Claude Noiseux and Miss Colleen Malo.

Most Honest Golfers — Capt Fred Lucky and Cpl Judith MeLeod.

Hidden Holes — Capt. George Bell and Cpl Linda Mayert — Lt Ted Szykowski and MCpl Howie Evans — Sgt Ken Neatby and Cpl Jacques Deschamps.

We all owe a special vote of thanks to the co-ordinators of this tournament, Lt Ted Szykowski, MCpl Howie Evans and Cpl Mike Newell. Thank you very much for a well organized and most enjoyable day.

Postings certainly seem to be in vogue this year for our branch with news of two more of our members leaving us in mid-August.

WO (Moe) McConeghy, the

mainstay of our Regular Pay Section, is off to CFB Shilo. We know that whoever has the good fortune to work with and for him will indeed be lucky. The best of luck to you in your new posting.

WO (Vic) Erickson, that jovial man with the portly figure who supervises the Reserve Pay Section, is going across the field to TCHQ to work in the SSO FIN A branch. WO Erickson will be replacing WO (Moe) Mosher, who is off to CFB Cornwallis. We'll miss your friendly smile in the branch, and wish you the best of luck also.

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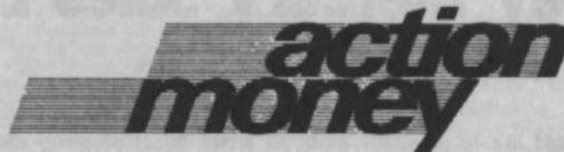
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Water Safety and Parental Responsibility

"Three year old drowned in lake."

"Seven year old boy falls from tree while fishing, drowns."

Can you imagine anything like that happening to one of your children? Probably not. It's always the next guy, isn't it?

The fact, is however, that genuine newspaper reports like these come in from all parts of Canada. In 1971 some 23 children under the age of 12 died by drowning in Man.

Lack of parental supervision is too often responsible for these family tragedies. The drowning of the year year old girl is a case in point. She was at a lakeside with her parents. While the adults had their minds on other things, the youngster toddled off by herself and happened to slip in the lake. She was out of her parents' sight "just one minute". But it was enough. Her body was found in the lake three hours later.

The seven year old boy went off fishing with a friend at a nearby river. He climbed a tree to give himself a better position from which to fish but lost his balance and fell into 10 feet of water. Neither he nor his friend could swim.

Those of us with children of our own should take warning from these unfortunate incidents.

Toddlers and small children should never be allowed out of one's sight when there's water nearby. Most drownings take place within a few feet of dry land in less than two feet of water. It's so easy for little children to fall into a pond, slip off a wharf or lose their balance in a paddling pool. Bathtubs can be deathtraps too.

One can't always keep an eye on older children, but they should be warned of danger areas such as ponds, wells, construction sites, ditches, sloughs, piers and landings. Don't let them go swimming by themselves unless it's at a public swimming centre.

If you take your children to a beach or some other supervised swimming area, never leave them alone at any time. The lifeguards may be trained professionals but they are not baby-sitters.

Never let small children use plastic toys and inflatable supports in the water. They are fun to play with but not very safe. A slight gust of wind can soon carry a small child into deep water.

If you take a child out in a boat with you, make sure he wears a life jacket at all times.

Arrange for your children to enroll in classes to learn safe swimming and the rules of water safety.

Covenant Players Visit Base



THE BASE COMMANDER presents a plaque to Sandy Fetterhoff of the Covenant Players. Looking on are Don MacLeod (team leader), and Murry Garland.

(Base Photo)

The Covenant Players visited our Base 24, 25 and 27 June. They presented skits relating to present day problems followed by discussion of points raised. The material included, related to alcohol, the drug scene, morals and other social issues.

Their style is one which helped us all to recognize, that at some point we must face up to social issues and present day problems. We must also face up to the painful truth, that we tend to interpret the behaviour and disposition of others, in our own terms of reference. The three performers constantly had the audiences in tears of laughter as they probed at everyday problems and issues.

The Base Winnipeg Drug Education Committee would like to thank all those who attended the performances and a special thanks to the Covenant Players for their entertaining and objective look at some parts of life.

CFANS news corner

Aerospace Squadron

For the members of Aerospace Systems Course 25, the long, hard grind is over. The "heat" was off as of 22 June, immediately following the Main Project Sponsors meeting, which took place 20 and 21 June. All of the course members have had their transfers for some time and, in spite of the fact that six of sixteen are remaining on staff, I don't believe we have a badly disappointed soul in the group. Good luck to all.

Thursday evening, 28 June, was the occasion for a barbecue party at the home of Squadron Leader Ried, which served as a course termination party and a farewell party for departing course and staff members. The staff members leaving are Major Mitchell (DBR/DRAE), Major White (Mather AFB), Major Gawell, USAF (South Dakota State U), Captain Jeffries (NDHQ/DEW) and Captain Sparks (CFB Greenwood). The "ranking" guest at the party was



our recently departed, and recently promoted Squadron Commander, Lieutenant Colonel Graham, who has taken up his duties at TCHQ. The best of luck to all of these departing staff members.

TIRE TREAD

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L COL E. H. CHRISTMAS shown receiving his Certificate of Service from Rear Admiral R. St. G. Stephens on the occasion of his retirement. LCol Christmas was born in England and as a child emigrated to Canada and settled in Saskatchewan. He was educated at St. Chad's Theological College in Regina and ordained in the Anglican Church of Canada 1940. Hugh Christmas joined the RCAF in 1954 and served at Crumlin, Summerside, Winnipeg, Calgary, Toronto, Moose Jaw and has just completed a tour as Command Chaplain in Training Command Headquarters in Winnipeg.

Base Photo

Beaver Beats Military Mind

Ottawa (CFP) — Truce has been declared between a beaver and military officials at CFS Ramore, an Air Defence Command radar station, 51 miles east of Kirkland Lake, Ont.

The beaver first made headlines in a June 11th story in the Timmins Press under the headline 'Beaver Beats Military Mind'.

The story went like this: What happens when the military mind, backed up with nuclear weapons and billions of dollars, meets up with a Northern Ontario beaver?

Victory for the beaver. It seems there is a beaver inside Canadian Forces Station Ramore who is determined to block a culvert in order to create a pond where he can make his home. Every time he started building a dam inside the culvert, the military broke it.

Finally, one man suggested, "why not erect a wire screen to keep him out of the culvert?" Good idea, everyone said.

The beaver agreed. All he had to do was pat mud against the screen.

The story went on to say that the busy-beaver would be trapped and moved to another area. However, after lengthy negotiations between the beaver and military officials, a truce was called since the beaver hadn't sabotaged a secondary run-off into the culvert.

According to WO Joe Renaud, a part-time trapper and local wild-life expert at the radar site, the beaver — as yet unnamed — has become sort of a "station-institution."

Apparently everyone checks on the beaver's daily activities since his culvert home is located near the main road leading to the station.

WO Renaud said that the much talked about beaver is a real morale booster. Station personnel are thinking of erecting a sign thanking the construction engineers for unknowingly helping the furry critter.

Winemaker takes award

Major Ken Johnson took top honours in the Sparkling Wine Division in the provincial competition for amateur winemakers held recently. Other winners from Base Winnipeg were MWO Dave Dempster, TCHQ, who captured third prizes in White Table Wine and Dark Brew categories, and Capt Jack Murphy, TCHQ, who took third prize in the Light Brew category. All three belong to the CFB Winnipeg Winemakers Club.


Grand winner was Larry Ranson, ex Flight Lieutenant and Base Recreation Officer at CFB Winnipeg, who took first place in five categories. Larry belongs to the Winemakers Guild of Winnipeg.

Twelve categories were open for competition: Red Table, White Table, After Dinner, Dessert, Still Rose, Sweet Aperitif, Dry Aperitif, Sparkling Wine, Light Brew, Dark Brew, Cider and Label. Winners in each category can enter the Amateur Winemakers of Canada competitions to be held Aug 18 in Ottawa.

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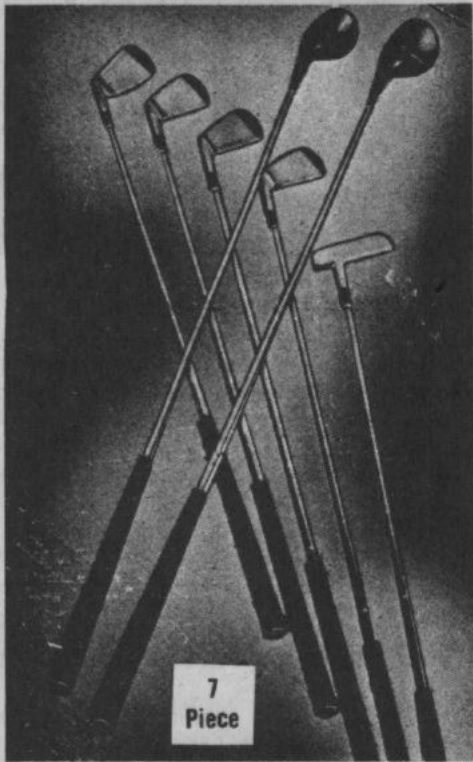
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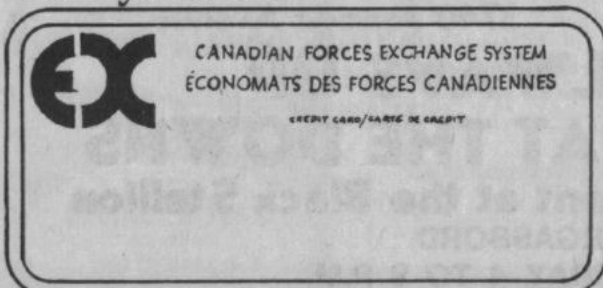
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