

STUDIO
22
PRESENTS

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THE
GINGER-
BREAD
LADY

April 25, 1973

CANADIAN FORCES BASE, WINNIPEG

Vol. 22, No. 8

CFB Europe wins championship

OTTAWA (CFP) — The CFB Europe Selects are the 1973 Canadian Forces hockey champions. En route to their victory in the single round-robin tournament, the Selects defeated all five of their challengers.

Teams representing the five

Canadian regions, Atlantic (HMCS Nipigon), Quebec (CFB Valcartier), Ontario (Ottawa Flying Falcons), Prairie, (Cold Lake Packers) and Pacific (CFB Esquimalt) along with the Selects were on hand for the competition which opened at CFB Greenwood, March 25.

Quebec, Europe and Prairie regions were first round winners.

Goaltender Cy Young, CFB Lahr, came within two minutes of racking up a shutout as Europe bombed Cold Lake 9-1 in the second round.

Ottawa won its first game of the tournament in the fourth round with a 7-3 win over Esquimalt. Quebec and Europe remained the only unbeaten teams as Valcartier bombed Cold Lake 11-3 and Europe doubled the score over Nipigon 6-3.

Europe and Valcartier, both with perfect records, met in the final round with the championship on the line. Valcartier took an early 3-0 lead in the opening period but before it was over Europe had narrowed the score 3-2. Europe scored three unanswered goals in the second period and never looked back as they added a pair of goals in the third period and skated off with a 7-3 win and the championship. Atlantic, Ontario and Prairie regions finished with 2-3 records while Pacific never reached the win column.



MWO CE HJALMARSON of TCHQ presented with a cheque in the amount of \$41.60 and an Award Certificate by Col CA LaFrance, Base Commander for his suggestion concerning auxiliary power units. This suggestion will prevent further failures and is a definite improvement to basic design.

Base Photo

Military start to vice-regal visit

Manitoba-based troops were the first link in a chain of events as Governor-General Michener opened the Royal Manitoba Winter Fair.

Governor-General Roland Michener was accorded a formal welcome to western Manitoba when he arrived at Brandon Airport on Monday, April 2. Third Regiment, Royal Canadian Horse Artillery mounted a 100-man guard with CFB Shilo providing the color party. 26 Field Regiment RCA (Militia) fired the 21-gun salute while a musical background was supplied by the Training Command Band.

It has been many long years since federal troops and Loyal Militiamen had to be called

out as a functional guard for the purpose of protecting the Queen's Representative. Back then he may have been arriving at some far-flung corner of the dominion to lend the weight of his office to a new proclamation. The armed troops could have been used to maintain order.

No such requirements exist today and the presence of Governor-General and Mrs. Michener is eagerly looked forward to by all our citizens. The popularity of the Vice-Regal couple is due both to the respect of the office and the personal touch of the Micheners.

The salute given by the troops directly to their Commander-in-Chief is significant in itself, but even more was

involved in this case. The reduction in unit strengths in Mobile Command has dictated that the Militia be more fully integrated into the strength of the field force. Here the professional gunners and the citizen-soldiers of a sister unit combined to welcome the Governor-General. The dignitaries of state, province and municipality were on hand with the Regional and Base Commanders as is fitting in our version of the democratic society.

The visit signalled the start of one of the more important affairs in life of this part of the world and the participation of the military highlights the integration of the serviceman into the Canadian community.



GOVERNOR-GENERAL ROLAND MICHENER inspects a 100-man guard of honour upon arrival at Brandon Airport early this month to open the Royal Manitoba Winter Fair. The guard of honour was comprised of regular and reserve unit troops from the Brandon area.

Canadian Forces Photo



THE LADY DRIVER IS OLWYN VAN RAES of Winnipeg, who under the direction of Petty Officer Don Wilkinson, takes a turn at the ship's helm as part of a recent Naval Reserve training program. In all twenty naval reserve wrens from Winnipeg and Thunder Bay joined their male counterparts for the weekend of day training cruises on Canada's West Coast. The unique experience for the women on board a ship at sea is all part of a familiarization training program to give the wrens a better understanding of the sailor's role.

Canadian Forces Photo

New director of security at NDHQ

The Honourable James Richardson, Minister of National Defence, announced today that Lt.-Col. W. J. Dabros, 40, of London, Ont., will be promoted to the rank of colonel and appointed director of security at National Defence Headquarters, Ottawa, on 1 July.

He will replace Col. M. H. Bateman, who is retiring after 32 years in the Canadian Forces.

In making the announcement, Mr. Richardson, said that Col-

onel Dabros is a most competent officer whose wide military experience and able performance in both staff and security appointments make him eminently suitable for his new position.

Since August, 1971, Col. Dabros has been attached to the Solicitor General's department where he is employed with the police and security planning and analysis group.

Honorary Physician Appointed

Lieutenant Colonel D. P. Snidal CD, has been granted by Her Majesty, The Queen, the appointment of Queen's Honorary Physician. The appointment was granted by Her Majesty in recognition of Dr. Snidal's contribution over many years to the Medical support of the Canadian serviceman.

Dr. Snidal is Associate Dean and Director of Continuing Medicine, Faculty of Medicine, University of Manitoba, and a senior department head at Deer Lodge Hospital.

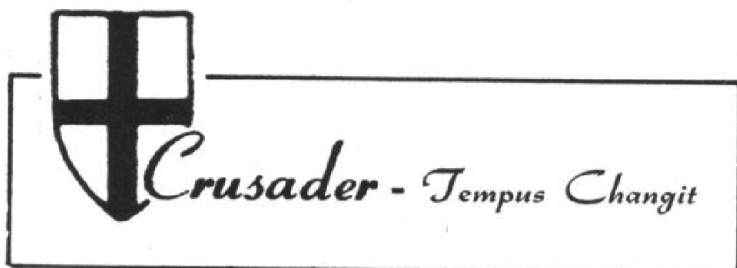
LCol Snidal is a former President of the Defence Medical Association and is Consultant in Internal Medicine, Canadian Forces Medical Council.

LCol Snidal is the former Commanding Officer of The Winnipeg Militia Service Battalion, and is presently a senior staff Officer at Prairie Militia Area Headquarters, Winnipeg.

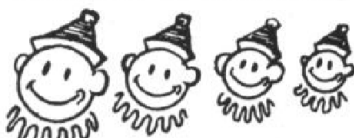
The appointment of Queen's Honorary Physician is to be promulgated in the Canada Gazette and is effective 18 Feb 1973 for a period of two years.



LCOL D. P. Snidal



LAUGHING AT OURSELVES



by John Semeniuk

Today's Laughing Matter:
"Blotto, Boiled, Topsy, or just plain Drunk".

I Had it When I Came: A drunk seated in the back seat of a car exclaimed loudly to a passing policeman, "Hon-esht Ossifer, shombody stole my shtearing wheel!"

Time Stagers On: A thoroughly soused hubby attempted to sneak silently into his house at 3 a.m. As he progressed uncertainly up the stairs, the hallway cuckoo clock began to sound the hour. Realizing the clock was cuckooing his downfall, the blotto had an inspiration; namely, after the clock had cuckooed three times, he cuckooed another 9 times and then unsteadily located his room and bed. The next morning, our hangover victim was greeted by an all too cheerful wife. "Dear", cooed the woman of the house, "You really must do something about that cuckoo clock. Last night it cuckooed 3 times, hiccuped, said 'Oh Dam', and cuckooed another 9 times!"

Drunk-O-Meter (?): Joe E. Lewis said, "You're not drunk if you can lay on the floor without holding on."

Sign in a Winnipeg Bar: "Please do not leave the bar while the room is revolving".

Tipsy Thespian: The late actor John Barrymore was noted for his fondness for the sauce; consequently many stories have been told about his antics while under the influence of incohol. I can recall beacoup Barrymore stories for which I'm sure that I'd be justified in crediting Gene Fowler and Bennet Cerf. During the filming of a silent flick about the sea, Barrymore was suppose to climb up the ship's ladder and (upon reaching the top) register unbridled anger. Suffering from the granddaddy of all hangovers, this great star was unable to emit the necessary visual emotion required. After a number of unsuccessful takes, the director had an inspiring idea. On the next re-take when Barrymore had reached the top of the ladder, the director threw a painful of ice water in John's face. "You sadistic SOB", shouted John, "I'll kill you!" Needless to say, the director had achieved the filmed effect he wanted. On another occasion (while in a nightclub), Barrymore suddenly had to go to the bathroom. Unfortunately, he chose the Ladies' Room. While the female occupants rushed out screaming, one gal stood her ground. As the actor used the toilet, she said, "Don't you know that this room is for the ladies!" "And so am I, Madam, so am I", replied the undaunted screen idol. After an all-night drinking session with John Barrymore, one of his friends attempted to phone him. The Barrymore phone rang and rang while the friend (still quite tipsy) kept repeating "Hello John". Finally a muffled voice was heard to reply, "Hello". "Are you alright?", inquired the friend, "I've been trying to get you on the phone for 5 minutes, where were you?" "Here I guess", responded the celebrity as he rolled out from under his friend's bed.

Yours in integration,
T. E. Marion, Capt.
BFUZZO

A Turn for the Verse:
He who drinks with grace is always welcome at our place But he who drinks more than his share is never welcome anywhere.

Defence in the House

RENT INCREASES FOR MARRIED QUARTERS

Mr. J. M. Forrestall (Dartmouth-Halifax East): Mr. Speaker, I wish to ask a question that is supplementary or related to an earlier one. About five or six weeks ago I asked the Minister of National Defence whether he would review with his colleagues the question of rent increases for Canadian Armed Forces married quarters, with a view to attempting to hold the line with respect to inflation. Has he had an opportunity to review this matter and can he give us some word about his conclusion?

Hon. James Richardson (Minister of National Defence): Mr. Speaker, we have carefully considered rent increases for permanent married quarters and, generally speaking, they are consistent with the rates in what is called "civvy" street, or the private sector.

REPLACEMENT FOR THE ARGUS LONG-RANGE MARITIME PATROL AIRCRAFT

Mr. Roland: 1. Has the government now decided to purchase a replacement aircraft for the Argus long-range Maritime patrol aircraft rather than undertaking a major refit of the Argus aircraft and, if so (a) how many long-range patrol aircraft does the government intend to purchase (b) what is the total anticipated cost of the aircraft (c) of the total anticipated cost, how much will be spent in Canada? 2. What is the regional breakdown of the total expenditures in Canada on the aircraft? 3. Will Canadian content requirements, if any, be part of the formal contractual arrangements with the successful bidder? 4. What companies have made submissions to the government with respect to a long-range patrol aircraft? 5. On what date may an announcement with respect to the purchase of an aircraft be expected.

Mr. John M. Reid (Parliamentary Secretary to President of the Privy Council): Mr. Speaker, I am informed by the Department of National Defence and the Department of Supply and Services as follows: 1. Yes. (a) Not yet known as the number could vary depending on the type of aircraft selected; (b) Cost will not be known with any precision until the various proposals have been received and studied. (c) The amount of Canadian industrial participation will be evaluated when contractor proposals are received. 2. The regional breakdown cannot be evaluated until contractor proposals are received. 3. Yes. 4. Requests for contractor's initial response have been issued to: Canadair Limited, The Boeing Company, Hawker Siddeley Aviation Limited, Lockheed Aircraft Corporation, McDonnell-Douglas Aircraft Company. 5. At the present time it is anticipated that the purchase contract for an aircraft will be awarded in the fall of 1974.

VETERANS AFFAIRS — FULL-TIME EMPLOYEES

Mr. Knight: 1. How many full-time employees were there as of January 31, 1970 in the Department of Veterans Affairs? 2. How many of those employees were earning more than \$15,000 annually, distributed according to \$1,000 intervals? 3. How many full-time employees were there as of January 31, 1973 in the Department of Veterans Affairs? 4. How many of these employees were earning more than \$18,000 annually, distributed according to \$1,000 intervals?

Hon. David J. MacDonald (Minister of Veterans Affairs): 1. 10,271. 2. \$16,000, 16. \$17,000, 21. \$18,000, 34. \$19,000, 22. \$20,000, 22. \$21,000, 17. \$22,000, 46. \$23,000, 40. \$24,000, 9. \$25,000, 25. \$26,000, 5. \$27,000, 11. \$28,000, 1. \$29,000, 2. \$29,000 - 35,000, 1. \$31,000 nil. \$32,000, nil. \$33,000, nil. \$34,000, nil. \$35,000, nil. 3. 9,728. 4. \$19,000, 14. \$20,000, 16. \$21,000, 23. \$22,000, 28. \$23,000, 39. \$24,000, 17. \$25,000, 24. \$26,000, 19. \$27,000, 21. \$28,000, 24. \$29,000, 20. \$24,629 to \$31,445, 9. \$28,539 to 33,072, 7. \$28,539 to 33,072, 10. \$31,459 to 35,391, 3. \$31,459 to 35,391, 1. \$34,000 to 40,000, 1.

CONGRATUALIONS ON 125TH ANNIVERSARY OF 8TH CANADIAN HUSSARS

Mr. R. Gordon L. Fairweather (Funday-Royal): Mr. Speaker, I have a question for the Minister of National Defence, of which I have given him notice. Does the minister agree that the 125th anniversary today of the 8th Canadian Hussars (Princess Louise's), the original New Brunswick regiment and the oldest serving unit in the Canadian Armed Forces, is worthy of note now or, if the Speaker so rules, at the time of adournment?

Hon. James Richardson (Minister of National Defence): Yes, Mr. Speaker, I am very pleased to say to the hon. member for Funday-Royal that I am aware that today is the 125th anniversary of this oldest serving Canadian regiment. I would be pleased to join him in expressing congratulations and best wishes to this famous Canadian regiment.

DIFFICULTIES IN MEETING LAND ACT REQUIREMENTS — REQUEST FOR UNANIMOUS CONSENT TO MOVE MOTION

Mr. Jack Marshall (Humber-St. George's - St. Barbe): Mr. Speaker, I wish to move a motion under Standing Order 43 on a matter of urgency. The vast increases in the cost of land and housing are causing serious restrictions for some 125,000 war veterans who hold qualification certificates in meeting the requirements under the Veterans Land Act. This difficulty is emphasized by the acreage requirement, the limits on loans available, and the high down payment required. In order to bring legislation in line with the needs of the veterans, I move, seconded by the hon. member for Halton-Wentworth (Mr. Kempling):

That the government immediately appoint a committee, consisting of members of the department, officials of the veterans land administration and veterans organizations, to study these matters with specific consideration given to removing the October, 1968, and March, 1974, deadline restrictions, and that the report be referred to the Standing Committee on Veterans Affairs within three months.

Mr. Speaker: There is not unanimous consent.

SUGGESTED EASING OF RESTRICTIONS UNDER VETERANS LAND ACT BECAUSE OF INCREASED COST OF LAND AND HOUSING

Mr. Jack Marshall (Humber-St. George's-St. Barbe): Mr. Speaker, I wish to direct my question to the Minister of Veterans Affairs. In view of the fact the present provisions of the Veterans Land Act are not keeping pace with the vast increase in the cost of land and homes, will the minister advise what consideration is being given to relieving the restrictions being faced by veterans who hold qualification certificates?

Hon. Daniel J. MacDonald (Minister of Veterans Affairs): Mr. Speaker, this would be a matter of government policy. If any changes are to be made, they will be announced in due course.

Mr. Marshall: In view of the vast increase in the cost and size of land required by veterans, will the minister take the necessary action to relieve the acreage payment under the act by reducing the limitation of one half acre less 20 per cent for veterans who qualify.

Mr. MacDonald (Cardigan): Mr. Speaker, this would also be government policy which would be announced in due course.

The accustomed hush descended on the wine villa as we swept in for our usual evening flagon. "There were the usual barely audible murmurs 'Antonius himself' . . . 'The master centurion' and 'a legend in his own lifetime' being the most common. We seated ourself in our accustomed place and with a cursory nod accepted one of several brimming cups eagerly offered by our retinue of admirers.

"Tell us of the battle of Lake Regillus" suggested a junior commander of the principes. "Is it true you slew the entire Calabrian General Staff single handed?" queried another. Amid sighs of disappointment we waved our hand gently in a self defacing manner "The victories of the Legions are history" we replied "and the small part we ourselves played, while noted by the emperor, was only the duty that every soldier must do. No my friends, it behoves us to look more to the future that continuing glory may shine upon the arms of Rome."

A young officer of the confitoris robberii, or the jam stealers as the Angles call them, mentioned the newly announced plan to recruit MMM women to serve under the golden eagles.

At once a heated discussion broke out. One considered the idea worthy but for other than military reasons and this drooling lecher was at once consigned to purchase more wine while the more military minded further pondered the problem.

"Well at least the profession of Icarus can surely not be affected" cried a worthy sporting the golden wings. "Be careful" we admonished gently "it is already happening behind the wall of the yellow men and may yet find favour in mighty Caesar's eyes." The captain of a quinquereme was about to scoff at the idea of fair curls being seen about his decks and suddenly recalling the recent innovations of an allied admiral called Zuzias, also took on a gloomy countenance. "Surely Antonius" cried one "it will never come to pass that our fair maids will be placed in the ranks of the legions to face the barbarism of the Huns or keep the peace between the warring factions in far-off Thrace." "No" we replied. "That would be a shame to the state but they can and do serve usefully as scribes or driving the wagons of the baggage train or even repairing the broken chariots, but these tasks must be done away from contact with the barbarian hordes and far from the mutinous Picts of cruel Macquinnius."

"But I have just returned from IV years on chilly Hadrian's wall" cried one "and there are rumours of war with Carthage: I shall be called again to oversee the proper feeding of our spearmen in that stinking desert."

"How lucky you are in the legions" sobbed a disburser of the silver "you charioteers, catapulters and spearmen will be unaffected by this innovation."

We admonished him gently "Let us who go before the gleaming eagles enjoy one instance of exemption from a new policy. Remember, life in the legions is often hard . . . Yes, I remember well Lake Regillus, where we brought home the spoil of thirty cities to deck the shrines of Rome."

And with further offerings of wine we were persuaded to recall, brave Tassius, alone, facing the tossing standards on that sea of steel.

Letters to the editor

Dear Crusader:

I read with a jaundiced eye your article on "how sweet it is" to be in the service these days and I certainly take exception. Why only the other day when I went to jog, someone left all the windows open in the Gym and I nearly froze. Not only that, the sauna bath had not been turned on in time to have a good sweat which completely spoiled my noon hour. Concerning annual leave, it rained for a few days last summer while I was on mine causing dreadful inconvenience. And as far as cake and ice cream is concerned, you know perfectly well they very seldom serve it together, which is real tantrum material.

How sir, do you dare comment as you did? I am a

heavily decorated soldier and would not stoop to outline the hardships I endured to get my Cyprus Gong. AND as for remaining at work until 1620 hrs (that's Military for twenty after four), you sir are either grossly inefficient or a fibber, as we all know that no one in the headshed ever works that late.

I hope you are not offended by my pointing out these few deficiencies in your article and allow me to extend to you an invitation to join our junior officers' education classes held every Xmas and Easter at the Girl Rover Scouts Hall, Kettle Rapids, Man.

Yours in integration,
T. E. Marion, Capt.
BFUZZO



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Next issue deadline 2 May, 73

Pro utilitate homium

For the Service of Mankind — by WO A. Golding

DRESSINGS and BANDAGES. To this point, we have frequently spoken about the application of dressings and bandages without having delved into this specific subject itself. The art of application of dressings and bandages depends primarily on observation and imitation; practice, and more practice. Without having the actual material on hand, plus illustrations and demonstrations, it is almost pointless to enter into a great deal of verbosity by the way of printed word.

A Dressing is a covering applied to a wound or to an injured part and may be used: (1) To assist in controlling bleeding. (2) To protect a wound from further injury. (3) To prevent or lessen infection.

There are basically four types of dressings: (1) Prepared sterile dressings (such as issued and used by the Canadian Armed Forces). (2) Gauze or Cotton dressings (clean but not sterile). (3) Emergency Dressings such as a clean handkerchief, freshly laundered towel or linen (for temporary use only, until replaced by preferably a sterile dressing). (4) A Wet Dressing (cold compress) to help limit swelling and bleeding under the skin.

A Bandage is a piece of material normally used to hold a dressing in place and to apply pressure as necessary. There are two types of bandage: (1) Triangular (as utilised by the Canadian Armed Forces, and (2) Roller (as utilised by medical personnel, and in some levels of first aid training). Bandages may also be used to hold splints in position and to immobilise fractures; to afford support to an injured part (e.g. sprained ankle) or in the form of a sling; to control bleeding; to reduce or prevent swelling, and to assist in the lifting and carrying of casualties.

The Triangular bandage is very versatile and where not readily available are easily produced by cutting a piece of linen or cotton not less than forty inches square diagonally into two pieces. A triangular bandage has three borders. The longest is called the "base" and the other two the "sides". There are three corners, the upper one (opposite the base) is called the "point" and the others the "ends".

The triangular bandage may be applied as a: (1) Whole Cloth spread out to its full extent, e.g. chest bandage. (2) Broad Bandage made by bringing the point down to the centre of the base and then folding the point down to the centre of the base and then folding the bandage again in the same direction. (3) Narrow Bandage made by folding the broad bandage once again in the same direction.

To secure the end of any bandage a reef knot must be used. It is easy to tie, it lays flat and is easy to undo. It must be placed where it does not cause discomfort, or chafe the skin. Any long ends remaining after the reef knot has been tied should be tucked away out of sight.

The triangular bandage may also be used as a "Sling" to: (1) Afford support and rest to the upper limb. (2) To prevent the weight of an upper limb pulling on or moving the chest, shoulder or neck. It may be used as an "Arm Sling" to support the forearm and hand and is used in cases of fractured ribs, in cases of wounds and injuries of the upper limbs, and in cases of fracture of the forearm when splints are being used. It may be used as a "Triangular Sling" to keep the hand well raised and is used in the case of a fractured collar-bone. It may be used as a "Collar and Cuff Sling" to support the wrist (where there is no injury to the wrist).

Once again, it is best observed and practiced than to print great gobs of reading comprehension.

The triangular bandage may also be utilised as a "Scalp" bandage; as a "Chest" bandage; for the "Shoulder"; for the "Elbow", "Hand", "Foot", "Knee", "Hip", and "Stump."

When shaped into a "narrow bandage" it may in turn be made into a "Ring Pad" (doughnut) which acts as a shim and to control bleeding where a foreign object is deeply embedded in the body tissues.

To make a ring pad pass one end of the narrow bandage once or twice around the fingers; then bring the other end of the bandage through the loop thus formed and continue to pass it through and through until the whole of the bandage is used and a firm ring is formed.

Improvised Slings may be improvised in many simple ways, for example, by pinning the sleeve to the clothing; by turning up and pinning the lower edge of the coat; by passing the hand inside the buttoned coat or vest. Scarves, ties, belts and the like may also be used as slings.

Roller Bandages. There are four principle methods of applying the roller bandage: (1) The simple spiral. (2) The reverse spiral. (3) The figure eight, and (4) The spica.

Once again, roller bandages are better taught in actuality practice rather than from perusal of words only.

Regardless of what is used, prevailing conditions combined with common sense must always be born in mind.

Golfer's game

Jim O'Neil of Sacramento, California, recently claimed a "World Record". He played 18 holes of golf in 47:17, shooting a 99. No sooner was the word out than Bob Fries, 42 year old track coach at Fresno City College, broke it. He ran the course in 38:12, stopping long enough to shoot an 81. If you must play golf, that's the way to do it.

(Taken from **Running Shorts**, Runner's World Magazine, Box 366, Mountain View, Calif., Vol. 8, February, 1973, No. 2).

Al Taylor,
MANITOBA RUNNER'S
ASSOCIATION, 889-1758 or L.
544 16 Hgr.

Confligere by Bob Purvis

WHY VOTE? It is not known by this columnist just what per-

centage of the Armed Forces actually exercise their right to

vote during federal and provincial elections. It is known that there are some members who do not vote for reasons known only to themselves, and these generally are the same persons who are first to criticize, knock, and condemn when things go astray by either an elected party or individual.

VOTE — a formal expression of will, wish, or choice in some matter, as by ballot, etc. Did you know that the word "idiot" comes from a Greek word meaning "the man who didn't vote?"

The right to vote is certainly a precious right which is far too often neglected by many who feel that it requires too much effort to exercise the privilege. A person who doesn't vote when he has the opportunity has no cause for grievance if he doesn't like the fellow elected to office or some new enactment that has been passed or defeated.

Remember a war fought nearly 200 years ago with one basic cause being "taxation without representation?" Do you recall the wars that many nations have fought since then to preserve a right of freedom of choice — with this choice often coming via the ballot box?

When you vote, you help create leaders, help politicians reflect the will of the people, become a real citizen, and are a real influence for good government.

With the lowering of the voting age to 18, many young people are now eligible to vote. For the member of the Armed Forces in this young age bracket — he must make decisions based on what he hears, sees and reads. It is not likely that he will have his parents nearby to guide him. In any case, this is not always wise as many young people will follow the footsteps of their parents rather than think for themselves, also, in many instances the serviceman will be stationed miles away from his local constituency and most likely will not personally know the candidates running for office. In this case he can only let his conscience be his guide, or if he knows that the candidate is representative of a good active party — this may influence his decision.

In any case, if you are eligible to vote, even if its for a local committee — do your best to reduce and eliminate the number of "idiots" in your community.

Legal Beagle

CONSUMER PROTECTION IN MANITOBA Simple Answers to Common Questions (Second in a Series of Three)

Your Rights On Default and Repossession

If you fall behind in your payments, there are only certain things the credit grantor or finance company can do. You should be aware of your rights at this critical time:

— The credit grantor can either sue you for the balance owing or repossess the goods, but not both. (This does not apply to a cash loan not made to finance a purchase of specific goods).

— While the credit grantor can demand payment of the whole balance owing at the date you fell behind in your payments, you can return the finance contract to good standing by only paying the arrears, just the default interest as stipulated in the contract and any bailiffs' charges or costs if the goods have been repossessed. **You do not have to pay the entire balance at that time, and no one can force you to.**

— If the goods are repossessed: (a) they must be held for 20 days before being re-sold; (b) the credit buyer must be given written notice within 48 hours of repossession as to (i) where the goods are being held; (ii) the amount of the arrears, interest and costs required to redeem the goods and return the finance contract in good standing; (iii) where and how the goods can be redeemed.

— If the goods are sold following repossession, you are to receive a full accounting of all details including how much they were sold for, the amount that was owing, and costs. You are to be paid any extra amount received on the sale.

— If you have already paid the credit grantor more than 75% of the cash price of the goods and then go into default on your monthly payments, the credit grantor may not repossess the goods without a court order. At the hearing the Court can protect your right to retain the goods if the circumstances make it appropriate.

General Credit Purchase Rights — The credit grantor is not allowed to take any additional security or collateral other than the goods themselves that are being purchased (he may not, for example, take a chattel mortgage on any of your other possessions).

— Conditional Sale Agreements covering a consumer credit purchase written as payable "ON DEMAND" and not

by instalments or regular payments are void.

— A finance company who "discounts" or has assigned to it a time payment or finance contract, takes it with the same obligations to you as the original seller. Thus, if you have a claim against the seller because the goods are defective or the services performed are not adequate, you may refuse to pay the finance company until the claim is resolved to your satisfaction, or you may deduct the cost of fixing the goods from the amount owing.

— If the credit grantor of finance company takes a promissory note from you in an addition, to, or instead of a finance contract, the note must be marked "CONSUMER NOTE". The party holding the note (finance company, bank, etc.) cannot collect on it without recognizing the claims you may have against the original seller for defective merchandise or services.

Basic Warranties and Conditions of Every Consumer Purchase

Every Consumer purchase carries certain basic warranties that cannot be cancelled or "contracted out of" by the buyer and seller. Each seller warrants:

— That the goods are new and unused, unless the seller specifically tells the buyer otherwise;

— That the goods are free of defects and of a standard in accordance with reasonable expectations;

— That the goods are for the purpose for which they are sold or are being bought.

Any representation or promise made by a seller in his advertisements, or verbally, about the goods or services being sold is an "express warranty" which is, part of the deal and he can be held to it.

Failure of the seller or the goods to live up to any conditions or warranties gives the buyer the right either to cancel the purchase and finance contract as well as to return the goods or to be paid damages for any costs or losses he might suffer as a result.

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A WARM FRIENDLY SMILE to add comfort to the sick has always been part of the tradition of the nursing profession and Base Hospital's first male nurse Lt. L. Cesnaitis, maintains this tradition. At a small gathering celebrating his departure for Alaska he also finally succumbed to nurse dress regulations, donning the traditional cap and gown.

(Base Photo)



Patricia Periodical



As we related in our last report, the Battalion is now back from Cyprus and everyone is off on leave. What should be next on the agenda? — A re-organization, naturally! When we all get back to work on May 14th, much of the unit will be changed. Gone will be Logistics Company, and in its place will be a Headquarters Company and a Support Company. To any old soldiers from the 50s or early 60s, those names should certainly sound familiar. The two newly-formed companies should make the task of supporting the "sharp end" much easier.

At the same time a large number of people in the unit will move to new positions. Two examples of these moves are Major Bob Dallison to the position of Deputy Commanding Officer and Capt. Doug Bird

to Adjutant. As we all move into our new jobs everyone will get a chance for a different experience in infantry work.

Another important bit of news at this time of year is the list of postings in and out. After the completion of the Cyprus duty, 2 PPCLI's list will no doubt be particularly long. At present we have over 30 people warned for postings. Our OC of Rear Party Major Greg Leitch has been posted to Calgary where he will become Brigade Major for 1 Combat Group. Capt. Lou Barbeau, MWO George Woodard, WO Ron Sheppard and WO Al Stever are on their way to Germany (lucky them!) The Canadian Airborne Regiment will benefit by the addition of Warrant Stan Stothard, Sergeants Bill Gray, Bud Fisher, Gary Smiley and Cpl.

Doug Hilt. Many others are being posted to locations from Cornwallis to Gypsumville. We wish them the best of luck in their new postings.

There has been one more addition to the scenery at Kapyong Barracks. We have now got an obstacle course! The Battalion Pioneers have been working hard for the past few weeks and with the assistance of an auger truck from CFB Shilo we have finally got the obstacles dug in and hammered together. Now, in addition to running two miles every morning on PT we will be able to put ourselves through the tortures of a series of very unfriendly-looking obstacles. However, the extra physical work done now will make the exercises in Wainwright in June a lot easier.



429 Sqn.

Bison Brew



Howdy herd. Things have been pretty busy for the last couple of weeks as the nav school takes advantage of the rash of good weather by flying all sorts of details.

On the long range board things appeared a little hectic, with the usual run of local area flights. Wally Pennell, Gilles Tessier, Don MacDonald, Vic Charlebois and Jinx Jenkins had a happy Easter down home, bye, and John Tanchak, Aime Boule and Marc (Quack-la) Dandurand had another taste of winter when they visited Churchill. Greg Fox, George Hamilton and Shorty Sadaway, in company with those two highly skilled interpreters, Rick Legault and Yves Faucher, were down to Quebec City at the beginning of this week. They saw Mike Vermette there and almost convinced him to apply for a Dak. posting.

Dan McGrath had deserted C Flight for a few weeks in order to attend the ICP course on the other side of 11 Hanger, where he is busy learning that instrument approaches are not all they appear to be. With Dan tucked away the CO relaxed somewhat and has been able to spend a few days in Portage learning to fly the Kiowas helicopter. And with both Dan and the CO busy, Jim Birrell thought it was an ideal time to return from Jamaican leave and fly his favourite airplane. Pete Van Haastrecht has re-appeared from the wilds of CFB Borden, and should be back in the cockpit soon. Art Jordan will be leaving D Flight for a couple of months to assume the SADM job. He will not have Barney's aid, since that worthy

gentleman is departing the squadron on April 27 in preparation for his move to Germany. The carpets in the admin. section will soon require replacement if Barney keeps pacing up and down with the impatient gleam in his eye.

Cigars are forthcoming from Bob and Marlene Gottfried who had a baby boy on April 16th. Jim and Louise Humphrey also pass out cigars, perhaps, since they have just adopted a four year old boy. Jim says its noisier than ops with the two four year olds at home now. Congratulations to both couples from all of 429.

Major Jack Cann is smiling these days, having received word that he will be going to CFB Toronto as Base Operations Officer. He received good training on 429 during his tour as Ops officer, and should be able to keep track of all those Otters out at Downsview.

Hugh Quigley has been flying a wheelchair over at Deer Lodge Hospital following an operation on his foot. Trouble is, Hugh says, is getting the darn thing up to takeoff speed. We all wish you a speedy recovery, Hugh, and hope to see you back with us soon.

There have been many rumours flying around regarding the retirement of the Dakota, and its only fair to admit that they are all true; the date is still 2080 A.D. Perhaps the following will tell part of the story.

Retirement of a Lady
It happened first in fifty-one The day the Dak had just begun To pitch and weave her stately way Around the shores of Georgian Bay

Farther on, round about fifty-six AFHQ tried other tricks They said the bright Canadian sun Would set on Daks in Sixty-one.

Well, sixty-one it came and went The Daks were getting old and bent

But someone had a miracle fix The date was set for sixty-six.

Five more years of grinding gears The jets said look up here, old dears

At us up here at thirty thou' Grandma Dak said not just now.

Now we're told that seventy-six Shall be the year she quits her tricks And heads to Saskatoon on pension To join the old airplane collection.

Among the faithful there's a group Who think that Ottawa's in the soup They believe that by ninety-one The gooney's half-life should have a run.

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CFANS news corner

Aerospace Squadron
As promised in the previous issue, herewith the names of the course members of SANC 7302. Captains R. J. "Bob" Brown, W. J. "Bill" Clair, D. H. "Doug" Doncaster, M. J. "Marv" Guile, J. F. "John" Hanlon, G. M. "Gary" Hare, R. "Rudy" Kieser, C. E. "Nick" Lundhild, W. T. "Bill" McIntyre, M. M. "Michel" Roy, E. L. "Eric" Wood and L. H. "Lee" Wood. They'll be around until mid-June.

Three of our Majors; Graham, Gawell and Pauls; spent a day in the halls of NDHQ discussing the ASC main project. It is rapidly getting around to the time when the course members are going to have to put this study all together.

ASC 25 members have been treated to a number of interesting guest lecturers; among them are Dr. Brereton DRB/DAOR, LCol. Braun NDHQ/DESE, Maj. White NDHQ/DAEM, Capt. Fetter/401 TSD and Mr. Crenshaw of IBM. Our thanks to these gentlemen for their contribution to the course.

As this issue is distributed, the members of ASC 25 will be packed and ready to depart for their three-week tour to England. Have a good trip boys.

ANS NAV SQUADRON

After a long quiet spell of little newsworthy action, the usual rash of postings in and out heralds the arrival of summer and about 50 ROTP students in various phases of training. Joining us in time for the summer madness are the following lucky chaps:

"A" Flight — Capt's Cantley (415), McKay (436), Moore (416), Barker (405), and Mellissen (attached from U of Man).


"B" Flight — Capt's Linberg (TAL School, Namao), Reaume (HS 50), Schneider (407), Sherman (437), and Wannamaker (436). In Addition Maj. Beaulne will be rejoining us from Mather AFB in California.

Leaving us will be Major J. Hennessey who is going to 435 Sqn Namao in August and Capt. Doug Lee who will start the ASC upstairs in September. Capt. Bernie Hughes has left us for warmer climes and a longer Golf season as exchange officer at Mather.

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MEMBERS OF THE CFB WINNIPEG LADIES CURLING CLUB WITH THE DINEEN CUP.
 Back row, left to right. Mrs. C. Schmidt, Mrs. K. Tucker, Mrs. G. Elliot, Mrs. D. Edmondson.
 Front row, left to right. Mrs. H. Graham, Mrs. H. Filleul, Mrs. L. Gazley, Mrs. W. Ridley.

In 1915 Mr. Dineen presented the trophy shown above. It has become known as the Dineen Cup and is curled for by various Ladies' Curling Clubs in the city. This challenge trophy has been competed for since that time and helps promote better curling and sportsmanship. In 1913, Mrs. Dineen became the first president of the St. John Ladies' Curling Club at a time when the ladies still curled on the Red River. Both she

and her husband were great supporters and promoters of the curling and the Dineen Cup is still a trophy treasure by the Ladies' clubs.

The Ladies' team, pictured above, from CFB Winnipeg won the trophy this year on the 24 March. They then successfully defended it against two other city women's teams. In their final game they lost it to Fort Rouge by one rock. Very well done ladies!

Child Safety Week May 1-7

OTTAWA (CFP) — Each year more children under 15 die accidentally than from all leading childhood diseases combined, the Canada Safety Council reports.

This year Child Safety Week, May 1-7, will focus again on the dangers to children and educate adults on the ways to reduce the annual toll.

Traffic is the leading killer. It took the lives of more than 45 percent of the 1,979 children under 15 accidentally killed in 1971.

Here are some things that can be done to protect your own child and others:

Make sure children understand traffic rules and pedestrian safety before they are allowed "out to play" or to ride bicycles on public roads;

Secure very young children in approved child restraint devices in cars, or if they are old enough, have them wear seat belts. (The best way to encourage children to wear seat belts is by doing so yourself);

See that children wear clothes with retro-reflective tape attached to ensure that motorists can see them after dark;

Don't use airtight plastic film or bags in crib or carriage;

Keep small objects such as pins, buttons, coins out of the reach of curious little hands;

Don't discard old refrigerators without removing the doors;

Teach youngsters to swim at an early age, and never leave them unwatched near any body of water no matter how shallow;

Keep matches and lighters out of the reach of young children and teach older children to observe fire safety rules as early as they can grasp them;

Guard youngsters against falls by placing gates across stairways and by keeping a watchful eye on infants while dressing them;

Keep all household cleaners, cosmetics, insecticides and medicines out of reach or under lock and key (poisoning accounts for less than two percent of childhood deaths but is a major cause of childhood injuries);

Firearms and ammunition should be locked up separately and weapons should be unloaded when not in use.

These are only a few of the possible preventative measures. Remember, children look to you as an adult to teach and guide them in the ways of safety. Don't let them down.

how to preserve children

To preserve children take:
 a large grassy field
 1/2 dozen children
 2 or 3 small dogs

Mix the children and dogs well together and put them in the field, stirring constantly. Pour the brook over the pebbles, sprinkle the field with flowers, spread over all a deep blue sky, and bake in a hot sun. When thoroughly browned, remove and set to cool in a bathtub.

BITS AND PIECES

by Joyce MacDonald

Special thanks to Mrs. Helen Nesbitt for the following recipes.

Recipe for a Growing Boy

Take a spattering of freckles,
 Across a little nose;
 Add a pair of well-scuffed shoes,
 Some patched and muddy clothes.

Mix in a sandy crew-cut,
 Eyes of laughing blue,
 Sunburned cheeks, a toothless smile,
 Grinning up at you.

Then stir in cuts and bruises,
 A pocket full of stones,
 And add a large capacity
 for lollipops and cones!

Measure shouts and laughter,
 Add feet that can't be still,
 Tend the mixture well, and watch
 with loving care until

At last the precious mixture
 is finished, and you can
 Be sure that restless little boy
 Will be a fine young man.

Try these really scrumptious
 no bake ideas!

GOLF BALLS

1/2 pint whipping cream
 1/2 tsp vanilla
 Graham wafer crumbs
 a tsp white sugar
 16 - 20 marshmallows
 chopped nuts.

Whip cream, add sugar, vanilla and marshmallows (chopped). Set this mixture in fridge and leave for 6 hours or overnight. Lift out in large spoonfuls and roll in chopped nuts and wafer crumbs. Keep in cool place.

PEANUT BUTTER BALLS

1/2 cup soft peanut butter
 1 1/2 tsp soft butter
 1/2 cup icing sugar
 1/4 cup chopped walnuts
 1/2 cup coconut — cherries if you want

Mix and form into balls. Roll in graham wafer crumbs, or nuts, or coconut. For variety make a thin icing and dip balls in nuts. Store in refrigerator.

Officers Wives Club

The Officers' Wives Club will meet in the Officers' Mess, Tuesday May 1st at 8:00 p.m.

For our evenings entertainment we have planned a "White Elephant Bingo". Everyone is urged to bring along an unwrapped article to contribute to the prizes. All donations will be set up on a table with the bingo winners having their choice of any article on the table. It promises to be a lot of fun ladies so start digging out your "White Elephants" — What is old to you is new to someone else.

The bridge winners for April were:

First: Etta Ferneiz
 Second: Frieda White
 Consolation: Marg Atkinson.

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Do you know this about smoking **Warcos meet in Ottawa**

Smoking several cigarettes in a closed room soon makes the concentration of nicotine and dust particles so high that the nonsmoker inhales as much harmful tobacco by-products as a smoker inhales from four or five cigarettes.

Smoke from an idling cigarette contains almost twice the tar and nicotine of smoke inhaled while puffing on a cigarette. On the average, smoke inhaled while puffing on a cigarette contains 11.8 mg of tar and 0.8 mg of nicotine, as compared to 22.1 mg of tar and 1.4 mg of nicotine from idling smoke. Thus, smoke from an idling cigarette may be twice as toxic as smoke inhaled by the smoker. Although the concentration of harmful substances inhaled by the nonsmoker is less than the concentration inhaled by the smoker, the nonsmoker's exposure will be for a greater period of time.

Smoking in an airplane will obviously constitute something

of a menace to a nonsmoking passenger. It seems obvious that in the confines of an airplane, where a nonsmoker may be required to sit next to one or between two smokers, and where the air circulation is typically poor, the nonsmoker will be subjected to significant health hazard from the smoker.

An editorial some years ago in SCIENCE magazine concerned the pollution of air by cigarette smoke. In a poorly ventilated, smoke-filled room, concentrations of carbon monoxide can easily reach several hundred parts per million, thus, exposing present smokers and nonsmokers to a toxic hazard. In fact, it has been found that children of smokers are ill more frequently than children of nonsmokers, usually because of respiratory disease.

It is becoming increasingly apparent that the nonsmoker who must be present in the traditional "smoke-filled room"

characteristics of many conferences and social gatherings has an exposure to tobacco by-products quite similar to the exposure of the smoker. There is some evidence that this "smoking environment" extends even into the home where children may have a sufficient exposure to influence their cardiovascular system and add years of exposure to their smoking history, even before they actually smoke themselves.

OTTAWA (CFB) — Bombs bursting, typewriters cracking — memories of the "tin hat" days of Canadians in war were revived recently in Ottawa when the Canadian War Correspondents Association held its 28th annual meeting.

About 55 radio and newspaper veterans, former military conducting officers and war photographers met at the National Press Club to carry on traditions developed since the end of the Second World War.

Established in 1945, the association has 125 members. Today's membership also includes accredited reporters and ex-military information officers who served in Korea or in peace-keeping operations such as Cyprus.

This year's meeting recognized the 100th Anniversary of the RCMP and National Defence cooperation in war and post-war years with Commissioner W. L. Higgitt and DND Director General Information Services BGen. L. A. Bourgeois (retired) as honored guests.

Veteran war reporter, columnist, and celebrated concert harmonica maestro Charles Lynch paid tribute to deceased "Warcos" as he played the traditional "Road to the Isles."

Cubs and Beavers need help

Live in the South Site PMQs? . . . Got a boy in scouts, cubs, or beavers? . . . Can you spare one Saturday morning? Then show up with your car at the drill hall at Kapyong Barracks (Selkirk Lines) at 9.30 a.m. Saturday 28th April. We'll give you a map and some boys who'll do the knocking on doors and picking up bottles. All you have to do is to deliver them to the drill hall. The proceeds will go to help keep the cost of the summer camp down to the \$12.00 it will be again this year which is pretty good considering mother can hardly feed the brute for seven

days at that price. We are also desperately short of leaders for camp so if you could help out by running games, leading hikes, teaching swimming or just cooking and helping, check with your superior to see if you could be spared for the week 16-20 Jul. A week's special leave can be granted by the Base Commander who is 100% behind scouting. If you have any queries call the Group Chairman Major Tony Hawkins at local 743 on the North Site.

We really need help and if we don't get it there just may not be a camp this year.



SANDRA WIER, winner of first place in the senior event of the St. James Assiniboia Figure Skating Competition, is seen presenting the trophy to Capt. Jougoin for safe-keeping in the Base Recreation Centre trophy showcase. Betty Ann Davies placed 3rd in the junior event.

Base Photo

BY LAND —
BY SEA —
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MOORE 69

VOXAIR SPORTS

Curling Corner

LADIES CURLING

The results of the playoffs for the President's and Vice President's trophies are as follows: President's - May Weatherbie with the Shirley Smith foursome as runner-ups; Vice President's - Sandra Henschel with the Leila Farrell rink as runner-ups. A general meeting was held on Monday March 26 at the Westwin Clubhouse. A new slate of officers was elected as follows: President Anne Lindsay; 1st Vice President Sandra Henschel; 2nd Vice President Shirley Tucker; Secretary Shirley Smith; Treasurer Ev Graham; Social Glenda Brian; Publicity Lottie Klapatuik; Prizes Marlene Jack; Nominating Ruth Gray; and Honorary President May Weatherbie. Our congratulations to the outgoing committee on a job well done!

MIXED CURLING

The Club Mixed Bonspiel finished off with a big party on April 7th. Several of the rinks had more to celebrate than just the end of a highly successful season. The Terry Patton foursome walked away with the 1st Event, Stu Adkins and his rink won the 2nd Event and Karl Larson's rink topped the 3rd Event. Frank Marsh and his

CFB Winnipeg rink won the O'Keefe Trophy for the "Best All Club Rink".

MEN'S CURLING

Don Nutley is still hoping to have more league results prior to 4 May and in addition is also looking for an opening to finish the playoff for the Vice President's Trophy. The Jim McKenzie and Dale Kaechler rinks are waiting to have the final game of their three game playoff. The Wes Anderson foursome has already won the President's Trophy. Congratulations again fellows!

ALL CURLERS

A fast reminder to all Curling Club members to get your tickets for the party that will end the curling season! The banquet, trophy presentations and dance are all wrapped up into one on 4 May starting at 6:30 p.m. This is one of the best parties of the year so get your tickets from the Westwin Clubhouse or from Corporal Joe Lemieux (889-1360 at work or 837-6063 at home). See you there!

Bowling Banter

The Lipsett Hall Youth League completed their roll-offs on Sat 14 Apr. The "A" and "B" series were closely contested with the eventual winner in "A" series team No. 2 and "B" series team No. 4.

Presentations will take place in the lounge of Lipsett Hall on Saturday 28 April at 1300 hrs.

"A" Series Winner
Mike Semenuik
Randy Lemoine
Francis Harder
Sharon Brownridge
Robby Wardle

"B" Series Winner
Cathy Semenuik
Brent Lemoine
Sharon Harrison
Joanne Semenuik
Teresa Crabbe

GIRLS HI AVERAGE — Suzanne Frenette 137
GIRLS HI TRIPLE — Sharon Harrison 522
GIRLS HI SINGLE — Linda Harder 221

BOYS HI AVERAGE — Mike Semenuik 190
BOYS HI TRIPLE — Randy Lemoine 530
BOYS HI SINGLE — Ricky McDonald 199

Refreshments will be served and parents are invited to attend.

Aqua News

Water Safety Awards Night

On March 7, Major Farnham, representing the Base Commander and Mr. Cam King, the Water Safety Director for Manitoba presented Water Safety Awards to the candidates that took part in the Winter Swim Programme at Lipsett Hall pool. The presentation of awards were preceded by a Water Safety Skills demonstration by pupils from the Pre-Beginner to the Senior Swimmer classes with a special highlight added by four ladies from the adult Beginner class.

At Westwin, on the 12 of March, a similar ceremony was held to present awards to the swimmers at the north site. The Base Commander, Col LaFrance was on hand to present awards to the Intermediate and Senior classes and Mr. Cam King presented awards to the Beginners and Juniors.

The recreation staff extend their thanks and appreciation to the programme supervisors, Mrs. Ellen Nelson at Lipsett Hall and Cpl Ed Reeve at Westwin, also the aquatic staff at Lipsett which consists of Miss Ruth Wardle, Miss Barb Smith, Miss Evelyn Neatby, Miss Cheryl Cringan and at Westwin Mrs. Allison Hunnie, Miss Norine Winter and Kevin Reeve.

MIGHTY MINNONS

Since operation Mighty Minnow was such a splashing success at Lipsett Hall we have decided to try a similar operation at Westwin pool. This will be called Mighty Minnow Two. The Minnows will swim on Tuesday and Thursday starting at 2 pm. Registration and the first lesson will be on Tuesday 10 April. Minnows up to three years old are invited to take part in this operation. Mrs. Noreen Tate will be the instructor for the Mighty Minnows.

TADPOLES

On Monday and Wednesday Mrs. Dorothy Flight will be teaching Tadpole classes at Westwin Pool for the four and five year olds. These classes will begin on Monday 16 April and finish on Wednesday 23 May.

The cost for Minnow and Tadpole classes will be 25c per lesson.

For further information contact Sgt Mercredi at Westwin, local 511 or Lipsett Hall at 888-5021.

3 Mile Race

The Second Annual Prairie Region 3 Mile Road Race will be held at Canadian Forces Station Alsask Saskatchewan.

This competition will be held on the 25 May 73.

Personnel interested in entering please contact Cpl Taylor Westwin Rec Centre Local 511 by the 11 May 73.



CFB WINNIPEG REGION FINALISTS — Close only counts in horseshoes and this is just what our Base Basketball team did recently in the Prairie Region Basketball tournament held recently at CFB Moose Jaw. Tied with the host Base after the round robin tournament ended, Winnipeg lost a close 47-46 decision to the new Prairie Region Champions. The Winnipeg team from left to right are: (Front row) Ken Whitehead, John Reade, Cecil Carr; (Back Row) Chub Hezzyzy, Hans Etzel, Brian Fritsch and Dave Schultz.

Photo by Dave Schultz

Moose Jaw Prairie Region Basketball Champions

The Prairie Region Basketball Tournament was held at CFB Moose Jaw from 7-11 April. The five team round robin tournament involved Calgary, Edmonton, Moose Jaw, Shilo and Winnipeg.

Both Winnipeg and Moose Jaw ended the round robin with 3-1 records and a tie for top spot. Moose Jaw was awarded the championship by virtue of their last second 47-46 victory over the Gooneybirds from Winnipeg.

Down by 9 points at the half in that crucial game, Winnipeg employed a tenacious man-to-man defense and drew even with the strong Moose Jaw team with five minutes to play. The teams traded baskets from here on in and with only 48 seconds remaining in the best played game of the tourney, Brian Fritsch sank a foul shot to give Winnipeg a 46-45 lead. Moose Jaw was frantic and Winnipeg's defense superb but, with only three seconds remaining, a split-second lapse opened the way for the winning hoop by Moose Jaw. A desperation 50 foot shot by Winnipeg rattled off the front rim and Moose Jaw had sewed up the title! Quite a win for the "Big Blue" but a bitter let-down for Winnipeg. Perhaps with a playoff things may have been different!

Special acknowledgement goes out to Brian Fritsch whose 21 point average for the four games led Winnipeg offensively and left him only three points short of the tournament scoring championship. Congratulations for a job well done go out to the remaining members of the squad — Hans Etzel, John Reade, Chub Hezzyzy, Cecil Carr and Dave Schultz.

Century-73

The Century 73 Club has been operating for three months and has reached a membership of 73 enthusiastic joggers. So far 21 members have reached their 50 miles and have received their Adidas sweatsuits, and are on their way to their 100 mile pin. Congratulations and honourable mentions go out to the runners, who have not only reached their 100 miles but have already exceeded it. They are Cpl Gemmel with 275 miles, Cpl Burke 209 miles, Cpl Bluzman 208½, Cpl Taylor AR 180 miles, Mr. Bristow 138 miles, Cpl Shultz BD 133½, Sgt Walsh 110 miles, Sgt Cummings B 110 miles. Well done fellows!

Just for general information the total combined miles of all our runners as of 17 April 1973 is 3,258 miles. Not bad for a bunch of joggers.

So why don't you come out and join in with the rest of the gang. Membership is unlimited and one thing we promise; you'll get in shape and enjoy life a lot more.

Skeet Shooting

The Canadian Forces Annual Invitational Skeet Shooting Championships will be held at CFB Cold Lake from 2-3 Jun 73. Competitor events include: Five man teams, two man teams, individual events.

Interested Canadian Armed Forces personnel who are currently active members of a recognized Skeet Club in the Winnipeg area are requested to contact Sgt. Clowes, local 511, on or before 30 April 1973.

Rations and quarters will be provided by CFB Cold Lake. NASSA memberships are not required for this competition. CFB Cold Lake will provide detailed information to entrants after registration date.

Physical Fitness

Organized Physical Fitness Training classes will be conducted at Westwin Rec Centre from 1100 - 1200 hrs daily commencing 30 April 1973.

These classes are designed for male and female personnel who wish to maintain a reasonable state of physical fitness or to utilize this opportunity as part of their pretesting fitness programme.

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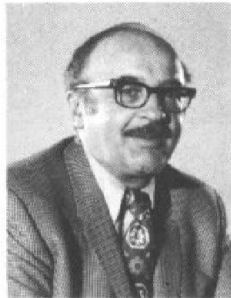
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Toby Landau

STUDIO 22 PRESENTS The Gingerbread Lady

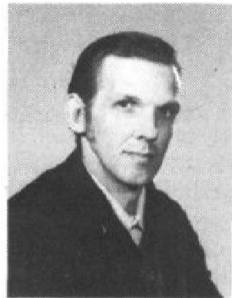
26, 27, 28 Apr., 3, 4, 5, May



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Evy Meara



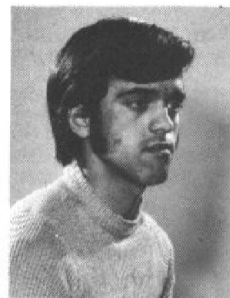
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DIRECTOR



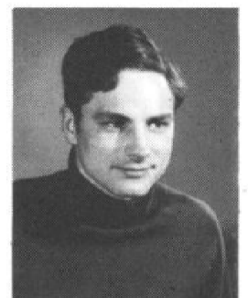
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Jimmy Perry



Basia Nitychoruk
Polly Meara



Agostinho Cabral
Manuel



Bob Ross
Lou Tanner

CFB Winnipeg's Drama Club, Studio 22, once again turns the stage lights on a former Broadway hit. Although the "Gingerbread Lady" is the first serious play written by Neil Simmon, he has been unable to keep his keen talent for the comic from surfacing during the bantering amongst the friends, daughter and past lover who form the artificial yet all to real world of Evy Meara. The play evolves

around Eva Meara, a former singer, turned man-hungry alcoholic, and her attempt to transform herself in order to make a new home for her loving 17 year old daughter.

The cast like the production staff combines the experience of the seasoned pseudo-professionals and the enthusiasm of those recently hypnotized into the flood lights. From a military point of view, Sally

Freudenberg (Captain Don Freudenberg's wife) represents the polished professional while Bob Ross (your friendly AVSO) the rough hewed raw material.

Whatever your taste in drama "The Gingerbread Lady" should prove to be an entertaining evening. At pre-inflation prices of \$2.00 for adults and \$1.00 for students and pensioners, you can't go wrong.

Locally Yours by D. Hibbard

TO ENDURE OR DISSOLVE?

That is the question that now faces Local 705 of the Union of National Defence Employees. WHATEVER the decision may be, it will be the choice of UNDE Local 705 members who attend the next GENERAL MEETING. Date: Monday, May 7, Time: 7:30 p.m.; Place: 272 Sherbrook Street.

S.N.O.F.H.Y.P.



CAPT MARION, BASE SECURITY OFFICER offers his best wishes to CWO Stevensen on his recent transfer. CWO Stevensen arrived in Winnipeg in July 71 from Portage and left for Ottawa in February 73.

Base Photo

Junior Ranks Club

A few of the members were in the snake pit of the club having a beer (one ???) when one of them asked, what are they tearing out these walls for? Someone else said, haven't you heard the rumour, we are staying here now instead of going to B-61.

But do not despair people that is not true. The work on B-61 is coming along very well. The reason for the work in the club is to give more room to the people who use or have to use the snake pit area.

The club is still looking for suggestions for a name for the

new club. Submit your suggestions to the secretary of the club.

We are looking for short order cooks. Please see the front office.

26 Apr 73 there will be an organization meeting for all golfers of the mess at 1930 hrs.

27 Apr 73 - Games night at the mess - come out and win a prize.

28 Apr 73 - "Hobo Nit" - Music by "Felix The Cat". Dress Hobo and tramp attire.

4 May 73 - JRC Golf Tournament - Rossmere Golf Course - \$1.00 and green fee.

Some people drive as if they are afraid they will be late for their own accident.

Studio 22

Studio 22 is not only an amateur theatre group but also it is your Drama Club that offers you a chance to experience what it is like to be involved in producing and acting in a theatrical production. In this light, Studio 22 will be holding auditions 7 May for a series of one act plays that will not be open to the general public but used as a means to afford an opportunity for anyone to turn their latent dream of becoming involved in the theatre into a reality. Any-one wishing to participate in this "theatrical workshop" contact Bob Ross Loc 271 or Roger Fowlston 889-2719.

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CURRENT CURRENCY

The Account Section welcomes two new girls off Finance Course 7301 this week. Pte. Brenda Reid hails from Oshawa, Ontario and will be working in Regular Pay. Pte. Lil Bellevue can be found behind the Claims counter; she recently left Sarnia, Ontario but feels New Brunswick is her home. Pte. Reid is impatiently awaiting the arrival of her fiancé from Borden, but at least one of the girls in unattached, fellows!

Everyone in the section that attended the Bowling Party on Saturday, April 14th enjoyed themselves to the fullest. The winners of the various trophies were: Men's High Single — Ken Murphy — 248; Men's High Triple — Mike Newell — 677; Most Strikes in a Row — Kevin James — 3; Most Head-Pins in a Row — Jack Deschamps — 2; Crying Towel — Brian Olynik — 80; Women's High Single — Mrs. Eleanor Vanderweyde — 223; Mrs. Beryl Hinds — 222; Women's High Triple — Mrs. Jeanette Misener — 551; Most Head-Pins in a Row — Mrs. Shirley Newell — 4; Crying Towel — Mrs. Helen Feuerstack — 70.

After the awarding of the prizes, dancing was enjoyed to the music of Mr. Rudy Wedyk, of "Recorded Music Unlimited".

Water Polo is the name of the game this Wednesday April 18th when the Comptroller's staff get together in the Rec Centre. We will report on the outcome of that particular effort in our next column.

Vehicle Safety

Once again the call to the open road gets stronger, as each day the sun gets warmer, therefore it is time to think Vehicle Safety (Defensive Driving).

Base Transport Safety Section has undertaken the task to conduct Defensive Driving courses, commencing 14 May 73 to 25 May 73.

All service personnel, dependents, and DND Civilian employees are welcome.

Courses will be held in Bldg 21 North Site. Names of candidates to be in to Base Safety Office by 11 May 73 for course loadings. Base Safety Office phone number is 888-0145.

The course will consist of 8 sessions, which will be broken down into 2 half day periods. Candidates must attend all 8 sessions to obtain their Defensive Driving Cards and car stickers. Do not miss this opportunity to enlarge your knowledge of driving, and maybe save your life, as well. Facts from the Canada Safety Council prove beyond a doubt that Defensive Drivers are less likely to get involved in Vehicle accidents.

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WANTED
 THE SERVICE FAMILY INFORMATION CENTRE requires the following items to furnish their new office in Building 81: desks, chairs, filing cabinet, shelves, bookcases, typewriter, dishes, coffee-pot, etc. Any donations would be greatly appreciated. Please call 489-8075 (days) or 489-4408 (evenings). This is your chance to get rid of that junk you were planning on throwing out!

NOTICE
 THE NEXT MEETING OF THE SERVICE FAMILY INFORMATION CENTRE will be held on Tuesday, May 8th, at 7:30 PM in room 28, building 81. Any newcomers who are interested please join us. For further information, please call 489-8075(days) or 489-4408(evenings).

CF UNIFORMS WANTED — ANYONE wishing to dispose of complete or part uniform for use in the Cadet Corps call 270.

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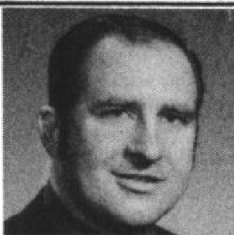
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