

Osair

CHRISTMAS GREETINGS

December 20, 1972 CANADIAN FORCES BASE, WINNIPEG Vol. 21, No. 24

Christmas message from the Base Commander



In my few short weeks as Base Commander, it has become clear to me that Canadian Forces Base Winnipeg is a well administered and smoothly functioning base. It is equally clear that this very good situation is due to the high levels of competence and dedication of all ranks and of the civilian personnel.

Support is provided to a large number of widely different integral and lodger units; the fact that these units are located at several sites presents particular administrative problems. Imaginative solutions have been found in the past and I am confident that we can meet any challenge the future may bring.

I was particularly pleased to see that there is a wide choice of sports and recreational activities available to Base personnel and their dependants; these activities allow us to combine pleasure with our military obligation of maintaining a high level of physical fitness.

It has been a pleasure to meet many of you at your places of work, at social functions and on the sports fields and I am looking forward to meeting many more in the coming weeks. I am also looking forward to a pleasant and fruitful association with all ranks of Canadian Forces Base Winnipeg in the coming years as we work together in the service of our country.

Colonel C. A. LaFrance

and from the Commander Training Command

Once again as our thoughts turn to Christmas, it is appropriate to pause and reflect. We are indeed fortunate to live in a country so generously endowed — a country which you have pledged to serve and defend.

The true meaning of Christmas cannot be found in the glitter and sparkle of material things, but only in the search for peace and goodwill — in the home, in the nation, and in the world.

Peacekeeping is not new to the Canadian Forces and we have a proud record over many years. We, in the Canadian Forces, may soon again be called upon to contribute to the preservation of world peace in a tangible way, and if this is so, I'm sure we will not be found wanting.

Whatever our job, however, we all have a part to play — the serving men and women, our civilian staffs, and perhaps above all, our families whose understanding and support is essential.

To all of you, I send my thanks for past accomplishments, my greetings for the yuletide and my best wishes for the future.

Rear Admiral R. St. G. Stephens



Pro utilitate homium Legal Beagle

For the Service of Mankind — by WO A. Golding

CFAO 9-5, First Aid Training, Para 2(b) states: Members of the Canadian Forces must be capable of performing Self-aid to the maximum extent possible and of rendering First Aid to other wounded and injured. Members shall as a minimum, attain and maintain standards as outlined in the CFAO.

In addition, there are many other military and civilian publications that stress the necessity of having all personnel trained to at least Emergency First Aid level.

Injuries and accidents are no respectors of rank, creed, colour, or any other possible personal classification. To many they are just words, until one, or both, unexpectedly happens; then it is too late.

Too often we think of "self" and of "first aid" as being required for those injured as a result of an industrial or automobile-type of accident. Seldom do we stop and think of man's shortcomings (personality differences) resulting in injury. The following incidents frequently result in injury and accidents: The Know it All, The Unbeliever, The Show-off, The Practical Joker, and The Quick Tempered. Any of these incidents may also result in a chain reaction leading to mass casualties. You don't have to be a participant to become a victim of injury and pain. You may have only been an innocent bystander and find yourself with the greatest amount of injury and pain. Don't be a speculator, gambler, doubter, or calculated-risker, thinking that it cannot happen to you.

Several years ago, a survey was taken of mass reactions of those human beings who had survived both man-made and natural disasters. This survey was to determine the general state of mentality of those who survived. It was found that between 5-25% were cool, calm and collective; 65% were bewitched, bothered and bewildered; between 5 and 10% were completely squirrely. Of these, about 2% were predicted to remain permanently psychiatric.

If we think in terms of mass casualties and consider the fact that we may be one of the victims, we will give a great deal of thought to "self-aid" and "first-aid."

It has oft been said that first aid is nothing more than the application of common sense. Unfortunately this is not quite true. First aid is knowledge, skills and techniques. It is not something that can be read out of a publication and then immediately practiced.

When you pour a lot of water into a narrow-necked bottle at a high rate of speed, you lose much of the water. Like learning, it is easier funnelled into the head at a slower rate than just poured in.

What is first aid? It is the immediate and temporary care given to the victim of an accident or sudden illness. Its purpose is to preserve life, promote recovery and prevent the condition from becoming worse. This is only done until the services of a doctor can be obtained, or evacuation by emergency vehicle to hospital.

Two words of stress in the aforementioned definition are "immediate" and "temporary". The "immediate" refers to a positive action that is taken right away to help alleviate the situation. When you are firing an automatic, or semi-automatic weapon and it stops; you go through a series of instinctive immediate actions to rectify the situation and get your weapon firing again. A somewhat similar routine is followed in first aid. We stress "temporary" because we are only first aiders and in no way do

we perform the final act, or have the final say. Only a qualified medical practitioner has this authority. As first aiders, we do minimal and yet sufficient to save life and/or reduce suffering. Think positive and not negative.

Regardless of what the situation is, above all, try to remain cool, calm and collective (sometimes easier said than done). Your range of activity or application of first aid is basically similar in all cases: Firstly — you Diagnose the case. Secondly, Treat the case, and finally, Disposal of the case. In the next article, we will delve into each of these aspects and continue with general procedure in principles and practice of first aid.

Letters

Editor, Voxair:

I have noted with interest the comments on capital punishment that were made by Dale Hibbard and CWO J. W. Brown.

Mr. Hibbard, in the Voxair Open House Column November 22, placed himself firmly in opposition to capital punishment and requested essays from readers expressing their views on the subject. While the request stated "for or against", I suspect that an "against"-essay would have received more favourable treatment than the one submitted by CWO Brown in the December 6th issue of Voxair.

At the risk of leaving myself open to more caustic wit, I will say that I favour retention of capital punishment for certain specific crimes. It is an unfortunate fact that some people are psychopaths or worse, and have no regard whatsoever about the life and limb of anyone else. If such an individual is placed in prison as an ultimate punishment, what further deterrent is there to stop his further crimes against prison employees? The death of such a person at least protects society against him.

I don't believe that anyone in this country would countenance, much less support the use of such medieval punishments as the rack, crow's nest, hook, etc., and hanging is a grisly way of carrying out the death penalty. The closest thing to an anaesthetic is a gas chamber. Such a device is much more merciful than the methods used by some murderers on their victims.

In every society there are some members who choose to act in direct opposition to the rights and interests of others. They care nothing for anyone and consider those that do as "suckers". It's strange that so much attention is focused on the welfare of these aberrant individuals at the risk of the rights and property of law abiding citizens who comprise the vast majority of society.

W. B. VanBlaricom, MWO



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"THE LANDLORD AND TENANT ACT"

of Manitoba

(What are your rights & responsibilities?)

(Who is the Rentalsman?)

(What are security deposits, residential premises and tenancy agreements?)

TERMS DEFINED:

LANDLORD includes the lessor, owner or the person permitting the occupation of premises and his heirs and legal representatives.

RESIDENTIAL PREMISES are premises used for residential purposes, including parking accommodations or mobile homes. They do not include premises occupied for business purposes with living accommodation provided for in the same lease.

TENANCY AGREEMENT is an agreement — written or spoken — between a landlord and a tenant for possession of residential premises.

TENANT is the lessee, occupant, sub-tenant, under-tenant and his legal representatives.

RENTALSMAN is a housing ombudsman and arbitrator who is appointed by the government to carry out the following functions:

- (a) to advise landlords and tenants in tenancy matters;
- (b) to receive complaints and mediate disputes between landlords and tenants;
- (c) to distribute information, advising landlords and tenants about rental practices, rights and courses of action; and
- (d) to receive and investigate complaints of conduct which may be contrary to the Landlord and Tenant Act.

The RENTALSMAN, who is also the Director of the Consumers' Bureau can be contacted at 210 Osborne Street North, Winnipeg.

WHAT IS A SECURITY DEPOSIT?

A security deposit is money paid by a tenant to a landlord or his agent to be held as security for payment of rent in arrears or for damages to the rented premises. The landlord may require a security deposit but it cannot be for more than half of one month's rent.

A landlord is required to return the security deposit, along with at least four per cent interest compounded annually, to the tenant within seven days after the expiration or termination of the tenancy.

A landlord cannot compel or offer any inducement to have a tenant pay rent by postdated cheques. The tenant, however, may elect, on a voluntary basis, to provide his landlord with postdated cheques.

When a dispute arises between a landlord and a tenant about the return of the security deposit or any part of it and the landlord claims that:

- (a) the tenant has caused damage to the premises; or
 - (b) the tenant is in arrears in payment of his rent;
- the landlord must immediately:
- (a) notify the Rentalsman and the tenant in writing of his reasons for objecting to the return of the security deposit, and
 - (b) forward, at the same time, the amount of the security deposit, with interest, to the Rentalsman.

The Rentalsman will then try to mediate an agreement between the parties. If the landlord and tenant fail to reach an agreement, they may request the Rentalsman to act as an arbitrator.

DISTRESS:

A landlord cannot seize personal property of a tenant for default in payment of rent.

The second article in the series on the "Landlord and Tenant Act" will appear in the next issue of VOXAIR.

Beware the 'boosters'

OTTAWA (CFP) — Booster cables were used to start a car while the temperature was about 15 degrees below zero.

The cables were properly connected; however, as the last connection was being made, the battery exploded.

Battery debris and acid flew in every direction. All exposed skin was flushed immediately, so that there were no body injuries from the acid, although clothing was damaged. Only personal injury suffered was a cut nose caused by flying debris.

Jumping car batteries is becoming extremely common and is usually done under rushed conditions and in extreme cold. Few people realize how dangerous this is and that there is a method which lessens the chance of a battery exploding.

Hydrogen gas buildup inside the battery sets the stage for an explosion. This is especially prevalent if the battery water is low, allowing space for the hydrogen gas to be trapped. Whenever a battery is being charged, hydrogen is being generated. Any spark in or near the outside of the battery may explode the gas.

To minimize the hazard of a car battery exploding, the following recommendations are made:

1. Remove the cell caps from both batteries to vent the trapped gas, and leave the caps off during the jumping process. Use caution so you won't get any acid, which may be on the caps, on your hands or clothing.
 2. Determine whether the car to be aided has a positive or negative-grounded electrical system. A positive grounded system has the positive terminal of the battery connected to the engine block or chassis.
 3. Connect both cables to the live battery.
 4. Connect the proper cables to the dead battery terminal which is not grounded (negative to negative or positive to positive.)
 5. Connect the remaining cable to a convenient chassis or engine block location away from the battery.
 6. As an added precaution, cover the battery with heavy material, such as a piece of carpeting, while connections are being made.
- This procedure is designed to prevent sparking near the battery terminals and damage to the alternator.

Confligere

by Bob Purvis

CONFEDERATE MEDAL — Confederate means many things, the most common of which is a group of people united in a conspiracy. Never in the present era has their been a subject or topic of conflict; a sore point with many of Canada's servicemen, and quite a few civilians. In case there is still some doubt in your mind as to this bombshell, its more common name is the Canadian Centennial Medal, 1967.

It was supposedly struck to commemorate the one hundredth anniversary of the Confederation of Canada. For the 50-60,000 servicemen that did not receive it, you may recall that a statement was released via the press and military sources which said, "This medal will be presented to selected civilians and members of the Canadian Forces in recognition of valuable service to Canada." Now the question still bothering a great many long-servicemen (some 50,000) is, what constitutes valuable service?

The handful of servicemen/women that you see wearing the ribbon (indicative of being the recipient of the medal) cannot truthfully tell you what constituted the valuable service they rendered to warrant its presentation.

It is still not too late to make amends for what appears to be an acute oversight on someone's behalf. You can well imagine how a man/woman feels who has served 15, 20, 25, or more years in the service, and who was still serving during the Centennial Year, and who were not the recipient of the medal; particularly when they in fact have contributed a great deal of valuable service.

How do you explain to your parents, wife and children why so and so received a Centennial Medal and you didn't? . . . and then your child proudly displays the medallion they were all issued at their respective schools to commemorate confederation. Think about it.

Courts martial

The following are results of recent courts martial in the Canadian Armed Forces:

Two servicemen were tried and convicted of "Causing a fire in a defence establishment" contrary to Section 103 of the National Defence Act. One man was sentenced to 15 years in prison and the other to 7 years in prison. Both sentences were subsequently reduced by the Convening Authority to 5 years in prison. Both men were also sentenced to "Dismissal with Disgrace from Her Majesty's Forces."

Two servicemen were charged with "Rape and Indecent Assault" under Section 120 National Defence Act, arising out of the same incident. One man pleaded not guilty; was convicted and sentenced to two years detention. The second man pleaded guilty and was sentenced to two years less one day in prison and Dismissal from Her Majesty's Forces.

Two men were tried and convicted of "Unlawful Possession of a Narcotic", contrary to Section 3 of the Narcotic Control Act, in separate instances. One man was sentenced to 60 days detention; one man to a Fine of \$300.

A man was charged with three charges:

- (1) Disobeying a Lawful Command of a Superior Officer;
 - (2) An Act to the Prejudice of Good Order & Discipline; and
 - (3) Drunkenness.
- He was found guilty of the first charge only and sentenced to 90 days detention.

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The Editor and Staff of the Voxair

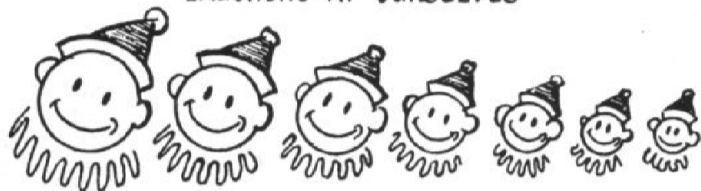
Think Safety

wish our readers around the world

a very Merry Christmas and God's Blessing for

1973.

LAUGHING AT OURSELVES



by John Semeniuk

TODAY'S CACKLE CATEGORY: "Look Up In The Sky... It's a Bird, It's a Plane, It's Santa Claus." It's that "Ho, Ho, Ho" time again, when the round, jolly, be-whiskered man with the red suit and the reindeers makes his annual visit. It's actually a wonderful time of year and I wouldn't mind it so much, if it weren't costing me about \$25.00 for each "Ho!" As a matter of fact, I've just finished paying for last year's "Ho's". The money that the Department of National Revenue and the cost of living doesn't get, Christmas commercialism does. However, my feeling toward Christmas was voiced beautifully by the drunk who shouted (while going down for the third time in a vat of whisky), "Wonaful, Wonaful, Wonaful!" Let's examine the chuckle side of this "Better To Give Than Receive" (sounds like an income tax slogan) Xmas period.

A Canadian customs official picked up a neatly wrapped Xmas gift from the baggage of a visiting UK Clergyman. "What is in this gift package Sir?", inquired the official. "Holy Water", replied the visitor in a heavy Irish brogue. The customs man opened the gift, uncorked the bottle, and took a swig, "For Pete's sake", he exclaimed, "This is Irish Whiskey!" "Saints be praised", cried the man of the cloth, "It's a miracle!"

A lady was trying to purchase a certain record as an Xmas gift for her promiscuous spouse. The record was entitled, "One Pair Of Lips and Ten Love Affairs". After phoning a number of stores and receiving negative replies, the lady called a small record store and asked, "Do you have One Pair Of Lips and Ten Love Affairs?" "No, but I have one black eye, an angry wife, and ten kids", replied the clerk. "Is that a record?", she asked dubiously. "No, lady, but it's a damn good average", was the practical response.

DUBIOUS DISTINCTION: Some ladies get fur coats as Christmas gifts to keep them warm; others to keep them quiet!

A Texas millionaire purchased a swimming pool as a Christmas present for his teenage daughter. Then, to give added enjoyment to the gift, he invited many of the eligible young men in the neighborhood over for a swim. "Oh thank you for the pool, Daddy, she cooed, "And I see that you've stocked it too!"

SCROOGE-LIKE COMPLAINT: "Hello, Police? There's a nut in a red suit with a bunch of reindeer on my front lawn. Yes, I know it's Christmas, but who's going to clean up the mess?"

In an asylum for the mentally insane, one patient was dressed exactly like Santa Claus and to make the likeness even more realistic, he sported a Santa Claus beard. "Who said that you could be Santa Claus?", asked one of the inmates. "God did", came the reply. "I did not!" shouted another of the patients.

A mother, holding her six year old son in tow, was waiting in line so that her son could talk to Santa Claus. Unfortunately, just before they reached St. Nick, the child panicked and ran off, leaving the mother to face Santa alone. Looking over his huge jelly-like tummy, Santa with eyes twinkling said: "Sometimes we never grow up, do we?"

FROM THE SEMENIUK CLAN TO YOU AND YOURS: "May your home not only be filled with laughter at Christmas but also throughout each day of the new year".



Leon says . . .

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For those who are unaware, the offices of Vehicle Safety and Industrial Safety have now amalgamated into one office which is now headed by the Base Ground Safety Officer (BGSO). The object of this amalgamation is to consolidate all aspects of ground safety under one roof and allow a comprehensive safety programme to be implemented in order to meet the objectives of the "Safety '75" Campaign initiated by Ottawa.

What is the "Safety '75" Campaign? Well, as you can see by the various posters around base, the programme has an objective to lower DND fatal and disabling injuries by 20% over the next three year period. Ottawa cannot tell us too much about these types of accidents because statistics have not been kept on industrial accidents in the department. They can tell us however that over 100 military and civilian personnel lose their lives, 7800 suffer disabling injuries and that these injuries and disabilities cost the department in excess of 35 million dollars a year. The next issue of Voxair will have the year end statistics for the number of vehicle and industrial accidents which have occurred in CFB Winnipeg. Hopefully, those statistics will mean something more to all of us.

On the vehicle side of the house, we managed to get

through "Safe Driving Week" (1-7 Dec 72) without any military or POMV vehicle accidents. We here in Safety like to attribute that astonishing statistic to the fact that our safety "ghost" car was out on the streets of the base during "Safe Driving Week", following any car picked up at random, and assessing the driving habits of the individuals conceived. For those twenty individuals who were assessed and stopped, it was probably the first time in their lives that a "black car with two guys in it" pulled them over, congratulated them for driving safely and presenting them with a silver dollar donated by Base Fund and a pair of tickets to the Base Theatre donated by the theatre. As we know all too well, the boys in a black car will pull us over and present us with something, but we usually have to pay for it, not to mention the fact that they do not congratulate us for anything.

The weeks activities were certainly deemed a success and we would like to congratulate the following winners for their fine driving performances, and we would like to send out a boo to those who were assessed and did not even meet minimum safe driving standards.

The winners were: Capt DJ Couroy, 2 PPCLI; Sgt DE Guittard, BASE OPS; Cpl JR Orr, ASO; Captain JLM Sanfa-

con, 429 SQN; Cpl JRP Martin, MSE; M/Cpl AE Gould, BASE ARMAMENT; Miss G. Rathwell, ASTRA CREDIT UNION; Mr. RA Howard, MSE; Cpl RH Milk, MSE; Cpl AJ Taylor, ASO; Capt MJ Ricketts, 3 RSU; Mr. M. Harrison, MSE; M/Cpl C Gray, CFB Portage La Prairie; Sgt V. Frantz, MSE; Mr. G. Sim, MSE; Cpl JR Albert, MSE; Cpl JR Abrams, Military Police; Cpl E. Fuellbrandt, AT & R; Sgt R. Steckler, AMCRO; Pte JJM Pilon, CFB Portage La Prairie.

From the twenty winners, a grand prize winner was selected based on his driving performance and the marks received on the score sheet.

The distinction of being the grand prize winner went to Cpl RH Milk who actually is a phototechnician with BAMEO, but is employed with MSE for a short period of time.

Cpl Milk was awarded a years membership in the Manitoba Motor League which was kindly donated by the president of the Manitoba Motor League, Mr. Dave Friesen and presented in the Base Commander's Office on 11 Dec 72 by his representative Mr. John Bervin.

The Safety Section would like to extend to each member of CFB Winnipeg and their families a very merry Christmas and a very safe holiday season. Remember, "Think Safety".

the contemptra phone



it's sort of like flying first class



YOUR MANITOBA TELEPHONE SYSTEM



429 Sqn. Bison Brew



No, we didn't forget to write the column last time. We tried, but the ink froze and the brass simian paperweight on the desk kept complaining, which was very distracting.

Probably the first thing a new man on the job should do is to thank the outgoing fellow, and in the mugparty tradition one should say lots of nice exaggerated things about him. Since Jim has not yet cleared the base and is about twice as big as me, we have managed to compromise. Nothing will be said about the way he put the brew together, or the way he put it away. . . . On a more serious note, we all thank you for a job well done, Jim, and will miss your humour in Brew. Feel free to drop in on us and discuss brew when you are out this way. Jim and Ronna and family are off to sunny Moose Jaw.

After losing our writer, we decided to look around, and discovered that many cases of FIGMO have hit the squadron. Mike Vermette now drives west on Portage to go to work (about 54 miles); he is going to be taking the helo course at CFB Portage prior to taking up duties in Valcartier. Bud and Marilyn Milne and son will soon be off to Moose Jaw where Bud will be commencing duties as a flying instructor on the Tutor early in the New Year. For a while we figured we'd see him back here on TD, helping Barney with the big inventory. More folks heading out west, this time to Cool Pool, Alberta, are Captains Rick Cyr and Rod Lanning. Rick has only been with the squadron since last December, but decided that it was time to head off to a warmer climate, while Rod, who only lost his last engine on his last Dak flight here, thinks that he may now try for the Alberta record for single engine flight. We now believe that he has wrested the 429 record

from Ted Mousseau, an ex Bison. Bill Colman has received word that all the hard work has got its reward, and is going on the Falcon OTU in early January. Bill was responsible for most of the work in setting up the Dakota Conversion Unit here in 11 Hangar; we are losing a most talented chap. . . . anyone who has a carpeted, air conditioned office. . . . His departure leaves Ed Hoffman in charge of Conversion Flight.

Give and ye shall receive goes an old proverb, and so it has been. To replace all the people we've lost we may now bid an official welcome to the Bison ranks to George Hamilton and Don MacDonald (D Flight), and to Dave Towns and "Willy" Williamson (B Flight).

If anyone knows how to get top trade-in value for a car it has to be Vic Charlebois, who knows just how to modify the body of a car to get that last buck.

Yves Faucher and Ed Hoffman are starting to look like pincushions, and both seem to feel that they MUST have had some shots twice, there aren't that many bugs around. . . . They are our standby force for peacekeeping in Viet Nam, should the decision ever be reached to send Canadians.

Bill Allan and Bart Bourne have returned from their antique aircraft hunt. Wags have been heard to ask why they had to go to Newfie when they could have found a hangar full here.

As this is being written the ICP side of the hangar is notably silent. Having finished another run of "DUMDUM" rides they are now in Montreal on the tour portion of the course. As a result there is room to sit down in the pilot's lounge.

John Tanchak and Dave Phoenix had a short trip south of the 49th last week, with Dave Cunningham crewing the trip. There are rumours floating

around 11 hangar to the effect that Smitty acted in a culinary capacity on that mission, but no survivors have been located to corroborate the story. While we're speaking of the crewmen, can anyone figure out which one of them has relatives in the CFL? They sure cleaned up on the 429 pool, with Gord Gould (gold?) winning the first three quarters, and the "pussycat" winning the final.

Mike and Marie Sanfacon have returned from sunny Mexico in time to enjoy the rigours of another Winnipeg winter. Mike's campervan is still in shock at the change in temperature, and is being fixed up by VW.

It's the party season again, and in keeping with the spirit of the times the party room in Gary Wellstead's block was the scene of a quiet "at home" two Saturdays ago. One of the guests there mentioned later that he had seen the great "Tenemos" himself at beer call, managing to impersonate his former self. And Larry Berry was Rocks checked last weekend when he zipped out to Vancouver via Air Canada to attend his sister's wedding.

Last Saturday was the day of the Squadron Christmas Party, held in the auxiliary mess across the field. Suffice it to say that great fun was had by all, and special thanks to Ives Faugar and Bill Colman for their work in organizing the bash, and to Jim Webber & Co. for the fine music. (another reason to miss Bill when 412 Sqn. grabs him)

All the Bisons send a wish for a Merry Christmas and a Happy New Year to all Base Winnipeg personnel, and in particular to the boys from Bameo who have been right in there through all the cold weather and heavy flying of the last few weeks, keeping us up there in the air. TTFN and keep smilin'.

Cpl's Club & Club 61

By Bill Lawrence

Amalgamation has condemned the CPL's Club and Club 61 to become one. Under what name? That is the problem facing the committees of both Clubs. We need your help in selecting a name for the new CLUB. To this end the two existing committees have decided to sponsor a Club Naming Contest. A prize of \$25.00 will be presented to the winner.

The rules of the contest are simple.

(a) Judges will choose the five (5) best entries.

(b) The judges will then vote on the best of those five (5).

(c) The entry receiving the most votes being the winner.

(d) Judges to be made up of committee members of both clubs.

(e) Deadline for all entries is Jan. 22, 1973.

(f) All entries are to be submitted to the Cpl's Club office. Remember the name you choose may be yours.

In addition we'd like to extend our grateful thanks to Mr. Ken Floyd — who very successfully posed as Santa Clause for the Children's Christmas Party. Speaking of the Christmas Party, we'd also like to extend our thanks to the Cpl's Wives Club, and

to all those who pitched in and helped make the party a complete success.

Up coming events in January include a Jet's Night, possibly on the 20th.

Bertram L. Meindl, President of Hearth-N-Home Ltd., announces the appointment of Huguette Susser as Bilingual Real Estate Consultant for St. James Assiniboia, River Heights and Charleswood.

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CAPTAIN A. E. (FREDIE) DOUGLAS, Sea Element, a native of Sydney Mines, N.S. proves women's equality in the Canadian Armed Forces is strong. On the 1 January 1973 she assumes the office of President of the Mess Committee for the Officers Mess at Canadian Forces Station Gypsumville. Captain Douglas is believed to be the first woman to assume this role in the Canadian Forces. (Canadian Forces Photo)

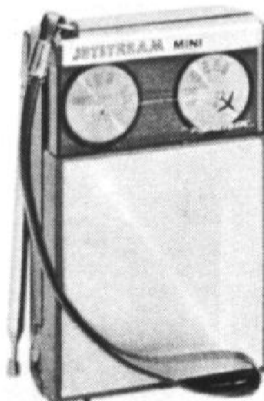
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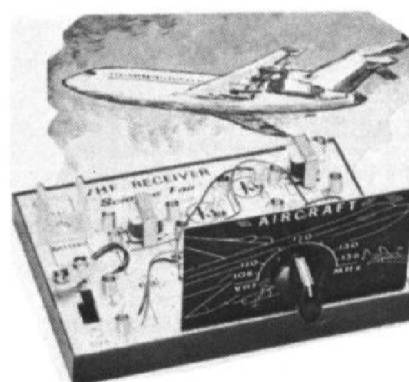
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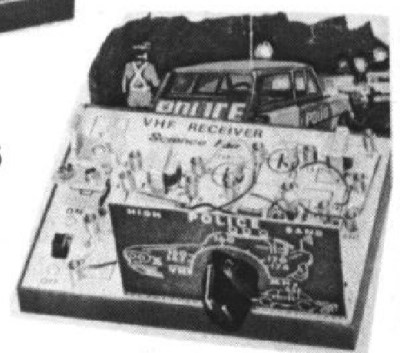
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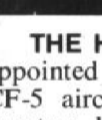
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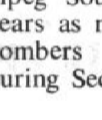
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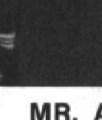
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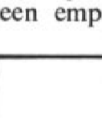
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Staff specialists can assist you

The Military has long had a philosophy of "looking after its own". This means that we in the services can turn to our immediate supervisors for assistance with our personal problems. Each supervisor is expected to assist and counsel those who are under his command. Specialists at Base Winnipeg can help supervisors with this task.

Each Commanding Officer will have his own Unit policy about how a serviceman gets to see one of the specialist staff. Often the supervisor makes an appointment at a convenient time. Dependents may call for information or make an appointment by telephone.

The attached table is meant to be cut out and retained. On this side it refers to:

Problem areas are indicated by a (●) 1st choice, # 2nd choice, * 3rd choice, system which specialists deal with which areas. If you happen to contact the wrong specialist for a specific situation, he will refer you to the correct specialist. CFAO 56-15 para 8.b. and 10. refers to the confidential way with which specialists treat personal problems.

On the reverse side, specialists are listed by their full and short titles, telephone numbers, locations, etc. CFAO and Base Standing Orders references are added for further information.



THE HONOURABLE JAMES RICHARDSON, 49, newly-appointed national defence minister, looks over a model of a CF-5 aircraft during a break in briefings at defence headquarters less than 24 hours after his appointment was announced. Chief of defence staff, General Jacques A. Dextraze, right, and deputy defence minister, Sylvain Cloutier, left, briefed the new minister. Mr. Richardson, MP for Winnipeg South, assumes the new portfolio after serving four years as minister for supply and services. He flew Liberator bombers on anti-submarine patrol in the north Atlantic, during Second World War service in the RCAF.

(Canadian Forces Photo)



MR. A. D. RAE receives his Certificate of Service from the Base Commander, Col. C. A. LaFrance. Mr. Rae served with the Royal Canadian Army Service Corps during the period July 42 to 15 Aug. 45. He was taken on strength with the Department of National Defence on 22 Oct. 46, and has been employed in the heavy equipment section.

Base Photo

SPECIALIST STAFF (●) 1st, # 2nd, * 3rd choice											Read CFAO			
PROBLEM AREAS	Section Head	BPADMO	Social Work	Doctor	Chaplain	Legal	Military Police	BPSO	Financial	Housing	Community Council	BDEO	BTRGO	
Alcoholism/Drug Abuse	●	#	*											19-21, 19-31
Career Inquiries (Men)	●	#						*						49-4
Compassionate/Leave/Service Flight/Posting	●	#	*											16-1, 20-4, 20-20, 56-28, 56-15
Finding Community Resources (A) Recreation (B) Training (C) Clubs (D) Courses	●										#		*	50-1
Family Services (A) Homemaker (B) Housekeeper (C) Baby Sitters	●		#											56-15
Financial Advice and Loans	●	*	*						#		*			56-1, 56-6, 56-7, 56-34
Family Budget Counselling	●	*	*											34-
Health, Hygiene and Medical Care	●	*		#										56-
Housing (A) Single quarters and (B) PMQ	●	*								#				28-
Legal Advice	●	*				#								56-5
Marriage Counselling	●		#	*	*									56-15
Mental/Emotional Problems	●		*	#										34-25, 56-15
Religious Matters and Pastoral Counselling	●			#										33-
Release/Retirement	●	#						*						15-, 56-20
Training, On Base: (A) Academic Upgrading (B) Trades Training (C) Language	●	*											#	9-13, 9-33 9-2, 9-47 9-15, 9-21 9-34
Use of Civilian Resources (A) Children's Aid Society (B) Special Education needs (C) Handicapped Care (D) Marital Counselling (E) And Many Others	●	*	#											56-15

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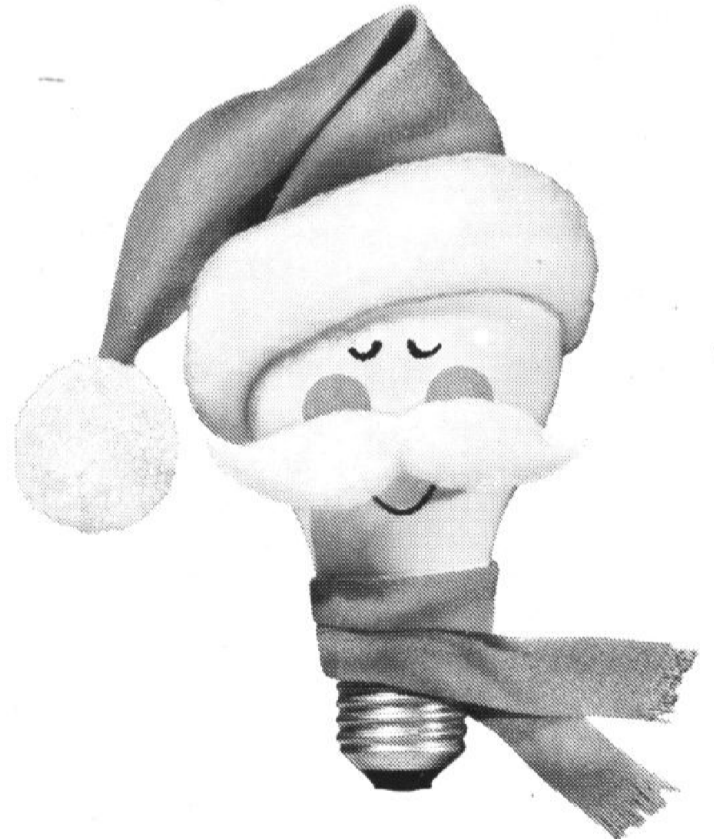
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CFB WINNIPEG BASE SPECIALIST STAFF	TELEPHONE	SITE	LOCATION	TERMS OF REFERENCE
Base Duty Officer	Call Operator	N	North Site	Base Standing Orders (BSO) Chap 13
Base Personnel Administration Officer	Loc 461	N	Bldg 86	
Area Social Work Office	Loc 479	N	Bldg 14	CFAO56-15
	Loc 785	N		
	Loc 269	N		
Base Hospital: Appointments Emergencies After Duty	Loc 203	N	Bldg 62	BSO — Chap 16
	Loc 333	N		
	Loc 780	N		
	888-8231	S		
MIR South Site	888-8231	S	Bldg P2	
Chaplains (Protestant)	Loc 417	N	Bldg 17	CFAO 33-11
Chaplain (RC)	Loc 272	N	Bldg 94	
Chaplain (Protestant) South	888-6025	S	Bldg B3	BSO — Chap 6
Chaplain (RC) South Site	888-1331	S	Bldg A1	
Assistant Judge Advocate General (Legal Officer)	Loc 646 or 677	N	Bldg 14	CFAO 4-1
Military Police (North)	Loc 204	N	Bldg 95	BSO — Chap 17
	888-7042	S	Bldg B2	
(South)	888-7042	S	Bldg B2	
Base Personnel Selection Officer	Loc 751	N	Bldg 17	CFAO 2-3
Base Financial Counsellors	Loc 748	N	Bldg 14	CFAO 56-6
	888-0145	S	Bldg B17	CFAO 56-1
	Loc 461	N	Bldg 86	CFAO 56-7
Base Housing Office (PMQ)	Loc 481	N	Bldg 86	BSO — Chap 11
Base Recreation and Community Council	TBA			BSO — Chap 10
Base Drug Education Officer (BDEO)	Loc 454	N	Bldg 84	CFAO 19-21
Base Training Officer (BTRGO)	Loc 531	N	Bldg 10	

NOTES:

BITS AND PIECES

by Joyce MacDonald

Christmas is here once again. No doubt at some time over the holiday you will be entertaining. Following is a recipe for good old fashioned meat pie. Nothing sharpens appetites faster than a bubbling crisp-topped pie fresh from the oven with the smell of rich pastry and savory meat-filling mingling together. And if you're worried about calories, remember — a small serving of double-crust meat and vegetable pie is just 250 calories — about the same as a good-sized hamburger.

Buffet Pork Pie; a cold specialty you can make four days ahead and keep for days.

2 lb. split pork hocks cooked

½ lb. sausage meat

2½ to 3 lb. pork shoulder

1 small chopped onion

2 tsp. salt

1/4 tsp. pepper

3 eggs

Enough pastry for 2 double crust pies

4 hard-cooked eggs, shelled

6 oz. frozen puff paste

Separate pork-hock meat and some soft fat from bones and chop fine. Mix pork-hock meat and fat with sausage meat and about ½ cup of broth. Refrigerate. Dice shoulder pork into ½ inch pieces discarding gristle, fat and bones. Add chopped onion, salt and pepper. Refrigerate.

Next day, line a deep pan with a thick layer of dough. Press pastry well in and patch if necessary. Spread bottom with half the sausage meat and a third of the diced pork. Press in the hard-cooked eggs. Cover with remaining diced pork and top with sausage-meat mixture. Press down lightly to fill in air spaces. Dampen top edge of dough with slightly beaten egg. Roll out puff paste and fit on top. Pinch edges together and trim. Brush top with beaten egg. Wiggle a thick skewer into the centre to make a hole. Bake at 400 degrees F for 20 minutes. Reduce heat to 350 degrees F and bake 3 hours. Remove and cool slightly. Press a small funnel into the centre hole. Scrape fat from cold broth and heat until melted. Taste for seasoning, then with a baster or measuring cup with a lip gradually pour broth into the funnel, tipping can occasionally to distribute liquid. Chill 24 hours.

TO COOK PORK HOCKS: Cover pork hocks with water and add 1 tsp. salt, 1 tsp. peppercorns, ½ sliced onion, 1/4 tsp. each, sage and thyme. 1 broken bay leaf, and 3 tsp. plain gelatine. Simmer 2½ to 3 hours or until meat and fat are very tender and broth has reduced to 2-1/4 cups.

To each of you a very Happy Christmas, and all the best in 1973. I trust in the happiness of giving and receiving that you will not forget to remember the real meaning of Christmas.

CHRISTMAS

One with a reckless ribold air,
When Christmas came along
Made it a feast of revelry,
With dance and wine and song.

And thus his cares were briefly drowned
in rounds of hectic fun,
But life had reaped no new-found strength
After the feast was done.

Another with the God of peace
Had kept a holy tryst,
And with calm, radiant spirit talked
With the still-living Christ.

Thus from the stress and strain of life
Once more he gained release,
And knew the buoyant, lasting strength
Of spiritual peace.

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guide and brownie corner



58th Guide Company's CANADA CORD winners, Michelle Bourrie (standing) and Carol Ann Sinclair pose with Divisional Commissioner, Mrs. R. Sheppard. (Photo by Walton)



Pictured here with Divisional Commissioner, Mrs. R. Sheppard, are South Site's pride and joy — CANADA CORD Winners Laurie Wharton, Kathleen Lancaster, Carol Ann Sinclair, Michelle Bourrie and Donna Pidskalny. Would you believe that you are looking at a total of 132 Interest Badges and each Guide has also earned Five Emblems? (Photo by Walton)

26th RANGERS (Swiftsure)
The 26th Rangers are taking shape now, under the leadership of Mrs. Mary Thorndycroft. This is open to all girls 14 years of age and over who are interested in helping themselves and others. Rangers will find a very interesting programme ahead for them, and when it comes to activities, the sky's the limit — so come on, all you "Keen Teens", here's your chance! Mrs. Thorndycroft can be reached at 489-5341, evenings.

129th BROWNIE PACK
Stephanie Wood was enrolled as a Brownie on November 13th by Brown Owl Fry in the presence of her parents and all her Brownie friends. A token gift was presented to Stephanie who is moving out of our District.

The following week, surrounded by Brownie Magic, District Commissioner, Mrs. Jane Deller enrolled 11 excited Tweenies. After their mothers had walked them along the Stepping Stones, Tawny Owl and each Tweeny in turn looked into the Magic Pool. After making their Promises at the Toadstool, Madame Commissioner presented each brand new Brownie with her Pin.

Brown Owl awarded the following Service Stars:

1st year — Carol Bourrie, Margaret Bridges, Debba Harder, Carol Hiebert, Lori-Lee Holloway, Tina Nordstrand and Noel Fry.

2nd year — Terry MacDonald, Shelly Shadforth, Kimberley Nordstrand, Jacquelyn Reynolds and Jane Williams.

Interest Badges were presented by Tawny Owl; Craft to Margaret Bridges and Shelly Shadforth. Thrift to Lori-Lee Holloway.

A display of articles made by the Brownies for their Craft Badges was of great interest to the guests; eleven Brownies have earned this badge in the past year.

Special thanks are offered to Mrs. Karen Stever who has been out each week to work with the girls, and to Mrs. Mary Norman and her helpers for the lovely refreshments.

44th BROWNIE PACK
On November 22nd, 1972, the 44th Brownie Pack held an enrollment and award presentation ceremony.

Commissioner Jane Deller was greeted at the door by Heidi Walton and Elaine Burchat, then with the Song of Welcome by the entire pack.

A Golden Bar was presented to Shelly Nelson and Golden Ladders to Renée Frenette and Jennifer Grady.

In an Enchanted Forest setting, eleven Tweenies were enrolled. The new Brownies are: Shawna Branning, Jutta Conrad, Janice Crawford, JoJo Reilly, Roxanne Ryback, Jackie Schmidt, Pam Shypit, Brenda Smith, Monica Torrie, Randy Vasseur and Kelly West. Each was welcomed by her new Sixer.

Mrs. Deller commented on the significance of this year in Guiding. It is the first year for the World Conference to be held in Canada, and the 60th anniversary of the Girl Scouts in America.

Refreshments were served to parents and Brownies, followed by games and Brownie songs.

44th Pack would like to thank Mrs. Roberta Copp, Mrs. Dolly Stinson, Mrs. Shirley Sutton, Miss Pat Sutton and Miss Susan Doiron for their much needed assistance.

Protestant Chapel News

With the coming of Christmas and all its "busy-ness" many will be wondering about special services such as the annual Carol service to be held in the Chapel (P) north site this year.

The Carol service mentioned above, will be held on Christmas Eve at 7:30 p.m. in the Chapel. This will be a family type of service, at which time both young and old may join their voices to express their joy and happiness over the birth of the Christ-Child. All Protestant personnel from both north and south sites, along with dependents, are most cordially invited to attend. Remember the date . . . December 24th, and the time . . . 7:30 p.m.

Also on Christmas Eve, but this time at the south site Chapel (St. Andrews), and at the hour of 11:00 p.m., a special Christmas Communion service will be held. Again, Protestant personnel from both chapels, along with their dependents, will be made welcome. Officiant at this Communion service will be Padre Christmas, Command Chaplain (P). The family carol service held at the north site at 7:30 p.m. will be conducted by Padre MacLean and Padre Pippy.

Please note that the regular Sunday morning services for both Chapels (P) will be held as usual on 24 Dec. 72, with St. Andrew's Chapel service at 10:00 a.m., and the north site chapel at 11:30 a.m.

On Sundays, December 24th and 31st, there will be no Sunday School sessions at the north site chapel at 10:00 a.m. Classes will resume their activities again on Sunday, January 7th at 10:00 a.m. However, the Nursery branch will continue to meet with Miss Meroniuk at 11:30 each Sunday during the month.

Finally, a reminder that on Sunday, December 31st (day before New Year's Day) regular worship services will be conducted at both chapels at the regular hours of worship.

Both Padre MacLean and Padre Pippy wish one and all a blessed Christmas Season, and a very Happy and Prosperous New Year!

A meek, husband-dominated wife was in court for (surprisingly) assaulting her husband — she'd hit him over the head with a poker. "Why in the world would you do such a thing?", asked the amazed Judge. Her reply: "Well, your Honour, he had his back to me, the poker was handy, and the back door was open. So I thought I'd take a chance."

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Curling Corner

Ladies Curling

Those ladies wishing to curl in the Bonnie Bonnett starting January 18th are reminded to submit their entries to Jackie Ridley at 889-2908 as soon as possible.

The first round of Ladies Curling has been completed. The group leaders to start off curling in the New Year are: Afternoon — Group A Smith and Lowden, Group B Treleaven and Shore; and Evening — Group A Nutley and Weatherbie, Group B Hicks and Reidy, Group C Pageot and Cook.

Mixed Curling

The second round of Mixed Curling has already started. In the first round the Terry Patton and Dave Towns rinks had perfect scores with seven wins and no losses. The Karl Larson and Gord Lins rinks came very close with a six to one record. The competition is going to be even fiercer now. However, all teams put up a good fight in the first round with the worst record being three wins and four losses.

Men's Curling

Men's Tuesday and Thursday League have now finished their second round and the top of the standings show the Charlie Mason rink with 270 points, the Robbie Robinson rink with 255 points, the Al Lutomsky rink with 240 points and the Wes Anderson rink with 237 points. Watch out fellows, the Wes Walker rink made the biggest jump in the second round — they are obviously looking for bigger teams to topple. Schedules for the new draws are now in the Westwin Curling Club.

A reminder to all CFB Winnipeg Curling Club members — don't forget, "Dues must be paid as soon as possible!"

Regional Playdowns

A competition was held December 5-8 to determine the CFB Winnipeg representative for the Prairie Region Curling Championship. Twelve teams entered the highly competitive, modified double knock-out playdown. Even Al Lutomsky's eight ender failed to get him to the finals. The Wes Anderson rink won the "A" side and the Robbie Robinson rink won the "B" side. In the final, the Anderson rink squeezed out a narrow 5-4 victory and will now proceed to Calgary for the Regional playdowns to be held

January 8-12. The winning team consists of Captains Wes Anderson, Wayne Gray and Dan McGrath and Sergeant Stu Adkins. Keep up the good curling at Calgary fellows and then on to the Canadian Forces Playdowns.

Behind the Glass Curling

We've always given the latest information for all the other leagues, its time to pass on news of those of us who participate 'behind the glass'. With the Zone playdowns over, the Regional Playdowns moving on to Calgary, and most league games finished until next year, the big event on all calendars is the Mixed Holiday Bonspiel. Regular 'Behind the Glassers' have already scheduled this event but new members can join the fun. This popular 'spiel runs evenings from December 26 through 29, all day December 30 and evenings January 2 to 4. The finals of all four events will be held at the Westwin Club on January 4. Add some spice to this winter holiday season, join the parties at either Westwin or FOB clubhouses and watch some highly competitive curling.

A Merry Christmas to all and Good Curling in 1973.



SCORE EIGHT ENDER. That rare event, an 8-ender was scored by the Al Lutomsky rink while participating in the Canadian Forces Playdowns at Canadian Forces Base Winnipeg Curling Club. The team,

Al Lutomsky and Teg Hegge in back and Bruce Zackow and Frank Henley up front, are seen with their "perfect end".
Canadian Forces Photo

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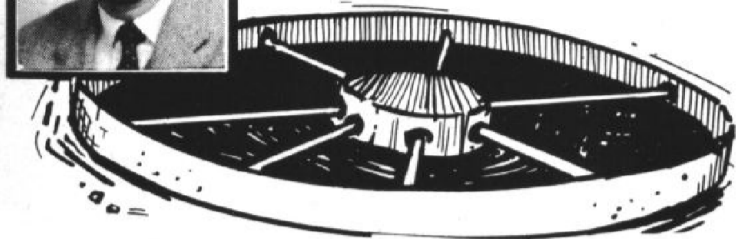
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92 P



Spinning the Sports Wheel with John MacLeod



As 1972 draws to a close we can look back on to one of the greatest years in the annals of Sports. It all started when a team of four highly skilled gentlemen from Winnipeg journeyed to Garmish, West Germany and successfully defended Canada's honour as the best curlers in the world. Or did they? Officially they won in an extra end over a strong American team from North Dakota skipped by Bob Labonte. In what should have been the final end with the Dakota foursome in the lead, Labonte kicked a stone and the tying point was Canada's. The extra end and the title came our way once more. The baseball strike highlighted the month of April. The first ever by this sport and one that almost caused its ruination. In due course it was settled and with the season finally underway all eyes were turned towards the NHL and the Stanley Cup. The Boston Bruins were the winners, their second in three years as they downed the Rangers of New York in six games.

The National Basketball Association also caught our attention as former Canadian Jack Kent Cooke's Los Angeles Lakers finally won a title. Cooke, former owner of the Toronto Maple Leafs of the International Baseball League also owns the Los Angeles Kings of the National Hockey League.

However the most spectacular sports story of the year, and that might be an understatement, was the formation and commencement of the World Hockey Association. Led by the NHL many who opposed this new league argued that it could not be done. This opposition was soundly defeated when on the 11th of October Alberta Oilers and the Ottawa Nationals squared off in one series in the nation's capital and Quebec Nordiques and the Cleveland Crusaders faced-off in the US City. The signing of Bobby Hull by Mr. Ben Hatskin and the Winnipeg Jets was the talk of the sports world and others such as Bernie Parent, Derek Sanderson, Johnny McKenzie and Chris Bordoleau were to follow.

The NHL continues to out draw the WHA but to most observers the brand of hockey in the new league is fast becoming superior. The no icing rule has speeded up the game and playing ten minutes of sudden death overtime to break tie games has proved popular. Several teams will be moved to more successful cities in the near future but the WHA is here to stay. Yes 1972 was a fantastic year in the world of sports.

STRAY SPOKES — In case you have forgotten Charlie O Finley's Oakland "A" defeated the Reds of the Ohio Valley for the baseball crown — Now all Charlie has to do is find out the combination for his California Seals of the NHL. . . . The loss of Jimmy Harrison seems to have hurt the Alberta Oilers more than first believed. The Oilers have not won a game since his knee came into contact with that goal post a few weeks back, losing six in a row to this point. . . . Tickets for December 26th (Boxing Day) home game at the Arena between our Pro Jets and Chicago Cougars are going fast. If you haven't got yours yet do so now. TO ALL OF YOU FROM THIS CORNER A VERY MERRY CHRISTMAS AND THE HAPPIEST OF NEW YEARS. . . .

AQUATICS

Now that our Fall programme has ended, we can look back on our efforts and see where some changes can be made. Much of our success can be measured by the number of persons who took part in the program and in our Fall programme. For some reason those numbers were smaller than usual. Perhaps there are some

ways in which we can make changes in order to satisfy more people. The facilities are there for you to use and if we do not offer what you want or need, let us know and perhaps we can do something for you.

In January, when our Winter programme begins, we will again be offering a full range of Red Cross and Royal Life classes, similar to our Fall programme except that some of our teen-aged assistants will be given a greater opportunity to participate.

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SKI MANITOBA

by Tex Mitchell



INSTRUCTION

Now that you have all that super downhill ski equipment at bargain prices from the Base Exchange, how are you going to get the most out of it?

You could be the rugged individualist and learn on your own. These people are usually seen hurtling straight down the hill, legs stiffly spread, bent at the waist, arms tightly clutched in the pre-natal position and an expression of stark terror on the face. Sooner or later they are seen again descending the hill strapped securely into a rescue toboggan.

You could con a friend into teaching you. If he is a good skier who has been trained to teach, you have it made. If he is not both of these things you are in for disappointment, frustration, or worse. Many people ski well but cannot teach others to do the same. To the untrained eye, many other people appear to ski well but are in truth, terrible skiers who have developed bad habits to the point

where they never will be able to ski parallel.

Why not do it the smart and easy way? Take lessons from a professional instructor certified by The Canadian Ski Instructors' Alliance.

In over 25 years of operation the Canadian Ski Instructors' Alliance has earned world renown for developing a technique aimed at helping Canadians learn to ski better. The technique, standard across Canada, is revised continuously as new ways are discovered to hasten and simplify the approach to parallel skiing. The professional instructor is a good skier who has been trained to teach. We are obliged to keep current by taking a week long course at least once every three years.

Professional instruction, certified by The Canadian Ski Instructors Alliance is available at all the major ski resorts in Manitoba at least on weekends. Rates are reasonable: \$3.00 for a group lesson, \$6.00 for a private lesson. An advantage of

belonging to the Base Ski Club is that Peter Fabricius, a certified professional, gives free lessons.

You can learn the method of parallel skiing in a half dozen weekends by taking a lesson a week and practicing a lot between lessons. The practice is essential if you are to learn. Make sure you take enough lessons to reach the basic parallel turn. That usually means six or seven lessons. If you do not take the whole package, you will tend to over-develop the last thing you were taught. That would be a mistake because the preliminary turns and exercises are only means to the end of parallel skiing.

Unless you are a superjock, you will not be a good parallel skier after only six or seven lessons, but you will know exactly how to go about becoming one. Then, after much practice and the occasional private lesson you will be able to ski with speed, confidence, and safety.

That is what it is all about.

VOXAIR SPORTS

Rec Centre Personalities



M/Cpl Al Foord currently undergoing OJT with the Physical Education and Recreation section hails from Swift Current, Sask. Al comes to the PERI family from the 2PPCLI

where he spent a previous 9 years including a tour to Europe with the Battalion. Al has been very active in Sports and Recreation since joining the Forces and has decided to make a career of it. Al is presently undergoing his training at the Westwin Rec Centre (under the watchful eye of MWO Harry McDonald) in preparation for the PERI PL5 course in Camp Borden. Good Luck Al in your future endeavours.

Rec Hall Schedule

WED 3 JAN LIPSETT HALL GYM — change to read 1900-2200 hrs LEAGUE BASKETBALL vice 1800-2000 hrs OPEN REC.

Ski Club Bus Schedule

The following are dates and timings for January 1973 Ski buses: 6 Jan 73 — Agazie and 20 Jan 73 — LaRiviera. Buses depart the Recreation Center at 0720 and return at approximately 1930 hrs on the same days.

Membership cards will be available for purchase on the bus. Service members or employees and dependents allowed on buses only please.

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2 PPCLI in Cyprus



Pte Brad Mills from Windsor, Ontario on OP duty in the suburbs of Nicosia. Canadian Forces Photo

By press time the Battalion will have been on the ground for two months. Everyone has settled into a routine, whether it be the infantryman on outpost duty or the driver on his daily administrative run. The rifle companies are carrying out their tasks along the Green Line in Nicosia while Headquarters Company performs a variety of roles, from battalion reserve force to Blue Beret Camp gate guard. Logistics Company with its usual efficiency provides the administrative support necessary for the Battalion.

Among the busiest men on the island are the drivers employed by the companies and those in the Transport Platoon. The drivers have amassed over 134,000 miles in spite of the fact that there is no Trans-Canada Highway or Portage Avenue here in Cyprus. The roads are very narrow and are often only one lane wide. Hairpin curves and high walls invariably restrict vision around corners, and the drop off on the shoulders of the road is up to twelve inches in places. Added to these conditions is the hazard of driving on the left side of the road. The last and probably the greatest

hazard is the Cypriots themselves. Their instant honking of horns and bravado in passing on corners and hills is something to wonder at. Despite these hazards, our drivers somehow maintain their composure and perform their tasks with skill and good humour.

Members of the Battalion have started to go on leave. Each man is granted fourteen days special UN leave and most people will be taking a week now and a second week after Christmas.

Because of the nature of the job here, only a certain number of men can be absent from the companies at any one time. The most popular leave spots are Germany and Holland, and the resort town of Famagusta on the Eastern shore of the island. The weather is still warm during the day, and people can sunbathe and swim for about four hours daily. At this point, to prevent any misunderstanding, it should be pointed out that all personnel whose wives are coming to Cyprus or Germany for leave will be granted fourteen days leave in one block.

Lt Art Wilson, the Battalion Sports Officer, has instituted an active sports programme. A Scuba diving course is being run by MWO Herman Couillard at Five Mile Beach, Kyrenia, while the landlubbers play volleyball, field hockey, football and bowl. Intercompany sports are played every afternoon Monday to Friday. Each company plays volleyball and field hockey twice a week and bowling takes place on Wednesday afternoons.

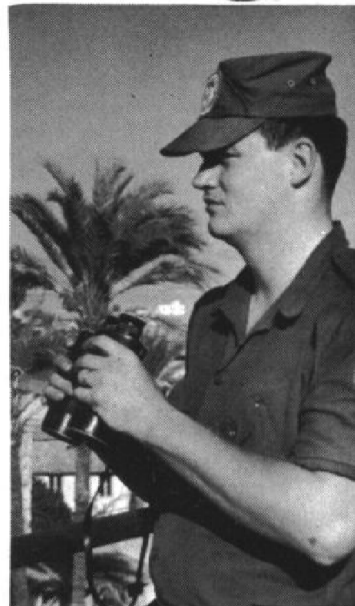
The streets in the company areas resound daily to the slap of running shoes from early morning to late in the afternoon as members of the Battalion carry out personal physical fitness training. As an incentive, a "Run Around The Island" programme has been instituted and we register our distances with the gymnasium staff. Once a man has run a distance equivalent to the circumference of the island, approximately 388 miles, he is presented with a suitably engraved scroll.

The Corps of Drums has not yet had an opportunity to play publicly. However, a four man combo called the "Chimeras" has been formed by the members of the Drums. Managed by Drum Major Joe Ridout, the combo is

made up of Private Jeff Collens on drums, lead guitar Private Dan Collens, bass guitar Cpl Jim Richards, and Private Dennis Durning on trumpet. They have played at a number of smokers and social functions both for the Battalion and other UN Contingents.

Wives whose husbands are meeting them in Germany, should note that they will arrive in Lahr on Wednesday morning. The plane will then go on to Cyprus where it stays for about two hours before returning with your husband who will meet you in Lahr Wednesday evening. Wives proceeding to Cyprus will be met by the Battalion Welfare Staff at the aircraft. They will be escorted through passport control and immigration and once they have been cleared they will be met by their husbands in the terminal lobby. The immigration and passport process should take ten to fifteen minutes.

That's all from Cyprus at this time. A further report will be sent in two weeks time.



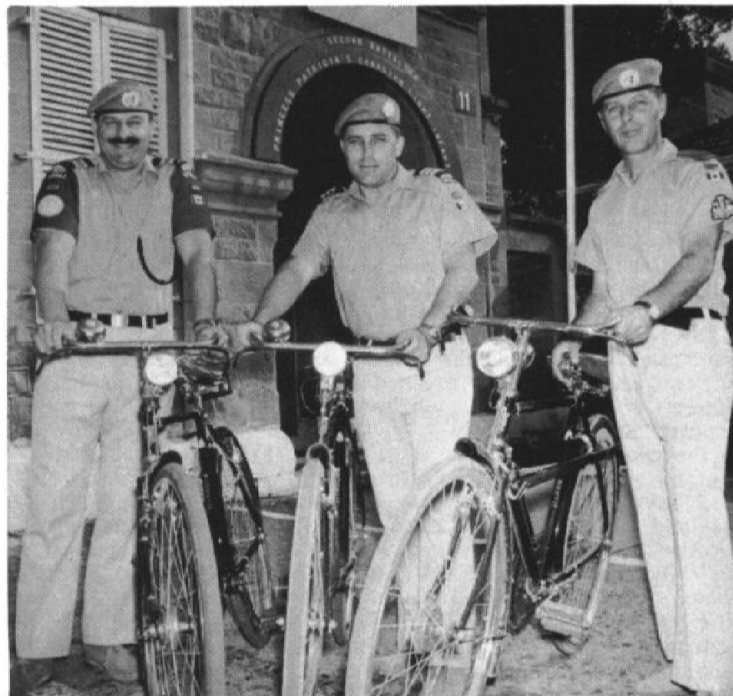
Paphos II, overlooking the Turkish district of Nicosia is manned by Pte Robert Stevenson, 20, of City Company. Originally from Carnduff, Sask. Canadian Forces Photo



NOT QUITE WINNIPEG, soldiers of 2 PPCLI go for an off-duty stroll in Nicosia. Left to right: Pte Keith Miller; Pte Rod Hunter; Cpl Michel Deschamps; Pte Charles Russell and Pte Joe Best. Canadian Forces Photo



Voxair reporter Stan Behind inspects equipment in the supply section with two north site personnel who are also serving in Cyprus. Shown from left to right are; Sgt Lloyd Hayes from CFB Winnipeg pay office, Voxair's roving reporter Stan, and WO Dick Carter from the Engineers. Canadian Forces Photo



INSPECTIONS of companies located in and around Nicosia is carried out on bicycle by L to R Major G. S. Wharton, Deputy commanding officer; Lt Col. J. H. ALLAN, Commanding officer, and CWO J. A. HEYMAN. Canadian Forces Photo

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PORTRAITS



A BRIGHTER CHRISTMAS — Lt.-Col. R. D. Wilson (centre) and Major W. J. Graham of CFB Winnipeg's 402 Air Reserve Squadron accept the last box of a 1500-pound Christmas shipment to Indian children at Oxford House from Charleswood west district Brownies and Girl Guides, Kim Scott, 9, and Shawn Prychitko, 13. Under the direction of Charleswood's Girl Guide commissioner, Mrs. Victoria Reimer (left), 160 girls donated and gathered the clothes, toys and candy which were flown 300 miles north of Winnipeg by two Air Reserve Otter aircraft last Saturday.

(CANADIAN FORCES PHOTO)

OPEN HOUSE COLUMN

The Automobile

ADOLESCENT DRIVERS: Nobody should be allowed to drive a highway motor vehicle before attaining the age when he can legally order and consume alcoholic beverages.

In Manitoba, where the legal drinking age is 18, a 16-year-old piston-packin' pup can waggle his way behind the wheel of an automobile and legally leap through the thoroughfare hoop of his choice.

The automobile, an opiate if there ever was one, is as addictive as tobacco, booze, hard drugs or, for that matter, even pretzels. This means that by the time the person is old enough to drink, he has already become addicted to driving. Unfortunately, when he "matures" further and becomes hooked on hooch, he finds himself unable to give up the gears.

As VOXAIR is classified "General", the gory consequences of such an "additional" combination cannot be detailed in this column.

By not issuing a driver's license to a person under the age of 18, there is a good chance that when he becomes a new adult, he will learn to handle his car and cognac with a calculated concern for the hazards of both.

Should his first idol be Bacchus, and should he become one of the god's more "dedicated" disciples, there is a strong possibility that his wet but wary wisdom will discourage him from succumbing to the fascinations of Ford.

The present screwy set-up is a hangover from the days when the adolescent siblings of farmers were needed to operate tractors and so forth in order to cope with the imperious challenge of performing daily and difficult agrarian chores.

Ploughing a field is one thing.

Furrowing flesh and fabric is something else.

Juveniles should be searching for direction, not racing each other to nowhere.

A WINNER



CWO T. L. SEGUIN AND PTE DIANE LAIDMAN conducted the first draw for the Base Fund Lottery. The winning ticket was no. 288 for a prize of \$177.50. The lucky winner was Mrs. C. Pears (center) from Base Supply. Draws for the lottery are held at noon every second Friday. The next draw will be in time for last minute Xmas shopping, on 22 December.

(Base Photo)

BY LAND —
BY SEA —
BY AIR —



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OBSERVER NOTES

With the yule season so near the Observer section at ANS is rather quiet. The majority of the staff are busy with personal preparations for Xmas and the daily routines are performed with a minimum of fuss.

Course 7205 have now returned to their home units to enjoy a brief period of relaxation before joining 449 squadron at CFB Greenwood for phase two of their training. We wish them well.

This leaves 7206 as senior

course in residence and 7207 as the last course loaded in 1972 with MWO Ed Gagnon as course director. Congratulations on your recent promotion Ed.

The recent conference held in the base theatre as a refresher of PERs brought to mind once again how much of our lives and careers is being held as computerized information and many basic selections can be done by machine functions. It certainly indicated that maximum effort to maintain the personal aspect of PERs is required to keep it exactly



THE ABOVE PAINTING was presented to the Base Commander and members of the Officers' Mess by Mrs. Jean Gitzel at a small reception held in the Officers' Mess. The painting of a Search and Rescue Dakota flying in the Canadian North bore the following inscription: "Presented to the Officers' Mess by Mrs. Jean Gitzel in memory of Capt Stan Gitzel and crew who lost their lives 2 November 71 while performing search and rescue duties in the Canadian North".

The painting is hanging in the Bamboo Room.

ARE YOU PLANNING A WEDDING — CHRISTMAS PARTY — WIND-UP — BANQUET AND DANCE — NEW YEAR'S EVE PARTY — RETIREMENT PARTY DANCE OR ANY OTHER FRIENDLY OCCASION?

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that, "PERSONAL". This aspect is every bit as important as correctly filling out the small box with the correct info. The debrief is an important personal area. Here juniors may be guided and advised on merits and shortcomings and should never be overlooked or handled as a paper function. Too often the advising or guiding contact between supervisor and junior becomes limited. We all know the system is not perfect but it does not improve if certain steps in its implementation are omitted.

Merry Christmas everyone and may all the good things of the New Year be shared among you.

Aerospace Squadron

Welcome to the newest member of our staff, Major Ken Pauls, who came to us from Maritime Command Headquarters. He isn't exactly here yet, as his effective date of transfer isn't until January. However, he spent a couple of weeks with us, found a place to live and tried on his new office. No stranger to Winnipeg, as he trained here and then returned to take the Aerospace Systems Course, graduating in 1968.

Captain Jack Bryce is roaming around the eastern cities, arranging the visit program for the ASC tour to industry, etc., which takes place during the latter part of January. After completing that little job, he will stay down that way and take a little leave. See you after Christmas, Jack.

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Service personnel or DND employees and their dependants will be charged a flat rate of 50c for non commercial ads which may be reprinted upon request in up to three consecutive issues free of charge. Notices or lost and found ads are free. To receive this reduced rate, payment must be in advance and accompanied by the name, local and place of employment of the service or DND member.

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VOXAIR VIXEN



Cindy Riemer gets little help, but lots of attention from her canine friend as she prepares her home for the festive season. Cindy is a third-year student at the University of Winnipeg majoring in Drama.

BASE PHOTO

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ABOUT THE BASE

CPL'S CLUB CALENDAR

DEC 31 NEW YEAR'S EVE
Cocktails at 19:30 'til 20:30 hrs
Candlelight dinner at 20:30 hrs
Oriental supper from 1:00 'til 2:00 A.M.
Corsages for the ladies
Noisemaker, Horns, & Streamers
Orchestra "The Commanderos"
Tickets for the New Year's Eve Dance are on sale to members only, from the 1st to the 14th of December at the low price of \$15 per couple by acquittance roll. The price for guest tickets to the Gala Affair is \$25 per couple. Only 400 tickets will be sold so buy early and ensure your admission to the fun & frolic.

JAN 1 NEW YEAR'S DAY

Refreshments get to flowing at 9 A.M. with two great bands starting at noon. Admission at the door is \$2.00 per couple for members and \$4.00 per couple for guests.

JAN 13 This date has been named "Get Together 73" because of the fact that club 61 will be welcomed to our club on this date. Come on out and say hello. The Musical Odyssey is the band for the evening.

JAN 14 "AMATEUR NITE"

Let's see all the local talent on this evening.

WOS AND SGTS MESS

Wed, 20 Dec: Officers/WOs & Sgts "At Home"

starting 1330 hrs.

Sat, 23 Dec: Make your own kind of music! Do your thing! Gather up a few friends and come out to the Mess. Nothing organized.

Sun, 24 Mon 25 and Tue 26 Dec: The Mess will be closed.

Sat, 30 Dec: No function scheduled. However if you wish the Mess is open for your patronage.


Sun, 31 Dec: NEW YEAR'S EVE BALL. Dress semi-formal. Two bands in attendance. Upper Lounge: "Chinook"; Lower Lounge: "Ben Gratton Quartet". Dancing from 2200 hrs to ????. Corsages for the ladies. All seats reserved. Tickets available at the Mess Office. Hats, noisemakers, etc. for all. A gourmet supper is planned. Price includes all: Regular and Associate members \$15.00 per couple. All guests \$25.00 per couple.

BASE BINGO

Base Bingo will not be held Wed 20 & 27 Dec or Wed 3 Jan 73. Weekly bingo will be held in Building 21 commencing 10 Jan 73. The bingo staff and base fund wish all our patrons a Merry Christmas and hope everyone will be a winner in 1973.

BINGO PATRICIA ARMY CLUB

Every Sunday 2000 hours. Jackpot starts at \$150.00. 20 games. Everyone welcome.

Make *THINGS HAPPEN...* support your 



SPECIAL CLEARANCE SALE

21-22-23 December

10% off all Toys in Toyland

JUST ARRIVED!

LADIES' SPORTSWEAR BY TAN-JAY

BASE EXCHANGE HOURS OF OPERATION DURING THE FESTIVE SEASON

	SUN 24 DEC	MON 25 DEC	TUE 26 DEC	WED 27 DEC	THUR 28 DEC	FRI 29 DEC	SAT 30 DEC	SUN 31 DEC	MON 1 JAN	TUE 2 JAN	WED 3 JAN	THUR 4 JAN	FRI 5 JAN
BASE EXCHANGE - BLDG 90	CLOSED	CLOSED	CLOSED	10:00 AM to 6:00 PM	10:00 AM to 6:00 PM	10:00 AM to 6:00 PM	10:00 PM to 6:00 PM	CLOSED	CLOSED	CLOSED	10:00 AM to 6:00 PM	10:00 AM to 6:00 PM	10:00 AM to 6:00 PM
TOYLAND BLDG 24	CLOSED	CLOSED	CLOSED	1:00 PM to 5:00 PM	1:00 PM to 5:00 PM	1:00 PM to 5:00 PM	1:00 PM to 5:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
AUTO CLUB NORTH SITE	12:00 AM to 6:00 PM	CLOSED	CLOSED	9:00 AM to 9:00 PM	9:00 AM to 9:00 PM	9:00 AM to 9:00 PM	10:00 AM to 5:30 PM	12:00 AM to 5:30 PM	CLOSED	CLOSED	9:00 AM to 10:00 PM	9:00 AM to 10:00 PM	9:00 AM to 10:00 PM
AUTO CLUB SOUTH SITE	CLOSED	CLOSED	CLOSED	12:00 AM to 1:00 PM 4:30 PM to 9:00 PM	12:00 AM to 1:00 PM 4:30 PM to 9:00 PM	12:00 AM to 1:00 PM 4:30 PM to 9:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	12:00 AM to 1:00 PM 4:30 PM to 9:00 PM	12:00 AM to 1:00 PM 4:30 PM to 9:00 PM	12:00 AM to 1:00 PM 4:30 PM to 9:00 PM
THEATRE BLDG 90	CLOSED	CLOSED	TEN COMMANDMENTS EVENINGS			EVENING SHOW	MATINEE AND EVENING	CLOSED	CLOSED	REG SHOW	REG SHOW	REG SHOW	REG SHOW
SNACK BAR Bldg 90	10:00 AM to 5:00 PM	CLOSED	CLOSED	8:30 AM to 10:30 PM	8:30 AM to 10:30 PM	8:30 AM to 10:30 PM	10:00 AM to 10:30 PM	CLOSED	CLOSED	CLOSED	8:30 AM to 10:30 PM	8:30 AM to 10:30 PM	8:30 AM to 10:30 PM
SNACK BAR BLDG 21	CLOSED	CLOSED	CLOSED	9:00 AM to 2:00 PM	9:00 AM to 2:00 PM	9:00 AM to 2:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	9:00 AM to 3:30 PM	9:00 AM to 3:30 PM	9:00 AM to 3:30 PM
SNACK BAR 16 HANGAR	CLOSED	CLOSED	CLOSED	8:30 AM to 4:30 PM	8:30 AM to 4:30 PM	8:30 AM to 4:30 PM	CLOSED	CLOSED	CLOSED	CLOSED	8:30 AM to 4:30 PM	8:30 AM to 4:30 PM	8:30 AM to 4:30 PM
SNACK BAR BLDG B12	CLOSED	CLOSED	CLOSED	8:30 AM to 2:00 PM	8:30 AM to 2:00 PM	8:30 AM to 2:00 PM	CLOSED	CLOSED	CLOSED	CLOSED	8:30 AM to 2:00 PM	8:30 AM to 2:00 PM	8:30 AM to 2:00 PM

A Christmas Message

The Christmas season is a time of happiness, fellowship and a closeness with our family. Let us not forget those persons around us who are less fortunate; the sad, the lonely, and the poor. As a suggestion this season, I would challenge each one of you to extend a warm greeting and a helping hand to one other person less fortunate than yourself.

By taking up this challenge, we can really experience and state that the "Christmas Season" is a time of happiness, fellowship and joy.

On behalf of the directors, committees, membership and staff, I extend to each and everyone of you, a warm and heartfelt greeting. May your Christmas season be the best you have ever experienced, and may 1973 bring you happiness, harmony and good health.

ROBERT JACKSON,
President



ST. JAMES-ASSINIBOIA
888-8690

WESTWIN
832-5082

CFB BEAUSEJOUR
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CFB GYPSUMVILLE
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