

# Ottawa

November 22, 1972 CANADIAN FORCES BASE, WINNIPEG Vol. 21, No.22



Military and civilians observe Remembrance Day in Winnipeg by participating in wreath-laying ceremonies at the Cenotaph. Flags flew at half-mast, a trumpeter played the Last Post, and a 21-gun salute was fired on the Legislative

grounds in honor of the dead of two World Wars. There were also parades and religious services marking the Remembrance Day program.

Base Winnipeg Photo

## Base searches for downed helicopter

A Jet Ranger Helicopter was reported overdue on a flight from Norway House to Winnipeg on 4 Nov 72. On the morning of Saturday the 4th Base Ops and 429 Sqn were informed and on Saturday afternoon a T-33 flew up and down the helicopter's route on an electronic search. This aircraft was carrying a homer that could identify and position the crash position indicator that the helicopter was known to carry.

No results were obtained from search so a Dakota with a navigator from ANS, pilots and crewmen from 429 and spotters from 2 PPCLI took off later that evening on an electronic and night visual search of the East coast of Lake

Winnipeg. The night search was to spot any fires that could relate to the downed aircraft. Again no results.

To get an idea of the area of the search. The route of the helicopter was to follow the East coastline of Lake Winnipeg to the Narrows and then down the West coast to Winnipeg. The pilot had landed at Norway House and had reported several times after taking off for Winnipeg, his last report being at the mouth of the Poplar River which is about 160 NM north of Winnipeg. Lake Winnipeg had not yet frozen over but there was some ice on shoreline. The land to the east was quite low and consisted of musket interspersed

with many lakes and a heavy cover of bush in parts of the area. There are small settlements at Poplar River and at Berens River, 50 NM to the south but the rest of the area is isolated except for trappers.

Capt. J. Urguhart of ANS organized the search until a searchmaster could be sent from Edmonton. On Monday two Twin Otters and the search master, Capt K. Durant, arrived from 440 SAR Sqn. to take over the operation. The search force then consisted of 2 Dakotas, 2 Twin Otters and several civilian aircraft. 2 PPCLI has provided spotters for all the aircraft, many volunteering to go on subsequent flights.



**SEARCHMASTER, CAPT KEN DURRANT** of 440 Sqn Namao briefs a Twin Otter crew during "SAR Giebmanns". (Search and Rescue Operations are identified by the Captain's name of the downed aircraft.) 440 Sqn consisting of 2 Twin Otter aircraft is the primary agency for the Western SAR area measuring approximately 3.2 million square miles comprised of Western Ontario, Manitoba, Saskatchewan, Alberta and all of the N.W.T. "SAR Giebmanns" began Nov 4 when Helicopter WYY, a Bell Jet Ranger en route from Norway House to Winnipeg with four souls on board was reported missing. Mr. Giebmanns and party were collecting ballot boxes of the Federal Election from Churchill Riding. As of this date, 17 Nov, 440 Sqn with support from 429 Sqn, 402 Reserve Support Unit and civilian aircraft flew a total of 500 hours and covered an area of approximately 59,000 square miles.

Base Winnipeg Photo.

## Uniforms four days a week

OTTAWA — Armed Forces members serving at National Defence headquarters here will adopt a new policy November 20 on the wearing of uniforms.

A 20-year practice in most headquarters' directorates of wearing uniform one day a week only will be dropped. Under new regulations all ranks will appear in uniform four days a week, from Monday to Thursday.

Other members of the armed forces across the country and overseas, including those serving at nearby Uplands and Rockcliffe, wear the uniform during the normal five-day duty period each week.

Reason for armed forces adopting the alternate uniform-mufti schedule at the end of the Second World War is lost in dust-covered policies of the post-war period. However, the practice of uniform wear one day a week began in early 1952, at the time of the death of King George VI.

## Rockcliffe plus Uplands Equals CFB Ottawa

OTTAWA — Two nearby armed forces bases, Rockcliffe and Uplands, have been amalgamated into one establishment under the designation of Canadian Forces Base (CFB) Ottawa, effective Nov. 1, national defence headquarters has announced.

Both are former RCAF stations with historic connections with the city of Ottawa. Effect of the change, officials say, is "a streamlining of management and support functions."

No major changes are forecast for occupancy of buildings or property at the two locations, nor are any units scheduled to be moved out.

Details of staff reductions, to be made over a period of a year, still are being worked out. However, some transfer of military personnel is expected, and civilian employees under the new configuration will number only slightly fewer than before. Approximately 2800 servicemen and 1800 civilians work at the two locations now.

It is anticipated that normal turn-over will take care of reductions in civilian employees, although some shifting between the two installations may be necessary. Transfers to other locations will absorb surplus military personnel.

Commander of the new base is Colonel K. A. Wark, 47, of Richmond Hill, Ont., who has been commanding CFB Uplands. He will continue to operate his headquarters at the Uplands site. The former commander of CFB Rockcliffe, Lieutenant-Colonel William Cunningham, 50, of Toronto, becomes deputy base commander.

Officials say that advantages of the amalgamation include the consolidation of functions such as accounting, transportation, administration and the management of a number of common base facilities.

The old Rockcliffe air station, comprising 930 acres, has a complement of about 1400 armed forces members and 1500 civilian employees. Most of them belong to National Defence Headquarters' staffs. Uplands contains 279 acres with some 1400 military personnel and 300 civilian employees.

Rockcliffe came into being in 1919, and its major activities for the next 40 years included aerial photography for charting much of Canada, air transport and aeronautical experimentation.

In 1954 it became the headquarters of Air Material Com-

mand. Several units are situated on the base today, with main activities centering around logistics and supply, photography and intelligence operations. No military flying has taken place at the station since 1964.

Uplands, which shares airfield facilities with Ottawa's civil airport, was selected as a site for a British Commonwealth Air Training Plan flying school in 1939. Flying stopped in 1945, and Maintenance Command moved away in 1947. Service association with the station then ceased until 1950, when an RCAF expansion came about.

Since that time it has been part of both Air Defence and Air Transport Commands, housing various flying units over the years. Until 1971 it was also the location of the Aeronautical Evaluation and Test Establishment, now operating out of Cold Lake, Alta.

Largest flying unit at the base today is 412 (VIP) Transport Squadron. Other elements include 450 Tactical Helicopter Squadron, 2 Aircraft Field Maintenance Squadron, the Canadian Airborne Sensing Unit, and No. 3 Air Movements Unit, one of the busiest military passenger terminals in the country.

## Cap badges and unit designations not to change

OTTAWA (CFP) — There is no intention of replacing cap badges currently in use in the Canadian Armed Forces with a new, common-to-all-elements symbol.

And that goes for unit designations, too.

General J. A. Dextraze, chief of the defence staff, says "this had been considered, but I do not believe it would be right to introduce a common cap badge."

As for changing unit names to numbers, this is purely a product of the perennially-overworked rumor mill. It won't happen.

That means that the 3rd Battalion, Princess Patricia's Canadian Light Infantry — or any other proud fighting unit — will not be re-tagged as the 579th Combat Infantry Regiment. The same goes for equivalent components in the sea and air elements.



THE UNITED WAY CAMPAIGN sign at the CFB Winnipeg gate on Whytefold Road came down last week marking the successful completion of the 1972 campaign. Although the sign (and our picture) indicated the base reached 106% of the objective, final returns indicated that the \$20,000 campaign objective was exceeded by \$1,400, boosting the final figures to 107% of the objective received from cash and payroll donations by service members and DND employees.

Base Winnipeg Photo

# FITNESS CORNER

## THE RHYTHM METHOD OF BIRTH CONTROL

Every nutritionist knows — and every dieter must unhappily agree — that crash diets are no good. They're nutritionally unbalanced, they make you weak, irritable and dizzy. Worst of all from the dieter's viewpoint, they don't work. After the first thrilling plummet of the scales, the pointed inexorably creeps upward again. Looking back, the disappointed dieter knows that all he has accomplished is one more useless and frustrating cycle in the "rhythm method of girth control".

Obesity and all its implication in the area of health and personal appearance is perhaps one of the most important factors in today's concern for physical fitness. Let's deal with this problem immediately in the "Fitness Corner" for it cannot be solved overnight and further installments in this paper will be best received and implemented if obesity is no longer a limiting factor.

The greatest single problem that defeats most people trying to control weight is hunger — hunger so great they go to pieces and eat their heads off and their fat back on. When the "hunger syndrome" strikes, dieters often become depressed and negative about their attitude, lack of character and so on, and begin to rationalize. Often they decide it's not worthwhile. This is understandable; hunger is a powerful thing — people riot, murder and suffer greatly because of it.

Another problem — a hunger of a different type — is loss of the relaxation, social and enjoyment factors of a meal. What associated joys of a meal are left when it takes you just 30 seconds to finish your portion? Consequently the reason some people eat a great deal need not be a large appetite but for comfort. This is a habit learned at their mother's knee — getting a cookie jammed in their mouths when they were upset or had a scraped knee. Eating is a time when almost all problems can be forgotten.

So the first aspect of weight control that becomes obvious is that hunger is a very powerful and viable force — we cannot expect people to cease being hungry simply because they need to lose weight. Perhaps then the problem can be attacked from a different angle; the kind of foods we eat and what they are used for.

Dieting works the same way arithmetic works. A pound of fatty tissue is the equivalent in energy of 3,500 calories. Every time you eat 3,500 calories less than you expend — over a period of days — you are down a pound of fatty tissue. A deficit of 500 calories a day (eating 2,000 calories and using up 2,500 for instance) should lead to a loss of one pound a week or 52 pounds a year.

However, the problem is our activity levels in North America have become so low due to our affluent society and its many labour saving devices that the average-sized man or woman needs only 1800 to 2200 calories per day to support his or her every day energy requirements. This calorie intake is so low that you have to restrict your diet to stay with it.

This means that unless you increase your activity pattern you will either have to resign yourself to putting on excess fat and thus expose yourself to the many medical and other hazards of overweight, or live a life of constant dieting.

To eat high nutrition/low calorie foods regularly, to avoid the development of excessive hunger, and combine this with an increased activity pattern can solve your overweight

problem once and for all. There is no other way to achieve this objective — unless you are willing to risk your health and live a life of creeping depression that comes from the dismal climate of constant dieting.

Next week's article will present the information on nutritional foods and relating it to calorie consuming activities but let us conclude this column with basic errors that affect those concerned with weight control.

**Beware of non-fattening foods.** Because unfortunately there's really no such thing, with the possible exception of celery, at 7 calories per stalk. Every other food contributes to your calorie balance. Too many people believe that there is one big category of food that is non-fattening, another that is fattening. Thus, the dieter relieves himself of worrying about arithmetic or the size of his portions so long as he sticks to the first group — for instance, roast beef, yogurt, and orange juice — while scrupulously avoiding group two: bread, potatoes, bananas. This utterly disregards the plain facts: a three-ounce slice of roast beef (barely enough to decently cover a slice of rye bread) contains 260 calories, yogurt 150 calories a cup, and unsweetened orange juice 110 calories a cup, while white bread is a mere 60 calories a slice and a fairly large baked potato or a banana only 100 — not much more than the dieter's standby, the hardboiled egg.

**Be prudent about portion size.** Few people ever train themselves to look at the difference between a three-ounce hamburger patty and a five-ounce patty. If the calorie chart says 310 calories for a hamburger, that's supposed to be that. Yet the larger hamburger contains about 200 calories more, or a total of 510. Just eating one large-size hamburger a day — but counting it as a small one — will make a difference of nearly two pounds of fat a month.

**Count every calorie.** That means every calorie. Many people forget to take into account "small snacks", especially if they are nibbled over a long period instead of gobbled down in one handful. A cupful of Brazil nuts, unconsciously devoured while watching a football game, doesn't seem worth thinking about. Yet it represents 900 calories! (Peanuts? 805 calories for a mere two fistfuls.)

**Cook lean.** It's surprising how much the fattening ability of food changes with different methods of preparing it. The so-called fattening potato contains only about 100 calories baked or boiled. With salt and pepper, lemon juice, or Worcestershire sauce, it still contains 100 calories. Add one teaspoon of butter or margarine and you double the count. French-fry the potato or mash it with butter and milk, and you've pushed the total to 250. And if you're addicted to hash brown potatoes, you should know you're absorbing 470 calories per cup. On the more cheerful side, you can cut the calories in hamburgers or steaks by cooking them in a Teflon pan, which does not require any lubricating fat, or, better still, by using a grill that allows appreciable amounts of fat and calories to drip out of the meat.

**Beware of "wet" calories.** Calories in drinks are as easily overlooked as those in the nut dish. There are 320 calories in two small (two-ounce) martinis or manhattans. One ounce of afterdinner liqueur costs you 100 calories. And the two beers you drink with the Brazil

nuts add another 300 calories to the 900 — in other words, you gained one-third of a pound of fat between lunch and dinner and you never once had a real mouthful of food. It's hardly worth it!

**Stop leaning on protein.** Millions of sensible people have been inadvertently misled into thinking that protein contains few calories, actually protein contains about 120 calories per ounce, the same as carbohydrates. (Fats are more costly, about 270 calories an ounce.) It's widely believed that meat is pure protein, and therefore you can eat steak ad infinitum and emerge as trim as a cougar. In fact, all meat contains fat. A three-ounce, 310-calorie hamburger contains, on the average, 19 grams of protein (about 80 calories) and 26 grams of fat (about 230 calories). Ham contains even more fat calories in proportion to protein: of the 340 calories in a slice of ham, only 80 come from the protein, 260 from the fat.

**Cut down the easy way — on sugar.** Sugar contains four calories per gram, just like other carbohydrates. The consumption of 100 pounds of sugar per American per year is the equivalent of 192,000 calories, or 55 pounds of body fat, per year, which has to be burned up somehow if it isn't going to be accumulated as extra weight. Sugar is the one food the dieter can easily do without.

**Clear up the cholesterol confusion.** There is a hopeless mix-up about the relationship between calories, fat, and cholesterol. Somehow, millions of people have the idea that any margarine or oil that is high in polyunsaturated fat (or low in cholesterol) is therefore low in calories. It is certainly desirable to replace saturated fat with polyunsaturated fat in order to keep down cholesterol. But margarine and butter have almost exactly the same calorie content.

**Don't worry about water or salt.** Attempts to cut down weight by cutting down on salt or water are futile. If you are overweight, it's a good idea to go easy on salt to guard against high blood pressure. But cutting down on salt will not by itself reduce your weight, unless it happens to make food so unappetizing that you simply eat less. As for water, it is the world's one and only calorie-free fluid, and a generous consumption of it is a useful health habit.

# Let's play pretend

or — "Please put our money to work"

This editorial puts forth a hypothetical proposal to make us all rich people by the end of our careers. It is written with a good deal of wishful thinking along with a bit of tongue in cheek and it should provide you with some food for thought the next time you attend a retirement dinner.

It deals with our pension fund, and all figures will appear as modest estimates (that is, estimated to a low side of everything) so your imagination can do with the final figure as it sees fit.

Let's assume that our strength is 80,000 personnel and that it will hopefully remain the same or increase. Let's also assume that on an average we contribute \$40.00 per month per individual to the fund. Before we see this rather impressive figure in print, let's also assume we each put in another twenty-five cents per month toward a "slush fund", which will be explained in more detail later on. In dealing with pension funds, an employer/employee agreement exists which states that the employer (in our case, the Government) will contribute \$1.80 for every \$1.00 contributed by the member. (CFP 162/72 by the Directorate of Compensation Development).

Looking at these figures on a yearly basis, we are now talking "big money". The \$40.00/month/individual (our own money) would net us thirty-eight million, four hundred thousand dollars. The Government's 1.8 to 1 ratio would bring sixty-nine million, one hundred and twenty thousand dollars and twenty thousand dollars per year. The twenty-five cents per month would be a meager two hundred and forty thousand dollars per year.

Now, if the \$240,000.00 was used to pay an investor, or bank, or financial management team (what man and his small army wouldn't work for a cool quarter mil' per year?) to invest our \$107,520,000.00 each year at a guaranteed interest rate of 5% per annum, compounded annually, in ten years we would have a tidy \$175,138,790.00 in our kitty. This figure is only the return on our first \$107,520,000.00 investment. Keep in mind that the second year's \$107,520,000.00 will show a return of \$166,798,786.00; third year, \$158,855,961.00 and so on, over that same ten year period of investment. If we look at the total ten year period, investing \$107,520,000.00 each year, at the

end of the tenth year our fund would stand at \$1,418,790,560.00.


Back to assuming again, let's say we have an attrition rate due to retirements of 10% per year and that we want each person to retire at their last salary — say an average of \$12,000.00 per year (don't forget, this is an average taken over the 80,000 personnel, the same as the \$40.00 per month was an average, so adjust accordingly for your salary). This would account for an average withdrawal of \$96,000,000.00 from our fund each year. This still leaves us with \$11,520,000.00 per year to take care of such incidentals as those leaving before retirement (return of contributions) etc. Let's say \$1.5 million per year will cover that. That would leave ten million dollars and it would still be earning interest for us or could be re-invested into bonds at 7%, which compounded over ten years would yield \$147,808,852.00. This money, in turn could possibly be used in a capacity similar to our old RCAF Astra Loan Fund, only on a much larger scale. Then low interest (perhaps 3%) loans could be made available to our members for purchasing homes etc., fulfilling their retirement dreams at a reasonable cost.


According to this scheme, all of us could retire at a pension equal to the salary we were making during our last year of work and the fund would always be growing. The hypothesis is not as far-fetched as it may seem. Several large companies and corporations are currently employing a similar system and their employees are in fact retiring at their last wage. Some have grown such a large pension fund that it now supports itself and contributions to it are minimal, if any at all.

Now what's that you were saying about less than half salary on retirement after twenty-five years?

THE PLAINSMAN

**Happy Birthday!**  
**Have you had your dental check?**





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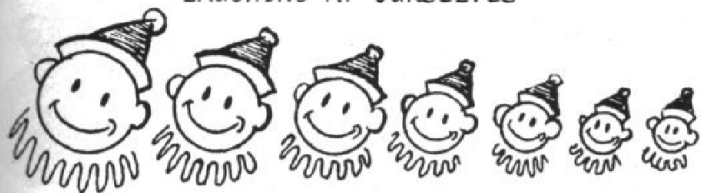
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LAUGHING AT OURSELVES



by John Semeniuk

Today's Ticklish Topics: From laughable limericks to daffy definitions, in other words, "Anything Goes".

I walked into a barber shop; The sign was very queer; During alterations; We'll shave you in the rear.

A wee man from mars came down to earth and noted the tall, beautiful earth women. Ignoring the traditional, "Take me to your leader", his command was, "Take me to your ladder, I'll see your leader later!"

Daffy Definitions: Marriage: "The thrill of a lifetime." Spinster: "A lady who doesn't make the same mistake once." Husband: "What's left of a man after the nerve is gone." Grape: "A tomato with high blood pressure." Calendar: "A device used to clock the horses I bet on."

A General who was losing steadily in a game of stud poker, finally drew aces back to back. On the next turn of the cards, he drew another ace, and, happily, no one folded. Unfortunately, one of the players picked that particular moment to drop dead. "What will we do now?", asked one of the white-faced participants. "Out of respect for the dead", replied the General, "I suggest we finish this hand standing up!"

Add in a Toronto paper: "For sale, four poster bed, good for antique lover." (It's all in your interpretation, Madame).

A lady driver capped off a thoroughly horrid day by skidding into a pedestrian. Her cool completely shattered by this time, she shouted at the victim, "You blind . . . Oh for goodness sakes look out!" "Why? Are you going to back up lady?", inquired the unhurt, but very ruffled man.

The birds do it, the bees do it, so he joined the air force.

I know a silver thatched golfer who lost his ball in a wooded area. He suddenly called to his partner, "John, forget the ball, find me!" His partner knew this was going to be a difficult

round because this same guy lost his ball in the ball washer on the first tee.

One English Lord to another: "Heard you buried your wife." "Had to old chap, she was dead y'know!"

A drunk staggered up to a revolving door, but could not manoeuvre himself through it. He stepped back to contemplate his predicament, when a man went in one side of the revolving door and a lady came out of the other. "Pretty good trick", muttered the blotto, "But I wonder what he did with his clothes?"

One dog to another dog: "What is your name?" "I'm not sure, but I think it's Down Boy."

Ridiculous Riddles: Q. If you painted every car in the nation red, what would you have?

A. A red car nation. Q. Why did the cookie crumble? A. Her mother was a wafer too long.

Q. If you crossed a parrot with a lion, what would you have? A. I don't know, but when he talks you'd better listen.

Did you hear about the near-sighted whale who fell in love with a submarine. Everytime the sub fired its torpedos, the whale passed out cigars.

We'll write fini to this issue with a limerick that asks a question or is it a questionable limerick; nevertheless:

What are the forces that bring little horses If all the horses say nay.

Yes, Voxair does welcome letters to the editor

MP NEWSBULLETIN

Ken Stephensen

This is the time of the year when "an ounce of prevention is really worth a pound of cure" . . . With six weeks of festive season shopping ahead, a few precautions might ensure that Santa doesn't arrive empty handed. . . One of the early season threats that becomes more prevalent, is purse snatching. I'm sure many adults would be amazed to learn that many of the purse snatchers range from ten to twenty years of age. Usually the younger ones work in pairs. . . The first rule of prevention for lady shoppers is not to let your purse out of sight. Too often a shopper is saddened, because she set her purse on a counter, or in a shopping cart, while examining merchandise. If you have a great deal of shopping to do that entails a fair sum of money, try not to shop alone, go with another adult or an older child. Avoid expensive shopping with very young children, they may easily distract you. Don't carry all your eggs in one basket, i.e., don't carry more money than you require. If you are wearing slacks, divide your money in half, it may be safer in a pocket than in your purse. In large crowds don't rely only on the purse strap, it can easily be cut, in a pushing crowd, or an overcrowded elevator. Make sure you are carrying adequate identification in your purse, so it can be returned in the event it is lost or stolen and discarded. Know what you have in your purse in the way of credit cards and office or house keys. If your purse is not recovered in a reasonable time, it may be necessary to have your locks

changed. Advise your credit agencies of any losses immediately, you can always cancel your report later, if the cards are recovered, however you are responsible for all purchases until the loss or theft is recorded. Make sure any verbal loss reports are followed up in writing . . . If you are a pedestrian, using bus services, use the main lighted arteries from your residence to the bus stop, avoid short cuts through vacant lots or back lanes. . . Once you get your goodies home, don't think it's all over then . . . it's not! If you have to leave the house unoccupied, ensure your doors and windows are locked. In the evenings leave an interior and exterior light on. Make sure all servicemen, etc., are identified before allowing them access and instruct your children not to allow any strangers in if you are absent. . . People, especially those living in apartments, should examine their exterior locks, any signs of vise grip or plier marks on the outer edges of the tumbler usually are evidence of tampering or attempted entry and should be reported to the police. . . When using the family car, don't leave it running unattended. Where possible, secure expensive and

attractive items in the trunk out of sight. Finally, make sure your garage is locked whether you are at home or not.

Christmas carol service

All four chapels of CFB Winnipeg, along with the training command band, are sponsoring a special Christmas Carol Service to be held on Sunday December 17 at 1130 hrs. in Building 21 (old Drill Hall).

This service will use the format of the "Nine Lessons and Carols", and there will be ample opportunity for all present to join in the singing of the familiar carols.

Regular services and masses normally held at this hour in all four chapels will be cancelled. Please set aside this date . . . December 17th . . . and plan on attending. It will be a memorable occasion.


Advertisement for Astra Credit Union Ltd. featuring a cartoon character and text: "If you write 10 Personal Cheques a month, it probably costs you \$1.40 ... Right? If you write 140 Personal Cheques a month at Astra, IT COSTS YOU NOTHING! YOUR Chequing Service is FREE." Also mentions 1 year 7% term deposits and branch locations.

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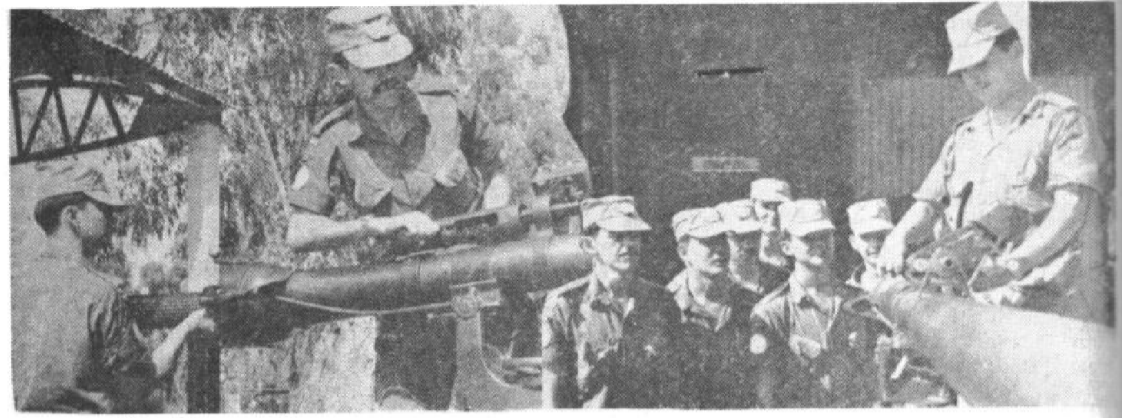


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**Patricia Periodical**

**2 PPCLI WEAPONS TRAINING IN CYPRUS** The picture shows Private Garry Pittman loading a dummy round into the recoilless rifle whilst Private Kurt Weise cocks the spotting rifle. On the right Corporal Larry Beaton demonstrates the cocking

action of the spotting rifle watched by (from left to right) Privates Kurt Weise, Gerry St. George, Tom Robertson, Greg McMurchy, Garry Pittman and Curt Peterson.

**CANCONCYP NEWS**

While members of 2 PPCLI may well be away from the Winnipeg cold and enjoying the sunny warmth of Cyprus, they have nonetheless kept up their skill in support weaponry. During the last week of October the men of Support Weapons Platoon have been undergoing refresher training on the recoilless rifle and the heavy machine gun. The purpose of the training was to ensure that members of the platoon maintained a high level of efficiency while employed in Cyprus. The training was conducted in the Headquarters Company area of Wolsley Barracks.

too. The Headquarters element has been working on militia training programmes, and during the next few weeks a team, under Captain Bill Aikman, will be travelling as far as Regina and Thunder Bay to instruct enthusiastic young militiamen on the organization and methods of operation of an infantry company.

Meanwhile, D Company is busily preparing to head off to CFB Shilo for three weeks of winter warfare training. With the cold and snow we have been having the past few weeks it looks as if the men will have first-class conditions to learn about soldiering in the cold.

Another commitment on November 11th was a fifty-man guard for the Remembrance Day ceremonies in downtown Winnipeg. The men worked hard to put on an excellent display on a cold and blustery but very solemn day.

One last point — it is regretted that due to difficulties in processing film the Cyprus briefing package for 2 PPCLI wives has been delayed. The new timings for the ladies' briefings are now Wednesday November 29th at 7:00 p.m. at the Junior Ranks Club for the dependants of JR NCOs and Ptes, and Saturday December 2nd at 8:00 p.m. at the Combined Mess for the dependants of Officers and Sr NCOs.

Under the supervision of Warrant Officer Al Park and Sergeant Nick McEachern, the instructors (Master Corporal Ken McLeod, Corporals Larry Beaton and Lloyd Tokle on the recoilless rifle, and Corporals Joe Ridout, John Wallgren and Bill Bennett on the machine gun) put the members of the platoon through rigorous gun drills. Although the training was conducted with dummy ammunition, everyone performed all gun and crew drills to a very high standard.

Members of the armour defence section were provided with an opportunity to handle and perform all actions on the heavy machine gun. Conversely, the machine gun section was required to fire the recoilless rifle. This permits personnel to be switched from one weapon to the other if necessary.

**REAR PARTY**

While the Battalion itself settles down to its tasks in Cyprus, the Rear Party has been keeping extremely busy



**PRESENTATION OF FIRST ALPHONSE AWARD** made to Director General of Transportation COL M. I. Walton NDHQ by LCOL B. D. Wyatt Senior Staff Officer Logistics TCHQ during the recent Training Command Transportation Conference. The introduction of the Alphonse Awards was described in the last issue of The Driver, Training Command's Driver Safety Magazine. The awards are intended as recognition of individual contribution to driver safety.

CANADIAN FORCES PHOTO



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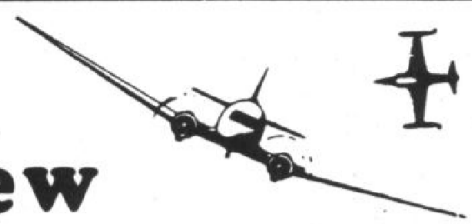
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# 429 Sqn. Bison Brew



# 733 comm-ent



watched by Kurt Weise, Bertson, Greg and Curt Peter-

as a fifty-man Remembrance s in downtown men worked on an excellent old and blustery day. — it is regretted difficulties in on the Cyprus ge for 2 PPCLI n delayed. The for the ladies' now Wednesday at 7:00 p.m. at ks Club for the JR NCOs and urday December at the Combined dependants of NCOs.



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FORCES PHOTO

Mazda

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Once again we issue forth with blinks and stabs from our secluded corner in 11 Hangar. The hangar itself has been almost deserted in recent weeks as the entire Squadron is in the air almost every day, including weekends. Most of the flying is directly related to the heavy workload being generated by ANS and is a result of the poor weather hanging over the prairies for the last month or so. The additional flying we've undertaken has come from the extensive search taking place North of Winnipeg for the four passengers aboard the Jet Ranger Helicopter, missing since 3 Nov.

To date its been a fruitless effort, but the search continues, hampered by poor weather and several inches of newfallen snow in the search area.

Detailer Jack Pollock thought he'd spotted the missing personnel on a recent night trip but it turned out to be a false alarm. As a reward for being so keensighted Jack was assigned to the search for the next two days but spotted nothing more exciting than rabbit droppings and bird tracks. Conversionite Ed Hoffman, on the other hand, has let it be known (loudly) that working five days a week every week is almost more than he can handle and prefers that the quote line pilots unquote be assigned weekend detail and search tasks. No editorial comment here, just the observation.

On the lighter side, we see Gary Wellstead has done it again. This time a lengthy trip to Downsview Squadron mates have been watching the "big board" in Ops with awe as the line of TD's

beside Gary's name lengthens each day. To be fair of course Gary will be joined by fellow "Ancient Birders" and numerous hangers on for what is purported to be the final celebration of this much publicized exercise in the North. Jim Birrell will escape operations for a short time and will renew his long range capabilities at the same time. Unfortunately his long range exercises will continue to be reaching for the squawk box with a long ruler until at least the end of February.

Two more regenerates have arrived on 429 Sgnd. Aime Boule of course is an old flying wing retreat while Willy Williamson comes to us from ATC in Trenton. Willy apparently turned down a 707 tour to get back on a real airplane.

A mention should be made of Dan McGarths return from a weight watching course back east. With his new "Middle" Management qualifications. Dan should have fewer problems squeezing behind the drivers seat of the old goon than he did on a recent night exercise when he toppled all gyros and ruined the power settings while changing seats.

Congratulations and farewell to Rick Cyr who recently attained the status of Local Captain, in time to accept a posting to Cold Lake. No paper on this yet but it seems fairly certain. Rick Legault achieved his Captaincy around the same time and was immediately given his first tour as briefing crew Captain. Well done Rick but whatever happened to the customary round of applause after (or during) the delivery of the "Pigots Briefing".

Sports buffs from Standards walked off with the annual "Pete Hodges Memorial", curling trophy recently following an exciting "last rock is the one that counts" miss by an otherwise superlative team of bashers from the current ICP course.

ICP has remained somewhat subdued in recent days, offering no newsworthy items for comment. The legendary Joe Paquette has even undertaken to decipher CFAO's to see if he can get free education. This follows his endeavors in the literary field where his onslaughts in the field of "instrument procedures interpretation" will apparently be filed for future reference, e.g. 1984.

Last note concerns those two Tutor postings that were offered recently. The two stalwarts lucky enough to get the slots offer condolences to their many snickering buddies, who will undoubtedly be caught in the next round of postings.

Well, once again we are off and running. Lots of movement in the sqdn, with Cpl Jack Neilson coming to us from Kingston Det 708 Comm Sqn, and Sgt Les "Mr. Television" Scott leaving us for the wide open spaces of CFB Petawawa. Our loss is a big gain for 2 TACU, Les. Cpl "Beanie" Cline is very pleased with her scheduled move to Europe, while Cpl Neil Zebinski is looking forward to a pleasant stay in Yellowknife. Some people have all the luck. Cpl Irene Lauzon is heading down to 715 Comm Sqn at St. Hubert in Jan, and I'm sure that the crowded highways down there will slow down that bomb of hers! Last, but not least, Pte Hotas and Pte Tremblay are leaving the service to try their hand at civy street.

The radio exercise conducted late last month with the mobile radio station was hampered by small mechanical faults in the vehicles, but for the people who have never been with a field unit I'm sure the problems associated with "Bonnie" living were a revelation. I'm still won-

dering how it was that the "Boss-man" ended up sleeping in the tent all alone . . .

Curling in full swing now, but it must be a struggle for those people coming off "mids" to get thru the game with both eyes open!

Physical fitness testing in full swing now, and if you are not in shape, you had best get a lot of practice, because there is a "no nonsense" attitude about testing this year, so get your plump little bodies out early and start off with a nice easy pace.

We've lost the service of WO John LeClerc, who is away on sick leave after a knee job at Deer Lodge, but with luck and a speedy recovery we should have him back very shortly.

That's about it for this edition, and we hope to have news for every edition from now on.

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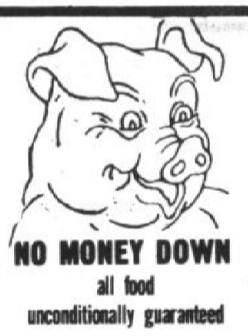
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# VOXAIR SPORTS

## Rec Centre Personalities



Cpl Bud Burgess originally hails from Wolfville, Nova

Scotia. Since joining the Armed Forces in Halifax, 1965, Bud was a member of the 2PPCLI in Edmonton, Germany and Winnipeg. Cpl Burgess has worked in various gymnasiums for the past six years as an Assistant Instructor until his recent re-muster into the PERI trade. Bud keeps himself occupied with the programming of Sports and Recreation at CFB Winnipeg. In his spare time Bud works on bettering his sports skills which over the past few years he has had to use at several forces National Championships such as Volleyball, Badminton and hockey. If assistance is required in recreation or sports programming give Bud a call at Local 511 or drop into the Westwin Rec Centre, he'll be glad to offer assistance.

## Coming Events

**Prairie Region Bowling:** The base bowling playoffs to decide the CFB Winnipeg representative team will be held from the 27 Nov to 8 Dec 72. To qualify each entrant must bowl six (6) series of four (4) strings. Both Lipsett Hall and Westwin lanes will be used.

Game times will be Mon \* Wed \* Fri at 0900 Hrs - 1300 Hrs - 1900 Hrs. Twelve games will be bowled at each alley.

Personnel interested in attempting to qualify must register by 23 Nov 72, at the Westwin Bowling alley or the Recreation Centre local 511.

**Base Community Council Meeting:** A meeting of all Community Recreation and Sport Activity representatives will be held on 6 Dec 72 in the BComd Conference room at 1000 Hrs. The purpose of the meeting will be to discuss the formation of the 73/74 budget. Activity representatives should be prepared to submit their budgets at this time.

**Servicemen's Area 1 Sport Championships:** The annual Area 1 Curling and Bowling Championships will be held at CFB Winnipeg 5 - 8 Feb 73.

All female personnel interested in either Curling or Bowling for CFB Winnipeg are asked to contact Cpl Irma Piper at local 511.

**Prairie Region Curling Championships:** The base Curling Play Offs to determine the CFB Winnipeg Representative team will be held from the 5 - 8 Dec 72.

All entries are to be submitted to Sgt Clowes loc 511 or Capt Gray loc 476 prior to 1 Dec 72. Only team entries will be accepted, with one spare allowed per rink (spare will play lead). For further information contact Rec Centre loc 511.

## Basketball

The Base Basketball team got off to a good start in the Winnipeg City Intermediate Basketball League with a convincing 45 - 22 win over the City Police team.

Practices have been going on for about four weeks with 10-12 players consistently showing up. It seems that their hard work and desire may pay off in a winning season.

Leading the scoring parade for CFB was Gary Neddoly with 12 points followed by Brian Futsch, Chub Heszley and Ken Whitehead with 8 each. Bart Wickam was outstanding on defense and controlling rebounds. Cecil Carr is a stick ball handler with a deadly outside shot.

Most CFB league games are at Lipsett Hall on Wednesday evenings.

## Curling Corner

A playoff to determine the CFB Winnipeg representative to the Armed Forces Prairie Region Championship will take place 5-8 December. To enter call Sgt. H. Clowes Loc 511 or Capt W. Gray Loc 476. Deadline for entries is 1 December 1972.

Club playoffs to determine representatives for Men's City Zones, Seagram Stone (Seniors), and Seagram Mixed will take place 11-15 December. To enter call MWO D. Nutley Loc 369, Capt W. Gray Loc 476, or enter your name on the notice at the Club. Deadline for these entries is 7 DECEMBER 1972.

Another date to keep open on your calendar is for the annual Mixed Holiday Bonspiel. This is open to all clubs and will be held 26-30 December 1972 and 2-4 January 1973. Maj. H. Graham the bonspiel Coordinator will have full details in the next Voxair, 6 December.

Regular league curling has been fierce and heavy possibly due to the lively crowds enjoying the club facilities. The Men's

Tuesday and Thursday league has completed its first round and from these results the teams to keep an eye on are Wes Anderson, Ron Dillabough, Al Lutomsky, Frank Marsh, Charlie Mason, Robbie Robinson, Dave Townes, Wes Walker and Erv Wood. Remember fellows every win is worth 20 points and every loss 10 towards the Grand Aggregate Trophy. Only the fifth and final round will be used to determine the trophy winners for the individual sections.

### LADIES CURLING

The Inter-Station Challenge was a great success with Shilo taking home their shield and Portage theirs with Winnipeg as runners up. Many thanks to the girls who did such a lovely job with the meal. Our Inter-Club teams have been going great guns with a record of 2 wins 0 losses in the day. League on Nov 10th and 1 win 1 loss in the evening league on Nov 13.

## Base Bowling Schedules

### Westwin

Mon 1900-2100 hrs Teen League and Casual  
Tue 1900-2330 hrs Ladies League  
Wed 1900-2100 hrs Teen League  
Thu 1900-2330 hrs Intersection League  
Fri 1900-2100 hrs Casual Bowling  
Sat 1300-1700 hrs Junior League  
Sun 1300-1600 hrs Casual Bowling  
Sun 1900-2330 hrs Mixed League

### Lipsett Hall

Tue 2000-2330 hrs PPCLI Mixed League  
Thu 1900-2130 hrs Lipsett Mixed League  
Sat 1300-1600 hrs South Site Children's League  
Sun 1300-1500 hrs Casual Bowling

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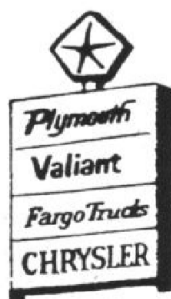
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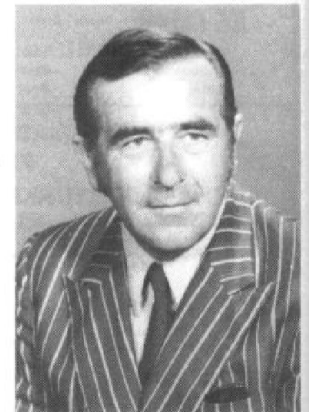


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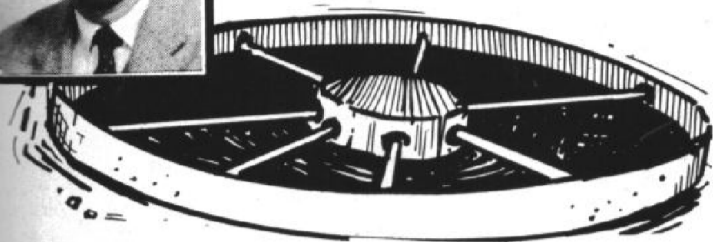


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### Spinning the Sports Wheel with John MacLeod



It is said that all good things come to those who wait! This is especially apparent when it comes to the question of CFB Winnipeg securing an indoor arena. Although it would appear to some that any action in this respect is dead and buried, the opposite is the case, as we learned in conversation with the Base Commander recently. Taking time out from a busy schedule the Commander gave this reporter an hour or so to discuss the arena problem and other matters related to sports within the Base.

The lack of suitable facilities for skating and the subsequent dropping, for this season at least, of the Base hockey team, The Royals, is of great concern to the Commander and one that he is trying to rectify. The plans for an indoor arena have been resurrected, dusted off, revamped and will soon be re-submitted to National Defence Headquarters in Ottawa. Now, all we have to do is be patient and wait for their decision. When this decision will come is a question that cannot be answered for many reasons I am sure we all realize cannot be discussed in this corner. That the great need for an arena is recognized and that something has been done is a great step forward and we can only hope that the final decision will be favourable.

During our discussions with the Base Commander and later with Grant Harrison, President of the Westwin Minor Hockey Association we realize more and more that to make things work in the world of sport or any other organization and club within Base Winnipeg requires the whole-hearted support of us all. Not just the few who turn out year after year or season after season but every single member of the Canadian Armed Forces on strength of Base Winnipeg including the Lodger Units.

The Westwin Minor Hockey Association gets great support from members and parents alike. Last week over one hundred and thirty young hockey players, their coaches and managers attended a hockey game between the Edmonton Oil Kings and the Winnipeg Junior Jets courtesy of Mr. Ben Hatskin, the Jets owner. We are told that of the total minor hockey membership only two boys were unable to attend. This enthusiasm by a small fraction of our community has to be considered excellent. On the other side of the ledger, and one we cannot understand, is the apathy of a majority of those residing in the Fort Osborne area. Some use their spare time to assist with the Sir John Franklin Community Centre but there is room for many, many more. We were also told that the South Site used to have an outdoor skating surface several years ago but it was disposed of due to lack of use. A change of personnel on the South Site has taken place since this action was taken and we admit that many have approached us to voice their displeasure over the lack of facilities here; but we wonder if there were a skating rink near Lipsett Hall would anyone take the opportunity to use it? Well, you will get that chance? Authority has been given for the construction of an out-door hockey rink behind Lipsett Hall with an added feature of surrounding this rink with an oval ice surface for those dependants and others who do not wish to play hockey. A feature story on the construction of this facility will be carried in a future issue of VOXAIR. There are many children in this area; some enjoy the programmes as operated by Sir John Franklin as do the parents and dependants who volunteer to help; the majority do not. The breakthrough has been made, now it is up to all of us to make this new venture a huge success. Remember apathy can be a dangerous thing!!! **Stray Spokes** . . . Mr. Ben Hatskin's kind offer of complimentary tickets to the Westwin Minor Hockey Association was very much appreciated by all concerned. This was apparent by the "Go Jets, Go Jets" chant that was heard coming from their allotted section in the Arena. It must have helped as the Junior Jets stopped a losing streak with a well played victory over the Oil Kings . . . **The Professional Jets have an unique ticket system in which customers may purchase tickets for any home game they desire. In fact, Father, why not give Mother a rest on December 26th from the hustle and bustle of Christmas and take her and the children to the arena on Boxing Day? The Jets play the visiting Chicago Cougars. Don't delay, reserve your seats now . . .** As this column goes to the printers the Western Final between the Saskatchewan Rough Riders and the Winnipeg Blue Bombers has yet to be played, however, when you read this paper the game will have been long over. "GO, BOMBERS, GO!!"



## SKI MANITOBA

by Tex Mitchell



### CROSS-COUNTRY

Canadians are finally discovering cross-country skiing in such numbers that the sport is booming. And well it should.

Cross-country skiing is a great way for entire families to enjoy winter together and the price is right. For well under \$100 you can equip yourself with top flight skis, bindings, boots, poles, and a little wax to make the skis not only run well, but also climb hills better. That's right; no mechanical lifts are required and no patience straining lift lines are involved. You ski straight up the hills, usually with ease if you have applied the correct wax properly. Although some racers get carried away with the mysticism of waxing, the tour skier can get by very well with a pine tar or grundvalla base and three different hard waxes with perhaps a couple of tubes of "klistler" wax. Plastic skis with "fish scale" bases that apparently need no wax are now on the market, but not having tried them, I cannot vouch for them. All equipment is very light. The narrow skis are of laminated wood. The long poles are usually of burnt bamboo but sometimes of lightweight metal. Racing boots are little more than track shoes, while touring boots extend up over the ankles but weigh little more. I prefer racing equipment even for touring. Bindings are simply lightweight metal plates with

clamps that hold the toes of the boots down. Because the heels are thus free to move, injuries in cross-country skiing are rare.

Lessons from a qualified instructor are helpful but you can enjoy this sport right from the beginning completely on your own. If you can slide across the floor in bedroom slippers that have broken down heels, then you can manage cross-country skis.

Rolling ground protected from the wind is best, and a course with about one third uphill, one third downhill, and one third flat is ideal. The Sandilands and Agassiz provincial forests, Spruce Woods Provincial Park, and Riding Mountain National Park are excellent areas for cross-country skiing. Riding Mountain Park offers the bonus of seeing moose in their winter yards. Assiniboine and other city parks are good places to learn.

Although you don't need carefully cultured trails, skiing over a packed and polished track is more fun and easier than breaking fresh trail all the time.

Chances are you will no sooner pack a track to your liking than an inconsiderate snowmobile driver will come along and mess it up. Since years will pass before most of Canada follows the lead of Gatineau Park and establishes separate trails for snowmobiles and cross-country skiers, you might as well learn to ski on snowmobile tracks from the beginning. Occasionally you will have to endure a bit of stink and noise but neither lasts very long.

The Base Exchange can get cross-country equipment for you on special order at real savings. Equipment is now being sold by most sports shops and several of the big chains in the city. Be careful, many of the sales people have developed glib sales pitches while remaining completely ignorant of the sport. I recommend that before buying equipment, you pick up a book such as the brief, common sense, and entertaining text by Johnny Caldwell.

## Intersectional Hockey

Team	GP	W	L	T	Pts
Avionics	4	4	0	0	8
BAMEO	4	3	1	0	6
TCHQ	5	3	2	0	6
PPCLI	5	0	4	1	1
Base Compt	4	0	3	1	1

### LEAGUE'S TOP SCORERS

Player	G	A	Pts
Thorson, Avionics	6	7	13
Houle, TCHQ	4	5	9
Hamel, TCHQ	4	5	9
Erickson, Avionics	5	2	7
Dougall, Avionics	1	6	7
Andrychuck, Avionics	3	4	7
Stevens, BAMEO	6	1	7
Mosher, BAMEO	3	3	6
Wilson, Avionics	2	4	6
Girard, Avionics	0	5	5
Macdonald, BAMEO	4	1	5
Crabar, Avionics	1	3	4
Fritsch, Avionics	3	1	4
Moe, BAMEO	2	2	4
Skimming, Avionics	4	0	4

## Children's Bowling League

A children's bowling league has been organized in the Lipsett Hall Alleys for children on the South Site. The league operates every Sat at 1300 hrs. At present we have six teams but still have vacancies for four more bowlers.

The league operates under the watchful eyes of Mrs. Olive Campbell, Mrs. Nancy Lemoine and MWO Harry McDonald. Children registered to date: **Team No. 1** — Mile Cuthbert, Wade Mottle, Denise Lemoine, Laura Fairbanks, and Michael Brownridge; **Team No. 2** — Mike Semeniuk, Randy Lemoine, Frances Harder, Sharon Brownridge, and Ricky Lockley; **Team No. 3** — Linda Harder, Bruce Hill, Jeff Ridal, Susan Armstrong, Michael Templeton, and Pauline Harron; **Team No. 4** — Kathy Lancaster, Cathy Semeniuk, Brent Lemoine, and Joanne Semeniuk; **Team No. 5** — Kathy Hill, Renee Frenette, Theresa Ridal, Lawrence Owen, Barbara Mann, and Tod Crawford; **Team No. 6** — Suzanne Frenette, John Palmer, Daniel Cuthbert, Janet Ridal, and Ricky McDonald.

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## Officers' Wives Club Decorating Party

This year for the December meeting the Officers' Wives Club will join with the Mess Decorating Committee and lend a helping hand in getting the Officers' Mess gaily trimmed for the Yuletide season. This decorating party will be held on Wednesday, December 6th at 8:00 p.m. in the Officers' Mess.

Ladies, since all those hard working husbands will be a definite asset at this party, do bring them along for an evening of good cheer. A Potluck Buffet Supper will be served by the Wives Club.

Just a reminder for everyone that there will be no bridge in December — January 16th is the next date to keep in mind.

## never satisfied

A housewife was complaining to the repairman about her new washer and dryer that was supposed to be so wonderful that it did everything but scrub the kitchen floor.

The repairmen tossed a few socks and a shirt into the machine and turned on the switch. The machine proceeded to wash the clothing, dry it, fold the pieces neatly and flipped them across the room, where they landed tidily in the left hand dresser drawer.

"Well," concluded the repairman "It seems to be working fine." Then, waving his hand

in the direction of the neat stack of clothing, he asked, "What's wrong with that?"

"I'll tell what's wrong with that" shouted the unhappy housewife. "I always keep my husbands socks in the right hand drawer." \* \* \*

## Painting Group Formed

A painting group is being formed at Canadian Forces Base Winnipeg, headed by Mrs. (Lilli) LaFrance. This is open to ANYONE on the base who is interested in painting as a hobby and recreation. No art lessons will be given to begin with, however, later on as the group becomes more active, instructors may be brought in. Here is an excellent opportunity for beginners and experienced artists alike to get together, swap ideas and paint. A room in Building 23 on the base will be available to the group. (Building 23 is next to Studio 22). Meetings will be held every Wednesday at 7:00 p.m. starting November 22. For any further information please call Mrs. LaFrance at 889-2035 or Mrs. Haavisto at 888-8418.



Pretty Starr Nancy Deller, daughter of MWO and Mrs. K. M. Deller of 202 Ubique Crescent Winnipeg, is shown with the bouquet of red roses she was presented with at the Graduation Ceremony of the Centennial graduates of the Winnipeg General Hospital.

Starr, is a graduate of Kelvin High School, she received the Gold Cord as a Guide, was active in the Ranger program and served in the 18th Medical Company, Minto Armouries.

Graduation Ceremonies for the 100th graduating class of the General Hospital were held 6 Nov 72 in the Centennial Concert Hall. Miss Deller was presented with a \$100.00 bill by her grandmother, Mrs. Nancy Suffren who flew from the States especially for the occasion.

## St. Andrew's Chapel News

**C.W.L.**  
Southsite

A special carol service will be held in Bldg. 21 on December 17th at 1130 hrs, therefore the regular chapel service on that date will be cancelled. This carol service will involve our Training Command Band as well. See more news about this elsewhere in the Voxair.

On Christmas Eve, a special family carol service will be held in the Chapel at 7:30 p.m. Families of the South Site Protestant Chapel are cordially invited to attend this service as well.

Children in Grade V and older are invited to attend Sunday School each Sunday morning at 10:00 a.m. at the Chapel (North Site). A new group has just been formed, and it is looking for new members. Children in Grades IV and younger meet at the Chapel at 11:30 a.m. every Sunday.

A very stimulating talk on changes in our society was given by Father Bussy, Command Chaplain at the November meeting of the C.W.L. St. Georges Chapel. Special guests were Mrs. Bernadette Russell of the St. John Bereuf C.W.L. and some of her members.

The rummage sale originally scheduled for November 18 has been postponed to the 23rd of November. Donations are still greatly appreciated.

The ladies agreed to take on the rewarding job of providing a birthday party for the elderly once a month at Tuxedo Villa.

Plans are in the making for our second annual children's Xmas party. Everyone interested in helping, keep your ear to the ground and you will be hearing more about the party in a few weeks.

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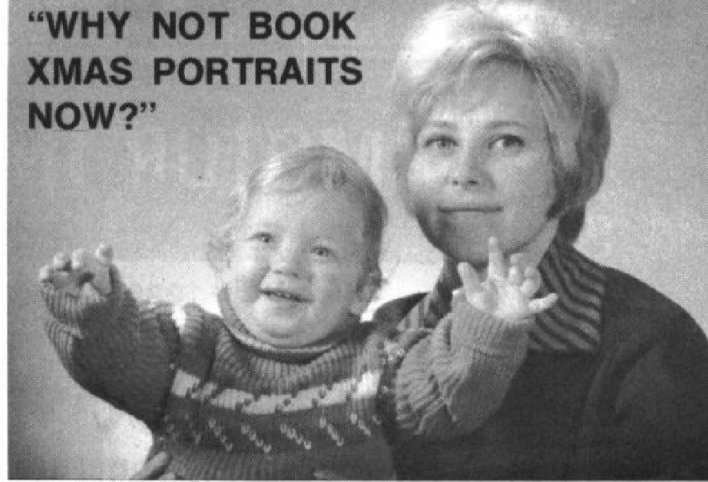
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# OPEN HOUSE COLUMN

## The Law

**CAPITAL PUNISHMENT:** The most obscene book ever published in this country has to be the Criminal Code of Canada. Why? Because it provides for capital punishment. Pornography pales in the presence of the iniquitous law which can command all Canadians to unconsciously commit a collective act of homicide.

Advocates of the death penalty claim that it is a deterrent. If this were true — there is no conclusive evidence to prove that it is — then why don't we really deter potential killers? Instead of threatening to hang them, why don't we tell them that they will be dispatched to cancer research centres; or, better still, to sinister laboratories where

nerve-gas experiments are so clandestinely conducted?

Or why don't we tell them that they will be condemned to spend the rest of their lives in chambers of torture?

Too barbaric? What do you think hanging is? An anaesthetic?

If you have any strong views on the subject — for or against — express them in a short essay which should be mailed to VOXAIR's editor before Wednesday, Nov. 29.

Dale Hibbard

## The Cinema

**THE NEW CENTURIONS:** Poison is funnelled into our lives by not only smokestacks, exhaust pipes, supermarkets, and sewers, but also by archetypical criminals who are, presumably,

all victims of genetic foul play, social sadism, spinelessness, confusion, or whatever it is that compels a person to search for nirvana in the swill of main street nuisance grounds rather than in the sweat of hum drum perseverance.

In the New Centurions, the impishly irreverent film that depicts policemen as human garbage disposal officers, crime is characterized as a pollutant and felons as the scum from which the toxin originates and thrives. But although mortal refuse is much more intriguing than a non-returnable bottle or the carcass of last Sunday's goose, it is much less disposed to being disposed of. And so with revolvers rather than shovels and nightsticks rather than rakes, the city's pistol-packing caretakers proceed to clean up the streets of Los Angeles, depositing the squawking litter into Black Marais rather than dustbins.

During the entire movie, most of the policemen behave like boy scouts on a scavenger hunt while the others attempt to convince us that boys with bowery backgrounds make the best and bravest cops.

Puerility prevails throughout the film and is especially asserted where sub-hero Kilvinsky — played with a remarkably straight face by George C. Scott — realizes for the first time that he has the gonads of an infant. Instead of sucking his thumb, he puts the barrel of a revolver into his mouth and playfully pulls the trigger. Although we are led to believe that his head has been blown off, we are satisfied that damage to his brains was not the cause of death because we know by this time that they were located elsewhere.

Intellectually, The New Centurions is as action-packed as a parent-teacher interview. Attempting to be profound, one of the rookie centurions remarks: "When I was a juvenile delinquent, they arrested me whenever I damaged person or property. Now that I'm a cop, they pay me for doing the same thing."

Prosaic, naive, and repetitiously absurd, the film rescues the audience from total embarrassment by occasionally offering brief exchanges of ribald repartee and periodic splashes of slapstick violence.

If there were a Policemen's Friend of the Year award, director Richard Fleischer and scenarist Stirling Silliphant would most likely not be contenders for the honour.

Dale Hibbard

Most letters to the Editor tend to be about this paper and articles we printed, or didn't print; it is hoped the introduction of this column will interest and/or provoke our readers sufficiently to entice them to submit their views on subjects covering a wider scope.

Editor

## Confligere by Bob Purvis

Having just returned from Ottawa via automobile, we thought it may be of interest to mention a few of the observations noted along the route, plus those of Ottawa newspapers and the media of radio.

We left Winnipeg on 18 Oct., '72 and travelled via Trans-Canada No. 17 to such places as Thunder Bay; North Bay; Peterborough; Picton; Kingston; Ottawa and Montreal. Now, if you know those places, it is quite obvious that we did stray off of Highway 17. At each of the aforementioned places we stayed with ex-service personnel and enjoyed every moment of it.

The one sad observation throughout the journey was the great number of transport and automobile accidents, most of which appeared to have been caused by driving too fast for unexpected conditions. The biggest surprise was finding Sault Ste. Marie under nine inches of snow, however, the roads had been plowed.

The return on the 11-13 Nov. was relatively snow-free, except from Nipigon to Winnipeg. One auto accident and one house on fire were observed on the return journey.

According to Ottawa news-

papers, military personnel stationed in the capital will now have to wear their uniform four days per week, vice one day per week. This appears to have aroused quite an interest of the general public as they hope to see for themselves just how many servicemen are stationed in the area and also have some idea of the rank structure. Rumbles via rumor around the capitol have it that the new NDHQ building will not be large enough to house all the civilian and military personnel currently spread out throughout the town.

It also appears that the two CFB's at Ottawa, namely Rockliffe and Uplands are to be amalgamated much the same as CFB Winnipeg and the new designation will be CFB Ottawa.

On return to place of employment we discovered that the Minister has launched a special safety campaign. From personal observation; perusal of newspapers and radio monitoring, it would appear that every living person desirous of an unhampered life (due to accidents) needs to be continually reminded of safety and should also take advantage of first aid courses whenever available.

# Voxair Variety

by John Lauder

As you can see from the advertisement elsewhere in this issue, STUDIO 22 is getting set to entertain you with their modern comedy *Norman, Is That You?* early next month. The show will run through the weekends of two consecutive weeks, on December 7, 8 and 9; and again on the 14, 15 and 16. If you like to laugh to offset the long chilly winter evenings, be sure to get out and see it.

Last week the WINNIPEG SYMPHONY ORCHESTRA presented an evening of Spanish music, with guitarist Alirio Diaz as the guest soloist. The whole thing was very lighthearted and gay, as apparently most Spanish music is based on melody and rhythm, and does not become pretentious or profound. Mr. Diaz is a master of the classical guitar, who made it all look easy and sound good. I enjoyed it all very much.

Not so pleased was another CFB critic, a friend in the pilot trade (yes, Virginia, there are pilots who are also culture vultures). He thinks that present day symphony programs are too bland, and that a local orchestra should be leading the way in experimental music, and much innovation. Maybe he is right, but seemingly neither the Winnipeg establishment nor Conductor Piero Gamba have this in mind when planning programs. Anybody got ideas on this matter?

The next Symphony Concert will feature **Roberta Peters**, soprano, and will be on December 2nd and 3rd. The concert on the Sunday has been delayed an hour to enable fans to take in that other Canadian cultural opportunity, the Grey Cup Game.

The ROYAL WINNIPEG BALLET is offering extra performances of its Christmas spectacular *Nutcracker* with added matinees on Thursday, Dec. 28 and Saturday, Dec. 30. Tickets will go on sale next Monday, and it would be wise to pick them up early. Ballet and Christmas are two closely related items, and there is no better way to entertain visiting relatives or young ones than by taking them to a ballet. By three days after the big day most people, even young people, are a bit tuckered out, and I find that viewing something like this classical show will provide the big lift to carry you on into New Year's. Prices range from \$3.00 to \$7.00, with 10% off for children.

Next Monday, November 27th, the MANITOBA THEATRE CENTRE will present its third offering of the season, *A Thurbur Carnival* by James Thurber. This is a review based on his stories and drawings, with music added, which opened on Broadway in 1960. Gentle humour was Thurber's trademark, so another enjoyable evening is in prospect.

The cast includes a number of big-name American and Canadian actors, including Tony Alward, Tandy Cronyn, Jay Garner, Christian Grant, Rita Howell, Dana Ivey, Budd Knapp, Marijane Maricle and Ben Yaffee. They will be directed by **Bill McGuire**, who is very well known from Hollywood to Winnipeg. He starred here in the MTC productions of *Cactus Flower*, *A Man's a Man*, and *What the Butler Saw*. Design is by Peter Wingate, musical direction by Victor Davies and lighting by Robert Reinhold.

The show will run to December 16th. As the last two MTC productions have had "sold-right-out" houses, particularly at the weekends, it is a good idea to obtain tickets early.

Footlight footnotes... also on November 27th is the World Adventure Tour Series "Russia" at the Centennial Centre... on Saturday the 25th the Winnipeg Opera Company presents "Opera in Miniature" at the Playhouse, tickets \$1.00 to \$3.00... in mid-December more opera when the Canadian Opera Company will give a one-night presentation of *Così Fan Tutte* (in English) at the Concert Hall... this one costs \$3.50 to \$10.00... more in line with football playoffs.



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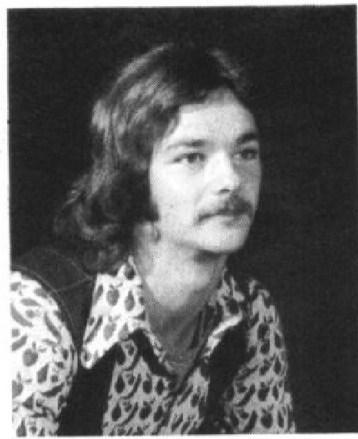
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# Studio 22 Presents

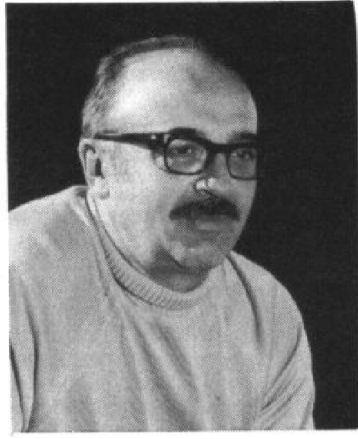


Beatrice  
Sally Freudenberg

"You have a very cute apt "Get her out of here, Dad."  
Norman very feminine."

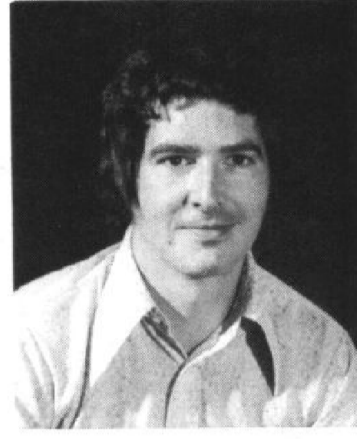


Norman  
Dave Roberts



Ben  
Ben Waldman

"That does it, you hussy!"



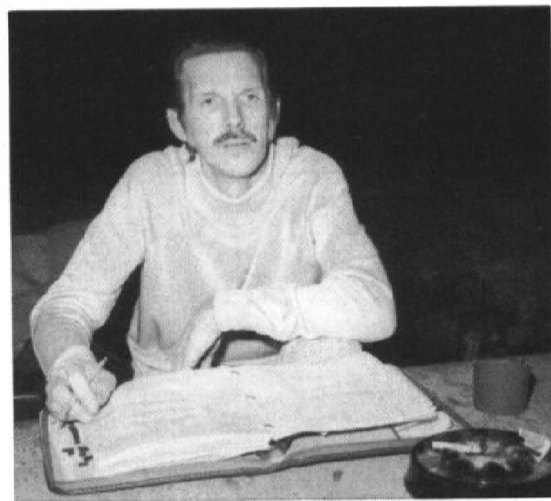
Carson  
Don Blanchette

"She's an animal. Just gorgeous."



Mary  
Laura Crampton

"I'll owe you one."



Stage Manager Rodger Fowlston studies the movies.

## Norman, Is That You?

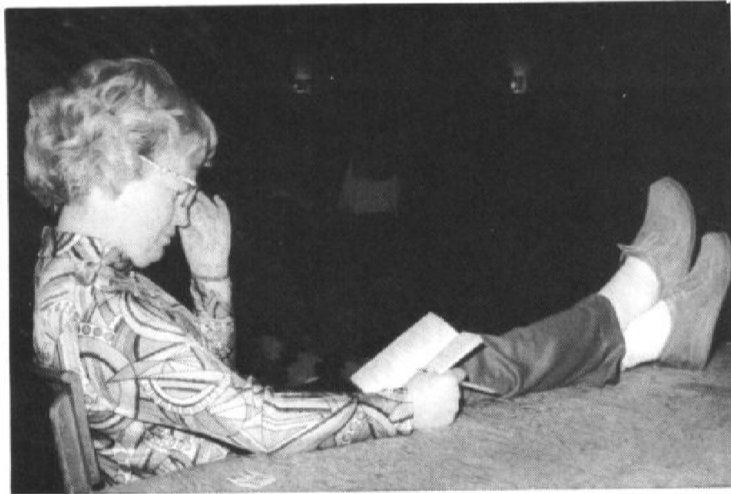
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### CLASSIFIED

Ads will be accepted free from service personnel or DND employees and their dependents.

Classified Display or ads of commercial nature (recurring revenue) will be 15c per agate line with a minimum charge of \$1.00.

Ads must be received by Voxair (local 554) one week prior to publication date.

#### LEGAL SERVICES

**MORTON H. NEMY**  
Barrister, Solicitor  
Notary Public  
200 Courts, St. James  
Shopping Centre  
2727 Portage Ave.  
Winnipeg 12, Man.  
Phone 832-1381 - 2  
Res. 837-2297

**J. C. BROWN, LL.B.**  
Barrister and Solicitor.  
1849 Portage Avenue  
Winnipeg, Manitoba  
Telephone 888-8890

### Fletcher, Baker, Zivot, Wolchock and Company

Barristers and Solicitors  
306 Childs Building  
957-1700

**CHAPMAN,  
CHAPMAN  
& CHAPMAN**  
Geo. Thomas  
Chapman, Q.C.  
Geo. E. Chapman,  
B.Sc., LL.B.  
Cecil A. Chapman,  
LL.B.  
1864 Portage Ave.  
888-7973

**ROBERT F.  
RUTLEDGE**  
Barrister &  
Solicitor  
205 - 2281 Portage  
Avenue,  
Winnipeg 12,  
Manitoba  
Ph. 888-3204

#### REPAIRS

**TIRED OF  
RIDICULOUS PRICES**  
in recovering furniture?  
Try me. Basement shop means lowest prices in town.  
Day 233-7217;  
Eve. 253-9365

#### FOR RENT

**JERO RENTALS**  
— Offer fully equipped Camper Trailers with no hidden charges. For further information phone John at 889-4710.

#### WANTED

**SALES REPRESENTATIVE WANTED**  
Due to our expansion program, we need real estate personnel. An excellent opportunity to earn while you learn. We offer a training program, attractive commissions, trade-in guarantee plan. Applicants with ambition have an opportunity to earn attractive salaries. We are members of the Winnipeg, Manitoba, Canadian Real Estate Associations. For confidential interview — please contact Mr. John A. Patrick, 837-1366 or write 2003 Portage Ave., R3J 0K3.

**USED PIANO — ANY condition, will pay a good price. Phone 453-7514 anytime.**

**GIRLS' FIGURE size 7. Phone 489-8620.**

#### HELP WANTED

**REAL ESTATE SALES-**men for expanded operation in St. James Assiniboia. Up to 70% commissions — excellent training programs. For interview call Mr. Meindl Hearth-N-Home Ltd. The Village Inn 487, Westwood Drive 888-1755.

#### LOST

**LADY'S HORN RIM-**med prescription sun glasses lost approximately FOB area or North End on the weekend of 21st Oct. A reward is offered for return. Phone Miss Shuper local 705.

#### FOR SALE

**USED ONCE! REM.** 870 ADL 12 GA pump shotgun in original carton. Features a 28" mod. barrel with vent rib. Chambered for 2 3/4" standard or magnum. Checkered walnut stock and fore arm. Included also is a "Redhead" sheepskin-lined case and "Hoppe" cleaning kit. \$170.00 cash. Never fired! Rem. 552 BDL semi-auto .22 cal rifle in original carton. Tubular magazine holds 20S, 17L or 15LR, and can be loaded in any combination. Checkered walnut stock and fore arm. "Big Game" type open sights. Grooved for scope. Carrying case and cleaning kit included. \$85.00 cash. Phone Cpl Ken Aucoin 889-5171 or Loc 448 for appt to view at 2331 Ness as seller is shift worker.

**12 FT ALUMINIUM** fishing boat and trailer, Remington Sportsman 58 12 gauge shotgun in new condition, 30-30 Winchester lever action sporting rifle, GE electric stove with self clean oven. Ph 889-1143 or local 484.

**GIRLS' WHITE FI-**gure Skates Sizes 12 and 4. \$5.00 pr. 837-1981.

**2 LARGE DOLL CAR-**riages, stroller, girls' brown tween slack-suit size 12, (new). Chrome high chair. Phone 832-3449.

**SANSUI AU222 AM-**plifier, 36 watts continuous, 6 inputs, tape monitor, DIN connector. 1 yr old. \$120.00. Phone 775-4298 after 5 or Betty at 985-3680.

**CAR SEAT IN GOOD** condition \$6, little girls' pink winter outfit like new. Size 2, \$10. Phone 832-1409.

**9x15 WOODS FAMILY** Master tent with canopy, 2 burner Coleman camp stove, catalytic heater, push lawn mower with grass catcher, girls' figure skates size 4, boys' skates size 7, Ben Weider Steel Cable Home Gym Set. Phone 489-8620.

**TWO 165x14 STUDD**ed radial ply Pirelli snow tires. Approximately 15,000 miles of use. Call Loc. 751 or 489-3856.

**N O R E S C O** Component stereo with dual turntable and stand. Excellent condition, two years old. Phone 888-5433 after 5 P.M.

**2 SNOW TIRES 650x15** with Ford rims. \$15.00 pair. Phone 889-2765 after 5 P.M.

**GIRLS' DANCING** shoes size 12, condition like new. Phone 453-2240.

#### FOR RENT

**ROOM AND BOARD** for gentleman in French speaking home — laundry and TV included — private entrance and bath — close to Westwin. Daily transportation available to and from FOB. Phone 837-6776.

## VOXAIR VIXEN



**WHAT COULD BE MORE COZY** than to settle down for the evening with a glass of wine and last month's issue of Voxair while the chilly winter winds of Manitoba blow past your door. Lovely Shirley Oko of Charm Modeling does the honours for the favoured spot as this week's Vixen.

Photo by Boguski

#### SERVICES

**THE ALLEY CATS** Dance Orchestra—for weddings, socials, wind-ups, etc. Phone 256-7379 or 1-444-3376.

#### FOR RENT

**SANTA CLAUS SUIT** by Protestant Ladies' Chapel Guild. Phone 888-6864.

If You Are Interested In:  
— **CAMERAS**  
— **ENLARGERS**  
— **DARKROOMS**  
— **PHOTOGRAPHS**

### THE CFB WINNIPEG PHOTO CLUB

Welcomes Beginners And Experts  
For Info Contact:  
Capt. C. E. Furlong  
Loc 598  
Home 889-1395  
Cpl. D. Pollen (282)  
889-2665

## BINGO Patricia Army Club.

Every Sunday 2000 hours.  
Jackpot starts at \$150.00.  
20 games.  
Everyone welcome.  
First game Sunday 29 Oct.

North Site  
Base Woodworking Hobby Shop  
Open  
Tues. and Thurs. Evenings 6-10 P.M.  
Sat. Afternoons 1-5 P.M.  
Table Saws, Jig Saw, Band Saw, Radial Arm Saw, Jointer, Lathe, and all hand tools available.  
Membership \$5.00 Per Year Or 50c Per Day.  
Rental space available for making or repairing boats, trailers, etc.  
For further information contact M/CPL Griffith at Local 550 or 888-5982 at hours of operation only. (Extension phone with Auto-Club)  
Ask to buzz the Hobby Shop.  
Location — Behind Auto Club, across from T127 Hangar. Turn right just before entering Sharp Blvd. gate.

### NOV. Program

Eves. Mon. thru Sat. 19:00 hrs.  
Sat. Mat. 13:00 - 15:00 hrs.  
Sun. Eve. 19:00 - 21:00 hrs.

**REGULAR ADMISSION:**  
Adults .60' — Children under 13 yrs. .25'

# Cinema Theatre

## CANADIAN FORCES BASE

Telephone 888-6290  
WINNIPEG

<p>Fri. 24</p> <p>"The Legend of NIGGER CHARLEY"</p>	<p>Sat. 25</p> <p>"CATTLE KING"</p>	<p>Sat. 25</p> <p>"The Legend of NIGGER CHARLEY"</p>	<p>Sun. 26 Mon. 27</p> <p>"PLAY IT AGAIN, SAM"</p>	<p>Tue. 28</p> <p>"CHARLY"</p>	<p>Wed. 29 Thu. 30</p> <p>"Pretty Maids all in a row"</p>
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SUBJECT TO UNAVOIDABLE CHANGE WITHOUT NOTIFICATION



SPECIAL

# SATURDAY, NOVEMBER 25th ONLY

## MEN'S AND YOUTHS' TROUSERS

Reg. \$9.24 to \$12.54, 2 pair ..... \$14.99  
 Reg. \$13.50 to \$16.97, 2 pair ..... \$24.99

## Cigarettes

All Brands

# \$4.97

Saturday only, 25 Nov., 1972

## Ladies' Assorted Pant Suits

Reg. \$11.77 only \$9.00

## Ladies' Baggie Pants

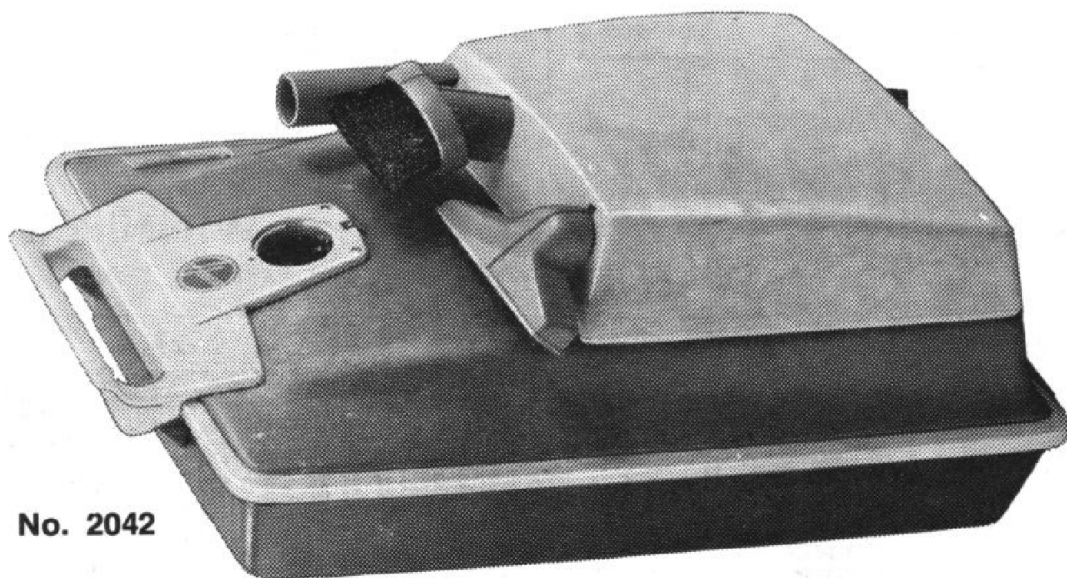
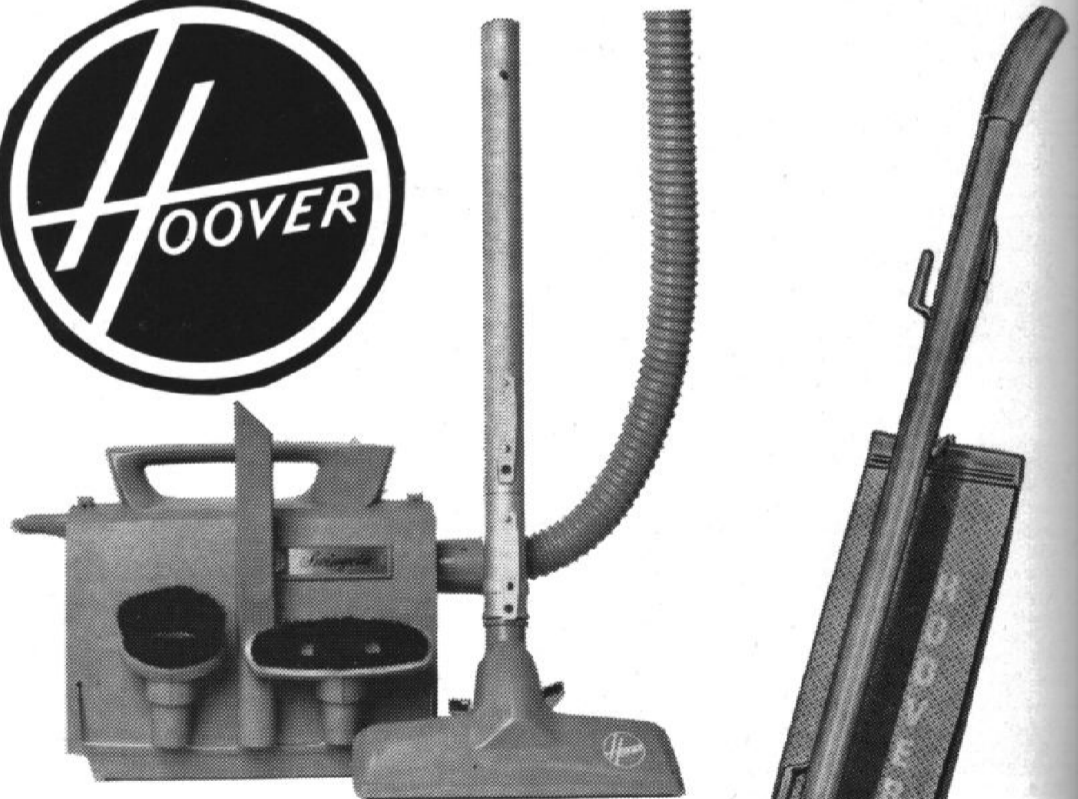
Reg. \$11.77 only \$9.00

### Saturday, November 25th from 2:00-4:00 p.m.

Hoover representative, Mr. Ted Gaul will be demonstrating Hoover products which are now being stocked in the Base Exchange.



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