

Smile!
You may be
next week's
Vixen

Postair

If you
don't do it,
it won't
get done.

GIVE THE UNITED WAY

September 13, 1972 CANADIAN FORCES BASE, WINNIPEG Vol. 21, No. 17

3 Awards for Bravery

OTTAWA (CFP) — Two serving members of the Canadian Armed Forces and a former officer are among 19 Canadians to be awarded citations for bravery recently announced by Government House.

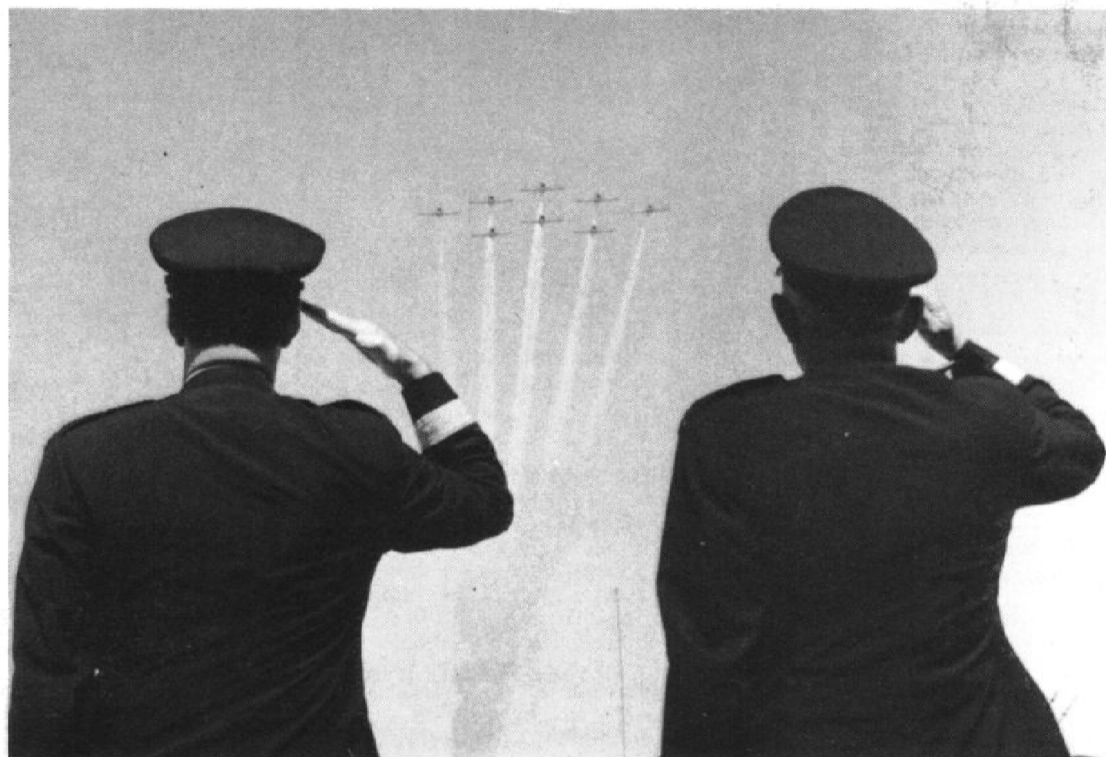
Warrant Officer R. L. Clark of the Officer Candidate School, CFB Chilliwack, B.C., earned the Star of Courage for an April 19, 1968, incident at the grenade range where he was an assistant instructor.

A recruit accidentally dropped a grenade in the throwing bay and Warrant Officer Clark, without hesitating, hurled the grenade out of the bay and shielded the recruit with his own body.

Awarded the Medal of Bravery is Sergeant J. D. D. Bouchard, a flight engineer with 436 Transport Squadron, CFB Trenton, Ont., for risking his life to control an aircraft fire which threatened the lives of other people at CFB Uplands, Ont., Dec. 12, 1967.

Major John A. S. Walker of 31 Evergreen Drive, Bells Corners, near Ottawa, is also a Medal of Bravery recipient. The retired army officer rescued Mr. William Lambton, Mrs. Paul Van Lierde and Miss Catherine Van Lierde who had been trapped inside the cabin of a capsized catamaran on Lake Deschenes in the Ottawa River June 30, 1968.

Commented Mrs. Van Lierde, "I can't think of anyone who deserves a bravery award more. I'm terribly pleased," she said. "Mr. Walker is a very brave man — a very extraordinary man. He thinks coolly in an emergency, and evaluates the situation, and has the courage to act."



THE SNOWBIRDS a formation aerobatic team from CFB Moose Jaw flying Tutor aircraft, are "on time" as Major-General W. A. Milroy (left), and Rear Admiral

R. S. Stephens take a General Salute at recent hand-over ceremonies at Canadian Forces Base Winnipeg.

Base Winnipeg Photo

Air Defence Exercise in Full Swing

WINNIPEG — Air defense forces of the 23rd and 24th regions of the North American Air Defense Command NORAD together with U.S. Air Force aircraft of the Strategic Air Command (SAC) took part in a joint training exercise overflying southern parts of Alberta, Saskatchewan, Manitoba, Ontario and north central United States, yesterday and today, September 12th and 13th.

The exercise, nicknamed Snow Time, was part of a continuing program to give NORAD and SAC units additional realistic training in air defense and strategic operations.

The aircraft simulating attack will be tracked by air defense radars and will be met by fighter interceptors scrambled on interception missions.

Nike Hercules surface-to-air missile units also took part in the exercise by simulating firings of their defensive weapons.

Exercise flights took place during the late evening and early morning hours to minimize possible interference with normal civil air traffic. Air traffic control officials in Canada and the United States were involved in the planning for this exercise to insure minimum interference with normal civil air traffic.

Message from the Base Commander

In my few short weeks as Base Commander, it has become clear to me that Canadian Forces Base Winnipeg is a well administered and smoothly functioning base. It is equally clear that this very good situation is due to the high levels of competence and dedication of all ranks and of the civilian personnel.

Support is provided to a large number of widely different integral and lodger units; the fact that these units are located at several sites presents particular administrative problems. Imaginative solutions

have been found in the past and I am confident that we can meet any challenge the future may bring.

I was particularly pleased to see that there is a wide choice of sports and recreational activities available to Base personnel and their dependents; these activities allow us to combine pleasure with our military obligation of maintaining a high level of physical fitness.

It has been a pleasure to meet many of you at your places of work, at social functions and on the sports fields and I am looking forward to

meeting many more in the coming weeks. I am also looking forward to a pleasant and fruitful association with all ranks of Canadian Forces Base Winnipeg in the coming years as we work together in the service of our country.



THIS ISN'T AS UNPLEASANT AS THE NEEDLE! CPL Jim McGinnis of 2 PPCLI undergoes his medical examination in order to be cleared for Cyprus. He will serve six months with the UN Forces, commencing next month.

Base Winnipeg Photo

Sharpshooting couple win world title

OTTAWA (CFP) — Warrant Officer Doug Burdett of CFB Rockcliffe retained his world military skeet-shooting championship at the World Skeet Championships held recently at Rochester, N.Y., scoring 249 of 250 possibles.

The sharpshooting airman, employed with the Rockcliffe service detachment, first won the title last year.

His wife Marg, also a warrant officer and working in the Rockcliffe accounts section, is not to be outdone either.

She captured the high overall ladies championship with 536 hits of a possible 550, and was runner-up in the ladies' 20-gauge championship shoot-off with 99 out of 100 hits.

Together they captured the high overall husband-and-wife championship with 1,078 hits out of 1,100 targets.

In the husband and wife 12-gauge shoot-off they took first place honours with 496 of a possible 500 hits, and in the combined team 20-gauge again were winners with 198 of a possible 200 hits.



NEWLY APPOINTED COMMANDING OFFICER OF 1 CONSTRUCTION ENGINEERING UNIT, LCOL D. M. Gray, 40, signs the handover certificate from the outgoing Commanding Officer, LCOL J. P. Cavanaugh, 50 (left) during the brief ceremony at the unit 5 Sep 72. LCOL Gray is a recent graduate of the Canadian Forces Staff College and former Commanding Officer of 3 Field Squadron Chilliwack, B.C. LCOL Cavanaugh is retiring from the Canadian Forces after 24 years service.

Jamaicans train in Canada

OTTAWA — More than 130 Jamaican servicemen are in Canada for 34 days of intensive training and some relaxed sightseeing.

The main body, consisting of an infantry company and a score of tradesmen, will conduct live weapon firing, sub-unit and on-job-training with 2 Combat Group, at CFB Petawawa, Ont.

Four sailors will go aboard the helicopter-destroyer Annapolis at Halifax for 16 days afloat.

An officer will take flying instructions on the single-engine Musketeer trainer at CFB Portage, Man., while two air aircraft there. The technicians will also spend 10 days at the de Havilland aircraft plant in Toronto.

A six-day sightseeing tour of Kingston, CFB Borden, Toronto, Niagara Falls and London will start for all the Jamaicans Sept. 2, before they begin training. A tour of Ottawa is also being considered for later.

In recent years Canadian Forces have conducted regular exercises in Jamaica. This is the second time the Jamaica Defence Force will be training in Canada, but the first time Jamaican sailors have participated.

The contingent is due to leave Canada Oct. 3.

MP NEWSBULLETIN

Ken Stephensen

How many times have you heard the expression; "Don't call us, We'll call you". Normally it's accepted as a polite form of rejection. However, it can sometimes be good advice, especially where a manner of procedures already exist, in a given situation . . . Now take on base parking tickets for instance. We have what I consider a simple, workable procedure for the issuing, processing and final disposition of traffic violations for parking contrary to BSOs and Government Property Traffic Regulations, both of which are applicable to service and civilian personnel when operating their privately owned motor vehicles (POMC) on base, or other persons operating them on behalf of the owner . . . We appreciate, and everyone else should, the fact that no existing government establishments have adequate parking facilities, except in theory, using a formula that must parallel that of manpower study teams . . . "The accepted theory is based on the supposition that all personnel have only one place of duty within the confines of the base, and should their presence be required elsewhere on the base, service transportation would be used!!! Time, being the most precious of all commodities, generals down to private, resort to using their own transportation sometime for official purpose and often for their own benefit. In any case, with some exaggeration, imagine the bedlam, if everyone decided to visit 16 hangar, or pay accounts about the same time. A mess meeting is example enough of what happens . . . The everyday MP, also falls into this category and therefore recognizes your problem, and where possible uses the utmost discretion in issuing a traffic violation . . . Before returning to my opening remarks, let me explain some elements involved in the issuing of a parking violation. You should first understand that every MP vehicle you observe about the base does not issue parking tickets. They have many primary duties to perform that outweigh the need for immediate traffic control . . . Specific traffic patrols are despatched as often as possible, and primarily concentrate on areas where congestion is most adversely affected, because of the timely increased need, i.e., 16 Hangar when passenger aircraft are scheduled. However, the greatest percentage of parking violations are based on individual complaints from those personnel who have allocated reserved spaces, and cannot use them because someone has taken their space. Unfortunately, too often, the victim usually takes someone else's space, while he is reporting his complaint, and then it mushrooms throughout the lot involved . . . This problem becomes extremely severe in winter and the victims more agitated . . . Then we have the casual offender, who knows he is committing a violation but is willing to take the risk, to save walking, usually less than a couple of hundred yards. You also have offenders who overstay the posted time limit, and sometimes I can sympathize with them, active areas require a fast time rotation for visitors, because the spaces are in high demand, however, not much can be accomplished in 15 minutes, especially a visit to AMU where waiting in line is necessary . . . So . . . finally, after taking everything into consideration, the MP issues a ticket; it may be a time zone where he himself has already given the offender extra time, or it may be as a result of a complaint, in either case, the MP has come to the conclusion that the ticket is warranted and he issues it, completing all the particulars known at the time. He also completes a portion of the ticket which states: "For further information please see" . . . "at" . . . In this space he writes MP "at" Bldg 95 . . . When the operator returns to his car he reaches one of either two conclusions "Oops, I've been caught", or "All MPs must be nuts not to know that he was performing an official duty" . . . Sure, he dropped a work order off at workshops, and it wasn't his fault he was invited for coffee, etc., after all the work order was official . . . But . . . he doesn't come and see us . . . no . . . he takes the ticket to his superior! . . . So our phone rings and some Capt or MWO wants to know why his Lt or Cpl, etc., received a parking violation, when he was performing an official duty, and not only that, but at his own expense, used his own PMC . . . This call of course raises questions in the mind of the answering MP such as: Why is the superior calling? I'm sure the bank manager downtown does not call the civil police when his teller gets a ticket . . . Why didn't the offender report to the guardhouse, if he feels he has mitigating circumstances, and explain them . . . If the MP considers his explanation is reasonable and valid, the matter can be straightened out . . . Sometimes we don't even get a phone call, just a note in the mail stating "Please cancel attached ticket Cpl Doe was performing a duty" . . . I wonder how that would go over downtown. Now in the latter instance, the Cpl should have made his explanation to us; we probably would have cautioned him and requested that next time he performs an official duty not to park in a fire lane and in such a manner so as to also obstruct a loading zone; particularly when adequate parking was less than 25 yards away . . . after all, even a service vehicle can't do that without authority . . . So what it really boils down to is; if the explanation presented by the offender in person, seems plausible on the surface, and we still require confirmation; "Don't call us, we'll call you".



Letters to the editor

I read with great interest Mr. Bob Purvis's article on the desirability of proper dress and uniformity in the military. As an infantryman, I heartily agree that the dress standards should be improved. However, it was a surprise to read an article in the Voxair which displayed such a lack of understanding of environments other than the air environment, and which was clearly ignorant of several basis facts.

First of all, in the land environment "esprit de corps" is a critical factor in maintaining high performance levels. We have learned as the results of many years' experience that this esprit de corps is most effectively developed through pride in one's unit. Even after integration, this concept has been recognized by the senior elements of CFHQ with the authorization of regiments to retain their regimental badges and collar dogs. It should also be noted that a commanding officer has the prerogative

implement any measure which will improve the esprit de corps and/or efficiency of his unit. When he does this, he is answerable to his superiors as to the result, not to local observers. Simple steps such as collar dogs and lanyards do much to improve the sense of identity of an arms unit, and in no way eliminated the uniformity of the new Canadian Forces' uniform.

While Mr. Purvis bemoans the irregularities of uniforms on base and appeals for greater neatness, he glosses over another argument for adequate unit identification on the uniform. As long as a man can be readily recognized as a member of a certain unit, his dress and deportment will be a constant indication of that unit's standards. Both the man himself and his superiors will work to maintain a high standard.

As the largest lodger unit at CFB Winnipeg, 2 PPCLI does not contribute to the problem of unclean shoes, poorly trimmed work shirts, and

shaggy haircuts. We have explicit diagrams for the positioning of collar dogs, unit citations, etc., and have frequent inspections to ensure standards are kept. As a result, uniformity and unit identification are both maintained.

Under the guise of searching for uniformity and neatness, Mr. Purvis has in fact been searching for pride on one's organization. We in the PPCLI have it.

We can only hope that Mr. Purvis now understands this and will reflect it in future articles.

Lucky tips

SERVICE MEMBER'S ESTATE — BENEFIT FROM SEVERANCE PAY

Here is a reminder that service personnel and/or their dependents should be aware of and take into consideration when planning to invest money or purchasing insurance for protection purposes.

When a member dies while serving in the Regular Force, severance pay shall, unless at the time of death he is on rehabilitation leave, be paid to his service estate.

Severance pay is calculated at seven (7) day's pay per completed year in the current period of uninterrupted full-time paid service in the Canadian Forces, at the rate of pay in effect on the member's effective date of release, with a maximum entitlement of 210 days or 30 years service. Fraction of a year's service remaining in the calculation shall not count.

TUITION FEES

Generally, a student may deduct tuition fees regardless of whether he paid them himself or some other person paid them for him. However, if his employer paid the fees, they may be deducted only if the amount paid by the employer has been included in the student's income.

Claims for such fees must be supported by attaching to the income tax return the approved form of receipt or certificate for income tax purposes which is issued by the education institution. (Counter or cash receipts are acceptable.)

Confligere by Bob Purvis

Push, pull and shove. Hie in haste and hurry. Rush, rush, rush. We even tend to push the seasons. Have you taken time to notice how each passing year seems to be shorter and shorter? We haven't yet experienced the beauties of autumn and already winter catalogues are being distributed. Ads are already appearing re the preparation of your car for winter driving; the purchasing of a new snowmobile; winter clothing, ad infinitum.

You no sooner experience the glorious ultra violet rays of ole Sol than you find yourself scorning Jack Frost, plus coughing, sneezing and sniffing. Hazy morns and early dawns. Before you realize it, a season appears to have departed before it arrived, leaving the poor ole human being in a state of frenzy, for he or she also don't know whether they are coming or going.

All these changes hit where it hurts most, physical and emotional health, plus the pocketbook. Of course one can live off of credit cards, but wholesome meals are much more satisfactory. How green is your pasture? We mean greenbacks! Money! The essential root of

all evil. How white is your skin? The palor or wanishness of nerve shock displayed on your face reveals a troubled mind; wondering how you are going to stretch the almighty dollar to fulfil all the forthcoming expenses and cope with the unpaid past.

With the grand combination of rush and worry, we end up with fear, and before too very long we are senior citizens ahead of our time. The children have grown into fine feathered mods, left home, or doing their utmost to drive their parents to the happy hunting ground so that they may take over, lock, stock and barrel.

We have men in uniform who have held the same rank for 15 or more years. These are excellent tradesmen and a credit to the service. They remain relatively silent and live in anticipation of promotion, and then we have WO's and above who haven't even qualified for their C.D. and are already trying to rush their promotions to the next higher rank.

Suppress the push, pull and shove. Subude to hie, haste and hurry. Quell the rush, rush, rush. Remember! The world wasn't made in one day.



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Mile-and-a-half or Golf

OTTAWA — What does running a mile-and-a-half in 13 minutes prove?

Well, if you're 30-39 years old, it means that your heart and lungs have the work capacity to sustain performance, recover rapidly and maintain an energy reserve.

In other words, you have the minimum physiological fitness for your age bracket to perform a day's work in the Canadian Armed Forces.

"The 1½ mile run is just the side rule we use for measuring the fitness level of our personnel twice a year," says Major W. E. (Hank) Tatarchuk, officer responsible for physical fitness programs at armed forces headquarters in Ottawa. "By no means", he added, "should it be considered the entire fitness program."

The stree is on something called aerobics. That's pronounced air-o-bix. Simply stated it's a year-round plan of varied physical activities designed to increase the work capacity of the heart and lungs. Any activity that develops and promotes the efficiency of the oxygen transport system of the body is an aerobics exercise.

Major Tatarchuk said recent publicity about the switch in emphasis in the Armed Forces from the older RCAF 5BX and 10BX programs to aerobics may have confused some people. The Armed Forces are stressing aerobics as means of achieving a minimum level of fitness for all personnel, following up with one of many complementary programs, including 5BX, for personnel employed in more physically demanding positions.

Some combat units, such as infantry, complement the basic program with more physically demanding activities such as obstacle courses, long route marches in full battle order, and hand-to-hand combat.

"Although the only forces-wide physical fitness test at present," says Major Tatarchuk, "is the 1½ mile run," officers and men undergoing basic training must meet minimum standards related to strength, endurance, agility and balance." Similarly, personnel at operational units are expected to meet specific tests related to their particular role.

The major says that an aerobics program could be followed by nearly every Canadian. "The main thing is that people have a medical check up first, start with one exercise until they have reached the minimum standard, and then continue with activities they enjoy three or four times a week."

The program is designed so that an individual can choose his or her favorite physical exercise, such as walking, running, swimming or cycling, and work with that exercise for up to 16 weeks. At the end of that time, most individuals will have reached the minimum fitness standard for their age and sex.

Afterwards, the program may be varied to include just about any vigorous sport. He cited basketball, tennis, squash, cross-

country skiing, volleyball and golf as excellent sports for a regular fitness program.

Two pocketbooks on aerobics, explaining the particulars and benefits of the program, are available to the public. Written by Dr. Kenneth H. Cooper, formerly of the U.S. Air Force, they're called "Aerobics", and "The New Aerobics."

In the program, various sports are assessed a certain number of points according to the time

devoted or distance covered. But jogging, according to the experts, seems to be the easiest way for most people to stay fit.

And if jogging 1½ miles in 13 minutes is not your cup of tea, you can get the same benefit — if you have the time — by playing 18 holes of golf 10 times a week.

"But", warns Major Tatarchuk, "don't use a motorized golf cart!"

The outside world

OTTAWA (CFP) — Statistics, statistics, and more statistics — about any topic under the sun — are published during the year by Statistics Canada.

Perhaps read with the greatest interest are those dealing with unemployment. Newspapers and public officials provide their comments, and we all wonder which direction the Canadian economy is going. Jobs, and the lack of them, are of vital concern to everyone.

A member of the armed forces, as he comes close to retirement, probably for the first time in his life becomes really interested. Sometimes there is a good deal of confusion as to the meaning of these statistics, with experts talking about participation rates, seasonal adjustments, and trends deduced by a tiny percentage drop in the monthly rate. No wonder some people are confused, and maybe even a little frightened.

But don't let statistics rattle you. Remember the old saw about a statistician being some guy who can draw a straight line from an unwarranted assumption to a foregone conclusion.

Let's try to put these statistics in perspective from the point of view of a serviceman approaching retirement. For example:

—Unemployment statistics reflect an average for either the entire country or large regions in Canada. Local trends can, and will, fluctuate widely; 5 per cent over-all for the province of Ontario but as high as 25 per cent in Cornwall, because of special circumstances.

—Broadly speaking, there are three elements in the work force which affect unemployment statistics. They are the young worker who is entering the work force for the first time, the well established worker, and finally the older worker. The worker past 24 who is well established is the last affected by an economic down-turn. Seasonal factors are important with the young, and the older worker has trouble finding suitable entry.

—Know your competition. The serviceman approaching retirement is not in competition with the young. He has skills and experience that are unique to the labour market. He is, however, an older worker, and in order to establish himself might have to swallow a bit of his pride to gain entry to a satisfactory civilian career. This problem has very little to do with unemployment statistics.

In summary, the serviceman approaching retirement should not worry that much about the unemployment statistics. They are, of course, a useful guide. In good times and bad, the secret of success is still careful preparation and hard work.

Servicemen approaching retirement are invited to participate in the Civilian Employment Assistance Programme as outlined in CFAO 56-20. See your Base Personnel Selection Officer or Base Personnel Education Officer for further details.

by Major WF Anderson

Legal Beagle



MAJ J-P PLOUFFE

Major Jean-Pierre (J-P) Plouffe is the latest incumbent in the Prairie Region legal office at CFB Winnipeg, having

recently arrived back in Canada from a tour of duty with the Canadian Forces in Lahr, Federal Republic of Germany. Major Plouffe calls Ottawa his home, having completed his BA and LLB at the University of Ottawa.

It seems the word gets around quickly as Maj. Plouffe was not in his chair for too long before a varied array of people seeking his advice were beating a path to his door. In order to allow him to get his feet wet in his new appointment and find his way around TCHQ and CFB Winnipeg, personnel are requested to telephone his office for an appointment prior to appearing.

Major, Madame and Mademoiselle Plouffe have taken up residence in St. James-Assiniboia.

That is the law

In a case in British Columbia recently, a man was charged with stealing a motor vehicle valued over \$50.00. The man through his lawyer appealed the conviction on the ground of drunkenness. The main factor brought out in the appeal was that "a person must intend natural consequences of his act." In other words, he must be capable of understanding what he was doing and what the consequences could be if he were caught.

In the original trial, it was

brought out that the man was considerably under the influence of alcohol at the time of the act. Now, in the appeal, it was a matter of determining whether he was sufficiently aware of what he was doing at the time he did it in order for his conviction to stand. The man's lawyer was successful in convincing the appeal court that the man did not have the capacity to understand his act because of being excessively inebriated.

In this case the appeal was allowed, the conviction quashed and a new trial ordered. THAT IS THE LAW.

CFB Winnipeg Booklet to be Published

The new CFB Winnipeg book — its clubs and organizations — is being put together. Is your organization mentioned, with up-to-date information on personnel, times and activities? Please call Mrs. Bette Mottle (489-4982), or mail a copy of the information on your club

to SFIC, P.O. Box 75, Westwin, Manitoba, R2R 0T0.

This book will be distributed to Base personnel and will tell new members about CFB Winnipeg and what is offered. Please contact us now — don't put it off or it may be too late.

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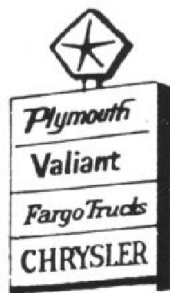
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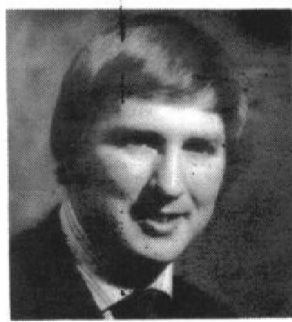
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South site

104th Scouts registration

The 104th Group Scouts of Canada will hold a general meeting in the lounge at Lipsett Hall at 2000 hrs. 18 September. All parents are invited to attend. The meeting is designed to elect a new committee, review the financial statement and plan activities for the coming year.

Registration for Beavers will commence on 18 Sept. and for Scouts and cubs during the week 25-29 Sept. The registration fee is \$5.00 and meetings will be in the Lipsett Hall lounge at the following times:

Beavers (age 5-7½) — Mondays 1630-1800 hrs., Scouts — Mondays 1930-2100 hrs., Cubs — Seonee Pack — Tuesdays 1800-1930, Cubs — Zulu Pack — Thursdays 1800-1930.

Enrolment is usually over-subscribed and priority will be given to: 1. Boys previously enrolled in the movement 2. DND dependants 3. Civilian dependants.

Boys with parents who are prepared to serve as leaders, executives or in the ladies' auxiliary are guaranteed enrolment.

Scouting for boys of all ages is a healthy happy experience which teaches self-dependence, woodcraft, first aid and the basics of decent civilized life.

Our continued operation depends on parental support. If

parents are interested in maintaining this facet of base community activities I suggest they attend the meeting and volunteer their services in some way or another, however small.

CFANS news corner

Now that the annual leave period (?) is over, the Observer Squadron is back at full staff. This section is pleased to announce the arrival of Capt. "Gerry" Deverell from VP407 Comox and W. O. (S) "George" Baptie from AETE Cold Lake. W. O. Baptie is presently attending S.I.T. at Borden. Welcome aboard gentlemen. But in the same vein, with arrivals, there are departures. Farewells are offered to Capt's "Bruce" Haavisto and "Barrie" Rody who are moving below one deck to undergo cross-training to Navigator. Observer Course 7204 is fast approaching their graduating date, 4 Oct. OBS 7205 is now in full stride with approximately one-third of their course under their belt. Keep up the good work mates.

Mutterings around the section:
Women's lib . . . Men's lib . . . paternity leave for maternity leave. That's all for now. Chimo.

Canadians to Judge air meet

BRUNSSUM, The Netherlands — A spirit of international co-operation will be demonstrated Sept. 17-29 when the 10th NATO air tactical weapons meet is held at Floreenes air base Belgium.

The meet is sponsored by Allied Forces Central Europe (AFCENT). Aircrews from five of the six national air forces represented in the AFCENT area will compete in the meet, which tests the level of proficiency attained in dual and attack roles by the air force defending NATO's central region.

Canadian air crews from Baden-Soellingen will be the airborne judges and will fly F-104 aircraft. This year's meet is hosted by the Belgian air force and will be conducted from Floreenes, in the Ardennes near Charleroi. Fighter aircrews participating in the competition will be supported by several hundred maintenance and operational staff. A formal opening ceremony will be held at Floreenes on Sept. 19.

Two AFCENT teams will be entered in the competition. The Second Allied Tactical Air Force (2 ATAF) will consist of Belgian, The Netherlands, German and British crews. The 4th Allied Tactical Air Force (4 ATAF), winners of the last competition, will have American and German crews on its team. The French Air Force will enter a team on a guest basis and will fly Mirage III aircraft.

AFCENT aircrews will be flying FGR-2, F-104Gs, Mirage V and F-4D aircraft. Air crews participating in the meet will use the Helchteren bombing range in northern Belgium, near Leopoldsburg. The overall winning team will be awarded the Broadhurst Trophy. The teams will also be competing for the attack and dual trophies.



SGT ALBERT E DAYMAN from BAMEO Aircraft Repair Section eliminated the problem of the heat muff cold air extension support assembly from continually breaking. For this fine effort he has received an award of \$237.12 from the Suggestion Award Program.

Susie SISIP



Susie the SISIP gal says she's been kept hopping lately answering questions about the Servicemen's Income Security Insurance Plan.

Here she talks about what benefits you and your family can expect in the event of your death or incurring a disability.

She explains that servicemen, under certain conditions, are eligible for benefits under three plans. They are the Canadian Forces Superannuation Act, the Pension Act, and the Canadian Pension Plan.

"Unfortunately", she adds, "in many cases these joint benefits may not provide an adequate monthly income to meet family needs. But here is where SISIP steps in to provide the balance needed, to ensure that your family gets an adequate monthly pay cheque to look after recurring monthly bills."

Susie says she has looked after many families in the last two years, and explains two of the cases. She calls them Corporal Joe and Warrant Officer Bill.

Cpl. Joe's case: — he was just 26 years old when he departed this earth; his wife was 31 at the time; Joe had five years' service; his monthly pay was \$538.00; Mrs. Joe's monthly benefits figured out as follows: Canadian Forces Superannuation Act — Nil per month; Canada Pension Plan — \$118.24 per

month. Total benefits BEFORE SISIP applied — \$118.24 per month. Total SISIP benefits — \$231.56 per month. Total benefits AFTER SISIP applied — \$349.80 per month. WO Bill's case: — When his number was called he was 49; — his wife was 43 (but wouldn't admit it); — he had 28 years pensionable service; — monthly pay at time of death was \$725.00; — Mrs. Bill's monthly benefits worked out to be: Canadian Forces Superannuation Act — \$219.56 per month. Canada Pension Plan — \$118.65 per month. Total benefits BEFORE SISIP applied — \$338.21 per month. Total SISIP benefits — \$100.71 per month. Total benefits AFTER SISIP applied — \$438.91 per month. "You can see for yourself," says Susie, "when they shake the SISIP tree the benefits fall where they are needed."

North site

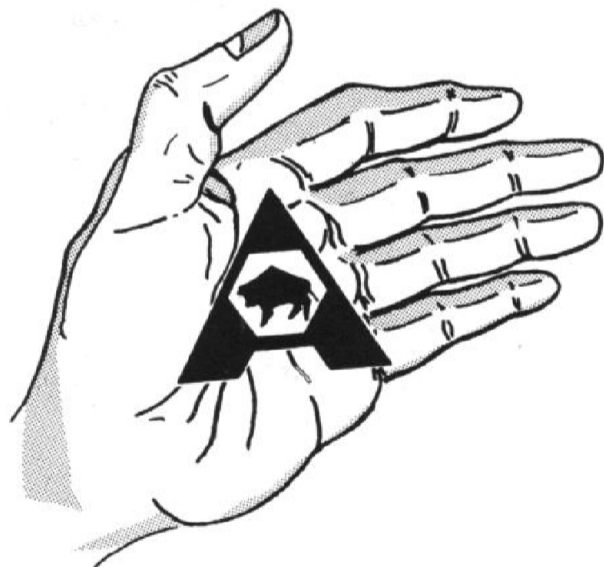
51st Scout registration

Scout and Cub registration for 51st Group (North Site) will be held 1400-1600 hrs — 16 and 17 Sept. in Bldg. 24.

The programme is also desperately short of assistant leaders to start our fall session.

We appeal to anyone who is interested in working with the boys to contact Bill Gaebel, local 668 or 899-1503.

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429 Sqn. Bison Brew



This will be a short article from 429 this time as our writer and fearless OPS 1 is on leave — resting up to leave OPS at the end of September, his six month sentence just about over.

Ernie Canivet and Dave McCracken have been helping out in base HQ as ULO.

Bill Colman and his companions have started work in Conversion again turning out new members for the squadron. Welcome Jim Humphrey, Ade Wright, Dave Briggs and Mel Joyce. Dave and Mel will be flying desks at TCHQ. Mel is with Flight Safety and Dave will be with staff officer — flying training.

The Squadron would like to extend its appreciation to Larry Berry and all those who helped make the family day such a big success. Next year let's hope the weather is as good and the turn out better.



416 reunion set for 73

CHATHAM, N.B. (CFP) — A reunion of former members of 416 Fighter Squadron is planned for late next spring at this New Brunswick fighter base.

The event will coincide with a presentation of squadron colors marking its 25th anniversary.

Formed in Scotland in November, 1941, the 'City of Oshawa' or 'Lynx' Squadron flew its Spitfires in combat over England,

the Channel and Northwest Europe. An impressive score of 115 aircraft and over a thousand vehicles, tanks and trains destroyed or damaged was chalked up by its pilots in 41 months of intensive action.

Disbanded in 1946, the squadron reformed in 1951 and for the next ten years flew Mustangs, Sabres and finally CF-100's in Canada and Europe.

In January 1962, 416 Squadron, now equipped with super-sonic CF-101B Voodoos, started all-weather fighter operations at CFB Chatham as part of Air Defence Command and NORAD.

The squadron returned to its base in mid-August after being deployed for part of the year at CFS Val d'Or, Que.

For further details on the reunion contact: LCOL J. L. Twambley, Commanding Officer, 416 AW(F) Squadron, CFB Chatham, Curtis Park, N.B.

Col. LaFrance Thanks Blood donors

I am very pleased to announce that another successful Red Cross Blood Donor clinic has been held at CFB Winnipeg. 275 pints of blood were collected at the August clinic and this compares favourably with the totals received at previous clinics.

I extend my sincere thanks to the Base personnel who made this priceless contribution to the clinic. I also wish to thank the Red Cross canvassers who so conscientiously canvassed their sections for donors and thus contributed to the excellent results achieved.

ANNOUNCING THE ENTERTAINMENT HIGHLIGHT OF 1972 DINNER-DANCE

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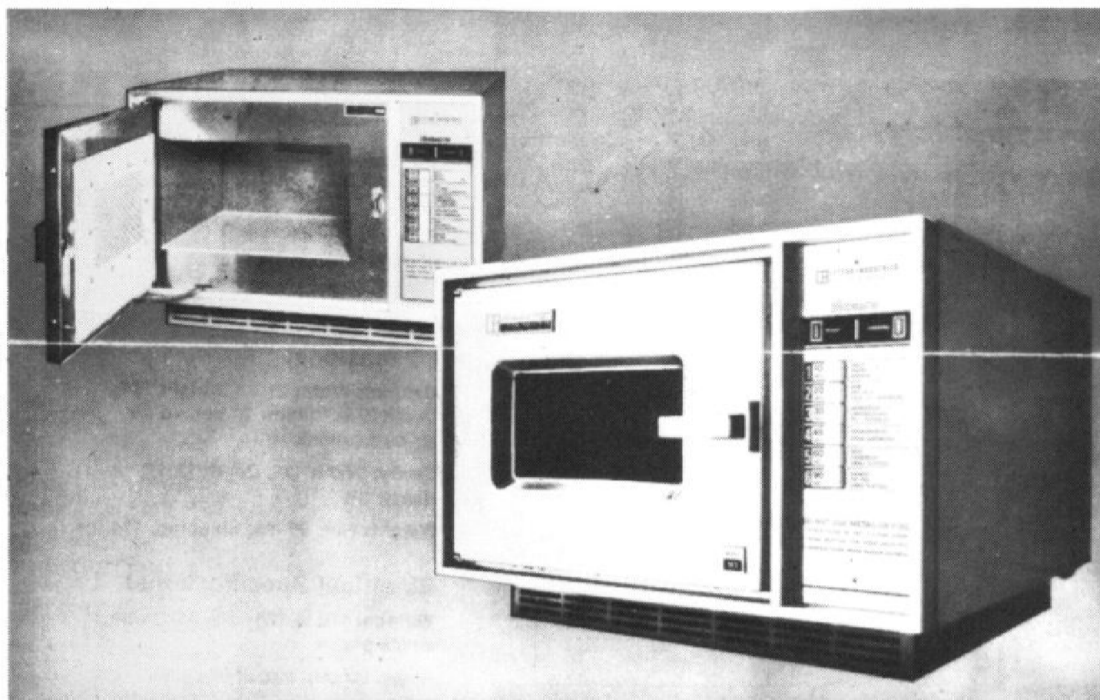
Tickets \$20.00 per couple

Available at 163 Mayfair Avenue
Telephone 474-1372

Cash or cheque with order please
(Cheques made out to "Wartime Pilots and Observers Association Dance")

WHY NOT MAKE UP A PARTY? If you purchase 5 tickets (one table) you
may reserve a table in the location of your choice.
Floor plan on view at 163 Mayfair Avenue — Monday — Friday 9 a.m. to 5 p.m.

WANTED



This "HOT" Stove

If some evening after a heated conference held on some major topic at beer call, you happen to be invited over to an acquaintance's rec room for a cool one and a hamburger, better take a look at what kind of an oven your host is using. If it happens to be the same as the one pictured above possibly your host should be thanking you for your contribution to his rec room or kitchen, because indirectly the money that paid for it is coming out of your pocket.

It seems that some enterprising chef borrowed it from the self-serve cafeteria in 16 hanger sometime between 1100 hrs 18 Aug and 0200 hrs 19 Aug. The oven is 21 inches wide and 15 inches high and weighs out at

98 lbs. (That pretty well rules out the suggestion that rodents made off with the thing, at least four legged type.)

Why did you help pay for it? Because the oven was paid for by the base non-public funds and with a price tag of \$1,245.00 it is reason for concern for each of us. That's a lot of sports equipment, or a good start to the improvements of the outdoor rink some have been crying about, or a good financial boost to any club on this base which depends on NPF for some of its revenue.

Anyone who has any information concerning the whereabouts of this oven or of our muscular chef is asked to contact the Military Police at local 791 or local 204. All replies will be kept confidential.

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Rec Centre Personalities



SGT "MIKE" MERCREDI

Mike joined the Armed Forces in 1951 in Edmonton and took his Depot training in Camp Petawawa and Lethbridge, Alta.

In 1957, he became a member of the Physical Training Staff of Canada and to add to his

experience he has been to places such as Camp Borden, Egypt, Germany, Chilliwack, Senneterre PQ and then back to Borden to complete his tour.

His main activity in the field of recreation is swimming where Mike has made steady progress and has shown excellent concern such as teaching mentally retarded, paraplegics and running courses for people from non-swimmers to instructors in B.C., Ont., and Quebec. Mike presently is Aquatics Director for CFB Winnipeg and is a member of the National Lifeguard Directorate of Manitoba, and also is a current instructor-examiner for the Red Cross and the RLSS.

Mike has other hobbies as well and is very interested in volleyball, cross-country, football, fastball and track and field. Mike says, "If you like swimming and want to further your standards, come out and join some of my courses this winter."



MVP AWAR — 733 Comm Sqn are champions of the Inter-sectional Fastball league for 1972 and Sgt Brian Davidson of their club was chosen the leagues most valuable player. Above he is shown receiving the award from the Base Commander, Colonel J. LaFrance. Canadian Forces Photo.

Base Aquatics Programme - 1972

The Fall Aquatics Programme will commence on Saturday 23 September 1972. Instruction will be carried out at Westwin and Lipsett Hall pools, using the Canadian Red Cross and Royal Life Saving Society standard and achievement awards.

REGISTRATION
Registration for all courses will be at the control offices of Lipsett and Westwin Rec Centres, from Mon, 18 Sep to Fri, 22 Sep between 0800 hrs and 1200 hrs. The cost of registration is \$2.50 payable at the time of registration.

COURSES — WESTWIN
Courses and times offered are as follows:

COURSE NO. 1 SAT 23 Sep to 16 Dec.

0900 - 1000 hrs, SENIOR (12), BEGINNER (12)
1000 - 1100 hrs, JUNIOR (24), INTERMEDIATE (12).
1100 - 1200 hrs, JUNIOR (12), BEGINNER (24).

COURSE NO. 2 MON & WED 25 Sep to 18 Dec.

1800 - 1900 hrs, JUNIOR (12), BEGINNER (24).
1900 - 2000 hrs, JUNIOR (12), BEGINNER (24).
2000 - 2100 hrs, SENIOR (12), INTERMEDIATE (12).

ROYAL LIFE SAVING SOCIETY COURSES — MON & WED 25 Sep - 18 Dec.
1630 - 1800 hrs, BRONZE, MEDALLION.

On the successful completion of all RLSS Courses an additional fee is charged by the Society to cover the cost of the examination and the awards.

COURSES — LIPSETT HALL
Courses and times offered at Lipsett Hall pool are as follows:

COURSE NO. 1 — SAT MORNING 23 Sep to 16 Dec.

0900 - 1000 hrs, SENIOR (12), BEGINNER (12).
1000 - 110 hrs, INTERMEDIATE (12), JUNIOR (24)
1100 - 1200 hrs, JUNIOR (12), BEGINNER (24).

COURSE NO. 2 MON AND WED EVENING 25 Sep - 18 Dec.

1800 - 2000 hrs, BEGINNERS (24), JUNIOR (12).
1900 - 2000 hrs, BEGINNERS (12), INTERMEDIATE (12).

COURSE NO. 3 — THU EVENING 28 Sep - 21 Dec.

2000 - 2100 hrs ADULT SWIM CLASS (24)

COURSE NO. 4 — MON 25 Sep.

2000 hrs - 2100 hrs RLSS COURSES — AWARD OF MERIT AND DISTINCTION AWARDS

In the event of insufficient registration on any one course, applicants may have to be moved to other course times.

Applications for refunds will be forwarded to the Aquatic Supervisor. Only applications with valid reasons will be considered.

Rec Hall Fall Schedules

FALL SCHEDULE — WESTWIN GYMNASIUM
The times and facilities shown will be subject to change as activities are organized. These times will be in effect 18 September 72.

WESTWIN GYM

MON - FRI
0800-1200 — Military Fitness Training
1200-1300 — Noon Hour Fitness
1300-1630 — Military Fitness Training

MON

1400-1500 — Ladies Fitness Classes (effective 2 Oct 72)
1800-2100 — Open Recreation

TUES

1800-2100 — Open Recreation

WED

1800-2000 — Open Recreation
1900-2300 — Sr. Badminton Club (effective 27 Sept 72)

THUR

1800-2100 — Open Recreation
1900-2100 — Ladies Fitness Classes (effective 28 Sep 72)

FRI

1800-2100 — Open Recreation

SAT

1300-1600 — Open Recreation

SUN

1300-1600 — Open Recreation
1800-2100 — Open Recreation
1800-2000 — Badminton Club (effective 1 Oct 72)

LIPSETT HALL GYM

MON - FRI

0800-1200 — Military Fitness Training
1200-1300 — Noon Hour Fitness
1300-1630 — Military Fitness Training

MON

1800-2100 — Open Recreation

TUES

1800-2100 — Open Recreation
1900-2200 — TOPS (gym office)

WED

1800-2100 — Open Recreation

THUR

1800-2100 — Open Recreation

FRI

1800-2100 — Open Recreation

LIPSETT HALL GYM SCHEDULE

SAT

1300-1600 — Open Recreation
1800-2100 — Open Recreation

NOTE: ON OPEN RECREATION PERIODS DEPENDENTS 12 YEARS OF AGE OR OLDER ARE AUTHORIZED TO USE GYMNASIUM. DEPENDENTS UNDER 12 MAY USE FACILITIES DURING THESE OPEN PERIODS ONLY IF ACCOMPANIED BY A PARENT.

SPORT EQUIPMENT WILL NOT BE SIGNED OUT TO DEPENDENTS UNLESS THEY ARE IN POSSESSION OF A DEPENDENT CARD THESE CARDS MAY BE PICKED UP AT BASE RECREATION CENTRES FROM 0800-1600 Mon - Fri AT NO COST.

BASE POOLS FALL SCHEDULE (Tentative) Effective 18 Sep 72.

WESTWIN AND LIPSETT HALL POOL SCHEDULE (Tentative)

MON - FRI

0800-1200 — Military Fitness Swimming
1200-1300 — Noon Hour Swim
1300-1630 — Military Fitness Swimming

FRI

1800-2000 — Open Swim

SAT

0900-1200 — Dependent Swim Classes (effective 23 Sep)
1300-1600 — Open Swim

SUN

1300-1600 — Open Swim
1800-2000 — Open Swim

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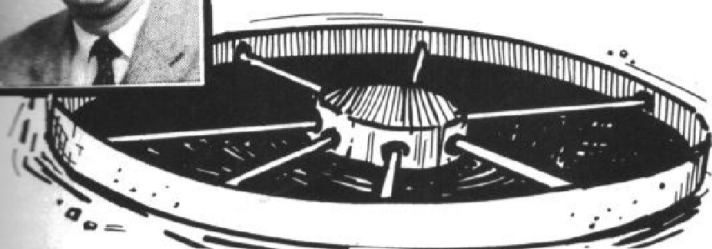
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S
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Spinning the Sports Wheel Kurling Korner

with John MacLeod



For years now I have been telling anyone who would listen be it members of the news media, sports personalities, professional hockey players and yes, even professional hockey scouts about the untapped talent that hides in a Canadian Forces uniform. Many have been scouted but in recent years only one, Pte Bob Burns has actually taken a leave of absence to give pro hockey a whirl and for some reason known only to Robert he chose to remain in the Forces.

Dependents of Canadian servicemen have fared much better in the world of professional athlete — Reggie Cleveland with the St. Louis Cardinals of the National Baseball League and in hockey, Gary Unger of St. Louis, Jim McKenny and Ron Ellis of Toronto and Murray Wilson of Montreal Canadiens and Nova Scotia Voyageurs, have succeeded. Locally Curt Ridley, late of Portage la Prairie of Teir II Juniors and with a year of professional hockey behind him in the CHL, could be the new back up man to Eddie Johnson of the Stanley Cup Champions, Boston Bruins now that Gerry Cheevres has bolted to the WHA.

The new professional hockey league namely the WHA has also looked to the Canadian Forces for its future stars. Last week when the Winnipeg Junior Jets opened their training camp at the local arena one of the young hopefuls invited to try out was sixteen year old Robin Little, son of Cpl and Mrs. Warren Little of CFB Winnipeg. Robin, a goalie probably will be assigned to Teir 2 but remember the name because I am sure you will be hearing it a lot in the months and years to come, and his younger brother, Ken age 13, is also a goalie and considered

an excellent prospect for the future.

Russia vs Team Canada

As this is being written the Russian/Canada hockey series has come and gone from Winnipeg. The score is Russia 1, Canada 1 and one even. It is only hoped that after the final whistle of the Vancouver game the score has Canada ahead. Should Russia return home leading the series or with the Canadian section tied, then we are in trouble. Team Canada proved in the second game in Toronto that when the game is played their way no one in the world can beat them. However in Russia the Referees will be from West Germany and although will no doubt be excellent officials they will not allow the free-wheeling Canadian to run at the Russian and our players will find themselves in the penalty box. The Russians tried to intimidate the American referees and all it got them was a bench minor. In Russia and Europe generally the great red machine is noted for having its way with game officials and it must be remembered that they are great actors in European hockey when hit getting not only the Academy award but the opposing team a penalty.

Following last Wednesday's game here Team Canada's coach Harry Sinden told a news conference that the Russians are a great team and could be said to be compared with any team presently playing in the NHL. When asked how he thought the remainder of the games would go he replied that Team Canada would take each game as it comes and hope for the best. As Harry Sinden put it — "Gentlemen, we have got a tiger by the tail" — You want to believe it, Harry, you want to believe it!!

Although a great team the Russian's have been held in two games at least and probably three by outstanding goal tending of twenty year old Vladislav Tretiak. Tretiak has only been in International hockey for four years and when we last saw him as a young seventeen year old in the 1968 Winter Olympics at Grenoble, we never thought he would in this short time become as good as he is. At the moment there probably isn't a goalie in professional hockey as good as he is. His left catching hand is out of this world. Just ask Paul Henderson what he thinks after being robbed of a sure goal late in the third period of last Wednesday's game. If Tretiak has a weakness it would appear to be high on his stick side. Not often though,

and when he is scored upon you can be sure that the team scoring the goal has worked hard for it. In the pre-game warm-up this young Russian goalie works as hard as most of our goalies do in a normal practice. As one observer put it by the time the game has started he has already played ten minutes of the first period!

Regardless of the outcome, all of North America and the rest of the World has witnessed hockey at its best and as Coach Sinden remarked following the third game there are aspects of Russian coaching methods we can use that will make this Canadian winter spot more exciting and let's face it any improvement is better than none at all . . . **Stray Spokes . . .** The Westwin Figure Skating Club will hold registration of Saturday 16 Sep 72 at the North Site Recreation Centre from 1000-1200 hrs and 1300 to 1500 hrs. The adult and pre-school will be registered at the St. James Civic Center on 23 Sep 72 from 0900 to 1200 hrs. For further information contact Mrs. Pat Chester at 832-6638 or Mrs. Phyllis Weir at 888-8818 . . . The Lipsett Hall Thursday Night Mixed Bowling League will meet at the hall on 14 Sep 72 at 1900 hrs. Bowlers are urgently needed. Anyone wishing to bowl regularly or as a spare is asked to attend or to contact the league president Ernie Melanson at 489-8089 or statistician Gail Tremblay at 889-4003 for further information. Three games will be bowled on 14 Sep to establish averages and handicaps . . . 30

Intersectional Hockey

A meeting for the coming year for Inter-Section Hockey will be held on 13 Sept at 1500 hrs in the Westwin Bowling Alleys.

Team representatives along with any other interested personnel are welcome to attend.

Base Runners Take Three

The Manitoba Road Runners Association held their annual 26 Mile Road Run in St. Vital Park and three Forces personnel showed their fine ability in placing first, third and fourth.

1st Capt Ken Parker, 3 hrs 11 min.

3rd Sgt Sid Carter, 3 hrs 35 min

4th M/Cpl Larry Logan, 3 hrs 45 min.

The three runners made an excellent showing on behalf of the Armed Forces here in Winnipeg.

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BITS AND PIECES

Guide News

by Joyce MacDonald

Holidays are over, and the kids are back to school. Too often parents are so glad to get the children out of their hair that they don't pay attention to the kind of school that the child is attending. Did you ever stop to wonder if your child's school is doing a good job? Why not take a trip to the school and see if the school has a program that responds to each child's individual need.

You'll get your first inkling as to how good the school is in the schoolyard as the children arrive. Do they enter the building freely, or must they line up like soldiers waiting for drill orders? If we see youngsters locked out in an icy wind, we'll know how insensitive this school is.

Notice next the hallways. Bare walls suggest a barren school. Good schools burst with paintings, posters and murals because the people who run them know that children are creative. Art, is essential to a good elementary school.

A visit to the principal's office is especially important, for the principal is the key to your school. If he is all wrapped up in lunch schedules and absence notes the school may be efficient, but not much more. But if he views himself as an educator — a teacher of teachers and children — chances are he runs a good school.

A successful school does not strive only for paper and pencil achievement but art, music, and physical education as well.

As you spend more time in your child's school, you will get to know the principal and teachers better, which frees you to question more things. Don't

just send the children out the door in the morning and forget about them. Take an interest in what they are doing. Care about the school that your child attends.

Perhaps someone can tell me why, when the schools are sending home the lists of supplies that the child requires, that certain brand names are a must. What difference can it possibly make what kind of a scribbler the child writes in as long as the lines are the same width, or what kind of glue they paste with?

See you with more news in a couple of weeks, in the meantime remember "No one can make you feel inferior — without your consent."

HELP IS URGENTLY NEEDED for parents committee members, and guiders in ALL of Tuxedo District which includes CFB Winnipeg Southside, Laidlaw School, Tuxedo School, Tuxedo Recreation Center and the new Housing area. There has been no response with telephone calls asking for help. It is therefore necessary to hold a brief meeting, with parents and guiders 7:00 to 7:30 p.m. with registration following for all groups: For more information please phone Mrs. Kameen 489-6123; Mrs. Nordstar and 489-2917 (eve); Mrs. Semeniuk 489-6973; and Mrs. Kurtz 888-0692. Without sufficient registered Guiders some groups may not open.

44th Winnipeg Guide Co had a very successful long weekend, camping at Birds Hill. Many outdoor badges were completed under the leadership of Capt. Wharton, Lt. Pidskalny and District Guider, Mrs. Barbeau.

A June barbecue wound up the year and now we're looking forward to an interesting 1972-73 season in Guiding starting September 20th at Lipsett Hall for registration.

58th Winnipeg Guide Co. camped at Birds Hill in June under the leadership of Capt. Audrey Moseley, and Lt. Walters. District Commissioner Deller visited both camps and was very pleased with the achievements attained and thanked the parents who had provided transportation and the Parents' Committee (District Council) who purchased camping equipment. One interesting thing about the camp was a wild animal chewed through the cover of the larder that hung in the tree. However, weather was beautiful and girls had fun.

Officers' Wives Club Coffee Party

The Officers Wives' Club of CFB Winnipeg will host an informal Coffee Party on Saturday, September 23rd from 11:00 a.m.-1:00 p.m. in the main lounge of the Officers' Mess.

All Officers' wives are cordially invited and a special welcome is extended to all newcomers. So come on out, meet the girls, and enjoy the refreshments.

Membership will be \$2.00 for the coming year and will be available at the door.

CFB Winnipeg Ladies Curling Club

A general meeting of the Ladies' Curling Club will be held at Westwin Curling Club on Monday, September 25 at 8:00 P.M. All ladies interested please be sure to attend.

COMMUNITY COMMUNIQUE

Service Family Information Centre

The SFIC held their first meeting of the 72/73 season on Aug. 28 at the home of their President, Mrs. Judith MacLeod.

After a brief resume of their summer activities, their two fall projects were discussed. These ventures are the publishing of an information book on CFB Winnipeg and the helping of the 2 PPCLI wives wherever possible. Both activities are expected to entail a lot of time, and along with their normal visits to in-coming families the members expect to be kept exceedingly busy.

Mrs. Kathy York (774-8668) is now our Babysitter Co-ordinator. If you wish to register for either day-time or evening babysitting, please call Kathy. Or if you require a babysitter try her and see if she has someone on her list. We particularly need names of babysitters from the South Site.

A plea for new members is being continued. We welcome Judy Hoover, Joan Farnham and Bonnie Vass to our midst, but due to postings we continue to lose members as quickly as we gain them. If you can offer your assistance in any way, please don't hesitate to call Judith MacLeod at 888-6588 or 832-1311 (391) OR Bette Mottle at 489-4982. All new members will be greeted with open arms.

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Children are a gift of God, sent down from up above,
Fruits of our labour, stars in our crown, to fill our homes with love.
But we were not warned of roller skates, left upon the stair;
Nor of thumb-tack set, so nice and straight, point up, upon the chair;
We were not warned of allowances, our money we must share,
Nor that the same allowances buy the gum you find in her hair.
There's the chemistry set, to improve his learning,
But the smell is awful, is something burning?
The shoes, by the pairs, when purchased that is,
He can only find one, when the sun is "riz."
The visits to teachers were not mentioned before,
You're sure, by next year, they'll be students no more.

There should be a hand-book for each parent to read;
Children, it is noted, are not guaranteed.
First, it is not guaranteed you'll have any;
Then, once you've started, you don't know how many.
No choice of whether a boy or a girl;
Hair? none at all? or with a curl?
Eyes: blue, brown, grey, hazel or green?
And the funniest little ears that you've ever seen.
There is no guarantee of their shape or their form,
But you're expected to guide them from cradle to dorm;
To fill this position, you need no degree,
No training, no courses and no Ph.D.
You need a few dollars (or shillings and pence)
But, what you need more, is good common sense.

- YW Neighbours - A program for housewives

Are you a "Stay-at-home" because of pre-school children? If so, the YW neighbourhood program is especially for you! Become a part of a small neighbourhood discussion group meeting once a week in a neighbourhood home. Coffee and stimulating topics chosen by members, headline the morning activity. Of course, extras like leadership training, guest speakers, films, tours, newsletters and "In Building" programs at the YWCA give that added plus. Your pre-schoolers meet in another home and are actively involved in a nursery program under capable supervision. Groups presently meet

in Fort Garry, St. James, St. Vital, Windsor Park, East Kildonan, River Heights, Willow Park and Transcona. For further information call Audrey McLennan, at 284-3084.

Baby Care

Consumers' Association of Canada warns mothers to use as little baby cosmetics as possible. Powders may cake in the folds of the skin and talc-based powders are dangerous if breathed in by the baby. Corn starch is an excellent substitute.

Ladies' keep fit classes

Classes for ladies will commence on Thu 28 Sep 72. These classes will be from 1900 - 2100 hrs. The fee for 12 weeks will be \$2.00 per person. Classes will consist of exercise programmes, swim and sauna, and various sport activities. All ladies are welcome. For more information contact Cpl Irma Piper at local 511. Afternoon classes will be run on Mon 1400 - 1500 hrs starting 25 Sep 72.

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And then forgot to tell us why.

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Voxair Variety

by John Lander

Are you fond of bargains? Do you like discounts? Or do you feel that perks have become a lost item to military personnel. Rest assured that the MANITOBA THEATRE CENTRE is thinking of your needs. In the past they have offered discounts to such people as students, senior citizens and sundry other groups, but now they are offering a ten percent off deal to DND personnel.

As season tickets entitle you to seven shows for the price of six, an additional 10% off makes it very worthwhile. Call 947-5777 for full details.

The 1972-73 playbill promises to provide some very excellent theatre. Eddie Gilbert, MTC Artistic Director, recently stated that all the plays chosen are good writing and there is no way anyone can argue with this statement. The authors range from the Bard himself through Ibsen to the late great James Thurber, and include such modern-day dramatists as Tom Stoppard, Antony Shaffer, and Tennessee Williams.

The season will open with what is probably Tennessee Williams' best and best known play *A Streetcar Named Desire*, which was written in 1947 but is ageless. It will run from October 2nd to October 21st.

Next, beginning of October 30th, will be *Sleuth*, starring Douglas Rain, who is one of Canada's most successful and finest actors. This exciting mystery will be directed by David Giles, the well known English director, best known in Canada for the television series *The Forsythe Saga*. This MTC production will move on to Ottawa and Montreal following its run here.

Through the winter *A Thurber Carnival*, *Hedda Gabler* and *Guys and Dolls* will be offered, and next spring as a final topper, the MTC is offering a repertoire deal that could be quite fabulous. They will present, on alternate nights, *Hamlet*, and then the flip side of *Hamlet*, *Rosencrantz and Guildenstern are Dead*, using the same casts in both productions. This is the first time this has been done here, and it should be a fitting end to a fine season.

Be Prepared is more than a scouting motto; *Be Prepared* is the title of a children's theatre production. Written and directed by Victor Sutton, with music by Lloyd Widenaire, the play will be staged in October by ACTORS' SHOWCASE.

Mr. Sutton, an actor by profession, who has just finished appearing at Theatre New Brunswick's production of *Lion in Winter*, and is now in Winnipeg to start casting for *Be Prepared*. He is looking for children between the ages of nine to fifteen.

As the title suggests, *Be Prepared* is the story of a group of scouts. The plot is one with which children can easily identify. A troop of Guides, Brownies, Boy Scouts and Cubs go off on an overnight hike. Naturally they become lost, but the day is saved by one keen cub who finds the right trail, finds the girls' camp and leads the girls back to the boys.

Mr. Sutton describes the production as a Junior Musical as opposed to a Children's play. The script was composed in 1964 by Mr. Sutton while he was a teacher in Saskatoon, Saskatchewan. The purpose of this play is to teach. By working with material which is more realistic, the child is provided with an experience in drama, music and improvisation, all at a level he can identify. The material is designed for use in schools at the grade four to eight level.

Anyone interested in auditioning for *Be Prepared* and taking workshops conducted by Mr. Sutton, should write to: Workshop Director, Actors' Showcase, 622-416 Main Street, Winnipeg, Manitoba R3B 1A9, Ph: 943-2689, 943-1275.

Upcoming events in the Manitoba Centennial Centre this month include the *Up With People* concerts, September 15th to 17th, the rock group *Lighthouse* on the 18th, and a family fashion show of Canadian garments to be held on the 20th. On the 24th and 25th the World Adventure Tour Series presents *Scandinavian Medley*, and the one and only *Harry Belafonte* will give concerts for the week of September 26th to October 1st.

CONTEMPORARY DANCERS will offer their first show of the season on September 29th and 30th, in the Playhouse Theatre, and it will include three new numbers. These are *I Never Saw Another Butterfly*, by Dick Gain, *Country Music* by Sophie Maslow; and a yet to be named new creation by James Waring.

Besides the exciting new productions, the Company will once again carry out an extensive touring program. Beginning on October 15th, the troupe will tour 45 centres in Quebec, the Maritimes, Ontario, Manitoba and Saskatchewan. The tour will last nine weeks and will cover a route extending approximately 10,000 miles.

In February, following the annual mid-winter home shows in January, the dancers will again be on the road, this time for a tour of the eastern U.S. and several Canadian cities that cannot be included in their fall schedule. The troupe's touring itinerary concludes with an appearance at the National Arts Centre in Ottawa on March 6th.

This is a very hectic time at Fort Osborne Barracks. We now have less than a month to go before 2 PPCLI rotates to Cyprus for a six month tour with UNFICYP. As a matter of fact, the advance party will be flying out on the 18th and 22nd of September, while the main body begins flying out on the 4th of October.

On September 5th, everyone came back from leave or duty in many locations across Canada and started the last-minute preparations. The battalion organization has been completely revamped for Cyprus. A and B Coys have disappeared from the roll, and Arty Coy and Suburbia Coy have appeared in their place. C Coy will remain in Canada as the rear party adm group, and D Coy will remain the one operational Coy in Canada.

Right now, we are all feeling a bit sore in two areas — our arms and our legs. The arms are sore from needles — three or four at a time, with the promise of a return bout one week later. After having been drilled by the needle gun, many of us thought we'd rather have the disease than a repeat of that ugly monster.

Our legs are feeling the effects of our PT tests. LCOL Jim Allan has decreed that everyone going to Cyprus must run two miles in full fighting order in eighteen minutes or less. A lot of "slightly plump" people are now regretting the good food and relaxation of the summer holidays, but we'll all be ready and raring to go at departure time.

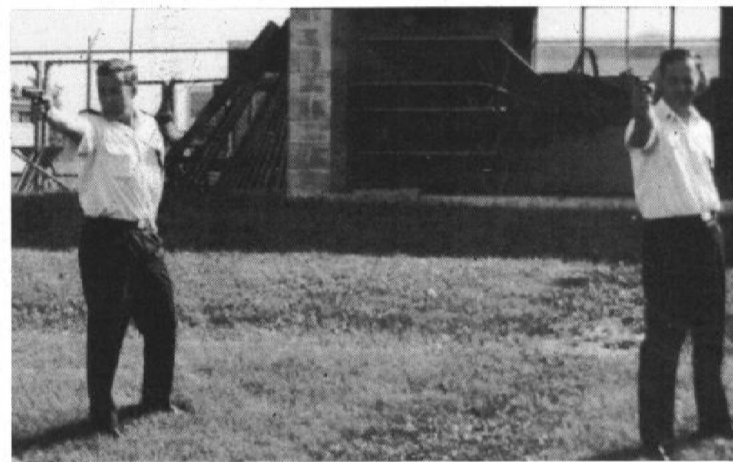
At the same time many of us have become movie stars. The CBC has been filming our Cyprus preparations for segments of several "24 Hours" programmes during the next month. At present, the actual air time is unknown.

We would like to welcome a group of base personnel who are working with us in preparation for Cyprus. Three men from the pay office are now at Fort Osborne Barracks, getting our pay documents ready for Cyprus (most important that). Lt. Dave Morreau, SGT Lloyd Hayes, and Pte Jean Goyette are looking forward to settling down in Nicosia and changing all those dollars into pounds.

Last, but not least, we want to congratulate several people in the unit on their recent promotions. Bill Colbourne and George Woodard have been promoted to MWO, and Bruce Spence, Garry Lynch, Bill McKenzie and Ron Sheppard have been promoted to WO. New SGTS during the summer months were Dave Johnson, Jim Ellis, Larry Rankin, and Clint Kennedy. Congratulations and best of luck to you all.



THERE MUST BE AN EASIER WAY TO GET TO CYPRUS! SGT Bob Stevens takes No. 6 Platoon on its two mile run before being cleared for Cyprus duty. The run must be completed in less than eighteen minutes, wearing full fighting order. CPL Don Egan and CPL Charlie Newman-Jones are leading the pack.




LCOL JIM ALLAN AND CWO JIM HEYMAN of 2PPCLI fire in the annual "Cock of the Walk" competition. Each year the commanding officers and RSMs of all infantry battalions fire a pistol shoot for the Cock of the Walk Trophy. Highest total unit score wins the trophy. Nation-wide results have not yet been announced, but in Winnipeg, Mr. Heyman out-shot LCOL Allan 94 to 86.



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FOR SALE: HOOVER washing spin dryer, like new. WO Norman loc. 297 or 489-8418.

VOXAIR VIXEN



WITH PHONE IN HAND PTE. JEANINE VALCOURT seems rather surprised at the speed in which our Voxair photographer (Flash) appeared on the scene after she had just agreed to pose for this week's Vixen. Jeanine is on contact training in the Base Records Office. She is off to CFB Borden next month to complete her training, but hopes to return to Winnipeg in the near future. Photo by Boguski

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