

lgs

continued. Among the commercial names for barbiturates are: Seconal or "seconals"; Nembutal or "nembutals"; Amutal or "amutals"; Luminal or "luminals"; Tuinal or "rainbow"; "double trouble".

Barbiturate Overdose: In Canada die result of an overdose of barbiturates (usually suicide) by any other single substance. **Intoxication:** sedative tranquilizer intoxication is in its symptoms to a toxication. Driving while intoxicated can be extremely dangerous, and is thought to cause at least 2,500 fatalities a year.

Tranquilizers: drugs that calm tension and anxiety. These drugs do not cause addiction except in high doses. Tranquilizers are taken in capsule or tablet form. Some common commercial names for tranquilizers are: Equanil, Miltium, and Valium.

INHALANTS
Among substances which are inhaled and produce a high: glue, gasoline, ether, and refrigerants. Continued inhaling has been reported to cause severe nerve damage, brain damage and death.

(continued next issue)

Base Drug Education Committee



Licensed Premises
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FANTASTIC SAVINGS

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Boys' SHOES

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\$19.97 ea.

\$6.97 pair

\$1.78 pair

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S, APPLIANCES
MEN SUITES

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Corair

January 9, 1972

CANADIAN FORCES BASE, WINNIPEG

Vol. 21, No. 3

Forces to fly sports stars

Special Armed Forces co-ordinating staff has been set up to help in the training and development of Canadians in international sports competitions. Major Brig-Gen. James C. ... Director General ... Land at CFHQ, the ... staff will ... for

DND support for top-flight sports events. Requests will be screened by the Fitness and Amateur Sports directorate of the Department of National Health and Welfare before being passed to CFHQ.

Defence Minister Donald Macdonald has attached particular importance to the provision of

DND facilities and logistic support for Canadian athletes preparing for the 1972 and 1976 Olympic Games, the 1975 Pan-American Games and other associated sports events and activities.

Arrangements have been under way since last September for the Forces to airlift personnel to Sapporo, Japan, site of this year's Winter Olympics. Airlifts will also likely be the Canadian Forces' contributions to the 1972 Summer Olympics in West Germany, the 1974 Commonwealth Games in Christchurch, New Zealand, and the 1975 Pan-American Games in Santiago, Chile.

Already on the books is a request from the Department of National Health and Welfare for the loan of 830 beds and bedding for the Arctic Winter Games to be held March 6 to 13 this year at Whitehorse, N.W.T. DND has also been asked to supply communications equipment and transport for the 1972 Gold Cup Competition ski race to be held at Banff after the Arctic Winter Games.



Sayonara — off to Japan (CFB Trenton Photo)



ALL TIED UP. Cpl. Stuart Boyd assists Maj. Gen. W. A. Milroy in strapping into the Tutor ejection trainer at the Aeromedical Training Unit. Gen. Milroy also had an opportunity to go into the decompression chamber.

(Canadian Forces photo)

\$50 per incident

Hazard pay for EOD teams

OTTAWA (CFP) — Exceptional hazard pay has been approved for members of explosive ordnance disposal (EOD) teams, retroactive to October 1, 1970.

The amount is \$50.00 per inci-

dent and is payable to an officer or man who, when ordered to do, carried out normal disposal procedures on a known or suspected make-shift bomb.

EOD specialists who may qualify for the new hazard pay are clearance divers, field engineers, ammunition technicians, air weapons technicians and their officer counterparts. Some 200 of them are located with EOD teams in Canada and with Canadian Forces Europe.

Unlike paratroopers, submariners and divers who get danger pay on a regular, monthly basis, EOD personnel will be paid by the incident — and not all incidents qualify.

For example, in the year ending August 31, 1971, there were 570 calls for service EOD teams. Of this total an estimated 52 incidents were classed in the exceptional hazard category. The rest, involving routine disposal of commercial explosives or military explosive devices, were considered to be part of an EOD man's normal work.

By awarding exceptional hazard pay the service recognizes the high risks faced by EOD personnel. It has nothing to do with "incentive". In this game nobody is beating down doors to get a piece of the action!

Patricias are out in the cold

February's bitter temperatures are offering the comfort to men of the 2nd Battalion Patricia's Canadian ... industry undergoing six ... training 100 ...

700 men, will have completed the necessary training to be able

to live, move and fight in the Canadian winter.

Meet our new Minister

The Hon. Edgar J. Benson was born May 28, 1923, at Cobourg, Ont., where he attended public and secondary schools. During the Second World War he served with the Royal Canadian Artillery in Great Britain, France, Holland and Germany, from 1941 to 1946.

On his return to Canada in the rank of sergeant he received his discharge from the army and enrolled at Queen's University, Kingston. He graduated in 1949 with a Bachelor of Commerce degree.

In 1952 he obtained designation as a chartered accountant from the Ontario Institute of Chartered Accountants. He then became a partner in the chartered accountant firm of England, Leonard and Macpherson, in Kingston.

From 1952-62 he was assist-

ant professor of commerce at Queen's University, and early in 1965 was elected a "fellow" by the Institute of Chartered Accountants of Ontario.

Mr. Benson was first elected to parliament as the member for the riding of Kingston and the Islands June 18, 1962. He was re-elected in the general elections of April 18, 1963, November 8, 1965, and June 25, 1968.

He was appointed parliamentary secretary to the minister of finance when the Liberal party formed the government following the 1963 general election. He was appointed minister of national revenue June 29, 1964.

He was re-appointed to this portfolio following the 1965 general election. On June 10, 1965 he was also appointed vice-chairman of the Treasury Board, and on Oct. 3, 1966, he became president of the Treasury Board.

may be garbage to Rockliffe but

Storm doors slated for Winnipeg PMQ's

At Canadian Forces Base Rockliffe, snow removal is being made in stages — \$12,000 to ...

indicated that defence contracts awarded during this period amounted to \$5,664,893.

The largest single contract awarded was for \$612,998 to Chrysler Canada Ltd., of Toronto for 213 panel trucks.

Other contracts of interest included a \$120,000 snow and iceremoval bill for CFB Kingston, Ont., from November 1, 1971 to April 30, 1973. Snow removal at CFB Uplands, Ont., was arranged from November 25, 1971 to April 30, 1972, for \$19,000.

Peeping Toms near Canadian Forces Base Suffield at Ralston, Alta., will be thwarted as a contract for \$10,369 has been awarded for the installation of draperies in the PMQs.

The shivering PMQ residents at CFB St. Hubert will see the installation of forced air furnaces in their residences at a cost of \$14,000. Their equally cold counterpart PMQ dwellers at CFB Winnipeg, Man., will see the installation of storm doors and windows for \$13,958.

The installation of power driven humidifiers for suffering PMQ residents of CFB Chatham, N.B., should relieve the dry air problem there at a cost of \$14,332.

Things are shaping up also for PMQ residents at CFB North Bay, Ont., with the awarding of a \$15,000 contract for interior painting.

PMQ residents in the dark at CFB Petawawa, Ont., will finally see the light when installation of lighting fixtures at a cost

of \$24,059 commences. The replacement and maintenance of lighting fixtures at CFB Calgary, Alta., will cost \$13,725.

Maintenance and repairs to HMCS Ottawa and the Canadian Naval auxiliary vessels Fort Frances and Quest will cost \$38,747; \$48,369; and \$22,317 respectively.

Oh Yes — CFB Rockliffe personnel should think about spring cleaning soon. The \$12,000 garbage removal contract expires March 31.

Book Review

The Gunners Of Canada

Military students and artillery buffs in particular should be more than pleased with the second volume of *The Gunners of Canada*, which completes the history of the Royal Regiment of Canadian Artillery with its comprehensive treatment of the years 1919 up to the present.

The major part of the history deals with the role played by the artillery in the second World War and Korea. There is, however, a substantial and fascinating record of the 'between wars' period; one which relates the frustrations and political by-play which both regular and militia units were subjected to from the early twenties to the mid-thirties. Not without humor, the author also offers us glimpses of mess and barrack life — and the reorganizations which beset the people of that period as they do in the present.

The artillery's painful transition to a mechanized force from the day of men and horses has its parallel with recent unification, for here too we learn that more than one gunner resigned from the service rather than be party to the truck replacing the horse.

Then follows the start of the second World War, with the build-up overseas and detailed description of the artillery's action in France, the Lowlands, Germany and Italy. From the artillery's first action at Dieppe, with 16 officers and 256 other ranks from the RCA — and throughout the remaining actions of the war until the guns fell silent in May 1945 — the history of Canadian gunners is related in full. Their action is summed up by Field Marshall Montgomery, who wrote a tribute on 27 June 1945 which in part stated "I would like to pay a compliment to the gunners, and I would like this to be passed on to every gunner. The gunners have risen to great heights in this war . . . the harder the fighting and the longer the war, the more the infantry and in fact all the arms, lean on the gunners. I think all the arms have done very well, too. But the artillery has been terrific . . ."

April, 1951 brought the sailing of the 2nd Field Regiment, Royal Canadian Horse Artillery from Seattle en route to Korea with its 24 guns and 62 vehicles. Less than a month later, the regiment's 25 pounders were in action against the enemy. The achievements of the subsequent two years are fully documented, telling the story of the 2nd RCHA, and the 1st RCHA which relieved it, and the 81st Field Regiment, RCA. As in the section dealing with the second World War, detailed descriptions of actions including the names of many of those involved, brings the history to life.



Sealair (CFB Edmonton)

"I'm sorry, sir . . . but I cannot accept that as being a valid excuse."

The book is enhanced by its 62 photos, 19 maps and various appendices.

An 1854 recruiting poster displayed in England invited "Young Men of Respectable Parents and Good Character" to join the artillery, "In which Superior Service they may be made Gentlemen and treated accordingly — the Gunners (for so Artillerymen are styled) wear a Splendid Uniform and are well mounted on taking the field . . ."

Almost one and a quarter centuries later, the Splendid Uniform has achieved the commonality of Canadian green and the mounts have long since gone. But the armed forces of today have inherited the fine traditions of many arms and services — and in this history of Canadian artillery, the author has indeed achieved his goal — "to provide some measure of justice to as fine a body of soldiers as have served their country in war and peace" — the Gunners of Canada.

A.C.T.

The Gunners of Canada: The History of the Royal Regiment of Canadian Artillery, Volume 2, 1919-1967; Colonel G. W. L. Nicholson, C.D.; McClelland and Stewart Ltd., Canada; \$18.50.

Uncle Vox Is Old and Tired. Why Not Help Him Out?

Second Class Registration Number 1725. VOXAIR is an unofficial publication of CFB Winnipeg published twice monthly with the kind permission of Col. Alan Wallis, Base Commander. The editor reserves the right to edit copy. The views expressed are those of individual contributors unless expressly attributed to DND or other agencies.



VOXAIR is printed by D. W. Friesen & Sons Ltd., Altona, Man., and may be contacted at 832-1311, Local 446 or 762, or by writing: The Editor, VOXAIR Newspaper, CFB Winnipeg, Westwin, Manitoba R2R 0T0.
ADVERTISING RATES: 15c per agate line; \$2.10 per column inch. VOXAIR is distributed to every C.A.F. Mess, Lounge, Reading Room, and Library in the world.
SUBSCRIPTIONS: \$3.00 (1 year); \$7.50 (3 years); postpaid anywhere.

Editor-in-Chief—COMMANDER A. C. TASSIE LOCAL 514
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Just for a change — — — by Bert Angus

You're smiling — go ahead — give the wrinkles at the corners of your mouth a real workout — but savour the moment, my friends, because these are the days of doom and gloom — the world is going to Hades on horseback and heaven help you all — because the reins are being held by the younger, long-haired generation . . .

We've got the long-haired hippies — the big mouthed yuppies — black power — red power — Jesus freaks by the hour — the Chicago Seven — the Memphis Five — Marxists — F.L.Q. — Man Alive — we've got trouble, my friends — T-R-O-U-B-L-E. Especially if it's young and has long hair —

And you're right — there are a lot of young, long-haired trouble makers desperately trying to take this old world and bend it out of shape — but the trouble with you people of the establishment is — you long ago lost the ability to distinguish between the good guys and the bad guys . . .

You see some long-haired freak-out destroying a computer in Montreal — or smoking pot in San Francisco, California — and voila — suddenly, all young, long-haired people are drug-taking radicals . . .

Well . . . just for a change . . . Mr. and Mrs. Establishment . . . I'm here to set the record straight — you see, most of the young kids I know, both long hair and short, are good kids desperately trying to take this old world and make something good out of it — desperately trying to fix up some of your mistakes — mistakes like poverty, and pollution — and just for the record, it wasn't this younger generation who made booze big business — and it seems to me that you had one or two pregnant high-school girls back in your day, too . . .

But . . . Oh . . . how you keep putting us down because we dare to challenge your authority . . . because we dare to dissent . . . and yet, you know, it seems to me that the way in which the young people of today dissent and disagree is infinitely more honest than the way in which you did it back in your day . . .

Remember how it was . . . if your father was a Liberal — so were you . . . if your father was a Conservative . . . you were too . . . and you can just see dear old dad standing at the head of the dining room table telling the whole family how they were going to think about the issues of the day . . . and the only voices of dissent to be heard back in those days went something like this . . . B-A-A-A-A . . . Just for a change . . . how about lining the front pages of your newspapers with stories about the good things which the kids of today are doing . . . you know . . . if you really wanted to, I bet you could find all kinds of good things to write about . . . that's if you really wanted to . . . just for a change . . . how about giving it a try . . . just for a change . . . just for a change . . . just for a change . . .

Well — just for a change . . . Mr. Long-haired Hippie Fellow . . . you've had your say . . . and now it's my turn . . .

You know, I'm surprised our young, long-haired friend didn't stand up here and address this august gathering of Toastmasters by saying . . .

"Hey . . . how ya doing out there, baby," . . . I mean that's the way they talk nowadays isn't it? Well . . . just for a change . . . Mr. Longhair . . . I'd be delighted to set the record straight . . .

By virtue of what right . . . have the people of today . . . many of them without benefit of having lived long enough to have either wisdom or knowledge — been the sages of our time . . .

Ladies and Gentlemen . . . I'm proud to be a member of the establishment . . . because our achievements are legion . . . in just a few short years we've increased the life expectancy of Mr. Long-hair and his friends by over 50 percent . . . because of our efforts, the next generation will be the brightest, the healthiest, and with a few minor modifications, probably the best looking generation we've ever had . . .

We've made higher education a real possibility for millions of young people . . . whereas only a few short years ago, it was the prerogative of a wealthy few . . .

And yes — lest we forget . . . it was our generation who fought history's most vicious war — and many of us left friends and relatives in such far off places as Dieppe, Okinawa . . . so that Mr. Long-hair and his friends could have their freedom and to dissent . . .

It's true . . . we've had our failures . . . poverty and pollution are still with us . . . cancer and heart disease still take a big toll of your friends and mine . . . these are battles still being fought — and they will be won . . . and I grant you this . . . if only a long-haired friend and his buddies put as much effort into the fight as we have . . . then they will . . .

But if one failure stands out above the rest . . . it has been our failure to keep our young people in their place . . . and to put them into it every time they got out of it . . . and it's true that we can't tell the good guys from the bad guys . . . it's simply because the younger generation of today have failed to identify which amongst them is which . . . the radicals speak for all . . .

Wouldn't it be wonderful if — just for a change — the young people of today would preach construction . . . and not destruction . . . wouldn't that be wonderful . . .

Just for a change . . . just for a change . . . Well . . . Ladies and Gentlemen . . . you just heard the debate . . . a conflict which threatens to tear our society apart . . . impatient idealism of youth . . . pitted against the pragmatic materialism of the older generation . . .

You know, I can't help but wonder — listen to both sides of the argument that neither side is really very much different from the other in the ends that they seek — but means that each uses to achieve those ends . . . this is what will tear our society apart . . .

Wouldn't it be wonderful — if — no matter which side of the argument you are on — wouldn't it be wonderful if just for a change — you would stand up and proudly admit that the other side was just a little bit better . . . you know . . . I think that that is what we might need . . . how about giving it a try . . . just for a change . . .

Ed. Note: The above is reprinted by permission of Mr. Bert Angus of Trans Canada. This was his award winning speech recited given at an international speech contest by Toastmasters International.

Next issue deadline Wed. Feb. 16



Bert Angus

... have the y... many of them ut... of having lived long em... dom or knowledge — bec... time... I'm prou... the establishment... bec... are legion... in just... increased the life expect... and his friends by over... use of our efforts, he an... the brightest, the health... minor modifications, prob... generation we've ever had... gher education a real p... of young people... whe... years ago, it was the pr... healthy few... it was... thought history's most g... of us left friends and... off places as Dieppe... that Mr. Long-hair and... ve their freedom and... we've had our failures... ation are still with us... t disease still take far... r friends and mine... still being fought — and... d I grant you this... if... and his buddies put... the fight as we have... re stands out above the... ur failure to keep our y... ce... and to put them... they got out of it... an... can't tell the good guys... it's simply because... on of today have failed... amongst them is which... k for all... wonderful if — just fo... young people of today w... on... and not destruc... t be wonderful... ge... just for a change... s and Gentlemen... ye... ebate... a conflict w... our society apart... n of youth... pitted ag... aterialism of the older

Crusader - - - - to be or not to be -

... a matter of great encouragement to note that a groundswell... is rising suddenly in opposition to the advocates of what... unrestricted abortion by choice.
... can argue the fact that it is a most complex and thought... question involving the physical, mental and moral... of human thought and principle.
... first argument, thankfully seldom invoked, is the "you're... and not qualified to comment". This is as absurd as opining... women should be permitted no views on war or circumcision... their chances of being involved in the former are slim and... non-existent.
... cry "We must be allowed the control of our bodies" does... have an element of validity in that a case may exist for... in cases of rape or danger to the mother's life but in the... the argument is ridiculous. The "control" so glibly quoted... pregnancy like a lightning bolt descended on them... and is about as rational as the brawler's justification... wild fracas "I was struck drunk".
... next in the series of sophistic but debatable questions is the... at which a foetus becomes viable. Medical opinions vary... since few can agree on the semantic aspect although the... defines it as capable of maintaining life. This can be... as being within or out of the womb, whether the heart... commenced beating or the nerves capable of reacting. The... meaning of the word is not likely to ever be completely... but the most logical is that a foetus is viable from the... moment of impregnation.
... featured in a magazine performed hundreds of abor... and incidentally made three hundred thousand dollars doing... of these were apparently performed up to twelve weeks... pregnancy, as best as that moment could be determined.
... reasonable to ask how he, or we for that matter, can equate... illness, a snowstorm or other accidental delay into a... between a therapeutic procedure and cold blooded... It is perhaps unfair but in view of his staggering profit... to query the sums he charged. Were they based only... the legality of his actions and the dangers he ran of imprison... Certainly the strong impression was given of a brave free... ready to liberate people from the temporary inconvenience... accidents. Can we accept the premise that other doctors... be allowed to charge proportionately for the cure at thirteen... or fifty weeks merely because their particular opinion varies... the limit of viability and the fact that the inchoate human ap... were human daily and the idea becomes increasingly repul...
... who so vociferously advocate abortion on demand give... impression that it is merely the permission to... an imitation rather of the nature of a bad tooth and per... these are they who would regard it strictly in that light... or rather women are basically logical people and it is... somehow hideous to believe that the experience of abortion... seem mentally distressing particularly when later related... the wonder of childbirth and ordered family life.
... seem to have come to accept promiscuity as the norm... may not be civilized but if that guaranteed preven... abstinence is not practicable, then surely preven... the form of sterilization or contraception is indicated. The... cheap and available to all but is admittedly not guaran... the event of its failure we can only accept one of two... the bringing into the world of a child that may be... for either a certain or indefinite period or the condoning... of human life.
... man of any worth could specifically wish a child to be... into an already large family full of poverty and... but can civilized man rationalize himself into the belief... therefore destroyed. It is not likely to starve and... and contribution to the benefit of mankind.
... second possibility is more awesome than we know and... the encourager in principle of the darkest... man's nature. It is but a desperately short step from the... of a defenseless foetus to the disposal of the malformed... the mental retardate and the no longer productive elder... heralds a return to savagery and the dark ages... the fact that our generation has walked on the moon.
... would do well to remember what our greatest historian... — the quality of a society's civilization is not measured... ability to provide for itself but by creating and maintaining... treasures.
... the sanctity of human life from its inception until its end... use of these.

Letters

... n't help but wonder —... of the argument that ne... y much different from... that they seek — but... uses to achieve those... ill tear our society apart... wonderful — if — no ma... argument you are on —... of the street you walk... wonderful if just for a ch... and up and proudly as... le was just a little bit... I think that that is... ed... how about giv... a change...
... above is reprinted by... Bert Angus of Trans... rd winning speech rec... tional speech contest... ternational.

Point-Counterpoint by Dick Morrison

... "The law is a ass, a idiot," states Mr. Bumble in Dickens' *Nicholas Nickleby*. Like so many of our animal metaphors and allegories, one wonders if the ass should not be more insulted than the Law for such an unfair comparison; an ass may bray more loudly but it is dubious if the consequences of its speech are as unjust.
Before proceeding further, one must emphasize and re-emphasize that this article is not a polemical discussion on religion or moral principles. Rather, it is based on an examination of the judicial process within as an objective framework as possible. If one wishes to argue that the judiciary is merely the echo of *vox populi* without adding the qualification that this reverberation has a time delay of anywhere up to fifty years, then read no further.
Recently, an Ontario judge handed down a decision which legislated in favour of a foetus, on the grounds that an abortion represented assault and battery against it. Since the person seeking this abortion was the married mother, with the full approval of the legally prescribed committee of three doctors, one wonders how the case came before Mr. Justice. It transpires that the husband laid the complaint on behalf of the unborn child.
Unfortunately, there are no readily available details with regard to the reasons for the abortion or the husband's objections, but notwithstanding this, it remains indisputable that *one man*, albeit a judge, has handed down a far-reaching decision that appears to make a mockery of Ontario's and Canada's abortion laws. (Under the circumstances, it is fascinating to speculate what would have happened if the husband's lawyer had pleaded an attempt at pre-meditated murder. Where would this have left the wife and the committee of three doctors?)
Logically, were His Lordship to have pursued his line of 'reasoning', he would, presumably, have sentenced four people to long jail sentences; the paradox is that they would have served them for following the established letter of both federal and provincial law.
This particular judgement is a precedent in Canadian and British law; it only remains for the 'inevitable' counter-judgement to make the whole affair seem like a grotesque and

twisted operetta by Gilbert and Sullivan. Had the abortion been approved on grounds of probable deformity, and should the foetus subsequently be born with these deformities, then is it not just that the mother should file a suit against the father, not to mention the Crown, on behalf of the now-born child for having *permitted* its birth? If a foetus can win a law suit, on the grounds of attempted assault and battery, why should not the same foetus, now become a child, win an action for the 'assault and battery' on his deformed body, a direct result of the decision not to permit him to be aborted? Should the child lose, then the question must be raised whether or not a 'human being' as opposed to a 'foetus' (used technically and not theologically) has equal rights under the law.
In such questions, which are as enigmatic as they are paradoxical, the crucial factor remains. One man, and only one man, made the decision. His omnipotent, and seemingly omniscient judgement, has now insured that the plaintiff, in other words the foetus, will be born; no appeal action can prevent this in such a case since the time period permissible for legalized abortion is obviously limited. Yet similar actions are far from rare; they occur every day in Superior courts across the country where one man alone decides the fate of another fellow human being, or two, or three, with such drastic consequences as would make most of us blanch in their simple contemplation, never mind in the fact that we actually produced them.
The point needs a counterpoint: instead of only one Justice presiding over Superior courts, why not adopt a Tribunal which has the power to offer both plaintiff and respondent the choice between summary decision by three judges or by a jury of twelve of his peers? The process might take longer, but certainly it would be shorter than the present arbitrary decisions made by judges, which can subsequently be fought in the Court of Appeals, and following this in the Supreme Court of Canada at very great expense.
The prosecution rests; as does the defence. May *vox populi* be heard *today*; only in this way will Justice and Law become synonymous rather than antonymous words.

Support Your Base Activities. Be a Booster For C.F.B. Winnipeg

The Third Page



"Captain Botsford, could you give us your views on aviation safety... Captain... Captain, this is a RADIO interview!"

open and usually with a light on allowing everyone in the neighbourhood the opportunity of seeing what is stored inside, but most especially anyone who has a tendency to steal who only has to drive through the neighbourhood to see what is 'up for grabs'.
Admittedly it is their property and they can do with it what they will; but please, don't expect miracles from either the military or civil police in the recovery of property when you discover it has been stolen after you have extended an invitation to theft and someone has accepted your invitation.
R. J. Mackay
Corporal

New rating system for French skill

OTTAWA (CFP) — As of January 1 this year your skill, if any, in French will be measured on a five-level scale. The change has been made to bring Canadian Forces language ratings into line with an internationally-used system.

Under the new system the numerals from one to five indicate proficiency on a rising scale. A zero means you have no measurable skill and an eight means that you were unable to attend when scheduled for testing.

The actual ability rating process hasn't changed. There are still four tests to determine how well you can understand both spoken and written French and how well you can speak and write it.

Marks obtained under the old system will be converted without the need for further testing. For example, if under the old system you scored fours on all tests, your record will be changed to show threes across the board.

The new system, which also brings Canadian Forces rating standards into line with those of the public service, will be described fully in an administrative order.



CF-104 nuclear strike role ends

OTTAWA (CFP) — The fastest aircraft in the Canadian Armed Forces, the CF-104 Starfighter, terminated its nuclear strike role with 1 Canadian Air Group in Germany on January 1.

Affected by this change were 421 and 441 Strike/Attack squadrons at Baden Soellingen. Now designated tactical fighter squadrons, they have been assigned

roles involving conventional weapons. The third CF-104 squadron, 439 Reconnaissance/Attack Squadron, will continue its reconnaissance activities until July 1 when it will become 439 Tactical Fighter Squadron.

The Starfighter can carry a 2,000-pound bomb on its centre pylon and 1,000 pounds on each

two pylons under its wings. For its new role, the CF-104 will be fitted with the American-made M-61A 20-mm. rapid-fire cannon.

The decision to end the nuclear role of the Canadian Forces was announced in September 1969 as a follow-on to Prime Minister Trudeau's defence

policy statement in April of the same year.

This change of role for CF-104s in Europe ends Canada's nuclear, offensive capability. Defensively, Canada retains a nuclear capability in CF-101 Voodoo intercept squadrons at Bagotville, Chatham, N.B., and Comox

Beware of fire hazards

A recent news release stated that 1,244 fires were reported in Manitoba last year. Of these there were 28 fatal fires which took 47 lives. As in other years, these fires could have been averted if fire-potential circumstances had been recognized and removed.

Smokers' carelessness was responsible for 213 of these fires, smoking in bed resulted in 32 of these fires. The majority of fatal fires, including those caused by smoking, occurred in dwellings. Careless handling of gasoline and other flammable liquids also took their toll of lives and fire damage. Defective heating equipment, combustible materials too close to heating and cooking equipment, defective and overloaded electrical systems are also among causes of fires in our dwellings and places of employment.

Fire prevention is a year round program for every member of the family. It can not be

expressed too strongly, the need for everyone to check constantly all areas where fires might begin, and to eliminate latent fire causes as far as possible.

In view of the facts, all personnel are urged to practice the main rules for safe smoking while at home or at work;

- never smoke while sitting or reclining on a bed.
- be sure ashtrays are adequate to retain the cigarette if it is left burning.
- check rooms and furniture before going to bed to be sure no smoking ashes are left smoldering.
- never empty hot ashes into waste baskets.
- keep lighters and matches out of the reach of children.

The Fire Prevention Branch at CFB Winnipeg wishes to express their gratitude for the co-operation received in last year's fire prevention program. It is felt that this type of co-operation and constant vigilance

against fire hazards, has a definite bearing on keeping our loss to a minimum. Your continued co-operation is anticipated for the future. We would like to suggest that your slogan for 1972 be "KNOW WHAT TO DO IN 72":

CFB Winnipeg fire loss in 1971 was; fires reported — 213; fire loss — \$3,822.95; All fires were determined as; carelessness — 7 fires; carelessness — 3 fires. These could have been prevented if you, the people.

Guide camp to

The Girl Guides of the CFB Winnipeg will hold their annual Caddy Lake Camp Tea on Saturday, February 19, 1972, from 10 a.m. to 4 p.m. in St. Mary's Cathedral Parish Hall, 220 St. George St. There will be a display of home baking and handicrafts.

The tea is the culmination of weeks of preparation on the part of Winnipeg Brown Guides, Rangers, their mothers and commissioners. Proceeds from the team will go to the Girl Guides' camp at Caddy Lake in the White Forest Reserve. The money will be used for upkeep and program development.

The camp, which operates six weeks during July and August, is able to accommodate up to 100 girls per week.

Canadian Forces Personnel Retiring to B.C.?

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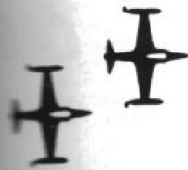
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LT. JIM NAISMITH with winter entering its 5th year with a number of goon pilots heading south to see if it is really not so far. Both "A" and "B" flights are planning excursions in the 49th in early Feb. Personal shuffles continue as **Capt McDonald** moves to **St. Catharines** and **Dave Nicoll** and **John Searles** prepare for command. **Capt Dave Phoenix** is added to the VIP crew list, but will remain in "A" Flight. Welcome home **Jim Birrell** on his homecoming in Kingston (R&R), and two new pilots **LT's Dave McCracken** and **John Faucher** presently converted to Daks and goon pilots.

Walter Mackay was gifted the Squadron recently in recognition of the big day on the 10th. Best wishes from us all.

Continuing sage of the **North Dakota** the Efficiency award goes to **Capt Pete** and **Jean Cauchon** for an able demonstration of

a hand cranking start to a group of frozen Alberta ankle biters. **Capt Bill Allan** and **Dan McGrath** receive honourable mention for successful (and separate) diversions to Portage following engine oil loss. The "Whole Earth Society" is reported making up their own presentation for these lads. Something about illegal dumping of pollutants.

On the International scene ICP sent **Maj Smith**, **Maj Greatrix** and **Capt Paquette** on a junket to the CIGP conference in Baden, Germany. Information available indicates that the 10 day sojourn was a marked success both at conference and bar.

Reports by three erstwhile bachelors, **Capt Lanning**, **Anderson** and **van Haastrecht** led to a summary investigation of the V.I. by several stalwarts last week. Malicious rumours of improper feathering techniques by one of the dancers were proved to be just that and the committee retired to the mess.

On this occasion **Capt Healey**, **McEwen** and **Anderson** christened their new stripe while **Capt Nigel Batson** bade farewell to the Unit after only a short return. **Lt Pete Barratt** was overheard pumping old salts like **Capt Leo Wolfe** for appropriate sea phrases such as "whop whop" and "I'se the Bye". **Pete** leaves many friends in CFFTSU.

Next issue should bring big news on the formation of a new Squadron; an important addition to inter-base shed flights and perhaps an award for posting of the year. **Capt Van B** appears to be the leading contender.

"Pilot of the Month" nomination comes from our able ground crew in No. 10 Hangar. **Capt Hans Etzel** was hands down winner as he successfully taxi-checked a serviceable airplane. Unfair remarks such as reflected glare from his forehead obscuring the A/C numbers could be heard in several quarters, particularly "A" Flight.



BREAK TIME for Air Cadets of No. 6 Jim Whitecross Sqdn. before they resume construction of a homebuilt aircraft in an instructor basement. The squadron meets Thursday evenings at McGregor Armouries and welcomes boys 13 to 19 years of age.



Patricia report



A COY

A Coy, in its usual elite style, just completed Exercise Prairie Grouse II. It all started off Sat 22 Jan 72 when the company deployed to three separate start points — two by aircraft and one by vehicle — to start an infiltration march to locate and destroy an enemy radio installation. One and two platoons reached the search area by Monday evening. Three platoon, however, did not reach the search area until late Thursday evening, as it was dropped almost 12,000 meters north of its original start point because of the lack of ice on the lakes! Consequently baptism by immersion was the case most of the time for three platoon's trail-breakers. As a result one lad suffered rather seriously frost-bitten feet. After a phenomenally long range radio transmission for a 25 set, control reached 402 Air Reserve Squadron and within two hours the casualty was evacuated. An excellent job by some very fine pilots.

Getting back to the war, from Monday to Wednesday night the company performed an extensive patrolling operation to locate the enemy radio set. By Wednesday afternoon the site was located and reced in

depth. Early Thursday morning two platoon cordoned off the area and one platoon put in a successful attack.

At 2000 hrs Thursday three platoon arrived in and put the final touches on an extremely beneficial and successful exercise by presenting Major Dallison with a fine specimen of a Prairie Grouse.

D Coy

D Coy has spent the last nine days in Shilo learning the arts of Winter Warfare. On a platoon exercise many of the troops spent their first evening under canvas in sub-zero weather. The conditions that D Coy has been working under has gained respect from New Viking veterans in 3 RCHA. Delta Coy trained outdoors in -35 degrees F with a 28 mph wind producing a windchill factor of 2300. New Viking operations in the high arctic stand down when the windchill reaches 2200.

To put the training to a test, D Coy will hunt down the renegade trapper Dombrofskii and his bloodthirsty band. Informed sources state that this will take Delta Coy about four days, and will involve covering much of Camp Shilo (which has suddenly transformed into an arctic island) on foot.

CFANS news corner

ANS EARLY BIRD

The mass confusion which prevailed at ANS during the last week of January had its effect on a Course Briefing Officer of 7107 vintage.

The CBO and his wife were invited to a dinner party, the invitation was accepted and a baby sitter arranged in a hurry.

The couple set out for the party and while the CBO was parking the car, Mrs. went and rang the doorbell. To her surprise; there stood the host dressed like a refugee from skid row. The host was also surprised, in fact, a little taken aback to see his guests arrive early; 2 days early to be exact.

OBSERVER CELL

Here we are back again, busy as can be. WO Knight and his course OBS 7107 are extremely busy flying with the largest group ever to hit the flying phase, 12 students.

WO Norman's course OBS 7201 are at an even dozen also, in their fifth week, and between the two courses, everyone is busy.

Someone said they saw Capt Guenther snuck out of all the hard work by a jammy jolly down to VP449 Sqdn for a few MOAT trips — hope you boys enjoy the balmy weather down at Greenwood.

WO Gagnon and Cpl Young are away at SIT learning whatever!

And I now have too much work to do to write anymore on this weeks column, see you next time — THINK SAFETY!

AEROSPACE SQN.

The Aerospace Squadron started the new year by sending Major McCarthy off to the Management course, and Captain Forbes to Staff School. Too bad,

as they're missing a goodly portion of the Winnipeg winter.

Two of our former graduates, Captain Fred Forbes and Captain Mel Waker, representing Maritime Command Headquarters and Defence Research Establishment (Atlantic), returned to the fold on 19 January to brief the Aerospace Systems Course on systems for a long range patrol aircraft. The reunion was most enjoyable and the presentations were enlightening and valuable.

Captains Fonstad and Mitchell have decided to escape from the Winnipeg weather for a couple of weeks. They depart for England on 28 January to make arrangements for the tour of the Aerospace Systems Course, scheduled for May. Good old stomping ground for both of them, so it's sort of a working holiday. Anyone for Worthington E?

ends

statement in April of one year. This change of role for -104s in Europe ends a nuclear, offensive capability. Defensively, Canada retains nuclear capability in -101 Voodoo intercept squadrons at Bagotville, Comox, N.B., and Comox.

hazards

against fire hazards, has a bearing on keeping our losses to a minimum. Your co-operation is anticipated for the future. We would suggest that your slogan be "KNOW WHAT TO DO".

guide camp

The Girl Guides of the city will hold their annual Lake Camp Tea on Sunday, February 19, 1972, from 2 to 4 p.m. in St. Michael's Parish Hall, 220 Ave St. There will be a home baking and handicrafts sale. The tea is the culmination of preparation on the part of Winnipeg Brownies, Rangers, their mothers and commissioners. Proceeds from the team will be used for the Girl Guides' camp at Lake Umbagog, White Lake in the White Lake Forest Reserve. The money is used for upkeep and development. The camp, which operates for two weeks during July and August, is able to accommodate up to 100 girls per week.

Canadian Forces Personnel

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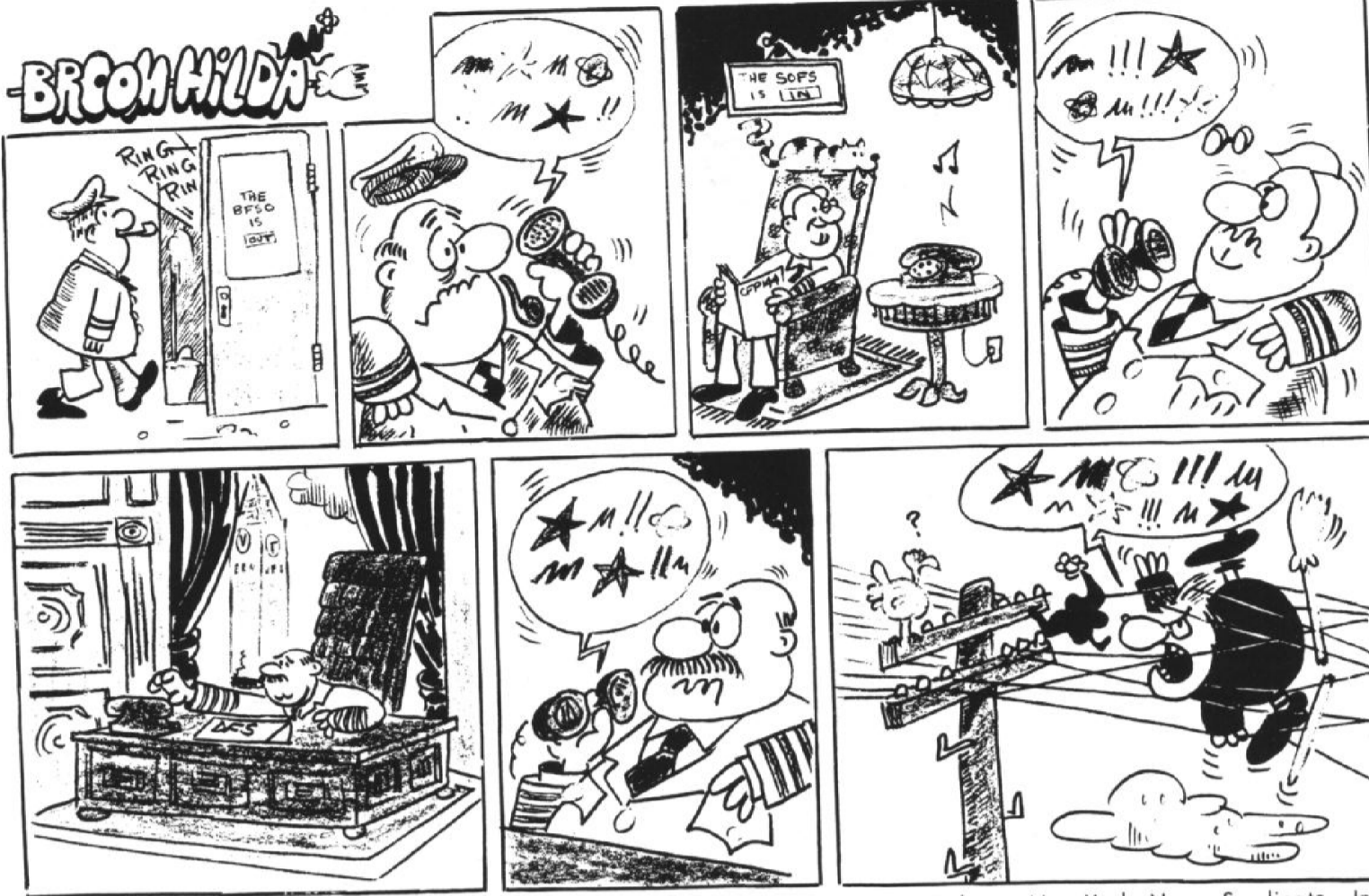
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The CAE Repair Report

By D. Carswell

Well here we are again in the local gossip column. Rumors are now running rampant which of our personnel is moving across to the building to work on the contract.

Since our last edition have lost one of our men Ray Roscoe who has been referred to DLIR. In his place Jack Wilson has been promoted to foreman. "Congratulations Jack".

With the air controllers over, our staff over in hangar are now being called. Others who were off some time ago will be recalled to fill out the new staff for the DLIR contract. Soon — maybe — we will begin to look like ourselves before the T39 cancellation.

Here are some rumors would like confirmed: true Walter Johnans thinking of buying his garage after the last bill? Greg is thinking of his new yacht early this to take CAE boys out cruise and party? Jimmy is thinking of re-enlisting cause of the existing conditions now in CAF?

flight line

By Bill Lawrence

I've received many comments in response to last issue's article on the stability of the New CF Uniform in cold weather. There appear to be more flaws which I wasn't aware of, but have since been brought to my attention.

As anyone who works on or with aircraft knows, it is a cardinal sin to wear any clothing of a material that produces static electricity. Why then is it that the new "greens" have just such a property? Every month or so an item appears in Aircraft Technical Routine Orders reminding us (especially during the winter months) of this danger. The CF Uniform has an amount of static that would make a person removing the uniform, light up in the dark. Imagine the result one spark would have if produced during a refueling operation. The fuel or even just the fumes could ignite and cause a very serious accident.

I know that most aircraft tradesmen don't wear their complete uniform (for obvious reasons) under their coveralls, but on the other hand you have to wear something! It is true that if your trade requires you to be out on the flight line constantly, you can be issued protective clothing to keep the cold out. These garments are

so bulky that it is nearly impossible to move around efficiently. One sure can move around without this apparel, but it sure gets cold with only coveralls and parka to ward off the weather!

Well you could wear long-johns under the uniform! Don't bend over too fast or for that matter, even, sitting down could be the destruction of seams. This brings up another problem the seams are sewn with a poor quality of thread. So now what? I'm kind of at a loss for suggestions.

However, try letting out a seam or two. No! That wouldn't work because the material is perma-press and the pressed crease just won't come out of the material, but you can't really say that the uniform is truly permanently pressed.

Ask any ME driver or for matter anyone who wears uniform through the entire day. Ask them how long the uniform lasted? Not very long a day if you're lucky!

One last problem (for with the CF Uniform) new "greens" are lint like steel to a magnet. Remove the static from the material and no more lint! Problem solved.

Looking on the bright side of things and to change subject as well, CAE has awarded the DLIR contract. According to our source about time something about. Now maybe we'll get Dakota 912 back in the Two well-known BAMEO have been promoted. Sgt. non and Sgt. Walky. Congratulations men

CURRENT CURRENCY

Plans for the Western Region Annual Finance Bonspiel are quickly being made. The three teams that are going to Edmonton are:

1. LCdr Burgess — skip, Cpl Deschamps, Capt Bell and Lt Morreau.
2. Sgt Swainsbury — skip, MCpl Noiseux, Sgt Misner and Cpl Maciura.
3. Cpl York — skip, Pte Lebrun, Pte Mayert and Pte Olynik.

The fourth rink of Pte Stapledon — skip, MWO Pidskalny, Pte Doyle, Pte Williams is on

standby and will go on there are available seats on aircraft. The trip is from 9th to the 12th of March.

The Account Section is quiet this month with to report. We have two members. Pte Terry Tharrived from Borden and next day flew off for a leave in Beautiful British Columbia. Pte Jocelyn Giguere leave now but we expect to return to the Base Controller's around about the of the month.

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The CAE Repair Report

BITS AND PIECES

by Joyce MacDonald

By D. Carswell

Well here we are again in the local gossip column. Rumors are now running rampant which of our personnel was moving across to the "contract" to work on the contract.

Since our last edition we have lost one of our men, Ray Roscoe who has been referred to DLIR. In his place, Jack Wilson has been promoted to foreman. "Congratulations".

With the air controllers' move, our staff over in the hangar are now being called. Others who were here some time ago will also be recalled to fill out the need for the DLIR contract — maybe — we will see. It looks like ourselves are the T39 cancellation.

Here are some rumors you would like confirmed:

Walter Johnns is thinking of buying his garage after the last year. Greg is thinking of his new yacht early this year. Do you want to take CAE boys out to cruise and party? Jimmy is thinking of re-enlisting because of the existing conditions now in CAF?

What it was the cross-bow, then it was gunpowder, then dynamite, then the bomb — now what?

How strong does a deterrent have to be before it really deters? Imprisonment and hijacking of airplanes, have reached an unprecedented level, yet a growing number of contractors are also recorded. Thousands of people are killed, or seriously injured by careless driving, or speeding, but this does not deter people from driving excessively fast, or carelessly.

The cancer of the lung is undoubtedly connected with cigarette smoking, and the industry still apparently prospers. Just recently it has been announced that smoking is no longer prohibited on school grounds. Opinions are circulating that drug laws should be liberalized, and some drugs, such as Marijuana, should be legalized.

Alfred Nobel was confident that his invention of dynamite was the best thing. In 1866 he bravely affirmed that "men will now be terrified to fight each other." However, by the year of his death, his faith in his deterrent had changed somewhat. Added to his list of achievements which he willed should be presented annually for outstanding achievements in various scientific fields was another which should be presented for the greatest service during the year in the cause of peace — a peace which earlier he had been the cause of.

Perhaps we should take heed of this, and be more than just satisfied that what we stand up for is right, and in years to come we should not look back and wish we could do it over again, differently!

Are you just about at your wits end trying to keep your young ones amused? Why not try this. Have the children cut out pictures from magazines and old calendars. Then paste them onto firm cardboard. These can then be cut into jig-saw puzzle pieces (larger pieces for smaller people), which they can then play with.

Meal planning can be a real problem. Here are two recipes that will help you.

Chicken Apple Curry

- 1/2 lb. cut up chicken
 - 1/2 cup butter or margarine
 - 1 large McIntosh apple, peeled, cored and chopped
 - 1 large onion, diced
 - 2 cloves garlic, crushed
 - 2 tablespoons butter or margarine
 - 2 tablespoons flour
 - 2 tablespoons curry powder
 - 1/2 teaspoon ground ginger
 - 1/2 teaspoon salt
 - 1 chicken bouillon cube
 - 1/2 cup apple cider or juice
 - 1/2 cup sour cream
1. Cook chicken pieces in flour; brown in 1/4 cup butter; remove and set aside.
2. In a separate fry-pan, sauté apple, onion and garlic in 2 table-
spoons butter until golden and soft. Add flour, and spices and cook 2 minutes. Stir in bouillon cubes and apple juice; cook, stirring constantly until sauce thickens and boils one minute. Add chicken and simmer, cover. Simmer for 30 to 35 minutes. Remove chicken and place on heated serving platter. Stir sour cream into sauce. Add very slowly just until hot. Spoon over chicken.

Apple Cheese Crumble Pie

- 1 cup grated medium cheese
 - 1/2 cup shortening, softened
 - 1 cup sifted all-purpose flour
 - 1/2 teaspoon salt
 - 2 tablespoons cold water
 - 1 medium McIntosh apples, pared, cored, and sliced
 - 1/2 cup sugar
 - 1/2 teaspoon cinnamon
- Topping**
- 1 cup sifted all-purpose flour
 - 1/2 cup brown sugar
 - 1/2 cup grated medium Cheddar cheese
 - 1/2 cup firm butter
- Crust:** Cream cheese and shortening until smooth. Sift flour and salt into creamed mixture. Cut the dry ingredients into the creamed mixture with a pastry blender until the mixture resembles coarse meal. Sprinkle water evenly over mixture a table-
spoon at a time, tossing gently with a fork. Press the mixture together into a ball. Roll out between lightly floured sheets of waxed paper. Line a 9 inch pie plate; flute edge. Combine apples, sugar and cinnamon; pile into prepared pastry.
- Topping:** combine flour, brown sugar and cheese. Cut into this mixture using a pastry blender. Crumble topping over apples. Bake at 375 degrees for 35 minutes or until crumb topping and pastry edge are lightly browned.

Looking on the brighter side of things and to change the subject as well, CAE has been awarded the DLIR contract. According to our sources, about time something was done about. Now maybe we'll get the Dakota 912 back in the Two well-known BAMEO have been promoted. Sgt. Mon and Sgt. Walky. Congratulations men

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How about your favourite cooking trick or household hint? There must be many we could share. Each would be new to someone. If you have a household problem drop us a note and we will try and find an answer for you. See you in two weeks, in the meantime remember "It is better to suffer wrong than to do it, and I happen to be sometimes cheated than not to trust."

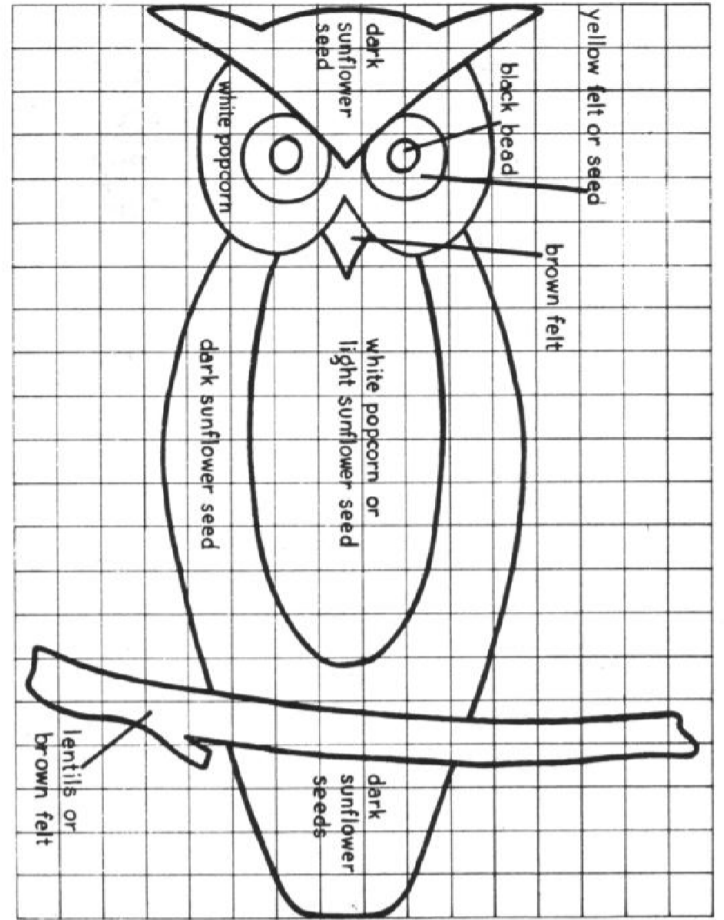
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Arts and crafts ideas

Have you ever longed to show your friends something that you had made with your own hands, but felt you lacked the talent to make it? Then maybe seed art is for you. By using the pattern of the owl shown and following simple instructions, you can have an attractive picture you'll be proud to display.



Many different types of seeds, beans and grains may be used. Watermelon, cantaloup, sunflower, radish, okra, are just a few. Popcorn seed is extremely versatile. Use the yellow variety and dye it in different colours. Larger seeds usually are better than the finer ones.

If you are going to colour the seeds, use enough water to cover them well. Mix food colouring with water. When mixture boils, add seeds. Remove from heat; allow seeds to stand in the water for about one hour. The longer the seeds remain in the solution, the stronger the colour. Ensure that seeds are drained thoroughly.

Use a stiff hard backing such as corrugated cardboard. Masonite may be used, but makes a very heavy picture after the seeds are added!

Cover your backing with burlap, wallpaper or cloth. Use a plain colour or a pattern if it forms a compatible background for your picture. White glue is the best to use. Smooth cloth carefully with a flat object, making sure that there are no air bubbles. It must be perfectly flat. Let it dry thoroughly.

The owl pattern is given in chart form. Each square equals 1/2 inch. Use 1/2 inch graph paper or draw on paper the number of squares given in chart. Draw in lines of owl, crossing lines of squares at approximately the same place as indicated by the

chart. Transfer pattern to fabric.

Use clear drying, white glue for the seeds. Cover only a small area at a time, and push seeds into position. Arrange seeds carefully, covering the complete picture. Tweezers are ideal for arranging the seeds. Place dark sunflower seeds on body of owl in rows to give appearance of feathers.

When picture is finished lay it in a flat position to dry. Then spray it with a clear varnish or plastic spray to protect it. A border of rickrack in one or more colours or rope glued around edge of picture is most attractive.

Add your own touches, use other seeds that are available, and your seed art picture will have individuality.

VOXAIR WOMEN

New night for 'TOPS'

The regular weekly meeting of the Take Off Pounds Sensibly Club is now held Tuesday evenings at 7:15 p.m. Cpl. Piper, who conducts the Ladies Physical Fitness Classes, has a program of exercises lined up for

us each week, and every other week we have one hour of swimming.

If you are overweight, and have a sincere desire to do something about it, why not come along on Tuesday, and join us.

We've had some really good losses since our club started, in one month we had a total loss of 76 pounds. Summer's not that far away, join now, and be slim and trim when holidays roll around.

For more information contact Mrs. Joyce MacDonald at 832-1311 Loc 257, or 489-9116.

Help welcome wives club

Plans are now being made to have a CFB Winnipeg Welcome Wives Club. If you are interested in helping out in this endeavour please give us a call, we would like to have three or four women from the North and South Townsites. Support your community, and make those moving into it feel welcome. Call Judith McLeod at 888-6588 or 888-1311 Loc 391.

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A parents' primer on drugs (continued)

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Hallucinogens: those psychedelics which cause hallucinations.

LSD: probably the most powerful psychedelic. Reactions to LSD are extremely unpredictable. Distortions in time and space. Brighter colors. Vivid sounds. Feelings of strangeness. A sense of beauty in common objects. Sometimes fear and panic. Sometimes even psychosis.

Flashback: a user can be thrown back into the LSD experience years after the original use of the drug. Other possible risks of LSD, which are being thoroughly researched, include brain damage and chromosome breakage.

Acid: a slang term for LSD. A frequent LSD user is an "acid head".

Drop: to take any drug orally. LSD is usually dissolved in water, and may be placed on a sugar cube. The term is to "drop acid".

DMT: a powerful psychedelic prepared in the laboratory as a powder or liquid. It is usually injected into the vein or smoked along with marijuana or in cigarettes.

DOM: called STP by users.

The effects of STP can last for two or three days.

Marijuana: the crushed and chopped leaves and flowers from the hemp plant. Sometimes smoked in cigarette form. Sometimes smoked in pipes. Reactions can be: a giddy feeling like drunkenness; changes in perception and mood; feelings of well-being or fear; and possibly hallucinations. Slang terms for marijuana are "grass" or "pot".

Joint: a marijuana cigarette.

Roach: the butt end of a joint.

Stoned: describes the intoxicating effect of marijuana or really any drug or alcohol.

Hashish: called "hash". Also prepared from the flowering tops of the hemp plant. Hashish is smoked in a pipe or taken orally, and is more powerful than marijuana.

THC: tetra hydro cannabinol. Purified extract of the resin of the hemp plant. THC is the substance in marijuana and hashish that causes the mind-altering effects of these substances.

Trip: a name for the reaction that is caused by a psychedelic drug. A bumper is an unpleasant or frightening trip.

Head: someone who uses drugs frequently.



EOD-UJ and EOD-HC may mean something to this group which recently met at TCHQ to write Officer Qualification Specs. and Men's Trade Specialty Specs. They are (l. to r.) MWO Kinnear, CFSAOE; Capt.

Briard, CFSAOE; Capt. Holmes, CFSAOE; Capt. Collins, CFHQ/DPRC; Maj. Mialski, CFHQ/DOPS; Lt. Cdr. Rowse, FDU; Capt. Hill, CFHQ/DAMMO; WO Hay, CFHQ/DAMMO and Capt. Wilson, TCHQ. (base p...

CAF battles deadly killers

OTTAWA (CFP) — The Canadian Forces are now officially at war with your deadliest enemy — the all-too-common, non-operational accident.

Each year accidents involving both military and civilian personnel take more than 100 lives, steal more than 100,000

man-days of work and cost over \$35,000,000. Non-operational accidents, including those which occur off-duty, account for 80 of those deaths and \$21,000,000 of the annual cost.

Biggest of all off-duty killers is the private car accident. On average it kills 50 servicemen

a year but in 1970 it reaped a bumper crop, leaving 67 lives bereaved.

This needless human suffering concerns General F. R. S. Chief of the Defence Staff as much as the practical consequences of lost manpower

Better flossed than lost

Dental health starts at home

by Dr. Paul Greenacre

OTTAWA (CFP) — In Canada there are about three times as many patients as can annually be treated by our present population of dentists. Furthermore Canadian mothers are producing children faster than Dental Schools are producing dentists. We in the forces are fortunate to have fine dental care available.

All members of the forces should be able to maintain or help develop their dental fitness through comprehensive home care. Since oral health is a patient's responsibility, start today by disorganizing those disease-inducing bacteria and keep your teeth for a lifetime.

Dental disease and tooth loss are not to be accepted as facts of life. They are problems to be understood and controlled. Dental research has shown that, with a maximum of prevention and a minimum of treatment, dental health can be maintained by patient participation. We will now proceed to explain and outline a comprehensive method of "HOME CARE".

Dental Disease
To effectively take charge of your own dental health you must realize that the actual culprit in cavities and gum disease is ORGANIZED BACTERIA. As individuals these bacteria belong in and are part of our digestive tract. However if given the chance to get organized into a colony or factory, they can be detrimental to your oral health. Cavities begin when bacterial colonies give off acidic by-products which can decalcify enamel.

Gum disease begins when a similar group of bacterial produce toxins that interfere with the blood supply to our gums. It is indeed amazing to see how a few bacteria, if given a location in which to organize, can in time decalcify and decay our teeth, cause our gums to bleed and recede, and make people dream of the day when they'll be rid of their teeth. Every toothache, every loose tooth, and all false teeth are a tribute to bacterial organization and determination. Why should you continue to leave these simple organisms in charge of your "Dental Health"?

Colony Sites

Tongue: The greatest source of organized bacteria in the mouth is said to be the tongue. Colonies established in the soft tissue fissures give a "white coating" appearance to the tongue. There is no proof that these bacteria are creating disease, but they could contribute to breath odour, could be a source of bacteria that cause dental disease, and could harbour viruses that cause colds and sore throats. The home care to keep these tongue-bacteria to a minimum is: brush forward with a toothbrush — or; wipe the tongue with a washcloth.

To prevent this from becoming an unpleasant gagging experience or an unintentional contribution of your dinner to the fight against dental disease, only brush or wipe your tongue once or twice at each cleaning session.

Pits and Fissures on the Tops of the Teeth: The pits and fissures on the top of your teeth are one of the few cavity sites where treatment is often unavoidable in spite of home care efforts. The fissures in this area are just too small for a toothbrush bristle to get into and clean, but they are as big as the Grand Canyon to the bacteria. These anatomical defects on the teeth are one of the few situations where man seems to be able to improve over nature's design. Fortunately this type of

filling is both quickly and simply done.

Smooth Surface Bacterial Colonies: These originate around the four sides of the teeth wherever bacteria are given a chance to gather. Your brush should prevent any colony sites from forming on the cheek and tongue sides of your teeth. What you are dislodging can be easily illustrated by wiping a white washcloth or handkerchief over the teeth, in a manner similar to cleaning windows.

That yellow film you can see is the bacterial colony and its waste products. In fact a hanky or kleenex used at lunchtime will do almost as good a job as a toothbrush at home. Your method of tooth-brushing may vary, but as long as you effectively disorganize the bacteria on both sides of your teeth it doesn't matter which technique is responsible. The critical areas to clean is where the tooth meets the gum. We call this the tooth-gum beachline.

Concentrate your brushing there — especially on the inside of the lower front teeth and around the molars. Further, a soft or medium brush is all that is required to break up the soft bacterial colonies. Remember that it is possible to abrade the teeth or cause gum recession by brushing too vigorously with a hard toothbrush or any abrasive toothpaste.

Flossing the Contacting Sur-

faces: The importance of cleaning the contacting surface of the teeth cannot be overemphasized. About 50% of all probable cavity-sites are between the teeth, and about 80% or more of all the gum disease seen originate here. Bacteria come to colonize between the teeth after fillings are placed and redecay around old fillings.

Also a faster onset of disease is quite common in these areas. The best way to control these bacteria between the teeth is the daily use of **Dental Floss.** Dental Floss waxed or unwaxed length nylon thread that is slid between your teeth in a sawing motion. It is a difficult manual skill to learn if you don't know the proper method and have the motivation. However, once you are shown how to use floss it is easily done and it will benefit both your own and your family's most valuable home care.

Bacterial Colonies Cause Trench of Gum Disease: bacterial waste products encircle the tooth can after years of contact produce a trench of gum disease around the teeth. It can be compared to a stagnant moat around a medieval castle. This moat infected trench must be cleaned out.

CHAPEL SERVICES

North Site

Protestant Chapel

Chaplains
Maj. M. Pippy—206 or 417
Secretary
Mrs. R. Posetka—Local 417

SERVICES

1100—Divine Worship
1200—Holy Communion
1st Sunday UCC
3rd Sunday ACC
Baptisms—by appointment

Our Lady of the Airways (RC)

Chaplains
Maj. M. Sabourin—Local 272
Secretary
Mrs. R. Posetka—Local 272

MASSES

Sundays—0830 1100
Tuesday to Friday—0730
Baptisms—by arrangement with the Padre

PENANCE
Before all Masses

CATECHISM CLASSES
Sunday at 0930

South Site

St. Andrew's Chapel
Kenaston Blvd. at Grant Ave.
Secretary—888-6025

Chaplain
Capt. A. D. Turnbuii—888-6025

SERVICES

1100—Divine Service
Confirmation Classes—by arrangement with the Padre
Holy Communion—1200 Hours
1st Sunday ACC
3rd Sunday UCC

St. George's Chapel (RC)

Chaplain
Maj. J. L. C. Gautreau—888-1331

MASSES

Sundays—0900 1100
Mon. to Thurs.—0800 Hours

CONFESSIONS
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Baptisms—Every Sunday by appointment with the Chaplain

CATECHISM CLASSES
Sunday—1000 Hours

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A FORCES RECORD was achieved by... TCHO coordinator Capt. J. C. Smith... W. A. Milroy. Section coordinator

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is needless human suffer... General F. R. S... of the Defence Staff... much as the practical... of lost manpower.

home

s: The importance of cl... the contacting surface... teeth cannot be overem... About 50% of all pre... cavity-sites are betw... teeth, and about 80% or m... all the gum disease seem... inate here. Bacteria cont... colonize between the t... fillings are placed cau... decay around old fillings... so a faster onset of g... case is quite common... e areas. The best way... rol these bacteria betw... teeth is the daily use... tal Floss. Dental Floss... ed or unwaxed length... n thread that is slid betw... teeth in a sawing mot... a difficult manual ski... n if you don't know... er method and have g... ivation. However, once... shown how to use floss... asily done and it will bec... your own and your fam... t valuable home care... bacterial Colonies Causing... ch of Gum Disease:... erial waste products... rcle the tooth can after m... s of contact produc... ch of gum disease are... teeth. It can be compa... stagnant moat around... eival castle. This moat... eted trench must be clea...

Legal beagle on 'trailer trouble'

In July 1st, 1971, a Canadian Forces female corporal purchased a new 52' x 12' mobile home in Ontario. In September, she was posted some 1200 miles away, entrusting the movement of her new home to one of Canada's most experienced mobile home movers". On the day of pickup by the mover the unit was inspected and found to be in excellent condition and free of damage.

trailer was inspected at the company's branch office en route and found to have the following irregularities: — broken windows; exterior front, right and left panels loose; all four tires rubbing on floor of trailer and one broken through the floor; interior panels loose; furniture rub marks on interior walls; drapery hangar detached; marks on wall from a detached bedroom door; frame sprung out of shape; window frames

broken; back wall parted by one inch from side wall; and exterior panels damaged.

It also appears that it was found necessary to replace a tire en route (not too surprising). A letter to the corporal from the company advised her that if she wished to purchase the new tire, the cost was \$50.00, or if not wanted, they would remove it. It also seems that if she did not purchase the tire, there was a tire rental of three cents a mile for its use, which, together with "act of God" insurance, was to be paid to the driver upon delivery.

She provided the moving company with a letter from the company from which she purchased the trailer, certifying that the trailer was a new one, but the response concerning repair and reimbursement was proving to be something less than expedient.

In an attempt to get the service one would normally expect from a reputable company, the corporal contacted the AJAG office for assistance. A letter to the moving company from the AJAG brought the reply that the corporal's claim has now, three months later, been turned over to their insurance company for settlement.

This office will be watching for word of a satisfactory settlement.

St. Andrew's chapel news

St. Andrew's Chapel will be holding a Saturday Youth Program on Saturday 12 Feb. 72 from 1:30 p.m. to 3:30 p.m. The program is for all young

people aged 5 to 16. This month's theme will be on "The Life of Christ". An interesting and active program is planned. All parents are urged to have their young people attend, then the whole family come out to the service on Sunday at 11 a.m.

Confirmation classes are well under way at St. Andrew's for the whole Base. Juniors (12-16) yrs. are halfway through the course, but consideration will be given to more candidates if parents contact a Padre right away. The Young Adult and Adult Class is picking up momentum and will accept within its group anyone interested. Juniors meet Sundays at 2 p.m. Sunday Services at St. Andrew's Chapel are held at 11 a.m.

Wanted, right away, an organist or piano player to fill the vacancy of organist. A small honorarium is offered. Interested persons contact Padre Mercer (loc. 543) or Padre Turnbull (888-6025 or 888-3307).

Peace Keeping

Canada has been contributing to the United Nations peace-keeping force in Cyprus twice since 1964.

Norwegians Train

Between 1960 and 1969, 180 pilots and 23 navigators of the Norwegian Air Force were based in Canada.

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Stevenson District

Guide and Brownie news

Flying Up Ceremony

A flying up ceremony was held on last Nov. 10 with three Brownie Packs and the 25th Guide Co. of Stevenson District taking part. The Brownie Packs who took part were the 25th, the 121st and 148th. Those presented with wings were Debbie Arms, Susan Gould, Cindy Sharbonneau, Rose McDermott, Lee Hart, Shelly Winters, Debbie Webster, Jane Swazey and Joanne Pope. They were welcomed into the Guide Co. by the Patrol Leaders and Captain Mrs. Carey.

The District Guider, Mrs. Swazey and the parents attending enjoyed songs sung by the girls and a lunch served by the Mothers Group. The evening closed with Taps and the Guiders wish to many thanks to all who helped make the event such a success.

The 25th Pack News

This Pack's first enrollment of their new Brownie year was held on November 18, 1971. The Brownies enrolled were Patti Simpson, Monica Albert, Sandra Rice, Janice Harrison, Simone Lesieur and Jackie Smith. Golden Bars were presented to Shelly and Glenda Rathwell. Service Stars and Interest Badges were awarded to several girls. The District Guider and visiting parents enjoyed the Brownie songs before lunch and Taps closed the evening.

The 94th Pack News

The big event for nine little Tweenies of this Pack was on last November 15, when they were enrolled as Brownies. They crossed a magic river on stepping stones, answered to their challenge, and were accepted into Brownie Land. The new Brownies are Monica Lindsay, Shelly Rice, Kimberly Alcock, Patty Anderson, Michelle Phelan, Diana Kelly, Cindy Bell, Darlene Meier and Shannon Colbourne. The girls had a special treat as Mrs. McDougall of 121st Pack taught them some new songs. The visiting parents of the new Brownies joined all in lunch at the close of the evening.

The 148th Pack News

To this date these Brownies have been on an outing to Assiniboine Park where ten girls earned their Outdoor Adventure Badges.

In November three Tweenies who were enrolled as Brownies were Lori Koch, Arlette McIsaac and Jeannie George. Refreshments were served to girls and parents after their meeting.

The 121st Pack News

An enrollment was held last November 3, with the theme of The Brownie Story. The six Tweenies brought to the Toadstool were Lindsey Delmer, Janice Wooster, Donna Hollis, JoAnn Ross, Karen Foster and Linda Maidment. The girls entertained the District Commissioner and parents with songs before a lunch and closing with Taps, a Prayer and the Brownie Squeeze.

Three new Brownies came to the Pack in the fall and all were busy preparing for the Good Turn they would be doing in December. A lovely collection of children's books was brought in for the children's ward at Grace Hospital and handicrafts were made for the Senior Citizens. The girls have been busy working in parts of their Golden Bar, Golden Ladder and Golden Hands. Several Interest Badges were earned and the Pack went on a Nature walk. At this time we would like to thank the people in this area who helped us learn more about the beauty of nature.

The second enrollment was held on January 12, with Brown Owl welcoming the District guests, parents and the Guide Captain of 25 Co. The three Tweenies were brought by Brownies from the Wise Old Owl to Packie at the pond, and sent on to the Toadstool to be enrolled. The new Brownies are Kelly Arback, Karen Hepple and Valerie Pride. Following the ceremony a Brownie spoon was given to Elizabeth Webster with thanks before her transfer to 148th Pack. Interest Badges were given and Packie was presented with a Friendship Pin. Four Brownies earned Interest Badges by giving a puppet show for the parents and the girls led their brothers and sisters in song at pow-wow. A lunch followed and after Prayer and Taps, Madam Commissioner took the salute. We are off to a busy, enjoyable year in 1972.

NOTICE

1) The 25th Guide Co. requires teachers and testers for the following Badges: Signaller (Flags and Morse Code), Astronomer, Aircraft, Photographer, Weatherman, and Mineral Collector. If interested please call 888-8627.

2) The "cut off" date for girls 7 years old to join Brownies was January 31st. There are openings in three Packs in Stevenson District. If interested please call 888-4560 before 4:30 or 889-3242 in the evenings.

We Are Pleased to Announce

the Appointment of

Maj. Gerald A. McDonald

(Retired)

As a Representative

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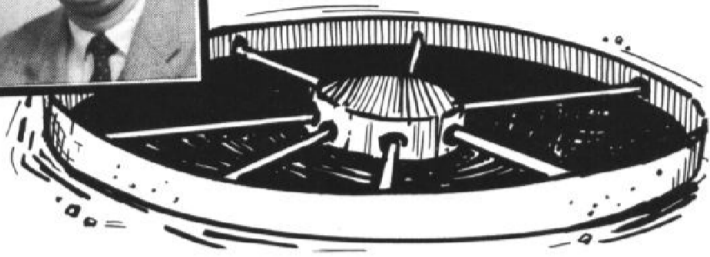
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VOXAIR SPORTS

Spinning the Sports Wheel

with John MacLEOD



Money!! — it appears — and not desire or ability is the apparent criterion being used by the newly formed World Hockey Association in the hiring of National Hockey League stars away from their present teams. Although we must admit the stars such as Bobby Hull, Norm Ullman and Bernie Parent are established, only Hull is performing as such this season. As of 2 Feb. '72 the Toronto Maple Leafs have dropped from a solid fourth place club in the Eastern Division to a miserable fifth following the loss of their eighth straight game, four of which were whitewashes. What makes a winner — certainly ability counts, but the desire to win and the spirit of the team as a whole counts, and in my estimation, forms eighty percent of that so called one hundred percent required to put a winning team on the ice. Toronto is in one of their worst slumps in years and any amateurs watching them play on recent TV games can plainly note that the Leafs lack desire, drive and spirit. Ullman is having a bad year and is in the final year of a long term contract. Keon is having problems too, after having his best season a year ago, and is also on a long term contract; and Bernie Parent is trying to concentrate on his play for the Leafs but can he with visions of \$600,000.00, plus dancing in his head? There are probably many other reasons for the Leafs' downfall, however the lack of ability on the part of the team members is not one of them. I am sure that expansion of the NHL, the possible formation of the WHA and the high salaries are the main cause of poor play in the ranks of professional hockey. Not only is this poor play noticeable in the NHL but also in the lower ranks of the professional ladder such as the AHL, WHL and the young CHL. The fact that the WHL/CHL are to merge into one beginning with the 1972/'73 season is a sign that play there is below standard.

It is true that with only six teams in the NHL many excellent players never could make the big time. Guy Trottier of the Leafs is an excellent example of a mighty fine hockey player who was overlooked because of his size until expansion came along. That expansion was needed is not argued. The fact that it has gone beyond the fourteen team limit and the formation of the WHA, regardless of what the owners claim, professional hockey players capable of playing NHL style hockey are not available. What we have done and apparently are continuing to do is lower the standard of play to that of the WHL/CHL and AHL league but continue to charge NHL prices. If this is the case, and it appears on the surface to be fact, then professional hockey is in trouble. The paying fan will not stand for anything, but the very best.

Hockey Arena for CFB Winnipeg

In our last edition an article written by "Mac" on the Base Hockey Royals, stated that the lack of our own arena facilities was making it difficult to keep the Royals in tip top shape. Much has been written on the pros and cons of an arena for CFB Winnipeg. The lack of money is the official version for not having such a facility built at this time. Winnipeg is the only major Base that does not have an arena of its own. Gimli and Rivers had arenas and these apparently were sold or disposed of when the bases closed recently. This corner cannot agree that money is the only block to Winnipeg having such a facility. The money the Central Fund loans for such projects is apparently so low that we could not be granted such a loan if in fact we asked for one. A recent TV programme claimed CANEX was a multi-million dollar business making huge profits! The Central Fund gets its money from CANEX profits. It is time we got down to business and cleared up the reasons why CFB Winnipeg is without an arena of its own. The land is there and the plant on the South Site Curling Club apparently will run an ice hockey plant also, so what else is needed — a building!!!

Curt Ridley Takes Over

When the hockey season began last October, Curt Ridley, son of Major and Mrs. W. Ridley, was shipped by the parent Boston Bruins to their Central League farm team at Oklahoma City where it was expected he would gain valuable experience as back-up man to veteran John Adams in the Blazers' nets. Curt has played so well after nineteen games that he has taken over the regular net minding chores from Adams. The Blazers coach claims that young Ridley has been so hot he sees no reason to change and figures Curt "a sure bet" to become a regular NHL goalie in the near future. With the event of the WHA don't bet it will not be sooner than later . . .

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Bowling Banter

The latest high scores for the various leagues are as follows:

LADIES LEAGUE
High Single — P. Swanson 322
High Triple — P. Swanson 723
High Average — P. Swanson 202
Vera Winters team is in first place.

MIXED LEAGUE
High Single — H. Paduch 390; P. Gould 311
High Triple — R. Dupuis 905; P. Gould 808
High Average — R. Dupuis 252; P. Gould 198
Team No. 6 (Van Blaricom) is in first place.

INTERSECTION LEAGUE
High Single — S. Blizzard 360
High Triple — R. Dupuis 860
High Average — R. Dupuis 249
Team No. 2 (Blizzard) is in first place.
Our congratulations go out to John Bonnell who bowled a 418 on Thursday, January 27th, in the Intersection League. Needless to say he will have the High Single, but the above statistics do not go past Jan. 25th.

Badminton News

The Winnipeg City and District Badminton Championships were recently held at the Wildwood Club. Twenty matches were entered by members of the Westwin Badminton Club.

Donna Gabbs and Joan West won the Second Ladies Consolation Doubles event while Lloyd Froment and Roy Heinrichs captured the First Mens Consolation Doubles spot. Congratulations for a fine performance in the highly rated tourney.

The next event on the Badminton calendar is the Manitoba Open Tournament, February 13 to 19 at the Canoe Club. Fans have an opportunity to see Manitoba's finest; clear, drop and smash away for top honours.

Women No. 2 at Borden

On Jan. 24-31 CFB Borden hosted the 1971-72 Servicewomen's National Sports Championships in Bowling, Curling and Badminton. Area One was represented by Servicewomen from Esquimalt, Edmonton and Winnipeg.

Although Area 1 didn't bring home any of the top awards we did place second in the Bowling and Badminton competitions.

The girls arrived at Borden on Sunday and enjoyed meeting with old friends and acquaintances from all Areas in Canada and Europe.

L/Col M. Valance, female advisor arrived at CFB Borden on Thursday and spread good will to all competitors at the three sports. She also assisted in the presentations of awards at the delicious wind-up banquet on Friday.

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STOP ACTION. Robert Boyle and K. V. Berge of the volleyball team practice for the zone championships to be in Calgary on 24 April.

(Photo by Bo...)

Base Hockey —

By: Mac

On Feb. 1 the CFB Royals tangled with league-leading Elmwood and when the smoke had cleared the Royals were on the end of a 6.1 score. This victory, in effect a four pointer, closed the gap between Elmwood and the Royals to 3 points.

To date the Royals' record is W 17, L 6, T 1, — 35 points.

The 6.1 drubbing of the league leaders was mainly due to the sparkling efforts of Kerry Stevens, Guy Ethier and Bugs MacDonald. Ethier and Stevens were flying all night and both registered a brace of goals. Ethier was also a stand-out in a penalty-killing role.

MacDonald was the glue for the defense corps and backed up by Jackson and Stewart dished out stiff body checks all night, forcing the speedy Elmwood forwards to slow down disrupting their offence. Ed Pope, beaten only on a deflection, frustrated Elmwood's efforts all night. The word around the league is that the CFB Royals' strength lies in their goaltending — the number of excellent games turned in by Scanatti and Pope merit this recognition.

On Jan. 24th the Royals

dumped the intersection All Stars 18-3 but coach Tom claims if he had the team together for a while they would be a much tougher organization. This observer noted a game that with more practice the All Stars could give a credible account of themselves.

The CFB Royals are operating under the watchful eye of Rusty Farrell, who has left for duty in the north. Coach Farrell has taken over the driver's seat for the two games — both victories.

Coach Farrell tells me getting the club in top form for the regional final in Edmonton is his basic objective but first place in the Base Hockey league is pretty high on his list of priorities. Well, him well.

Royals' Games

Wed., 9 Feb. — Royals Kirkfield — 10:55 PM — Ex Arena.

Tues. 15 Feb. — Royals Elmwood — 10:30 PM — Sargent Arena.

Thurs. 17 Feb. — Royals Vikings — 10:40 PM — Park Arena.

See you next edition.

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February 9, 1972

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by Capt. D. J. McGrath

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 ...A special round of...
 ...is due to Wes Ander-...
 ...and his teammates of...
 ...Boyd Williams, ...
 ...Dillabough, as they...
 ...to the eight's of the...
 ...and qualified for a...
 ...a Consuls Spot in...
 ...We have our fingers...
 ...for them. Other results...
 ...will be put in the...

Doreen Smith; third, Helen Jenkins; second, Donna Stack and lead, Doreen Ransom. Third and fourth prize winners in the First event were Gladys Meldrum's rink from Charleswood and Mona Dixon's rink from Assiniboia.

Second event winners were — First: Lorraine Vaile's rink from Pembina, Second: Dorothy Brough's rink from Crestview, Third: Joan Ryan's rink from Assiniboia, Fourth: (hurray!) Shirley Smith's rink from CFB Westwin.

Third event prizes went to — First: Doris Bailey's rink (Victoria), Second: Gerry Watt's rink (Pembina), Third: Isobel Ogston's rink (Transcona) and Fourth: Isobel Dotten's rink (Granite).

The Fourth event winner was Shirley MacDonald's rink (Highlander) defeating Charlene Edmondson's foursome (CFB Westwin) in the final. The Fifth event winner was Hazel Wilson's rink (Heather); the runner-up, Carol Smith's rink from Assiniboia.

Play has begun in the third round of the 1971-'72 season's club competitions. Winners of the second round of curling were:

- Evening League "A" — Dorothy Robertson's rink
- Evening League "B" — Sherry Ridley's rink
- Evening League "C" — Dolly Jame's rink

Afternoon League — Helen Gazley's rink and Sharlene Edmondson's rink (tie).

Coming up on Saturday, February 19 are two annual club social events which promise to be most enjoyable. That morning and afternoon, the annual Invitational Ladies Bonspiel will be held with rinks from eight clubs from the Winnipeg area attending to curl against representative rinks from our own club. In the evening, the second "Sadie Hawkins Fun Nite" of the season will be held. Please check the bulletin board for further particulars.

SEE YOU ON THE ICE!



SAVES ANOTHER ONE — "Bug" MacDonald and Andre Michaud chase a rebound after a brilliant save by goalie Ross Scaynotti during a recent Royals' practice.

The Royals are preparing for the Region playoffs to be held at CFB Edmonton later this month.

(Photo by Shabaga)

Westwin Minor Hockey

by Laurie Logan

From famine to feast for the Westwin Pee Wee A's while the B's can't win for losing. The A's led off the New Year with an exhibition game at Airways where, after trailing 2-0, Westwin's True brought the boys back in range with a goal. Schmautz saved what would have been a sure goal by Airways, but was called for a penalty shot. Airways missed this chance to move further ahead and Boyer battled into their zone to set up Stephen Gwynne's tying goal. A good effort by Boyer, True, Gwynne, Pollen, Winter and company.

League action resumed with a game against East End Barons in East Kildonan. The A's sometimes display a fault common to other Westwin teams and that is the inability to start fast. The Barons, led by their giant on defence, had the A's down 1-0 early before True set up Scott with a pass. Bailey was a hero in nets keeping East End scoreless as they poured through the Westwin defenders. Our boys came to life in the third period after trailing 2-1, and the result was a pass from Scott to Thorne for the tying marker and a 2-2 score.

Westwin hosted the bruisers from Winakwa and came up with a good defensive effort, but were unable to get their offensive machine on the track. Winakwa scored from a scramble in the second period and threw up a defensive umbrella in the third that Westwin could not break through. Final score 1-0 Winakwa.

In a trip to St. Vital, against Glenwood, the A's put together a superior effort in winning 2-1. Westwin took the lead as Brad Boyer, in his best game of the season, scored with a sizzler from inside the blueline. Defensive play was the keynote with Winter and True leading the battle to protect Bailey in goal. After some rough play in the second period Westwin went ahead when a passing play from True to Scott to

Gwynne resulted in the winning goal. Fine efforts from Peterson and Millard held Westwin in the game until the whole team came to life to save the win for Bailey, who was tremendous in goal again.

Bantam B action has been fairly sparse. The boys played a single league game, against West Kildonan, and were able to hold the score at 2-2 after two periods against a class hockey team. In the third West-Kay brought up the heavy artillery and pumped in two goals for a 4-2 win. For Westwin John Warren and Doug Curry were the goal scorers.

The Silver Heights Bantam B tournament was won by Roblin Park, who defeated Glenlee in the final. Our Bantams lost 6-3 to Silver Heights and were blanked 5-0 by Crestview. In the first game we were behind 6-0 before coming to life, with goals by Zachow, Blais and Warren.

The Pee Wee B's have been quite busy since the holidays, in spite of the cold weather, and although going winless are improving hockey players and should start to hit the win column soon. At Bourkevale they were disappointed in losing an exhibition game 2-1 after leading in the third period, on a Logan to Strangward goal. Westwin played rather loosely in the third and that was their downfall. Little was strong in goal, Kendrick and Johnson worked hard, as did Wes Koch, with Spence showing well in spots.

In a league match at Roblin Park the B's trailed 1-0 after two periods then became rather intimidated by the size and aggressiveness of the opposition, to lose 4-0. Rice and Sitavanc gave a full effort, with Bateman and Johnson showing flashes of determination. Again Ken Little played a sound game in goal, with his defencemen trying to hold back the onslaught, but the Roblin Park muscle was the deciding

factor in the game.

An exhibition game against a powerful Heritage crew saw much the same result. Heritage wasn't a physical, but fine passing and skating, plus some Westwin reluctance to chase the puck into the corners, resulted in a rather one-sided 6-1 Heritage win. For this match Schreiber played goal with Ken Little as a chunky right winger, and both did a creditable job. Westwin gave up four goals in the opening period and tightened up the rest of the way with Drew Johnson getting our lone tally.

An often postponed game against St. Johns-Ravenscourt finally culminated in an encounter at Westwin, and will not go down as a classic. Westwin was at half speed throughout with the forwards not checking and the defence rather porous, allowing too many shots on the goal. It wasn't till the last half of the third, after a St. John player had swept the length of the ice to score, that Westwin came to life. The forwards opened up with long passes and fast skating, they dug in the corners, the defence began doing defensive things as well as keeping the puck inside the other teams blueline, and Westwin struck for quick goals by Johnson and Spence. They lost 5-2 but showed signs of playing the hockey they are capable of.

A night later, 18 Jan., the B's continued their effort at Varsity View. Here they gave a sincere effort and barely lost 4-3. Duane Strangward was the workhouse with 3 goals, Ron Rice and Greg Spence came alive at centre, and the defence was more effective in protecting goalie Little.

It would be appreciated if the other coaches would send news of their teams to M/Cpl Logan TC Stats so more boys could receive coverage in the paper. To date there has been little or no news from the Olympics, House League, or other areas.

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(Photo by Bog)

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Royals' Games
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 Tues. 15 Feb. — Royal...
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 Thurs. 17 Feb. — Royal...
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 See you next edition.

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- 10:00-11:00 hrs. Teenage Activities
- 10:00-11:00 hrs. Open Recreation
- 10:00-11:00 hrs. Open Recreation
- 10:00-11:00 hrs. Badminton Club
- 10:00-11:00 hrs. Open Recreation
- 10:00-11:00 hrs. Womens' Fitness Classes
- 10:00-11:00 hrs. Basketball Practice
- 10:00-11:00 hrs. Open Recreation
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733 comm-ent

by J. Flaherty

Well, here it is the middle of January and I've already broken all my New Year's resolutions. During a recent move into PMQs I lost my favorite ballpoint and missed an issue or two. 733 Comm Sqn. CO (Capt Carey) put it best when he said "You're doing a good job with your article, when you do it". I wonder if he's trying to tell me something?

Here are a few pre-Christmas notes:

1. 733 Comm Sqn held its annual Christmas dinner and dance. A good time was had by all and thanks are extended to those who helped with tickets, etc. 2. Cpl Dave Young recently returned to 733 via Kingston and Ottawa. After completing his 6A course with top marks Dave went to work on some new gear. 3. WO Ritter and Pte Blanchard, formerly of 733 Comm Sqn, were promoted to Lt. 4. Irene and Dick Coates moved into a new home in St. James. Well, that was a quick run-down of some pre-Christmas happenings at 733 Comm Sqn. Now I'm only a month behind.

Joyce Tully recently returned from a trip to Europe. Apparently she just about didn't make it through Customs. When it was discovered Joyce had three Swiss skiers, two Italian wine-makers and a Frenchman with a mangy long beard, they were ready to throw away the key. They say, travel by air, have a love affair, or is that . . .

Well, I'll drop this off at 733 Comm Sqn Orderly Room. That's where they erase all the slander you know! Also, that's

the place Miss Stewart edits, corrects, punctuates and types this literary effort. Thanks, Eleanor, you make my life and Uncle Vox's job a lot easier.

Our Radio Operators and Radio Technicians have been kept quite active in their role of providing assistance and expertise to our cousins in the Militia Comm Sqn who had their first "go" at trying to communicate via Radio Teletype to their distant counterparts in other provinces. In addition to providing operating and technical support to the Militia Sqn, our "flexible" communicators have been preparing themselves for a new role which has put our Squadron on wheels to some extent. Our mobile detachment personnel have been training vigorously despite the severe cold weather.

All of this Units PL4 Privates have been assessed. Their respective PERS have been forwarded to CFHQ on 15 Jan. Now we can gear ourselves for the next batch of PERS on corporals due by 1 May. It's a never-ending task but is of prime importance to those concerned.

M/Cpl Heinrich of our detachment at Portage la Prairie has been promoted to the rank of Sergeant. Congratulations from all of us at 733 Comm Sqn. We are also very proud that Sgt Frank Mailhot has been informed of his promotion to Warrant Officer effective 1 Mar 72. He was paraded before Capt Carey with a guilty look on his face, however left the CO's office with as broad a smile as you ever have seen. WO Larry Beyer couldn't have had anything to do with Frank's guilt com-

plex, could he? Congratulations Frank from all of us.

Did you ever hear of a guy draining his radiator through the exhaust pipe of his car? This feat has honestly been accomplished by one of our esteemed leaders. MWO Hank Dyrda foiled the automotive industry by accomplishing this rather unorthodox way of draining ones radiator. Anyone wishing further details on this complex technical accomplishment can obtain the facts by asking Hank personally.

The past few months have caused some disruption to the transportation media of some Unit personnel. M/Cpl Webster, for example, decided to test Autopac Claim Services after he discovered his car was on fire. This incident took place after Christmas and "Web" is still on foot. Oh well, the annual physical fitness test's coming up so "Web" is getting in shape by walking daily to and from work.

The recent cold spell has brought on many new topics of discussion in our rather small intimate coffee room. We can recall recently how we were sold on the idea of using battery blankets or warmers instead of trickle chargers due to their superior performance and efficiency. It was emphasized that the battery blanket was the alternate solution to ensuring quick instantaneous starts on typical cold wintry Winnipeg mornings. The personnel who had trickle chargers were almost ready to convert to the superior battery warming method until one morning the parking lot was almost deserted with the exception of one or two vehicles equipped with trickle chargers. It has been known that some battery blanket fans have secretly converted to trickle chargers after having to fork out funds for towing charges. The controversy however remains as to which is best. Incidentally, it is nice to have that extra charge on your battery (which you accumulated overnight by using your trickle charger at home) while at work because it is forbidden to plug in such extras while on DND power. There is always one guy in the crowd who can foil all the proven modern methods of ensuring quick starts. Lt John Sieffert hasn't plugged his car in all year nor does he own a fancy battery blanket or trickle charger. His little green Duster responds immediately. John has just obtained a new 75 amp battery which may have something to do with it.

SHOW AND TELL ***** ENTERTAINMENT ***** Don & Barbara B.

GOLDEN VOICES OPERA MANITOBA INC., our new student professional opera company, opened its first full production, Rossini's *The Barber of Seville*, on January 2. One of the best loved of all Italian comic operas, *The Barber* is about a rich young Count who is deeply in love with a young maid. However, she is the ward of a crusty old D

who has designs upon her, and, in true *opera buffa* style, the develops out of the schemings of the barber Figaro as he the lovers in their cause.

Opera Buffa, incidentally, is light, entertaining, fun opera upon human-interest stories filled with farcical situations; concerning love intrigues, deceiving wives and plotting ser. As a first production by OPERA MANITOBA, *The Barber* a good selection; Winnipeg audiences need more light ente ment!

Although there were several noticeable shortcomings of night, this production was generally quite good — especial a fledgling company. First let's get the weak spots out of the

The overture was performed in the typical manner of a p sional but under rehearsed orchestra. It was played profic but without crispness, color or enthusiasm. And, most nota was too slow. Then, as the first scene opened in the gray of dawn, it was lit like high noon! As for the set, the fr Figaro's shop looked as if it had been painted by Attila the and there were a couple of doors not masked with backing. Consequently, each time they were opened we found our looking back stage, etc. Most distracting. The chorus was on adequate and the sound system something less. During the th storm, for example, the orchestra was smothered and tow end the harpsichord, which was amplified, was a bit too. Thank goodness there was only one seizure of feedback passed quickly. However, these were only small scattered and, in overall evaluation, they did not actually detract that from the general good quality of the production.

In all fairness we don't have the space to mention all the things. Therefore, we'll concentrate only on those features the found outstanding. These were, namely, the excellent perform of William Thiessen as Figaro and Alphonse Tetrault as Dr tolo. They were sparking characterizations that paced the. Aply assisted by Paul Fredette as Don Basilio and Renée the only import in an otherwise local cast, as Rosina, we treated to a fine evening of good opera. In fact, the entire was really quite good with one exception, Arthur Janzen played the Count.

Unfortunately Mr. Janzen was out of league both vocally dramatically. His Art Song tenor did not possess the maturity depth required by his role in relation to Messrs. Thiessen Tetrault. Further, he lacked stage presence and seemed to difficulty relating to the other players. Although his perform improved in the second act, he spent much of the time slouched on one foot with arms crossed or standing like a boy with hands at sides.

But getting back to the good things, we must mention sets: on the whole they were very impressive and much, more than we had been led to expect. When the curtain on act two, a room in Bartolo's house, the audience was pleased with what it saw that a round of applause was of (Not forgetting, of course, that Miss Rosen was also on s

So, in final analysis, *The Barber of Seville* was a good production and, if we may use it as a measure of OPERA MANITO potential, their next production should be well worth seeing.

By the way, we'll be very interested in finding out the r of the survey questionnaire passed out with each program asked: "How would you rate this opera?" and "Which full opera would you like next?" (Good idea, we say.)

* * *

NOTES: Opening tonight as a part of the RWB's subscriber series, the Alvin Ailey American Dance Theatre . . . Star Winnipeg, they're on a US tour and this is the only Can city they're playing . . . *The Sun and the Moon* is now play MTC and will run through the 26th. Our opening night com will be in the next VOXAIR . . . And now the Winnipeg Comm Theatre is turning resident professional. How about that? Mstislov Rostropovich is the WSO's guest artist for Feb. 19-2

ASIDE: Readers ask us for more comments on where to The truth is, its all we can do to stay up with the perfor arts. So, we invite any of you gastronomists (don't look that to give us a bit of info every now and then on the resta scene. We'll be most happy to run it with credit to you, of c (Besides that — we can't afford it!)



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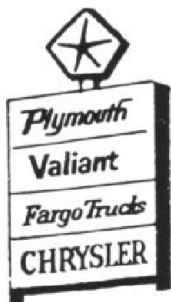
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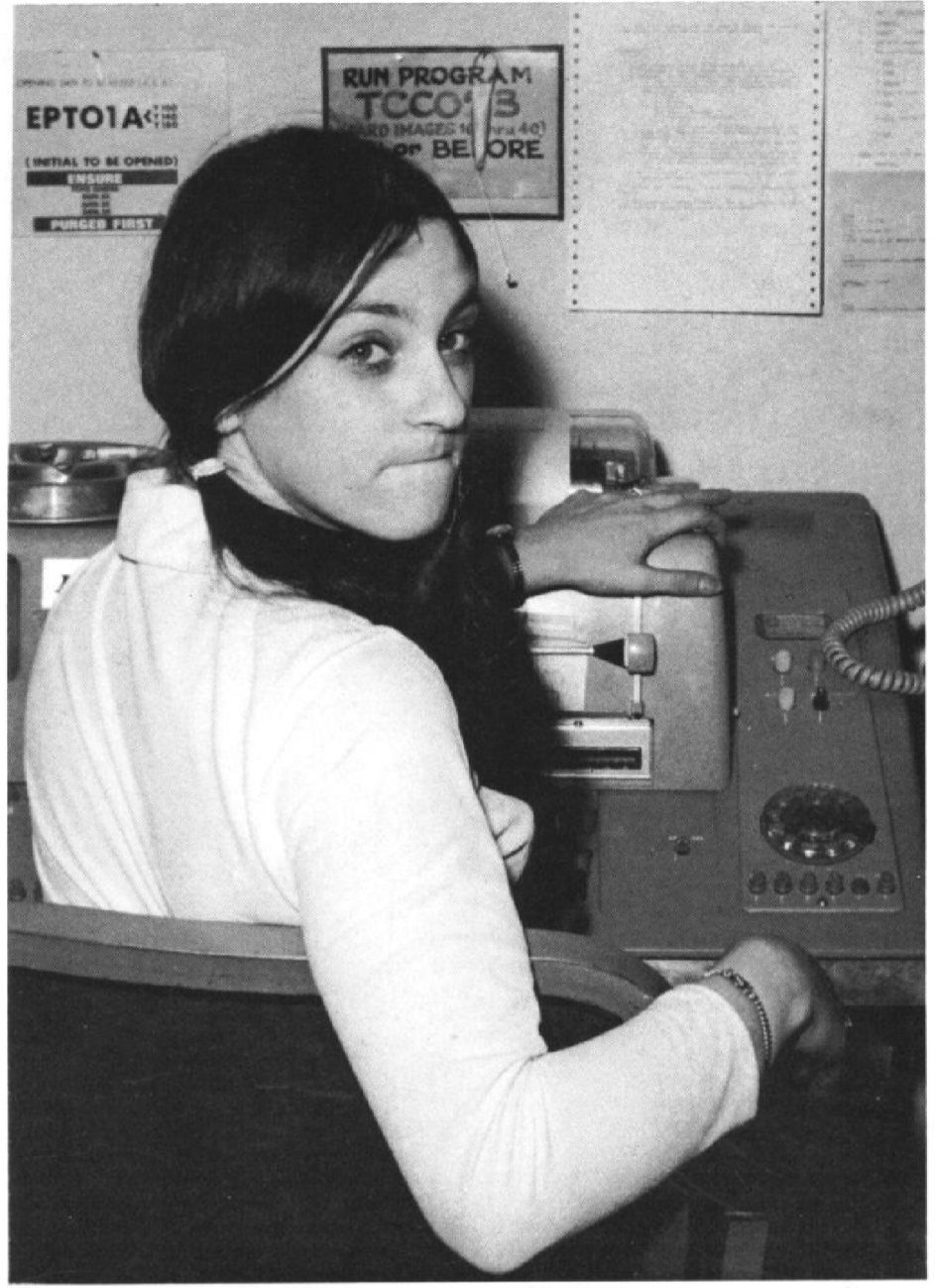
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en set. Phone 889-5393.

LADY SCHICK HAIR
dryer. Warranty, \$25.
Phone Cpl. Gagne, Loc.
396.

POTATOES, POTATOES
Come and get your po-
tatoes while they last.
Two cent per lb. Phone
489-8741 or visit Lot 61
McGillivray Blvd.

VOXAIR VIXEN



SURPRIZED by Voxair photog is Pte. Shirley (Newf) Reynolds. She is a data processor in TCHO. (photo by Shabaga)

FOR SALE

CHROME HIGH
chair, good condition,
\$7.50; potty chair \$1.50;
small pedal trike, suit-
able for 1 1/2-3 year old
\$4.00. Ph. 888-1392.

TABLE SAW, EDGE-
rite brand with 1/2 h.p.
motor, table size 18"x
24" without extension.
New cost \$108.00. Will
sell for \$75.00. Call 489-
9116 after 5 p.m.

OLDER MODEL
Volkswagen or will
trade 1960 Pontiac
wagon for same. Will
pay cash difference —
call 489-9116 after 5:00
p.m.

1968 CONVERTIBLE
Buick Custom Skylark,
P.S., P.B., floor shift
automatic, white vinyl
bucket seats, excellent
condition throughout,
26,000 miles. Ph. Mrs.
Boucher, 888-0343.

WANTED

ROLLIFLEX CAMERA
and Nikon lens, please
call 339-1163.

WANTED — OCCA-
sional baby-sitter in
Jameswood Drive vic-
inity, Phone 832-5763.

LOST

BLACK CAT — WITH
red collar, answers to
"Whiskers". Phone 888-
5047.

SERVICES

BABYSITTER — EX-
perienced 14 year old
girl. Fri. evenings and
weekends. Ph. 489-6943.

SERVICES

WILL BABYSIT
small child for working
mother, Mon.-Fri.
(days), mature, de-
pendable sitter. Phone
832-3449.

FOR RENT

CHARLESWOOD —
new 3 B.R. duplex —
\$165 per month. Avail-
able immediately —
Akins & Wallace Real-
ty, Ph. 284-1775.

SUBLET — TWO B.R.
townhouse, Ness and
Sturgeon, \$176.00 Car-
peted L.R. and D.R.,
drapes in L.R., stove,
fridge, washer, dryer,
full basement. Close to
schools and bus. Phone
889-4262.

SERVICES

BABY SITTER, EX-
perienced. 16 years old.
Evenings except Tues.
and Sun. Phone 888-
0614. Margaret Gaun-
droue.

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Special lease
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Rents starting at \$130.00
1, 2 and 3 B.R. available
To view call at Ste. 214
Telephone 489-2648
or 489-6761



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AUTHORIZED PATRONS ONLY

open from 10 a.m. to 6 p.m. Monday through Saturday

winter CLEARANCE

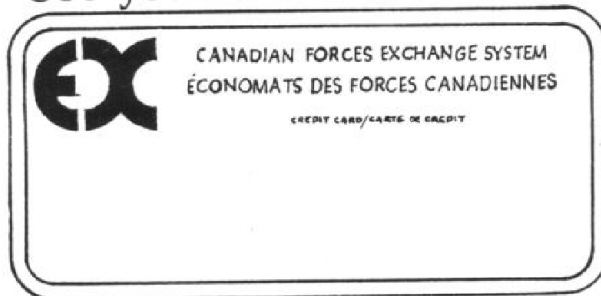
All Hockey Equipment

15% off

One week only

Starting Thursday, 10 February

Use your card.



FACTS ABOUT BASE EXCHANGE CREDIT CARDS

Available to: all military personnel of CFB Winnipeg with more than one year of service.

Amount of credit: maximum of \$1,000

Interest: 1% per month on unpaid balance.

Methods of payment: cash or payroll deduction.

For further information and application forms, call in at the Base Exchange Credit Office in the Recreation Centre (beside the barber shop)

Open from 9 a.m. to noon and 1 p.m. to 4:30 p.m.
Monday through Friday

THE BASE EXCHANGE WILL BE CLOSED ON WEDNESDAY, 1 MARCH, FOR ANNUAL STOCKTAKING.

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