



Happy New Year to our Chinese neighbors

Corair

January 26, 1972 CANADIAN FORCES BASE, WINNIPEG Vol. 21, No. 2

Hercs safe; may last as long as Dakas

CFFTSU Dakota finds lost plane

A Winnipeg based Canadian Forces Dakota was a welcome sight to two downed flyers early on Monday morning. The two men, Albert Groening and...

Otter which was also in the search area. The Twin Otter went in and landed beside the downed men and assisted them in getting it airborne again. While the light aircraft was returning to Portage, however, it developed engine trouble...



GOT IT BACKWARDS. By inserting the toothbrush from the rear of his toothy model, WO Bernie Arsenault shows this keen group of Patricias how best to brush their teeth. (Photo by Walton)

OTTAWA (CFP) — A recent Canadian Press story about Canadian Forces Hercules aircraft gave the impression that our Hercules had been subjected to unusual stress and, as a result, some structural weakening had been caused.

The facts are that the modifications which will be implemented on our C-130 fleet are part of a normal process which has already been carried out on Hercules aircraft flown by a number of other countries. A substantial benefit from this modification program is that it will extend the life of the aircraft significantly beyond their original design life.

The 23 Hercules of the Canadian Forces will be overhauled and modified by Northwest Industries Ltd., of Edmonton and an eight million dollar contract has been awarded for this work. In anticipation of the modification program, the Canadian Forces have made arrangements for the replacement of the centre wing section of their aircraft with an improved centre wing box assembly. The work will be done over a two-year period beginning in 1972.

While the Hercules are undergoing this modification the opportunity will be taken to have crash position indicators and flight data recorders installed and to have additional maintenance work done.

There has not been or is there any intention of grounding the Hercules fleet.

Program to involve 40,000

Summer employment for reserves, cadets and civies announced

OTTAWA (CFP) — Reserve training, a civilian training program which emphasizes community assistance projects and additional training positions at summer camps, will be provided by the Defence Department this year as part of the federal summer youth employment program. These

programs, which include the normal departmental summer programs, will provide summer activities for some 40,000 at a total cost of 12.8 million dollars.

In addition, civilian employment will be provided for a number of students at defence establishments across the

country. Funding for this employment will come from a supplementary budget covering all government departments. The Defence Department share of this project has not yet been announced but last year 2,722 students were employed in a similar program which provided work for up to twelve

weeks at locally prevailing wage rates.

In addition to the department's normal summer reserve training programs for approximately 6,700, an additional 10,580 students will be enrolled for this training. It is also expected that some 1,000 cadets will be added to the normal cadet summer camp enrolment, bringing the total to approximately 20,500.

The cost of reserves and cadet programs will be 11.4 million dollars, an increase of 6.4 million dollars over the normal department budget for this training.

The funds being provided for the civilian training program amount to 1.4 million dollars, approximately the same as last year. Some 2,300 students will be enrolled in this program.

The funding for these three programs amounts to 12.8 million dollars, an increase of 7.8 million dollars over the department's normal budget for reserves and cadet summer programs. This is an increase of 2.0 million dollars over the cost of the reserves, cadets and civilian training programs last year, which totalled 10.8 million dollars.

The increased funding available for the reserves will result in expanded training activities.

This year there will be three levels of training for the

militia. First and second year courses will follow the seven-week format of last year and a new course will be offered those who passed the second year training program last summer. Details of all courses will be published shortly.

Also to be announced are details of training programs for naval and air reserves.

Civilian leadership and citizenship training will again be offered at selected Canadian Forces Bases across Canada, but will emphasize community assistance programs such as anti-litter and anti-pollution activities.

Since the end of last summer's programs, considerable effort has been devoted to examining areas in which National Defence contributions to the summer youth program can be improved upon or expanded. Final surveys for this purpose are expected this month and firm details of all programs, including enrolment quotas and rates of pay, will be ready shortly thereafter.

Enrolment applications for attendance at cadet summer camps will, as in past years, be handled by local cadet organizations. Information on enrolment in all other DND summer employment programs will be available across the nation at Canada Manpower centres by early April.



SOMETHING NEW AT AMU. Yes, the AMU is doubling in size at last. The area from where this picture was taken will be the home of the new snack bar while

a new VIP lounge will take over the old snack bar location.

(Photo by van Boeschoten)

Give blood, Tuesday, Feb. 8 in Bldg. 21

Point-Counterpoint by Dick Morrison

Man, in his sublime egoism, has always considered himself the God-chosen "Lord of the Earth". The old sceptic may have wondered whether he was really so exalted or whether he was closer to being Baal, the "Lord of the Flies".

Anyone who reads *Invisible Residents* by Ivan T. Sanderson might ask himself if he is Lord of anything. This extraordinary book is both irritating in its tone of arrogance and fascinating in its facts, theories, and openly admitted suppositions. Frankly, it is spine-tingling in the way that a good horror or science-fiction story should be. Unlike writers such as Edgar Allan Poe or Ray Bradbury, however, Mr. Sanderson is a biologist who is writing fact, not fiction.

Item: a photo of a beautifully worked model of a delta winged aircraft in solid gold, complete with intakes, cockpit, tail fin and stabilizers.

Problem: it is a Columbian artifact, 3000 old!

Item: Eighty percent of all so-called U.F.O.s have been sighted either leaving or entering inland waters, seas, or oceans.

Alleged fact: an "amphibious" craft, capable of land, air, surface and sub-surface operation is supposed to have been already developed by the United States.

Item: an undamaged sailing ship discovered in the poorly named "Bermuda Triangle", with an untouched meal already served, was devoid of ship's personnel. A salvage crew was sent on board and both vessels set sail for Newfoundland. En route they ran into two days of fog at the end of which the salvaged vessel was again "found" with its sails flapping. On reboarding the ship it was noted with some horror that the salvage crew had also disappeared. (This is only one of many, many such unexplained disappearances.)

Item: a prominent U.S. physicist on an expedition in the Antarctic saw a cylindrical object break through about thirty feet of solid ice and flash off into the sky. Witnesses corroborated this report.

Item: five U.S. Navy Avenger aircraft took off in loose formation from the Eastern seaboard on a routine training mission. 150 miles out they reported that they were "lost", that they did not know which way west was, and subsequently they all disappeared **completely**. A rescue aircraft was sent out with 13 crew on board. This too disappeared **without trace**. (This is only one of many, many such unexplained disappearances.)

Item: a U.S. Navy Sonar operator tracked an unidentified object at 20,000 feet doing 200 knots.

Mr. Sanderson reaches no concrete conclusions. He does, nevertheless, make some interesting suppositions. If we evolved from the sea and had to adapt to a land, oxygen-filled environment with all the interminable trouble this involved, is it not possible that some unknown brothers of ours decided to stay in their natural habitat, the oceans? (After all, dolphins, porpoises and whales are mammals with an intelligence that has yet to be measured in our relative terms.) Were this true then they would be approximately **three million** years ahead of us in evolutionary terms; and when one considers that water makes up over seventy-five percent of "our" Earth, with untold mineral deposits and wealth safely protected from our avaricious exploitation, then the metaphysical question assumes a depth of unfathomable proportions.

This book, which does not even touch on the "myths" of Stonehenge and Atlantis, is highly recommended for its totally absorbing, scientifically documented and disturbing content.

The military repository of moral resource by Gen. Sir John Winthrop Hackett

I am the product of thirty-five years of military service — a person who, with strong inclinations to the academic, nonetheless became a professional soldier. Looking back now in later life, from a university, I can find nothing but satisfaction over the choice I made all those years ago as a student — a satisfaction tinged with surprise at the good sense I seem to have shown as a very young man in making it.

Knowing what I do now, given the chance all over again, I should do exactly the same. For the military life, whether for sailor, soldier, or airman, is a good life. The human qualities it demands include fortitude, integrity, self-restraint, personal loyalty to other persons, and the surrender of the advantage of the individual to a common good.

None of us can claim a total command of all these qualities. The military man sees round him others of his own kind also seeking to develop them, and perhaps doing it more successfully than he has done himself. This is good company. Anyone can spend his life in it with satisfaction.

In my own case, as a fighting man, I found that invitations after the World War to leave the service and move into business, for example, were unattractive, even in a time when anyone who had had what they called on our side "a good war" was being demoted and, of course, paid less. A pressing invitation to politics was also comparatively easy to resist. The possibility of going back to Oxford to teach Medieval History was more tempting. But I am glad that I stayed where I was, in the profession of arms, and I cannot believe I could have found a better or more rewarding life anywhere outside it.

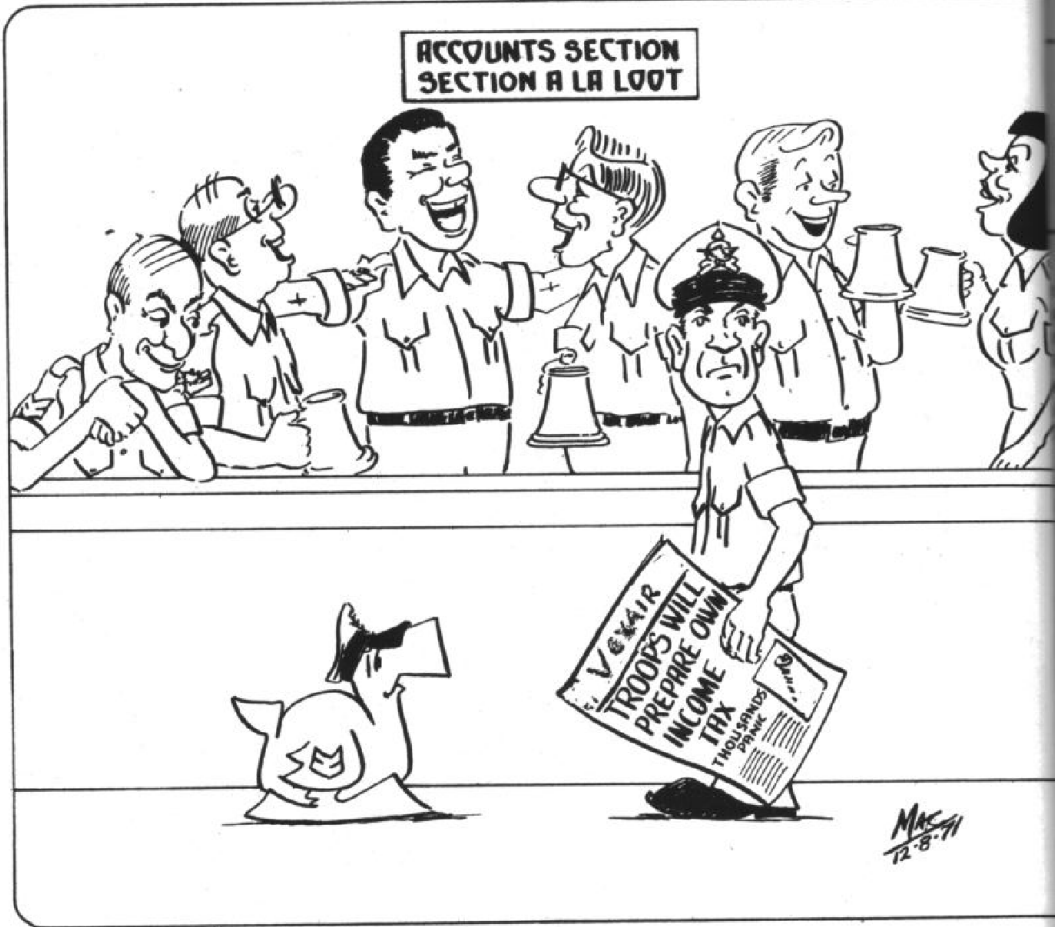
Another thought arises here. The danger of excessive military influence within the state does not spring from incompetence, cynicism, or malice in the military, but in large part from the reverse. What is best for his service will always be sought by the serving officer, and, if he believes that in seeking the best for his service he is rendering the best service he can to his country, it is easy to see why. He may have to be restrained. He can scarcely be blamed.

The military profession is unique is one very important respect. It depends upon qualities such as those I have mentioned, not only for its attractiveness but for its very efficiency. Such qualities as these make of any group of men in which they are found an agreeable and attractive group in which to function. The military group, however, depends in very high degree upon these qualities for its functional efficiency.

A man can be selfish, cowardly, disloyal, false, fleeting, perjured, and morally corrupt in a wide variety of other ways and still be outstandingly good in pursuits in which other imperatives bear than those upon the fighting man. He can be a superb creative artist, for example, or a scientist in the very top flight, and still be a very bad man. What the bad man cannot be is a good sailor, or soldier, or airman. Military institutions thus form a repository of moral resource which should always be a source of strength within the state.

It is my conviction that the major service of the military institution to the community of men it serves may well lie neither within the political sphere nor the functional. It could easily lie within the moral. The military institution is a mirror of its parent society, reflecting strengths and weaknesses. It can also be a well from which to draw refreshment for a body politic in need of it.

Gen Sir John Winthrop Hackett was commissioned in the 8th King's Royal Irish Hussars in 1931, after taking degrees in Classics and History at Oxford. During World War II, he served in the Middle East as Commander of the 4th Parachute Brigade and of the Transjordan Frontier Force. He was wounded three times and thrice decorated for gallantry. After the war, General Hackett was Commandant of the Royal Military College of Science, Deputy Chief of the Imperial General Staff, and commander in Chief of the British Army of the Rhine. A medieval scholar who also holds still a third Oxford degree in Literature, General Hackett is now Principal of King's College, London.



Job Help For The Asking

OTTAWA (CFP) — Starting to get anxious about retirement? Not only has time a way of creeping up on us, but the recent unemployment statistics make everyone uneasy. Common sense tells us that more than ever a change involving the outside world needs careful planning and a good deal of preparation. Fine, but how do you start, and who can help? One person ready to help is the Base Personnel Selection officer, or the Personnel Education officer.

MINI-COMMENT by Uncle Vox

For them what enjoy intellectual stimulation, sometimes CFSOs (known also as the Yellow Peril) can offer thought provoking tidbits. For instance CFSO 477/71 of recent vintage is addressed to the ladies and tells 'em what their appearance standards oughta be. Amongst other decrees it says "hair shall not be cut so short as to present an unfeminine appearance". Ol' Uncle yakked quietly to himself over that one, I tell you. What, pray tell, is classified as 'unfeminine' in the hair styling world? Boyish bobs were all the rage a few years ago, and Italian cuts were quite in style recently. Does CFHQ have some gnawing fear that our gals are about to rush out and get themselves short crewcuts in protest against the feminine flowing locks of so many of today's male young and not-so-young? Uncle figgers a gal can wear short hair and still look as feminine and attractive as her long-tressed sister . . . PMQ residents who might wonder why Voxair is delivered a day or two late at times should know that when the temperature drops to miserable depths and the wind is howling, the delivery kids have permission to wait till it gets a bit warmer. No kid is expected by Uncle to spend a few hours delivering papers when the chill factor is 50 below. We ain't a daily paper with last minute news, s journal can wait a day upon occasion . . . And for lady who challenged the de boy for only bringing the every couple of weeks, madam, read the fine print the Voxair credit box at bottom of this page . . . Sunday Uncle went into office for a while and was a snowplough and blower ing the roads. A nearby parking lot was accumulating drift but the machinery clear of it. Uncle fig they'd be back later in the or night. But next morning snow was still there and se cars were unable to park erly. Three days later it was same . . . See where go Canex is under fire a Sniping at the Armed F Non-Public Fund operation been one of Canada's minal sports for ages. And brings to mind a cartoon our George Shorey did ab year ago. Two businessmen cussing a base closure, with shouting at the other, "If close the base, how in hell I hire trained technician moonlight for minimum so they can afford to pay rents you charge for hous . . . Parting thought: Y getting old when the glea your eye is from the sun h your bifocals.



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Crusader... the far off hills are green

Men got their richest laugh in years at an article in a week-end supplement that portrayed a civilian couple, who lived in three or four Canadian provinces, as being fascinated knowledgeable travellers certain to be in great demand in the circles of their newly chosen city. The moving men were exclaiming "My but you're interesting" as they stared at the suitcases embroidered 'Calgary', 'Regina', 'Montreal', and 'Victoria'.

Enigma...

not deprecate the immense pomposity for which your publication may acerbically and calumniously be stigmatized. The vituperations cast upon your authors will emanate only from a decadent and barbaric bourgeoisie whose phrases and sentences are bedizened with garish vocabulary. I do not comprehend why the author of the opusculum "Grains of Sand" did not inchoate his previous article "We insinuated ourselves into the boudoiresque ambiance of the Voxair offices". Why did Winston Churchill, the palladium of freedom, not say "Suppeditate us with our needs and we will consummate this horrendous engagement." The answer is simple. The readers will floccinaucinihilipilificate such an extravagant and pedantic prosaic composition.

Skydiving is the greatest sport in the world, according to Royce Sawatzky, Junior Skydiving Champion of Canada for 1970.

I asked the 24-year-old skydiver what it was like the first time he jumped from a plane into space. "I was scared, shaking", Royce told me. "The door opening was a shock. It was like being in a warm room with only engine noise. But when the door opened, the wind came roaring in and, suddenly, it was cold".

"I looked out. It was like being on the edge of a window sill at 110 stories, and that's exactly how I felt."

"I climbed out onto the wheel and hung onto the strut. When the plane was over the right spot, the instructor hit me on the leg to signal 'go'. I went, but everything was blank until the first tug of the pilot chute."

It took Royce two years to become completely at ease in the sport. At first he had to force himself to jump; now he loves it.

Royce, the only son of a retired army officer and minister, first became interested in skydiving four years ago, on the same weekend that another skydiver, Keith Lee, was killed in a plane crash. Coincidentally, Royce was destined to win the Keith Lee Memorial Trophy.

That weekend Royce's desire was stirred, but it wasn't until a year later that he made his first jump. And he's "never regretted it".

There is work involved in learning to skydive, as in any other sport. First there is the ground training — packing chutes, practice parachute landing falls, throwing out the reserve line, and then, finally, the first jump.

The first few jumps are static line or 'garbage load' jumps (jumping and pulling the rip cord immediately). After proficiency is gained, you graduate to free fall (falling for several seconds before pulling the rip cord). You are, of course, under an instructor all this time. But now is the time to become independent. You have graduated and are on your own.

For Royce, the pleasure of falling through the sky can't be compared. There is nothing to hang on to.

"Free fall is like standing up in a convertible going 120 m.p.h., except you're not on the ground. It's like flying, except for the wind. You can feel the pressure in your arms and legs, pushing you back".

If you realize that the average speed in free fall is 175.53 feet per second, or approximately 120 m.p.h., the pressure must be very great

indeed. But when you jump out at 6,000 feet or more, "you can't tell you are falling", states Royce. "There is a rush of air and the earth very slowly comes up. You only get ground rush at below 1000 feet, and below 500 feet you can really tell you are moving".

Eye Protection

When jumping, it is necessary to wear goggles. At such great speed the eyes tear a lot, and if there is any pollution, as there is near any big city, the eyes will hurt badly. It is safer to dump (pull the rip cord) if it gets too bad, because it is as bad as someone blowing smoke in your eyes constantly. Eventually you get so that you can't see at all.

As with protecting the eyes, it is also important to protect the peace of mind by using a chute that is reliable and comfortable. There are many different types of chutes, but the one Royce likes to use is the Paracommander. The weave is very tight and it is made of nylon ripstock. To the ordinary person, it looks as if it is full of holes. And it is. These holes give direction and drive, and the tight weave gives lift. The air can't go through this material. The holes in the back of the chute let the air rush out giving forward lift, like the forward drive of a jet.

The ordinary type of chute is a looser weave, but still ripstock. The old army surplus type are made of material called 'twill'. If you get a little hole in one of these chutes, when you open with that little hole, it would rip right up to the top. Then you would have a BIG hole in the canopy, which would let you down very fast!

That is the reason for the ripstock. It won't rip. It is the type of nylon weave that "even if you put a cigarette burn in it, it won't rip, no matter how much tension is put on it".

There is another type of chute, the Flying Mattress or Wedge. This chute has a forward speed of 30 m.p.h. in calm wind. If you land this chute without brakes, it would be just like jumping out of a car at 30 m.p.h. This chute can bank, just like a plane. It can be banked so hard that the canopy will drop below the level of the jumper. In fact, it just about turns upside down. It has flaps in the back, just like a plane, and just before landing, these flaps are pulled down, the speed drops down to just about nothing, and the jumper can tiptoe onto the grass.

As in variations in chutes, there are variations in the effect of jumps on the jumper. In his jumping career, Royce has had many highlights, but one that sticks out in his mind as

spectacular in a night jump he made from 9,500 feet.

There was a moon that night and not a cloud in the sky. He was watching the moon and stars, and in the distance, he could see the lights of Seattle.

"I could see the flashing red lights of the other jumpers", commented Royce. Everything else was black. "It is weird to see ghostly red lights zipping back and forth across your vision, but seeing nobody attached to them."

The tower of Abbotsford, B.C., was closing down for the night, but the pilot phoned and asked the controller if it would be possible to turn on all the ground lights at the same time.

"Suddenly, the whole world lit up like a Christmas tree, all different colors."

Good Safety Record

Would skydivers enjoy the sport so much if there was a constant threat of serious danger? The truth of the matter is that improved equipment and techniques have made the safety record for the sport amazingly favorable. In Canada in 1970, there were only two fatalities. There are more fatalities in just about any other active sport of a similar type (skiing, swimming, hockey).

"Skydiving has the same effect as skiing", says Royce. The thrill is there. "But a lot of people who ski get broken legs". Does that make skiing an undesirably dangerous sport? Of course not!

Skydiving is not only fun and relatively safe, but "you'll never find a skydiver with an ulcer", states Royce. "I don't know of a single skydiver, I've never heard of one, and it's been mentioned before. How can you worry about little things when you have a big thing like skydiving."

But there are a few things that the Canadian Sport Parachute Association do worry about. The possibility of being sued cannot be overlooked. And so, when a skydiver signs up with a club, he gets insurance (for a fee). Not life insurance, but more in the nature of Public Liability and Property Damage Insurance. The Association has been sued for such things as frightening livestock.

There was an incident in British Columbia where a jumper landed in front of a race horse, spooking it badly. There have been cases in which cows have been frightened so badly that they won't milk for a week. Of course, the owners sued.

In Canada, Sport Parachuting is still in its infancy. In the whole of Canada there are approximately 2,100 jumpers. In relation to other countries, this is a very tiny group. Russia and Czechoslovakia have 100,000 or more, and the United States has 35,000.

The club Royce belongs to is the British Columbia club, the Drifters Sport Parachute Club. He is proud of the club.

"There isn't a club in B.C., and indeed it may be hard to find a club in Canada that has won as many trophies as we have per capita. Even older clubs haven't taken the number of trophies".

For Sporting Parachuting the future looks bright. For skydivers like Royce Sawatzky, the future looks bright. Canadian Sport Parachutists have to pay their own way to competitions (The U.S. parachutists have their way paid), but this doesn't stop them. Royce now holds the Canadian Junior Skydiving Championship, but he isn't finished yet.

"My dream", he says wistfully, "is to get on the National Team."

Whether he makes it or not remains to be seen, but you can be assured, he will not give up skydiving, and he will not give up trying.



Here we have the Construction Engineering Unit in action, assembling materials and machinery for the construction of two horseshoe pits.

Second Class Registration... A. C. TASSIE... AN BOESCHOTEN... LEOD... N BINDER... GGER... KINS... HOREY... ANDERSON, DOREEN... MACEY...

Wed. Feb.

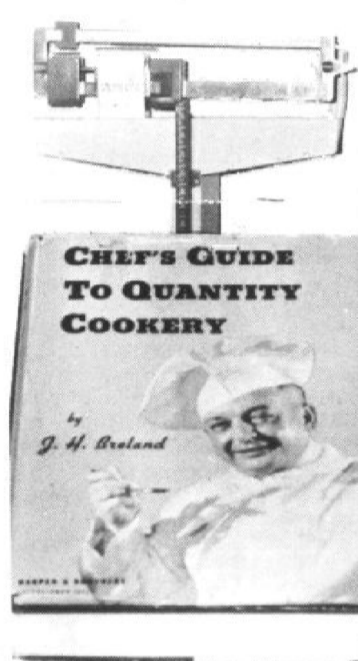
The TCHQ 'calorie counters'



MAJ. J. J. STRANGROOM
SO PYSED

There are many contradictions and contrasts in our daily lives. We have Black and White, Push and pull, Put and Take and now in Building 14 we have the "Kalorie-Counters", SO FOODS and SO PHYSED. The first is concerned with the intake of enough calories and the second is concerned with removing the results of taking in too many calories. It would appear, to an interested observer, that this battle 'twixt the cookbook and the scale' will never end; the richer the diet the more rigorous the "get fit" programmes become. The ultimate winner can only be our Canadian Forces personnel, and rightly so.

The fundamental purpose of Physical Education and Recreation programmes in the Canadian Forces is to provide practical and proven means for the attainment and retention of physiological and psychological fitness, ensuring that service personnel have the capability to function as effectively as possible within their potential. It is the responsibility of the Staff Officer for Physical Education and Recreation at TCHQ to implement the Canadian Forces Physical Education and Recreation programmes involving members of the Forces, their dependants and resident civilian employees of the Department of National Defence. The SO PHYSED is also the Sports Director for the Prairie Region Sports Competitions and is responsible for coordinating inter-unit competitions within the region.



MAJ. J. B. LIBERTY
SO FOODS

The Staff Officer Food Services at TCHQ is primarily interested in promoting a high standard in all aspects of food services to ensure that the health, efficiency and welfare of service personnel is not impaired and at the same time encourage the economic and efficient use of resources. To be certain that standards are maintained at the highest possible level with regard to the food, the service and the amenities associated with dining, regularly scheduled visits are made to the nine Training Command Bases and the seven Lodger Units to discuss any problem that may exist. The SO FOODS role of advising, recommending and liaising involves dealing with financial, logistics, medical, administrative and personnel management staffs at both the Command and Base level.

CURRENT CURRENCY

Now that the Festive Season has passed by, our Financial Offices have settled down to the daily routine of paying pay and auditing claims and such monetary efforts; and such non-monetary efforts as writing write-ups for the Voxair.

Well, we welcome Lt. Dave Jowett back from the land of the Frenchmen and the course of the French. He hasn't really said too much about the course (only about wishing a posting to a French station!) and I haven't heard any French-like mutterings erupting from the PAO's office.

Two of our Corporals — Don Reynolds and Bill Churchill — are in Borden attending their Finance Pay Level 6 course. Good luck to them both, in their six weeks of hard studying.

The BCompt's staff are busy preparing for the Western Annual Finance Bonspiel, to be held in Edmonton this year on the 10th and 11th of March. We are hoping that three rinks from Winnipeg will attend, although names have yet to be decided upon. As far as Intersection Curling is concerned our three rinks are still in there fighting. Cpl. Howie Evans has 5 wins, 2 losses; Cpl. Ed York is fighting against a 3 win-4 loss total; and Sgt. Ken Neatby has 3 wins, 2 losses, with 2 "non-curls".

One of our bowling teams has dropped out of the Intersection League, and the second one, captained by Cpl. Judith McLeod, is well near the bottom. One of these days... maybe...

If you visited BAcets last week (Jan. 13th and 14th) and heard all the fire bells ringing, you may have wondered what was happening. With the coldest weather of the season upon us,

it wasn't the best time to heading for the wide out-of-do while waiting for the fire to arrive. (Many people were seen heading for their cars. And to try it two days in a row was a real mean trick. However as the air conditioner turned on all day Friday weren't sure which was cool — inside or out. And after burning smell that was filtering through the vents per the fire drill was necessary. At least we know that he's nearby, and quickly forthcoming when required.

Coffee room comments building 84

It is still a pleasure to that there is an adequate amount of humour in the Armed Forces today. In the lounge, a complaint and suggestion book placed and these are a few of the choice comments entered the book: "Keep cup in chine. Coffee is too hot for delicate hands!"; "I PINESS" Just love that coffee machine, put in a quarter and got 30c change."; "This my third entry regarding cigarette machine's inability to accent nickels! What do I have to do — bring the to your office?"; "I've not trusted a machine in my When will the rest of smarten up!"; "I realize the CAF economizes at every turn; but half a cup of sour ridiculous."

These are just a few of anonymous writers' comments. Will extract a few more for next write-up.

51st, cub, scout new

The Greater Winnipeg Region of the Boy Scouts of Canada has started a new program

for boys 5-1/2-8 years old called the Beavers. They found they have had overwhelming support for this program. Beavers usually meet from 6:00 p.m. one night a week. The 51st Group Committee would like to know if there any interest in starting a program on the North Site. The first thing we would require leaders. If any parents interested in this program please call Larry Morgan at 888- in the evening.

February 20-26 is Baden Powell week. This week is memory of Lord Baden-Powell who started the Boy Scout movement. This group is at moment arranging activities for this week. We hope to have Cuboree and Church Parade on the weekend 19-20 Feb. The Parent and Son Banquet will be held on Thursday Feb. 22. More on these activities in the next issue.

Last year Canadian Red Cross members volunteered 43,000 hours of their time drive hundreds of thousands miles nation-wide to help blind, the retarded, the handicapped, and senior citizens.

Drug play in drill hall in Feb. and it's free

By Rose Leiman Schiller
This play, The Underground Bird, is on the subject of Drug Abuse. Your Base Drug Education Committee (BDEC) is sponsoring a presentation of this play on Tuesday, the 22nd of Feb. at 8:00 P.M., in the old Recreation Hall (Bldg 21).

The play is a satire — a take-off of the Drug Scene that uses comedy as a scalpel to probe the hidden motives of the addict and lay bare, with merciless wit, the infantilism and life-denial that often lie at the root of Drug dependence. Engaging, funny, fantastic, dead serious, the play embodies a warning: "Beware, for there is that in all of us which, given its first impetuous taste of escape, could catapult us down the long tunnel of drug experimentation to the last dead end of addiction."

The BDEC wishes to extend an invitation to all Service Personnel, their families, and to all other interested readers of the VOXAIR, to see this play. The play will be presented by the Family Bureau of Winnipeg, and it is felt to be an entertaining medium through which to learn about the drug problem. With the continued increase of Drug Abuse in Metro Winnipeg, neither parents or young people can accept the fact that they will never be involved. The problem is everywhere and part of the solution to the problem is education of the entire family. Consider this, and make plans to attend the play, — "The Underground Bird" — at 8:00 P.M. on the 22nd of Feb. Remember; the price is right — no charge for admission.

Base Drug Education Committee

Red Cross Youth in Canada supplies children with assistance for medical, dental and recreational purposes. In 1971 over 800,000 persons participated in Red Cross Water Safety programmes. Each year the Water Safety Service continues to expand so that more Canadians can enjoy water recreation more safely.

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CURRENCY

wasn't the best time to... waiting for the fire truck... (Many people were heading for their cars to try it two days in a row... a real mean trick. However, the air conditioner... on all day Friday... en't sure which was cold inside or out. And after... smell that was filling through the vents... fire drill was necessary... least we know that help... by, and quickly forth... when required.

Coffee room comments Building 84

is still a pleasure to... there is an adequate amount of humour in the Armed Forces. In the lounge, a coffee and suggestion book... and these are a few choice comments entered in the book: "Keep cup in... e. Coffee is too hot for... ate hands!"; "H... ESS" Just love that coffee machine, put in a quarter got 30c change."; "This third entry regarding... rette machine's inability to accept nickels! What do we do to do — bring the coffee to your office?"; "I've never used a machine in my life... will the rest of the world be as frugal as we are?"; "I realize the CAF economizes at every turn; but half a cup of soup is not a meal." These are just a few of the anonymous writers' comments. I'll extract a few more for your write-up.

Out new

boys 5-1/2-8 years old... Beavers. They found... have had overwhelming support for this program. The boys usually meet from 4... p.m. one night a week... the 51st Group Committee... would like to know if there is any interest in starting a program on the North Site. If anything we would require... ers. If any parents are interested in this program please contact Larry Morgan at 888... the evening.

Wing Album

February 20-26 is Bad... well week. This week is in memory of Lord Baden-Powell who started the Boy Scout movement. This group is at present arranging activities for this week. We hope to have a dance and Church Parade the weekend 19-20 Feb. The Parent and Son Banquet will be held on Thursday, Feb. 23, 72. More on these activities in the next issue.

year Canadian Red Cross members volunteered 1000 hours of their time... hundreds of thousands of people nationwide to help... the retarded, the handicapped and senior citizens.

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Legal Beagle on 'courts martial'

Definition: Court — a place where justice is administered. **Martial** — law, military government, by which ordinary law is suspended. **Legal Beagle** in the Canadian Armed Forces we have four types of courts martial, namely General Courts Martial (GCM); Disciplinary Courts Martial (DCM); Summary Courts Martial (SCM); and Special General Courts Martial (SGCM). A GCM is one convened for serious offences and shall consist of not less than five and not more than nine of-

ficers, five being the usual number used today. Included in the list of officers ineligible to sit as members of a GCM are: an officer under 21 years of age; an officer below captain rank, and the commanding officer of the accused. A GCM may try any service person for any service offence. A DCM shall consist of not less than three nor more than five officers; but normally only three. No DCM shall try an officer of or above the rank of major. No member of a court martial shall normally be of a rank

lower than the accused. In the event that any appointed member of a GCM or DCM are unable to sit, two alternate officers are appointed to standby until the trial begins. SCsM are normally used outside of Canada for service offences, or civil offences when the civil authority of the country concerned waives jurisdiction. This waiver is usually only granted when that civil authority is satisfied that justice will be carried out by the service. During the past year the

DND has introduced SCsM into Canada. A SCM is composed only of a President (legal officer); prosecutor and defending officer, and is the equivalent of a civilian trial by judge alone. The fourth type is the SGCM which is used to try dependents of service personnel and civilians employed by the DND outside Canada. These persons, when outside of Canada, are subject to the code of service discipline and the provisions of the National Defence Act. An SGCM is similar to a SCM in that it is a trial by judge alone.

Where an accused elects trial by court martial or a court martial is to be ordered, the commanding officer of the accused makes application to the command concerned to convene a court martial. Once the court is convened the accused is served with various documents setting out the charge(s) and evidence against him, and a date for trial is set. The judge advocate or president; prosecutor and defending officer are then appointed. The accused may, if he wishes, retain his own civilian defence counsel, or he may request that a particular military legal officer defend him. This will be done if feasible and if that officer is available. If found guilty, the accused person has open to him various avenues of appeal up to and including the Supreme Court of Canada. On an appeal, however, a person must retain his own civilian counsel as military legal officers cannot act in an action against the Crown for obvious reasons. All courts martial are open to the public to the extent that seating space is available.

flight line



by Bill Lawrence
I sit here in my warm room watching television, the temp is... on the screen, 17 degrees below zero with 15 to 20... words! I recall (with... a recent weekend, as I'm... we all do, with its 35 de... below zero and 30-35... winds. And all that snow,... for shovelling!
Something occurs to yours... the male population of... Canadian Armed Forces is... a summer uniform in... weather (well most of us... Why haven't men been... with a suitable winter... The women of Armed... have both winter and... uniforms. What's the... with the males, don't... Word has it there is... uniform out on trial... know where it's be... Winnipeg or anywhere... the ladies would be the... for the trials.
Something else, the ladies on... have been issued... of them anyway) with a... less! Now don't... me girls. I... great, they're real nice... something warm on... during the cold win... These general service issue... aren't the

warmest in the world, especially if you don't have a new green parka!
This brings up another part of the new uniform that has its faults. I don't think it is constructed very warmly for the type of weather we are experiencing. For example, the hoods don't have a zipper that is sufficiently long enough to keep the wind out. The cold and wind creep in with very little to stop it. A lot of people have installed snap-fasteners to keep the hood in place. As for the rest of the parka, I'd say it isn't quite heavy enough. Another thing, the wind blows up the bottom of the parka in the same manner that it does with a dress. A draw string should be affixed near the waist area of the parka to keep the wind down to a minimum.
A problem also occurs with the summer raincoat. They are just fine for spring and fall wear. In fact they are the idea. In the middle of summer they tend to get a little warm, too warm. What is needed is a lightweight, waterproof, nylon coat. By-the-way, the service has issued just such a raincoat to the members of the opposite sex in the CAF.
The present uniform is, I'm told, a dress uniform. For per-

sonnel who just wear their DRESS uniform to and from work don't have much of a problem, as far as keeping it clean and pressed. On the other hand, those who wear the complete uniform all day, seven days a week (ME drivers, Admin Clerks, Fin Clerks to mention a few) have a hard time keeping it neat. I understand that a uniform has been developed to meet the needs of at least the ME types. It is to consist of a jacket similar to that of a service station attendant, with a zippered front and cut off at the waist. I think this item is a good idea and hope it proves to be. This is my opinion and I've found that a lot of people agree with me.

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A Red Devil remembers 27 years ago

The parachutist's maroon beret has become a common sight in CFB Gagetown with many former members of the Canadian Airborne Regiment now serving here as instructors, but none has the experience of Master Warrant Officer, Archie MacMillan of the Combat Arms School's Basic Division, a veteran of the famous British 1st Airborne Division, the "Red Devils" of World War II.

Twenty-seven years ago MWO MacMillan was liberating Greece.

Glasgow born, MWO MacMillan, who prefers the traditional "sergeant-major" in address, began his career at the age of 16 joining the 8th (Ardwick) Manchester Regiment of the territorial army. In 1940 he became a full time soldier in the Royal Welch Fusiliers and by 1942 had won his para badge and was a sergeant in the Royal Welch Parachute Battalion.

The sergeant-major then embarked on what he describes as a "grand tour". First stop was Oran in North Africa. Through Algeria and Tunisia he helped see the Afrika Korps out of Africa.

The night of July 9/10 we find sergeant MacMillan descending onto Mount Etna in Sicily. Separated from his own

troops, he started to make his way back to known allied positions. In his haste he neglected to replace his steel helmet with a beret, then common operating procedure with our paratroops from the friendlies who took him for a German. This led to retracing his footsteps and ending up in a Canadian hospital in North Africa.

"It was the first good hospital I experienced," says MWO MacMillan. The repairs were completed by September and he was immediately redirected. This time the battlefield was in Italy.

His unit was to land at Taranto from a British cruiser. An acoustic mine found the ship, however, and the vessel was destroyed. Over 75% of the unit, including the CO and the RSM were killed. MWO MacMillan spent a very cool first night in Italy, huddling on the beach after swimming ashore.

"A storybook wound", is how he describes his next adventure. Para dropped south of Cassino just prior to the Germans stopping the Allied advance there, he became one of the survivors of Operation "Hasty". Of sixty men dropped on 23 returned. When a chunk of shrapnel slammed into his

chest, MWO MacMillan, to his good fortune a smoker, found that his metal cigarette case had absorbed a probably fatal impact. With a cracked rib and a flesh wound he became familiar with the casualty evacuation system for the second time.

Three weeks later he was fighting in front of Cassino again. Next stop was the French Riviera.

With typical parachutist's luck, MWO MacMillan landed 15 miles away from the main body when he leaped out of an American aircraft on France's sunny south coast August 11, 1944. Total time absent without leave was three days and he was posted as missing.

His brother, also a para, dropped in the Normandy landing in June and was captured. The result was two distressing Army postcards for their mother within a very short space of time.

The ensuing campaign brought the young sergeant right on to the German border but by October his unit was back in Italy. The operation in Greece was next.

After the liberation Greek communist partisans tried to overwhelm the government. Winston Churchill backed the royalists and it was fighting the rebels that MWO MacMillan was hit for the third time.

Returning to Italy, the sergeant-major, by this time he was acting in that capacity, stood by for eleven different parachute operations. The allied advance was faster than expected and the operations were all cancelled. He observed VE day in an appropriate fashion in Foggia.

Married in July, five days after his return to England the sergeant-major had a final overhaul in a military hospital and was demobbed in 1947.

MWO MacMillan emigrated to Canada that year and on his first day in Toronto joined the 48th Highlanders. "Called out" for administrative duties in September 1948, by 1950 he was acting as a recruiting sergeant for the special force to go to Korea. In March '53 he was in Korea himself atop hill 187 with 3 RCR.

Slightly wounded in the head and wrist, he was in the lines again at Hill 159 at the time of the ceasefire.

MWO MacMillan was promoted to his present rank in January, 1954. Returning to Canada in April, he was one of the original members of the First Battalion, The Canadian Guards, when that regiment was created.

Untroubled by shot and shell since Korea, MWO MacMillan's service has taken him to Borden, German, Picton, Kingston, Cyprus, Beirut and Germany again in a variety of instructional and administrative appointments. During his first tour in Germany he had an opportunity to meet some of his opponents from North Africa and Italy — ex members of the crack German paratroop division. "They were the toughest soldiers we went up against", he recalls. Among them was Max Schmeling, former world champion boxer.

In Germany MWO MacMillan became the Brigade Sergeant Major of the 4th Canadian Infantry Brigade Group on his first tour, and held virtually the same position in Soest as Base Warrant Officer when he went back. In this capacity he played a large part in the dismantling procedures when the Canadians left in 1970.

Still wearing the cap star of the Canadian Guards, MWO MacMillan now commands a holding company in CFB Gagetown. He describes his duties simply as "The normal functions of a sergeant-major."



RECENT PHOTO MWO Archie MacMillan posed with Greek partisans for this picture on December 1, 1944. The next day the partisans attempted to overthrow the government as part of a communist coup. The Tommies helped down the rebellion. The sergeant-major received his wound of the war in this action.

Married Quarter Housing Program To Start At Once

A large-scale, five-year improvement and maintenance program for 16,000 married quarters occupied by Canadian Armed Forces personnel across the country will commence immediately, CFHQ has announced.

The 1971-72 phase of the program will cost \$3 million, and succeeding phases will be undertaken annually as additional funds are provided.

MAINTENANCE OVERDUE
Adopted as a result of a recently completed survey of National Defence housing, the project will solve an overdue maintenance program partially shelved during the past few years while the armed forces were being restructured and while maintenance funds were in short supply.

Included in the building and maintenance plan are single dwellings, duplexes and row housing. Some of the married quarters were built more than 30 years ago. A list of pri-

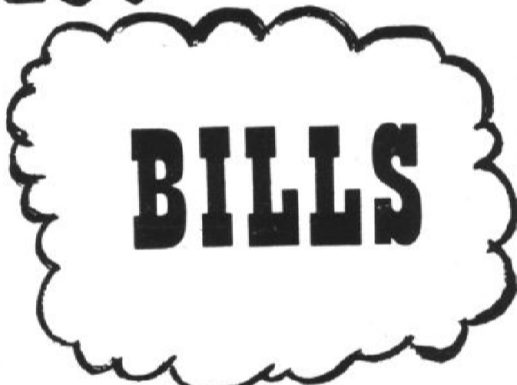
orities for renovations developed by commands is now being studied by Ottawa.

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10 years ago



Michael MacDonald posed on December 1, 1944, to overthrow the govt. The Tommies helped Lt.-major received his

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New editors for women's page

Three women have banded together to see what they can do towards giving Voxair another women's page. If you see anything that you would like to see printed, please let one of the following: Mrs. Joyce MacDonald—Local 417 Mrs. Linda Boulet—489-8075 Mrs. Judith McLeod—Local 417

CHAPEL SERVICES

North Site

Protestant Chapel

Chaplains
Rev. W. Piggy—206 or 417
Secretary
Rev. W. Proetka—Local 417
SERVICES
10:30—Divine Worship
10:30—Holy Communion
1st Sunday UCC
3rd Sunday ACC
Reservations—by appointment

The Lady of the Airways (RC)

Chaplains
Rev. W. Sabourin—Local 272
Secretary
Rev. W. Proetka—Local 272
MASSES
Sundays—0830 1100
Tuesdays to Friday—0730
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PEKANCE

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South Site

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Winnipeg—888-6025
Chaplain
Rev. A. D. Turnbull—888-6025
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10:30—Divine Service
Confirmation Classes—by arrange- ment with the Padre
Holy Communion—1200 Hours
1st Sunday ACC
3rd Sunday UCC

St. George's Chapel (RC)

Chaplain
Rev. J. L. C. Goureaux—888-1331
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Chapel guild to hear Indian doctor

The ladies of the Chapel Guild (Protestant) are reminded that on February 8th at the chapel at 8:00 p.m., the regular monthly meeting will take place. At

this meeting, the guest speaker will be Dr. Paul Chacko, an Indian-trained medical doctor who received his education at one of the hospitals supported by the guilds of Protestant Chapels throughout Canada and overseas. Dr. Chacko will speak briefly on the work carried out at the Vellore-Ludhiana Christian Medical Hospitals in India.

104 Tuxedo scout ladies auxiliary

The next meeting of the Ladies Auxiliary will be held in the Lipsett Hall Lounge at 8:30 P.M. on January 27/1972. Please make an effort to attend this meeting as leaders will be there to discuss the Local Scouting Movement. Refreshments will be served.

Please save items for our White Elephant Sale later this year.

Officers' wives to get legal briefing

The next meeting of the Officers' Wives Club will be held Tuesday, February 1, at 8:00 P.M. in the Officers' Mess.

Lt. Col. A. E. Beaupre will be speaking on "Legal Matters of Interest to Service Wives", followed by a question and answer period.

Refreshments, a door prize and two "Mystery Games" with prizes are all part of the evening of fun.

Don't forget the bridge is back in full swing on February 15, and Connie Crawford is waiting at 837-3100 for your reservations. Bring a friend!

Protestant youth

Another "Happening" is set for Saturday Morning, January 29th at 9:30 at the Protestant Chapel. All young people between the ages of six and sixteen are invited to attend and to take part in this event. Do plan on attending It will be worth your while!

voxair WOMEN



ENROLLMENT CEREMONY. CFB Winnipeg (south site) district commissioner, Mrs. Jane Deller, enrolls a very new Brownie, Lori Fry, into the 44th Winnipeg Brownie Pack at Lipsett Hall.

(Photo by Walton)

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Kiddies' Korner



A BANDAGED FINGER and a dog named Kep didn't deter young Michael MacDonald from showing up at the skating rink to offer his assistance. The youngster is the son of Cpl. Harold MacDonald while Kep belongs to Lt. Dave Wood.

(Photo by Shabaga)

Take Off Pounds Sensibly To the Husbands of overweight wives

The Law says you can have only one, And you've picked the right one carefully. You've loved and pampered and stuffed her with food, The very best helper you've tried to be.

But now just look what has happened! That sweetheart, the dear saving thing, Has kept everything you gave her, Why she even saves pieces of string.

Her waistline has bulged to the Limit, She's really a sight to see, From the top of her head to the end of her toe, She's double what she used to be!

She puffs and waddles all over the house, Pretending to be happy and glad, But that Dear Little Girl that's hidden inside, Is really and truly quite sad.

So now will you please try to help her? You'll be better yourself in the end. Take off that blubber — Discover your lover — Just underneath your fat friend.

Come on, now, fellas, encourage your wife to lose weight. Tell her about the Club that makes dieting fun. TOPS (Take Off Pounds Sensibly) meets every Friday at 6:45 P.M. in the Lipsett Hall lounge. Contests, Special Guests, and exercising are all part of our program, and every week there's one hour of swimming. For more information, call Mrs. Joyce MacDonald at 489-9116, evenings, or 832-1311, Local 454 or 257, during the day.

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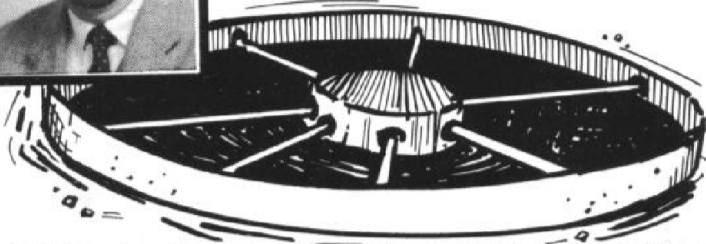
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VOXAIR SPORTS



Spinning the Sports Wheel

with John MacLeod



Officially Canada does not enter teams in international hockey tournaments and with the exception of a few university or minor hockey teams we just stay at home and argue. There is one Canadian team, however, still travelling the hockey centres of Europe and playing and drawing well. The CFE Raiders of Baden Soellingen are presently in a tie for second in the Cup International standings. This league was formed several years ago comprising of eleven teams — three in France, four in Holland, two in Germany, one in Belgium and a Canadian team representing Canadian Forces in Europe. Recently FFSG of Paris withdrew following their twentieth loss without a win. The Raiders with a seven and one record in eight games are the drawing card of the league playing to packed houses throughout Europe.

Formed many years ago as the 4 Wing Raiders this club has through the years built up a large following, not only of Canadians serving in Europe but of many German Nationals as well. When the Raiders play a home game in the Schwartzwald Arena in Baden Soellingen seats are at a premium, with as many Germans from the outline districts crowding into the building as there are Canadians. Players of the Raiders are considered the best serving with Canadian Forces in Europe and some of the air element (members) have played on the team for many years as they keep returning to Europe. Land element hockey players joined the Raiders for the first time two seasons ago when the Land Forces moved south from the Soest area. The addition of these players on the club have made it stronger and this strength has been felt in international play ever since.

The Raiders fortunately being members of CFB Europe do not come under the "guidance" of the CAHA and therefore do not get involved in the international arguments between Mr. Aherne and Mr. Jukes. Raiders, however, are not the only hockey ambassadors Canada has in Europe. The minor hockey formed from young men, the sons of Canadians stationed and working in CFB Europe, also spread the Canadian good will around. During the Christmas break our sister paper "Der Kanadier" reports that a Pee Wee team hosted a two game series with the EKZ Hockey Club of Zel Am Zee, Austria with the Canadian youngsters winning both games 1-0 and 3-2 in what was described as two well played hockey games. These games were played at the CFB Europe base at Baden while down the autobahn a few miles at Lahr a visiting Bantam team from Kamloops, B.C. took on the Lahr and Baden Bantams in a four game series. Although well played games the boys from B.C. out-classed the host clubs taking all four games by scores of 10-2, 6-5, 6-3, and 10-8. The series with Kamloops was arranged in a hurry when the team from B.C. arrived in Holland only to find that Mr. Bunny Aherne had cancelled their tour of Europe claiming proper clearance had not been obtained. That sounds familiar, doesn't it.

The Raiders are defending Canadian Forces Champions and no doubt will be in Edmonton in late March to defend their title. As members of the Canadian Forces we can be justly proud of the record our hockey players, be they young or old, have established in Europe over the past decades or so.

Cup International Standings

(as of 20 Dec., 71)

Pos.	Team	GP	W	L	T	Pt
01	Den Haag (Hijs Hoky)	9	7	1	1	15
02	CFE Raiders	8	7	1	0	14
03	Tillburg Tr.	9	7	2	0	14
04	Geleen Smoke Eaters	11	7	4	0	14
05	CPL (Liege)	11	5	5	1	11
06	Den Bosch	11	5	5	1	11
07	Paris Olympic	12	5	6	1	11
08	KEV (Kreield)	6	5	1	0	10
09	Zweibrucken Warriors	12	4	6	2	10
10	Grenoble	9	4	5	0	08
11	Paris FFSG	20	0	20	0	00

Notes
 (1) The Paris FFSG team has withdrawn from the Cup International League and has forfeited all the points it would have gained for the remainder of the season. The Raiders as a result will be given four additional points at the end of the season BUT this means that an additional game will have to be contracted for in order to give the fans a game that had been originally promised at the start of the season. This may prove difficult until well into the season.
 (2) The Raiders' only loss, at the time of this writing, has been to the Zweibrucken Warriors.

Intersectional Hockey

LEAGUE STANDINGS

Team	GP	W	L	T	Pt
2 PPCLI Bombers	12	8	1	3	19
Jets	13	7	5	1	15
VP's	15	6	6	3	15
	13	1	9	3	5

Ten Top Scorers

Name	G	A	Pt
Ellis (PPCLI)	22	21	43
Henderson (PPCLI)	17	14	31
Matheson (PPCLI)	11	12	23
Smith (Jets)	10	6	16
Thorson (Bombers)	8	6	14
Krausher (Bombers)	7	6	13
Erickson (Jets)	9	4	13
Littlejohn (PPCLI)	5	6	11
Thomas (Jets)	2	7	9
Macdonald (Bombers)	6	2	8
Alders (Jets)	6	2	8
Snider (Bombers)	3	5	8
Gosse (PPCLI)	3	4	7
Wilson (Jets)	2	5	7
Tenaent (VPs)	4	3	7



CFB WINNIPEG will be represented in the Senior women's National Sports Competitions with the selection of Cpl. M. St. Marie on the Area One Bowling Team. The team from left to right is (seated): Pte. E. Evans and Pte. Gordon (CFB Esquimalt). Back Row: Cpl. R. Hofstetter (CFB Esquimalt), Cpl. M. Ste. Marie (CFB Winnipeg), Cpl. J. Mezzatesta and Pte. M. Fleming (CFB Esquimalt). Canadian Forces Photo.

Rec Hall Winter Schedules

LIPSETT HALL — GYMNASIUM

MON - FRI
 0800-1200 hrs, Military Fitness Training
 1200-1300 hrs, Noon Hour Fitness
 1300-1630 hrs, Military Fitness Training
MON
 1800-2200 hrs, Teenage Activities
TUE
 1800-1900 hrs, Open Recreation
 1900-2000 hrs, Womens' Fitness Classes (Judo Room)
 1900-2200 hrs, Basketball League
WED
 1800-2000 hrs, Open Recreation
 2000-2200 hrs, Volleyball League
THU
 1800-2000 hrs, Volleyball Practice
 2000-2200 hrs, Manitoba Wheelchair
FRI
 1800-2100 hrs, Open Recreation

SAT
 1300-1600 hrs, Open Recreation
SUN
 1300-1600 hrs, Open Recreation
 1800-2100 hrs, Volleyball Practice
WESTWIN — GYMNASIUM
MON - FRI
 0800-1200 hrs, Military Fitness Training
 1200-1300 hrs, Noon Hour Fitness
 1300-1630 hrs, Military Fitness Training
MON
 1400-1500 hrs, Women's Fitness Classes
 1800-2200 hrs, Teenage Activities
TUE
 1800-2100 hrs, Open Recreation
WED
 1800-1900 hrs, Open Recreation
 1900-2300 hrs, Badminton Club
THU
 1800-1930 hrs, Open Recreation
 1930-2100 hrs, Womens' Fitness Classes
 2100-2300 hrs, Basketball Practice
FRI
 1800-2100 hrs, Open Recreation
SAT
 1300-1600 hrs, Open Recreation
SUN
 1300-1600 hrs, Open Recreation
 1730-1930 hrs, Junior Badminton Club
 1930-2300 hrs, Badminton Club

NOTE:
 On OPEN RECREATION periods dependents 12 years of age and older are authorized to use gymnasium. Dependents under 12 may use facilities during these open periods only if accompanied by a parent. Sports equipment will not be signed out to dependents unless they are in possession of a dependent card. These cards may be picked up at Base Recreation Centres at no cost.

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Kurling Korner

by Capt. D. J. McGrath

Playdowns will not be winning national titles this year, we can be justly proud of our representatives performance in their respective play-

downs. Mr. Gagnon went out in two straight, earning a standing ovation for his club mate who drew very write-ups in the Free Press and Tribune. Ron was named both times by the world cham-

ions, however, he made a very account of himself in both. In fact I'm sure Ronnie would be just as easily as his team and his teammates are fully deserving of the honour. Watson's statement in the big league. Watson represented our Zone in the Armed Forces Zones and in the mixed side in the A side of the final in the semi-finals.

At the ladies playdowns Mae Watson's foursome came out to qualify in the provincial championship. Congratulations to her.

Game of The Year
The year was played at the afternoon of the curling season began.

The USAF Major from ANS has been boasting about his ability in the roaring game. However, did not get the best of his fellow curler Maj Bob Smith of ANS who was by far superior and a challenge would be ac-

cepted at their earliest convenience.

Wednesday, Jan. 12 became the big day. The result of the game really isn't important. What was important was the tolerance shown by Bob Smith's rink (Ken Johnston, Jim Webber and Dan McGrath) despite the unsportsmanlike demands of this certain USAF Major from ANS.

First — it was agreed that the two American officers should skip.

Second — the ANS crew demanded that Bob Smith's rink should be reversed. Namely, that the power house of that rink (Dan McGrath and Jim Webber) should throw lead and second stones.

Third — The Bob Smith team should use their left hand when throwing their rocks.

Even though these demands were not met to their fullest, the unsportsman like attitude of this certain USAF Major from ANS tended to depress the Bob Smith team to such a point that one could hardly expect them to curl better than 10%. However, they rallied their spirits and curled a tremendous game, each team member curling above the anticipated percentage with a team average of almost 50%.

The end result of the game was a very sportsmanlike attitude by Bob Smith's team in conceding defeat and buying the ANS team a few refreshments. (Four to be exact.) The USAF Major from ANS once again displayed an unsportsmanlike attitude toward the game, as did his team, by not once offering to buy a round.

Perhaps in conclusion one should add that the USAF Major from ANS did curl a 87% game but here again one would have to agree with Bob Smith's comment that he was curling away above his head.



THE BASE HOCKEY TEAM recently posed for this group picture which is reproduced here. Front row: Trev Kennedy, Ivan Blanchard, Don Dee, Art Crabbe, Al Jackson, Rusty Farrell, Rick Hamel and Guy Ethier. Back Row: Jack Stewart, Dave

Wood, Kerry Stevens, Ross Scagnetti, Craig Skimming, Ed Pope, John Swanson, Charlie True, Gary Raindahl, Fred Bridges, Harold MacDonald, André Michaud and WO Jerry Smith.

Base Hockey — "The Royals"

By: Mac

Missing from the pages of the Voxair has been any information on the Base Hockey Team. This has been due to many things but from now on, all possible effort will be made to keep Base Hockey fans up to date on the CFB Winnipeg Royals activities.

Presently, the Royals are in the Winnipeg Metro Hockey League and play all of their games at various arenas in the city. As of the 18th of January, their record is 2nd place — 14 Wins, 5 Losses, 1 Tie for 29 points and trail league leading Elmwood by 5 points. On the 12th Jan., the Royals dumped Elmwood 3-1, their first victory over the league leaders to date. Coach Jerry Smith said the victory was extremely pleasing to him because "the forwards were backchecking and the defense were heads up all night".

One game does not a season make but it indicates the players are starting to point towards their regional service play-offs which will be held in Edmonton commencing the week of the 21st of February. Lack of a station arena is a definite handi-

cap to their conditioning but the team members are determined to be ready for the regional play-offs.

The team management has attempted to arrange exhibition games with other city teams but as we can only obtain extra ice time in the afternoons, this has proven difficult. Another avenue open to us is exhibition games with other service teams i.e. Shilo and Moose Jaw and these areas are being explored.

Team Top Scorers:

	G	A	Pts
Art Crabbe	16	19	35
Andre Michaud ..	15	16	31
Rick Hamel	11	6	17
Grev Kennedy ..	9	6	15
Kerry Stevens ...	6	9	15
Rusty Farrell	6	8	14
Garry Raindahl ..	7	6	13

Ed Pope and Ross Scagnetti don the big pads and so far Ed has recorded two shutouts.

More facts and figures next edition.

Rec Hall Winter Schedules

RECREATION CENTRE WINTER SCHEDULES

Lipsett Hall — Pool

Mon-Fri	0800-1630 hrs	Service Training
Mon	1800-2200 hrs	Swim Instruction
Tue	1800-2000 hrs	Open Swim
	2000-2200 hrs	CFB Scuba
Wed	1800-2000 hrs	Swim Instruction
	2000-2200 hrs	Red Cross
Thur	1800-1900 hrs	Open Swim
	1900-2000 hrs	Snorkel Club
	2000-2200 hrs	Manitoba Wheel Chair
Fri	1800-2000 hrs	Open Swim
	2000-2100 hrs	TOPS
Sat	0900-1200 hrs	Swim Instruction
	1300-1600 hrs	Open Swim
	1700-2000 hrs	Red Cross Jr. Leaders
Sun	1300-1600 hrs	Open Swim
	1800-2100 hrs	Open Swim

Note: 1 Feb 72 Pool Closed due to Cadet Swim Meet
Westwin — Pool

Mon-Fri	0800-0900 hrs	Maintenance
	0900-1630 hrs	Service Training
Mon	1400-1500 hrs	Ladies Fitness
	1630-1800 hrs	Bronze Medallion
	1800-2100 hrs	Swim Instruction
	2100-2300 hrs	Portage Scuba Club (3rd Mon.)
Tue	1800-2100 hrs	Open Swim
	2100-2300 hrs	Portage Scuba Club
	2000-2200 hrs	Service Battalion (3rd Tue.)
Wed	1630-1800 hrs	Bronze Medallion
	1800-2100 hrs	Swim Instruction
Thur	1800-2100 hrs	Open Swim
	2100-2300 hrs	CFB Scuba Club
Fri	1800-2100 hrs	Open Swim
Sat	0900-1200 hrs	Swim Instruction
	1300-1600 hrs	Open Swim
	1000-1100 hrs	CFB Scuba
Sun	1300-1600 hrs	Open Swim
	1800-2100 hrs	Open Swim

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Schedules

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VOXAIR VIXEN



OUR JANUARY-VIXEN is smiling because the paper in her typewriter is blank and is there only to dress up the photograph. As a secretary in the TCHQ finance department, Doreen Regelous does get her share of the work especially now that budget time is approaching.

(Photo by van Boeschoten)

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A parents' primer on drugs

The Base Drug Education Committee feels that as parents, you should know as much about drugs as the regular user or pusher, and so we wish to present you this primer on drugs. Sometime you're going to have to talk to your teenagers about drugs. The sooner the better. We hope that this article will give you something to start talking about; because, we want you to get to your kids before someone else does.

THE OPIATES

When most people refer to "narcotics", this group of drugs is what they are talking about. Opiates are used medically as pain killers. On the street they cause pain for the user and society in general.

Opium: a white powder from the unripe seeds of the poppy plant. Opium can be eaten, but it is usually smoked in an opium pipe.

Morphine: is extracted from opium. It is one of the strongest medically used pain killers, and is strongly addictive.

Heroin: this strongly addictive drug is prepared from morphine. Outlawed even from medical use, heroin is the most commonly used drug among addicts. It can be sniffed, injected under the skin, or into a vein. Street slang for heroin includes "scag", "smack", "H", or "junk".

"On The Nod": or nodding. The state produced by opiates. Like being suspended on the edge of sleep.

Mainline: or "to shoot up" — injecting a drug into a vein.

"A Hit": street slang for an injection of drugs.

Works: the apparatus for injecting a drug. May include a needle, and a bottle cap or spoon for dissolving the powdered drug.

A Fix: one injection of opiates, usually heroin.

Junk: heroin, so named because it is never pure as sold on the street.

Junkie: an opiate addict.

Skin Popping: to inject a drug under the skin.

A Bag: packet of drugs, or a single dose of an opiate. Amount of the drug in the bag is denoted by price, a nickel bag (\$5), a dime bag (\$10).

"Cold Turkey": describe the withdrawal that occurs after repeated opiate use. The addict can become irritable, fidgety, perspiration increases, there is a lack of appetite. The main problem in discontinuing opiate use is not getting off the drug, it's staying off.

Track: scars on the skin left from the repeated injection of opiates.

Overdose: cause of over 200 teen-age deaths in New York City (in 1969). Death is caused because the part of the brain that controls breathing becomes paralyzed.

Addiction: physical dependence on a drug, so that when the drug is taken repeatedly, and stopped suddenly, physical withdrawal occurs.

THE STIMULANTS

These drugs stimulate the system, or make a person more lively. While they are physically addictive like the opiates, they produce a psychological dependence or craving.

Amphetamines: these stimulants are taken in tablet or capsule form, or injected into the blood stream. Among the widely used amphetamines are: Dexedrine — or "dex" or "dexies"

Benzedrine — or "bennies"
Methedrine — or "speed" or "crystal meth"

Biphetamine — or "footballs".

Speed Freak: person who repeatedly takes amphetamines or "speed", usually intravenously.

Mental Effects of "Speed": amphetamines produce a decreased sense of fatigue, increased confidence, talkativeness, restlessness, and an increased feeling of alertness. As dosage increases, amphetamines can produce irritability, distrust of people, hallucinations, and amphetamine psychosis.

Amphetamine Psychosis: a serious mental illness caused by overdoses or continued use of amphetamines. The person loses contact with reality, is convinced that others are out to harm him. The most frightening part — this psychosis sometimes continues long after person has stopped taking the drug.

Rush: the brief heightened state of exhilaration at the beginning of a high.

Crashing: the withdrawal from amphetamines, the swift descent from an amphetamine high to severe lows of depression.

Cocaine: another kind of stimulant, derived from cocoa leaves. It is sniffed as a white powder, or liquified and injected into a vein. It produces a fast and powerful feeling of elation. Cocaine does not produce physical dependence (addiction), but does produce a strong psychological craving.

Coke: street slang for cocaine.

THE DEPRESSANTS

The category of drugs that depresses the functions of the brain.

"Downs": street slang for depressants.

Alcohol: ethyl alcohol, a depressant because it slows the functions of the brain that control thinking and co-ordination. In high doses it produces drowsiness and sleep. Alcohol is an addictive drug, since after prolonged or continued use it can cause physical dependence (alcoholism), and when discontinued, causes withdrawal symptoms at least as serious as the other addictive drugs.

Barbiturates: these drugs are in the group called sedatives — medicines to make you sleepy. Barbiturates are taken in capsule or tablet form. They cause physical dependence (addiction), and after repeated use, physical withdrawal does occur when these drugs are dis-

continued. Among the commercial names for barbiturates are: Seconal or "devils"; Nembutal or "jackets"; Amutal or "devils"; Luminal or "hearts"; Tuinal or "rain" or "double trouble".

Barbiturate Overdose: people in Canada die as a result of an overdose of barbiturates (usually suicide of any other single substance).

Intoxication: sedative tranquilizer intoxication is lar in its symptoms to a intoxication. Driving while intoxicated can be extremely dangerous, and is thought to cause at least 2,500 fatalities a year.

Tranquilizers: drugs that calm tension and anxiety. These drugs do not cause dependence except in high doses. Tranquilizers are taken in capsule or tablet form. Some commercial names for tranquilizers are: Equanil, Miltium, and Valium.

INHALANTS

Among substances which are inhaled and produce a high are: glue, gasoline, ether, fluid, and refrigerants. Continued inhaling has been reported to cause severe and permanent liver damage, brain damage, and death.

(continued next issue)

Base Drug Education Committee



With the strike in effect, flying has been somewhat curtailed; thus, this seemed to be a rather good time for the pilots at CFFTSU to write the annual Aircraft Operations Exam on the Dakota. Pilots were able to get a little extra time in for studying and some pilots, including Capt. John Tanchak, Lts. Dave Nicoll, Dave McDonald, Chuck McCrea, and Rick Legault showed their excellent knowledge of the Dak pilot's bible.

Several pilots are being subjected to postings at the unit. Internally, Lt. Dave Wood has gone to "A" Flight while Lt. Lou Cyr has joined "D" Flight. Capt. Dwight Anderson is slated to go to Summerside on Angus aircraft sometime in March — what a change from Daks at Winnipeg. George Smart is also leaving the unit for the Hercules OTU sometime in April. Capt. Hans Etzel is going away, but only on TD to Montreal for the Middle Management course; if he

tries hard enough, he should get back with a bilingual qualification.

Congratulations to Lt. Chuck McCrea on his promotion to Captain, effective the tenth of February. One more promotion and the party will be all set for February. Congratulations also go out to Lt. Jim Naismith on his successful completion of the Long Range Captain's check. He probably lost a few more hairs on that trip. Capt. Hugh Quigley also received his Long Range Captaincy.

Get well wishes go out to Lt. Jim Birrell, who is presently for what hopefully will be a short stay in the Kingston Armed Forces Hospital. Also Maj. Tom Pollard can be seen limping around the unit with a cast on his ankle.

About the only flying of note being done at the unit lately are the familiarization flights for those inquisitive little Air Cadets in Alberta and Saskatchewan over the week ends. Capts. Dick Morrison and Craig Fur-

long wore out one adding machine and discovered that "B" Flight flew approximately 3,500 hours of Navigation Details last year — that is a lot of box lunches.



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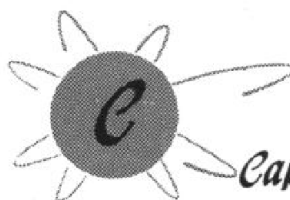
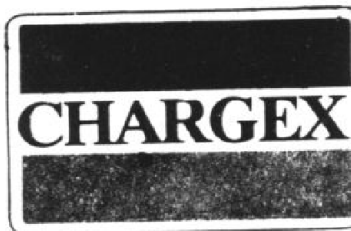
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