



October 20, 1971 CANADIAN FORCES BASE, WINNIPEG Vol. 20, No. 20

TASTE TEST. Winnipeg's Food Services Officer, Lt. Gloria Howes, samples soup served to the troops on Exercise Running Jump. With her is WO R. P. Fox, RCASC, CFB Borden School of

Cookery, and WO Bill Hill, RCOO, of CFB Winnipeg, who was the company sergeant major of the services company at 1 Canadian Field Hospital. (Canadian Forces Photo)

History recalled with Arctic flight

EDMONTON, Alta. — The first Canadian Armed Forces aircraft to be permanently based in the North since 1958 arrived at Yellowknife, N.W.T. last week. A new Twin-Otter, its arrival heralded the beginning of operations for 440 Transport and Rescue Squadron, Yellowknife Detachment. It's parent squadron is based at Canadian Forces Base Edmonton.

The aircraft, piloted by two former Alberta pilots, Allan J. Weekes, Edson, and Marvin O. Hengen, Olds, was met at the Yellowknife airport by civilian and military dignitaries. They included Commissioner of the N.W.T. Stuart Hodgson, the Commander, Northern Region Headquarters, Brigadier-General Ramsey Withers, and the commander of the new squadron detachment, Major Bob McLarnon.

The aircraft's crew carried a letter for delivery to the Commissioner from Air Vice Marshal T. A. Lawrence, retired, and now living in Toronto. He commanded the Royal Canadian Air Force Hudson Strait Expedition in 1927 and 1928 with the first Armed Forces aircraft to be stationed in the North.

Following is the text of Air Vice Marshal Lawrence's letter:

"The arrival of this Canadian Armed Forces CC-138 Twin-Otter to make its home in the North occurs 44 years after the establishment of air operations by the Royal Canadian Air

Force north of 60. In 1927, I had the honour of commanding the RCAF expedition to Hudson Strait to perform the ice reconnaissance needed to pioneer the commercial shipping route to Hudson Bay and Churchill, Man.

"We established bases for our operations, flew missions with the Fokker Universal and communicated over radio links

established by the Royal Canadian Corps of Signals. Our mission was successfully completed in 1928.

"Although the intervening years have witnessed many changes in equipment, organization and technique, I am confident you will find the same dedication of Canada's servicemen to the North remains the same."



NEWFOUNDLANDERS ON EXERCISE — Corporal M. J. Wescott, left, of St. John's, and Pte. R. G. Pat Mercer, of Manuels, Conception Bay, guard their position during Exercise Running Jump at CFB Gaagetown, N.B. Both serve with the 2nd Battalion, Princess Patricia's Canadian Light Infantry.

as i see it

by Colonel Alan Wallis
Base Commander CFB Winnipeg



I have recently returned from an enforced all-expense vacation at the NDMC Ottawa-Hamilton while the medical people probed my innards. I don't recommend it.

I mention this by way of explaining why I have missed a couple of editions of VOXAIR. It certainly was not because my nose was out of joint as a result of Sergeant Maddison's well thought out and well written comment on the CD question.

It was with some chagrin that I returned to Winnipeg to find that the Base had run perfectly well without me. There is probably a lesson in this, but I refuse to acknowledge it.

While I do not suppose that too many readers have waited with baited breath to see what I had to say on the subject, I did mention last time that I would like to express some thoughts on athletic, recreational and community affairs at CFB Winnipeg today.

I do not think that anyone seriously doubts the value to the individual and to service of the provision of outlets for physical and mental activity promoting the well-being of individuals in the service community. Rec centres, athletic fields, hobby shops, drama clubs, community councils, and youth and church organizations are monuments to our belief in the importance of extra-work activity for service personnel and their families. I believe these are all just as important as ever: but this is not the same as saying that their success in Winnipeg now can be measured by user rate in the way they could in the past, and still can to some extent in some other locations. There are a number of trends which in my view, bring this state of affairs about.

To begin with there is a general tendency in society for people to centre their lives less around their work. The company picnic and the company ball teams are less important today than in the past. Individuals work in organizations more than organizations absorb individuals. This trend is less marked in the Forces than elsewhere for many good reasons, but it is operative to some extent in the service. Mess life means less than it used to. Service people lead lives outside the barracks.

Moonlighting is a related factor. However, it is also the result of the service men being unable to fulfill his and his families' expectations on the service wage alone. I do not say that moonlighting is good or bad: I simply say it is a fact which is quite explicable and which has its impact on programmes we try to organize.

The general tendency to dissociation from work as the life-centre, and to moonlighting would seem to be functions mainly of the times in which we live, though moonlighting is undoubtedly more common in an urban area than elsewhere. There are, however, other factors which are applicable in a location like Winnipeg. These are the counter-attractions for recreational and social fulfilment which a large urban centre offers, and the multi-mission nature of our Base.

The counter-attractions point I like to make this way: "When you serve in Eyebrow, Saskatchewan, then develop and enjoy the facilities of Base Eyebrow. When you move to one of the nation's largest cities, why pretend you're still in Eyebrow?" In the case of Winnipeg there is professional sport, golf and curling, theatre, ballet and a host of other activity. Our married quarters merge into the civilian community.

Ours is not a single-mission Base whose operation lends itself to organized, block attendance at athletic and recreational activity. It is, as we all know, composed of a very large number of units and sections performing a multitude of roles, day and night, in-the-national interest.

Does all this mean that Base recreational activity is a waste of time and should cease? By no means. We must develop programmes that are complementary, that duplicate but are more readily accessible, that add to the whole community fabric, that meet special needs. This is exactly what active people at CFB Winnipeg have done. This is what we must all continue to do with the help of our service specialists in these fields, and the active volunteers among us.

My feeling on this whole subject is that we must not judge the success of any given Base activity solely by the numbers of our people it draws. If it promotes the individual and collective well-being and sustains enough interest to keep it functioning as a viable enterprise, then an activity must be judged a success: it is meeting a need. Mass-participation and standard-formula patterns of recreational and community activity are probably out for Winnipeg. Smaller group and individualized activity is probably in. This requires not fewer organizers, facilities and really active participants, but more.

I think that our recreation specialists and our very large number of volunteer organizers and participants in sports, recreational, youth, church, and community activities do a marvellous and imaginative job in making our whole community a happier and healthier place to live. The job is not easy. Perhaps some of us could give them a bit more of a hand?

A search is a search is a bad day

TRENTON (CFP) — Just in case you harbored any doubts about it, there really are days when it doesn't pay to crawl out of the sack.

Take the case of a Voyageur helicopter crew from CFP Uplands recently.

There they were, yanked out on a Sunday morning to go look for three youngsters and a dog, missing for almost two days in thick bushland.

Back and forth they scoured the dense area near Effingham Lake, about 35 miles north of Trenton, when eureka! . . . a flash of red caught the corner of a crewman's eye.

Another pass confirmed it was the missing kids, and the thoughts of our airborne searchers turned fondly to home, relaxation, dinner and things.

A note was dropped to the kids telling them to stay put, while the chopper flapped back to Effingham Lake to inform parents and rig a hoist to lower an OPP constable to the scene.

They hurried back to the spot, only to discover that the youngsters had disappeared again. However, a ground search party was spotted nearby, and directed to the area where the kids were last seen.

More sweeps followed, and eventually the youngsters were spotted again. But by now, the ground search party was nowhere in sight.

The Voyageur crew then lowered the OPP constable in the nearest clearing, and he began flailing his way through the bushes in search of the kids.

From the air it was obvious that they were only yards apart. But, the kids refused to move, figuring that a chopper in sight was worth more than a cop in the bush.

Eventually the two got together and helicopter began guiding them to the nearest trail.

Along about this time the helicopter discovered that they had rediscovered the ground search party, which was also following the machine on a parallel course about 20 yards away.

The two parties eventually merged and the chopper landed to take everybody aboard and finish off the nightmarish mission.

But they hadn't reckoned with the dog, a German Shepherd called Albert, who

wanted no part of that strange contraption which had been abusing sensitive canine ears. And the wishes of a hungry German Shepherd are not to be taken lightly.

Albert and the kids were inseparable, and for a while it looked as if everybody was back to square one.

Just then, one of the long-suffering crewmen had had it up to here, and bodily flung ol' reluctant Albert into the chopper so he could get home to that dinner, etc.

The mission — believe it or not — ended here, with Albert cowering under a seat, pondering dubiously the reputation of being man's best friend.

As the man said, some days it just doesn't pay, etc.

774-5090

The Ten Commandments of Curling

THOU shalt have no other game before me, for I am the Roaring Game which was in the beginning, is now and ever shalt be.

COME not upon the ice with an old broom for thou canst not quicken the pace of dying rock with Last Year's Broom.

THOU shalt learn thy turns both the in and the out for the skip will not hold him guiltless who throweth the Wrong Turn.

PLAY not a running shot when asked for a Guard lest thou pass thine own shot through, so sending thy skip up in the air. Such play getteth his goat, queereth his game, causeth him to swallow his tobacco, and revile thee openly.

THOU shalt harken diligently unto the defeated skip when his voice is raised up in Lamentation against the punk ice, and thou shalt not turn they face from him when he blameth his third man. Even so shalt thou secure a listener against the day of thine own defeat.

THOU shalt not strew straws off thy broom in the path of thine or Thine Adversary's Rock, neither shalt thou introduce any foreign body in front of them causing them to halt and die suddenly, becoming a hog. As pork is an abomination in the eyes of the Jews so is a hog in the eyes of a skip.

THOU shalt not stealthily push or kick a rock into the house, for the opposing skip will know and his anger will be Kindled Against Thee even unto the point of breaking his broom over thy head and thrusting thee hence from the sight of curlers forever, for this is an Unpardonable Sin.

THOU shalt have no discourse with thine adversary while his foot is in the hack and his hand is on the rock but if thou wilt, thou canst Pray for him.

THOU shalt not covet thy neighbour's rock, nor his new broom, nor his lead player, nor his third, who is his Mainstay and a Wall of Defence in the day of battle.

WHEN thou comest to the last end and hast the game won and hast still one rock to play and then playeth with Great Deliberation, thy rock gambols playfully down the ice, sailing jauntily Through the Port and pusheth thine adversary's rock into the house, so it counts him the end and the game, and thou comest down the ice with fear and trembling, and art hailed by the enemy as a Good Sport and a Fine Curler, and by thine own side with groans and mutterings, thou shalt receive the proffered hand of thine adversary with a smile and wring it even though thou may wish it were his Neck.

Married quarter waiting lists

We had a snarly letter from someone who signed himself 'Disgusted'. The point he raised was a good one and if he only had had the sense to temper the tone of his letter and the guts to sign his name, it would have reflected well on him.

His point was this: If married quarters are allotted on the basis of first come, first served, why are exceptions made when entire units are moved to a Base, and, moreover, why can't we even be consistent in our inconsistencies. Specifically he referred to the case at Uplands when 450 Sqn moved from CFB St. Hubert in June 1970. Sixteen quarters were given to personnel from this Squadron, jumping many locals who had been on the waiting list for over a year. The same policy was not followed when 414 Sqn moved to Uplands from St. Hubert in September, 1968.

Prior to unification the three services used different methods for allocating MQs — two were on a point system, and one was on a first come, first served basis. After careful study it was decided that the latter system was fairest since the point system emphasized long service and large families. Consequently MQs become largely occupied by senior people at the expense of the lower rank, lower paid, juniors. The first come, first served concept does not favour or discriminate against any one group. This system worked reasonably well until we were directed

to reduce strength to 82,000 by 1973. This called for major restructuring of the Forces and the re-location of some formations and units. For many personnel in the affected units it involved two moves within a short period. In some cases families had served the waiting period at their previous locations and had just moved into quarters. In still other cases there was a language and schooling problem. It was therefore necessary to establish a special policy to be applied on a one-time basis for mass moves on re-location. This policy went into effect 20 March 1970. It applied, consequently to 450 Sqn, but not to 414 Sqn, which moved 17 months earlier.

The formula for allocating quarters to an in-coming unit is somewhat lengthy to explain but in essence it means that the unit receives the same proportion of MQs, relative to its strength, as any other unit on the Base, AFTER 10% of the available quarters go to people on the waiting list.

There are very few features of Service life that are as depressing as our constant search for a roof to put over our heads. This, of course, is why the whole subject of MQs can become so emotional. Since there are not enough quarters to go around all we can hope to accomplish is to try and satisfy the greatest number of people possible.

— Personnel Newsletter



The Base Financial and Audit staff as seen by others

Sorry, 2 PPCLI

In our last issue the PPCLI were referred to as the 'Patricians'... a typographical error which wasn't picked up before the presses rolled into the night. For the uninitiated, the regiment is referred to as the 'Patricias', even tho' they may be patrician in all respects. And never, never call them the 'Pats'. This is a no-no.

Get off your butt

Servicemen approaching retirement and thinking about their move into the outside world cannot help but be anxious about their prospects. But, being a little anxious is probably a good thing. No matter how well qualified you may seem, a job is not going to fall into your lap. More than ever, a successful move into the outside world requires planning and concentrated effort. Here are some of the things you can do.

First, you can make a careful analysis of your skills and experience. You must study yourself hard to determine the direction of your employment goal.

Second, you must carefully match what you want to do, once you leave the service, with the needs of the labor market. It doesn't help to spend your time looking for jobs which don't exist.

Third, you must wage a vigorous job campaign. Wishful thinking does not find a job. This means answering advertisements, registering with Canada Manpower and knocking on doors and approaching firms directly.

This also means an early start. The more time available for planning and preparation, the easier the transition to the outside world. **Five years before retirement** is not too soon to start your planning.

By the time the final year of service is reached, you are off and running with your job campaign in high gear. This is the best medicine for the anxiety we all face when we move out into the outside world.

Servicemen approaching retirement are invited to participate in the Civilian Employment Assistance Program as outlined in CFAO 56-20. See your Base Personnel Selection Officer or Personnel Education Officer for further details.

MINI-COMMENT by Uncle Vox

The frost is fer dang sure on the punkin these days and that's a herald of Hallowe'en. Mom and Dad are asked to think twice about letting the little people out on Hallowe'en night by themselves. Maybe big brother or sister could go along for the hour or so that's involved. The simple facts of life are that there's a few miserable large kids in every neighborhood, and that includes PMQ patches, who like to prey on the little guys. More than one six or seven year old has come home from a totally spoiled Hallowe'en night because some rotten lout has grabbed their UNICEF box of pennies and run off into the dark... we read in one of our sister base's newspapers, the *Cornwallis Ensign*, where a couple of recruits from that base on a weekend pass were refused admittance to a local motel, even though they had reservations. Seems that **servicemen weren't allowed** on the premises of whatever Paragon of Hostelry was involved. We take up the cudgel these days for everybody in sight, Indians, Metis, and ethnic and cultural minorities of every description, but the good old serviceman still gets his but good in several areas of our enlightened nation. Kipling said it long ago but it still rings true: "Oh it's Tommy this and Tommy that, and 'chuck 'im out, the brute; but it's 'Saviour of 'is country when the guns begin to shoot"... Ol' Uncle, noting that the birds had flown south again, meandered over to our *Canex* the other day and after joshing with the nice ladies who work there got down to the purpose of his visit and asked to see the latest in green service parkas. He had his wallet half-way out when the store manager allowed as how they certainly had them in stock and at a fair price, but that it would be a shame to sell one to Ol' Uncle because a message from On High had just arrived stating that **parkas were no longer permissible for service wear** except in our new Northern Region. Ever heard of On Again, Off Again? Somebody somewhere keeps equating these climes with southern California or Malta. This winter when the mercury hits twenty below and the wind is sucking at thirty knots out of the north across the prairie flatland, we shall offer up a silent prayer for those who legislate that parkas are un-military and only desirable above the sixtieth parallel... Uncle wonders if many of you shop at the nearby Jameswood shopping centre right here in the north site neighborhood. Ever get fed up with all the kids who perpetually block the sidewalk in front of the stores with their bikes... and foul the air with their obscene language. **Wake up, Jameswood shop-keepers.**



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Letters

CANEX EXPANSION

Editor, Voxair:

I have just reviewed some material on the CFCF Personnel Support Programs regarding the completion, progress and proposed plans to improve social and recreational facilities at CF bases and stations in Canada and Overseas.

It is most gratifying to see large modern base exchanges, and camping areas being constructed, plus improved facilities for hobby shops and other forms of recreation at most military locations with our own NPF profits.

At the same time CFB Winnipeg does not appear to have utilized the PSP to any significant degree and evidently there are few plans to do so in the near future. Recently I visited CFB Cold Lake and had the pleasure of browsing around their new BX complex with its large well stocked department store which includes an excellent grocery and meat department (with reasonable prices) plus a drugstore complete with pharmacist, barber shop and hairdressing salon. In the evening I enjoyed an excellent steak dinner in the licenced dining room adjacent to an attractive snack bar.

Cold Lake is not an isolated example. The new BX's, hobby shops, ski lodges, beach facilities, auto clubs (and even a yacht club) are examples of what is being done at numerous bases and stations. It was noted that one of the Winnipeg NCO messes used a small amount for renovations and that the officers' mess has undertaken a project to improve the ladies' washroom facilities. To be fair, the Winnipeg Auto Club, the automatic pin setting machines, curling rink and vending machines have been good projects but I have seen little other progress in the past seven years that I have been here.

If ever there was a location that needed a large BX, it is Winnipeg. Approximately one million dollars is being invested at Holberg and Masset in a remote area on Northern Vancouver Island and approximately \$800 is being invested on improving the Canex office facilities in Winnipeg. The Winnipeg 'five and dine' BX may survive but it is only a token effort. The staff cannot be expected to do very much in such a limited area. In addition, a woman recently told me she had to

ask people to open the three doors to get out of the building while trying to carry out two cases of canned soft drinks. I personally have been trying to buy an average size pair of plain old military type black shoes for the past four months and get the same old answer, "They're on order; we don't have much room to hold shelf stock." So the military personnel and their dependents continue to spend millions of dollars annually in the local community when at least some of the profits could be well used on improving our own lot.

We have a woodworking hobby shop run by keen NCOs with limited space for work and for stock. It is open a few evenings a week and a half day Saturday. Now, there would be a good place for improvements! Or how about a well constructed and supervised toboggan run or ski lift and hill in the local area with a reasonable fee being charged? If we can't build the hill, why not lease some riverbank property? How about a properly equipped and staffed arts and craft centre? Or tow truck or jeep with jumper cables for the Auto Club so we don't have to pay \$5.00 for a jumper start on the base when those who don't have plugs can't get their cars started in the winter months?

Our money is in the CFCF. The exchange system has, through improved exchange facilities and management, enabled bases and stations to generate profits of four million dollars after expenses and contributions during the fiscal year 1969/70. There will, no doubt, be a few complacent souls coming up with many reasons why we should continue to remain inactive but the opportunity is that if enough personnel are interested.

G. H. Shorey
Major

GROCERY CARTS & CARDS

Editor, Voxair:

I have been in the same boat as Fernande and Uncle Vox (22 Sep 71) when it came to purchasing items of sustenance in two large food stores in Winnipeg. Upon having an order "rung up" by a pleasant and willing cashier, my status has changed to that of something less than the proud individual I am, simply because I have presented an "I-card" that states I am a member of the Canadian Forces, in order to make payment by cashing a federal government check.

We all know that the CAFIB

20 is merely an identification card, complete with picture. Yet it is a card that cannot be held by a non-serving person and by simply noting on a negotiable document the social insurance number, status and name of the holder, plus ensuring that the photo bore some resemblance to the bearer, it would seem to me that it would be an excellent source of identification. A driver's license! — zounds! — for I could be transferred out of the province and there would be some difficulties in locating me from that information contained therein. But with the CAFIB 20, someone is going to know exactly where I am.

I expressed the statement that I did not have a car one day to the clerk, and she said my Manitoba Hospital card would suffice. I don't carry that because my medical benefits are provided by the service. This then brought an assistant manager upon the scene who told me of "company policy". I left three shopping carts containing a little over ninety-six dollars worth of groceries on his counter that some little herbie in his store would have to put back on the shelves. Perhaps if on payday, everyone did this, the military "I-card" would receive the recognition that I think is its due.

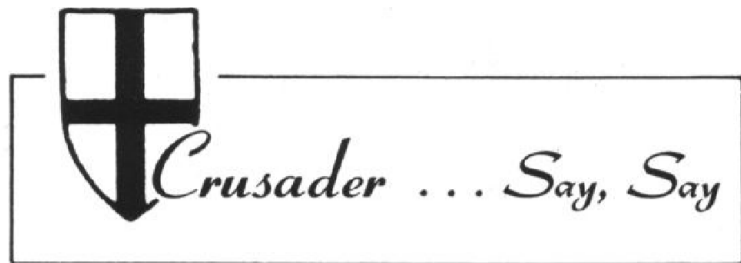
W. J. Jack
Captain

PUBS ALSO!

Editor, Voxair:

Mini-comment related the problem of a serviceman trying to cash a cheque at a large Department Store. Well they aren't the only ones having trouble with using services ID as proof of identification. The following is but one more in a long line of problems we encounter just because we are in the profession of defending Canada.

Have you ever gone to a pub or tried to buy an article on credit? Well in many cases you are (if you look under age or for that matter any other reason) asked for some form of identification. Usually a birth certificate or driver's license will do. But try using your service "I" Card and see what happens. Most stores and the like will not accept it. "Why not?" you may well ask. It undoubtedly has the necessary information: (a) date of birth, (b) name, (c) sin number, and if that isn't enough, it also has, (d) your photo. All this just isn't good enough. But just bring out your driver's license or birth cer-



The high minded among us may conclude that the present almost unseemly rush to study the French language is occasioned by a desire to both arrive at a better realization of self and contribute to national unity. The sceptical and cynical may feel that it is a natural reaction to an unspoken threat to participate or suffer more than tiresome consequences.

Be that as it may, many who enjoy the proper use of the English language will likely sigh and privately wish that something could be done to retard the decline in our everyday use of the written and the spoken word.

There are those who opine that the language is what we say and write and while this is true in itself one cannot escape the fact that the understanding or impression intended is often not attained by reason of bad spelling, poor vocabulary, wrong pronunciation, or even lack of punctuation.

An explicit well-phrased letter may generate the posting, course or redress desired whereas an unclear order may cause catastrophe.

In the last two weeks there have been some notable errors such as "Requests for assistance is most effective" signed by the Attorney General of a Province. The Forces personnel news letter stated that the Master Corporal plan did not fair well (sic). A Command Headquarters described "intersight" transportation and Base Orders requested "enteries" to be submitted. Staffs will probably for ever insist that troops be "bussed" which means kissed not moved by bus.

Do these things matter? Possibly not. But consider the legend of the telegram "Pardon impossible to be sent to Siberia". A life is reputed to have been saved by its lack of punctuation. There is nothing wrong or debasing in improving one's vocabulary and style of writing, a dictionary being the most important piece of kit.

There are some pitfalls, however, and improper pronunciation can cause embarrassment. A radio announcer recently described a local dignitary as a professor of Emmy-write-us as he pronounced it.

It is also important to say what you mean. They are still puzzling over the intent of a delightful recent message from CFHQ which stated that if no changes are made, things will remain the same.

The youth of today seem to lack power of expression somewhat. The announcement of a nuclear exchange and holocaust would in all probability be greeted with the usual adjective 'neat'.

So, if you can't learn French, make a genuine attempt to be more interesting in your own language but don't overdo it. I enjoy my critics even when I don't agree with them; but, if the printer errs in his type-setting and you are moved to write Uncle Vox, spare him please such phrases as vertical economic mobility. He jes caint figger what it might mean.

A great lover of the language wrote "Display of superior knowledge is as great a vulgarity as a display of superior wealth — greater indeed, inasmuch as knowledge should tend more definitely than wealth towards discretion and good manners." Quite so.

tificate and there's no problem at all!

A driver's license can be used by anyone so long as you're the same sex as stated on the license. It doesn't matter if the license belongs to you or not. A birth certificate can be used in the same manner.

In the United States more often than not our ID is accepted without need of a second source. In Canada, you have to have two sources of identification. One to prove that you are the age and person you claim to be, and the second to prove that the first is really yours. In the case of our ID cards you don't need a second source of identification, at least you shouldn't have to, because your picture is right on the card. What else could you possibly need to prove who you are?

On Sep 15, eleven members of the Canadian Armed Forces were refused service in a certain pub on Portage Avenue and all because three of our number (female) couldn't prove, other than by their service ID, how old they were. They in fact were all over eighteen years of age. All the waitress could say was: "I'm sorry, but I have to see a birth certificate". This pub was the second one that all eleven of us were in that evening. The first one let us in and even seated us all together, which in my opinion was real service.

To find out how the Liquor Control Commission stood on this matter, I placed a phone call to them and they informed me that any liquor outlet has the right to refuse service to anyone for a "good reason". I was also told that in their opinion our ID is better than a birth certificate or driver's license. After all, each identification card is signed by the same person, and surely we

all can't be using forged document for identification purposes.

What are we, some kind of odd-balls or something? After all a fair amount of our wages go into the economy of this city. What's wrong with our Identification Card?

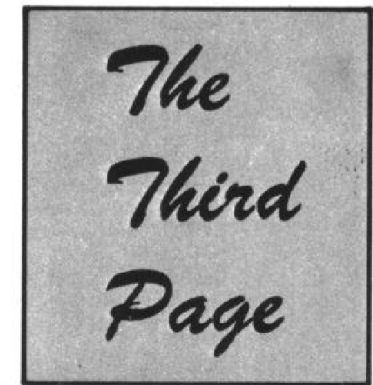
W. P. Lawrence
Corporal

UNCLE IN TROUBLE?

Editor, Voxair:

Listen, Uncle Vox, you derved old fool, what's happened to your two columns *Crusader* and *Grains of Sand*? Could it be you're suppressing both of them through jealousy just so that inane thing you call *Mini-Comment* can hog all the glory? When two such excellent writers and deep thinkers as 'Crusader' and 'Grains' are pushed to the background in favour of a toothless, unshaven old moron like you, then by God it's time that we spoke out. If a confused, senile idiot of your calibre can be in the newspaper game, then in the name of Women's Lib, so can I! I'll be sending in a column for your next issue and by all that's holy, you better print it! Call it 'Aunt Winn Sez' ... and put my photo at the top. Or else!

Aunt Winn



WELL DONE, HARRY! Here we have Captain Harry Botsford of Training Command Headquarters Flight Safety staff receiving last minute instructions from Base Winnipeg brass before take-off during the recent London to Victoria air

race. For his fine performance, Harry is being considered for a block heater plug allocation this coming fall, one of the base's most sought after awards. The aircraft has since been returned to service with ANS observer squadron.

others

OX

ays and that's to think twice might by them- for the hour or there's a few that includes More than one totally spoiled grabbed their ... we read wallis Ensign, end pass were y had reserva- e premises of take up the s, Metis, and but the good areas of our ill rings true: im out, the uns begin to d flow south ay and after down to the green service ore manager and at a fair Uncle because that parkas t in our new n? Somebody n California ty below and h across the or those who ble above the you shop at in the north o perpetually ikes ... and Jameswood

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Defence in the House

NATIONAL DEFENCE — CONSTRUCTION OF BUILDINGS AND RUNWAYS, COLD LAKE

Mr. Rowland:

1. Is a new runway being constructed at CFB Cold Lake or are old runways being extended and, if so, what is the total cost of the project?

2. What has been the cost of (a) refurbishing (b) renting (c) constructing accommodation for the additional servicemen and their dependants appointed to CFB Cold Lake?

Hon. Donald S. MacDonald (Minister of National Defence):

1. No, however normal maintenance work is being done on existing runways and taxiways at an estimated cost of \$495,000.

2. No additional accommodation has been provided for servicemen and their dependants.

NATIONAL DEFENCE — PURCHASE OF HOMES AS A RESULT OF CLOSURE OF CFB, GIMLI

Mr. Rowland:

What is the total cost, actual and projected, to the government, of purchasing private dwellings and compensating for early termination of long-term rental agreements resulting from the closure of CFB Gimli?

Hon. Donald S. Macdonald (Minister of National Defence):

The purchase of 44 private dwellings at CFB Gimli was approved in the amount of \$419,000. It is anticipated that the cost to the Crown will not exceed \$200,000. Sale of the properties through Crown Assets Disposal Corporation also will reimburse the Crown in part for the purchases. A long term rental agreement will be assigned or terminated when negotiations with the owner have been completed.

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PILOTS BEST SAILERS. Rear Admiral R. H. Lier (left) congratulates Winnipeg maintenance test pilot Capt. Don Freudenberg while team mate USAF Lt. Col. Barry Nelson holds the Admiral J. C. O'Brien trophy. The pair now has won

the Canadian Forces Sailing Championships three years in a row. Sailing 420-class dingies they beat out 29 other crews from bases across Canada.

(Canadian Forces Photo)

CFANS news corner

How many of you among the vast number of readers of this column have heard of "VP INTERNATIONAL". For those who have, the following will be old news, but for those who have not, I think they might find it worthwhile noting.

"VP INTERNATIONAL" is an organization of airmen whose purpose is to foster goodwill and fellowship among long-range sub-searching patrol and reconnaissance flyers through the promotion of understanding and recognition of VP operations and their impact on military aviation. Its membership is extended to all airmen who have logged over 3000 flight hours in VP operations, including Coastal or Maritime land based flights. The national and international headquarters are located at CFB Greenwood N.S.

Application forms are now on the base and may be obtained



from Capt. Bruce Haavisto room No. 214B Bldg 86 (CFANS), local 297.

Additional information regarding VP international is available from Capt. Haavisto.

The results of the CFANS semi-annual sports day, held 1 Oct 71 have been tabulated.

The results of the CFANS semi-annual sports day, held Friday (October 1), have been tabulated. Prior to the final event the students had 110 points with wins in volleyball and flag football and the staff had 115 points with wins in softball, badminton and bowling.

The final event was held in the party room of bldg. No. 61 and consisted of 5 Staff vs. 5 Students battling wits across a table in what is commonly known as a Boat Race. The Staff won, making the final standings Students 110 Staff 135.

Nav Cell

Oct 8 was the culmination of eight months of classroom theory and navigation flying for Course 7102 (OCTP). The graduation consisted of a Wings Parade and Presentation, Reception of the graduates, a Buffet Supper and Dance. The Wings Parade took place in Bldg 21 and was composed of the CFB Winnipeg Honour Guard, officers from Courses 7104 (ROTP) and

7105 (ROTP), and the graduates. The Reviewing Officer for the occasion was COL A. D. Wallis, Base Commander, CFB Winnipeg. He presented wings to all the graduates except LT A. B. Clark, who received his wings from his father, MAJ E. B. Clark, BAMEO, CFB Greenwood. After the parade everyone retired to the Officers' Mess where the graduates and guests were received. A course photo with the Reviewing Officer was taken before the Buffet Supper. After Supper everyone enjoyed dancing to the loud and peppy sounds of the "Home Cooking" group.

On Oct 12 Nav Ground welcomed the addition of Captain Mel Melissen to their staff. Mel will be writing lesson plans and learning the intricacies of celestial theory before commencing instruction with Course 7107 XTrg.

OBS Cell

After 8 weeks of training Obs course 7106 will finally have some company in the form of Obs course 7107 who reported on Monday 18 Oct. Welcome to the Observer sqdn. fellas, you have 15 weeks ahead of you; and during that time the total obs. staff have the responsibility of instructing, guiding, and counselling each one of you toward the successful completion of this course.

Course 7106 obs completed a 1 day HAI (High Altitude Indocination) course last week and were accompanied by 2 Staff Instructors. If you look elsewhere in the paper you may spot a couple of pictures of some of these chaps during that day.

That's all for this time from all of us in the North End Upper Deck.

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ANS STAFF WINS. Receiving the sports day trophy from ANS Commandant Lt. Col. S. L. Kincaid is Capt. Bill Sharkey on behalf of the staff.

(photo by Hoover)

Entertainment as we see it

by Don and Barb Binder

We've made a few changes in the format of this column because it has grown beyond its original scope. Although we've withdrawn the STUDIO 22 column head, we'll continue to report on club news, much as in the past, along with more and better coverage of the local entertainment scene.

We met the stars and most of the cast of *What the Butler Saw*, MTC's '71-'72 season opener, at a press conference on October 4th. **Biff McGuire** and his wife **Jeannie Carson**, star of the *Hey Jeannie* TV show, will play the leads. As a matter of interest, Mr. McGuire also starred in MTC's first play last season, *A Man's A Man*.

What the Butler Saw was written by the late Joe Orton in 1967. It has been described as a potent commentary on the malaise of our time. But don't let that scare you. On the surface it's about the comic lunacy of characters forced into unnatural situations by, well — less than respectable behavior.

Other members of the cast are **Sandy Webster**, **Robin Ward**, **Donald Ewer** and **Linda Carlson**. As we mentioned earlier, **John Hirsch** will direct and **William Ritman** will design sets and lighting. Costumes will be by **Doreen Brown**.

The play opens this Monday night, October 25th, and will run until November 13th. Tickets are available at ATO, CBO and the MTC Box Office.

If you missed STUDIO 22's *The Absence of a Cello*, you blew it. The play was just as good as promised and the reviews proved it. STUDIO 22 may be an amateur group by definition, but it has a lot of professional credentials, good buddies, and that's something CFB Winnipeg should be proud of.

Much thanks to all of the entrants in our free ticket contests. Next time we'll use a different method of reply because the mail system didn't work out too well. And speaking of next time, it looks like the club's December production will be, get ready: *You Know I Can't Hear You When the Water's Running!* And if that doesn't grab your interest, for March they're considering *Lion in Winter*, *Marigolds*, *Armoured Dove*, *Flight Into Danger*, *Busybody*, *Black Comedy* or *White Liars*. (No pun intended.)

Anyhow, after seeing *Cello* we stopped by the **Mexican Village**, NE William and Arlington. We were told it's the only restaurant in town specializing in authentic Mexican cuisine. Now, when we say authentic we mean the real stuff that's served on the bland side and then seasoned to taste. Getting on with it, the food was excellent and atmosphere great. We stuffed ourselves on nachos and tostados and...

If you think ballet is all sissy stuff, you obviously didn't see RWB's *Estasy of Rita Joe*. It was a poignant story about an Indian girl who came to the city in search of better life only to meet with poverty, deprivation, discouragement and finally — death. It was not a wholly fictitious story.

A multi-media production, *Rita Joe* employed folk singing, voice narration and film along with dancers and orchestration. **Chief Dan George** was featured as Rita Joe's father on film and in the narrative; he was, as usual, great. However, the aura that surrounds that fine old man seems to have overly impressed the CBC film makers. Whenever Chief George was on film, their editing looked more home movie style than professional. You know, using every inch of footage whether needed or not. As for those loud clicks in the sound track, or tape recording, we'll assume someone was having technical problems. Other than that, the film and narrative were very good. It goes without saying that everything else was excellent.

But *Rita Joe* could not be watched passively; it shocked and provoked. And although it was well received, it caused a few complaints at the box office. They were, we suspect, about the sex scene. Nevertheless, every performance was sold out and RWB season subscriptions rose to over 8,400 during *Rita Joe's* run.

By the way, we went by **The Factor's Table** after the ballet to sample the "Haute and not So Haute" menu advertised in our program. Well, they weren't kidding — it was "not So Haute"...

ACTORS' SHOWCASE opens its new season October 27th in the Planetarium Auditorium with *Killdeer*. The play, written by James Reaney and directed by **Daphne Korol**, will run through the 30th. Tickets are available in advance for \$1.50 at ATO or at the door for \$2. Curtain time is 8:30 p.m.

POTPOURRI: The "Greatest Show On Earth" didn't do so well in Winnipeg. Maybe it was the prices... Gordon Lightfoot will be in the Concert Hall November 4th, 5th and 6th... The Contemporary Dancers, who offer a money back season ticket guarantee, open in Winnipeg next month. At press time they were the eastern swing of a trans-Canada tour... All the oldies in Rock 'n Roll will be holding forth in the Concert Hall November 15th. You know, Bill Haley and his vintage... *Fortune and Men's Eyes*, Canada's entry in the Venice Film Festival, won two of the 39 annual Canadian Film Awards... The National Film Board won 19... How come they're not going to Venice...

ASIDE: And then there was this Exchange type who went to his first hockey game which just happened to be an exhibition between the Blackhawks and the North Stars. As he left the Arena he remarked, "I don't know who that number nine was, but he sure was a pretty fair player!"

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Arctic sea resupply is a 'first'

OTTAWA (CFP) — Canadian naval ships scored a "first" recently when they performed a multi-ship replenishment at sea north of the Arctic Circle.

It was a first-time-ever accomplishment that far north — 6720N - 5425W.

Manoeuvring in the northern waters of Davis Strait between Baffin Island and Greenland, just off Cape Dyer, the operational support ship *Preserver* successfully supplied the destroyers *Margaree* and *Assiniboine* with fuel oil, ammunition, food supplies and logistical stores "without any appreciable loss of speed."

Ice-free conditions are a must in this type of operation where ships steam at distances of 120-140 feet on either side of the supply vessel.

In fact, naval storemen say that resupply of ships at sea is quicker and easier than topping-up a ship tied to a jetty, because of the streamlined, efficient layout of the supply ship.

For the pollution-minded the replenishment-at-sea operation was accomplished "without spilling a drop."



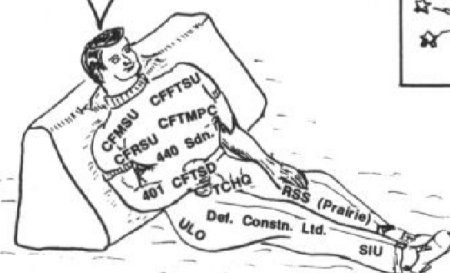
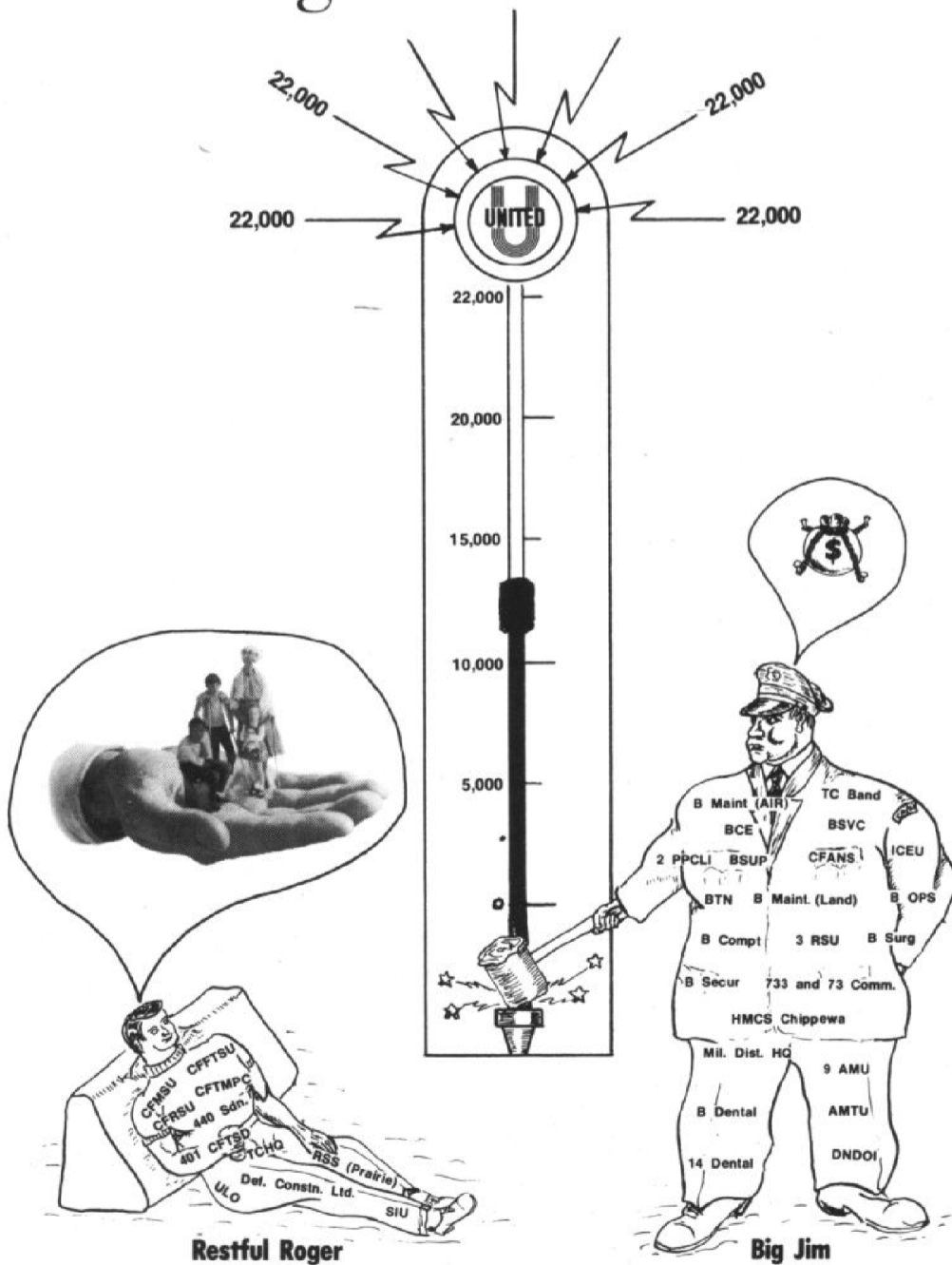
NEW TOOLS required in CWO George St. Pierre's move from vehicle training at TCHQ to Base Maintenance Land are shown off by the DCOS Technical Training, Col. O. E. Warner, and the SSO AERE/LORE Training Lt. Col. D. H. MacKay. Now we'll get square steering wheels.

(photo by Hoover)

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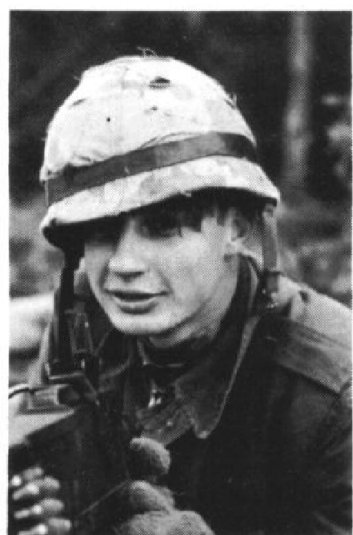
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day trophy
id is Capt.
by Hoover)



LT. COL. JOHN DE CHASTELAIN
... CO 2 PPCLI



PTE. BJORN KLEMP
... mans machine gun



CPL. DAVID PARKER
... driver



CPL. MICHAEL WESTCOTT
... camouflaged



PTE. JIM WOODLEY
... Easter bonnet

Patricias make good in Running Jump

Canadian Forces Photos
by WO Bill Cole



AIR SUPPLY — Warrant Officer Fred Breurkens, retrieves a cannister from low-flying L-19 aircraft during Exercise Running Jump at CFB Gagetown, N.B. W.O. Breurkens serves with the 2nd Battalion, Princess Patricia's Canadian Light Infantry, CFB Winnipeg.



EVER VIGILANT — Corporal John R. Wallgren keeps a sharp eye and ear peeled during Exercise Running Jump at CFB Gagetown, N.B. Corporal Wall-

gren serves with the 2nd Battalion, Princess Patricia's Canadian Light Infantry of CFB Winnipeg.



GROUP IN HIDE — Corporal D. C. Parker, left, Private G. C. Petranick, Private R. J. Davidson, Corporal J. R. Landry, and Corporal Dwight Pennock take cover during heavy firing at Exercise Running Jump in CFB Gagetown, N.B. All are members of the 2nd Battalion, Princess Patricia's Canadian Light Infantry, CFB Winnipeg.



COMPANY COMMANDERS' "O" GROUP — Major L. M. (Larry) Diebel, left, officer commanding "D" Company, 2nd Battalion, Princess Patricia's Canadian Light Infantry, CFB Winnipeg, confers with Major H. G. (Greg) Leitch, OC "C" Company, and Captain J. L. P. (Louis) Barbeau, OC "B" Company, during field operations at Exercise Running Jump in the wilds of CFB Gagetown, N.B.



733 comm-ent

733 Comm Sqn wishes to extend congratulations to Mr. Richard Coates who married the former Miss Debrah Winter. Rick and Deb were married in Knox United on the 2 Oct. The mother of the groom, Irene Coates, is a civilian communicator who works in 733 Communication Centre.

Capt. Carey (733's CO) is a hard man to keep tabs on. If he is not coming from he is going to. From the 1st to the 4th of Nov he's off to Ottawa for a CO's conference. At the present time he is on an inspection of our Comm Dets in Armstrong and Sioux Lookout. Oh well, Sir, I hear Lt. Sieffert is filling in for you.

Speaking of travelling, Cpls Davies, Fairbank, Marshall, Shannon and Pte Guballa are off to sunny beautiful Shilo (ECH!) for a course on something or other. Some guys get all the luck! We'll have them remustering to land element yet.

For all those who have occasion to visit 733 Comm Sqn, there is a sign on our wall that all should see. It says "Don't wait till 5 to turn your messages in" or something to the equivalent. It would be greatly appreciated if those who do turn in messages would keep this in mind. In doing this, you would be helping us to serve you better! Thank You!

We have two new "Daddies" at 733 this month. Congratulations on a job well done to Cpl. and Mrs. Norm Brown. Their first born was a boy (Michael Kevin) who checked in at six lbs. 7 ozs. Cpl and Mrs. Lea Pride turned in an opposite performance but equally well done. The Prides' second edition was a girl (Darlene Lynne) tipping the scales at six lbs. 12 ozs. We're just going to have to get Norm's and Lea's minds back on the job and away from the things they do on their time off. Hmm! Toodles



LAST CHANCE for relaxation is used by these Patricias before their arduous

Hercules trip to the east and Running Jump.

(photo by Hoover)

Mood modifying drugs include booze

There are many reasons given for the motivation toward the use of mood modifying drugs: curiosity, a need to conform to peer group values, the "dare" factor, expression of rebellion against authority, and escape from social stress. As Chairman of the Base Drug Education Committee, I would like to take the opportunity to discuss the escape from social stress and its relationship to chemical dependency.

We all live in a stress filled environment and we all react to stress, with the reaction being the feeling of discomfort.

Now what the discomfort is doesn't matter very much. It may be anxiety, pressure, or a chronic physical problem. This is your symptom and it is highly

individualized, as each of us have our own way of reacting to stress. For others, discomfort may be a backache, headache, or perhaps fainting spells. The important thing to remember is that from birth to death we become involved in handling these symptoms and the problems (stress).

The person who is mature says, "I have a sore neck and back because . . ." He goes to the problem and meets it. He uses his education, spiritual background, church, his doctor, his family, friends, recreation, his job, the community resources, the mental health centres. Whatever he needs to meet the problem, he uses.

Now this becomes a pretty automatic thing. As we have matured through life we don't

even think about it. We tend to meet life on its own terms. Now this produces a very cohesive and rather strong person, because this individual learns to cope with the problems of infancy and teenage and the problems of middle age with the family, and with the problems of old age and retirement and ultimately, adjustment to death. He becomes a strong person because he has developed the capacity to cope. In other words, life is not threatening to him. Subconsciously or conscientiously or conscientiously we say, "Well I've handled bigger things than that or worse things could have happened. Life will go on." We are not threatened by it, we are strengthened by it, giving us a profound feeling of assurance that we can cope with life on its own terms.

On the other hand, we have people who have found by experimentation another way of dealing with stress. This experimentation may be legal (prescribed drugs, alcohol) or illegal (marijuana, alcohol, amphetamines) but whatever the means of exposure, the individual has been exposed to something that deals with his feeling of discomfort but not with his problem. Now we are very comfort prone people. If you would spend some time today, thinking of the many things you do to make yourself comfortable, the many decisions you make to be comfortable, and the many things you would be reluctant to give up (TV, radio, alcohol . . .) and you would find the list a mile long. These people, who have found that they can take something to feel better, become involved in a relief cycle. In other words, the discomfort is being relieved for the present, but the problem (stress) causing the discomfort is still there, and when the discomfort returns, the individual again takes something to feel better. This individual, through his experimental exposure to mood modifying substances, finds after awhile they can be used adaptively. They

may take these drugs on prescription, but many people using prescription drugs become just as dependent and sometimes to a greater extent than some young marijuana users, are dependent on marijuana.

In other words, take the history of the alcoholic. We find that he begins his drinking at between the ages of 14-22, at least a vast majority of them do. In that critical period of time where he is exposed to adult responsibilities, and he finds himself more comfortable at a dance with a couple of beers, he isn't a drunk. He isn't an alcoholic, but he finds that he is a bit more comfortable with a couple of beers, than without a couple of beers. What he is really doing is making a maladaptive adjustment. He is finding comfort in face of learning how to dance (stress), learning how to relate (stress). He is bugging out. He follows the same pattern with his work experiences, with his marriage, with the threats of additional children, and with all the problems that tend to accumulate as life goes on. Do you see what is happening here?

This individual in place of becoming a stronger and stronger person, is becoming less and less able to adapt. Then at the age of 35 to 40 he loses control of his drinking and we call him an alcoholic. His drinking at the dance was alcoholic because it was adaptive, he was drinking for the wrong reason.

Another area of this failure to cope occurs among many individuals between the ages of 25 to 35. They usually have a family, matter of fact it is after 3 or 4 kids are trailing around them night and day, and they are beginning to feel the stress and the anxieties of ever keeping up with the wash, let alone the ironing. So they get some tranquilizers or another mood modifier and they feel they have more energy, and now they feel they can get through the day. This too, is a maladaptive adjustment.

Then we have the young drug offenders who start out on marijuana or whatever drug it may be, and the mixture of drugs are indefinite in this day and age, as their source of comfort. Perhaps for these young people its a problem at home, at school that they are unable to cope with and as their escape, they revert to drugs.

These two groups of people above, will follow the same cycle as the alcoholic in reaching a crisis point, but the length of time in reaching this crisis is shorter because of the nature of these drugs.

For all these people, the treatment is not to just take the alcohol or the drug away; because this substance has become by the crisis stage, an actual form of existence and sustenance for the individual, and you cannot take it away until you put something in its place. Depending on the addiction, the age, and other extenuating circumstances, treatment may simply involve removal of a particular problem or treatment may involve an extensive rehabilitation program, to enable the person to cope with his life's stresses.

Certainly everyone should do a self evaluation to see if you are in fact misusing a drug or alcohol to relieve the discomfort of a stress, where in fact you should be attempting to use your own resources (education, family, doctor, etc.) to solve your problem. Remove the source of the discomfort permanently, don't cover it up with a mood modifier.



MALAYSIAN HONOR — Retired Canadian forces' Brig-Gen. Kenneth R. Greenway, left, of Toronto, is honored by Malaysian Prime Minister Tun Abdul Razak bin Dato Hussein at a ceremony in Ottawa October 7. Gen. Greenway, an internationally-recognized authority on aerial navigation, was presented the Johan Mangku Negara award for distinguished service as air advisor to the Royal Malaysian Air Force chief of the air staff from 1967 - 70.

(Canadian Forces Photo)



Justin Ling

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By sending out news releases and photographs, answering press queries, and arranging press conferences and visits by the local media the BIO is able

to present an accurate picture of CFB Winnipeg and the Canadian Armed Forces for the public eye.

The Base Information Officer is Capt. Peter van Boeschoten, a pilot at CFFTSU, and he is assisted by Sgt. Barney Pritchard who has just joined CFFTSU after an extensive tour in the Base Orderly Room.

In addition to sending out releases, the BIO liaises with Voxair and the Base Tours Officer. Answering telephone

queries from the public and answering letters from school children help round out the BIO's activities and sometimes even provides a bit of humour.

The Base Information Office is not to be confused with the DND Office of Information which is also located at CFB Winnipeg and from which the BIO receives a great deal of assistance. DND OI has a wide geographical area of responsibility and except for matters of Defence policy they generally serve in an advisory capacity only.

A base, such as Winnipeg, being located within a large city can all too easily become absorbed by that city. Thus it is the function of the BIO to let Winnipeggers know we exist. To do their job properly they need your assistance. Let them in on any correspondence or activity which has a public relations slant. Keep them informed of any presentations or awards. Let them know about upcoming visits and conferences. Clue them in about individuals who have set achievements or have a human interest element to their jobs.

If you know of, or spot, some newsy or interesting activity give the BIO a call at local 403 598 and help sell your base.



NOT SIAMESE TWINS, but Base Information Officer Capt. Peter van Boeschoten and his assistant Sgt. Barney Pritchard do a lot of reading together to keep up with what is going on on the base.

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Just did his job

Although outnumbered several hundred to one, George W. Entwistle proved to a group of World War II airmen the First World War pilots are still far from grounded — on the dance floor at least.

Mr. Entwistle, an energetic 75, who looks 20 years younger,

was the only WW I pilot at the reunion dinner and dance of the Wartime Pilots and Observers Association held recently at the Winnipeg Inn. He and his wife danced away the night to music of the forties (and the teens) leaving many of the WW II "sprogs" unserviceable on the sidelines.

Born in Bolton, Lanc., England in 1896, he joined the Imperial Army in November, 1914, became a flying observer in 1916 and a year later graduated as a pilot from Farnborough Flying School.

In 1917 he flew British Experimental 2C8's, Reconnaissance Experimental 8's, and Sopwith Camels. Most of his flying took place on night patrols over France with 15, 59 and 63 RAF Squadrons.

"I'm supposed to have two kills to my credit," says Mr. Entwistle, "But I can't be sure because it was always dark when I was on patrol."

He immigrated to Canada in 1928 and during World War II taught technical trades at RCAF Station Winnipeg.

Mr. Entwistle remarked, "Don't make a big thing out of me, I'm no hero: I just did my job." Then the "young" couple rushed away to dance a Charleston.



REUNION CHAT. Mr. and Mrs. George Entwistle chat with Colonel A. D. Wallis (left) Commander CFB Winnipeg, and Brigadier-General R. P. St. John (right) Chief of Staff Operations and Training, Command Headquarters, during a reception at Winnipeg Inn. (Canadian Forces Photo)

Confligere: on stamps again

by Bob Purvis

THEMATICAL AND TOPICAL — Of the many and varied subjects that have previously been published in the "Confligere" column — one of the more frequent has been the highly interesting, educational, controversial and profitable of hobbies — PHILATELY.

Two philatelic topics are mentioned today. The first in brief, but of marked note; the new Canadian governmental department envelopes displaying the official logo (3/4 view of the CDN flag, in red) plus the name of the department, or branch (in black), in both official languages. On the envelopes noted to date — the O.H.M.S. (On Her Majesty's Service) has been eliminated.

The second topic is Private Mail Services. There are several private mail delivery services in the USA; a couple in Great Britain, and we believe at least two in Canada that issue their own stamps.

A beautiful First Day Cover has been issued by the Kaulbach Island Local Carriage Service which provides mail delivery between Kaulbach Island, N.S., and mainland points under an agreement negotiated between the Proprietors of Kaulbach Island Ltd., and the Canada Post Office. A series of seven values, depicting birds native to the area has been issued. Each has a face value of 9c, the rate for carriage of a postcard or letter to the mainland. The birds shown in natural colours are, the Great Horned Owl, Blue Jay, Kingfisher, Osprey, Goldfinch, Chimney Swift and Sandpiper.

The special First Day Cover possesses one 7c Q.E. II (green) coil, postmarked, Chester, N.S., 4 VIII 71, on the obverse side, whilst on the reverse are the seven beauties described above, cancelled by the private postmark, Kaulbach Island, N.S., LCS (Local Carriage Service), and portal die slogan — First Day of Issue.



FLIGHT BRIEFING — Captain Ronald G. McBride, Calgary, briefs Captain Chris Hughes, Winnipeg, prior to a flight over CFB Gagetown, N.B., where Exercise Running Jump is being held. Captain McBride is based at 1 Tactical Air Control Unit, Calgary while Captain Hughes is from 402 Squadron, Winnipeg.

PMQ fires threaten

The number of fires in married quarters has reached an alarming proportion. In the second quarter of 1971, DND statistics report 40 fires in married quarters. This is double the percentage for this type of occupancy when compared to the North American average.

All personnel who occupy married quarters are urged to try and reverse this trend. Some suggested methods are listed below and in Married Quarters Regulations by your local Fire Prevention Branch: When buying electrical equipment insist that they are of the approved type, such as: CSA, ULC, FM or UL tested.

Everyone in the family should be aware of the fire danger when working with oils or fats. The recommended cooking temperature for fats or oils is 400 degrees F. A recent report has stated that if they are never heated about 445 degrees F, cooking oils and fats never discolour and will have an indefinite life, and so will your family.

Action in event of fire

If the grease in a pot or pan catches fire:

- (a) Turn off heat.
- (b) Smother flame by covering pan or pot with suitable lid, which must always be readily available.
- (c) Watch out for yourself or clothing.

Should fire ignite nearby combustibles or threaten to spread:

- (a) Get everyone out of the building (Give Alarm).
- (b) Close kitchen and entrance doors.
- (c) Call the Fire Department, either by Fire Alarm Box or Phone 999.

Never risk carrying out a burning pan or pot of grease. Never use water on a grease fire.

Only full co-operation of all personnel living in married quarters can halt this trend that is destroying life and property. Give your family a break! — practice Fire Prevention and safety methods all the time.

Cub, Scout auxiliary meet set

Here is an opportunity for all the ladies on the south site to get involved in some youth work.

The Ladies Auxiliary of the Cubs and Scouts of the 104th Group is having a meeting tomorrow night Thursday, October 21 at 8:30 p.m. at Lipsett Hall.

All mothers of Cubs and Scouts are urged to turn out.



NOT AIRBORNE, but still quite a thrill for Wilke Benyk and Jimmy Johnas of the Knowles School for Boys. They were just two of 150 youngsters shown

through the T-33 by Capt. Mike Vermette as a part of the annual Kiwanis Kids Day program.

(Base photo)



by Capt Etzel

A funny thing happened on the way to Melfort on a detail. It was request evening on Dauphin Radio Station and an enterprising pilot decided to pass a request via Dauphin Air-Radio "The Yellow Submarine"; but alas, it was western night, and the detail was rudely awakened by "The Blue Hills of Brandon".

The CFFTSU Orderly Room has been rather passed over for mentions in the past columns but this is going to be rectified. A belated welcome is extended to Sgt W. (Barney) Pritchard who joined the Orderly Room staff from the Base Orderly Room. Best wishes to Marilyn Mackay on her engagement, with the important date set for February 5th; no wonder the bachelors have been leaving the Orderly Room lately with rather sad faces. Pte Lorne Scott managed to get some fishing in two weeks ago at Flin Flon. He came back with two fine Northern Pike and a slightly mangled finger. So that's what one uses for bait!

Oct 12th, CFFTSU had another of its parties, with fine refreshments naturally, for the celebration of promotions for Rod Lanning and Pete Hodges. At the same time, the farewell mug presentations were made to Maj. Gerry Langen, Cpts Ken Castle and Joe Hohn, and Lt Arnie Vaughan had another reason to celebrate; he received his local captaincy not to long ago. The Here should be a breeze now.

Other accomplishments at the unit include Capt McCulloch's and Lt Dave Nicoll's success at the Rock check. Capt Bill Allan and Scotty McEwen passed their ticket ride and are authorized to terrorize the skies for another year in the mighty Gooney bird.

Our Unit Flight Safety Officer has managed to find enough time to pass his long range Captain's check — that must have been a safe trip.

Conversion has added a new side line — a Captain's course. It is a five day course to prepare pilots for the Captain's check, with the emphasis on flying the Gooney bird. The first "guinea pigs" for this course are Capt Bill

Allan and Lt's Dave Wood and Jack Pollock.

In the way of the extracurricular activities, Bud Milne managed to take the fatal step, by marrying Marilyn Barnes from Portage. Congratulations and welcome to Winnipeg.

Congratulations to Maj Jack Cann and his wife Mary on the birth of a boy, Jonathan on Oct 1. Both wife and son are doing well.

If anyone is wondering how Dave Moriarity is getting away with his long hair lately, well, the rumor has it, he has been auditioning for the musical Hair. Seriously Dave is developing his acting abilities by participating in the latest play of Studio 22, "The Absence of a Cello".

Celebration of Unity on for Sunday, Nov. 7

The Training Command Band and the stage management of Studio 22 are assisting the Base Chapels to host a "Celebration of Unity" on 7 Nov at 1130 hrs in Building 21.

Because we feel that our lives are linked together in the Military community, the Chapels are inviting people to get together and celebrate some aspects of our unity. Your presence with your family and neighbours is the most important part of the celebration.

All of us who will be there

hope to celebrate our unity in word, in music, on film and in the sharing of food and drink. Our sharing action will be with coffee and sandwiches but the real sharing will be your presence with your neighbour.

Plans are being made to have a "rock-group" to express celebration in the style of the young people. We are also fortunate to have both General Milroy and Colonel Wallis agree to take an active part in the celebration.

As plans are formulated news will be relayed to you.

L/Col R. G. MacNeil

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HANDY TO CAF STN.

M*A*S*H takes Running Jump

When 5,000 men of the Canadian Air Sea Transportable Combat Group take to the field in large scale military manoeuvres, how are they medically treated?

For Exercise Running Jump, now in high gear at CFB Gagetown, N.B., 1 Canadian Field Hospital of CFB Petawawa, Ont., provides medical facilities comparable to a downtown general hospital.

Although the hospital is exer-

cising its medical role chiefly in the handling of simulated casualties, facilities do exist for the treatment of all real injuries, major or minor.

Normally a 26-man housekeeping facility at CFB Petawawa, Ont., 1 Canadian Field Hospital mushrooms to a 200-man operation with surgeons, nurses, medical assistants, hygiene assistants, lab technicians and x-ray technicians, as well as cooks, drivers and clerks, drawn from units across Canada.

It's a completely self-contained casualty caring centre with all ranks including 16 nurses garbed in combat clothing, living and working under canvas.

Casualties are transported by 1 Field Ambulance, CFB Gagetown, or are medically air evacuated from the forward areas by 450 Transport Helicopter Squadron, CFB Uplands, Ont., and Edmonton.

Working like a well-oiled machine patients are received at administration and discharge, A&D, where they are seen by a medical officer and categorized as to the priority of treatment.

Moving through the system, all under canvas, the next stop is resuscitation where, if necessary, the patient's physiological condition is brought up to a life saving level. Blood transfusions can be administered.

Surgery is the next stop where a team of three surgeons, six

nurses and 12 operating room technicians take over. There are 16 nurses on hand overall.

There's a postoperative recovery room and finally ward space for 100 beds for the required recuperative period. The hospital can be expanded to 300 beds, if necessary.

So complete is this modern medical facility that a central supply room is on site for the sterilization of instruments and field dressings for use by the operating room or by medical officers in the field.

The hospital has a laboratory where haematological, bacteriological, tocterological and blood chemistry tests can be

made on the spot. Blood banking is also a lab-function.

Complete x-ray facilities are available, including a dark room, and for cases requiring quarantine, there's an isolation ward. A unit laundry is there too.

Commanding 1 Canadian Field Hospital under exercise conditions is Colonel F. J. Evans, of St. Theresa's, P.E.I., and Ottawa, who is director of medical staffing and training at Canadian Forces Headquarters.

Technically speaking 1 Canadian Field Hospital is a M*A*S*H, medical and surgical hospital, without the movie wise guys. Quiet efficiency is apparent throughout.

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TC money meeting munificent

Base Comptrollers from the nine Training Command bases conferred in TCHQ from 13 to 15 October. Under chairmanship of Colonel D. W. McNichol, Deputy Chief of Staff Comptroller and Personnel, the session discussed financial and organizational and establishment subjects.

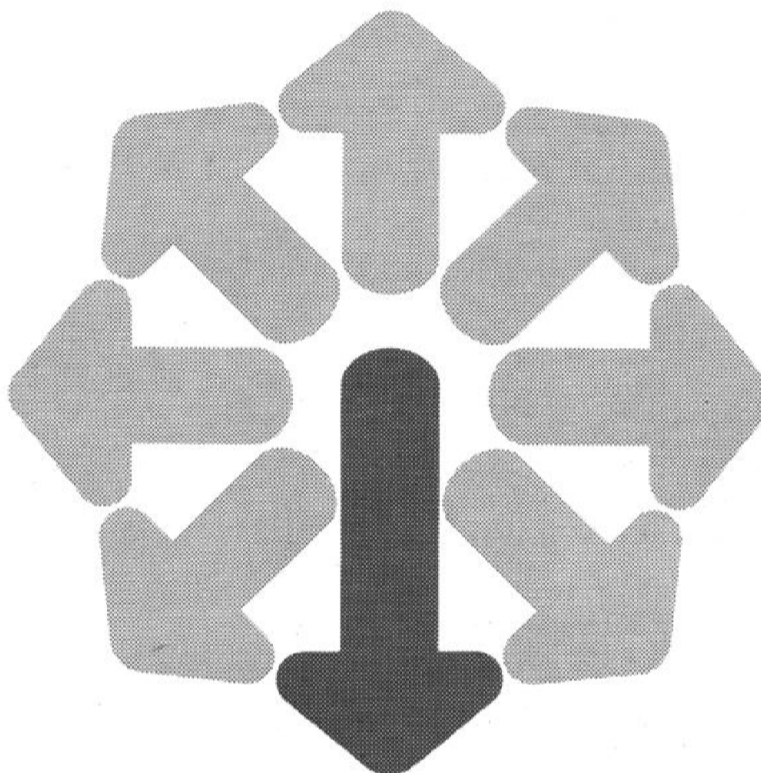
Guest speakers included Brigadier-General R. S. Graham, Director General Organization and Manpower; Colonel B. Crossfield, Director of Pay Services; and Mr. John I. Evans, Regional Director, Department of Supplies and Services, Winnipeg.



MED EVAC — Simulated casualties are carried from a Voyager helicopter in a medical evacuation from the forward area to 1 Canadian Field Hospital during Exercise Running Jump at CFB Gagetown.

(Canadian Forces Photo)

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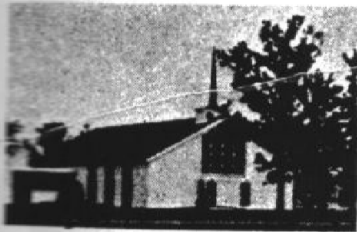
FAST SERVICE

WHAT'S THAT YOU SAY?

by Sharonanne Lampman

Hello again! I hope you all had an enjoyable Thanksgiving Day. Now that another holiday has passed by, we can now look forward to Hallowe'en and the stocking up of goodies for all the witches and goblins and hairy creatures that storm your front door!

They have lots of fun getting ready to go out on this special



night and all the trouble we go through to get them ready is worth it in the end.

All the department stores around have costumes in stock and they are fairly inexpensive. But if you're the type that likes to make up the kiddies costume, or if you didn't check on time and last year's won't fit him or her, or something goes wrong like things usually do — here's an idea.

Take one large green plastic garbage bag. On the sealed end of the bag, cut two medium holes large enough for the top of their legs for easy walking. Next, cut a hole on either side of the bag approximately where the arms would go once the bag was put on.

Then judging where the neck

is, make small slices around so that you can weave a ribbon through like a drawstring. All that's left to do is stuff the inside with newspaper to puff the bag out a little make a little hat and presto! What you have is an instant bag of kiddy, it's easy and it's cute. Also it's quite disposable after the outing.

In past years you have heard of the mishaps of Hallowe'en. This can be prevented if you make sure to check over all the candy that your brood brings home and if instructions are given to them that they eat nothing while they are out before you get this chance.

It's a fun day for them.

Let's hope that there are no accidents this year, so they may enjoy next year's activities.

CHAPEL SERVICES

North Site

Protestant Chapel

Chaplains

Maj. M. Pippy—206 or 417

Secretary

Mrs. R. Posetka—Local 417

SERVICES

1100—Divine Worship

1200—Holy Communion

1st Sunday UCC

3rd Sunday ACC

Baptisms—by appointment

Our Lady of the Airways (RC)

Chaplains

Maj. M. Sabourin—Local 272

Secretary

Mrs. R. Posetka—Local 272

MASSES

Sundays—0830 1100

Tuesday to Friday—0730

Baptisms—by arrangement with the Padre

PENANCE

Before all Masses

CATECHISM CLASSES

Sunday at 0930

South Site

St. Andrew's Chapel

Kenaston Blvd. at Grant Ave.

Secretary—888-6025

Chaplain

Capt. A. D. Turnbull—888-6025

SERVICES

1100—Divine Service

Confirmation Classes—by arrangement with the Padre

Holy Communion—1200 Hours

1st Sunday ACC

3rd Sunday UCC

St. George's Chapel (RC)

Chaplain

Maj. J. L. C. Gautreau—888-1331

MASSES

Sundays—0900 1100

Mon. to Thurs.—0800 Hours

CONFESSIONS

Before all Masses

Baptisms—Every Sunday by appointment with the Chaplain

CATECHISM CLASSES

Sunday—1000 Hours

Rangers in Danger

CFB Winnipeg on the south-side is in desperate need of a Ranger Guider. Rangers are the senior branch of the Girl Guides of Canada in which the ages run from 14-18. The Guider acts more or less as an Advisor and the girls plan their own meetings and the elections of a chairman, secretary and a treasurer.

The programme is very flexible. The girls plan their own fun and adventure, all their handicrafts, camping and travelling, etc., with of course adult

supervision. The uniform is simple, a white blouse and navy skirt. A blazer or vest may be worn. The new Ranger Programme is out now and meets with the interest of the girls.

Just like the other groups in this line from the youngest to the oldest these Rangers need help. Won't you step forward and give a hand? For more information, phone Tuxedo District Commissioner, Jane Deller, 489-8555 evenings or go to 202 Ubique Crescent.



Women's League to have film on Drug Abuse

The Catholic Women's League of the Our Lady of the Airways Chapel held their first monthly meeting of the fall season on Monday, October the fourth. The turnout at this meeting was unexpected. We've gained a new

member, welcome, Rosaline Landry, we hope that your stay in Winnipeg is a pleasant one.

Our best goes out to Aline Leger who is now convalescing in her home after her recent operation.

We are planning a Big Bake Sale and a Money Doll Raffle early in December so please watch for further news in future issues.

At our next meeting we are having a film on the subject of Drug Abuse called "KEEP OFF THE GRASS" which should be very interesting to a lot of mothers who are concerned about the misuse of Drugs. Our next meeting will be held on Monday, the first of November at 8:00 p.m. in the Protestant Chapel annex.

Won't you please come early and get a good seat? Be seeing you there, until then, bye for now!

Laugh

— Curiosity is a clever device Nature invented to teach children how little their parents really know.

— Most husbands go about their household repair projects in fits and starts — they have a fit every time they have to start one.

— With all these commercials on T.V., it makes a parent feel kind of silly, punishing a child for lying.

— Children and fools tell the truth.

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HAPPINESS IS FINDING COOKIES, says Danny Porter. Thanksgiving is not getting caught. (photo by Hoover)

Glazed Roast Duck

As we all know the hunting season is upon us. Hunting means DUCK and DUCK means good eating, if you're lucky enough to bag one! If you don't have the chance to get fresh duck they will have a good quantity in the local grocery store.

Most of us usually have special recipes for roasting our duck, but for new ones or those who haven't tried, I have a recipe for this very thing. Try it if you have a chance.

1 ready to cook duck (5-6 lbs.)
1/2 of your favourite bread stuffing
1/3 cup sugar

few grains of salt
1 teaspoon cornstarch
1 can (6 oz.) frozen
orange juice concentrated
— thawed

Set oven for slow, 325 degrees. Stuff duck. Place breast side up on rack in shallow open pan. Roast (3-3 1/2 hours.)

Meanwhile combine sugar, salt and cornstarch. Add thawed orange (not diluted). Stir over medium heat until slightly thick. An hour before duck is done, brush with the orange juice glaze over the entire surface. Repeat every 15 minutes until it is done.

Here's to good eating!

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Spinning The Sports Wheel

with John MacLeod

I wonder sometimes if we in the service of our country really realize how fortunate we are in comparison to our civilian counterparts. It is said that we are grossly under paid and that parity must come soon and you will get no argument out of me on that question. However, there are some aspects of life in the Forces that far out distance those of our civilian neighbours. Take for instance minor hockey. On most Bases and in Europe the organization set up for our young men in this aspect of our great winter sport goes without equal. The cost is minimal if any and with the exception of skates, head gear and pads most of the equipment is supplied by the Minor Hockey organization. It varies from Base to Base. Now on the civilian community level you the parent supply everything but your own time and if you are a hockey "nut" like some of us fathers you supply your free time as well. Here is a good example of the differences — Here at CFB Winnipeg it costs you five dollars for the first child and ten dollars for two or more. The Base Minor Hockey Association supplies your son with a sweater, all his equipment if he is a goal tender and of course pucks (we are not as fortunate as some Bases, especially Europe where there is more money to buy more equipment) and give him approximately six hours of ice time weekly with more than adequate instruction from volunteer coaches and managers. This of course pertains to only those residing on or near the North Site. Those on the South Site have to rely on a nearby Community Centre and although the cost is not that much more, the fact a boy must be good enough to make a club precludes many from playing whereas the Base Minor Hockey Organization's motto is "You pay — you play". Anyway you look at it our young hockey players have a better chance of playing here in Winnipeg than do those of the same age in Kentville, Nova Scotia. A recent advertisement in the Kentville Advertiser submitted by the Minor Hockey Association of that town of approximately seven thousand people advised of the annual registration with the following fees — One player — \$15.00; two players — \$25.00 and three or more players — \$30.00. For these prices the boys get five hours ice time per week. So the next time you feel like complaining remember you too could be living in Kentville, Nova Scotia.

More Support

The support given to me in the past few weeks by members of the Base has been most gratifying and our sports pages in the last issue have received many good comments from our readers. Yes we do have a few. It was one of our better efforts and can only be kept up by your support. Keep up the good work you chaps. Now if I can only get our friendly Rec Officer to do the same all will be well. That isn't fair of me, as the boys in the Rec Centre have been more than helpful in the past months. However, for some reason or other they forgot to advise the Voxair Sports Department of their recent Sports conference held here at CFB Winnipeg with representatives from all over Western Canada in attendance. Maybe someone will tell me what it was all about. We are still badly in need of an Assistant Sports Editor. How about you or you or even you.

Curt Ridley to Oklahoma

A note out of London, Ont. where the Boston Bruins and their Farm Clubs have been practicing tells us that Curt Ridley formerly of the Portage la Prairie Terriers has been signed to a professional contract and assigned to Oklahoma City of the Central League. Curt, whose father Major W. (A) Ridley is with Training Command, was a second round draft choice of Boston and the only player from the Manitoba Junior Hockey League to be drafted by a NHL Club during last June's meetings. We shall keep an eagle eye on young Curt and keep you posted.

CFB Winnipeg Flag Football Champs



HAPPY CREW just back from the football war proudly shows off their hardware to Col. Alan Wallis.

(Base photo)

Again CFB Winnipeg has returned victorious from the Canadian Forces Flag Football Zone Tournament, hosted this year by CFB Portage. This is the second year in a row and the third out of four years that the CFB Winnipeg team has won the zone championship. The Zone Tournament was held from 3-8 Oct. this year.

On the gridiron this year were seven teams from Zones 2 and 3 which covers the area from Northwestern Ontario to the British Columbia border. The teams included CFS Armstrong, CFS Gypsumville, CFB Winnipeg, CFB Portage la Prairie, CFB Moose Jaw, CFB Cold Lake and CFB Calgary.

CFB Portage provided excellent facilities for all the teams in every respect. A great deal of thanks must be extended to Cpl. Don Shepherd of the Rec Centre at CFB Portage and his coordinating staff for their fine effort in the arduous task of setting up such a tournament.

CFB Winnipeg squared off against CFB Cold Lake in the championship game under the threat of rain in extremely cold and camp weather.

Winnipeg scored on the opening kickoff as Wayne McKay kicked the ball into the end zone for a safety touch. Meanwhile Cold Lake came from nowhere to score two unanswered touchdowns. At the end of the second quarter Cold Lake was ahead by a score of 12-1. The third quarter was fought to a stalemate as both defensive squads prevented any scoring.

At this point things looked pretty bleak for Winnipeg but a sudden turn of events produced a fourth quarter that not only belonged to Winnipeg, but decided the outcome of the contest. The fourth quarter was just underway as Ross Scagnetti

connected with Mike Newell for Winnipeg's first touchdown. The score was now 12-7 for Cold Lake.

Cold Lake, with only four minutes remaining conceded a rouge for two points when they were third and ten yards to go on their own three yard line. They regained possession of the ball at their 25 yard line and had to give up the ball with only minutes remaining. Ross Scagnetti came back with his second touchdown, on a pass to Ron Maciura in the end zone. This second touchdown gave Winnipeg a lead of 15-12 and resulted in the game and championship for the Winnipeg ball team.

Along with Ross Scagnetti and Mike Newell (who played most games both ways) and Wayne McKay and Ron Maciura, were other such fine ball players as Rusty Farrell, Mike Savage, Grant Harrison and Ken Johnson, who also played most games both ways, providing a constant threat to both the offensive and defensive squads opposing the Winnipeg ball team. Not to go unmentioned were Ron Pinke whose fingers attracted the ball for many valuable yards on passing plays; Rick Blackman, Al Burns and Wayne Piper who filled the offensive backfield providing hard blocking and many precious yards on ground plays; Bob Ross alternating at quarterback used his speed in the offensive end and defensive half slots to gain and protect many yards; Dave Stewart in the defensive backfield and occasionally in the offensive backfield shone with his pursuit and penetration tactics; and, last but far from least is Art Armstrong who filled the middle linebacker slot so well with his quick fingers on every play to thwart further advances from the offensive teams.

The trophy and individual pins were presented to the Team Captain, Ross Scagnetti by Col. A. K. Casselman, Base Commander of CFB Portage, during a smorgasbord dinner held after the final game.

The team proceeded home to Winnipeg Friday evening to jubilantly present to Col. A. D. Wallis (above), Base Commander, their prized possession. Col. Wallis gratefully accepted the trophy and said a few words to the team expressing his gratitude in receiving the trophy and congratulations to the team for a job well done.

The team's coaching staff which included LCdr Barry Burgess, Lt. Dave Morreau and Lt. Bob Ross, wish to express to all members of the team their gratitude for the hard work and fine effort during both the practices and the games. Their excellent sportsmanship on the field gave credit both to themselves and to CFB Winnipeg. The coaches would also like to express a vote of thanks to the various section heads, in allowing the ball players to be away from their jobs for the week and time-off to bring the ball club together for practices. The sections who contributed the players were BAMEO, BPERO, TCHQ, BCEO, BTNO, BPERO, CFANS, BASO and BMSO.

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IDIOT TO IDEAL

Essential qualifications for members of curling teams:

The Lead — a lowly person — This is a very lowly person who throws the first pair of rocks. He is supposed to thank the Diety once a day in his prayers that he even exists, let alone be allowed to play at bonspiel time. All curlers have served this period of apprenticeship and it is a remarkable fact that 90% of them have never served long enough. He always addresses the skip as "Sir" and the third man as "Mr.". This lead person is expected to see that the four pairs of rocks belonging to his rink are on the ice and cleaned five minutes before the game starts. He must do no less than 75% of the sweeping; he is expected to keep the skip fully supplied with cigarettes and at bonspiel time to purchase at least one bottle of Scotch essence per diem. This is to be consumed by the rest of the rink and the skip of the rink defeated that day — just one drink per defeated skip. He is not even allowed over the hog line except when sweeping. He is not experienced enough to have use of any alibis. His curling must be perfect or he is blamed for the loss of all games in which his rink suffers defeat. He may tell the second man what he thinks about the skip, but on one else. After many years he becomes a skip, if he survives the sarcasm of his associates.

The Second — another "Mere Man" — This person is but one degree removed from the Lead. He is expected to do 15% of the sweeping. He also, like the lead, is expected to keep the skip supplied with cigarettes and the third man with matches. He must on all occasions get the rock he is to knock out, otherwise he is blamed for loss of games. His chief duty is to see that the lead does not forget to purchase the bottle for the day and in cases of emergency to assist the lead in financing the purchase of this article. He is the one who is allowed to insult the lead, the third and skip considering it beneath their dignity to address either of them in conversation except in cases of apparent oversight to ask "Where is the bottle?"

The Third Player — a superior gentleman — this gentleman is in a class by himself always. He could skip the rink, in fact he always could skip it far better than the skip doing the job now. He assumes an air of superiority over all leads and seconds and of mere condescension to his skip. He does the remaining 10% of the sweeping. He holds the broom for the skip shot, and invariably tells the skip that he should have tried the shot he, the third man, had chosen and not the one, he the skip, has just missed. He is the person who marks up the score (if any) made by his side. He gives the skip the occasional cigarette, lends him a match and gives him a lot of unsolicited advice and generally embarrasses and humiliates the skip as much as possible, so that when the game is lost he can say with some apparent justification that he should be skipping. That is the highest compliment you can pay a third man, that he should be a skip. They admit it always, but they labour on with an air of martyrdom in the good of the cause. His principal qualification is being able to suggest the brand the lead should purchase for the day's consumption. He is expected to be very choosy and see that nothing but the best grades in the largest bottles are procured. He, on occasion, can offer faint words of praise if the skip, by superhuman efforts, has pulled the end out of a mess. He

never admits that his rocks have been misplaced by himself. His work is always perfection. If there has been a lapse it is the fault of the sweepers or gross misjudgment on the part of the skip.

The Skip — the ideal curler — he is the gentlemanly sportsman who gets up the rink, often sacrificing valuable time to the interest and entertainment of three other curlers who wish to play in the bonspiel. He does none of the sweeping. He merely holds the broom and his own temper while the rest of the rink miss the one and strain the other. He is supposed to be experienced and to make all decisions. He must keep a stiff upper lip and not blush when he overhears the rest of the rink giving his character reading to various onlookers. If, in the case of pure accident, the rest have fallen down badly, he must assume a cheerfulness and endeavour to make the game out from under sad defeat. His chief delight and happiest expectation is to have this privilege of putting on guards with both his rocks. This privilege is always denied him. He has to knock out shots when he can only see an eyebrow. He must draw into the button, making it by eighths of inches. He must play a runner shot and a draw the next. He must take out four rocks with one shot, and then lay on the button and generally make himself useful, knowing that if he wins his rink gets the credit and if he loses he alone bears the blame. He must have the patience of Job and the aggressiveness of Napoleon, but he must never complain or he will be classed as a poor sport. Life with him is just one crisis after another. He generally finds himself without a friend in the world after the bonspiel is over. We ask your sympathy for the skipper.

Base Curling Underway

The ice is in and the rocks are flying. Beginners nites held Oct. 4-10 were a great success. We would like to take this opportunity to thank all those who helped out.

Curling officially got underway on Oct. 12th with our Base Commander Col. Alan Wallis throwing the first stone to open the Harvest Bonspiel.

At press time MWO Don Nutley reported 25 entries in the Harvest Spiel which is up from last year. The results will be published in the next issue of Voxair.

Regular league curling had not started at the time of writing this article therefore, there is nothing much to report there except to say that applications for Ladies' and Mixed curling are pouring in. Men's curling is another story. "Come on guys get your applications in and help lighten our drawmaster's burdens".

A single nite league for men is still being toyed with. If you are interested leave your name with Capt. Jim Webber, local 688.

OVERWEIGHT?

Well, there's good news, there's a new club now forming at CFB Winnipeg that can help you not only take off weight but also keep it off. It is called TOPS (take off pounds sensibly). If you attend faithfully, things can happen!

If you are overweight, your health is endangered, so why not do something about it? Weekly meetings are held Friday evenings at 7:00 p.m. at Lipsett Hall, followed by one hour of swimming. For more information call Mrs. J. Macdonald 489-9116 after 5:30 or 832-1311 Loc. 257 during the day. Remember — in TOPS, to win is to LOSE!



SWEEP . . . SWEEP . . . SWEEP — Curling for 1971/72 began at CFB Winnipeg last week with the Harvest Bonspiel being the opening event. Above Colonel Alan Wallis is shown "throwing out" the first rock to officially open the curling season and the Harvest Bonspiel.

(photo by Hoover)

Minor Ball Completes Successful Summer Season

The Westwin Minor Baseball/Softball Leagues closed out another successful season Sat., Sept. 4th with the presentation of trophies at Building 21. Capturing the "WO and Sgts Mess" Trophy, were the "Angels", defeating both the Rockettes and Cardinals two straight in a best of three series in the semi-finals and finals respectively.

The "Cpls Club" Trophy went to the Royals who narrowly defeated the Tigers in the semi-finals two games straight and then came up big to oust the Cubs two straight in the finals. The absence of key Cubs players may have influenced the results in this series.

A close fought series for the "Mount Royal Esso" Trophy

had the Lions coming out on top in the semi-finals against the Pirates two games to one. The Lions then went on to win the trophy in the finals also two games to one after losing the first game to the Dodgers.

The league owes thanks and appreciation to Mount Royal Esso, Jameswood Tom-Boy, WO and Sgts Mess and the Cpls Club for their contributions. Let's also hear it for the coaches and umpires who deserve a big thank you for the time and effort they devoted to making a success of the Summer program.

League Statistics				
	W	L	T	P
Girls 8-15				
Cardinals	7	2	0	14
Angels	3	5	0	6
Rockettes	2	6	0	4
Boys 11-14				
Dodgers	10	2	2	22
Lions	8	4	2	18
Pirates	1	13	0	2
Boys 8-10				
Cubs	7	2	0	14
Royals	6	3	0	12
Tigers	4	6	0	8

Base Judo Club

Regular Judo Training and Classes will commence on Monday 27 Sept. at Lipsett Hall and on the 28th Sept. at the Old Drill Hall, Bldg. 21.

Lipsett Hall — Mondays
6:30-7:30 p.m. Juniors
7:30-9:00 p.m. Seniors
Wednesday
7:00-8:30 p.m. Juniors and Seniors
Old Drill Hall — Tuesday
6:00-7:30 p.m. Juniors and Seniors
Thursday
6:00-7:30 p.m. Juniors
7:30-9:00 p.m. Seniors

For more information contact Capt. Pettigrew at 522 or M/CPL Parent at 316 or 450.
Come and support your Judo Club.

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Minor Hockey

The Westwin minor hockey season will get underway in the near future and to ensure successful operation of the club this year the committee has been organized with most positions already filled.

Volunteers are still needed in the following positions:

Icemaker (experienced if possible; job pays \$1200)

Equipment manager
Olympic 10 yr olds — manager to assist coach

Committee for the 1971-72 season:

Hockey chairman — Mr. Paul Charles

Secretary — Mr. Gary Ashton

Treasurer — Mr. Bob Swainsbury

Public Relations — Mr. Laurie Logan

Canteen Manager — Mr. Grant Harrison

Canteen Operations — Mrs. MacIntyre and Mrs. Lamarre

Timekeeper — Mr. Bateman

House League No. 1: 'Aps' Appleby, coach, Harold Rolf, manager; House League No. 2:

Bart Daniels, coach, Lawrence Berry, manager; House League No. 3: Ed Hill, coach, Willy

Burton, manager; Olympic, 9 years: Doug Guittard, coach,

Arnie Filazek, manager; Olympic 10 years: Steven Weir, coach,

'volunteer needed' for manager; Playground C: Bill Koch, coach,

Harry Strangward, manager; Playground B: Marcel Beau-

dry, coach, Al Boyer, manager; Playground A: Harry Tossett,

coach, manager 'not known'.

A bantam team will not be organized this year as the turn-

out of boys was not sufficient to form a team. Boys 14 years

of age are therefore free to join other community club teams.

This is unfortunate for those who did turn out as there may be

some who can't get on with other clubs and will be forced to sit out the season.

The new committee plans to make improvements to ensure

a smooth running season. They invite parents to offer moral

support to the kids this winter, as spectators, and would wel-

come fathers to offer aid driving boys to other rinks, and mothers

to take a turn in the canteen.

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Ads will be accepted free from service personnel or DND employees and their dependants.

Classified Display or ads of a commercial nature will be 12c per agate line with a minimum of 50c.

Ads must be received by Voxair one week prior to publication date.

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Res. 837-2297

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REGISTERED PURE-bred Toy Poodles. Ph. 888-9232.

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CANADIAN FORCES uniform to fit man 5'10", 165 pounds, 42 chest. Tunic \$25.00, 2 pr. trousers \$18.50, top-coat \$20.00. Canex material used. Excellent condition. Ph. 888-3572.

WHITE GOLD SOLITAIRE diamond ring, interlocking wedding ring. Phone 489-7401 after 5:30 p.m.

1969 CAMERO SS 396 CU 350 2-dr. hardtop. Red with cream vinyl roof. Rally sport instrumentation with 4 on the floor shift, 4 new tires, 2 extra wheel mounted studded snow tires. Radio and tape deck. 31,000 miles. — \$2500.00, contact Voxair office loc 446 or 774-5090.

1969 CORTINA Deluxe, A.T., buckets, 20,000 original miles. Phone 453-8455 after 6 p.m.

TWO JUDO SUITS — one large and one small; Brownie outfit, size 14; scout uniform, size 12-14; skates white size 7 and boys size 7; large canvas roof top carrier. All in excellent condition. Ph. 489-7056 evenings.

10 FOOT DUCK BOAT
Phone 489-6217.

STREAKED, SHORT shag wig \$10.00, Phone 489-7401 after 5:30 p.m.

WINTER COAT — excellent condition, size 5, also outside T.V. antenna. Phone 837-6436.

2 EA. H78x14 STUDDED snow tires on GM rims. Belted, w.w. like new. Ph. 889-2433 after 4 p.m. or Loc. 366.

PRIVATE SALE — owner transfer, take possession 1 May 1972, Crestview 6 room 5 yr. old home, wall to wall carpet, 3 bedroom, 1½ bathroom, air condition, rec room with bar and play room, also with wall to wall carpet, patio. \$13,500 at 6¼% mortgage at \$117 P.I.T. Full price \$29,500. For app. 837-9440 or Local 566.

LADIES' FIGURE skates, size 5 — \$5.00. Boys' skates, size 5 and 13, \$3.00 per pair, 888-6400.

BROWNIE UNIFORM complete; size 8; Girls' white figure skates, size 2; boys' skates size 12; girls' tap shoes size 2; Polaroid Swinger camera, brand new. Phone 832-1161.

CONSUMER REPORTS — save \$2.00 by subscription under group plan. Group subscriptions at \$6.05 will be excepted until 15 Nov. 71. Contact MWO Dyrda Loc. 332 or 837-9362.

VOXAIR VIXEN



SOFT FURS, and a warm glass of milk, says Vixen Terry Prevé, is the nicest way of relaxing after a hard day's work.

(photo by Hoover)

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GERMAN TYPE 23" TV set for what have you. Phone 832-5763.

1966 VOLKSWAGEN station wagon, many extras including car warmer and gas heater. Excellent condition — \$850.00 or best offer. 889-1181.

4 SNOW TIRES 8.50x14 Swiss Firestone radials mounted on 14" GM wheels, asking \$25.00 ea. Contact W/O Birchard at 16 Hgn. Workshops or phone Local 428 or 837-6089 after 5 p.m.

69 CHEVELLE MALIBU Sports Coupe, 2-dr. H.T., Auto, strato bucket seats with consol, vinyl roof, radio, special instrumentation, 18,000 miles, immaculate condition. Ph. Loc. 344 or 889-1840 after 5 p.m.

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