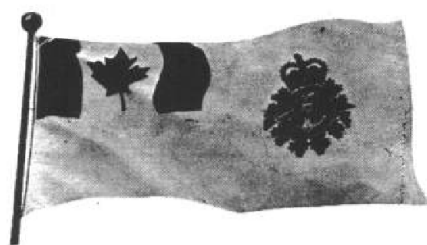


Corair



Following the Canadian Forces



Vol. 19, No. 19

CANADIAN FORCES BASE, WINNIPEG

October 7, 1970

No fixed ideas

New Defence Minister sees no further manpower reductions

OTTAWA (CFP) — New Defence Minister Donald MacDonald said over the weekend that there are a lot of Canadians who question the need for Canadian Armed Forces, but he is not among them.

In one of several interviews with parliamentary press correspondents the newly appointed Defence Minister said, "I make the assumption, perhaps for intuitive reasons, that we are going to have to maintain a substantial military establishment for some time." He said that he cannot conceive any further reduction in current authorized manpower levels.

Mr. MacDonald also said that the Canadian role in NATO would not be further reduced unless there is a mutual East-West Force agreement in Europe. And that, he believes, will take "not less than five years — beyond my tenure in the job, anyway." Mr. MacDonald acknowledges that it will take more than the maintenance of current force levels to restore a sense of purpose and confidence within the Forces. The past few years, from the early days of unification down to the budget freeze have been "very turbulent" for the forces, "which have begun to wonder what role, if any, they are expected to fulfil." Accordingly, he intends to move as quickly as he can to define the role of the Armed Forces, making it clear to them as well as to the electorate what they are supposed to be doing.

"I'm particularly intrigued with the use of the Canadian Armed Forces to protect Canadian sovereignty and their potential in the Arctic, but I'm coming into the job with no fixed ideas," Mr. MacDonald said.

It has been an honour — Cadieux

OTTAWA (CFP) — In a letter to the Prime Minister, Leo Cadieux, former Minister of National Defence, said "I should like to thank you most sincerely for the confidence which you have placed in me, and to express my gratitude for your having given me an opportunity to serve both my country and Canadian Armed Forces, for which I retain a strong affection."

In leaving, Mr. Cadieux expressed his thanks to the men and women in all components of the Armed Forces and to the civilian staff of the department.

It has been an honour, he said, to have served you as associate minister, for 2½ years, and minister for three years.

"I shall remember with grati-

tude your loyalty and dedication to duty throughout the years I have been with you," he said.

Some surpluses

No RESTORE for officers

OTTAWA (CFP) — There will be no PLAN RESTORE for officers, according to a Canadian Forces General Message August 10. Personnel studies to 1973 do show surpluses in some areas, but not so critical that officers need to consider changing classification.

At present the three major areas of surplus are pilot, artillery, and logistics. Despite the surplus, however, officers in these classifications will be guaranteed a minimum promotion flow of five to seven per cent. That means in any particular classification at least seven per cent of Majors eligible for promotion, for instance, will be promoted to lieutenant-colonel in the 1970/1973 time frame.

The corollary which makes this all possible is "wider employment": that is, some officers in these surplus classifications will take jobs open to all officers. Some pilots, for instance, will be working in staff positions in CFHQ or at recruiting centres.

During the studies on officer imbalances, a number of Captain to Major promotions had to be held up. A total of about 200 Captain to Major promotions will be announced before the end of December.

The complete background on the officer imbalance studies will be available in the next CP newsletter.



NINE DAKOTAS from ANS and 440 Sqn. salute the Wartime Aircrew and their fallen comrades as they wing low over the memorial service.

(Photo by van Boeschoten)

Scour is final step in oil drama

HALLIFAX (CFP) — Operation Scour, to recover the last oil from the sunken Liberian tanker Arrow in Chedabucto Bay, N.S. is now underway.

The operation is commanded by Lt.-Cdr. Don Hope, acting as salvage master for the joint Department of Transport-De-

partment of National Defence project.

This operation is a follow-up of Operation Oil, which removed most of the Bunker C fuel from the sunken tanker last February. At that time, the water temperature was about 30 degrees.

The "Bunker C" oil in the tanker was steam heated to about 140 degrees before it could be pumped. The cold water around the tanker caused some of the oil to remain in the bulkheads and in the corners of the Arrow's tank. Now, with the Atlantic at its warmest temperature, Operation Scour will remove most of this remaining fuel.

On Sept. 1, Lt.-Cdr. Hope and 14 men on board a Maritime Command diving tender began to pump this oil into the barge Esso Cornwall. Oil will also be removed from several large pipes on the deck of the Arrow which were used to move the oil from one hold to another.

Operation Scour is the last oil recovery operation for the Chedabucto Bay area, and it is expected to be completed by the end of September.

Pipers to get greens

OTTAWA (CFP) — A distinctive service dress of traditional Highland pattern is being introduced into the Canadian Forces for pipe majors and drummers who train regular force pipe bands.

The new dress may also be approved for Canadian Forces pipe bands which do not already have a regimental or clan tartan.

The uniform includes a maple leaf tartan kilt, light green shirt, dark green tie and the green Canadian Forces dress tunic. The head dress is a glengarry with the Canadian Forces badge. The jacket, or doublet, is of the new forces' green material with a leather sporran, green Lovatt hose, coloured garter flashes and a skean dhu — the dagger which is carried in the stocking — and black brogues.



MAJ. BEN WYATT, as Armed Forces Liaison Officer to the Wartime Aircrew Reunion was instrumental in making the gathering the outstanding success it turned out to be.

he can now

photo by Hoover

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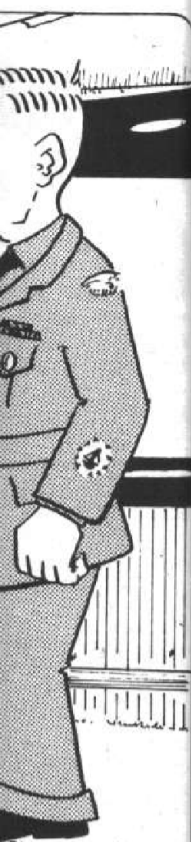
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"Two Searches, Survivors" in 3 issue is very o the photo in I am curious to not I "found" rcraft in the sh site.

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Jack Masters 9 RCAC Sqdn.

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UNISKINS by mac



The Third Page

Crusader... A Soldier's Story

Of those who have soldiered in Canada's service, probably none has had such a varied career or risen to such a high rank as Garnet Wolseley. While his autobiography 'The Story of a Soldier's Life' is not likely to be reprinted, a copy can usually be found in any comprehensive service library and seventy years have failed to dull its absorbing sense of adventure and have accentuated the evident worth of the writer's wisdom. Wolseley was a man of great personal bravery. At nineteen years of age shot through both legs he lay, in front of a Burmese stockade, cheering his men on in the assault. He survived countless close calls in the Indian mutiny where he was recommended for a Victoria Cross and mentioned in despatches 5 times. He was wounded on two further occasions in the Crimea.

As a subaltern, Ensign Wolseley had an intense longing for active service in the field and little knew that a merciful providence was to realize his hopes beyond his wildest dreams and see him serve from China to Manitoba to the Gold Coast and rise to that rank beyond which there is no promotion. From Burma to the Crimea the author's eye for tactics, ground and personality is spiced with an appreciation of such colourful scenes as the Irish orderly room where, "choking because his vituperative volley of oaths had come to an end, the Colonel upset his table with ink bottle, papers, etc., and rushed upon the prisoners, kicking hard at them, shouting for the blackguards to get out, whereupon they ran for their lives".

Excitement too there is in plenty and to stand in the dark in charge of a company of men below the waterline of a sinking ship, waiting for orders, would be experience enough to last most men a lifetime but two weeks later Captain Wolseley was swinging along a dusty Indian road with all his worldly possessions on his way to put down the Indian Mutiny — "My heart was as light as my kit. I had a hundred good men behind me who I trusted and who I believe trusted me. What more could any young captain of four and twenty wish for?" . . . what more indeed.

From the Crimea to India and the Pei Ho Forts only the fine detail of minor tactics and the endless good fellows occasionally tend to weary the reader but the description and actions entertain and before long Colonel Wolseley is on his way to Montreal.

From there he took leave and without official permission or knowledge visited Generals Lee and Jackson at Antietam and his comments on their meeting are of considerable interest to students of that great civil war. The mind boggles at the repercussions that would ensue today should a Canadian officer on leave drop in on Mao Tse Tung for a casual drink.

The Red River expedition must surely have been one of the great self-dependent military marches of all time. The column stretched for 150 miles and with no loss of life negotiated the 600 miles in excellent time and good order. The hair-raising descent of the Winnipeg River by canoe is no less exciting to the reader today than it was to the force commander

who allowed that Canadian soldiers, by reason of their initiative and self-reliance, were in many ways superior to the British regulars — quite an admission from a Victorian!

Army reform in 1871 was no simpler than it is today and it was perhaps in this field that Wolseley gave of his best. In support of the Secretary for War, a wise and brilliant statesman, he led the new school to battle against the old which refused to believe that any improvement could be made to an Army that had been forged by the Iron Duke himself. Amused to find himself described as a destructive radical, he was largely influential in abolishing the purchase of commissions and other shortcomings of the system. As he put it, "Tradition is a strong factor . . . but what is based on cherished memories has often to bend before the hard exigencies of new conviction and modern necessities".

Knighted for his command of the difficult and bloody Ashantee campaign where his autobiography ends, Wolseley, then Major General, was to lead the expedition to relieve Gordon and find his longing for active service unabated for another nineteen years — "When the sun rose on the morning of June 4th, 1893 to remind me that I was 60 years old".

Even at that age, 20 more years of excitement and challenge as well as frustration and recrimination lay ahead before he would go to his long home, with the baton of a Field Marshal on his coffin and muffled drums of a state funeral.

Never to direct any great battles or command in any well known wars, Wolseley is one of the most inconspicuous of history's great soldiers and perhaps he would have wished it that way. A story of a soldier's life? Yes, and a stirring one, too.

Owning a Mobile Home

by Anemograph

Why do a small but not insignificant number of Service personnel, both commissioned and non-commissioned, choose to live in and own a Mobile Home? The reasons vary but a few are worth mentioning: a. as the average mobile home ranges between 50' x 12' to 68' x 12' in floor plan dimensions, it compares favourably in living space to many a bungalow, PMQ or BLHQ; b. within a general price range of \$6,000 to \$13,000 the owner has acquired a specialized type of accommodation costing \$12,000 to \$20,000 on the conventional house market; c. the Service member has an asset that is his and that he can take with him on his next posting; d. the interior appointments of a mobile home are similar or superior to those found in many conventional homes built in recent years or presently under construction. It goes without saying that Service wives prefer to own their home and not always have to face the "drape and curtain" problems that are associated with postings. This motivates many purchases of mobile homes.

A thought has occurred to me that not too many citizens know what a mobile home contains in fixtures or furnishings. Let us say the average home a Service family buys is either 56' x 12' or 60' x 12', and is under ten years of age due to the fact that they can be traded in just like a family car. Within the four walls one probably would find a living room averaging 12' x 13'; a kitchen/dining room or galley kitchen and dining room layout of about the same dimensions as the living room; two adjoining bedrooms in a "Jack and Jill" arrangement with a total 12' x 9' area; a bathroom about 8' x 9'; and a master bedroom averaging 12' x 10'. The furniture supplied will be of a quality retailing for a total of \$800 to \$2,000 depending on the total price of the mobile home. Appliances are comparable to those found in an average Canadian home, but are always big-name brands. They usually consist of a "gun" type oil furnace, an electric water heater of 17 to 30 gallons capacity, a washer and dryer of \$350 to \$700 in value, a 30" range (gas or electric), and a refrigerator or frig/freezer combo in the medium price range. Normally these items are colour coordinated with the decor.

At this point two obvious shortcomings of a mobile home should be mentioned; first the storage space provided is on a premium basis and there is no basement or attic; second the floor plans allow the owner only sufficient space for a 7.5 cu. ft. freezer unless he is willing to have the appliance as a TV stand in the living room.

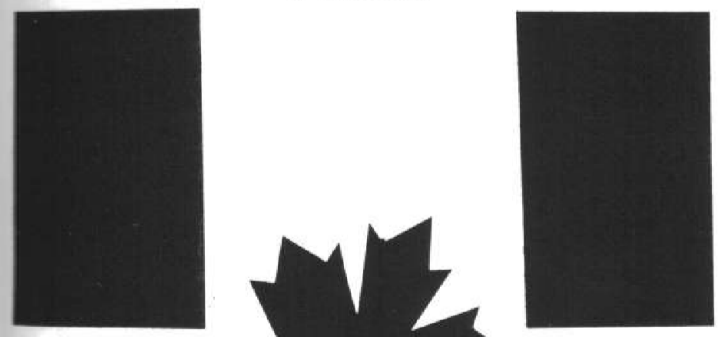
Readers who have reached this paragraph are surely wondering where I am going with this dissertation anyway. It is my aim to briefly state by example the obvious fact that our regulations and policy within the Canadian Armed Forces concerning mobile homes have become obsolete due to time and events plus the rising cost of living. There is an urgent need to increase allowances for moving these dwellings.

Let us consider for a moment QU&O Art 209.841, and the related Tables A and B, also CFAO 209.1, which concern the shipment of mobile homes. Every mobile home mover in Canada can tell an owner to the last cent what DND will pay to move his home between points A and B. However, each mover adds a "rule of thumb" \$200 minimum to that allowance in costing the move. The owner must pay the "penalty" out of his own pocket in order to have the tractor hook up to his home and move it to point B. As the home rolls merrily along at speeds up to 70 mph it may blow out one to six of its tires (remember it's on two or three axles with wheels). These tires are 10 ply tires costing about \$90 each, and DND will not accept this as an incidental moving expense.

(Continued next issue)

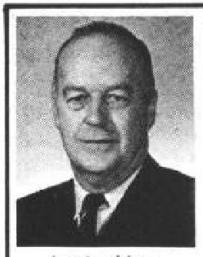
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PASSING THROUGH Winnipeg recently was Mrs. Hamilton Gault, widow of the founder of the Patricias. On hand to meet her were 2 PPCLI CO Lt. Col. John de Chastelain and Training Com-

mand Chief of Staff Brig. Gen. R. S. Graham a former member of the regiment.

(Photo by Hoover)

New rates for F&E storage

OTTAWA (CFP) — Better take a look at your furniture storage rates, because a new insurance plan negotiated by the directorate of Movements may save you money.

It's an all-risk national long-term storage scheme for servicemen and federal government employees, underwritten

by Reed, Shaw Osler Limited, nationally organized insurance brokerage firm. The same firm handles the government-sponsored in-transit furniture insurance.

The new plan puts reasonable LTS insurance within the reach of servicemen and government workers. Its standard, cross-Canada rate is five cents per \$100 evaluation of goods.

The plan is not limited to future customers. Servicemen with insured goods in storage may switch to the new scheme and those without insurance coverage may apply for LTS insurance.

Movements officials here say the plan is a good buy, because all-risk storage insurance is expensive and varies with the area where furniture is stored. The forces plan is standard from coast to coast.

They added that the plan is only available to troops who are authorized to put goods into long term storage.

Storage insurance remains, as in past years, an individual's responsibility and the serviceman pays his own premiums. The movements people have just made it easier and more reasonable to buy.

And there are a couple of fringe benefits too:

Coverage can be arranged through orderly rooms when on out-routine. Applications forms have already been made available to base movements offices.

Filing separate claims for loss or damage resulting from storage, or while in transit to or from storage, is not necessary. Reed, Shaw Osler underwrite both the in-transit and LTS insurance and handle all claims as one parcel.



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Gander gets 60 PMQ's

GANDER (CFP) — The government has authorized the construction of 60 married quarters for armed forces personnel serving at Canadian Forces Station Gander in Newfoundland.

CFS Gander, a communications station, is part of the Canadian Forces supplementary radio system.

The married quarters will be built in the municipality of Gander on lots serviced by Central Mortgage and Housing Corporation, which will supervise the construction on behalf of the Department of National Defence.

The housing units will be single dwellings containing either three or four bedrooms.

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No date has been set for the calling of tenders.



PUZZLE SOLVED. Above is the correct solution to last week's Voxair contest of the month. 440 Sqdn. didn't get too many spotters as most of the answers were wrong. The aircraft was a float plane which crashed almost straight into the muskeg.



Patricia report



This Edition finds the Battalion still in a state of settling in and adjusting from our previous three-year German environment to the very pleasant confines of the Selkirk Lines.

Although our time in town has been relatively short, the Battalion was called upon to aid the civil power in conducting a search for a man missing in the Lac du Bonnet area.

The search was headed by Lt. "Hap" Stutt, who, along with 25 other Patricias and 12 Air Force chaps, crashed his way through thick bush and muskeg amidst a relentless rain.

The search started on Tuesday, 15 September and the missing person was found on Friday, 18 September.

Appreciation and thanks for a job well done were extended to the search team by Major General W. K. Carr, Commander Training Command, and Mr. A. Bentley, Co-ordinator, Manitoba Emergency Measures Organization.

On the training end of things Maj. "Art" Neadow is patiently waiting for his Pay Level 3 course candidates to appear. In the meantime he is busily readying his corps of instructors and haranguing the Logistics Officer, Capt. "Danny" Bigras, for all kinds of things. Delta Company expects to kick off training on the twentieth of October and finalize some time in January 71. Further information on the Pay Level 3 course and the little empire that is Delta company will appear some time next month, along with a few photos.

The 2nd has been engaged in an active sports programme which can be seen through various elements during any part of the day. The gentle, mild-mannered, and ever so anxious officer football team is still waiting a reply from those wild beasts and savages of the

highest order commonly referred to as Senior NCOs. The game should establish a few priorities.

The past few weeks have also seen some promotions and decorations. They are as follows: promoted to corporal are Pte Clarke W. L., Pte Egan D. W., Pte De Windt S., Pte Goble L. S., Pte Hendley G., Pte Lockhart J. L., Pte Meldrum F. G., Pte Morand J. R., Pte Ripley T. J., Pte Shackleton L. C., Pte Simmonds A. R. and Pte St Pierre J. R., and awarded the Canadian Decoration, Cpl Morrisey W. H.

Congratulations from the unit, and that concludes this issue's news.



Commodore D. A. Collins, 50, Edmonton, Alta., will be promoted to rear-admiral October 19 and appointed duty chief for logistics at Canadian Forces Headquarters.

Now director general of supply, he will succeed Major-General E. D. Armour, 54, of Foam Lake, Sask., who will retire in October.

Succeeding Commodore Collins will be airforce Colonel J. C. Smith, 44, of Lloydminster, Sask., who will be promoted a brigadier-general at that time.

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ANS FLIES NASA. Aircraft commander Maj. S. J. Miller chats with astronauts Rusty Schweickart (Apollo IX) and Walt Cunningham (Apollo VII) after presenting them with letters from Maj.

Gen. W. K. Carr. The flight to Saskatoon enabled them to take part in an Earth Awareness and Environment Conference. (Photo by van Boeschoten)

SISIP officer gets merit award

OTTAWA (CFP) — A naval officer who saw the need for forces family security and did something about it was cited by the public service's incentive award board, here Sept. 4.

Lt.-Cdr. S. F. (Stan) Mitchell of Ottawa, a staff officer with the directorate of personnel benefits at CFHQ, received a \$1,000 merit award for his efforts in developing the servicemen's income security insurance plan (SISIP). The plan is a new concept in security protection incorporating federal government programmes with insurance.

The 44-year-old sailor not only did the groundwork but carried the plan's message to troops across Canada and in Europe.

It was a personal victory for the veteran naval supply officer who, as a personnel officer at CFHQ a few years ago, saw many cases where service families hit by tragedy had to survive on a small income. It was then he decided to enter the personnel benefit field.

The merit recommendations read, in part: "The dedication of this officer to the service and the problems associated with the development of a sound benefit programme, recognizing conditions in the military environment, developed into complete immersion in his duties, working long hours under stress."

LCDR Mitchell worked alone on the plan but still found time, at the request of the

American Management Association, to lead seminar workshops in New York City and Chicago on the development of employee benefit insurance.

About the award, he said it had to rank with the best kept secrets in headquarters. "I had no idea it was coming until Admiral Hennessy presented it to me."

And what's he going to do with the money? "Have a party — at Christmas time", he said.

1 PPCLI top shots

EDMONTON, — The highest award for infantry marksmanship in the Canadian Armed Forces was presented September 21, to the Calgary-based 1st Battalion, Princess Patricia's Canadian Light Infantry, commanded by Lieutenant-Colonel W. E. J. Hutchinson.

The presentation was made by the widow of the trophy's donor, and the founder of the Regiment, Brigadier-General A. Hamilton Gault. She was ac-

companied on an inspection of the combat-dressed unit by Brigadier-General C. J. A. Hamilton, Commander, 1 Combat Group, Calgary.

It was the fourth time since the trophy was first awarded in 1958 it has been won by the 1st Battalion of the Princess Patricia's.



STUDENTS WIN OUT. The overall winners in the recent ANS Sports Day were the students for a change. Receiving the trophy from ANS Commandant Lt. Col. S. L. Kincaid is Capt. W. J. Reaume. (Photo by Hoover)

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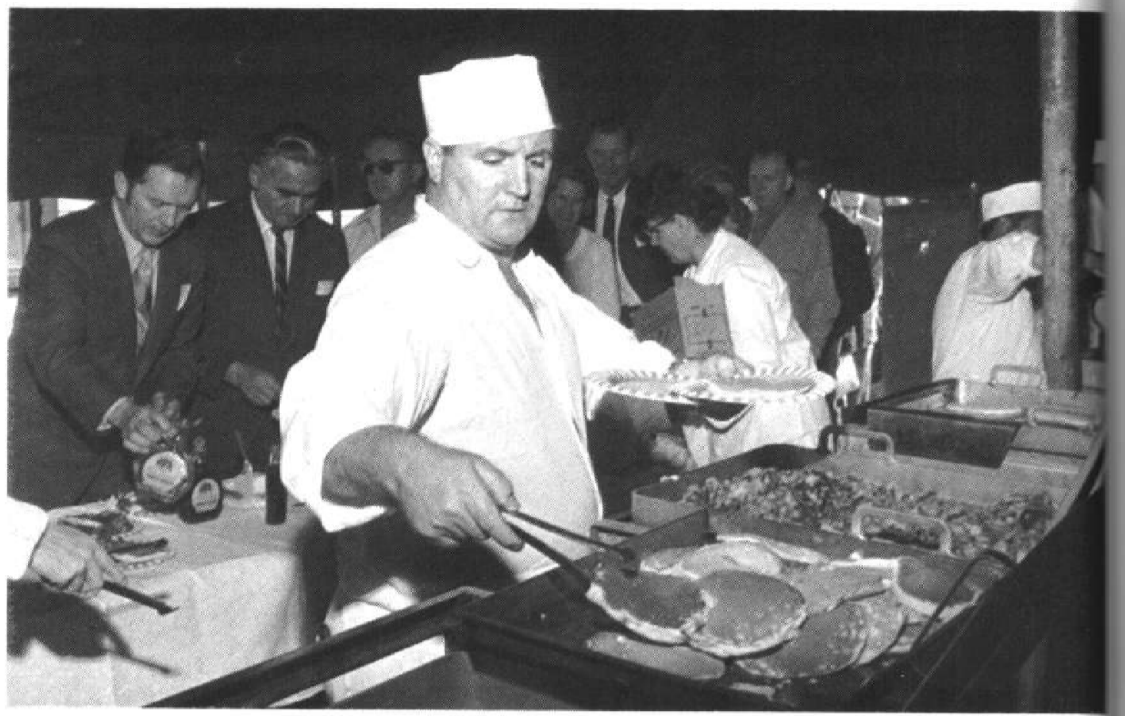
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30 YEARS. Gen. Adolf Galland looks at a picture taken of him in 1940 and published in the last issue of Voxair.

(Photo by van Boeschoten)



NO SOURDOUGHS, but about 1200 wartime aircrew members had a western style breakfast in the old drill hall. (Photo by Hoover)



We shall remember them.

(Photo by Hoover)

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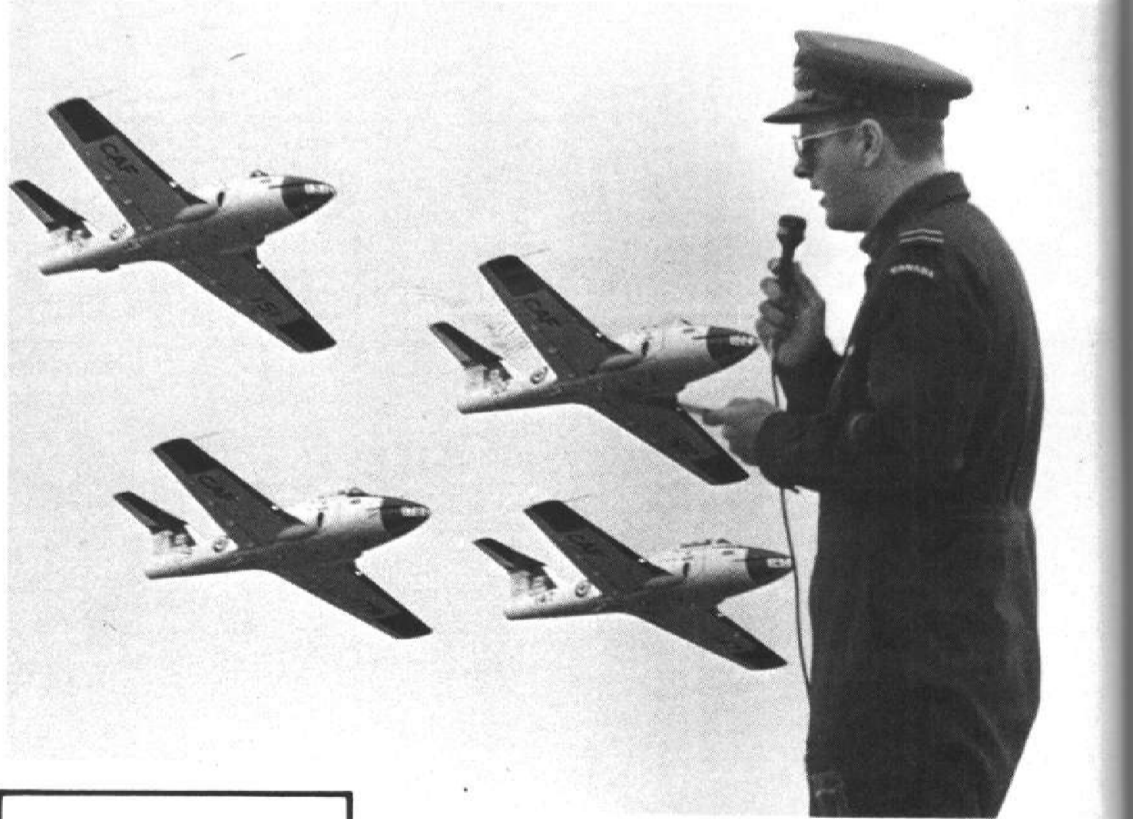
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STOLE SHOW. The Canadian Armed Forces were certainly the hit of the recent air show. Here Capt. Houlden describes what the four Tutors can do. (Canadian Forces Photo)

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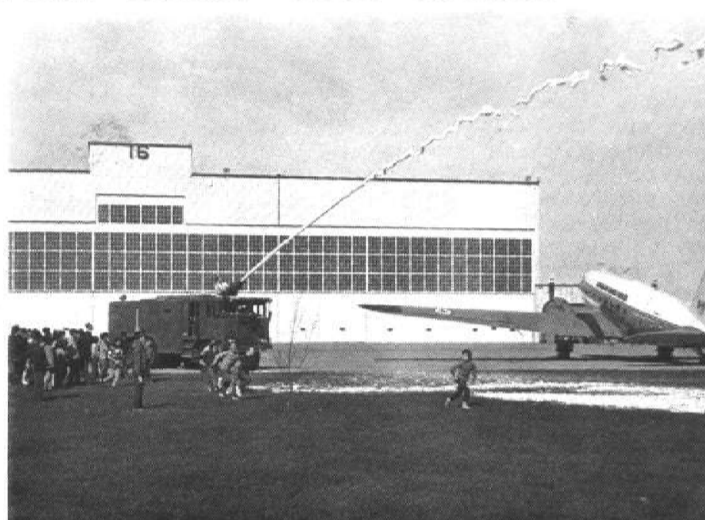
It may be junk to some, but others are willing to pay cash for it.

Just a few of the crowd of 600 bidding on the bicycle held by PMQ Mayor Capt. Don Breer.

150 children tour our base



One youngster was able to try on a jet flying helmet.



Fire Hall foam truck intrigues visitors.



Auctioneer, Fire Marshall, and fantastic organizer WO J. M. Johnson and music man John Rafferty try to get rid of some of the items.

(Photos by van Boeschoten)



Here, a few of the 150 children who visited the base as a part of the Kiwanis Kids' Day program are briefed on traps and snares by Sgt. Glen Graham.

(Photos by van Boeschoten)

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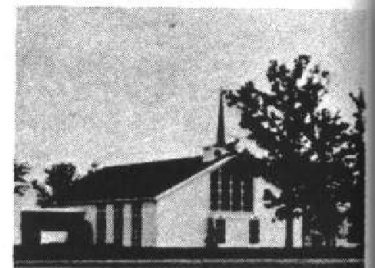


Cliff Boyd (MWO Retired)





OFFICERS' WIVES CLUB executive, some of whom stopped chatting long enough to have their picture taken, includes Pat Batchelor, membership; Barbara Vermette, publicity; Leslie Robinson, welfare; Lois Bouchard, vice president; Bebs Taskey, treasurer; Helen Southall, president; Gerry Anderson, secretary; Judith Hareman, social and missing from the photo is Anne Marie Blumenschein, welcoming.



CHAPEL SERVICES

North Site
Protestant Chapel
 Chaplains
 Maj. M. Pippy—206 or 417
 Capt. H. Bill—417
 Secretary
 Miss R. Mueller—Local 417

SERVICES
 1100—Divine Worship
 1200—Holy Communion
 1st Sunday UCC
 3rd Sunday ACC
 Baptisms—by appointment

Our Lady of the Airways (RC)
 Chaplains
 Maj. M. Sabourin
 Secretary
 Miss R. Mueller—Local 272

MASSSES
 Sundays—0830 1100
 Tuesday to Friday—1645
 Baptisms—by arrangement with the Padre

PENANCE
 Before all Masses

CATECHISM CLASSES
 Sunday at 0930

South Site
St. Andrew's Chapel
 Kenaston Blvd. at Grant Ave.
 Secretary—888-6025

Chaplain
 Capt. A. D. Turnbull
SERVICES
 1100—Divine Service
 Confirmation Classes—by arrangement with the Padre
 Holy Communion—1200 Hours
 1st Sunday ACC
 3rd Sunday UCC

St. George's Chapel (RC)
 Chaplain
 Maj. J. L. C. Gautreau

MASSSES
 Sundays—0900 1100
 Weekdays—1700 Hours

CONFESSIONS
 Before all Masses
 Baptisms—Every Sunday by appointment with the Chaplain

CATECHISM CLASSES
 Sunday—1000 Hours
 Secretary—888-1331

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 6 to 8:50
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NEW BOOKS
 Calico Palace (best seller list), Gwen Bristow, fiction; The Great Fur Opera HBC in the past; The Crystal Cave (best seller list), Mary Stewart, mystery; Science Fiction books, Mysteries, Cranberry Portage, Ruth and Jack Paterson, autobiography. We have French adult and children books. Section for children and young people books.

Base Library wishes to thank the following, for donation of books. Mr. George Jackson, Brian and Brent May, and Cpl. R. A. Toth for his square dancing books.

Dental I.Q.

by Capt. D. M. Hodges

Many people are concerned when the dentist is going to restore decayed front teeth and a common question is asked.

QUESTION:
 What is the best filling for front teeth?

ANSWER:
 When your dentist places a filling in the front teeth he looks for a material that will have the same color, expansion rate, and strength that the teeth do. The material should also be resistant to the saliva and prevent new cavities from forming. Unfortunately such a material does not exist. The plastics and silicates come in good tooth colors but falter in the other requirement. The sil-

icates tend to breakdown in the saliva while the plastics do not maintain a good seal with the tooth surface. Either of these materials are doing well to last for five years, although some stay in place for many more years. The exact duration depends upon the original size of the cavity, how well the filling is looked after, and the formation of new decay.

Gold fills all the requirements except colour. It is also more difficult to work with, more time consuming and more expensive. A well placed gold filling in a clean mouth will last twenty or more years.

When a front tooth is badly broken down, the gold can be extended into a crown shape and over all of the remaining tooth. Porcelain can be placed on the front of the gold crown to provide a pleasant tooth-like color, or entire crowns of porcelain may be made.

As an ideal filling material for front teeth does not exist, it is extremely important to prevent cavities from forming in these teeth. Adequate use of fluorides may reduce the number of cavities in the front teeth by as much as 85 percent.

Protestant Chapel Guild

Our Ladies Guild meets every second Tuesday at the Chapel at 8 P.M. In order to get together a bit beforehand, a Friendship Tea for all those interested in the work of the Guild will be held in the home of Padre Pippy (233 Athlone Drive) on Oct. 8/70 beginning at 8 P.M. The regular meeting for the month will then take place at the chapel on Oct. 12/70. A very cordial invitation is extended to interested ladies to come to the tea and get to know a few of the ladies and also to experience the wonderful fellowship of the Guild members. We look forward to seeing you then!

PROTESTANT SUNDAY SCHOOL

Registration for the Sunday School took place on Sunday October 4th. However, some may not have known this fact. Classes will have resumed Sunday October 11th. If your child or children is 5 years old or less, he or she will meet at the Chapel at 11.00 a.m. every Sunday. The older ones go to the ANS Building for their classes . . . same hour of 11.00 a.m.

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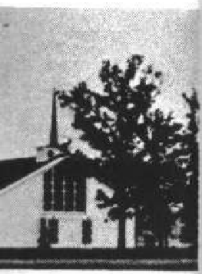
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CAAF STN.



CUBS REGISTER. Filling in registration forms this year are Shawn and Dave Talbot. Looking on are father Cpl. Jim Talbot, Akela of D pack; Capt. Ken Humphrey, chairman 51st group; and Capt. Hugh Tarbet, Akela of A pack. The packs meet Monday and Tuesday evenings in the Drill Hall from 6:30 to 8:00.

WO's and Sgt.'s Entertainment

OCTOBER 1970
9 Oct TGIF
10 Oct Bingo and Dance. \$1.50 per person. 15 games including Garbage bingo 4th game, \$50.00 8th game, Cedar chest plus one prize, 51 numbers last game.
11 Oct Wine and Cheese. At Home to PPCLI. Members and wives only. NO GUESTS PLEASE.
16 Oct TGIF
17 Oct October Fest. \$1.50 per person.
23 Oct Mess Dinner
24 Oct Bingo and Dance. \$1.50 per person. Jackpot Cedar chest plus two prizes, 52 numbers.
30 Oct TGIF
31 Oct Hallowe'en Dance. \$1.50 per person or 75c per person in costume.



GIFTS AND HANDSHAKES marked the retirements of Sgts. John Malo and Alex Seymour. Representing the fellow workers and friends are Capt. M. Klapatiuk and CWO Orville Carnahan, who emphasized that the engine bay and the aircraft inspection department will just not be the same. (Photo by Hoover)

Hello...postings in

RANK	NAME	UNIT	POSTED FROM/TO
WO	Schreiber L	Tech Trg	CFSAOE Borden
Capt.	Eby RW	Fly Safety	CFB Gimli
Cpl.	Holgate LD	Comd Surg	CFB Winnipeg
Cpl.	Bellemare NJ	SO CE	CFS Alert
Pte.	Kuhn J	TCHQ	CFSAL Borden
Pte.	Hamel JA	TCHQ	CFSAL Borden

Goodbye...postings out

Lt.	Pestell LG	Fly Safety	CFB Gimli
Capt.	Bannon MF	Pers	CFANS WPG.
Capt.	Meldrum GD	Cadets	440 Sqn. WPG.



BEST COSTUMES. H. Stacy and partner Linda Allen happily accept prizes awarded for best costume from Hon. PMC Capt. M. Klapatiuk during Club 61's Hawaiian Luau. (Photo by Hoover)

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The annual rate per \$1,000 of this amount would be only \$4.38

RATES AT SAMPLE AGES

Age	Initial Amount	Rate per \$1,000 Initial Amount	Annual Premium	Monthly Premium
20	\$59,800	\$2.74	\$164.00	\$14.07
25	56,380	3.08	173.80	14.91
30	52,400	3.59	188.20	16.15
35	47,800	4.38	209.60	17.98
40	42,460	5.50	233.40	20.03
45	36,280	6.90	250.40	21.48

This is pure protection, term insurance that reduces in amount until you're 65 while your family obligations are also reducing.

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Ten mile event a big success

30 competitors, 10 runners and 20 walkers, started off on a 10 mile gambit around the Westwin married patch in what is hoped will become an annual event. Friday 18th Sept. marked the first time that such an event was held here, and so well was it attended that other Bases are planning similar competitions. The "CFB Winnipeg Aerobics" club sponsored the Race, with the coveted Mike Pearce Memorial Trophy going to the fastest runner. Competitors came from Beausejour, Camp Shilo, Yorkton and Gimli, as well as a strong contingent from CFB Winnipeg.

To the victor goes the spoils, and in the running race Cpt Ken Parker from Winnipeg took the honours. For miles it looked as though it might end up a three way tie as Capt Dave Sproule of TCHQ and Shilo's Cpl Gary Plant paced the big man step for step. With a half mile to go Parker broke loose and charged in with 12 seconds to spare over second place Gary Plant. Sproule placed third in this event.

Veteran racewalker Cpl Russ Phillips of Winnipeg headed the pedestrian event with a time of 93 minutes 21 seconds for the distance. Cpl G. Neville of Shilo and Cpl Dave O'Byrne of Winnipeg, two excellent walkers, placed second and third respectively. Although no prizes were given for the ladies walk, they competed with gusto. First place went to Dorothy St. Pierre, second to Catherine Colleaux and third place to Denise Taylor. The '71 race, it was stated, will definitely include ladies prizes.

The official times

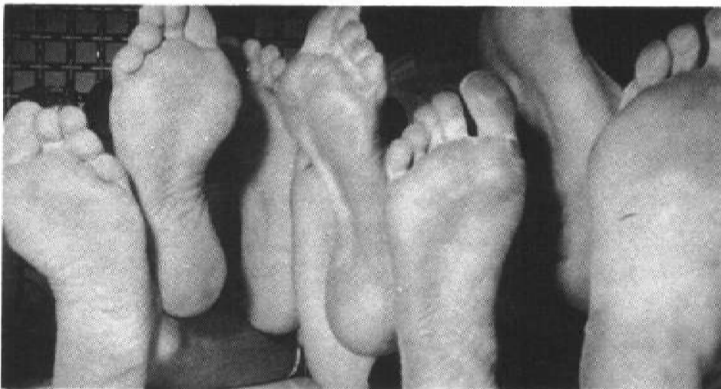
- Runners**
 1st. Parker, Wpg. — 63 min 48 sec.
 2nd. Plant, Shilo — 64 min —
 3rd. Sproule, Wpg. — 64 min 20 sec.
 4th. Kile, Beausejour — 68 min 57 sec.
- Mens Walk**
 1st. Phillips, Wpg. — 93 min 21 sec.
 2nd. Neville, Shilo — 104 min 56 sec.
 3rd. O'Byrne, Wpg. — 135 min 30 sec.
 4th. Osborne, Wpg. — 138 min 40 sec.
- Ladies Walk**
 1st. St. Pierre, Wpg. — 143 min 19 sec.
 2nd. Colleaux, Wpg. — 154 min 30 sec.
 3rd. Taylor, Wpg. — 162 min 21 sec.



It all started when 30 runners and walkers "Took their marks".



O'Hara took a drink —



it ended up 10 gruelling miles later when tired competitors took off their shoes. Upon scrutinizing the photo above, one observer noted that of the 8 feet shown, 5 are left and only 3 right, thus confirming a long standing Military suspicion. However, this has nothing to do with the race.

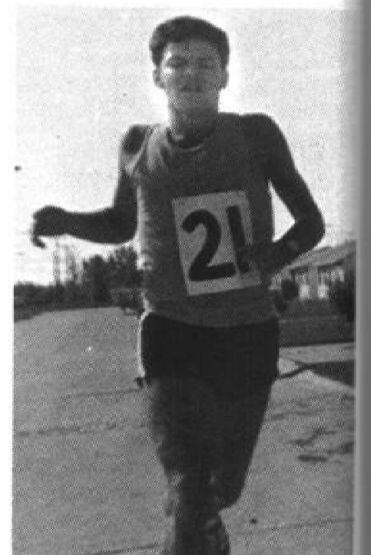
PHOTOS BY HOOVER



Then Cpls Frank Henley and Bill Lanctot took a route check —



Neville and Phillips took a walk —



Parker took a run at the finish line, and,



Part of the throng that were held spellbound by the big race.

Scuba Club News

The CFB Winnipeg Scuba Club is beginning its instructional and recreational program Thurs Oct. 8 PM in the Bldg 90 Scuba club room. Anyone interested in becoming a diver is welcome. High quality instruction is given and the club has most of the required equipment. Registration fee is \$10.00. For further information call Capt Nelder at loc 377.

Doctors, Dentists, staff compete

Of the 30 competitors starting the Sept 18th 10 mile race, 14 were from the Medical and Dental Services, Westwin site. Led by Major W. O'Hara who did the run in 73 min, 48 sec, and Major F. Harreman Dental Clinic who walked it in 139 minutes, the staff of both units made an exemplary showing.

Of this total contingent only 2 competitors dropped out and it would appear that section-wise the rollers of pills and pullers of teeth are in far better condition than the fixers of airplanes and drivers of trucks. By entering the race they not only augmented a small original turnout, but set an example that many should follow. The Doctors, Dentists and Staff of these two units will receive a special invitation to attend the 1971 Aerobic Race.

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Winnipeg could go all the way

We have finally reached the heart of the Flag Football season, and the way things are shaping up it looks as if CFB Winnipeg will have a strong representation in the Zone III playdowns, as expected the Maintenance team have already seemed to dominate the league winning their first three games handily. On behalf of the Inter Section Flag Football League we would like to take time to thank Sgt Lorne Dunham and Pte Dick Dupras for their capable assistance for helping Bob Martin, Mark Dandurand and myself to line the football field. We have heard from different sources around the league on how well a job the officials are doing in our league, and I agree whole heartedly, with Cpl Mark Dandurand the referee-in-chief, along with referee Bob Martin and linesman Randy Evans they certainly deserve a pat on the back. Wouldn't you know it, after my last article there was a meeting held at CFB Gimli to revise all the Flag Football rules. The way it stands now modified CFL rules will be observed with the only difference being their is not any tackling, and you cannot leave your feet on a block, all other rules remain the same. By the time this issue graces your doorstep the Base team will have already been picked and ready to go to Gimli. Taking on the job of coach this year will be Mark Dandurand who coached the Base team to victory two years ago, we wish Mark the best of luck, and bring the Zone III championship home to Winnipeg where it belongs. We would also like to thank Sgt Dick St. Louis for the job of liaison information connected with the Flag Football this season keep up the good work Dick.



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How they stand

With the first half of the Flag Football season complete, the Maintenance team with 3 straight victories the three team loop. On the 17th of September the CFANS Students on two long touchdown passes to Bennett one covering 45 and the other 50 yards rambled to a 20-6 victory over the CFANS Staff. The Students however, were not quite as fortunate against Maintenance as they were defeated 29-7 led by Mel Dempster with 2 touchdowns and Pat Hirst with a touchdown and 3 converts and a single on a wide field goal attempt. The CFANS Staff and the Maintenance team locked up in a real hard fought contest with Maintenance finally holding the upper hand defeating the Staff 23-12 with Mel Dempster again playing a big part scoring two touchdowns.

FLAG FOOTBALL LEAGUE STATISTICS

League Standings	W	L	T	P
Maint	3	0	0	6
CFANS Students	2	1	0	4
CFANS Staff	0	3	0	0

Scoring Leaders

Player	P
Dempster Maint	30
Bennett Students	18
McLeod Maint	12
Hughes Staff	12
Hirst Maint	11

Three-year-old Cathy Woodley of Burlington, Ont., knows cancer can be beaten because at the age of nine months she beat it. The Canadian Cancer Society needs funds to sponsor more research into the causes and cures of cancer and to multiply little Cathy's story many times.

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Westwin Ladies' Curling Club ready to GO!

The executive has plans for a busy year. The afternoon league will start on Tues. Oct. 20 with a clinic for new and old curlers so that they can brush up on rules and get their sweeping in order. The fees for the afternoon league will be \$23.00 for two games a week, Tues. and Thurs. afternoons. If there are enough requests for babysitting service, we shall line it up.

The evening league will begin Friday evening Oct. 23. They play only on Friday evening and pay a fee of \$17.00. We have use of ice at both Westwin and FOB Curling Clubs so we would like to see both old and new members out to the General Meeting on Tuesday evening Oct. 6 at 7.30 pm. at Westwin Curling Club. The executive will run through their program. Registration forms will be available at the meeting or you may contact Membership at 837-5990.

Curling league commencement dates

- Harvest Bonspiel - 13 - 16
- October. - RCMP - Reserves - Juniors - renters and their families - Entry fee \$10.00 per evening and Week-end draws
- Rink A - Address entries to MWO Don Nutley, SOMAINIF - TCHQ or phone 369, also by phone to Gord Pollock 832-0027, Norm Brown, 888-4354.
- MENS' LEAGUE**
- Mon - Wed, 19 Oct
- Tue - Wed, 20 Oct
- Mixed League**
- Sunday - 18 Oct
- Junior League**
- Thursday - 22 Oct
- Ladies' Day**
- Tuesday - 20 Oct
- Ladies' Night**
- Friday - 23 Oct
- Open House**
- Open House will be held at both sites from 2000 to 2300 from Monday 5 Oct to Thrus. 8 Oct. The bars will be open. Memberships will be accepted. Closing dates for membership is Tuesday - 13 October.

Thanks for your help

The CFB Winnipeg Aerobics Club wish to thank all those who so enthusiastically assisted in making the 10 mile race a success. Without such help, an event of this nature simply couldn't be held. Sgt. Jack McBride of the Rec. Centre expertly handled all the Administration problems. He notified

all the Zone 3 Bases by message, procured the trophies, made up the competitors numbers and officially started the race. Special thanks as well, to Bill and Armande Lanctot for an excellent job of lap and finish timing. Last and far from least, thanks to Frank and Janet Henley who were the official lap counters of the race.



Capt. W. Joughin newly arrived Base Recreation Officer presents the Mike Pearce Trophy to Ken Parker, winner of the 10 mile running race.

(Photo by Hoover)

Meet cancelled

OTTAWA (CFP) — The armed forces national track and field meet has been dropped for 1970 because of a continuing decline in interest.

Physical education officials here say it could be back as early as 1971 if their plan to introduce base-level tabloid sports meets and pentathlon type events is successful.

One reason for the decline, they say, is that track and field prospects are reluctant to compete against top forces athletes for base and zone team berths.

The tabloid meet and pentathlon type events, where athletic ability is measured by a point-scoring system and against a set of forces-wide standards, will help revive the sport at unit-base level.



Russ Phillips receives the 10 mile Walk Trophy from B/Rec Officer Capt. W. Joughin.

(Photo by Hoover)

REC CENTRE NOTES

Welcome aboard to Capt. W. Joughin who arrived recently from Gimli to replace Capt. K. McLean as Base Recreation Officer. Capt McLean has retired from the Service.

Sproule near half way mark

As of Sept 30th, Dave Sproule has covered 45 miles of the 100 mile Centennial Jog-A-Thon. Dave runs about 8 miles a day. The Centennial event is in full swing and anyone interested in joining the Aerobics Club is asked to contact the following — Capt Parker ANS 627, Cpl Al Taylor GSE 16 Hgr

550 or Cpl Russ Phillips 16 Hgr Maint Sub Stores 413.

All personnel with out of season sports equipment signed out from Base Recreation Centre, Building 90, are to return items to sports stores, immediately. This includes — softball, tennis, soccer and golf equipment.

Senior Rifle Club

The SENIOR RIFLE CLUB will commence Tue, 29 Sep 70 at the Rifle Range which is located in the Rec Centre next to the Astra Credit Union. The Range will be open every Tue and Thu evening from 1900 to 2200 hrs.

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