

# 'In the early morning rain, big 707 set to go'



(Base photo)

## Voxair



Following the Canadian Forces

Volume 19, No. 9 CANADIAN FORCES BASE, WINNIPEG May 6, 1970

### For PMQ dwellers

★ 1 ★

### Voxair home deliveries to end soon

If you like VOXAIR, we suggest that you ask your husband to bring home a copy.

Like the rest of the world, VOXAIR is feeling the money squeeze. We're cutting back wherever we can to save bucks — and still enable us to publish 24 times a year. One of the services which will have to go is the free delivery to PMQs, unfortunately.

However, copies will be delivered to the base sections in adequate numbers for Dad to take one home to Mom and the kids. So make sure the Old Man brings one home for the family. Nag him a little.

Delivery will continue for one more issue; so the next will be the last. Sorry, Mom.

★ 2 ★

### Some support needed for PMQ clean-up

**Editor Voxair:**

Thank you so much for the publicity the Air Ranger Squadron received for the Spring PMQ Clean-up. However, the only ones who seemed interested did nothing more than look out their windows as we cleaned up their yards.

We were quite surprised by the lack of enthusiasm from the residents.

Everyone criticizes the younger generation, but what about the older generation, where are they when something is being done to help better their community. Don't they care about anything more than the idiot box on a weekend?

I hope someone will get out and give the girls a hand when they cover the areas east of Westwood Rd. on May 9 and Marjorie Blvd. on May 23.

Mrs. E. Tofflemire



**PREVENTIVE MEASURE.** Members of 3RCHA prepare a dike east of Carman where the swollen Boyne River threatened more flooding.

(Canadian Forces photo)

## Joint effort for northern bridge

The Department of National Defence, in co-operation with the Department of Public Works, will begin construction this August of a 360-foot steel and concrete bridge across the Ogilvie River in the Yukon Territory for the Department of Indian Affairs and Northern Development.

The Department of Indian Affairs and Northern Development planned the overall project and will provide the necessary funds; the Department of Public Works will be responsible for the bridge design and quality control and the Department of National Defence will act as contractor, responsible for carrying out the construction.

Located 1,500 miles northwest of Edmonton on the Dempster Highway, just below the Arctic circle, the bridge and highway will afford road travel to Fort McPherson, near Inuvik, 60 miles from the mouth of the Mackenzie River.

The Ogilvie River bridge will involve three bolted 120-foot pony trusses 24 feet wide supported on two shore abutments and two piers in the river bed.

The final design of the bridge is expected to be completed by Public Works this month. Meanwhile the Canadian Forces have earmarked engineers for the project and are now planning the administrative support necessary to maintain the site.

Men from 3 Field Squadron, Royal Canadian Engineers, Canadian Forces Base Chilliwack, B.C., supplemented by technicians from 1 Construction Engineering Unit, CFB Winnipeg, about 100 personnel in all, will start work on the project, called Exercise Random Access, in August. Administrative support will be the task of Headquarters, 1 Combat Group, Calgary.

Because of severe weather conditions, in which temperatures vary from 60 below to 80 above, and continuous permafrost soil conditions, construc-

tion will be carried out in two phases. The piers, abutments and approaches are scheduled for completion by December while steel work and decking will be done between March and May.

The standing Naval Force Atlantic, a multinational fleet under the command of Canadian Commodore Douglas Boyle, 45 of Revelstoke, B.C., is taking part in a two-week NATO naval exercise called Dark Dive in the North Sea.

Warships and aircraft from Denmark, Germany and Norway will join the Standing Naval Force Atlantic off the coast of Denmark for the exercise.

Dark Dive is one of a series of approximately 40 exercises scheduled this year for the Standing Naval Force Atlantic.

## Domesticated Boeing milk run scheduled

OTTAWA (CFP) — Air transport command's first CC-137 jet transport (Boeing 707) goes to work on the forces sked runs May 22. Its inaugural passenger flight takes it to Halifax, then cross-country to Vancouver and back.

Skeds affected will be SFs five, six, seven and eight which operated weekly, on Thursdays, Fridays, Saturdays and Sundays, respectively.

The new runs go to Halifax (SF-5) then west on Fridays (SF-6), back to the east coast Saturdays (SF-7) and into Trenton Sundays (SF-8).

The big jet will make the western hop in less than seven and one-half hours flying time, some three hours faster than the Yukon.

The CC-137 will not stop at base Greenwood, N.S., as did the Yukon. According to operational readiness officials here the Annapolis Valley base was dropped from the sked run for operational reasons.

Here is the CC-137 schedule as carried in Canforgen 94:

SF-5 (Fridays)		
Arr.	Place	Lv.
7:35 a.m.	Trenton	7:00 a.m.
10:40 a.m.	Ottawa	8:05 a.m.
	Shearw.	
SF-6 (Fridays)		
Arr.	Place	Lve.
12:10 p.m.	Shearw.	11:25 a.m.
1:30 p.m.	Ottawa	12:55 p.m.
3:55 p.m.	Trenton	2:30 p.m.
4:35 p.m.	Winnipeg	4:40 p.m.
8:00 p.m.	Edmonton	5:20 p.m.
	Comox	
SF-7 (Saturdays)		
	Comox	9:00 a.m.
9:30 a.m.	Vancouver	11:15 a.m.
11:35 a.m.	Edmonton	12:20 p.m.
3:50 p.m.	Winnipeg	4:35 p.m.
7:40 p.m.	Trenton	8:25 p.m.
9:00 p.m.	Ottawa	9:30 p.m.
12:05 a.m.	Shearw.	(Sundays)
SF-8 (Sundays)		
1:30 a.m.	Shearwater	12:35 a.m.
	Trenton	

## Naval exercise underway

During this exercise Commodore Boyle will command destroyers from the United Kingdom, the Netherlands, the United States and Germany. The Halifax-based destroyer Restigouche will act as flagship for Commodore Boyle who took command of the force in January.

Exercise Dark Dive is under the overall command of Rear Admiral A. Zimmerman, Germany. Exercises such as this provide tactical training for naval forces from NATO countries working together.

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# grains of sand...

This column rarely editorializes on behalf of the many national "weeks" and events which occur, however we cast aside our normal guise of studied insouciance to lay a few facts before you.

Every fifteen minutes in Canada a child is accidentally poisoned. Every five minutes a child is needlessly injured.

Almost 2,000 Canadian children die from accidents annually and over half a million are injured before they reach the ripe old age of 15.

Canada leads the developed countries in the accident rate for children under one year and for children between the ages of five and nine, according to the World Health Organization. More children die from accidents than from the next three causes of child deaths put together — congenital malformation, pneumonia and cancer.

Of 5,375 traffic deaths (in 1968) 826 were children under the age of 15. Of 1,289 pedestrian fatalities, 508 were children in the same age group. Again, of 1,087 drownings kids under 15 accounted for 31 per cent. Males outnumbered females by 5 to 1 in drownings.

Suffocation fatalities among infants, generally due to regurgitation of food or smothering in their beds, accounted for 54 per cent of all suffocation deaths.

In 1968 there were 682 fire fatalities and, of these, 206 were children under the age of 10.

Accidental poisoning took the lives of 24 children in 1968... under the age of 15 and 17 of these were kids under five. Seven were due to the misuse of aspirin and salicylates.

The most dangerous ages for child accidents are two and three. The worst times of the day are the late afternoon and the evening hours.

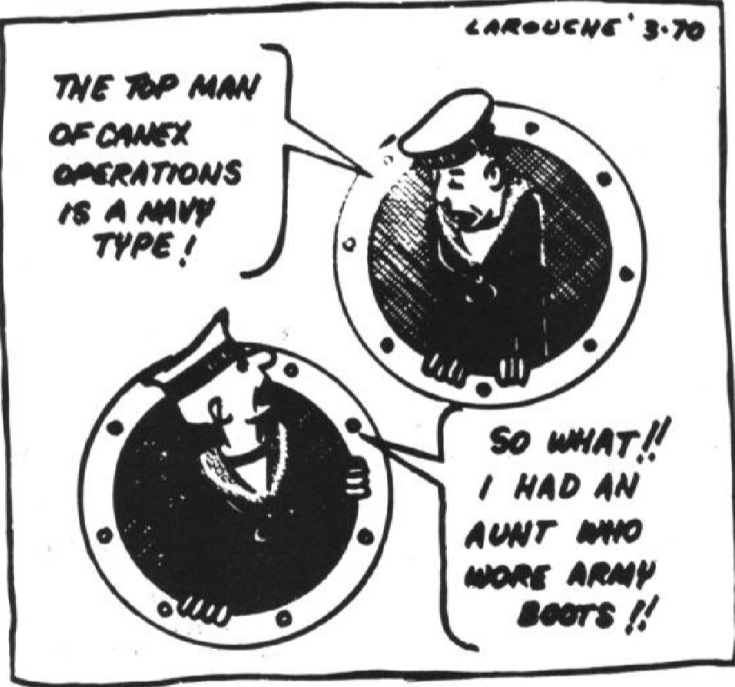
So there it is, those of you who happen to be parents. It's bad enough when disease strikes, but when a fatality or bad injury occurs for some preventable reason, it's doubly tragic.

As you read this, you're half-way through Child Safety Week. As you read this, somewhere in Canada some child has just been killed or injured. Or is about to be.

Yours, perhaps?

All of you blithe spirits will be going to see **Blithe Spirit**, we presume. This is your own base theatre club, Studio 22's presentation of one of the best comedies ever as only Noel Coward could do them.

This will be Studio 22's final production for this season. It began last night and will be running through to 10 May. Why not take the whole family? ... God knows there's little enough family entertainment in these days of sex, sex, sex. See you there.



# Voxair

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HEY MOM!!!!!!.....The grass is riz.. —Cold Lake Courier

## Larger pensions

It is the government's intention to introduce legislation to provide for increases in the pensions of retired public servants and the Forces. This proposed legislation has been fairly well publicized in the press and has caused so little comment from the field that we wonder if members realize the significance of it.

Subject to parliamentary approval a cost of living increase in our pensions of up to 2% may be granted annually commencing 1 Apr 70. The "joker" as far as the Services are concerned is that the escalation of our pensions does not start until we are 60 years of age. At that age, however, we receive the full increase of the intervening years between our retirement date and our 60th birthday. That will be a fairly healthy amount and should eliminate the possibility of our having to sell pencils on the street corners during our twilight years.

The two questions that immediately spring to mind is why 2% when the cost of living increase is closer to 5% and, secondly, why we servicemen have to wait until age 60 before we begin to reap the harvest. The answer to the first is that our pensions will be related to the Canada Pension Plan growth. Our escalation will rise or fall at the same rate, and at the same time, as the Canada Pension Plan. The answer to the second is that, since we retire much earlier than the public servant the increase in contribution for both the serviceman and the government would be prohibitive were we to benefit immediately on retirement. As it is, we're not getting something for nothing. Our pension contribution will increase by one half of one per cent.

The point, however, is that this is a very significant step forward in our overall benefits. The fact has been officially recognized that costs of living have far out-stripped fiscal pensions.

Watch this page for future announcement of the availability of a new and excellent book, "Is Your Child On Drugs?" Written in layman's terms, this book is approved by the Council on Drug Abuse and has the support of the Canadian Pharmaceutical Association. Selling at \$1.25, copies have been ordered by the base pharmacist and are expected shortly. We'll keep you posted on the matter.

## MILITARY UNIFORMS

The current fad among young people for wearing parts of military uniform, regimental insignia and medals, according to the Criminal Code of Canada, can lead to a court appearance and upon conviction, a fine of up to \$500 or imprisonment as long as six months — or both. Even musical groups who wear uniforms that could be mistaken for those currently in use by Canadian or other forces can be charged under the Criminal Code.

In the matter of uniforms, the code says anyone who wears a uniform of the Canadian Forces or any other naval, army or air force, or one that is so similar to the uniform of any of those forces that it is likely to be mistaken for it, is guilty of an offence punishable on summary conviction.

And, says the Criminal Code, it is up to the wearer to prove he is not trying to give the impression he is entitled to wear the uniform.

The Act also provides penalties for the wearing military medals, of ribbons, badges, chevrons or any other decoration awarded for war service or even an imitation likely to be mistaken for military service insignia, for which the person is not entitled.

Any young person who decides to wear his dad's old battledress jacket up the street is advised to take off the regimental shoulder titles, divisional flashes, ribbons, wings or anything else that denotes war service.

Recently in Ottawa a magistrate sentenced a youth found wearing a war service medal on a city street to five days in jail. In Kitchener, Ontario a youth hauled before the courts for wearing a 1939-45 star was told by the magistrate, "there are men in the world today who have suffered to win this medal... these medals are only to be worn by those who have given much to their country to win them."

The Law is equally severe with adults who wear war service discharge badges they are not entitled to and the offence carries a maximum penalty of a \$500 fine or six months imprisonment.

Although many people are under the impression that a son may wear his deceased father's medals on his right breast at certain functions, or a father may wear his deceased son's medals in the same manner, according to Queen's rules and regulations and the Criminal Code, this is not the case.

The practice is permitted at some Legion ceremonies, but the honours and awards section of the national defence department say there is no written sanction of this practice. A spokesman for the Department of Veterans Affairs says the department discourages this.

Even a war widow or the mother of sons lost in the war who wears her husband's or son's decorations and medals at Remembrance Day ceremonies is not doing so legally, although no action is ever considered in these cases.

If you want to wear to a fancy dress ball a uniform to which you're not entitled, make sure it is an obsolete one that could not be mistaken for a uniform currently in use. The National Defence Act is very explicit about this, as it is other uniforms used in theatrical productions.

The officer commanding a military company may give permission for uniforms currently in use to be used in the performance of a play where it is essential to the meaning of the work that certain actors wear uniforms.

But if the play is of such a nature as to bring discredit upon the service represented, the National Defence Act can be evoked and the wearing of the uniforms forbidden.

The Department of National Defence also keeps a sharp eye on advertising that uses uniformed figures or regimental insignia that might convey the impression the product is officially endorsed or exclusively used by certain elements of the Canadian Forces.

—The Legion

## Centennial Air Show

Did you know there's going to be a big Air Show this September as part of the Centennial celebrations? Planning is well underway and it sounds terrific. Voxair will keep you posted.

BY They keep almost sev like being miss the Al are always "No, I don't would tell good at tel wrong, I d new worl it is a wo learning n passes, and with my n not miss t all the frie years mak than the p street. It those year that the happened, Garth, Da Lord know I still lo airplane fl 71 wonder Who polish SAR Daks Where? wh it, Auto Pi of the wei to save search, an morning a to some n



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# What is it like being on civie street?

BY GARRY JOHNSON

They keep on asking me, even after almost seven months, "How do you like being a civilian?", or, "Don't you miss the Air Force", and my answers are always the same, "I love it", and "No, I don't miss it at all". My mother would tell you I always was pretty good at telling lies. No, don't get me wrong, I do love civilian life. A whole new world has opened up to me, and it is a world that I am constantly learning more about as each day passes, and I am very deeply involved with my new career, but to say I do not miss the air force is to say that all the friends I spent the last fifteen years making mean no more to me than the passing of strangers on the street. It is to say that I can take those years and say they never were, that the years in Europe never happened, that I don't know John, Garth, Dave, Sandy, Lorne, and Lord knows how many others.

I still look up whenever I hear an airplane flying over, and if it's a Dak 71 wonder to myself which one? 913? Who polished it this time? One of the SAR Daks? Is there a search on? Where? who went? What's wrong with it, Auto Pilot, RPM, Compass, or any of the weirdies that the pilots seemed to save for the return from a search, and want the kite the next morning at six for a "Training" flight to some northern lake? I think of the

many devious ways I was tempted in the past to sign out some of the weirdies too, but lacked the fool-hardy nerve it took, and retained the pride I had in my work.

As I begin the fifth day of my present six day work week, I think of the old "Seven-three-seven-four work week, when I used to gripe sometimes about losing a day off now and then. I don't get a week-end now, and I lost my Friday drinking night a few weeks ago, and now have my day off in the middle of the week, because my new employment is most busy on week-ends, and because I'm in a management position, I can't be spaced too often. That part of it is good, being a boss, I mean. It was hard to get used to at first, sitting on my butt, and giving orders, when the tendency was there to do the job myself. Some of my service training pays off here though. We used to call it Leadership. I learned to say "Let's get this done", instead of "Get it done".

I don't like having to do my own Income Tax return, or making my own Medicare payments, or taking my own pay cheque to the bank, or punching a time clock (I don't have to now, but I did for a while), or wearing a white shirt and tie, when coversalls were so comfortable, or being indoors most of the time now that summer is coming, or being unable to play cards once in a while when

things are slack, or reminiscing about the years spent in the Air Division, or St. Hubert, Borden, Centralia, or any of the countless places where "When were you there? I was there from fifty-nine to sixty-three".

I like having sideburns, wearing a parka to work in the winter if I want to, having my own plug in at work, even if I do not have to drive to work any more, getting paid every week, (the money seems to make it from pay to pay now), but even as I write, these things seem so trivial and unimportant now, when they used to mean so much, or so it seemed then. Well, it did give us something to complain about, you must admit that much.

Last summer, Sandy and I were eating lunch on the grass outside the hangar, when I said I was thinking about getting out. She looked across the field, pointed to the city, and said, "It's a big cruel world out behind that fence". She was right too. Promotion for me now is strictly on merit. No one was after my job as a Corporal. When I get a raise it is not because every one else got one, but because I, and I alone worked for it, deserved it, in the eyes of my superiors.

I once wrote a piece for VOXAIR titled "Morale and Leadership", in which I said, "Morale stems from good leadership and personal conviction, but these in turn are relative to

confidence, confidence in one's self, and in what you are involved". I should have condensed it and said simply, "Morale depends on Self". I have learned we cannot look to others for leadership, we must all lead, and we do this by self-motivation, in the Service or out of it.

Yes, I miss the Air Force, because it was fifteen years of camaraderie, of travel, of good hours and good pay. I miss it because you cannot pass off fifteen years of a life that is too short and pretend they never happened. And I miss it because I spent fifteen years in a comfortable niche, content to let others decide my fate, instead of working with all my abilities towards a goal. Remember Group Captain Symes from Camp Borden? The days may be gone when a fellow can work himself up from AC2 to Group Captain, but there is a classic example of Incentive, Personal Conviction, and Motivation. A corporal can be a Group Captain in spirit if not in rank; (Yes, I know we do not have Groupies anymore), all he has to do is ask himself, and answer with the truth: Who am I? What am I doing? What can I do?

I like civilian life. I know now who I am, and what I can do, and I'm doing it, I will do it. In the service, or out of it.

Know something else? They are still after me about my hair.

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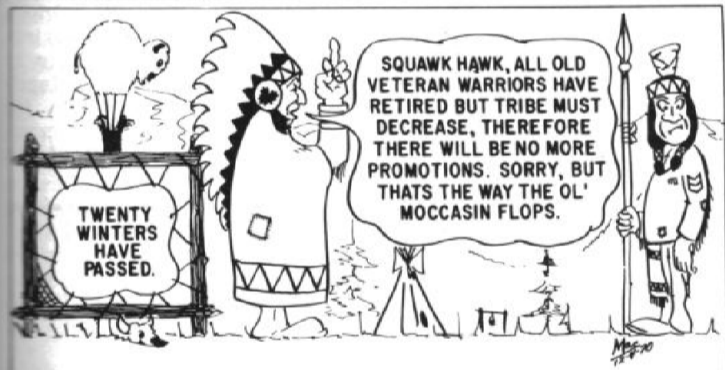
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-The Legion

OW

how this Septem- Planning is well- help you posted.



Dapper Dan says

## Stop that car thief

OTTAWA (CFP) — We've all heard of a serviceman coming in late for work because his car was stolen overnight or even in broad daylight.

Changing Times, The Kiplinger Magazine, offers this sensible advice:

- "Take the key with you when you park, even if you leave the car unattended for only a few minutes.
  - Roll up the windows and lock the doors if the car is to be unoccupied. Follow this same procedure even when your park in your own driveway or unlocked garage.
  - Remove car keys from coat pockets when checking your coat or hanging it in a public place.
  - Remove all keys but the one for the ignition when a parking attendant takes your car.
  - Put packages, briefcases, cameras, clothing and any other tempting items out of sight — don't leave them in full view on the car seat.
  - Keep doors locked when driving; desperate thieves won't stop at attacking a driver when he stops at an intersection or light.
  - Be extra careful when parked near theaters, movie houses, bowling alleys, night schools, etc. Thieves can easily figure out how long you'll be gone, making it even simpler to drive away in a car that was left unsecured.
- Do people heed advice such as this? A lot of them don't: the latest figures show three out of four stolen automobiles had been left unsecured, and in over 40% of them trusting owners had gone off leaving the key in the ignition."

## Letters

WHERE'S OUR MEDAL

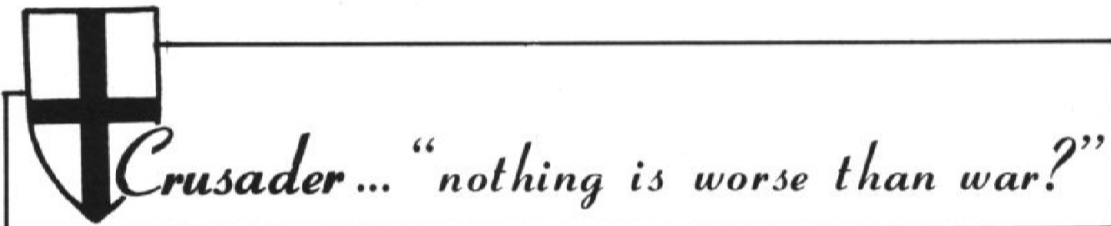
Editor Voxair,  
Since the year 1954 members of all three elements of the Canadian Armed Forces have served in both South and North Viet Nam with the MCCD to the International Control Commission, and since 1962 with the ICC in Laos.

In mid 1960 a Medal was made, and to be issued to all personnel who served with ICC. I have been told although the ribbon for the medal was issued the medal wasn't acceptable by the Canadian Government.

The reason for inquiring into this is that it is most embarrassing on parades where medals are worn and the Inspecting Officer notices the Ribbon but no Medal, and you have to explain just why not.

Could an inquiry to when the Medal will be issued be made through VOXAIR.

An EX Member of ICC



Winston Churchill said in his classic rhetoric "Nothing is worse than war? . . . Slavery is worse than war . . . dishonour is worse than war" and in the final analysis it is for this reason that Canadians stepped forward to be counted in '14, '39, and Korea days.

To a civilized people there are few thoughts as disturbing as the use of violence in resolving differences and yet we have always had to take cognizance of the fact that there are times when it is unavoidable if the very civilization itself is threatened by force from external sources or from within.

The years have been mercifully kind to our country in the latter regard. The present generation of servicemen have known only the occasional prison riot while our fathers may have experienced confrontation with strikers during the poverty of depression days. But emerging slowly is a new, terrifying and public acceptance of internal violence as the proper means of righting grievances and wrongs far far from the awful indecencies of slavery and genocide.

News items reporting bombings, highjackings, destruction of property, wilful injury and even murder seem more commonplace, and, what is worse, of apparently almost only fleeting interest to the nation.

The origins, the righteousness of causes, the apathy and the means of prevention are matters of concern to all of us as citizens but must naturally be contemplated on an individual and private basis. It is axiomatic that no federal department can express or even hold views since they are executive extensions of the lawfully elected government.

Violence, however, is our specific business. Behind the local, provincial and Federal police stand the armed forces as a last resort in the protection of our system of Government and

way of life. Many servicemen do not realize that looking for lost children or fighting floods or forest fires fall into the category of aid that may be provided to the Civil Authorities whereas the National Defence Act specifically requires the armed forces to respond to requests for aid of the Civil Power. The key word is power.

If the duly constituted forces of law and order are unable to suppress revolt and insurrection then the use of Federal troops becomes the people's sole remaining guarantee that total anarchy will not prevail.

There are very few officers and men in the forces today who have experienced the agony of this type of operation but they can describe and we can well imagine how repulsive the task must be.

To find that duty requires one to confront fellow countrymen at bayonet point is a thought that any serviceman can only contemplate with repugnance. He must appreciate that his own sympathy or antipathy for the cause of those he confronts, can have no place in his mind. For the purpose of the operation he must to all intents and purposes become an automaton. In no other field of endeavour does discipline assume greater importance and this virtue is certainly one in which we are supposed to be expert.

It behooves us therefore not to bury our heads in the sand in the faint hope that insurgency will either never come to pass, or that carefully trained land forces will be instantly available to cope with it.

This is an unenviable but necessary duty that servicemen of any element may one day be required to perform and we should contemplate the very real possibility so that if this bitter cup be handed us, in the established tradition of our forebears, we will not shrink from it.

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# Defence in the House

Mr. Corbin (Madawaska-Victoria)

1. During each year 1960, 1961, 1962, 1963, 1964, 1965, 1966, 1967, 1968, 1969 and to date in 1970, how many officers enrolled in the Medical Officer Training Plan have applied for release from obligatory service?
2. For each year (a) how many officers were granted a release (b) what are the names of the individuals, the medical school or university attended and their home address at time of release (c) what were the 10 most common reasons involved for release in order of frequency?
3. For each year (a) how many officers were refused a release (b) what are the names of the individuals, the medical school or university attended and their home address at the time of application for release (c) what were the 10 most common reasons for refusing to grant a release, in order of frequency?
4. What is the procedure to follow in applying for release through "normal service channels"?
5. Are officers informed that they may apply for release and are they told what the "normal service channels" are at the time of their enrolment in the MOT plan or subsequently?
6. What were the Medical Officer requirements in the Canadian Forces for each year 1960, 1961, 1962, 1963, 1964, 1965, 1966, 1967, 1968, 1969 and to date in 1970?
7. What are the terms or conditions of release from obligatory service?
8. (a) What formula is used to determine the Medical Officer requirements in the Canadian Forces (b) has that formula changed since 1960 and, if so, in what way?
9. How many medical students and interns are presently enrolled in the MOT Plan?

Reply:

- 1, 2 & 3. Records are not maintained in a manner which would permit this information to be readily identified.
4. An officer enrolled in the Medical Officer Training Plan seeking release submits a letter or memorandum to his base commander, through his university liaison officer, stating his reasons for requesting release. The base commander, or an officer delegated by him, then submits his comments and recommendations to Canadian Forces Headquarters for consideration.
5. Yes.
6. Annual requirements vary and depend upon a number of factors, such as the number of medical officers resigning or being released each year, the number graduating from the Medical Officer Training Plan and entering the Forces, manning levels, etc. Since integration in 1964, enrolment quotas for the Medical Officer Training Plan have been as follows: 1965-66 — 55; 1966-67 — 50; 1967-68, 1968-69, 1969-70 — 65.
7. An officer who, due to special or unforeseen circumstances, applies for and is granted his release at any time before the completion of a three year term of fulltime service as a medical officer (effective from the date he completes his internship) is required to reimburse the Crown for the total cost of academic and internship training, including pay and allowances and financial benefits granted, or such portion thereof as the Minister of National Defence may direct.
8. (a) Within the Canadian Forces, the establishment summary details the number of positions at each rank level that may be filled by medical officers.  
(b) Prior to integration in 1964, the requirement for medical officers was calculated for each of the three services, whereas now it is calculated in total for the Canadian Forces.
9. As of 31 March, 1970, 162 medical undergraduates and 49 interns are enrolled in the Medical Officer Training Plan.

Mr. McCleave (Halifax-East Hants):

Has the Department of National Defence or the Department of Supply and Services (or the former Department of Defence Production) carried out special studies to determine the costs of travel and accommodation of service personnel when ships of the Canadian Armed Forces leave Halifax for repair or refit in shipyards outside the Halifax area and, if so, who carried out the studies and what were the conclusions?

Reply:

Yes, a study has been conducted by Canadian Forces Headquarters and Maritime Command Staffs. Preliminary conclusions reached were that the number of crew could be reduced from about 100 to about 40 if the crew work package is contracted on a DDE. The studies are continuing in order to achieve a broader base of experience and establish final conclusions.

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**EYES RIGHT** — An attraction on Parliament Hill to just about everyone but the small fry in the foreground, will begin June 28 and continue daily through Labor Day, Sept. 7. Performing the ceremony will be militiamen from Ottawa's Governor General's Foot Guards and Montreal's Grenadier Guards, both reserve units.

(Canadian Forces Photo)

# Militia takes on guard change

The Changing the Guard ceremonies held annually in Ottawa will begin this year on June 28 and continue daily through Labor Day, Sept. 7.

There will be no regular force soldiers in the guard this summer. All 120 guardsmen required for the Parliament Hill performances will be drawn from Ottawa's Governor General's Foot Guards and Montreal's Grenadier Guards, both militia units.

Last summer reserve soldiers, mostly university students recruited specifically for Parliament Hill duty, successfully supplemented regular force soldiers for the first time. About two-thirds of the guard was militia.

The regulars were from the 2nd battalion of the Canadian Guards which in July will become the 3rd battalion of the Royal Canadian Regiment. So the reserves will take over the entire public duty themselves, assisted by a small training staff of regular force soldiers.

Both the Governor General's Foot Guards and the Grenadier Guards have recruited a full complement of reservists including backup — about 90 for each unit. Most are once again university students, but this year there will be no high school students. The majority of university students will be back for their second year.

The reserve soldiers start four weeks of training at Canadian Forces Base Petawawa May 19 with courses on a variety of military topics. On June 15 they will move to CFB Uplands to concentrate on practice for the Parliament Hill ceremony with the National Band of the Canadian Armed Forces.

## Manitoba Centennial Sweepstake announces June 30th Additional

# "Early Bird" Draw

## \$155,813.00

Tickets drawn will be assigned the name of a horse eligible to enter in the Manitoba Centennial Derby at Assiniboia Downs, July 15th.

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3rd place horse	17,000.
Remainder of tickets that draw a horse to divide	7,000.
70 draws \$207 each	14,490.

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5% to Centennial projects

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Activities of National north are h cooperation Jean Chr Indian Affa velopment. Yellowknife was made the Departu fairs and th Northwest

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# Yellowknife becomes Arctic command post

Defence Minister Léo Cadieux announced recently that the Canadian Forces will establish a permanent headquarters at Yellowknife, NWT, this year to coordinate increasing military activities in Canada's northern regions.

The headquarters will be organized during the spring and summer in Ottawa and move to Yellowknife in the fall. The decision to establish a headquarters in the north was announced last Sept. 19 in the statement outlining the restructuring of the Canadian Forces.

Activities of the Department of National Defence in the north are being carried out in cooperation with the Hon. Jean Chrétien, Minister of Indian Affairs and North Development. The selection of Yellowknife as the headquarters was made in conjunction with the Department of Indian Affairs and the government of the Northwest Territories.

Establishment of the headquarters is one of several steps being taken to strengthen Canada's military presence north of the 60th parallel, including the setting up of a small aircraft servicing detachment

at Frobisher, increased air surveillance coverage and year-round land and tactical air operational exercises.

The headquarters, officially designated Headquarters Northern Region, will be commanded by Colonel Ramsey Withers, 39, Ottawa, who will be promoted to brigadier-general on taking up his appointment later this spring. He will be responsible for co-ordinating military activities in the north including liaison with the Territorial Government. The headquarters staff will reach a strength of approximately 35 personnel by late 1971. Married personnel on the staff will be accompanied to Yellowknife by their families.

Small regional military liaison detachments were formed in February at Yellowknife and at Whitehorse in the Yukon to carry out liaison with territorial authorities and civilian agencies in these areas. The Yellowknife detachment will be absorbed by Headquarters, Northern Region when the latter is established in the fall.

A small detachment of air personnel from Maritime Command will be located beginning next month at Frobisher Bay



COL. R. WITHERS  
... northern boss

airport. Facilities provided by the detachment will permit Argus aircraft to operate from the airfield, extending the surveillance coverage of the Canadian Arctic Archipelago. Air hours on surveillance flights are being increased by 25 percent over last year.

Arrangements will also be made to operate Tracker aircraft on coastal patrol from Goose Bay, Labrador and Fort Chimo near Ungava Bay. These aircraft, which will continue to be based at Shearwater, N.S., have been deployed successfully to northern Canada on previous occasions.

Earlier this month the Canadian Forces began a series of ground exercises in the Arctic which will continue on a year-round basis. The exercises are designed to familiarize troops with winter and summer operations in northern areas. Next month The Canadian Airborne Regiment, based at Edmonton, will carry out a full scale exercise in the Coral Harbour area.

Approximately 400 Canadian servicemen are now serving in the north, most at the communications research stations at Alert and Inuvik. Others serve at DEW Line Establishments.

# Blow in my ear, and I'll post you anywhere

by Capt. C. F. Gilbert

What do you mean Centralized Career Management at TCHQ? You can't foot me, I happen to know that Centralized Career Management exists only at CFHQ, in Ottawa!

Fat lot you know!

For over the past two years TCHQ has been responsible for the Centralized Career Management of all new entry recruits from the point of enrolment into the Canadian Forces until qualification at pay level three at one of the many Training Command Schools or at one of the Training Schools of Maritime or Mobile Command, which conduct Basic Trades training. This responsibility was formalized in an instruction issued by the Chief of Personnel in May 1968 which detailed procedures concerning the PERSONNEL MANAGEMENT AND ACCOUNTING FOR BASIC TRAINEES (MEN), and in which TCHQ was granted full posting and career management authority for new entry recruits into the Forces.

In effect, TCHQ is responsible for training the man and deciding when he will be available for employment, while CFHQ is responsible for deciding where the man will be employed upon successful qualification at pay level three.

This initial direction by the Chief of Personnel resulted in the development of the TRAINEE CONTROL SYSTEM, and in the establishment of the Trainee Control (Men) section within the Personnel and Ad-

ministration Branch of the headquarters which is headed by LCOL E. S. Jackson. Major input into Trainee Control responsibilities are, of course, provided by Major G. F. MacCallum, senior Staff Officer Personnel Selection for the Command, who is also the Section Head.

Now to some nuts and bolts!

Some of the responsibilities of the Trainee Control (Men) section are, posting of trainees from recruit schools to the basic trade schools, loading of prerequisite and basic trade courses, control of contact training, control and authorization of trade reassignments and subsequent posting action, and last but not least, is the career management of trainees both within and without the Command.

As you can see — it's interesting and demanding!

The Trainee Control Programmers, the guys who do all of the bull work, often find it exasperating or frustrating but there is always a certain pride in accomplishing that which is impossible. Just ask them — Sgt. K. C. "Ken" Marbach, Sgt. J. R. "John" Welsh, Cpl. J. B. "Jim" Ritchie (that's Leading Seaman Ritchie, Sir!), and Pte. D. G. "Dave" Spratt. During the past two years they have handled over 20,000 new entry recruits, and they haven't lost too many, possibly one or two. A damn good example of an effective team working together to get the job done! And they know their business!

# Noise and you

by U. Koehler

The last time I ventured into the field of journalism from the relatively safe fields of Preventive Medicine, I received quite a few comments and questions about a sequel to the story. So if you will bear with me we shall explore this problem a bit more.

Defined noise as "Unwanted Sound", I also rambled on about decibels and then abbreviated it to "db". From the comments I received from some quarters there seems to be considerable doubt as to the exact meaning and value of a decibel.

So what is a decibel? Well one tenth of a bell — — —

Deci — 1/10 and "Bel" comes from Alexander Graham Bell, but one tenth of Alexander Graham does not mean very much does it? So you have but little choice to come with me into the realm of mathematics and remember some long forgotten facts or learn some new ones depending on your age.

A Decibel (db) is a logarithmic term. Now you may well ask what is a Logarithm or Log for short. To make it as simple and uncomplicated as possible a Log is the power of a number and the number is usually 10. Let me illustrate that:

Log 1 of 10 is 10<sup>1</sup> or 10

Log 2 of 10 is 10<sup>2</sup> or 10 x 10 or 100

Log 3 of 10 is 10<sup>3</sup> or 10 x 10 x 10 or 1000 and so on.

Now the questions is why do we use logarithmic terms in the designation of loudness of sound or noise? Well if we deal with sound or its relative "noise" we measure the intensity of volume first in Watts, and one Watt equals 1/746 of a horsepower. Therefore Watts designate energy and sound is energy. We measure light in Watts also.

The faintest sound the human ear can perceive has an energy of 0.000,000,000,001 Watt or 0.1 micro-micro-Watt and this is equal to 0 Decibels.

But on the other end of the scale one of the loudest sounds presently heard by our ears, that of a jet, a 707, taking off has an energy of 10,000,000 Watt or 10 Mega-Watt and this is equal to about 200 db.

I think if you look at those figures you will realize why we use logarithms to denote sound intensity. We must remember only one thing about Logs and that is this —

A sound of 20 dB intensity is not twice as loud as a sound of 10 dB but 100 times as loud, remember we deal with 10 x 10 not 2 x 10. So if you hear a sound of 100 dB you can figure out how much energy is pounding on your ears.

So much for today, next time I will talk about frequencies and how they relate to sound and your hearing.

And so endeth the second lesson.

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## Flight safety needs you

by Capt. Justin Ling  
Base Flight Safety Officer

"Needs me? You have to be kidding! I'm a cook/supply tech/transport driver/housewife/\_\_\_\_\_ (fill in the blank). How could I possibly have any effect on safety in flight. I can see where pilots and aircraft technicians have to be careful or they'll cause an accident. But me?"

With the Apollo 13 saga fresh in everyone's mind — perhaps its dramatic flight can illustrate how even the computerized conquest of space can be affected by the most mundane of mistakes. The results of the investigation are not yet available but it is strongly suspected that the explosion was caused by either a simple breakdown in plumbing or by fuel contamination. The experts theorize that the mistake was made far removed from the closely monitored environs of Cape Kennedy; Probably by some unknown worker who didn't even realize he was working in support of the moon-shot. But the reason for his error! — there's the rub — a quarrel with his wife, a queasy stomach, a misprint in instructions, — who knows or will ever know?

And how about that measles bit? Measles? A trivial childhood disease — but somewhere in the chain of events a careless person allowed the links to join and jeopardized one of man's great achievements.

So — back to you. If you or yours work with the CAF — you're close to where the action is! Your everyday living probably has an indirect effect on flying many times a year.

"OK, let's talk about me. I'm a cook in the Combined Mess. The only time I recognize pilots or mechanics is when they open their big mouths to complain. Real prima donnas — date stamps on their lunches, special menus, and, you won't believe this one, an extra special different lunch stamped "Captain" — WOW?"

Let's hope the next one's as easy to answer as yours. If you read or saw Arthur Hailey's "Flight Into Danger", you're already ahead of the discussion. In his story the whole plane's crew ate the same aged flight lunch and were all knocked out within two hours. Some women, children, and vacationing cooks had a real fun ride. Of course old Art had signed the "happy ending" clause and in his story (by the strangest of coincidences) a tall, dark stranger (who'd flown kites in his youth) strode out of the women's washroom (where he'd stabled his white stallion) and said "Yup — I figure I can handle this critter" — and he did! In real life — no way, Jose! Date stamps, different menus for pilot and co-pilot, and even different eating times are only some of the Flight Safety precautions to prevent (and that's our game) such occurrences. Incidentally, meals served at home or at the Mess can have the same unfortunate consequences. So food, and its handling, does have a direct effect on safety in flying. Whether you're a chief cook or a bottle washer you are directly involved in Flight Safety efforts.

If you are a cook, now you know! If you're in another trade — tune in next time when the moving finger traces the straight line from you to Flight Safety.

Oh Yes — to digress — did your boss brief your section on the Commander's Transient Service Award?



Dr. Stewart and the flying machine

## Look out Snoopy — Tiger Moth flies again

by WO Hal Nordin

Of the many and varied hobbies enjoyed by the masses, I would guess that one of the most exciting and rewarding would be the one demanding the spare time of Dr. C. Burton Stewart, a young practicing dentist of this city.

Doctor Stewart, along with his fellow enthusiasts namely Chief Justice George Tritschler, Dennis Carter, Ian Rollo and Duncan Marshall comprise the Red River Tiger Moth Club.

Over a period of two years: these hobbyists worked evenings and week-ends on the flying machine with a dedication second? only to marital bliss. It goes without saying, acquiring parts for such a project borders on the impossible — but — the word "impossible" doesn't appear in any dictionary used by these men so they proceeded and ultimately succeeded. Although the grand old machine still requires a few parts which if found will replace the baling wire, scotch tape, etc., she hit the air again a few weeks ago and performed like the old pro she is. And in authentic RCAF colours and markings as well.

Officially, his machine is De-Haviland Tiger Moth 82C which had its maiden flight in 1942 and was used by the RCAF as a

primary trainer. At the end of the war it was stationed at Medicine Hat, Battle Creek, Maple Creek and Calgary.

Dr. Stewart is the proud possessor of all the original log sessor of all the original 1 books which contain such remarks as: "The finest aircraft I've ever flown, I'd like to own another."

Readers will be pleased to know that the Tiger Moth, in all her glory, will be displayed and flown at Portage la Prairie in

July for Armed Forces Day. But, as I mentioned earlier, Dr. Stewart requires a few parts (finding parts, he claims, is like pulling teeth — as a Dentist, he should know), so if any readers know where he may find some and data on the Moth as well, he would appreciate being informed so that he'll be ready for Armed Forces Day. His address is:

Dr. C. B. Stewart,  
213 Tuxedo Park Shopping Centre  
TUXEDO, Man.

## US Army band to appear here with CAF National band

WINNIPEG (CFP) — The official United States Army Field Band and Soldiers' Chorus will appear with the National Canadian Armed Forces Band in two public concerts May 11 and 12 in the Centennial Concert Hall here, the Manitoba Centennial Corporation has announced.

Largest of nine major Canadian military bands, the Canadian Forces Band has 92 musicians. The band includes five sections: ceremonial, symphonic concert, serenade of

strings, ambassadors dance orchestra and heraldic trumpet.

The band was formed in July 1968, and is directed by Lt.-Cdr. William J. Gordon. It has twice toured in European music festivals and played at the opening of the National Arts Centre in Ottawa. An album of its music is available from Capital Records.

Nicknamed the "Kings of the Highway", the U.S. Army Field Band has travelled more than one million miles since its formation in 1946. In 1969, the band presented more than 400 concerts to an audience of almost two million people. Notable performances have included concerts at the "Man and His World Exposition" and "EXPO '67" in Montreal, the New York and Seattle's World Fairs, the Mormon Tabernacle in Salt Lake City and the Alaskan Centennial in Anchorage. The Soldiers' Chorus, under the direction of Sergeant Major Gene Coughlin, has also performed on network radio and television, and in motion pictures.

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# They did something about it

OTTAWA (CFP) — The forces aerial supply drop equipment didn't satisfy a base Edmonton warrant officer so he made up a better design.

They named it the Martel system after him.

WO Louis Martel earned \$770 in award money for converting the old system into a safer, simpler, more accurate and economical one while at base Rivers, Man.

He's one of 25 servicemen and national defence civilian employees who divided \$4,210 in award money according to the latest list released by the suggestion awards people here.

Unexpected flick rolls during high-speed stalls in some Tutor jet trainers was cause for concern. So base Moose Jaw's WO Ken Wilson produced the idea

of removing, checking and re-installing the leading edges of the trainers wings to cut down the rolling. He picked up \$640.

Replacing stepping switches in the Argus operational flight trainer's wiper and ratchet assembly is cheaper than replacing the assembly. Base Greenwood's Cpl. Darrel Jones thought so and received \$500 for the idea. He suggested the switches be "tagged" as a separate item in the supply shop. His effort saved the taxpayer more than \$4,000.

## WO's and Sgt.'s Entertainment

Everyone who attended the Bavarian Night thoroughly enjoyed themselves. The gala "festhalle" atmosphere was generated by the Continentals who supplied the music and floor show.

Entertainment for May features a Pig and Whistle Night on 16 May. Music and floor show will be provided by the Don Warren Trio plus one. There will be a bingo on the 9th of May. There will be 13 games plus a \$50 jackpot to go. The progressive jackpot needs 54 numbers or less (not 52 as stated in the calendar). Another bingo will be held 23 May.

Come to the Mess and enjoy yourselves.

## 427 wins bombing trophy

BADEN-SOELLINGEN, Germany (CFP) — The best practice bombing record for 1969 and a hot-shot pilot with a miss distance of zero feet has earned this base's 427 Lions squadron the Bradshaw trophy.

Big gun for the Lions' starfighters was Capt. Mark Fairley, no longer with the squadron, whose precision bombing on the range was instrumental in 427's bombing mastery.

The Lions won out over the other five Starfighter squadrons — 421, 422, 430, 439, and 441 squadrons based here and at Lahr.

The trophy goes annually to the top practice bombing squadron in the air division. Air Vice-Marshal D. A. R. Bradshaw was a former commander of the air division.

The results were compiled throughout the year by the air weapons unit at Decimomannu, Sardinia, where NATO's bombing ranges are located.



SPRING HAS SPRUNG. Green things are starting to grow again. This four leaf clover has this lad completely baffled though.

(photo by Boast)

## Hello... postings in

(TRAINING COMMAND)

	Unit	Posted From
Pte. Reynolds SC	Trg Svc/or	CFPSU Winnipeg
Capt. Plumbtree DW	Gen Trg	CFTE UNIV Manitoba
Maj. Flewelling EA	Ldr Spt	CFB Borden
Capt. Bowcott HJ	SOSECUR	CFB Borden
Maj Adams WH	Tec Trg	CFB Cold Lake
Cpl. Atkinson EN	Tec Svc	CFB Winnipeg
LCol Buckley RR	SSO CE	CFB Gagetown

## Goodbye... postings out

(TRAINING COMMAND)

	Unit	Destination
Cpl. Follette DB	FINA/OR	CFRC Det Saskatoon
Col. Poirier RP	Comd/Chap (RC)	MOBCOM/Chap (RC)
Capt. Purich DA	Ldr Trg	CFTE CFB Winnipeg

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## Busy summer for cadets

Canada's sea, army and air cadets will be busy studying and training this summer.

### ★ ★ ★ Some go abroad

About 250 sea, army and air cadets will visit and work in the Caribbean area, Britain, Europe and the United States on cadet exchange visits this summer.

One hundred cadets will tour east and west coast naval establishments in the U.S., while a similar number of United States sea cadets will be hosted at Cornwallis and Halifax, N.S. and Quadra, near Victoria. Ten sea cadets are headed for Britain August 7-23 with 10 British cadets coming to Canada.

For members of the Royal Canadian Army Cadet Corps, six master cadets will train in Wales at the army outward bound school, Morfa Camp, Towyn, July 11-16, while a similar number of British and seven U.S. Ranger cadets will train at the Banff, Alta., national army cadet camp. Twenty-seven army cadets will go to Jamaica, 17 to Barbados, 27 to Trinidad-Tobago, four to Grenada and four to Guyana on July 23 and Aug. 15.

Of 62 air cadets visiting other countries this summer 15 will see Britain, 27 are going to air installations in the United States and two each are going to Norway, Sweden, Holland, France, Belgium, Germany, Switzerland, Spain, Israel and Turkey.

Training will include general military subjects, physical fitness, and range firing practices with time for touring and sight-seeing.

Close to 3,000 sea cadets will attend courses leading to bandsman qualifications, leadership, general training, boatswain, physical and recreational training and aircraft trades at bases across Canada.

Canadian Forces Bases Greenwood, N.S., will host 1,650 air cadets, Bagotville, Que., 2,000, Penhold, Alta., 2,500 and Trenton, 1,600, where the boys will take a variety of courses including flying training. At CFB Edmonton ground search and survival courses will start July 13 and 20.

The national army cadet camp at Banff, Alta., will operate from July 5 to Aug. 15 conducting an advanced cadet leader course for 274 army cadets, six British cadets and seven U.S. Ranger cadets.

This is an "award" camp for master cadets whose character, scholastic standing and leadership qualities in their individual corps have won for them a training holiday in the Rocky mountains. Included in the course will be general military training, trail riding, hiking, swimming, mountain climbing and conducted tours to points of interest in the park area.

Another 80 cadets will meet at Connaught Ranges, near Ottawa, from August 8-15 for the Dominion of Canada Rifle Association annual matches. These cadets are the top candidates who have attended the cadet leader rifle coach courses held at bases Calgary, Borden, Valcartier and Gagetown.

The top 16 cadets at DCRA, competing in the Bisley aggregate shoot, will form the Royal Canadian Army Cadet Bisley team for 1971.



**DOUBLE JACKSTAYING** — A method of transferring a man from one ship to another is performed in duplicate as this trio of helicopter-destroyers, HMCS

Margaree, left, Skeena and Annapolis cruise the Caribbean during this winter's Exercise Maple Spring.

(Canadian Forces photo)

## New councillors named

Come next Community Council Meeting, things will look a little different around the long table. Capt. G. R. Lathrope will represent Ward 1 as its new Councillor. Capt. Lathrope replaces Capt. Blythe who is retiring. Capt. Nixon (3 RCHA) of Ward 3 has been posted to Halifax, and is being replaced by Capt. Ted Chambers. In Ward 7 Cpl. Phillips was replaced by Cpl. Marcel Beaudry, who is also the Sports Councillor. Capt. Don Breer extends, on

behalf of the council and the community, his sincere thanks for a job well done, to those who have left the Council. To the newcomers he says "Welcome aboard" And that goes for the remainder of the Council as well.

Wards 4 and 6 are not represented by councillors, and it is hoped that this situation is corrected shortly. Anyone who is interested in serving on the CFB Winnipeg Community Council are asked to contact Capt. Breer at local 650. No previous experience required, just patience.

## Dental I.Q.

BY CAPT. D. M. HODGES

Last week the nature of tooth decay was discussed. One of the major ways of preventing tooth decay is by cleaning your teeth. The question this week is:

**Question: What is the best way to brush our teeth and how often should it be done?**

**Answer:** The method of toothbrushing recommended by most dentists is to brush as they grow." That is brush the top teeth down and the bottom teeth up. Place the side the bristles of the brush on the teeth and rotate the brush so that the bristles sweep from the gums down (or up) across the sides of the teeth. This type of sweep action is done on both the cheek and tongue side of the teeth. By brushing the gums as well as the teeth, the gums become stronger and more resistant to infections. Most of the foods we eat are too soft to adequately stimulate the gums. Pieces of food are removed from the biting

surface of the teeth by the usual forward and back action. Pre-school children should be helped in brushing their teeth, while junior grade children should have their teeth checked after brushing to see that all pieces of food have been removed.

The teeth and gums should be brushed immediately after eating and at bedtime. After eating includes snacks as well as meals, particularly if the snacks include soft sweet sticky foods such as: jam or jelly sandwiches, cake, candy, chocolate, cookies, or pie. It is more important to brush after a snack of iced chocolate cake than after a meal of bacon and eggs. For those who are unable to brush after eating, snacks of sweet sticky foods should not be eaten and the meals should be concluded with a drink. "Swish and swallow". The teeth should be brushed a minimum of twice a day; before or after breakfast and at bedtime even if bedtime is 3 a.m.

## Mickey does it again

LAHR, West Germany (CFP) — Mickey, the two-year old dachshund and pride and joy of Corporal Donna-lu Carroll has again been named top dog of her class at an international dog show.

The show at Karlsruhe featured more than 500 dogs from five different countries. Dachshunds come in three classes; long hair, rough hair and short hair and Mickey won the short hair division as she did last fall in a show at Bexbach, Germany.

What made this contest doubly satisfying was that one of Mickey's nine-month old pups came first in the baby division.


Corporal Carroll, who works in the central registry at air division headquarters here, plans to enter Mickey in Germany's top dog show in May.



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**WAGON WEST** — Base Portage's contribution to Manitoba's centennial, a replica of the old Red River cart, gets a work-out on Parliament Hill with the country's top man at the reins. With Prime Minister Trudeau are Winnipeg Liberal MP, E. G. Osler, left, and minister of supplies and services James Richardson, right. The cart is being horse-

drawn to Portage la Prairie from Joliette, Que., Portage's sister city. Handler, Bruce Strand, right, and a stable attendant lead Dolly, and cart under the peace tower arch. Insert Cpl. Ron Strand, a cook at base Portage, presents prime minister with Manitoba centennial ash tray.

**WELL HELLO DOLLY**

**Mare causes stir in Ottawa prior to 1,600 mile centennial trek**

OTTAWA (CFP) — Maybe Dolly isn't fond of civic receptions. She reared back and threw a couple of shoes on the way to one at city hall here April 17.

Dolly is a 14-year-old mare making the long trek back home to Portage la Prairie, Man., pulling a replica of the province's famed Red River cart. The 1,600 mile journey began April 10 at Joliette, Que., sister city to Portage.

The incident happened in down-town traffic when a sudden squall blew up swirling dust and paper in the air. Dolly spooked and charged off. Driver Bruce Strand was leading her by the bridle but the 35-year-old taxi driver said she just reared up and bolted down the street. He was sandwiched between the cart and a police car escort and thrown beneath one of the cart's wheels. Luckily, Strand suffered only minor chest and arm injuries and able to continue the trip.

"We don't know what caused her to bolt," said base Portage welder, Cpl. Sid Schofield, one of the trio making the trip. But he suspects it was the wind squall.

The mare didn't get far be-

fore tangling with a telephone pole. Except for the loss of two shoes, she was unhurt and damage to the wagon was minor.

Third member of the cart's crew and the man who gave birth to the twin city trek, is Bruce's brother, Cpl. Ron Strand of base Portage.

Before leaving Ottawa the following Monday the trio, without Dolly, called on Mayor Ken Fogarty and presented him with a centennial souvenir ash tray. Later in the morning they received a send-off from Prime Minister Trudeau at the peace tower.

The prime minister chatted with the three adventurers and accepted a centennial souvenir ash tray from Cpl. Strand. He later took the reins and treated E. B. Osler, Winnipeg Liberal MP, and minister of supplies and services James Richardson to a spin on Parliament Hill. Dolly was in harness and on her best behaviour.

"It took a week and two axles to make the trip from Portage to Winnipeg in one of these," said Cpl. Strand as he explained the unique points of the cart to the prime minister.

The 800-pound, 16-foot cart is an exact replica of the sturdy rigs that plied the prairies 100 years ago. It was built by WO Buzz Bratton and Cpl. Herb Jamieson at base Portage with help from a Poplar Point, Man., resident employed at the base. It's a hand made effort right down to the wheel hubs and no steel devices were used. The wheel spokes are dove-tailed and the rims fastened with rawhide strips.

There's a fifth member of the party — sne's Dolly's nine-year-old partner, Lady. When not spelling off Dolly in harness, she's relaxing in a truck-drawn horse van.

Next stop on the journey was Carleton Place, Ont., 30 miles south west of here. Their goal is 30 miles a day.

Cpl. Strand doesn't anticipate more impromptu performances by Dolly and has no special plans for getting through places like Kingston, Toronto or Winnipeg. They hope to make Portage by July 3.

Cpl. Strand is also hoping there'll be no more sudden wind squalls, especially while passing through cities!

**Demand for Bonnie is zero**

Attempts to sell HMCS Bonaventure as an operational aircraft have been unsuccessful and the ship will be turned over to Crown Assets Corporation for disposal this summer.

The Bonaventure is now en route home from Norway carrying equipment used by the Canadian contingent in NATO exercise Arctic Express. When she returns to Halifax April 25, she will be stripped of all classified equipment, armament and fittings which can be used as spares for the rest of the fleet. By July all consumables, including ammunition, food and fuel will have been removed and the ship ready for disposal.

The decision to take the Bonaventure out of service was announced last September.

**To publish defence quarterly**

TORONTO (CFP) — The Baxter Publishing Company of Toronto has announced plans to begin publication this fall of a quarterly on defence and foreign affairs.

John Gellner, well-known defence analyst and editor of The Commentator, will be the editor of the new publication to be called The Canadian Defence Quarterly.

The publisher, William Baxter, says the quarterly will feature articles of particular interest to members of the Canadian forces, regular and reserve,

and he is soliciting articles from members of the forces. Articles will be published in the language in which they are written, either English or French, and will be paid for on a sliding scale.

Although an independent publication, the defence minister and the chief of the defence staff have assured the publisher

of the department's cooperation as they believe the publication will provide a useful forum for discussion of military affairs.

Subscriptions will be \$8 a year with a 25 per cent discount for bulk subscriptions of 25 or more.

Additional information can be obtained from the publisher at 220 Bloor St., West, Toronto.

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Another win for CFB Rifle Club

CFB Winnipeg sharpshooters took first place, winning the Whitehall Trophy with a score of 944 out of a possible 1000. Single high score was Sgt. Henderson of TCHQ with a score of 191.7. Par-

ticipating were Royal Winnipeg Rifles, 18 Medical Corps Camerons of Canada, Pinawa and the U. of M.

Photo by Hoover

### Voxair Delta takes first

By Bev Lawson & Bill Merchel

In past weeks the Voxair Delta people have distinguished themselves in many ways in many areas. Beginning with a successful ice racing season the Team has gone on to wins in both Rallies and the recent Timers Autorama.

In Rallying the team of Barry Ivison and Gilles Poirier in Ivison's Camaro took Second Overall and First in Press Class at the Annual W.S.C.C. Spring Thaw Rally and, more recently, Sixth Overall and First in Press Class in the W.S.C.C. Presidents Rally. In this latter contest they pushed Gilles Poirier's 'equipped' Volvo through muck and mire to edge out the other Voxair Delta entry of Bill Lawson in Bev's 'Hemi' Charger. Bev and Bill ran Eleventh Overall and Second in Press Class, nipping the Tribune duo in the latter stages. It was noticed that there was a marked difference in points against between the equipped entry and non-equipped entry (Ivison and Poirier being equipped) and for this reason the team has ordered three Halda Speed Pilots for use in future competitions.

Sunday, April 26th saw the wrap-up of the Annual Timers Autorama at the Winnipeg Arena. As in past years the show was a tremendous suc-

cess due in part to the great amounts of work put in by the organizers and in part to the calibre of the entries. Voxair Delta's entry of four competition vehicles, walked away with the trophy in First Overall Team Entry. The entry itself consisted of Doby Dobrostanski's Cooper, Gary Wilson's Formula "V", Art Klan's Kastner equipped TR4A and the Melstead "Funny Car", a 427 Cyclone running "B" altered (P.S. — It's for sale if you are interested).

Voxair Delta, recently instituted into the Base Recreation programme, has its own plans in some of these areas. For the past two months Bill Merchel and Bev Lawson have been burning the midnight oil in an attempt to create a tricky, non car braking, novice type rally and an extremely devious auto skill test. The Skill Test, to be held at the F.O.B. parade grounds (permission pending) will be in conjunction with the massive CFB Winnipeg Sports Day June 13th and the Rally will take place the following day (Sunday, June 14th). Both competitions will be open to anyone holding a current driver's licence whose vehicles can pass all safety standards. The Voxair Delta "100" (since it is a Centennial Rally on a Centennial Year) is to be an annual affair and, it is hoped, will attract



JUST A SMALL PART of the award winning Voxair Delta display. The display itself was subsidized greatly with accoutrements from both Para Rescue and Safety Systems to whom we are most grateful.

Photo by Curry

entrants from all over Manitoba. There will be categories for Military personnel, students, women's teams, press entries, and non-novice entries in both contests and, in the case of the Rally, since it is primarily a novice competition it will be run non-equipped. Watch for more information on these two events in the very near future. In the meantime find a partner and brush up on your navigation.

In closing this article we would like to give particular thanks to Mr. Bill Balaka, District Manager of United Delco AC and a great promoter of vehicle safety and maintenance, who since the Team does use AC parts, has become fairly godfather by sponsoring the Team in part with United Delco AC products. Also, much thanks to Mr. Harry Morse, a distributor of another product Voxair Delta uses extensively (at the right time and

place) for his company's support of our endeavours. When you see the team in their "T" shirts this summer, take a good hint and "Join the Club". The product is of course "Club". They call it "Manitoba's Own", this may be the case . . . it is sure Voxair

Delta's and W.S.C.C.'s 'own'. Remember to keep an eye out for the Rally and Gymkhana information and also a new column by team member Graeme Warren on cars in future issues. Till — keep your eyes open! !



ART KLAN'S fully Kastnerized TR4A — just one of the many excellent cars on display at the Autorama, will be driven in National and International competition this year by Pat Barry and Art himself.

Photo by Curry

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Cliff Boyd MWO Retired)



# Spacewalk 2 countdown begins

Thirty-nine days from today I had better have myself in good shape. On that day, June 13th, I will attempt the longest trek of my career, 100 miles. In spite of what my good friend Doug Blais predicts, I probably won't go to the Portage and return route. Rather, I think the southern exposure would be nice, so I will likely take the Carman road this year. This time it will be an "out and home" affair so the Bldg 90 Rec Centre will be start and finish point. All and sundry who wish to join in the jaunt are heartily welcome.

S.P.A.C.E. which stands for Special Projects Assisting Community Enterprises has some new innovations this year. Number one change by the SPACE-walk Committee is that there will be no pledges this year. They feel, and rightly so, that the community is entitled to something for their money. Tickets will be sold at 25c each, and substantial prizes given to the draw winners. Just by coincidence, the SPACEwalk takes place on the same day as the annual CFB Winnipeg Sports

Day, and with any kind of luck I should be back before the day programme is finished, so the draw may be held fairly early. Which means that I'll have to start my walk at about 1 a.m. Gad!!

All monies received for this project will be turned over to Capt. Don Breer and the Community Council, and you may be sure that it will be put to good use on both the South and North sites. As you can see, many of the details are not yet complete, but have patience. By the next issue, everything should be in order. You know, like tickety-boo.

## RCR's keep British title

YORK, England (CFP) — Cagers of 2nd Battalion, The Royal Canadian Regiment have retained the British Army's basketball Crown by defeating Britain's electrical and mechanical engineering school 75-61 at Fulford Barracks here March 15.

It was the second straight title win for the Canadians who upset Britain's 16 parachute Brigade last year.

They fought their way to the British Army finals by taking the British Army of the Rhine title at Roberts Barracks gymnasium, Osnabruck, Germany, in February. In the BAOR play-downs, the Royal Canadians crushed teams from Britain's 28 signals regiment, 3rd royal tanks, 3rd royal horse artillery and 39 missile regiment. They routed the British signallers in the most lop-sided match, 160-20.

## Kingston regains volleyball title

ESQUIMALT, B.C. (CFP) — A strong Kingston base volleyball sextet won the forces 4th annual volleyball championship here April 18.

They did it at the expense of the 1969 champs on their own courts.

The Ontario team took two straight from the "west coasters" in the finals, 16-14 and 15-10. Earlier in semi-final play Kingston knocked off base Calgary in two straight games. The Esquimalt Vs CFHQ semi-final went to the wire with Esquimalt winning the best of three series two games to one.

It was the third title for the Kingston crew. They won it all in 1967 and 1968.

Voted the tournament's most valuable player was Lt. Ken Benoit of the base Greenwood entry. Benoit, 22, is an armament officer at the Greenwood base.

### FINAL STANDINGS

	Won	lost	points
*Kingston (zone five)	15	6	15
Esquimalt (zone one)	15	6	15
Calgary (zone two)	15	6	15
*CFHQ (zone four)	10	11	10
Soest (zone nine)	10	11	10
Greenwood (zones 7-8)	10	11	10
Bagotville (zone six)	6	15	6
Gimli (zone three)	3	18	3

\*Finished first and fourth by virtue of more points scored.

### CANCER'S 7 SAFEGUARDS

The Canadian Cancer Society recommends these Seven Safeguards to help prevent cancer: For everybody: Have a regular medical check-up; don't smoke cigarettes; have your dentist check for unusual conditions; arrange with your doctor for a bowel examination; avoid excessive exposure to sunlight. For women: Practice regular breast self-examination; have a regular Pap test. For more information contact your doctor or your local unit of the Canadian Cancer Society.

## REC CENTRE NOTES

During the period from 1200-1300 hrs the demand for the daily use of WESTWIN GYMNASIUM by both Joggers and Badminton players has increased far beyond the saturation point. The result has been Joggers "Jiggling" Badminton players and Badminton players "Bashing" Joggers.

Why such a sudden influx? There are two reasons — basically:

The desire of many personnel to get in shape for the Physical Efficiency tests. Many personnel must work out on their own time, as section work loads do not permit their absence during working hours.

It is obvious that we must increase our facility capacity wise over the noon hour period, consequently:

Effective immediately and until further notice the following regulations will apply:

**WESTWIN GYM** 1200-1300 hrs — MONDAY through FRIDAY — BADMINTON PLAYERS ONLY.

**BUILDING 21** 1200-1300 hrs — MONDAY through FRIDAY — JOGGERS only. (Also 1/4 mile track.)

Facilities and equipment available dictate this arrangement and it is not without its advantages to participating personnel.

The inserts for the badminton posts in Building 21 are not secure and are unsuitable for current equipment. Jogging is easier in Building 21 — only 12 laps to a mile as opposed to 18 in Westwin — less turning.

No interference from other activities in either buildings. Greater numbers can be accommodated in both areas.

Sure we have no SAUNA BATH in Building 21 but then whoever heard of a SAUNA BATH building muscles or contributing to cardio respiratory endurance.

Please bear with us, we are trying to accommodate — not hinder.

### MGA MEMBERSHIPS

This year, members of the CFB Winnipeg Golf Club can participate in MGA sponsored tournaments. However, in order to participate, members must belong to the MGA. (Personnel can join CFB Winnipeg Golf without joining the MGA).

In order to join the MGA, the member must pay \$2.00 in addition to the normal \$2.00 membership fee.

The benefits of joining the MGA are:

1. MGA card allows members to have an official handicap calculated.

2. It is a nationally rated handicap and will allow members to play in tournaments across Canada. (e.g. while you are on leave)

3. "COURTESY VISIT" value on the majority of out-of-town courses i.e. member can play by paying green fees only rather than having a member of the host club introduce him.

MGA membership cards will be on sale at the ASTRA CREDIT UNION effective the 20 April 70.

### SOFTBALL UMPIRES CLINIC

Portage la Prairie is hosting a SOFTBALL UMPIRE CLINIC the 13, 14 and 15 of May. All CFB Winnipeg personnel wishing to attend this course are requested to contact the Recreation Orderly Room as soon as possible. No requests will be accepted after the 7th May. The Base inter-section softball league needs umpires. Why don't you qualify.

Three-year-old Cathy Woodley of Burlington, Ont., knows cancer can be beaten because at the age of nine months she beat it. The Canadian Cancer Society needs funds to sponsor more research into the causes and cures of cancer and to multiply little Cathy's story many times.

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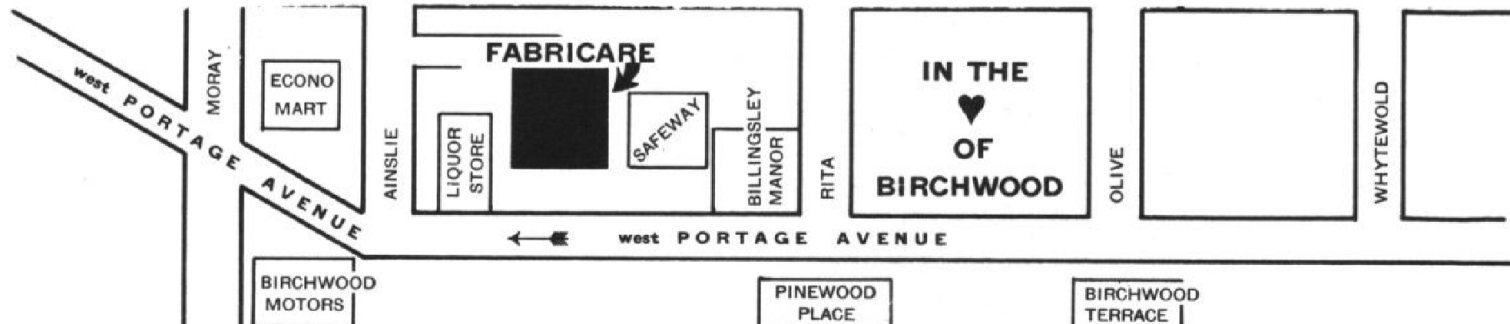
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AVAILABLE 1 JULY. 3 BR home with rec. room in Crestview area. Mortgage 6 1/4% P.I.T. \$123.00. Convenient to schools and buses. Private sale - no agents please. Ph: 837-7103.

30-30 WINCHESTER Carbine with rack & cleaning kit - \$90.00. 12 ft. Gamefisher fibreglass boat c/w swivel seat, canopy top, anchor & only weighs 102 lbs. - \$300.00. 6 HP Viking engine with gas tank - \$285.00 or \$550.00 for both. 5 gal. boat tank - \$20.00. Two 650 x 15 studded w/w tires - \$20.00. Volkswagon Stn. Wagon roof rack - \$20.00. 1969 Volkswagon, A.T. c/w fuel injector, back-up lights, disc brakes, rear defog, B.H., trailer hitch, heater and still on warranty, available 15 May - \$2,600.00 or best offer. Phone: 622/727 or 837-8822.

EARN EXTRA income by distributing cleaning products or holding home demonstration parties. Phone-837-8621 for appointments.

MIRANDA AUTOMEX III 35 mm single lens reflex camera with Auto-Miranda 50mm Fl. 9 lens. Asking only \$120.00. Ph. Cpl. Bud Elliott at local 236.

12 FOOT PLYWOOD-fibre glassed boat in first class condition. Also light boat trailer complete with winch — new. Ph. local 798 or 832-1056.

FULL SIZE MAN'S CCM bike — A1 condition. Ph. local 798 or 832-1056.

DELUXE "ROAD Knight" Camper Trailer 6 1/2'x8'x2'. Unit unfolds into a roomy 14' x6 1/2'x7' tent for sleeping 6 adults. Included 9'x15' zip on dining shelter and 2 foam mattresses. Phone 888-1591 after 4:30 p.m.

1967 CHEVROLET Impala, 4 dr. H.T., A.T., P.S., V8, P.B., radio, W.W. tires, wheel discs, Ph. local 376 or 837-8501 after 5 p.m.

KLONDIKE HARD-top Camper sleeps six, 3-inch mattresses and covers, canopy, spare tire, built in table and bench with cushions, curtains, camp stove and stand, 2 double sleeping bags, etc., new \$950., sell for \$500. Ph. 339-1755 or leave message at local 247 for Cpl. LaHaie.

**VOXAIR VIXEN**



"COME ON, how about joining the Voxair staff, honey" says Vixen Gladys Wirth.

(photo by Hoover)

**FOR SALE**

5-825x14 TIRES approximately 15,000 mi. Price \$20.00, Phone 489-9784.

ARBOR BENCH TILT saw with attachments. \$100, Ph. 832-6408.

16" PUSH LAWN mower and hedge clippers, \$14.00 complete. Heavy duty universal bumper hitch \$7.; FM outdoor radio aerial \$8; 5 stools, 25" high \$12.; 4 kitchen chairs \$8.; electric bottle sterilizer, new condition \$7.; Ph. 889-2452.

MGB FIBREGLASS factory hardtop, studded snow tires, chrome front bumper protector, factory workshop manual, etc., \$125.00, call local 597 or 888-9538.

LADIES' BICYCLE, new condition, \$20. Ph. 832-2580 after 5 p.m.

BOYS' RALEIGH bicycle, 24 inch wheels, very good condition, \$25.00. Simpsons-Sears Utility Trailer, very good condition, Ph. Cpl. R. Barker 837-5793.

1969 CORTINA Station Wagon Deluxe; 1600cc, A.T., radio, 6 white wall tires including two studded tires with 2 additional rims. Has 2,800 miles and just had initial 6 month warranty check. Excellent buy at \$2,400. Ph. local 531 or 889-2978 after 5 p.m.

1 GYM SET \$8.00, 1 girl's beige coat, size 10 or 12, \$2.00, 2 bunk bed spreads \$5.00. Phone 837-7122.

1965 IMPALA V8, PS, PB, radio, A.T., white with black vinyl top, red interior, 2 dr. H.T. Good condition. Ph. 774-1236 and ask for Mr. Nickel.

**FOR SALE**

GIRL'S BICYCLE, JC Higgins 24 inch wheel, white wall tires, chrome fenders and rims. Gold color, carrier and kickstand included. \$25.00. Cpl. H. Koldyk, 105D Canso St., 832-1683.

68 MUSTANG, APPLE green, with custom black interior, PS, PB, V8, AT, radio, wide ovals, 15,000 mi., \$2,800. Set of drums, mother of pearl finish, throne included, \$120. Kepplar Tradewind sailboat, 14'3", 95 sq. ft. of sail marconi rigged, like new \$600.00. Have just installed new carpet, will sell the carpet taken up for \$50., approx. 40 sq. yds., ideal for cottage or bedrooms, 4 years old. 39" headboard, white and gold vinyl \$5.00. 22 Cal. single rifles, Cooey and CIL, \$12.50 each. Air rifle, Diana, \$8.00. New Bissel dry rug shampooer, \$7.50. Twin laundry tubs, metal \$15. Outdoor gym set, \$12. Seinag typewriter, mechanic's special \$10.00. Ph. 837-6903, after 5 p.m. or Cpl. R. Marsden, Local 316.

AIR FORCE MESS kit for sale. New condition. Ht. 6 ft., Wt. 185 lbs. Call 489-5759.

KENMORE VISE-matic wringer washer. Excellent condition. Ph. 837-3347.

COTTAGE FOR SALE or rent. Lu River, Pinawa Bay, block 4, lot 7. Phone evenings 589-9755.

62 VALIANT, \$250. Needs minor repairs. Phone Sgt. Deics, local 529.

**FOR SALE**

1968 SHASTA LOW Flyte trailer, excellent condition. 3 burner propane stove with oven, propane fridge, 20 gal. water tank, 12 volt and 110 volt lighting, electric brakes, etc., sleeps 6. Ph. 837-1881.

1966 HONDA CB160, black and chrome, excellent condition, 2000 miles on new engine, \$325. Can be seen at 56 Leicester Square.

CRESTVIEW, WELL built 3 bedroom bungalow with L-shaped living dining room, fenced, side drive, excellent location. 6 1/4% mortgage, P.I.T. \$120.00. Asking \$23,500 with \$11,000 down, 185 Ridley St., Phone 837-4866.

**FOR RENT**

SUBLET — 3 BR. Townhouse, 5 min. from CFB Wpg., 1 1/2 baths., fully carpeted, washer and dryer, drapes in LR, coloured stove and fridge, full dry basement, close to bus and school, 3 month left on lease. Avail. 3 July, \$180.00. Ph. 888-0597 after 5.

**FREE**

MEDIUM SIZE MALE dog, all shots, good watchdog and good with children. Ph. 832-5701.

**WANTED**

WANTED TO BUY — one lady's bicycle, good condition. Ph. 832-5701.

REGISTERED SIAMSE kittens — champion stock — four wks. old. Ph. 832-3809 anytime.