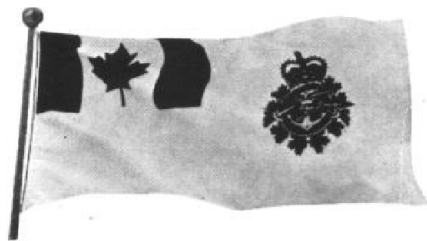


Postair

Following the Canadian Forces



Happiness is having a plug-in

Volume 19, No. 2

CANADIAN FORCES BASE, WINNIPEG

January 28, 1970

Travel rates are higher

Whether a deal on travel expenses became a Christmas gift of sorts for the military man who had been on the move on or after 1 November, CANFORGEN 225, 29 December, carried details of amendments to the regulations in QR&O and related CP&Os.

Train accommodation, car mileage rates and rates for meals and lodging are up; tolls and parking charges are allowed.

Daily travel rates have risen to \$20.50 in Canada, and to \$12 outside Canada.

When an officer or man is on TD at one location for more than 30 days, the rates are \$7.50 in Canada or \$8.50 outside. However, a commanding officer can authorize a greater daily amount for the first seven days of that period provided it does not exceed the \$20.50 in Canada and \$12 outside.

If provided with rations and quarters, an officer now will receive \$2 a day for 30 days, a man of sergeant rank or higher \$1.50, and corporals and below, \$1, on the 31st day and thereafter. The rate drops to \$1 for officers, 75 cents for men higher than corporal and 50 cents for corporals and below.

No officer or man in privately-arranged accommodation now is entitled to \$6 for each night without a receipt being required.

If not entitled to the per diem rates, meal rates are \$1.50 for breakfast anywhere, \$2 in Canada for dinner and \$4.50 elsewhere.

There is a sliding scale of private car mileages ranging from 16 cents down to 10 cents, compared to the previous 9-cent rate, and a flat five cents a mile instead of the old three-to-six-cent scale where an officer or man asks to use PMC on TD.

Peters succeeds Hockney

At least, can never recall being without, though there were times when the stuff supplied would have been a fair substitute for sandpaper.

There come to mind the questions: How is the stuff allocated? Is there a scale of issue so many yards or pieces per person per day? Is this based on establishment or strength? Is it to be divided between the place of work, the place of residence and the various places of recreation, etc. for each living member? Is there a ration, at the place of work, for those who live out? Is there an allocation for casual visitors: Is there a table of trips (sic) per day? Is there a factor to cover those who are suffering from intestinal upsets?

Oh, there are many things to be considered, but who is the genius who decides these things? All we know for sure is that the cleaner who asked



A Be was ex feels R

When Upon The ne A chu When I wadd With My ch And bod And w The M "You" You s Oh he



COL. HUGO PETERS . . . if it weren't for the climate

Colonel Hugo Peters, 46, of Vancouver and Ottawa, has been appointed base commander of Canadian Forces Base Winnipeg.

He succeeds Colonel William A. Hockney who has commanded the base for the past 2½ years. Col. Hockney takes up a new assignment as commander of NORAD's Backup Control Centre at Baudette, Minn.

The new base commander, Col. Peters, comes to Winnipeg following a one-year course at the Imperial Defence College in London, England.

He was educated in East Coulee, Alta., and later graduated from the University of British Columbia. He also attended the Rochester Institute of Technology, Rochester, N.Y.

During the war he flew in the United Kingdom and Northwest Europe as a navigator. Following the war he held a number of posts in Canada, including tours at the former RCAF Staff College as a student and member of the directing staff. He also served in Ottawa for a number of years as executive assistant to two former chiefs of the air staff.

Col. Hockney, recently voted Winnipeg's aviation man of the year, also is a veteran aviator with service dating back to 1940. During the war he flew as an air observer in Europe and the Middle East. He also held a number of senior posts in various parts of Canada. Before coming to Winnipeg in June, 1967, he was Naval, military and air attache with the Canadian Embassy in Rome, Italy.

Col. Peters, who was appointed base commander on January 16, takes over one of the most complex of Canadian Forces Bases. The 87 million dollar base is split between two sites and is composed mainly of both former air and land elements.



COL. W. A. HOCKNEY . . . it's been good to know you

900 troops to Norway

A Canadian battalion group consisting of the 1st Battalion, The Queen's Own Rifles of Canada, and support elements, will participate in the large-scale NATO training exercise Arctic Express in northern Norway Feb. 24-Mar. 15.

About 900 troops and vehicles including armoured personnel carriers and over snow vehicles will be airlifted to Norway by the Transport Command Yukon helicopters aircraft over a seven week period beginning Feb. 24. The outfit will originate from

Victoria, Calgary, Winnipeg and Uplands, Ont.

Exercise Arctic Express is designed to test the procedures for deployment of the multinational Allied Command Europe Mobile Force (Land) now commanded by Maj-Gen. L. I. Gobbi of the Italian Army. The exercise will be held in the Bardufoss area of Troms, Norway, some 200 miles north of the Arctic Circle.

Participating in the manoeuvres with the Canadians are Norwegian, British, Italian and

American land and air forces under the direction of Maj-Gen. F. Zeiner Gundersen, commander allied task force northern Norway.

Support units of the Canadian battalion group are J Battery, 3rd Regiment, Royal Canadian Horse Artillery from Winnipeg; elements of 3 Field Squadron, Royal Canadian Engineers from CFB Chilliwack, B.C.; a logistic support group from CFB Calgary and six Iroquois helicopters of 403 helicopter operational training squadron from CFB Petawawa, Ont.

PMQ rates to rise in April

OTTAWA (CFP)—Residents of national defence married quarters in Canada will pay more rent beginning in April according to Canforgen 004 of Jan. 8 issued by the personnel branch.

The increases will range up to a maximum of \$15-a-month for servicemen occupying government quarters.

The total monthly rental charge to an occupant of married quarters, however, shall not exceed 25 per cent of his gross monthly pay.

The increase resulted from a review of national average rental charges for all types of married quarters carried out by Central Mortgage and Housing Corporation with the new rents being calculated on current appraised market values.

The new rates also apply to temporary and emergency married quarters which are no longer classified as such but are now included in the one rental system.

250 from 3RCHA go too

An artillery battery from Winnipeg's 3rd Regiment, Royal Canadian Horse Artillery will engage in live firing exercises in northern Norway March 9-12, with gunnery units from four other NATO nations.

J Battery, 3 RCHA, will represent Canada in "Arctic Barbara" an annual NATO gunnery exercise and competition. The shoots will be held near Bardufoss.

The gunnery competitions follow on the heels of the ACE Mobile Forces' (Land) winter

exercise "Arctic Express" also being held in March in the Bardufoss area. The gunnery unit is part of Canada's contribution to the ACE Mobile Force.

About 250 men and their L-5, 155-millimeter howitzers make up the Canadian unit.

It will be the second time Canada's artillerymen have used their newly-acquired L-5 pack howitzers in exercises outside Canada. Last year the gun competitions were held near Borg in Belgium.

They will join artillery units

from Britain, Norway, Italy and the United States in the field exercises.

Aim of the manoeuvres is to exercise NATO artillery units in field exercises and shoots using common international gunnery procedures.

The AMF(L) force, active since 1961, was established for the Supreme Allied Command Europe to provide a quick-reaction force. Its task is to protect the flanks of the NATO alliance — Norway in the north and Greece and Turkey in the south.

Lamp of Learning
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Winnipeg Photo by Hoover

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"GOD FORGIVES - I DON'T!"

31 Ser. 31
Andy Griffith
Angel in My Pocket

grains of sand... Here we go - - - again

We were holding court recently at Happy Hour, discoursing upon one of the more subtle passages of Lucretius' De Rerum Natura, when an admirer eagerly seeking recognition asked "Sire, did you perchance see the news item about the Van Doos' regimental mascot and its' daily carrot ration?"

We smiled in magnanimity whilst accepting a replenished glass of Blue from a disciple.

Yet, we stated that we were aware that the R22R garrison in Quebec had a mascot, a goat yclept Baptiste, which according to custom received a daily carrot from the battalion commander. At which point a Van Doo in the group asserted with some concern that although this may have been true at one time in the history of the regiment, the present Baptiste was certainly not paraded daily before the C.O. for a carrot. The C.O. had more important matters to attend to than feeding goats.

We favored the Van Doo with a nod of acknowledgment and, allowing a member of the air element to light our cigar, suggested that it was indeed a pity that we were allowing such colorful traditions to slip away from the Canadian military scene. After all, we reasoned, just how much loss of administrative time is entailed in the simple act of proffering a carrot to a goat? A minute perhaps two?

The procedure surely is quite simple. A discreet knock upon the C.O.'s door. A brusque "Entrez!" from the colonel. The door opening to permit entry of the Base Warrant Officer (or some such worthy) leading in the goat on a halter — which is decorated with the regimental colors. The colonel arising with a hearty "Bonjour, Baptiste," and selecting a juicy carrot from the ploiifilm bag in his top right hand desk drawer. The beast accepting the tidbit and crunching it, drooling a little on the C.O.'s carpet. A crisp "Merci, mon colonel," from the BWO on behalf of the goat which is now chewing upon a Canex directive in the C.O.'s "in" basket. A pat on the horned head by the colonel with his "Au revoir, Baptiste" signalling the conclusion of the ceremony. Exit BWO avec goat and the C.O. returns to his desk to ponder how he can operate his unit with reduced personnel, funds and equipment.

Yes, only a couple of minutes — but the simple exercise of tradition has again served to bridge the gap between the past and the future, and at a negligible cost.

The above train of thought leads us to commend unto all branches of the service that they fight the trend toward the diminishing of service traditions by emulating our brethren of the R22R by acquiring a mascot and creating a role for it in the unit's daily life.

We suggest, of course, that each group adopt a mascot appropriate to its background and locale. For example, Maritime Command headquarters might acquire a scallop, perhaps naming him (her) 'Digby'. Daily at 1100, coinciding with 'Up Spirits' in the fleet, Digby could be paraded before the Admiral by his coxswain or the duty dockyard officer.

Digby, relaxing in a bucket of cold sea water, would then be gently placed with a pair of silver serving tongs onto a velvet cushion and presented to the Old Man who might then tap twice upon the creature with a bosn's whistle, ritualistically. At that exact moment a pennant could be broken from the masthead atop the headquarters building, at which signal loud huzzahs would arise from the waiting fleet, knowing that once more tradition had been served.

The story goes that the Van Doos' Baptiste from time to time sires offspring — which, alas, in due course provide the makings for a pair of kid gloves for the colonel. Whether this is true, or not, we propose that Digby also could serve a Higher Purpose when he achieved his twilight years. Served at a mess dinner with lemon sauce and a decent white wine.

Equal Chances?

Promotions in the service, we are told, depend chiefly, if not totally upon merit. Achievement and potential are the governing factors which determine bright-eyed young captains go on to become starry-eyed generals and which are to become grumpy old captains. The gospel handed down from on high says that those who most deserve promotion get it.

Recently, an independent study was made of the officer structure of the Canadian Forces. (What that means is that some disgruntled captain sat down and did some counting.) The results of that study make interesting reading.

They show, for example, that for every 1.3 nautical captains who aspire to be majors, one of them will make it. (Those of you who can't understand .3 of a navy captain just have never met a navy captain.) They show too that for every two army captains attempting to make the jump to major, one will succeed.

In the air works, the situation is not quite as good. For every 3.5 pilots hoping to become majors, only one of them will make it. For every 3.8 ground crew captains trying for the extra half hoop, only one will make it. And, for every 7 navigator captains trying to work their way into a higher tax bracket, only one will succeed.

For navigators at any rate, it is a gloomy picture. It means

that no matter how assiduously they address themselves to their work, no matter how devoted they are to the service, and no matter how great their potential, their prospects of promotion to major rank are only half as great as an equivalent pilot's chances, and one-seventh as great as an equivalent naval officer's chances. Such a discovery does little to assure continued devotion to duty, or continued outstanding service. Rather, it encourages a great deal of cynicism.

While the navigator imbalance is the most glaring one, it is not the only one. Why, one wonders, should the bulk of navy captains make it to major, while only one-third or fewer of air force captains do? Is there that much difference in merit and potential? One would scarcely think so. Similarly, why should one-half of the army officers be suitable for promo-

"Fair weather sailor" is hardly a term of endearment. But there is one time of the year when a sailor MUST have fair weather — at the start of the annual training program.

It's no pleasure cruise for the sailors OR the airmen in maritime aircraft who are involved in Maple Spring training exercises or the Pacific ocean equivalent.

There are dozens of compelling reasons for the southern migration of maritime forces in winter-time.

● If we didn't have troubled climate storms in our northern areas in winter, so many scheduled such unacceptable damage to the inhibiting day to day of both aircraft. That's \$\$\$ any day at it. So we go south.

● Sailors and training must cruise. First they operate complex systems and associated under ideal conditions only in southern year wears on, more exercises and conditions are training round in and overseas.

● Already training a thorough review reason are Canadian men considered by foreign forces as world leaders in anti-submarine expertise.

● Winter exercises give Canadian maritime forces the best chance to exercise with foreign forces, particularly the U.S. Navy which is engaged in precisely the same sort of activity at the same time.

● Southern waters are sought for upper deck maintenance well nigh impossible in higher latitudes. A ship in refit over a winter period in Saint John, N.B., for instance found barely a day in which conditions were right for chipping and painting without hazard to the effort. A sunnier clime is needed to bare metal and apply corrosion proofing paint so it will stay.

● Not only do foreign cruises give opportunities for exercising away from a home port's inevitable distractions, but showing the flag is an integral part of the maritime role. The current governor-general's Caribbean tour requires considerable service input as do Canadian trade fairs abroad. The benefits enhance Canada's image, and that of the forces.

● Exchanges with professional servicemen of other countries is broadening and productive of refinements to our systems. (CFP)

tion to major while only one-third or fewer of the air force officers merit it?

Presumably the figures are the result of the differing policies adopted by the three services in the bad old days prior to unification. What has been done since to correct the imbalance?

Confidence in any promotion system is based upon the knowledge that everyone is treated equally. A quick count of the gradation list will reveal that there are different varieties of equality. Such variations are destructive to morale.

—Totem Times



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Position officer

the knocking of the knee during an orders parade or 'meeting' with the RCPO.

GPOs love work and many have been known to be able to watch it for hours. Among the many dislikes of GPOs are CPOs, RCPOs, mess dinners no dinner, and other GPOs especially those possessing a 'Faster Draw'. In the field a GPO may be found in the command post, in the tent, or being helped along in between the two: always aiming for the one with the greatest warmth amount of food and sleeping potential.

They are for the most part friendly, and a small token of food, warmth or comfort will usually win them over.

In closing, we might say that in order to maintain a high degree of humour, and variety and as an anti-boredom factor we keep and protect our GPO. But, just in case 'HE'S' ever off by himself without any corporals around to do it; we'll now bow our heads in prayer and say may God protect ours.

The International Situation or What's New

"It is a gloomy moment in history. Not in the lifetime of any man who reads this has there been such grave and deep apprehension. Never has the Future seemed so dark.

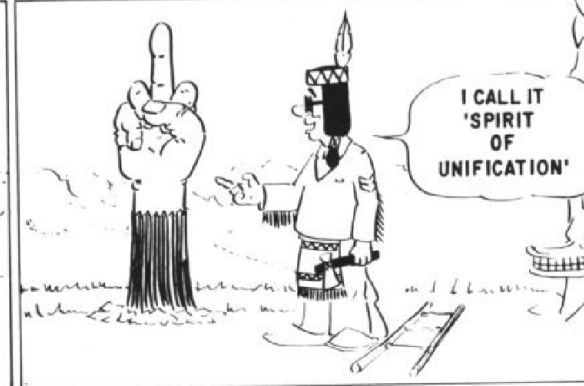
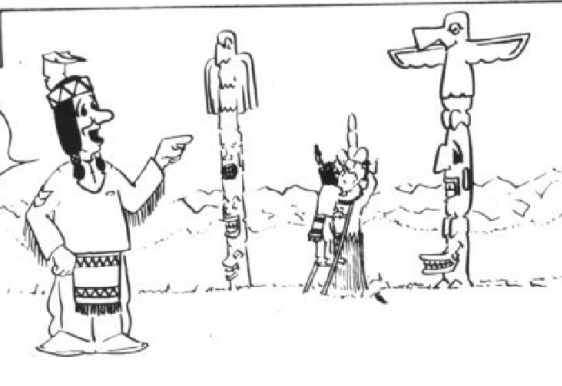
"In France the political kettles ferment and bubbles with uncertainty. The English empire is being sorely tried and exhausted in a social and economic struggle, with turmoil at home and uprisings of her teeming millions in her far-flung Empire. The United States is beset with racial, industrial and commercial chaos — drifting we know not where. Russia hangs like a storm cloud on the horizon — dark and silent.

"It is a solemn moment, and no man can feel indifference. Of our troubles, no man can see the end."

Harper's Bazaar, Oct. 10, 18

UNISKINS by mac

YONDER WORKS TEETHING TERMITE, THE TRIBES TOTEM POLE ARTIST. COME, LET US VIEW HIS LATEST CREATION.



1 Bowler plus 1 Bonus equals Dignity

by WO Hal Nordin

Nothing, but nothing, retards the thought process like television — conversely, nothing does more to promote thought like TV (when turned OFF). As I sit in the Base HQ as Duty NCO on a Saturday afternoon, I find myself in deep contemplation. The following paras resulted.

Between now and the end of 1972 I expect that there will be a large number of service men retiring after having served a very large amount of their adult lives — some began their careers prior to their adult life.

I've "kicked this cat" on a previous occasion in Voxair and I'm sure all members contemplating retirement agreed — a "Retirement Bonus" with the amount determined by the number of continuous years served SHOULD be put into effect.

A man, having served for 25 years for example, has been at a distinct disadvantage when compared to his civilian counterpart. Mr. Citizen, who joined the firm at a tender age, learned all he could about its operation then found one day that he occupied the office of the President of the firm and retired comfortably without the least concern about "post retirement employment". The service man, on the other hand, also joined the "firm" at a tender age — but this is where the similarity ends. He learned all he could about his "firm's" operation even though its role changed many times, he moved about the country and the world) pulling up stakes and pounding in new stakes in new ground and reported to many new bosses who found it necessary to observe him for varying lengths of time before he was accepted as more than just "the new man".

If I were to list all the disadvantages of service life it would be sheer waste of time and paper for they are well known by the "career servicemen". Advantages outweighing the disadvantages and vice versa would be the subject for the great debate. Personally, I feel there have been, over the years, many advantages enjoyed by the serviceman — that Mr. Citizen has not — but this is NOT my point. My point is that any advantages to service life come to an abrupt end on retirement. Yes, there is a pension, but service life is a transient life — one that prevents the accumulation of a "nest egg" which is so necessary to the man retiring for this gives him the dignity he rightly deserves.

Consider as a little "fat for the face" the man who serves beyond the "required" number of years for retirement to pension. He, in effect, is working for a reduced salary and giving the DND a real bargain — if he hangs up his uniform as soon as he becomes pensionable, wouldn't he draw his pension anyway?

Paper, paper, paper

by Capt. B. Marsh

It has been reported, by the cleaners who obtain and dispense various consumable goods, that there is a shortage of Bumf. To the old-timers this covers a multitude of sins, but has one particular application and this is what Madison Avenue coyly refers to as Bathroom Tissue.

A shortage of this commodity is unthinkable. Even during the rigorous of wartime rationing, I, at least, can never recall being without, though there were times when the stuff supplied would have been a fair substitute for fine sandpaper.

There come to mind the questions: How is the stuff allocated? Is there a scale of issue of so many yards or pieces per person per day? Is this based upon establishment or strength? Is it to be divided between the place of work, the place of residence and the various places of recreation, etc. for each living in member? Is there a ration, at the place of work, for those who live out? Is there an allocation for casual visitors: Is there a table of trips (sic) per day? Is there a factor to cover those who are suffering from intestinal upsets?

Oh, there are many things to be considered, but who is the genius who decides these things? All we know for sure is that the cleaner who asked for, say, X number of rolls for the month was arbitrarily told that there had been a cut-back and he could have only X-Y rolls.

Now, the cleaner knows from practical experience that each month an average of X rolls of Bumf, I prefer the terse Anglo Saxon word, disappears in no mysterious fashion from the cubicles in his domain. It follows that if he has only X-Y rolls there must come a time in each month when the supply runs out. What, then, is to be done?

The first thing, of course, is to hang a sign on the doors saying "No Visitors". This will not deter many people for, after all, nature must be served; but we may gain something. The next possibility is to put up the old "Out of Order" sign whenever the Bumf runs out. This brings to mind the spectacle of people going (rushing?) from building to building in a desperate search for a place to roost. Another possibility is an entry in Routine Orders in the last week of every month saying "This is bring your own Bumf week" but this has the drawback of not covering those people who live in quarters. We might also consider placing a box of dried grass and another of leaves in each cubicle and permit the discriminating people to make a choice; but at the same time we should have to warn the CE Section to alert the plumbers for sewage system blockages.

All in all it is a touchy subject; but one close to the heart and, let us face it, not an area for economy.



Pass me a chamois . . .

A Beautiful and Moving Poem about a Man Who was exquisitely Happy and Blissful — but who now feels Rotten.

by 'Fats' Phillips

When I was just a little lad
Upon my mother's lap,
The neighbors all allowed I was
A chubby little chap.
When school days called
I waddled off
With feather in my cap;
My chums all seemed to love
And trust
A body who was fat,
And when I joined the Service
The MO smiled and said
"You're healthy as a horse, my boy,
You surely look well-fed."

Oh bowl of cherry kind of life!
Oh plump and jolly me!
Who cared if it had been ten years
Since I had seen my knees?
I loved my blubber, every ounce
and prized my portly pot.
I laughed . . . the world laughed with me,
me and my tubby lot.
But storm clouds gather ominous . . .
this boundless bliss must cease . . .
To the Service I'm no longer "fat",
But just plain damn "Obese".

Oh death, where is thy sting-a-ling?
Oh life, what is thy use?
If I would stay til pension time,
I must perforce reduce!
Now all my lovely fat must go . . .
It's been so close to me,
But the Service simply will not stand
For my obesity.

I now peruse the Diet Book
And don my jogging gear
With luck, I'll reach my fighting weight
In another hundred years.

Hey, all you PMQ dwellers!

A questionnaire concerning stoves and fridges is being mailed to all PMQ and MDP occupants. It is requested that they be returned to the Accommodation Office by February 1st. Two types of information are required:

(a) Whether or not the DND owned stoves and fridges are actually in use. It is not intended to remove those which are not used, but a record of their location must be maintained by Base Supply.

(b) The make and model of the refrigerator only is to be written at the bottom of the questionnaire.

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International Situation What's New

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Bazaar, Oct. 10, 1969

I CALL IT
'SPIRIT
OF
UNIFICATION'

Defence in the House

SALE OF HMCS "BONAVENTURE"

Question No. 342—Mr. Crouse:

1. Has the government offered for sale the 22,000 ton aircraft carrier **HMCS Bonaventure** and, if so, what are the terms of sale and the asking price?
2. Have bids been invited from other countries on this ship?
3. Will bids from other countries on this ship be acceptable to Canada and, if not, what are the names of countries whose bids are unacceptable to Canada?
4. Will the bill of sale on the **Bonaventure** be conditional, so that it cannot be resold to any country unacceptable to the Canadian Government?

Mr. D. W. Groos (Parliamentary Secretary to Minister of National Defence): 1. Yes. The terms of sale and asking price are subject to negotiation.

2. Yes.
3. Bids from foreign governments would be assessed relative to established Canadian Government policy and regulations regarding the export of military equipment.
4. Yes. Conditions of sale would include this provision.

CANADIAN MILITIA STRENGTH

Question No. 661—Mr. Robinson:

1. Is it the intention of the federal government to further reduce the numbers in the Canadian Militia and, if so, by what number?
2. Will any presently existing units and/or formations be disbanded on the reduction of the Canadian Militia and, if so, which ones?

Mr. D. W. Groos (Parliamentary Secretary to Minister of National Defence): 1. Yes, as announced on 19 December, 1969, it is intended to reduce the reserves by approximately 4,000.

2. Yes, some existing units will be disbanded, and those affected are shown in Sessional Papers 7/4 tabled in the House of Commons Friday, 19 December, 1969.

VALCARTIER ARMED FORCES BASE DEVELOPMENT PLANS

Question No. 768—Mr. McCleave:

1. What projects are included in development plans for the Canadian Armed Forces base at Valcartier and, what is the expected total cost?
2. Are a ski chalet and golf course included in the development plan, and, if so, what is the estimated cost?

Mr. D. W. Groos (Parliamentary Secretary to Minister of National Defence): 1. The overall development plan for the Canadian Forces Base Valcartier will not be completed before spring 1970, and it is not possible at this time to identify and cost specific projects. The first phase of this program, to provide vehicle and operational equipment support facilities and related accommodation for 5e Groupe de Combat, has been stated and is expected to cost up to \$4.7 million.

2. No. These facilities are part of a recreational development program being financed from non-public funds.

ARMED FORCES ADVERTISING FOR RECRUITS

Question No. 782—Mr. Diefenbaker:

1. What has been the total cost of the advertising for recruits for the Canadian Armed Forces since the first of July 1969 to date?
2. As a result of said advertising campaign, how many recruits have been secured since the said date?

Mr. D. W. Groos (Parliamentary Secretary to Minister of National Defence): 1. Accounting records are based on a complete fiscal year and as a result it is not possible to isolate costs from July 1, 1966, to November 30, 1969. However, expenditures in each fiscal year are as follows: 1966-67, \$841,000; 1967-68, \$865,500; 1968-69, \$515,000; 1969-70 (estimated), \$886,500.

2. Since 1 July, 1966, recruiting statistics show that approximately one out of every four applicants have been accepted for training as men and one out of every six applicants for officer training for a total enrolment up to 30 November, 1969, of 5,281 officers and 28,859 men.



CAPTAIN W. Y. BRYGADYR is \$140.00 richer because of a submission to the Armed Forces Suggestion Award Committee. A pilot, he recommended a snap-on arrangement for flying helmet visors, which has been adopted by the Armed Forces. Training Command chief of staff, Brig.-Gen. R. S. Graham presents a certificate and cheque.

(Canadian Forces photo)



GOOD SHOWS. For discovering an incorrectly installed elevator control cable in a Gooney Bird M/Cpl. R. W. Green and Cpl. C. T. Smith receive their

Good Show certificates from Maj. D. N. Wilbur, BAMEO.

(photo by Curry)

Larger pensions planned

The government plans to introduce pension legislation early in the New Year which will mean increases in the pensions of retired armed forces personnel and public servants, and the widows and orphans of both.

Once the legislation has been processed through parliament, the firm details will be made known to defence department personnel. The increases will call for a contribution of a half of one percent by both the

government and the employee, service or civilian.

The plan in essence is three-fold:

- Commencing 1 April, pensions would be increased by applying percentages ranging from 2 per cent for those who retired in 1969 to 42 per cent for those who retired in 1952 or earlier.
- Commencing in 1971, pensions would be increased on 1 January each year in relation

to the cost of living to a maximum of 2 per cent yearly.

- There will be no dollar ceiling on the amount of the increase in applying the percentages.

Because pensioners from the Canadian Forces and the RCMF retire earlier than public servants, escalation of their pensions will not start until they reach 60 years of age. However, they will get the full escalated value of the intervening years.

In other words, if a person went to pension aged 45, the escalations between that age and 60 would be taken into account and the increased pension at 60 would reflect all of these changes.

Again, as with public servants, an additional contribution of half of one percent by the government and half of one percent by the contributor would be required.

The proposed legislation would apply to widows and orphans of public servants and military pensioners as well.

The yardstick of a 2 per cent maximum for the annual increases follows government policy in respect to its other social legislation.

Application of the escalation formula to military pensioners only after 60 was supported by the Defence Department. Otherwise, the services would have to increase contributions to a higher rate than that proposed for the public service. Another factor is that a public servant normally cannot be retired on pension before the age of 60.

SISIP explains disability

OTTAWA (CFP)—How badly hurt must you be to draw SISIP's disability benefits?

Experts of the Servicemen's Income Security Plan say every case is handled individually and either the insurer or the insured may call in independent medical review board members in "grey area" cases.

However, the same experts in their briefings use this yardstick:

If it's impossible because of your disability for you to make roughly three-quarters of what you drew in the service, you come under the disability category after medical discharge. But you had to belong to SISIP while you were "in".

Example: Administrative officer making \$12,000 has heart attack not directly attributable to his military service; gets medical discharge and can't work. As a SISIP member, he'll now get 60 per cent of his monthly pay plus five per cent more for each dependent child up to three-quarters of his military pay at date of disability.

Should he be able eventually to return to work, drawing down \$10,000 a year as, say, an accountant or a stock sales-

man in an investment house, he is no longer disabled in the eyes of SISIP. However, if he is still so incapacitated that he can only make \$2,000 a year, SISIP considers him still disabled and settles accordingly.

There's a rehabilitation clause by which the insurers help a case return to useful employment through a variety of measures, among them retraining and education, but taking into account a person's reduced physical or mental capabilities. Such people continue to get the SISIP disability benefit less half their earnings in the "rehab" employment.

Further details will be available in the SISIP brochure. Meanwhile, those excluded from the terms include, first and foremost, those disabled as a result of military service; those injured committing felony, and those intentionally injuring themselves.

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733's twenty-five year man still there

by J. Flaherty

This month at 733 Communication Squadron Mr. Evert Ogren was presented with a pin and scroll for 25 years' service with the Government of Canada. In total, Mr. Ogren has 28 years in military service, 3 in the Army and the remainder in the good old RCAF.

It all started in 1937 with the RCAF. On 9 April 40 he re-engaged in the Air Force as a W.E.M. (Wireless Electrical Mechanic) in Winnipeg.

From here, Mr. Ogren departed for Manning Depot in Manitoba. He spent a not-so-comfortable six weeks in a re-converted cattle pen at the CNE grounds. There were so many of them that three hobos actually infiltrated the ranks of Canada's finest and got a free ride for seven days until being apprehended. After the closure of Toronto, Montreal's No. 1 Wireless School must have been a holiday.

Prior to enlistment, Mr. Ogren had been an amateur ham radio operator. Although the course was easy, he soon felt restless and decided to try the other half of the trade so instead of being a W.E.M. he was now a W.O.G. To this day he still says "It's more fun being an operator than a technician."

Upon graduating he earned the "sparks" or lightning flashes. He now found himself on his way for a three day stopover at Victoria's Western Air Command. He was off for 20 in Patricia Bay where he found an all too often experienced feeling, discrimination. Apparently a few of the local folk took exception to his sparks as they couldn't put theirs up until they had attained their maximum grouping. From what I understand, Mr. Ogren man-

aged to acquire all the "choice" jobs from his peers. A change was forthcoming, however.

In April 41 he bid farewell to Pat Bay, packed his bags and was off. Sporting shiny new hooks, he sprudly marched in to Prince Rupert. Among his tasks was that of an on-board operator on "Circuit and Bumps" or training flights, in the Lockheed. He also managed to train crypto operators. His key to success was amazingly simple. Give them the pubs, a half hour, say READ, and presto — instant crypto operators.

In May 1943 he said "I do" along with the former Frances Agnes Melvin, in Winnipeg.

7 AOS Portage la Prairie was the next to receive his services. Sgt. Ogren was once again to find himself in the skies; this time on board Ansons where he logged some 1800 hours. He was quick to point out the advantages of flying; for instance that 75c a day for flight pay. Mind you, there were usually two flights a day, just to make sure you earned it.

After a brief stay in civie street, he re-engaged in August 46 and was transferred to AFHQ AUC SIG where he became NCO i/c with a promotion to Flt. Sgt. Mr. Ogren was in on the proto-type of our present torn tape relay system. He came back to Winnipeg in Sept. 49 when they opened the Tape Relay Centre here. It's interesting to note that 733 Comm. Sqn. still equipment that same equipment.

In May 1952 France was his destination. He was at the Canadian Embassy in Paris on NATO duties.

In 1953 and 1955 successive promotions made him a WO1. Mr. Ogren was now the OpsWO at 3CU.



LONG RECORD. Mr. Evert Ogren receives his 25 year scroll from 733 CO Capt. Ken Humphrey.

(Base photo)

Now 1958 was a different experience. He now found himself and family in (of all places) Whitehorse. The cold of the north didn't dampen his spirits, however. Apart from normal duties as an Ops Officer, he was also senior airman. He also did a six month stint as mayor. During this six month period he was responsible for getting the first artificial ice in the curling club. He helped organize the youth recreation programme and started a Teen Town for the jet set. There was also the responsibility of organizing special functions like Christmas parties, etc.

In Dec. 64 WO1 Ogren took up duties as the OpsWO of 733 Communication Squadron.

In July 68 he took his release, a month off, and then came right back as a DND Communicator, where he is today.

Evert and Frances reside in Sunny St. James with their daughter Valerie. Valerie is a grade seven student at Ness Junior High. Their son Warren, a registered industrial accountant, resides in St. Norbert with his wife Jean and son David.

When asked what has stood out over the long years in the service, Mr. Ogren's reply was simple and from the heart, "all the people I've met, the places I've been, and the rich and satisfying life I've enjoyed in the service."

Van Doos to train in tropics

The 2nd Battalion Royal 22nd Regiment based at CFB Valcartier, Que. will conduct tropical training exercises on the Island of Jamaica from February 1 to 17.

About 600 men will be airlifted to the island by Yukon aircraft of 437 Squadron, CFB Trenton. Two Buffalo aircraft from 429 Squadron and a CUH1H Iroquois helicopter from 403 Squadron CFB Petawawa, Ont. will also take part in the exercises named "Nimrod Leap".

This will be the third time Canadian servicemen have held training exercises in Jamaica. In 1969 the 1st Battalion Royal Canadian Regiment exercised there in March and the Airborne Regiment followed with training in November. These operations and provision of facilities in the area are made possible through the cooperation of the Jamaican government.

Operating out of a base camp at Braco, 40 miles east of Montego Bay, the men will receive individual training in survival skills including tropical hygiene, navigation, close combat, patrolling, basic tactics and night operations.

Exercise director is Lt. Col. C. H. Belzile, commanding officer of the 2nd Battalion Royal 22nd Regiment, who has recently returned with his regiment from a six-month tour in Cyprus.

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from Maj. D. N. (photo by Curry)

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New pay review

OTTAWA (CFP) — The joint Treasury Board — Department of National Defence advisory group on pay and allowances for the Canadian Armed Forces will take a good look at the entire system of pay fields and the assignment of trades to pay fields during 1970, according to a forces-wide message (CANFORGEN 001 of 6 Jan.).

Although the content of individual trades and their resultant assignment to pay fields is under constant review, the

whole trade structure is periodically re-examined and re-evaluated to ensure that all trades are considered in relation to each other.

The 1970 review, in addition to re-evaluating all trades, will be assessing the trades pay field system introduced in 1966 to determine how well it is satisfying the need to pay our trades according to the complexity, the difficulty and the working conditions of the jobs they are performing.

The gooney bird

Welcome to 1970. Things are a little different around the squadron, yet things remain the same. Reporting for duty from Trenton are **Cpts. Dave Phoenix, Bob Grant, Dave Hoffman, and Lts. Pete Barratt, Derek Critch, and Jean-Louis Caucnon.** Jean-Louis is to be congratulated for being the first to attain First Officer status this year.

Last Friday, the 23rd, we bid adieu to **Lts. Barry Farnham and Keith Gathercole**, who are going helicoptering. Barry to 442 Sqn. Comox, and Keith to 450 at Namao. If all the postings are going to be that good, maybe we'll change our minds about choppers vs. fixed wing flying, eh, wot? With Keith's departure, there will be a few changes in Squadron Ops. **Capt. Hugh Tarbet** will still be in the left seat, working for **Maj. Stan Miller**, but the right seat will be occupied on a rotational basis by **Lts. John Taylor, Bill Colman, and Gary Allan.**

The first few details of the year went the way of most bad weather details; but long range training is getting off to a little better start. Last week, **Major Tom Scanlon**, along with **Lts. Gary MacLeod and Doug Cushman**, set off for Comox. Apparently one of the crew was in a bit of a hurry to leave the -36 degree weather and ice fog behind, as he quickly loaded the aircraft with a box of garbage, having mistaken it for a box of between-meal-supplements! **Lt. Barry Farnham** went along for the ride — probably to arrange some balmy weather for his arrival in March, while we fight the March blizzard.

On Sunday, the first of the lucrative American trips winged southward for Randolph and Vance AFB's, via London, Ontario, and Selfridge, Michigan. The lucky crew consists of **Capt. Bob Sutherley, Lts. Rae Moore and Paul Dubois.**

On the same day, departing for Borden and Fredericton were **Lts. Cliff Healey, Dwight Anderson, and Ted Mousseau.** It may not have been Randolph, but it wasn't 36 below, either!

Cheers 'til next week.

The Gooney Bird



AND THAT'S OUR COAT RACK. **Maj. Tom Scanlon**, who heads Gooney Bird squadron, briefs new base commander **Col. Hugo Peters** on the ANS Flying Squadron operations room. (photo by van Boeschoten)



NOW WE'RE QUALIFIED. Posing with their Flying Instructor certificates are **Capt. W. F. Buckingham, A1; Maj. D. G. Girling, A1; Capt. P. G. Harle, A2; F/L M. H. Wilson, A2; Capt. J. L. Gillespie, A1; Capt. A. F. Downe, A1; Col. W. A. Hockney, honorary ICP; Maj. K. W.**

Wright, A1; Lt. Col. A. D. Holmes, A1; Maj. G. K. Welsby, A1; Maj. S. J. Miller, A1; Maj. V. R. Taskey, A2; Capt. B. A. Burke, A1; Capt. F. R. Sutherland, A1; Capt. J. L. Crabb, A1; and Capt. R. L. Stickley, A2.

(Base photo)

* * * * *

Instructor ratings given

At a recent unit party held in the Officers' Mess, Col. and Mrs. Hockney were entertained as special guests by the officers and wives of the Canadian Forces Flying Training Standards Unit (CFFTSU) in view of their forthcoming departure from Winnipeg. As a token gift of appreciation, Lt. Col. A. D. Holmes, the Commanding Officer CFFTSU, presented Col. Hockney with a framed scroll and certificate making him an honorary Instrument Check Pilot.

After this ceremony, the Base Commander awarded A1 certificates to twelve members of the staff at CFFTSU, including Lt. Col. Holmes, and three other staff members were awarded A2 certificates. Also awarded an A1 certificate was **Maj. S. J. J. Miller** of cfans, formerly a member of CFFTSU.

Training Command awards A1 certificates to flying instructors who have completed 800 instructional flying hours,

and who possess exceptional flying and instructional ability, and A2 certificates are awarded to flying instructors who have completed 500 instructional flying hours and who possess above average flying and instructional ability.

No shows still are a No-No

TRENTON (CFP) — Air Transport command's passenger service bookers here are concerned over the high proportion of no shows on sked flights.

Despite a routine order which is published periodically, the rate of no shows continues to rise. For the un-initiated, no shows are passengers who book seats then miss the flight or stop off at some point in the flight without notifying the nearest air movements office of their plans.

Paragraph six of CFAO 20-20 spells out the procedure for cancelling booked space.

For those who don't comply, dire consequences could be in order. Unknown to most people, no shows on duty priority could be charged under section 118 of the national defence act, if they are unable to supply reasonable cause for failure to report.

Dependents now need passports

OTTAWA (CFP) — Servicemen posted to Germany should obtain passports for their dependents before leaving Canada, after.

Reason for the change is the closing of external affairs consular offices in Germany, resulting in a reduced staff at the Canadian embassy in Bonn.

Canforgen 002 of Jan. 6 states that the change goes into effect immediately.

Failing to obtain passports for touring may mean a long delay in obtaining them for that European holiday trip!

The message further states that in future, children reach-

ing age 12 before leaving country, or during their first year there, will be provided with an individual passport.

CFAO 20-1, paras 12 and 13 spell out the regulations governing the passport situation of children approaching age 12 over or who celebrate their 12th birthday during their first year overseas.

OTTAWA (CFP) — The newly established servicemen's income security insurance plan (SISIP) has received its first survivor's income claim.

Plan officials here recently released figures on how SISIP supplemented benefits from the Canadian pension plan (CPP) and the forces pension plan (Canadian forces superannuation act).

They apply to a 37-year-old lieutenant, commissioned from the ranks, 17 years' service, married with four children and receiving an income of \$9,348 a year. His SISIP premium was \$10.91 a month.

The officer's widow receives \$10,020 in cash.

As a SISIP beneficiary, she receives an income of \$6,200 a year or 83 per cent of his take home pay. Without SISIP she would receive:

The \$10,020 in cash.
A CPP/CFSA pension of \$3,797 a year. This amount is 51 per cent of his take home pay.

The difference between the CPP/CFSA pension and SISIP's annual income benefit is 32 per cent or \$2,435. Plan officials say this extra SISIP benefit is equal to roughly \$48,000 worth of term life insurance.

The plan's benefit, like the CPP/CFSA pension, could be topped up by as much as 10 per cent yearly depending on cost of living increases.

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Notes from the coordinator

Lamp of learning fund grows

by Maj. L. C. De Freitas

Now that the holiday season is over, the Lamp of Learning School campaign at CFB Winnipeg and lodger units is slowly gathering impetus. Just before Christmas some unit canvassers, Capt. Base Supply 733 Comm Sqn and CPTMC started the ball rolling and held bottle raffles which brought in some money for the fund. Several other units have started similar projects. At the Christmas services, the congregation of the Protestant chapel generously donated \$100 to the fund. Our thanks to the chapel and congratulations to the early unit starters in getting their campaign going. A note of thanks is also due to Mr. J. McBain of the Canadian Forces Training Material Production Centre who did an excellent job in designing our School Fund symbol.

In most of our Winnipeg area units already know, raffle tickets on a new 19-inch Color TV are making the rounds at all levels and sections. We are hoping that every member in each section or unit will be able to

buy at least one ticket to help the fund really get rolling. Along with unit, section and Mess activities, the idea behind the Color TV raffle is to try to obtain all of the funds towards our objective through these methods and thereby avoid the need for a personal canvass during the campaign. We think we can achieve this if we get maximum response to our raffle and to other unit and Mess activities. So why not buy your raffle ticket today; better still, why not buy one for the wife and kids too.

As a matter of interest, some novel ideas in fund raising have come to our attention. At TCHQ, an auction is being held to raise funds for the campaign, and hats off to the lady, also to TCHQ, who was going away on leave and raffled off her assigned parking spot (which has an electrical outlet) to help raise funds for the project. See if you can top that one chaps. Another interesting project to advertise the campaign has come from WO Johnson of Base Construction Engineering who

plans to build a snow house in front of the CE Section to advertise the campaign as well as to promote Fire Prevention. An excellent double-barrelled project which we understand is wholeheartedly supported by the Section including the ladies who have indicated a willingness to hold a shovel during lunch hour for this project.

Undoubtedly there are lots of other ideas amongst our readers which can help to make this campaign interesting as well as successful. If so, kindly pass them on to your unit or section campaign representative who will help you to put these ideas into action.



NUMBER 1 BUYS NUMBER 1. Col. Hugo Peters buys the first ticket in a raffle for a colour TV from Maj. L. C. De Freitas, Winnipeg lamp of learning fund coordinator. Col. Peters then went on to buy ticket number 2, 3, 4, and 5 for his wife and three children.

(Base photo)

SISIP premium paid

(CFP) — The newly servicemen's integrity insurance plan has received its first income claim. Officials here recently figures on how SISIP benefits from the pension plan (CPP) forces pension plan forces superannua-

apply to a 37-year-old commissioned from 17 years' service with four children and an income of \$9,348. SISIP premium was \$10.00 per month:

Widow receives cash. SISIP beneficiary, she receives an income of \$6,283 per cent of his take home pay. Without SISIP she would receive:

\$10,020 in cash. CPP/CFSA pension of \$7 a year. This amount is 1 per cent of his take home pay.

The difference between the SA pension and annual income benefit is \$2,435. Plus say this extra SISIP is equal to roughly worth of term life insurance.

Widow's benefit, like the SA pension, could be as much as \$12 yearly depending on living increases.

Passports

Apply 12 months before leaving Canada, or during their first year here, will be provided an individual passport under 20-1, paras 12 and 13. But the regulations governing the passport situation are approaching age 12 or who celebrate their birthday during their first year.



DO YOUR OWN THING. Brig. Gen. R. S. Graham demonstrates the operational efficiency of the bicycle he presented while Maj. Gen. W. K. Carr donates items for the Ghana lamp of learning auction being held by TCHQ.

Capt. St. Aubin d'Ancey is blissfully unaware that, in the background, a substantial bid is being made on his overshoes.

(Canadian Forces photo)

TCHQ uses novel way to help fund

Although specific quotas have not been set for Base and Lodger Units' drive for funds in aid of the Lamp of Learning School Ghana, unit projects are getting into high gear.

"People are pretty hard up at this time of year" says Major A. T. Hawkins, coordinator of the TCHQ drive. "The committee we convened felt that people would be much happier to present items they no longer required rather than dig into their already strained pocket-books".

While still too early to forecast results, it looks as if the idea is catching on. Room 219 of TCHQ Building 2 is already nearly overflowing with an incredible variety of items that the staff of TCHQ have dug up from basements, garages, and cupboards. There are glasses, vases, binoculars, skates, records, books, paintings and even skis.

Donated items are ticketed with a card on which bids are made with a 25c minimum and allowing for raises of not less than 25c. Divisional representatives have been bugging members to dig up items they neither want nor dare discard. As CAPT I.A. St. Aubin d'Ancey puts it, "If we can get any money for it we want it".

Hundreds of items are available for inspection in Room 219 until 1500 hrs 6 Feb. at which time the hammer falls. So here's your chance to get rid of that dreadful tie Uncle Jerry gave you for Christmas or that camel saddle you brought back from UNEF that mother won't have in the living room.

While the idea itself is certainly not new, it appears to be a painless way of raising funds.

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BY LT. W. A. TRIMBLE AND CPL. L. PATEY

No, we don't know when, or even if, it is going to get warmer this year. But we will try to warm you up with a little stimulating news, a dribble of humour and a few photographs. But if that does not work, then at least you have gotten this far into the paper and must be accordingly congratulated. And speaking of congratulations, sincerest plaudits to the Sergeants Mess for their fine showing during the 10th Annual (and I doubt that) **Officers/Sgt Hockey Game**, graciously conceded by the officers by a score of 5-6. The opening puck was dropped at 1351 hrs by Major G. F. Hammond, and the gambit had begun. Up and down the ice those valiant warriors sped, passing, shooting, clearing and checking both the opponents and their own team members until the end of the first period (when it was necessary to retire to the dressing rooms to open new bottles of 'water'). The final score in the searing dual was Sgts 6 Officers 5 with credits going to: Sgt. George Muise (2), Capt. Jean-Marie Rouleau (2), Sgt. John Robidoux, Lt. Bill Soucie, Sgt. "Brownie" Brown, Lt. Karl Wenek, Sgt. "Rat-in-mouth" Butts, Ltd. Bill Gee and the last second winner to MWO Don MacDonald.

At the conclusion of the game, after oxygen was administered to all players, and a few spectators we understand, Sgt. Butts and his counterpart in the Offi-

cers' goal, Capt. DR Ferguson, were dispatched to the hospital to have a few X-rays taken. The remainder then proceeded to the Sgts. Mess for a small (but very deadly) Happy Hour. During the celebrations (or commiserations) the trophy, a Silver Plated 1928 Hockey Stick signed by Joe Namath and Darcy McGee, was presented to the PMC of the Sergeants Mess, MWO S.W.J. Lentle, who promptly took possession and locked it up. Unconfirmed reports now say the stick is Gold Plated and signed by Joe Kapp and Al Capone.

Around The Site

You may have noticed recently if you have had a chance to walk around the Selkirk Lines despite the cold, that there are very few people visible. No they are not all at home in bed with colds or the grippe, they are down in The Library or Training Building, B-5, taking one of the manifold and varied courses now being run within the Regiment. Currently the courses being run are: Senior NCO Refresher, Junior NCO Refresher, Communicator PL 5 Course, Driver PL 4 Course, and Communicator PL 4 Course and before these courses are completed, everyone in the Regiment requiring these qualifications or refreshers will have been put through them. It sure beats the old 'Maintenance 0800 to 1600 hrs' trick. In addition to these courses, there are also various courses at the Battery or Troop level being conducted.

Off to Norway

In the meantime, preparations are now nearing completion for the forthcoming exodus of the gun batteries into the field (yes, under the snow there is in fact a field or two). J Bty is completing the necessary paperwork for the overseas trip to Norway on Exercise Arctic Express while G Bty is preparing for another sojourn to Shilo for five weeks in support of the Pay Level 6B Course. And speaking of the PL 6B Course, the Regiment has sent five senior NCO's on this course. They are: Sgts. Bill Allingham, Jim Chipman, "Moon" Mollons, Morley, Ross, and T. D. Smith. Congratulations upon your selection, and on behalf of the Regiment we wish you all the very best success.

Bridge Night

A short flash to this reporter



OLD TIMERS. The 3RCHA Officers Mess Old Timers are ready and willing to take on any other officers mess old timers hockey team or any other team as

long as only four timers can use hockey sticks.

(photo by Patey)

was just received from the Mess Secretary of the Officers Mess. It seems that the Mess sponsored a Duplicate Bridge Night last Tuesday, 20 Jan., and had a very successful evening. Eight team pairs playing on four tables were quickly acquainted with the intricacies of the 'Howell Movement' with its varied (and we hear lengthy) twenty-one hands. But at the end of the evening — or was it the beginning of the morning — the scores had been tallied with the results as follows: First were Captain and Mrs. Robbin Lewis with 34 points, followed closely by LCol and Mrs. C. R. Simonds with 33.5 points. Tied for third spot were the team of Capt. Neil McAlpine and Lt. Bill Trimble with 32.5 along with Major and Mrs. N. W. Johnstone. Then came Mrs. Susie Trimble and Capt. Joe Paech with 32.0 followed by Lt. and Mrs. Randy Haslett, Capt. and Mrs. Pat Carroll and Major and Mrs. G. F. Hammond. The evening was a tremendous success but as one anonymous individual said 'The atmosphere sure was like that of a bridge tournament. Things were so tense that even Omar Shariff would have enjoyed himself'.

Well, that is just about it for this week. In the meantime, if you happen to be standing on a street corner and hear something yelling 'Mark, mark, mark', just remember: it's only the village idiot dog with a hair lip. **Nosce te ipsum** and **GOOD SHOOTING.**

Clark, Cline & Co.

Well fun seekers, wherever you are, here we are after a fun filled Xmas and New Years, not to mention the drying out period.

Sorry we missed the last issue, but, the drying out period was still in session. Actually, it was a misunderstanding between the two of us. I'll drink to that.

We girls in the block during Xmas certainly had a fabulous time. Santa Claus didn't come, they condemned our stockings (Athletes Foot), and the radiator in the TV room did its thing, blowing up, and blew our balls right off the Xmas tree. Luckily, the lights managed to hang right in there.

In our Adobi Hacienda, our family has increased and presented six new faces. They are, from left to right, Irene MacAdams, Barbara Walker, Kathy Huff, Shirley Reynolds and Andi Southward. Sorry about having no picture, but due to the shortage of gun powder in the block, we had no flash.

Oh! Oh!, we nearly forgot the pride of the Navy. Best we don't forget Penny (five cents) Walkey. Penny arrived here about a month ago, from the land of Fisherman, Mill Cove. So far, she is having a little trouble digging our lingo. She's also succeeded in confusing us with such phrases as: "Where do I stash my gash?" "Just doing my dobi." "Have you got a cabin for me to bunk in?" "Can you go ashore anytime?" and, she insists that she works Dogs instead of midnights. Huh!, I wonder what dingy brought her ashore. No sweat Penny, we shall overcome.

Well fellas, here's some good news for those of you without girls. Don't blow your cool just yet, because there is a rumor that 8 new girls will be arriving here in February. So keep your home fires burning.

Now, for the announcement we have all been waiting for.

Congratulations are in order for four well known young people on the base for really doing their thing and becoming engaged. They are: Beverly Williams, Ken Hamilton; and Dom Lariviere to Alfie Keating. May you all be happy and blessed with 20 potty trained ho-apes. Don't forget, "Keep it Faith".

Well, is there something to matter with the female personnel on this base??? It seems that nearly all the Airwomen stationed here at CFB Winnipeg wish to become Flight Attendants. We are about to lose another one, Libby Kozak, who is Trenton for a week on Orientation Course. We would like to wish her the best of luck when she does get her course.

We hope, that in the meantime we will have lots of info for you on the Badminton Championships in Shearwater. The team going consists of Carmel Blanchard, Diana P. Wick and Beanie Cline. We sincerely hope that these girls can bring back some hardware or honour for this base. Let's Sock it to em team.

Since we have finished with the sports, we would like to add a few words of Wisdom **ALL** to keep in mind; a person gains no friends and no honor loses enemies.

Now folks, here's a tidbit from our giant book of knowledge. Snakes don't have armpits. Huh! bet you're thinking that's only one we know. Stay tuned to our next issue for another one heh!

Now, for our insults of the week. "Is that your nose, or you eating a banana?" "You look nice, did you pay a visit to your emborner today?"

Well folks, gotta go, catch, brain dum, inspiration won't come, dry ink, bum p-

So, until the next issue, Sock it to em, Sock it to em.

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\$3.6 million RCAF memorial gets more suitable name

The RCAF Memorial — a \$3.6 million tribute to Canadian aviation — has been renamed by its newly formed national Board of Directors.

The new name, "The Hall of Canadian Aviation History and RCAF Memorial", better suits a memorial which will provide a memorial to Canada's famous aviators, a convention centre for present aviators, and an inspiration to potential ones, according to chairman Air Marshall C. R. Dunlop, former chief of staff, RCAF.

The national board of directors, formed early in December, has brought together 25 Canadian business or military leaders with backgrounds in Canadian aviation.

The board includes men who are significant in the development of a Canadian aviation industry, such as Phil Garatt of the Hamilton Aircraft of Canada Ltd., Toronto and Geoffrey Notman of Canair Ltd., Montreal; leading military aviators; and a number

of prominent citizens such as the Hon. Clare Wallace, former lieutenant-governor of British Columbia, Halifax lawyer Frank Covert, grain company president George Sellers of Winnipeg, and industrialist Dennis K. Yorath of Edmonton.

The memorial is scheduled for completion at Trenton, Ont., near Highway 401, by fall 1972. Air, sky and space — the media of flight — are emphasized by the unique design, which aims an eternal laser beam at the stars from the centre of the complex.

Along an educational motif, the memorial hall, the hall of Canadian aviation history, and special activity areas in the 50,000 square foot building will attempt to recreate Canadian aviation history with the latest visual and audio display media as a "living memorial".

Funds for the memorial are being raised by private subscription while the federal government will provide for maintenance of the completed memorial.

Kiddies' Korner



BEAUTY AND THE BEAST. The beauty is Shiela Tarbet, three year old daughter of Capt. and Mrs. Hugh Tarbet. The beast is a stuffed wolf owned by the

51st cub pack which meets in building 24 Tuesday and Wednesday evenings. (photo by van Boeschoten)



DIE, DIB, DIB. Laurie Ayres and Keith Hilchie lead the pack in a grand howl in front of Akela, John Welsh. (photo by van Boeschoten)

13 tenderpads invested by cubs

The ceremony was conducted by Akela (Sgt. John R. Welsh) with the able assistance of Chil (Sgt. Ron Burgoyne), Grey Brother (Capt. Kent Humphrey), Raksha (Mrs. Mae Jackson), Hathi (Mrs. Joanne McCaulay), Balloo (Capt. Hugh Tarbet) and Bagheera (Mrs. Stephanie Wehrle).

On completion of the investiture the Pack was led in the Grand Howl by Laurie Ayres representing the new and Keith Hilchie representing the older Cubs. Another highlight of the evening was the presentation of the Tawny Star to Peter Burgoyne. A special "Thank You" is extended to all the parents who attended.

Community Council Going to beat '70 — or zero

By Doug Blais

Just a figure of speech to exemplify Manitoba's Centennial. Another figure of speech to exemplify CFB's contribution to Manitoba's Centennial "Going to Beat Zero". That's just about the response you folks have shown in suggestions for a Centennial Project for CFB Winnipeg.

cost anything but a few minutes of your time — perhaps a price ticket is necessary; something like 50 cents a suggestion in order to get some response even if it is to complain. This would at least tell us we're among the living.

Did you know that the community council was trying to drag some suggestions out of you for centennial project for CFB Winnipeg? I say drag out because thus far all efforts have proved futile. There was an article done in Voxair with absolutely no response, then a couple of full page DRO entries with no response. Finally with the ever ready help of your ward councillors pamphlets were distributed to each door in married quarters. Now if this doesn't bring any response after a door to door campaign I'll begin to believe some of our critics who say that we want all the benefits of a community but aren't willing to put anything out for it. All we're asking is a little community effort to put in a few suggestions for a Centennial project. It doesn't

"Come on folks — surely there are some of you who take pride in being a good citizen and are willing to extend the hand for other things than receiving. Like it or not we're all Manitobans at the present time and I've often heard the complaint that we're treated like second class citizens by the civilian populace. In my opinion this might be too high a rating if we as a group cannot even contribute a thought for Manitoba's centennial.

This suggestion for Centennial Project is open to all the service people and their dependents whether they be single or live in other residence than PMQ's.

There are 3 places you can send your suggestions for a Centennial Project as follows: (1) Box 30, Westwin (Community Council Box) (2) Your Ward Councillor (3) 733 Comm Sqdn Attn: Cpl Blais

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From the Tudor Lounge



COL. W. A. HOCKNEY receives a club 61 Commemoration Plaque from the PMC, Ron Pinke as H/PMC Capt. K. W. Serne looks on.

Base Photo

Plaque Completed... just in time

It all began in the Spring of '65 when Ken Boettger, at that time Chairman of the Entertainment Committee for Club 61, scribbled a few lines on a piece of paper and came up with the idea and design of a new Club Crest. The final draft was presented to Bob Casey and Co. and, as fate would have it, the darn thing went missing. It took four long years to uncover its ultimate whereabouts. The dusty, water marked, rather dog-eared piece of paper was discovered by Paul Jenkins during a clean-up session of the Club 61 Office.



Once again the wheels of progress spun into action — only to run out of steam and sit idle again. During this period the original was re-drafted, lost, found, sold and finally given up as dead.

The miracle happened!!! Once again it was Ken Boettger (promoted by this time and involved in running another Club), who stirred up the dust. Gary Slater offered his talents and Dave O'Bryne and Executive got down to business. Ken, Ron Pinke and Jack McBain (one of the truly talented men of our time), then got together to come up with a finished copy. Jack said "Come back in a couple of months!"

Well, here it is January 1970 and the dream of "LITTLE (!!!)" Kenny Boettger has become a reality. All things considered it didn't turn out too badly for only six years work — did it????

henry viii

Corporal's Contribute

January 31st, 1970 at the Cpl's Club there will be an indoor "Winter Carnival". In fact, this Carnival will be designed along the lines of a Monte Carlo Night. There will be many, many, penny games, card games, etc. The whole evening is designed for fun and profit. The fun is for the participants and the profit goes, in total, to the Lamp of Learning School. Admission for the evening is \$1.00 and there will be dancing, food and prizes over and above the actual games. COME OUT AND SUPPORT A VERY WORTHY CAUSE.

Infantry to use air power??

Down through the ages — since the eras of throwing rocks and shooting arrows — man has been seeking improved methods for using air power to destroy his enemies. But not until this century has air power become a vital separate force.

In **AIR ASSAULT** (Hawthorn Books, Inc. January 30, 1970, \$8.95), Lt. Colonel John R. Galvin presents the first full-scale account of modern airmobile warfare, beginning with the early innovators of the parachute and glider in the first decades of the twentieth century.

According to Lt. Colonel Galvin, there is no doubt that airmobile warfare will play an increasingly important role in military tactics. "Today's military strategists must realize that ground warfare has become three-dimensional and that air mobility is a critical factor in the battlefield. The infantry-

man of future fights will take the high ground by air assault." He also provides a behind-the-scenes glimpse at the controversy raging between the "lights" — those who, like himself, believe that airmobile warfare will revolutionize military strategy — and the "heavies" — who believe that airmobile units will always be on the fringe of the real battles.

Covering airborne operations during World War II and the birth of helicopter air mobility, Lt. Colonel Galvin recounts key battles of World War II, the Korean War and Vietnam, using heretofore unused German, Japanese and Russian documents as well as previously classified American operations orders and after-action reports.

Lt. Colonel Galvin is now serving his second year of combat in an airmobile unit in Vietnam.

Sports across Manitoba

Sports groups and organizations across our Province have the Centennial Feeling.

94 of them have been approved as ticket agents for Canada's first legal lottery.

These approved Sweepstake ticket agents will realize 37 per cent commission on each \$2.50 ticket sold.

A wide range of Centennial sports projects will benefit from commissions received from the sale of Sweepstake tickets. They include new facilities, expansions or renovations to existing facilities, sports equipment, and athletic events.

So it is a fact that when you buy a Sweepstake ticket you invest in Manitoba and become eligible to share in \$175,439.



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a fact that when you
weepstake ticket you
Manitoba and become
o share in \$175,439.

Who's in first place?

By Larry Paquette
Inter-Section Hockey

I was hoping that by press-
ing I would be able to tell
you who was where and at but
as it stands right now, the
Blues are in first place with 25
points, Canadians 24 points,
Blues 22, Bruins 11, Hawks 5.
The Hawks have decided
throughout the few of them that
come out to the games to pull
out of the race even if they
will have a small chance of
making the play off at that
time. By doing so they auto-
matically gave 2 free points to
the Canadians and to the Blues
which did improve the standing
of those two clubs for the play
off position without having to
work for it. I'd like to take this
opportunity to congratulate the
members of the Hawks who did
come out and tried hard for the
sake of hockey. There is a de-
ciding game left to play which
will decide the first place team
and this game will be decided
at the meeting. So by the time
you read this the first place
will be known and already in
the semi-final first place meet-
ings on Monday 26
Jan., Wednesday 28 Jan., and
second place meet fourth place

on Tuesday, 27 Jan., Thursday,
29 Jan., and carried on as
semi-final over. It's a series 3
best out of 5 and the final will
be 4 best out of 7. By the way
third and fourth place are the
Blues and the Bruins. Regard-
less of the outcome at the
meeting or the game what
ever. This should be a very
interesting series, everybody
is getting themselves in good
shape and all going into the
semi final with the confidence
of making the final and winning
the STATION CUP. In my
opinion as a bystander, all
teams have the potential to
make it if only they get all
their players out but since we
are paid to do a job in the
Service and not to play hockey,
it is sometimes impossible to
get the big guns or one of the
key men and too often this means
the game so let's hope that for
the little bit of inter-section
hockey left that the Section
Head will cooperate with us by
letting, if possible, those hockey
players go when ever their
team are playing.

I wish you all the best of luck
and may the best team win.
See you all at the ST. JAMES
CIVIC CENTER between 12:00
hrs and 13:30 hrs.

Intersection League Standings

27 Jan. 70

TEAM STANDING

| TEAM | GP | W | L | T | F | A | Pts. |
|-----------|----|----|----|---|----|-----|------|
| Leafs | 16 | 11 | 2 | 3 | 90 | 25 | 25 |
| Canadians | 15 | 11 | 2 | 2 | 80 | 22 | 24 |
| Blues | 16 | 6 | 9 | 1 | 37 | 54 | 13 |
| Bruins | 15 | 4 | 8 | 3 | 51 | 77 | 11 |
| Hawks | 16 | 2 | 13 | 1 | 39 | 119 | 5 |

TOP SCORERS

| NAME | GP | G | A | Pts. | PIM | TEAM |
|------------|----|----|----|------|-----|-----------|
| Campaigne | 14 | 24 | 24 | 48 | 6 | Leafs |
| Snider | 12 | 21 | 6 | 27 | 8 | Canadians |
| Welsby | 11 | 13 | 11 | 24 | 14 | Canadians |
| Gilmour | 13 | 11 | 13 | 24 | 6 | Leafs |
| Psooy | 13 | 13 | 10 | 23 | 10 | Leafs |
| Gillespie | 8 | 12 | 11 | 23 | 2 | Canadians |
| Roenspiess | 12 | 8 | 13 | 21 | 6 | Canadians |
| Stewart | 15 | 4 | 16 | 20 | 22 | Bruins |
| Blanchard | 9 | 13 | 6 | 19 | 14 | Leafs |
| Skimming | 8 | 7 | 11 | 18 | 14 | Leafs |

GOALKEEPING AVERAGE

| NAME | MP | F | A | Avg | PIM | TEAM |
|-----------|-----|----|----|------|-----|----------------------|
| Sabourin | 720 | 75 | 18 | 1.5 | | Canadians 4 shut out |
| Pope | 840 | 84 | 25 | 1.66 | | Leafs 5 shut out |
| Tripp | 720 | 28 | 32 | 2.66 | | Blues 1 shut out |
| Kraushart | 480 | 18 | 25 | 3.12 | | Bruins 1 shut out |
| Hill | 240 | 10 | 25 | 8.25 | | Spare 1 shut out |
| Scagnetti | 180 | 15 | 25 | 8.33 | | Spare |
| Arsenault | 540 | 36 | 57 | 6.33 | 2 | Hawks |

**Clerics to play
hockey overseas**

LAHR (CFP) — The flying
fathers, a hockey team of Cana-
dian Roman Catholic priests,
will play a series of exhibition
games later this month against
armed forces hockey clubs in
Europe.

Captained by Father Les
Costello, a Toronto Maple Leaf
in the early '50s, the team will
play air division's 4 Wing
Raiders in Baden Soellingen,
Germany, Jan. 20 and return to
the division's LAHR base Jan.
21 for a contest with 1 Wing's
Arrows. The fathers will then
travel to Soest for games with
brigade teams.

The flying fathers' hockey
club is a non-profit organiza-
tion. Since the team was formed
in the early '60s members have
raised more than \$250,000 for
charitable purposes. Gate re-
ceipts from this tour will be
given to local charities.

Before returning to Canada
Feb. 3 the hockey-playing priests
will fly to Rome where they
expect to have a private audi-
ence with Pope Paul.

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**Westwin Ladies'
Bowling League**

By Cathy Murphy

Congratulations to Marg
Hynes who rolled a 371 in the
3rd. game on Jan. 12. As the
second half of our season gets
into full swing we have I. Dob-
son in first place with 63 points
and H. King following close
behind with 60 points, P. Swan-
son is in third with 57 points.
The High Single for Jan. 5 was
D. Bentine — 281 on Jan. 12
B. Register — 288. The High
Triple for Jan. 5 B. Register
— 626 Jan. 12 — M. Heacock
— 658. Our top bowlers are:
I. Dobson — 196, P. Swanson
— 193, M. Hynes — 190, B.
Tasky — 182, D. Robinson —
180, C. Mosher — 179, Y. Bailey
— 174, A. Leger — 173, E. John-
son — 173.



WHAT'S UP DOC. Just some of the action from
3RCHA officer — sgt. hockey game. Ask the MO how
it feels to be under the J. Battery Sgt. Maj.
(Photo by Patey)

The curling action

During the last two weeks
curling at both rinks has been
in full swing. Saturday evening
the tenth of January about fifty
ladies entertained husbands and
friends at a fun spiel in the
Westwin rink. Curling around
skittles and throwing rocks in
the dark was such a traumatic
experience that the ladies pro-
vided prizes for all of the
men, winners everyone. George
Reeves catered a delicious
Chinese dinner and we can only
look forward with anticipation
to the return of this annual
event.

By the time this edition is
published the ladies annual
open "Bonnie Bonspiel" will be
underway with 32 teams from
clubs throughout Metro. The
playoffs will be Thursday
afternoon the 22nd of January
at 2 P.M. If you have the chance
come out and watch, good
spectator curling is guaranteed.

One of the unexpected benefits
of cold weather in curling is
that the air in the rinks is a
comfortable dry 25 to 30 degrees
above zero. Oddly enough as
the outside temperatures rise
the heaters in the rink do not
operate as much and so the
air tends to be damp as well
as cool. Now that the ice beds
have settled down from their

warm weather shifting the ice
is in good shape and Ice Makers
Norm Brown at the FOB rink
and Rink Pollock at the West-
win rink are to be congratulated
for their efforts.

Last week both the RCMP and
Prairie Region held one day
bonspiels. Competition was so
fierce amongst the police teams
that rumor has it the one week
delay for playoffs was in order
to prevent mayhem on the ice.
On Friday night the Technical
Officers Challenge was held in
the FOB club with much throw-
ing down of gauntlets accompa-
nied by medieval cries of "hit
the broom". Curling is a so-
cial sport, fun and competition
mixed together.

Regrettably there were not
enough teams entered in the
proposed new nine o'clock league
so it was necessary to cancel
this event. There is, however,
some ice available for casual
curling during week day eve-
nings on both the 6:45 and 9:15
draw. If you are planning sec-
tion bonspiels there are two
Fridays available during the
day, the twentieth of February
and the sixth of March. During
the week plenty of ice is avail-
able at FOB for one day spiels.
If you are interested phone
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Skiing for fun

By Ken Beckman

At long last CFB Winnipeg have started to form a ski club and our first outing is planned for 17 Jan to La Riviere. Approximately 30 people plan to enjoy a day on the slopes and we wish to invite all CF Personnel and dependents, DND employees to join our ski club. Always the same, when on a fateful night
At last the gathered snow lets down as white
As may be in dark woods, and with a song
It shall not make again all winter long.

Robert Frost

Some people suppress the urge to ski or do other sports because they think they haven't the time or resources, it's been my excuse for the last twenty years. My first exposure to the Wonderful World of Skiing was in 1942 when my hometown of Bracebridge, Ontario became part of "Little Norway" and we met the Solvicks, the Scretabergs and many others, often remembered, who come to Muskoka airport to get their pilot training.

As a lad of ten, I remember being invited on a weekend ski trip, with loads of food, and a Sergeant Pilot named Olay let me keep the hand carved skis for a present. In the next two winters the air base personnel built a ski jump, and entertained the local townspeople with a spectacular series of competitions. I spent many pleasant days in the quiet and solitude of the winter wilderness in company with my Norwegian friends.

Most skiing is done for sheer enjoyment, and is commonly referred to a fun-skiing. On the slopes or sharing a ride up the T Bar you meet the nicest people who like the great outdoors and like to have fun.

Our ski club has several expert

instructors available who will spend part of the day giving various levels of instruction to bring us up to date on the latest ski technique. For an introduction to skiing, one could visit the Chalet and rent the best equipment, and use the tows for approximately ten dollars, then he can decide if the sport is for him. Following this, they would probably head for the closest ski shop, so let's talk about what to buy, starting with boots.

There are lots of sales on in January and February and if you want to look for a bargain there are lace type ski boots on sale in the Annex for half price or around Twenty dollars. Buckle boots are in, so lace types have been going at somewhat lower prices. The main points to remember in purchasing ski boots is to buy a good quality properly fitted boot. Without that proper fit, you will damn yourself to months of sheer pain before you throw or give them away. Here are a few points to remember:

1. Boots should feel tight, but not hurt and you should feel the boot on most parts of your foot.
2. They should grip the ankle firmly but not pinch, with virtually no lift of the heel when you lean forward.
3. You should be conscious of the boot touching your instep, but not pressing, also you should be able to freely wriggle your toes.
4. Try on several sizes, larger, smaller, narrower and wider to get a correct fit. Many boots have a severe forward lean built in and may seem too short at first, so when you put them on, bang the heel sharply on the floor of the boot. When you lace them up and stand, flex your knees to see if it is comfortable.
5. Beware of a fit that is too comfortable because it may have excess padding at the ankle that can soften and compress with age, giving ankle wobble. A skilled ski boot salesman can supply you with boots even if you're knock-kneed, or pigeon-toed, by canting or building up either side of the insole of the ski boot.

The key, of course, is to be careful, yet not to turn the quest into a "thing". In other words, just make sure it fits.

This guide is helpful when you find a good price but the sales clerk doesn't know a ski pole from a ski bunny. Next time I'll write and let you know what I've learned about harness & skis, then we can discuss what to wear, how to keep warm and where to go. It should then be spring and our bruises will probably have healed and our newly found muscles ceased to pain. I hope our clothes will be much too large for us. So up, up and away, you squares, swingers, sportsmen — would be sportsmen and never to be sportsmen.

"TO THE SLOPES —
TO THE SLOPES"

Keeping fit is an all year job

By KN MacLean

Attention of personnel is directed to CFSO 475/69 and also the fact that all staff on strength of CFB Winnipeg (Officers and Men) are to be tested by 10 May 1970. The results are to be forwarded to CANTRAINCOM by 15 May 70.

During the hours for personal fitness training in Bldg 90, Recreation Centre, personnel were requested to sign the register provided. Upon review, the register showed that a total of 59 personnel have frequented the Gymnasium a total of 441 times from 10 Oct. 69 until 12 Jan. 70. This certainly is a poor showing considering the number of personnel on the Base. The onus for fitness is not with the Section Heads for time off. The real responsibility for fitness lies with the persons themselves.

One of the hardest things in the world on your system is sitting in a sedentary job for 11 months of the year, then working like mad for one month in order to pass your annual fitness test.

The real value of any fitness test is to:

- a. determine your level of fitness,
- b. work to improve it,
- c. maintain your level.

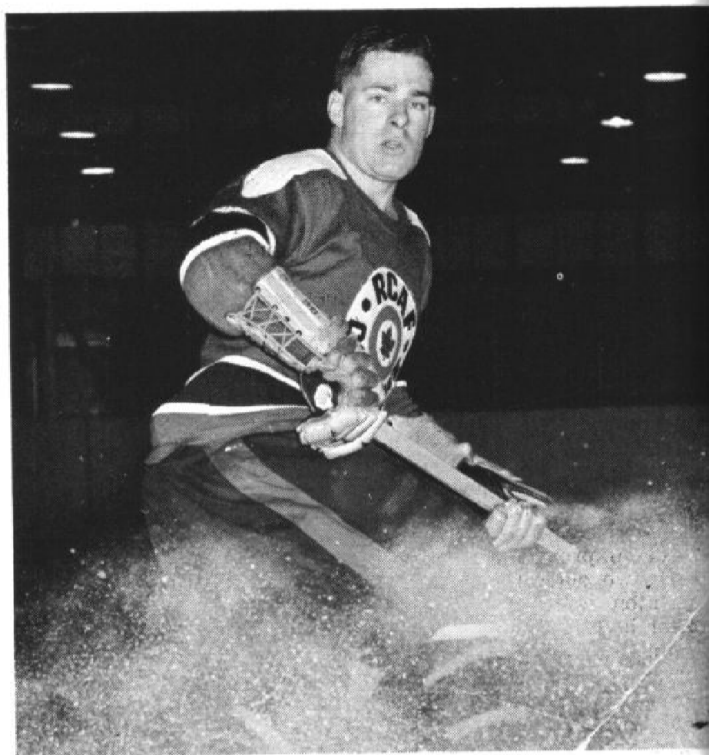
The test was not set up in order to prove how many could work themselves into shape in one week to pass it, rather it was set up to establish a goal for various age groups and to motivate personnel to reach this goal.

Fitness is a continuing process, not a sporadic thing. You don't prove a thing by training only to pass the test then letting yourself slip back to a low ebb of fitness.

The Gym floor in the Recreation Centre is being resurfaced, therefore, all jogging is carried out in Bldg 21 (Old Recreation Centre — Sharpe Blvd) during the following hours.

Mon. 0800-1200 hours,
1330-1500 hours
Tue. 0800-1000 hours
1330-1630 hours
Wed. 0800-1200 hours
Thu. 1330-1630 hours
Fri. 0800-1200 hours
1300-1630 hours

The Recreation Centre can still be used during the resurfacing operations, but only for Swimming, Weight Training, Sauna, and Bowling.



Ross Murray of the Canadians

A man for all seasons

By Larry Paquette

ROSS MURRAY was born and raised in Zelma, Sask. He started to play hockey for the fun of the game at the age of 6 with his brothers and sister on the farm. By the time he was 12 he started to play in organized hockey in Zelma. In the season 49-50 he went to the Notre Dame College, Wilcox, Sask. and played for Father Murray and went in 50-51 to Saskatoon Westley and then join the Service in 51 and started to play in the Service at Alymer. From 57 to 61 he played for the Bonnyville Pontiac's of the East Alberta Hockey League. In 64 he was transferred overseas to 3 Wing and played for the 3 Wing Flyers and also coached them for one season. In 68 he was trans-

ferred to Winnipeg and played for the station since.

Here in Winnipeg he is playing with the Canadians Inter section and Base Team. He is a key man for his team as when he is on the ice he controls the play. He plays very good defence without using too much body contact. Instead he uses science when necessary strength. He always makes sure that he does not hurt his opponent, as he only to win, and likes to see others enjoying the game also. During the summer he keeps himself in shape playing tennis and golf for the Base. He is well known by sports people on the station and every one that has met him agrees that he is the friendliest gentleman they ever met.

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Sport 'N Things

with Russ' Phillips

Do you think it's a little chilly out, do you? And I suppose you think it couldn't get much worse? Well dear readers, let me tell you about what real suffering is like. Let me tell you about my early days in Saskatchewan and I guarantee that before I'm finished you will think we're in the midst of a heat wave. I recall one night out there the temperature went to 95 below zero. Outside it was much colder, but in the house it was 95 below, and I think I can safely say that this was the coldest house we ever lived in. That particular night we all huddled around the refrigerator because it was the warmest spot in the place. It was so cold that the words we spoke actually froze as soon as they passed our lips. Can you imagine that? We talked and sang and yelled and whooped but every sound was heard, for as soon as the sounds came out they were petrified. Then one night as we slept; a warm chinook wind came up and the temperature went to 35 above. Well sir, on about two in the morning we were all awakened by this terrible rilling and singing that all seemed to be jumbled together. At first we thought it was ghosts, but upon closer scrutiny we found the real answer. All those words, whoops and yells that were heard, came to life when they thawed out and what a racket they made. That's the end of the story and if you don't mind I would just as soon you didn't repeat it. The last time I told it in public, they put me in a special room without furniture for 30 days.

Rec Centre under renovation

WO Ben Gustafson reports that the gym floor which is being installed, should be ready for use on schedule. That will be on Feb. 22. The Westwin Centre is a busy place, especially in the day time and one can appreciate that the floor takes quite a beating. When it does open up again, WO Gustafson mentioned that there would, as usual, be quite an amount of "free" time. That is to say, organized groups would be allowed access to the gym for such things as badminton, volleyball, jogging, etc. Young Graham, James and Dave Beer are hoping to start a basketball team, so when the floor is ready they should be able to get some prime time for it. Any group, Service or Dependants who wish to make use of the gym time should contact WO Gustafson or one of the staff at local 511.

seasons

Winnipeg and play station since. Winnipeg he is play the Canadians of tion and Base Team key man for his team he is on the ice in the play. He plays defence without a much body contact he uses science an necessary strength. He makes sure that he win his opponent, as he enjoy the game to win, and likes to s enjoying the game also in the summer he keep in shape playing b for the Base. He is w sports people on t and every one that h agrees that he is t st gentleman they ev

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TOPS ON TRAMP — Trampoline champ, Sgt. Brian Harrison demonstrates the style that earned him the trampoline championship of the British Army of the Rhine and the British Army title at Aldershot, England, last October. The 31-year-old phys-ed instructor with the Patricia's in Germany bested 30 of the British army's best at the Aldershot finals.

Leafs off to a good start

By Bob Smith
Minor Hockey

"E" Team, now known as the Leafs, are off to a good start this year winning both games played to date. The team is led by the scoring of Joseph Rice, Glen Webber, Douglas Swanson and Bobby Mitchell with a total of nine goals in the two games to date, while solid playing by the team as a whole has blanked the opposition. Other members of the team are: Russell Bouchard, Grant Miles, Glen Filazek, Mark Campaigne, Chris Howard, Gary Maddison, Gary Steadman, Wray Welsh, Marc Beaudry and Mark LaPointe.

Parents have been very impressive in the way they have kept the rink playable and also come out to tighten skates and cheer their boys on to greater effort.

All the boys on the team are showing steady improvement in their skating and hockey skills and are enjoying a very rewarding season.

Cold weather has hampered practices and games of late but it is hoped to get back to normal in the very near future.

On behalf of myself and the team as a whole I would like to thank all involved for giving so freely of their time to give the boys so much enjoyment.

RCR's top runners

—Fleet-footed infants of 2nd Battalion, the Royal Canadian Regiment are zeroing in on divisional and British Army of the Rhine cross-country running titles.

The unit's team, led by Cpl. Nelson Bishop, outran the best of the brigade's major unit teams in mid-November to advance to division and later the British Army run in England.

Cpl. Bishop covered the six miles in 33:12 followed by team mate, Pte. D. R. Bates, whose time was 33:20. Finishing third was Van Doo, Pte. Paul Renaud in the time of 34:03.

Teams from the formation's three battalions competed in the major event. Point totals — based on the team scoring the least points winning — were: 2 RCR; 56; 1st Battalion, the Royal 22 Regiment 187, and 2nd Battalion, Princess Patricia's Canadian Light Infantry 198.

In the formation's minor unit cross-country competition, 4 Field Squadron, Royal Canadian Engineers, won with the brigade headquarters' team taking second place.

Youngsters invited to help form basketball team

It is hoped to organize a Westwin Basketball League, for dependants of military personnel of C.F.B. Winnipeg. Any interested persons between the ages of 14 to 17 years are asked to contact Graham James, at 837-9631, or Dave Beer, at 837-6787.

Adult coaching assistants would complete the package. Older citizens wishing to help these young people should leave their names with Joe Laiter at the recreation center. Approximately 25 to 30 able, and anxious teenage hopefuls are waiting in the wings for the "GO" sign.

Ed note — Sports Councillor Russ Phillips is also vitally interested in this undertaking and may be reached at 837-2681.

Olympics forge ahead despite late start

by Don Register

I would like to invite anyone who likes to watch a good hockey game to come out and watch the Westwin Olympics some Saturday or Sunday, (weather permitting). It's not the same calibre of hockey you watch on T.V. on a Saturday or Wednesday night, but believe me it's just as exciting. Mind you, this is a biased opinion of mine, being the novice half of the coaching staff, (Ken Murphy being the experienced half). However, I know myself that there are many, many other people who feel the same way. For example there were two gentlemen who came over to me after a hard fought team effort in the Civic Centre and said "Boy that's a good team there." Funny thing was that I didn't think that the boys played as good as they are capable. However, it was good enough to win (3-2) and I never heard a crowd of less than a hundred people make so much noise before. As I said before there is lots of excitement. Another reason for this is the fact that these boys are playing for one reason: because they love the game of hockey so much, and believe me they sure put everything they have into it. This is I think what makes it such a pleasure for Ken and myself. Someone thanked Ken and I in a previous write up in Voxair for making 18 Westwin boys happy. Well, we would like to take this opportunity to thank 18 boys for making 2 Westwin fathers happy. These boys are a good example of the old saying, "It's not a question of whether you win or lose, it's how you play the game", and they all know how to play the game. You never see any sad faces when we lose a game. The only time we've ever seen a sad face is when we have to tell them that a game is postponed because it's too cold to play. Westwin has been well represented by these boys, who make up the only hockey team from Westwin in the Minor hockey league in the Winnipeg area. We have four games left to play in the schedule and then the playoffs, which Ken and myself hope will bring more great things.

To sum up, I would like to say that all the parents of these boys can be real proud of them. Let's hope these boys continue in their hockey careers and who knows but that maybe someday we can sit back and watch them on T.V. on a Saturday or Wednesday night.

Here is a list of the 18 players on the team, their positions, and goals, scored to date.

1. Mike Ashton (just joined us 2 games ago) Left Wing
2. Steve Beer Goal
3. Robert Dudson Left Defence (A/Capt)
4. Greg Filazek Right Defence
5. Steve Gwynne Left Wing
6. David Gwynne Right Wing
7. Bruce Hermann Centre
8. Don Jurgens Centre
9. Robert Lyster Right Wing (1 goal)
10. Andrew Meers Right Defence (A/Capt) (14 goals)
11. Donald Muise Left Wing
12. Barry Parent Left Wing
13. Ronald Rice Right Wing (1 goal)
14. Bradley Sitavanc Right Wing
15. Danny Wehrle Centre (2 goals)
16. Greg Wilcox Left Wing
17. Mike Williams Left Defence (Captain) (8 goals)
18. Robert Winter Centre

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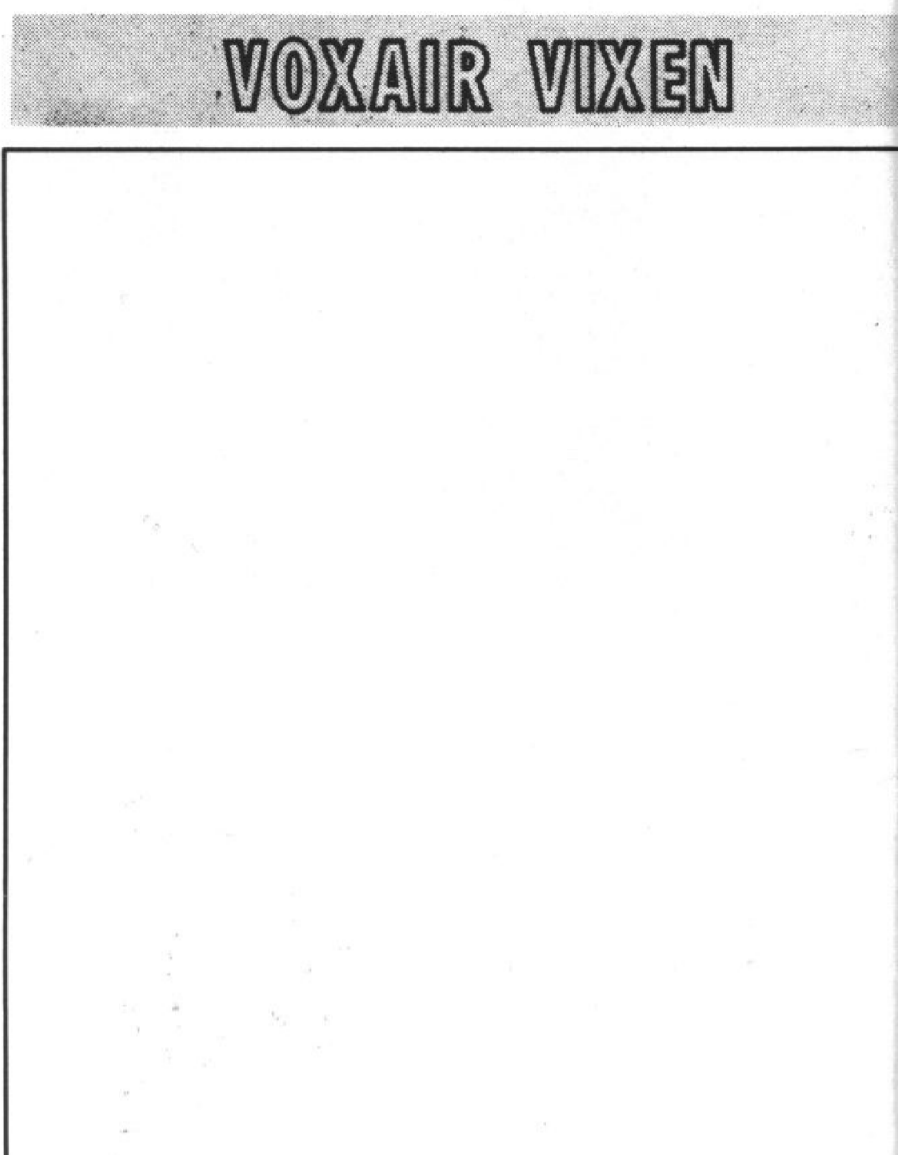
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