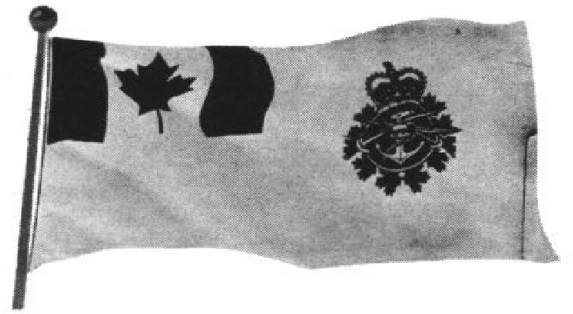


Voxair



THE CANADIAN FORCES NEWSPAPER

Volume 18, No. 13

CANADIAN FORCES BASE, WINNIPEG

July 9, 1969

Cutback explained in statement to house

Following is the text of the statement made to the House of Commons on National Defence by Hon. Leo Cadieux.

National Defence

Mr. Speaker, hon. members will recall that when I reported on June 2 regarding the NATO ministerial meeting, I undertook to report progress as decisions are reached on changes necessary to give substance to the government policy on defence as announced by the Prime Minister (Mr. Trudeau) on April 3.

This report I made today will not be a lengthy one, Mr. Speaker, for a number of reasons. There are many variables which must be taken into account before final decisions can be made. For example, our role and force structure in NATO are still being discussed with our allies. We will honour our obligation to be governed by the established NATO consultative procedures, and hence our plans must remain tentative for the time being. For similar reasons we do not wish to anticipate changes which might be made in air defence roles and organization. In this regard, we are looking forward to receiving and studying the report of the Standing Committee on External Affairs and National Defence. These are but two examples, Mr. Speaker, and when account is taken of all the factors that must be studied before firm decisions are made, hon. members can understand the difficulty I have in making this first report as full and specific as I would have wished. There are, of course, some broad aspects which I can announce at this time and as I have stated earlier, I will continue to make public, from time to time, further details as they become firm.

During the whole course of the defence review, and particularly following the government's decision to base defence forces on the four point program in the April 3 statement, we have conducted a careful analysis to determine the resources required, both material and human, to fill our defence needs and at the same time be consistent with national priorities and capabilities.

Although there are some detailed alternatives still to be decided, we have concluded that a regular force of 80,000 to 85,000 will be needed to meet Canada's defence requirements.

We propose to make the transition over a period of three years, and to reach the new manpower levels without instituting a plan of forced attrition for this purpose. We fully recognize that this will result in some temporary personnel imbalances within certain trades and specialties, but we are confident these can be overcome by making available opportunities for retraining.

Basic to our planning was a firm decision to concentrate, wherever possible, on reducing administrative and support activities, to provide us with a higher ratio of operational to non-operational forces than in the past. This includes a re-examination of our command and control activities with a view to reducing headquarters staff, including those here in Ottawa.

I would now like to describe in general terms the force
Continued on page 3



SO THAT'S HOW IT FLIES

... Michael Barret and Kent Johnson explain the finer points to Base Commander Hockney.

Were heading for a bash

A Bash, Frolic, September-best, Fun-In, Hootenanny — or yet-to-be-named event — is in the making for all elements of CFB Winnipeg Sept. 5, complete with a parade, floats, fireworks, crowning of a queen, dances,

barbeque and sundry other hoopla.

Aim of it all is a "Togetherness — Hi Neighbor" kind of day for all north-south site units, civilian employees, wives, kids and girlfriends.

Heading a fired-up, no-nonsense committee to put the show in orbit is Training Command's Capt. Jack Lynch, who already has had two meetings with a board of directors with proven abilities at organizing such affairs.

General chairman Lynch says plans call for a general stand-down at noon, with activities going on until sometime in the vicinity of midnight.

The project has the endorsement of Col. Hockney, the base commander; newly-appointed PMQ mayor, Capt. Don Breer; and the chairman of the recre-

ational council, Major Chuck Keating.

Capt. Lynch says there is "a tremendous amount of organizing to be done, and that many specialists have yet to be recruited."

Other activities in the planning stages include a band concert, rides and carousel for youngsters, mother-daughter events, flag football, fastball and track and field competitions.

Only criteria for the queen-for-a-day affair is that entrants — married or single — be over 17 years of age.

Eighteen CF-104's fly to their new base — 4 Wing

BADEN-SOELLINGEN, West Germany (CFP) — Shortly before noon on June 16 No. 427 Lion Squadron arrived, to stay, at four wing, Baden-Soellingen.

The move of the lion squadron from three wing Zweibruecken, marked another phase in the closing of that airbase, used by Canadian fliers since 1953.

The move of 427 squadron is in keeping with Canada's decision to consolidate NATO-assigned Starfighter-jet squadrons onto two operation airbases, Lahr and Baden-Soellingen, in West Germany.

The Canadian present commitment to NATO remains six squadrons of CF-104 jet aircraft employed in reconnaissance and strike/attack.

Eighteen of 427 squadron's Canadian-built CF-104s arrived over four wing at 1115 the morning of June 16. Sixteen of the Starfighters were in a precision diamond formation. They came back, high and quiet, echelon formation. Their third and final salute over Baden-Soellingen was in a line astern formation . . . low and very fast. There was no doubt everyone at four wing knew the lions had arrived.

Lieutenant-Colonel R. E. Carruthers, commanding officer of 427 lion squadron, was the first to land and the first to get out of his aircraft. He was dressed like a lion, complete with tail and mane. Colonel F. J. Kaufman, four wing's commanding officer, greeted each lion pilot replete in lion outfits.



What's up doc? — CFB Winnipeg's senior medical officer, 33-year old Major D. Bryan Conly, right, gets the OK from his flying instructor after earning pilot's wings in his spare time over the past year. A native of Winnipeg, Major Conly underwent 200 hours of flying instruction in a Tutor jet trainer. Applying the stethoscope is Base Winnipeg's Royal Air Force exchange officer, Flight Lieutenant Michael H. Wilson. Major Conly now relinquishes his post as senior medical officer to undergo a four-year specialist course in internal medicine at the Winnipeg General Hospital. His successor at CFB Winnipeg will be Major Gordon R. Douglas, 27, of St. Boniface. (CF Photo)

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GREEN BERETS



DAVID JANSSEN



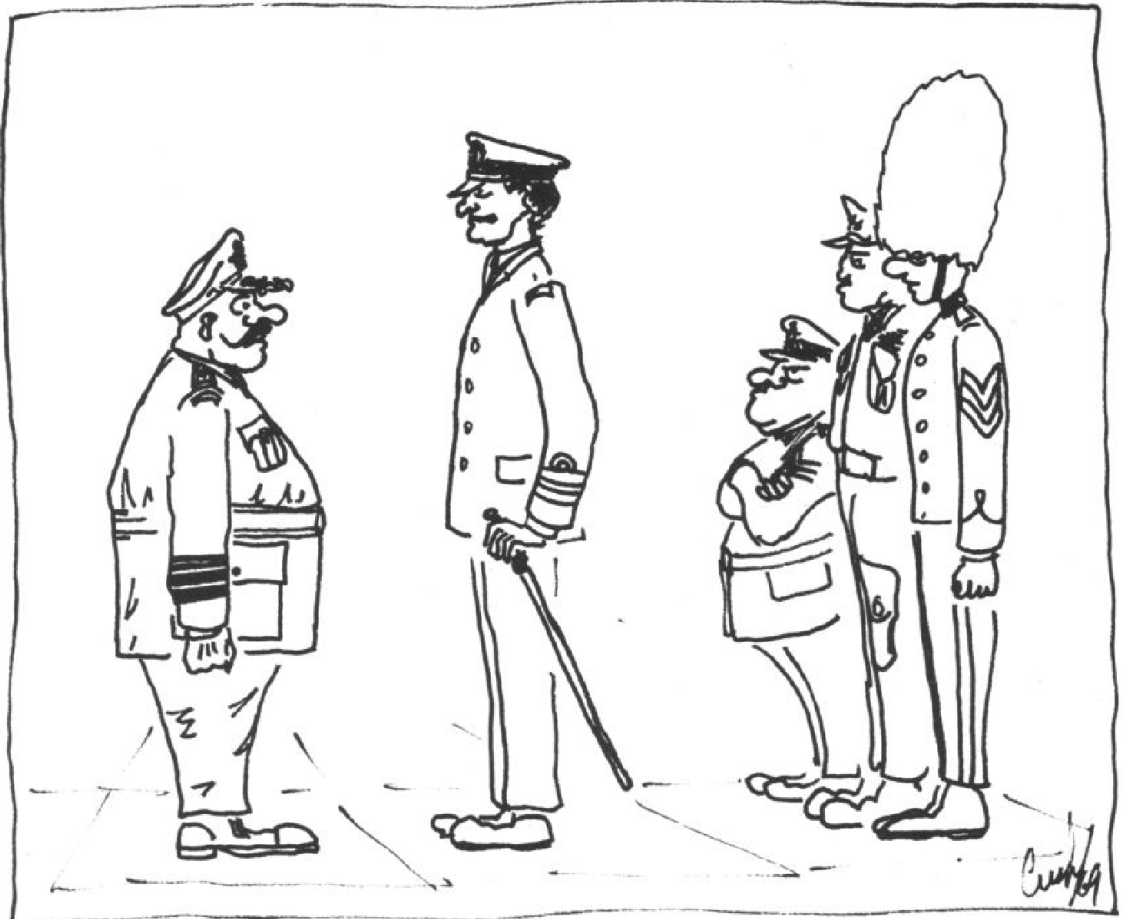
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JULY 16

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Le rédacteur sera heureux de recevoir des articles en français pour publication



Sorry about the parade sir, but due to recent cutbacks . . .

Morale and leadership

Today, in this period of uncertainty and fluctuating confidence in our leaders, the problem of Service morale still looms rather large. Whatever became of the old "Espris de Corps", the satisfaction we took in doing our job professionally, and the pride with which we once wore our uniforms?

Morale stems from good leadership and personal conviction, but these in turn are relative to confidence; confidence in ones' self, and in what you are involved, be it your Service career, your religion, or your athletic abilities. One often touted facet of the Service life has been that of personal security. Your job was safe when civilians all around you were out on strike. The pension was, and still is there, for the time being, at the end of a specified number of years. The pay was good. But times have changed. To quote from "Voxair's" editorial of June 18, and borrowed from the Totem Times, "... not even continued existence is certain in this day and age". Taken out of context, this can be construed in a number of ways. We are faced with another reduction of personnel. We are faced with a spiralling cost of living, and with our salary, cannot keep pace with our civilian neighbors in a comparable job. A rule of thumb for rents has always been, no more than one-quarter of your monthly income should be paid out in rental expenses. Multiply by four, an average rent of \$130.00, a monthly (winter) heating bill of \$25.00, light, heat and water, an average of \$15.00, and it exceeds by far one-quarter of a Corporals monthly take-home pay. However, if you are not at all house-proud or fussy, cheaper accomodation can be found in a sadly deteriorating neighborhood.

For many today the Air Force has become the second job, in order to make ends meet by moonlighting. Because of this the Service must necessarily suffer. No one can remain interested and alert when he is tired. Apathy replaces ambition, and morale sinks even lower. Our definition of Leadership is the art of influencing others to achieve the aim, but all too often the leaders are also tired, apathetic, and uninterested.

Leadership is also based on confidence, but we see the hierarchy of the Government and Service alike, unsure and unconvinced of the whole overall goal of today's forces. We must state a policy, and achieve an aim that remains constant. Canadian Defense, once the primary purpose of the Air Force, is now the next thing to non-existent. We vary in being discussed as a transport force, a mobile force and a police force . . . for other countries. We have six squadrons standing watch over a small sector of Europe, and in all the vastness of Canada, minimal pockets of aging interceptors and short range missiles to take on the function which the entire Air Force should be accomplishing. How is a leader to instill morale and confidence in his men, when he himself lacks faith?

Perhaps we all did help to sink the ship a little, but there is still time to secure all the hatches to save it from going all the way down, and taking us with it.

GJ

Dapper Dan says

You can't assume mutuals are risk-free

OTTAWA (CFP) — Thinking of cashing in that insurance policy and ploughing the money into a mutual fund?

Just hold your horses for a minute.

The Edmonton better business bureau offers this bit of wisdom:

"If you have other investments which have a proven record of performance, don't be pressured into making a change without careful examination of your future plans and needs, as well as the prospects and risks of the new proposal. Get all the FACTS."

The Edmonton bureau's guide says the basic purpose of a mutual fund is to provide, through the medium of an investment in one stock, an interest in many securities.

It says most mutuals invest heavily in common stocks. These are subject to market fluctuations so the investor must "be prepared to accept some degree of risk" depending on stock market conditions prevailing at any given time.

You can't assume mutuals are risk-free. At some time you may face some reduction in the value of your shares. But many investors who've held them over a period of years have found them a satisfactory investment, say the Edmonton experts.

You can't predict extent of capital gains nor can they

be guaranteed any more than you can forecast a stock market trend. Past performance isn't necessarily any assurance of what may happen in future.

What sort of dividend should you expect? Many high quality common stocks provide dividends as low as three to four percent. Funds invested in bonds, debentures, notes and preferred stocks may yield four and a half to six percent. So the average

dividend on most mutuals bears some relationship to these.

The success or failure of any investment operation depends on (1) the calibre of the management, (2) its experience (3) its ability to do the job well (4) and its integrity in carrying out its tasks in the interest of the shareholders, says the Edmonton BBB. (D. C. Hodgert, administrator of financial counselling for the forces).

grains of sand . . .

In the days not too long ago when we had a navy, the RCN used to refer to its recruit training base, HMCS Cornwallis, as 'the cradle of the navy'. We've recently had the opportunity to visit the base and it's our opinion that of all the Training Command bases, this one is truly the most unified of the lot. After three years of cross-breeding, the place has largely lost its old naval flavour and its nothing out of the ordinary to see an 'ex' Chief Petty Officer steaming along the street clad in army combat clothing.

The new 'cradle of the CAF' (sharing honors of course with St. Jean) has its problems though. With an in-house population of around 1200 recruits,

uniforms are getting pretty short in supply for all three elements and the supply people there seem to be living from hand to mouth for many items.

Speaking of shortages, friend of ours just got promoted to Warrant Officer but he had to scrounge his new rank badge from another Warrant. None in base supply it seems. Somebody in the front office in Ottawa allowed issue of the crown badges to newly selected Master Corporals and soon the stock went zilch across the country. We suggested to our friend that he merely write 'Warrant' across his forehead with a marsh pen. It might come to that yet.

And continuing on shortages, at the time of writing this, the word has just come out about the reduction in forces. Of course a certain well-known local radio hot-line program featured the subject as their phone-in for the day. Something rather pathetic about the way the ignorant and untutored seem to patronize such programs. Same crotchety and arrogant voices screeching or whining their uniformed ideas into the ether. Reminds one of the poor soul who two years ago became very vocal over the subject of EXPO 67. She protested its location in Montreal, wanting it instead in Digby, N.S.

While we're on the subject of small towns, our spies relate that there's to be a Doukhobor convention or gathering of some sort very soon in Kamsack, Sask. It seems that the DND has been directed to loan a few hundred tents to the assembly . . . and, presumably to help protect our interests, a senior NCO from Winnipeg has been detailed off to act as an on-site liaison officer. We know the role of the armed forces is shifting these days, but who'd have ever thought we might rejoice someday in the title Staff Officer Doukhobors? Hope somebody has reasonable fire insurance, tent-wise.

A letter from Ghana

Editor Voxair,
 Yes, we do get Voxair in darkest Africa! In fact it is received and read avidly, and regularly, by my staff, the Canadian Armed Forces Training Team in Ghana and me. Congratulations on an excellent paper.

I cannot help, however, commenting in a word or two about your Viewpoint by Hoover article in your April 23 edition.

Of course the March for Millions is a wonderful venture; of course its pushed by well motivated individuals and, of course, its bound, by its very nature, to be the subject of criticism as to its disbursements.

But let me tell you about Kofi and Comfort Baako — two little 8 and 9 year old Ghanaian orphans whose mother died in childbirth and whose father was

drowned in the flood following the torrential rains last year in Northern Ghana. They do not speak English too well — favouring their Ashanti tribal dialect — and they are, admittedly, rather unkempt. But then you see Kofi has had polio and can hobble along only on all fours while Comfort does her best to look after him and scavenge a few ground-nuts and cassava for their tummies.

School? No such luck. You see the nearest one room shack with no walls, blackboard or books is about 4 miles away from their mud hut in another village.

No, my friends, these are not fictitious people. Both Kofi and Comfort were in my home last week and spent 4 days in hot baths and filling their small but bloated bellies.

Now put yourself in their position. Help from their own tribal people? who are also destitute and desperate from lack of facilities such as drinking water?

Help from their Government? who are still struggling to recuperate from economic disaster following the Nkrumah regime and from repeated poor cocoa crops?

No, my friends. Help must come from those of us who are able to share a little — to give a little anonymously and who won't miss a penny or two here or there.

We Canadians in far off places such as Ghana are privileged to see exactly how the other half fares and are forever thankful that we in Canada are blessed with a thriving economy, abundant natural resources and excel-

lent education facilities. How lucky we are.

We Canadian military here have managed to help in some small measure in the area of acquiring used prosthetic and physiotherapy equipment for a small crippled childrens hostel near Accra and in establishing and maintaining a small school room in a village 27 miles away in the bush. But that is all we are capable of doing with our limited resources. What is required is a much larger effort.

Yes, sir, the March for Millions is a wonderful venture. Hope the proceeds are thoughtfully and properly spent.

Col. JWD Pudney
 Commander
 CAF Training Team
 Ghana



Best Canadian band in the Manisphere parade was our Training Command Band. Shown receiving the trophy

are Capt. Al Lee and Maj. C. E. Keating from Stan Haughey, Manisphere Director of the Day.

Cadets, reserves go to sea

OTTAWA (CFP) — A mini-armada has been assembled for the summer training of regular cadets and members of the sea reserve.

WEST
The fourth Canadian escort squadron on the west coast was re-postured as a training squadron effective March 19. Its units include destroyer escorts Columbia and Chaudiere, gate vessels Porte de la Reine and Porte Quebec, coastal minesweepers Cowichan and Miramichi, sail-training yacht Oriole plus up to five small auxiliaries. By mid-May the squadron was in full swing on the summer training schedules.

EAST
On the east coast, the first Canadian minesweeping squadron (Chaleur, Chignecto, Fundy and Thunder) also has been activated for summer training. And so were the gate vessels Porte St. Jean and Porte St. Louis at the beginning of June.

The patrol craft Mallard is also thus employed. The object of the exercise is to give sea training to several hundred cadets of the regular officer training plan in ships on both coasts and to a similar number of sea reserves — officers and men — this summer.

Language exchange for cadets

More than 1,500 English and French speaking cadets will participate in an interprovincial exchange program in Canada this summer.

The program, based on a similar exchange conducted during Centennial Year, is designed to give English and French speaking cadets an opportunity to intermingle during their regular summer camp courses, which take place during July and August.

About 455 army cadets from Quebec will be flown to Aldershot, N.S., Vernon, B.C., or London, Ont., for two weeks of courses, while a similar number of cadets from these provinces attend army camp in Valcartier, Que.

Quebec air cadets normally attend camp at Bagotville, Que., but this year 270 will fly to Greenwood, N.S., Trenton, Ontario or Penhold, Alta. Their places at Bagotville will be filled by air cadets from outside Quebec.

As there is no sea cadet camp in Quebec, cadets from that province take their summer training at Cornwallis, N.S. This summer, in addition, 72 of the Quebec group will be flown to Comox, B.C., for their training.

In general, cadet courses include leadership, citizenship, and trades training in either a land, sea, or air environment. Cadets on exchange will, in addition, tour the area around their camp.

Total summer camp attendance across Canada will be about 8,000 air, 9,000 army, and 3,000 sea cadets.

Text of statement

from page 1

structure we plan to establish by early 1973. Maritime Command will continue in the anti-submarine role, using most of the existing equipment. However, we are continuing plans for employing the new ships under construction and are considering a replacement aircraft for the Argus. At the same time, we are exploring the possibility of widening the roles open to maritime forces in response to the government's broad policy directive. In particular, we expect more emphasis will be placed on activities relating to Canadian sovereign interests in our adjacent waters, and the seabed. In this context our Arctic territories take on particular significance.

Mobile Command will undergo some changes but will continue to maintain in Canada forces for a variety of roles related to the defence of Canada, aid to the civil power, co-operation with United States forces for the defence of North America, and collective security and peacekeeping abroad. This will mean more emphasis on light, quick-reaction, air-portable land force units designed to meet these roles. Mobile Command will continue to be organized in combat groups and the Canadian Airborne Regiment is being retained.

Air Defence Command will remain very much as it is for the immediate future. However, we are engaged in intensive study of Canada's roles in continental air defence, and related discussions are proceeding between Canadian and United States military and civilian officials. As for the longer term, it will be some time before decisions can be made on the post 1975 bomber defence system, including AWACS, over-the-horizon radars and new interceptors.

Air Transport Command's strategic airlift capability will depend primarily on our present fleet of Hercules transports. They will be augmented for shorter hauls by Buffalo aircraft, now in the inventory. Although our detailed analysis of strategic deployment requirements is not yet complete, we expect that some contraction in the size of our air transport force will be made through retirement of part of the Yukon fleet and of other older aircraft. On the other hand, we are continuing with our studies of the requirements for a long range pure-jet military transport aircraft.

Along with the reductions in the regular force, we are planning to reduce the reserve force. In this regard, Mr. Speaker, we will be consulting next month with the Conference of Defence Associations and will be exchanging with them ideas on how we might make the most effective use of our reserve force, as a back-up to the regular force in their new roles and missions.

Our cadet program has been most successful. Its benefits in character building and the promotion of good citizenship will, in the future, as in the past, make an important contribution to national development. We intend to continue to support a program involving about 100,000 cadets.

It will be obvious, Mr. Speaker, that reductions in over-all strength of the forces, and

particularly reductions in administrative overhead, will result in the closure of certain bases. Decisions have not yet been made on this complicated matter and I believe it will be another month or two before our studies will be completed. We will give ample advance notice before closing any base. In each case a comprehensive plan will be developed, in consultation with all the interested parties, with a view to minimizing the disruptive effects on the communities, on the personnel directly involved, and on their families.

There will be a reduction in the number of civilians employed in the department. This reduction, for the most part, will be achieved by normal turnover and by transfers to suitable vacancies elsewhere in the government service. The facilities of the Department of National Defence, the Union of National Defence Employees, the Public Service Commission, the Department of Manpower and Immigration, and the Department of Regional Economic Expansion will be used to the utmost in these endeavours.

Mr. Speaker, in my statement on June 2, I said that we believed we can achieve the transition to the new defence posture, barring unexpected international developments, within a defence budget which will be maintained for the next three years at its current dollar level. Our studies since then have served to substantiate this estimate. I am confident that these resources will be sufficient to equip and maintain the force organization I have just outlined.

Mr. Speaker, before I close, I should like to mention a fact that may be overlooked. Although we will be reducing our over-all regular force strength, we will continue to recruit qualified young Canadians for whom we can promise an attractive and challenging career.

For the reasons I mentioned earlier, that is all the information I can give at this time. I appreciate hon. members' desire to receive more complete details and I regret that these are not yet available. You will recall that when I spoke on this subject on June 2, I pointed out that this concern was shared by members of the forces, and I will have to ask them too to be patient a little longer. I am personally confident that both during and after the period of change we are about to embark upon, the Canadian Armed Forces will continue to exhibit the same high standards of professionalism they have displayed in the past, and will continue to be a source of pride to all Canadians.







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First in Green. Members of course 6804 pose with their reviewing officer Maj. Gen. A. C. Hull, Commander of Air Transport Command. They are front row: Capt. M. C. Creighton, Lt. G. R. Teale, Lt. R. H. Hysert, Lt. R. F.

Mitchell, Lt. G. W. Soule, Lt. D. W. Smart, Lt. D. J. Klus, Lt. B. W. Towill, Col. W. A. Hockney. Rear row: Lt. G. F. Dowler, Lt. D. W. Buggie, Maj. Gen. Hull, Lt. C. W. Dickson, Lt. D. M. Collings, and Lt. W. C. D. Calder.

New fad in summer jobs

This will be a busy summer for one segment of Canadian college undergraduates. They are the 2,004 students who have selected the Canadian Armed Forces' Regular Officer Training Plan as a means to a university education and subsequent military career. This year for the first time, collective training has been introduced for first year cadets and practical pilot and navigational instruction for second and third-year students pursuing a flying career. The students are from every university in Canada although

the majority attend the three military colleges — Royal Roads in Victoria, Royal Military College, Kingston, and College Militaire Royal in St. Jean, Que. First year students are taking a common basic military skills course at the Canadian Forces Officer Candidate School, Chilliwack, B.C. Second-year students start specialization in their respective fields: 120 land force cadets attending corps schools at Canadian Forces Bases Kingston, Borden, Shilo, and Chilliwack; 64 naval cadets are aboard

Maritime Command's west coast ships, and 76 aircrew students are receiving familiarization flying training at CFB Greenwood, N.S., and CFB Trenton, Ontario. Another 10 aircrew cadets are at 1 Air Division, Germany, and two are with the Aerospace Engineering Test Establishment, CFB Uplands, Ont., this summer. Twenty second-year non-flying cadets are studying supply and logistics, accounts, mobile support equipment, security and administration at CFB Borden, Ont., and another 81 students in the technical field are dealing with such subjects as aeronautical engineering, armament, telecommunications and construction engineering. Third-year students specialize further: 55 naval cadets are in training aboard ships of Maritime Command; 89 potential army officers are attending corps schools across the country and 11 airforce cadets are at CFB Chilliwack's School of Military Engineering for practical field engineering courses. At the same time 54 third-year students are taking primary flying instruction at CFB Borden and eight others are involved with primary navigation instruction in Winnipeg. Subsidized medical and dental students are not idle, either. In the Dental Officer Training Plan, 10 second-year and 35 third-year officer cadets are apprenticing at military establishments in Canada, while 55 first-year and 32 second-year medical students are getting practical experience at the Canadian Forces Medical Training Centre, CFB Borden. All courses of instruction range from six weeks to two months' duration.

Flew relief to Biafra Citation for 436

An Ottawa air force pilot and his squadron were honoured for their part last October-December in the Red Cross relief program for Nigeria and Biafra at Government House Thursday. Governor-General Michener presented citations on behalf of the Canadian Red Cross to Lieutenant Colonel L. W. Hussey, the commanding officer of No. 436 Transport Squadron at Canadian Forces Base Uplands, and to his squadron. Lieut.-Col. Hussey worked with the International Committee of the Red Cross on behalf of the Canadian Red Cross during the planning of the airlift at Geneva in August, 1968, and later with Nigerian and Biafran representatives during the frustrating airlift itself. A two-pronged supply organization had to be set up within the relief program, keeping

Nigerian and Biafran aid completely separate. A Canadian Armed Forces Hercules aircraft based at Fernando Poo was able to fly eleven relief missions into Biafra. But the Hercules at Lagos, the supply head for relief to Nigeria, was never allowed to land on Nigerian airfields, which Nigerian officials felt were inadequate for the heavy aircraft. Lieut.-Col. Hussey, who has flown 20 years with Air Transport Command, was working with the International Committee of the Red Cross as an aviation and airlift adviser. Similar Canadian Red Cross citations to Lieut.-Col. K. C. Lee and No. 435 Transport Squadron of Namao, Alta., were presented at the Red Cross National Council Meeting in Toronto May 5.

The Gooney Bird It's about people

Well chaps, another month has rolled around and forced me to pick up poison pen again. For this month there has been the usual amount of arrivals, departures, and just plain gripers. Capt. Doug Mott has departed for greener pastures at the Bank of Montreal at (where else?) — Montreal. He sort of balked at chug-a-lugging at the mug party, but that's to be expected I suppose; since he's going to crivvy street it must be hard to drink through his tears. Capt. Norm Williamson (hasn't received a mug yet) will be leaving soon to join the ranks of (he hopes) Air Canada. We feel he will miss Flying Squadron. I understand that Vicounts etc. are not allowed to do short field landings on grass. Lt. Al Snyder (hasn't received a mug yet either) is crossing the field to fly the grande-Dak with 440 Squadron. So we still won't be rid of Al's sarcasm, satire, humour, and just plain dull wit. It will just be delayed during the week until TGIF. Capt. Marcel Belzil returns from Chilliwack to leave for North Bay as a recruiting officer. He hasn't received a mug yet as well. You see what happens when you don't pay your coffee fund. Lt. Marcel Laroche is eagerly awaiting his TD to Chilliwack to replace Marcel B.; we understand that an opening for recruiting officer is available at Acklavik, Marc will certainly be volunteered by all. (We don't hate him, but we don't want that posting either.) A few new and old chaps have arrived on the sun-lit scene (note use of alliteration to make article more picturesque.) Jean Gignac (rank unknown) has arrived as a (sprog) pilot from 3FTS cross-training. The reason his rank is unknown is he wears Lt. rank on his go-fast-suit and captain rank on his flying jacket. Bad move to pull a black after being here for only a few weeks. Lt. Tex Anderson arrived from refresher at 3FTS and awaits 40.T.U. at Trenton. He is soon to get fascinating duties such as permanent duty pilot and garbage thrower-outer. Private Yves Trudel is now working in the orderly room as our secretary — he is blond and blue-eyed but he just doesn't replace a girl — although some of the guys have been stary-eyed lately — maybe this morale problem deserves much more investigation. And Capt. Stan Gitzel has found time from his busy schedule at university to fly for us this summer. He's been here before so he only deserves a few lines! Lt. Dwight Anderson is the last of the arrivals (in print) and it would appear we have a replacement for Al Snyder. When the conscientious writer walks in and says to him "Good Morning" he says "So what does that make you?" (he should be an instructor.) Capt. "Doc" Watson is now in charge (a questionable statement) in the orderly room. He's beginning to learn a little too fast! He's already checking with a fine tooth comb our fraudulent claims. And Lt. Keith Gathercole and Lt. Doug Pewer have taken control of Number 2 and 4 sections respectively. Whatever happened to choice on merit? — like say someone who writes a lot of bunk for the Voxair, for instance? It would be unfair to say that these two don't deserve their post, or are stupid, or absolute clots — everyone knows that already. Congratulations to Lt. Paul Dubois who is the proud father of a baby girl. I think he wanted a boy though — there has been idle talk of someone going down the garbage chute. With reference to Paul Dubois' little girl, at least it's nice to have a well mannered, perfectly delightful, innocent tyke — unlike Carnegie's brat mentioned last column. Incidentally Jim's whining and griping got him a rotten posting at C.F.B. Chatham, N.B. We understand he will be flying the H21 (whirly-bird). Good-luck to all the departures; and Good-luck (chuckle-sneer) to all the arrivals. Until next time, so long from — The Gooney Bird



... Capt. K. E. I. L. Farrar.

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The Gooney Bird



733 Command Switch
... Capt. K. L. Humphrey takes over from Capt. E. I. L. Farrar.

photo by Hoover

Busy summer for Red Knight

PORTAGE LA PRAIRIE, Man. (CFP) — The rehearsals are over here for the forces Red Knight. Now it's on with the show!

Lt. Brian Alston of Downsview, Ont., at 23 the youngest pilot ever to carry the plumage and helmet crest of the famous Canadian aerobatic soloist aloft, took to the prairie skies June 14 in his debut over base Shilo, some 50 miles west of here.

During 31 performances this summer — from Fort Saint John, B.C., to Charlottetown, P.E.I., — he will be flying a brilliant red CT-114 Tutor jet. Included are performances at Toronto's Canadian National Exhibition Aug. 28-31 and the International Air Show Abbotsford, B.C., Aug. 9-10.

The Red Knight's last appearance is scheduled for Sept. 14 at Carp, near Ottawa.

Back-up pilot for Lt. Alston is Capt. Robert Cran, 31, of Sperling, Man. The two crewmen who will keep the Red Knight's "charger" in top form are Corporals Larry H. Hunt of Vancouver and Robert J. Hawes of Moose Jaw, Sask.

Lt. Alston joined the forces in 1966 and received his wings at Moose Jaw in April 1967. Later, he returned to Moose Jaw as a flying instructor. On civvy street he held a private pilot's license.

History of the Red Knight dates back to 1959. It was the Royal Canadian Air Force's salute to the 50th anniversary of powered flight. He perpetuates the name of Baron von Richtshofen, whose First World War exploits earned him the title "Red Knight of Germany". The baron flew a bright red bi-plane.

For nine years Canada's Red Knight flew T-33 Silver Star jets. This was changed in 1968 to the forces new jet trainer, the CT-114 Tutor.

Watch out for Mike

LAHR, West Germany (CFP) — Who is Mike?

Purple stickers bearing a raindrop shaped face and the signature "Mike" suddenly appeared throughout NATO-assigned No. 1 air division this morning.

The quantity of "Mike" stickers found indicate an obviously well organized group is involved. They have been discovered in quantity throughout air division units at Baden-Soellingen and Lahr, Germany, and at the air weapons unit in Decimomannu, Sardinia.

Extensive investigation has failed to reveal the source of the purple rash.

Investigations will continue, and intensify, according to officials here at air division headquarters, "until the culprits are identified and their actions justified".



RECRUIT! — "Although we will be reducing our overall regular force strength, we will continue to recruit qualified young Canadians to whom we can promise an attractive and challenging career." (Defence Minister Leo Cadieux to Parliament June 23). (CFP)

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Canucks cop key posts

LONDON (CFP) — The British defence ministry has announced that British Columbia born Lt.-Gen. Sir John Mogg, 56, will be adjutant-general of the British army in June, 1970.

Another Canadian, Toronto born Lt.-Gen. Sir Mervyn Butler, 55, will replace him as general officer commanding the British army's strategic command in April, 1970.

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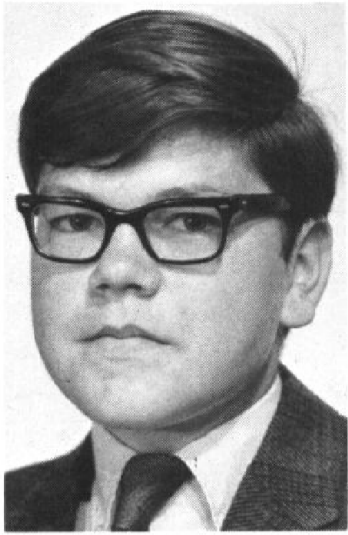
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Paul Gaten, 16 year old son of Sgt. and Mrs. H. R. Gaten, has been accepted into Royal Roads Military College at Victoria. Paul completed grade twelve at Miles MacDonnell Collegiate in East Kildonan this year. He has previously attended schools in Kingston, Shilo and Winnipeg. He plans to become an Engineering Officer.

Air Cadets end successful year

At press time all Air Cadet squadrons have had their annual inspection and all regular parades have been cancelled for the summer months. Many cadets are at CFB Penhold at camp and many more will attend during the school vacation.

Successful candidates for the various courses have been named and these cadets will be in training most of the summer at CFB camps in many areas of Canada, while the exchange cadets are visiting various points all over the globe.

In Winnipeg, No. 220 Red River Squadron saw the retirement of their Commanding Officer, Capt. Albert Aldrich who was succeeded by Capt. Brian Jones at a take over parade held in No. 3 Wing hangar.

No. 191 West Winnipeg Rotary Squadron paid tribute on behalf of all Air Cadets when they awarded certificates of merit to members of the press, radio and television who contributed space and time to publicize the air cadet program in our province.

Air Cadet Week was a success again this past year, with many squadrons surpassing the goals reached in ticket sales last year. With the press, radio and television personalities in attendance at the annual inspection of 191 Squadron, the Manitoba provincial committee took advantage of the occasion to stage the drawing of the lucky winners following the inspection. Several hundred persons were on hand to witness the

selection of winners. As made by the honored guests of 191 Squadron.

Once again the air cadets were successful in winning the TRI-service swimming trophy, out-pointing the swim teams from the sea and land cadets. A suitably engraved shield will be affixed to the trophy which will be on display in the air cadet wing office until it is put up for competition again next year.

The 3 Wing drill team competition was very well attended this year with six Winnipeg Squadrons entering teams. 191 West Winnipeg Rotary Squadron having won the Wing Commander Tommy Cooper Trophy three years running were awarded permanent possession of the trophy last year. The new competition trophy unveiled for the first time this year was won by No. 220 Red River Squadron edging out the drill team from 191 Squadron who placed second.

The Air Cadet Pipe Band became a reality this year with the purchase of eight bagpipes. The boys have been practising diligently on their chanters each Sunday this past year and are now ready for the real thing. The drummers are ready also, having trained with the Winnipeg Police Pipe Band. It is expected that the air cadets will have their pipe band ready to parade in the fall.

On the subject of bands, the air cadets have sufficient instruments on hand to parade a drum and bugle band and will be in search of an instructor and cadets to fill positions in this band.

For boys who already play wind instruments, there is a possibility of forming a military band as well. A bandmaster has been engaged and recruiting will commence in the fall.

All Manitoba Air Cadet Squadrons were saddened by the sudden passing of Mr. Al Simmons, who had devoted many years of service to the air cadet movement and was a long time member of the Manitoba Provincial Committee of the Air Cadet League of Canada.

Past chairman of the Manitoba Provincial Committee, Mr. Bert Stones has moved to the west coast. He has been succeeded by Mr. Ray Bryk.

The house committee has purchased and installed a tape deck in the hangar which enables the Winnipeg Squadrons to play march past and inspection music at their parades. These tapes, which also include the air salute, have been made available to all Manitoba Squadrons by the Manitoba Provincial Committee.

The cadets have enjoyed a successful year of training and social events and can look forward to an even greater year starting with their first parade in the fall.

Warrant Officers school established at Clinton

A Canadian Forces Warrant Officers' School has been established at Canadian Forces Base Clinton, Ontario.

Commanding officer is Lieutenant-Commander P. A. Scott, 42, of Halifax, who has been head of the Leadership School at Canadian Forces Base Cornwallis, N.S.

The six-week master warrant officers' qualifying course is designed to train sergeants and warrant officers of the three elements in leadership, management and supervisory duties leading to master warrant officer qualifications, formerly warrant officer class two.

The course will replace qualifications previously gained at the leadership school, CFB Cornwallis, for naval petty officers, the supervisory service training wing at CFB Borden for air force sergeants and the RCEME maintenance supervisors' course at CFB Kingston, Ont., for the army.

He came to England in 1954, worked as a pilot with an aerial photography firm, and came to Canada for six years as a flying instructor. He joined the RAF as a float loot in '61, and stayed eight years.

He still wanted to fly, so now he's beginning a four-year hitch in the Aussie airforce as a flight lieutenant. It means home at last for his wife — she's Australian.

4th force for lofty lance

LONDON (CFP) — Remember, Lofty Lance, a six foot two flying instructor?

Everitt Murray Lance is trying his fourth air force on for size, says the RAF News.

ONE

He joined the South African Air Force in 1949 and won his wings in '50, went to Korea in '51 and flew 75 Mustang sorties, says the News.

TWO, THREE



104th Group Winnipeg Ventures.

Seated: Sgt. Wayne Marshall, Ian Watts, Greg Lee, Robert Rymarchuk, Capt. Ruddock (Chairman 104th Group Committee). Standing, MWO Summer-

field (Vice Chairman 104th Group Committee), John Summerfield, Vernon Armstrong, Brian Ruddock, Keith Dellar, Peter Lee, Capt. Blythe (Secretary 104th Group Committee).

Ventures pass RO course

Members of 104th Ventures of Winnipeg have successfully completed the required standards for Basic Radio Operator, after taking 25 weeks of instruction under Sgt. Wayne Marshall of 3 RCHA Signals.

Part one consisted of Fundamentals of Radio Sets CPRC 26, AN/PRC 509 and 510.

Part two was achieving a high standard of operating ability in the use of Radiotelephone Procedure (Land).

This course comprised the first phase of a troop project

for voluntary participation in such civic programs as searching for lost persons, flood control, forest fire fighting and similar operations.

The second phase is a course in Basic Ground Search which it is hoped will be completed this fall.

The members will be most happy to render any assistance they can in any civic projects and any requests or questions in this regard should be directed to Capt. Ruddock, Chairman of the Group Committee, or MWO Summerfield 832-1311 loc 341.

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Hercule pilot to

OTTAWA (CFP) — Hercules aircraft from 43 at Uplands participated in the Annual Barb exercise. The pilot, Louis of Riverside, Conn. in a twin engine Bon from Keflavik to the North Atlantic.

The pilot, Louis of Riverside, Conn. in a twin engine Bon from Keflavik to the North Atlantic. ing fuel, causing him ty as to whether would be able to

Flugplatz is no m

SZEIBRUCKEN, (CFP) — Der Flug of the air division's since 1953, has shu presses for the last

Final issue of the styled mimeograph hits the streets June souvenir edition and photo feature of the 31, closure week-end

The air base is bei this summer as Cana assigned air divisio dates is six operati rons onto two other man bases — Lahr Soellingen.

Der Flugplatz (The was first published in "Over the years this served the needs of admirably," said mander, Col. W. J. paid tribute to the staff who, he said their time so that be informed and er

The locally produ one of some 70 onff publications scattered bases in Canada ar had a style all of its its multi-coloured peared a maze of oriented news items toons, world news an



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Hercules guides civie pilot to safe landing

OTTAWA (CFP) — A Hercules aircraft from 436 squadron at Uplands participating in exercise Annual Barbara can be credited with possibly saving the life of an American civilian pilot who was in distress over the North Atlantic.

The pilot, Louis J. Engborg of Riverside, Connecticut, was in a twin engine Bonanza flying from Keflavik to Goose Bay June 16 when he began venting fuel, causing him uncertainty as to whether or not he would be able to make land.

As well, he was encountering control problems and stated because of an inoperative cabin heater that his feet were frozen.

He radioed this information to ocean station Bravo, a coast guard cutter approximately 350 miles from the coast of Labrador and requested them to calculate his capability to reach Goose Bay. This transmission was overheard by the 436 Hercules which offered to intercept him and try to mother him into Goose Bay.

The Hercules was able to intercept the Bonanza 70 miles west of Bravo and descended down to his flight level and formed on him, declaring an official emergency.

The Bonanza pilot then stated that he was considering a return to Bravo for ditching as he didn't think he could reach Goose and possibly not even the coast. The Hercules crew however calculated his fuel state and reassured the Bonanza that he could reach his destination.

For the remainder of the flight the Hercules crew provided navigational assistance, reminded the pilot of his cockpit checks and alerted Goose Bay emergency services. The Bonanza, with the coaching, landed without incident.

Captain of the Herc was Capt. Mario Vacirca, a pilot from 4 OTU at CFB Trenton.

Flugplatz is no more

SZEIBRUCKEN, Germany (CFP) — Der Flugplatz, voice of the air division's 3 Wing here since 1953, has shut down its presses for the last time.

Final issue of the magazine-styled mimeographed paper hits the streets June 6. It was a souvenir edition and carried a photo feature of the bases May 31, closure week-end.

The air base is being vacated this summer as Canada's NATO-assigned air division consolidates its six operational squadrons onto two other West German bases — Lahr and Baden-Soellingen.

Der Flugplatz (The Airdrome) was first published in July 1953. "Over the years this paper has served the needs of the wing admirably," said Base Commander, Col. W. J. Marsh. He paid tribute to the editors and staff who, he said, "devoted their time so that we might be informed and entertained."

The locally produced paper, one of some 70 unofficial forces publications scattered throughout bases in Canada and Europe, had a style all of its own. Under its multi-coloured heads appeared a maze of community-oriented news items, ads, cartoons, world news and pictures.

Telescope on WWI ace Thurs.

OTTAWA (CFP) — The CBC television program Telescope for Thursday, July 10, at 8 p.m. EDT, is a profile on A/V/M Raymong Collishaw

A Canadian fighter ace of the great war with 60 German aircraft to his credit, he served initially in the Royal Naval Air Service.

Fletcher Markle is the host.



The old shaking hands trick. The reason we printed this picture larger than usual is obvious. Col. W. A. Hockney receives outstanding exhibit trophy

(centre) from trophy at left Beverly Mazer, Miss Manitoba. It all happened at Manisphere.

Photo by Hoover

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Pleasure boats reach million

OTTAWA (CFP) — The number of pleasure boats in Canada has passed the million mark, resulting in growing traffic congestion — the condition so prevalent on highways — on lakes, rivers and coastal waters.

The sharp increase in pleasure boating has generated the need for a much greater emphasis on safer boating practices.

The Canada Safety Council in co-operation with the department of transport is sponsoring and promoting a new campaign this year to help fill this need.

Safe Boating Week which is fully endorsed by Canada's major associations and organizations concerned with boating including the Canadian forces, stressed boating hazards, accident prevention methods and safety regulations.

More than 300 Canadians are killed in boating accidents

every year, substantially more than are drowned while swimming.

Statistics gathered by the Council and other safety or-



ganizations show that two-thirds of these fatalities are caused by faulty boat operation and fully one-half by recklessness, overloading and sailing unseaworthy craft.

The great need for boat safety education is clearly demonstrated by figures showing that more than 80 per cent of people drowned in these accidents were not wearing lifejackets.

Recklessness covers the "buzzing" of other craft and shores by power boat operators, a practice which has taken the edge off holiday enjoyment for many vacationers. It is also illegal. Another reckless but common practice is night power boat operations without the required operating lights.

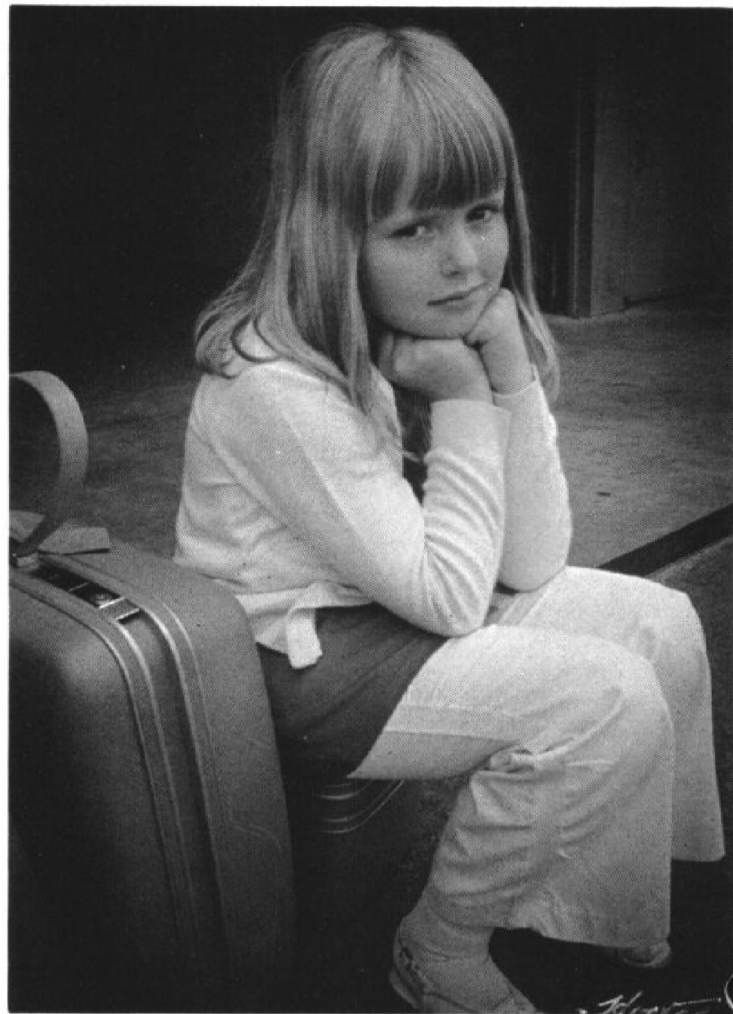
Overloading can be anticipated when you see a car carrying five adults and a car-top 12-foot boat. Everybody will get into that boat when it is launched and it will be dangerously over-loaded.

Unseaworthy craft include over-powered boats and those with rotting hulls being sailed for "just one more season". The increased congestion of the waterways requires boat operators to know the rules of the road in collision course and passing situations as well as the necessity for a power boat operator to yield the right of way to sailboats, rowboats and canoes.

The amateur hour for boating has ended now that bigger and more powerful pleasure boats require operator skills considered by commercial sailors to be at least as demanding as those needed by a motorist.

Defences against boating hazards are not difficult to learn and small boat safety regulations are clear and to the point. Safe boating practices increase the operator's sense of security and the pleasure of boat passengers as well as those of other boats and all vacationers.

Kiddies' Korner



Young Patricia Wark takes a seat as she awaits an aircraft to take her to Ottawa and Col. K. A. Wark.

Photo by Hoover

Medical trophy to Edmonton

No. 23 Medical Company, Edmonton, has won The Ryerson Trophy as the most efficient medical unit among Royal Canadian Army Medical Corps reserve formations.

In competition since 1913, the Ryerson Trophy was donated by Colonel George Sterling Ryerson, founder of the Defence Medical Association.

In second place and winner of the Shillington Trophy, is 5 Medical Company, of Charlottetown, P.E.I.

The second-place trophy bears the name of Lt.-Col. A. T. Shillington, commander of the first medical unit to go overseas during the First World War.

Competing in the contest sponsored by the Defence Medical Association of Canada, are five regional representatives. Points are awarded for proficiency in training, administration and parade performance during the annual inspection.

Colonel Andre Lizotte, command surgeon for Mobile Command, was this year's inspecting officer.

Commanding officers of 23 Company and 5 Company, respectively, are Lieutenant-Colonel E. S. O. Smith of Edmonton and Major E. J. Gillis of Charlottetown.

Other units competing included 12 Medical Company, Kitchener, representing Ontario Region; 17 Medical Company, Port Arthur, Prairie Region; and 7 Medical Company, Quebec City, Quebec Region.

New highway, new driving skills

Call them what you will — turnpikes, expressways, freeways, tollways, thruways — a

new kind of highway is crisscrossing the nation.

These new superhighways are different. Many old hazards are gone. There are no crossings. Grades are gentle and sight distance is almost unlimited. There are no pedestrians. Opposing lanes are divided.

These roads are safer. But they can't be used in the same way as the traditional highway — and the traditional safety rules must be left behind at the cloverleaf.

Time was — and still is on the older roads — when the rallying cry was, "Hop in and let's go!" A service station was always near. But for the superhighway, everything must be in readiness before driving onto the entry ramp. Be sure the cooling and lubricating system can take steady high speed driving. The fuel tank should be full.

Know your exit and be ready to leave when you get to it. Also note the exit before the one you want, so you will have plenty of time to get ready.

On older roads it is necessary to slow or stop before entering traffic. Not so on the express-

way. While still in the entry ramp and acceleration lane you must match the speed of traffic, then blend right in.

Other do's and don'ts: Don't slow down well in advance of turn-offs. Maintain speed until you turn into the deceleration lane. (Then slow quickly.)

Don't pick your own pace. The pace set by the majority is the safe speed.

Do use your turn signals and check to the rear before changing lanes. Get into the passing lane well to the rear of the car ahead. Return to the right-hand lane only when you clearly see the car you have passed in your mirror.

The old rule of one car length for each 10 miles an hour of speed is not enough at the high speed of thruways. Double it! Stop at rest areas about every 100 miles.

Snow, ice, fog and rain make the new roads no better than the old. Slow down to compensate for poor conditions.



First recipient, Cpl. Russ Phillips receives the Community Council Trophy from Col. W. A. Hockney. The trophy is awarded annually to the individual most active in fostering in all aspects of community life at CFB Winnipeg.

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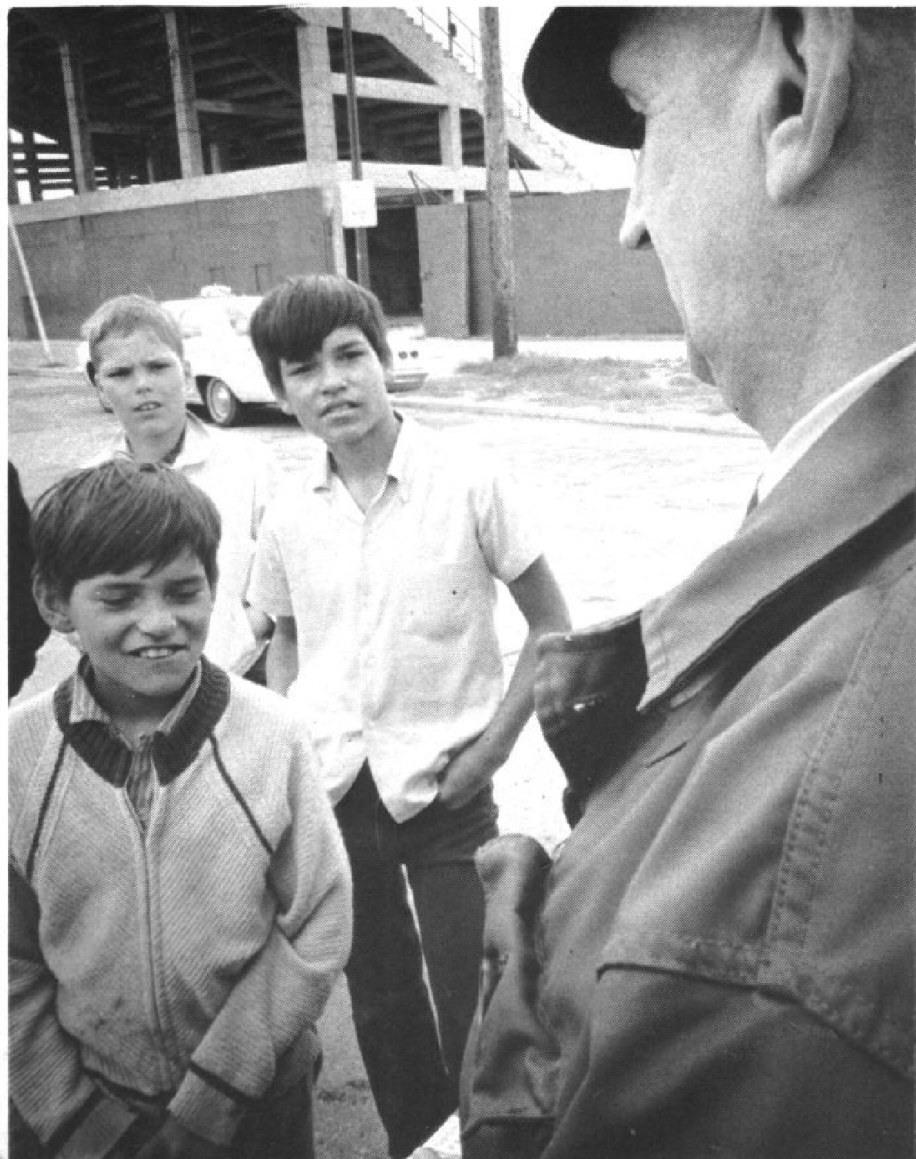
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OTTAWA, 1 Minister of today announce of pride that posture adopted ago, which em of our Arctic huge success. that the well h of 1,000 enthus located somew and was strong a 12,000-man st This week th ahead to 1976 through a serie an intimate lo Armed Forces. "Hello there Roving I, sort for Vox Arcticus — may I ask y tions?" "Oh s don't print any terial." "You lo are you still in "Boot camp? Mukluk Month. Y fourth week. I gr I understand they our training du of funds." "Tha Green — it's money. How hav here?" "Oh grea

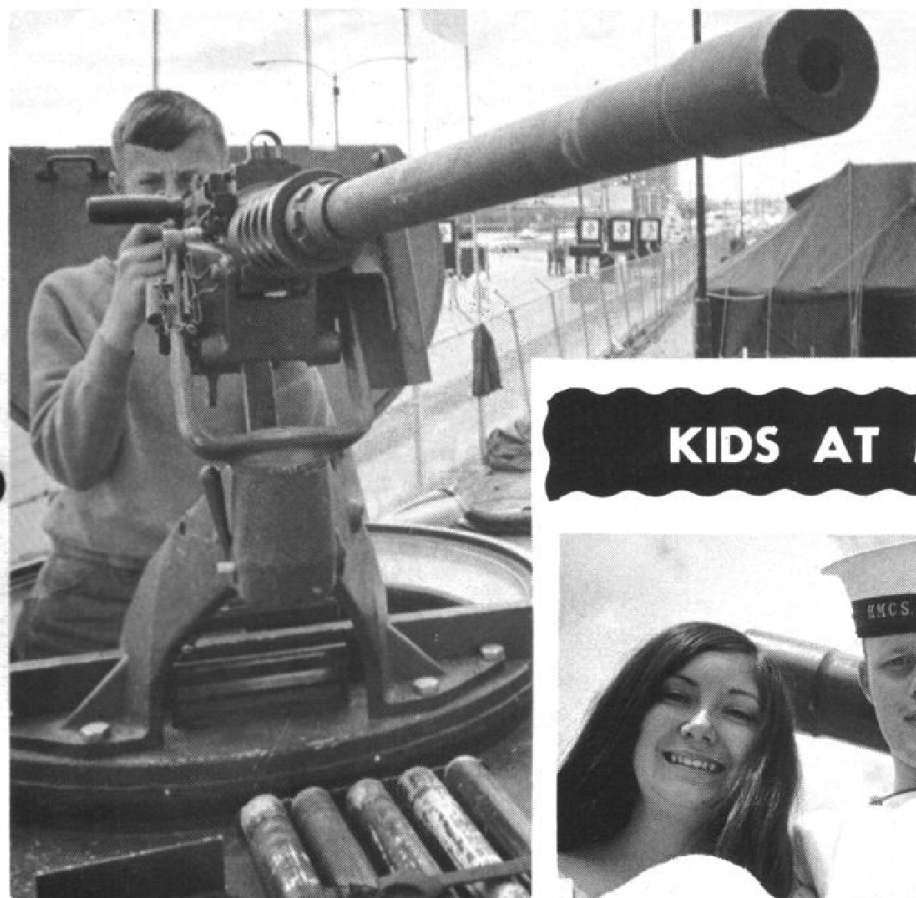
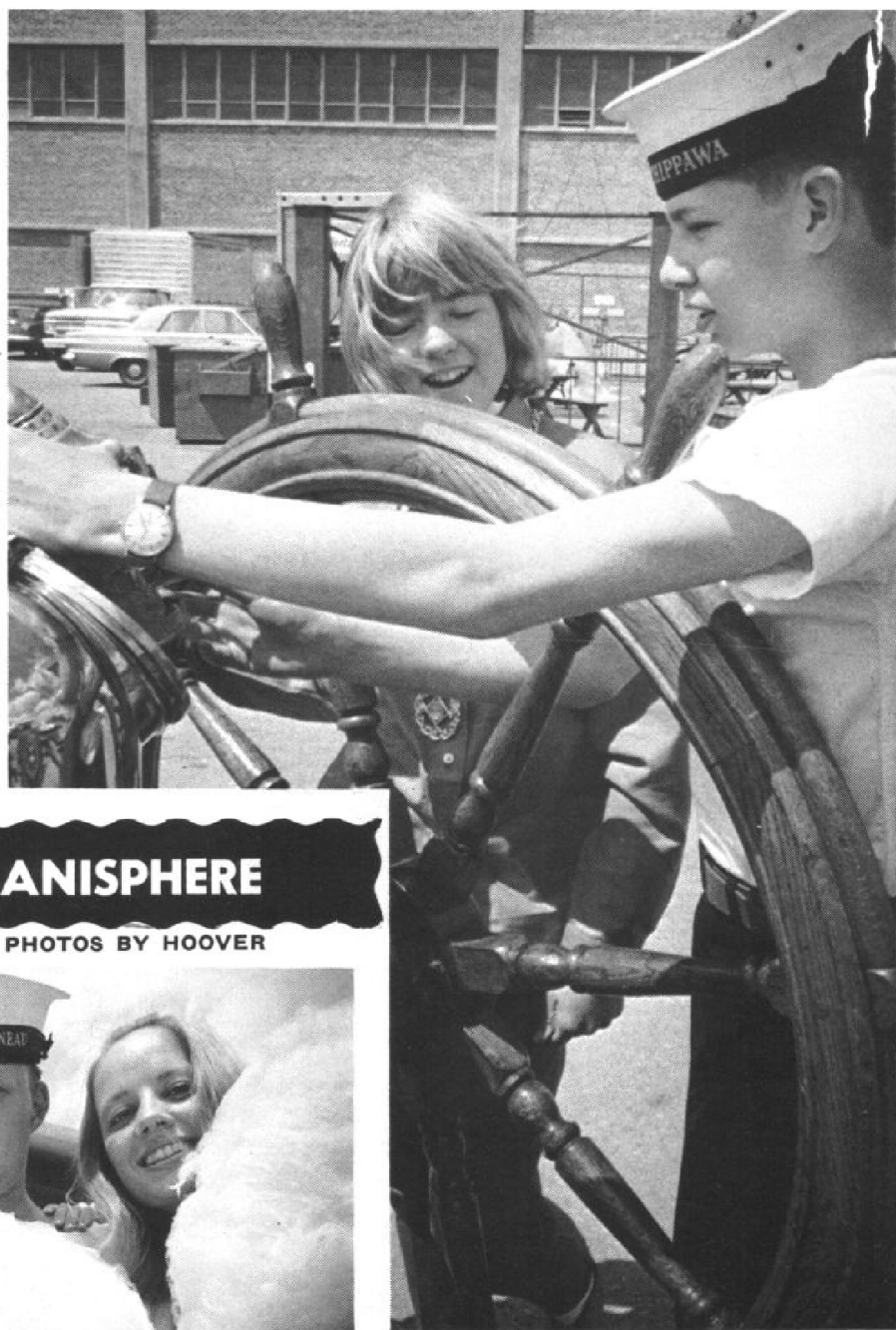
Mike O Red Baro



Sometimes the hardest part is just getting in.



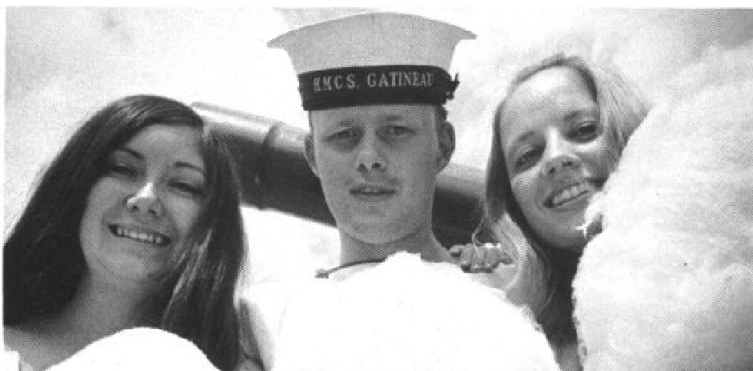
The old naval 12 Pounder sends another imaginary Pirate to Davey Jones's Locker.



Mike Graham sends the Bloody Red Baron to his doom.

KIDS AT MANISPHERE

PHOTOS BY HOOVER



Cpl. Ken Anderson wonders which is sweeter, the CKRC GALS or the candy floss.

A sturdy ship and a lovely Doll, what more does a guy need?

OTTAWA, 1 July 1976 — The Minister of National Defence today announced with a touch of pride that Canada's defence posture adopted several years ago, which emphasizes defence of our Arctic frontier, was a huge success. He pointed out that the well honed strike force of 1,000 enthusiastic troops was located somewhere in the Arctic and was strongly supported by a 12,000-man staff in Ottawa.

This week the Roving I looks ahead to 1976 to give you, through a series of interviews, an intimate look at Canada's Armed Forces.

"Hello there lad, I'm the Roving I, sort of a reporter for Vox Arcticus, our base paper — may I ask you a few questions?" "Oh sure thing, just don't print any classified material." "You look new here — are you still in boot camp?" "Boot camp? Oh, you mean Mukluk Month. Yeah, this is my fourth week. I graduate Friday. I understand they had to shorten our training due to shortage of funds." "That's right. Think Green — it's the colour of money. How have you liked it here?" "Oh great. I mean it's

really something isn't it. Our corporal was just talking to us last night, a kind of pep talk all about the spirit of '76. It made me feel proud, like I was part of our history, when he spoke about Washington at Valley Forge and all that. Any red-blooded Canadian Boy would be proud to serve here, even if we don't have boots." "Well, aside from the boots, what has impressed you most?" "That's easy, it's the Icetrodome. But of course you've seen that?" "That huge bloated igloo? Only from the air, I just got in. I suppose that's where you do your training?" "Yeah, in there we do everything . . . eat, sleep, go to classes, drill, everything." "I'm sure our readers would be glad to hear about it. You know we get a copy into every barbershop in the country except Base Winnipeg — tell me about it."

"Well, you were right when you called it a big igloo. It is constructed entirely of snow blocks. It's 1,000 feet in diameter and the top of the dome is 400 feet above ice level. In fact, it's so large that we have our own atmosphere inside. Some-

The Roving I

times when the sun is shining outside we have a snow fall. No blizzards, no high winds, just soft flakes falling gently down. I tell you it's beautiful. Of course that's just what is above ice level. The interesting part is below ice."

"Hold on now. You're putting me on. This is the Arctic Ocean." "Sure, that's the beauty of the thing. It was all the Commander's idea. At first he just wanted a cold storage area so he dug a pit five feet deep. Of course the ice was seven feet thick so no water came in. Then he noticed that the bottom of the hole froze thick again, so he got everybody digging. Dig five feet — wait two days — dig another five feet. Right now we're down to the bottom. This may be calssified material but I guess it doesn't matter. The Old Man has the idea patented. An ice tube right to the bottom. He's going to make a million revolutionizing the Arctic Oil Drilling Industry. Per Ardua ad Millions is the way he puts

it."

"Hello Corporal, I was just talking to one of your lads. How do you like your new job?" "Great, thanks! I was certainly proud to be chosen to serve at the sharp end, defending our Arctic frontier." "Did you notice a great difference when you first came?" "Not all that much — I used to serve in Winnipeg." "Yes, I suppose you got used to cold winters." "Winters? No, I think it was the cold summers and no heat in the buildings that prepared me for this stint. But it's great isn't it? Icetrodome and the Spirit of '76 and all that. It makes a man proud to serve." "I agree, I'm almost envious. Is this your first posting away from — well, civilization?" "If you mean by that away from Canada's Heartland, no it isn't. I did two tours in Europe." "How does this compare?" "No comparison at all — when I think of the time I spent in Munich, singing and sloshing beer, skiing in the Alps, lying on the beaches of the Riviera, I feel ashamed. I would certainly hate to have any of these fine young recruits

find out that at one time I chased blondes in Sweden and drank wine with a brunette in the shadow of the Vatican. Here's my sergeant. Sergeant, meet the Roving I. He's doing a P.R. bit about our new defence posture."

"Hi Sergeant! I suppose you're an old European hand?" "No, I was sea element. As a matter of fact I still am. Our ship is just over there. You won't recognize it now, of course. We covered it with plastic, turned on the fog nozzles and produced an instant igloo. Cunning, yes, but how do you go to sea?" "Oh we don't, we've been frozen in for two years now and I may stay here for the rest of my time." "That must be very hard on your family?" "I suppose so, but it's my loved ones in Japan that I really miss."

"How about that green uniform? Don't you feel conspicuous up here in all the snow, moving about in green?" "Conspicuous? Oh sure, that's the whole point. We want Canada's presence in the Arctic to be noticeable. Nothing could be better than green."

ner

she awaits an
K. A. Wark.

Photo by Hoover

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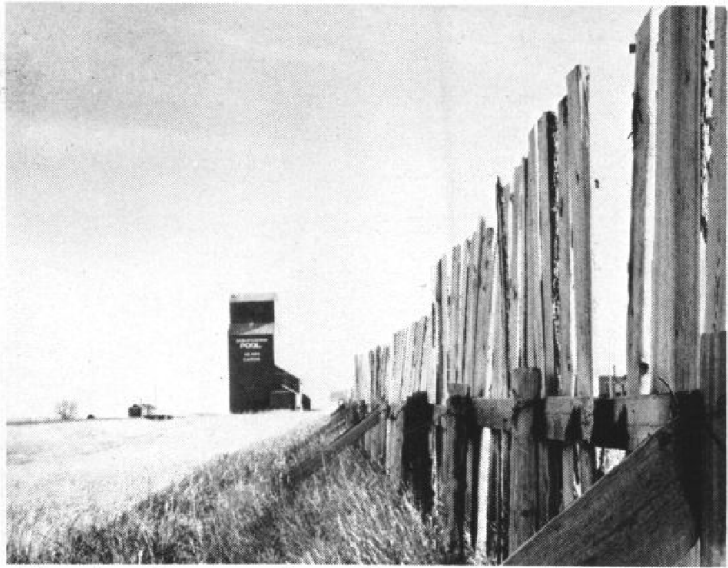
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Outside



There is nothing more pleasant than an afternoon drive, especially down a seldom-travelled quiet country lane. I took such a drive only a very short time ago, on a warm moody Wednesday, with someone who moved me to take note of the small yet beautiful things in life, and who moves me now to share the memory of that day.

It was a dirt road we took, twisting and winding its way through miles of empty prairie we have here in Manitoba. Alongside it ran a sparkling blue stream — anyone else might call it a ditch — and the water was full of grasses and reeds and wild water-lilies. The fields beyond oozed water, and here and there were still patches of winter's melting snow. The sound was crickets, the tittering of the birds, a dog barking in the distance, and the faint whine of telegraph wires. It was all bathed in the gold of the late afternoon sun, and kissed by April's wind.

We drove by neat white farm-houses, old red barns silhouetted against a dark blue sky, through small lazy towns that seemed unaware of the passage of time. We stopped for a moment, and he took a handful of sand from the road and poured it into my out-stretched hand. It was the most precious gift I had ever received, but it ran through my fingers and only the dust was left.

Further on, we came across some cows and their calves grazing by a fence. It was all peaceful and silent, this new kind of world I was discovering, and they looked at us silently out of gentle brown eyes, almost as if they pitied us poor humans, caught up by and enmeshed in our trifling everyday cares. They made me realize my own smallness and insignificance.

Finally we came upon a rise, — a little shelf of earth where we could look down and see lengths of pipe lying on the ground, left there to rust and die by some construction company. It occurred to me that if I were a child I would be down on hands and knees, good dress and all, crawling through from one end to the other, just for the sheer joy of playing a new game. But I was no longer a child, and because of it, I was more concerned with the sky-blue of his eyes and the glints of burnished gold in his hair. I closed my eyes, and for a moment I hung suspended in a timeless blue and golden world.

He is gone now. The blue is gone, and the gold is gone. And the dust on my hand has long since been washed away by the cold impersonal soap and water of our antiseptic world. But the memory of it all remains — and I miss him in a hickory wood-scent way.

Samantha J. Shirley

Distaff

On the 12th of June, 10 servicewomen from CFB Winnipeg boarded an ANS Dak and headed out to Trenton to win fame and glory in the Servicewomen's Baseball Tournament held at that base. The same crew returned on the 15th, minus the fame and glory, with only a few bruises, a lot of sunburn and many memories of a thoroughly enjoyable time. The team got to play only two games, losing to both Rockcliffe and Borden — Base Rockcliffe eventually took the laurels home. Representing Winnipeg were Penny King, Penny O'Neill, Doreen Glenn, Shirley Clark, Donna Lariviere, Toni Brown, "Beanie" Cline, Myrt Riedel, and Joanie Seekings, coached by "Buzz" Lamb. Toni Brown suffered most of the injuries, boarding the Dak home on a stretcher, but since then has fully recovered. "Beanie" Cline and Shirley Clark were painfully close to "airsickness" (chuckle), but came through with flying colors (green faces and red eyes).

Many new girls have come to Winnipeg in the past few months, and almost as many are leaving. Judy Skavinsky, PERI, is on her way to an exciting tour of duty overseas. Davida Marantz, who came first in her class on Flight Attendant Course, is now posted to Trenton. Flo Schmaltz, Dent A, leaves this week for Comox in a flurry of plans for her forthcoming wedding. Violet Perras and Joanie Seekings look forward (to put it mildly!) to postings at Montreal and Esquimalt respectively. 733 Comm Sqn has taken on strength one new girl recently, Carmelle Blanchard who is taking very kindly to Winnipeg after the "isolation" of CFB Clinton. Sue Briggs has been released and is on her way to visit relatives in Kitchener and then home to New Brunswick.

Getting married are Judy Warman to Doug McLeod in August, Katy Jo Sheard to John-Paul Hamilton of CFS Dana in September, and Mick Donnelly to Joe Zaklikocki in October. Paula Thompson, formerly of this base, now released, writes happily that wedding plans for her marriage to Chris Merritt of CFS Moncton in September are going along smoothly!

Diane Roy and Gislaine Noel eagerly await news of their Flight Attendant Course, which they both want very badly. Good luck to them. That's all for now — see ya next issue!

Odds 'N Ends

Here's a topic for you to think about — when are you the happiest? My answer is — when you are the busiest. Not always, of course; within reason, to be sure. Certainly not when you are too tired. It is having plenty to do, and doing it, that helps us forget our worries, and keeps us out of mischief, that lends purpose and interest to everyday living, gives us a sense of achievement and importance, and brings to us at the day's end a well-earned rest.

Helpful Hints

— When packing a trunk of woollens for long storage, place in it a bottle of chloroform with a small hole in the cork. The fumes will permeate the garments and destroy moths.

— When ferns turn yellow, slice a raw potato and put it on top of the soil. This will draw out the worms, which are usually responsible for such a condition.

— Roses thrive in sunshine. The best place is a spot that gets sun all day. If this is lacking, settle for a spot that gets no less than 6 hours of sunlight a day.

— A sheet of aluminum foil placed under your lawn-mower, outboard motor or automobile will catch any oil or grease drippings which would otherwise go on the garage floor.

— When travelling, hang pants by the cuff from the top dresser drawer to stretch out wrinkles.

Pot-Pourri

The grand essentials of life are something to do, something to love, and something to hope for.

A woman without perfume is like a flower without a scent. Teachers open the doors — you enter by yourself.

"All the lovely things of earth, Deep within us have their birth; And tree and water but adorn The soul in which the view was born." (David Hope)

Bon Appetite

Recipe No. 1 in series of 7 — Gourmet Dishes Cooked With Beer — Beer Dressing for Potato Salad.

When you are serving a meal buffet style, there is nothing tastier than a potato salad with



HAIR PATTERN

THE CUT: This style is cut for hair that's growing out. Bangs and sides are cut long into the face. The nape is tapered long on the neck. The crown is layered.

THE SET: Place a few two-inch rollers at the crown, for height, as shown. Then tape bangs, sides and nape in place. Spray with a setting lotion.

TO COMB: Brush height at the crown then down and close to the head. The sides and nape are arranged in casual curls.

beer. To make this delicious dish, follow these instructions:

Saute half a cup of diced onions in 3 tbsps of salad oil for 10 minutes, stirring frequently. Now blend in 2 tbsps of flour, 1½ tps salt, a good shake of pepper, and 2 tps sugar. Next add 1½ cups of beer and ¼ cup of cider vinegar, stirring constantly to the boiling point. Cook over low heat for 5 minutes. Pour over chopped cooked potatoes when it has cooled slightly. Serve with cold meats and salads and perfect the meal with glasses of beer.

Forces Art

First in Professional Class L. K. Jennings (Dependant) CFB Rockcliffe; Amateur Class Service Life first Cpl. A. Cabuche CFB Halifax; Second in Service Life Mrs. I. Duff (Dependant) CFB Portage La Prairie; Third Miss O. Dinisuk CFB Montreal. Amateur class Artists Choice first Cpl. J. P. Auger Canlan-eur; Second Lt. A. W. Burton CFHQ/DGCES/DESE; Third Cpl. Vladas Malkauskas 2 RHC Gagetown, Best entry in exhibition Mr. Sydney Wood CFHQ AU. Honourable mentions D. LePage (Dependant) Cpl. T. F. Riley CFB Clinton Cpl. M. E. Richer CFS Gypsumville, Major E. J. Noonan MCCD Vietnam, Mrs. N. Symington (Dependant) CFB Shearwater and Mrs. A. H. Wagner (Dependant) CFB Esquimalt.

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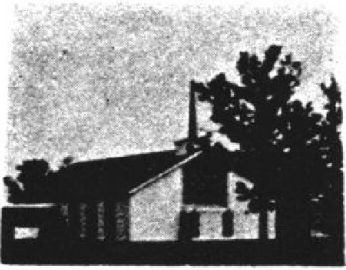
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1st Sunday UCC
3rd Sunday ACC

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Capt. Melvin Arsenault—Local 272
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Mrs. Marie Mireault—Local 272

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Saturdays—1100
Baptisms—by arrangement with the Padre

PENANCE

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Saturdays—1000-1100

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Sunday at 0930

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Kenaston Blvd. at Grant Ave.

Chaplain —

Capt. A. D. Turnbull — 888-6025
(Office)

09:30 — Divine Service, each Sun.
10:30 — Holy Communion
1st Sunday ACC
3rd Sunday UCC

The above changes are for the summer months of July and August.

St. George's Chapel

Chaplain

Maj. John MacGregor

MASSES

Sundays—0900 1100
Weekdays—0800

CONFESSIONS

Saturdays—1900-2000
Baptisms—Every Sunday by appointment with the Chaplain

CATECHISM CLASSES

Sunday—1400
Grades I and II in the Chapel
Grades III-VIII in Lipsett Hall Lounge

Bill Lanctot

You never know when you're going to run into him, he's unpredictable that way. You may see him driving a car load of kids some where, towing a Dak into 10 hgr or maybe he'll be helping somebody fix a car. You never know where he will be or what he will be doing. But of one thing you can be certain, regardless of the time or place, Bill Lanctot always has time for a friendly greeting and to lend a hand if you need it. Born at Hythe, near Grande Prairie Alta., Bill is a westerner in the original sense of the word. To him, "Western hospitality" means helping your neighbor when he is in a bind, and sharing the good things that come along.

You could say that Bill is a jack-of-all trades, able to turn his hand to just about anything. He has done some cowpunching in his time, and a little Disc Jockey spinning at Red Deer Alta. His chief civilian occupation



prior to his enlistment in 1954 was as a truckdriver. It is a well known fact that he can drive anything with wheels, and put it anywhere you want. Very much the family man, Bill and his attractive wife Armande have 5 children. Armand, Lynne, Tanya, Rene and Andy. Like everyone else, they think that Dad is pretty terrific too. In this jet age of social independence brought about by fast cars, television etc., he comes on as a special type of human being. Bill Lanctot — Good Neighbor.



Learn to Care

Despite Canada's tremendous social and material progress, we recognize that poverty, an old and bitter companion, is still with us. Despite our advances there is plenty of evidence to show that the behaviour of society is not improving. The growth of cities is producing lonely crowds in asphalt jungles. To the old question "who is my neighbour" more and more people say "I don't know." More and more say "I don't care".

But provision for our neighbour, and the less fortunate of our neighbours, must go on unceasingly because, to the great discredit of all of us, ours is still a world of need, of suffering and despair.

Work in the name of charity and social justice is never finished. We must all look to the unending task of helping our fellow man, and we can do this best through our finest instrument of charity — the United Appeal. We can do what we can, in this community at least, to bring the dream of social justice a little closer to reality.

Your gift, the United Way, brings hope to the troubled, the aged, the abandoned. Give today, and give generously.



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Sports 'N Things

with Russ Phillips and Laurie Logan

Well, the S.P.A.C.E. Walk is history now, and it's all over but the counting, and that isn't quite finished yet. The program was not only a financial success, but it brought to light the fact that CFB Winnipeg is no more apathetic than any other centre when the chips are down. When the hard and cold facts were laid before them, the entire community got behind the project, backing it with moral and financial support far in excess of what was anticipated. I can't help recalling that when I was getting sponsors last year for MAWD and Cystic Fibrosis, people told me that if I really wanted to get real support then I should try a community effort. Well, they were as good as their word and better. The real authors of this success story of course, are the SPACE Boosters. These were the ten ladies who went out to get pledges for themselves and me. They walked endless miles getting sponsors, talking up the program and generally making it a popular thing. I can't thank these ladies enough for their help, and I hope that the youngsters on Base realize from whence came their greatest help. Radio and TV, when notified of the program by Basil Penton, were more than generous with their coverage, and so to them a big bouquet. Soon the results of this community effort will manifest themselves in our youngsters organized activities. I sincerely hope that all our supporters will feel that they are very much responsible for affording our youth new opportunities.

Physical fitness exposed

I am not such a guy which likes to knock Fitness programs as such. Matter of fact, I'm just the opposite. Howsomer, I figure John Q should get both sides of the story even if it gives the Health types a kick in the pants. The other side of the story I'm talking about concerns a friend of bygone years see? Name of Bert. Now this here Bert character lived, breathed and ate health and stamina. For one thing he was a vegetarian which I hear is a good thing. Also he never drank nothing stronger than water, and didn't smoke. And exercise!! Why heck, Bert thought nothing of running up to maybe 25 miles a day. He ate regular like and got plenty of rest too. But yet, Bert, which he had no known illness of any kind, just wearied and died shortly after his 21st birthday. Only 21 years old mind you, and in his grave. What's the answer you Phys Ed guys? I'm sure I don't know. Bert had the constitution of a horse, and was as strong as a horse. Matter of fact, Bert was a horse. Oh well—

Sport Shorts

Minor Lacrosse

Coach Harold Webb and Manager Bill Johnson, with only 8 players in harness, salvaged a 5-5 draw against the St. James Blues 19 June. Goalie Wayne Maidment collected his first assist of the year while Vic Lawrence tallied two and Bob Johnson, Brad Cunninghame and Bill Keech all notched singles for the Bantams.

Pee Wee's Too

Karl Hermann's Pee Wee Squad leaped forward to trample the St. James Blues 7-0 June 17th. Bruce Gilmour and Dave Grant both racked up pairs while singles went to Don Price, Dale Hogg and Gord Ross.

Employment Available

There are still openings at the Rec Centres (Westwin & Lipsett Hall) for Control Attendants and Locker Attendants. Attendants are hired for a 2 month period at a rate of \$1.25 per hour.

Any Military personnel or their dependants who are interested can apply by contacting Sgt J. McBride, or WO B. Gustafson at the Westwin Rec Centre, Local 509 or 511.

Southern Comfort???

The severity of the storm on landing at Wright Patterson AFB, Ohio, could not compare with the blizzard that beset the Winnipeg 10 pin bowling team as they struggled to defend the glory of a press release in a recent edition of Voxair.

After maintaining an even match for 4 lines, the superior talent of the ICFLU team showed through in defeating the visiting keglers by 377 pins and other prizes!!!

R.P.

Meanwhile in golf, the ICFLU golf team had a relatively easy time in discarding the threat of CFB Winnipeg's foursome. This was due mainly to the fact that the Winnipeg team were all Rec Specs. We of the former RCAF know just how proficient the Rec Specs are in indoor sports; this possibly accounts for the outdoor results.

P.S.

Hats off to the Editor and Staff of Voxair from the Canadians of ICFLU, Dayton, Ohio. Their paper is widely read and greatly appreciated by all members of the Canadian and American Forces in this area.

signed

Lt Col DC Liss
Commander
Canada Canadian Forces Logistics
Liaison Unit

RAIDERS FLYING HIGH



Air Division Raiders — By a CF-104 Starfighter stand members of the 4 Wing Raiders, the team which represented Europe-based Canadian military personnel in the first national Canadian Forces Softball Championship. (Left) Corporal Ken Tappay of Natal, B.C. 550 batter and captain of the Raiders from Baden-Soellingen, West Germany. (Right) Corporal John Gailey of Moose Jaw, Sask., and the Raiders' starting pitcher.

Portage will host games

Canadian Forces Base Portage La Prairie will host the 1969 edition of the Zone III Track and Field Championships.

CFB Winnipeg's contingent swung into high gear June 30th as those sportsmen and women from the base who have already shown a desire to participate started training. The team or teams, are not yet full by any means and anybody who is desirous of entering can still do so, in fact, is requested to do so.

Training for the Zone III Championships to be held at Portage August 1st and the National Championships to be held in Ottawa Sept 12 and 13 is under the direction of Sgt Tom Eagle.

To ensure adequate representation from CFB Winnipeg, the support of all units and section commanders is required. You are asked to encourage your personnel to participate in the training programme.

Interested personnel are to submit their names to the Rec Centre by calling local 511.

Further information and the progress of our training programme and team composition will be published not only in this paper, but also in Routine Orders.

Don't let the Base or the Team down. If you have an interest and a talent — come on out and participate. There is no reason that Winnipeg can't win it!!

Marines take M-107

WASHINGTON (CFP) — U.S. Marines in Vietnam have taken over six M-107 self-propelled guns from the U.S. Army.

The 175mm weapon is the largest piece ever fielded by marine artillerymen. They call the SP gun "Big Mother", among other things.

It may replace the 155mm gun now used which is 36,000 pounds heavier, says Leatherneck magazine. A Hercules can fly all of the M-107 but its 38-foot barrel which can be brought ashore in a variety of naval landing craft. The 175's 21-mile range is six better than the marine 155 gun.

Marine emphasis on such long range gunnery wasn't so essential in the Pacific island-hopping campaigns of the second world war.

The situation changed in the Korean war and in earlier Vietnam fighting where the marines had to depend on the army for long range artillery support the bigger land areas demanded.



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Sportlight

On..



by Russ Phillips

Photo by Curry

Joe Laitar

"How come is it" people ask me, "that you haven't as yet Sportlighted Joe Laitar, who is a natural for this" I have a stock answer for such queries. Anybody who can catch big Joe and tie him up long enough for me to get an interview, will be doing us all a large favour. This guy has always got something going. In the winter time it's Hockey or Basketball and in the summer it's Javelin, Shotput or else he's out someplace playing ball. When he isn't occupied thusly, you will find him running about on a little tractor fixing ball diamonds, soccer fields and tennis courts etc. We have trouble getting him to stand still long enough to get a picture, let alone his career story. Then a couple of days ago I noticed him parked behind a desk so I asked him real quick like "Say Joe, how about being our next Sportlight?" He agreed, and so without further ado I present the movin'est man in the sports business, the big boy from Brantford — Joe Laitar!!

YOU NAME IT HE PLAYS IT

To Joe, who looks every inch the athlete, all active sports are interesting and invigorating. Though highly competitive, he believes in fair play and good sportsmanship. Since coming to Winnipeg from Centralia in 1966, he has done much for organized sports on the Base. As well, his efforts at zone level have considerably helped the Base image. In the winter time Joe takes to the ice, playing on the Base and Inter-section hockey teams. A rangy 6 ft. 2 inches, he handles defence with plenty of savvy. His height comes in handy too on the basketball courts. In the "field" dept of track and field, Joe has done well, representing the Base in the shotput and javelin events. As a matter of fact, he brought home a silver medallion in 1967 for javelin. Fortunately, he will be carrying our colours again this year. If he had a choice of which sport he liked best, Joe figured it would be Fastball. He says he has played the game as long as he can remember, and likes it better every year. He plies his talent at the infield positions, and 2nd base in particular. As well as the Inter-section league, Joe plays for the Kiewel Seals of the City Senior Fastball league. A first class performer, we will be hearing much more of Joe as the season progresses.

THE J STANDS FOR —

Somewhere along the line Joe took time out to get hitched. He says that at one time his wife June was crazy about bowling, but Winnipeg changed all that. Now he says, she likes curling, and it's really no wonder. We get 10 months of winter. Joe and June have 4 very nice children, Joey 10, Jolene 9, Jay 6 and Jimmie 3. It is rumoured that they originally intended to have more kids, but couldn't think of any more names starting with J.

Jog-a-thon

The Base jog-a-thon ended the 31st of May with an exceptionally good showing. Out of approximately 200 joggers that started 79 (seventy-nine) received awards.

- 64 Gold
- 10 Silver
- 5 Bronze

It appeared that the majority of the joggers wanted to go for the 200 miles; which is a good sign. Many of those who really intended to make the distance, just couldn't because of lack of time. They unfortunately could not get the needed time off to jog as work commitments just would not allow. On the other hand those who did make the distance did so with a lot of extra effort on their part, and are to be congratulated.

Following is a list of those who qualified for the awards and the distances which they ran.

200 Milers

Piloski, Filazek, St. Louis, Beswehlerick, Beckman, Bulger, Burke, Crowell, Cuthbertson, Dydra, Erlenoson, Armstrong, Harrison, Nelson, Williams, Owen, Westlaken, Saliga, Hache, Moore, Hopkins, Phillips, Osemalk, King, Mrs. Oakley, Register, Beer, Clark-Marlow, Dickenson, Eaton, Logan, McLaughlin, McLeod, Mclean, Munn, Paquette, Purich, Smith, Sproule, Taskey, Walker, Yole, Graham, Hargest, Jackson, Pelletier, Blasett, Roberts, Reilly, Stewart, Scully, Surette, White, Bennett, Roszell, Clement, Comeau, Charlebois, Cole, Mitchell, Pettipas, Thornton, Wright, Weber.

Silver Medalists

Simcoe, Roenspiess, Plumbtree, Wagar, Eagle, Wilcox, Holcek, Keith, Kaiser, McCleod.

Bronze Medalists

Fraser, Grace, McCorkel, Langen, Radford.

Congratulations to all Joggers for their effort and to those who didn't quite make it, better luck next time.

umpires trained

An Umpire Softball Clinic was held 20 June at CFB Winnipeg, conducted by Cpl Dan Dandurand Umpire-in-Chief of CFB Winnipeg and Cpl Wes Hendricks Umpire-in-Chief of the Canadian Armed Forces. There were 15 umpires and players in attendance. Also Mr. Gord Law, Secretary of the MUASA attended as an observer. Rule interpretation was the most discussed point of the agenda. A general consensus was that ball players have a better respect for an umpire's judgment after they attend one of these clinics. We now have three MUASA qualified umpires on this base, Cpl Dan Dandurand, Cpl Doug Sullivan, Cpl Bart Daniels. A special mention to Cpl Wes Hendricks who is retiring this fall from the service, Wes has been umpiring for 18 years and is one of the most highly qualified umpires in the CAF.



Doug Sullivan masters the technique of sliding and Bart Daniels — the "put out" as instructor Wes Hendricks and Capt. Ed Wiebe, BRecO look on.

Photo by Curry

CFB Winnipeg Winners

As Part of the training programme of the CFB Winnipeg Judo Club several members of the club have participated in two local tournaments recently. The first of these tournaments was held on the 10 May 69, and was sponsored by the Selkirk Recreational Council and sanctioned by the Manitoba Black Belt Association. Good competition was seen throughout the day with several members from our club winning their way into the finals that evening. The results of the final matches were as follows:

Juniors:

70 lbs and under, Michael McGrath, 3rd place; 110 lbs and under, Ingo McGrath, 2nd place; Brad Hamilton, 3rd place.

Seniors:

Heavyweight, Lt. Bruce McDonald, 2nd place; Team Event, CFB Winnipeg, 1st place.

Ladies:

150 lbs and under, Judy Hopper, 1st place; Joyce Hopper, 2nd place.

This was the first tournament to include a ladies section, in the 68/69 season; however, it is hoped that this can be repeated in subsequent meeting later in the year so that the several ladies in the club will have the opportunity to compete with other clubs.

During the heavyweight championship fights Lt Bruce McDonald sustained an injury to his right knee during an attempt at a deep inner thigh technique and, being unable to continue his match took second place. Bruce was also a member of the senior team event and with his team mates, Ron Rumble, Mike Machluck, Ron Devaux, John Sawacki won their way into the finals that evening. Owing to his previous injury Bruce was replaced by Gary Petterson and the team went on to take First Place defeating Winnipeg School of Judo and Karate in the finals.

The second tournament The Mid West was held at the University of Manitoba clubs from Ontario and Manitoba participated in this shiai. The following members of our clubs placed in this large tournament.

Juniors:

60 lbs and under, Pat McGrath, 3rd place; 75 lbs and under, Paul McGee, 3rd place; Michael McGrath, 4th place; 100 lbs and under, Ingo McGrath, 2nd place; Brad Hamilton, 3rd place; 165 lbs and under, John Schmidt, 1st place; Randy Dickie, 2nd place; Team Event, Ingo McGrath, 2nd place; 110 lbs and under, Brad Hamilton, Paul Wilson, Grant Hamond, Tony Clarke.

Seniors:

154 lbs and under, Lee Browning, 3rd place; Black Belt Championships, 175 lbs and under, Sgt Joe McGrath, 2nd place.

Sgt McGrath 1st Dan Black Belt and Instructor at the CFB Winnipeg Judo Club competed in the Black Belt 175 lbs and under championship to win his way through two elimination rounds of 5 minutes each and met Mr. Henry Fast of the Manitoba Judo Club in the Final. Sgt McGrath had previously defeated Mr. Fast but took second place in the final after the judges awarded a decision in favour of Mr. Fast following a two minute time extension to the 5 minute championship round in which both contestants were so evenly matched that the judges awarded the extremely close fight to Mr. Fast.

During the summer months July and August the club will be teaching to the dependents programme in Lipsett hall on Wed. afternoons from 1330 hrs. to 1530 hrs. under the instruction of Capt ER Chambers and Lt B McDonald. The fall training programme will start on the 2 Sep 60 with registration. This will be announced at a later date.

10 Commandments of Ball

- 1) Nobody ever became a ballplayer by walking after a ball.
- 2) You will never become a .300 hitter unless you take the bat off your shoulder.
- 3) An outfielder who throws back of a runner is locking the barn after the horse is stolen.
- 4) Keep your head up and you may not have to keep it down.
- 5) When you start to slide, S-L-I-D-E. He who changes his mind may have to change a good leg for a bad one.
- 6) Do not alibi on bad hops. Anybody can field the good ones.
- 7) Always run them out. You never can tell.
- 8) Donotquit.
- 9) Do not find too much fault with the umpires. You cannot expect them to be as perfect as you are.
- 10) A pitcher who hasn't control hasn't anything.—ED.

The Mike Pearce Trophy

ELIGIBILITY: All service personnel of CFB Winnipeg, TCHQ and all Lodger Units.

Terms of Qualification: To be presented to the person who contributes most to sports and recreation in interest, example, management, the credit it reflects on the service or to the image of sports.

Factors to be considered in awarding the trophy are:

- a. Organizing ability and the promoting of sports or sport to a high level of interest and participation.
 - b. Devotion and application in developing a program, group or sport that contributes to a greater interest and achievement.
 - c. Outstanding achievement in a particular sport or sports that reflects the ability and powers of that individual and contributes to the image of the Base, Service and sport.
- We consider this to be the highest award given on the Base. If there is anyone who in your opinion deserves recognition, please let this dept. know, so we may write him or her up as a candidate.

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Challenge

Before I get too old to back up my words with action, there is something I must do. I challenge any member of the Canadian Armed Forces to a 100 mile Endurance Race. You may run, jog, walk or combine all three. Place time and terms can be arranged at a later date when we determine how many are interested. Any takers? If so, please contact me at the following address. Cpl. Russ Phillips, C/O the Voxair, CFB Winnipeg, Westwin 12, Man.

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FOR SALE A. B. DICK MIMEO-graph machine. Price \$60. Contact Capt. T. Spencer, Loc. 297 or 888-9095 after 1700 hrs.

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CAR FOR SALE, 1965 Pontiac, V8, AT, radio. Ph. 888-3764 or Loc. 227.

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Although no antique, Vicky Jones looks at home in this setting. photo by Hoover

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Tru... OTTAWA (CF) Minister Trudeau Canada "a mobi will be able -- saying that institutions must adapt to chan He said this television program Questions a wide-rangin Charles Lynch News Services

Volume 18, I

13 coun involve exchange

OTTAWA (C of 13 countries the 1969 intern exchange. Canada's ai has arranged visits for July Austria, Bel France, Israel, Norway, Spain, zeland, the Germany. Coming to cadets from Europe and i Canadian ai Britain total tures 21. and They'll be air Trenton, Ont. parture being liest return A

Phantom Fighting

LONDON Phantom - a RAF strike 43, the famou re-forming September. The RAF squadron was April 1916 a couple of year able achiev world wars East operatio One of tw Phantom will air defence co the strike co force. Two mrons will f in the next t and the lig deployed to l

New a light w

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