

Starair



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January 15, 1969

Last relief Hercules to return to Canada

OTTAWA — Canada's last Hercules assigned to fly relief supplies to Biafra is coming home.

External Affairs Minister Mitchell Sharp announced the aircraft's withdrawal. He blamed Biafra for refusing to permit daytime relief flights into the territory it controls.

The giant transport, which has been sitting idle on Fernando Po for most of the time since it was dispatched there last Oct. 15, has returned to Canada.

Mr. Sharp repeated his plea to Biafra to permit daylight flights and promised to send the Hercules back if agreement is obtained.

In a statement announcing the withdrawal, Mr. Sharp said the International Committee of the Red Cross, which administered

the Canadian relief effort, had held out no hope that Biafra would permit daytime flights.

Prime Minister Pierre Trudeau proposed the daylight flights last Nov. 4 after the Nigerian government announced that it could no longer guarantee the safety of night relief flights. Nigeria charged that the night flights were being used as cover for flights carrying arms to the rebels.

Mr. Sharp said August Lindt, International Red Cross commissioner-general for Nigeria, had transmitted Canada's request to the Biafran authorities.

"Despite these repeated efforts, the ICRC have been unable to hold out any hope that the proposal will be accepted by the Biafran authorities in the foreseeable future.

"In these circumstances the Canadian Government has no alternative but to withdraw its aircraft until such time as the Biafran authorities agree to daylight flights. The Government could not agree to have its aircraft participate in night flights since these have been banned by the Nigerian Government. This ban was recently reaffirmed."

The return of the last Hercules appears to end Canada's largely abortive attempt to fly relief to the rebel area.

Canada put three Hercules at the disposal of the International Red Cross in mid-October in response to reports of mass starvation in Biafra. Two went to Fernando Po, part of newly independent Equatorial Guinea, and one to Lagos. The aircraft

stationed at Lagos was to fly relief to areas captured by federal troops.

After two weeks of negotiations aimed at getting approval for flights from the Government of Equatorial Guinea, one of the Hercules began flying into Biafra's Uli airstrip. It flew 11 flights, carrying 220 tons of dried fish and other protein food, before it was grounded on Nov. 4 when Nigeria refused to guarantee the safety of further night flights and emphasized the point by shooting up a Swedish relief aircraft on the airstrip.

At that point, Mr. Trudeau got a promise from Nigeria of unmolested daylight flights and issued his appeal to Biafra for its approval.

At the same time, the Government agreed with the Nigerian Government that its Hercules in Lagos would fly back to Canada because repeated landings by the large aircraft would ruin Nigerian airstrips near the front lines. The Government agreed to replace the Hercules with smaller Caribou but they did not leave Canada because the Red Cross told the Government it could not use them. A second Hercules was also involved in the abortive Lagos operation when it flew out in October carrying spare parts for the aircraft there and then returned.

The Lagos Hercules and the standby aircraft at Fernando Po all returned to Canada last month.

Secretary at 17 Wing.

Photo by Hoover

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NFB borrows Caribou

Canadians ought not to be alarmed at a mysterious aircraft skimming about their area making a low level look at their neighbourhoods. It's the National Film Board doing its bit for the Japan World Exposition, Osaka '70.

The NFB, commissioned by the Canadian Government Exhibition Commission, has set out in a specially equipped RCAF Caribou aircraft to make a film depicting the vastness of Canada and the immense natural barriers that men have faced in opening up and developing the country. The film, being shot in 35 mm color will later be enlarged to 70 mm and will be one of several film offerings of the Canadian pavilion.

Jean-Claude Labrecque who filmed the international award winning "60 Cycles" and more recently "The Ernie Game," recently judged the top feature film at the Canadian Film Awards, will, with Rex Tasker, direct the Osaka production. Tasker who has directed several top NFB productions will also edit the film. With the co-directors on board the Caribou is Robert Baylis, associate producer.

A six-man RCAF crew is headed by the pilot Captain Paul Apperly and First Officer Brian Cuniff.

Cammerman Labrecque will be filming his close up, head-on view of man's triumph over Canada's topography from a perch above the pilot's head. A special housing for Labrecque and his camera was built and installed in Fort Erie, Ontario.

Earlier filming for the Osaka production has involved mounting the camera on the front of locomotives, in mountain gondola cars and on the top of a truck. The first stage of the shooting from the Caribou is scheduled for completion in December to be followed by two

weeks of filming in Cape Dorset in mid April. The finished production is expected to be ready for shipment to Japan late next year.

Canada In NATO Until 1970

Prime Minister Trudeau said Canada will renew its present military commitment to NATO for one year.

He told a press luncheon that the commitment will be renewed when Defence Minister Leo Cadieux attends a meeting of NATO defence ministers in Brussels Jan. 16.

Trudeau added, however, that Canada will not make any long-term commitment to the alliance at this time because it is reviewing policy on whether to pull out of NATO or stay in.

The renewed commitment will endure to January, 1970. Canada has six bomber squadrons and a 5,000-man infantry division in West Germany and 20 warships committed to NATO's Atlantic Command.

Trudeau said Canada is "not likely" to become a republic in the next four years. And the parliamentary system of government had the advantage for Canada over the U.S. congressional or presidential system.

Trudeau made a brief speech, familiar to Canadians, about the necessity of minority groups, even the smallest, being heard.

Then he replied to questions submitted in writing by some of the 500 Commonwealth and foreign correspondents at the luncheon.

He said he is not pessimistic about the future of the Commonwealth.



A candid look at TC's boss . . . see p. 4, 5



Course 6708 LR Graduates

Course 6708 LR graduated 20 Dec. 68. COL L. A. Gazley CD, Regional Surgeon at Winnipeg, was reviewing officer. Guests and friends were entertained at Officers' Mess following the ceremony at which wings were presented — L to R — COL L. A. Gazley, LT R. W. Schnieder, LT J. H. M. McDonald, LT R. N. Drury, LT M. J. Tremblay, COL W. A. Hockney.

(Base Photo)

UN extends role in Cyprus

UNITED NATIONS — The Security Council, with Canada's support, agreed unanimously yesterday to extend the life of the United Nations peace-keeping force in Cyprus (UNFICYP) for a further six months until June 15, 1969.

Secretary General U Thant had recommended this extension, and the governments of Cyprus, Greece and Turkey all agreed.

Mr. George Ignatieff, Canadian ambassador to the UN said Canada "fully respects" the secretary general's view. He noted that U Thant believed it was important not to disturb the momentum of the current talks between the Greek and Turkish communities on the island.

Therefore, he suggested U Thant make an interim report in another three months, even though the life of UNFICYP was extended for six months.

Mr. Ignatieff referred to the improved atmosphere on Cyprus and expressed hope that the patience, goodwill and statesmanship being displayed by the leaders of the two communities would continue.

This was reflected in the resolution approved by the Council.

It spoke of the possibility that sufficient progress could be made in the next six months to make withdrawal, or at least substantial reduction, of the force possible.

This has been mentioned in previous resolutions, but for almost the first time there may be a real chance of it happening.

The force has been reduced by about 25 per cent since last June and the Canadian contingent was cut by one-third.

This may have been Canada's last participation in a Security

Council meeting during its current term of membership.

It goes off the Council at the end of the year and no further meetings appear likely this month.

Mr. Ignatieff drew attention to this in paying tribute to the officers and men of the force.

"UNFICYP, in a number of ways, has been a model peace-keeping operation and we can learn much from its experience in considering the future of United Nations peace keeping," he added.

Herc Wings Failing

The C-130 has developed serious wing cracks which will cost the USAF more than \$11,000,000 to repair, air force officers report.

The problem has turned up in hundreds of C-130s but apparently was detected before it led to any fatal crashes.

The Vietnam War workhorse and the backbone of Canada's transport command, the Hercules has long been a favorite of North American pilots.

The official word from Ottawa is that Canada's Hercules are presenting no such problems, but the armed forces people are keeping a close watch

Ottawa spokesmen for the defence department say they are aware of problems other air forces are having with aircraft and that they exchange information on performance and life of planes with these air forces.

Thank Y'All

ZWEIBRUCKEN, Germany (CFP) — "A superior military unit does not just happen, nor is it the result of location, mission, facilities or equipment."

Is this a quotation from Prussian strategist Karl von Clausewitz? Hell, no.

It's Lt.-Col. John R. Fullerton, USAF, raving about 3 Wing here. He continues in his letter to der Flugplatz: "in the final analysis, any organization is only as good as the people who form it. 3 Wing has such people in abundance."

He describes his memorable tour as a detachment commander in the Canadian wing with NATO as the "most enjoyable assignment" he's ever had.

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What goes after Sabres?

The so far anonymous American dealer who wishes to buy 26 of Canada's obsolescent Sabre jet fighters now surplus to the needs of the air force may soon set the federal cabinet a problem.

The government in Ottawa must satisfy itself that the aircraft, which are still capable of delivering a lethal blow, if used in anger, are not used in a way, and for a cause, which Canada cannot approve, either immediately on delivery to their new owners, or after subsequent resale.

The much publicized defence and foreign policy reviews now in progress have put Canada's future policies towards NATO,

NORAD, the United Nations and international relationships generally into a kind of frozen confusion. But the cabinet can hardly wait for the result of its policy reviews to become known, if the purchaser of the Sabre jets, whoever he is, intends to supply them, or some of them, to a country or faction already at war, or likely to be involved in war in the near future.

Presumably Canada, which has acted correctly towards the Nigerian civil war, cannot allow the aircraft to be sold to Biafra, nor even, perhaps, to the Nigerian government. Sale

to a Communist state, apart, perhaps, from Yugoslavia (for whom the Sabres may not be modern enough), would be most unlikely. Several South American states have been purchasing secondhand jet fighters recently against the wishes of the United States. Chile recently acquired 20 Hunters from Britain. But South and Central America are sensitive areas, politically, and Canada might not want its armament tradings to add to the explosive potentialities of that region.

Or of any other region, if it comes to that.

Let there be Light

By moving swiftly after a plea from Prime Minister E. C. Bird, the Canadian government prevented a total electrical blackout of the island of Antigua by flying in 12 army generators and crews to install and work them. The island already suffering economic difficulties would have had its only dollar-earning tourist industry ruined when millions of dollars of foodstuff in refrigeration for the upcoming tourist season would have been destroyed and water power cut off. Two Canadian armed forces Hercules flew in the generators and the crews to work them. (CFB)

Minister Firm

BX Operation Will Stay

Defence Minister Leo Cadieux dashed hopes of businessmen seeking to remove base exchange stores from Canadian force bases.

Speaking to newsmen at Victoria airport, Mr. Cadieux said about the BX stores: "It's not unfair competition; we are not cutting prices; we are only trying to provide service for our people."

The BX store that opened Nov. 1 in Esquimalt has caused local businessmen alarm and led at

least one alderman to bring the matter before a city council meeting.

Mr. Cadieux said the Esquimalt store "is an enlargement of the operation already existing within the services . . . in many cases, one operation is in an isolated place. All bases have to contribute to a central fund."

"It is only logical that in big areas where you have a sizeable force that (BX) should also contribute to (other) bases."



Canadian Naval Forces in Action

Ships of Maritime Command steam in tight formation during exercise Maple Spring in the Caribbean. The exercise, one of several held in 1968, was designed to train Canada's Maritime air and sea forces in their anti-submarine warfare role. (CFP)



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Some concern of Canadian Forces and Welfare Funds being utilized fully by personnel. If this condition created by mismanagement and lack of information a word about the benefits available from Funds is in order. The Benevolent Funds exist for the purpose of preventing promoting well-being of members of the Canadian Forces. This assistance is a benefit for which are eligible by virtue of service in the Armed Forces. The aid which offer may take the form of a low interest loan of dire hardship, in an outright grant made for a wide range of worthwhile reasons, date debts, to pay dental bills, to GSMIP, to repair a vehicle, to purchase



CAPT. A. J. FORD - TC

I plan to go into the new pension every advantage including, of which the Civilian Status will a sudden promotion a "revaluation" of "leave" indicated on yet.



CPL CLIFF SMITH

I've elected to remain in the new pension in April whereas having now I can still exercise remaining in until

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January 15, 1969

bres?

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Light

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in Action

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Commander's Compass

Some concern exists that the Canadian Forces Benevolent and Welfare Funds are not being utilized fully by eligible personnel. If this condition has been created by misunderstanding or lack of information, then I think a word about the purpose and benefits available from these Funds is in order.

The Benevolent and Welfare Funds exist for the sole purpose of preventing distress and promoting well-being amongst members of the Canadian Forces. This assistance is an important benefit for which all personnel are eligible by virtue of their service in the Armed Forces.

The aid which these funds offer may take the form of a low interest loan or, in cases of dire hardship, it could result in an outright grant. Loans are made for a wide variety of worthwhile reasons: to consolidate debts, to pay doctor and dental bills not covered by GSMIP, to repair your automobile, to purchase furniture



and appliances, etc. Grants are made after due consideration of each case to re-establish the member on a planned financial recovery programme which includes financial counselling and budget recommendations.

Unfortunately, many who could and should make application, do not either because they do not know about the Funds, or simply do not think of it as a source of help in their situation. All too often, personnel are reluctant to apply for fear that

many people might get to know about their affairs. Frequently there is apprehension that a request for assistance might be detrimental to an individual's career. I assure you that this is NOT the case. Every application is reviewed by the Base Committees, who treat all matters concerning the individual's private life as strictly confidential. Requests for aid will NOT be detrimental to the individual concerned in any way.

The Base Committees will assist any member who has a legitimate need. You may apply at your Section or Unit, and arrangements will be made for interview by the Secretary of the appropriate Fund or by a Committee member. Your case will receive prompt, sympathetic, and confidential consideration.

You may wish to know that loans and grants average \$8,000.00 per month for the Base, so yours will not be the first one. Use these funds; they are there for you to use.

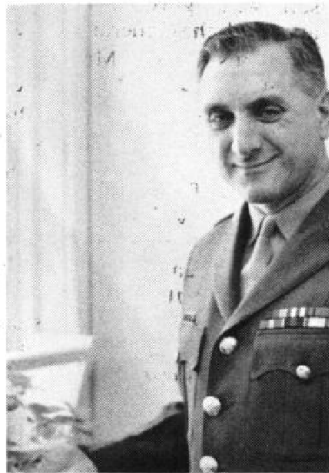
Viewpoint!

Have you indicated your choice of Pension Plans? Why!!



CAPT. A. J. FORD—Training Branch, TC

I plan to go into business, and to me the new pension policy offers every advantage including the lower age at which the change over to Civilian Status will occur. Of course a sudden promotion would necessitate a "reevaluation" of thoughts. No., I haven't indicated my preference as yet.



CWO L. R. HURL—Training Command

With 29 years now in, it is definitely to my advantage to remain under the old terms of service. This way, instead of being limited to 30 years, I can go for the whole 35 or opt out at any time in between under QR&O 15.01 item 4(a)(ii) if the right job opportunity comes along.



CWO C. KEEFE—Training Command

Questions concerning terms of service and pension benefits were placed with the unit orderly room where it was confirmed that it was advisable for me to sign Table C. Because of circumstances that vary with each individual, I recommend that members clarify their position with their orderly rooms or pay accounts.



CPL CLIFF SMITH 733 COMM. SQD.

I've elected to remain under old system as the New Plan assures my retirement in Approx. 2 yrs. — whereas having now 23 yrs of service I can still exercise the choice of remaining in until the age of 50.



CPL HERBERT BETTS 733 COMM. SQD.

I am at the age when I really have no choice. The New Policy does not apply and I shall retire under the old plan.



MWO L. W. EATON—Training Command

Retiring under the Old Policy is the best choice for me. I would only have served 28 years, rehab and special leave etc., would have to be taken prior to New Retirement Age, whereas, a further two yrs. of service can be expected under the Old System.

Jogger's Heel

The benefits to be derived from any sport must be balanced against the harmful effects which may ensue through over-zealous pursuit without due regard to the consequences.

To other occupational hazards such as tennis elbow, baseball fingers, swimmers' ears, housemaids' knee and students' elbow, there has recently been added jogger's heel. This refers to heel pad discomfort secondary to a programme of daily jogging on a non-resilient surface such as sidewalk or street. By using the ball of the foot and springing lightly on the toes, such a complaint can be avoided.

Your Friendly Medic

De St. Boniface!

J'ai eu l'agréable surprise de trouver un peu de français dans votre publication qui nous est parvenue au poste CKSB. Je me permets de vous envoyer quelques numeros du *Courrier*, auquel je collabore pour la section française que nous tachons de maintenir et d'améliorer. Libre a vous de vous en servir.

Rossel Vien

From Afar

A short note to introduce myself and to say how interesting I find your paper. I have recently taken over from "Mike" MacDonald as Editor of the *Gagetown Gazette* and find myself looking through the mail to find your informative weekly.

However, in addition to information your *Voxair Vixen* is an added bonus when scanning "reams" of reading material. Commander Wallace mentioned in one of his letters that they may be made available for cross country use. If this comes to pass, on the top of your mailing list please place this "Maritime" paper.

Captain T. P. A. Power

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For a little while last Dec. 19th, Bldg 61 (North Site) rang with the laughter of happy and excited children. They were having a Christmas party and like all kids, this would be a day to remember forever and ever. Like all kids too, they waited with barely contained excitement for the gifts and goodies they knew would come when Santa Claus appeared. Unlike other children however, they had no Mom or Dad to show their gifts to after the party. These little folks live in the main transient home of the Children's Aid Society. They come from homes broken up by the separation or death of their parents. Happiness has not been a part of their daily lives and after hearing about some of the experiences they have had before coming to the Children's Aid, one wonders how they can recognize the emotion at all.

The party, sponsored by the Base Supply Social Fund and headed up by Sgt George Reeves and Mrs. Evelyn Cole was a huge success. The children, 18 in all and ranging in ages from 5 to 11 years, were treated to a series of colour cartoons for a starter. After that Mr. Santa came in and each child was presented with a gift. Last on the agenda was food. Real good food that all kids like. Hot dogs and ice cream and so on. They loved it and showed their appreciation the only way they knew how. By acting happy and excited.

The lady in charge of this group extended, on behalf of the Society, her heartfelt thanks. She mentioned that while the children really look forward to these parties, they are almost an everyday occurrence for them during the Christmas season. However she points out that there is seldom if ever anything for them at any other time of the year. Like a short feast and a long famine. It seems that this situation could be alleviated a great deal. Easter parties and summer picnics would really show these kids a joyful side to their drab world. Who deserves Christmas every day more than these little people?

Thank God for TGIF-ers

LAHR, Germany (CFP) — Many ideas are thrashed about at the traditional TGIF parties in military establishments but few if any have borne such fruit or lasted as long as an idea hatched at Metz, France in 1954.

At 5:00 p.m. one Friday afternoon the few "regulars" were gathered in the officers mess when someone suggested that they ought to contribute to local charity.

It was then decided to form a club for that purpose and since it was 5 p.m. or 1700 in military terminology, the 1700 Club was born.

Since its founding 14 years ago the 1700 Club has continued to support local orphanages, old people's homes and homes for retarded children. From their own pockets the officers, and civilians of officer status, have provided food, clothing and toys for needy children and adults.

In 1961 the club "adopted" a six-year-old Italian boy through the Foster Parents Plan and in 1963 they adopted a second child, a seven-year-old Greek girl. Now operating out of Lahr, Germany, the 1700 Club continues to support the two children by providing sufficient funds to pay for their education and clothing.

Letters from the children are always interesting for the TGIF members to read but sometimes confusing. The little Greek girl would write mentioning her birthday but the age she would give would be one year older than the club records indicated.

The letters were written by the children themselves since their parents were illiterate and in the case of Maria, very flowery language is used. Sometimes a letter contains different handwriting showing that the welfare worker had added a paragraph or two to help the child express the thoughts he was unable to put into words. Angelo celebrated the feast day of the saint for whom he was named, rather than his own birthday.

During the 14 years that the 1700 Club has existed, thousands of dollars have been collected from the officers and handed over to numerous charities.



This was the scene at Duck Bay on arrival of the first truck load of food, clothing and toys donated by Winnipeg merchants to Duck Bay.

Photo by Patey

Christmas, The Modern Way, Goes North

In most homes across Canada the excitement and joy of Christmas are fading away, but not for the eight hundred residents in the small fishing village of Duck Bay. Here the bounties and riches of the Festive Season will live and be long remembered in the months to come. Many Winnipeg Tribune readers will remember reading, in the newspaper of a lonely caravan of two army trucks bound north on December 15. Then, five days later, four more army trucks journeyed again to this isolated community 350 miles north of Winnipeg.

"What did they bring?" was on the lips of every child in Duck Bay. The caravan contained more than anyone had ever dreamed of: clothes, footwear, mattresses, toys, books, cases of canned goods, and other fine things.

When the annual Christmas party rolled around on December 18 for the children in Duck Bay, they all received toys, peanuts, candy and all the Pepsi and orange they could drink. The next day parents came and received a hamper of food. But not all the clothes, shoes, etc. were given out. Some of the milk and bread was kept for the kindergarten class. The clothes and shoes will be distributed as the need arises. Therefore, Christmas will be a living thing for the children and people of Duck Bay for months to come.

On behalf of the children, people and staff in Duck Bay, I would like to thank all the wonderful people for their great efforts and donations which made "Operation Duck Bay" possible. But I would like to express particular appreciation to the following people for their generosity and great effort in this most memorable occasion in the town of Duck Bay.

I would like to thank the person who gave his stamp of approval, the General Manager of Simpsons-Sears, Mr. D. T. Thompson, and the two people who did most of the organizing work and spearheaded the operation, Frank Bertch, Display manager of Simpsons-Sears and Shirley Brown, Assistant Manager of the toy department in Simpsons-Sears. Special mention goes out to the President of the Social Club of Simpsons-Sears, Harry Fury and to the representative on the social club, Paul Propenkie. We would like to acknowledge our gratitude to the kindness of many Simpsons-Sears' suppliers for their donations. The children and people of Duck Bay would like to thank the president of the Safeway stores in Winnipeg, Mr. W. F. Griffiths, for the wonderful donations of food. This perhaps made Christmas day happier than ever before, for not only was the body warmed with their new clothes, but full as well. But had it not been for Lieutenant Colonel R. G. Heit-

shu, Commanding Officer of the 3rd Regiment Royal Canadian Horse Artillery of Fort Osborne Barracks, the entire project would not have been possible, for he provided six 2½-ton army trucks to carry the donations to their destination. The Spirit of Christmas was well typified by the big-hearted and good natured soldiers of the 3 RCHA who gave up part of their precious Christmas leave to bring the trucks to Duck Bay. They helped to load and unload the trucks and bring general excitement into the air as they talked and mingled with the children and people of this community.

Mr. John Crandell, General Manager of General Motors of Canada, Winnipeg Division, was not to be counted out. He donated vehicles for this occasion. The cars brought up Frank Bertch and Shirley Brown, representatives for Simpsons-Sears, and also Sgt. W. D. Harrison, Bdr T. F. Camplin, Bdr E. A. Deveau, Bdr L. L. Patey and Bdr H. E. Sampson to represent Lcol Heitshu and 3 RCHA.

Last, but not least, may we extend our appreciation to the Winnipeg Tribune for printing news articles in connection with this project.

Thank you from all of us in Duck Bay to all of you.

Yours sincerely

Paul Kolade

Principal

Duck Bay School

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68 - A YEAR OF CHANGE

The year 1968 has been one of the most significant in the history of Canada's Armed Forces.

As Canada entered the second century of the confederation of her provinces, her armed forces realized the final major step in the unification of her Navy, Army, and Air Force into a single service.

Highlights of the Defence Research Board's 1968 program included the completion of final preparation of the ISIS "A" atmosphere-probing satellite for launching in 1969, and the launching of an ultra-modern research ship, the Quest, which will be used by the Defence Research Board for anti-submarine warfare research.

Forces Reorganized

The most significant changes from an operational and training standpoint were made in the organization of the Armed Forces. Mobile Command's three Infantry Brigades were reformed into four combat groups, each with an armoured and artillery regiment, two infantry battalions and supporting units.

Air elements of Mobile Command became Number 10 Tactical Air Group to form a fully integrated land/air team. When fully operational in early 1970, two composite air wings will operate CF-5 tactical ground support aircraft, Buffalo transports, medium tactical helicopters and light helicopters. In addition, all six reserve air squadrons of Otter aircraft were assigned to Mobile Command under the control of 10 Tactical Air Group.

Other Mobile Command changes included the establishment of an operational training squadron of Iroquois helicopters at Petawawa to train members of the land/air team in troop movement, casualty evacuation, reconnaissance, and aerial resupply and the formation in Edmonton of a 900-man Canadian Airborne Regiment consisting of infantry parachute battalions, (Commandos), a light artillery battery, an engineer squadron and a communications company.

Other organizational changes in 1968 included the consolidation of ten basic recruit training centres into two — one at St. Jean, Que., for French-speaking recruits and one at Cornwallis for English speaking recruits.

Bilingual Units Formed

In addition, bilingual units were formed, including a predominantly French speaking ship's company in the destroyer HMCS Ottawa, based at Halifax; a CF-5 aircraft squadron at Bagotville, a combat group at Valcartier, a French-language trades training centre at St. Jean, Que., and the manning of the new airborne regiment with approximately 30 per cent of its strength French speaking.

On-campus university training for reserve army and air force cadets was replaced with off-campus training at reserve units, and 17 regular force military bands were amalgamated in 1968 to form nine bands, including a 90-man National Band of the Armed Forces located in Ottawa.

New Equipment Issue

The first of ten Iroquois light tactical helicopters was delivered in March, and assigned to the Helicopter Operational Training Squadron at Petawa. Other new equipment included the "O" class submarine Okanagan, which arrived in Halifax in September after trials in England; and the

purchase of a United States submarine, renamed the Rainbow, for training duties on the west coast.

CF-5 Tactical ground support aircraft produced by Canadair began leaving the assembly line in October and are being assigned to 434 Operational Training Squadron, Cold Lake, Alta., to train pilots and technicians for the air group's two operational squadrons at Bagotville and Edmonton.

At the same time, construction was progressing on four helicopter destroyers and two operational support ships for service with Maritime Command.

Overseas, the 4th Canadian Mechanized Brigade Group completed its four year re-equipment program with the receipt of tracked amphibious cargo carriers, Lynx armoured amphibious reconnaissance vehicles, jeeps and self-propelled 155mm Howitzers.

Old Faithfuls Retired

While new equipment was being added to the inventory, other items were being phased out. The duties of the anti-submarine Neptune patrol aircraft were taken over by the Argus aircraft on the east and west coasts and the F-86 Sabre fighter and transitional trainer for the CF-104 aircraft was retired with the closing of the Sabre Transition unit at Chatham, N.B., in December. Pilot training for the CF-104 strike/reconnaissance role will be carried out on the new CF-5 aircraft beginning next spring.

Exercises! Exercises!

From January to March ships of Maritime Command exercised in the Caribbean during Exercise Maple Spring, an annual operation which provides tactical and weapons training for ships and carrier-borne and land-based anti-submarine aircraft.

Later in the year six ships Tracker and Argus anti-submarine aircraft and Sea King anti-submarine helicopters of Maritime Command participated in a large-scale exercise called Silver Tower. Ships of nine NATO nations took part in the combined operation, which ranged over a large area of the North Atlantic.

More than 700 troops with 100 vehicles were airlifted to Norway by Yukon and Hercules aircraft in June to participate in NATO exercise Polar Express. The 1st Battalion, Queen's Own Rifles of Canada, assigned to the Allied Command Europe Mobile Force, took part in the exercise along with Norwegian, British, Italian, U.S., Belgium and Netherlands land and air forces.

In February, the 1st Battalion, The Canadian Guards, and elements of the 3rd Battalion, Royal 22e Regiment, conducted a peacekeeping exercise in the Caribbean.

In Germany, Canada's NATO Brigade took part in exercise Keystone which ranged over a large part of north central Germany during the month of October. Canadian servicemen formed about one third of the 14,000 troops taking part in the manoeuvres. Exercising along with the Regular forces were about 200 reserve soldiers from Militia units across Canada who spent three months training with the Brigade.

Air Element Tops

During 1968 the Northern NORAD Region, North Bay, met all its defence commitments during numerous exercises designed to test tracking, identifi-

cation, and intercept capabilities. The Region's underground semi-automatic ground environment (SAGE) centre completed its fifth year of operation and the Canadian Back-up Intercept Control (BUIC) III, NORAD control centres, achieved operational status. As the year ended, the satellite tracking unit at Cold Lake was awarded the NORAD plaque for outstanding achievement.

In Germany, reconnaissance squadrons based at 1 Wing, Lahr, upheld the Air Division's reputation for excellence by taking first and second place among teams of 4th Allied Tactical Air Force competing for the Gruenther Trophy.

Air Transport Command, besides carrying out its primary role of transporting service personnel and freight around the world also took part in two unique civilian missions. A Yukon aircraft, while on duties in the Caribbean, transported 143 school desks and chairs, a Christmas tree and gifts from Toronto's Lakeview school children to the children of Lakeview School on Grand Turk Island, a British protectorate in the Bahamas. Also, Air Transport Command responded to a call from Antigua in the Caribbean for assistance when the island's generating station broke down. Two Hercules aircraft flew 12 emergency generating units and armed forces electrical experts from Montreal to the Caribbean island on a few hours notice.

Keeping the Peace

Canadian forces continued to participate in the United Nations peacekeeping force in Cyprus during 1968. Size of the force was reduced at the request of the United Nations Secretariat from 872 to 587 during the October rotation period.

Servicemen continued to serve with the United Nations Military Observer Group India/Pakistan, the United Nations Truce Supervisory Organization Palestine and the International Commissions for Supervision and Control in Indo-China during 1968.

Search and rescue units rescued approximately 230 persons throughout the year and armed forces search and rescue aircraft logged over 7,000 hours in responding to more than 2,500 search and rescue calls.

Cadet training was carried out at various camps across the country for army, navy and air cadets. Top cadets visited several foreign countries during their summer training. Fifty sea cadets toured the United States and others took sea training in HMC ships. Army cadets visited the United Kingdom and participated in exchange training in the Caribbean. Air cadets visited the United States, the United Kingdom and other European countries.

Maritime Commandships visited Australia, Japan and the Far East and participated in "Canada Week" in New Orleans. Armed Forces aircraft played a major role in two international air shows, the Canadian International Air Show, Toronto, and the Abbotsford International Air Show on the west coast. The Red Knight aerobatic jet flyer performed at many exhibitions across the country.

White Flies High

Lt. Col. R. A. White won Canada's top aviation award, the Trans-Canada (McKee) Trophy for his outstanding achievement in setting the Canadian absolute altitude record.

East Wind

The season of platitudes is over. The orgy is done, and the bills must now be paid. In 1969 we must keep on living, unless, of course, we are suddenly taken dead. It happens. Perhaps to you . . . or me . . . The final contact with the world of business: polished wood and handles; flowers; a ride in the terrible taxi. All set? Ready for '69?

While you are reading this article, someone has died of starvation. Meanwhile, in North America, more and more universities are offering courses designed to train people to create needs among the population so that these needs can be satisfied by the production of new goods, and the business world can make another buck. Meanwhile, in Canada, we are planning to spend another billion and three quarters dollars in Defence in order to protect our right to perpetuate this funny situation. Somewhere in Canada someone is probably dying of overindulgence as you read this article. Shouldn't oversimplify.

Which is more important? A just society or a flight to the moon? An apple or a banana? A white man or a black man? Does it really depend on your point of view, or are some things more important than others in an absolute sort of way? If there is an absolute priority of things which is not influenced by our point of view, then many of us had better change our way of thinking. It means that the thing closest at hand, the thing which touches us most closely, is not necessarily the thing we should be most concerned about. Startling thought. But not new.

How, then, does one decide the priorities of things? A matter of conscience? Hardly, since your conscience has been subject to conditioning since you were born . . . conditioning by influences low on the absolute scale of priorities, probably. Objectivity? Can anyone be really objective? Doubtful. Faith? Faith in what? God? Human nature? The innate nobility of man? Pause for hysterical laughter.

The point is, I suppose, that you don't have to decide the absolute priorities, because you can't. It is probably sufficient for us poor fish just to think about them. That's what many of our university kids are doing, so don't be surprised if you don't wind up, like East Wind, in sympathy with them. Either that, or refuse to think at all and wind up a solid pillar of the community, upholder of the status quo, pursuer of happiness through material things, and all Canadian jerk . . .

I met a real, honest to God hedonist once. In fact, he is a very good friend. He had given a good many years of his life in wrestling with the problems of absolute priorities, and had come to the honest, but amusing, solution that virtually nothing he saw about him was very important. No hippie, this chap. A more hard working and honest individual you'll seldom meet, but a man who wound up putting starving Africans and drunken drivers in about the same low category of importance. He came to the conclusion that most of the things we worry ourselves to the grave about are just not worth the worry. (Admit it. How much of your conscious or subconscious thought is concerned with money?) If you drop dead tomorrow, as you will one tomorrow, and you have a moment to consider between death rattles, which of the things you worry about today will you consider to have been worth the worry? Better think about it if you want to be set for '69 . . . it may be your terminal year . . . or mine.

East Wind hopes you all live to worry your way through the new year.

The Roving I

At this time of writing, I haven't seen "Time's" selection for "Man of the Year" for 1968, so I offer my own nomination: ARISTOTLE ONASSIS!

I nominate Aristotle because his was the most surprising coup of the year. Besides, it had a Canadian flavour — driving off with his bartered bride in a converted Canadian frigate.

This nomination is made not only on the basis of a personal achievement but because this feat must surely be an inspiration to all male old age pensioners and servicemen who are nearing retirement age.

There is no doubt that Aristotle is the proper choice because he is symbolic of 1968. Surely it was the year of the Greek. I mean the Greeks had a word for it; or if not a word, at least a story.

Do you remember old Antaeus? He was the old Greek who was invincible as long as he had his feet on the ground. Somehow (I've forgotten that part) Hercules discovered his secret, lifted him off his feet and strangled him. Poor Antaeus. Doesn't he remind you of '68?

Alas, the Blue Bombers. It was another rebuilding year, and we all knew they weren't going anyplace. Then as the season started they lost a close one, got their heads in the clouds, dreamed of making the playoffs and then even the Lions picked them up and shook the life out of them.

And our Olympic team. Didn't it look good this year! Before Mexico we counted our medals and we were really airborne at last. Particularly the swimmers, which is a peculiar posture for aquanauts. No wonder that in the thin air of Mexico, all life departed from our dreams. What about our Equestrian winner? Well I guess he did have his feet off the ground, but he must have kept his seat in the saddle.

So that was 1968. The Year of the Greek — of Aristotle and of Antaeus, where most of our cherished dreams went flat.

Better days in 1969. May I warn you that the Greeks had a word for that too, Sisyphus!

You don't remember Sisyphus? He's the fellow who had the job of pushing the great rock up the hill and every time he got almost to the top his feet slipped or his strength gave out and the rock went crashing down to the bottom.

So here we go into 1969. Push that rock — tote that bale. If you're ever going to get to the top it's by keeping your nose to the grindstone your shoulder to the wheel an ear to the ground and an eye to the future; use your head, lend a hand, keep a stiff upper lip and don't drag that other part. You may not make it but you should pass the physical fitness test.



thing and toys donated
Photo by Patey

es North

manding Officer of the ment Royal Canadian rtillery of Fort Os- racks, the entire proj- not have been possible. ived six 2½-ton army carry the donations destination. The Spirit was well typified ig-hearted and good oldiers of the 3 RCHA e up part of their Christmas leave to trucks to Duck Bay. ed to load and unload is and bring general t into the air as they mingled with the e people of this com-

ohn Crandell, General of General Motors a, Winnipeg Division, o be counted out. He vehicles for this occa- cars brought up Frank d Shirley Brown, repre- for Simpsons-Sears, Sgt. W. D. Harrison, Camplin, Bdr E. A. dr L. L. Patey and Bdr ampson to represent shu and 3 RCHA.

ut not least, may we ar appreciation to the Tribune for printing es in connection with ct.

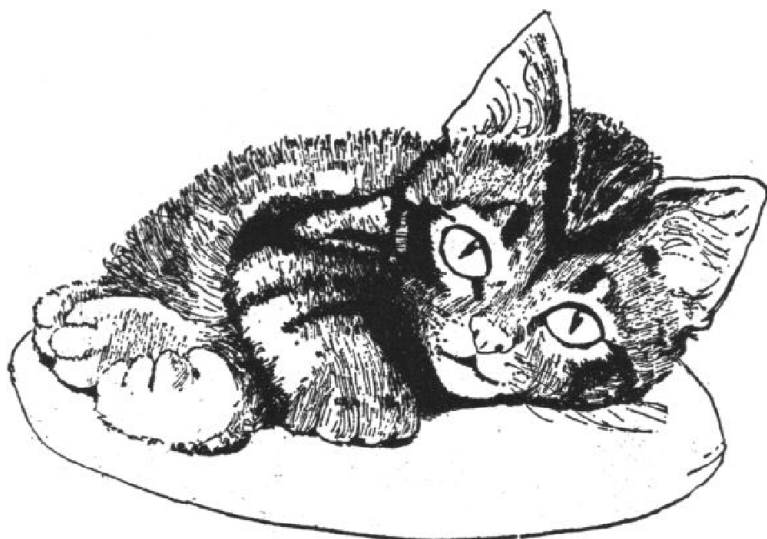
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Yours sincerely
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RAMBLINGS



When Winnipeg winter settles in I feel like the little pussy — there's nothing like curling up indoors. Roaring around in 20 below zero weather just doesn't appeal to me, although we had an enjoyable visit to the Zoo on one of the milder days over the holidays.

The Zoo in the winter may sound like something for kooks but some of the animals really are at their best now. The polar bears are extremely active, and the coats of the tigers and snow leopards are magnificent. And, of course, you can always go indoors and watch the antics of the monkeys. They really seem to appreciate an audience at this time of year and I wonder if they don't watch us as much as we watch them.

While you are indoors these days, why not do something you never have time for in the nice weather? Create something new and different for your home or yourself — it can be as simple as paper or yarn flowers or as elaborate as an embroidered picture or painting or a knitted dress for spring. Or maybe this is the winter to get your recipes organized before your husband discovers them stashed in disorder somewhere.

If you had a Christmas plant, its blooms are probably starting to fade so now's the time to plant paper-white narcissus. All that is needed is some pebbles, bowls and bulbs, and sun and water. In a short time you will have star-shaped flowers with a heavenly fragrance to bring a bit of spring freshness to dull winter days.

The snow has fallen and — after months of fertilizing, watering, mowing and raking — our white-blanketed lawn looks the best it has all year.

Service Wife's Lament: If the washer or dryer is going to break down it will do so in the worst weather when one of the children is sick and your husband is on T.D.

An interior decorator's dream room for a child is a beautiful thing. In real life, though, the decor runs to wall-to-wall socks and underwear, and comic books or Barbie clothes, depending on the sex of the child.

Perhaps one reason why men have such fond memories of their mother's cooking is that they didn't have to pay the grocery bills.

C.W.L. News

The C.W.L. held their annual Christmas party on Dec. 3rd, with members of the Protestant Ladies Guild and new arrivals on the Base as special guests.

A delightful Pot Luck Supper was enjoyed, followed by a sing-song of Christmas carols. Farewell gifts were presented to Mrs. Galipeau and Mrs. Cole.

The first C.W.L. meeting for 1969 will be held at Our Lady of the Airways Chapel, on Wednesday, Feb. 12, at 8 P.M.

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m-m-m Good!!!

bon appetit



Photo by Hoover

This week's recipe is a favorite of Mrs. W. K. Carr taken from her most-used cookbook—the one she has compiled from clippings from magazines and newspapers and the recipes of friends. Mrs. Carr said this casserole is a particular favorite of Gen. Carr.

The casserole can be prepared ahead of time and refrigerated or frozen, and baked just before serving. Mrs. Carr often serves it for buffet dinner along with a tossed salad, rice and garlic bread. A light dessert completes the menu.

SEAFOOD CASSEROLE

(12 servings)

- | | |
|---|----------------------------|
| 1 pkg. (12 oz.) frozen scallops —about 1 1/4 c. | 3 tbsp. diced pimiento |
| 1 c. boiling water | 3 tbsp. diced green pepper |
| 1/2 tsp. salt | 1/2 med. onion, grated |
| 2 chicken bouillon cubes | 6 tbsp. flour |
| 1 can (11 1/2 fl. oz.) frozen oysters | 2 c. liquor from seafoods |
| 2 cans (5 oz.) lobster OR | 1 c. light cream |
| 2 c. fresh cooked lobster | 1/4 tsp. prepared mustard |
| 1 c. fresh mushrooms OR | 1 tsp. Worcestershire |
| 1 can (10 fl. oz.) mushrooms | 1 tsp. seafood seasoning |
| 6 tbsp. butter | Salt and pepper to taste |
| | 3/4 c. bread crumbs |
| | 2 tbsp. melted butter |

Cut scallops in bite-size pieces. Cook in boiling water, to which salt has been added, for about 5 min. Drain, reserving liquor. Heat oysters in their own liquor until their edges curl. Drain and add liquor to that from the scallops.

Cook mushrooms in butter about 5 min. Add pimiento, green pepper and onion. Cook another 3 min. Blend in flour, then gradually stir in seafood liquors (add milk to make up 2 c. if necessary), light cream, mustard, Worcestershire and seafood seasoning. Stir-cook until mixture thickens.

Add seafoods. Season to taste with salt and pepper. Transfer to buttered 2 1/2 qt. casserole. Stir butter through crumbs and top casserole with them.

Bake uncovered in a moderate oven for 30-35 min. until bubbling hot and lightly browned.

Note: In areas where fresh scallops, oysters and lobster are available, substitute them in about the same quantities and get an even tastier casserole.

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Photo by Hoover

K. Carr taken from ed from clippings from friends. Mrs. Carr said Carr.

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ed pimiento ed green pepper ion, grated ur from seafoods cream pared mustard orcestershire food seasoning per to taste crumbs lted butter

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pimiento, green pepper then gradually stir in (necessary), light cream, Stir-cook until mixture

nd pepper. Transfer to ubs and top casserole

35 min. until bubbling

nd lobster are available, nd get an even tastier

Limited

IPEG, MAN.

y of Aircraft

Week of prayer for Christian Unity Jan. 18-25

Character Confidence

In this world we mass produce almost everything. But we cannot mass produce character. Why? Because that is a matter of personal identity. It belongs to those who have found the part they are to play; who are doing the work for which they are best endowed; who are satisfied that they are filling a vital need; who are meeting their obligations and standing up to their tasks.

Such people willingly learn whatever they need to know to perform their role; they discipline their passing impulses so as to keep them from getting in the way of proper performance, and they do their jobs better than is needed just to "get by."

Character is a positive thing. It is not protected innocence, but practiced virtue. It is not fear of vice, but love of excellence. Character takes no account of what you are thought to be, but really what you are. You have your own laws and court to judge you, and these persuade you to be what you would like to seem. Character is having an inner light and the courage to follow its dictates: — As Shakespeare put it:—

To thine own self be true And it must follow, as night the day,

Thou can'st not then be false to any man."

People need something to believe in, scientific discoveries may shake the world, but principles of behaviour give it stability.

To have a set of principles is not at all to become a starry-eyed dreamer, but a person who knows simply and convincingly what he is here for. There are certain things one has to believe in, or civilization will die. Permanent truths which, though they have their roots in the far past, are important for the present.

A person who has once perceived, however temporarily and however fleetingly, what makes greatness of spirit, cannot be happy if he allows himself to be petty or self centred, or to fall short of the best that he has in him to be.

Royal Bank of Canada News Letter

A casual reading of the four gospels reveals the fact that Jesus held life in great respect. He had a confident approach to living. He believed life was capable of yielding enormous satisfactions. He relished it. Rejoiced in it. Exulted in its privileges. Reveled in its satisfactions. Respected its mysteries. Coveted its rewards. On one occasion, in describing his own purpose in living, he said: "I am come, that they may have life, and have it more abundantly."

To experience life at its best, it must be lived as it is expected to be lived. Life is not something to be feared, but something to be embraced. It is made up of great risks, but is also packed with great rewards. It is not something to be exploited, but something to be employed. Not something to be drained out of all its possibilities, but something to be filled with what you can put into it. It is not a master to which we must submit, but a servant to be used to build ourselves into finer characters with full orbed personalities.

It can be made to work. In fact, from the very beginning of man's development some very unpromising individuals have succeeded in living gloriously. Sir John A. MacDonald, Wilfrid Laurier, Helen Kellar, Milton, the blind poet; Elizabeth Barrett Browning, the invalid; Peter, the Rock; the Apostle Paul. All faced and conquered life because they were confident they could handle life in spite of their handicaps. An almost unending list of determined and heroic souls have started out under tremendous shortcomings and have ended their pilgrimage through life with banners flying and the earth ringing with applause.

"Wherefore, seeing we are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us."

Padre Bill

A Dynamic Theme: "Called to Freedom"

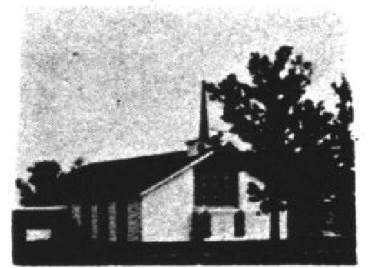
The implication in this theme runs counter to most of the freedom talk which we hear today. In saying that we are called to freedom, the theme implies that freedom is not our native state but one into which we must be inducted. Since the time of Rousseau at least, it has been held by many that man is born free but is kept in bondage by the conventions of society. Do away with these conventions, whether they be political, academic, economic, social or religious, and, so the popular argument runs, the natural freedom in man will appear and flourish.

The Christian person has to oppose this notion by insisting that freedom is achieved, not by throwing off all restraint, but by finding and entering into the discipline that is required for wholeness in the community. He resists oppression in whatever form it is encountered, but he also opposes mere rebellion. Therefore, it must seem at times that his talk about freedom is ambiguous, even hypocritical.

Being "called to freedom" means learning the dimensions of "community," discovering the answer to the question "Who is my neighbor?" It means growth in understanding of, and overcoming the "natural" antipathies between races, classes, cultures and age, groupings which ghettoize and enslave us. It means obedience to the One who gives the call, from whom comes the dynamics to overcome those divisive tendencies which fracture societies, and even persons. The call to freedom is a call to wholeness; to bridge gaps, to heal divisions, to break down barriers and thus to build community.

The Week of Prayer services can be a practical exercise in exploring dimensions of Christian freedom.

—The Canadian Catholic Conference, The Canadian Council of Churches



CHAPEL SERVICES

North Site

Protestant Chapel

Chaplains

Cdr. T. L. Jackson—Local 380
Maj. O. Hopkins—284-0517
Maj. J. K. Goldie—837-5931
Capt. H. Bill—832-2913

Secretary

Mrs. Marie Mireault—Local 417

SERVICES

1100—Divine Worship
1200—Holy Communion
1st Sunday UCC
2nd Sunday ACC
Baptisms—by appointment

Our Lady of the Airways

Chaplains

Col. R. Poirier—Local 632
Capt. Melvin Arsenault—Local 272
Secretary
Mrs. Marie Mireault—Local 272

MASSES

Sundays—0830 1100 2000
Weekdays—1635
Saturdays—1100
Baptisms—by arrangement with the Padre

PENANCE

Before all Masses
Saturdays—1000-1100

CATECHISM CLASSES

Sunday at 0930

South Site

St. Andrew's Chapel

Kenaston Blvd. at Grant Ave.

Chaplain

Capt. John Klingbeil—489-3993

SERVICES

1100—Divine Service
0930 and 1100—Sunday School
Confirmation Classes—by arrangement with the Padre
Jr. Choir Practice—Wed.—1900
Sr. Choir Practice—Wed.—2000
Ladies' Guild—1st Tuesday each month. Contact Mrs. Dot Rud-dock, President

St. George's Chapel

Chaplain

Maj. John MacGregor

MASSES

Sundays—0900 1100
Weekdays—0800

CONFESSIONS

Saturdays—1900-2000
Baptisms—Every Sunday by appointment with the Chaplain

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Grades III-VIII in Lipsett Hall Lounge

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by Russ Phillips



Phyllis Swanson

Bowling looks easy doesn't it? Especially when you watch the pros on T.V. getting strike after strike, seemingly without effort. That's the trouble with watching professionals play any game, they make it look so easy that you are led to believe anybody could do it. That's the trouble too with Phyllis Swanson, this week's profile. Watching her, you would imagine after a while that it's just a matter of throwing the black ball from point A to point B, nothing more. Such inner skills as approach, delivery, speed and control are hidden from the novice eye by good bowlers like Phyl.

Likes Winnipeg

Although born at Selkirk, Man., Phyllis did not begin her Bowling career in this area. It was while stationed with her husband at Penhold, Alberta in the early sixties that she and the five pin game became inseparable friends. Winnipeg or more specifically the Westwin Bowling Centre, has been the site of her finest hours. In the 1966-67 season she captured the Ladies High Triple and the following year, the Ladies High Single. In addition to this she captained the A division Rolloff Champions in 67-68. This season got off to a slow start for Phyllis as indicated by her present 197 average compared with 216 this time last year. She is gaining ground though, and feels certain that the second half will see much improvement.

Slow starts notwithstanding, Phyl says she is really enjoying this season's bowling activities. As captain, she feels confident that her team consisting of Gloria Hollis, Elaine Saliga, Frieda Zalinko and Dianna Aalders can compete with the best in the league.

Her Secret Delivery

Knowing little but admiring much about the game, I question Phyllis about different playing styles. It appears from her answer that there are nearly as many styles as there are Bowlers, from the slow rolling death ball to the jet propelled comet that streaks down the alley with a vengeance. As is well known, Phyllis herself has a strong delivery, and confides that she normally picks out a spot on the alley rather than aiming at a particular pin. Can't argue with success can you? The competition she says, is keener in Winnipeg than in any other league she has played. Top calibre Bowlers such as Cicely Kilburn, Lois Carnegie, Rae James, Joan Pongoski, Ve Hastings and Marg Weseen make it tough enough just to get into the top ten, let alone gain number one spot. Although she plays to win and always does her best, Phyllis has never let the competitive spirit overrule her pure enjoyment of the game. Easy going and affable, she knows and accepts the fact that Bowling can be, a maddeningly fickle sport.

Raising Family of Winners

There is no pedestal for Phyllis in the Swanson home. Her husband John, well known for his Hockey playing prowess leads the Inter-Section league Hockey league in points. The children, Laverne 10, Roberta 9, Wanda 7, Doug 6 and Tracy 4, all skate. "As a matter of fact," Phyllis admitted "I'm the only one in the family who can't skate." Young Doug is already playing organized hockey, and the 3 oldest girls are becoming good swimmers. Her future plans? Although Bowling will always be her first love, Phyllis sort of figures that just maybe she will give Curling a try.

Marksman Receives Award

Congratulations are in order to LCOL Geo. O'Neill (Retired) for an accomplishment that few Canadians ever achieve. He is awarded the Dominion Marksman Gold Shield for completing 60 perfect targets on the indoor range 20 of which were in the prone position, 20 in the sitting or kneeling position and 20 standing. Anyone who has fired on the indoor range knows how difficult it is to fire only one perfect target lying down, will appreciate the skill required to get a perfect score on 60 targets. Not only is this amazing but the fact is that LCOL O'Neill is 70 years of age and did this in only 3 years. Others who have the gold shield take as much as 10 to 15 years and are much younger.

George is quite familiar around CFB Winnipeg and most enthusiastic when it comes to rifle shooting. He spends much of his own time and money in assisting with the Junior Hunter Safety Training program. Sgt. Harry Land, Base Armt. Officer and Mr. Al Beck knows how valuable his experience and patience is worth to the young boys and girls.

George is Vice President of the CFB Winnipeg Rifle Club and spends many hours helping the young and the old to enjoy rifle shooting and learn

Lady Bowlers seek members

Here we are again to start off a New Year, trusting you all had a very good festive season. This will be a short but very important article. WE NEED BOWLERS!! Regulars and spares. If you find the Winnipeg winter long and cold here is your chance to do something about it, get out and meet your neighbours, have a good time and healthy exercise too. So gals start recruiting those "stay at homes". Information can be obtained from the Sec'r-Stats Sandra Pope at 837-1876.

The turkey bowl was a big success with the following taking home the prizes. Mary Hache, Marg Weseen, Kathy Mosher, Eunice Phillips, Joan McKeigan, Carol Buchanan, Theresa Albert, Gloria Hollis, Dianna Aalders, Lois Matters, Jean Cofield, Ruby White, Emily Wooster, Peg Webster, Agnes Talbot, Barb Osmelak, Jean Peterson, Marjorie Greer.

Sign off time ladies will have more news to report in the next issue. I hope!



While Lt Col Janes and Maj Burton look on, Mr. O'Neill receives trophy from Col Hockney.

Photo by Hoover

good safety habits on the range.

Just to make sure that everyone can enjoy rifle shooting he spends much time in assisting the paraplegics on and off the range and in and out of wheelchairs and at his age this alone is quite an accomplishment. I'm sure that all those whom he helps are grateful and proud to have him as their friend. LCOL O'Neill served in World War I as a gunner in the artillery, then he took time out to get his

degree in Mechanical Engineering. He served in World War II joining up a Lt. in RCOC and was discharged as a Major in RCEME. After the war he became the Commanding Officer of 7 Tech. Regt. RCEME as a LCOL in Winnipeg for a number of years prior to his retirement.

George will talk to anybody anytime but you might guess — his favorite subject is shooting. Congratulations again George and many thanks from all the young people you have helped.

Leafs forge ahead of Bruins to Intersection Hockey lead

by Laurie Logan

Outscoring the opposition two to one the Leafs came alive in December and blazed their way into first place in the intersection league. They downed Hawks 7-3, Canadians 4-3 with Gilhen breaking the tie, Chippawa 7-3 in a game worth four points, and with Swanson getting five points Leafs crushed league leading Bruins 8-4.

Bruins had a "thing" going for the Canadians, playing them three times in two weeks. In the first encounter Canadians won 3-1 but were bombed 9-1 in the next meeting with Ericson the leader, scoring three goals and two assists. The third match was a saw-off, Welsby getting the tying goal for Canadians late in the match.

Canadians remain in third place with Hawks trailing by 7 points. The Hawks have missed Dalton and managed one victory up to the holidays, 9-1 over Chippawa, losing 7-3 to Leafs, and a forfeit loss to the Canadians.

A base hockey team is currently being organized and had its first practice Tuesday 7 Jan. This organization will be carrying the Winnipeg banner on forays against service teams in this and other zones.

In the scoring race Osborne of the Leafs has moved into third place close behind Ericson of the Bruins who trails pace setter Swanson, Skimming and Ford of Bruins along with Davis of Canadians, plus Gilhen and Gil-

mour of Leafs are making a run for the fourth position.

Sabourin of Bruins is maintaining a 2.72 goals against average trailed by Scagnetti of Leafs with 3.83 and Lucano of Canadians with 4.83 averages.

Team Standings as at 6 Jan. 69

| | W | L | T | G | F | G | A | P |
|------------|---|---|---|----|----|----|---|---|
| Leafs | 8 | 4 | | 54 | 46 | 20 | | |
| Bruins | 8 | 2 | 1 | 64 | 38 | 9 | | |
| Canadians | 5 | 5 | 1 | 35 | 38 | 13 | | |
| Blackhawks | 2 | 7 | | 28 | 46 | 6 | | |
| Chippawa | | 5 | | 12 | 43 | 0 | | |

Scoring

| | G | A | P |
|-----------------|----|----|----|
| Swanson Leafs | 21 | 20 | 41 |
| Ericson Bruins | 14 | 9 | 23 |
| Osborne Leafs | 10 | 12 | 22 |
| Skimming Bruins | 9 | 7 | 16 |
| Ford Bruins | 8 | 7 | 15 |
| Davis Canadians | 8 | 6 | 14 |
| Gilhen Leafs | 7 | 7 | 14 |
| Gilmour Leafs | 7 | 6 | 13 |

New TCHQ fitness programme starts

The Commander has approved the introduction, on a trial basis, of a physical fitness program for all personnel of Headquarters, on a voluntary basis. This program is based on the "Aerobics" plan for endurance fitness. Held in building 21 (Old Drill Hall) the exercises will be held at the following times.

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 Mon., Tues., Thurs., Fri. — 1600 to 1700

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Ro... Our R...

OTTAWA (CFB) Rockcliffe's hockey to the air Jan. 16, game exhibition tou air division in Germ...
The Flyers, lea... will take advantage to shape up for the 4-hockey finals in Ont., Feb. 19-21.

They will take... squad Jan. 18, go... for a one-game st... and journey to the Wing for a one-nigh...

"We've made... play local German Manager, G. L. (I... "but if the oppor... we'll oblige." The c... Canada Jan. 24. C... Flyers is Cpl. Lar...

The Rockcliffe... to the force... final... lost out to the S... Chilliwack, B.C.

In the 1969 zone... will face the stron... Kingston, and Nor... gations plus others... will represent zon... forces championsh... wawa, Mar. 26-30.

The European ex... will serve two pur... ing to Manager G... need the condition... "and the Air Div... will get an idea w... when and if they n... forces finals."

An European... will come to Cana... represent zone 9 (E... didn't enter a team... forces championsh...

The Rockcliffe... hockey here has be... exhibition tilts... Ottawa clubs and... inter-zone matche... nearby Kingston, C... But coach Coult... fidence in his cha... this year's flyers... stronger than the... and added: "We'... depth."

Royals on the

(Staff) — Th... Royals hockey clu... business for ano... for the first time... league in which to... Tom Eagle, chair... door sports on t... Council, after get... ahead at the Coun... meeting, has arra...

Lady curle

The second round... Curling League sta... with all participant... suit of the crown... McKenzie prior t... season.

This second ro... both afternoon and... ing being held at t... rink.

YOU A

Continuou

ASSINIE

1975 Portage

Rockcliffe Flyers will visit Europe — Our Royals go downtown — for competition

OTTAWA (CFP) — Base Rockcliffe's hockey flyers take to the air Jan. 16, for a three-game exhibition tour of Canada's air division in Germany.

The Flyers, leagueless here, will take advantage of the series to shape up for the coming zone 4 hockey finals in base Petawawa, Ont., Feb. 19-21.

They will take on the 4 Wing squad Jan. 18, go back to Lahr for a one-game stand Jan. 19 and journey to the division's 3 Wing for a one-nighter, Jan. 21.

"We've made no plans to play local German teams," said Manager, G. L. (Les) Coulter, "but if the opportunity arises we'll oblige." The club returns to Canada Jan. 24. Coaching the Flyers is Cpl. Larry Cormier.

The Rockcliffe club made it to the forces finals in 1968 but lost out to the Sappers from Chilliwack, B.C.

In the 1969 zone playoff they will face the strong Petawawa, Kingston, and North Bay aggregations plus others. The winner will represent zone 4 at the forces championships at Petawawa, Mar. 26-30.

The European exhibition tour will serve two purposes according to Manager Coulter. "We need the conditioning," he said, "and the Air Division squads will get an idea what to expect when and if they make it to the forces finals."

An European forces team will come to Canada in 1969 to represent zone 9 (Europe). They didn't enter a team in last year's forces championships.

The Rockcliffe pucksters' hockey here has been limited to exhibition tilts against local Ottawa clubs and a couple of inter-zone matches with their nearby Kingston, Ont., rivals.

But coach Coulter exuded confidence in his charges. He said this year's flyers' squad is stronger than the 1968 edition and added: "We've plenty of depth."

Royals on the move too

(Staff) — The Winnipeg Royals hockey club is back in business for another year, and for the first time may have a league in which to operate, Sgt. Tom Eagle, chairman for outdoor sports on the Base Rec Council, after getting the go-ahead at the Council's January 8 meeting, has arranged for noon-

hour practices all this week to choose the team members.

If present plans materialize the Royals will play their first game in the Winnipeg United Intermediate Hockey League next Sunday, Jan. 19. There is also a firm exhibition game on tap with the defending Zone III champions from Moose Jaw at 1:00 PM at the St. James Civic Center next Wednesday Jan. 22.

The United League promises to provide some pretty stiff opposition for the Royals as they

prepare for the Zone III Championships to be held in Moose Jaw in February. The teams include the Black Knights, Blades, and clubs from St. Vital, Weston, Glenlea and the Royal Bank. It is reported that the Blades, currently in fourth place in the League, have had little trouble with the U of Manitoba Bison Bs over the past couple of seasons.

The start may be late, but the action promises to be good.

Winnipeg Zone champs get jackets

Following the first meeting of the Base Rec Council, held on January 8, Chairman George Barr announced a new awards policy whereby a maximum of \$15.00 per team member will be appropriated from Base Fund toward the purchase of suitable jackets for all Zone III champions on CFB Winnipeg.

The policy will be retro-active to the tri-sport championships held here in early December, which means that 4 curlers, 7 badminton play-

ers and 6 bowlers already qualify for jackets.

Mr. Barr was emphatic on two points:

—the cost of the jackets will not be borne by the Rec budget, but will come directly from Base Fund.

—Team members will be at full liberty to choose a more expensive pattern as long as the colors conform to certain basic requirements, and as long as they pay all costs over the \$15.00 maximum themselves.

Hendersons score in Lipsett Hall swim meet

by Bonnie Smith

On Saturday Dec. 28 the Manitoba Section C.A.S.A. held a swim meet at Lipsett Hall pool. The Meet Manager was Dr. A. J. DePape and the Co-Chairmen were Mrs. R. Plueschow and Mr. H. Threlfall.

The CFB Winnipeg "Sharks" entered 15 swimmers in 29 events. The Sharks came in third in the boys 13 and 14 yr. old 200m Freestyle Relay, and John Henderson took the ribbon for fourth place in the boys 13 and 14 yr. old 100m Backstroke. In all, 14 Manitoba records were broken in this meet.

Arlene Henderson, daughter of LCdr and Mrs. W. Henderson, swimming with the Cardinal Swim Club set a new Senior Girls 100 m Butterfly Manitoba record besting the old record of 1:17.0 by 1.9 seconds with a time of 1:15.1. She also won the Senior Girls 100m Freestyle event.

Members of the CFB Winnipeg Sharks are: Beverley Henderson, Carol Blais, Robin McDowell,

Mike Scanlon, Ed Graham, Sharon Hache, Marcel Akis, Marcel Webster, Kathy Reech, Denise Lambert, Kelvin Land, Mike Firestone, John Henderson, and Mike Hach.

The participating teams were mostly from the Winnipeg area with teams from Wisconsin and Minnesota USA providing an international flavor.

Volleyball

The Westwin Recreation Centre is on the prowl for anyone interested in playing volleyball.

The Team, when chosen will proceed to CFB Moose Jaw at a date to be announced in Feb., to play in the Zone 3 playoffs. The winner of which will proceed to CFB Kingston the 23-26 April 69 to represent the Zone in the Canadian Forces National Volleyball Championships.

Practices are now underway commencing 1500 hrs daily, Monday through Friday at the Westwin Rec Centre.

All integral and Lodger units, or sections of CFB Winnipeg are requested to allow all interested individuals every opportunity to attend practices.

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Holiday Bonspiel: Members of the Mike Reilly rink (he's the invisible one) pose with Col Hockney. Story on page 14.

Photo by Hoover

Hockey: Starting the Attack

by Jack Lynch

The most common fault of non-co-ordinated hockey teams in starting their attacks is for the non-puck carriers to break too quickly. How many times in minor hockey have you seen a boy get the puck in his own end and before he can look up, his entire forward line is somewhere down at the opponents' blue line yelling for a pass? In contrast, how many times do you see an NHL center circling back all the way behind his own net to pick up the puck from a defenceman, while the wingers too are still well inside their own blue line?

The secret of getting the puck out of the defensive zone is to STAY AWAY FROM THE POINT MEN! Here's how it works. These two players are more-or-less anchored at the blue line. If they wander in too far once the defenders have the puck they are leaving themselves wide open for break-away passes. Therefore, if all the defenders stay deeper in their own end then the point men can safely penetrate, they start their attack with a TWO MAN ADVANTAGE. Only two DONT'S are necessary to make this work:

— Don't crowd together so that one opposing forward can cover two of you; and

— Don't coast. Hockey is not for the slow or the lazy.

Once the defenders have gained possession of the puck the first object is to get it OUT OF THE SHOOTING AREA. This means into the corner or behind the net. Once this is done the attack can start.

The best positions for each of the players to start an attack are as follows:

— One defenceman remains in front of the net as a safety valve defender.

— The other defenceman remains in the goal area as well. He should act as the behind-the-net relay man.

— The wings BOTH take up positions outside the shooting area along their own side boards. This means somewhere between the corner and the point where the face-off circle is nearest the boards.

— The center CIRCLES BACK, either to replace one of the wings who has the puck or to help the defenceman behind the net start the play.

The key tips are:

— Nobody leaves the zone until the puck is in full control and the attack started.

— The best place to start the attack is from behind the net.

Next Week: into Opponents' Zone



...ton look on, Mr. ...ckney.

Photo by Hoover

Mechanical Engi- He served in World ...oining up a Lt. in ...nd was discharged ...or in RCEME. Af- ...ar he became the ...ding Officer of 7 ...gt. RCEME as a ...n Winnipeg for a ...of years prior to ...ment.

...will talk to any- ...time but you might ...his favorite subject ...ng. Congratulations ...eorge and many ...om all the young ...om have helped.

f Bruins ...ey lead

...eafs are making a run ...th position. ...of Bruins is main- ...2.72 goals against ...ved by Scagnetti of ...3.83 and Lucano of ...with 4.83 averages.

...dings as at 6 Jan. 69

| W | L | T | G | F | G | A | P |
|---|---|---|-----|----|----|---|---|
| 8 | 4 | | 54 | 46 | 20 | | |
| 8 | 2 | | 164 | 38 | 9 | | |
| 5 | 5 | | 135 | 38 | 13 | | |
| 2 | 7 | | 28 | 46 | 6 | | |
| 5 | | | 12 | 43 | 0 | | |

Scoring

| G | A | P |
|----|----|----|
| 21 | 20 | 41 |
| 14 | 9 | 23 |
| 10 | 12 | 22 |
| 9 | 7 | 16 |
| 8 | 7 | 15 |
| 8 | 6 | 14 |
| 7 | 7 | 14 |
| 7 | 6 | 13 |

CHQ fitness ...amme starts

...mmander has approved ...ction, on a trail basis, ...ical fitness program ...nnel of Headquarters, ...ntary basis. This pro- ...sed on the "Aerobics" ...ndurance fitness. Held ...g 21 (Old Drill Hall) ...es will be held at the ...imes.

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...s, Thurs., Fri. — 1600

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New Year sees new start for Broomball

The new entry, comprised of Bldg 8 personnel and others from CEU, are led by that coaching personality of some reknown, Sgt Larry Saulnier. With the wall-basher from TC, Gord McDermid, as the veteran on defence and Fredette in goal the 'Snipers' as they are known, should have a degree of success as they gain experience.

follow naturally. Also Lefty Hollis, Vic McLeod, Bob Dutchin and any others who volunteer from time to time.

Ina Light gives masterful display in Holiday 'Spiel

The Mike Riley rink from the Heather Curling Club captured the premier event in the CFB Winnipeg Curling Club's 1st Annual Mixed Holiday Bonspiel. The victim in the final game was the Lorne Common team from our own club who came out on the short end of a 7-4 score.

In the absence of Mike Riley his rink was skipped by Ina

Light, one of Manitoba's finest lady curlers, who can give most men a very tough game, as she proved to a large crowd at the North Site rink on Saturday night.

The CFB people demonstrated just how hospitable they could be both on and off the ice. The finals of all four events matched our rinks against outside teams and we graciously permitted the visitors to walk off with all the top prizes.

Toughest loss of the night was suffered by Earl Lins when John Lafreniere of St. Vital stole two on the last end to post a victory in the B Event.

The C Event was won by Paul Remillard of Chippawa over Chuck Keating and the D Event went to a real veteran, Wes White of Valour Road who downed our president, Jim Smith.

Thirty-seven rinks took part and sixteen of them went home with prizes. This was short of the objective of sixty-four but if the comments of the visiting curlers can be believed there will be no problem filling the draw next year. Competition was excellent. Of twelve games played on the last day four went extra ends and five others were decided with the last rock.

Following the final four games a prize presentation and wind-up party was held in the newly renovated (almost) North Site club. The Base Commander, now a skip of some reknown, and the club president officiated at the presentation. The 'spiel was directed by Lt (N) Bill Renaud and despite the reduced entry could be considered a rousing success for the first time around.

| Final Standings | | | | | | |
|-----------------|----|---|---|----|----|----|
| | W | L | T | GF | GA | P |
| TCHQ | 10 | 0 | 0 | 42 | 5 | 20 |
| ACCTS | 3 | 3 | 2 | 17 | 16 | 8 |
| ATC | 2 | 4 | 2 | 10 | 16 | 6 |
| LIPSETT | 2 | 5 | 2 | 6 | 25 | 6 |
| G BATT | 0 | 5 | 0 | 3 | 16 | 8 |

Accounts have their strong aggregation back, though they are losing Bill Todd to Edmonton, and ATC promises better things in the future, if Bob Whinecup can assume coaching duties.

Lipsett Hall has gained two experienced broomballers from TC, Pilotte and Lelievre, plus Simard from 3 RCHA and Dr. Fortier from Base Hospital, who will give first aid on the spot after helping inflict the damages himself. This 'Canadien' flavour may give Lipsett Hall a new and improved outlook this season.

TCHQ has lost a number of their personnel but the 'old guard' remains, and these were the leading scorers last fall, accounting for 47 goals in 10 games.

In early December the league hosted Lord Roberts juvenile hockey team and played a most enjoyable game, winning 8-4. Logan had four goals, Paquette four assists, and Higham helped on two goals with McDermid playing an outstanding game on defence. It was embarrassing that only four players put in an appearance for our side and it is hoped that future exhibition games will be better supported.

The league would like to express sincere appreciation to those who referee each game especially Steve Higham who does the bulk of the work and takes the abuse that seems to

Canadian MPs now German "Sports"

SOEST, Germany (CFP)—Six Canadian military policemen of Canada's land forces Europe have been awarded German sports badges (sportabzeichen) from Iserlohn county.

The first Canadians so honoured, they are: Sergeant Anthony Cannons, Lindsay, Ont.; Corporals Paul Sheppard, Grand Falls, Nfld.; Jack Bush, Waterford, Ont.; Samuel Moses, Yarmouth, N.S.; Ross Caruthers, Parry Sound, Ont., and Richard Diotte, New Glasgow, N.S.

They underwent a series of physical tests within a set period. They also had to pass at least one of the tests amidst a schedule of high physical activity including track and field, swimming and bicycling. Each chosen event had to be completed within a fixed time.

Members of the Provost Corps are enthusiastic members of this society, frequently attending meetings.



Sports Fanfare

with Jack Lynch

The CFB Winnipeg Royals hockey club is an organization close to our heart. We started them two winters ago with the assistance of such keen types as Jeff Jeffries, Doug Fuller and Gary Wilson. Last year, with the co-operation of LCOL Heitschu, the team became truly representative of the entire Base. A chronology of events since last winter is interesting.

— Jan. 20. Lost to CFB Moose Jaw in semi-final of Zone III championship. This was the team's ninth game, and twelve practices had also been held.

— Feb. 17. Closed the season with a victory over U of Manitoba Bison Bs in the St. James Winter Carnival feature game.

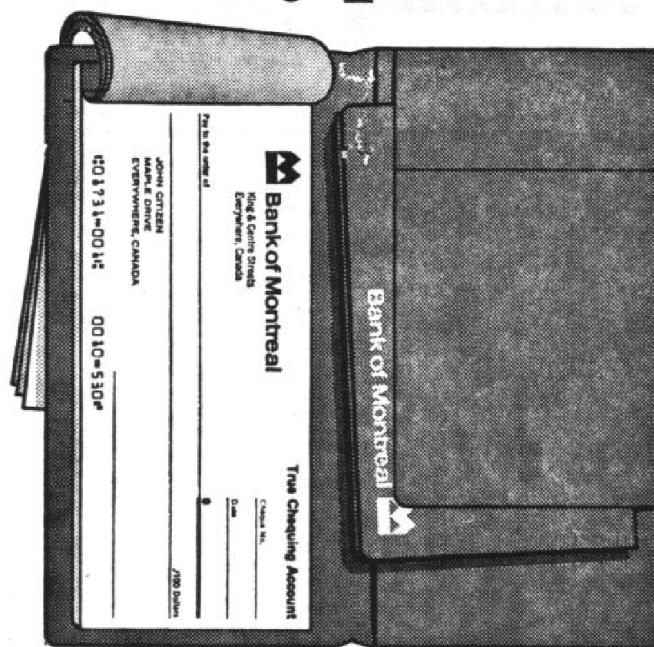
— Mar. 15. On approximately this date we approached the BRCo with a request to explore the possibility of a Zone III league for the 1968-69 season, at the same time giving verbal intent not to be officially involved in the operation of the team any longer.

— Jul. 4. From VOXAIR: "We reluctantly advised the BRCo last week that present commitments will make it impossible for us to take any official position in the Base hockey organization next year."

— Dec. 3. A notice appeared in Command Routine Orders asking for volunteers to coach and manage the Base hockey team. (The Rec staff have confirmed that only one RO entry was made).

— Jan. 8. The Rec Council authorized a Base hockey team for the 68-69 season and practices started under the guidance of Mel Johnson, Tom Eagle and Hank Ford. These are good men and interested in hockey. Good luck and good hunting for that Zone III title.

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Manager - C. T. Wilcox

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over U of Manitoba feature game.

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advised the BRCCO like it impossible for hockey organization

Routine Orders asking hockey team. (The entry was made).

Base hockey team for the guidance of Mel good men and inter- for that Zone III title.

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Saturday 18
Bingo & Dance—The Scotsmen
—Food 75c

Friday 24
T.G.I.F.—Sub Beer—Ent.
—Food 50c

Saturday 25
Dance—Vern Anthony
—Food 75c
—Grand Opening, John Clarke
Night

Friday 31
T.G.I.F.—Sub Beer—Sports
—Food Free

Saturday, 1 Feb., 1969
Bingo & Dance—The Classics
—Food 75c

Winnipeg Corporal's Club Comes Through

Now that the fuss and furor of the Christmas/New Year's season has died down somewhat we can get on with the business of the Club for 1969. First however there are a few things to be said about the holiday season. The Mess Committee would very much like to thank all those members who came out to the New Year's Smash at the Mess and DID NOT immediately tear down all the decorations. As it happens, the only offender, or at least the most blatant offender turned out to be the wife of a guest who informed Committee Members that she did not come under their jurisdiction... pity!! I think that all the Committee Members that worked so hard to make the holiday season such a tremendous success deserve much applause.

The New Year's party, particularly the food, was really great and the New Year's Day Levy was exceptional. Jim Lewis and the various groups he lined up to entertain that day did an excellent job and are to be thanked. However, the highlight of the whole day, or for that matter, the whole year came as the result of a joke. It seems that the morning of the Levy our old buddy Tippy Deveaux, Jimmy Duff and a bunch of the boys were sitting around the Mess when Tip says "Do you guys really want to see how to celebrate the Levy"? With this they all agreed and so departed for Chippawa where they could not gain entrance since they were not in uniform. After that they went to RCHA and were offered warm draft. In total disgust, and

of course chiding Tippy all the way, they returned to our Mess. Upon arriving Jimmy announced to the audience that they would be well advised not to join Tip on one of his foraging trips. In retaliation Tippy took up a collection of pennies (\$1.13), pins (2), Buttons (1) and bottle caps (5), to pay for the gas Jim Duff used up on their little trip. To keep in the spirit of the thing Jimmy immediately accepted the money, doubled it and told the crowd that for the rest of the day he would be collecting money which would be turned over to the crippled children. He further demonstrated the kind of person he is by offering to match any folding money donated. I have no idea what it cost Jim out of pocket for the day but I do know that the following day when the money was counted up in readiness for the presentation there was a total of \$100.00 in the kitty. All this sounds pretty wonderful doesn't it. The fact that there still are people in the world that do care. It is a credit to the Corporal's Club that so much money was collected on a buckshee sort of basis and anyone who donated has the sincerest thanks of the children and staff at the Crippled Children's Hospital. Consider however that this all came about, was looked after, and presented on behalf of the Corporals Club, BY AN ASSOCIATE MEMBER!!! If we had 10 others in the Club like him we would never have another problem. The only thing we can say Jim is THANKS, as inadequate as the word is,

This year there are to be some changes made. In order for the Club to get on solid footing and still provide the entertainment and amenities required by the members there are two major changes that have to be made. Friday night food, as of 10 Jan. 69 will be 50c per person and the Miss dues will go up to \$3.00 per month. The immediate reaction to this statement will be much groaning, vile words and unrest but if anyone stops to consider what exactly they are getting for their \$3.00 all this reaction will cease. Assuming of course that they do in fact stop to THINK. Consider the \$9.50 of the Officers Mess and the fact that they MUST attend, at cost to themselves, many additional functions, or the Sgts Mess at \$4.00 plus compulsory extras and then consider what YOU as a member of the Cpls Club WANT or, better still, DEMAND in the way of entertainment or renovation or sports or sub-beer, etc., etc. Need more be said.

We have finally set a date for the GRAND OPENING of the Club! Since the renovations have been completed and, realistically enough it is to be held in conjunction with another night of great import. I refer of course to a night set aside for a very old and dear friend of the entire Base, Mr. John Clarke, The JOHN CLARKE APPRECIATION/GRAND OPENING night will be held Saturday, January 25th and will be a real blast, so plan now to attend. Another wrinkle being tried this year by the Entertainment Committee is a band on Sunday afternoons. Should be a ball.

And last but not least, by no means least, is the GENERAL MESS MEETING to be held at 4:30 on Thursday, January 30th. We need all YOUR support. See you all there.

"Cheer"



Mrs. J. M. Savoie, Administrator of the Shriners Hospital for crippled children accepts a New Year's Day donation presented by Jim Duff, Chairman of the Associate Members on behalf of all the members of the CFB Winnipeg CPL's Club.

Photo by Curry

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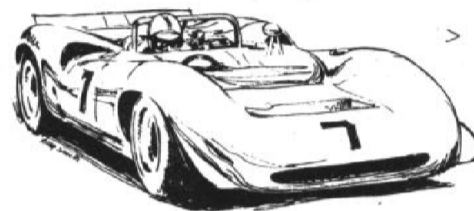
CUBS & SCOUTS

Packs to Disband???

The 51st Winnipeg Group's recent bottle drive was a resounding success — the number of empty beer bottles indicated there must have been a few hangovers to beat all hangovers this holiday season.

A word of warning to cub parents — the 51st Group may have to disband if they are unable to get more help very soon. The shortage of cub leaders and helpers has become critical — in the near future some packs may only be able to meet once a month, and if there's no increase in help the packs will have to disband. Parents — why can't you spare the time?

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DATE:

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SUNDAY, FEBRUARY 2, 1:00 P.M.
SUNDAY, FEBRUARY 16, 1:00 P.M.
SUNDAY, MARCH 2, 1:00 P.M.

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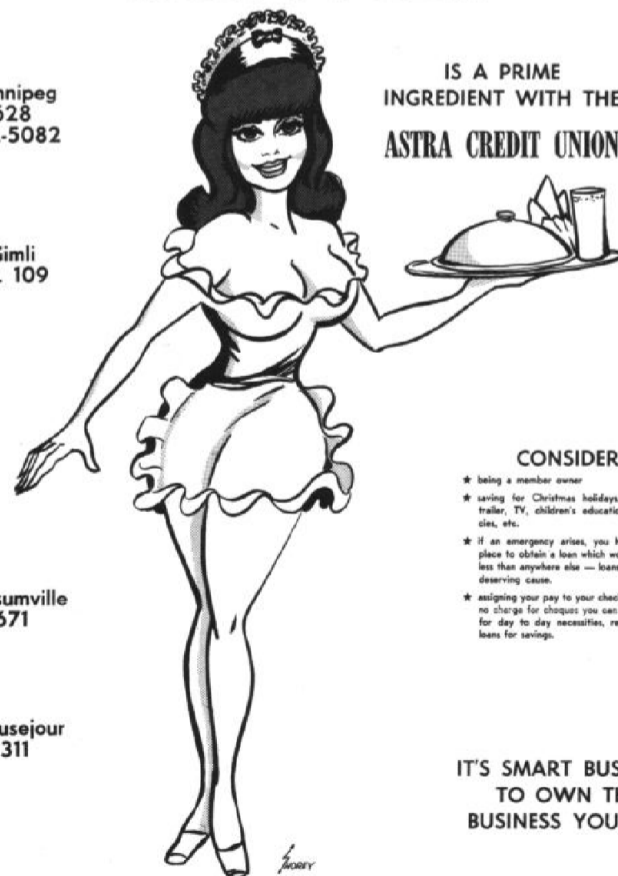
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RUTLEDGE & LABBUS Barristers, Solicitors and Notaries Ste. 205-2281 Portage Ave. Silver Heights Shopping Centre 888-3204 Ph. 888-3205

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GOING PLACES? You are entitled to the best... and the best is what you get when you call SECURITY STORAGE—the quality movers that cost no more. Ph: 783-7171 and ask for PADDY FALLON or KEN IB-BETSON. You'll be glad you did.

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ALCOHOLICS ANONYMOUS Did you know that there is an AA Group in this unit? If you have a drinking problem and wish to do something about it, AA can be contacted at 837-2681 or 837-1926.

RENT NEW FURNITURE Can't find a furnished suite? We rent furniture. 7 piece living room, including chesterfield and chair, 3 l.r. tables and 2 lamps. 5 piece kitchen set. 5 piece bedroom including dresser and mirror, 4 drawer chest, 54" panel bed, box spring and mattress. \$25.00 per month Complete household Complete household furnishings and T.V.'s. Rent or buy from the right guy.

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PERSONAL STERLING FLAT WARE — GOLD — Jewellery - Diamonds - Rings - Watches - Gift ware all at fabulous savings during the 58th Anniversary Sale on now at Ben Moss Jewellers.

REPAIRS TIRED OF RIDICULOUS PRICES in recovering furniture? Try me. Basement shop means lowest prices in town. Day 233-7217; Evgs: 253-9365.

APPLIANCE REPAIRS Small appliances, irons, toasters, kettles, etc. Also repairs to washers and dryers. Fully licenced. Call KEITH MEERS, 832-5648.

WANTED RUGS TO CLEAN WITH VON SCHROEDER CLEANER. Cleans and dries in one operation in your home. For estimate, phone 832-0744.

ARMY OFFICER'S COLOURED forage hat size 7 1/4, \$5. Barathean serge uniform chest 40, height 5'10 1/2", \$15. Sam Browne belt, \$5. Patrol dress uniform, chest 40, height 5'10 1/2" with accoutrements less sword, \$40. New battledress trousers sizes 8 and 9, \$5. New battledress blouses, sizes 8 and 9, \$7. Army officer's leather covered swagger stick, \$3. Ph. VE 2-4449 after 5 p.m. weekdays and any time on weekends.

FOR SALE APPROX. 60,000 OLD Dutch points. Call 837-4171 evenings after 5:00 p.m.

1967 TR 4 A - RADIO, block heater, studded tires, two tops. Good condition. Ph. Local 679 or 452-1425

WESTINGHOUSE Console Model Television — \$15.00. Phone 832-4548.

ARKEN TAPE RECORDER, like new, and a high back green swivel rocker chair. Super 8 Bell & Howell camera and projector screen movie light and sears slide projector, all items like new. 472 Campbell Street. 586-6155.

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1967 METEOR MONTEGO, PS, PB, Power windows, electric door locks, bucket seats, console shift, 410 V8 engine and many extras. Phone Sgt. Reading at 832-2504 after 5:00 p.m. or Local 307.

STERLING FLAT WARE — GOLD — Jewellery - Diamonds - Rings - Watches - Gift ware all at fabulous savings during the 58th Anniversary Sale on now at Ben Moss Jewellers.

1 1/2 YR. OLD McCLARY Easy wringer washer, with pump, etc. and wash tubs. In excellent condition, only \$75.00. Phone 832-5149 or Local 446.

LADIES WHITE FIGURE skates. Size 7. Very good condition, worn just a few times. Excel. condition. Phone 453-0648 after 5 p.m. Asking price \$9.50.

TRANSCEIVER ATR11A with control box and dynamotor. Input 12 VDC output transmitter 20W, frequency receiver 200 to 400 KC and 2.4 to 6.7 MC, frequency transmitter 2.4 to 6.7 MC operates on CW or RT on one of 4 preset frequency, MO or crystal control, electrically remote controlled. Excellent for installation in vehicle. Call local 223 PTE. Robinson or visit Telecom Ground Section 16 Hangar.

SINGLE BED SIZE roll-a-way cot. Excellent condition \$10.00. Ph. Lcl. 316 or 942-3072.

FOR SALE — VIKING wringer washer. Square tub model with 11 lb. capacity, lint filter, pump, safety wringers and timer. \$60. Phone 489-4484.

AIR FORCE OFFICERS uniforms. No. 5 Blue, Battle Dress, and Great Coat. All in good condition. To fit 5'10" - 180 lbs. Will sell separately. Ph. 888-3695.

FOR SALE: MISCELLANEOUS hockey equipment for boys ages 8-12. Including 1 pr. shoulder pads, 2 pr. hockey socks, 2 hockey helmets, 2 pr. gloves, 2 pr. shin pads, 2 pr. hockey pants. Condition varies from fair to excellent. Reasonable price 837-2813.

PARIS COCKTAIL—THE French magazine for men. 25 different issues at 25c each, or all 25 for \$5.00. Local 608.

FOR SALE — 1968 14' Fibreglass speedboat with 1962 electric 50 H.P. Merc outboard, trailer, tanks, battery, convertible top, compass, speedo, sleeper seats, skis, etc. Posting forces sale — call local 742 or 256-4768.

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ARKEN TAPE RECORDER, like new, and a high back green swivel rocker chair. Super 8 Bell & Howell camera and projector screen movie light and sears slide projector, all items like new. 472 Campbell Street. 586-6155.



Virginia, with her revealing haunting expression, explains the basic reasons for a Vixen.

Photo by Hoover

FOR SALE

TWO 5.60-6.00x15 STUDED whitewall tires. One season's use. Rims fit Lark, Volvo or small Rambler. \$35.00. One Lark spare wheel \$8.00. Phone 832-0014.

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1 LARGE BABY CRIB & mattress - \$20.00; 1 chrome high chair - \$10.00; 1 Loyd metal baby carriage - \$30.00; Phone 489-8417.

IMMEDIATE POSSESSION. Older small 3 bedroom house. Fully redecorated. Located on large lot in St. James. Low Taxes with all improvements paid. Gas Heat. \$8500.00 or nearest offer, Ph. 888-1005.

FOR SALE ARMY OFFICER'S coloured forage hat size 7 1/2 \$5. Barathean serge uniform chest 40, height 5'10 1/2" \$15. Sam Browne belt \$5. Patrol dress uniform chest 40 height 5'10 1/2" with accoutrements less sword \$40. New battledress trousers sizes 8 and 9 \$7. Army officer's leather covered swagger stick \$3. Phone Capt. Cox at 832-1377 Local 21 after 5 p.m. during weekdays and any time on weekends.

KENMORE ELECTRIC Clothes dryer. \$50.00. in excellent condition. Phone 832-5679.

1940 STUDEBAKER antique classic, 4-dr. sedan. — \$350.00. Cpl. Zalinko, Ph. 832-0541.

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WILL BABYSIT IN MY home. Vicinity — Ness and Whyte-wold. Ph. 837-6286.

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SUBLET — 2 BEDROOM apt., fully air conditioned \$150.00 per mth. Assiniboine Gardens. 837-5973.