



# Framfari



VOLUME I NUMBER 42

C.F.B. GIMLI, ASPEN PARK, MANITOBA

FRIDAY NOVEMBER 20, 1970

## SHIP AHOY



### ALWEST 370 PROTOTYPE ARRIVING IN GIMLI

PRODUCTION BEGINNING SOON.....Alwest Marine, the operation division of Cooper Boats Limited, a wholly owned subsidiary of the parent company Western Tools and Industries Limited of Winnipeg, will commence work shortly on the Alwest 370 executive style cruising home. Alwest currently occupies one-half of a hangar at Canadian Forces Base Gimli, Manitoba where preparation for production has been proceeding since the company moved into Gimli in mid-October.

Company officials, Mike Evans vice-president of manufacturing and Paul Ryzowski manager of the Gimli plant, have indicated that the first boat, similar to the prototype shown above, will be completed by mid-January 1971 and that a total of 35 units will be manufactured by September 1971 when the Canadian forces have vacated the base. During the second year, it is anticipated that seventy units will be produced. Beyond that time it is not possible to accurately forecast how large the operation will become, but it is expected to keep growing as sales broaden throughout Canadian and U.S.A. coastal, intercoastal and inland water areas.

Alwest now employs four Gimli men and by January 1971, 25 are expected to be on the payroll with a further increase to 50 during the second year of operation. Mr. Evans stated that where possible all recruiting of personnel, other than company administrators and engineers, would be from the Gimli area.

The Alwest 370 combines cruiser performance with luxury family living and is designed to house six adults comfortably. It boasts a modified deep "V" planing hull, drawing 39" at the outdrive, and is powered by twin 170 horse Volvo inboard/outboards which are capable of producing speeds in excess of 25 mph. The overall dimensions are 36'6" long, 11'2" high and 11'11" in the beam.

(C.F. Photo)

## SOUND OFF

Dear Sir:

I feel it necessary to clarify, in the minds of some people, the place of jogging in an activity regimen. Jogging can be a very integral part of an exercise program. From a presentation by Dr. R. Duncan he is reported to have said "Run Don't Jog" and to have followed up by saying that exercising below a heart rate of 150 beats/min produces no training effect on the heart. The choice of 150 beats/min as the work load at which the heart begins to show a training (marked) effect is physiologically sound; however, to say that exercising at a work load below this is of no use, is completely unfounded. It is accepted in most of the literature from both exercise physiology and physical medicine that the less strenuous the activity the longer must be its' duration to show meaningful benefits to the cardiovascular system. Meaningful benefits are obtained but it takes longer.

There are joggers who do nothing more than a fast walk and rarely break a sweat. These people are not producing a training effect in their cardiovascular system but are far from doing themselves any harm.

My advice would be to jog but run if you can and only then if it can be done so comfortably.

In reply to the "article clippers" closing remarks concerning the use of the V.M.C.A.'s fitness testing equipment I would suggest that he write a letter to DPERT-CFHQ and suggest the establishment of an armed forces fitness institute. The equipment currently in use is far too expensive and sophisticated to be borrowed or used other than by trained technicians and does not lend itself to mass fitness testing. What the armed forces does need is a centralized institute which is remaining current in the field of

exercise physiology and the measurement of human efficiency.

Physical efficiency testing equipment, in its present stage of development is best used in obtaining specific sample data which can be used to evaluate existing programs and recommend new ones. In the field of physical efficiency testing there are two equally documented and statistically supported answers to every question concerning fitness. Be a discriminant reader and be wary of isolated statements in today's newspapers and magazines unless you are prepared to pursue a topic in depth.

B. Kerr

Sir:

It's nice to hear the government of Canada talk about pollution of our environment. But every Saturday around 1000 hours, one may see clouds of billowing black oily smoke rising up from the southern end of the base. I'm sure a safer means of disposal could be found to dispose of this waste material then by burning it. There-by helping a little to keep our air clean and setting an example for the rest of the country to follow.

So my thought for today is before the government complains about pollution of our environment they should clean up their own backyard first.

G.J.C.A.

Dear G.J.C.A.

The smoke you see billowing up at 1000 hours every Saturday morning is the result of an oil fire which is lit, not to burn old oil, but to allow our fire-fighters the opportunity to practise fighting the type of fire which could occur as the result of an aircraft crash. You should breathe a sigh of thanks every time you see that smoke as it tells you that our fire-fighters are ensuring that they are always ready should such an emergency occur.

Base Commander

Dear Sir:

I would like to use your "Letters To The Editor" column, to express my appreciation and thanks to all service and civilian personnel who turned out and who assisted in making the Remembrance Day parade and the Cenotaph service the success it was. It made my job so much easier.

David S. Peters WO  
Sergeant-At-Arms  
Royal Canadian Legion  
Gimli Branch No. 182

## PROMOTIONS



PROMOTED TO CORPORAL... Corporal Jerry A. Pilgrim, 24, son of Mr. and Mrs. Eli Pilgrim of Carbonear, Newfoundland, was recently promoted to Corporal at Canadian Forces Base Gimli, Manitoba. An aero-engine technician since he joined the Canadian armed forces in September 1966, Cpl. Pilgrim has served at C.F.B. Gimli since August 1967. Cpl. Pilgrim works in the aircraft servicing section at Gimli where he performs maintenance on the jet engine of the T-33 aircraft. (C.F. Photo)



PROMOTION TO CORPORAL... Corporal Jacques H. Forest, 22, son of Mr. and Mrs. Henri Forest of St. Rock, P.Q., recently received his Corporal "Hooks" at Canadian Forces Base Gimli, Manitoba. Cpl. Forest enlisted in September 1966 and after training at C.F.B.s, St. Jean, P.Q., Clinton, Ont., and Borden, Ont., became a qualified instrument and electrical technician. He has served in that capacity at C.F.B. Gimli since March 1969. (C.F. Photo)

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## Burn The Bra

It was Friday morning and Mrs. XYZ had just packed the monsters off to school and was on my doorstep waiting for the inevitable invitation for coffee, "O.K." I said, "Come on in." Within 30 seconds she was at her post, the second chair on the left side of my dining room table, and proceeded to tear apart her proverbial, "Mr. Wonderful". After three cups of coffee she secretly divulged to me that she was contemplating an affair with another man. "He's so wonderful," she gushed. Politely, I inquired, "Tell me, what he's like?" "Well," she continued, "He's a perfect gentleman, kind, considerate, thoughtful, 135 lbs. and not a hair on his chest!" Politely again I suppressed a giggle. "I guess I'm infatuated with him because he's so much like George was when we were married," she sighed.

It was a typical Friday morning coffee break conversation and I didn't think much about it until today. That is not to say I took her seriously but I wondered 'why is she always tearing poor George apart?' The answer was so obvious -- George doesn't give her the same attention he once did. And why not? Delving deeper into the matter I had to consider myself, as many other women around should. Check yourself against the following:

1. How much weight have you put on in the last several years?
2. When was the last time you greeted him with a kiss and not "Do you know what those little buggars did today?!?!?"
3. Do you ever fix your hair and put on a little lipstick or perfume just before he gets home?
4. Do you ever go all out to fix his favorite dinner without making a federal case out of it for the next three days?
5. Do you go to bed in curlers, three days out of five?
6. Is your living room a constant battle ground for your and the kids?

Oh, yes -- can just see the smug looks on all those male faces as they smile sweetly and say, 'come here and read this dear' but never fear fellas, I wouldn't dream of leaving you out.

1. How much weight have YOU put on and DON'T blame it on her great cooking.
2. Do you spend half the evening hiding behind the Free Press or the Tribune.
3. Do you spend the other half flaked out in front of the T.V.?
4. When was the last time you remembered your anniversary without being prodded? Did you ever remember it with flowers?
5. Do you just sit there and watch indifferently while she yells at the kids?

Well, if nothing else, it's something to think of. If Mrs. XYZ has read this she'll probably never darken my door for coffee ever again for daring to insinuate that she is 25 lbs. over weight. But them's the breaks!

*Yours,  
The Bra*

## BOND CAMPAIGN TERMINATES



Captain Brian Dowler, C. F. B. Gimli organizer for the 1970 Canada Savings Bond Campaign, poses with the campaign thermometer. Although Capt. Dowler is attired in a parka, the mercury is indicating a 31% 'OVER-TEMP.'

The quota set for C. F. B. Gimli was \$122,200.00 but the canvassers certainly out did themselves by drumming up \$160,200.00 worth of business, \$38,000.00 in excess of the quota.

C. F. B. Gimli personnel are to be congratulated on this excellent showing as they obtained the highest percentage of bond sales in training command. (FramFoto)

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# Owning a Mobile Home

VOXAIR, 7 October 1970

by Anemograph

Why do a small but not insignificant number of service personnel, both commissioned and non-commissioned, choose to live in and own a Mobile Home? The reasons vary but a few are worth mentioning: a. as the average mobile home ranges between 50' x 12' to 68' x 12' in floor plan dimensions, it compares favourably in living space to many a bungalow, PMQ or BLHQ; b. within a general price range of \$6,000 to \$13,000 the owner has acquired a specialized type of accommodation costing \$12,000 to \$20,000 on the conventional house market; c. the service member has an asset that is his and that he can take with him on his next posting; d. the interior appointments of a mobile home are similar or superior to those found in many conventional homes built in recent years or presently under construction. It goes without saying that service wives prefer to own their home and not always have to face the "drape and curtain" problems that are associated with postings. This motivates many purchases of mobile homes.

A thought has occurred to me that not too many citizens know what a mobile home contains in fixtures or furnishings. Let us say the average home a service family buys is either 56' x 12' or 60' x 12' and is under ten years of age due to the fact that they can be traded in just like a family car. Within the four walls one probably would find a living room averaging 12' x 13'; a kitchen/dining room or galley kitchen and dining room layout of about the same dimensions as the living room; two adjoining bedrooms in a "Jack and Jill" arrangement with a total 12' x 9' area; a bathroom about 8' x 9'; and a master bedroom averaging 12' x 10'. The furniture supplied will be of a quality retailing for a total of \$800 to \$2,000 depending on the total price of the mobile home. Appliances are comparable to those found in an average Canadian home, but are always big-name brands. They usually consist of a "gun" type oil furnace, an electric water heater of 17 to 30 gallons capacity, a washer and dryer of \$350 to \$700 in value, a 30" range (gas or electric) and a refrigerator or frig/freezer combo in the medium price range. Normally these items are colour coordinated with the decor.

At this point two obvious shortcomings of a mobile home should be mentioned; first the storage space provided is on a premium basis and there is no basement or attic; second the floor plans allow the owner only sufficient space for a 7.5 cu. ft. freezer unless he is willing to have the appliance as a TV stand in the living room.

Readers who have reached this paragraph are surely wondering where I am going with this dissertation anyway. It is my aim to briefly state by example the obvious fact that our regulations and policy within the Canadian armed forces concerning mobile homes have become obsolescent due to time and events plus the rising cost of living. There is an urgent need to increase allowances for moving these dwellings.

Let us consider for a moment QR&O Art 209.841 and the related Tables A and B, also CFAO 209.1 which concern the shipment of mobile homes. Every mobile home mover in Canada can tell an owner to the last cent what DND will pay to move his home between points A and B. However, each mover adds a "rule of thumb" \$200 minimum to that allowance in costing the move. The owner must pay the "penalty" out of his own pocket in order to have the tractor hook up to his home and move it to point B. As the home rolls merrily along at speeds up to 70 mph it may blow out one to six of its tires (remember it's on two or three axles with wheels). These tires are 10 ply tires costing about \$90 each and DND will not accept this as an incidental moving expense.

Under the terms of QR&O Art 209.85 the movement grant a mobile home owner receives from DND is \$125, or equal to 1 and 1/3 tires in value. Reaching point B the owner must "skirt in" the home for appearance sake and the protection of services such as sewer and water in winter weather. It costs at least \$125 for materials with which to skirt the home and add a small storm porch at one entrance where children or visitors may remove outer garments under protection before entering the dwelling. Note that I have not made mention of labour costs because most owners just can't afford to hire a carpenter to do this work as the allowances are so low.

An explanation of the inferred tight finances of the mobile home owner is now required. Possible out-of-pocket expenditures have been

Cont. on page 5

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**Mobile Homes cont.**

stated above which apply solely to moving a mobile home. Now let us consider the day-to-day costs of ownership. In general, banks and money loaning companies offer 5 to 7 year mortgages which place most owners in the position of meeting \$100 to \$200 monthly loan payments covering the home, its contents, the family car and probably a good colour or B & W TV set. Mobile Home Parks rent lots (stalls) from 20' x 60' up to 50' x 80' in size for \$35 to \$125 monthly depending on the locality. The lots are serviced with water, sewage, garbage collection, snow removal and hydro power. This later service is not included in the rent and averages \$10 to \$15 a month depending on the season and appliances contained in the home. Heating by oil will average \$10 a month but normally only total \$100 per year. Propane gas can be used to heat the home, the water and for cooking on gas ranges with some savings. Telephones of course are also an owner's direct debt.

In simple terms then, the owner averages an outlay of \$200 to \$225 a month to pay his mortgage, rent and utilities. Many sergeants and corporals cannot afford such an expense and many have had to sell the family car, then the home and move into PMQs, etc., existing at a meagre level while they affect an economic recovery. Insufficient PMQs exist to house all WOs and below, therefore, other service benefits must be granted to those who cannot be assigned a PMQ or who find the local economy impossible.

**A DND SOLUTION**

What solutions are possible? Many come to mind. In the age of expanding populations and contracting housing starts, in Canada, only one suitable solution is evident. The government should allow each Canadian forces base to acquire crown property, or use suitable DND land now "lying fallow", for mobile home park purposes. DND should reconsider CF AO 208-1 to determine whether or not the charges for services to mobile homes are reasonable for both DND purposes and the renters' expenses compared to the cost of living. The rents charged to owners for lots (stalls) in a DND mobile home park, if set at say \$20 to \$25 monthly, all inclusive, would repay the crown in a more reasonable interval probably comparable to PMQ recovery terms and the renter would be ahead of private park costs.

As many of the bases have rail spurs into their supply facilities, the highway restrictions concerning towing widths and lengths that vary province to province could be overcome. Railway flat cars are now becoming a safer means of moving the homes than towing by tractor on a highway. Northwest Design (Ted's Homes) and the CNR freight division have jointly devised a method of shipment that has prevented damages on Winnipeg to the coast movements of new mobile homes. DND could contract mobile home moves as they do normal household furnishings using this new expertise.

**VALUABLE CITIZENS**

This article is a plea for DND policy-makers to consider the mobile home owner (who is a service member) as a valuable serviceman and citizen, and to show such esteem by raising the allowances, building DND parks and by contracting all mobile home moves from a "scalping".

Hopefully such a re-evaluation would lead to new policy and regulations wherein mobile home parks are given priority over golf courses in cities like Winnipeg; wherein city governments are convinced of the merit of such parks so that they amend local by-laws to allow for more private facilities also; wherein mobile home movements grants equal the conventional home grants in order that skirting and porches can be afforded for appearance and protection purposes; wherein "restricted area" housing problems can be overcome by mobile home ownership in DND parks; wherein ownership cannot be dictated at 60' maximum lengths by provincial governments (Ontario); and wherein junior NCOs need not sell their home and car assets to avoid economic disaster.

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# A SHIP IS RETIRED



FramFoto

As this month begins, a short but unforgettable era of jet flying instruction at C.F.B. Gimli comes to an end. To put it rather bluntly F.I.S. goes down the "tube".

**HISTORY** - The history of "The Vikings" (the flying instructor's squadron crest being a Viking ship) goes as far back as the summer of 1926, when number one flying training station at Camp Borden, Ontario, gave a refresher course for seven officers. This was the first formal course of that type given by what was then known as the R.C.A.F. Several more courses were held at Camp Borden during the next 13 years.

In 1939, with the threat of World War II, F.I.S. was formed at Camp Borden and after Canada entered the war, F.I.S. was moved to Trenton to become a part of central flying school (C.F.S.). However, in 1944 when the demand for pilots became even greater it was recognized that the output of flying instructors from C.F.S. would be inadequate and number one F.I.S. was formed. Again though, after W.W. II, F.I.S. and C.F.S. became one at Trenton.

By 1951, because of the Korean situation and the increasing size of the service, a separate F.I.S. was once more required. The revived F.I.S. remained in Trenton until 1959, when, with the move of TCHQ to Winnipeg and the concentration of flying training in Western Canada, it moved to Moose Jaw for piston training (the Harvard) and Portage la Prairie for jet training (the T-33).

The re-organization of station roles within TC in September 1964, reunited the two sections of F.I.S. at Portage la Prairie and in October 1966, F.I.S. became part of C.F.S. with the school remaining at Portage la Prairie as a C.F.S. detachment.

After unification and with an increase in establishment and an added role the F.I.S. again became a separate entity. In 1968 the Vi-

kings maintained anchor in Portage and became known as C.F.F.I.S., Canadian Forces Flying Instructors School

Over the years, the Vikings have provided refresher flying for pilots returning to flying duties and instruction to those pilots selected to become flying instructors. More recently the refresher flying has been done on the T-33 and Tutor jets. Since its initial inception in 1939, F.I.S. has trained literally thousands of pilots. The famous aerobatic team of 1969, the Golden Centennairs, were "checked-out" by the Vikings and the unforgettable Red Knight made his home with the Vikings.

In July of 1970 C.F.F.I.S. was split once more, the Tutors to Moose Jaw, the Chipmunks to remain in Portage and the T-33's to Gimli. Three ships once more, new "skippers" and a shuffle in "mates".

Then it happened, the scuttling of the Gimli ship. It started with a slow leak when the whole ship hoisted anchor from number one hangar and was dry-docked in G.T.S.

"It can't last forever" we said, and sure enough it didn't. As of 12 November 1970 the T-33 F.I.S. is no longer. A ship that sailed the sea of training command is "paid-off". Its crew will be employed elsewhere, where everyone is going, we don't know. It's been a good tour, good flying and good friends, but alas the era of the T-33 flying instructor must end. To those of you who passed through the Flying Instructors School we wish you "Bon Voyage" and happy landings. Kid Powick.

## KNOW CANADA QUIZ

1. What Canadian city was once called Bytown?  
a. Vancouver b. Ottawa c. London
2. Which Canadian city boasts the largest zoo?  
a. Edmonton b. Toronto c. Calgary
3. Where would you find, Watrous, Old Wives and Pelly?  
a. Manitoba b. Saskatchewan c. Alberta
4. Where would you find Casa-Loma?  
a. Halifax b. Regina c. Toronto
5. Where would you find La Val university?  
a. Montreal b. Sherbrooke c. Quebec City
6. The moose can be found in all but one province, which one?  
a. Newfoundland b. New Brunswick c. Prince Edward Island
7. The Dogwood is the provincial flower for?  
a. Alberta b. Manitoba c. British Columbia
8. What is the fourth largest city in Canada?  
a. Ottawa b. Winnipeg c. Hamilton
9. Which of the following lakes was created by the Bennett Dam?  
a. Bennett Lake b. Williston Lake c. South Indian Lake
10. What year did Newfoundland join confederation?  
a. 1949 b. 1950 c. 1951

For the answers see Page - 23

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# Goulding News

## A PARENTS EYE—VIEW of a TEACHERS IN—SERVICE

What is an In-Service? Well, to the students it's legal hookey. To the parents, it's a day of dread—the kids are home all day. But to the teachers it's a mini-conference, usually centred around one theme or aspect of teaching. The theme for this In-Service was "Humanizing Education" and the guest speaker was G. Kris Breckman, director of Professional Development at the Manitoba Teachers' Society.

The in-service was held on Monday 9 November, at the Gimli Composite High School. Mr. Hammond, our principal, invited the parents. So, I accepted the invitation and decided perhaps I should see some of the education problems from the other side. After all, communication or the lack of it, is our big problem today. Thus, if we know just a little bit more of the educator's problems, perhaps we as parents can communicate better.

But don't think for one minute it's just one big fun day for the teachers! It's a full schedule starting at 9:00 a.m. till late afternoon, when they discuss, argue and submit ideas, all to do with their students (our children). We think we care about our children's future but, believe me, they are continuously trying to find a better method of preparing our children for that big disillusioning world out there.

The day was an interesting one for me. There were discussion groups, buzz sessions, panel discussions, question periods and general discussion periods. I realized just how much our teachers care about their students and the present-day methods of teaching.

It was suggested that the parents aren't very interested and from the small attendance it would seem this is the case. I know, for many parents, the problem of having children at home prevents them from attending a day-long conference such as this. However, an alternate suggestion was made, that of having a parents-teachers in-service which could be held in the evening enabling one or both parents to attend. If parents and teachers could discuss their relevant problem on an objective level, perhaps a better mutual understanding could exist. If, in the near future, you are invited to attend an in-service, call a friend and attend.

Mrs. Shirle Anderson.

## WHY ANECDOTAL REPORTS AND PARENTAL INTERVIEWS

With the ultimate goal of education being to help a child of man attain his full formation or completeness as a child of man; that is, social-self-realization, reports and interviews may be seen as tools aiding both the teacher and parent to mutually work toward this end for the student's welfare.

In response to the drive to further humanize education and treat students more and more as the individuals they are, Goulding School has adopted the anecdotal report, a form which initially consists of a blank sheet of paper on which the teacher is free to comment on any significant aspects of pupil growth and development (or lack of it) toward the goal of social-self-realization. The form is intended to correspond to the philosophy inherent in the diagnosis-prescriptive process whereby the first part concentrates on the student's strengths and weakness and the second part on what can be done by both the home and the school in working toward a lessening or removal of these weaknesses. The report is thus intended to recognize the equal importance of both academic achievement in the development of rational patterns of thinking and social development in the unfolding and inculcation of caring, understanding, sympathetic relationships with others. Thus, our ultimate aim always in form of reporting should be to aid the individual in his growth as an individual.

The parental interviews are aimed at being an exchange of information regarding the student's academic and social development such intended to bring to our attention factors which we as teachers may not be aware of which have a bearing on his achievement and social development. From the parent's point of view such interviews are meant to be informative as to our perceptions of your child and to get your confirmation or denial of these perceptions as significant factors in your child's development so that both may come to a better understanding of the child and mutually work together to the child's benefit.

Hence, this type of reporting is meant to be more all-inclusive freeing teachers and parents to comment on the significant aspects of the child's academic and social development, the aim always being to help the child as much as possible in his drive toward the realization of his human potential as an individual who has "something to do, something to love, and something to hope for."

## THE PRETZELS

The Ottawa Journal

Connoisseurs of pretzels may be delighted to know there's a prayer in every twist. "The twist in the pretzel represents the arms of children folded in prayer, and the three holes represent the father, the son and the holy ghost," Lewis Sturgis, 87, the only survivor of the family that founded America's oldest pretzel bakery, told the New York Times.

Well now, since pretzels are usually at their best when accompanied down a throat by a glass of sudsy ale, and religion is often a favorite topic among tavern patrons, the gospel might receive a little extra circulation if these tidbits were made available, free of course, to patrons.

## THROWAWAYS

The Montreal Star

In Toronto an interesting experiment is under way to determine if, at last, a positive use may be found for the hundreds of thousands of non-returnable bottles which are proving to be one of the affluent society's major disposal problems. Tons of the empties have been ground up and mixed with the usual aggregate in a paving mix for Scarborough area street. If the new surface stands up through the testing time of winter and spring, there may be a place for other unwanted glass as well.

That is all very well. But there is a much simpler way to eliminate the nuisance of waste-promoting modern merchandizing: ban the manufacture and use of the throw-aways. At the same time, bottlers should be encouraged to raise the deposit on returnable containers too many of which are now scrapped in routine fashion by people who simply won't go to the trouble of turning them in for the one or two cents involved.

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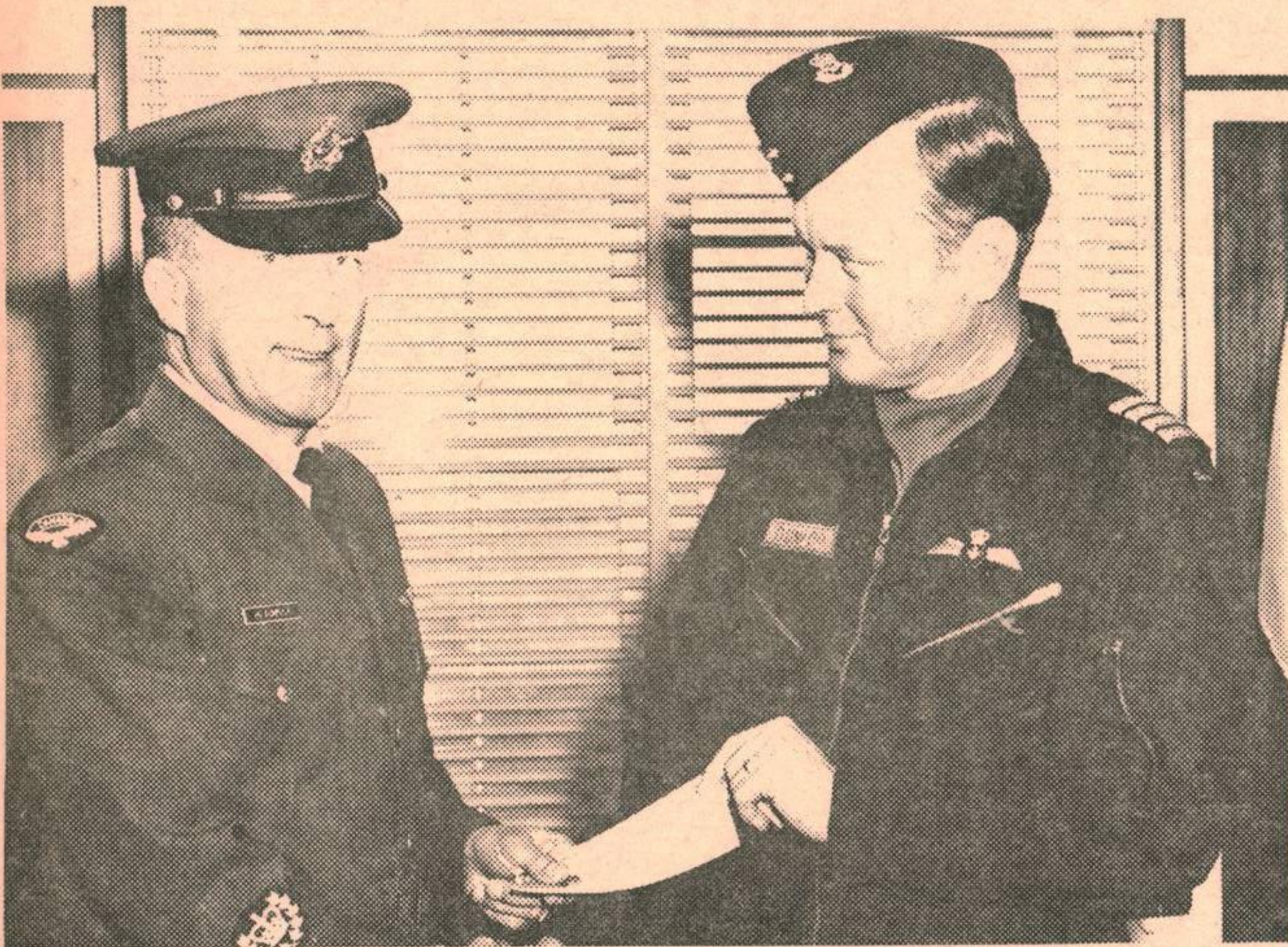
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# Suggestion Award



Shown above are two C.F.B. Gimli men, Master Warrant Officer Hugh V. Kumpula of Dunblaine, Saskatchewan and Sergeant Jack C. Rogers of Paradise Valley, Alberta, being presented cheques for \$37.44 by Colonel J.F. Dunlop, base commander. The cheque is presented in recognition for an adopted suggestion submitted to improve the efficiency of the public service. M/WO Kumpula suggested a safety orientated modification to the emergency oxygen system used in all Canadian forces jet fighter type aircraft and Sgt. Rogers adapted the idea into a viable modification. Both men are safety systems technicians here at C.F.B. Gimli.

(C.F. Photo)

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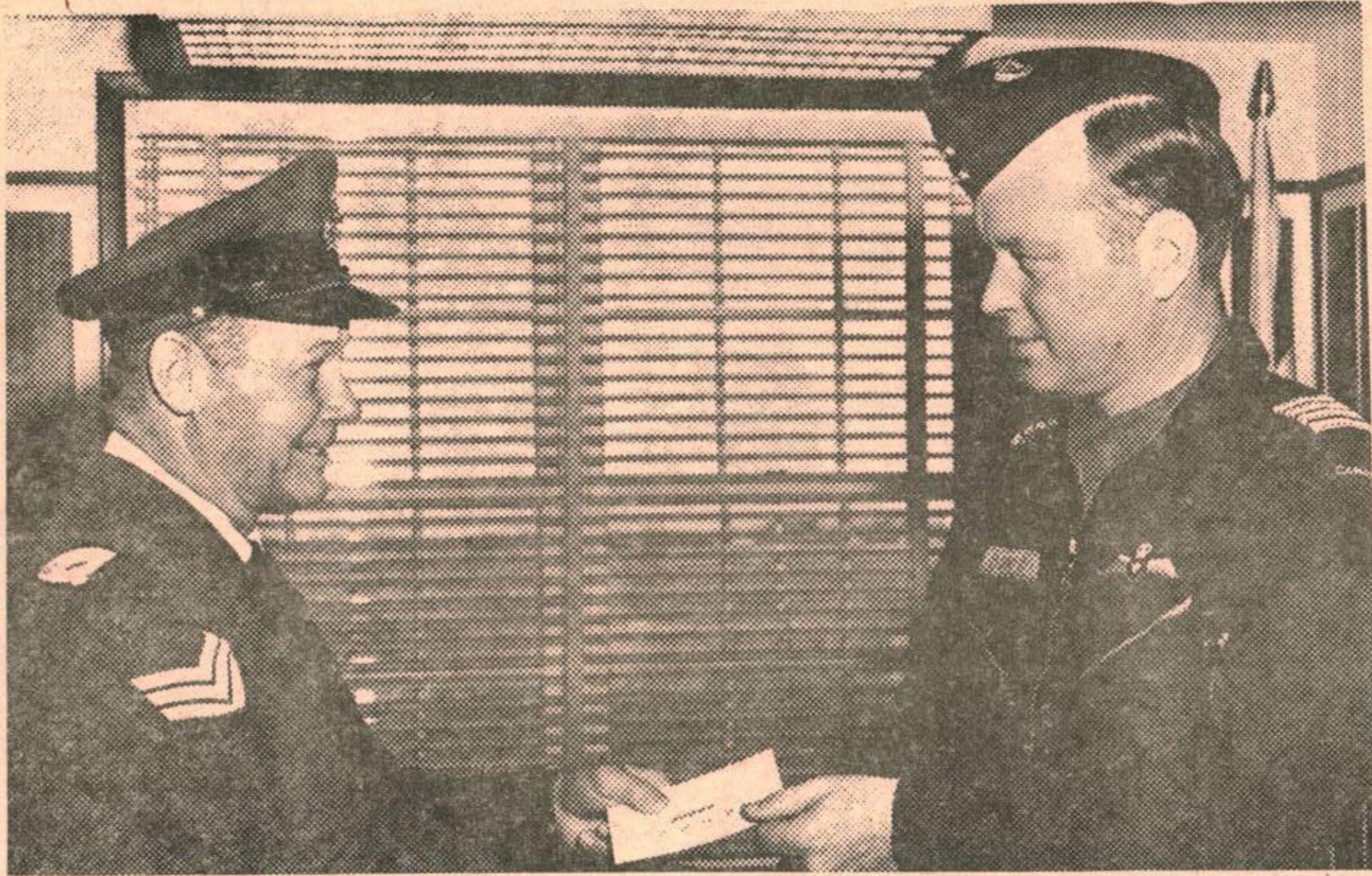
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**ASTRA CREDIT UNION**

### CLASP TO CD

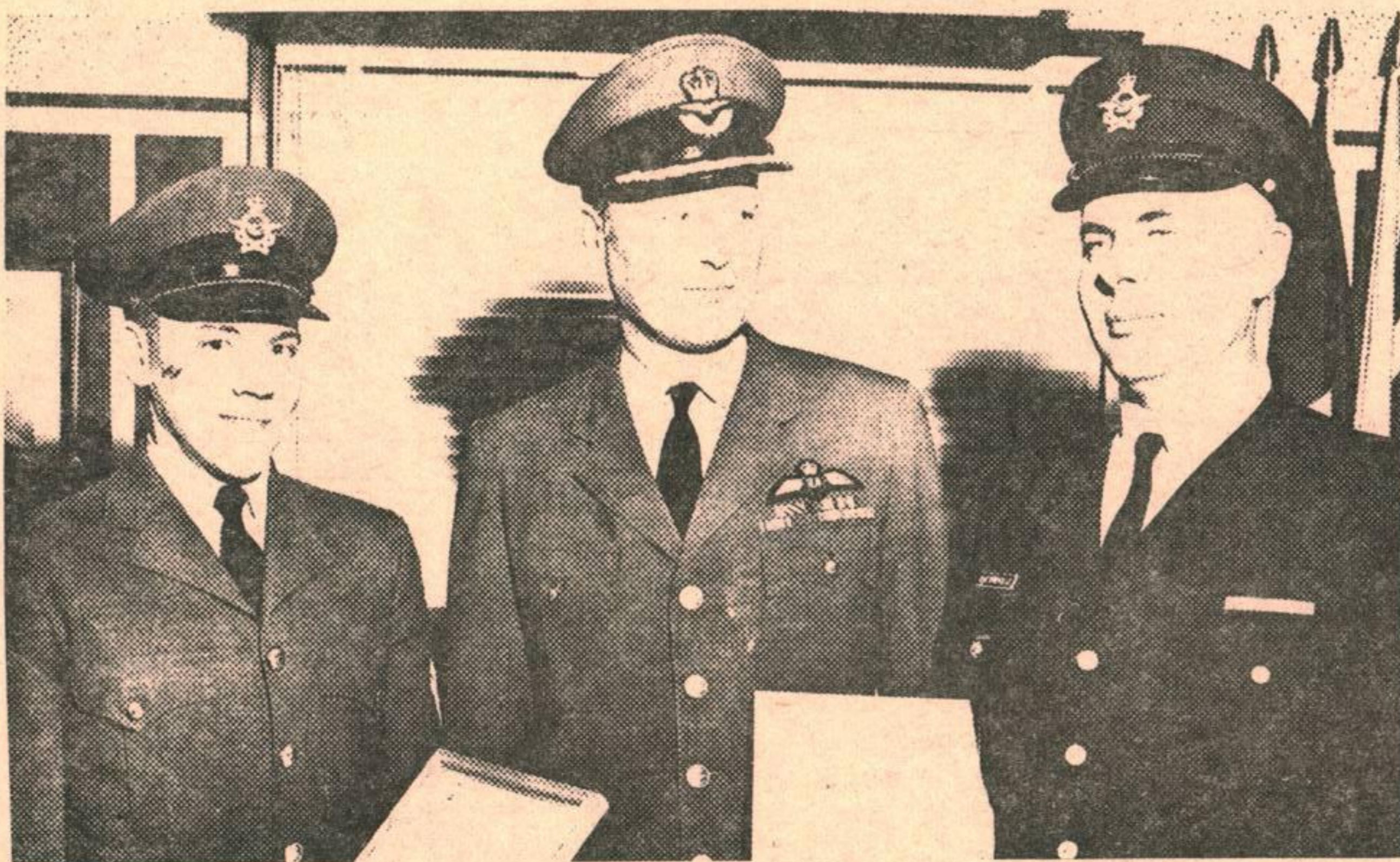


CLASP TO CANADIAN FORCES DECORATION (C.D.)----Sergeant Trev F. Waller, left, of Wellington, New Zealand, now serving at Canadian Forces Base Gimli, Manitoba as an air traffic controller, has been awarded the first clasp to his C.D. Colonel J.F. Dunlop, base commander, right, makes the presentation.

The C.D. is awarded for completing twelve years of efficient service while the clasp is awarded for completing an additional ten years of qualifying service.

Sgt. Waller's military service dates back to August 1941 when he joined the New Zealand Army. In February 1943 he joined the Royal New Zealand Air Force and saw World War II action as an air gunner. In December 1945, Sgt. Waller took a rest from military duties but again felt the urge to serve in November 1951 when he joined the Royal Canadian Air Force. He has served continuously in the Canadian armed forces since that time. (C.F. Photo)

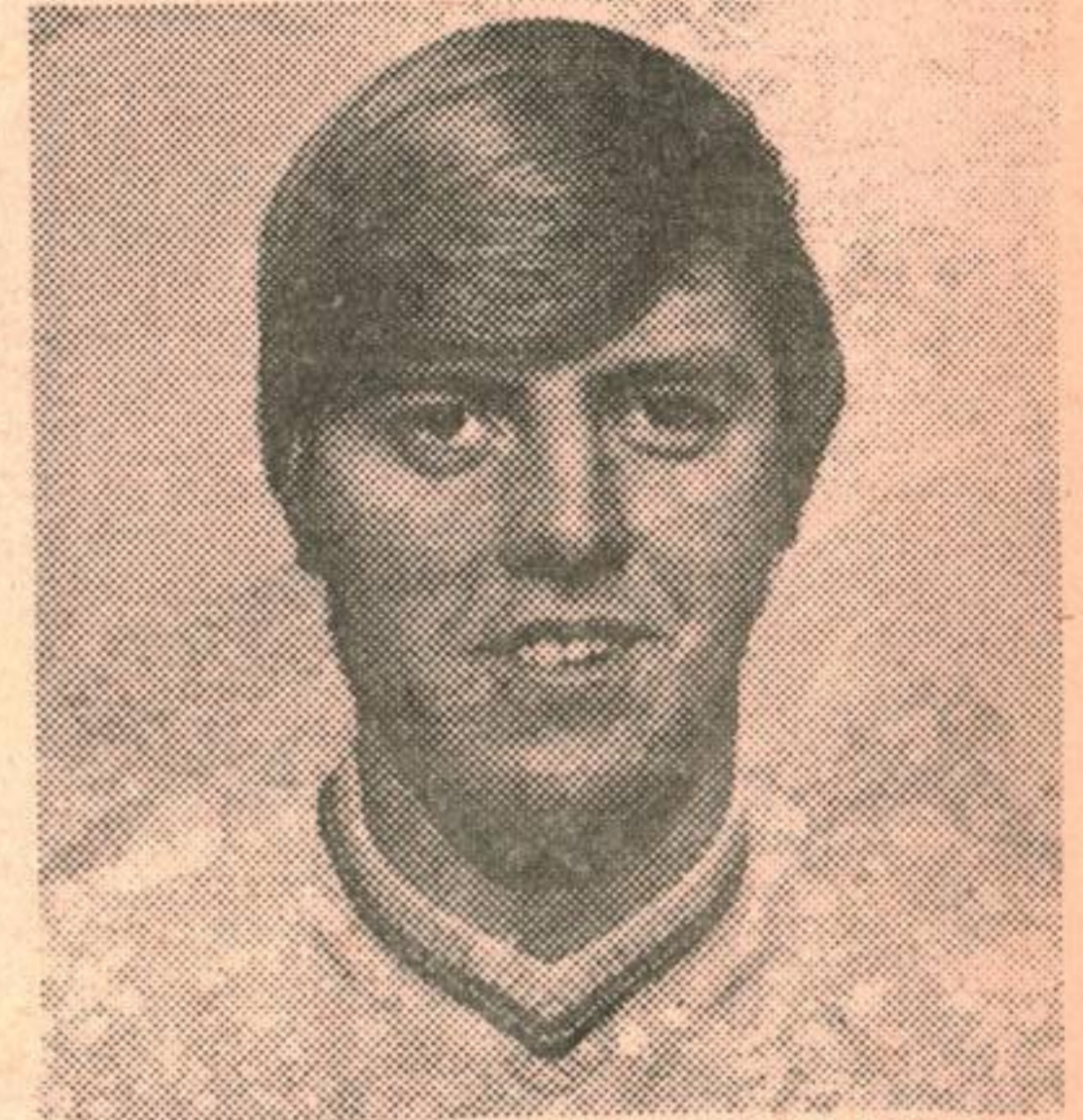
### BC COMMENDATION CERTIFICATE



Corporal Fred R. Dunk, left, 31, of Toronto, Ont., and Corporal Ken Quenneville, right, 38, of Staples, Ont. both received the Base Commander's Commendation Certificate from Colonel J.F. Dunlop.

Cpl. Dunk averted an air incident and Cpl. Quenneville suggested an improved method of parking aircraft in the flight line. (C.F. Photo)

### GIMLI YOUTHS TO TOUR EUROPE



Two Gimli youths have decided to "Beat the Manitoba winter" this year. Victor Thordarson and Ross Bailey expect to be "off" for Europe as soon as their passports arrive. When asked of their exact plans the boys confessed that they hadn't any, but would stay as long as the money lasted. Skiing in the Alps was tops on Victor's list of "musts". The boys hope to leave from New York city by boat sometime before Christmas.

Gimli (Rooters)



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**OLD FRIEND MAKES REFUELLING STOP**

Colonel Mike J. Doohar, left, director of postings and careers, men, at CFHQ Ottawa, the C.F.B. Gimli base commander from 1966 to 1969, made a refuelling stop at Gimli Tuesday when he was on his way to C.F.B. Cold Lake, Alberta. Brigadier-General R.H. Falls, right, the director general of postings and careers at CFHQ, accompanied Col. Doohar. Colonel J.F. Dunlop, centre, current base commander, met briefly with the visitors but due to pressing official business Col. Doohar could not be convinced to remain longer than one hour.

(C.F. Photo)

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INDULGED STAINLESS STEEL ONE PIECE

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DRUMSTICKS LB. 75¢

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# Hockey

## BASE HOCKEY LEAGUE STATISTICS

STANDINGS as of NOVEMBER 14 1970

Teams	GP	W	L	GF	GA	Pts
Wings	4	4	0	30	6	8
Giants	4	2	2	20	9	4
Bruins	4	2	2	14	17	4
Hawks	4	0	4	3	35	0

### GAME RESULTS

9 November 1970		12 November 1970	
Wings	4	Wings	8
Giants	2	Hawks	2
Bruins	8	Bruins	4
Hawks	0	Giants	3

### Top Scorers to Date

	G	A	Total Pts
Buchanan - Wings	5	9	14
Dutrisac - Hawks	11	2	13
Boran - Giants	3	6	9
Meyer - Giants	3	4	7
McPhee - Bruins	5	2	7
Malcolm - Giants	5	1	6
Bruce - Wings	2	3	5
Morneau - Giants	3	2	5
E.McKay - Giants	2	3	5
Cragg - Wings	1	4	5
Reed - Giants	2	3	5

### SCHEDULED GAMES

Monday 23 Nov.	Thursday 26 Nov.
1900 hrs.- Bruins vs Giants	1900 hrs.-Wings vs Bruins
2100 hrs.- Hawks vs Wings	2100 hrs.-Giants vs Hawks

### TOP GOAL-TENDERS

MacDonald - Wings, 1.50 goals against.
Chartrand - Giants, 2.25 goals against.

### SENIORS - NOVEMBER 14, 1970

Teams	Total Points	Standin
1	40	1
2	38	3
3	40	1
4	36	4
H/S for year: Pentti Karkkainen-	334	
Gail Cormack	- 289	
H/T for year: Glen Aldwinckle	- 714	
Gail Cormack	- 631	
Bowlers of the Week: Glen Aldwinckle	- 541	
Janice Johnston	- 561	



Front row (left to right) Russ Gilroy, Major Don Gilliland, Noel Woolgar and Ted Neilly. Rear; Al Lutomsky, Ben L'Arrivee, Jerry Bamping, Al Grant and Fred Compton. Missing - Lou Andre.

## Maintenance Curling Trophy

The second annual training command aircraft maintenance bonspiel was held at C.F.B. Portage la Prairie on November 13 and 14. Gimli brought the trophy home, defeating C.F.B. Moose Jaw (last year's winners), C.F. B. Winnipeg and C.F.B Portage.

The Gimli team was composed of three rinks from this base and a fourth rink of C.F.B. Portage curlers.

The three rinks from here were: Major Don Gilliland (skip) and Corporal Noel Woolgar (third) in the "A" division; Ben L'Arrivee (skip), Russ Gilroy (third), George Neilly (second) and Lou Andre (lead) in the "B" division and in the "C" division Al Lutomsky (skip), Jerry Bamping (third), Al Grant (second) and Fred Compton (lead).

Ben L'Arrivee's rink had the best record at the bonspiel, with two wins and one tie.

Since two curlers of the "A" rink were unable to attend, this rink was supported by curlers from the other two Gimli rinks. "A" and "C" rinks each came through with two wins and one loss, while the "D" rink had one win and two losses.

The spiel was very well organized and enjoyed by all who attended (C.F. Photo)

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# GET ON THE BROOM

by Bud Wilds

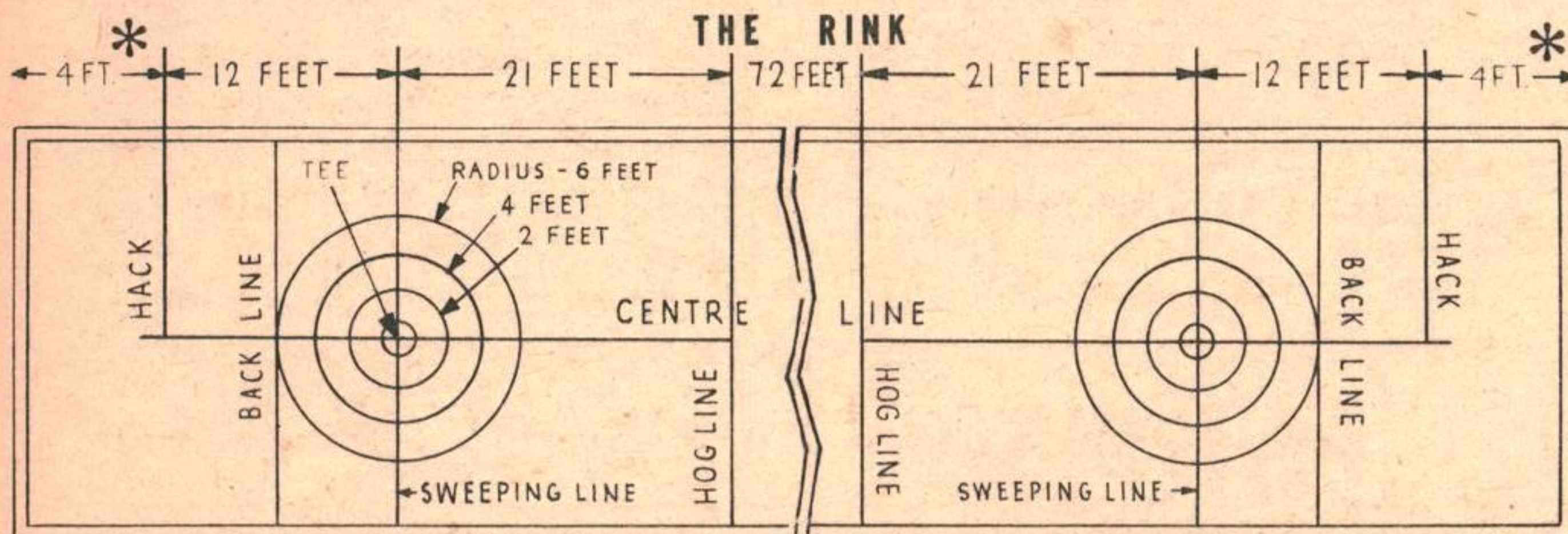


Week three of curling has been relatively quiet, with little happening on the local scene. In the area of mens curling, a tentative agreement has been reached on a competition league involving C.F.B. Gimli, town of Gimli, Arborg and Riverton. Town and C.F.B. are expected to enter three rinks each with Riverton and Arborg providing one each. The main objective of this league will be to give "championship" rinks the opportunity of competing with other "championship" rinks before going on to win the Manitoba title. Play time is planned for 9:00 p.m. Friday at the base

club initially with subsequent play being at each of the other rinks.

An item that came up on the Nov. 7 consul meeting was brooms. Since about 20% of competing players now use artificial brooms, or brooms with plastic or other inserts, the committee elected to remove all reference to brooms from consul's rules. This in effect permits the player to use any style of curling broom. However, I would presume, that if you went on the ice with a stable broom, the umpire would have the right to ask you to change your attitude toward sweeping.

I have observed that several of our new (and knew) curlers do not know the rules. So, in view of this we decided that a printing of Canadian Curling Association rules, would be in order. This week we will begin with the "rink" layout. (One never knows when one will be called upon to build a rink).



1. --The length of the rink from the back to the tee shall be 126 feet.
2. --The tees shall be 114 feet apart -- and, with the tees as centres having a radius of six feet -- a circle shall be drawn -- additional inner circles having a radius of four feet, two feet and six inches may also be drawn.
3. --From and in exact alignment with both tees, a line called the centre line shall be drawn to a point 12 feet behind each tee. At this point, lines of one foot six inches in length shall be drawn at right angles to the centre line on which a hack shall be cut or made. The hack shall not exceed eight inches in length, the inner edge of such hack shall not be more than three inches from the centre line, so that all stones shall be delivered with their centre upon the centre line.

Standard molded rubber curling hacks and cast iron cups used to install the rubber hack are recommended for use in all curling clubs.

The hack shall be of such depth and width to permit the insertion of the Canadian Curling Association standard rubber hack.

The upright wooden back of the hack, if possible, should be flush with the ice surface.

4. --Other lines shall be drawn across the rink at right angles to the centre lines as in the diagram viz:

- a. A "Hog Line" distant from each tee, one-sixth part of the distance between the "foot-line" and the farther tee.
- b. A "Sweeping Line" across each six foot circle and through each tee.
- c. A "Back Line" behind and just touching outside each six foot circle.

NOTE: In forming rinks the diagram shall be referred to.

5. --All curling stones shall be of a circular shape. No stone including handle and bolt shall exceed 44 lbs. or of greater circumference than 36 inches, or of less height than 1/8 part of its greatest circumference.

## GIMLI DART LEAGUE

### TEAM STANDINGS

No. 1 - Sergeants' Mess.....	30	30
No. 2 - Viking Hotel.....	32	32
No. 3 - Officers' Mess.....	19	19
No. 4 - Junior Ranks' Mess.	12	12
No. 5 - Legion.....	28	28
No. 6 - Gimli Hotel.....	41	41

## STOP PRESS ANNOUNCEMENT

### MILITARY PILOT

'A Man of Faith' - Watch Channel 7 at 1:30 p.m. on Sunday November 22

This programme was prepared in Gimli. You may recognize your friends on the screen.

PRODUCER: Father G. Savoie.

### JUNIOR RANKS

JUNIOR RANKS MESS, SATURDAY 28 of NOVEMBER 1970

Come out and DANCE to "ORIGINAL MIND"

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ATTENTION!!! TICKETS Now Available for NEW YEARS DANCE

"CASANOVAS" will play-Junior Ranks on 12 December 1970

Junior Ranks MIXED BONSPIEL 5 Dec.  
DART TOURNEMENT 20 NOV.

## GIMLI CURLING CLUB

GIMLI CURLING CLUB will accept tenders for the food concession bar to be operated during regular curling draws and for bondspiels, from Nov. 30/70 to Nov. 31/71. The highest tender not necessarily accepted. Tenders close Sunday Nov. 22. Apply in writing to Mr. Gill Finnsen, Gimli, Manitoba

-CHIMO-

# MINOR HOCKEY

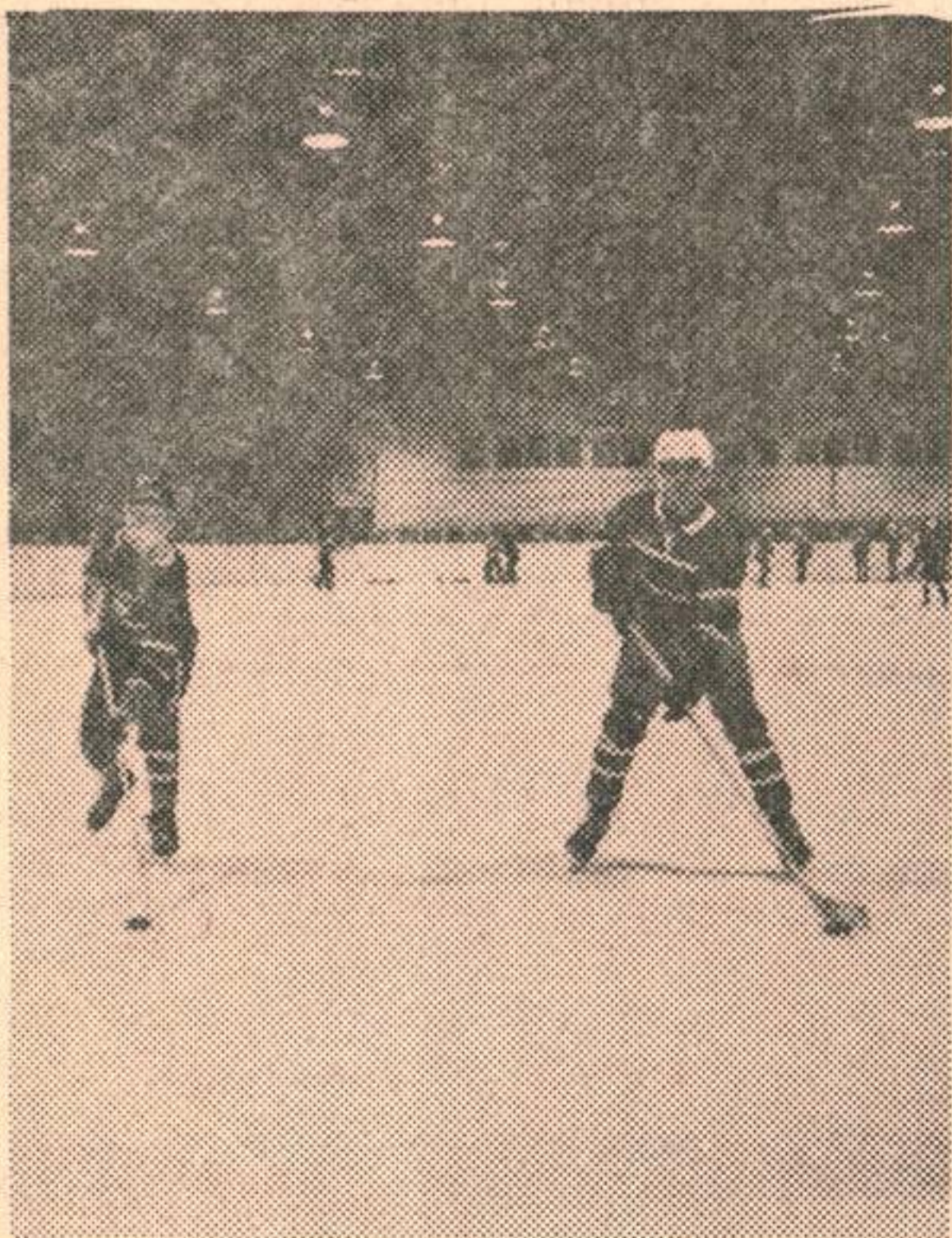
by Stan

Last week saw the start of the house league games, all three leagues plus the super league. This league is new this year, it is made up of boys just learning to skate. They have their games on Thursday evening at 6:00 p.m. and Saturday afternoon at 1:00 p.m. If you want to see some boys who really give it their all, come out to see these little fellows play.

In the four leagues, there are about 180 boys registered, 60 in Wee Wee, 60 in Tom Thumb, 30 bantams and 25 in the super league.

This year we are not going to give a trophy for the top scorer in each league. The Wolves have kindly consented to change the trophy from top scorer to most valuable player for each league. This player will be picked by the opposing coaches in his league. Each team will first nominate three players from his team, then the other coaches will pick a first, second and third. There is one stipulation, no coach will be able to vote for his own player on the final ballot.

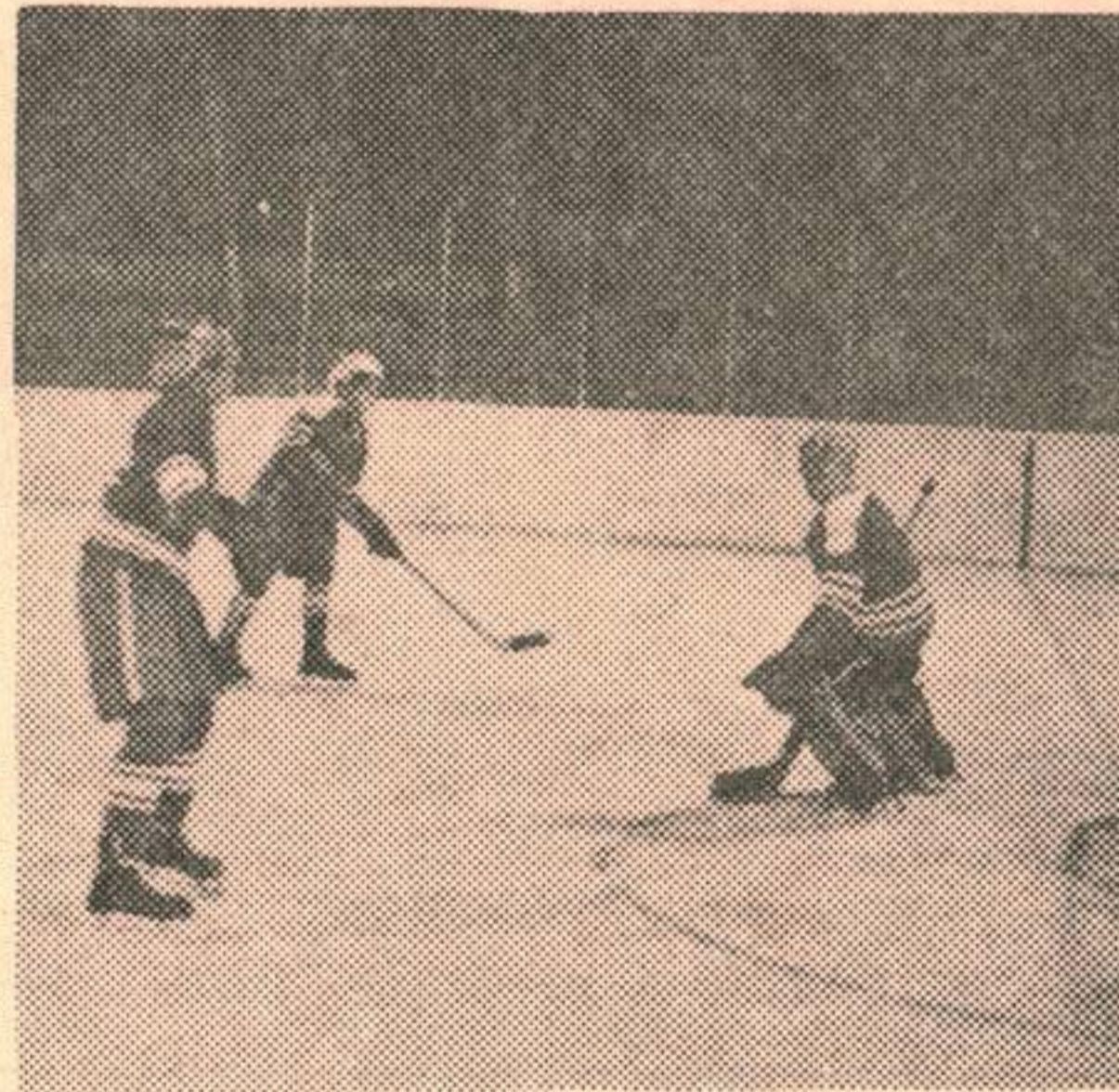
Last Monday night in the Tom Thumb house league, in the first game the Leafs, last year champs, went down to defeat at the hands of the Boston team. The final score was 6 - 1 for Boston. Kurt Anderson led Boston with two goals



TIM WEINBERGER & TIM VALGARDSON

and one assist. Bob Gretchen had one goal and one assist. In the second game, Canadians triumphed over Greens 4 - 1. Melvin Biluk had all four goals for Canadians. Donald L'arrivee had two assists. Blair Chudd played a very strong game in goal for Canadians.

On Tuesday night in the opening game of the bantam league, Leafs swamped Canadians 8 - 1. Grant Knapik and Lorne Smith each had two goals each. Ron Krulicki had one goal and one assist. Craig Cherniak lost his shut-out when Ken Kernsted scored in the third period.



DWAYNE ARNASON IN GOAL

TERRY ROBINSON & DONALD SMITH



TERRY KRULICKI & DAVID OAKLEY

The Wee Wee opened the season on Thursday night with Boston white over-coming Boston black 3 - 1. Jeff Gouthro lead with one goal and one assist. In the second game Red Wings shut out Greens 4 - 0 with Sylvester getting the shut-out. Dave Gagnon lead the scoring with two goals.

On Wednesday afternoon three all-star teams journeyed from Winnipeg to do battle with our all-stars here, but they went back empty handed as our boys did not show too much hospitality, winning two and tying one, before a large enthusiastic crowd. The large crowd really spurred our boys on and some very good hockey was seen for so early in the season. The passing was crisp and our boys played as if they had been playing together for a whole winter.

In the first game our Wee Wees came from behind from a 2 - 0 deficit to tie the game at two all. Brent Solmundson lead Gimli with one goal and one assist, Mark McLoughlin scored the other Gimli goal. Peter Anslow and Tim Gottfried shared goal tending honors and played a very strong game in nets.

In the second game our Tom Thumbs out-played the St. James team, winning 6 - 1. Dwayne Arnason and Blair Chudd shared goal tending honors losing their shut-out with five minutes to go in the game.

Melvin Biluk lead Gimli scoring with three goals, two in the last minute of play. Terry Robinson had two goals, one on a breakaway when Gimli was playing short handed. Keith Tucker scored the other Gimli goal. Assists went to Bob Stinson with two, David Oakley, Don L'Arrivee and Dale Martin one each.

In the third game of the day, the bantams put on a strong attack and skated away with a 7 - 3 win. Blair Knapik lead the attack scoring three, Glen Shemerhorn had one goal, one assist, Grant Knapik one goal. Lorne Smith and Ron Krulicki one assist. John Chellew had two assists, David Lauth one assist.

FramFoto

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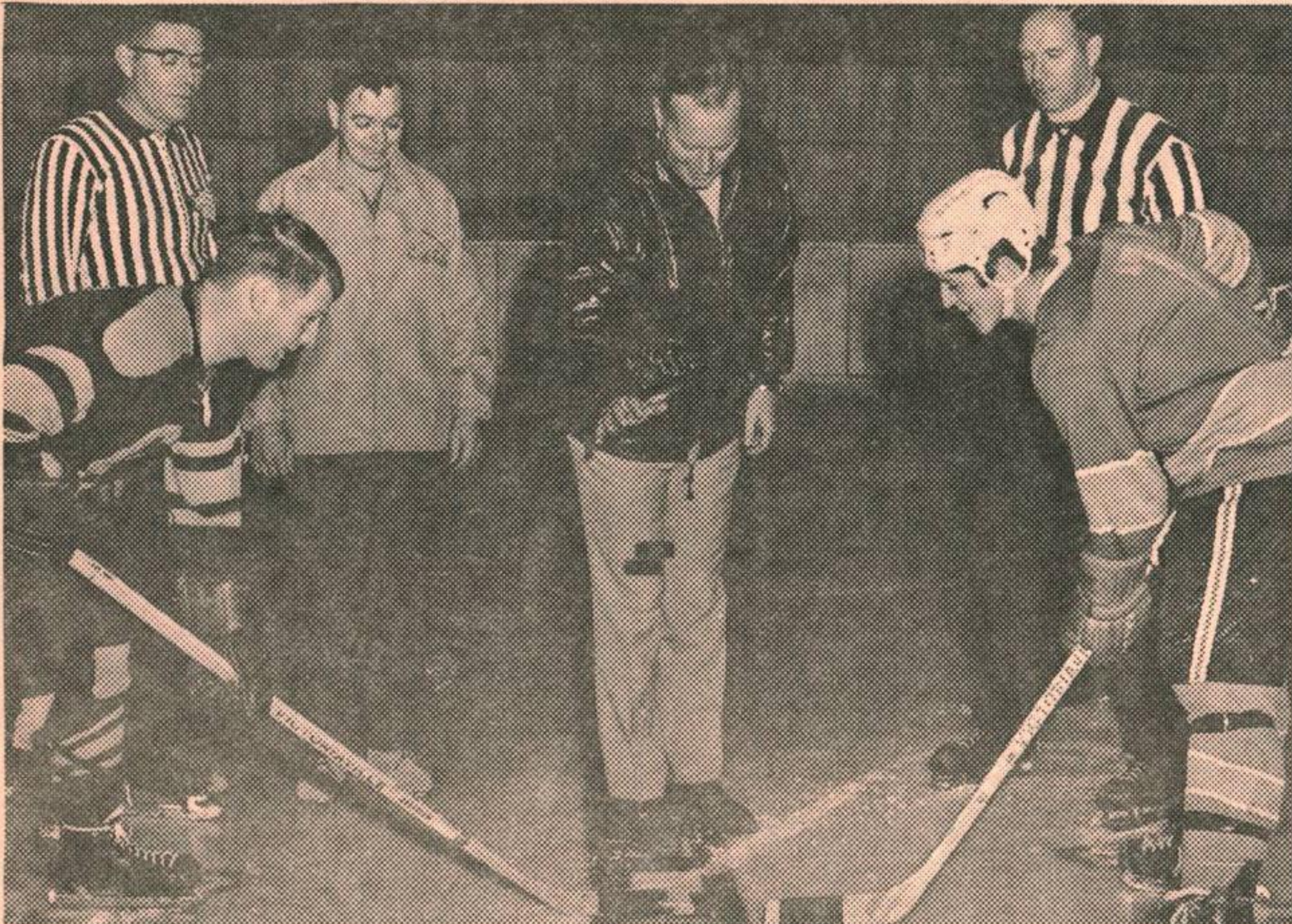
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# BASE COMMANDER OPENS C.F.B. HOCKEY LEAGUE



COLONEL J.F. DUNLOP, base commander of C.F.B. Gimli, drops the puck to officially open the base hockey league. Also shown from left to right are M. Rafferty, G. Roemer, chief referee, D. MacLean, league co-ordinator, P. Brown and R. Buchanan. Base league teams play every Monday and Thursday evening from 1900 - 2300 hours. (C.F. Photo)

## MORE CHEAP ADVICE

Can regular physical activity be the only true wonder drug? Will happiness be found in a sweaty pair of adidas training shoes? This sounds like another commercial for Dr. Cooper's magic mystical aerobics program. Sorry but it is.

Dr. Cooper's message can be summed up without charts or times or distances in three words. Those three words are **REGULAR PHYSICAL ACTIVITY**. I am purposely avoiding the use of the word exercise because of the pain it conjures up in the minds of most people. Physical activity is, in my opinion, a more meaningful expression of what people should be after. This becomes more important with increasing age. If a person, without the help of alcohol, nicotine or artificial stimulents can say "I couldn't feel any better" then that person is active and is getting the most out of life.

Activity should not automatically mean 19.5 laps around the recreation centre floor. The activity should be meaningful and enjoyable but also should put some demands on a persons cardiovascular system. The less vigorous the activity the longer the time that must be spent at the activity to derive physical benefits.

Advice is cheap but can occasionally be of some use.

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animal faces to please and excite  
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Special Gift Values.

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Polyester 'n' Cotton blouses  
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Frisly and feminine ready to  
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**HOUSECOATS**

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Soft nylon tricot housecoats,  
quilted with polyester that  
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washing. Colors: Pink, Blue,  
Mint. Sizes: 4, 6, 8X. Pleasing,  
practical gift.

## PUMPKIN WINE

Take one pumpkin, making sure a little of the stem is left on. Lop off the top and mash down the seeds and all the gooey stuff in the middle. Fill to within half an inch of the top with dark, brown sugar (must be the dark, brown kind) and squirt in just a touch of lemon juice. Put the pumpkin top back on and seal (brush on paraffin). Place in a foil-lined box for three days and then transfer to a bowl or an enamel pot (not aluminum). Mould will set in daily--don't worry about it. Just rub it off. Then the whole shabang will collapse. Set it up in a cheese-cloth or strong tea towel and allow it to drip through. Bottle the liquid. Then blow up several balloons, let the air out and put the balloons on top of each bottle. Every day the balloons will have some gas in them. Deflate them daily. When the day comes that there is no gas in the balloons, you can call hubby away from that football game on TV, put the kids to bed and start sipping. It's delicious ... and has a hefty wallop.

*Ed. Note: FRAMFARI staff is brewing a batch -- watch this space -- HIC HIC -- for further developments.*

## Defensive Driving Course

### DEFENSIVE DRIVING COURSE

Personnel are reminded that it is essential that all ranks who drive either military or private vehicles avail themselves for this training at the earliest possible time.

To this date there have been 40 courses since the introduction of the course to personnel at this base. The first course began 5 May 1969.

The next DDC course is to commence Monday 23 November at 0800 hours, classroom No. 4 of G.T.S. The DDC films are available to this base from 23 November to 4 December 1970.

Personnel and dependants of personnel are requested to submit their names to M.T. or phone 135r2 for course loading. Ten personnel and/or dependants constitutes a course.

Section heads are requested to submit to M.T.O. the names of their personnel who have not had the DDC and dates they are available. All DND 404 holders who have not attended the DDC are required to do so during this course period.

## WILLIE'S WORD

*I'm really glad that people are writing letters to the Framfari. Congratulations to those who put in their letters last week. All the letters were worth having and I'm sure the X-Word puzzle will be checked with a little more care.*

*However, can you imagine what kind of a brain it must take to dream those things up. Have you ever tried putting one together.. I did, one day, when no one else wanted to play bridge. I got to the second word and couldn't fit it in. I finally got so frustrated that I became as irritable as M.I.F.*

*"An In The Dark Corporal" also made a real good point. All of us feel in the dark except for some who have received word of transfer. Some of them are even in a darker dark.*

*How about some of the rest of you "in the dark" people. What have you got to say?*

*My wife Rosie was going to write a letter. She doesn't believe that I come home late for supper each night, because I'm working on Willie's Word. Rosie has a suspicious mind, she thinks I go to the club for a few quick ones. Of course, the old brain needs a little stimulation now and again.*

*I've tried to explain to Rosie that it takes a lot of thinking to write Willie's Word. Also, I explained to her that the editor gets real hostile if I'm late. Have you ever stared at the midriff of an hostile editor? It is disconcerting to say the least.*

*Well, Rosie got so mad at the editor for being so hostile that she wrote him a nasty letter. Fortunately the letter got lost. I don't know what happened to it. It just seemed to disappear.*

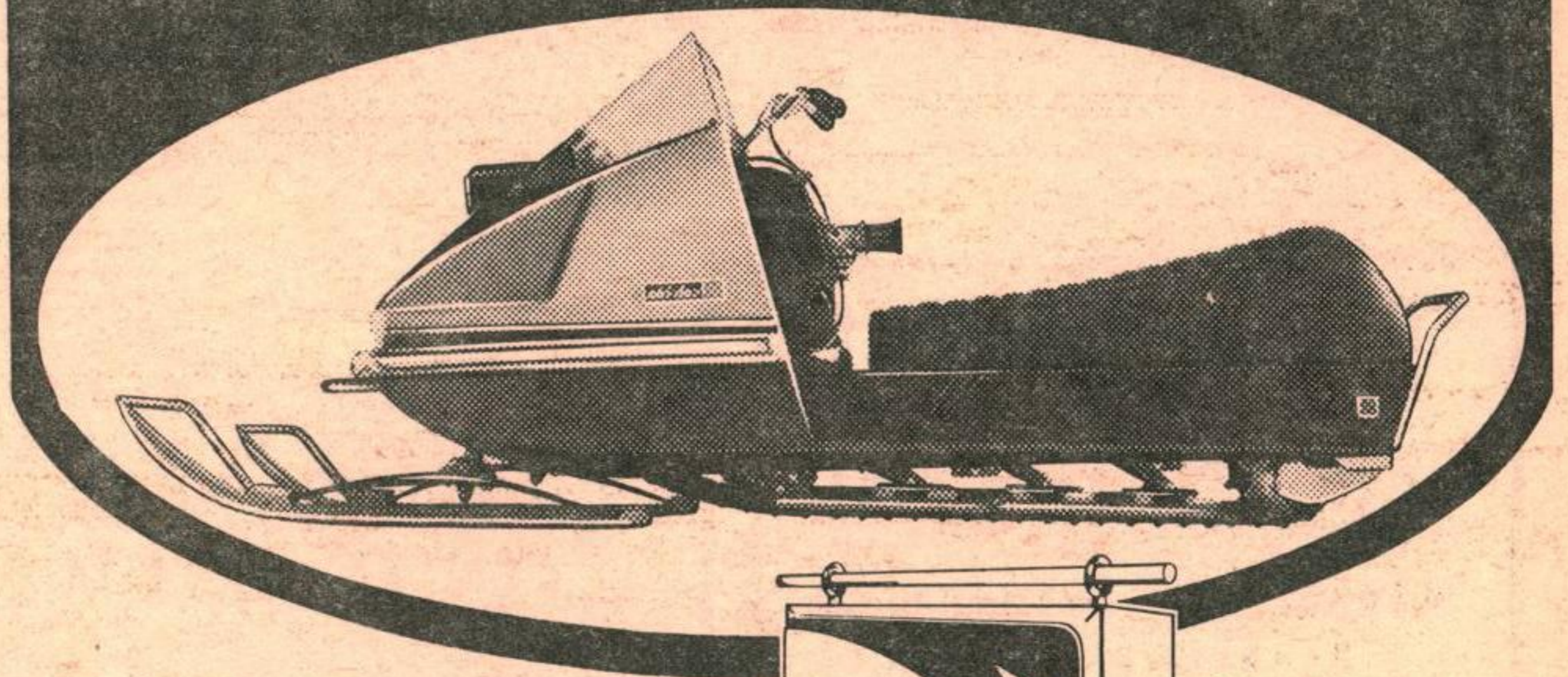
*Anyway, I was going to write on the Women's Lib. Movement this week, but maybe I'll hold that off until the next issue.*

*Yours,  
Willie*

Ski-Doo value isn't just a small price tag. It's a lot of features wrapped up in one big economy package. **Value is the Product:** Ski-Doo saves you money because it's the most reliable machine on the snow. Dependability proven at the North Pole. **Value is the Service:** Free 24 point pre-delivery checkup. Free inspection after 15

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hours on the snow. Ready service all season long. And always — factory trained mechanics using genuine Ski-Doo parts. **Value is the Price:** You won't get a better snowmobile deal anywhere. Take the compact, fabulous, all-new Elan — only \$620. does it. If it's value you're after, get the machine that out-values them all.



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# Montreal Points to Forces Future

CBC-TV PROGRAM "VIEWPOINT- 29 OCT. 70  
BY FREELANCE JOURNALIST JOHN SHELTON

The rise of violence across the western world during the past decade has given new tasks to the armed forces. In Canada, we are beginning to discover what that means.

Today we are starting to realize that our soldiers must be proficient in counter-insurgency as well as in their other tasks. This need means that they urgently require guidelines from the government, guidelines that will affect the size of our forces, their equipment and their training.

The counter-insurgency role falls first upon the regular army units. To help them, the government must quickly decide if aid to the civil power (the present operation) and counter-insurgency (which may be the next job) are to be permanently part of our lives in the future. If the answer is yes, then the roles must be carefully defined to assist the military planners.

Up to now, our forces have not had to face the prospect of insurrection. We have been peace keepers around the world, but we have been peaceful peace keepers.

Aside from the regular forces, the government will have to think seriously about the reserves. These formations are of vital importance in counter-insurgency operations, because of their local knowledge and relationship with the population. In fact, you can say that the existence of a strong militia, capable of counter-insurgency (operations) is the best guarantee against the need for its use.

The reservists are the barometer of local feeling. They know their locality at least as well as the insurgents and better than any regular soldier imported for the occasion. Yet, in the current emergency the government has completely ignored the reserves' existence.

In fact, it seems logical that in any rethinking of a military presence against modern violence, the reserves might well win back their traditional role as the largest military force in the country.

If they were brought back to the levels that existed before the Korean war, of triple the size of the regular force, and given specific counter-insurgency tasks, the regulars then would be free to develop new techniques and carry out their roles in NATO and the Arctic.

Civil war and insurrection in such places as Malaya, Palestine, Viet Nam and Algeria make one point very clear. Armies have only been successful where their role has been defined with precision and what they were to accomplish (was) spelled out clearly. It was done in Malaya and the British won.

In the other cases, the inability to form political goals, for the troops to carry out, resulted in defeat. Canada must take note early and not make similar mistakes.

Once the definition has been made, the armed forces must then be given sufficient money to raise forces of adequate size, equip them as required and train them in the needed techniques.

If civilian control of the military is to have any meaning, it must start with a definition of what the forces must accomplish, and include freedom for professional military judgment to operate.

Today this is not the case. The armed forces are operating on a budget not significantly different from their budget of 15 years ago. Few organizations still in business can make that claim. \$1.8 billion may have been high back in 1955 but it is definitely low by today's standards.

First, the government must decide whether there will now be a regular requirement for aid to the civil power or counter-insurgency action by the armed forces. If there is such a role, it must be defined with precision and a choice made on the combination of regular and reserve forces needed to perform it. Finally, enough money must be voted to enlist, equip and train the men required.

At the moment we have some time in hand. Failure to take advantage of this time could bring a painful lesson.

At the moment we have some time in hand. Failure to take advantage of this opportunity now may bring us face to face with far heavier problems later on.

**N SHUCKETT B.A. LL.B**

**BARRISTER AT LAW**

**GIMLI HOTEL Every Thur 9 to 12 AM**

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**GIMLI HOTEL**  
**(The Whitehouse)**

**OVERNIGHT ACCOMODATION**  
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**ENTERTAINMENT**  
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*For GOOD Food, and*  
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*VISIT THE*

**Lake Inn RESTAURANT**

**TIRED OF COOKING??**

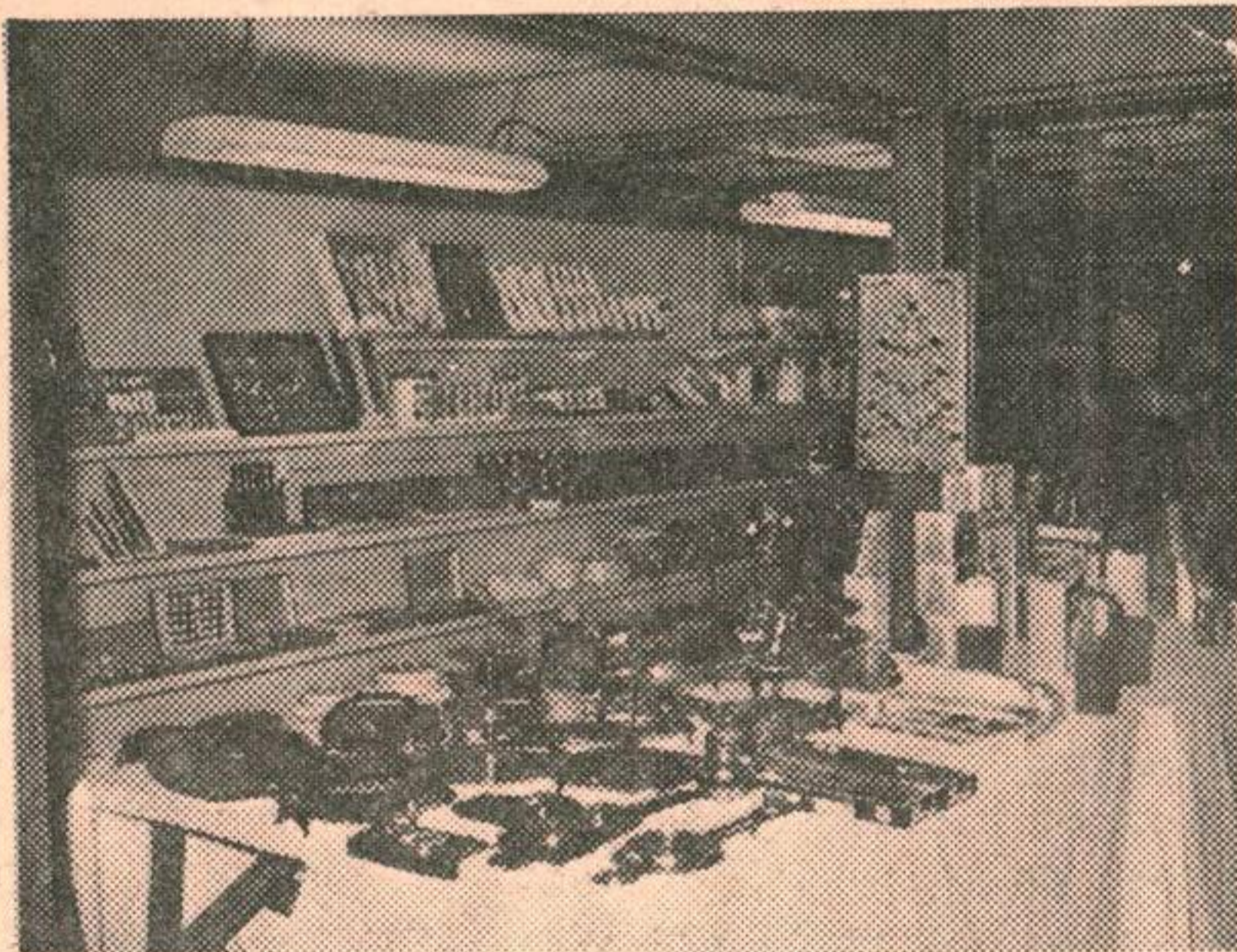
**WHY NOT TRY OUR**  
**NEW TAKE-OUT SERVICE**

*Next to Gimli Tailor, Gimli*

# BASE EXCHANGE

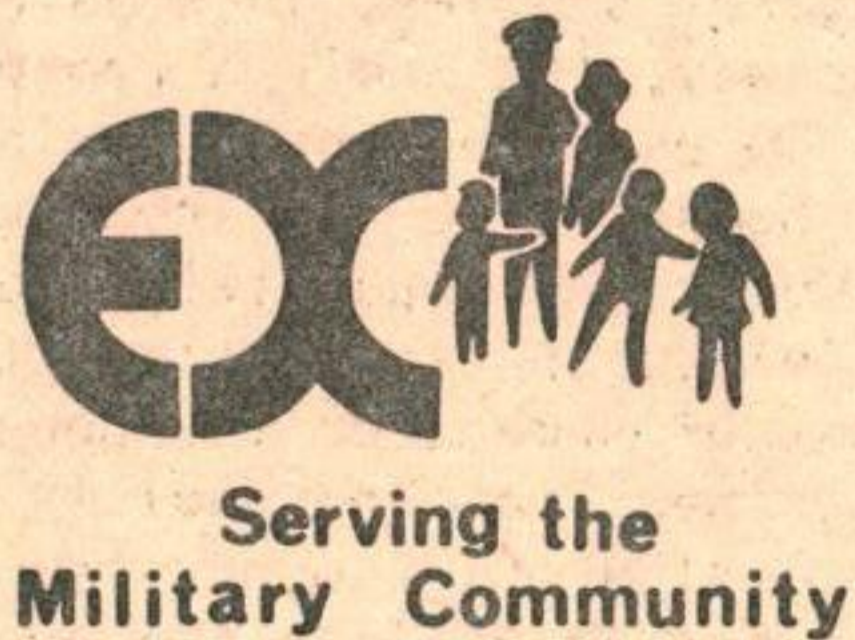
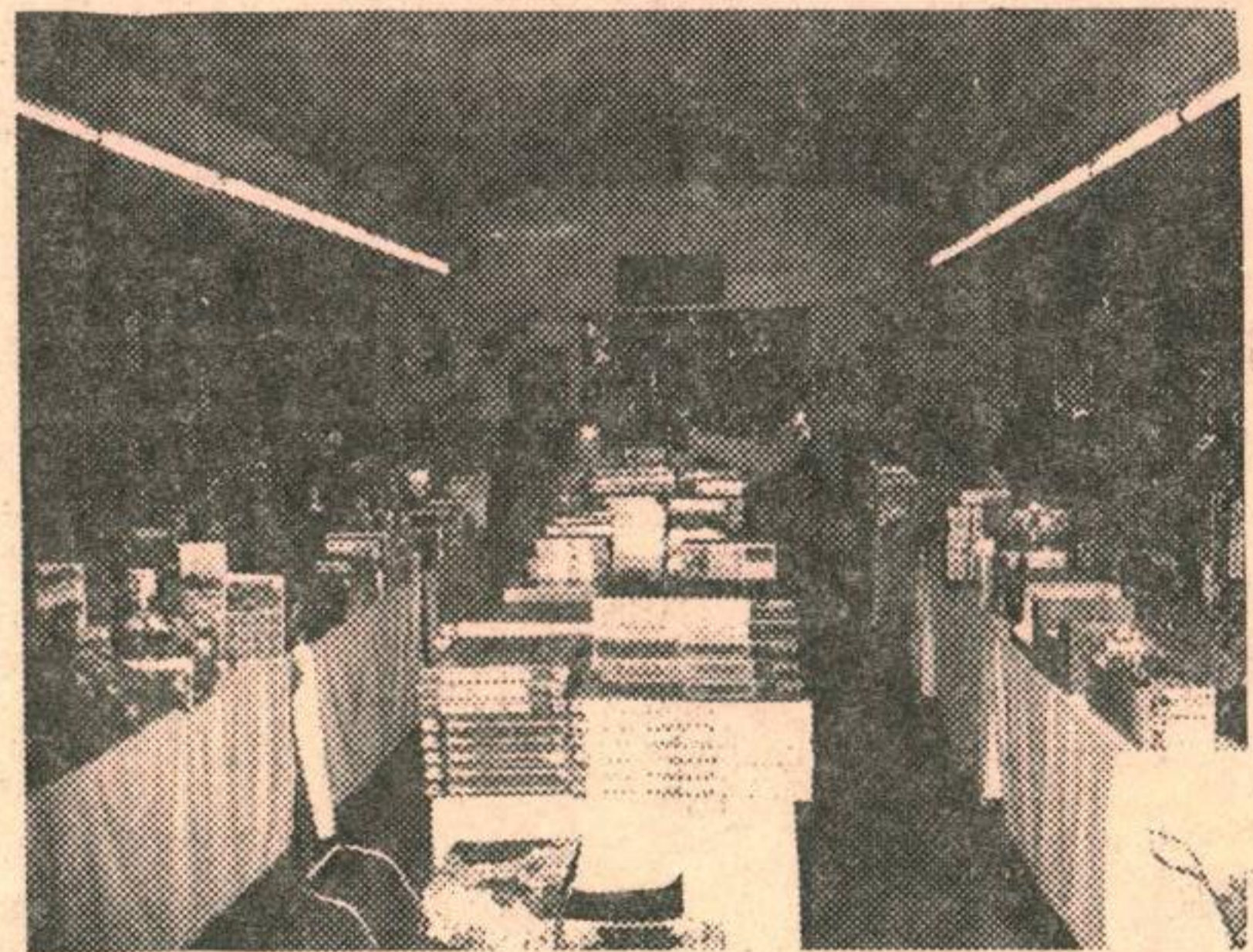
*Complete Selection of*

• *TOYS*



• *CHRISTMAS GIFTWARE*

• *DECORATIONS*



*NEW STOCK ARRIVING WEEKLY*

## CHRISTMAS HOURS

**OPEN**

TUES-FRI 11:30AM to 9PM  
SATURDAY 10AM to 5PM

**CLOSED**

Sun, MONDAY and Holidays

FOR AUTHORIZED PERSONS ONLY

# Chapel News What do we know about Abortion

## Protestant Chapel

Rev. D.W. Hilton  
Phone: 156r2

SUNDAY - 22 November 1970

- 10:00 a.m. - DIVINE WORSHIP  
10:00 a.m. - Sunday School in  
Goulding school  
2:00 p.m. - Confirmation class  
in the annex

MONDAY

- 7:30 p.m. - Ecumenical Council  
meets in the Luth-  
ern church

THURSDAY

- 6:45 p.m.-Junior Choir practice  
7:30 p.m.-Junior Choir practice

BAPTISMS - by appointment only.

MARRIAGES - One month notice is re-  
quested by the Chaplain

## Roman Catholic Chapel

OUR LADY OF LORETTO CHAPEL  
CFB GIMLI, ASPEN PARK, MAN

Major (Rev.) J. Georges Savoie  
B.A., LPh., Bth.  
Phone: 156

MASSES

- Sunday - 9:00 a.m. and  
11:15 a.m.  
Weekdays - 5:00 p.m.

CONFESSIONS

Saturday - 4:00 p.m. - 5:00 p.m.  
Before each Mass and whenever  
you feel like it. We will try  
to accommodate everyone.

BAPTISMS

by appointment-usually on Sunday.

MARRIAGES

1. Give two months notice to  
your Chaplain.
2. For a Mixed Marriage - four  
months notice would be pre-  
ferable since the non-Cath-  
olic party needs to take a  
few instructions about the  
Catholic faith.

C.W.L. - Meeting every third Tues-  
day of the month at 8:00 p.m.

ALTAR SERVERS - Meeting every last  
Friday of the month at 7:00 p.m.

(First article on abortion)

The controversy raging in the news media over abortion will probably not be solved overnight. It has lifted up very potent emotional and irrational forces. Maybe a good hard look at the facts would be helpful in understanding what is at stake. Is the fetus, or developing product of human conception a human being in development or a mere biological accident? Or a tumor like growth detrimental to the mother?

Evolution: Let us begin with the supposition that the embryo is not human. What then is its biological species? Is it some species of plant, or fish, or animal? If it is anything other than human, then an incredibly amazing evolution takes place in the mother's womb within nine months. Evolution is understood by biologists to be a true change of species, but biologists insist that evolution takes place only over a very long period of time, even millions of years. For example, scientists estimate that our planet came into existence perhaps 4,500 million years ago and that it took almost 99 per cent of that time for life to evolve to a human level. From what we have come to know now about the evolutionary process it does not even seem possible that evolution from a lower form of life to human life could take place within the infinitesimally small period of time, nine months. The time aspect favour the humanity of the embryo.

Genetic Code: In addition to the time aspect involved, there is another more important consideration. The process of evolution takes place by means of genetic mutation. One of the most significant discoveries of modern biology is that of the DNA molecule and the reality of the genetic code. Without going into technical details, the important thing to note is that the genetic code for an individual is determined from the very moment the sperm fecundates the ovum and the full human chromosome number of twenty-three pairs is established. The ultimate determining factor not only of the most minute individual characteristics but also of biological species is set from that moment. From the time of fecundation there is no genetic change. But without genetic change there can be no change of species. Therefore, from everything we know about evolution and heredity, we must say that the embryo is human from the very beginning. The only thing that happens in the womb is growth and development, not change of species, just as with a child who has been born. Putting it another way, the whole purpose of the sperm and the ovum is to join together to produce a human being. To state that the embryo is merely a potential human being is erroneous. It is the sperm taken separately and the ovum taken separately that are the potential human being. Once they are joined in fecundation, they become the actual human being through the establishment of the genetic code.

Philosophers have always maintained that the soul is infused when the matter is disposed to receive it. A philosopher is not in a position to determine when that moment is, but scientists can now tell the philosopher that the matter is disposed at the very moment of conception.

St. Thomas and others were at a disadvantage simply because science was in a primitive state in their day. To continue to follow Thomas' theory of several forms in series is to ignore modern scientific discoveries and to remain in a primitive form of mind. Some thing that the presence of bodily organs is needed for true humanity. At first consideration, it does not seem to be a bad thought. But which organs are necessary? Just what is the determining factor? We cannot simply presume that organs which are necessary in our extruterine life are necessary for an infant in his intrauterine life. Nor can we arbitrarily state that a certain number of brain cells is required. We must come back to the determining factor of humanity from a scientific point of view, is the genetic code unchanged from the moment of conception.

Early Development: Though the fact of genetic immutability is the most conclusive argument for the humanity of the embryo, it may seem too abstruse. One does appreciate an argument that is more tangible -- for instance, one would like to know what the embryo really looks like. As a matter of fact, the development of important organs occurs quite early, much earlier than perhaps most people realize. Within thirty days the embryo is remarkably complete. It has a brain and spinal cord, a digestive tract, with liver and kidneys. Its heart is beating steadily at a rate of not much different from that of a human adult, pumping its own blood through its own system of blood vessels. The head displays the unmistakable beginnings of eyes, ears and a mouth.

Continued on Page - 23

**ABORTION CONT**

The thirty day time period is extremely remarkable because a diagnosis of pregnancy virtually never occurs before that date. When a woman has missed her first period and begins to suspect that she maybe pregnant, the embryo will be at least two weeks old. By the time she goes to a doctor and he gets a laboratory report on her, the embryo will very likely have passed the thirty day mark and will be into its second month. In the second month, the face, neck, nose, eyes and eye-lids are completed. At the end of the second month even the internal organs of sex have begun to form. As a matter of fact, most abortions are performed well after the second month. In other words, what is aborted in practice is something that is obviously human, something that even looks like a human being, not only externally but also internally. Abortion destroys the life of a human being.

(Continued next week)

**CHRISTIAN FELLOWSHIP GROUP MEETS**

A monthly meeting of a ladies christian fellowship group of the Grace Babtist church, Gimli was held Thursday evening, November 12 at the home of Mrs. Roberts in Aspen Park. Nine ladies were in attendance. The importance of having God's Wisdom as described in Proverbs Chap. 4 was discussed with great interest.

Baby garments for a hospital in Ethiopia were handed in. It was decided to give an extra \$15.00 for Christmas and birthday gifts for the orphan boys we are supporting in Greece.

A delicious lunch was served by Mrs. O. Sigurdson.

On Sunday, November 22 at 7:30 p.m. a film will be shown at the Grace Babtist church, 2nd Ave., North of Centre in Gimli. Come and bring your friends.

**NEWS AND VIEWS**

**BASE POST OFFICE**

Christmas is fast approaching. Parcels should be on their way to Britain and Europe by now and to distant points in Canada and U.S. by December 8, 1970.

Christmas stamps in 5, 6, 10 and 15¢ are available as well as some commerative issues issued earlier in the year.

Be sure to use the proper postage on your cards and letters. Unsealed cards with less than five words of greetings and addressed to Canada, U.S. take 5¢, those to Britain and most other countries take 6¢. First class letters to most countries other than Canada, U.S. and the Commonwealth take 12¢. Air mail rates vary considerably so you should consult the post office staff any time you are in doubt.

**Framfari Sitter Service**

NAME & AGE	ADDRESS	PHONE
Beverley Cameron (15) and Doug Cameron (16 1/2)	80-4th Ave., Gimli	7437 7437
Gary Esling (18) and Alan Esling (14)	3F West, Evergreen Apts.	7461 7461
Gloria Harrison (13)	PMQ 192, Elm Circle	5019
Cathy Hilton (13)	PMQ 156, Birch Crescent	8172
Susan Hovey (15) and Juanita Hovey (13)	4E West, Evergreen Apts.	5002 5002
Joanne MacLean (12)	PMQ 62, Willow Drive	7405
Debbie Passant (12)	PMQ 54, Willow Drive	5368
Judy Pitman (14)	PMQ 38, Willow Drive. PLEASE NOTE: For Friday, Saturday and Sunday only on account of school.	8842
Debbie Snedden (13)	PMQ 110, Cedar Crescent. School nights up till 10:00 p.m. and weekends (late).	5408
Valarie Valgardson (16)	Gimli. Available all day Saturday and any night except Friday.	7242
Maureen Williams (16) and Allen Williams (14)	PMQ 114, Cedar Crescent	8223 8223

**ANSWERS TO KNOW CANADA QUIZ**

- b. Ottawa
- c. Calgary
- b. Sask.
- c. Toronto
- c. Que. City
- c. P.E.I
- c. B.C.
- b. Winnipeg
- b. Williston Lake
- a. 1949

**Starlite Theatre**

Show Times

8 PM Sat Mat 1:30 PM

**KING OF GRIZZLIES**

Sun. & Mon. 22 & 23 November

110 minutes General plus "SHORT"

**JOHN and MARY**

Thursday, November 26  
100 minutes Restricted

CAST

Dustin Hoffman - Mia Farrow

Plus Cartoon

**ONE MORE TIME**

Friday, November 27  
100 minutes General

CAST

Sammy Davis Jr.

Plus Cartoon

**DR. ZHIVAGO**

Sat., Sun. & Mon. 28, 29 & 30 November  
Two and one-half hours General

CAST

Omar Sharif - Alec Guinness

Rita Tushingham

(Intermission at half-time)

FREE PASSES in the POPCORN at the Saturday Matinee

DR. ZHIVAGO will play in the Base Theatre for three consecutive days. There will be a special matinee showing for children and students on Saturday, 28 at 1:30 p.m. - admission will be 50¢. Evening prices will be adults \$1.50, children .75¢

# The MART

## HOUSES

For Rent or Sale: 2-bedroom house with garage. Apply 57-6 Ave., Gimli or telephone: 642-5008.

For Rent: fully modern furnished house, wall to wall carpet, suitable for two or three, \$75 per month Phone: H. Benson, 642-5918.

For Sale: 2-bedroom 37'x10' mobile home in good condition, fully furnished and complete with garage. Phone: 389-2198, Winnipeg Beach.

## AUTOMOBILE

For Sale: 1965 Volks Bug-50,000miles excellent condition, new paint, no body damage. Gas heater, snow tires, \$700.00 or best offer, or will trade on 1965-67 compact automatic car 6 cyl. Phone: 5586 or 5151 Local 169.

For Sale: Marvel the Mustang \$10.00 and peddle car \$7.00. Phone: 5435.

## MISCELLANEOUS

For Sale: 16' x 14' collapsible/suspendable garage. Can be seen at Lot 8, Wildwood trailer park or call 389-2198, B. Hyndman-Local 177. Best offer over \$25.00.

For Sale: Lot-50'x136'-located in municipality of Gimli. Also one Silverline oil furnace with tank for use in 6 to 10 room home. (145,000 B.T.U.) Phone: 642-5403.

For Sale: Polaroid camera, nearly new. Best offer, Phone: J. Chic 642-5151 - Local 50.

For Sale: one Simmonds double bed 54" slat spring, new condition. Phone: 642-5880.

For Sale: 1970 MOTO-SKI 372 c.c. in excellent condition. \$650 or best offer. Phone: 642-5811.

Lost: at Evergreen, small black dog Manchester Terrier with brown markings. Finder please Phone: 642-5858.

STEREO - TONE: the original STEREO TONE is open for a limited number of bookings in December and January. Phone: "Bart" now at 8259.

WANTED: All Legion members to attend DUES DANCE on Friday, 27 November 70.

Wanted: Baby crib, high chair and play pen. Phone: 642-8192.

HELP WANTED: Male or female, part-time help for Base Exchange to assist cashier and general stock room duties on Saturdays. Apply Lt. Anslow 119 or at Base Exchange.

Your TRI-CHEM distributor for this area is discontinuing service. Any final orders must be submitted before "30 November 1970". For inquiry Phone: 642-8259

# GIMLI HAPPENINGS

If your club or organization wishes to announce an upcoming event call or write B 10, C.F.B. Gimli, Aspen Park, Manitoba or PHONE: 642-5151 - LOCAL 26

Fri. 20 Nov. ARBORG.....FUN FAIR  
Arborg Community Hall

Sat. 21 Nov. DANCE.....DRESS CASUAL  
2100 hrs. Junior Ranks Mess

Sat. 21 Nov. ROYAL CANADIAN LEGION  
Doubles Dart Tournament  
Gimli, Manitoba

Sun. 22 Nov. MOVIE.....DINNER  
"Illustrated Man"  
Officers' Mess

Sun. 22 Nov. MOVIE.....CAPE FEAR  
2000 hrs. Greg. Peck & Bob Mitchum  
Junior Ranks Mess

Fri. 27 Nov. ROYAL CANADIAN LEGION  
.....DUES DANCE.....  
Entry Fee-71 Membership

Sat. 28 Nov. ....GREY CUP.....  
1200 hrs. Dress.....Casual  
Officers' Mess

Sat. 28 Nov. ....GREY CUP.....  
1200 hrs. ...Free Refreshments...  
Sergeants' Mess

Sat. 28 Nov. ....GREY CUP.....  
1200 hrs. Junior Ranks Mess  
2100 hrs. ---Dance - Original Mind

Sat. 28 Nov. DANCE..DRESS RESTRICTED  
2100 hrs. Junior Ranks Mess

Sun. 29 Nov. MOVIE.....THE KILLERS  
2000 hrs. With.....Lee Marvin  
Junior Ranks Mess

Fri. 4 Dec. GRADUATION.....6906  
Recreation Centre  
Reception, Officers' Mess

Sat. 5 Dec. MIXED.....BONSPIEL  
Junior Ranks Mess

Sun. 6 Dec. "ASSULT ON THE QUEEN"  
Movie at with Frank Sinatra  
2000 hrs. Junior Ranks Mess

## CARD OF THANKS

A sincere "Thank you" to all those who made my retirement party such an enjoyable evening, also the members of the Jr. Mess for the lovely gift.

As we are about to leave we will miss all the good times. So till we meet again 'Au Revoir' and many thanks.

Cpl. & Mrs. J. Taylor

## THE FRAMFARI X-WORD

C E P C F R L E R T E T E F M  
F I L O R E E I N G E L O A S  
C E R L H I O I M I G L N U A  
F E L C E U O R V E H D A X R  
T B O E Q P I I R E R O U V C  
A I U A S O P T L I L A G O L  
P L T R R O U E N P E S U E O  
R U E R I T D L C S X P C R I  
N I U N E N A I U A E U M I R  
T O T H E M S F A L L H E O E  
B E C D I E I J L M T I O U P  
U R R N A I U E N A A E B Q Q  
A A O U I T G R E L I N R R E  
C I T C O O O N G L E T T A E  
R O U E T T P U A E T R A M C

Listed below are the words that you will find hidden in the puzzle above. These words are spelled out in all directions - so look very carefully. By assembling the letters that remain, in order, you will find today's hidden words which will be published next week. This week's hidden words have six letters.

LAST WEEKS ANSWER: Detroit.

## UN OUTIL

AJUT	LEVIER
ALENE	LIME
ARCHET	MALLE
	MANDRIN
BOURROIR	MARQUOIR
BROC	MARTEAU
BURIN	
	ONGLET
CAUBRE	
CARDE	PELLE
CARET	PIC
CISEAU	PIOCHE
CLEF	PLIOIR
COUPELLE	POINCON
CRIC	POINTE
	POMPE
DIAMANT	
	QUEUX
EGOHINE	
ERAU	REGLE
	ROUE
FAUX	ROUET
FELE	SARCLAIR
FILET	SCIE
FORET	
FUSEAU	TAQUOIR
	TIERS-POINT
GRELIN	TIREUR
GRUE	TOUR
HIE	TOURET
	TREMIE
LAMNOIR	VALET

## NOTE OF THANKS

I wish to take this opportunity to publicly thank all the volunteer Canada savings bond campaign canvassers who made this year's campaign a success.

B.V. Dowler