



# Framfari *dup*

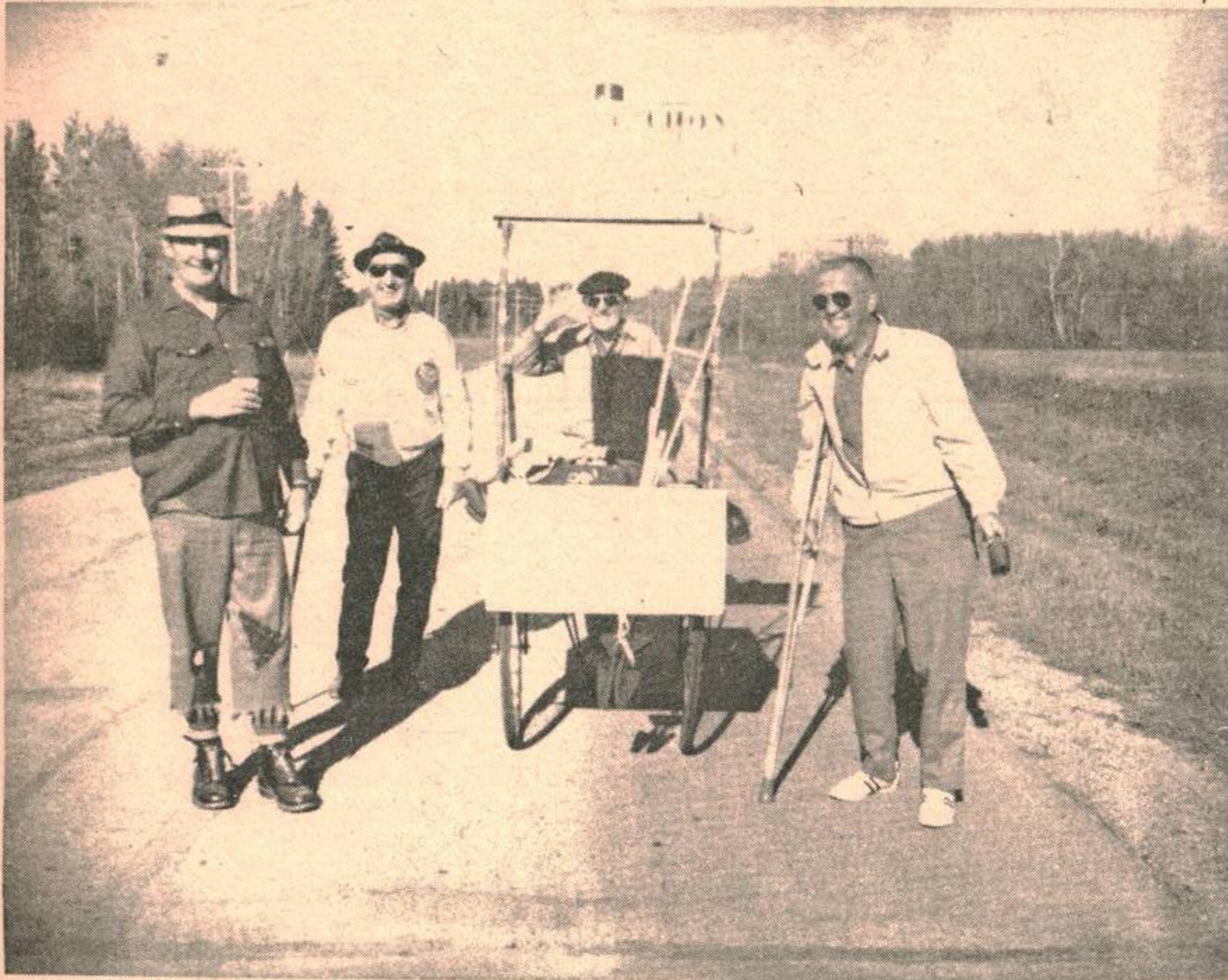


VOLUME 1 NUMBER 38

C.F.B. GIMLI, ASPEN PARK, MANITOBA

FRIDAY OCTOBER 23, 1970

## A Successful Stroll



HOMWARD BOUND - where's Mo? These five energetic chaps powered the Walkathon Wagon to Camp Morton and back in support of the Association for the Mentally Retarded. Pat Hilson on the left is drinking Coke - would you believe. Ev Penny is next supporting the cane. Cal Shermerhorn is waving and Ollie Karkkainen supports the crutch.

(Photo by Mo Maurice)



Our thanks to Mo for this picture of some of the participants.

### WALKATHON

The recent walkathon that was held to help raise funds for the local Association for the Mentally Retarded was most successful. It was a beautiful day and, though, we did not have a quantity of walkers, we had quality! Between the 16 walkers a total of nearly \$500. will be realized for the association.

We are very grateful to the ones who participated and to all who gave their assistance and help to making it so great. A special thank you goes out to the C.F.B. "WALKATHON WAGON" and their gang of five who did such a great job. Also, Dennis Kushnir held the double honor of being the first one to finish as well as holding the highest number of pledges. Our thanks too, to Mrs. J. Kunz who let us eat our lunch at her store in Camp Morton.

Lynne Stacey.

## Parlez-Vous ?

### FRENCH TRAINING TO INCREASE

OTTAWA (CFP)--Your chances of receiving French language training will be better next year according to conforgen 270 of September 24.

In line with the CAF policy on bilingualism, the intake at the Canadian Forces Language School, CFB St. Jean, Quebec will be increased from 60 students per course to 155 beginning in January 1971.

An even greater expansion is planned for September 1971.

Course attendance is open to all servicemen between the ranks of corporal to major. To qualify for the 14-week course applicants must have at least six years remaining to serve and have completed the modern language aptitude test with a minimum percentile of 48. Under special circumstances the above prerequisites may be waived.

Details on course dates, procedures, methods of application will be announced later.

# SOUND OFF

Base Commander  
Canadian Forces Base Gimli  
Aspen Park, Manitoba, Canada

Dear Colonel Dunlop

1. Your letter of the 30th of September 1970 advising of the closure of CFB Gimli is acknowledged.
2. I would like to take this opportunity to thank you for the fine cooperation you have extended to us in the past and would be especially pleased if you would pass on to your officers and men our gratitude for their excellent support to our exercise target aircraft. Reports from aircrews flying in and out of CFB Gimli during the past years have included nothing but the highest praise for your people. Their efforts especially during late, and in most cases, off duty hours are appreciated and have added immeasurably to the success and significance of live training air defense exercises.
3. Again, thank you for all your efforts on behalf of the 24th NORAD Region.

RICHARD S. ABBEY, Major General,  
USAF Commander.

### BELATED THANKS

In the September 18, 1970 issue the Boy Scouts had an article on their summer camp, in it was mentioned the names of people who had helped to get the boys and equipment to and from Lake St. George. Due to the writer of the article being unfamiliar with some of the helpers names, Reg Turner's name was omitted. Reg has been a great help to the Cubs, Scouts, Brownies and Guides in their out-of-town trips by giving his time to drive the bus or truck with equipment. To Reg a sincere apology and a thank you for your help.



**PROMOTION TO CAPTAIN.....**Captain J.L.A. Renade Bellemare, 24, son of Mr. and Mrs. Lucien Bellemare of 96 Provost Street, Sorel, P.Q., was promoted to Captain effective 11 October, 1970 at Canadian Forces Base Gimli, Manitoba. Captain Bellemare enlisted in October 1965 and after language training at Centralia, Ontario was posted to C.F.B. Moose Jaw, Saskatchewan, where he received his pilot wings in September 1967. Following his graduation, he attended the flying instructor's course at C.F.B. Portage la Prairie, Manitoba and was then posted to C.F.B. Gimli where he has been a flying instructor since January 1968. Captain Bellemare is married to the former Denise Joyal also of Sorel. (CF Photo)

### LIBRARY HOURS

MONDAY	- 1300-1700 & 1900-2100
TUESDAY	- 1300-1700 & 1900-2100
WEDNESDAY	- 1300-1700 & 1900-2100
THURSDAY	- 1300-1700 & 1900-2100
FRIDAY	- C L O S E D
SATURDAY	- C L O S E D
SUNDAY	- 1400-1600

# Announcements

### WANT A WINTER JOB??

Applications will be accepted for the PMQ and Evergreen skating rinks. The duties will include installation of the ice and snow removal during the season. Apply to Captain W. Naylor, Box 136, Aspen Park or telephone 642-5507. Any council member is willing to take applications and supply further details.

The proposed skating season is from 1 November 1970 to 31 March 1971.

### THRIFT SHOP NEWS

Now open. Hours are Wednesday from 1:30 to 3:00 p.m. and 7:30 to 9:00 p.m.

We still need more donations such as toys, small appliances, brownie and cub uniforms, skates, hockey equipment etc.

Come out on Wednesday and get yourself a bargain. All monies from the Thrift Shop go to the Scouts, Cubs, Brownies and Guides. For further information call..... 642-8180.

# Framfari Sitter Service

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Base Commander

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## Graduation of Course 6905



Left to right - Lt. Bruce Williams, Capt. Larry Fischer, Lt. Stan Jespersen, Capt. Fred Jurgensen, Lt. Wayne Poulson, Lt. Jim Thomson, Lt. Pierre Bouchard, Lt. Scott Hawkins, Capt. Jim Stith, Lt. Mike Murphy, Lt. Jacques Girard, Capt. Andre Elieff, Lt. Alan Schultz, Lt. Dave Cook.



Major General W. Carr presents Capt. F.A.W. Jurgensen, from Ottawa, Ontario, the Barker trophy. The trophy was instituted by 1 CFFTS in memory of F/L David Barker, CD, who died on duty with the Golden Centenaires, 1967. The student who wins the trophy has gained the distinction of attaining the highest standing in all phases of his course. (CF Photo)



Major General Carr presents Lt. J.A.P. Bouchard of Courville, Quebec with the R.W. Blake trophy and the Honour scroll. Both trophies are awarded to the candidate who best displayed the attributes of attitude, determination and perseverance in successfully completing the pilot training course. (CF Photo)



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**FIRE PREVENTION POSTER CONTEST** - A fire prevention poster contest was held in the Goulding School and annex during Fire Prevention Week. Judges were (left to right) Lt.-Col. R.F.M. Walker, B.T.S.O., Col. J.F. Dunlop, Base Commander and Capt. J.P. Auclair, B.C.E.O.

CF Photo

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 Third, Theresa Auger
- Grade I First, Gregory Herrick.  
 Second, Joanne Whittle.  
 Third, Darlene Webster.
- Grade II First, Julie Stacey.  
 Second, Janine Murtough.  
 Third, Tim Wilds.
- Grade III First, Vernon Gwin.  
 Second, Dan Corrin.  
 Third, Christine Herrick.

- Grade IV First, Tana McPhee.  
 Second, Kenny Archer.  
 Third, Linda Nesbitt.
- Grade V First, Darin Kucy.  
 Second, Russell Nickerson  
 Third, Michael Sheppard.
- Grade VI First, Ken Samalgalski.  
 Second, Tammy Wilson.  
 Third, Douglas Zimmer.
- Grade VII First, Debbie Passent.  
 Second, Carol Coolen.  
 Third, Judy Beschamp.
- Grade VIII First, Blair Chambers.  
 Second, Bruce Kucy.  
 Third, Darla Wray.

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# Col. Dunlop Welcomes Italian General



ITALIAN GENERAL VISITS GIMLI.....Colonel J.F. Dunlop (right) base commander of Canadian Forces Base Gimli, Manitoba, welcomed a party of Italian air force officers who recently visited C.F.B. Gimli. The party was headed by Brigadier-General G. Pesce (centre) who is the chief of operations branch, headquarters, Italian air force, Rome, Italy, and Colonel A. Scerna(left) the director of training also from headquarters I.A.F. Other Italian officers in the official party were Colonel U. Musicanti, Italian air, military and naval attache, Ottawa, Lieutenant-Colonel M. Caltabiano, liaison officer, Winnipeg and Major F. Riva, staff officer personnel, headquarters Italian air force.

Prior to their arrival at C.F.B. Gimli, the group spent two days at Canadian forces headquarters, Ottawa and one day at training command headquarters, Winnipeg discussing the training of Italian airforce student pilots. Colonel Dunlop and several Gimli officers discussed further the programme for training the Italian student pilots and conducted briefings and a tour of the base. The party then met with the 52 Italian student pilots currently undergoing pilot training at C.F.B. Gimli.

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## SO YOU ARE GOING OVERSEAS!!!

(Part One, for Wives Only)  
(Learn to Drive)

Learning to drive after the ripe old age of 35, probably has its hazards anywhere, but I am sure none could compare with the experience of doing it in Europe.

I had always avoided this particular skill in Canada, mainly I suppose because we didn't have a car, however, I've always been pretty good on a bicycle, single or tandem style, so I was reasonably confident.

We had moved to Germany and were living on the 'Economy', (a misleading word if there ever was one) or in other words renting an apartment in a German home.

Once my family (husband and son Junior) left for work and school each day, there was I, left stranded in an unknown world. Taking a bus wasn't a very satisfactory way of getting anywhere as I not only could not say where I wanted to get off, I didn't understand where the bus was going in the first place. One could disappear off the face of the earth this way.

Learning the language was another solution but judging from my first attempt this was going to take some years. I wanted to get out NOW, so courage prevailed and I applied for driving lessons. My teacher was a Canadian serviceman, just like my husband, only braver. He would give me twelve hours driving practice for a paltry sum of money (considering the risks) and his partner another deserving V.C. would give the final tests.

The first evening my driver pulled up to the house and I nearly fainted for the car was almost as wide as the street. Actually it was a normal American size car, but it was also a normal German size side street and the two didn't exactly go together. He must have noticed my reaction (one doesn't tremble frantically for nothing) as did all the neighbours who were leaning out of their windows (these people love to know what's going on). Anyway he kindly suggested that we use our car, a small German model. Of course, he drove at first and we were soon out in the country where he must have felt it was safe for me to take the wheel. An open field would have been much safer as I had found out some years previously when I learned the gear shift on a tractor. This earlier experience was invaluable as I sat fearfully in the driver's seat and looked at the dashboard - unfortunately tho', I was now on a main road and could no longer come to a full stop in order to change gears. It just would not have been wise with all that traffic behind us.

I should tell you a little about German country roads because besides being narrow, they are also winding - full of sharp curves and up and down hill. Only the famous Autobahns are straight and wide but for a beginner, out of the question. On these, even an experienced driver plays Russian Roulette, for a new driver premeditated suicide.

Anyway back to the subject of the country roads. These are spaced at intervals by active thriving and smelly villages. The cobble stone roads lined on each side by houses, most of which have farmyards beside and behind them. Here huge piles of manure supply the famous Honeywagons with liquid sewage to spray on the land and crops. Fortunately one is too occupied trying to avoid pedestrians, who by law have the right of way on the road, and watching out for farm machinery which suddenly pops out of nowhere, or so it seems, without having time to dwell on the smells. After a couple of years you don't notice smell at all! Here too one finds the answer to that old, old question - "Why did the chicken cross the road?" - well here they don't - they live on the road and the only real chicken is the one behind the wheel, because all you can do is close your eyes and hope to heaven you don't hit one and bring the wrath of the villagers down on your head.

All this time my driving teacher has been giving a few bits of advice, indispersed by long intervals of silence while he watches the beautiful frauleins pass by. The fact that the driver could lose control and run into a team of cows pulling a loaded wagon just does not seem to concern him at all. Very brave as I stated earlier.

So You Are Going Overseas - Cont

For six evenings in a row the neighbours grew more and more curious. One becomes an experienced driver and actually learns to drive through town and on the big day of the TEST, their curiosity is rewarded, when I climb in behind the wheel right from the start.

The real test comes when the teacher's partner in crime takes the test. Stopping and starting on a steep hill really is a vital skill and so headed for the closest hill, which fortunately for me happened to be in the PMQ area. As I stopped halfway up the hill, trying desperately not to roll back, I was saved by the fact that my rear wheel gently came to rest against a curb. Then it was easy of course, to change gears and drive onward to my reward - a piece of paper entitling me to a German drivers licence.

Now girls, don't let this story discourage you for I survived and so, miraculously, did everyone else including chickens and cows for another three years of driving. On top of this I learned why all my friends, who arrived in Europe with North American driving permits, utterly refused to drive over there. Ignorance is bliss.

(Watch for part two next week.)

GRAM

# CRONSHAW'S JEWELRY ENGRAVING

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# ? What's That Again ? ? ?

OTTAWA(CFP)--Confused about CFSA (service pension) and the Canada Pension Plan (CPP)?

Understandably, you're not alone. It is a subject that defies simple explanation. But if you accept the premise that this is only a generalization and that individual situations will vary - here goes.

Since 1 January 1966 every serviceman has automatically contributed to both CFSA and CPP. You have not been paying any more for the two plans than you did for CFSA previously.

So, mark up a plus. From the date of your retirement to age 65 most servicemen will draw full CFSA annuity entitlement. At age 65 you start drawing a CPP annuity. CPP plus CFSA will normally be more than your former CFSA, even if you have not contributed any more to CPP.

How come? Well, the portion of the CPP you earned as a serviceman is subtracted from your CFSA annuity. Sound like you are getting rooked? Not really, you will probably get more money as the years go by and in no way will you get less.

To find out, you average your annual CPP maximum pensionable earnings for your last three service years, multiply that by .007 (James Bond's old number) and then multiply that by the number of years since January 1, 1966 to your retirement. This total will be the annual amount deducted from your CFSA pension at 65.

Still with us? Pressing on, if the CPP pension index continues to rise and you have CPP pensionable earnings after retirement, your CPP pension payable will increase. Since your CFSA deductions will remain constant your CPP annuity will be that much larger and you get to pocket the difference.

In simple terms, if at age 45 your average CPP pensionable earnings are \$5,200 at retirement in 1970 the amount deducted at age 65 will be between \$11.90 and \$15.70 a month. But if you start a second career after retirement like most people do this figure would represent probably only a fraction of your entitlement.

If you decide not to work or leave the country you will not contribute any more to CPP and you will of course, receive a smaller CPP than if you did.

But if you retire in 1970 you will probably see contributions and/or increases to the CPP on the upward trend between now and your 65 birthday. Your CPP annuity will not stay at this year's rate but could range from \$40 to \$160 a Month. However, your CFSA reduction will remain constant at between \$11.90 and \$15.70.

If you live in Quebec after retirement you will automatically come under the Quebec Pension Plan. Your CPP entitlements will be recognized by the QPP and all the benefits above will apply to you.

Now, is all that clear? If not, suggest you contact your base pension and insurance co-ordinator or refer to the Booklet called "SISIP AND OTHER RELATED BENEFITS".

RING THE BELLS - SOUND THE HORNS

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# Girl Guide News

## GIRL GUIDES OF CANADA TRAINING

Interlake area for the Girl Guides of Canada will conduct a TRAINING at C.F.B. Gimli, Baden-Powell Hall on the 24 October 1970. Registration at 9:45 a.m. and sessions until 4:00 p.m.

### WHO MAY ATTEND:

1. All active Guiders in the Interlake area.
2. Any inactive experienced guiders.

3. Any potential guiders or ladies in the Interlake area who may be interested in the Girl Guides of Canada programme.

FEE: None.

LUNCH: All those attending are asked to bring their own noon-time lunch (i.e. sandwich and/or etc.) Tea and coffee will be provided.

DRESS: No slacks please.

The girls of the second Aspen Park Company are busily progressing in many fall activities. Some new girls we welcome and hope we can all have fun and fellowship in this new season of guiding.

To you, Mrs. Cynthia Barton, our new Lieutenant, a very special welcome from all the girls, Mrs. Wilson and Mrs. Younker with our "Thanks" for being willing to come and help us.

Everyone enjoyed our hike on Saturday and it seems there are several rather gourmet campfire cooks emerging in our company. Trails were laid with woodcraft signs and many very special objects of nature were collected (anyone still have a caterpillar?) The campfire songs were loud and enjoyable and hot chocolate and marshmallows prepared us for the "treasure" trail (would you believe half-way up a flagpole?) and the long trek back home. A very fun day, but many weary girls and leaders were happy to be home.

At present Cpl. Baynton is very obligingly instructing twelve of the girls in "St. John's Ambulance First Aid" course. We really ap-

preciate him taking time to do this for us and the girls are enjoying learning a very useful craft.

On our "outing" this week, some girls passed their first outdoor firemaking, some accomplished their "hiker" badge and others the "outdoor adventure" badge. The nice weather makes it just too nice to stay indoors.

The "Court of Honour" has had one meeting and one of their decisions was - that we have a Halloween party with everyone in costumes. Let's see how many surprises, thrills and chills we can conjure up for this wonderful SPOOKY NIGHT!!

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 U.S. FANCY MCINTOSH WINDOW PACK - A GREAT SNACK **APPLES** \$2.49 CASE

**"OCTOBER CHEESE FESTIVAL"**  
**CHEESE SLICES** KRAFT CANADIAN 2 LB. PROCESS 10 OFF PKG. \$1.39  
 PRICES EFFECTIVE OCT. 23, 24 & 26. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

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 VALUE CHECKED RED OR BLUE BRAND BEEF  
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**FRONT QUARTERS** 110-135 LB. AV. LB. 47¢  
**HIND QUARTERS** 120-140 LB. AV. LB. 69¢  
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## Is AA For You?

Twelve Questions only  
you can Answer

1. HAVE YOU EVER TRIED TO STOP DRINKING FOR A WEEK OR LONGER. ONLY TO FALL SHORT OF YOUR GOAL?
2. DO YOU RESENT THE ADVICE OF OTHERS WHO TRY TO GET YOU TO STOP DRINKING?
3. HAVE YOU EVER TRIED TO CONTROL YOUR DRINKING BY SWITCHING FROM ONE ALCOHOLIC BEVERAGE TO ANOTHER?
4. HAVE YOU TAKEN A MORNING DRINK DURING THE PAST YEAR?
5. DO YOU ENVY PEOPLE WHO CAN DRINK WITHOUT GETTING INTO TROUBLE?
6. HAS YOUR DRINKING PROBLEM BECOME PROGRESSIVELY MORE SERIOUS DURING THE PAST YEAR?
7. HAS YOUR DRINKING CREATED PROBLEMS AT HOME?
8. AT SOCIAL AFFAIRS WHERE DRINKING IS LIMITED, DO YOU TRY TO OBTAIN "EXTRA" DRINKS?
9. DESPITE EVIDENCE TO THE CONTRARY HAVE YOU CONTINUED TO ASSERT THAT YOU CAN STOP DRINKING "ON YOUR OWN" WHENEVER YOU WISH?
10. DURING THE PAST YEAR HAVE YOU MISSED TIME FROM WORK AS A RESULT OF DRINKING?
11. HAVE YOU EVER BLACKED OUT DURING YOUR DRINKING?
12. HAVE YOU EVER FELT YOU COULD DO MORE WITH YOUR LIFE IF YOU DID NOT DRINK?

WHAT'S YOUR SCORE? Did you answer YES four or more times? If so, chances are you have a serious drinking problem, or may have one in the future. Why do we say this? Only because the experience of tens of thousands of recovered alcoholics has taught us some basic truths about ourselves. You are the only one who can say for certain whether A.A. is for you.

If the answer is YES, we will be glad to show you how we were able to stop drinking. If you cannot yet admit that you have a drinking problem that is all right with us too. All we suggest is that you keep an open mind on the subject. When, and, if you need help, we will be glad to share our fellowship with you.

## Priority Four Restricted

OTTAWA (CFP)--Priority four seats on transport command sked runs during November-December will go to servicemen with 25 or more points according to movement officials here.

The restriction applies to all legs of 21 domestic and trans-Atlantic flights.

Flights affected, as carried in Canforgen 205 of September 23, are: SFs one to four (Yukon)-Trenton-Victoria and Vancouver; SFs 30 and 32 to 35 (Cosmopolitans)-Trenton - St. Hubert and return via Ottawa; Trenton - Edmonton and return via Ottawa, Winnipeg and Moose Jaw; SFs 705 to 708 (jetliner)-Trenton - Comox and return via Halifax, Ottawa, Winnipeg, Edmonton and Vancouver and jetliner flights FS 753, 54, 57, 58, 761 762 and Yukon SFs - 307 and 308, all trans-Atlantic runs.

Points are allotted one for each year of service and an additional point from one for a lieutenant general to 14 for a private. The fours go to those with the most points regardless of rank and there is no bumping once booked.

Service members lose points after completing a 'four flip. For example, a 25-year, 36-point sergeant would drop 10 points to 26 points. The forfeiture is a standard 10 points for all ranks.

## Matrons to Meet in WG

WINNIPEG -- Armed forces hospital matrons from 11 prairie centres meet at the Winnipeg armed forces base next Wednesday and Thursday (October 21-22) for an annual senior nursing officers' workshop.

Discussion topics will centre around leadership, administration and personnel management, says the conference host, Major Anne E. Harman, staff officer for nursing at Training Command Headquarters.

Senior speaker at the nurses' workshop will be the director of nursing for the armed forces, Lt.-Col. Joan Fitzgerald, from Canadian Forces Headquarters, Ottawa.

Also addressing the military nurses will be one of three female medical doctors in the armed forces, Capt. Susan F. Ball of Winnipeg.

The workshop agenda during the two-day meet will include leadership and communications; team nursing and training, planning and scheduling of courses for medical personnel in parachute-rescue operations.

The armed forces nurses will come from bases in Edmonton, Calgary and Cold Lake Alberta; Moose Jaw and Alsask, Saskatchewan; and Winnipeg, Portage la Prairie, Shilo, Rivers, Gypsumville and Gimli, Manitoba.

## JR RANKS MESS ENTERTAINMENT

### HALLOWEEN DANCE

SAT 31 OCT 2100Hrs

### 'THE FOUR SHARPS'

Limited Subsidized Drinks From 2030 Hrs

Admission \$1.00 TO Non-members

Dress Restricted or Costume

Prizes For The Most Original Costume

Door Prizes

# No Allocation

The procedures for allocating trades to payfields for the period commencing 1 October 1970 have been completed. All submissions on individual trades submitted prior to convening the trade evaluation board composed of 30 officers and WOs from all environments with operations, technical and services represented equally. The deliberations of the board were then considered by a senior board. This board recommended some changes in the allocation of trades to pay fields bearing in mind the relative order of trades produced by the trade evaluation board. The recommendations of the senior board were in turn considered by the joint HB-DND advisory group on military compensation.

The final decision is that there shall be no repeat no change in the allocation of trades to pay field for the period 1 October 70 to 1 October 71. It has been decided to initiate a special study to examine the entire evaluation system including the appropriation of the existing number of pay fields.

# Defensive Driving Course

## DEFENSIVE DRIVING COURSE

Will be conducted at Gimli Composite High School, Gimli, Manitoba.

The course will be conducted in three sessions with a minimum of three hours a session.

DATES: October 26, November 2 and 9, 1970.

REGISTRATION: Any time before October 22, 1970, between 9:00 a.m. and 3:30 p.m. at the Gimli Composite High School. Only the first 25 applicants will be accepted.

For further information contact -- N. Melnychuk, Vice Principal of the school.

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1 Cherokee**

# Teaching Merits Consideration

OTTAWA(CFP)--Education is something which touches everyone. Our children have attended more schools than we care to count and as parents we know a great deal about different school systems. Education also offers a second career in the outside world.

The career of teaching merits investigation. At present there are close to 259,000 teaching positions across Canada. Age is not a barrier and in fact could be an asset. Salary on entry is competitive coupled with yearly increases to the maximum in approximately ten years. A decided plus is the fact that school administrators are receptive to employing members of the Canadian Forces. For example, many are willing to recognize service instructing in salary negotiations. Saskatchewan will do this.

A desperate shortage of qualified vocational school teachers has resulted in special programmes; training financial assistance is also available in many provinces. Technicians from the forces can build upon their military experience to qualify for a rewarding position in the teaching profession. Yes, a career as either a vocational or academic teacher is worth serious consideration.

Fine, but what are the drawbacks? The teacher shortage we have been living with for a number of years is rapidly disappearing. Teacher qualifying standards have tightened and training programmes have grown longer. The good jobs are harder to find especially in urban areas. Finally, everyone will not want to work with young people at this stage of their life.

If you are thinking of teaching investigate educational requirements for teacher training (each province is different) and complete preliminary courses while still in the service. This advance planning is essential for a successful move into your second career.

Servicemen approaching retirement are invited to participate in the Civilian Employment Assistance Programme as outlined in CFAO 56-20. See your base personnel selection officer or personnel education officer for further details.

# PRO

## PLAN RESTORE SUCCESSFULL

OTTAWA(CFP)--Plan Restore, a move to correct force trade imbalances, has done its job well according to Vice Admiral R.L. Hennessy, chief of personnel.

The plan, which ended September 1, will reduce forecast problems by about 70 per cent. Basically, the plan offered servicemen in a number of over-strength trade the opportunity to voluntarily take a release or remuster to an under-strength trade.

"I am very pleased to see that it has achieved much in resolving the problem," said Admiral Hennessy. He added that voluntary remuster, suspended last year to give the men in over-strength trades a wider choice, will soon be reinstated.

In addition, promotions in the unbalanced trades, suspended since May 1970, will be reinstated and made retroactive to the original planned dates.

Release or remuster applicants who would have been promoted prior to September 1, 1970 will be advised and be given the opportunity to change their option. Those who wish their original request to stand will not be promoted.

In each trade there were less applicants for release than the surplus in the trade. Therefore, all tradesmen requesting release will in fact be granted release except those who wish to change their minds because of promotion.

Approximate dates given by tradesmen requesting release will be considered as firm dates unless CFHQ is notified otherwise by units.

Canforgen 192 September 4 also indicated that remuster processing will take some time as every effort will be made to place personnel in trades that will be in their best interests as well as those of the service. In a few cases men may have to settle for a trade they did not select because of a lack of vacancies. But those in this category will also have the option of remaining in their present trade.

Earlier this year a forces structure planning group forecast a 1973 trade imbalance of 2,307 surplus men in 12 trades and a 2,253-man shortage in eight others.

While there will still be some temporary surpluses in some trades, normal attrition should eliminate this problem by 1973/74. In the meantime, some tradesmen will have to be employed in other fields.

# -CON

## Partially Restored ?

Plan Restore, which terminated a month ago, was only partially effective. It achieved approximately 70 per cent of its goal. As a result, career prospects in the affected trades will be improved, but not as much as was hoped. Had the servicemen in these trades been aware of their individual standings, the spirit of the plan might have been served more effectively, with those near the top of the promotional list electing to remain in the service, and more of those farther down the list taking advantage of early retirement. Perhaps in such a case the plan would have been oversubscribed. Heaven forbid.

Anyone who read a recent advertisement in the Edmonton Journal might conclude that some parts of the service had never even heard of 'Plan Restore.' The ad read as follows: EX-SERVICEMEN -- If you are a Canadian citizen and an ex-serviceman not over 34, having served in the past five years, we would like to have you with us again in the Canadian Armed Forces. There are a wide variety of tradesmen vacancies in the armed forces today. For further information contact: CANADIAN FORCES RECRUITING CENTRE ... Perhaps there still is a communications problem.

CFB COMOX TOTEM TIMES



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# DO YOU KNOW BASEBALL?

by Leo Burns.

Home team leads 3-2 top of the ninth inning. With two out and the bases loaded. The batter tops a slow roller toward the short stop, by the time the ball reaches the shortstop his only play is a force at second. The runners slide beats the throw, but his momentum carries him past the bag. Meanwhile the runner on third has scored the tying run. But does it count? The runner from first is tagged for the third out before he can return to the bag. The home team swarms out on the field claiming a force out at second base.

Quest: How would you rule?

Ans: The run counts, making it a 3-3 tie. While this play was at one time considered a force play present rules allow the run. The force is removed as soon as the runner touches the base to which he is forced to advance and if he overslides or over runs the base, the runner must be tagged to be put out. Thus the force was removed when the runner touched second, giving the other runner time to score before the runner from first was tagged out.

Game tied 2-2 in the top of the sixth inning, none out. Runner on first base. The pitcher fakes a throw to first base and in the same motion hurls the ball toward the plate. The plate umpire immediately rules a balk but the batter swings and drives a single into right center field. The batter reaches first base safely. The runner rounds second and heads for third and is thrown out on a fine throw by the center fielder.

Quest: Is the runner out or does the balk stand? If you were the umpire how would you rule?

Ans: The balk is disregarded and the runner is out.

# GIMLI FIGURE SKATING CLUB

Noreen Elliott, our pro from Winnipeg was in Gimli last Friday to start off the new season. The children enjoyed an hour or more of free skating while Noreen put the children into different groups for instruction in the next weeks ahead. Classes are in 1/2 hour sessions and your child was told what time her/his lessons will be. To date there have been 84 children register for figure skating. There is still room for many more children to join -- we especially welcome any boys who are interested.

Also, a reminder here that any skaters who wish to take private lessons from Noreen Elliot are requested to contact Marion Sigmudson for further information. All figure skaters are reminded that figure skating practises will be every Sunday evening from 6:00 to 8:00 p.m. Do make use of this ice time as it is set aside especially for you.

# Flag Football

FLAG FOOTBALL ZONE III CHAMPIONSHIP

Thursday, Friday and Saturday October 22, 23 and 24 1970.

GAMES TO BE HELD ON: Field 'A' - behind gaurdhouse and Field 'B' - across from base hospital.

Thursday October 22, 1970

- 0900 - Yorkton vs Dana - Field A
- 0900 - Winnipeg vs Gimli - Field B
- 1130 - Gypsumville vs Portage
- 1130 - Moose Jaw - BYE

ALL SPECTATORS MOST WELCOME

## ZONE III FLAG FOOTBALL CHAMPIONSHIPS SCHEDULE

DAY & TIME	PLACE	EVENT?
Thursday- 0730-0830 0830	Viking Room- Rec. Centre-	Breakfast. Meeting of all coaches & Managers.
0845	Field 'A' -	Kickoff. No. 1 Yorkton vs Dana.
1030	Field 'B' -	No. 1 Winnipeg vs Gimli.
1130	Viking Room-	Lunch.
1400	Field 'A' -	No. 3 Gypsumville vs Portage. No. 4 Winner No. 1 and No. 2. Field 'B' - No. 5 Losers No. 1 and No. 2.
1630	Field 'A' -	No. 6 Moose Jaw vs Winner Game No. 3.
1900	Viking Room-	Bar Opens.
1930	Viking Room-	Banquet.
Friday- 0730-0830 1000	Viking Room-	Breakfast. Field 'A' - No. 7 Winner No.5 vs Loser No. 6. Field 'B' - No. 8 Loser No. 3 vs Loser No. 4.
1100-1300 1400	Viking Room-	Lunch. Field 'A' - No. 9 Winner No. 7 vs Winner No.8 Field 'B' - No. 10 Winner No. 4 vs Winnipeg No. 6.

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**HOT PIZZA TO GO - Baked to your order in 15 min.**

# Shatter My Dream

CFB COMOX TOTEM TIMES

Do you think that you will be promoted this year? How about next year? Are your chances better or worse than they were last year? Most servicemen, if asked these questions, would answer demurely. Everyone knows that promotions have never been slower. Therefore, a chap with less than five years in the rank would hardly dare admit that he hopes, much less expects, to be promoted soon. That would be asking for trouble. With five to ten years in rank, it might be safe to secretly voice one's aspirations, but why risk antagonizing one's fellows? And with more than ten years in rank, one usually feels similar to an old lady about to embark on an affair -- almost any old thing will do, and the next one will probably be the last.

Recently a pilot who had seen service during World War II was presented with a mug on the occasion of his retirement from the CAF. He had been a Captain for so long that most of his friends thought he had been born a Captain. He was about sixth in line for his mug, and he began his speech by saying, "I'm delighted to see so many of you still here. Obviously you've waited so long just to hear the secret of my success." Very funny? It must have been, 'cause everybody laughed. Another retired Captain had this to say. "Seventeen years ago when I was promoted to Flight Lieutenant, my bosses and my friends all told me what a bright young man I was, and how I was really going to go places. Ten years ago, I briefly considered getting out of the service, but thought promotion must be right around the corner -- after all, I was still a bright, perhaps not-so-young, but experienced Flight Lieutenant. And now I retire, not-so-bright, not-so-young, not even a Flight Lieutenant, but just an ordinary, everyday, old Captain."

How would these individuals, and thousands more who have stagnated in 'holding' ranks, have reacted if they had been told fifteen years ago that they had arrived? That they had progressed as far as they were going to in the service? Or that they had a 5 per cent chance, or a 25 per cent chance, or even a 50 per cent chance of gaining one more rank, and a zero chance of gaining two? Would they have resigned from the service, resigned themselves to the service, or spent the first five years hoping, the next five with a mixture of hope and anxiety, and the last five with resignation? But then such questions are purely academic, for there is no way of accurately foretelling the future, and any odds-maker would have to constantly update his odds in these changing times.

• *BASE EXCHANGE* •

OPENING SALE CONTINUES UNTIL OCTOBER 24th

• *HOOVER WEEK* •

COMMENCING Mon.Oct. 26 to Sat.Oct. 31

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 FRI. 11.30 -17.30    SAT. 11.30 -16.00

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# Chapel News

*R.C. Chapel*

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Major (Rev.) J. Georges Savoie  
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Phone: 156

## MASSES

Sunday - 9:00 a.m. and  
11:15 p.m.  
Weekdays - 5:00 p.m.

## CONFESSIONS

Saturday - 4:00 p.m. - 5:00 p.m.  
Before each Mass and whenever  
you feel like it. We will try  
to accommodate everyone.

## BAPTISMS

By appointment-usually on Sunday.

## MARRIAGES

1. Give two months notice to your Chaplain.
2. For a Mixed Marriage - four months notice would be preferable since the non-Catholic party needs to take a few instructions about the Catholic faith.

C.W.L. - Meeting every third Tuesday of the month at 8:00 p.m.

ALTAR SERVERS - Meeting every second Wednesday of the month at 4:15 p.m.

## MASSES IN NEIGHBORING PARISHES-R.C.

ST. MICHAELS' CHURCH, Gimli, Sunday Mass at 10:00. One half-hour confessions before Masses.

FRASERWOOD: 3:00 p.m. first Sunday of the month.

WINNIPEG BEACH: 3:00 p.m. second Sunday of the month.

FINNIS: 3:00 p.m. third Sunday of the month.

KOMARNO: 3:00 p.m. fourth Sunday of the month.

CAMP MORTON: 10:00 a.m. every Sunday.

## Protestant Chapel

Rev. D.W. Hilton  
Phone: 156r2

SUNDAY- 25 October 1970

- 10:00 a.m. DIVINE SERVICE  
10:00 a.m. Sunday school meets in Goulding School.  
2:00 p.m. Confirmation classes commence in the chapel annex.

## THURSDAY

- 6:30 p.m. - Junior Choir Practice  
7:30 p.m. - Senior Choir Practice

## A MEMORANDUM FROM YOUR CHILD

1. Don't spoil me. I know quite well that I ought not to have all I ask for. I'm only testing you.
2. Don't let me form bad habits. I have to rely on you to detect them in the early stages.
3. Don't be afraid to be firm with me. I prefer it. It makes me feel more secure.
4. Don't make me feel smaller than I am. It only makes me behave stupidly "Big".
5. Don't correct me in front of people if you can help it. I'll take more notice if you talk quietly with me in private.
6. Don't make me feel that my mistakes are Sins. It upsets my sense of value.
7. Don't be too upset when I say "I hate you". It isn't you I hate but your power to thwart me.
8. Don't protect me from consequences. I need to learn the painful way sometimes.
9. Don't take too much notice of my small ailments. Some times they get me the attention I need.
10. Don't nag. If you do I shall have to protect myself by appearing deaf.
11. Don't make rash promises. Remember that I feel badly let down when promises are broken.

12. Don't forget that I cannot explain myself as well as I should like. That is why I am not always very accurate.
13. Don't tax my honesty too much. I am easily frightened into telling lies.
14. Don't be inconsistent. That completely confuses me and makes me lose faith in you.
15. Don't put me off when I ask questions. If you do you will find that I stop asking and seek my information elsewhere.
16. Don't tell me my fears are silly. They are terribly real and you can do much to reassure me if you try to understand.
17. Don't ever suggest that you are perfect or infallible. It gives me too great a shock when I discover that you are neither.
18. Don't ever think that it is beneath your dignity to apologize to me. An honest apology makes me feel surprisingly warm toward you.
19. Don't forget I love experimenting. I couldn't get on without it, so, please put up with it.
20. Don't forget how quickly I am growing up. It must be very difficult for you to keep pace with me, but please do try.

## Saving money on food?

- ✓ CHECK OUR WEEKLY SPECIALS!
- ✓ CHECK OUR REGULAR PRICES!
- ✓ CHECK OUR MEAT BARGAINS!

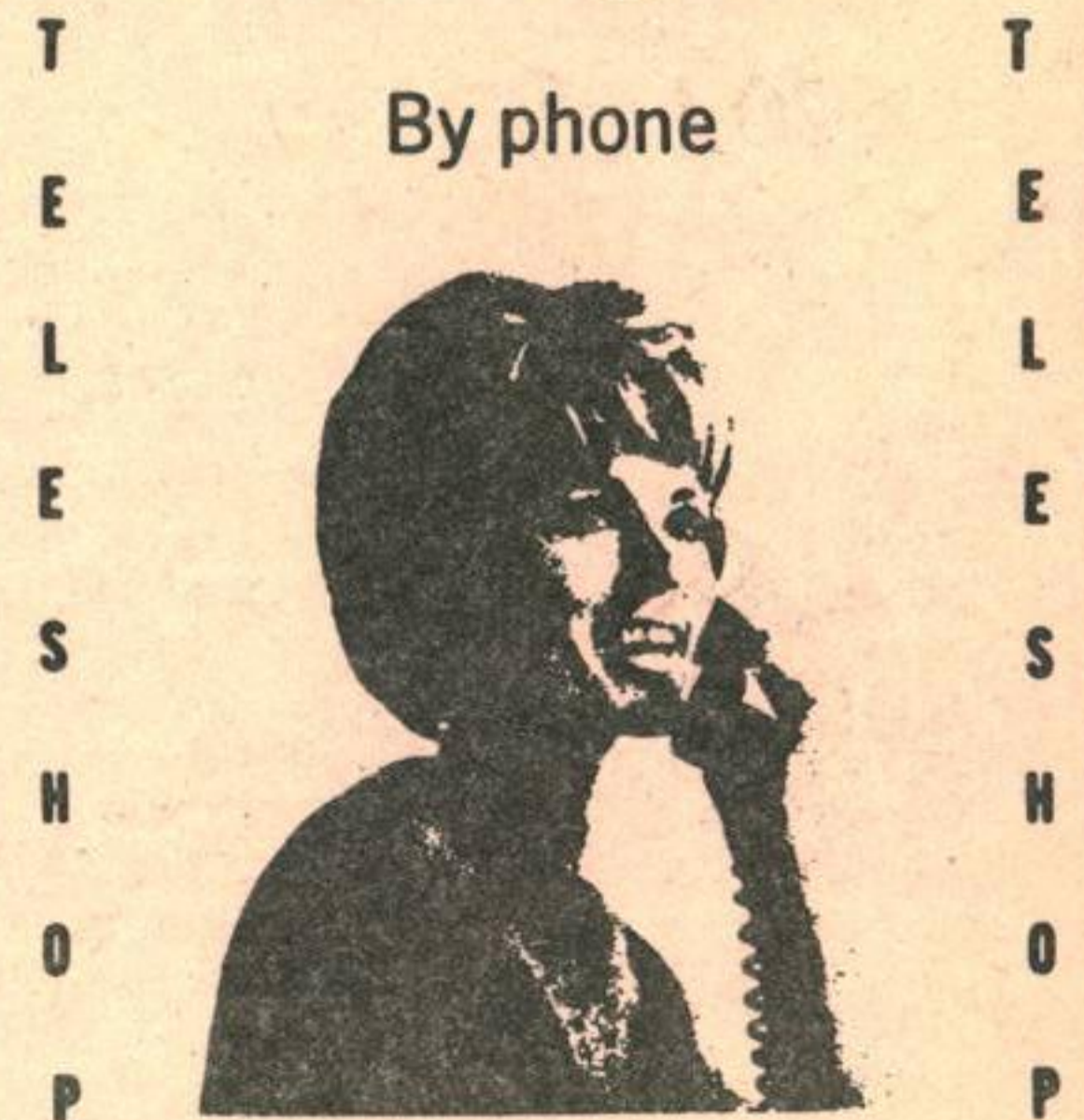
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**Long Track \$450**

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**Dual Carbs \$550**

**Used 1970 Long Track**  
**Electric Start \$775.**



## The Cobra's Comment

---

*It's not true, -we really love the Apaches. They might, however, have trouble getting over the 8 ft. fence we have them and OUR can!!! Peace Brothers.....*

---

THE #1 FTS COBRAS

**CANADA SAVINGS BONDS**

CFB Gimli's Bond Campaign commenced on the 5 of October and ends on the 13 of November 1970.

To date (20 October) sales are \$86,050.00 towards our quota of \$122,200.00.

Following are changes to the list of section canvassers:

No. 5 Hangar Delete - WO A.J. Knapik and add - WO RB King.

Avionics Section Delete - Sgt. D.M. Galbraith and add Sgt. V. M. Larose.

## GET ON THE BROOM

by Bud Wilds

Well folks its fun time again and as usual few people are prepared. It is rather ironical, when you think that each year, we try to kid ourselves into pretending that summer has gone and invariably in order to convince us of the truth mother nature gives us a sneak preview of things to come. Man, there is nothing like a little blast of snow to set one on the right track. To finally convince the few remaining skeptics, the base curling committee has turned on the ice factory and there are four sheets of the finest curling ice you'll ever see, all (pardon the pun) hot to trot.

Further to this great bit of evidence, the committee has organized a BONSPIEL to celebrate the coming of winter. The date of this extravaganza are Thursday, October 22 through to Sunday, October 25. It is being planned as a very casual affair with time out Saturday evening to attend the Octoberfest in the base recreation centre.

Getting back to those skeptics of winter, it would appear that the only people who are really with the season are the ladies. As usual they have their ladies curling league all organized and are just itching to burn up the ice.

Meanwhile, on the male side, the procrastination is unbelievable. I suppose it is the age old story of the superiority of sexes with the 'weaker' sex attempting to prove that they can do things better and the stronger group holding back, allowing them to think so just to keep the upper hand. I sometimes wonder who has what upper hand.

I am told that the base club plans to hold a few clinic nights for the beginners (and guys like myself who are rusty) during the week of October 26 to 31. To those interested few, give the club secretary, Andy Anderson, a call and he will arrange a date.

Let's not forget that opening Bonspiel. Remember to really enjoy the game you must PARTICIPATE.

# DUNLOP

# BLIZZARD BREAKERS

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BASE AUTO CLUB

SEE DON CAMDEN FOR YOUR TIRE NEEDS - TO BE SURE YOU KNOW WHAT YOU ARE BUYING

**The cold weather is upon us;  
see Don for your Winter Tune-up.**

C H I M O

## Kardy's

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# Starlite Theatre



Because of the critical importance of flight safety, the Directorate of Flight Safety gives deserved recognition to those who make significant contributions to flight safety in the field. Major General Carr presents Captain G.T.M. Findley with a 1000 hour plaque in recognition of completing 1000 flying instruction hours with no accidents attributed to pilot error.

CF Photo

## Bases Get Choppers

### STATEMENT BY THE MINISTER OF NATIONAL DEFENCE

The Honourable Donald S. MacDonald, Minister of National Defence announced today that the defence department will construct hangars and maintenance facilities at four bases in Canada for the operation of tactical transport and light observation helicopters now on order for the Canadian forces.

The helicopter facilities will be built, beginning early next year, at Canadian forces bases Gagetown, N.B., Valcartier, Que., Petawawa, Ont. and Namao near Edmonton, Alta. They are scheduled for completion in the fall of 1971.

Facilities at each base will include a hangar with flight planning centre, lecture rooms, shops

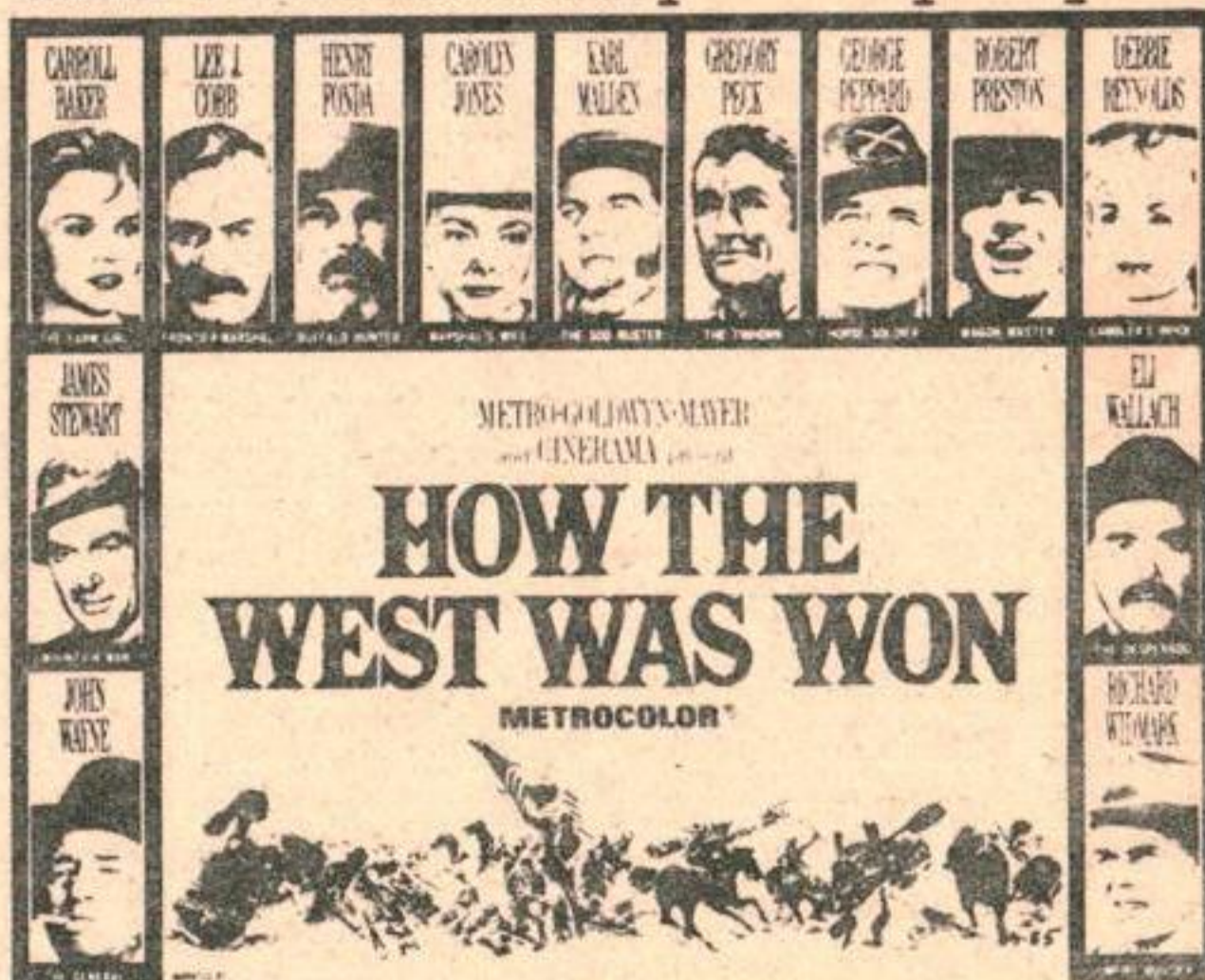
and offices, a helipad, aprons and taxiways and associated lighting, electrical and water services. At Gagetown, where the Combat Arms School will undertake training of all land operations helicopter pilots, the new facilities will include accommodation for a field technical training unit.

Total cost of the overall construction program is estimated at between four and five million dollars.

As previously announced, the Canadian forces will begin taking delivery next year of fifty twin-engine tactical transport and utility helicopters and 74 light observation helicopters for employment with Mobile Command. The aircraft will operate with the command's three combat groups in Canada.

IT'S HERE! THE MIGHTIEST ADVENTURE EVER FILMED!

WINNER OF 3 ACADEMY AWARDS



Sun. & Mon. 25 & 26 October General  
155 minutes 8:00 p.m.

INTERMISSION at half-time

## BABY LOVE

Thursday, October 29 Adult  
110 minutes 8:00 p.m.

## ITALIAN JOB

Friday, October 30 Adult  
110 minutes 8:00 p.m.

## VALLEY OF GWANGI

Saturday, October 31 General  
100 minutes 8:00 p.m.

# SELKIRK LUMBER COMPANY LIMITED

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GIMLI 642-8255

# The MART

<b>HOUSES</b>
For Sale: 60' x 12' three bedroom House Trailer and 1/2 lot in town of Gimli. Phone: 642-8310
<b>AUTOMOBILES</b>
For Sale: Chevy II, 1964. Six auto-matic, new tires completely winter-ized. Phone: Sgt. Rice - 642-8121 or Local 77.
<b>MISCELLANEOUS</b>
For Sale: MOTORCYCLE - 1970 Kawa-saki 500 cc, 3 cyl. "World's fast-est Production Motorcycle", 2,400 miles. Phone: 642-7964 or Loc. 37.
For Sale: Parker Hale .303 sporter rifle. Monte Carlo stock etc. 20 rounds ammo. Price \$50.00. Phone: 642-7277 after 5:00 p.m.
For Sale: 1970 Power Taboggan, used 30 to 40 hours. Original price \$862. will sell for \$625. Also a 17" portable TV used one year excellent condition - \$75. Phone: 642-8310.
For Sale: all glass aquariums. 15 gals \$10.00, 25 gals \$15.00. Heat-ers, filters and pumps can also be supplied if required. Phone: 8134.
For Sale: A big move in the future? A long holiday? I have for sale a large, enclosed roof-top luggage carrier and a steamer trunk. Either one could help to solve your prob-lem. Interested - they are reason-ably priced - and can be seen at the Norseman Motel. Fred Rankin Local 163 or 642-5850.
For Sale: Oil Space Heater \$20.00. Also violin with case \$15.00. Phone: 642-5283.
For Sale: One pair ladies size 8 skates and one girls size 2. Wanted girls size 6 skates. Phone: 642-5808.
For Sale: One large crib with mat-ress, R.C.A. 21" B&W T.V. with new picture tube, one folding wooden travel crib. Apply 19-7th Ave.
Wanted: Swiss bells - any type hanging bells - or cowbell(s). Will pay any reasonable price. Phone: F. Rankin at 642-5850.
Wanted: Brownie uniform size 8 in good condition. Phone: 642-7260 after 5:00 p.m.
Found: Wedding ring on Centre St. Gimli. Contact - Cold Wave Shop. Phone: 642-5800.
REWARD.....Missing swords and med-als belonging to Viking Lodge. Reward for information leading to the recovery of these lost items. Contact: S.J. Greenberg or E. Chudd.

# GIMLI HAPPENINGS

If your club or organization wishes to announce an upcoming event call or write B 10,C.F.B. Gimli, Aspen Park, Manitoba or PHONE: 642-5151 - LOCAL 26

- Fri.23 Oct. PANCAKE.....SUPPER  
R.C. Church....Basement  
Town of Gimli  
Admission Charge
- Fri. & Sat. ZONE III FLAG FOOTBALL  
23&24 Oct. Continues C.F.B. Gimli
- Sat.24 Oct. ....OKTOBERFEST.....  
Base Recreation Centre  
All Ranks Invited.
- Sun.25 Oct. MOVIE...BAREFOOT IN THE  
2000 hrs. PARK...With Jan Fonda.  
Junior Ranks Mess
- Sun.25 Oct. MOVIE.....DINNER  
"Hotel"-Officers' Mess
- Sat.31 Oct. HALLOWEEN.....DANCE  
2100 hrs. Dress.....Costume  
Junior Ranks Mess
- Sat.31 Oct. ....OKTOBERFEST.....  
Officers' Mess
- Sun. 1 Nov. MOVIE.....PENDULUM  
2000 hrs. With.....George Peppard  
Junior Ranks Mess
- Sat. 7 Nov. DANCE.....CASUAL DRESS  
2100 hrs. Junior Ranks Mess
- Sun. 8 Nov. MOVIE..TIME FOR KILLING  
2000 hrs. With.....Glenn Ford  
Junior Ranks Mess
- Sun. 8 Nov. MOVIE.....DINNER  
"True Grit"  
Officers' Mess
- Fri.13 Nov. XMAS BAZAAR & BAKE SALE  
7:00-10:00 Lutheran Church Womens  
p.m. Auxiliary, Church Audi-  
torium, Gimli
- Sat.14 Nov. FALL.....FORMAL  
Officers' Mess
- Sat.14 Nov. DANCE..RESTRICTED DRESS  
2100 hrs. Junior Ranks Mess
- Sun.15 Nov. MOVIE..IS PARIS BURNING  
2000 hrs. With.....Kirk Douglas  
Junior Ranks Mess

## THE FRAMFARI X-WORD

E H C N A M A R T R E L T T S  
L L E P A U L E E F I N I A  
L O B N O T E X U L E C R E I  
I C T M E C N F M U P O H C S  
A E A L E Y H I F O L U L E O  
T L L S L S N F U O U A O P N  
A O F I T I N R C S S T U S I  
C T V I S O N E O S S U O E P  
H H R O C E R R E U E I M N A  
A I O A G F R O I D E U T N L  
T V P I E U T E A G E I Q I O  
R E E P X N E I R R O L G O U  
U R U R A E M A D R E N O S T  
O O A G A P L A T B E A U T R  
C O N F O R T E C N A G E L E

Listed below are the words that you will find hidden in the puzzle above. These words are spelled out in all direc-tions - so look very careful-ly. By assembling the letters that remain, in order, you will find today's hidden words which will be published next week. This week's hidden words have 8 letters.  
LAST WEEKS ANSWER: Supply Sec-tion Receipts and Issue.

### UN VETEMENT DISPENDIEUX

ACHAT	LARGE
ALPAGA	LIGNE
BEAU	LISERE
	LOUTRE
CAPE	LUXE
CASTOR	LYNX
CHOIX	
CLASSE	MANCHE
COLLET	MANTE
COLORIS	MARTRE
CONFORT	MINI
COURT	MOU
COUPE	MOUTON
DAIM	NEUF
DAME	OCELOT
	POCHE
ELEGANCE	
ENSEMBLE	RARE
EPAULE	RICHE
ESPECE	
ETOILE	SAISON
ETROIT	SOIN
	SOUPLE
FIERE	STYLE
FINI	
FROID	TAILLE
	TISSU
GANT	TOQUE
HIVER	
	VISON
LAPIN	VOGUE

### The MART - Cont

Are you tired of living with a drinking problem in your home? Contact Gimli AL-ANON group. For information write P.O. Box 1265, Gimli, Manitoba.

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