



Framfari

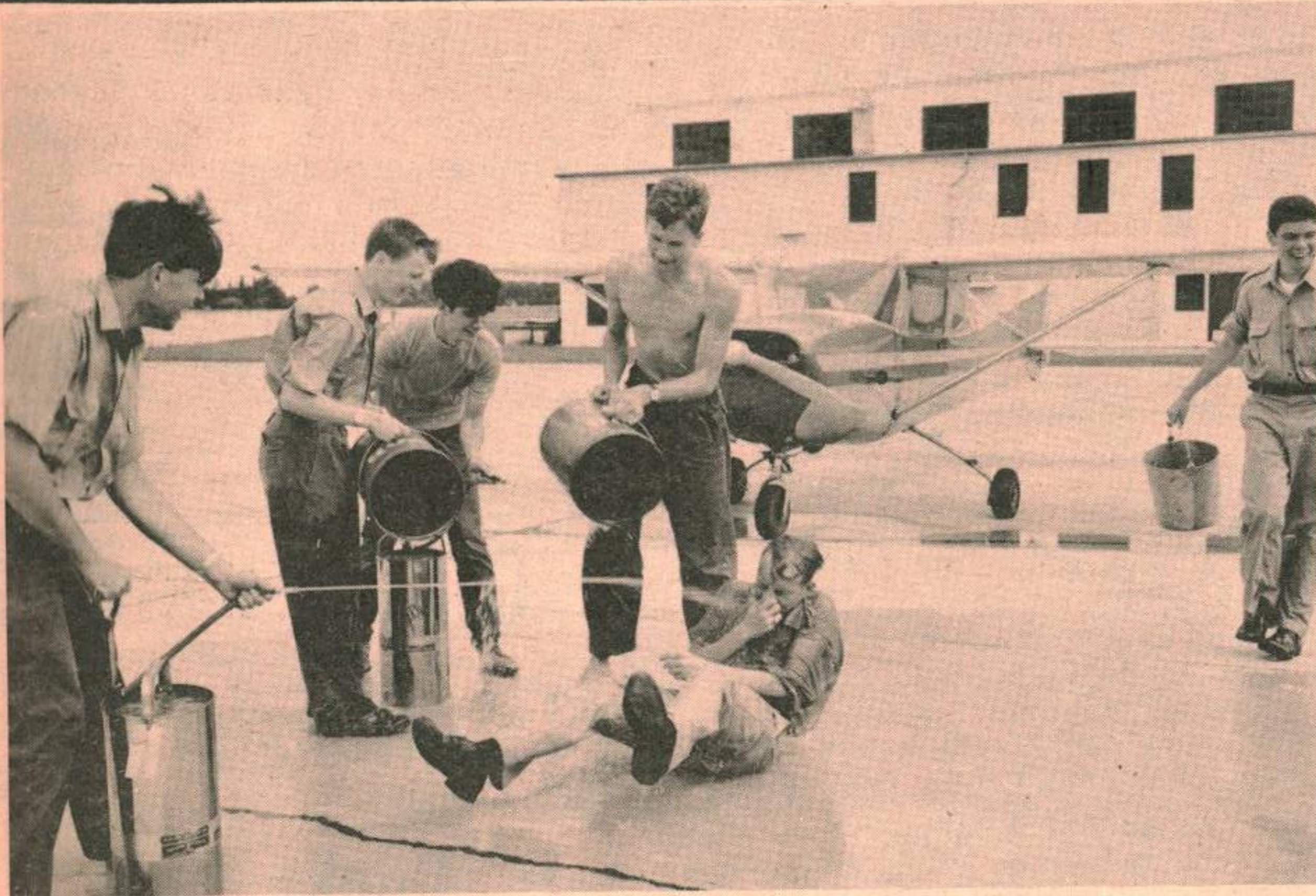
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VOLUME 1 NUMBER 25

C.F.B. GIMLI, ASPEN PARK, MANITOBA

FRIDAY JULY 24, 1970



CEREMONIAL DUNKING.....Cadet Bruce Bennett of #177 Air Cadet Squadron receives the bucket and hose treatment after his first solo on the Cessna 150 Aircraft at Canadian Forces Base Gimli, Manitoba. Adding to his misery from the left are: Cdt. Walter Kampen, #220 Sqn., Cdt. Dan Parliament #170 Sqn., Cdt. Robert Deniset #176 Sqn., Cdt. Roger Toews #191 Sqn., and Cdt. Marcelle Prefontaine #177 Sqn.

Cdt. Bennett and his friends are among ten Winnipeg area air cadets undergoing flying training with the Gimli Flying Club. The course ends August 6th with presentation of Private Pilots' Licenses to the Graduates. The cadets will have received 35 hours of flying and 40 hours of ground school during their one month stay at CFB Gimli.

Gimli Waterfront Water Safety Demo

On Wednesday July 15 - Gimli Beach was the site of demonstrations put on by 3 Water Safety Instructors who are travelling to various points in Manitoba promoting Safe Water Practices. Sponsored by the Dept. of Manpower and Immigration and supplied with equipment by the Canadian Red Cross Water Safety Services, the team demonstrates safe uses of Boats (canoes and outboards) Rescue equipment and Artificial Respiration.

Each show runs approximately 1 hour and involves the use of volunteers from the gathering crowds in the area to assist them. Through this type of personal contact the team is successful in making the public aware of the need for personal safety in and around Water Areas.

Two shows were conducted at the waterfront that is administered by the Kinsmen Club of Gimli. Approximately 350 spectators and 100 students from the Water Safety

-Continued on page 2....

Icelandic Festival

At Gimli Aug. 1-3

The Manitoba Centennial Icelandic Festival will be staged at Gimli Saturday, Sunday and Monday, Aug. 1, 2 and 3, and will have a centennial theme, according to details announced by the festival committee.

The festival will open Saturday with the 10-mile road race from Winnipeg Beach to Gimli, revived in 1969 after a lapse of many years. Registration will take place at 8.30 a.m. at Winnipeg Beach, with the race scheduled to start at 9 a.m.

Held in conjunction with this will be the Western Canadian championship 10-mile road race, also Saturday morning.

Main feature Sunday will be a track and field meet at Canadian Forces Base Gimli. This competition is endorsed by the Manitoba Track and Field Association and will begin at 12 noon. It will be staged in accordance with the rules of the International Amateur Athletic Association, with the Manitoba Track and Field Association officiating.

Other Sunday features will be a fine arts display in Gimli opening at 1 p.m., a hootenany at 8 p.m. in Gimli Park and a midnight dance in the park pavilion.

Main feature Monday will be the formal program in Gimli Park at 2 p.m. when the toast to Canada will be proposed by Lieutenant-Governor Richard S. Bowles and to Iceland by Magnus V. Magnusson, Iceland's ambassador to Canada and the United States.

Mrs. Valdheidur Sigrun Sigurdson of Arnes will play the role of the traditional Lady of the Mountain. Her princesses will be Joan Valdina Johnson of Arborg and Maureen Lenore Olafson of Riverton.

-Continued on page 2....

SOUND OFF

Dear Sir,

On July 5, 1970, my wife and I had the privilege of landing at Gimli by courtesy of the Canadian Air Base personnel. I would first like to express our appreciation for being allowed to land at your facility. It made our trip very convenient as I have many relatives in Gimli which were the object of our visit from Chicago.

I can honestly say that in all my years of flying I have never had more helpful, courteous, and pleasant people than those we met at the Gimli Base.

I have visited Gimli with my family since 1929. My Father was raised there, and fished Lake Winnipeg until 1923. My grandparents lived there, and I have many wonderful memories of our revisits.

It is a very pleasant experience to come back to such hospitality. I would especially like to thank Pat and Dick at Hanger No 1 who were so helpful in directing our Apache to a hanger (it's not used to such care) and then arranging for a motel and then driving us there and then refusing any compensation for all their trouble. You can be very proud of such fine young people.

Thank you again, and our best wishes to all at Gimli Air Base.

Sincerely

APACHE Mr & Mrs William L.
I 234P Johnson

Sir:

Last Friday afternoon, a student flying a T-33 experienced difficulties and had to pull the handle. The jet, seemingly out of control, picked a landing spot that was both a bull's eye and a lesson.



The soft lumber cushioned the crash, 65 feet from gas tanks, within a radius of 500 yards of the Gimli Shopping Centre, the Johnson Memorial Hospital and Church, The Viking Motor Hotel, the Norsemen Motor Motel, the Propane tanks, etc, etc.

The pilot's first thoughts, after ejecting was a prayer: "God don't hit anybody! God nobody be hurt!" And miraculously nobody was! Your Prayers were answered Grant.

And last Sunday, the Base Chapel echoed your Prayer of Thanksgiving. Yes, a miracle is something out of the ordinary in answer to a prayer. You got your miracle Grant! Thank God for it now.

It was called a struck of luck, fate, etc., by on-lookers. Why not give a chance to the AUTHOR of LIFE and credit this one to Him! It won't hurt anybody. Why not read the sign?

Remember what happened to those who refused to read the signs?

Major G. Savoie
Base Chaplain (RC)

Waterfront continued.....

Classes viewed the proceedings.

Being that this judging was the first area in Manitoba to start the coming tour, by the comments that were overheard, the Team should have a most successful tour this summer.

Before leaving for Riverton and other points, the team was given a tour of the Local area and CFB which included a dinner, courtesy of the Kinsmen Club.

Festival continued.....

Other Monday features will be the festival parade at 10 a.m., a concert presented by Canadian Forces Base Gimli band at 1 p.m. in Gimli Park, a beauty contest, children's sports, community singing and an evening dance starting at 10 p.m. There will be a beer garden in the park pavilion from 12 noon to 6.30 p.m.

General Carr to Officiate at Jr. Ranks Club Opening Stag

A lot of people have waited a long time for to-day. With the arrival of Brig. Gen. Carr from TCHQ in Winnipeg, the Junior Ranks Club will be officially opened.

The Junior Ranks Club, whose facilities are now the envy of every other mess on the base, have invited all ranks to attend the gala opening.

Cocktails will be served at 1700 hrs with subsidized drinks at 1800. The Ribbon Cutting ceremony will take place at 1900 hrs followed by presentations and comendations at 2000 hrs.

For those planning to attend, the dress is uniforms or semi formal attire.

For future events at the Junior Ranks Club check the Gimli Happenings column in your copy of the Framfari.

For Club members the dress will be casual for all events during the summer months unless it is advertised otherwise.

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Framfari SUPER X-WORD on CANADA

P C A L G A R Y R R E K A B N E F E I D M E I G H E N S E B
 A H S U P E R I O R A I B M U L O C H S I T I R B N I R P E
 M A C D O N A L D G N I K A M L A K I M I S K I H M R E O N
 H R H N E R M A N I T O B A M A G O G R E C U O C N A V H N
 U L R O S E S O N A R T R E B T L A G R I S J O S M E I R E
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 A N T A A L Z E N A R R A R T I C H K R A A U C T V N A T N
 U I O A L N R I J C C U T B E A C O A B W B T S S A I K N E
 R S N T E T R E H A O E A T I D K H R B Y A L O G R H V E R
 I E N K N P S I G W P L B E E T N S A L A D L A O A P I P U
 E M C O K O L D A A P A D E D N I U A U E S N T C N U L U A
 R A M R O L M I S T E H E S U U N B H S D A C U S K A L N L
 M J A S P E R D P T R C E L K Q R E I T K I N A F A D E K T
 S P O O L M A K E O O I R A T N O T B O V R O S D N I W N S

Listed below are the words that you will find hidden in the puzzle above. These words are spelled out in all directions - so look very carefully. By assembling the letters that remain, in order, you will find today's hidden words which will be published next week. This week's hidden words have 25 letters.

LAST WEEKS ANSWER: "Welcome to the Royal Visitors".

"For those of you who think these puzzles too easy, this monster puzzle on Canada and her culture was prepared by Capt. Reg. Johnson".

ABBOTT
 ABITIBI
 ALBERTA
 ALMA (2)
 AKIMISKI
 ANTICOSTI
 ARTIC
 ATHABASCA
 B AFFIN
 BANFF
 BARRIE
 BEAR
 BELCHER
 BELL
 BENNETT (2)
 BERTRAND
 BLACK
 BORDEN (2)
 BOWELL

B RANDON
 BREW
 BRITISH COLUMBIA
 BYNG
 CALGARY
 CAMPBELL
 CAT
 CHALEUR
 CHALOTTETOWN
 CHURCHILL
 CLEAR
 COPPER
 CORNWALL
 CREES
 DAUPHIN
 DEER

DIEFENBAKER
 DIGBY
 DUCK
 DUNCAN
 EDMONTON
 EDSON
 ELK
 ELMS
 ERIE
 ESTEVAN
 FRASER
 FREDERICTON
 FUNDY
 GALT
 GOSPE
 GIMLI

HALIFAX
 HAMILTON
 HECLA
 HOPE
 HOWE (2)
 HULL
 HURON
 JAMES
 JASPER
 KAMLOOPS
 KING
 KINGSTON
 LABRADOR
 LAURIER
 LETHBRIDGE
 MacDONALD
 MacKENZIE
 MADOC
 MOGOG

MANITOBA
 MAP
 MEIGHEN
 MONTREAL
 MOOSE JAW
 NELSON
 NEW BRUNSWICK
 NEWFOUNDLAND
 NORTH BAY
 NORTH WEST
 TERRITORIES
 NOVA SCOTIA
 OAK VILLE
 OKANAGAN
 OLDS
 ONTARIO
 ORLEANS
 OTTAWA
 PARK
 PEARSON
 PENTICTON
 PRINCE ALBERT
 PRINCE EDWARD
 ISLAND
 PUNK
 QUEBEC (2)
 QUESNEL
 ROIN
 REGINA
 RIVERS
 ROBERTS
 ROBICHAND
 ROBSON
 RUBY
 SOARNIA
 SASKATCHEWAN
 SASKATOON

SCHREYER
 SHAWINIGAN
 SIMCO
 SMALLWOOD
 SMITH
 SOREL
 ST BONIFACE
 ST LEAN
 ST JOHN
 ST LAURENT
 ST LOURENCE
 ST PETER
 STROM
 SUPERIOR
 SUTTON
 SWIFT CURRENT
 SYDNEY
 THATCHER
 THOMPSON
 THUNDER BAY
 TOBY
 TORONTO
 TRAIL
 TRENTON
 TROIS RIVIERES
 TROUT
 TRUDEAU
 TUPPER
 VANCOUVER
 VERTE
 VICTORIA
 WABANA
 WADA
 WINDSOR
 WINNIPEG
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GIMLI HOTEL
 (The Whitehouse)
 OVERNIGHT ACCOMODATION
 REASONABLE RATES
 ENTERTAINMENT
 WED TO SAT

RE-Training Courses Available

The Outside World

OTTAWA (CFP) -- Interested in occupational training? Many servicemen approaching retirement are - since entry to civilian jobs depends on having both recent and marketable skills. This can be troublesome when military skills and experience do not fit easily the needs of the outside world.

One answer is provide by the Department of Manpower and Immigration. This department is responsible for Bill C278 "The Adult Occupation Training Act." Under this plan they do not run courses themselves but purchase student positions at community colleges, institutes of technology, commercial business colleges and vocational institutes.

What are the ground rules for seeking this kind of training? Briefly:

- the course must be no longer than fifty-two weeks.
- It must be occupation orientated and meet the needs of the employment market.
- It cannot be academic training beyond the high school level.

However, if schooling is needed before occupational training can begin up to fifty-two weeks is available. This is in addition to the basic course.

In 1969 over 10,000 different courses were available. Do you want to fill one of these student places? You have to sell your interest, ability and potential to a Manpower counsellor. This is decided during a face to face interview at the Canada Manpower Centre nearest your base.

A 10,000 hour watch repair course? A twelve-week course in cabinet making? Office procedures refresher training? These are but a few of the training opportunities seized by servicemen after their retirement, as a worthwhile entry to the outside world. Are you interested?

Servicemen approaching retirement are invited to participate in the Civilian Employment Programme as outlined in CFAO

56-20. Consult your base personnel selection officer or base personnel education officer for further details.

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CENTENNIAL ENTERTAINMENT

LES MUTINS, an international folk dancing group from Quebec,

will entertain in the **GIMLI PARK** from 2 pm until 4 pm (approx.)

on **SUNDAY, JULY 26th.** Don't miss this exciting group

Admission to the **PARK** is **FREE.**

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Find Out Where the Jobs Are

The Outside World

OTTAWA (CFP) -- Servicemen approaching retirement must contend with conflicting facts and even some myths about employment conditions in Canada. Where the jobs are is still a very basic question.

There are 150,000 specific categories of jobs in Canada. Since you are only interested in a single job, the choice will be narrowed down by a process of elimination beginning with skills and training, family circumstances and where you want to live. Unemployment statistics can be very meaningful in completing such planning.

Things are tight at the moment with the national average pushing past the 6.5% level. Regional differences are even more striking with Newfoundland approaching 20% in some localities, the Maritime over-all approaching 11%, and Ontario in the 4% range. However, even these figures can be deceptive, since Cornwall, Ontario, because

of industrial changes has an unemployment rate of 25%.

The best areas to look for jobs in Canada are Ontario, Alberta and British Columbia, but local conditions have to be examined carefully. The fact Michelin is building two tire plants in Nova Scotia, could drastically change the picture in one part of the Maritimes.

A three-fold lesson can be learned from this somewhat gloomy picture. First, investigate all facts before making that final break from the service. Second, remember that statistics can be deceptive since the serviceman has skills and experience to sell which create opportunities not open to

every civilian. Finally, the tighter the employment in Canada the harder you must work at your job campaign.

Servicemen approaching retirement are invited to participate in the Civilian Employment Assistance Programme as outlined in CFAO 56-20. Consult your Base Personnel Selection Officer or Base Personnel Education Officer for further details.

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WATER SAFETY NEWS FOR THE WEEK

On Sunday 19 July, 2 Water Safety personnel, Cpls Jim Sesak - Red Cross Supervisor and Bill Springstead - National Life Guard Supervisor, journeyed to Sandy Hook to run a 3 hour clinic comprising Artificial Respiration and Basic Water Rescue Procedures.

The need for this clinic came to the attention of the Water Safety Division in Winnipeg, when the residents experienced a drowning situation last year in their area. Only through the efforts of a Water Safety Instructor being present was a catastrophe averted. So as to minimize frequent occurrences of this situation, the agency on a number of occasions has sent Supervisors and Instructors to various areas to conduct clinics so as to enable local residents to obtain proper Training in Safe Practices.

Approximately 70 people, adults and children viewed various techniques demonstrated by the two instructors and then practiced them. The clinic included demonstrations of Rescue Breathing, Sylvester-Brosch and Holger - Nielsen methods of Artificial Respiration. They were also shown the operation of a Resuscitating machine, given lectures on related First Aid procedures and then shown films on Water Rescue.

All who attended expressed their desire to see more of this type of clinic conducted again in the near future,

As their will always be a great concern in this Province due to the number of statistics yearly through drowning, and being that we are situated in a large lake area, residents are requested to make more use of the Demonstra-

tion Teams that are available. Their main aim is to Promote Safe Practices in, on, under and around Water Areas.

If any Organizations wish to obtain the services of personnel to administer clinics of this nature please contact Cpl Jim Sesak - Base Aquatic Supervisor at Local 52.

The following Services are Available:

Water Safety Demonstration - Boating, films, Artificial Resp.

National Life Guard Service - Water Rescue Procedures.

St. Johns Ambulance = First Aid Courses.

Scuba Club - S.C.U.B.A. and Skin Diving Courses and Demonstrations.

Artificial Respiration Clinic

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meats at reduced prices.

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PHONE US AT 642-5418

Ted's Solo STORE CHANGES HANDS

TED and ROSE LUSCHINSKI are pleased to announced the sale of TED'S SOLO STORE to GORD GINGRICH former manager of Gimli Tom Boy.

They would like to thank their many friends and customers for their patronage over the past many years .

GORD has promised to carry on the same quality and service and hopes you will continue to patronize the store as in previous years.

The store will be closed MONDAY JULY 27 and TUESDAY JULY 28 for inventory and minor renovations.

We trust that this will not inconvenience you and the store will open WEDNESDAY JULY 29 and from then on seven days a week from 9am to 9pm.

Forces Sports Hall of Fame Established

OTTAWA (CFP) -- Groundwork for establishment of the Canadian Forces Sports Hall of Fame here has been completed.

The Hall will be housed temporarily in the national war museum on Sussex Drive. Forces recreation officials say it will be two or three years before a permanent site is chosen. One possibility, they say, is the new national defence headquarters building now under construction here.

A forces order, CFAO 50-17 issued earlier this month, spells out details for electing championship service teams or sports personalities. Nominees will be screened yearly, on Nov. 15 or after, by a committee of four. They make their first selections this fall.

The order gives four areas of eligibility -- serving or ex-service personnel who have won gold medals in Olympic, British or Pan-American games competitions, won a world championship; brought fame to the forces through athletic endeavour or contributed to service sports as promoters, coaches or officials.

A service hockey team, the 1948 world champion RCAF Flyers, and Pan-Am Gymnast champion, Sgt. Wilhelm (Willie) Weiler, a forces phys-ed instructor, already hold gold medals.

Hall founder, Capt. Ernie Thoms said one of the biggest tasks lies ahead -- coming up with names of pre-1939 athletes whose names and feats are buried deep in the vaults of service historical papers, if they're recorded at all.

"We could use help of all ex-service or serving people who may have some knowledge of retired athletes from any era," said Capt. Thoms.

Information on possible nominees should be sent to the Executive Secretary, Canadian Forces Sports Hall of Fame, Directorate of Personnel Support Operations, No. 8 Temporary Building, Ottawa, Ont.

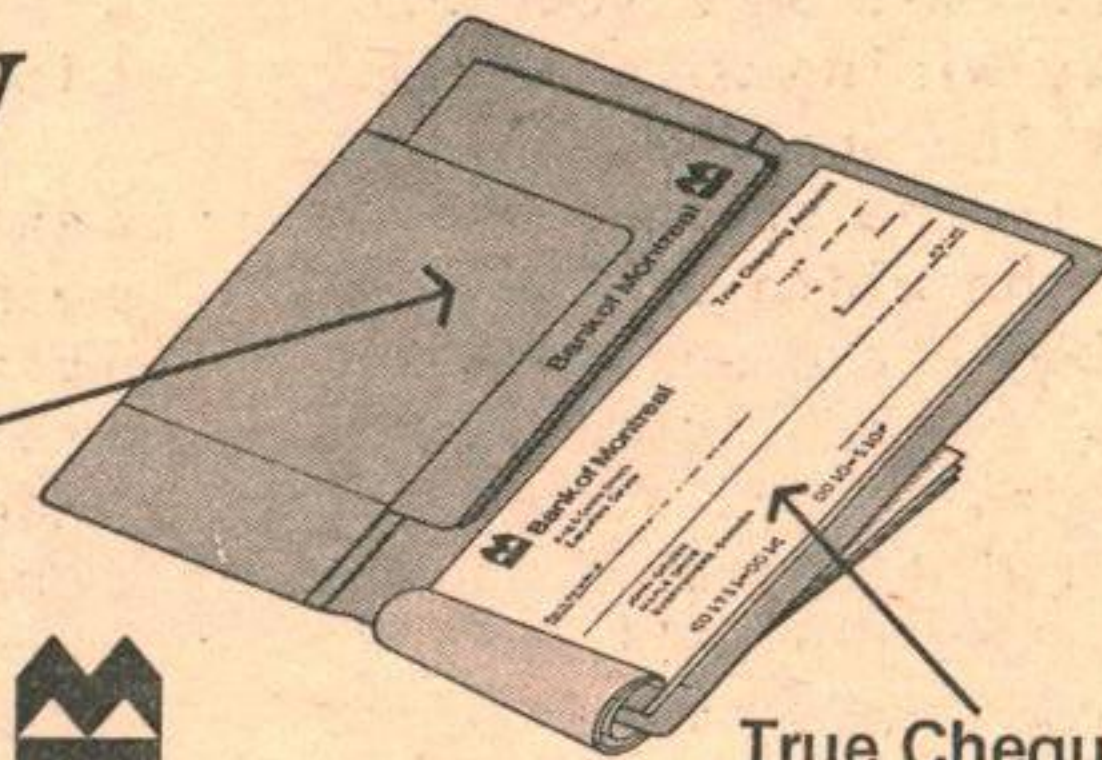
The committee may elect six members each year -- three from the pre-1939 era and three from 1939 to the present day.

Committee members are Lt.-Gen. M.R. Dare, vice chief of the defence staff, Vice-Admiral R.L. Hennessy, chief of personnel; Brig.-Gen. C.H. Mussells, director general, personnel support programs and the executive secretary, Cdr. D.J. Hamilton.

the money planner

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Get your money planner at
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True Chequing

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MANAGER: KEN BETTESWORTH

the store for people in love.



Bring in this ad when you are purchasing a star brite diamond and we will give you a \$10 gas allowance. We're nothing without your love.

Ben Moss Jewellers

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Mall Centre 477 Portage

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For house pick-up PHONE

PERTH'S 642-5326

CONSUMERS' NEWS AND VIEWS

by

CONSUMERS' ASSOCIATION OF CANADA

Painting in and around your home can be easier than you think and the consumer savings is still the cheapest, quickest and best way to achieve a fresh look. Almost any room can be changed with an investment of only a few dollars.

Consumers' Association of Canada suggests that if you are not too knowledgeable in this field, your paint dealer will give you all the information you require on accessories such as brushes, rollers, putty, edgers and so on. But before you go to the dealer, measure the area you are going to paint and ask him to estimate how much it will require. He will be able to give you a closer estimate than you can arrive at yourself.

One point to consider: if the estimate should come to three quarts, it might be wiser to buy the gallon for the few added cents it will cost for the extra quart. It will come in handy for touchups as the next time you go to buy the paint it might be a different batch and slightly different in color.

An executive of one of the world's largest paint companies once said "We do not make money on the paint we sell, but rather on the paint the consumer wastes." So a real money-saver is to be sure to seal the left-over paint properly. Clean the rim and lid of the can thoroughly with whatever solvent is recommended and seal it, gently tapping the lid in place with a hammer. Store the can upside down. By following this procedure, even enamel should remain in excellent condition.

The best single piece of ad-

vice is, read the label before you apply the paint. The label directions are not advertising. They are written for a purpose and for your information. The Canadian Paint Manufacturers Association suggests every instruction be followed to the letter if you want a beautiful paint job and offers some guidance for do-it-yourself painters.

Don't jump in without first making the necessary preparations. Fill all cracks in plaster walls with spackling material, using a putty knife, a kitchen knife or a versatile finger and thumb. When the patching is completely dry, sand the surface smooth and dust your walls thoroughly.

To make your painting easier, remove all hardware and light fixtures from the room and cover with masking tape. Kitchen and bathroom walls should be washed with household cleaners to remove dirt and grease. Cover all floors and furniture with drop-cloths before painting because a few spatters are inevitable. Now you are ready to apply the undercoating or primer.

By dipping the bristles of your brush no more than one-third of their length you can minimize clean-up problems. Save yourself extra work by wiping with a damp cloth before the spatters dry.

Start with the ceiling and work across the width of the room, so you can begin the second lap before the first has dried. And remember -- don't try to move your ladder with paint or tools aboard.

Now begin on the walls and watch your room take shape. Start at the upper left hand corner and work down toward the floor. Follow this order whether you are using a brush or a roller.

Finally, tackle the woodwork. A round one-inch brush is handy for the window sash; a two-inch brush makes painting the trim a simple affair. When you paint panelled doors it's a good idea to coat the

panels first then the centre rail. The top and bottom rails come next, then the vertical stiles and edges last.

As soon as you are finished, clean up your brushes and tools so they will be in good shape for your next painting spree. Good brushes are a wise investment but must be cared for and should be cleaned and stored carefully.

CAC Reminds you that there are certain dangers in connection with painting. Virtually all solvents used with paint for thinning and cleaning up are toxic and highly flammable. These must be kept away from children. It is advisable to dispose of all paint rags immediately but at least spread them out to lessen the danger of spontaneous combustion if you haven't finished your painting and want to use them again.

For safety's sake, if you are planning on using a raised platform, be sure it is rigged from two strong ladders and a wide plank. Otherwise you may enjoy your new room from the confines of a recovery bed. Allow the plank to extend at least a foot beyond the step of the ladder on which it rests and make sure the ladders are fully open and locked in position.

When painting toys or children's furniture be sure to use a paint designed for use on indoor surfaces. Paint made for outdoor use usually contains more lead than that made for indoor use. Outdoor paint should never be used on toys, walls, woodwork, furniture or anywhere inside the home.

From the price point of view be wary of excessively low prices as the dealer may be trying to clear his shelves of old, deteriorated stock. Unlike many other commodities, the higher the price, the better the quality. A good paint lasting three or more years is a better buy than a cheap paint that will wash off in one year.

— TED JENKINS —

Ladies and Mens Wear

Ladies' Smartly Ladies' Styled PERMA -PRESSED Long Sleeve BLOUSES

in pastel shades of pink, mauve, green,
yellow, blue, and white. 3 Styles to choose from

Ideal for Back-to -School and Casual wear.

SIZES

9/10 to 17/18

\$4.00 ea.

CONSUMERS' NEWS AND VIEWS

by
CONSUMERS' ASSOCIATION OF CANADA

Here, for light, summer reading, are some questions and answers that seem to keep cropping up as consumers everywhere in Canada continue to communicate with us.

Q. Can an ordinary household teaspoon be used to dispense liquid medicine?

A. Household teaspoons and culinary measuring spoons frequently vary in volume. The most accurate method of ensuring a proper dose for liquid medication is the use of calibrated glass or plastic medicine cup which has the various gradations marked on it. For purposes of drug labelling a teaspoon dose is considered to be equivalent to a volume of 5 cubic centimeters.

Q. How does the food value of white bread compare to that of whole wheat bread?

A. Most white bread sold in Canada is made from enriched flour containing added thiamine, riboflavin, niacin and iron in amounts specified by Food and Drug Regulations. Consequently the food value of white enriched bread compares favorably with that of whole wheat or cracked wheat and in fact may contain more calcium, thiamine and riboflavin.

Q. Are all food additives laboratory chemicals?

A. Some food additives are derived from foods. For example, lecithin which may sometimes be used in processed foods as a preservative is derived from soybeans and corn.

Q. Why do the Food and Drug Regulations permit the addition of vitamin A to skim milk?

A. Skim milk is milk from which most of the milk fat has been removed. In removing the milk fat, vitamin A, which is fat soluble is also removed. To compensate for this loss Food and Drug Regulations permit the enrichment of skim milk with added vitamin A.

Q. What are hydrolyzed vegetable proteins as listed on the labels for some foods?

A. These substances are flavor enhancers in the form of partially broken down proteins. They may be obtained from such foods as wheat, rye, soya or corn.

Q. Food products are packaged in many types of containers including those made from wood, paper, glass, plastics and aluminum foil. Is one type of container safer than other?

A. Food packaging materials vary with the nature of the products they contain. Food and Drug

Regulations specify that "No person shall sell any food in a package that may yield to its contents any substance that may be injurious to the health of the consumer of the food." Inspection and scientific analysis ensure that this regulation is being carried out.

Q. Are there calorie or sugar reduced foods and drinks available for diabetics or others who might require them now that cyclamates have been banned?

A. Soft drinks containing saccharin or a saccharin-sugar mixture are now available and a declaration of the contents appears on the label. Canned fruit suitable for us in carbohydrate or calorie restricted diets will soon be marketed.

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Water Safety Aquatic Camp

The Canadian Red Cross, Royal Life Saving Society of Canada, and the National Life Guard Service will sponsor courses that will lead to certification for Water Safety Instructor, Water Safety Leader and National Life Guard.

The Camp Dates:

14 to 21 August 1970

Place:

Provincial Leadership Training Centre Loni-Beach, Gimli.

The following pre-requisites must be met to be accepted for the course chosen:

Water Safety Instructor

- a) Minimum Age 17 years
- b) Hold current Bronze Medallion or Senior Y.M.C.A. Life Saving

Water Safety Leader

- a) Minimum age 15 years
- b) Hold current Bronze Medallion or Senior Y.M.C.A. Life Saving

National Life Guard

- a) Minimum age 17 years
- b) Hold current Bronze Medallion and Senior Artificial Respiration, or Senior Y.M.C.A. Life Saving.

Interested personnel who meet the above requirements and wish to take training, may contact Cpl J. Sesak Base Aquatic Supervisor Local 52 for application forms and related information.



TOP CF-104 PILOT -- Capt. Dale Andersen, a 422 Tomahawk squadron Starfighter pilot alights from his plane after a sortie during the ninth annual NATO tactical weapons meet near Spangdahlem, Germany. Andersen was a member of the 4 Allied Tactical Air Force team and the best of the meet's 16 starfighter pilots. He compiled 246 of a possible 290 points. His 4 ATAF team bested 2 ATAF's strike-attackers to win two of three awards including the top Broadhurst trophy (CANADIAN FORCES PHOTO)

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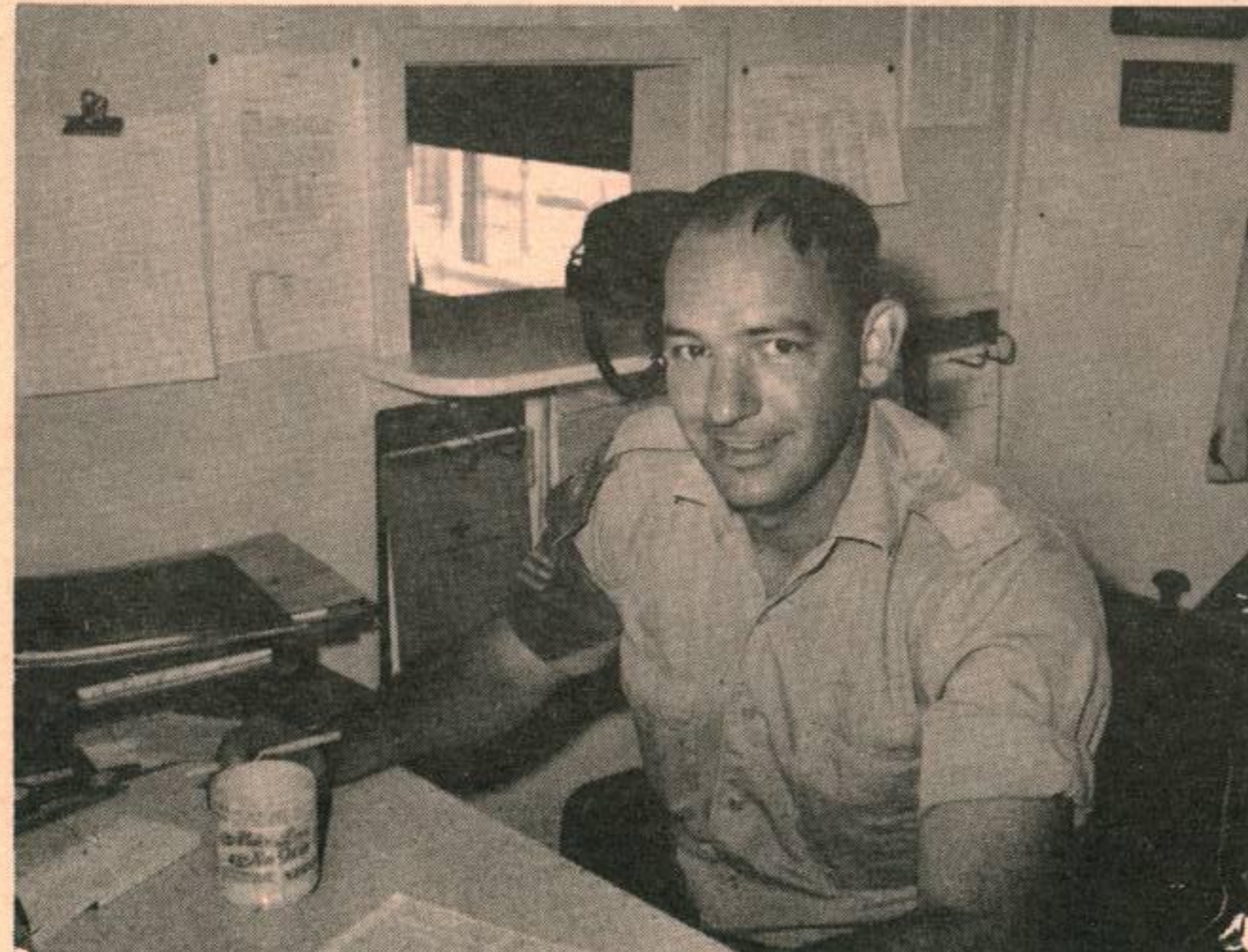
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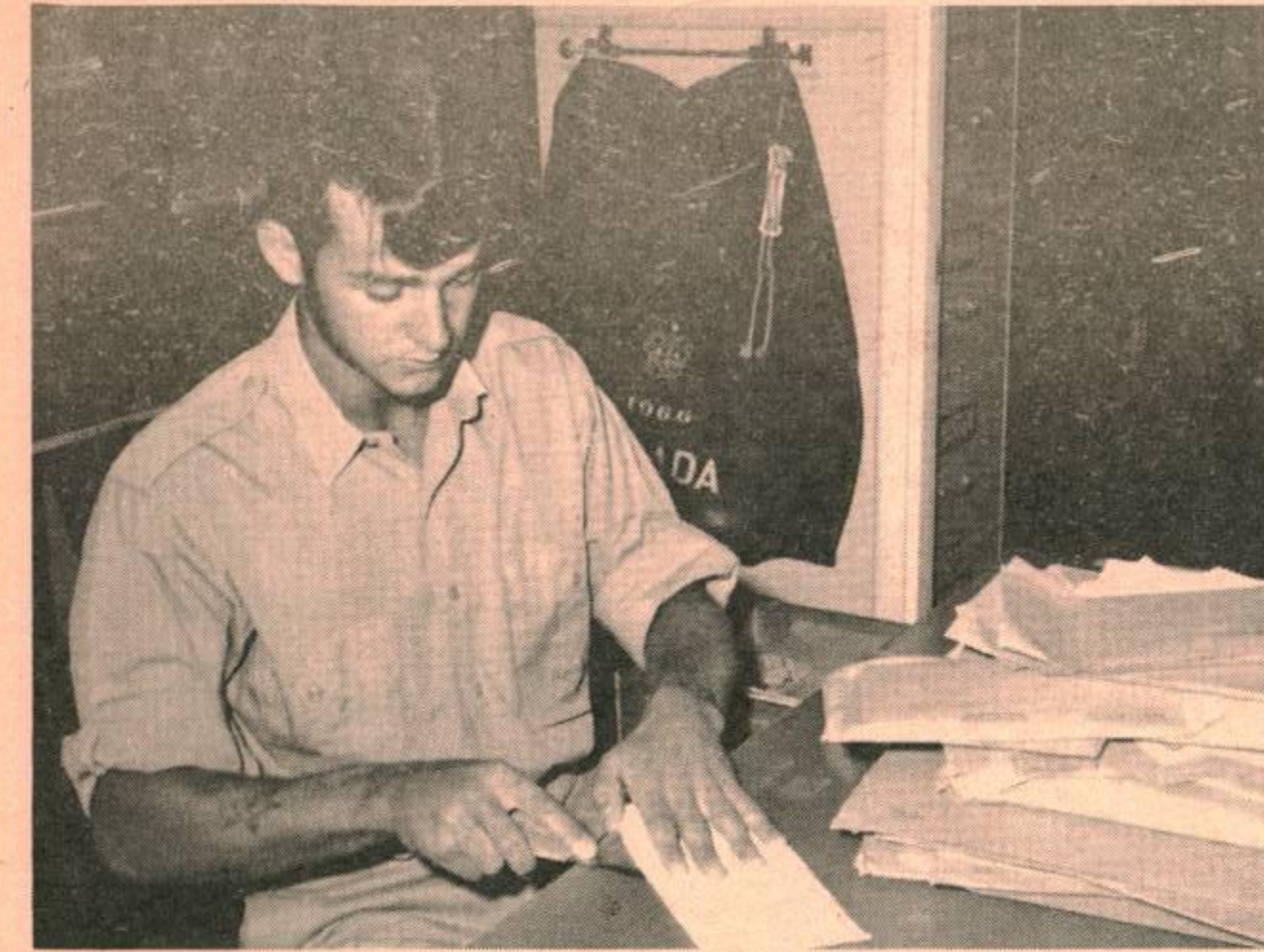
CWO Fred Hector, Base Sgt. Major.



Sgt Ivan Danforth, Housing NCO and assistant BWO.



Mrs Jean Dingwall and Mary McGough, switchboard operators.



Pte. Gerry Sylvester



Cpl Wayne Blackley



Capt Lou Pinsonneault, BPadO, and Pte. Ed Agarand.



Sgt. Yvon Hurrens

BASE HEADQUARTERS

The Base Headquarters could be described as the Central Control or "Hub" of all Base activities. The Base operates on what is commonly called a "4 prong" organization. That means that the individual officers responsible for Flying Training (CO 1FTS), Technical Services (BTSO), Administrative Services (BADO) and Accounts (B Compt) report directly to the Base Commander. All but the CO 1 FTS have their offices in the Base Headquarters. Also with offices in the building are the Base Sergeant Major who is responsible for a high standard of discipline, deportment, drill and morale among the men on the Base and the BpadO who is responsible for all administrative matters relating to the careers and general well being of service personnel. The Base Services Officer would normally be located in the HQ as well but because he is also the Base Exchange Officer he works from the Central Warehouse.

Other sections in the building are Base Housing, Base Orderly Room, 733 Communications Detachment, Switchboard, and Base Accounts. The function of each of these sections is described briefly as follows:

Base Housing - The Housing Office allocates, controls and inspects PMQs and Evergreen housing. There are 193 PMQs plus 20 house trailers in Aspen Park and 150 housing units in the Evergreen. Approximately 125 moves are made in and out each year making this a very busy section.

Base Orderly Room (BOR) - The BOR maintains service files on the 825 military personnel at Gimli. A "Bring Forward" system is used to ensure members receive their incentive pay on time and to remind them of re-engagement dates. Personal assessment reports are initiated here and forwarded to CFHQ when completed. Routine Orders and Personnel Occurrence Reports also originate in the BOR. BOR personnel operate Central Registry which distributes mail and maintains files for the Base. Usually about 150 pieces of external correspondence are received and about 100 pieces are mailed out daily. A staff of five are required to operate the BOR efficiently.

733 Communication Detachment - One of the lesser known sections located in the Station HQ complex is 733 Communications Detachment, or as it is better known to its users the CommCen. The detachment is a lodger unit of CFB Gimli and is responsible to 733 Communications Squadron which is located in Winnipeg. The detachment is manned by a staff of three Teletype Operators and a Detachment Commander of Sgt rank. The primary purpose of the CommCen is the transmission and reception of messages of all precedence and classifications, and to achieve this purpose the teletype machines are running 24 hrs a day, 7 days a week. Messages are received in the CommCen to and from all parts of Canada, United States and Europe. Telegrams are also transmitted and received through the CommCen facilities. In an average month approximately 3,500 messages would be handled by the CommCen staff. The detachment is part of vast communications network which

stretches from Vancouver to Germany and is set up in such a way to provide communicators with the means to pass messages to any country in which the Armed Forces are serving. The degree of urgency of a message determines what precedence it should be, the highest precedence in use in the CAF allows six minutes for a message to be sent from the east to the west coast. All sections on the base make use of the CommCen facilities and in a normal days work the CommCen would handle messages concerning posting of personnel, flight move-

ments and bookings, stats, supplies, move of F and E, policy, technical matters and many more. After these messages are in the CommCen they are passed to the Central Registry for distribution to the section concerned.

Switchboard - The switchboard employs 6 full time operators who provide 24 hour service 7 days a week. There are only 2 operator positions at the switchboard and during the working day they are extremely busy. The board handles 242 Base phones, 6 off station lines and 1 direct line. On an average day the operators will handle 3150 calls of which approximately 2250 will be on base calls and the remainder will be outside calls. The switchboard is old and inadequate. The staff wish to take the opportunity to thank the many users who have shown patience when wishing to place calls.

Accounts - The Accounts section and Base Exchange will be covered in a separate issue.

STATION TEAM



Burt Graham became the final member to register with the CFB fastball team this year. At the commencement of spring training Burt was a doubtful candidate due to his posting to CFB Cornwallis. However thanks to the movements people at Ottawa, Burts transfer was cancelled which enabled him to become a prominent figure in the CFB Falcons' line-up. Burt is another maritime born player. He hails from Atholville, New Brunswick - a bustling little town known for it's pulp and paper mill. Born on June 17, 1940 Burt became

the second eldest of four in the Graham family, two other brothers and a sister all which are now serving in the Canadian Armed Forces. Playing ball was of little interest to Burt while attending school. Scrub softball during recess seemed to be the extent of his ball career. A month after completion of High School, on July 31st, 1958 to be exact, Burt journeyed to St. John, New Brunswick where he took the oath to become a member in Her Majestys service. After almost a year of basic training in Quebec and Onterio, our pictured player started his I and E career at CFB Winnipeg in the Fall of 1959. Three years later he was transferred overseas to Air Division's #1 Wing at Marville, France. On the 31, July 1964, exactly six years after his enlistment date, Burt became married to a airwoman Betty Perry at a quiet ceremony which took place in the town of Marville. A European custom, the newlyweds were not allowed a honeymoon until the following day, where another marriage ceremony was performed, this time at the base chapel. Betty, a native of Dresden, Onterio, served with the Air Force for another year before taking her release. It was

in December 1966 that the Grahams took up residence in the Gimli area. Betty and Burt became well known throughout Aspen Park. They both took part in last years mixed bowling league and Burt was also a participant on Bill Borthwicks' league winning team in the Men's bowling division. Other sporting interests of Burts' are golf and intersection hockey. Shortly after the New Year festivities Burt was among Base Gimli's Zone III championships Volleyball team which travelled to Esquimalt for the Volleyball Nationals. At present Burt is the right fielder and lead-off batter for the station fastballers. His great speed and alertness has caught many opposing infielder off guard which has accounted for his 335 batting average. Burt was a key figure in last weeks area II of the Zone III play-offs in which CFB Gimli came out on the winning end.

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2. to develop some degree of proficiency in the fundamental skills.
3. to develop a knowledge of the rules of the game.

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Do you know baseball

L.J. BURNS

In the top half of the fourth inning, scored tied 1 - 1. With one out the batter laces a double along the left field line. He moves to third as the next batter grounds out. The next batter lifts a dinkily pop up in front of the plate. The catcher lunges for the ball, but it twists down between his outstretched hands, untouched. Now the ball takes a backward hop toward the third base foul line. While still in fair territory, it hits the runner on the seat of the pants as he sprints home.

Question: You are the umpire. Is he out?

Answer: Major-league umpires are instructed to call the base runner on a play like this one.

In the top half of the fifth inning, the home team leads 1-0. The first batter singles to left, advances to second on a sacrifice, and moves to third on a ground ball to second. The next batter walked. The runner on third is signaled to steal home, as the pitcher goes into his stretch the runner breaks for the plate. The pitcher promptly backs completely off the rubber, and throws the ball home. The batter swings at the throw and singles to right

field. Immediately the home team claims interference on the batter, while the visitors claim the batter has every right to hit the pitcher's delivery.

Question: If you were the umpire, how would you rule?

Answer: The batter is out for interference. Under the circumstances, the man on the mound is not a pitcher, but an infielder. Had there been less than two out, the runner would be declared out for the batters interference.

Glare Care

Sunglasses are an important every day need for summer or winter weather. The ultra violet rays, the burning and tanning ones are most potent when the sun is closest to earth. Thus the period from 10 AM to 2 PM is the time most care should be taken for your skin and also eyes. Being practical, sunglasses protect against cinders etc., that can damage the eye, and against wind-caused tears that ruin make-up. Dark tints are best for protection, but the light and tinted ones are more fashionable.

Usually the shape of your face determines the pair of sunglasses for you. But sun specs are fun accessories and can match your every mood. Don't hesitate to experiment with different shades of lenses. Now's the time for color. Some sunglasses even come with changable lenses so you can match or accent any outfit!

Here's looking at you!

Cassie Parker

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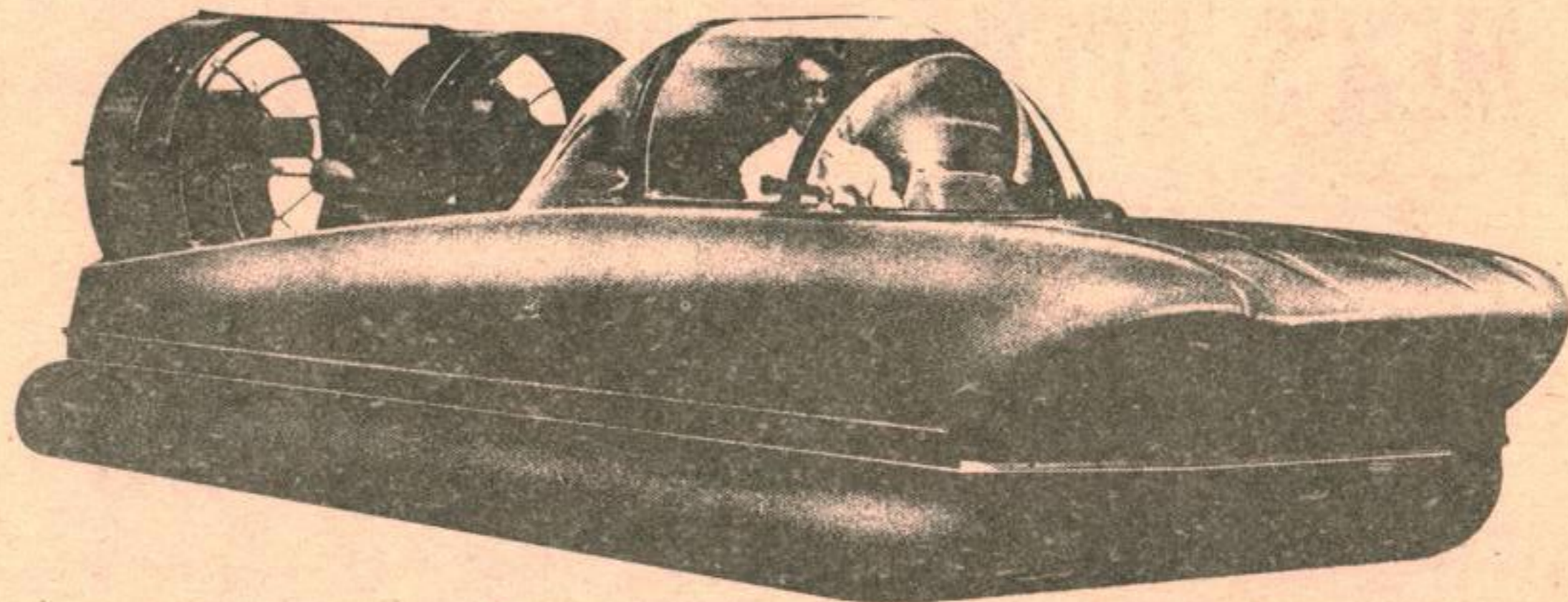
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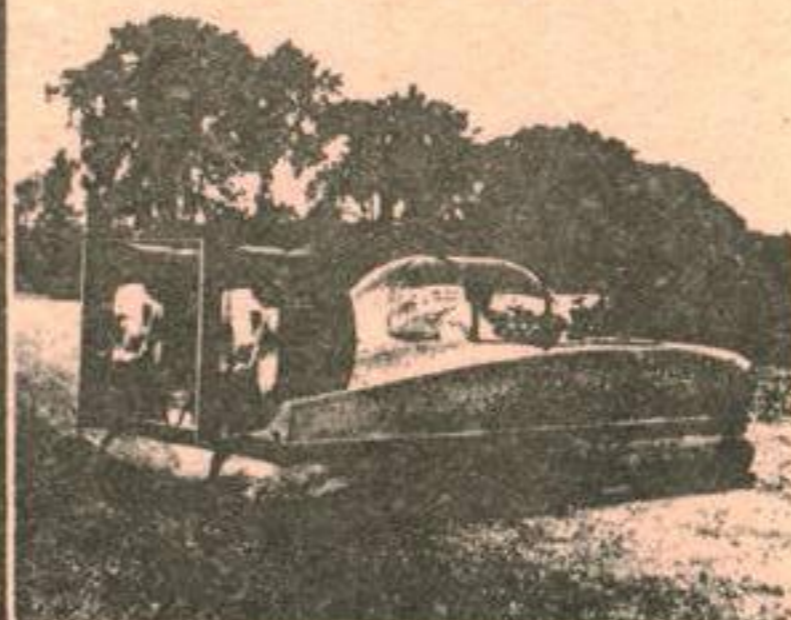
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FOB OTTAWA





Mr. Greenberg showing his form on the tee while tournament chairman Bud Wilds look on.



Mr. Sam Greenberg presenting CWO Chorney with the Gimli Moving & Storage Trophy.

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TEE OFF 0830

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GIMLI HOTEL Trophy

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Bar-B-Q After Tournament

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Register At The Pro Shop Prior To The CLOSING DATE Of AUG. 5th.

THE 10th HOLE
Aspen Park Golf Club

Intersection Golf

S TANDINGS:

Teams	GIP	PTS
Standards	4	14 1/2
Tel Com	3	13 1/2
C.E.	4	13 1/2
Me Tech	4	13 1/2
Me OP	3	11
Cobras	4	10
A TC	4	9
Supply	3	7
H.Q.	3	4

Mens Closed Tournament

On behalf of the Gimli Moving and Storage Sam Greenberg has donated a beautiful bi-level trophy, which, beginning this year will be presented annually to the low gross winner in the "Men's Closed Tourney Sun. 19 July set the scene for the premier event with some 40 golfers competing for the excellent prizes and the Gimli Moving & Storage trophy. Bud Wilds, O. Karkkainen and Fred Auger, the tournament organizers, are comended from this corner for the excellent effort they put forward to make the event the success it was.

When the smoke cleared and the sticks were laid to rest for the day it was evident that the first name to be engraved on the trophy would be Fred Charney. Fred, although he wasn't completely happy with his tee shots, putted to a very respectable 68.

Results:

- Championship Flight
1. Fred Charney - 68
 2. O. Karkkainen - 74
 3. Glen Newport - 65 1/2 (net)

#1 Flight

1. Fred Auger - 79
2. Vern Murry - 80
3. Art Cramer - 68 (net)

#2 Flight

1. J. Graham - 83
2. B. Barnes - 88
3. J. May - 71 (net)

A Prize was also awarded for the largest drive on #1 hole. Rod Oberg proving to be the longest hitter of the day. O. Karkkainen won a prize for his accuracy on #7 hole when he placed his tee shot approx. 18" from the pin and just salvaged his par. Leaving the green he was heard to mumble something about the 6" break that was impossible to read in his putt.

Grip Light When The Situation Tight

A golfer has the tendency to grip the club tight when the situation calls for a crucial shot, such as a shot which has to carry over water or hitting directly into a stiff breeze.

Tightening his grip particularly with his left hand causes a golfer to stiffen his wrists and jerk the clubhead out of a proper plane. Mis-hit shots are a sure result.

In tense situation a conscious effort should be maintained to grip the club with a relaxed and free feeling, but firm enough to control the club as the backswing starts. This will maintain a smooth and rhythmic swing. Your left hand will tighten naturally on the downswing and the clubhead will meet the ball squarely at impact. "Never try to press this shot for extra yards."

Ball Stopped or Deflected By An Opponent

If a player's ball is stopped or deflected by an opponent, his caddie or equipment, the opponent shall lose the hole in his match with the player. This rule applies to match play only, there is no penalty incurred during medal play.

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3,000	38	39	42	44	47
3,500	40	42	45	48	51
4,000	43	45	48	51	55
4,500	45	47	51	55	59
5,000	48	50	54	59	63
6,000	53	55	60	65	71
7,000	57	60	66	72	78
8,000	62	65	72	79	86
9,000	67	71	78	86	93
10,000	71	76	84	93	101

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Gimli Triumphant in Zone 3

Last Friday the area 2 of Zone 3 fastball playdowns got underway with the Base Commander, Colonel Dunlop, throwing the first ball. Three teams competed in the area 2 playoffs, and they were CFB Portage La Prairie, CFB Winnipeg, and the Falcons' from Gimli.

The first draw took place at 10 A.M. Friday on diamond #1 which saw CFB Portage host the airmen from Gimli. Local fans began to cheer early in the game as they witnessed their Falcons' score two quick runs in the first inning and then go to white-wash their opponents by a 5-0 score. Doug Tuckers' double in the first inning scored two Gimli baserunners to put the Falcons' put front to stay. In the second inning CFB Gimli struck again with a lead-off single by Beattie. Two sacrifice bunts advanced him to third and then scored on Grahams infield hit. The final two runs came in the fifth inning on a walk and four consecutive hits. Tom Wadey went the distance on the mound for the Falcons. He struck out nine, walked none, and gave up only

three Portage hits. Portage never advanced a runner farther than second base. Lockridge took the lose for Portage giving up five runs on eight hits, while only striking out three. Gimli's top batsmen were Graham and Beattie with two hits apiece.

The second draw at 1 P.M. saw CFB Portage humiliate CFB Winnipeg with a lopsided 15-2 victory. It was a comedy of errors for the Winnipeg airmen as three miscue's in the first inning along with three walks and three hits gave Portage an 8-0 lead. There was no stopping the Portage club after the first inning as Williamson kept the Winnipeggers in control by giving up only three hits, all in the fifth inning. Steele and Milward were the big sticks for Portage each collecting three hits. Wood of Winnipeg took the lose. The game became held up momentarily due to an air incident which took place directly over the playing field. The stoppage of play had no effect on either team as the hits still came off the Portage bats while Winnipeg continued to fumble the ball.

CFB Gimli made it victory number two in the afternoon encounter when they downed the slumping Winnipeg airmen 9-1. Strong pitching by Paul Chellew and eight hit

attack by his team mates tucked the game away for the locals. Chellew scattered four hits, gave up one walk, and had eight opponents go down swinging to put the Winnipeggers out of contention. Rick Buchanan was all Chellew needed to help preseve the win. Rick pounded out three hits - two triples and a double to lead the Falcons at the plate. Ricard started on the mound for Winnipeg allowing all nine runs before Wood came on the fourth to hold Gimli off the scoreboard for the remainder of the game.

The thriller of the day came in the evening game when CFB Gimli once again faced the Portage nine. Although the game ended up 15-1 in favour of the Gimli Falcons, the spectators remained in their seats until the final out was made. Tom Wadey came within two outs of pitching a perfect game before Williamson of Portage ruined Wadey's masterpiece by hitting a single with one out in the final inning. Another hit by Plaster moved Williamson to third who then crossed the plate on a sacrifice fly to score Portages' only run. Wadey retired the first nineteen batters in order before giving up his first hit. Fine defensive plays by Doug Gagnon in the infield and Buchanan in the outfield thrilled the many

<p>GM CHARGE CARDS</p>	<h1>TAYLOR PHARMACY</h1>		<p>CENTRE AND SIXTH G I M L I</p>
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Gimli supporters. Also the cracking of Gimli's bats brought a continuous applause from the crowd. Beattie and Tappay were the Falcons big guns as they pounded out three hits apiece. Rick Buchanan hit a home run in the second inning for Gimli, the only ball to be hit out of the park throughout the playdowns. Portage pitchers gave up 15 runs, on 14 hits, while walking 2 and striking out three. Wady struck out four and allowed just the two hits to record the win.

The three victories for CFB Gimli eliminated CFB Portage and CFB Winnipeg from the Zone 3 playoffs. At the end of the month Sioux Lookout, Gypsumville, and the winner from the Moose Jaw, Shilo, and Rivers series will invade CFB Gimli to determine who will represent Zone 3 in Greenwood on the 6th of September. Come out and support you Station team.



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SALES & SERVICE

Recreational Running Results Revealed

100 MILE CLUB

As of June 13, 1970 the following are the current results of the Centennial Run. The aim of the runners is to maintain fitness through running and conditioning. The run continues through out 1970.

Cpl R. Bushe	575 miles
Cpl N. Passant	390
Capt L. Pinsonneault	222
Maj K. Ennis	196
Cpl A. Watson	191
Cpl J. Charron	190
Cpl J. Harrison	179
WO P. Hilson	169
Cpl J. McIntosh	160
Sgt P. Plewes	137
WO E. Hall	127
Capt Crooks	125
Cpl K. Tappay	120
WO Wagstaff	118
Sgt S. Robinson	108
Capt J Astley	106
WO Daye	100

Total 3,213 Miles

Zone 3 Golf Championships

CFB SHILO

Following are the results of the Zone III Golf that was held at CFB Shilo from 14 to 16 July 70.

Hidden Hole Winners:

WO Thompson	Moose Jaw
Sgt Bowden	CFB Shilo
Zone III Team in order of finish with gross score - 36 holes	
Cpl Livingstone	Sioux Look Out
Cpl Blinston	CFB Shilo
WO Thompson	Moose Jaw
Lt Mrsden	CFB Shilo
Sgt Foley	Moose Jaw
Sgt Moroz	CFB Dana
Maj Reid	CFB Rivers
Sgt Bowden	CFB Shilo

Team Results:

Shilo	844
Moose Jaw	851
Winnipeg	878
Gimli	880
Rivers	892
Portage	919
Dana	924

THE AMAZING

DAMANT

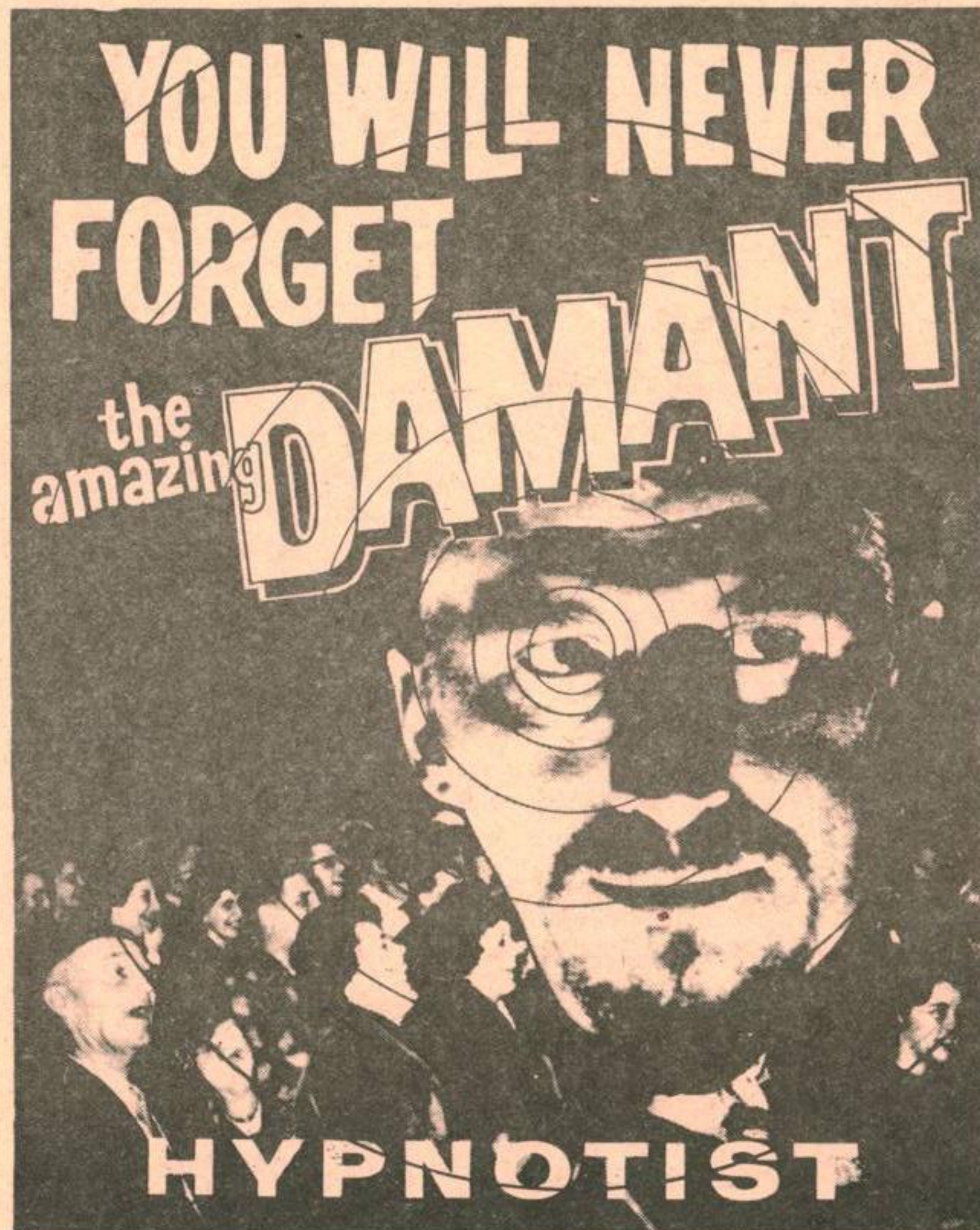
HYPNOTIST

*Appearing at the
GIMLI ARENA*

*Friday July 24th, 9 pm
Saturday July 25th, 9 pm*

ADMISSION-

Adults	\$1.50
Children under 12	\$1.00



NRC Requests Meteor Reports

OTTAWA (CFP) - National Research Council experts here are seeking the help of servicemen in tracking down meteorites.

A forces routine order at CFHQ urges service personnel to report, immediately, any fireball sightings to unit authorities. Details from Canadian forces establishments should be passed to military and NRC officials here by priority signal addressed as follows: For C FOC Fireball and observations.

Council radio and electrical engineers say if they get enough reports from 100-mile area they can predict the spot on earth where surviving fireball meteorites are likely to hit. They are interested in "fresh falls" rather than old ones.

If you see one, they would like to know:

- date and time of sighting
- brightness, compared to planets and moon
- its colours and form
- length of time visible -- body and tail
- position in sky
- names of any others observing.

Fireballs, say the experts, are bright meteors -- usually brighter than most planets -- which streak across the sky leaving a tail of glowing particles. They sometimes explode, several times during a single fall, with a flash and loud sound.

Field investigations are often carried out by national defence investigators.

Hairy Orders for Forces

OTTAWA (CFP) -- Hair today and gone tomorrow!

Or so it used to be when a soldier took his recruit training. Now, however, things have changed.

The U.S. Department of the Army, as reported in the latest edition of U.S. Army Digest, has decreed that hair styles are not a prerogative of command. Hair on top of the head will be neatly trimmed, but not cut to less than one inch unless the soldier specifically requests such. The maximum length will not exceed three inches.

Canadian military police states that officers and men shall keep their hair short and neatly trimmed. Exaggerated extension of sideburns shall not be permitted.

American troops may wear sideburns which do not extend "beyond a line parallel to the ground and horizontally through the centre of the ear canal."

Canadian troops are allowed one inch sideburns extending downward from where the top of the ear joins the headbone.

U.S. GIs may not wear wigs "except to cover up baldness caused by natural, accidental or medical processes." On the other hand, there are no restrictions to the wearing of wigs by Canadian servicemen. If wigs are worn, however, they must conform to normal hair and sideburn lengths.

Goatees and beards for U.S. troops are still unauthorized while U.S. and Canadian sailors may grow beards with their commanding officer's consent. For Canadian soldiers, only infantry pioneers are entitled to beards while serving outside of Canada.

Both countries allow officers and men to wear moustaches, neatly trimmed of course. The exceptions are Canadian sailors. For them it's all or nothing, beards and moustaches, but never moustaches alone.

DANCES, BANQUETS, PARTIES, WEDDINGS



*Men of Note
Orchestra*
Jim Glover,

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ASTRA CREDIT UNION

Protestant Chapel

THE PROTESTANT CHAPEL

Rev. D.W.Hilton
PHONE: 156 Ring 2

SUNDAY -- 19 July 1970

-- 10:00 A.M. --

DIVINE WORSHIP.

R.C. Chapel

OUR LADY OF LORETTO CHAPEL

CFB GIMLI, ASPEN PARK, MAN.

Major (Rev.) J.Georges Savoie;
Phone: 156 Ring 1

MASSES: Sunday - 0900 Hours
- 1115 Hours
Weekdays - 1700 Hours

CONFESSIONS: Saturday - 1600 to
1700 Hours. Before
each Mass and when-
ever you feel like
it. We will try to
accommodate every-
one.

BAPTISMS: By Appointment.
Usually on Sundays.

MARRIAGES:
1. Give two month notice to your
Chaplin.
2. For a Mixed Marriage - Four
months notice would be pre-
ferable since the Non-
Catholic party needs to
take a few instructions
about the Catholic Faith.

WHAT TIME IS IT JESUS ?

"It's time you Christians re-
alized that the only reason for
the separation between yourselves
are your ideas, but what are ideas
among friends."

"What time is it, Jesus?"

"It's time to get unity with Me and
then unity with yourselves".

"What time is it, Jesus ?"

"It's time to worry about poor
people, sick people, little people,
instead of worrying about who's
using the proper service".

"What time is it, Jesus?"

"It's time you stopped being greedy
and making wars and killing each
other".

"What time is it, Jesus?"

"It's time to stop feeling sorry
for yourselves and remember I am
with you always".

"What time is it, Jesus?"

"It's time to stop being so self-
righteous towards non-Christians
and showing Me in your life in-
stead of talking about Me".

"What time is it, Jesus?"

"It's time to remember I didn't
pick scholars; I picked fishermen,
a tax collector, and a fink, but
I loved everyone of them".

"What time is it, Jesus?"

"It's time you remembered I said,
"Suffer all little children to
come unto me". It doesn't matter
whether they're white, black,
brown, purple or green, or if
they have dirty faces. I love them
all just the way they are".

"What time is it, Jesus?"

"It's time to let My love come
through you to other people, in-
stead of self-centered you coming
through to other people".

"What time is it, Jesus?"

"It's time to remember that I died
on the cross with two thieves (not
aquares, but it doesn't matter),
that I died not saying my love to
you, but giving my love to you".

"What time is it, Jesus?"

"It's time to remember that labels
like Hippies, or Honkies mean noth-
ing, it's the feeling in your heart
for them that really matters".

"What time is it, Jesus?"

"It's time you forgave your sins
and other people's sins against
you and remember that I died and
took your sins away".

"What time is it, Jesus?"

"It's time you went to bed, you
look tired".

"Thanks, Jesus".

"Okay, good-night, -----".

"Good-night, Jesus".

(BY:K.C.)

GIMLI YOUTH CLUB

REQUIRE billeting for
VOYAGEURS

1st-7th AUGUST

if you are interested

PH 642-5326

CENTENNIAL - Prayer of Thanksgiving

O Lord, our God source of all
joy and love.

We wish to thank you from the
bottom of our hearts, for many gifts
to us in this province, during our
first One hundred years in the
Confederation of Canada;

We thank you for the beauty and
for the wealth of our province;
We thank you for the grace of free-
dom which we all enjoy;

We thank you for the opportunity
of growing together in the spirit of
trust and understanding.

We ask you to bless us all as we
enter our second century of growth.

As we accept your blessings, may
we also accept the responsibility of
making our province a place where
all may seek and find happiness with
their fellow-- Manitobans.

As we celebrate, help us to
submit joyfully to your Holy and
Loving Will.

Make us aware of the desperate
needs of other human beings through-
out the world, and help us, O God,
to do something about it.

AMEN.

OLD CLOTHING:

If you move and want to put to
good use the clothing you won't
need why not bring it to the Chapel,
we give it away to those in need.

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JEWELRY REPAIRS

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ORDERS TO TAKE OUT.

CENTRE STREET 642-9278

CENTENNIAL FLASHBACK

Translation from "Bergmalid"
("The Echo")

Published at Gimli, Man.,
Mon., November 5, 1900

Loaned to "Framfari" by Mrs.
Lilia Sigmundson, Gimli.

Once again our thanks to Miss S.
Stefansson for the translation.

Note: Except for a few new items
and advertisements, this entire
paper is an election issue, plead-
ing for the return to power of the
Laurier government. (This is not a
paid political announcement)

An Important Matter for the Farmer

It is very doubtful whether
every farmer realizes fully why his
produce is higher priced on the
market now than four years ago;
why the trade in his products has
increased so tremendously during
this period.

The Conservative ("reactionary")
publications state that the farmer
is far worse off financially now than
four years ago. This is a baseless
falsehood, unsupported by any proof.
Everyone knows that the market for
the farmer's products is far better
now than in 1896. The farmer can
sell more on the market now than
then, and consequently can increase
his production with a view to the
market.

It would be unjust to say that
the farmer has not secured a better
market for his products the last
four years than preceding that time.
And it would also be unjust not to
grant due credit to the federal
government for having contributed
to increasing and strengthening the
farmers' production, and at the same
time securing markets for them for
their goods. In this matter the
Laurier government has aided the
farmer more than the preceding
Conservative administration.

That the sale of agricultural
products on the foreign market
has increased so greatly since 1896
is largely thanks to the Laurier
government. To deliver the goods,
such as butter, eggs, chees, etc.,
undamaged to the foreign market it
is essential that it be kept during

GIMLI DRIVE INN

NOW OPEN
TO SERVE YOU THIS SUMMER

TRY OUR -Chili

-Tubby Chicken

- Hot Dogs & Nips

-Deep Fried Perogies

642-8355 FOR PICK-UP ORDERS

CENTRAL BAKERY

BAKED FRESH DAILY

Sliced Bread

Seed Bread
IRISH & RYE

Pan Bread

Homemade Breads, Buns, & Cakes
Imported Chocolates & Cheeses

HOT PIZZA TO GO - Baked to your order in 15 min.

EATONS

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transportation in specially prepared cold rooms (cold storage). Such equipment naturally entails considerable expense, but if the government of whatever country it may be wants to support the farmers in securing a good market for their products and in having the produce delivered undamaged, then it is its moral duty to assist them in this matter.

Before the Laurier government came into power all such delivery was in great disorder. The goods came to the foreign market so spoiled that they were not fit for sale, or were sold at heavy discounts, with great losses to the owners. The Conservative government did not contribute a sufficient amount for this useful undertaking. It was useful to the farmer, but then he could take a back seat. But when the Laurier government appeared on the scene, and the Hon. Sydney Fisher was appointed minister of agriculture, the farmers' trade with foreign markets began to revive.

The Hon. Fisher was himself a practical farmer, and therefore was informed on what had to be done for the farmer with regard to the market. His first achievement was to support the farmers in delivering their goods undamaged to market, with the result that farmers have profited by the work of this man to the amount of hundreds of thousands of pounds sterling. To support this statement of ours we shall quote the number of pounds and the price of the butter exported from Canada from 1894-1899, according to public statistics:

1894.....	5,534,621 lb...	£220,000
1895.....	3,650,258	140,000
1896.....	5,889,241	205,000
1897.....	11,453,351	419,500
1898.....	11,253,787	419,200
1899.....	20,139,195	742,700

This table shows that during the last four years the Canadian farmers have received \$1,227,400 more for their butter than previously, and they owe it to the cold storage system. Among those who wish to consider this matter fairly, few will deny that the Hon. Fisher, agricultural minister of the Laurier government, has done well in his office and has contributed to the prosperity and welfare of the farmers, and it is precisely they who ought most to value a practical and good government that promotes their well-being.

We are going to go into more details in this matter, so that it will become clearer to farmers. In the year 1895 Canadian butter

was priced at 9-13 shillings less per 112 pounds (cwt.) than Australian butter. But in 1900 a higher price is paid for it. In 1895 Canadian butter was priced 14-22 shillings below butter from Denmark. But now that difference is only 4-5 shillings per 112 pounds on the average. A ten-shilling increase per 112 pounds is, by Canadian standards, about 2 1/4 cents a pound.

In the year 1896 Canadian butter sold on the average at 17.8 a pound, in 1899 at 18.3 a pound, but in the last fiscal year, 1900, its average price was 20.28 cents.

To give still more conclusive proof of our case, that the sale of farm products has increased enormously during these four years, we are supplying here a comparison of the production and monetary value of four farm exports during the last four years and also during the four years preceding:

(Statistical table follows, showing exports of butter, cheese, eggs and pork. It shows an increase over the four-year period as compared with the four-year period preceding as follows:

Export butter.....	\$ 8,817,321
Export cheese.....	11,776,857
Export eggs.....	1,761,611
Export pork.....	22,943,468

Total increase during the Laurier administration..... \$45,299,257)

We do not have sufficient space to go into further detail in this matter, and besides this survey ought to give the voters a clearer idea of what an energetic and practical government can accomplish. A government that has it for a prime objective to promote the welfare of the farmers and to foster their budding prosperity deserves their firm support. They should not let the promises of the Conservative ("reactionary") party have so much hypnotic power over them that they vote against the government that has in four short years so greatly augmented their prosperity. Often before we have heard fair promises of the Conservative party leaders resounding in our ears, but those promises have never been kept.

They have merely been repeated before every election, and that has been the end of it.

New Icelanders! Give your votes on Wednesday to Mr. W.F. McCreary, the candidate of the Liberal party for the constituency of Selkirk. He has the same policy (objective, platform) as the Laurier government: to promote your welfare and prosperity and lift the burden off your shoulders by tariff reduction.

Translator's Note:

Other contents of this paper:

1. Vonlevisis-strit sfturhalds-manna ("The Hopeless Struggle of the Reactionaries (the Conservatives), discussing the campaign of the Conservative leader, Sir Charles Tupper.
2. Takio eftir hvao "Times" seqir! (Notice What the "Times" Has to Say!), quoting comments of the "Times" of London about the Laurier government and discussing them.
3. Hitt og betta hvaoanaefa ("This and That from Here and There") Mostly on the elections, but with one news item from the Boer War: "The Boers are still disturbing the British in the South. On the 28th ult. they captured 90 outposts (Sentries? Scouts?) near Geneva; and shortly after, on the same day, they stopped the mail train from Cape Town, seized all the baggage (transported goods), and destroyed the mail."
4. Canada - The North West. An advertisement giving precise directives on how to secure homesteads, and the regulations governing them.
5. Gimli og grendin (Gimli and the Neighboring Community) The main news items in this part are: "Although the first week of November will soon be past (and according to the Icelandic calendar, a full week of winter), the weather is exceptionally good. There have been very few frosty nights as yet, and the prospect is that the lake will freeze over late. However, most of the steam boats have ceased their trips, except the "Victoria" and the Highlander", which come here these days. The sailboats of Frimannsson and of Captain Jon are still sailing: Yesterday the captain's boat came with a full cargo from Selkirk, but Frimannsson is expected tomorrow." "On Wednesday evening the steamboat "Victoria" came to Gimli with Mr. Macdonell, the previous member of parliament for this constituency. Mr. Macdonell was looking after the work on the pier (dock) and making various provisions for securing materials for it. He went on north to Hnusa next day to make provisions there concerning the Hnusa dock, to which the federal government has made a grant to repair and lengthen it."

The rest of the paper consists of advertisements, mainly of books and periodicals.

The MART

AUTOMOBILES

For Sale: 1963 Dodge Stn.Wagon 6 cyl. auto. \$550.00 or best offer phone 5297 or 5151 loc. 167 N. Nelson.

For Sale: Volkswagen Roof Rack built in Germany used only once by little old Lady to go to church call 642-5151 or loc.67

For Sale: 1966 Mercury Comet Caliente two door hardtop. 6 cyl. standard- like new condition. Phone: 642-5284 or Loc. 61.

For Sale: 1968 Grande Parisienne Pontiac 2 door, ex.cond. call at 36 6th Ave. or phone 642-5049 Gordon Gingrich.

For Sale: 1963 Ford Galaxie.. Factory rebuilt 352 engine has 13000 miles. Completely new electrical system, new carb both still under warrenty. Front end job just completed, transmission and rear end in top shape. Exhaust system recently overhauled. Rubber all round good for another 10,000 miles. Also have two mounted studded snow tires. Radio,windshield washer, At.Body not too bad. Passed base safty check with flying colors. Total cost of labor just complered within the last year is \$700.00. Will sacrifice all for \$400.00,contact Cpl MacLean at 5151 Loc.61 or 642-7405.

HOUSES

To Sublet: 1 Sept.1970 to Jan. 1971. Sandy Hook on 1st Ave. 10 minutes from Gimli, furnished or partly furnished 3 bedrooms, garage, heated workshed, \$75.00 plus Utilities. Phone: Bill Reinhart at 5151 Loc.119 or 389-5207.

MISCELLANEOUS

For Sale: Lot, available for 2 trailers at 75 6th Ave. See Lawrence at Gimli Auto Body.

For Sale: Silverliner Hardtop Camper Trailer, sleeps 6 used 3 summers, included are spare tire, thermos chest cooler and small catalytic heater. \$300.00 Contact P.J.Sarty at 642-5522

For Sale: Zenith Dryer used one winter. Phone: 642-5404.

For Sale: 1 13 Cu.ft. Fridge with 150 lb.Freezer, with separate doors excellent condition, 1 Nylon Mesh folding babies -playpan used 6 month, 1 19" Electrohome portable TV in very good condition. Phone: 642-8386

For Sale: S.S.Stewart Oechestra Guitar like new \$45.00 Paximat 1000, 3.5m.m. slide projector and carrying case 110 or 220 volts automatic with remote control, never used \$85.00. For above contact Cpl.E. Boutilier at 642-5284 or 5151 Loc.61.

For Sale: Are you going on leave? Take a Gimli Souvenir for your family. See items at Nordie Souvenire.Center and 6th Ave.or phone: 642-5850.

For Sale: TOPCON-UNI Camera Single Lens, REFLEX - Normal Lens and wide angle lens carring case \$200.00. Also BRAUN F270 electronic flash unit \$45.00 Ph. 642-5284 or can be seen at Photo Section.

WANTED: A projectionist for the Gimli Theatre. Phone:642-5334.

YOUNG WOMAN desires employment. Experianced in office work, or will accept other types of employment. Phone: 642-8304.

For Sale: "Stork Craft" crib, mattress and posture board in excellant condition. Baby's high chair which can be used as a low chair and table and chair when child gets older. All chrome & washable vinyl. Folding gate for interior use. Contact 642-5336.

STARLITE THEATRE

Tom Thumb

Tuesday, July 28 - 90 minutes Starting at 1;30 pm (General)

The Damned

Thursday, July 30 - 155 minutes Starting at 8:00 pm (Restricted)

Printed by Frampress

GIMLI HAPPENINGS

A community calender of events in and around Gimli provided as a free Centennial service to the people of Gimli town and Base.

If your club or organization wishes to announce an upcoming event call or write B10, CFB Gimli Aspen Park, Man. orPhone: 642-5151 Local 26.

- | | | |
|-----------------|------------------|---|
| Fri. 24-31 July | 0930 - 1630 Hrs. | WATER SAFETY CLASSES, Gimli Beach. |
| Fri. 24 July | | OFFICIAL OPENING Jr.RANKS MESS. All Ranks invited STAG Food, Sub. Drinks, Dress Uniform or Sem. Formal. |
| Fri. 24 July | | TGIF SGTS.MESS. <u>Sec. Last</u> Bottle draw |
| Sat. 25 July | | SGTS MESS SOCIAL NIGHT, Barbecue Hamburgers FREE. |
| Sat. 25 July | | JR RANKS MESS MONKEY MIXED GOLF |
| Sun. 26 July | | JR RANKS MESS Movie Night 2000 Hrs. Fantastic Voyage-Raquel Welch & St.Bayd. |
| Wed. 29 July | | JUNIOR GOLF TOURNAMENT, 18 & under. |
| Thurs.30 July | 1900 Hrs. | GRADUATION 6903 |
| Thurs.30 July | | SGTS. MESS IGIF Subs. Drinks <u>Last</u> Bottle draw |
| Sat. 1 Aug. | 2 000 Hrs. | JR RANKS MESS GRAND OPENING Orchestra "MEN OF NOTE", Side of Beef, Cocktails, DRESS Sem. Formal. |
| Sun. 2 Aug. | | FLAGPOLE DEDICATION, Ritchi Park Winnipeg Beasch. |
| Sun. 2 Aug. | | MENS OPEN GOLF Tournament CFB Gimli. |