



# Framfari

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Volume 1 Number 9

C.F.B. GIMLI, ASPEN PARK, MANITOBA

Friday April 3, 1970

## Gimli Lends a Helping Hand

March 26 saw the completion of yet another successful mission by 440 Search and Rescue Squadron as the DC-3 piloted by Major Sid Burrows, Commanding Officer of the Squadron, and Major Mel Henderson landed at Gimli with its cargo of soap-stone from Island Lake.

Island lake is an Indian community approximately 250 mi. north east of Gimli and is situated on a beautiful group of islands. It has a population of about 1250 people. There are no cars as there are no roads; local transportation at this time of year is by snowmobile or bombardier. The Indians make their living hunting, trapping, doing beadwork, and carving soap-stone. The community also boasts a hospital and a very modern school. The local children attend this school up to Grade 8 level but for further education they must come south, to towns like Teulon.

In Teulon are some 60 Indian teen-agers from Island Lake and other such communities in Northern Manitoba. They attend Teulon High School by day and for the first year or two reside at the two Residences (one for boys and one for girls) operated by the United Church of Canada. As they get older and adapt to the local way of life they are placed in homes in the area. The people of Teulon are to be commended for the way in which they have accepted these Indian students into their homes and lives. These young people are taken from their home environment and thrust into a completely new way of life. However like any teenager they need recreation, something with which they can occupy themselves in the evenings and at week-ends.

(see 'Soapstone' p.3)



Lt. John Bennett and Mr. Joe Allan Flett, unloaded a 150 pound piece of soap-stone from Mr. Flett's trackmobile in Indian Lake, symbolizing the cooperation between Forces personnel and the community. This cooperation has resulted in the provision of approximately 650 pounds of soap-stone for some of the youth from Island Lake, who are attending school and residing in Teulon, 280 miles south of their home. The soap-stone is used for carving by the talented youngsters and it has been an interesting and worthwhile project for all concerned. Well done! (CF Photo)

# Editorial

It's been said that people's interest in, and discontent with, their community, is generally reflected in the number and content of their letters to the editor. Either we're extremely happy with our lot, or, heaven forbid, disinterested. Much as we hate to admit it, we feel that the latter is probably more true. Not a day goes by wherein we don't hear someone complaining about something. Agreed, many of the beefs are minor, and just a very normal part of everyday life, however unfortunate that may be. On the other hand, some of the problems are legitimate and need to be aired. In the first issue of FRAMFARI, we tried to point out that the "medium for your message" had arrived, and not to blame anyone but yourself for not having said it. Perhaps this needs, in light of our present letters and articles situation, demands, further explanation.

We are not saying, by any stretch of the imagination, that we want your letters, comments, articles, opinions, or criticisms merely for their own sake. We are quite capable of filling the paper every week if needs be (witness this editorial!). However, one of the prime objectives of this paper in the first place was to provide a means of communication of entertainment, services, information, ideas and opinions for YOU. Most definitely, this implies a two-way street. If you want to find out about things, read it in the FRAMFARI; if you want to tell others something, write it in the FRAMFARI.

Although we haven't seen anything in writing, it has been mentioned that some people are not satisfied with the content of this paper. Perhaps a shortcoming on our behalf is not having explained too clearly the set-up we have.



As is the case with other service papers, the staff is not here on a full-time basis (although you'd have a hard time convincing some of their wives!) Therefore, they cannot (and should not) be expected to be fully conversant with everything that's going on around the base. Going one step further they cannot (and should not) be held responsible for obtaining all this information, collecting all the data concerned, assembling it in a logical order, and writing it up for entry in the paper. Mind you, there are a few people here who are doing their damndest to stay on top of the situation as much as possible, but on a part-time, secondary duty basis, it is physically impossible, and it's unfair to expect "so much from so few" (where have we heard that before?) As we stated earlier, this paper exists for you; but remember, the paper can only exist by you. "By the people, for the people" (full of little gems!)

This is not to say that the paper will never be able to advance to the stage where it can have an ideal staff of writers, photographers and editors, who can keep their finger on the pulse of the community, leap into action at the drop of an inkling, and cover all the events that occur. But, and it's a big 'but', this ideal staff will not just mysteriously materialize from nowhere. It's going to have to be made up of people; people who are interested; people who are devoted to providing a service for the comm-

unity and doing a good job of it; people who are capable; people who aren't afraid to put in a few extra hours of work every week to accomplish something they believe in; people like YOU! Personally, we don't feel you're up to it; and we don't think it's really necessary. Sure, it would be nice to have a large, smooth, dynamic, well-read, hard-writing editorial and news staff, but it's a very high, and we think, not really necessary, ideal. What we do want, and we want it NOW, is at least a few sparks of interest from those dark corners where you've been hiding your ideas. Our office door is usually open, and the coffee pot is in good working order. If you're interested in helping out, or if you think you have some good ideas, drop in and prod us a bit.

Apart from the editorial side of producing a paper, there are also some very involved and very interesting industrial processes involved, and we are presently rather understaffed in these areas as well. There's a chance here for an extremely captivating (no, not like once we've got you, we won't let you go) and worthwhile hobby, and an opportunity to broaden your knowledge considerably.

Think about this seriously. Are you really interested in your community, and what's happening within it, or only those portions of it which are done by someone else for you? As of right now, we're open to suggestions, criticisms, ideas, and any help you may be able to give us.

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Editor, Framfari  
Aspen Park, Manitoba  
Phone: 642-5151 - L126R2

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#### PUBLISHER

....Col. J. F. Dunlop  
Base Commander

#### BUS. & PROD. MGR.

....Maj. A. C. Platz-L57

#### EDITOR

....D. B. Hartley-L126R2

#### ASS'T EDITOR

....G. D. Kenny-L154

#### SPORTS EDITOR

....C. Potter-L37

#### WOMEN'S EDITOR

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## ahoy there

A CFCF  
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By  
3-70

\$35,000

MADE  
RECREATION  
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POSSIBLE  
TO

ALL RANKS



AT  
CFB CHILLIWACK

# Soap-Stone Expedition to Indian Lake



As the Dak' approached Island Lake, snowmobiles could be seen headed for the landing site from all directions. A huge welcoming committee was on hand by shut-down time and an enthusiastic greeting was extended to the whole crew. (CF Photo)



Aerial view of the Island Lake community, 250 miles north of Gimli. The area has a raw beauty and yet the school facilities (centre rear) are very adequate and up-to-date. (CF Photo)



Two of the girls at the United Church Residence in Teulon, demonstrate one of their handicrafts, Indian beadwork, to Mrs. Jan Bradbury and Mrs. Colleen Pearson. (CF Photo)



With part of their 'treasure', the crew gets ready to depart (L to R) Mr. Rod Penner, Department of Indian Affairs, Lt. John Bennett, Major Mel Henderson, Cpl. Tony Bradbury, Mr. Frank Wesley, Major Sid Burrows, Mr. Joe Allan Flett, and Cpl. Harvey Pearson. (CF Photo)

('Soapstone' cont'd)

It was with this in mind that a member of the Residence Student Committee, Capt. 'Padre' Don Hilton, approached Cpl. Tony Bradbury some five months ago and asked if he would be interested in going out to Teulon on a regular basis to help set these young people up with Arts and Handicrafts. Cpl. Bradbury enlisted the aid of a friend, Cpl. Harvey Pearson and together they set out for Teulon where they found a very talented group of youngsters. While some were interested in making Indian costumes for

ceremonial occasions other voiced an interest in carving soap-stone, the nearest known source of which was Island Lake.

"We have much to learn from these people, and it would be a shame if this avenue of expression should remain closed simply for lack of raw materials", said Cpl. Bradbury, himself an accomplished artist.

Capt. Graham Hunter, also a member of the Residence Student Committee, took up the cry and approached 440 Squadron to see if one of their aircraft could

stop in at Island Lake to pick up some soap-stone. The squadron, which is continually flying training missions into Canada's north, was eager to comply and Thursday's trip brought the mission to a successful conclusion by bringing back about 650 pounds of soap-stone.

Capt. Hunter, Lt. Bennett, Cpl. Bradbury, Cpl. Pearson and our photographer Cpl. Olson, accompanied the 440 Sqn. Dakota Crew and carried with them Easter Greetings from the Teulon students to their parents in Island Lake.

# Forces Photo Contest Slated For May

OTTAWA (CFP) -- National defence amateur and professional photographers get a chance to make like Karsh during the first ever Canadian Forces photographic exhibition and contest scheduled for May 6-7. The contest, to be held at base Rockcliffe, is being sponsored by the forces physical education and recreational training section. Looking after the contest will be Rockcliffe base recreation officer Capt. Art Barbeau assisted by photo officer Capt. Ray Cavin. Capt. Barbeau is optimistic the display and contest will be a success. So

far, the response has been good.

The contest is open to all service personnel, dependents over 16, national defence employees and foreign exchange officers. Shutterbugs interested in entering photos should submit them without delay. Commands and the air division already have local exhibitions planned to choose their best for the national finals. All photos are due at Rockcliffe April 28 for final judging.

CF supplementary order 458/69 spells out entry details. However, here are a few highlights:

- entrants may exhibit one black and white, one colour

and one 35-millimeter slide on any or all such topics as unclassified military life, scenic sports or portrait settings.

- photo sizes must be no smaller than 8 x 10 inches and no larger than 16 x 20 inches. Slides may be cardboard-framed or glassed.
- no artwork, photo or negative retouching is allowed. Composite pictures, montages or multiple printing also won't be accepted.
- do-it-yourself or professional photofinishing both acceptable.
- photo must have been taken since Feb. 7, 1969 and be original.

A panel of professional photographers from the Ottawa area will judge the contest.

There is no entry fee for this contest and all entries will be returned.

## 6808 RECEIVES WINGS

GIMLI - Last night, highlighting an impressive parade in the Recreation Centre at 1900 hrs., the fifteen members of Course 6808 received their Pilot's Wings. The parade culminated approximately twelve months of intensive flying training here at IFTS.

Presenting the wings was His Excellency, David Williamson McNicol, Australian High Commissioner to Canada. His Excellency was a pilot in the Royal Australian Air Force, Coastal Command, during World War II, and following the war, joined the Australian Department of External Affairs. He has had a colourful and much-travelled career and took over as High Commissioner to Canada last August.

On parade to receive their wings were Lieutenants, Bob Craig, Bill Muncy, Denis Morissette, Ray Dube, Dan Higgins, Dale Fitzpatrick, Paul Bow, Bob Crosty, Mike Cummings and Jim Graham, and Captains, Gerry Takach, Brian MacGregor, Bob Sandford, Bill Stenberg and Wayne Healey. Relatives and friends from across the country were on hand to view the proceedings. On Thursday, they were shown around the base by the graduates and some of the

staff, and enjoyed seeing some of our training procedures in action.

The Barker Trophy, presented for highest overall average during the course was presented to Captain Bill Stenberg from Lousana, Alberta. Receiving the R.W. Blake Memorial Trophy was Lt. Bob Craig from Ottawa. Lt. Dale Fitzpatrick was the proud recipient of the 6808 Honour Scroll.

Also on parade, to receive their A-1 Flying Instructor Category certificates were Captains "Chalky" Leblanc, Dave Thom and Graham Hunter and Lt. Fred Richards. This award symbolizes the highest standard of professional skill attainable in the Training Command structure and the recipients are to be congratulated for a job well done.

Following the parade, a reception for the graduates and their guests was held in the Officers' Mess. Rumour has it that this display of Armed Forces hospitality was also very well received by the guests (would you believe until early this morning?)

Congratulations from the staff of IFTS and CFB Gimli go out to the graduates, for an excellent show. Good flying and happy landings.

**DEADLINE - 2pm MONDAY**

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# Yours, Fredd

Dear Sir;

I was reading recently (even though the boss doesn't really believe I am capable of it) that car sales in Canada and the U.S.A. are way down. In fact, car companies are laying off workers from several plants as they cut back on production. First of all, let me say "Whoopee" (about the poor sales, not about the workers)!! Next, let me say that the reason for poor car sales is not, as the manufacturers would have us believe, a slumping economy...rather, there are several reasons, all perpetrated by the makers of American automobiles.

Firstly...ads. If Mr. Ford and his bunch realized it, they could save millions of dollars each year and increase sales at the same time, just by stopping their inane advertising. Their ads have created a credibility gap which would pale even the Grand Canyon. "Escape in your escape-machine" cries one ad, as a tarried worker leaves the office far behind and cruises along a sandy beach or on a quiet little tree-lined road. Try it some day, Mr. Escaper -- try finding one scenic part of our beautiful country which is not laced with super-highways complete with gas stations and billboards---try finding a clean, empty beach like the one shown --- try finding a sky so clear and serene, without banana peels and chemicals and car exhausts suspended---try it. "There are slower airplanes" cries another car-maker. Big deal...there are faster snails, if the car isn't going. In a day when S.S.T.s are becoming a reality and jumbo jets carry 350 passengers across oceans, how can anyone seriously try to compare a car and an airplane. Just the fact that the 80 mile drive from an airport to the centre of some cities takes longer, in many cases, than the 1500 mile plane ride, says just how much faster cars are than airplanes. Why, too, do some cars have "Un-stated elegance"? Because if the manufacturer hadn't stated it, no one else would have.

Okay, okay...so much for ads. How about seat belts? I heard about a guy who went out to his new car to go to work and got so completely tangled up trying to sort out the seat belts that he arrived 9 days late for work. He was fired!! Talk about having "Better ideas" -- all anyone needs to do is go look at some of the European cars to realize that Americans are 15 years behind the times.

Hidden windshield wipers? -- ever try getting them un-hidden after snow has packed in on top of them. Wait til spring "cause you can't do it now".

Hideaway headlights? Used to be that the only thing that could go wrong with your headlights was a broken or burnt out bulb. Now, there are 500 parts, including electric switches and pneumatic tubes which can cause one-eyed or blinded cars. Why? I sure dunno.

Enough said about my favorite whipping horses. But when GM and Ford and American Motors and Chrysler wonder why they have only sold 5 million cars this year, instead of their usual 6 million, I hope they will turn to this article. Because Fredd had a better idea and, besides, the Facts Favor Fredd.

Yours,  
Fredd

## WHY ADOPT?

There are many reasons. Here are examples of some valid ones:

- Because you both want children and have not had any of your own.
- Because you have children but not as many as you both would like.
- Because your children are all of one sex and you would like a child of the opposite sex.

# TARGET STORE

Complete Family  
Clothing

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Tues. to Thurs. 9am-6pm  
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OF FIRST AVENUE  
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Second Ave. is open for your convenience Tuesday through Saturday

I am also open after supper.

Tints, Perms, and Wig Styling

are our specialty.

For appointments call

642-8850

# Tips for Assessors at '255' Time

	FAR EXCEEDS JOB REQUIREMENTS	EXCEEDS JOB REQUIREMENTS	MEETS JOB REQUIREMENTS	NEEDS SOME IMPROVEMENT	DOES NOT MEET MINIMUM REQUIREMENTS
QUALITY	LEAPS TALL BUILDINGS WITH A SINGLE BOUND	MUST TAKE RUNNING START TO LEAP OVER TALL BUILDINGS	CAN ONLY LEAP OVER SHORT BUILDING OR MEDIUM ONE WITH NO SPIRES	CRASHES INTO BUILDING WHEN ATTEMPTING TO LEAP OVER IT	CANNOT RECOGNIZE BUILDINGS AT ALL, LET ALONE JOB
EFFICIENCY	IS FASTER THAN A SPEEDING BULLET	IS AS FAST AS A SPEEDING BULLET	NOT QUITE AS FAST AS A SPEEDING BULLET	WOULD YOU BELIEVE A SLOW BULLET?	WOUNDS SELF WITH BULLET WHILE ATTEMPTING TO SHOOT GUN
INITIATIVE	IS STRONGER THAN A LOCOMOTIVE	IS STRONGER THAN A BULL ELEPHANT	IS STRONGER THAN A BULL	SHOOTS THE BULL	SMELLS LIKE A BULL
ADAPTABILITY	WALKS ON WATER CONSTANTLY	WALKS ON WATER IN EMERGENCIES	WASHES WITH WATER	DRINKS WATER	PASSES WATER IN EMERGENCIES
COMMUNICATION	TALKS WITH GOD	TALKS WITH THE ANGELS	TALKS TO HIMSELF	ARGUES WITH HIMSELF	LOSES THE ARGUMENT

## Quiet 'Quest' Causes Queries

Canada's newest and most modern research ship, Canadian naval auxiliary vessel Quest, has produced an environmental problem of sorts. Tongue-in-cheek complaints registered after her 8,926 mile maiden voyage to her new home at Halifax

from Esquimalt, B.C., say that she's too quiet!

Specially designed for acoustic research in the Atlantic, the Quest is unlike other ships which lull their seamen to sleep by the normal hum of fans, whine of pumps and rush of ventilation air through

trunking, not to mention throb of machinery. All this has gone in the Quest. Sailors and scientists now are kept awake by the snoring of a shipmate three cabins away.

The defence research board scientists are working on the problem.

# TAYLOR PHARMACY

Business - 642-7470

**YOU SAVE MORE AT TAYLOR PHARMACY**

**DRYAD Deodorant Spray**  
6 oz Reg \$1.49 **SPECIAL 79¢**

**LIGHT BULBS**  
40-60-100 Watt **2 for 49¢**

**NEET Hair Remover**  
Reg \$1.35 **SPECIAL 88¢**

**PREPARATION H**  
Suppositories Reg \$2.69  
**SPECIAL \$1.99**

**PANTY HOSE**  
Fruit of the Loom  
Reg \$1.49  
**SPECIAL 99¢**

**THIRST MATE**  
Canned Drinks

**10 for 99¢ 24 for \$1.99**

**CX-126-12 Film SPECIAL \$1.19**

**CLINIC Mouthwash**  
Reg \$1.19 **SPECIAL 79¢**

**SUPPORT HOSIERY**  
Reg \$6.00 **SPECIAL \$3.99**

**JERGENS SOAP**  
Bath size **SPECIAL 10¢**

**MANITOBA CENTENNIAL PLAQUES**

Made from Tyndall stone  
Shaped like our province.

**SUDDEN BEAUTY**

Hair Spray Eco. size  
**SPECIAL 89¢**

**TOP BRASS**  
Hair Dressing  
Two 75¢ tubes  
**SPECIAL \$1.00**

**BRYLCREEM**  
Large size **SPECIAL 77¢**

**ICE CREAM**  
Meadow gold 3 pint size  
**SPECIAL 69¢**

\*\*\*\*\*

**REMEMBER**

**Evenings and Emergencies**  
**642-5810**

WE DELIVER  
WE HONOUR G.M. CHARGE CARDS

# CENTENNIAL FLASHBACK

## CENTENNIAL FLASHBACK

Reminiscences of Simon Simonson  
Translated by W. Kristjanson  
Edited by Col. J. F. Dunlop

### PART V

When the goods had been conveyed, by slow degrees, to our chosen location, now called Gimli, the building of the log-houses was begun. But at this time I took ill, and for two weeks I lay in my miserable quarters. I was sore from toil and exposure, and my condition was not improved by the unappetizing food. This illness caused a serious setback to my work, for each person had enough to do, attending to his own.

Our family shared an old tent with Erlendur Olafsson and Ingibjorg and their son Andres, who was of an age with our Gudmundur. The two families were thus equal in numbers, but Erlendur had a little more money than I had.

When I was able to crawl out of bed, Erlendur and I turned our thoughts to building. It was in the first week of November that we began work. The other settlers had already laid claim to their lots, for indeed a large city was to arise on this little spot, and we were compelled to locate in the outskirts. We located to the south of the others, and knocked up a shack, about twelve feet square, and man-high, of rails which with difficulty we had managed to drag to the site. We topped the rafters with withered grass-rubbish from a low spot nearby, and plastered the chinks with clay. The door was in the middle of the east wall, with a half size window on either side. There were two beds along each side-wall, made of rails that had been trimmed a little. The stove was in the centre. We thought this a delightful abode in comparison with our ragged tent.

We moved into our new home on Saturday, the sixth of November. My Valdis was then now well.

On the eighth of November a fairly large number of men started work for John Taylor, on the erection of a building which was to be good-sized, warm, and in every respect well built. William Taylor, who had already constructed a shelter for himself, was the chief carpenter. The walls were double and very thick, and the

space in between filled with clay. There was a ground floor and an upstairs. Although, the building, especially in comparison with the shacks of the others, was quite impressive.

The work lasted a good fortnight. The pay was \$1.25 a day, and was in kind through the government loan.

Pending the completion of the building, Taylor continued to live in his tent, despite snow and prevailing frosts.

As previously mentioned, cook-stoves were included with the necessities which we brought in with us. Erlendur and I joined in buying one. We made immediate payment almost in full, and then my funds were exhausted.

The provisions which we brought in with us included the following items: flour (not of good quality); potatoes (which froze); pemmican, and wheat. The wheat had to be ground in iron mills, a task both difficult and slow. As for the flour thus produced, the women found it unsuitable for bread-making, and, indeed, as made by some, the bread was not fit for human consumption. There was also some coffee, in half pound lots, and beans.

Our supplies were not greatly augmented by the fish which we were able to catch, for none of us possessed fishing tackle. Lacking too, on our part, was the necessary knowledge of how to go about lake-fishing. Nevertheless, we were able to catch a few.

Neither the townsite nor the surrounding country had been surveyed, so that the buildings that were erected had to be sited approximately. During the winter, however, the surveyors came, and surveyed both the townsite and the country around. The townsite, which was not a large one, was called Gimli.

Deaths were frequent among both grown-ups and children, but the casualties were proportionately greater among the children. It was a miracle that anyone survived the hardships and the suffering to which we were subjected: hardships of travel; poor accommodation; food generally unsatisfactory and particularly so for the children and the ailing. Nor was there a doctor available in case of need. It was indeed rashness, thus to endanger the people's lives, and the people themselves lacked imagination in taking health precautions.



## The Cobra's Comment

**'Congratulations to course**

**6808 from the Snakes**

**for a job well done.'**

**The 1, FTS COBRAS**

### GIMLI HOTEL RESTAURANT

New Proprietor-  
Mrs. Christeen Arden

**BEST HOME COOKING IN GIMLI**



Save money  
on lubricants  
and fertilizer.  
The earlier you  
order the more  
you'll save!

**DAVE ROBB**

**Farm Home Fuels Gimli**

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substantial  
discounts on  
Engro fertilizer.  
Even bigger  
savings on bulk!**

Your Esso Agent offers a big 5% discount on all cash purchases made before March 31st. And a somewhat smaller 2% discount from April 1st through May 31st. As you can see, the earlier you purchase your fertilizer the more you'll save. Bulk Engro fertilizer helps you save even more! Bulk is now \$7.00 a ton cheaper than the bag price. Add on the cash discounts and you'll pocket the big saving.



# Pollution

- Dix

## AIR: TAKE A DEEP BREATH-IF YOU DARE!

The earth's atmosphere can well be compared to a coating of shellac on a 12" school globe - but what are we doing to it? That's a question the astronauts could easily answer of course - they noted that it was easy to spot Los Angeles, for instance, by observing a blanket of smog hanging over the city!

Yes, smog is the breath of death in many countrys - but Tokyo has found the answer, - don't fight it join it - and all school children are issued with a yellow mask that they must wear and are advised NOT to exercise too strenuously or too often.

Now - there is no such thing as "Fresh Country Air". Pollution "belched" into the atmosphere from other industrial cities spreads far and wide in all directions - while layers of pollution are found as high as 43,000' as a result of high flying Commercial Jets.

Our Air looks very pure - but is it really? Between 85-90% of our air pollution is really invisible and consists of deadly poisonous gases. Most of this pollution comes from our friend the automobile - in fact, approximately 60% - with industries providing approximately 30%.

The automobile, of course, is a double villain, contributing to both air and water pollution. The modern high compression engines operate at higher temperatures and consume more fuel, dumping greater and greater amounts of hydrocarbons and nitrates into the air. The nitrates, of course, mix with rain or snow and fall to the ground and pollute our waters.

Control of auto exhaust is, at present, the only holding action, but even doing this, by 1980 the level of pollution will again rise as the automobile population increases. The U.S. Government's overall goal for Auto Pollution Control is a 25% reduction by

1975 and 40% by 1985. By this time, however, the number of autos will have increased by 50%. Therefore, the only solution is an alternative to the internal combustion engine or a non-polluting fuel.

Scientists know that the world is accumulating too much CO<sub>2</sub>, by the combustion of many types of fuels. At the same time, all across the country oxygen producing fields and forests are being destroyed to be replaced by more highways for cars and more cities and their industrial wastes. In the U.S. it is estimated that the fields are being destroyed at a rate of 3000 acres per day or, over 1 million acres per year. Is it possible that we will overburden the atmosphere with CO<sub>2</sub>? Actually, Gimli doesn't have a pollution problem at all. At least, I've always found it a pleasure to step outdoors in the morning and take a sniff of the fresh air blowing across the town when the wind prevails from the NW.

### TOM-BOY SPECIAL

Prices effective  
April 2-3-4 ....



GLADE EVERGREEN AIR FRESHENER  
Springflower, French Modern, Floral,  
Golden  
6 oz. can 49¢

LIBBYS ALPHAGETTI  
14 oz.  
5 for \$1.00

HEINZ STR. OR JR. BABY FOODS  
5 oz.  
9 for \$1.00

BATHROOM TISSUE, Cashmere  
8 rolls for \$1.00

MCCAINS APPLE PIE, Reg. or Gr apple  
24 oz.  
2 for 99¢

HEINZ TOMATO SOUP  
10 oz.  
8 for \$1.00

FRASER VALE COD FISH & CHIPS  
24 oz. for 59¢

MALKINS TOMATO JUICE, Can. Fcy.  
48 oz.  
3 for \$1.00

KRAFT DINNER  
7 oz.  
6 for \$1.00

BURNS LUNCHEON MEAT, Roy all  
12 oz.  
2 for 79¢

#### - Produce -

APPLES, Ont. Fcy 5 lbs. for \$1.00

CARROTS, Texas New. 3 lb bag 39¢

POTATOES, Red Wased  
20 lbs. for 99¢

GRAPEFRUIT FLORIDA, White or red  
48's - 8 for 79¢

WASHINGTON PEARS, Can Fcy  
4 lbs. for 89¢

#### - Meat -

PORK ROAST, fresh picnics hock on  
merchandise centre or first cut off  
1 lb. for 49¢

PORK LOINS, Whole 10-14 lb. average  
1 lb. for 75¢

PORK, sides - 1 lb. for 59¢

PORK LOIN ROAST 3½ lb. Average  
1 lb. for 79¢

PORK, neck bones - 5 lbs. for \$1.00

PORK, spareribs - 1 lb. for 79¢

PRIME RIB ROAST - 1 lb. for 99¢

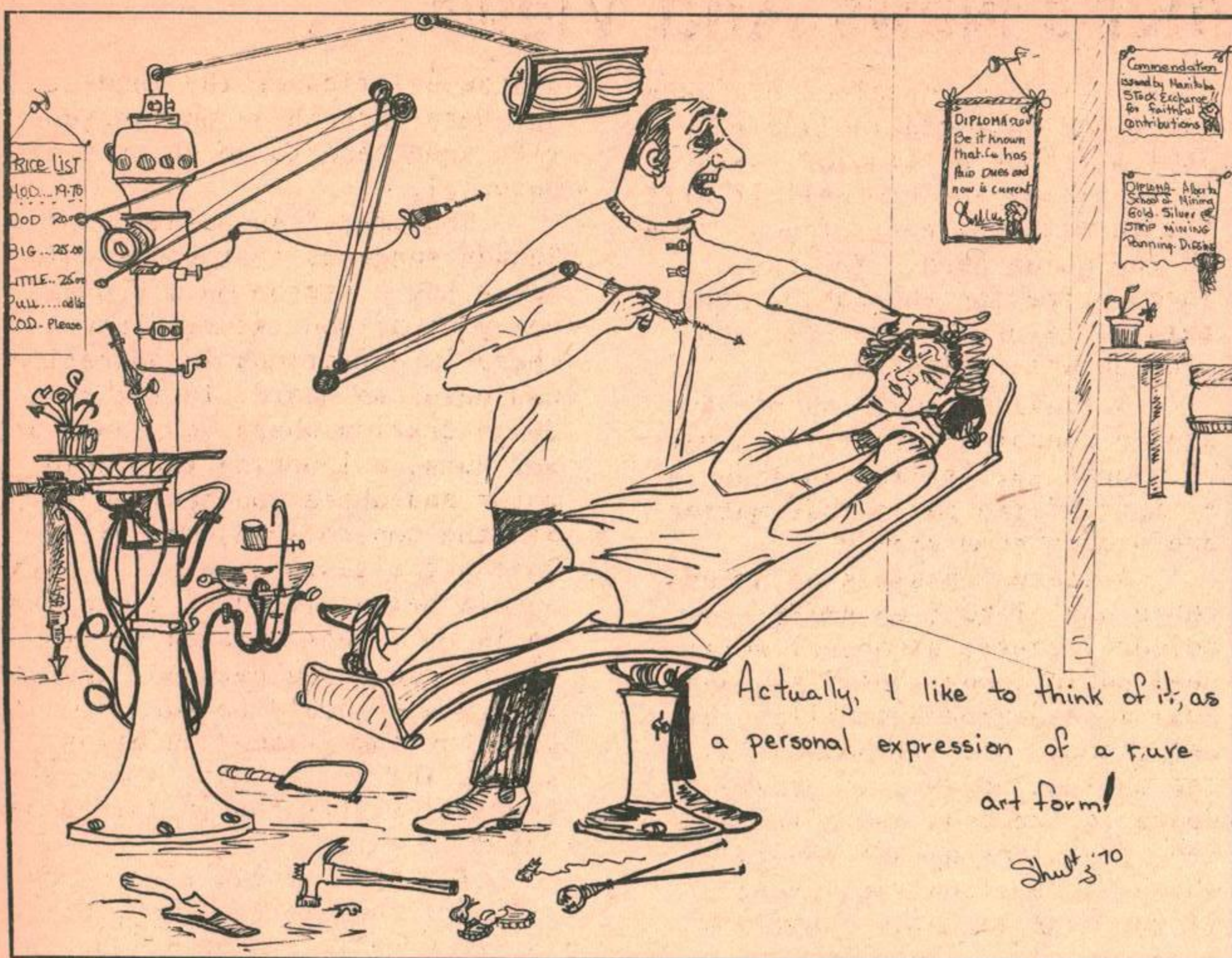
RIB STEAKS - 1 lb. for \$1.09

FOWL FOR FRICASSE - 1 lb. for 29¢

MAPLE LEAF or 7 FARMS WIENERS  
1 lb. for 63¢

MAPLE LEAF or 7 FARMS BACON, sliced  
rindless  
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Actually, I like to think of it, as a personal expression of a rare art form!

## DENTAL IQ

BY Capt D.M. Hodges.

**PETAWAWA BASE POST --** Last week we mentioned the use of the electric toothbrush in preventing gum diseases. Nine out of every ten teeth which are lost today are lost because of periodontal reasons.

**Question:**

What are Periodontal Diseases?

**Answer:**

Periodontal diseases are diseases involving the gums and bone around the teeth. When the gums are not stimulated by regular toothbrushing or crisp foods, they are likely to become soft and shiny, with a tendency to bleed. If the mouth is not cleaned up, hard rough deposits (tartar) collect on the teeth where the gum and teeth come together. These rough hard deposits increase in size, press on the gums, and cause an inflammation in much the same way as a rough splinter under the skin. Bacteria then collect in pockets that have formed between the teeth and the gum. In time the upper part of the bony tooth socket is destroyed exposing the roots of the teeth and making the teeth look longer. Pus sometimes

oozes out of the infected gum pockets, producing a bad taste and a very bad breath. Irregular teeth and the early loss of one or more teeth increase the likelihood of gum diseases starting and when started increase the speed at which the disease progresses.

Periodontal disease can be almost completely prevented by following a few simple rules:

1. Brush your teeth and gums right after eating to remove debris while it is still soft, and before it hardens into tartar.
2. Visit your dentist and have any tartar you might have removed, and get his advice on how to use special cleaning procedures.
3. Follow good eating habits.
4. If you have a tooth removed see your dentist about replacing it before the other teeth have time to get out of contact with one another by growing or tipping into the empty space.

Remember -- preventing disease of the gums is mostly a "do-it-yourself" job -- if you do it well, your mouth will continue to look young and healthy.

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## Consumer's News And Views

Buying a stereo is a bit like buying a car -- you have a truly vast range from which to choose and there are so many combinations of style, price and equipments that it becomes a genuine problem to select the type best suited to your particular needs.

To begin with, decide just how excellent stereophonic sound you want. The whole point of stereo is that it enables a recording to sound like the original live sound. That's the difference between a record-player and a stereo.

The excellence of the sound you will get depends upon the quality of its components and the way they are assembled in the cabinet. This is not to say a lower-priced stereo is no good. Far from it. It might well be that the people who will listen to the recordings have no desire to hear the shades and nuances of perfect stereo.

On the other hand, listeners who can distinguish a fine tonal quality would be disappointed in poor reproduction. Real stereo buffs often put together their own sets. The technicalities they study are listed in the various "how to" magazines but for the average person who wants to know what to consider when buying a stereo, here are some suggestions:

First, consider style. Decide on how much decorator style you want. The average stereo

console is a large piece of furniture and cabinets include many styles. Your particular tastes in furniture and how well it will fit in with the rest of your room, is the guide here. You pay a large price for the cabinet and this is before you've even considered what's inside.

A leading manufacturer of stereo consoles puts it this way: "A stereo set is like an iceberg -- most of the parts that matter are hidden from view."

A stereo consists of a turntable and pickup; an AM/FM receiver (tuner); a control unit; dual audio power amplifiers and dual loudspeaker assemblies. Usually these are all housed in one cabinet which also provides space for records and quite often, space for a tape-recorder which is "optional equipment". If you want to wait to buy a tape-recorder later, now is the time to make sure your set has the necessary outlets, wiring and space for its installation. In some stereos the speaker's are separate -- "satellite" speakers to be placed on bookshelves, furniture or in other parts of the house.

The quality of a loudspeaker is probably the most difficult of any of the aspects of a stereo to assess. The best way to assess this is by a listening test. This will not only be a test of the reproduction

characteristics of the loudspeakers machine -- one chosen with some care to serve as test material.

Consumers' Association of Canada suggests that you should never buy a stereo on a crowded, noisy department store floor where imperfections in operation can never be heard. Insist on a demonstration where you can hear any hums, a laboring turntable motor and where you can see if all the controls adjust well. During the test, as a quiet passage is being played or the pickup is on an unmodulated section of the recording between bands, the volume should be turned well up. Any low-pitched rumbling sounds are an indication of mechanical vibrations in the turntable.

The unit should also be checked for "needle chatter". Chatter is the breaking up or distortion which occurs towards the centre of the record. It is caused by the stylus losing contact with the record groove. Should this fault be noticed when playing loud passages of a symphonic recording, and if this is the type of recording you will most likely be listening to, then a better quality pickup will be needed.

Consumers' Association of Canada has a buying guide on stereo consoles that is available free in single copies by writing: "Stereo", Consumers' Association of Canada, 100 Gloucester St., Ottawa 4.

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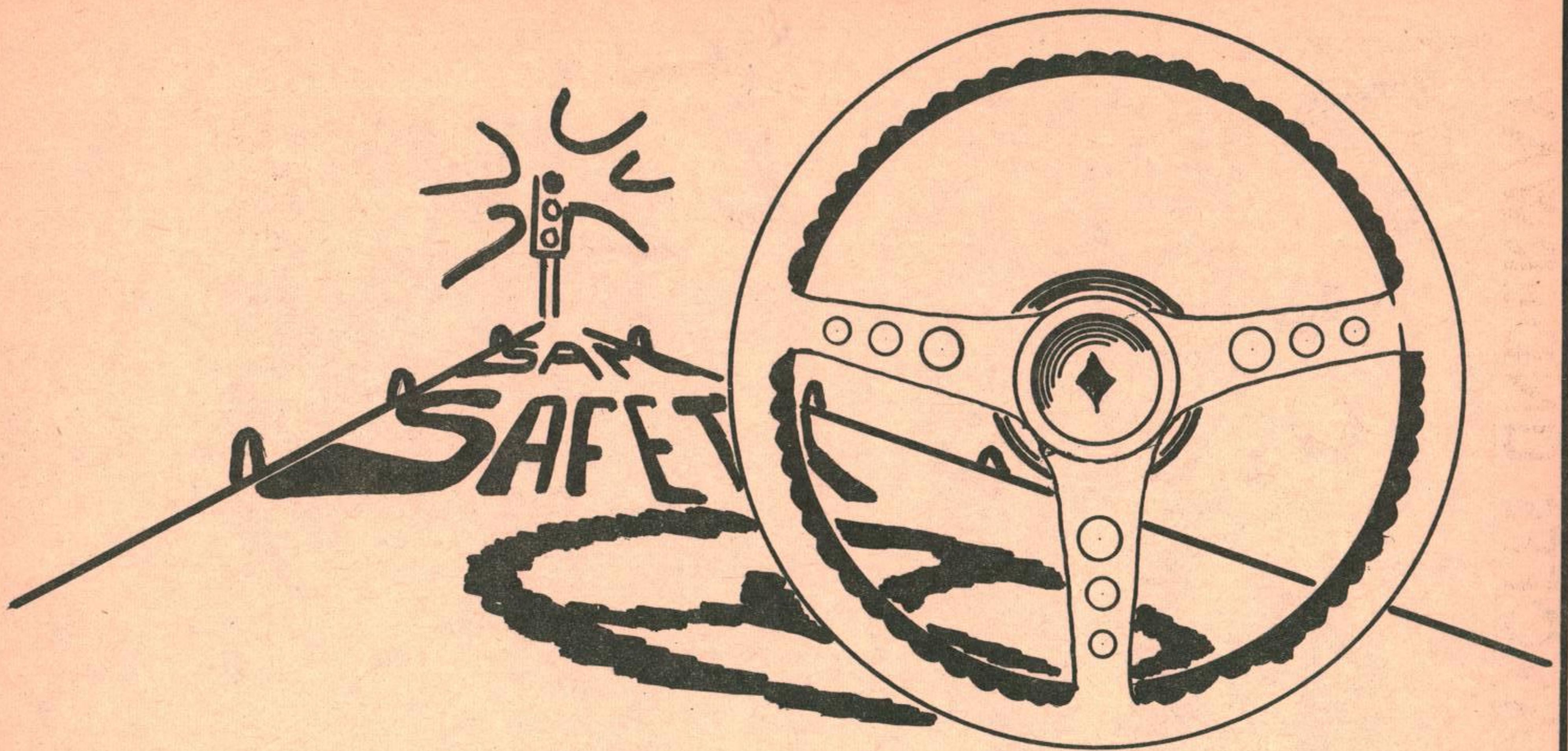
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## ANNOUNCING SPRING SAFETY CHECK

at the Base Auto Club

20 Apr. - 27 Apr.

0900 - 1130 1315 - 1600

Watch future R.O.s for further information

### ATTENTION : PARENTS

The Gimli Centennial Celebrations Committee is looking forward to a whole week of children's activities in a program lasting from April 6 - 10 at the George Johnson Gymnasium, at 7:30 p.m. each evening.

Everyone will have a chance to see and hear a musical program and the Gimli District Band; to enjoy a gymnastic display including individual routines, pyramids, and a basketball game; to be student-informed on the interests of their young minds at a

science fair; to be entertained at a play and dance; and finally to be pleasantly surprised at the artistic ability of some of the students from both the Goulding School and Gimli Elementary Schools.

You are strongly urged not to miss a single night as children thrive on praise and approval, and each evening will centre on one phase of these activities.

Admission is free, but an offering will be received to cover awards and expenses.

### Defence Minister To Tour North

Defence Minister Leo Cadieux will tour the north on a familiarization visit from April 7 to 11, travelling by service aircraft. Accompanying Mr. Cadieux on his northern tour will be General F. R. Sharp, Canadian Armed Forces chief of defence staff and other government officials. The minister's party will visit Frobisher Bay, Resolute, Alert, Cambridge Bay, Inuvik, Whitehorse, Yellowknife and Churchill.

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# PEE WEE and TOM THUMB HOCKEY PLAYOFFS UNDERWAY



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REDWINGS



BOSTON BLACK



MAPLE LEAFS



BOSTON



MAPLE LEAFS



CANADIANS



GREENS

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# MINOR HOCKEY

• Stan Robinson

Minor hockey last week saw a full slate of games starting with the Tom Thumbs on Monday night. In the first game Boston and Canadians fought to a 3-all draw. Grant Knapik had 2 goals and 1 assist for Boston. Peter Parkinson had 2 goals for Canadians. In the second game Leafs squeezed by Green 3 to 2 with the scoring spread around. On Tuesday in Bantam, Leafs won 5 to 4 over Canadians. Blain Knapik had 3 goals for Leafs, Ken Kernstead had 2 goals and 1 assist for the losers.

On Thursday in WeeWee, Leafs and Green tied 4-all; Darrel Klym had 3 goals and 1 assist for the Leafs. Ronnie Warcimage had 3 goals for Green. Boston Blacks won their second game of the year by a score of 2 to 1 over Canadians. Garry Pearson had both goals for Boston Black. Red Wings beat Boston White 3 to 1. Brent Solmundson had 2 goals and 1 assist. Dave Bettsworth had 1 goal and 1 assist for Red Wings. Arthur Barker got the goal for White.

On Saturday in the first game Canadians 3, Leafs 1. Peter Parkinson had 1 goal and 1 assist as did Randy Martin. In the second game Boston won going away 6 to 1 over Green. Grant Knapik had 1 goal and 4 assists. Dwayne Gemmel had 3 goals. Dale Martin had 3 goals and 1 assist.

In WeeWees, Boston Black won their second game over Boston White. Garry Pearson had the lone goal. Joey Kravetz played an outstanding game for Boston Black. In the second game, Green got by Red Wings 3 - 2 on the strength of 3 goals by Ronnie Warcimage. Brent Solmundson had the 2 goals for the losers. Canadians trounced Leafs 6 - 2. Scott Valgardson had 5 goals for the Canadians. Darryl Klym had both goals for the Leafs. The play-offs start in all leagues this week. WeeWees will be a single Round Robin with the two top teams going for a play-off. Tom Thumb will be a double Round Robin. The Bantams playing the best four out of seven.

**Paul Is A  
Pill-Pooper!**

# SPORTS REPORTS

## CANADA'S NATS-YES OR NO

The World Hockey Championships, recently held in Sweden, was once again won by that great upholder of amateurism, the U.S.S.R. Suffice to say that the whole show was somewhat melodramatic to Canadians-- Obviously the Winnipeg papers agree with this view, considering the coverage they offered.

The initial enthusiasm, backing the decision by Hockey Canada to withdraw from the 1970 tournament quickly petered out, and now one finds these same people filled with frustration and wonderment as to how the control of the national team switched so suddenly from Winnipeg to the N.H.L. controlled Hockey Canada.

The impression I got from the initial announcement was that the decision was one duly considered by the chiefs of the Nats, Hockey Canada, and just about every man of note in Canadian hockey. But as the details slowly leaked out, it became evident that not only was Jackie McCleod not consulted, he knew nothing of the matter 'till the public announcement.

Since the only group in Canada which stands to gain from the abolition of the Nats is pro hockey, and since Mr. Molson and Mr. Clancy were both on the board of Hockey Canada, one can draw his own conclusions as to who made the final decision.

I would like at this time to ask if we Canadians are in agreement with this decision to abolish the Nats, and with it the ideal spelled out by Father Bauer? Or would it be of more benefit to Canada and to our young hockey players to have

an alternative to pro hockey?

With the Nats in existence, Canadian youths had the opportunity to pursue the sport so dear to Canadians and at the same time further their education. With the team gone, a hockey player who wishes to remain in contention for the NHL must, for the most part, commit himself immediately on completion of Junior Hockey. For, if he takes 3-4 years off from hockey to earn a degree or diploma, he will not find the road to the Pros as easy as it would have been had these years been spent playing a high caliber of hockey--such as with the Nats. He is therefore apt to sign a pro contract at an early age, guaranteeing, but at the same time, restricting his future.

On the other hand, an individual who could play with the Nats while earning a degree of some sort is involved with a high caliber league, thus supporting his position for a future in the NHL. With a degree/diploma the player is no longer restricted as to his future, and at the same time he gains a better bargaining position with the Pros.

Basically, with the Nats gone the NHL has the run of the show in Canada, and I cannot help but think that young hockey has been had.

If each of us individually would like to see the Nats re-instated, I feel we should scream our desires by all means to our MP's, the news media, and anyone else who could help, for once world hockey goes professional, Canadian hockey will be diminished to solely a commercial enterprise.

## GIMLI AUTO BODY

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## Rifle Competition in England

OTTAWA (CFP)--Being a modern day "Davy Crockett" has its rewards. For 16 Canadian Army cadets across Canada it means two weeks in England this summer to compete in the national rifle association matches at Bisley, July 13 to 25. Featured award this year is the Alexander Graham Bell trophy presented to the winning British or Canadian eight-man team.

Following the competition the cadets will meet dignitaries as well as tour interesting areas in Britain before returning to Canada by air.

Coach is Major J.D. Lorente, 41, a teacher at Renfrew and district collegiate institute. The Bisley team consists of the top 16 marksmen chosen from among the 80 cadets who shot in the 1969 Dominion of Canada rifle association meet at Connaught Ranges, Ottawa.

They are: Cdt/WO2 M. Baker Victoria, B.C.; Cdt/Lt J.S. Brown Sault Ste Marie, Ont.; Cdt/Sgt. R.O. Carr Oromocto, N.B.; Cdt/Cpl. B.V. Hall Port Moody, B.C.; Cdt/Maj. J.P. Hastie Don Mills, Ont.; Cdt/Lt. C.W. Hitchcock N.S.; Cdt/Lt. R.J. Jones Ingersoll, Ont.; Cdt/Sgt. D.J. Lavoie Campbellton, N.B.; Cdt/Lt. T.L. Leger Moncton, N.B.; Cdt/Sgt. D. Luchuk Winnipeg 14, Man.; Cdt/Lt. D.C. MacDonald Stellarton, N.S.; Cdt/ T. Marriott Oakville, Ont.; Cdt/Sgt. J. Olsom North Vancouver, B.C.; Cdt/Lt Col. S. Rogers Forrest, Ont.; Cdt/Maj. M. Tremblay Beauport, Que.; and Cdt/Lt. A. Vanderbrink Edmonton, Alta



## Bullshooting

### GIMLI DART LEAGUE

Team standings as of March 24:

Team	W	L
#5 Cpl Club "B"	119	79
#4 Legion "A"	115	83
#6 Legion "B"	104	94
#3 Cpl Club "A"	95	103
#1 Sargents Mess	81	117
#2 Officers Mess	80	118

## — Ted Jenkins — LADIES and MEN'S WEAR

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# 3FTS 'WAKE' NEXT FRIDAY

OTTAWA (CFP) -- All past and present students and instructors of 3 Flying Training School, CFB Portage La Prairie, mark April 10 on your calendars. On that date 3 FTS will hold an informal stag in the Officers' Mess to pay tribute to the training school and mark its close out. Accommodation and hangarage are available but interested personnel are advised to make reservations now.

3FTS was formed in Mohawk, Ont., in 1943 under the name 1 Instrument Flight School. In 1945 the school moved to Trenton and then on to Centralia in 1947. After 10 years in Centralia the school amalgamated with No. 1 Advanced Flying School and moved to Saskatoon. Here RCN pilots trained with their RCAF counterparts.

In 1962 the school moved to the Canadian Joint Air Training Centre at Rivers, Man., where army pilots began training for instrument rating. The school was finally designated 3FTS when it moved to Portage in 1964. Its role since then has been to train aircrew students from basic Tutor course to wing standard on the Expeditor (C-45) aircraft.

## Messin' Around

### JUNIOR RANKS' ENTERTAINMENT

FRIDAY 3 Apr 70

TGIF (Happy Hour if you are Army)

Come on out and enjoy yourself

SATURDAY 4 Apr 70

APRIL FOOL "COSTUME" DANCE - "The Rebbles"

Food - ???

Admission - .75¢ per person

Costumes but no Blue Jeans

SUNDAY 5 Apr 70

MOVIE - "Who's Minding The Mint" - 1400 hours in the Mess

Come out and try the cocktails

### WO'S and SERGEANTS' ENTERTAINMENT

FRIDAY 3 Apr 70

TGIF - Pieces of Gold(3)  
- Excellent cuisine  
- Games - Prizes

SATURDAY 4 Apr 70

MOVIE NITE - 2100 Hours  
"Who's Minding The Mint"  
Sandwiches will be served.

# War Museum Receives Medals

OTTAWA (CFP) -- St. Patrick's Day was more than a great day for the Irish here. Canada's National War Museum received two of the commonwealth's highest decorations -- A Victoria Cross and a George Cross. Museum officials believe the donation of two such rare specimens on the same day to be a first in Canadian museum history. The medals were accepted on behalf of the National Museum of Man by W.A. Bishop, son of the late Air Marshal Billy Bishop, from Mrs. Helen Annetts of Ottawa and Mrs. Patricia Frost of Sarnia, Ont.

The Victoria Cross, donated by Mrs. Annetts, was the medal awarded to Alan Arnett McLeod of Stonwall, Man., youngest Canadian flyer ever to receive the commonwealth's highest award. Mrs. Annetts is the late flyer's sister. The George Cross was presented by Mrs. Frost, wife of the late Ernest R.C. Frost, a Canadian who served with the RAF during the second world war. Sqdn. Ldr. Frost later flew with the RCAF until retiring in 1964. He died in Sarnia in 1969.

Sqdn. Ldr. Frost, received the GC for assisting in the rescue of a pilot from a burning Blenheim bomber which had crashed on take-off, early in the war. Capt. McLeod earned his VC in Mar. 1918 during a bombing raid over France. Attacked by eight enemy tri-planes, McLeod was wounded five times but managed to save the life of his observer. He recovered from his wounds but died of influenza in November 1918, hours before the armistice was signed.

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# MEET YOUR NEIGHBOUR

• John Bryson



MR. & MRS. STAN KRULICKI AND FAMILY

Mr. Krulicki was born in Gimli in 1922. Twenty-six years later, in 1948, he married the former Miss Helen Dudar. Since then the Krulicki's have been busy helping Manitoba "Growing to Beat '70" as the photo shows. Front row (L to R): Bradley 9, Dad, Mom, Daomi 10 mos., Terry 10. Back row: Kim 12, Shirley 19, Ron 14, Barbara 20 and Ken 17. Stan works for Calverts of Canada Distillery, and has his own home in South Beach.



CAPT. & MRS. TOM STOREY

Tom was born in Perth, Ontario and was educated in Kenora. He joined the R.C.A.F. in 1959 and was a Communication Technician for 2½ years. He then re-mustered to aircrew and received his wings in 1963. Tom did his training in Chatham and Cold Lake on the CF104. After training he was transferred to Zwei-Brucken, Germany for 4 years, whence he came to Gimli in 1968. Tom married Meryl Leigh Saul of Kenora in 1964. They have 2 daughters, both born in Germany, April 4 yrs. and Patricia 2½ yrs. They now reside in the Evergreen.

*TWO WEEKS AGO, WE  
ANNOUNCED THAT  
"SPRING HAD SPRUNG" —*

*APRIL FOOL!*

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# G.C.H.S. NEWS

In the last column it was mentioned that our Senior basketball teams had won the divisional championships and were to compete in the zone finals the following week. The teams were successful in the zone finals at Gimli and went on to compete in the Provincial championships at Brandon. The boys were defeated early in the games but the girls went on to play in the final games, losing by only 3 points. We were very proud of both teams

The second edition of the school newspaper "The Nuntius" went on sale Thursday, the last day of school. Students are out of school until the 6th of April, enjoying Easter holidays and the "warm"? weather.

## New Book Features Military Aircraft

A new book which registers all military aircraft to see service in Canada since the dawn of flying has been issued by the Canadian War Museum. Research and compilation by the writer, J.A. Griffin, required ten years of time-consuming work. There are more than 300 photographs of planes, ancient and modern, in the 691 pages. The publication is on sale at the Queen's Printer and Canadian Government book stores at the price of \$17.50.

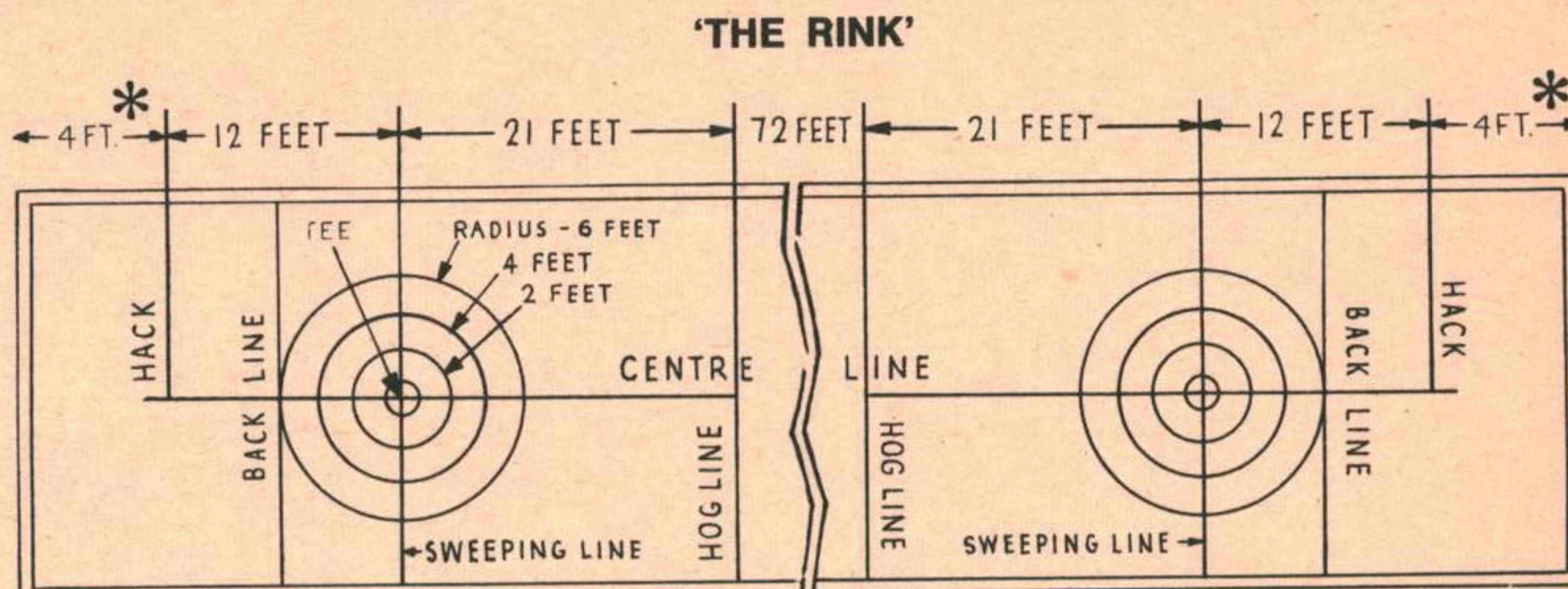
Listing serial numbers, dates of service, individual characteristics and numerous cross references, the book will be of benefit to aeroplane bugs and aviation historians. Aircraft are listed numerically according to RCAF, RAF or USAF numbers, or alphabetically according to type. Mr. Griffin, a Liberator pilot during the Second World War and now a Toronto businessman, has been acting as prime consultant on military aviation for the Canadian War Museum for the past four years. He has devoted much of his spare time to furthering Canadian aviation history.

The book is a by-product of work initiated by Mr. Griffin a number of years ago when he began compiling and writing detailed descriptions of Canadian military aircraft, complete with diagrams, markings and color codes. The author plans to publish this at a later date.

# Get on the Broom

- Bud Wilds

It occurred to me, that here we are pumping out all forms of words on curling without having on even one occasion given our readers the really good gen on what it's all about. For this week, I thought it may be acceptable to give the official layout of a curling rink - you never know when you may be called upon to build a rink.



### DIRECTIONS

- The Tees shall be 114 feet apart.
- Around each Tee draw a circle having a radius of 6 feet. (Inner circles may also be drawn.)
- In alignment with the Tees, centre lines shall be drawn from Hog lines to points 12 feet behind each Tee.
- Draw lines across the Rink at right angles to the centre line, viz: —
  - Hack Line — 18 inches in length, (9 inches on each side of centre line) 12 feet behind each Tee.
  - The Back Line — behind and just touching the outside of each outer circle.
  - The Sweeping Line — across each outer circle and through each Tee.
  - The Hog Line — Distant from the Tee or sweeping line, 21 feet.

There is a small grey area among those who do not participate as to what it is all about. The main object of matches between clubs/teams is to prove their skill (of course). However, the objective is to promote harmony and good will between the contestants and while so doing, to develop a manly (and womanly) form of recreation. The ultimate is to encourage kindly feeling and honourable conduct among those who do participate, and it is hoped that this sentiment influences the players conduct both on and off the ice.

In curling, as any other sport the objective is to win, not to humble your opponents. Every curling game both begins and ends with a hearty handclasp of friendship and goodwill between each of the players.

I wonder if sometimes our curlers do not forget the curling objective?

The next few weekends are going to be very active, what with playoffs, bonspiels, banquets, etc.

On Saturday 4 April, we have a curlers/bowlers novelty day, with a couple of hours of bowling followed by a couple of hours of curling - the bowlers are jealous and want to get in on the fun - Sign up at the rink.

Friday 10 thru Sunday 13 April will see our end season SHIRT SLEEVE BONSPIEL being played in all its glory. Why not enter a rink? It's open to anyone, however the club prefers mixed rinks.

The weekend of April 18 will see the last of the curling ice for this season. As usual we will probably have a skating contest to close it off.

And - Don't Forget the CURLERS annual BANQUET on Saturday April 25 - it will be cocktails, dinner, presentations, dancing - GOODWILL and FRIENDSHIP. Tickets, cost and location next week -

# 'CHIMO'

# JUNIOR CURLING CLUB WINDUP

After a somewhat insecure beginning, the rink of Blair Crooks, Bobby Snutch, Teresa Wilds and Debbie Funk, went on to win the title of CFB Gimli Junior Curling Champions. These four young people began the season almost as orphans in the curling club. They curled sometimes, and other times just sat around the waiting room, many times disillusioned with curling. Teresa and Debbie were both new to curling, and things looked very bleak as far as their curling future was concerned. Their interest was waning. Finally, after a few rounds of this sit, wait and lose when we play system, they caught the attention of the league coordinator. He teamed Bobby, Teresa and Debbie under the leadership of Blair Crooks and from that time to the end of the regular season they lost only one game, a truly fantastic ending.

There is no doubt that the success of the champions as well as that of the entire Junior League was due only to the untiring efforts of Capt. Sterling Crooks and base Junior League coordinator. Without Sterling's unselfish donation of time and effort this very important league could not have happened and certainly would have fizzled out in the same manner as in past years. It is because of Sterling's dedication to the Junior people that curling has 50 very dedicated young curlers who will be back next year. The sound you hear in the background is a standing ovation for Sterling and his Champions.



Members of the Junior Curling League, pictured at their wind-up event, with Base Commander Colonel J.F. Dunlop, Major Hank Funk, Club President, and Capt. 'Tiny' Crooks, Junior League Co-ordinator. (CF Photo)



JUNIOR CLUB CHAMPS - Receiving their awards from Colonel J.F. Dunlop, Base Commander, are (L to R) Skip Blair Crooks, Third Bob Snutch, Second Debbie Funk, and Lead Teresa Wilds. (CF Photo)



BONSPIEL WINNERS - Skip Terry Johnston (left) and his rink of Maurice Rio, Third, Jackie West, Second, and Marilyn Funk, Lead, receive their trophies from Colonel Dunlop. (CF Photo)



PLAY-OFF WINNERS - 'Tiny' Crooks, coordinator of the Teen Curling League for 1969-70, presents trophies to Skip Rocky Pinsonneault, Third Larry West, Second Sheri Janzen, and Lead Mary Jane Pearce. (CF Photo)

**HOW TO DRIVE AND STAY ALIVE**

1. **KNOWLEDGE** - know your traffic laws and obey them. Accidents are due to broken laws. Never repeat past mistakes.
2. **FORESIGHT** - keep your car in first class mechanical condition always! Have it serviced by a reliable mechanic before long trips. Especially be sure your tires are in good condition.
3. **SEATBELTS** - wear them always when travelling in a car. Each passenger should have a seat belt and use it.
4. **PLAN AHEAD** - know your route, where you are going, where to turn.
5. **NIGHT DRIVING** - slow down when driving at night. Never overdrive your headlights.
6. **RAILROAD CROSSINGS** - never ignore signals. Never get blocked on a track by other traffic.
7. **PASSING** - to pass safely you need about one half mile of clearance in the oncoming lane of traffic. That's just about as far as you can see an oncoming car with normal vision.
8. **INTERSECTIONS** - most crashes occur here. The key is - be prepared. As you approach, have your foot poised over the brake pedal. Look carefully both ways. Avoid sudden moves.
9. **TURN SIGNALS** - signal your intention at least 100 feet before you make your move. Use signals properly.
10. **TURNING IN FACE OF ONCOMING TRAFFIC** - one of the most dangerous maneuvers in driving. Never turn your front wheels hard when stopped, waiting to turn. If struck from behind, the impact would propel you into the oncoming lane of traffic.
11. **MIRROR** - keep aware of what's going on behind you by using your rear view mirrors. A professional driver will glance at his mirror every 5-10 seconds. Adjust mirrors so the rear fender is visible, giving an indication of distance to nearby vehicles.
12. **BACKING** - KNOW what is immediately behind your vehicle. Look behind and under your car before you start - then back slowly. Use your mirrors only as a guide - but turn your head and LOOK!!
13. **ADVERSE WEATHER AND ROAD CONDITIONS** - don't drive if you can avoid it. If you must drive, beware of slick road surfaces and control your speed accordingly.
14. **FREEWAY DRIVING** - enter at the same speed as freeway traffic. Make lane changes smoothly, in harmony with other traffic. DON'T TAILGATE. Allow an absolute minimum of one car length for every ten miles per hour speed, and preferable 150 feet at 50 mph.
15. **ATTITUDE** - the most important key of highway survival. Drive defensively. Respect the laws and forces involved in driving (including your 2,000 pound weapon). Be a friendly, considerate driver. Don't let your feelings explode on the highway. Don't drive competitively. Remember, driving is a full-time job --- never grow complacent.

Ambassador College  
Safety Department

SKINNY - MINNY  
EXPAND  
YOUR MIND TO THE  
EDGES OF SPACE

OR ARE YOU NARROW-MINDED?

FIND! OUT!

2-30pm

5 April

St Michaels Basement

GIMLI.

## ASTRA CREDIT UNION

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# Chapel News

## PROTESTANT CHAPEL

Rev. D. W. Hilton  
Phone: 156r2

SERVICE FOR SUNDAY - 5 April 70  
10:00 P.M. - DIVINE WORSHIP.  
- Rev. L.H. Carter

SUNDAY SCHOOL  
10:00 A.M. - At Goulding School

CHOIR PRACTICES  
Junior Choir - 6:30 P.M. Thurs  
Senior Choir - 7:30 P.M. Thurs

## R.C. CHAPEL

OUR LADY OF LORETTO CHAPEL  
CFB GIMLI, ASPEN PARK, MAN

Major (Rev.) J. Georges Savoie  
B.A.; LPh.: BTh.  
Phone: 156r1

MASSES  
Sunday - 9:00 A.M. &  
- 11:15 A.M.  
Weekdays - 5:00 P.M.

CONFESSIONS  
Saturday - 4:00 P.M.-5:00 P.M.  
Before each Mass and whenever  
you feel like it. We will  
try to accommodate everyone.

BAPTISMS  
By appointment: Usually on  
Sundays.

MARRIAGES  
1. Give two months notice to  
your Chaplain. 2. For a Mix-  
ed Marriage - four months no-  
tice would be preferable sin-  
ce the Non-Catholic party  
needs to take a few instruct-  
ions about the Catholic Faith.

C.W.L.  
Meeting every third Tuesday  
of the month, at 8:00 P.M.

ALTAR SERVERS  
Meeting every second Wednesday  
of the month, at 4:15 P.M.

"SEE YOU  
IN CHURCH"

# Easter-A New Era

Easter is the greatest feast to the Christian year. There is no other like it. It puts the work of Jesus in perspective. As Jesus emerges from the tomb, victorious, he seems to cry out, "This is what my life was meant to say. This puts the period to the sentence my life has striven to utter".

He did not come merely to suffer, you see. Nor merely to cure or preach an elevated doctrine. Jesus was concerned with the great-reunion between God and man. His goal; his purpose, was victory over the great enemy -- sin -- holding man back from contact with God.

In a sense it seems rash to claim victory; the work is still going on. And we need look no further than our own hearts, permeated with sin and defect.

But the point is that victory has begun with Easter. Christ our leader led the way, provided the wherewithal, and then gone on to be the first victorious over evil. He rose from the death caused by our sin. If we had seen him only dead, laid away in a stone tomb, the sentence his life had uttered would have dribbled away in a series of incomplete hyphens, dashes, dots.

But Jesus won and rose resplendent, and gives us the spiritual strength to do as he did. Easter holds out the hope to us that the equipment is at hand for us to overcome the sin within us. Jesus has lead the way, and holds out the invitation to us.

A new era has begun.



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reservations

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Manitoba  
Canada

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SIMPSON-SEARS CATALOGUE

ORDER OFFICE

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## ODE TO A T-BIRD

An insult is an insult,  
So brace and take hold.  
This poem that we write  
Is to inform not to scold.

Our courageous pilots get the word:  
It is time to pick up another Moose Jaw T-Bird.  
They tremble and shake at the upcoming test;  
To fly these crows requires only the best.

The pilot to his aircraft slowly does walk,  
After receiving an encouraging pep talk.  
One consolation he receives from this enormous test,  
He knows his insurance is paid up and only the best.

Leaving Moose Jaw our test pilot said,  
It's missing some parts, I fear it is dead.  
At the end of the runway it giggles and roars,  
And when she takes off, flip flop close the doors.

On the trip back with this horrible goose,  
Our pilot finds the ailerons loose.  
This monstrous bird flies like a pregnant duck,  
To get back to Gimli requires great luck.

Wiggle, waggle the rudder goes.  
Hippity hop and clunk through the snow.  
Swerve and skid around and around,  
We are all quite proud that he got her down.

Another T-33 from Moose Jaw we do receive,  
Turned down is everyone's request for annual leave.  
These migrane headaches we can all do without.  
To work on these aircraft is hell no doubt.

The Acceptance P.I. the boys grimly await,  
Two weeks on this bird is their horrible fate.  
Tempers get edgy and the language gets rough,  
To work on this monster is mighty tough.

All leave is cancelled, days off too,  
We need more men to make up another crew.  
Ailerons binding, ailerons loose.  
How does it fly?? -- this monstrous goose.

You kept them flying,  
Of this we are sure,  
But the records you sent  
Are very obscure.

The package is opened and here we find,  
Moose Jaw numbers to drive you blind.  
Mods and SI's not called and times that don't jive.  
Here we are again in a hell of a bind.

You scribbled and scrawled,  
And scratched and blurred.  
From the stains on the paper,  
Your coffee you slurped.

From Gimli come these words of praise.  
You could be half as good as us on your better days.  
These T-Birds you send, we'd like to give back.  
Give us our dirty Tutors, them we can hack.

Signed,  
Gimli Grievance Committee

# Shirt-Sleeve OPEN BONSPIEL

## CFB Gimli

APR Fri 10 Sat 11 Sun 12  
Live Entertainment  
SATURDAY 11

ENTRIES  
CLOSE 12 NOON  
9th APRIL

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RINK - 2 PTS MAX.

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## HOUSES FOR SALE

3 large bedrooms, utility room, new gas furnace, house size 1,072 sq. ft., 2 storey shed 16' x 22'. For further information phone 642-5102. Open to offers.

3 bedroom bungalow, large lot, fully fenced private yard, large garden, storage shed, reasonably priced. Located close to park and beach. Ph: 642-8849 or 5151 L16 - Sgt J. Burns.

38' x 26', six year old, 3 bedrooms, wall to wall in large living room & hall - spacious kitchen, ample cupboard space - gas heat - recently redecorated - aluminum siding - 22' x 16' garage - 124' x 66' fenced lot. See at 139 5th Ave. Ph: 642-5115.

## MISCELLANEOUS

RCA 19" B&W portable TV, 2½ yrs old. Stand could be included - \$100.00 or best offer. Phone: 642-5510

1 Gibson 13 cu. ft. fridge with separate 135 lb. freezer. Excellent condition. 1 Jolly Jumper - hardly used. Phone: 8386

Sacrifice - \$400.00 set of Olympic drums without cymbals, chromium plated snare drum, Ludwig high-hat stand; premier snare drum stand; gretsch floating action foot pedal. Price \$175.00 or offers. Ph: 642-7785

26' x 8' House Trailer suitable for camping, \$950.00 - in the Gimli area - for appointment call Winnipeg 269-4808.

WANTED - A projectionist for The Gimli Theatre. Phone: 642-5334

# Starlite Theatre

Here's what they're saying about 'Helga'

"I was shocked at first, but it was so beautifully done I enjoyed it thoroughly."  
Miss La Pointe, Pvt. Secretary

"I'm not sure men and women should see it together."  
E.P.C., Clerk

"I wish I'd seen it years ago. It might have saved my marriage."  
Edna Route, Divorcee



**Helga**  
-COLOR-

PARENTS: BECAUSE OF CERTAIN REVEALING SCENES WE SUGGEST YOU SEE 'HELGA' FIRST!!!

**Helga**  
A LANDMARK IN SEX INSTRUCTION

SUN - MON 5 - 6 APR  
ADULT 8 P.M. 120 MINS

Where it's at for you, dad... ain't necessarily where it's at for me.

Produced by "Where It's At" David Janssen - Rosemary Forsyth - Robert Drivas  
Brenda Vaccaro as Miss Don Rickles in "Where It's At" CASINO PALACE  
Written and Directed by Garson Kanin - Produced by Frank Ross  
United Artists  
WHERE IT'S AT

THURS 9 APR  
RESTRICTED 8 P.M. 108 MINS

ON HIS NECK HE WORE THE BRAND OF A KILLER.  
ON HIS HIP HE WORE VENGEANCE.



FRI 10 APR  
GENERAL 8 P.M. 105 MINS

# A DOG OF FANDERS

Enchantingly filmed in Holland and Belgium in CINEMASCOPE and COLOR by DE LUXE

The fierce devotion... the quiet courage... the rare adventure of the story treasured by all ages!

JUST BRING THE NICEST PEOPLE YOU KNOW TO SEE IT!



STARRING DAVID LADD · DONALD CRISP · THEODORE BIKEL

Produced by ROBERT R. RADDITZ - Directed by JAMES R. CLARK - Screenplay by TFD SHREDEMAN The Wonder Dog

SAT 11 APR  
Cartoon - Admission 35¢  
GENERAL 1:30 P.M. 105 MINS

## THE FRAMFARI X-WORD

F P R A E L C E I L I N G I S  
C O R N T U R B U L E N C E I  
L S G E M E S K Y G N I C I V  
O V M U C U Z E R U S S E R P  
U S L R T I L A C S P O T I T  
D U U A O Z P I H T E E R E T  
S Y R L Z T R I T S J E M L R  
R T D I U R S N T T P P O E O  
S I R E U M O R N A E W T S P  
U D S S R R U I E R T E I B O  
L I N O F U O C A D M I R O P  
U M H I B P C T O O N O O E A  
M U N G W A U S R T K U S N U  
U H A E I R R A B E L A H L S  
C O D F E H B S N O B A T T E

Listed below are the word that you will find hidden in the puzzle above. These words are spelled out in all directions - so - look very carefully. By assembling the letters that remain, in order you will find today's hidden words which will be published next week. This weeks hidden words have 14 letters. LAST WEEK'S ANSWER: EASTER PARADE

### #9 THE WEATHER

- |             |               |
|-------------|---------------|
| ALTOCUMULUS | ICING         |
| BAROMETER   | ISOBARS       |
| BASE        | JET           |
| BROKEN      | LOW           |
| CEILING     | OBSCURED      |
| CIRRUS      | PIREP         |
| CLEAR       | PRECIPITATION |
| CLOUDS      | PRESSURE      |
| CUMULUS (2) | SKY           |
| DEW POINT   | STRATUS       |
| DRIZZLE     | TEMPERATURE   |
| FOG         | THUNDERSTORM  |
| FRONT       | TOPS          |
| GUSTS       | TURBULENCE    |
| HAZE        | TROPOPAUSE    |
| HIGH        | WINDS         |
| HUMIDITY    | VIS           |

# THE END !