



Framfari



Volume 1 Number 4

C.F.B. GIMLI, ASPEN PARK, MANITOBA

Friday February 27, 1970

BRENDA ARNASON



Viking Pharmacy
LINDA PENNY

MARGARET FESCHUK



Macleod's Store

JUDY BEAUCHEMIN



Bank of Commerce
PHYLLIS LARUSSON

SUZANNE RANGER



Jr. Ranks Club
JOANNE ARNASON



Legion
JACQUELINE HEBERT

**Carnival
Queen...
Who Will
She Be?**

DIANE REICHERT



1FTS
LINDA BAHRY



Taylor Pharmacy
MARILYN SMITH



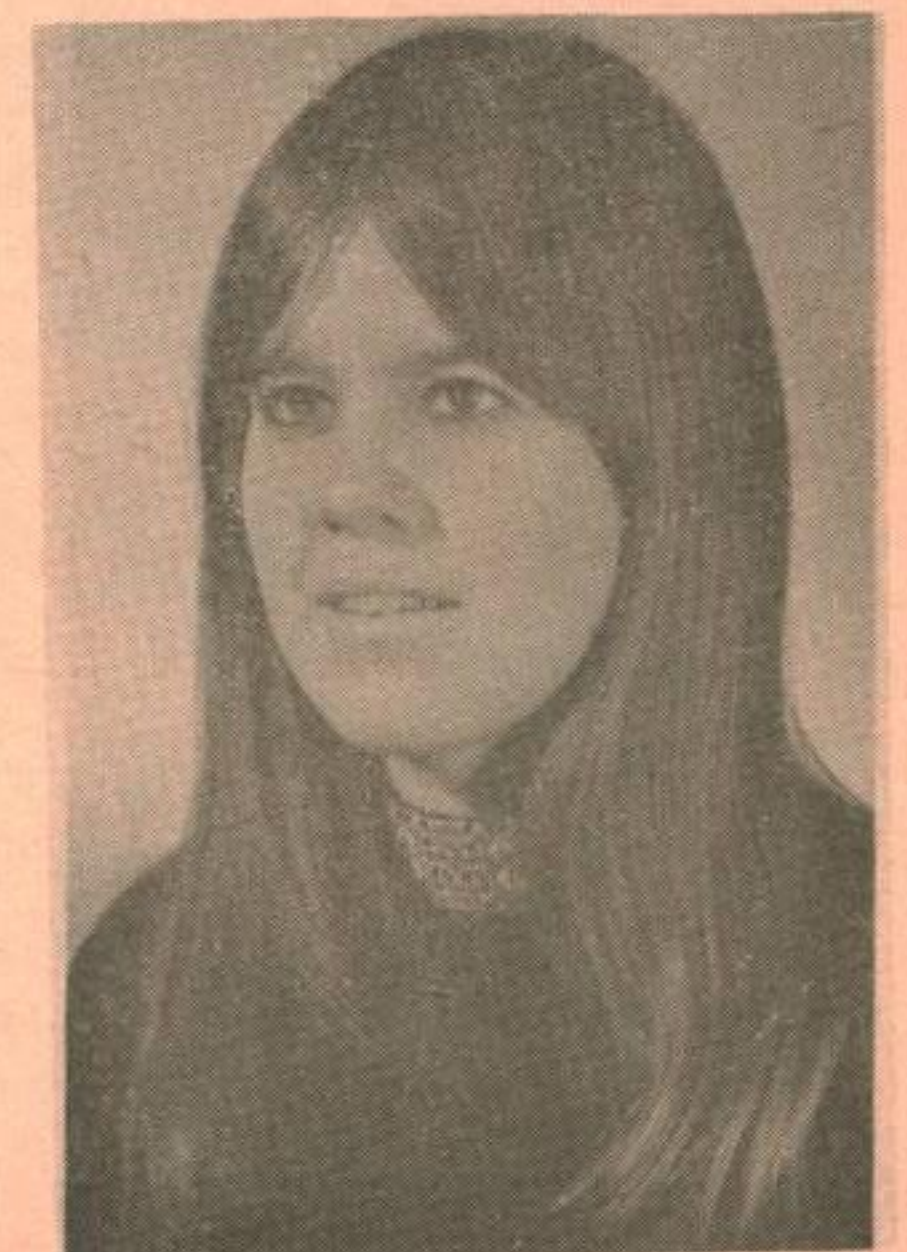
Base HQ



Robinson Store



Kinsmen



Pit

Editorial

Here we are again, and either by good planning or good luck, we've made it through a whole month in this new, frustrating, demanding, and, we must admit, very interesting endeavour. We've had quite a crash course in how to put a paper together, and if what they say about learning through your mistakes being the best way to learn, we must have learned a lot, because we've made some real beauts!

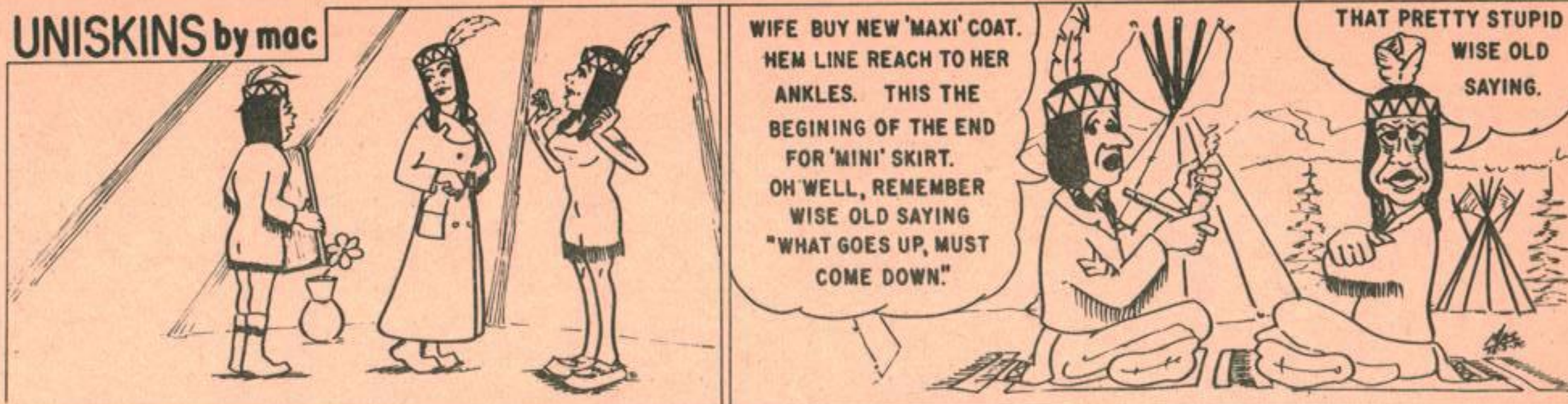
A tremendous "THANK YOU" is in order for a gentleman downtown without whose help and experience we just wouldn't have made it to press a couple of times these past weeks. So, we extend a hearty "thanks" to Mr. Howard Patterson. He has about twenty years 'T.I.' in this field and is extremely gracious about passing some of his knowledge along.

One big thing we have been able to learn is that with our present workload and the goals we have in mind for FRAMFARI, it becomes necessary to move our deadline for submission of material ahead one day. We would ask then, that all contributors have their copy in to us by 2 p.m. on Monday. Thanks.

Our shop, in case you're interested, and haven't had the 25¢ tour yet, is in the Baden-Powell Hall, two doors North of Ground School. Drop in and have a look around. Who knows, you just might be one of the volunteers we're looking for to help out with all parts of our production!

One special group which also is very deserving of our thanks for their kind understanding the last little while is that "pleasing passel of pulchritude".... our wives. Thanks girls, you've been a great bunch. TTFN

UNISKINS by mac



SOUND OFF

Sir: Remember the parable -- "A certain man went down from Jerusalem to Jericho, and fell among thieves, which stripped him of his raiment, and wounded him, and departed, leaving him half dead. And by chance there came down a certain priest that way: and when he saw him, he passed by the other side. And likewise a levite, when he was at the place, came and looked on him, and passed by on the other side." Luke 10: 30-32

Well times have changed - but people haven't! This time a certain man had fallen victim of a broken down car on Highway 9, 4 miles south of Gimli, one early evening last week (remember, it was 10° and 15° below those days). And so there he was - attempting to locate the problem under the hood, while his wife huddled on the front seat trying to keep warm, --and get this -- while other cars whizzed right on pass. Hard to believe, but true...And as the old story goes -- Yes, there was a good samaritan -- but in such weather, a person cannot afford to wait very long for one.

It comes to my mind upon such occasion, that if people decline to offer friendly concern and assistance when a fellow is in such obvious need, then just when is it that "those" people give friendly concern and assistance?"

L.C.

Sir: Last Thursday, 19 February, the Canadian Broadcasting Company, in glorious colour, presented a very slanted and semi-accurate look at the "Military Man".

All sequences shown were accurate but the one sidedness and particularly the editing did not put forth a very complete picture.

The senior officers interviewed, (active and retired) made a few pertinent and important points however, sequences following, created inuendos of senility and foolishness.

After explaining the education and skills required at some jobs, the video portion through editing, I'm sure, gave the impression of the military being dunderheads. Perhaps both sides should have been presented, not only of the "I like to shoot bullets" type of thing, but also of computers, medical aid, search and rescue, and the responsibility most of the military people hold whether it be weapons cleaning, transport of personnel, or the delivery of nuclear warheads.

The other aspects of making-do in sub-zero temperatures and working in less than ideal conditions was completely neglected.

This nostalgic presentation put forth the "where we've been" and did not add the "where we are, and where we are going" part.

Generally dissatisfied with the whole presentation, I feel the Canadian Civilian public "has been lead up" the proverbial garden path.

It was not -- a complete picture.

Sir: It was with interest that I read the first issue of the "Framfari" and may I say that under the circumstances, I find the name most appropriate.

In keeping with your province's centennial slogan "The Spirit of 70", I wish you and your staff every success in all your endeavours.

Yours sincerely,

C.H. Mussells
Brigadier-General

DEADLINE - 2pm MONDAY

FRAMFARI is published weekly for distribution on Friday. Opinions expressed are those of the writers and do not necessarily reflect Official Canadian Forces Policy. The Editor reserves the right to edit all copy and advertising to suit paper policy. All correspondence should be addressed to:

Editor, Framfari
CFB Gimli
Aspen Park, Manitoba
Phone: 642-5151--L126R2

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PUBLISHER

....Col. J. F. Dunlop
Base Commander

BUS. & PROD. MGR.

....Maj. A. C. Platz-L57

EDITOR

....D. B. Hartley-L126R2

ASS'T EDIT OR

....G. D. Kenny-L154

SPORTS EDITOR

....D. Gagnon-L116

WOMEN'S EDITOR

....Mrs. Betty Bennett-7964

AD. MANAGER

....P. D. Sharkey-L154

ASS'T AD. MGR.

....J. F. Bennett-L154

Sir: On behalf of the Gimli Chapter Icelandic National League, we wish to thank you very much for renaming your paper "Framfari". This is a great tribute to the memory of the hardy pioneers in the colony of New Iceland, as their first newspaper published in 1877 at Riverton, Man. was named "Framfari" which is said to have been the only newspaper on the prairies outside of Winnipeg, at that time.

We think the information given in your paper regarding the struggle and hardship that the Icelandic settlers had to face and overcome in order to survive and make a living, will be of interest to everyone, and the younger generations, the descendants of the pioneers should appreciate the courage and endurance of their forefathers and be proud of them.

We congratulate you and the staff for the very good issues of "Framfari", and wish you the best of success.

Yours truly,

Executive Committee
Gimli Chapter
Icelandic National League

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GROUNDED

NO RED KNIGHT IN 1970

OTTAWA (CFP)--As part of the economy program within the defence department, the Canadian forces Red Knight will not perform in 1970.

Formed in 1958 as RCAF training command's contribution to the 50th anniversary of powered flight in Canada, the Red Knight thrilled millions across Canada and the USA with spectacular solo displays of precision aerobatics in a flashing red T-33, and in later years a CL-41 Tutor jet.

A succession of pilots have filled the role of Red Knight over the past 10 years, performing many of the manoeuvres taught to pilot trainees as part of advanced flying training. No decision has been made as to whether or not the Red Knight will perform again in future years.



RED KNIGHT stays on the ground at least for 1970. Inaugurated in 1958, the Canadian forces Red Knight aerobatic T-33 and later CL-41 Tutor will not perform in 1970. No decision has been reached on whether or not the Red Knight will perform after 1970. (CFP).

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Chapel News

THE PROTESTANT CHAPEL
Rev. D.W. Hilton - Ph: 156r2

SUNDAY - 1st March

- 1000 Hrs. - DIVINE WORSHIP with the Sacrament of Holy Baptism. The Sunday School children are to attend th this Service.

SUNDAY SCHOOL

- The Sunday School children are to attend Church on March 1st & 8th. These Sundays are not only Family Sunday, they are important to the child's progress this year.

THURSDAY

- 6:30 p.m. - Junior Choir Practice
- 7:30 p.m. - Senior Choir Practice

SUNDAY - 8th March

The SERVICE OF CONFIRMATION

OUR LADY OF LORETTO CHAPEL
Major (Rev.) J. Goerges Savoie
B.A.; LPh.; BTh. Ph.: 156r1

MASSES

Sunday - 0900 Hrs. & 1115 Hrs.
Weekdays - 1700 Hrs.

CONFESSIONS

Saturday - 1600 to 1700 hrs. Before each Mass and whenever you feel like it. We will try to accommodate everyone.

BAPTISMS

By appointment. Usually on Sundays

C.W.L.

Meeting every second Tuesday of the month at 8:00 p.m.

ALTAR SERVERS

Meeting every third Wednesday of the month at 4:15 p.m.

A Hope Vacuum

Our Western civilization has lost a sense of hope. In his poem "Burnt Norton" the late .T.S. Eliot wrote:

"Only a flicker over the strained time-ridden faces
Distracted from distraction by distraction
Filled with fancies and empty of meaning
Tumid apathy with no concentration
Men and bits of paper, whirled by the cold wind
That blows before and after time".

Dr. Howard Clark Kee in "The Renewal Of Hope" refers to a "Hope Vacuum", in our modern world. And into this vacuum are pressing the flase or inadequate hopes of materialism, humanism, nationalism and communism. Who can blame exploited peoples for responding to the words of "The Internationale"?

"Arise, you prisoners of starvation!
Arise, you wretched of the earth,
For justice thunders condemnation,
A better world's in birth.
No more tradition's chains shall bind us,
Arise, you slaves; no more in thrall!
The earth shall rise on new foundations,
We have been aught; we shall be all".

Man must have hope. The question is, will it be a true and abiding hope, based on the nature and will of God, or will it be a temporary panacea which will leave the people frustrated and despairing?



Shown with coordinator, Capt. Bill Reinhart, are the winners of the Winter Carnival Poster Contest. Front row (L to R) Elizabeth Skiba Cheryl Cameron, Debbie Passant, Cindy Magnusson, Sandra Carmichael, Marni Pearce, Colleen Hart; Rear row (L to R) Darrell Fecteau, Blaine Ronning, Brian Lovatt, Kevin Charron, Ted Chalaturnyk, Thomas Holden, Glen Galbraith, Garry Wilson. Missing is Fred Babiak.

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NON-STOP COMOX TO OTTAWA

CF-100 RECORDS
DISTANCE FLIGHT

OTTAWA (CFP) -- A CF-100 Canuck from 414 (electronic warfare) squadron streaked across Canadian skies Feb. 16 establishing an unofficial Canadian non-stop jet fighter distance-speed record. It flew from Comox, B.C., to its home Uplands base here.

The twin-engine jet piloted by Maj. Norman Hull of Portage La Prairie and navigator, Capt. Gregory Bruneau, Montreal and Quebec City, made the 2,300 statute miles in four hours, 16 minutes, 15 seconds. Average speed was 470 knots (538 mph ground speed) with a jet stream tail wind of 70-80 mph., at 37,000 feet. When the Canuck taxied up to the Uplands hangar it still had an hour's fuel on board.

It was touch and go one hour out of Ottawa as to whether the CF-100 would try for base Chatham, N.B., and a coast-to-coast record. A fast computation by navigator Bruneau revealed a fuel problem of 16 gallons below minimum safety factor. It was then, pilot Hull, decided to put down at home base. "It would only take a minor runway foul-up or a snow squall to make the Chatham run a tight squeeze," he said.

The Canuck left Comox 6:07 am, Comox time in a drizzling rain and touched down at Uplands at 1:23 p.m. Ottawa time. The entire 414 grounds crew and flying crews were on hand at Comox to see their comrades off. Four of 414s aircraft were on the west coast for an air defence exercise. Pilot Hull praised air controllers and DOT tower people and many others along their route. Without their cooperation, he said, the flight would have been impossible. Five minutes after their "wheels up" at Comox, they had landing clearance for Ottawa. The slight turbulence encountered on the way was "music" to the two flyer's ears. "We knew we had a jet stream then," said Maj. Hull.

The flight goes into the forces record books but a few factors such as pre-weighting the aircraft and carrying a sealed bargraph in flight, may prevent the run from becoming a national record as recognized by the Federation Aeronautique Internationale in Paris.



Major Hull gives his groundcrew a "thumbs-up" as he prepares for his record-setting trip.

Scouting and Guiding

The highlight of Baden-Powell Week was undoubtedly the Inter-Faith service in the Geo. Johnson Gymnasium on Sun. Feb 22 at 7:00 p.m.

The Ecumenical Council, in conjunction with Commissioner Rankin, arranged this event. Rev. J. Cameron and Padre D. Hilton were in charge of the service. The Centennial Choir sang an anthem, but were joined enthusiastically in other hymns by the Brownies, Cubs, Guides and Scouts.

Few children, parents, or leaders will forget the address by Rev. J. Cameron, capably assisted by his "watch".

Leaders are grateful to have had an opportunity to unite with groups from Arborg, Gimli and Aspen Park on "Thinking Day" of this special Centennial Year.

CUBS

Spring-like weather brings out the "cubs" and the Cubs of 1st Aspen Park Iroquois Pack are no exception!

On Saturday, 21st Feb., the boys travelled to the Camp Gilwell area where they enjoyed a two-mile hike along the shore. Snowballing and fresh air sharpened the appetites for weiners roasted on a crackling bon-fire, with hot chocolate and cookies to spare.

Thanks are extended to Scouts who assisted the leaders, as well as parents who volunteered to drive.

BROWNIES

Pennies and warm thoughts encircled the globe at the special Thinking Day meeting of the 1st Brownie Pack on Tuesday, Feb. 17th.

Following the Enrolment of Kimberley Hillman and the Golden Bar presentation to Kellea Hillman, Brown Owl told of the beginning of Brownies, and why we have Thinking Day.

Each six presented a small program on Brownies of another land. The Gnomes had dolls and songs from Germany. In the Pixies' version of Ceylon, we heard the grand salute, and saw a Brownie in the half-saree as well as the short white uniform. Sprites presented an original play and appeared with ties of yellow as worn by the New Zealand Brownies. The Little People had a Brownie who had "been there" -- the the U.S.A. -- so she showed her tie and put the pack through the paces of an American singing game.

Candles on individual cup cakes were lit as Brownies sang "Happy Birthday", remembering the Baden-Powells.

The Mexican pinato was broken to shower a few candies before the girls departed, with some awareness of other "Brownies Around the World".

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GULF OF GIMLI

Dear Harriet...

Dear Harriet:

I am very concerned for women. I believe the times have been and are rough on them. At the present time the female role in society is very unstable, undefined, and thus insecure. Identity is the key theme. It is universal...But it is my opinion that the core problem is the search for self-identity. Although I am an advocate of the changing roles of women, I am really more concerned about the effect the changes are having on individual females. Their world is being threatened.

Women seem to be reacting in three different manners: One reaction is that of being oblivious -- to any problems or any changes. It is too often said that "their" world is small, or that "they" are simple people-- my reaction is that if the problems and changes are not apparently relevant to their lives then there is no reason nor way for them to identify with them.

The second reaction involves that of adjustment. These people have been able to identify themselves in and amongst all the confusion. They have found their niche in this world, so to speak, and are happy and proud of it. Their world may have been threatened by the changing times, but it has helped strengthen their self-concept.

It is the third reaction that concerns me. It represents those who have not been able to cope with the threats of the changing times. They feel threatened--and react; some with bitterness and hostility. Self-identity is the real problem. They don't want to be a "typical" woman or wife; consequently anything that is labelled female is immediately classified above or below them. These girls would never consider playing bridge with the women, curling with the girls, going to wives' club or the women's league in the church, supporting the female sports in the winter carnival, etc, etc, etc--because they" are not just an ordinary woman. They are different! And so they continue in their search for self-identity -- some very alone, some fighting against women instead of with them. It is interesting to note that these women often avoid or condemn anything that is labelled female -- and for many reasons. I suggest

that one reason is that -it threatens their self-identity.

One thing about this type of woman infuriates me. Their self concept is very threatened and unstable -- and as a result they counter-react by devaluating or belittling any person or group who does not appear to uphold their concepts of the role of a female. It is this imposing of their standards on everyone that I resent.

What I believe is the irony of it all -- is that these girls most often feel that they are not like other women, that they are deeper and more cosmopolitan -- yet it is these girls who hindered the growth and development of the identity of women.

I believe that women have a unique and exciting role to play in society -- and wish that the third classification of women (thank gosh they're a minority) would work with women, not against them!

Signed: Proud to be a woman.

Gardening

· Elizabeth

MANITOBA CENTENNIAL VARIETIES

The Kelsey Ornamental Crabapple tree grows to 20 feet, and is the only known rosybloom cultivar with semi-double flowers in the world.

The Butterscotch Marigold growing to 10 or 12 inches has rich red petals with golden centres.

The Morden Pink Lythrum, a five foot high perennial, is propagated from greenwood cuttings.

The Dropmore Scarlet Trumpet Honeysuckle flowers from June to late fall.

The Cuthbert Grant Rose grows to three feet and has bright foliage with contrasting dark red roses. (to be cont'd next week)

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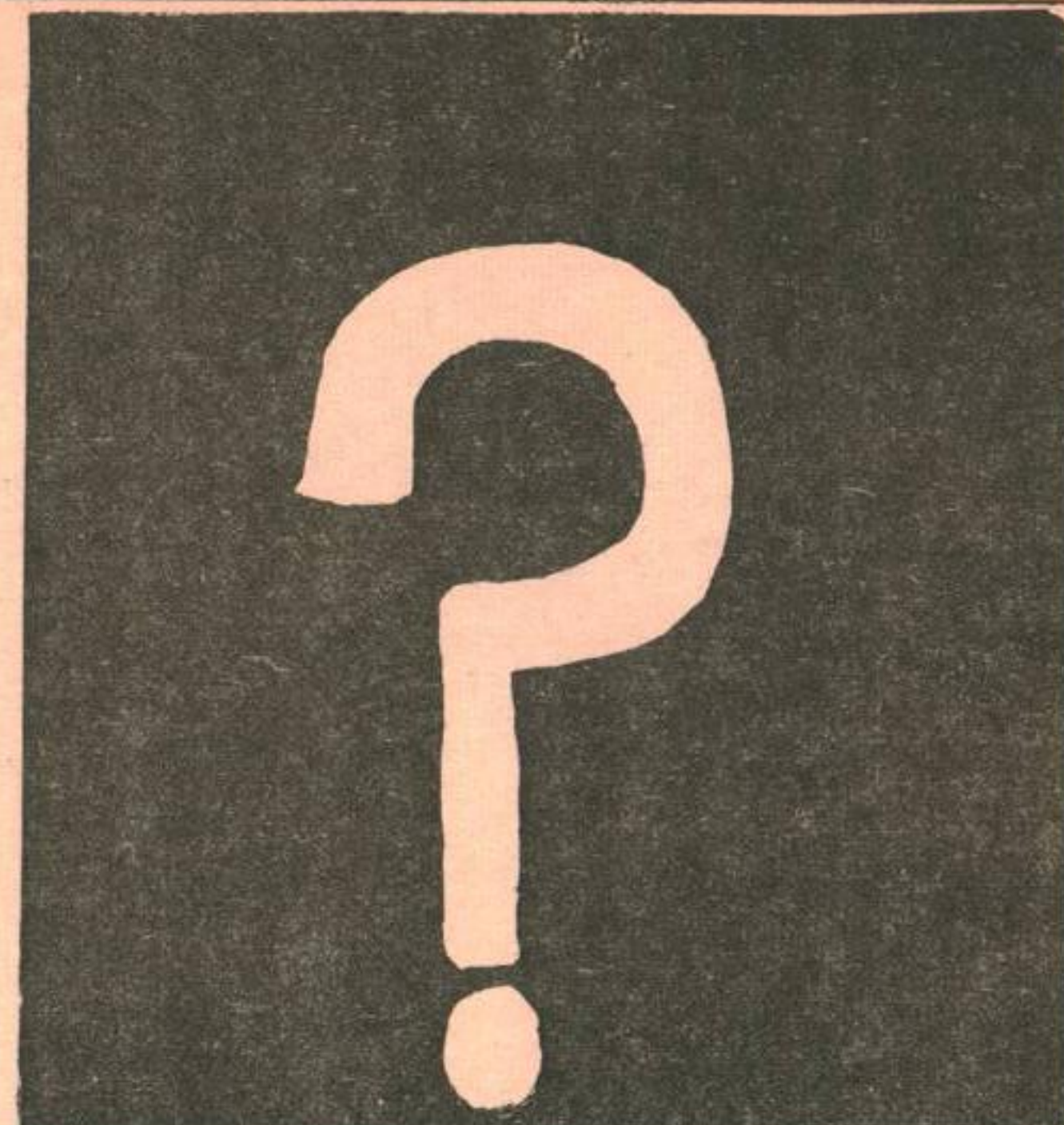
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Trim 'n' Fit



You need, a chair and plenty of room for this fine "HIP SHAPER".

Kneel facing a chair with one leg outstretched far to the rear and actually crossing the other leg (see illustration). Now with a slow even movement, slide that leg forward til it's stretched alongside the chair. Return slowly to the starting position. Do only 3 or 4 at first and work up to 15 with each leg. Always take it easy with that first repetition... this is mighty big stretch but very effective.



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Norm. J. Taylor B.Sc.(Ph)

Pat. L. Taylor B.Sc.(Ph)

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Announcements

Baptisms: Feb. 22, at the RC Chapel, Michelle Lynn Scheer, daughter of Robert and Victoria. The godparents were Harold and Annette Thiesson. The proxy godparents were Mr. and Mrs. Earl Boylan.

Also, Feb. 22, at the RC Chapel, Patrick Allan Fraser, son of Allan and Irma Patrick, born Jan. 7 at Winnipeg General Hospital. The godparents were Robert and Jennifer Delaquis.

The Women's World Day of Prayer will be held March 6 at 2:00 p.m. in St. Michael's Church. The theme of the interdenominational service will be "Take Courage". Coffee will be served afterwards. Women around the world will be joining in prayer March 6. Why don't you join them?

MOTHERS: Babies can be inoculated at the Public Health Clinic in the Municipal Offices on Centre Street West (behind the Viking Motel). Clinics are held the 1st and 3rd Tuesdays of the month from 1:30 - 3:30 p.m.

READING ROOM

RECENT ARRIVALS - BASE LIBRARY

The Midas Compulsion - Ivan Shaffer
 How Young They Died - Stuart Cloette
 The Human Zoo - D. Morris
 The Unexpected Universe - Loren Eiseley
 Israel at War - Valentine, Mitchell & Co
 The Peter Principle - L. J. Peter & R. Hull
 Love and the Facts of Life - Evelyn Duvall
 Today's Teenagers - Evelyn Duvall

A large number of children's books have been acquired by the Base Library and are on long-term loan to DND Goulding School where they will receive maximum use.

Apothecary's Notebook

----A brief summary on cyclamates On October 21 1969, John Munro-Minister of National Health and Welfare stated that while no evidence existed to suggest that the use of cyclamates caused cancer in humans, the feeding of very high levels of cyclamates has led to carcinoma of the urinary bladder in rats. He continued that, after consultation with his scientific advisors, he had decided to phase out the use of cyclamates as artificial sweetening agents in foods.

As a first step, the use of cyclamates in soft drinks and beverage bases has been prohibited because these products are such as to lend themselves to excessive use by both children and adults.

A revision to the Food and Drug regulations was enacted, and any of the above mentioned products were deemed adulterated if they contained cyclamates.

There is no intention to remove from the market sweetening preparations themselves which contain cyclamates. e.g. - Saccharine, Sucaryl.

Discussions are continuing with scientists and physicians, from within and outside the food and drug directorate, on the need for cyclamates in special dietary foods used by diabetics and others who must restrict their caloric intake.

- njt

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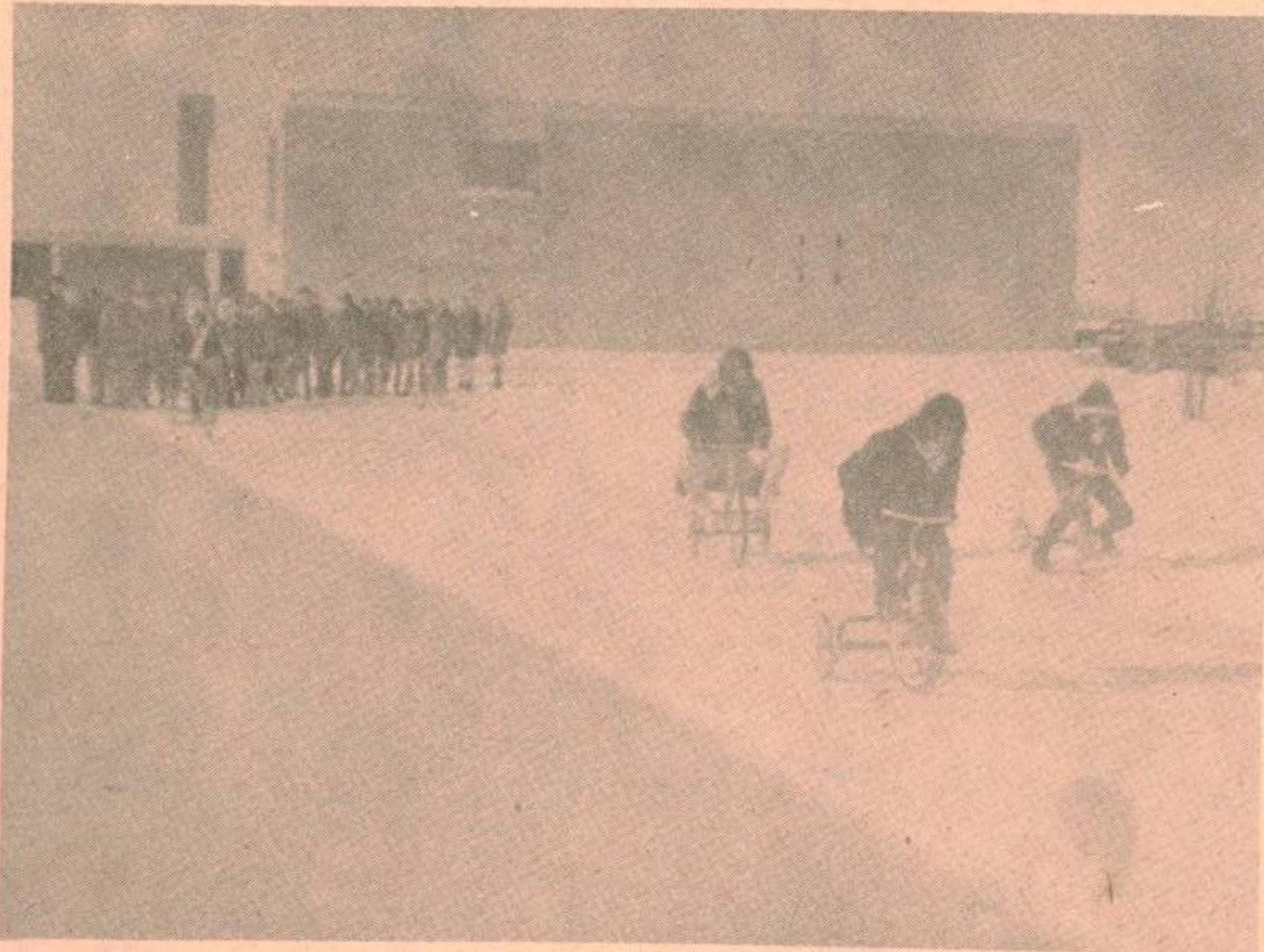
GIMLI COMPOSITE H.S. NEWS

Recently the staff and students of GCHS participated in a three day carnival sponsored by the school cheerleaders. On Wednesday, at lunchtime, a 'friendly' game of floor hockey was played. The students triumphed over the teachers, but we wonder if this was wise -- with report cards due the next day?? Thursday's big attraction

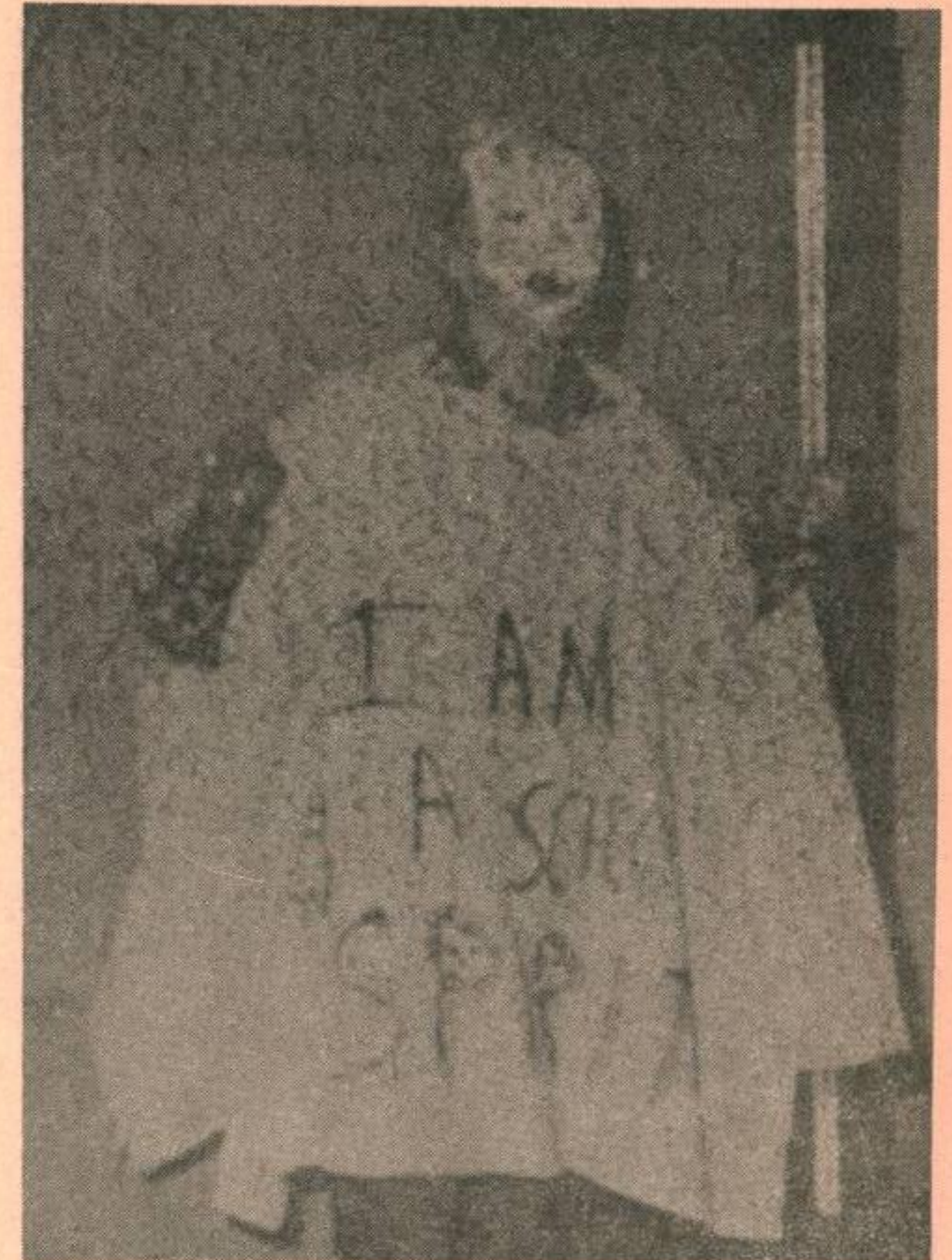
was a tricycle race. Each class entered a contestant and the honors went to the senior students. The cheerleaders consented to be 'guinea pigs' for a pie throwing contest. Everybody enjoyed this activity as well as the whole carnival and the Student Fund benefited from it all.



SO THIS IS WHERE ALL THE ACTION IS????????



ROWAN AND MARTIN? NOT REALLY.



IT TASTES LIKE WHIPPED CREAM

-- BUT I WONDER???????

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DENTAL IQ

by Capt. D. M. Hodges
(Petawawa Base Post)

Last week the nature of tooth decay was discussed. One of the major ways of preventing tooth decay is by cleaning your teeth. The question this week is:

Question: What is the best way to brush our teeth and how often should it be done?

Answer: The method of toothbrushing recommended by most dentists is to brush "as they grow". That is brush the top teeth down and the bottom teeth up. Place the side bristles of the brush on the gums covering the roots of the teeth and rotate the brush so that the bristles sweep from the gums down (or up) across the sides of the teeth. This type of sweep action is done on both the cheek and tongue side of the teeth. By brushing the gums as well as the teeth, the gums become stronger and more resistant to infections. Most of the foods we eat are too soft to adequately stimulate the gums. Pieces of food are removed from the biting surface of the teeth by the usual forward and back action. Pre-school children should be helped in brushing their teeth, while junior grade children should have their teeth checked after brushing to see that all pieces of food have been removed.

The teeth and gums should be brushed immediately after eating



and at bedtime. After eating includes snacks as well as meals, particularly if the snacks include soft sweet sticky foods such as: jam or jelly sandwiches, cake, candy, chocolate, cookies, or pie. It is more important to brush after a snack of iced chocolate cake than after a meal of bacon

and eggs. For those who are unable to brush after eating, snacks of sweet sticky foods should not be eaten and the meals should be concluded with a drink. "Swish and swallow". The teeth should be brushed a minimum of twice a day; before or after breakfast and at bedtime (even if bedtime is 3 am).

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GIMLI CREDIT UNION

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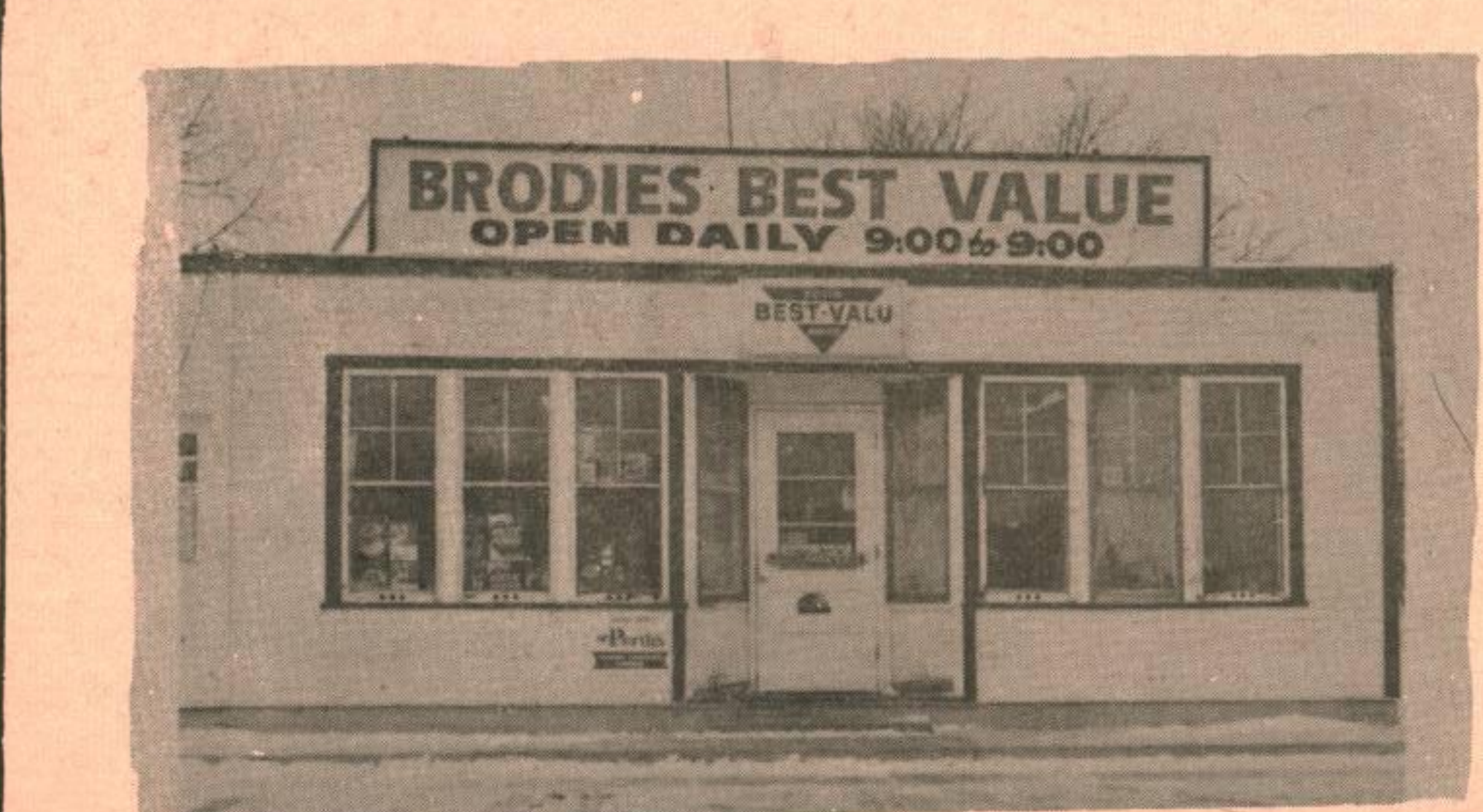
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Arts and Crafts Leadership

For the past two years the Community Recreation Branch of the department of Tourism and Recreation has been directing leadership training programs in the fields of arts and crafts, creative drama and music. The courses are available to all Manitoba community leaders from boy scouts to senior citizens. The programs are instructor training orientated and participants are required to offer their services in their respective communities once they return. The arts and crafts training program consists of six weekend courses constituting a total of 150 hours. Certificates are issued to successful candidates upon completion of each level. To date there are 750 participants from 80 Manitoba communities taking part in the program.

The entire creative arts training program is under the direction of Miss Nadya Kostyshyn, Creative Arts Consultant with the Community Recreation Branch. In order to carry out this very

exciting program Nadya has been able to obtain the assistance of some excellent artists and teachers such as Mr. Steve Repa (pottery) Mr. Kenneth Bailey (painting), Mrs. Eleanor Melville and Mrs. Margaret Grant (handicrafts).

On Sunday, February 8, a very exciting event took place at the Provincial Leadership Training Centre in Gimli, Manitoba. The event was the closing exercises of the first graduating class of the arts and crafts level training program. There were 34 graduates from 20 communities from as far as Thompson and as close as Gimli. The program consisted of a banquet at which the following people were present:

Mr. J. Gottfried M.L.A. spoke on behalf of the Hon. Peter Burtniak, Minister of Tourism and Recreation.
Mr. A. Miller, Director, Community Recreation Branch.
Miss Mary-Liz Bayer, Executive Director, Man. Arts Council.
Mr. J. Strutt, President, Man. Municipal Recreation Directors Association.

The program was chaired by Mr. Fred Rankin, a graduate from Gimli, and the students' address was given by Miss Mary Jean England.

Head table guests also included the instructors and Miss Nadya Kostyshyn.

The communities of Winnipeg Beach, Gimli, and Arborg, have been invited to participate in Sunday afternoon art appreciation programs conducted by Miss Kostyshyn whenever she has a program at the centre. The programs consist of films, slides and discussions with occasional demonstrations of new techniques in art.

Everyone is welcome to attend at 3:30 on the following dates:
March 1, 8, & 22.



BASE EXCHANGE

EXTENDED Mid February SALE

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Sat 1130 - 1600

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Sundays & Holidays

Sale ends Feb 28

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CARNIVAL SCHEDULE

Fri 27 Feb

7:00 p.m. Power toboggan torchlite parade of Queen contestants (Parade to start at Centre Street Shopping Mall and proceed to 1st Ave for outdoor activities).
 7:15 p.m. Smoosh Races Men's, ladies, mixed 1st Avenue
 Snow Shoe Races Men's, ladies 1st Ave
 Tug-O-War Men 1st Ave
 (At conclusion of activities torchlite parade of Queen candidates back to Shopping Mall).
 9:00 p.m. Queen Judging Shopping Mall
 9:30 p.m. Dance Shopping Mall or Gimli Arena

Sat 28 Feb

1:00 p.m. Rifle Shoot Men's, ladies Base Rifle Range
 9:30 p.m. Open House Adults Jr Ranks Club

Sun 1st Mar

1:00 p.m. Volleyball Men's, ladies Base Rec Centre
 1:00 p.m. Curling Mixed Base & Town Rink
 2:30 p.m. Scuba Demonstration Spectator Gimli Wharf
 3:00 p.m. Power Toboggan & Ski Jumping Spectator Gimli Wharf
 6:30 p.m. Water Basketball Men's Base Pool
 7:00 p.m. Bowling Mixed Bowling Alley

Mon 2nd Mar

6:00 p.m. Curling Men's, ladies Base Curling Rink
 6:30 p.m. Water Basketball Men's Base Pool
 7:30 p.m. Badminton Men's, ladies, mixed Rec Centre
 7:00 p.m. Bowling Ladies Bowling Alley
 7:00 p.m. Broomball Men's, ladies Gimli Arena

Tues 3rd Mar

6:00 p.m. Curling Men's, ladies Base Rec Centre
 6:30 p.m. Water Basketball Ladies Base Pool
 7:00 p.m. Bowling Men's Bowling Alley
 7:30 p.m. Band Concert Spectator Base Theatre (50¢)
 8:00 p.m. Broomball Men's, ladies Gimli Arena

Wed 4th Mar

7:00 p.m. Table Tennis Men's, ladies Base Rec Centre
 8:00 p.m. Beard & Moustache (pre-judging) Men Base Rec Centre
 8:00 p.m. Novelty Nite Men's, ladies, mixed Base Rec Centre

Thur 5th Mar

6:00 p.m. Curling Men's, ladies Base Curling Rink
 7:00 p.m. Broomball Men's, ladies Gimli Arena
 7:30 p.m. Badminton Men's, ladies, mixed Gimli Elem. School

Fri 6th Mar

8:00 p.m. Darts Men's, ladies Gimli Legion
 Bridge Men's, ladies Gimli Legion
 Cribbage Men's, ladies Gimli Legion

Sat 7th Mar

11:00 a.m. Car Rally Gimli Composite High School
 11:00 a.m. Power Toboggan Races (Cross Country) Gimli Wharf
 9:00 p.m. Carnival Dance Adults Base Rec Centre

Sun 8th Mar

11:00 a.m. Power Toboggan Races Willow Island
 1:30 p.m. Fly-By

CHILDREN'S ACTIVITY CO-ORDINATORS

Teenage Bonspiel	Capt Crooks	Local 114
	Mr. Sigurdson	642-5464
Badminton	Lt. Joughin	Local 52
Rifle	Cpl. Agnew	Local 143
Swim Meet	Cpl. Sesak	Local 52
Skate Races	Capt. Bulman	Local 73
Jam Pail Curling	Capt. Naylor	Local 154

DAILY SCHEDULE

Saturday Feb 28	1:00 p.m. Jam Pail Curling
	3:00 p.m. Skate Races
Sunday Mar 1	1:00 - 4:00 Rifle Shoot
Tuesday Mar 3	6:00 p.m. Badminton Tournament
Friday Mar 6	6:00 p.m. Swim Finals
Saturday Mar 7	(By Draw) Teenage Bonspiel

PARTICIPATE

'All Systems Go'

This is your Framfari press correspondent reporting from the scene of the Winter Carnival 70 conflict. The situation is worsening; broken bodies; more contestants for the throne of the Carnival Queen; accusations and counter-accusations.

Saturday night at the Mardi Gras dance at the Recreation Centre, eleven girls claimed their right to the Carnival 70 Queen throne. They were quickly escorted out of the Rec Centre before any skirmishes began. All the contestants may be seen in the Torchlight Parade this Friday, starting at 7 p.m. from the Shopping Centre. There are rumours of certain groups infiltrating and disorganizing the festivities, however, the Carnival Committee vigilantes are prepared to deal with any ruckus that occurs. Following the parade to First Avenue, the best woman and bravest men of each division will compete in the tug-o-war, smooch, and snow shoe events. Sources from Town are certain their men will overcome all opposition in the tug-o-war (their anchor man is reported to be the best in the area.) After tempers cool, the Queen Crowning will be followed by an outdoor dance at the Shopping Centre.

On Sunday the divisions will take to the Base Rifle Range for the final shoot-out. Victims will be buried with their boots on and the survivors will celebrate their victory at the Jr. Ranks Open House beginning at 9:30 p.m.

The conflict knows no age limits. On Saturday the children will get into the competitions with jam pail curling and skate races at the Gimli Wharf.

Sunday will be one of the most exciting days of the Carnival; Scuba Diving under the ice; Hover Craft demonstrations; and Ski Jumping behind power toboggans (if the participants recover from last Saturdays practices).

Wednesday, the 4th of Mar., is Novelty Night. Antagonists will be shot down by eggs at 30 paces; egg carrying on ping-pong bats; beard judging; table tennis; and beer and wine drinking contests: all this for Carnival points. (Those under 18 years of age must leave the Recreation Centre by 9 p.m. when the Bars will open.)

Spectators are encouraged to attend the various sports competitions and cheer for their division representatives.

That's all from your Framfari press correspondent!

DEADLINE - 2pm MONDAY

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Training

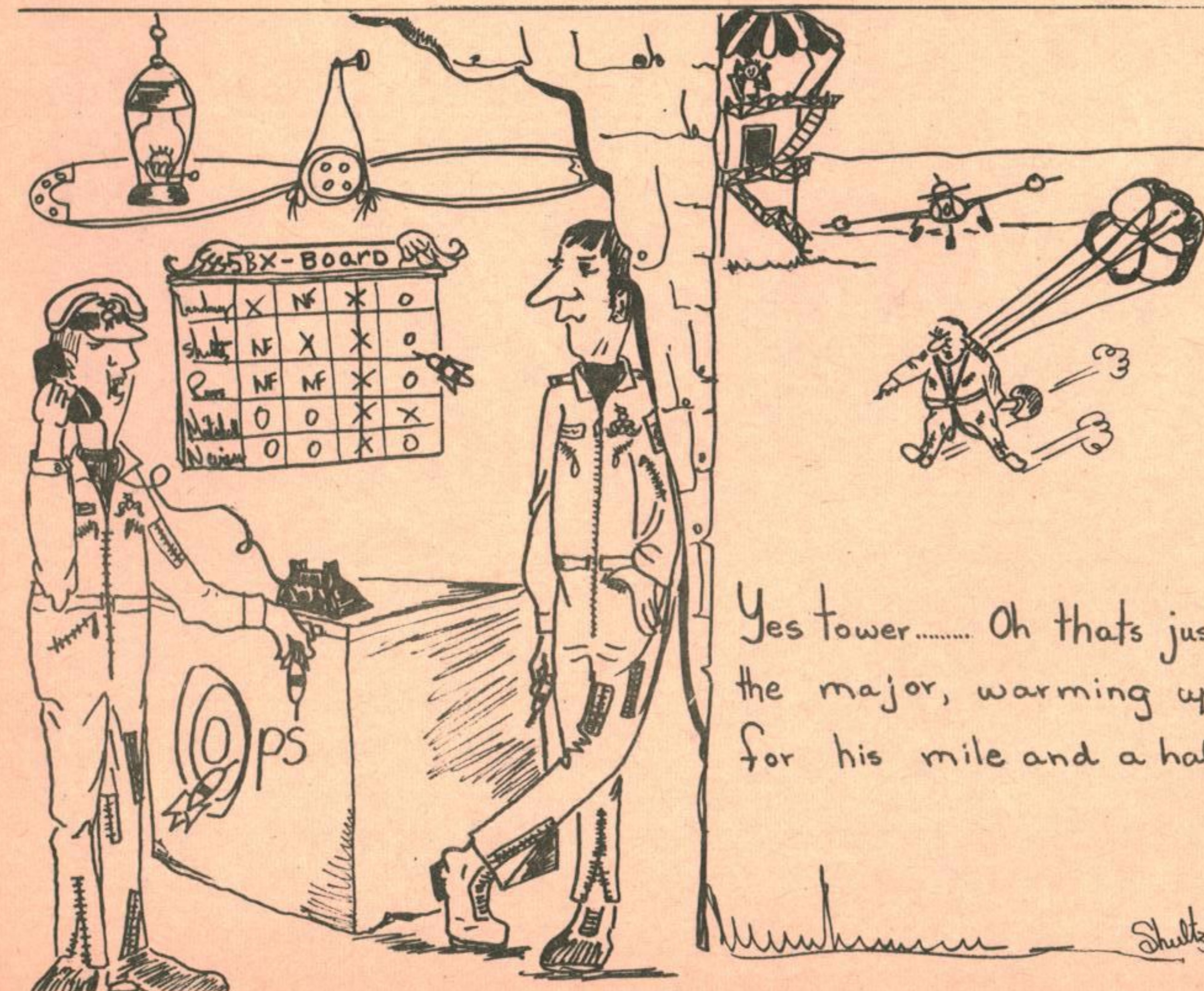
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EVENINGS, WEEKENDS AND HOLIDAYS.

CONTACT OUR MANAGER

Box 122, C.F.B. Gimli - 642-5151, Local 120R3



**3 Cessnas
1 Cherokee**



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POWDERED
SKIM MILK

5 lb. BAG \$**1.79**

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PORK

14 FL. OZ. TINS
5 89¢

MALKIN'S
APPLE
JUICE

48 FL. OZ. TINS
2 79¢

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1. Display entry form in official entry form box on the store.
2. Each entry must be accompanied by 3 labels or receipts from participating products.
3. All entries must be deposited by the store of business Saturday, March 28, 1970.
4. The contest is open to all persons who are 18 years of age or over. Employees of all divisions of Westfair Foods and all participating stores, and members of their immediate families are ineligible.
5. Cars cannot be exchanged for cash or traded for merchandise.
6. The qualifying contestants will be required to answer a written test during selection.

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Oranges 3 \$1.00

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Tomatoes 4 \$1.00

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Lettuce 2 39¢

JUICE 3 99¢

BLEACH 59¢

Cream Corn 5 \$1.00

COCONUT DOT WEST — 14-oz. PKG. 53¢
MILK SEVEN FARMS — 5 lb. 89¢
PEPPER MALKIN'S — 8-oz. PKG. 65¢
RICE DOT WEST — 2-lb. PKG. 49¢
HONEY SEVEN FARMS — 7 63¢
CATSUP SEVEN FARMS — 3 69¢

MALKIN'S
Canada Fancy
APPLE SAUCE 4 89¢

FROZEN FOODS
SEA LORD PINK SALMON 2 99¢

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TISSUE BETTER BUY — Assorted Color, Bathrooms 99¢
FOIL WRAP DOT WEST — 18" ROLL 69¢
PINEAPPLE MALKIN'S — 4 1.00
MATCHES TOMBOY — 2 43¢
BROOMS BETTER BUY — 1.69
TUNA SEA LORD — 2 89¢
RAISINS MALKIN'S — 1-lb. PKG. 39¢

MALKIN'S — Canada Choice
Prune Plums 4 \$1.00

MALKIN'S — In Tomato Sauce
SPAGHETTI 5 \$1.00

MALKIN'S — Pineapple
JUICE 48 FL. OZ. TINS 37¢

Canned Drinks — Assorted
ZING ZIP TOP 10 99¢

BETTER BUY — White or Yellow PAPER
TOWELS 2's PKG. 55¢

COFFEE BREAK — Instant
COFFEE 4-oz. JAR 99¢

DUTCH OVEN
FLOUR 20-lb. BAG \$1.49

BETTER BUY
LARD 4-lb. PKG. 89¢

MALKIN'S — Canada Fancy, Cut Wax or Green
BEANS 4 99¢

MALKIN'S — Canada Fancy, Whole
Kernel Corn 4 89¢

Westfair Products SALE!

MALKIN'S — Citrus
Marmalade 24-oz. TIN 49¢

MALKIN'S — Assorted, Canada Fancy
PEAS 4 89¢

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PRUNES 2-lb. PKG. 79¢

MALKIN'S — Orange
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SEA LORD
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GIMLI TOM-BOY

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

MINOR HOCKEY

Stan Robinson

It was a quiet week in the house league, with only three games: two in the Tom Thumb and one in the Bantams. The Wee Wees had a practice session.

On Monday evening in Tom Thumb, Canadians fought to a 2-all tie with Melvin Biluk getting 2 goals for Canadians and Bradley Benson getting 2 for Green.

In the second game Boston thumped Leafs 6 to 1 with Grant Knapik getting 5 goals and 1 assist Dale Martin getting 1 goal and 4 assists Tucker got the lone goal for Leafs.

In the Bantom game on Tuesday Leafs won their first game of the season with a come-from-behind victory over the league-leading Canadians. Kernstead got 3 goals and 1 assist, Ronnie Krulicki getting 2 goals and one assist for Canadians Reid Kuzik led the Leafs with 2 goals and 1 assist while Lorne Smith had 2 goals.

In the GART league on Saturday in the two games played our Wee Wees came up with a 5 to 1 win over Teulon with Darryl Sylvester getting 2 goals and 1 assist, Melvin Biluk getting 2 goals and 3 assists, and David Oakley scoring the other goal. Dwayne Arnason played a strong game in the goal for Gimli. In the Tom Thumb game, Gimli won again 5 to 1 with Randy Martin getting two goals and one assist with singles going to Dan Larrivee, Keith Tucker and Donald Smith.

The standings in the Wee Wee house league after 5 games finds Boston White on top with a perfect record of 5 wins. Next comes Green with 4 wins and one loss. Redwings have 5 points with 2 wins, one tie and 2 losses, Leafs are fourth with 1 win, one tie and 3 losses. Canadians and Boston Blacks are tied with 1 win and 4 losses each.

In Tom Thumb after 5 games Green lead with 3 wins, one tie, 1 loss for 7 points, followed by Boston with three wins and two losses for 6 points. Then come

Leafs with 2 wins, 3 losses for 4 points and in last place. Canadians with 1 win 3 losses 1 tie for 3 points.

In Bantom, Canadians have played 6 games and lead with 3 wins, one tie, 2 losses for 7 points. Legion are second, having played 5 games and have won 2 tied 2, lost 1 for 6 points followed by Leafs with 1 win 1 tie 3 losses for 3 points.

Next Saturday be sure to come out to see our All Stars play 3 teams from Winnipeg. First game gets underway at 1 pm.

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1 USED STOVE, 22 in. wide.
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INTER-SECTION STANDINGS!!

	Pts	G/P	W	L	T	Pts For	pts Ag.
GIANTS	13	10	6	3	1	41	36
WINGS	12	10	5	3	2	40	28
HAWKS	7	10	3	6	1	28	31
BRUINS	6	10	3	7	0	33	47

LEADING SCORERS

	Pts	Goals	Assts.
Buchanan (G)	19	15	4
Boran (G)	19	9	1
Desueaux (B)	13	6	7
Leonard (W)	11	8	3
Ross (W)	11	7	4
Gentes (W)	11	5	6
Gagnon (H)	10	8	2
Godin (W)	10	7	3
Dutrisak (B)	10	6	4
Dutil (B)	10	6	4
Herrick (H)	9	4	5
Malcolm (W)	8	5	3

Bullshooting

GIMLI DART LEAGUE

Listed below are the team standings as of 17 Feb 70:

Team	W	L
#5 CORPORALS "B"	92	62
#4 LEGION "A"	88	66
#6 LEGION "B"	83	71
#3 CORPORALS "A"	72	82
#1 SARGENTS MESS	64	90
#2 OFFICERS MESS	63	91
Total Games - 154		

- #1 - I see your leader is back and you won.
- #2 - Ask Dave if he wants any games after League play?
- #3 - You are still having trouble (Get a full team out).
- #4 - Archie, want to diddle for middle? (Left handed)
- #5 - Your Tuesday is coming.
- #6 - Don't give up, they can't all be 7-4, 6-5.

See you Tuesday,

Your Statistician...

SWIM REGISTRATIONS

Swim registrations may be purchased at the Rec Centre Orderly Room, Mon. to Fri., inclusive, between the hours of 1330 - 1600 ONLY.

Get on the Broom

Bud Wilds

It's Monday again and another of those bad days. Things are getting so bad in our regular team curling that the drawmaster doesn't even wait 'til we play our game. He automatically gives us a loss. Our's is the only box that is stenciled in when he makes the draw board. It's great exercise, I guess.

On a more serious note. Locally, over the past weekend, our base Finance people went to the Can Forces Finance Spiel in Calgary and came away winners of the Third Event. The foursome was skipped by WO Andy Anderson, with Maj. Hank Funk, Capt. Paul Poulin, Cpl. Dick Jackson.

The Base Jr.Ranks Club had a very successful spiel on Saturday last, with Al Lutomsky winning "A" event and Ray Gagnon runner up. Don Rivest won the "B" side with the Fletcher rink coming in second.

On a more Provincial scale, I see that the schoolboy team from New Brunswick won the National Schoolboy Championship - with Alberta and Manitoba in that order.

Our Base representatives to the Kenora & Western Ontario Malitia Officer Annual Bonspiel didn't do too well curling but they came back tired and happy. (That curling can be a very strenuous sport.)

Don't forget the Winter Carnival curling games are scheduled for 6 - 8 - 10 P.M. on 2 - 3 - 5 March. This spiel will consist of a single round robin in each league.

Also, coming locally is the Guys 'n Dolls mixed spiel. Dates are March 12-15. Why not enter a rink? It's a good spiel. For those with a whim to see better things there is the 'Brier' at the Winnipeg Arena, March 2-6. Tickets on sale at Curling Club.

'CHIMO'



Having a chat about their first few weeks in Gimli are two of the Italian 2nd Lieutenants here for language training, Roberto Iacomino and Gabriele Zanazzo. The occasion was a graduation dinner, Tuesday evening, for half of the course who will soon be leaving for Tutor training in Moose Jaw. Talking to the students are Col. J. F. Dunlop, Base Commander, and Major Marcello Caltabiano, liaison officer from TCHQ, Winnipeg.

BOWLING NEWS

- Murray McLeod

GIMLI OPEN INVITATIONAL

Last weekend after twenty-four games were rolled...Congratulations goes to Gimli's #1 Team. Their game average was 1127.9 and a team average of 233 per man. Ron Dupuis, Bob MacKinder, Murray McLeod, Jack Hentig, Ray Bruneau, and Larry Stuber. Other teams participating were Gimli's #2 Team, also two teams from Shilo and one team from Rivers. Shilo's #1 team were runners-up.

Many thanks to Sam Greenberg who presented the trophies to the Winning Team on behalf of Gimli Movers. Ron Dupuis won all three individual honours with H/S (348) H/T (834) and High Average of (261)

The Tournament was a Big Success for Gimli, as they have now retained the Honours for the 3rd consecutive year.

MEN'S LEAGUE

Team	Pts.	Stdn.
#1 B. Borthwick	147	2
#2 F. Auger	140	5
#3 D. Tucker	149	1
#4 B. MacKinder	145	3
#5 G. Shaw	122	6
#6 J. McInnis	121	7
#7 J. Machee	82	8
#8 L. Stewart	143	4

CHAMPS FOR THE WEEK:

H/S - Gary Wood (326)
H/T - Hank Bayer (714)

GIL DERY is 'BOWLER OF THE YEAR'
H/S - 386 H/T - 881

RON DUPUIS holds H/A with 238.

MIXED LEAGUE

Team	Pts.	Stdn.
#1 Knit Wits	264	1
#2 Kerplunks	153	8
#3 Sweet Bippy's	222	2
#4 Tempests	221	3
#5 Eight Plus Two	170	7
#6 Spoilers	198	4
#7 Also Ran's	179	6
#8 Beep Beep's	66	12
#9 Road Runners	131	11
#10 Logs	186	5
#11 Boo Bee's	140	9
#12 Strike Outs	136	10

CHAMPS OF THE WEEK...

Men H/S - Reg Shrimpton (336)
H/T - Ron Dupuis (788)
Ladies H/S - Jean Archer (292)
H/T - Irene Kenopic (695)

BOWLERS OF THE YEAR...

Men H/S - Reg Shrimpton (337)
H/T - Ron Dupuis (898)
Ladies H/S - Jo Kemp (338)
H/T - Mary Lou Garriock (802)

High Average for Year...

Men - Ron Dupuis (246)
Ladies - Joan Truax (202)

LADIES LEAGUE

Team	Pts.	Stdn.
#1 Moon Rockets	56	7
#2 Vikings	51	8
#3 Jinxed	56	7
#4 Little Arrows	90	2
#5 Belles Babes	70	5
#6 Watchamcallus	67	6
#7 Miracle Workers	85	3
#8 Orbiters	76	4
#9 Knock Outs	93	1
#10 The Blues	56	7

CHAMPS OF THE WEEK...

H/S - Mary Lou Garriock (275)
H/T - Jean Archer (670)

BOWLER OF THE YEAR...

H/S - Lorna Henry (361)
H/T - Mary Mason (801)

HELEN KING and NELLIE DAVIDSON share High Average for the Year with (200)

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With Bath \$4.25

Band

Wed. - Sat 9-12

CENTRAL BAKERY

BAKED FRESH DAILY

Seed Bread - Irish & Rye Bread

16 oz. loaf, 24¢ each or 10/\$2.20

Sliced Bread - 5/\$1.10

Pan BREAD - 5/\$1.00

Homemade Breads, Buns, & Cakes
Imported Chocolates & Cheeses

HOT PIZZA TO GO - Baked to your order in 15 min.

THE ETERNALS IN ACTION

PLACE OFFICERS' MESS
 CABARET NIGHT
 TIME+DATE 21:00 14 MAR 70
 WINE CHEESE

Brrrrr...

NAME STAFFS UP NORTH

OTTAWA (CFP)--Northern regional liaison detachments at Whitehorse, Y.T., and Yellowknife, N.W.T., are being staffed by three-man teams serving a two-year period.

The Whitehorse detachment, operational since February 9, is assisted by Captain A. F. Ouellette, Royal Canadian Horse Artillery, of Kenora, Ont., and Corporal K. H. Moyes, administrative clerk from Vancouver.

The Yellowknife office, which opened February 23, commanded by Major F. L. Berry, Princess Patricia's Canadian Light Infantry, of Saskatoon. Air force Captain V. R. Howlett, of White Rock, B. C., and Corporal J. M. Ouellette, administrative clerk from Dalhousie, N. B., complete the staff.

The teams will liaise direct with Canadian forces headquarters and commands, as well as the territorial governments on any proposed military activity in the north. They will cooperate with civilian agencies on such matters as assistance to civil authority and liaison regarding the Canadian Rangers and Cadet organizations.

VIKING PHARMACY

PHARMACISTS:

Russ Keeler
Ernest Stefanson

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Reg. \$2.50 SALE \$1.89

COLGATE DENTAL CREAM with GARDOL
Reg. \$1.25 SALE 89¢

EVEREADY SIZE C Transistor
batteries reg. 2 for 70¢
Sale 2 for 45¢

PALMOLIVE REG SHAVE CREAM - giant
size Reg. 70¢ SALE 49¢

TEK Tooth Brushes 2 for 50¢

GILLETTE TECHMATIC RAZOR with
Adjustable Razor Band reg. \$2.95
Sale: \$1.99

PENATEN-CREAM Medicated reg. \$1.39
Sale 99¢

THERA BLEM for acne pimples, 75 oz
Reg. 98¢ special 69¢

LUSTRE CREME HAIR SPRAY normal +
Super hold - 8.5 oz.
Reg. 98¢ SALE 69¢

SAVLON FIRST AID ANTISEPTIC CREAM
Reg. \$1.50 SALE 99¢

PONDS COLD CREAM Decorator
vanity jar 2 oz.
Reg. 89¢ SALE 69¢

BUFFERIN ANALGESIC TABLETS 100's
Reg. \$1.69 SALE 99¢

Emergency phone

E Stefanson 642-8359

R Keeler 642-5253



10,000 runs - M/Cpl Glen Matthes has his log book signed by Capt Jack Partington, after Glen logged his 10,000th "talk-down" in the Radar unit. BATCO, Major Frank Pearce, looks on.

256,486 SAFE MILES

The Commander's Motor Transport Safety Scroll for the lowest accident rates during the period from 1 Jul - 31 Dec 69, is awarded as follows:

- a. CFB Gimli in the passenger/cargo vehicle category.
- b. CFB Gimli in the special purpose vehicle category.

This is the first time since the institution of these awards that one base has won in both categories during the same period.

CATEGORY A PASSENGER/CARGO			
BASE	MILEAGE	ACCIDENTS	RATE
CFB Gimli	181,162	Nil	0.00
CFB Clinton	136,009	Nil	0.00

CATEGORY B SPECIAL PURPOSE			
BASE	MILEAGE	ACCIDENTS	RATE
CFB Gimli	75,324	Nil	0.00
CFB Portage La Prairie	43,824	Nil	0.00

"CONGRATULATIONS TO ALL THOSE WHO WERE INVOLVED"

ARNASON FURNITURE

CENTRE and 4th

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The Bedford

An unusual new contemporary cabinet treatment with decorative wood treatment simulating tambour doors. Walnut veneer. Model CK645U

Westinghouse



Automatic Fine Tuning (AFT) takes the trial and error dial twiddling out of tuning a perfect color picture. Electronic sensing devices do the fussing for you instantly, automatically. All you do is switch on the AFT control. If you wish to make your own fine adjustments, a built-in memory remembers them every time. On VHF channels only.

Illuminated channel indicator for VHF and UHF. Big lighted numerals can be read clear across the room. Multi-speaker high fidelity sound gives outstanding sound reproduction to match the picture quality. Tone control.

Chassis 22. Powerful 26,000 volt chassis incorporates many Westinghouse long-life features. 5-year warranty on See-Matic Circuit Board and solid state circuitry. Instant On: sound immediately and picture in 6 seconds. Spectracolor Picture Tube coated with rare minerals lets you see all the color, all the action in 295 square inches of viewing area. 2-year warranty.



check the savings

Regularly \$995.95

NOW \$719.95

Tips on Avoiding Problem Calls

Bell Canada offers the following suggestions for coping with obscene or nuisance phone calls:

Hang up immediately without saying anything if the caller doesn't answer when you say hello, doesn't identify himself when he utters the first obscene word or suggestion, or asks an improper personal question. Don't ask "Who is this?", "How did you get my number?", "What do you want?" Your mystery caller wants you to talk or argue - he needs an audience. If you don't react the way he expects, chances are he won't enjoy dropping coins only to be hung up on. Unfortunately, many overcurious women listen to obscenities for as long as half an hour before hanging up the receiver.

Hang up quietly and gently. "The woman who reacts violently is more apt to get another call," advises a psychiatrist. An obscene caller wants to infuriate or frighten you. But don't show your anger, fear or disgust.

Don't tell unknown callers your name or telephone number or reveal anything about your family or daily habits. Many are dialling at random and don't know you.

If you are single, widowed or divorced, list your phone number only by the initial of your first name. Don't put your first name or telephone number in classified ads or on supermarket bulletin boards. Use a post office or newspaper box number instead. If harassment persists, change your phone number or get an unlisted one.

Instruct your children and baby sitters never to talk to anyone they don't recognize. An innocent remark like, "Daddy's out of town" could help a culprit. Teach them to ask for the number so someone can call back later.

Keep a record of the exact time and date of any obscene or abusive call. It can later be assessed by your telephone company to see if there is a pattern. Note any voice traits or unusual background noises. If the caller is in a phone booth, a factory whistle or sound of a truck or train may help locate the booth.

Never, never blow whistles into the phone as a deterrent when you receive an obscene phone call, cautions Bell's JS McNiece. "That's the worst thing you can do. You'll probably find the calls increase. One customer did this after receiving several phone calls from a caller who always hung up when he answered. He started blowing a whistle and the calls multiplied. We traced the calls to a lad who genuinely wanted to talk to the man's daughter. He was too shy to tell the man who he was and hung up. However, once the father began blowing the whistle, the boy told all his friends and soon everyone was calling to hear it."

Should obscene or abusive calls persist, notify your telephone company immediately no matter what time of the day or night.

'FLASH'

News stories arising out of questions in the House of Commons on 20 Feb, could imply that consideration is being given to a plan for deferring service annuities until age 65. This is not the case. No consideration is being given by the department to any plan which would change date of eligibility to receive annuity.

The option referred to by the Minister in the House of Commons is the one already authorized for members of the Forces under certain circumstances. No further changes are planned.

RUN FOR YOUR LIFE

LAKEVIEW Coin Laundry

& DRY CLEANING
66 First Ave.

FINLEY TV Service

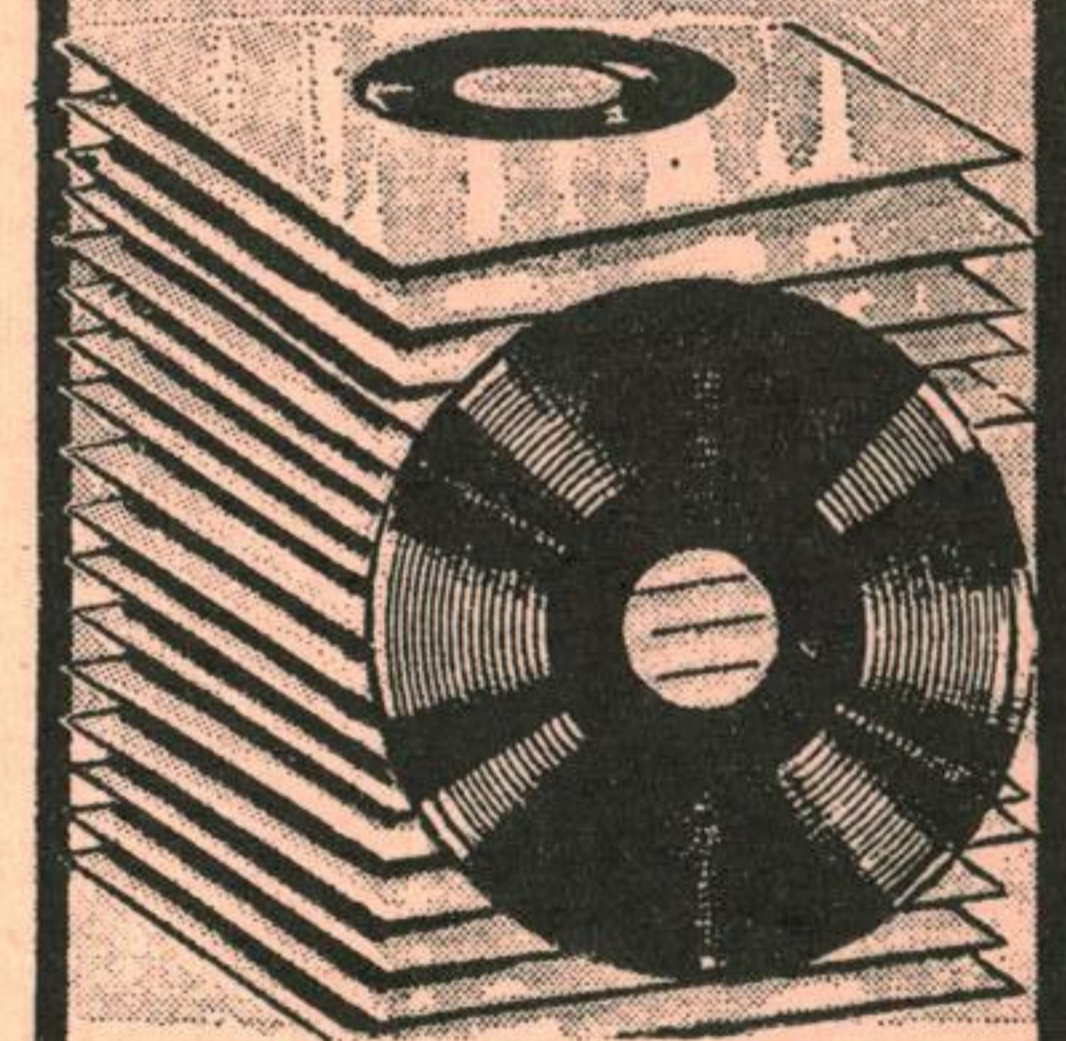
26 6th Ave, Gimli 642-5386

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4,000 Miles - V8 - Automatic
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Call Lou Gimli Motor Products 642-5133

On the Prowl for a Job?

PAVING YOUR WAY
TO CIVVY STREET

OTTAWA (CFP) -- Intend entering the civilian labour market soon?

If so you'd be wise to take advantage of the "civilian employment assistance programme".

It's aimed at servicemen being released because of age or medical reasons, and those officers terminating a short service commission.

The federal government's Canada manpower centres across the country are also cooperating by investigating all available employment opportunities whenever personnel intend to retire.

To avail yourself of this offer see your base personnel officer.

Through him you may receive counselling in the selection of a "civvy" job best suited to your interests, abilities and experience.

you will be tested to determine your interests and aptitudes relating to training and employment plans.

If necessary you will be given a training course and a career resume will be prepared free of charge for presentation to potential employers.

WAIT! Don't Sell That House

OTTAWA (CFP) - Started the ball rolling on selling that house or car when you first hear of your overseas posting?

Better move cautiously warns Canforger 027 of Feb. 4. Accommodation will be pretty scarce around Lahr and Baden-Soellingen during 1970-71.

The commanding officer of your new overseas unit must still certify you have permanent type accommodation before your family can be authorized to go.

So you service people from Canada posted to the air division may have to leave your family behind until a suitable home can be found.

The Canforger states that unit commanders are to caution Europe-bound personnel not to act too hastily in disposing of homes and cars when notified of an overseas posting.

Nostalgia Fans Take Note

4 WING PICTORIAL HISTORY

With the disbandment of 422 and 427 Squadrons in July 70, 4 Wing plans to produce a pictorial history of the Wing. It will consist of a 200 page pictorial account of the Wings history from 1953 to this Spring. It will contain colour photographs of landmarks, chronological narratives and hundreds of black and white photos. Due to Spring ceremonies, publications planned for Summer of 1970 necessitate a mail order business. Interested persons are invited to send money order, bank draft or postal cheque for \$6.50 to cover postage to any place in Canada or the USA, to the following address:

Commanding Officer
4 Wing
Canadian Armed Forces
CFPO 5056
Attn: M & I Accounts

showing return address and labelled 4 Wing Pictorial History Book. Mail order subscriptions end 1 May 70.

IOS

CANADA

Fortunes flow Through your Hands

If Your Average Monthly
Income is \$600.00. Your Total
Earnings in 30 Years Will Be

\$216,000.00

PART OF IT IS YOURS TO KEEP

How much have you kept so far?

Your I.O.S. Representative is:



C. E. (Chuck) Keating — Maj. Retired

He will be available in the Base Library on the second and fourth Friday of each month, from 1:00 p.m. to 5:00 p.m. to discuss your financial planning.

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383 York Ave., Winnipeg, Manitoba
Bus. Phone: 942-3177—Res. Phone: 284-1102

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BRASS & REED BAND

ADMISSION 50¢

WINTER CARNIVAL

'70

BAND CONCERT

PROCEEDS FOR
"LAMP OF LEARNING"
SCHOOL FUND

3 MAR 70
1930 HRS
BASE THEATRE

Ottawa Skiers Take Hardware

OTTAWA (CFP) -- A team of Ottawa skiers upset strong Ontario and Quebec competition to win the annual zone 4 military alpine meet at Camp Fortune, Feb 10-12.

Despite heavy snow conditons the Forces Ottawa Ski Club (FOSC) swept the slalom and giant slalom to capture the team combined trophy.

The invitational also incorporated cross country, 15 kilometer and 4 x 10 km. relay races. FOSC, which boasts a membership of 500, was host.

Individual meet winners were Cpl. Jean-Guy Cloutier a Van Doo from base Valcartier for the giant slalom, and Lt. Mike Blench, FOSC, slalom. Individual combined winner was Capt. Doug Wylie of base Uplands, runner up in both events.

The FOSC entries, coached by Doug Ward, assistant director of the Camp Fortune ski school, were Lt.-Col. Pete Howe, Maj. Pete Jarvis, Lt. Mike Blench, Capt. Jack Harris, Capt. Tom Walsh and Guy Meilleur.

Ted's Solo

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BONSPIEL

64
RINKS

4 EVENTS

ENTRIES
\$20.00
 (Accepted with Entry)

THURS. NIGHT, FRI. AFTERNOON THRU SUNDAY
MARCH 12-15



BANQUET SATURDAY EVENING

(NO CURLING DURING BANQUET)

Entries to: Bill Cormack, Ph. 642-5238 - Eddie Berzowski, Ph. 642-5260 or 642-5065
 or Write to Box 421, Aspen Park, Manitoba

2011 POPHULLINO 77

The MART

HOUSES FOR SALE

3 Bdrs., large kitchen, living room 11 x 18, full basement, gas furnace. Centrally located on Third Ave., Gimli. Well treed lot - 66x128. For further info call 642-8184.

HOUSES FOR RENT

2 Bdr, fully modern, 14 mi. South of Gimli on Hwy 9, immediate occupancy. Rent \$75.00 per month. Call 642-5035.

Winnipeg Beach - For rent - Semi-modern 3 BR house located one block from Lake, close to School, shopping, etc. Gas furnace gas water tank, newly decorated. \$90.00 per month. Phone: Ben Russin - Wpg Beach 389-2051.

AUTOMOBILES

1963 Dodge Wagon, 6 cyl. Auto. 4 door. Phone: 642-5297.

MISCELLANEOUS

Baby Carriage in good condition for sale. Phone 642-8231.

12 foot Grendale Travel Trailer, 2 burners propane stove, fridge, sleeps 5, comes with canopy. Phone 642-8242.

Best - Line (Bio-degradable) cleaning products. For Sale Call 642-5327.

Personnel wishing a ride to London, Windsor, Toronto and Camp Borden leaving 20 Mar, contact Cpl Scheer, Local 63 or 642-8122.

Starlite Theatre

NOTICE: PRICE CHANGES STARLITE THEATRE, eff. 1 Mar 70

Increased film rental costs necessitate a price increase for admission to the Starlite Theatre.

Effective 1 Mar 70, prices will be:

Children	.35¢
Adults	.75¢

SUN. & MON. Mar 1 & 2

"THE LOVE BUG"

Dean Jones & Buddy Hackett

Cartoon

115 min. Gen.

THUR. Mar 5

"THE GOOD GUYS AND THE BAD GUYS"

Robert Mitchum & George Kennedy

Cartoon

100 min. Gen.

FRI. Mar 6

"WHERE'S JACK"

Tommy Steel & Stanley Baker

120 min. Gen.

SAT. Mar 7

"TARZAN & GREAT RIVER"

Cartoon

100 min. Gen.

POPULATION
THE FRAMFARI X-WORD

~~EXPLOSION~~

U	N	I	S	E	X	M	S	I	N	U	M	M	O	C
A	O	B	I	A	F	R	A	E	P	O	J	P	H	K
E	I	U	A	P	O	L	L	O	I	F	L	I	F	A
D	T	K	R	Y	M	R	O	S	K	P	N	R	T	M
U	U	U	A	E	O	O	A	T	T	A	P	I	L	L
R	L	N	D	V	W	F	R	E	T	O	I	I	O	K
T	L	I	A	R	O	O	P	A	L	E	I	N	H	I
R	O	V	E	M	A	L	P	I	L	C	H	R	R	N
I	P	E	R	C	O	N	S	K	G	I	U	G	O	G
K	I	R	O	E	A	O	R	O	C	S	T	N	T	L
S	S	S	S	N	G	R	N	A	H	A	E	Y	U	A
I	R	I	P	I	U	X	S	C	B	C	L	P	P	I
N	A	T	A	M	B	L	H	M	O	C	E	B	M	C
I	E	Y	O	A	A	E	S	I	R	O	R	Z	O	A
M	L	N	E	F	X	I	E	T	N	A	M	D	C	R

Listed below are the words that you will find hidden in the puzzle above. These words are spelled out in all directions - so look very carefully. By assembling the letters that remain, in order you will find today's hidden words which will be published next week. This week's hidden words have 19 letters. LAST WEEK'S ANSWER: TERM CONTROLLER

- #4
- THE SIXTIES
- | | |
|---------------------------|-------------------|
| AEROSPACE | J.F.K. |
| APOLLO | KHRUSHCHEV |
| ARMS RACE | MINI-SKIRT |
| BAY OF PIGS | M.L. KING |
| BIAFRA | MOON |
| BLACK POWER | MORALITY |
| CZECHOSLOVAKIA | NUCLEAR |
| CHINA | PILL |
| COMMUNISM | POLLUTION |
| COMPUTOR | RACIAL |
| GUBA | R.E.K. |
| DR. C BARNARD | RIOTS |
| FAMINE | TRUDEAU |
| GHETTO | UNISEX |
| HIPPIES | UNIVERSITY |
| ISRAEL | VIETNAM |

DEADLINE - 2pm MONDAY

2:70

LAROUCHE