



CANADIAN FORCES BASE COLD LAKE COURIER

only 17 non-shopping days till XMAS!

Volume 3, No. 4 MEDLEY, ALBERTA WEDNESDAY, OCTOBER 30, 1968

Minister says... "BEER IS BEST"

Defence Minister Leo Cadieux reduced to proper perspective a national weekend ruffier over beer carried in one of the three Canadian Hercules aircraft standing by to take relief supplies into Nigeria-Biafra.

Mr. Cadieux told the House of Commons that the Hercules carried beer because its intended destination was without a known source of drinking water and that the ration for airmen involved "comes to an average of two bottles of beer per man per day, not counting weekends" issued on a daily basis.

He was answering public charges that the Forces were "guilty of criminal negligence by transporting beer instead of food" and pointed out that Government had never been asked to carry food in its planes but that they merely be "ready to carry relief supplies for the victims of disaster from Fernando Po or inside Nigeria itself".

A weekend T.V. story from Ottawa gave the impression that the beer now in Hercules standing by at Recife, Brazil, had bumped relief supplies. Mr. Cadieux gave the facts and stressed the importance of not being "unfair" to the Canadian Forces personnel.

At this stage in proceedings there are two operations involved in setting up the Canadian Forces Nigeria-Biafra

operation. One is based on the international airport at Lagos in Nigeria where accommodation and amenities are available; on the other hand the operational base at Santa/Isabel on the island of Fernando Po required self-sufficiency since the region has no known potable water sources, and was unlikely to have suitable living accommodation for the Forces personnel involved in the airlifts.

One fully-loaded Hercules was enough for the initial flight to Nigeria but two Hercules were needed to take the necessary people, their equipment and tents onto Fernando Po. There just wasn't room for passengers such as newsmen on these two flights because all the floor space was used up. However, beer, soft drinks and a small quantity of Canadian cigarettes were tucked under vehicles after CFB Trenton had bought them with non-public funds.

The beer was intended to replace rapid loss of body fluids in the hot, unhealthy climate. Contrary to news reports, the amenities didn't bump any passengers or relief supplies. In fact the Government wasn't asked to bring relief supplies to Africa. The object of the Exercise being to move plentiful relief supplies already at Lagos, not to bring more from Canada.

Allus ugly people better stay off the streets, its HALLOWEEN



Another popular belief has it that those born on halloween have the faculty of seeing and conversing with supernatural beings. We found a Corporal in 1 Hangar (he wishes to remain anonymous) with a 31 Oct birthday and he claims it is all too true. He tells of having regular conferences with the spirit of MacKenzie King in which ghostly predictions on Canada's future are passed to him. Some of the prophecies are worth passing on. By 1980 Canada will be well on its way to being the worlds first tri-lingual country, with English, French, and Newfoundlandese as official languages. In 1980 Canada will ask the United Nations to intercede to prevent the franchise of her last NHL team, the Montreal Canadiens, being sold and moved to Hawaii. In 1970, U.S. President, Pat Paulsen, will make a monetary offer for the northern half of Alberta and Saskatchewan. He will propose using it as an American cultural wasteland to take the strain off conditions at home.

Much of the fun, imagined and real, went out of Halloween with the introduction of indoor plumbing and the custom now calls for plastic pumpkins and paper costumes. Of course, quite a number of parents try to keep the old prankster tradition going by competing to see who can put the softest, juiciest, and stickiest gooody into the kids collection bags. Who hasn't discovered his youngsters cache under some dark stairway about two weeks after Halloween? It has usually become one large ball of toffee, apple cores, popcorn, and broken cookies by that time but to the tad it is still worth a premeal nibble.

Perhaps the one feature of the present day Halloween ritual that is worth preserving is the UNICEF shell out. So be as generous as you can when a Brownie bangs your door tomorrow night!

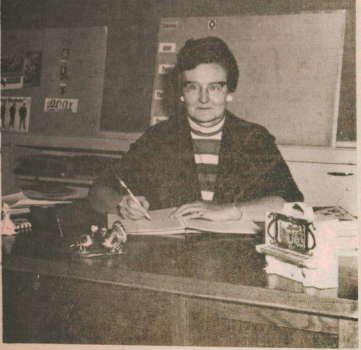
Early in the seventh century Pope Boniface IV instituted the All Saints Day festival to mark the transformation of the Roman heathen Pantheon into a Christian temple. It was first made a feast of obligation by Gregory IV in 835 and is kept by the Roman Catholic Church and the Church of England on 1 November. It is designed to honor all departed saints and was originally called All-hallows.

The evening of October 31 was called All Hallows' Eve later shortened to Hallowe'en.

It is associated with the prevalence of supernatural influences and the Halloween portion of the All Saints Festival is really a relic of pagan times. The custom of trick or treat presumably represents the paying of bribes to protect against the casting of harmful spells.

In the north of England, halloween is known as Nut-crack Night. The origin of such an odd name is obscure but a fascinating conjecture would be that they used to lay about the pranksters in that area and crack some skulls.

ALDA LEWIS HONORED



Way back, during the Christmas holidays of 1937 to be exact, Miss Alda Lewis received a small parcel from O'Hara. Upon opening the package she discovered she was the proud recipient of the Canadian Centennial Medal. Miss Lewis felt 'very happy' with this pleasant surprise; however the matter was mentioned to no one until just last week.

It could be said that such is the way this lady accepts any situation. She is a dedicated teacher and felt humbly honored and very grateful to receive her due recognition, but felt it unnecessary to make a fuss over. The fact is that she had been selected by the Pigeon Hill School District (Cold Lake Base) as their nominee from the teaching staff to receive the Centennial decoration.

Alda has been teaching grade one here at Cold Lake since September 1958 and the interest that she takes in these little ones is evident whenever the topic is raised. During this interview she had the following remarks to make: "I am beginning my tenth year in grade one at Athabasca School. (I haven't graduated from grade one during my stay

at Cold Lake). I may be prejudiced but I do believe that grade one is a very important grade. True, many believe that all we do is doodle over cutting out paper dolls and clay modelling. But as we doodle we are cutting out life patterns and moulding human clay. It is my sincere hope that in some small measure help to shape better life patterns for the little persons who come into my class".

OTTAWA (CFP) -- Ever been bumped while a priority five traveller?

If so, good news is on the way. Movement officials here are taking a good look at the plight of priority five aircraft passengers with a view to getting more of them through to destination.

Meanwhile, disregard paragraph 13 of Annex B to CFAO 20-20, except for the first four lines. It will be amended later, says CANFORGEN 195.

COMING TO SABRE WAKE?

Chatham, N.B. - The F-86 Sabre Jet phases out of the Forces inventory with closing here by year's end of the Sabre Transition Unit.

Chatham proposes to host a stand-down 29 and 30 November to give personnel who have been associated with Sabre activities a chance to salute in the traditional manner the retirement of one of the best-known postwar fighter aircraft that Canadian airmen have flown.

It is impossible to extend individual invitations to ex-members of Sabre Squadrons, so Base Chatham extends an open 'invite' to all interested persons.

For planning and accommodation requirements it is requested that names of those wishing to attend be submitted to CFB Chatham, Attention Stand-Down Co-Ordinator, as soon as possible.



Photo shows, left to right, a T-bird, Sabre and Voodoo flying over their Chatham aerodrome.(CFP)

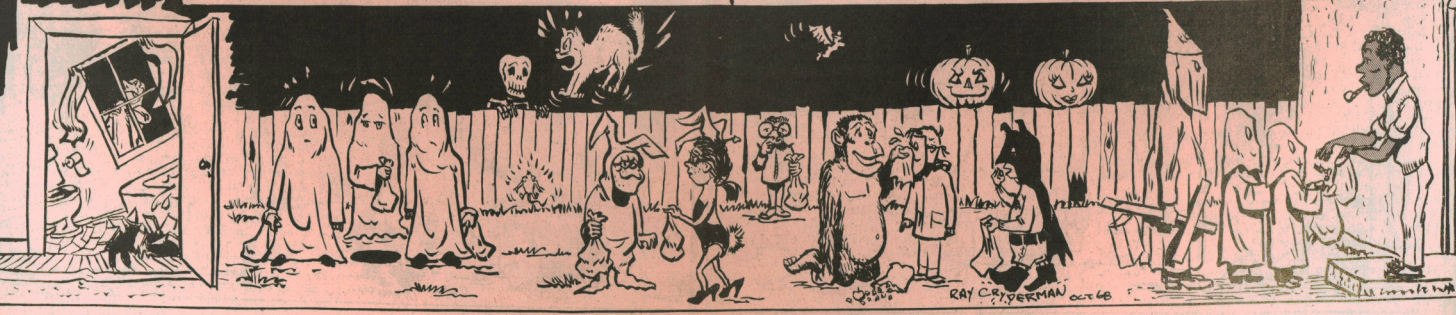
CLUB 41 gets the axe

Destruction prior to construction of a new club for the corporals and airmen has begun and will be completed by Dec. 15.

Mr. Bill Smith (plumber) and Mr. Ed Reich (carpenter), both of Edmonton go about performing their duties in the remodeling program at the old Club 41. This picture was taken from the dance floor to where the liquor bar used to be.



COPY DEADLINE FOR NEXT COURIER-NOON FRIDAY, 8 NOV.





Married 65 years

A locally well-known couple Mr. and Mrs. Robert Lancaster (aged 92 and 84) of Beaver Crossing, recently celebrated their 65th wedding anniversary.

The memorable date, Sept. 18th, was celebrated with an Open House invitation to all friends. Fifty people dropped in to visit throughout the day.

Mrs. Lancaster, who has a very good memory for dates, vividly recalls the then young couple's arrival from England. They left their home in Heathfield, Sussex, in 1907 and arrived in Edmonton that same year. "Edmonton was just a pup in those days," recalled the Lancasters. The winter of 1907-1908 was spent in a semi-wood and canvas tent in Edmonton. Mrs. Lancaster stated that after camping in the cold fresh air of the western plains she had never felt better.

Mr. Lancaster, after working in the Edmonton - Calgary areas for several years decided to head north and break new land. Travelling by train from Drumheller via Edmonton to Kitscoty. There they gathered together a wagon and team of horses, three cows, three heifers, a crate of chickens and two boys, Roy and Cyril, aged 9 and 6, they headed "Northward Ho!"

Arriving at the North Saskatchewan River they found the ice had not cleared yet. This meant about a week's delay until the river cleared and the primitive ferry could cross. Living in a tent during the delay, Mrs. Lancaster took the opportunity to replenish the bread supply and learned to

make hammock. "There were no stores around in those days" she chuckled. After crossing the North Saskatchewan River it was steady going until they reached the Beaver River. Arriving at the river late in the evening anxious to reach their destination, it required routing someone out of bed. This inconvenience to the ferry operator "cost us two bits," they recall. They arrived in Beaver Crossing on Oct. 18, 1913.

Asked about their first impressions, Mrs. Lancaster said "It looked very nice, all these nice trees in contrast to the treeless prairies. The eldest son, Roy, recalls he was very happy - there were no schools to go to.

The first winter the Lancaster family shared a cabin with friends. The following spring a log cabin was built on the new homestead. Mr. Lancaster and the boys then proceeded to clear the land with axe and grub-hoe. They depended mainly on a combination of farming and fishing with a little trapping. A long arduous trip was made to Kitscoty once a year by horse and wagon for the luxuries like flour and sugar. This excursion was made in winter when the muskeg was frozen and took about two weeks for the return trip.

Asked about her overall impressions of their life on the frontier, they admit there were hardships and disappointments but also there has been abundance and happiness on the Lancaster homestead which is located eight miles south-east of Grand Centre, Alta. Our congratulations go out to Mr. and Mrs. Robert Lancaster.

MEMBERS PLEASED

A happening of great significance is taking place at CFB Cold Lake; namely the \$122,000 remodelling of Club 41, (see photo page 1).

In interviewing a large cross section of club members on the hangar line, it was found that the majority is quite pleased with the fine job being done by the present committee. A few minor points were brought out but on the whole the reaction was very much in favour.

A few unforeseen obstacles have popped in the remodelling project but the gala grand opening will be as scheduled (Dec. 16).

Many interviewed stated that "my wife does not like to go but is now looking forward to attending after the opening". Some stated they did not think the floor space big enough. According to an informed committee member the new expanded floor space is bigger than is allotted by Ottawa as sufficient for the present membership.

A few others feel that the stag room should have been remodelled first while many others said, "It doesn't matter, the main point is that something is being done." When the PMC was approached on this matter he stated that the committee thought the lounge had priority and also would provide funds to bring the stag room up to the calibre of the lounge, at a later date.

The younger members (married and single) felt that the entertainment was geared to the older generation. It is felt by the entertainment committee that the entertainment to be provided in the future club will be the best to offer in the Edmonton circuit and should be pleasing to all ages.



L-R Cpl Ed Woodman and Cpl Gord Brundige in ARO tool crib give their opinions of Club 41 peirson photos



L-R Cpl Norm Despres and Cpl John Moss and Cpl Andy Anderson interrupted while doing periodic maintenance on a CF-104



L-R Cpl Ted Richards and Cpl Marcel Reincoirt (committee member) of base workshops

LEAVE IS A MANY SPLENDOR THING

The honeymoon is over in the leave business. One of the most pleasant features of unification was the Army leave system which has, till now, been applied to all the Forces. It fell halfway between what the Air Force had been used to and the jammy system the Navy had kept secret for years.

But no more -- with only a couple of minor differences, we're back to the old Air Force leave regulations. A dog-in-the-manger type consolation could be given from the realization that the new order will be tougher on the land and sea forces who have always enjoyed something better.

The most painfully prominent feature of the new edict is that you must take your leave in at least 7 day increments unless the balance of your annual leave is less than seven days. A further exception is that if a statutory holiday falls within a proposed 7 day leave period, it will not be charged against you (ie you will get 7 days for 6). Another exception to the seven day rule is that an officer commanding a Command can authorize less for special operational reasons but you can bet your sweet biffy that nobody will know the parameters for that one and you can forget it.

You can, however, on the authorization of an officer commanding a Command or Region, accumulate not less than 7 days annual leave where:

- the exigencies of the Service prevent annual leave being granted in the leave year;
- service has been overseas or in a remote area where annual leave is not permitted or possible;
- a member intends to use such leave for the purpose of furthering his education;
- a member intends to travel abroad extensively; or

e. a member will be retiring with a pension or an annuity the following leave year and the accumulation will bring his total entitlement for special and annual leave in his final year of service to a total not exceeding 60 days.

The atheist is a most embarrassed man who, when he is profoundly grateful for a favour, has no one to thank.

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TAKE A BATH
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SOME GLAD SOME SAD

The allocations of trades to payfields have now been approved. Twenty-six of the 107 trades in the forces are moving one rung up or down the payfield ladder as of 1 Oct.

Affected are about 10,900 tradesmen. The vast majority, some 70,000 in the other 81 trades, are not involved at all.

Six trades with a total strength of about 4,600 men advance one pay field and 20 trades involving about 6,300 men go back one pay field.

It was on 1 Oct 1966 that a radically new trade structure as well as the new pay structure were introduced.

The 350 odd trades of the former services were reduced to about 100 and the old trade groupings discarded in favour of five pay fields. All were to be evaluated every two years at the same time that pay is reviewed.

It was widely recognized that the first two years would be settling-in period for the new trade structure and that in 1968 there would have to be some readjustments as a result of experience. It was decided that where adjustments had to be made no trade would change by more than one payfield up or down as a result of re-evaluation.

Although further adjustment may well be the result of future reviews it is not anticipated that changes of this magnitude will be necessary again. In the Forces as elsewhere, specifications for each trade have to change to meet developments in equipment, in techniques and in tasks.

Trades moving to payfield seven from six are the air traffic controller 161 (corporals and above) and electro-mechanical technician 431; to payfield five from four-bour-swain 181 and electrician 614, and to four from three: firefighter 621 and military policeman 811.

Going to six from seven are the ammunition technician 423 and field engineer 041; to five from six - signalman sea 261 (leading Seaman and above), stationary engineer 623 and terminal equipment technician 222; to four from five - cartographic draughtsman 151; construction engineering technician 611, dental equipment maintenance technician 724, draughtsman 82, fire controlman 071 (Able Seaman and below) lineman 052, meteorological technician 121, operator engineering equipment 932, radio operator 211, sonarman 281 (Able Seaman and below), and transportation controller 934, to three from four - air traffic controller 161 (privates) dental assistant 722, dental clinic assistant 722, and driver signals 051.

All tradesmen affected have a vested right to their present pay. When Treasury Board approves the pay raise to be effective 1 Oct 68 (which also includes the Reserves) there will no longer be need of the vested right because pay raises in every case are expected to more than make up the difference. This means for some tradesmen the expected pay raise will be smaller than the average and for others it will be larger.

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FAREWELL TO THE FOX



Tac Eval on a Bar

In our last edition of the Courier, you may have read the letter to the editor from Major I.H. Firth that did great and wondrous work to correct discrepancies in the picture above, but diligent work by a more industrious Courier reporter proved this to be indeed a fact.

Observe the look of resolution and dedication to duty that radiates from our tipping monitor in the picture above. They just don't make assessors like that any more, lads. As you can easily see, the picture was taken during the Major's colourful youth; in fact this photo dates the operation as the Tactical Evaluation of the Officers' Mess Bar during Chief Sitting Bull's seige of Fort Qu'Appelle.

At this time Major Firth should be busy getting the Officers' Mess at Lahr into an operational state and through his noble efforts we are sure that their establishment will get a "one" rating across the board.

We would be remiss if we didn't mention the heraldic crest adopted by this gentleman. It consists of two rampant asses facing one another across a bar with the motto inscribed on the bottom "Here come the Judge".

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Fish & Game Association News

By Maureen Williams

It was brought to our attention recently that another hunter had to be rescued from the bush when he'd lost his way. (He was found quickly, before harm came to him, but others have been less fortunate). Don't let this happen to you! A few simple precautions, before you go into the bush, could save a lot of anxiety and discomfort. Get yourself a reliable compass (it need not be expensive) and learn how to use it correctly. If you are hunting with a companion, make absolutely sure that the arrangements to meet at a designated spot and time are well understood -- and FOLLOW THESE PLANS. (Failure to do so could not only get you lost, but could result in an accident.) Always come out of the bush well before dark. (Spending the night alone in the bush can be pretty trying if you're unprepared for it!) If you are following wounded game please remember to pay attention to direction and landmarks. Finding your way back is important, too.

Good luck to all the participants in the present Hunter-Training Course which is nearly completed. (The next course will probably be held early in the new year).

Elections for the 1969 Executive of the C.F.B. Sportsman's Fish and Game Association will be held in December.

"Hank" Henry landed a 24-inch pike and some lake trout on a recent fishing trip.

Someone was wondering why Father Sabourin, with all his connections upstairs, still hasn't got his deer!

Col. G. F. Ockenden, Base Borden Commander, kicks soccer ball to start two-week training camp on base for Canada's national soccer team. It seats, sleeps and trains at Borden while preparing for this fall's world soccer championship. The Canadians meet Bermuda and the USA during the home-and-home series, Toronto being the Canadian end of the series. (CFP)



Three happy hunters with their snow geese: Jim Kent, Don Simmonds and Jim Trask. (The fourth member of the party, Don Bailey, was holding the camera.)

Outdoor Scene

...With BUSH RIDES.

The snow flakes come and the snow flakes go, and according to one of the resident Indians out at the Cold Lake reserve, we will be blessed with at least three weeks of "Indian Summer". The gentleman I spoke with seemed reluctant to comment on the deer/moose situation, but did say that we could look forward to a booming crop of rabbits.

Fishing at most of the smaller lakes dropped off and most anglers have stored their boats for the winter. The next few weeks could be a good time to sharpen up those ice augers. That H2O will be crystallizing soon. Chatter on base has it that Cold Lake is still the spot for lake trout.

"Mr. Amway" - Deryll Mann recently returned from a not so successful five day safari to Smith, Alta. Deryll reports that he and "Duke" Chambers encountered their fair share of muddy roads and found ruffed grouse and American hunters much more plentiful than trophy moose. Sightings of ducks and geese are still coming in. With the weather holding up and by the looks of feed still in the fields, ducks should stay in the area for awhile yet. It was noted that the ducks are forming in much bigger flocks and are shooting the water to feed, earlier in the afternoon. Next question - where are they feeding?

The "Barrack Block Boys" "Butch" Boucher, Marcel Lapointe and Gilles Levelle travelled out from River way, to knock down their supper of greenhead mallards. The word is that the ones they did call down had strayed over from the Quebec flyway.

Father Sabourin and R. B. Jackson took part in a good shoot in the Alsask, Sask. area, earlier this month. The final tally - 17 speckled belly geese. An ex-Medley resident, Bill Dunningan who is now stationed at Alsask, acted as official Padre guide in off-duty hours. These gentlemen also spotted numerous low flying "Protected" Sandhill cranes.

Congratulations to Mr. A. MacDonald of Ardmore who held the winning ticket on the Automatic Shotgun raffle, sponsored by the CFB Cold Lake Fish and Game Assn. (Field god) Lovers remember - who is *Princess and the Pea*? Don't hunt a pet, Don't pet a hunter.



SPORTS

the expert curler

Now that you rookie curlers have had the Club's series of beginners' lessons, you are ready for some instruction on one of the finer points of the game. If you are to be accepted as a knowledgeable club member you must learn to recognize the expert curlers among us and treat them with the respect and deference they deserve.

Recognition is the easiest part because expert curlers are fully aware of their superior skills and have developed a ritualistic routine that is designed to make lesser curlers aware of them too.

Firstly, the expert curler does not make an appearance on the ice until five minutes after the bell, by which time the other seven players have taken the rocks from the rack and completed their introductions. His tardiness adds to the drama of his entry and you won't forget the first time you witness the expert launching himself with a powerful lunge from the backboards onto his left foot slider sole. He crouches gracefully into his delivery position and slides out past the hog line. This one manoeuvre tells right all the needs to know about ice conditions and is usually a traumatic experience for the opposition.

During the game it soon becomes evident that the expert thinks out each shot much more thoroughly than do ordinary curlers. This must be so because he crouches and sights from behind, above, and in front of the house. He has been seen to do so even with only one rock in play but it is only for another expert to know the computer-like thinking that leads to his final decision. When he arrives at the back to shoot, the expert reviews the whole layout from the vantage point of an extra 100 feet of distance. At this point he will invariably have the broom moved a centimeter left or right.

When all is final he will strike his pre-delivery pose, sitting on his right heel, and wait for complete silence. His delivery will be a long graceful slide with right arm fully extended for long after the rock is released. His absolute mastery of the game will be further demonstrated as he follows his rock to its final resting place, done by crouching over his slider foot and propelling himself with his free leg. Only an expert such as he could know exactly when to order the sweepers on or off the rock and you may see him do both several times during the rock's travel to the far rings. He will have made a bad shot if his rock stops six inches short or long or curls three inches too much or too little and his manner will reflect his dissatisfaction.

Now that you know how to recognize the expert curler you must commit to memory the unwritten rules that will govern your conduct in his presence.

1. After he has done his initial test slide, and if he gives the impression that he will accept introductions, you may shake his hand and tell him your name. Don't ask for his - you are expected to know it. And never, never, wish him luck for the game as it would imply that something other than skill could have an effect on his performance.

2. Keep your silence during the game and do not give the impression that you are enjoying yourself.

3. Rush your own shots so as not to draw attention from the expert and also to offset the extra time he requires for his deliberations.

4. If he wins, thank him for the curling lesson. If he loses, be properly humble and offer to buy him a drink.

Finally, do not be too intimidated by what I have written because there are only a few of these experts in any club and with luck you may curl the whole season without having to play any of them.

Good curling!

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MINOR HOCKEY

The Norlitz Minor Hockey Association will officially open their 1968-69 season at 11:45 hours, 2 November. At this time the Base Commissary will drop the first puck for the PeeWee 'C' Canadians and Wings who will oppose each other to determine the winner of the first game of the season.

In order to ensure that each boy registered in the league can participate in his first scheduled game, it is requested that each parent check their sons' equipment and make certain that they have a helmet and guards on the rear of the skate blades. With regard to equipment, it may be of interest to know that over \$950.00 has been spent on new and replacement sweaters and socks this year. Even so, some of the players' sweaters and socks are in an unsatisfactory condition. Unfortunately, the Minor Hockey Association is operating within a very tight budget this year, so we would ask all parents to impress upon their sons to utilize minor hockey equipment during hockey games -- and not as general play clothing.

Suggestion for this issue of the 'Courier': That all players currently in possession of pucks belonging to minor hockey return them to the Equipment Manager. Over two-thirds of our initial supply has gone astray!

SENIOR HOCKEY

At a hockey meeting held last week, the committee decided to sponsor two leagues this season: Inter-Mess and Base. There will be no inter-section competition. The Base League will be divided into the following teams - West (of the Lakehead), Ontario, Quebec, and the Maritimes.

Practices will be held at the following times:

- 8 November
- Officers - 1300 - 1430
- Sergeants - 1430 - 1600
- Club 41 - 1900 - 2100
- West - 1900 - 2030
- Ontario - 2030 - 2200
- Quebec - 1900 - 2030
- Maritimes - 2030 - 2200

15 November

- Officers - 1430 - 1600
- Sergeants - 1300 - 1430
- Club 41 - 1900 - 2100
- West - 2030 - 2200
- Ontario - 1900 - 2030
- Quebec - 2030 - 2200
- Maritimes - 1900 - 2030

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1968 Plymouth Fury III 2 dr. H.T. P.S. P.B. Radio. This unit is a demo, with only 4,500 miles. A real buy.		1968 Dodge Monaco 2 dr. H.T. vinyl roof, buckets, console, radio P.S. P.B. This unit is immaculate.

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No doubt all you night-lifers are well aware of the "in" places on the local strip but how many of you have made the rounds of the quaint and intimate little bistros off the strip. While the cuisine is not as sumptuous and the "likker" rather undignified, the entertainment and decor provided by the management of these unique havens has a novelty only vaguely glimpsed in the opulence of the larger night clubs and hotels in the Lakeland area.

I wouldn't want to let everyone know about all these places, after all, everyone has their favourite hangout. Here they are usually known by the maitre d' and never need reservations. (Some of the regulars have their own reservations), I'll just tick off some of the better ones, and I'm sure a visit to any of them will give the man-about-town a night to remember.

These lesser known bistros are aimed at the "atmosphere" clientele who want a bit of character and adventure in the places they choose for a night out. They are usually decorated to represent such places as a sidewalk cafe - a German Gasthaus - English pub - et al.

Possibly the most unique of this type of night spot in the area is downtown, at the corner of the theatre district and the Avenue of Boutiques. With the modern trend towards intriguing and unusual supper club names (the Hungry in San Francisco, Upstairs at the Downstairs in New York) this particular cafe has been named the "Coin Laundry". A squat building with traditional, for this type of night spot, full length front windows, the "Coin Laundry" proprietors have been extremely tasteful in selecting the decor for their establishment. The pristine white furnishings have been carefully chosen to duplicate a well-known brand of commercial automatic washer, right down to the peeling chrome trim and laundry detergent stains around a real, working, top-loading door. In keeping with the decor very few chairs are provided, but cleverly executed tables with ingeniously realistic imitation-peeling laminated plastic tops have been strategically positioned to resemble the laundromat tables usually found in such places. Suitable little signs, such as a torn pair of (Censored: Ed) hanging on a nail, chipped paint, and carefully executed dirt smudges on the door frames lend to the air of authenticity. It really looks like a laundromat.

A reverse on the old style "bottle club" is used to satisfy the palates of the patrons and no food service is provided. Patrons are expected to bring their own fare, and a brown paper bag, well crumpled to blend with the atmosphere, serves admirably as a container for a couple of Mother Hal's pizzas, and something wet. It's preferable to contain the wet in something solid since crumpled paper bag, plus pizza, provide little moisture control.

The "Coin Laundry" entertainment varies considerably in quality. Some of the better acts have been Mrs. Elspeth Gubtrencher and her Living Bra, depicting the unfortunate misadventures of a laundress catching a loose shoulder support in a whirling washer; and "Mr. Butch Meek and his Twenty-Seven Sox." The latter act is an uncut gem of comedy wherein Mr. Meek depicts a harassed father of fourteen losing a single stocking in an unknown washing machine and proceeds to intervene into each patron's machine searching for the wayward sock. Naturally there are hilarious results and bedlam amongst the patrons as Meek uses pizzas and bottle after bottle from the imitation table washers. Before winding up, the wreckage of his bruised body is laundressed in comic pose in the street by one of the local braves, imitating his hunting tent and truck tarpaulin in masterful pantomime of a joyful imbiber.

I'll let you in on at least two other "atmosphere bistros". The "Back Alley" behind the Red-and-some-other-coloured, where a truly stupendous job of suggesting a rural town back alley has been masterfully created by a consortium of entrepreneurs using little more than cast-off bottles, boxes and old crates; all skillfully blended with earthen floors and gumbo puddles to create a unique open-air atmosphere. Not in the dining room class, the "Back Alley" nevertheless produces many unusual combinations of cocktails, aperitifs and white lightning for the casual after-hours visitor. The floor show is difficult to discuss since the paucity of lighting makes the action - which is rather static at best - difficult to see.

The other atmospheric bistro is similar to the "Back Alley" and also caters to the after-hours crowd. Called "The Lot" it is located at the head of the Avenue of Boutiques in front of a renowned Oriental restaurant. The atmosphere is more raucous and brightly lit, with the decor of puddles and gravel combining with the colourful automobiles of lubricated patrons to produce an exciting background for the who's-who of the local jet-set. Any evening will find Benny-the-Dip, Freddie-the-Faller, Ruby-the-Rugged, or Hatchet Hattie at their accustomed places, or car-popping with other celebrities.

So, if you're a little jaded from the normal plush and opulence available at the big name establishments and fancy a change, try some of the out-of-the-way spots. Your jade will brighten - your fancy will get tickled and a little ravish never did anyone any harm.

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Ray Zuorro Branch Manager



Most of the mess hall staff lined up at the cafeteria-style counter. Right to left are: Mrs. Marguerite Mehalchen, Mrs. Lena Fisher, Mr. Vern Fisher, John Chubez, Calmer Freng,

Marg Ulstein, Cpl. G. Baxter, NCO 1/c shift, Mrs. Judy Robinson, Willy Dunaenko, Joyce Dawson, Bill Nemes, Jim Blair, Jim Clipperton and Mr. Al Scan.



"SOUP'S ON" and the boys make their choice to the cheer-ful ladies behind the counter.



Mrs. "Alice" Davis from Grand Centre, one of the busy pastry cooks prepares tea biscuits, like mother used to make, for her 300 boys and girls. She and her co-worker Mrs. Laura Swanson manages to consume 400 lbs of flour, 350 lbs of sugar and 100 dozen eggs in an average week.

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Mr. "Bill" Nemes from Edmonton removes seven large pizzas from the ovens. These plus 500 pork chops, 17 gallons of milk, 100 lbs of potatoes will be devoured at one sitting.

Driving Safety Suggestion. It might have a beneficial, warning effect to manufacture steering wheels in the shape of harps!

Mess Hall serves 5,600 a WEEK

The dictionary describes "mess" as a disagreeable concoction. This definition is hardly applicable to the very clean and well organized kitchen for 300 airwomen, airmen and civilians at CFB Cold Lake. Under the direction of Captain Edgson (Base Food Services Officer), the mess hall satisfies 900 appetites a day or averages 5,600 customers a week.

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- Brown Gravy
- Baked Cabbage Rolls
- Tomato Sauce
- Wiensers and Beans
- Bacon Omelet
- Boston Brown Potatoes
- Creamy Mashed Potatoes
- Buttered Carrot Fingers
- Steamed Broccoli
- Cream Puffs
- Johnny Cake
- Hot Maple Syrup
- Baked Apples
- Fruit Jelly
- Chilled Plums
- Vanilla Blanc Mange/
- Toasted Coconut Topping

Firemen special guests

At the Cold Lake and District Chamber of Commerce dinner meeting Friday 18 Oct. in the Curling Club, eight members of the Cold Lake Volunteer fire department and their wives were welcome guests of honour. The meeting had been planned for the previous week so the hosting of the fire fighters could coincide with National Fire Prevention Week. Circumstances beyond control had forced its postponement.

Guest speaker for the evening was Provincial Superintendent of fire services, Mr. Dick Beland. A sober fact tribute to the fire fighter, particularly the volunteer and in a short, amusing and very interesting talk covered the history of fire fighting equipment from his earliest record in the 4th century B.C. It is interesting to note that the basic tool of fire fighting i.e. water directed under pressure at the fire, was used then and is still in use today along with newer and more sophisticated methods. A sober fact introduced towards the end of his talk pointed out the importance of the one step before fire fighting, that of fire prevention. According to Mr. Beland, Alberta has the highest per capita fire loss of any province in Canada; a loss that is ultimately underwritten by every citizen of the province; a loss that we cannot continue to afford. So the future fire fighter may well be a roving fire preventer, seeking out and making citizens aware of hazardous situations and in this way helping to prevent fires, rather than a static body that remains on duty at a fire station, springing into action after a fire has started. In this way - educating the public to become fire hazard conscious - he may be of even greater value to his community. This is the role of the fire fighter of the future as Mr. Beland sees it and the plans of the whole provincial fire protection system are being geared toward that goal.

Athabasca Electronic Club

The Athabasca Electronics Club is sponsoring a foreign films, food and display night on November 5th at 1900 hrs. (7 p.m.) The purpose is to raise funds for their (A.M.) radio kits which will be used in learning the science of electronics. It is hoped that enough profit will be realized from the function to pay for fifteen radio kits, soldering irons, solder and basic tools to enable these students to proceed successfully with their club.

This event will be held in the Palm Springs Golf House on the date stated above. Come one, come all to the lively entertainment. Enjoy the foreign food, German, Hungarian, American, etc. Visit with us, the shores of Egypt, Europe, Mexico, Alaska, and the U.S. See the Colossal Bowie Knife, a German dress parade bayonet and rifle, an Egyptian serving tray for royalty and dozens of other treasures.

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a man who had no feet

Reprinted from the Arrowhead Tribune (Lahr)

Passed an airman the other day who had obviously hurt his leg and was limping badly. My little boy was very interested in knowing what was wrong with him, but I, of course, could not supply the answer to his question, not knowing the man in question. Got me thinking.

The military community is made up of young, reasonably healthy individuals and their young, reasonably healthy wives and children. When a family is cut off from the civilian population such as happened in Germany, because of the language problems, or in Canada (PMQs, DND schools, etc.), they see little in their everyday lives, of the afflictions and problems that some individuals have.

I sometimes worry that my children are growing up without compassion for their fellow man. Of course, they feel sorry when another child is hurt, or when they see an adult limping, but they have yet to see a cerebral palsy victim, a person paralyzed with polio or a bed ridden heart patient.

The world of a family with a very sick person in its midst can teach invaluable lessons to a child. The man who said, "I complained because I had no shoes, until I met a man who had no feet", was very wise. Children are basically self-centered and words don't mean much when you try to tell them that others find living through each day, a difficult chore. The child who knows another who lives with a very severe affliction, does not need to be told others are worse off, he knows! He does not need to have the beauty of a country walk, the joy of a ball game, or the fun of a week of camp, pointed out, he realizes how lucky he is.

Our children also are missing the experience good, and sometimes sad too, of knowing any very old people. Grandparents they have, even though they do not see them often, but this is the fifty to sixty-five age group and not considered old. Seventy and eighty year olds are different. They are old times feeble, hard of hearing, poor sighted and slow of step and thought. This age group can be a joy to know, for someone who understands old people. They have the time and patience for a rambling conversation and if they are living a bit in the past, well, too can make for interesting conversation sometimes.

Our children though, living in a young, fast environment are likely to find the very old

and rather unlovely, repulsive, unless they are taught love and respect, and most of all compassion. Through day to day contact. This is most easily taught at a young age. Children who grow up without a very old person for a friend are missing a wonderful experience.

Family income is another area where our children lack experience. In a DND school all the children are dressed more or less along the same lines. No poorly dressed children here. No child without mittens in cold weather, or without socks on their feet. We tend not to sympathize too much with the few, who because of mismanagement are not always dressed their best. We know all the dads are making a decent living wage, but we know that all the children have dads, that none are from a fatherless home.

Not so in a normal civilian school, where children from homes in every income bracket attend the same school. A really poor child has a hard time while he is growing up. Children can be cruel and the suffering the child bears is not always just the lack of food, clothing and a good home. "The poor we have always with us", and we must learn to care that their lot in life is not always easy.

True compassion springs from the feeling of "There but for the grace of God, go I". The compassion felt, as a child for our next door neighbour, will grow to include the poor and needy countries of the world by the time we are adults. Modern communication has made every country our next door neighbour. They are all our responsibility.

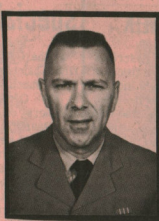
In Canada, it is relatively simple to establish contact with those less fortunate than ourselves. In Europe it may be more difficult, but it can be done. Compassion is a two way street. It means you must give, but you also get immeasurable returns.

Let us not allow our children to grow up in a narrow caring world. Christmas is coming, a look around and watching out for some of the needs that will be brought forth in the next few months will, perhaps, provide many contacts and opportunities to show your children what compassion means. Then after Christmas is over, carry on, and keep those contacts if possible. Keep on caring.

The world is full of people who need someone to care and or help. We need future citizens with compassion.

Fyodor Dostoevsky said it - Compassion is the chief law of human existence.

IN MEMORY



Canadian Forces Base Cold Lake and Grand Centre residents were saddened by the passing away of Warrant Officer Ralph Tupper, as a result of a tragic hunting accident, on the 19th. of October, 1968.

Ralph was born at Scotts Bay in Nova Scotia, in 1928 and attended school there. He joined the R.C.A.F. in 1954 after three years service in the Canadian Army, and had served continuously since, in the Aircraft Refinishing trade. Tupper was active in both church and community affairs being a member of the United Church and a member of the Masonic Order. He was a lover of the great outdoors, a dedicated camper and fisherman, who helped out so tremendously. The same heartfelt thanks to those who helped out with the children, the meals, and many other details.

Mrs. Norma Tupper and children, Ralph, Beverly, Kathy, and Randy; four brothers: Robert of Port Williams, N.S., Murray, a sergeant at CFB Halifax, Les, a Warrant Officer at Camp Borden, and Curt of CFB Greenwood, N.S.; five sisters: Mrs. Emma Frost, South Alton, N.S.; Mrs. Irene Gates and Mrs. Alberta Woodworth, of Port Williams, N.S., Mrs. Ethel Hamilton of Gagetown, N.B., and Mrs. Pat Hiltz, Ottawa.

He also leaves a host of good friends not only in Grand Centre and CFB Cold Lake, but at every base he has been stationed at.



GET A HAIRCUT

1968 - 69 BEAVER STUDENT ...

The beginning of the Beaver River High 1968-69 school term has thus far witnessed a dramatic, exciting revival of that old deep-down feeling called school spirit. Probably the biggest and best example of the enthusiasm exhibited by Beaver students was displayed during the Student Union elections.

What is the Student Union? It is a fund-raising organization, based on a written constitution, set up and almost entirely controlled by students (it is not fully autonomous, for naturally all decisions and plans made must be approved by a staff advisor). Members include the entire student body and in the past, membership fees were charged. At the outset of each school year, the election of a new S.U. executive takes place. Prospective candidates for executive posts are nominated by other students. The only stipulations stated are that the president must be in Grade 12 and the vice-president in Grade 11. The treasurer and the secretary may be from any of Grades 10, 11, or 12. In addition to these elected representatives, voted upon by the whole student body, one representative from each individual home room. The annual institution of a Student Union is a privilege that most students take for granted. The S.U. provides invaluable monetary assistance for all student activities, as well as supporting many charitable causes both financially and morally. Its real success or failure, however, is always dependent upon student support.

This year, as election campaigns got into full swing, it became increasingly more

obvious that rivalry between individuals was not the name of the game. The brightly-coloured signs and placards displayed about the school were representative of much more - school spirit, much more - school spirit. At last, riding a wave of enthusiasm, Beaver had broken out of its cocoon, had shaken away its lethargy, had stretched its new wings confidently. Amid the eagerness of great expectations, an executive was chosen.

The new Student Union executive consists of four capable individuals. Working as a unit, they hold every ingredient for a smashing success:

Pres. - Gerry Bell - enough personal drive and enthusiasm to carry him through any crisis

V - Pres. - Paul Brewer, cool and confident

Sec. - Cyndy Fallis - energy, energy, energy.

Treas. - Gilles Caron - a desire and determination to succeed.

To this new executive I wish all the best of luck and under your leadership, may the Student Union soar to new heights of success. I feel sure that, this year, the executive will live up to its potential.

Beaver is looking up, aiming high; to all observers: just watch us fly!

PMQ housewife to CE carpenter: "It must have been the family living here before that sent you, but they moved out over six months ago."

Notice in a Scotch church: "Those in the habit of putting buttons instead of coins in the collection plate will please put in their own buttons and not buttons from the cushions on the pews."

Bits and Pieces

by SHEILAH

Hallow'en - and the children are anxious to be going "Trick or Treat-ing". They enjoy it as it is just thinking of all that free candy -- but I can't help remembering what it used to be like when I was a child.

We used to practice for a couple of weeks before the big night - "Treat-ing". They enjoy it as it is just thinking of all that free candy -- but I can't help remembering what it used to be like when I was a child.

I've tried asking a few children to do something for their treat, but in most cases all I get are blank stares. After all, I'm holding them up for their quest to see who gets the most candy. Our "haunting" was more leisurely. We went up and down our own street only, and some of the old people used to tell us stories and superstitions, so that we would go back into the dark street, jumping at every noise. Most of my Hallow'ens were spent in Scotland during the war years

so we had no street lights or house lights to guide us. It certainly helped the spookery left by the old ladies and their stories.

They told us that this was the night when witches, devils and other mischief-making beings were out on their mad doings. It was also supposed to be a night when you could find out the name of the person you were to marry.

Most of the superstitions are very out of date but I'll quote a couple; one you can try for yourself and another just because it sounds mysterious and also because they were written by my favourite poet - Burns.

MAYOR CANDIDATE WORTHY SAYS, 'A GUY NAMED SMITH WOULD LIE ABOUT OTHER THINGS TOO!'

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BEEHIVE THRIFT SHOP

Many people on the base know the Beehive Thrift Shop. It was started over two years ago as a joint project by the Catholic Women's League and the Protestant Ladies' Guild to provide a place where people could sell items they no longer need at a reasonable price.

The price of an item is decided by the seller and if it is sold the Thrift Shop takes 10% of the sale price as commission. This 10% commission is divided equally between the CWL and the Protestant Guild. Some months this amounts to a good sum of money but often the amount earned hardly seems worth the amount of time spent there by the ladies.

There are about nine ladies Salt was a prized commodity in the ancient world, and Roman soldiers received a ration of it as part of their pay. Later they were given a cash bonus or 'salarium' to purchase salt, and from this origin comes the English word 'salary' for a regular wage.

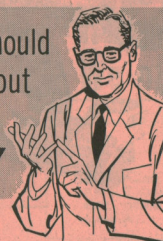
from both Guilds who give their time to this project. The Thrift Shop is open twice a week - Tuesdays from 1:30 to 2:30 p.m. and Thursday evenings from 6:30 to 8:30 p.m. When there is a rummage sale, this involves more hours of work for these busy ladies, and of course the fact that meticulous records have to be kept keeps some of them busy with book-keeping for more hours. A rough estimate of hours spent there since Sept. 1967 totals a total of close to 2500 hours. If the ladies were being paid for their time, this would average out to about 35¢ an hour. Instead, all commissions go to the Guilds and the ladies take time to work there just to help their respective Guilds, knowing how much the money is needed for various projects of both the CWL and Protestant Guilds.

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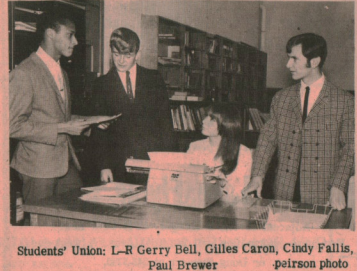
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Students' Union: L-R Gerry Bell, Gilles Caron, Cindy Fallis, Paul Brewer, person photo



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THEY JAZZ US ABOUT DOIN' OUR THING MAN MAKE LIKE WE DON'T SMOEL GOOD!

LIKE WE'RE FRAKIN OUT ON SOCIETY-LIKE MEN IT'S THOSE HOT-HOUSE FLOWERS WHO ARE FRAKIN OUT BABY!

BEUT-IM IN MAN, IM HERE INNA GAD IM IN? - LIKE I GOT MY MENTRIES MY HONESTY IN BELIEAVES.

E.S. BUT L. LORDY... ILL T. TRIM M. MY P.P. PETALS - KICK MY P.P. POT - N.C. CUT M... MY G. G. GRASS IF S.S. SOME B...S. BODY 'LL T. TAKE ME INTO THE H...N. HOTHOUSE...

The FUN of it All

by Denise Smith Each year, initiations provide a lot of fun for everyone, except maybe the Grade 10s. But why should older high school students worry themselves over the amusement of such lowly scum? It is up to the Grade 10s to better themselves in the world first, before they can enjoy the finer things in life. For one day every year, however, (Initiation day), the benevolent juniors and seniors do offer these outcasts an opportunity for advancement. Instead of showing their gratitude with full cooperation, Grade 10s actually resent this chance to be ridiculed, humiliated, and generally contaminated - with peanut butter, eggs, flour, onions, mustard, shoe polish, lipstick and other common instruments for the destruction of pride.



GERRY BELL nurse ding-a-ling

ley string of dejected humanity is marched onto the main floor for resale by their new master. After the buying and selling is completed, the actual "fun" begins. Remembering their own miserable conditions when in Grade 10, the masters get their revenge. The majority of the slaves obey all orders, possible or impossible, fearful of the dreaded "Kangeroo Court". Some scums, along with a few of the more "cruel" masters, must always face ludicrous "Kangeroo Court". For serious crimes, like talking back to his master, any of the slaves can expect one of various kinds of "shampoos" with raw eggs, rotten tomatoes, cold, slimy porridge, and stringy spaghetti. Modelled after Canada's own legal system, the judge and twelve jurors are always fair, so occasionally charges against the slave are dismissed and the master receives full punishment instead. In fact, even members of the court provide good targets for a few well-aimed eggs.

With the closing of Kangeroo Court, initiations end. The Grade 10s have been put through a hard ordeal, rougher for some than for others. All involved should keep in mind that this is not the first nor the last time such an event will occur for anyone, including themselves.



L. to R. Top - Bob Hackett, Brian Macdonald, Darryl Smith, Middle - Judy Burnell, Roseanne Martin, John Szyszkiewicz, James Krant, Bottom - George Bell, Mike Arsenault, Jan Hess. peiron photo

YOU HAVE A CHOICE

by Major R. H. Howson God gives to you and to me the freedom of our will, so that day by day we decide the things we shall do; the thoughts we shall think; the kind of life we shall live. The most important decision we must make is in the matter of faith. We must decide what we believe, and the standards by which we live.

tiny. The response of the people to Joshua's exhortation was, "as for me and my house we will serve the Lord?"



Advertisement for SINGER sewing machines. It features a large image of a Singer sewing machine and the text: 'YOUR SINGER Representative Mrs. Jean Shackleton pmq 330 Phone 248-4117'.

BASE THEATRE

WED, 30 OCT. 1815 hrs and 2030 hrs... THE GREAT BRITISH TRAIN ROBBERY... A great cast - all hooded... The crime that shocked the underworld and stunned the world - the biggest haul in the annals of crime... CHIME DRAMA FAMILY B & W... FANTASY MOV. 1815 hrs and 2030 hrs... A MILE TO PRAY A SECOND TO DIE... Alex Cord, Arthur Kennedy, Robert Ryan... Nicoletta Machiavelli... A brutal violent western - a price on his head - a bounty hunter after his hide - in the style of the 'Dollars' westerns... WESTERN FAMILY TECHNICOLOR... SAT. 2 NOV. MATINEE 1100 hrs, 1300 hrs, 1500 hrs... FLAMING FRONTIER... A special for the kiddies with all the action they love in a Western... WESTERN FAMILY COLOUR... SAT. 2 NOV. EVENING 1900 hrs (See Sun. & Mon.)... FAR FROM THE MADDENING CROWD... Julie Christie, Terence Stamp, Peter Finch... A dramatically faithful version of the original novel... ROMANTIC DRAMA FAMILY PANAVISION/METROCOLOUR (Intermission) Special Prices: 75¢ and 25¢... SUN. 3 NOV. MATINEE 1400 hrs... A BOY FROM OKLAHOMA... A western, knit around the heart-warming story of a real boy... WESTERN DRAMA FAMILY COLOUR... SUN. 4 NOV. EVENING 1900 hrs (See Sat. & Sun.)... FAR FROM THE MADDENING CROWD... Another great classic of the screen... ROMANTIC DRAMA FAMILY PANAVISION/METROCOLOUR (Intermission) Special Prices: 75¢ and 25¢... MON. 5 NOV. 1900 hrs ONLY (See Sat. & Sun.)... FAR FROM THE MADDENING CROWD... In the tradition of 'Gone With the Wind' this is solid achievement of the best in film-making by a most formidable cast - Don't miss it! A picture to see!... ROMANTIC DRAMA FAMILY PANAVISION/METROCOLOUR (Intermission) Special Prices: 75¢ and 25¢... TUES. 6 NOV. 1815 hrs and 2030 hrs... MADIGAN... Richard Widmark, Henry Fonda, Inger Stevens, Susan Clark... On the style of TV's 'THE NAKED CITY' - this is solid entertainment for the adult audience (Not recommended for children)... DETECTIVE MELODRAMA ADULT... WED. 7 NOV. 1815 hrs and 2030 hrs (See Tues.)... MADIGAN... 'Madigan' means business - Murder, Mayhem, and Crime on the streets of New York (Not recommended for children)... DETECTIVE MELODRAMA ADULT... TECHNISCOPE/TECHNICOLOR... THURS. 8 NOV. 1815 hrs and 2030 hrs... TIGER AND THE PUSSYCAT... Ann-Margaret, Vittorio Gassman, Eleanor Parker, Florenzo Fiorentino... Trying to recapture youth with a new romance - - love after 40 - - with a girl of 20 cracking the whip... COMEDY DRAMA FAMILY EASTMAN COLOUR

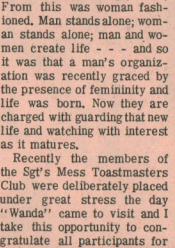
As a further follow-up, the reporter whisked himself over to the Base CE section to find the reason for such a disaster. He hid himself behind a door, waiting for the sergeant to come in. He was talking to the CE officer and his warrant issue. "Warrant, what are these complaints that I'm getting in a hole in their bangor floor?" "Sir, they can't say we didn't give them fair warning. Our staff Hallows on Party is next week, and I told those people that a small donation would help them over there. Then I said something about trick or treat. And they thought you were kidding," said the officer. "Yeah."

Soar, roar, goes the Major. Scrape, scrape, goes the sergeant. Roar, roar, goes the sergeant. Oh, what a wet and noisy place!



Wanda, The Wandering Gypsy

proving once again that Toastmaster aims of better listening, thinking and speaking came to the rescue of those confronted with an extremely difficult task. The growth in our members has been fantastic. I keep an open mind but never imagined growth could be so great in such a short period of time. We enjoy ourselves - visit us and see - Wanda? The last meeting saw a passing of the hat the result of which caused her to flip her wig and show her true stature beneath, and now girls we know what you wear under your curly locks. There being no plateaus left for man to overcome we reluctantly bid "Wanda" a fond farewell knowing full well we will always be indebted to her for our new life. Goodnight Wanda wherever you are. Sorry girls, this is all these gentlemen will divulge about their activities on the 9th of October, 1968. Remember it's the only place left on the Base where man stands alone. D. O. Shine



TOM-BOY staff in costume for their 'old fashioned' days.

He emphasized the importance of an immediate choice. "Choose you this day whom you will serve." Of course any day can be a day of decision, but what can be done any day is usually not done at all. When Joshua said 'this day' he was emphasizing that right now you may make a better choice than you ever made before, a better choice than you may make in the future.

Advertisement for Martens & Sons Music School. It features a drawing of a child playing a guitar and the text: 'Music is in... LEARN TO PLAY AN INSTRUMENT... Instruction on: -Guitar -Accordion -Drum -Saxophone -Organ... Low Rates - Free Instruments to beginners - no age limit... Martens & Sons Music School Phone 248-4122'.

Advertisement for Art Calderbank, Metropolitan Life Insurance Consultant. It includes the text: 'ART CALDERBANK METROPOLITAN LIFE INSURANCE CONSULTANT FOR DETAILS OF The Canadian Forces Superannuation Plan Income Tax Deductible Plans Estate Planning PHONE EDMONTON 482-3464 BOX 1699 MEDLEY, ALTA. VISITING AGENTS ROOM 3rd WEEK OF EACH MONTH'.

Advertisement for Gabe now serving you Sandor Tailors. It features a drawing of a man in a suit and the text: 'Gabe now serving you --- on the Base phone 248-5633 --- at Grand Centre Tailors phone 248-4809 tailoring alterations SANDOR TAILORS LTD.'.

Advertisement for Hamel's Saveway Meats. It features a drawing of a woman and the text: 'Drop In To Hamel's Saveway Meats "Your Meat-Pack Center" Meat AT ITS FINEST Ph. 247-3275, Cold Lake, Alta.'.

Advertisement for Simpsons-Sears. It features a drawing of a woman and the text: 'Simpsons-Sears shop by phone or in person in Grand Centre Phone 248 3341'.

WANT ADS

FOR SALE

1958 Karman Chia Volks has 40 h.p. motor & rebuilt trans, radio etc.; also 1-10HP EVINRUDE outboard motor needs coils - asking price on motor \$150. Phone 8-540 (1131)

1957 "AMERICAN" MOBILE HOME, fully furnished, set up with porch & fence in Grand Centre; reason for selling - leaving the service. Call 8-350 (4533)

XMAS SHOPPING? Ready to roll, HO Model Railroad 4 ft. by 7 ft. table, over 40 ft. of track, overlap figure 8 & yard, 2 Diesels, passenger & freight rolling stock, 12 switches, some electric. Phone 7-3767 (6781)

1959 METROER 6 CYLINDER Best Offer - Lt. Luemann Local 330 (8931)

1965 DODGE POLARA - Nine passenger Station Wagon P/B P/S, Power rear window, radio, roof rack. Phone 8-5359 (00031)

YOUTH BED in excellent condition, boxspring mattress; also double steel spring bed, suitable for a cottage. Available at #33 Martineau Cres. Snow PMQ (9743)

10' x 45' 20th CENTURY MOBILE HOME, 2 bdr. large insulated porch with heater - winterized; also 1968 ENVOY EPIC, still under warranty. Transferred overseas, must sell. Ph. 8-3297 (71231)

G.E. WASHING MACHINE for \$20.00. A reliable washer at this price. See or call Sgt. Peever, PMQ 183 or 8-3859 or Local 149. (01631)

GIRL'S SKATES Size 8, \$3.00. Call 8-4072. PMQ 815 (02131)

FOR SALE OR RENT - 10 x 45 MCGINNESS MOBILE HOME, 2 bdr. new refrigerator, built-in oven, skirting, oil barrel and stand incl. Ph. 8-5359 (00031)

1961 OLDSMOBILE, 2 dr. H.T. Power Train excellent & body good. Also 1 pr. men's hockey skates, size 9 1/2 \$5.00. Contact Pte. Ellis, BB 44, Rm 125 or phone Local 336 (98831)

MODERN 4-SEATER orange & brown Chesterfield Suite & 1 chair \$100.00; 1 complete bedroom suite with 1 night stand \$125; 1 lg. chrome kitchen table with 4 chairs \$40.

1 Oriental rug 8 x 11 \$25; 1 pr girl's skates (figure) size 12, 1 sleigh, 1 plate glass mirror approx 2 ft x 3 ft \$5. Phone 8-4083 after 5 pm. (00231)

AT END OF NOVEMBER - 1967 FALCON SEDAN Automatic, 22,000 miles, 1 owner, \$1800. Contact Lt. Col. Oxholm Local 330 or 7-3160. (02307)

Bottle bathtub, jelly jumper, plastic warmer, car battery warmer, Hanksraft sterilizer & 5 bottles, new mattress protector, crib-size Chatham blanket (white), small stroller, baby lounge, misc. baby clothes, maternity clothes, Size 6 - 8. Phone 8-4473 (02531)

GENERAL

ARE YOU CONCERNED about the attitude and drinking habits of someone near and dear to you, Perhaps Al-Anon Family Group can help. Write to P.O. Box 1666, Oh. 8-4174. (68519)

FACED WITH A DRINKING PROBLEM? Perhaps Alcoholics Anonymous can help. Write to P.O. Box 1447 or Ph. 8-5230 (4831)

ATTENTION PET OWNERS! The Base Dog Pound will care for your pet while you are on leave. For information please phone 8-4796 any evening between 6 & 7. (44431)

SMALL BUSINESS DIRECTORY

FAST ANTENNA SERVICE 9-12 Antennas installed by MEDLEY ANTENNA SERVICE. Call R.G. Greer or A.S. Worth. (69331)

TUPPERWARE - Seal of Approval - keeps all food fresh. For fun parties with gifts or for orders call Nancy Plant (John) PMQ 820. (89414)

BUD'S LOCKSMITHING. For key cutting and lock repairs. See Bud Gunn, 'KEY MAN ON THE BASE' PMQ 257 (on Queensway) (96514)

MOBILE HOME OWNERS - Is your furnace ready for the long cold winter ahead? Or will it freeze some Sat. evening? Better have it checked NOW - Contact Don Norrie at TC14 (74714)

For the finest in music and entertainment "THE CONTINENTALS", call Claude Lemieux. (69131)

FOR RENT. ELECTRIC RUG & UPHOLSTERY SHAMPPOORERS. Shampoo available. J.K. Simpson PMQ 26 (new). No phone for at least a month. (14826)

PHOTOGRAPHY - Jim Peterson. Portraits, weddings, children, family groups. PMQ 171 Ph. 8-3664. Member Professional Photographers of America. (11231)

SEWING MACHINE & TYPEWRITER SERVICE: Major repair on all makes & models, 30 day warranty on service. Please phone 8-5032 after 5 o'clock. (08531)

DRESSMAKING & ALTERATIONS - Reasonably priced. Contact Mrs. L.H. Kuhn at PMQ 711. (44131)

Why write all those return address & names on your Xmas mail? Relieve the burden by using a RUBBER STAMP from FRED'S RUBBER STAMP SHOP. Phone Fred Bourne at 8-5096 or call at PMQ 415 Regent Circle after normal working hours. (93507)

PHOTOGRAPHY - Christmas Photo Card, family groups, children. Order early & avoid the rush. Weddings & birth announcement cards also available. Phone Chris Goss PMQ 1023 - 8-5049. Member Photographers International. (90712)

MOBILE HOMES, TRAVEL TRAILERS Parts & hitches For information phone 8-4101 E & E TRAILER SALES. (16512)

TUPPERWARE - For an enjoyable & profitable evening or afternoon invite your friends & neighbours in for a Tupperware party. A Tupperware Hostess receives practical, attractive gifts. Phone Muriel (L.J.) Cameron PMQ 654. (07931)

T.V. ANTENNA RENTAL SERVICE: We buy, sell & rent TV Antennas & boosters. F.N. Meisinger, R.C. Copp, C. F. Anderson. (405D26)

THIS IS A CHANCE for you & your children to learn & enjoy the language of music. Free instruments to beginners. Ph. 8-4122. (015N14)

DRESSMAKING: Women's and children's clothing. Mrs. Marjorie Baker PMQ 101. (71107)

SWIPE - HOME CARE presents SWIPE - a unique liquid household and allpurpose cleaner. You name it and you can SWIPE the dirt off it with one WIPE! SWIPE must be used to enjoy the EASE - one wipe; ECONOMY - 1/2 cent per pint; and EXTRA all-purpose uses for this remarkable solution. A JET-AGE cleaner for JET-SET homemakers. Phone your representative 8-4602 after 4 p.m. any day. (02331)

RADIO-TELEVISION TUBES Electronic components appliance accessories at discount prices. Call Gene Beattie, PMQ 663. (986D19)

For Music that makes dancing fun, call the RJS plus One. To make your bookings in a hurry pick up the phone and call Ron Murray. (01031)

BEAUTY COUNCELOR REPRESENTATIVE - Mrs. Joan Scalfi PMQ 295. Christmas gifts now available. Shop in your own home. (71031)

PLAY THE ACCORDION, GUITAR, ORGAN, SAXOPHONE, Violin or drums for a lifetime of pleasure, as a rewarding hobby or a profitable career. Instruction, repairs, trade-ins & discount sales available. Phone Martens & Sons Music School. 8-4122. (016D19)

ENCYCLOPEDIA BRITANNICA - new edition of books printed Dec. 67. The books to help educate the entire family. Courses given with purchase. For more information call Dave Stewart. PMQ 65. (97214)

NOTICES

WHIST PARTY
A Whist Party, sponsored by the Catholic Women's League, will be held on Sunday, Nov. 3rd, in the Centennial Centre. Draw for the Raffle will be held the same evening. Tickets for both the card party and raffle are available from your ward representative, or at the door the night of the whist party. Everyone welcome - come out and enjoy an evening of cards with your friends. Mrs. M. MacDonald Local 360

"ROVER CREW"
WANTED: 24 ounce Liquid Soap Bottle for Rover Crew Project. Phone 8-4002 for pickup.

LAPIDARY COURSE
Beginning 11 Nov. \$5.00 per person includes materials and use of machinery. Lapidary is the working of semi-precious stone into jewellery.

VENDORS PERMITS
DOOR TO DOOR CANVASSING 1. It has been noted that some individuals holding vendors' permits are violating Base regulations by door to door canvassing in Married Quarters.
2. This practice is to cease immediately. Individuals who are caught canvassing will have their vendors' permits cancelled. Further violations will result in disciplinary action.

SMITH WILL SOCK IT TO 'EM

Grand Centre CURLING

CLUB TO HOLD "GET ACQUAINTED" FUN SPIEL

Grand Centre Curling Club members, including Ladies League, Men's League, Mixed League, and High School League curlers, are asked to attend the 1968-69 opening ceremony at the Grand Centre Curling Club on Friday, 1 November at 7 p.m.

Curlers should be prepared to curl on Friday evening and should plan for a second and third draw on Saturday evening and Sunday afternoon.

A pot-luck supper and prize presentation is planned for Sunday evening.

Entry fee for the Grand Centre Fun Spiel is \$1.00 per person for three games with prizes for all participants.

Emergency Assistance

Due to the numbering of PMQ's 1 to 200 being duplicated at CFB Cold Lake, in order to avoid delays when emergency assistance is required, residents of Martineau Crescent are requested to give their full address should it be necessary to call the following sections: Fire Hall, Hospital or Military Police.

The emergency telephone numbers are:
Fire dial 8-3000
Hospital dial 8-3311 ask for Local 555
Ambulance dial 8-3311 ask for Local 555
Military Police dial 8-3311 ask for 222
Base telephone switchboard 8-3311



ARENA PARKING
The area in front and at the rear of the Arena is posted as a NO PARKING AREA due to the danger of impeding fire fighters and emergency equipment, in the event of fire or serious injury in the building.

Authorized parking is on each side of the building and in the Centennial and Bank parking lot.

Personnel disregarding the NO PARKING signs shall be issued a traffic ticket. Habitual offenders will have their vehicles banned from the Base for a period of time.

Grand Theatre

COMING ATTRACTIONS

HALLOWE'EN SPECIAL
FREE FREE FREE
CHUBASCO
6:00 and 8:00 - 31 Oct. 1968

SATURDAY MATINEES FAMILY
MATINEES: 1:30 to 3:30

NOV. 2- THE ANIMAL WORLD (Prehistoric world)
NOV. 9 - THUNDER OVER THE PLAINS (Western)
NOV. 16 - OUR MISS BROOKS (Comedy)
NOV. 23 - DAM BUSTERS (War Drama)
ADMISSION: Adults 50¢; Children 25¢.

PHONE 248-3713 GRAND CENTRE

October 30, 31, & Nov. 1

Chubasco

Richard Egan and Susan Strasberg
COLOR

Nov 2, 4, 5

Green Berets

John Wayne and Davic Jensen
COLOR

Nov 6, 7, 8

The Anniversary

Betty Davis and Jack Hedley
COLOR C/SCOPE ADULT

Nov 9, 11, 12

Guns for San Sebastian

Anthony Quinn COLOR ADULT

Nov 13, 14, 15

Challenge to Robin Hood

Barrie Ingham and James Hayter
COLOR FAMILY

SIDES OF PORK

60-70lb avg GUT-WRAPPED

lb 45

3RD BIG

WEEK

Old Fashioned BUTCHER SHOP Sale..

DIRMS BY THE PIECE

BOLOGNA

R.T.E. WHOLE. HALF. QUARTER

HAMS

PORK LOIN ROAST

ALBERTA ICING

Sugar

RYLMER TOM. VES.

Soup

HAPPY VALE STD.

Peas

KRAFT Dinner

BRUNSWICK 1/4s

Sardines

VALLE CHECK'D RED OR BLUE BEEF

SIDES OF BEEF	200-250 lb avg.	lb	55
HINDS OF BEEF	100-125 lb avg.	lb	67
FRONTS OF BEEF	100-125 lb avg.	lb	45

GOLDEN RIPE

Bananas

COFFEE

NABOB

9

7 1/2

CAN. NO. 2 WASHED NETTED 20 lb BAG

POTATOES

89

FLYER WEEK AT YOUR FRIENDLY TOM-BOY

CANADIAN FORCES BASE

MEDLEY - ALBERTA

TOM-BOY

Westfair Associate

We Reserve The Right To Limit Quantities